



Information for Health Care Providers Regarding the Medical Documentation for Formula and Food Form

Dear Health Care Provider,

Thank you for your continuing support of the Florida WIC Program. WIC supports the American Academy of Pediatrics' Statement on Breastfeeding and the Use of Human Milk. WIC encourages mothers to fully breastfeed their babies for about 6 months, followed by continued breastfeeding as complementary foods are introduced, with continuation of breastfeeding for 2 years or beyond as mutually desired by mother and child. Local WIC agency staff can assist WIC mothers with breastfeeding or make appropriate referrals.

The Florida WIC Program provides the following contract formulas for WIC infants who are not fully breastfeeding. WIC parents/caregivers may purchase any of the following powder formulas in a 12.4-12.9 oz. size when they are assigned the "All Contract Powder Formula" food package on their WIC EBT card:

- **Enfamil Infant**
- **Enfamil Gentlease**
- **Enfamil Reguline**
- **Enfamil A.R.**
- **Similac Soy Isomil**

Contract concentrated liquid formula is not part of the "All Contract Powder Formula" food package. If a concentrated liquid formula is preferred, parents/caregivers must request one of the following formulas be assigned to their WIC EBT card:

- **Enfamil Infant concentrated liquid**
- **Similac Soy Isomil concentrated liquid**

A medical request is required for WIC to provide an infant (birth through 11 months of age) a formula other than the contract formulas listed above. Children 12 months and older and women need a medical request in order to receive any formula or nutritional supplement from WIC. Some of these products are provided with the WIC EBT card and others are directly distributed from the WIC office. Not all requested formulas are available through the Florida WIC Program. To make a medical request, the Florida WIC Medical Documentation for Formula and Food form is available at FloridaWIC.org under the Health Providers tab.

The Medical Documentation for Formula and Food form has recently been revised as of January 2024. Please discard and do not use any previous versions of this form. There are specific qualifying medical conditions that allow WIC to provide a non-contract formula or nutritional supplement. The qualifying medical conditions and non-qualifying conditions are listed on the back of the form. Please write out all diagnosed medical conditions--WIC does not use ICD codes. The following are the most common non-qualifying conditions that WIC receives: "Formula intolerance," "Feeding difficulty," and "Poor weight gain." If one of these conditions is listed on the form without an accompanying medical diagnosis, WIC will not be able to provide the requested formula or nutritional supplement.

The health care provider must, at a minimum, complete the shaded areas of the form which include client name, date of birth, formula(s) requested, length of use, qualifying medical conditions, and

health care provider information. The amount per day is also shaded and may only be left blank if one formula is being requested for an infant less than 12 months of age; see additional details regarding amount per day below. The length of use can be from 1 month to up to 12 months. It is WIC's policy to re-evaluate the client's continued need for the formula(s) on a periodic basis during the requested time period. Based on the evaluation by WIC nutrition staff, the health care provider may be contacted for updated information for the approval to continue. Additional sections of the form must be completed as follows:

- **Amount per day** must be entered for all women and children, and for any client with special mixing instructions or if mixing instructions are not specified by the manufacturer. The mixing instructions should be entered in the Special Instructions section in Part A of the form. This will assist WIC nutrition staff to determine the amount of formula or nutritional product to provide. Amount per day should be specified for each formula if more than one is requested for any client.
- **WIC allows health care providers to check a box in Section A instead of writing in the formula requested.** This will allow WIC nutrition staff to change the client to a different formula if the formula the client is currently using becomes unavailable.
- **A recent height and weight** must be entered for all clients with a diagnosis of Failure to Thrive and, if available, should be entered for all clients.
- **If the health care provider does not want the client to receive the standard WIC supplemental foods**, then Section B should be completed to specify what foods the client should and should not receive.