

## Florida Health Minute: Hepatitis C

"Hepatitis C is a bloodborne virus that can cause liver disease. It's transmitted through contact with infected blood, most often by sharing injection drug equipment.

Less commonly, infection spreads through sharing personal care items like shaving razors, or through sexual intercourse.

You can protect yourself by taking a few precautions.

Never share needles or syringes.

Avoid sharing personal care items with a person who has Hepatitis C.

When getting tattoos, make sure new needles and ink pots are used every time, and wear a condom during sex.

As long as you take the necessary precautions, there is no need to worry about becoming infected with Hepatitis C.

However, if you think you might have any form of hepatitis, ask your health care professional for a test.

Most County Health Department's can perform hepatitis testing as well. To learn more about Hepatitis C, please visit [www.flahepatitis.org](http://www.flahepatitis.org)."