Subject: Revisions to the 2002 County BRFSS reports and variable maps Hello, everyone,

Recently we had to make a few revisions to the 2002 County BRFSS reports and variable maps. The revisions are detailed as follows. You can access the revised reports and maps as well as the errata sheet at http://www.doh.state.fl.us/disease ctrl/epi/brfss/reports.htm (scroll to the heading "2002 County BRFSS").

These revisions were based on communications with several BRFSS data users. We appreciate the support we've received from all of you. If you have any questions, please feel free to contact me.

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## 2002 County BRFSS Reports and Variable Maps - Errata

Revisions were made to the following variables in all 2002 County BRFSS reports and a few of the variable maps, effective August 21, 2003:

1. Hispanic (throughout reports)
2. Engage in heavy or binge drinking (page 3 of all reports); changes also made to the map for this variable (map \#23)
3. If yes [ever been tested for HIV], the test was done in the past 2 years (page 8 of all reports); changes also made to the map for this variable (map \#39)

The titles of the following maps were changed as follows:
Map \#19 Prevalence of "Had Flu Shot at County Health Dept. in Past 12 Months"
Map \#28 Prevalence of "Had Last Pap Smear Within Past 2 Years" Among Adult Women

Map \#36 Prevalence of "Had Blood Stool Test Within Past 2 Years" Among Adults 50 and Older

Note: Unless otherwise indicated, the denominator for each estimate in these reports is all adults.

## A Guide to Using the 2002 County BRFSS Data

This report provides an overview of the Behavioral Risk Factor Surveillance System (BRFSS), a population-based telephone survey. A guide to interpreting the data from the 2002 County BRFSS survey is also provided. The 2002 County BRFSS survey was conducted from September 2002 to January 2003, with at least 500 completed interviews for each of Florida's 67 counties.

## The BRFSS: A Brief Overview

## Purpose of 2002 County BRFSS Survey

The Centers for Disease Control and Prevention (CDC) began the BRFSS in the early 1980s, with a handful of states. Today all states, as well as the District of Columbia and Puerto Rico, participate. The Virgin Islands and Guam participate by conducting point-in-time surveys. Data gathered through the BRFSS provide important information for the development of public health programs. BRFSS data can be used for:

- assessing risk for chronic diseases
- identifying demographic differences
- measuring trends in health-related behaviors
- designing and monitoring health intervention and services
- addressing emergent and critical health issues
- formulating policy and proposing legislation for health initiatives
- measuring progress toward achieving state and national health objectives

BRFSS survey data have been widely used to monitor health behavior and health status at the state and national levels. However, due to small sample sizes, the statewide BRFSS cannot provide accurate and reliable data at the county level for public health program planning and evaluation. Therefore, with support from county health departments and others, the Bureau of Epidemiology designed and implemented the 2002 County BRFSS to provide data on behavioral risk factors and chronic disease conditions for every one of Florida's 67 counties.
The County BRFSS is comparable to the State BRFSS. The County BRFSS survey methodology followed the State BRFSS protocol and adapted its questions from the State BRFSS. Both the protocol and the questions were developed by the CDC. The County BRFSS was designed to achieve approximately 500 completed interviews in order to obtain stable estimates of prevalence. In many cases, analyses can be conducted for subpopulations within each county; however, some subpopulations in some counties may have sample sizes too small to generate stable estimates.
Survey Protocol

The BRFSS is an anonymous telephone survey of a sample of adults (age 18 and older) in households with telephones. Survey respondents are randomly selected to ensure that the survey data will be representative of all adults in Florida. The CDC has developed a detailed survey protocol to ensure the quality of the survey and comparability of the data. Detailed information on the protocol can be found at the CDC website (http://www.cdc.gov/brfss/training.htm).
The standardized interview takes 10 to 20 minutes, depending on the number of questions being asked. For the 2002 County BRFSS, which has 76 questions, interviews took, on average, 13 minutes. Responses are entered directly into the computer by interviewers.
Survey
Estimates
BRFSS survey data are adjusted, or "weighted," so that the resulting estimates can be generalized to a county's entire population, not just to those who responded to the survey. Data weighting is a statistical process that includes the consideration of factors such as: (1) number of residential telephones in household; (2) number of adults in household; (3) geographic or density stratification; and (4) age, race, and sex distribution of the population.

> Strengths and Limitations of the BRFSS

In order to use the BRFSS correctly, users should be aware of the strengths and limitations of the data. The major strengths of the BRFSS include: (1) it is flexible and relatively inexpensive for collecting public health data; (2) it is a populationbased survey, allowing the data to be generalized to overall adult populations; and (3) the BRFSS has been conducted in many states annually for many years. Thus, states can compare their data with each other as well as analyze the data for trends over time. However, the BRFSS has limitations: (1) the survey is a telephone survey, so households without a land-line telephone are not included in the survey sample; (2) the data collected consists of self-reported information that has not been verified; (3) the survey has a limited number of completed interviews and the sample size may be too small for analysis on sub-populations; and, finally, (4) the BRFSS survey uses complex sampling methods and the data from the survey are subject to sampling errors.
How to Interpret the Data

As noted above, prevalence from the BRFSS survey is an estimate of the real population prevalence. When prevalence is derived from a sample rather than a census of a population, sampling errors occur. Because sampling errors are inherent in these types of surveys, we calculate $95 \%$ confidence intervals (CIs) for each prevalence estimate to determine the accuracy of that estimate. Simply, a $95 \%$ confidence interval is the range in which the real population prevalence is likely to be found $95 \%$ of the time. The smaller the confidence interval, the more accurate the estimated prevalence. For example, the table below shows that $22.1 \%$ of adults in Florida are current smokers. The CI is 21.1 to 23.2; just 1 percentage point below and above the prevalence of $22.1 \%$, suggesting that the real population prevalence is very likely to be in the narrow range and close to the estimate of $22.1 \%$.

| Current Smoker | $\%$ |  |  |
| :--- | ---: | ---: | ---: |
| All | 22.1 | 21.1 | 23.2 |
| Men | 24.4 | 22.7 | 26.0 |
| Women | 20.1 | 18.8 | 21.4 |

The Cls are determined by many factors, in particular the sample size. Compare the Cls for men and women in the above table. As we divide the data for analysis by sex, race/ethnicity, age, etc., the sample size for each group becomes smaller, and the Cls become larger and the estimates less reliable.
In addition to estimating the accuracy of the prevalence, the Cls are used to compare prevalence between populations. As a rule, the difference between the prevalence of two populations is statistically significant if the CIs of the two prevalence estimates do not overlap. From the above example, we can see that the Cl for men (22.7-26.0) and Cl for women (18.8-21.4) do not overlap. We can thus conclude that there is a significant difference in the prevalence of current smoking between men and women, and that men have a higher prevalence of current smoking than women.
When making comparisons among groups of survey respondents, always compare the Cls, not just the estimates. This way you can accurately use and interpret the data.

For more information about your County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Florida 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted among adults in Florida from September 2002 through January 2003. Overall, 34551 adults were randomly selected and interviewed for the survey; about 500 adults were surveyed in each county. The purpose of this survey was to obtain county-level estimates of the prevalence of personal health behaviors that contribute to morbidity and mortality. These estimates might be differ slightly from estimates obtained through the 2002 Florida State BRFSS because sampling methods of the two surveys were different. Data in this report can be used to make comparisons between counties and the state overall on a variety of health-related issues. These data can also be used to: (1) prioritize health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 100.0\% | 15,982,378 | 16.7 | 15.7 | 17.8 | 62.8 | 61.1 | 64.6 |
| Sex Men | 48.8\% | 7,797,715 | 16.1 | 14.4 | 17.9 | 55.8 | 53.3 | 58.3 |
| Women | 51.2\% | 8,184,663 | 17.2 | 16.0 | 18.5 | 70.2 | 67.9 | 72.5 |
| Race/ethnicity NH White | 65.4\% | 10,458,509 | 15.1 | 14.3 | 16.0 | 64.1 | 62.4 | 65.9 |
| NH Black | 14.2\% | 2,264,268 | 18.3 | 15.1 | 21.5 | 61.8 | 55.0 | 68.6 |
| Hispanic | 16.8\% | 2,682,715 | 25.4 | 20.0 | 30.8 | 54.3 | 46.7 | 61.9 |
| Race/ethnicity-Sex NH White men | 31.9\% | 5,092,899 | 14.5 | 13.3 | 15.7 | 58.6 | 56.2 | 61.0 |
| NH White women | 33.6\% | 5,365,610 | 15.7 | 14.5 | 16.9 | 70.5 | 68.0 | 73.0 |
| NH Black men | 6.8\% | 1,084,497 | 13.5 | 9.6 | 17.3 | 49.1 | 39.9 | 58.3 |
| NH Black women | 7.4\% | 1,179,771 | 21.2 | 16.6 | 25.8 | 69.4 | 61.5 | 77.2 |
| Hispanic men | 8.4\% | 1,340,109 | 30.1 | 21.0 | 39.2 | 42.1 | 31.2 | 52.9 |
| Hispanic women | 8.4\% | 1,342,606 | 20.7 | 15.2 | 26.3 | 71.7 | 63.6 | 79.9 |
| Age 18-44 | 36.9\% | 5,899,949 | 9.7 | 8.5 | 10.9 | 60.2 | 57.8 | 62.5 |
| 45-64 | 22.7\% | 3,628,492 | 19.8 | 17.4 | 22.1 | 66.5 | 63.8 | 69.1 |
| 65 and older | 17.6\% | 2,807,597 | 27.6 | 25.6 | 29.7 | 71.5 | 64.3 | 78.6 |
| Marital Status Never married | 22.5\% | 3,076,457 | 13.1 | 9.0 | 17.3 | 60.5 | 55.9 | 65.2 |
| Married/ living together as a couple | 53.7\% | 7,341,958 | 14.7 | 13.6 | 15.8 | 64.6 | 62.4 | 66.8 |
| Divorced/ widowed/separated | 23.8\% | 3,252,217 | 24.3 | 22.6 | 26.1 | 59.8 | 56.2 | 63.4 |
| Education 0-11 years | 20.1\% | 2,219,948 | 42.9 | 37.5 | 48.2 | 43.8 | 37.0 | 50.6 |
| HS Grad/GED | 28.7\% | 3,165,748 | 17.9 | 16.4 | 19.5 | 51.3 | 47.9 | 54.7 |
| 1 or more years of college | 51.1\% | 5,638,949 | 11.4 | 10.4 | 12.4 | 70.1 | 68.1 | 72.0 |
| Employment Employed for wages | 54.9\% | 6,995,047 | 9.0 | 8.0 | 10.1 | 62.8 | 61.1 | 64.6 |
| Household Income \$24,999 or less | 30.8\% | 1,952,500 | 29.9 | 27.0 | 32.9 | 55.1 | 49.9 | 60.3 |
| \$25,000 - 49,999 | 31.6\% | 2,005,008 | 12.9 | 11.5 | 14.2 | 59.1 | 56.0 | 62.2 |
| \$50,000 or more | 37.6\% | 2,383,613 | 6.4 | 5.4 | 7.3 | 70.6 | 68.2 | 72.9 |

[^0]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 26.4 | 25.2 | 27.6 | 55.1 | 53.8 | 56.4 | 75.6 | 74.4 | 76.8 |
| Sex Men | 22.8 | 21.0 | 24.7 | 52.6 | 50.7 | 54.6 | 71.1 | 69.3 | 72.8 |
| Women | 29.5 | 27.9 | 31.1 | 57.3 | 55.5 | 59.0 | 79.6 | 77.9 | 81.3 |
| Race/ethnicity NH White | 22.5 | 21.4 | 23.6 | 53.4 | 52.1 | 54.7 | 75.7 | 74.6 | 76.8 |
| NH Black | 31.9 | 27.6 | 36.1 | 55.2 | 49.6 | 60.7 | 72.6 | 66.4 | 78.8 |
| Hispanic | 39.2 | 33.4 | 45.1 | 58.7 | 52.9 | 64.4 | 75.1 | 70.1 | 80.1 |
| Race/ethnicity-Sex NH White men | 19.7 | 18.3 | 21.0 | 51.0 | 49.1 | 52.8 | 71.5 | 69.8 | 73.2 |
| NH White women | 25.1 | 23.4 | 26.7 | 55.7 | 53.9 | 57.4 | 79.6 | 78.2 | 81.0 |
| NH Black men | 22.0 | 16.8 | 27.1 | 44.7 | 37.6 | 51.8 | 63.7 | 56.1 | 71.4 |
| NH Black women | 37.7 | 31.6 | 43.9 | 61.4 | 53.4 | 69.3 | 77.9 | 68.8 | 87.0 |
| Hispanic men | 40.9 | 31.3 | 50.4 | 60.9 | 51.9 | 70.0 | 69.4 | 61.1 | 77.7 |
| Hispanic women | 37.6 | 30.7 | 44.5 | 56.4 | 49.1 | 63.6 | 80.8 | 75.1 | 86.6 |
| Age 18-44 | 23.6 | 21.8 | 25.4 | 49.2 | 47.1 | 51.3 | 66.5 | 64.4 | 68.6 |
| 45-64 | 27.4 | 24.9 | 29.9 | 59.1 | 57.0 | 61.3 | 80.8 | 79.2 | 82.4 |
| 65 and older | 30.8 | 28.7 | 32.8 | 62.0 | 59.8 | 64.1 | 87.4 | 85.8 | 89.0 |
| Marital Status Never married | 27.1 | 22.5 | 31.7 | 46.0 | 41.4 | 50.5 | 61.1 | 56.6 | 65.6 |
| Married/ living together as a couple | 23.7 | 22.3 | 25.0 | 55.2 | 53.7 | 56.8 | 76.7 | 75.4 | 78.0 |
| Divorced/ widowed/separated | 32.8 | 30.8 | 34.8 | 61.5 | 59.4 | 63.7 | 83.6 | 82.0 | 85.1 |
| Education 0-11 years | 48.9 | 43.8 | 54.0 | 69.4 | 65.6 | 73.3 | 86.4 | 83.8 | 88.9 |
| HS Grad/GED | 32.4 | 30.4 | 34.5 | 57.2 | 55.0 | 59.4 | 79.5 | 77.7 | 81.4 |
| 1 or more years of college | 19.1 | 17.8 | 20.5 | 51.4 | 49.7 | 53.1 | 71.5 | 69.9 | 73.2 |
| Employment Employed for wages | 21.7 | 20.3 | 23.1 | 52.6 | 50.8 | 54.4 | 70.7 | 68.9 | 72.5 |
| Household Income \$24,999 or less | 37.8 | 34.8 | 40.8 | 60.0 | 56.9 | 63.1 | 80.3 | 77.2 | 83.3 |
| \$25,000 - 49,999 | 25.6 | 23.4 | 27.8 | 54.4 | 52.0 | 56.7 | 75.3 | 73.3 | 77.3 |
| \$50,000 or more | 13.0 | 11.5 | 14.5 | 47.9 | 45.8 | 50.1 | 68.2 | 66.2 | 70.2 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 35.1 | 33.9 | 36.3 | 22.3 | 21.3 | 23.3 | 74.3 | 73.1 | 75.4 |
| Sex Men | 43.9 | 42.0 | 45.9 | 21.9 | 20.4 | 23.4 | 78.2 | 76.4 | 80.1 |
| Women | 27.4 | 25.9 | 28.9 | 22.6 | 21.3 | 23.9 | 70.9 | 69.4 | 72.3 |
| Race/ethnicity NH White | 35.0 | 33.8 | 36.2 | 21.4 | 20.4 | 22.3 | 73.3 | 72.2 | 74.4 |
| NH Black | 31.9 | 27.7 | 36.2 | 34.8 | 30.3 | 39.3 | 75.8 | 71.6 | 79.9 |
| Hispanic | 39.4 | 33.7 | 45.0 | 20.8 | 16.3 | 25.2 | 81.5 | 77.2 | 85.7 |
| Race/ethnicity-Sex NH White men | 45.0 | 43.2 | 46.8 | 21.7 | 20.3 | 23.2 | 78.5 | 77.1 | 79.9 |
| NH White women | 25.7 | 24.3 | 27.2 | 21.0 | 19.7 | 22.3 | 68.6 | 67.0 | 70.1 |
| NH Black men | 38.4 | 31.5 | 45.4 | 27.2 | 20.4 | 34.0 | 78.1 | 70.6 | 85.5 |
| NH Black women | 28.1 | 22.9 | 33.2 | 39.3 | 33.1 | 45.6 | 74.4 | 69.4 | 79.5 |
| Hispanic men | 45.7 | 36.5 | 54.8 | 23.3 | 16.0 | 30.5 | 86.2 | 80.2 | 92.3 |
| Hispanic women | 33.3 | 26.4 | 40.1 | 18.3 | 13.0 | 23.7 | 76.8 | 71.0 | 82.6 |
| Age 18-44 | 31.2 | 29.3 | 33.0 | 21.0 | 19.4 | 22.5 | 78.7 | 77.2 | 80.3 |
| 45-64 | 38.6 | 36.4 | 40.8 | 27.2 | 25.4 | 29.1 | 73.0 | 70.5 | 75.4 |
| 65 and older | 40.0 | 37.8 | 42.2 | 18.5 | 16.8 | 20.2 | 67.4 | 65.3 | 69.4 |
| Marital Status Never married | 29.1 | 25.7 | 32.6 | 19.4 | 16.8 | 22.1 | 77.5 | 73.3 | 81.7 |
| Married/ living together as a couple | 37.5 | 36.0 | 39.0 | 23.2 | 21.9 | 24.5 | 73.7 | 72.4 | 75.0 |
| Divorced/ widowed/separated | 33.7 | 31.6 | 35.7 | 22.3 | 20.6 | 24.0 | 73.7 | 71.8 | 75.5 |
| Education 0-11 years | 30.6 | 26.4 | 34.7 | 29.2 | 25.2 | 33.1 | 80.6 | 74.8 | 86.3 |
| HS Grad/GED | 34.5 | 32.4 | 36.6 | 24.0 | 22.2 | 25.8 | 77.5 | 75.7 | 79.3 |
| 1 or more years of college | 36.4 | 34.8 | 38.0 | 20.2 | 19.0 | 21.4 | 71.5 | 70.1 | 72.9 |
| Employment Employed for wages | 36.4 | 34.7 | 38.1 | 22.7 | 21.4 | 24.1 | 76.6 | 75.2 | 78.0 |
| Household Income \$24,999 or less | 32.4 | 29.7 | 35.0 | 24.5 | 22.4 | 26.6 | 77.3 | 74.4 | 80.1 |
| \$25,000-49,999 | 35.3 | 33.1 | 37.6 | 22.5 | 20.7 | 24.4 | 74.0 | 72.0 | 76.0 |
| \$50,000 or more | 39.6 | 37.5 | 41.7 | 20.8 | 19.1 | 22.6 | 74.4 | 72.6 | 76.2 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | Cl |  |
| All | 22.2 | 21.1 | 23.2 | 55.3 | 52.7 | 58.0 | 14.1 | 13.1 | 15.0 |
| Sex Men | 24.5 | 22.8 | 26.1 | 55.0 | 51.1 | 58.9 | 20.9 | 19.3 | 22.4 |
| Women | 20.2 | 18.9 | 21.5 | 55.6 | 52.0 | 59.2 | 8.2 | 7.2 | 9.1 |
| Race/ethnicity NH White | 23.9 | 22.8 | 25.0 | 52.5 | 49.8 | 55.3 | 15.2 | 14.3 | 16.2 |
| NH Black | 14.9 | 12.1 | 17.7 | 66.2 | 57.6 | 74.8 | 7.8 | 5.3 | 10.3 |
| Hispanic | 21.1 | 15.8 | 26.3 | 56.7 | 40.7 | 72.7 | 16.3 | 11.2 | 21.5 |
| Race/ethnicity-Sex NH White men | 24.9 | 23.3 | 26.5 | 50.3 | 46.5 | 54.0 | 22.3 | 20.7 | 23.9 |
| NH White women | 23.0 | 21.4 | 24.5 | 54.8 | 50.8 | 58.8 | 8.7 | 7.6 | 9.8 |
| NH Black men | 20.2 | 15.1 | 25.4 | 65.4 | 52.4 | 78.5 | 14.0 | 8.3 | 19.6 |
| NH Black women | 11.7 | 8.7 | 14.8 | 67.0 | 53.9 | 80.0 | 4.2 | 2.2 | 6.2 |
| Hispanic men | 27.5 | 18.3 | 36.7 | 60.0 | 35.9 | 84.1 | 23.3 | 14.3 | 32.3 |
| Hispanic women | 14.8 | 10.1 | 19.6 | 50.8 | 35.2 | 66.4 | 9.4 | 5.0 | 13.8 |
| Age 18-44 | 26.9 | 25.1 | 28.7 | 57.7 | 53.9 | 61.5 | 20.1 | 18.4 | 21.8 |
| 45-64 | 24.1 | 22.2 | 26.0 | 53.0 | 48.6 | 57.4 | 11.4 | 10.1 | 12.6 |
| 65 and older | 10.3 | 9.1 | 11.6 | 50.7 | 44.2 | 57.3 | 5.5 | 4.5 | 6.5 |
| Marital Status Never married | 24.9 | 21.9 | 27.9 | 58.5 | 52.7 | 64.4 | 22.2 | 19.2 | 25.1 |
| Married/ living together as a couple | 19.5 | 18.1 | 20.8 | 54.6 | 50.7 | 58.4 | 12.6 | 11.5 | 13.8 |
| Divorced/ widowed/separated | 26.9 | 24.8 | 29.0 | 55.2 | 50.8 | 59.7 | 11.5 | 10.2 | 12.9 |
| Education 0-11 years | 31.2 | 27.1 | 35.4 | 50.8 | 43.6 | 57.9 | 13.9 | 10.4 | 17.5 |
| HS Grad/GED | 27.2 | 25.1 | 29.3 | 57.5 | 53.0 | 61.9 | 13.6 | 12.0 | 15.2 |
| 1 or more years of college | 17.9 | 16.7 | 19.1 | 55.1 | 51.5 | 58.7 | 14.3 | 13.2 | 15.5 |
| Employment Employed for wages | 25.2 | 23.6 | 26.7 | 54.9 | 51.4 | 58.4 | 18.2 | 16.8 | 19.5 |
| Household Income \$24,999 or less | 28.3 | 25.8 | 30.8 | 61.5 | 56.7 | 66.3 | 13.8 | 11.8 | 15.8 |
| \$25,000 - 49,999 | 23.8 | 21.8 | 25.8 | 57.8 | 53.2 | 62.3 | 13.5 | 12.0 | 15.0 |
| \$50,000 or more | 17.6 | 16.0 | 19.3 | 47.7 | 42.7 | 52.7 | 17.7 | 16.0 | 19.3 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | Cl |  |
| All | 18.7 | 17.7 | 19.8 | 23.9 | 22.7 | 25.0 | 8.7 | 7.7 | 9.6 |
| Sex Men | 19.1 | 17.5 | 20.8 | 30.0 | 28.1 | 31.9 | 7.3 | 5.6 | 9.0 |
| Women | 18.4 | 17.1 | 19.7 | 18.6 | 17.3 | 19.9 | 9.8 | 8.8 | 10.9 |
| Race/ethnicity NH White | 13.6 | 12.7 | 14.4 | 20.0 | 18.9 | 21.0 | 6.8 | 6.1 | 7.5 |
| NH Black | 27.5 | 23.0 | 32.0 | 28.4 | 23.9 | 32.9 | 9.6 | 7.3 | 12.0 |
| Hispanic | 40.1 | 34.2 | 46.0 | 38.0 | 32.2 | 43.9 | 17.2 | 12.0 | 22.5 |
| Race/ethnicity-Sex NH White men | 13.9 | 12.7 | 15.2 | 25.8 | 24.1 | 27.4 | 5.1 | 4.3 | 5.8 |
| NH White women | 13.2 | 12.1 | 14.3 | 14.6 | 13.5 | 15.7 | 8.4 | 7.3 | 9.5 |
| NH Black men | 30.6 | 22.5 | 38.7 | 37.1 | 29.1 | 45.1 | 5.8 | 3.0 | 8.5 |
| NH Black women | 25.6 | 20.4 | 30.8 | 23.2 | 18.4 | 28.0 | 11.9 | 8.6 | 15.3 |
| Hispanic men | 48.3 | 38.9 | 57.7 | 48.8 | 39.3 | 58.2 | 19.5 | 10.5 | 28.5 |
| Hispanic women | 32.2 | 25.7 | 38.6 | 27.6 | 21.8 | 33.5 | 15.0 | 9.5 | 20.4 |
| Age 18-44 | 27.0 | 25.1 | 28.8 | 34.1 | 32.1 | 36.1 | 10.3 | 9.0 | 11.6 |
| 45-64 | 18.1 | 16.4 | 19.7 | 19.2 | 17.5 | 20.9 | 10.2 | 7.8 | 12.6 |
| 65 and older | 3.0 | 2.1 | 3.9 | 9.3 | 7.9 | 10.7 | 3.5 | 2.7 | 4.3 |
| Marital Status Never married | 31.0 | 27.3 | 34.7 | 37.5 | 33.6 | 41.5 | 10.5 | 6.4 | 14.5 |
| Married/ living together as a couple | 15.0 | 13.7 | 16.2 | 20.5 | 19.1 | 21.9 | 7.4 | 6.4 | 8.4 |
| Divorced/ widowed/separated | 19.0 | 17.1 | 20.8 | 22.1 | 20.2 | 24.1 | 10.2 | 8.9 | 11.5 |
| Education 0-11 years | 31.7 | 27.3 | 36.1 | 34.2 | 29.7 | 38.7 | 17.7 | 11.4 | 23.9 |
| HS Grad/GED | 24.5 | 22.5 | 26.6 | 28.3 | 26.0 | 30.5 | 9.0 | 7.7 | 10.3 |
| 1 or more years of college | 13.3 | 12.2 | 14.4 | 19.6 | 18.3 | 20.9 | 6.9 | 6.0 | 7.7 |
| Employment Employed for wages | 19.5 | 18.1 | 21.0 | 27.0 | 25.4 | 28.6 | 8.1 | 7.0 | 9.2 |
| Household Income \$24,999 or less | 31.6 | 29.0 | 34.2 | 32.1 | 29.4 | 34.7 | 15.7 | 12.8 | 18.5 |
| \$25,000-49,999 | 19.0 | 17.0 | 21.0 | 25.4 | 23.1 | 27.8 | 7.7 | 6.4 | 9.0 |
| \$50,000 or more | 5.8 | 4.7 | 6.9 | 15.0 | 13.4 | 16.6 | 3.8 | 2.9 | 4.7 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 70.2 | 68.8 | 71.5 | 46.7 | 45.4 | 48.0 | 70.5 | 69.2 | 71.8 |
| Sex Men | 68.2 | 66.2 | 70.1 | 47.7 | 45.8 | 49.7 | 69.3 | 67.5 | 71.1 |
| Women | 71.9 | 70.1 | 73.7 | 45.8 | 44.0 | 47.5 | 71.5 | 69.6 | 73.4 |
| Race/ethnicity NH White | 72.3 | 71.2 | 73.5 | 48.1 | 46.8 | 49.4 | 73.0 | 71.7 | 74.2 |
| NH Black | 62.0 | 56.4 | 67.7 | 34.4 | 29.7 | 39.1 | 60.6 | 54.6 | 66.6 |
| Hispanic | 64.0 | 58.4 | 69.7 | 51.8 | 45.9 | 57.8 | 62.8 | 56.8 | 68.7 |
| Race/ethnicity-Sex NH White men | 70.6 | 69.0 | 72.2 | 48.7 | 46.9 | 50.5 | 71.1 | 69.4 | 72.9 |
| NH White women | 73.9 | 72.3 | 75.6 | 47.6 | 45.8 | 49.4 | 74.7 | 72.9 | 76.4 |
| NH Black men | 60.9 | 53.5 | 68.4 | 38.1 | 30.3 | 46.0 | 63.7 | 55.9 | 71.5 |
| NH Black women | 62.7 | 54.8 | 70.6 | 32.2 | 26.5 | 37.9 | 58.9 | 50.7 | 67.0 |
| Hispanic men | 60.7 | 51.5 | 69.9 | 51.8 | 42.3 | 61.3 | 57.7 | 48.0 | 67.4 |
| Hispanic women | 67.3 | 60.5 | 74.1 | 51.9 | 44.6 | 59.1 | 67.6 | 60.8 | 74.4 |
| Age 18-44 | 68.5 | 66.4 | 70.7 | 67.2 | 65.2 | 69.3 | 66.2 | 64.1 | 68.4 |
| 45-64 | 72.0 | 69.5 | 74.5 | 35.1 | 33.0 | 37.1 | 72.9 | 70.8 | 74.9 |
| 65 and older | 70.8 | 68.7 | 72.9 | 18.8 | 17.0 | 20.6 | 77.6 | 75.5 | 79.8 |
| Marital Status Never married | 63.8 | 58.8 | 68.8 | 66.5 | 61.6 | 71.5 | 63.0 | 58.6 | 67.4 |
| Married/ living together as a couple | 74.0 | 72.6 | 75.4 | 46.7 | 45.1 | 48.3 | 74.2 | 72.7 | 75.6 |
| Divorced/ widowed/separated | 64.9 | 62.7 | 67.1 | 31.8 | 29.7 | 33.9 | 66.0 | 63.6 | 68.4 |
| Education 0-11 years | 48.4 | 43.3 | 53.4 | 24.8 | 21.2 | 28.5 | 52.8 | 48.1 | 57.5 |
| HS Grad/GED | 65.4 | 63.3 | 67.6 | 39.0 | 36.7 | 41.3 | 65.3 | 63.0 | 67.6 |
| 1 or more years of college | 76.5 | 74.8 | 78.2 | 54.6 | 52.9 | 56.3 | 75.6 | 73.8 | 77.3 |
| Employment Employed for wages | 71.5 | 69.7 | 73.4 | 55.4 | 53.6 | 57.3 | 70.1 | 68.2 | 71.9 |
| Household Income \$24,999 or less | 53.7 | 50.5 | 56.9 | 35.3 | 32.5 | 38.0 | 54.3 | 51.1 | 57.5 |
| \$25,000-49,999 | 71.2 | 69.1 | 73.3 | 46.3 | 43.9 | 48.7 | 70.6 | 68.4 | 72.8 |
| \$50,000 or more | 83.1 | 81.5 | 84.8 | 60.4 | 58.3 | 62.4 | 81.5 | 79.7 | 83.3 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 27.7 | 26.6 | 28.7 | 76.0 | 74.0 | 78.0 | 21.1 | 20.0 | 22.3 |
| Sex Men | 28.8 | 27.2 | 30.4 | 70.8 | 67.9 | 73.8 | 20.1 | 18.2 | 21.9 |
| Women | 26.7 | 25.3 | 28.1 | 80.8 | 78.1 | 83.4 | 22.0 | 20.6 | 23.4 |
| Race/ethnicity NH White | 28.7 | 27.6 | 29.8 | 78.1 | 76.0 | 80.2 | 19.7 | 18.7 | 20.7 |
| NH Black | 32.2 | 28.0 | 36.4 | 77.1 | 71.8 | 82.3 | 24.3 | 20.4 | 28.3 |
| Hispanic | 20.2 | 15.5 | 24.9 | 56.4 | 42.9 | 69.9 | 26.5 | 21.3 | 31.7 |
| Race/ethnicity-Sex NH White men | 30.2 | 28.5 | 31.8 | 73.7 | 70.8 | 76.6 | 19.2 | 17.8 | 20.7 |
| NH White women | 27.4 | 25.8 | 28.9 | 82.4 | 79.4 | 85.5 | 20.2 | 18.8 | 21.6 |
| NH Black men | 32.5 | 26.2 | 38.8 | 68.5 | 58.9 | 78.0 | 17.6 | 11.7 | 23.4 |
| NH Black women | 32.0 | 26.4 | 37.5 | 82.3 | 76.4 | 88.2 | 28.3 | 22.9 | 33.8 |
| Hispanic men | 23.4 | 15.7 | 31.1 | 51.0 | 32.1 | 69.9 | 25.9 | 17.7 | 34.0 |
| Hispanic women | 17.1 | 11.7 | 22.5 | 63.6 | 48.6 | 78.5 | 27.1 | 20.6 | 33.7 |
| Age 18-44 | 11.8 | 10.5 | 13.0 | 40.2 | 34.9 | 45.4 | 16.5 | 15.0 | 18.0 |
| 45-64 | 33.3 | 31.2 | 35.3 | 78.1 | 75.4 | 80.9 | 27.4 | 24.9 | 29.9 |
| 65 and older | 53.1 | 50.9 | 55.4 | 90.5 | 88.6 | 92.4 | 22.5 | 20.6 | 24.4 |
| Marital Status Never married | 14.7 | 12.2 | 17.2 | 51.2 | 42.7 | 59.8 | 18.0 | 13.9 | 22.1 |
| Married/ living together as a couple | 27.5 | 26.2 | 28.9 | 77.5 | 74.8 | 80.1 | 21.8 | 20.5 | 23.2 |
| Divorced/ widowed/separated | 37.4 | 35.3 | 39.5 | 81.0 | 78.2 | 83.7 | 21.5 | 19.7 | 23.2 |
| Education 0-11 years | 39.0 | 34.5 | 43.5 | 71.5 | 65.0 | 78.0 | 25.5 | 19.6 | 31.4 |
| HS Grad/GED | 30.0 | 28.1 | 31.9 | 76.7 | 73.5 | 79.8 | 20.9 | 19.1 | 22.7 |
| 1 or more years of college | 24.5 | 23.2 | 25.9 | 76.8 | 74.0 | 79.5 | 20.4 | 19.1 | 21.7 |
| Employment Employed for wages | 19.5 | 18.2 | 20.8 | 64.0 | 60.3 | 67.7 | 19.5 | 18.2 | 20.9 |
| Household Income \$24,999 or less | 34.0 | 31.4 | 36.6 | 71.0 | 66.7 | 75.4 | 24.0 | 21.1 | 27.0 |
| \$25,000 - 49,999 | 26.1 | 24.3 | 28.0 | 77.1 | 73.8 | 80.3 | 20.3 | 18.5 | 22.0 |
| \$50,000 or more | 21.5 | 19.8 | 23.2 | 73.8 | 70.0 | 77.7 | 20.7 | 18.9 | 22.4 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s)\|12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 83.1 | 82.0 | 84.1 | 91.8 | 91.1 | 92.4 | 35.2 | 33.9 | 36.6 |
| Sex Men | 81.2 | 79.6 | 82.8 | 91.4 | 90.3 | 92.4 | 36.8 | 34.6 | 39.0 |
| Women | 84.7 | 83.3 | 86.1 | 92.1 | 91.2 | 93.0 | 33.9 | 32.2 | 35.6 |
| Race/ethnicity NH White | 85.9 | 84.9 | 86.9 | 91.0 | 90.2 | 91.7 | 37.7 | 36.4 | 39.0 |
| NH Black | 78.4 | 74.5 | 82.2 | 93.9 | 91.6 | 96.3 | 25.9 | 21.5 | 30.3 |
| Hispanic | 67.4 | 61.6 | 73.2 | 94.8 | 92.0 | 97.7 | 30.5 | 23.9 | 37.1 |
| Race/ethnicity-Sex NH White men | 84.5 | 83.2 | 85.9 | 90.8 | 89.7 | 92.0 | 38.1 | 36.2 | 40.0 |
| NH White women | 87.2 | 85.7 | 88.7 | 91.1 | 90.1 | 92.1 | 37.4 | 35.6 | 39.2 |
| NH Black men | 75.5 | 68.3 | 82.7 | 90.2 | 84.7 | 95.7 | 26.7 | 20.1 | 33.3 |
| NH Black women | 80.1 | 75.7 | 84.4 | 96.0 | 94.3 | 97.8 | 25.4 | 19.6 | 31.3 |
| Hispanic men | 59.6 | 50.0 | 69.1 | 97.3 | 95.8 | 98.8 | 37.9 | 26.5 | 49.3 |
| Hispanic women | 75.1 | 69.1 | 81.1 | 92.9 | 88.0 | 97.7 | 24.5 | 16.8 | 32.1 |
| Age 18-44 | 72.2 | 70.2 | 74.1 | 87.6 | 86.2 | 89.0 | 20.2 | 18.4 | 22.0 |
| 45-64 | 90.2 | 88.9 | 91.5 | 92.3 | 91.3 | 93.4 | 42.7 | 40.1 | 45.3 |
| 65 and older | 95.6 | 94.8 | 96.4 | 97.2 | 96.6 | 97.9 | 49.0 | 46.7 | 51.3 |
| Marital Status Never married | 67.3 | 63.2 | 71.3 | 89.3 | 86.8 | 91.7 | 24.7 | 18.9 | 30.5 |
| Married/ living together as a couple | 85.7 | 84.5 | 86.9 | 91.8 | 90.9 | 92.6 | 35.6 | 34.0 | 37.1 |
| Divorced/ widowed/separated | 88.0 | 86.5 | 89.4 | 93.1 | 92.0 | 94.2 | 40.1 | 37.7 | 42.5 |
| Education 0-11 years | 74.2 | 70.2 | 78.3 | 94.2 | 92.2 | 96.1 | 45.0 | 38.4 | 51.6 |
| HS Grad/GED | 78.6 | 76.7 | 80.6 | 92.2 | 90.9 | 93.4 | 38.7 | 36.3 | 41.1 |
| 1 or more years of college | 87.0 | 85.8 | 88.3 | 91.2 | 90.3 | 92.1 | 32.2 | 30.7 | 33.7 |
| Employment Employed for wages | 80.4 | 79.0 | 81.8 | 89.8 | 88.8 | 90.8 | 29.0 | 27.2 | 30.8 |
| Household Income \$24,999 or less | 77.9 | 75.7 | 80.2 | 91.7 | 90.2 | 93.2 | 38.8 | 35.2 | 42.5 |
| \$25,000-49,999 | 82.5 | 80.3 | 84.7 | 91.3 | 90.0 | 92.6 | 33.2 | 31.0 | 35.4 |
| \$50,000 or more | 89.5 | 88.2 | 90.9 | 90.7 | 89.4 | 92.0 | 32.9 | 30.7 | 35.0 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 10.7 | 9.9 | 11.4 | 60.4 | 56.4 | 64.4 | 8.2 | 7.6 | 8.9 |
| Sex Men | 9.6 | 8.4 | 10.7 | 54.8 | 48.6 | 61.1 | 8.9 | 7.9 | 9.8 |
| Women | 11.7 | 10.6 | 12.7 | 64.3 | 59.1 | 69.5 | 7.7 | 6.9 | 8.5 |
| Race/ethnicity NH White | 11.1 | 10.2 | 12.0 | 62.4 | 57.8 | 67.1 | 8.0 | 7.4 | 8.6 |
| NH Black | 10.4 | 7.6 | 13.2 | 49.0 | 34.6 | 63.4 | 10.6 | 8.2 | 13.1 |
| Hispanic | 11.4 | 8.0 | 14.9 | 58.9 | 43.0 | 74.9 | 8.2 | 4.6 | 11.9 |
| Race/ethnicity-Sex NH White men | 9.8 | 8.6 | 11.0 | 56.4 | 49.8 | 62.9 | 8.6 | 7.6 | 9.5 |
| NH White women | 12.3 | 11.0 | 13.6 | 66.8 | 60.2 | 73.4 | 7.5 | 6.7 | 8.3 |
| NH Black men | 9.8 | 4.0 | 15.6 | 26.3 | 11.1 | 41.5 | 9.2 | 5.7 | 12.6 |
| NH Black women | 10.8 | 7.8 | 13.7 | 61.1 | 47.3 | 74.9 | 11.5 | 8.2 | 14.8 |
| Hispanic men | 10.4 | 5.6 | 15.2 | 68.6 | 46.2 | 91.0 | 10.8 | 4.6 | 17.1 |
| Hispanic women | 12.4 | 7.5 | 17.3 | 51.3 | 29.0 | 73.5 | 5.7 | 1.9 | 9.6 |
| Age $18-44$ <br> $45-64$  <br>  65 and older | 11.7 | 10.5 | 12.8 | 55.0 | 49.5 | 60.5 | 2.8 | 2.2 | 3.4 |
|  | 11.0 | 9.4 | 12.5 | 61.7 | 53.3 | 70.1 | 10.5 | 9.2 | 11.8 |
|  | 8.3 | 7.2 | 9.5 | 72.1 | 65.8 | 78.3 | 16.5 | 14.9 | 18.1 |
| Marital Status Never married | 12.9 | 10.8 | 15.1 | 52.7 | 44.6 | 60.9 | 3.9 | 2.8 | 5.0 |
| Married/ living together as a couple | 9.5 | 8.6 | 10.4 | 62.9 | 57.9 | 67.9 | 8.2 | 7.4 | 9.1 |
| Divorced/ widowed/separated | 12.1 | 10.3 | 13.9 | 61.4 | 51.8 | 71.0 | 11.2 | 10.0 | 12.5 |
| Education 0-11 years | 11.4 | 9.2 | 13.6 | 71.6 | 62.7 | 80.4 | 13.9 | 11.1 | 16.7 |
| HS Grad/GED | 10.7 | 9.1 | 12.3 | 57.5 | 48.4 | 66.6 | 8.6 | 7.4 | 9.7 |
| 1 or more years of college | 10.6 | 9.7 | 11.5 | 59.8 | 55.3 | 64.3 | 7.0 | 6.3 | 7.8 |
| Employment Employed for wages | 10.2 | 9.1 | 11.3 | 49.5 | 43.9 | 55.2 | 4.7 | 4.0 | 5.4 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 12.5 | 10.6 | 14.3 | 65.3 | 56.5 | 74.1 | 11.5 | 10.0 | 12.9 |
|  | 10.8 | 9.4 | 12.2 | 53.4 | 46.2 | 60.5 | 7.5 | 6.4 | 8.7 |
|  | 9.7 | 8.5 | 10.9 | 57.4 | 51.0 | 63.8 | 4.9 | 4.0 | 5.8 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 21.0 | 19.9 | 22.1 | 27.9 | 26.7 | 29.1 | 28.0 | 26.7 | 29.2 |
| Sex Men | 20.2 | 18.4 | 22.1 | 26.4 | 24.5 | 28.3 | 26.8 | 24.9 | 28.8 |
| Women | 21.7 | 20.4 | 23.0 | 29.1 | 27.6 | 30.7 | 28.9 | 27.4 | 30.5 |
| Race/ethnicity NH White | 19.3 | 18.4 | 20.3 | 23.1 | 22.1 | 24.1 | 24.3 | 23.2 | 25.4 |
| NH Black | 20.9 | 17.4 | 24.4 | 35.9 | 31.2 | 40.5 | 36.0 | 31.3 | 40.7 |
| Hispanic | 27.6 | 22.3 | 32.9 | 41.5 | 35.7 | 47.3 | 35.9 | 30.3 | 41.5 |
| Race/ethnicity-Sex NH White men | 19.1 | 17.6 | 20.5 | 22.6 | 21.1 | 24.2 | 23.8 | 22.2 | 25.4 |
| NH White women | 19.6 | 18.3 | 20.8 | 23.5 | 22.2 | 24.9 | 24.8 | 23.3 | 26.4 |
| NH Black men | 18.3 | 13.4 | 23.3 | 32.4 | 25.5 | 39.4 | 35.4 | 28.0 | 42.8 |
| NH Black women | 22.4 | 17.7 | 27.1 | 37.8 | 31.6 | 44.1 | 36.4 | 30.2 | 42.5 |
| Hispanic men | 27.8 | 19.3 | 36.3 | 42.9 | 33.6 | 52.2 | 37.9 | 28.9 | 46.9 |
| Hispanic women | 27.4 | 21.0 | 33.9 | 40.1 | 33.0 | 47.2 | 33.9 | 27.2 | 40.6 |
| Age 18-44 | 14.6 | 13.3 | 15.9 | 23.2 | 21.5 | 24.8 | 22.9 | 21.3 | 24.6 |
| 45-64 | 28.6 | 26.1 | 31.1 | 33.0 | 30.5 | 35.5 | 36.0 | 33.5 | 38.6 |
| 65 and older | 24.4 | 22.4 | 26.4 | 31.0 | 28.9 | 33.2 | 28.1 | 26.0 | 30.1 |
| Marital Status Never married | 15.8 | 11.8 | 19.9 | 24.0 | 19.9 | 28.2 | 22.9 | 18.7 | 27.0 |
| Married/ living together as a couple | 21.8 | 20.5 | 23.0 | 28.4 | 26.9 | 29.8 | 29.3 | 27.8 | 30.7 |
| Divorced/ widowed/separated | 22.9 | 21.1 | 24.8 | 29.2 | 27.2 | 31.2 | 28.7 | 26.5 | 30.9 |
| Education 0-11 years | 29.3 | 23.5 | 35.1 | 39.9 | 34.4 | 45.4 | 35.2 | 29.5 | 40.8 |
| HS Grad/GED | 21.3 | 19.6 | 23.0 | 29.5 | 27.5 | 31.5 | 29.6 | 27.5 | 31.8 |
| 1 or more years of college | 19.4 | 18.2 | 20.7 | 24.9 | 23.5 | 26.3 | 25.8 | 24.4 | 27.2 |
| Employment Employed for wages | 18.6 | 17.3 | 19.9 | 24.6 | 23.2 | 26.1 | 26.4 | 24.9 | 28.0 |
| Household Income \$24,999 or less | 23.2 | 20.4 | 26.1 | 33.9 | 30.9 | 36.8 | 31.7 | 28.7 | 34.8 |
| \$25,000-49,999 | 19.6 | 17.9 | 21.3 | 26.7 | 24.7 | 28.8 | 26.7 | 24.6 | 28.7 |
| \$50,000 or more | 19.7 | 17.9 | 21.4 | 23.4 | 21.6 | 25.2 | 26.5 | 24.6 | 28.5 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% 22.7 | CI |  |
| All | 26.2 | 25.2 | 27.2 | 1.2 | 1.0 | 1.3 |  | 21.8 | 23.7 |
| Sex Men | 26.9 | 25.4 | 28.4 | 1.2 | 0.9 | 1.4 | 23.3 | 21.8 | 24.7 |
| Women | 25.6 | 24.3 | 26.9 | 1.2 | 0.9 | 1.4 | 22.3 | 21.1 | 23.5 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 29.9 | 28.8 | 31.0 | 1.3 | 1.1 | 1.5 | 26.3 | 25.3 | 27.3 |
|  | 19.6 | 16.3 | 22.9 | 1.0 | 0.6 | 1.4 | 14.3 | 11.5 | 17.1 |
|  | 14.2 | 10.7 | 17.6 | 0.8 | 0.2 | 1.5 | 14.9 | 10.2 | 19.5 |
| Race/ethnicity-Sex NH White men | 30.1 | 28.5 | 31.7 | 1.2 | 0.9 | 1.5 | 25.8 | 24.3 | 27.4 |
| NH White women | 29.7 | 28.2 | 31.2 | 1.3 | 1.0 | 1.6 | 26.7 | 25.3 | 28.2 |
| NH Black men | 24.0 | 18.4 | 29.5 | 1.0 | 0.4 | 1.6 | 14.4 | 10.3 | 18.5 |
| NH Black women | 17.0 | 13.0 | 21.0 | 1.0 | 0.5 | 1.5 | 14.3 | 10.5 | 18.0 |
| Hispanic men | 13.9 | 8.6 | 19.1 | 0.4 | 0.0 | 0.8 | 19.9 | 11.5 | 28.2 |
| Hispanic women | 14.4 | 9.8 | 19.0 | 1.3 | 0.1 | 2.5 | 10.1 | 6.0 | 14.2 |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 11.9 | 10.8 | 13.0 | 0.6 | 0.4 | 0.9 | 9.6 | 8.4 | 10.7 |
|  | 24.8 | 23.1 | 26.5 | 1.1 | 0.8 | 1.3 | 16.0 | 14.6 | 17.5 |
|  | 56.7 | 54.4 | 59.0 | 2.4 | 1.9 | 2.9 | 56.5 | 54.2 | 58.8 |
| Marital Status Never married | 15.4 | 13.1 | 17.6 | 1.0 | 0.5 | 1.4 | 13.8 | 11.4 | 16.3 |
| Married/ living together as a couple | 27.2 | 25.9 | 28.4 | 1.1 | 0.9 | 1.3 | 22.5 | 21.2 | 23.7 |
| Divorced/ widowed/separated | 31.8 | 29.9 | 33.7 | 1.5 | 1.1 | 1.9 | 30.0 | 28.1 | 31.8 |
| Education $0-11$ years <br>  HS Grad/GED | 25.1 | 21.8 | 28.5 | 1.9 | 1.0 | 2.8 | 24.8 | 21.3 | 28.4 |
|  | 26.1 | 24.3 | 27.8 | 1.0 | 0.7 | 1.2 | 24.4 | 22.6 | 26.2 |
|  | 26.4 | 25.1 | 27.7 | 1.1 | 0.9 | 1.4 | 21.5 | 20.3 | 22.7 |
| Employment Employed for wages | 17.2 | 16.0 | 18.3 | 0.7 | 0.5 | 0.9 | 11.5 | 10.5 | 12.6 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 25.3 | 23.2 | 27.4 | 1.6 | 1.1 | 2.0 | 25.9 | 23.8 | 28.1 |
|  | 25.6 | 23.8 | 27.4 | 1.2 | 0.8 | 1.6 | 22.7 | 20.9 | 24.5 |
|  | 22.7 | 21.1 | 24.3 | 0.6 | 0.4 | 0.8 | 15.9 | 14.3 | 17.4 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have $1+$ drink(s) every day (heavy drinker).

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## Prevalence of

"Fair or Poor Health Status"
Data from the 2002 County BRFSS Survey
State Prevalence $=16.7 \%$

| County Prevalence |
| :---: |
| $8.9-13.5$ |
|  |
|  |
| $13.6-15.6$ |
| $15.7-17.8$ |
| $17.9-22.9$ |
| $23.0-33.5$ |

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## Prevalence of "No Health Plan"

Data from the 2002 County BRFSS Survey
State Prevalence = 18.7\%

| County Prevalence |
| :---: |
| $\square$ | $10.8-15.4$

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## Prevalence of "No Access to Needed Medical Care in Past 12 Months"

Data from the 2002 County BRFSS Survey
State Prevalence $=8.7 \%$

| County Prevalence |  |
| :---: | :---: |
| $\square$ | $3.6-6.6$ |
| $\square$ | $6.7-7.6$ |
| $\square$ | $7.7-9.6$ |
| $\square$ | $9.7-10.8$ |
| $\square$ | $10.9-22.4$ |

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## Prevalence of <br> "Consumed Less Than 5 Servings of Fruits and Vegetables a Day"

Data from the 2002 County BRFSS Survey
State Prevalence $=74.3 \%$

| County Prevalence |  |
| :---: | :---: |
|  | 64.9-70.9 |
|  | 71.0-73.0 |
|  | 73.1-75.4 |
|  | 75.5-77.3 |
|  | 77.4-82.6 |

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## Prevalence of "High Blood Pressure"

Data from the 2002 County BRFSS Survey
State Prevalence $=27.7 \%$


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## Prevalence of

 "Ever Had Blood Cholesterol Checked"Data from the 2002 County BRFSS Survey
State Prevalence $=83.1 \%$
County Prevalence

| $\square$ |
| :--- |
| $\square$ |
|  | 79.6-79-81.9

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## Prevalence of "Had Blood Cholesterol Checked Within Past 2 Years"

Data from the 2002 County BRFSS Survey
State Prevalence $=91.8 \%$

| County Prevalence |  |
| :---: | :---: |
| $\square$ | $83.6-89.5$ |
| $\square$ | $89.6-91.0$ |
| $\square$ | $91.1-92.4$ |
| $\square$ | $92.5-93.6$ |
| $\square$ | $93.7-96.1$ |

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## Prevalence of "High Blood Cholesterol"

Data from the 2002 County BRFSS Survey
State Prevalence = 35.2\%

| County | Prevalence |
| :---: | :---: |
|  | 26.7-30.0 |
|  | 30.1-33.8 |
|  | 33.9-36.6 |
|  | 36.7-39.6 |
|  | 39.7-47.9 |

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## Prevalence of "Ever Had Asthma"

Data from the 2002 County BRFSS Survey
State Prevalence = 10.7\%

| County Prevalence |  |
| :---: | :---: |
| $\square$ | $6.8-9.0$ |
| $\square$ | $9.1-9.8$ |
| $\square$ | $9.9-11.4$ |
| $\square$ | $11.5-13.2$ |
| $\square$ | $13.3-22.0$ |

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## Prevalence of "Have Asthma Now"

Data from the 2002 County BRFSS Survey
State Prevalence $=60.4 \%$

| County Prevalence |  |
| :---: | :---: |
| $\square$ | $35.7-50.6$ |
| $\square$ | $50.7-56.3$ |
| $\square$ | $56.4-64.4$ |
| $\square$ | $64.5-72.2$ |
|  | $72.3-83.1$ |

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## Prevalence of "Have Diabetes"

Data from the 2002 County BRFSS Survey
State Prevalence $=8.2 \%$

```
County Prevalence
```

| $\square$ | $4.7-7.0$ |
| :--- | :--- |
| $\square$ | $7.1-7.5$ |
| $\square$ | $7.6-8.9$ |
| $\square$ | $9.0-11.1$ |
| $\square$ | $11.2-19.1$ |

Lafayette

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## Prevalence of "Dental Visit Within Past Year"

Data from the 2002 County BRFSS Survey
State Prevalence $=70.2 \%$

## County Prevalence

| $\square$ | $50.1-62.6$ |
| :--- | :---: |
| $\square$ | $62.7-68.7$ |
| $\square$ | $68.8-71.5$ |
| $\square$ | $71.6-74.1$ |
| $\square$ | $74.2-80.3$ |

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## Prevalence of <br> "No Teeth Removed Due to Tooth Decay or Gum Disease"

Data from the 2002 County BRFSS Survey
State Prevalence $=46.7 \%$

| County Prevalence |  |
| :---: | :---: |
| $\square$ | $29.3-36.2$ |
| $\square$ | $36.3-45.3$ |
| $\square$ | $45.4-48.0$ |
| $\square$ | $48.1-52.0$ |
| $\square$ | $52.1-64.2$ |

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Prevalence of "Had Teeth Cleaned Within the Past Year"

Data from the 2002 County BRFSS Survey
State Prevalence = 70.5\%

| County Prevalence |  |
| :---: | :---: |
| $\square$ | $49.5-61.0$ |
| $\square$ | $61.1-69.1$ |
| $\square$ | $69.2-71.8$ |
| $\square$ | $71.9-73.7$ |
| $\square$ | $73.8-79.4$ |

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## Prevalence of "Had Flu Shot During the Past 12 Months"

Data from the 2002 County BRFSS Survey
State Prevalence $=26.2 \%$

| County Prevalence |  |
| :---: | :---: |
| $\square$ | $17.4-23.0$ |
| $\square$ | $23.1-25.1$ |
| $\square$ | $25.2-27.2$ |
| $\square$ | $27.3-32.4$ |
| $\square$ | $32.5-41.5$ |

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## Prevalence of "Ever Had Pneumonia Shot"

Data from the 2002 County BRFSS Survey
State Prevalence $=22.7 \%$

| County Prevalence |  |
| :---: | :---: |
| $\square$ | $14.3-19.0$ |
| $\square$ | $19.1-21.7$ |
| $\square$ | $21.8-23.7$ |
| $\square$ | $23.8-27.0$ |
| $\square$ | $27.1-42.3$ |

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## Prevalence of "Having Stopped Smoking for at Least One Day in Past 12 Months"

Data from the 2002 County BRFSS Survey
State Prevalence $=55.3 \%$

## County Prevalence

| $\square$ | $40.7-49.1$ |
| :--- | :--- |
| $\square$ | $49.2-52.6$ |
| $\square$ | $52.7-58.0$ |
| $\square$ | $58.1-63.3$ |
| $\square$ | $63.4-78.5$ |

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## Prevalence of "Overweight"

Data from the 2002 County BRFSS Survey
State Prevalence $=35.1 \%$

| County Prevalence  <br> $\square$ $21.3-31.6$ <br> $\square$ $31.7-33.8$ <br> $\square$ $33.9-36.3$ <br> $\square$ $36.4-37.6$ <br> $\square$ $37.7-43.8$ |
| :---: | :---: |

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Prevalence of "Obesity"

Data from the 2002 County BRFSS Survey
State Prevalence $=22.3 \%$

| County Prevalence |
| :---: |
| $\square$ | 15.2-18.9

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## Prevalence of "Received Advice About Weight from Health Care Professional in Past Year"

Data from the 2002 County BRFSS Survey
State Prevalence $=21.1 \%$

| County Prevalence |  |
| :---: | :---: |
| $\square$ | $15.2-17.2$ |
| $\square$ | $17.3-19.9$ |
| $\square$ | $20.0-22.3$ |
| $\square$ | $22.4-24.3$ |
| $\square$ | $24.4-31.0$ |

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## Prevalence of "Advised in Past Year by Health Care Professional to Be More Physically Active"

Data from the 2002 County BRFSS Survey
State Prevalence $=28.0 \%$

| County Prevalence |
| :---: | :---: |
| $\square$ $18.2-24.3$ <br> $\square$ $24.4-26.6$ <br> $\square$ $26.7-29.2$ <br> $\square$ $29.3-33.0$ <br> $\square$ $33.1-40.1$ |

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## Prevalence of

 "Ever Had Blood Stool Test" Among Adults 50 and OlderData from the 2002 County BRFSS Survey
State Prevalence $=44.4 \%$

| Countr Prevalence |  |
| :---: | :---: |
| $\square$ | $25.7-37.0$ |
| $\square$ | $37.1-42.6$ |
| $\square$ | $42.7-46.2$ |
| $\square$ | $46.3-51.0$ |
| $\square$ | $51.1-60.8$ |

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## Prevalence of "Ever Had Sigmoidoscopy" Among Adults 50 and Older

Data from the 2002 County BRFSS Survey
State Prevalence $=52.6 \%$

## County Prevalence

| $\square$ | $38.9-47.9$ |
| :--- | ---: |
| $\square$ | $48.0-50.7$ |
| $\square$ | $50.8-54.4$ |
| $\square$ | $54.5-58.0$ |
| $\square$ | $58.1-67.1$ |

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## Prevalence of "Ever Had HIV Test" Among Adults Under 65

Data from the 2002 County BRFSS Survey
State Prevalence $=47.7 \%$

| County Prevalence |  |
| :---: | :---: |
| $\square$ | $37.2-42.9$ | |  |  |
| :---: | :---: |
| $\square$ | $43.0-46.0$ |
| $\square$ | $46.1-49.3$ |
| $\square$ | $49.4-52.1$ |
| $\square$ | $52.2-59.7$ |

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## Prevalence of "Sedentary Employment"

Data from the 2002 County BRFSS Survey
State Prevalence $=62.8 \%$


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# Prevalence of Major Behavioral Risk Factors in Alachua County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Alachua County, 515 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Alachua County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | Cl |  |
| All | 217,955 | 15,982,378 | 11.0 | 7.8 | 14.2 | 68.6 | 61.7 | 75.4 |
| Sex Men | 48.8\% | 48.8\% | 10.3 | 5.8 | 14.9 | 64.4 | 54.2 | 74.7 |
| Women | 51.2\% | 51.2\% | 11.6 | 7.1 | 16.1 | 73.5 | 64.9 | 82.1 |
| Race/ethnicity NH White | 69.7\% | 65.4\% | 8.9 | 5.7 | 12.2 | 70.7 | 63.3 | 78.0 |
| NH Black | 19.1\% | 14.2\% | 32.8 | 16.9 | 48.7 |  |  |  |
| Hispanic | 5.7\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 34.3\% | 31.9\% | 7.6 | 3.2 | 11.9 | 66.1 | 55.4 | 76.8 |
| NH White women | 35.4\% | 33.6\% | 10.3 | 5.4 | 15.2 | 76.2 | 66.5 | 85.9 |
| NH Black men | 9.0\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 10.1\% | 7.4\% | 33.6 | 12.6 | 54.5 |  |  |  |
| Hispanic men | 2.8\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.9\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 50.9\% | 36.9\% | 5.5 | 2.6 | 8.3 | 67.0 | 58.7 | 75.3 |
| 45-64 | 19.3\% | 22.7\% | 18.8 | 10.6 | 26.9 | 72.3 | 58.3 | 86.3 |
| 65 and older | 9.6\% | 17.6\% | 26.5 | 13.4 | 39.6 |  |  |  |
| Marital Status Never married | 40.5\% | 22.5\% | 8.0 | 3.6 | 12.5 | 61.2 | 47.8 | 74.6 |
| Married/ living together as a couple | 41.4\% | 53.7\% | 10.0 | 5.2 | 14.8 | 71.2 | 61.9 | 80.4 |
| Divorced/ widowed/separated | 18.1\% | 23.8\% | 20.8 | 11.4 | 30.2 | 72.5 | 58.1 | 86.9 |
| Education 0-11 years | 11.9\% | 20.1\% | 32.6 | 11.8 | 53.4 |  |  |  |
| HS Grad/GED | 20.3\% | 28.7\% | 19.6 | 10.9 | 28.3 | 65.8 | 50.4 | 81.2 |
| 1 or more years of college | 67.8\% | 51.1\% | 6.6 | 3.6 | 9.7 | 72.1 | 64.9 | 79.2 |
| Employment Employed for wages | 58.8\% | 54.9\% | 6.1 | 2.8 | 9.4 | 68.6 | 61.7 | 75.4 |
| Household Income \$24,999 or less | 41.2\% | 30.8\% | 15.4 | 8.8 | 22.1 | 60.9 | 46.4 | 75.5 |
| \$25,000 - 49,999 | 27.3\% | 31.6\% | 9.5 | 3.2 | 15.8 | 65.4 | 52.1 | 78.7 |
| \$50,000 or more | 27.3\% | 31.6\% | 1.0 | 0.0 | 2.4 | 77.6 | 68.2 | 86.9 |

[^1]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 16.9 | 13.2 | 20.6 | 52.3 | 46.5 | 58.2 | 72.1 | 67.2 | 77.0 |
| Sex Men | 14.5 | 9.2 | 19.8 | 52.3 | 42.8 | 61.8 | 68.9 | 61.0 | 76.7 |
| Women | 19.3 | 14.1 | 24.5 | 52.4 | 45.4 | 59.3 | 75.2 | 69.2 | 81.3 |
| Race/ethnicity NH White | 13.8 | 10.1 | 17.6 | 47.9 | 42.0 | 53.7 | 69.0 | 63.5 | 74.4 |
| NH Black | 36.1 | 19.8 | 52.4 | 61.5 | 44.6 | 78.3 | 81.1 | 68.1 | 94.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 9.7 | 4.9 | 14.5 | 49.2 | 40.5 | 57.9 | 66.8 | 58.6 | 75.0 |
| NH White women | 17.9 | 12.2 | 23.6 | 46.6 | 38.7 | 54.5 | 71.1 | 63.7 | 78.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 35.7 | 14.7 | 56.6 | 74.7 | 56.4 | 92.9 | 91.1 | 78.1 | 100.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18 -44 | 12.6 | 8.4 | 16.9 | 45.3 | 37.0 | 53.5 | 63.3 | 56.1 | 70.4 |
| 45-64 | 24.3 | 15.6 | 33.0 | 65.1 | 55.4 | 74.7 | 84.8 | 78.0 | 91.5 |
| 65 and older | 24.2 | 13.5 | 34.8 | 58.8 | 44.9 | 72.8 | 90.9 | 83.5 | 98.3 |
| Marital Status Never married | 12.2 | 6.5 | 17.9 | 44.0 | 32.0 | 56.0 | 62.7 | 52.7 | 72.6 |
| Married/ living together as a couple | 13.2 | 8.6 | 17.8 | 54.4 | 46.8 | 61.9 | 75.0 | 68.6 | 81.4 |
| Divorced/ widowed/separated | 43.9 | 31.8 | 56.0 | 63.0 | 51.5 | 74.5 | 85.9 | 78.0 | 93.9 |
| Education 0-11 years | 35.8 | 15.0 | 56.7 | 70.7 | 49.6 | 91.9 | 95.6 | 86.6 | 100.0 |
| HS Grad/GED | 32.9 | 22.2 | 43.5 | 57.8 | 46.4 | 69.3 | 78.2 | 68.0 | 88.4 |
| 1 or more years of college | 10.9 | 7.3 | 14.4 | 48.6 | 41.4 | 55.7 | 67.9 | 61.9 | 74.0 |
| Employment Employed for wages | 15.4 | 10.5 | 20.2 | 50.0 | 43.1 | 57.0 | 68.1 | 61.7 | 74.6 |
| Household Income \$24,999 or less | 24.7 | 15.7 | 33.6 | 52.1 | 39.5 | 64.8 | 72.3 | 62.5 | 82.1 |
| \$25,000 - 49,999 | 21.0 | 12.7 | 29.2 | 51.1 | 40.6 | 61.7 | 71.7 | 62.1 | 81.3 |
| \$50,000 or more | 6.7 | 2.2 | 11.2 | 45.4 | 35.8 | 55.0 | 64.1 | 55.0 | 73.2 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | Cl |  |
| All | 33.0 | 26.7 | 39.2 | 16.8 | 13.0 | 20.6 | 73.0 | 68.4 | 77.7 |
| Sex Men | 42.1 | 31.8 | 52.3 | 15.6 | 9.9 | 21.2 | 76.9 | 70.2 | 83.7 |
| Women | 24.2 | 18.4 | 30.0 | 18.0 | 13.1 | 23.0 | 69.2 | 63.0 | 75.3 |
| Race/ethnicity NH White | 28.7 | 23.4 | 34.0 | 17.4 | 13.0 | 21.7 | 71.4 | 66.2 | 76.5 |
| NH Black | 40.5 | 22.2 | 58.7 | 20.7 | 7.9 | 33.5 | 76.7 | 62.9 | 90.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 34.3 | 26.0 | 42.5 | 16.9 | 10.3 | 23.6 | 74.2 | 66.7 | 81.6 |
| NH White women | 23.2 | 16.6 | 29.9 | 17.8 | 12.2 | 23.4 | 68.6 | 61.3 | 75.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 36.2 | 15.5 | 56.9 | 29.2 | 9.6 | 48.7 | 67.8 | 47.4 | 88.3 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 31.5 | 22.7 | 40.2 | 13.5 | 9.1 | 17.9 | 75.1 | 69.2 | 81.1 |
|  | 39.5 | 28.5 | 50.5 | 24.5 | 15.5 | 33.4 | 72.9 | 63.9 | 81.8 |
|  | 27.0 | 14.7 | 39.4 | 16.7 | 7.5 | 25.9 | 65.3 | 52.5 | 78.1 |
| Marital Status Never married | 33.9 | 21.0 | 46.8 | 10.3 | 5.4 | 15.2 | 79.2 | 71.9 | 86.4 |
| Married/ living together as a couple | 33.6 | 26.2 | 41.0 | 20.8 | 14.7 | 27.0 | 69.7 | 62.9 | 76.4 |
| Divorced/ widowed/separated | 31.5 | 20.3 | 42.7 | 22.1 | 13.1 | 31.1 | 68.0 | 56.3 | 79.6 |
| Education <br> HS Grad/GED | 51.1 | 26.7 | 75.5 | 23.4 | 5.0 | 41.9 | 83.8 | 68.3 | 99.3 |
|  | 24.5 | 15.2 | 33.8 | 27.6 | 17.5 | 37.6 | 76.1 | 66.6 | 85.6 |
|  | 34.0 | 26.4 | 41.7 | 13.6 | 9.6 | 17.6 | 71.2 | 65.5 | 76.9 |
| Employment Employed for wages | 33.8 | 27.1 | 40.6 | 19.5 | 14.3 | 24.8 | 70.0 | 63.7 | 76.2 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 36.9 | 22.2 | 51.5 | 13.2 | 7.1 | 19.2 | 79.7 | 71.4 | 87.9 |
|  | 28.9 | 19.5 | 38.3 | 23.3 | 14.7 | 32.0 | 70.8 | 61.5 | 80.2 |
|  | 31.3 | 22.2 | 40.3 | 17.5 | 10.1 | 24.8 | 69.6 | 60.9 | 78.3 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 18.8 | 14.7 | 23.0 | 57.7 | 45.9 | 69.5 | 24.5 | 18.1 | 30.8 |
| Sex Men | 21.7 | 15.0 | 28.3 | 57.4 | 41.3 | 73.5 | 34.3 | 23.7 | 44.9 |
| Women | 16.0 | 10.9 | 21.1 | 58.2 | 40.2 | 76.2 | 14.5 | 9.1 | 19.9 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 19.1 | 14.3 | 23.9 | 58.0 | 44.0 | 72.0 | 26.7 | 21.2 | 32.2 |
| NH Black | 27.2 | 12.7 | 41.6 |  |  |  | 3.3 | 0.0 | 9.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 21.6 | 14.3 | 29.0 | 65.4 | 46.8 | 84.1 | 33.7 | 25.5 | 42.0 |
| NH White women | 16.6 | 10.5 | 22.7 | 48.3 | 27.1 | 69.5 | 19.6 | 12.4 | 26.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 31.1 | 11.4 | 50.9 |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 21.2 | 15.4 | 27.0 | 60.5 | 45.9 | 75.2 | 34.9 | 26.1 | 43.7 |
| 45-64 | 19.8 | 12.3 | 27.4 | 52.9 | 31.5 | 74.2 | 6.7 | 2.3 | 11.0 |
| 65 and older | 3.6 | 0.2 | 6.9 |  |  |  | 6.6 | 0.0 | 15.5 |
| Marital Status Never married | 25.3 | 16.8 | 33.8 | 65.0 | 47.7 | 82.4 | 43.9 | 31.8 | 56.0 |
| Married/ living together as a couple | 11.3 | 6.7 | 15.9 |  |  |  | 13.9 | 8.7 | 19.1 |
| Divorced/ widowed/separated | 28.0 | 17.4 | 38.7 |  |  |  | 7.0 | 1.6 | 12.4 |
| Education 0-11 years | 33.7 | 11.9 | 55.5 |  |  |  | 14.8 | 0.0 | 30.1 |
| HS Grad/GED | 26.7 | 16.7 | 36.7 |  |  |  | 12.7 | 5.2 | 20.2 |
| 1 or more years of college | 15.4 | 10.9 | 19.9 | 51.7 | 35.8 | 67.6 | 28.5 | 20.5 | 36.5 |
| Employment Employed for wages | 18.8 | 13.3 | 24.3 | 44.0 | 27.5 | 60.6 | 24.7 | 18.5 | 30.9 |
| Household Income \$24,999 or less | 27.8 | 18.3 | 37.3 | 60.0 | 43.6 | 76.4 | 36.1 | 21.1 | 51.2 |
| \$25,000-49,999 | 22.2 | 13.2 | 31.2 |  |  |  | 18.1 | 9.6 | 26.6 |
| \$50,000 or more | 11.4 | 5.0 | 17.9 |  |  |  | 24.1 | 15.6 | 32.6 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 23.1 | 16.8 | 29.4 | 28.9 | 23.8 | 34.0 | 8.2 | 5.4 | 11.0 |
| Sex Men | 26.4 | 15.4 | 37.3 | 38.3 | 29.5 | 47.2 | 4.7 | 1.7 | 7.6 |
| Women | 19.9 | 14.0 | 25.8 | 19.6 | 14.0 | 25.3 | 11.6 | 7.1 | 16.1 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 18.4 | 13.7 | 23.0 | 25.7 | 20.4 | 30.9 | 6.8 | 4.0 | 9.5 |
| NH Black | 34.3 | 17.7 | 50.9 | 46.3 | 28.2 | 64.4 | 21.0 | 6.3 | 35.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.8 | 11.3 | 24.3 | 35.1 | 26.8 | 43.4 | 4.5 | 1.4 | 7.7 |
| NH White women | 18.9 | 12.2 | 25.7 | 16.3 | 10.3 | 22.3 | 9.0 | 4.5 | 13.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 32.2 | 11.0 | 53.3 | 26.4 | 5.2 | 47.5 | 32.6 | 10.9 | 54.4 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 28.2 | 19.2 | 37.1 | 34.9 | 27.9 | 42.0 | 8.6 | 4.9 | 12.2 |
| 45-64 | 20.4 | 11.9 | 28.9 | 25.8 | 15.5 | 36.2 | 8.2 | 2.6 | 13.9 |
| 65 and older | 2.1 | 0.0 | 5.0 | 3.6 | 0.5 | 6.7 | 6.6 | 0.3 | 12.9 |
| Marital Status Never married | 37.5 | 24.8 | 50.1 | 38.4 | 28.2 | 48.5 | 9.1 | 4.1 | 14.0 |
| Married/ living together as a couple | 13.0 | 8.0 | 17.9 | 22.6 | 15.7 | 29.5 | 6.3 | 2.7 | 9.9 |
| Divorced/ widowed/separated | 19.4 | 8.0 | 30.9 | 24.6 | 13.2 | 36.0 | 13.0 | 4.8 | 21.2 |
| Education 0-11 years | 22.9 | 3.9 | 41.9 | 42.8 | 17.0 | 68.7 | 32.1 | 10.2 | 53.9 |
| HS Grad/GED | 29.1 | 18.3 | 39.9 | 29.0 | 17.8 | 40.2 | 10.4 | 3.4 | 17.4 |
| 1 or more years of college | 21.6 | 13.5 | 29.6 | 27.5 | 21.8 | 33.2 | 5.3 | 2.9 | 7.8 |
| Employment Employed for wages | 19.7 | 14.1 | 25.2 | 28.1 | 21.4 | 34.7 | 7.3 | 4.2 | 10.4 |
| Household Income \$24,999 or less | 46.6 | 33.1 | 60.0 | 37.4 | 26.2 | 48.5 | 14.2 | 7.6 | 20.7 |
| \$25,000-49,999 | 10.1 | 3.8 | 16.4 | 25.6 | 16.2 | 35.1 | 4.6 | 0.7 | 8.5 |
| \$50,000 or more | 7.1 | 1.9 | 12.3 | 14.8 | 7.7 | 22.0 | 3.2 | 0.0 | 6.5 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\text { Related Healthy People } 2010 \text { Objective(s) }$ | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 74.1 | 69.4 | 78.7 | 61.1 | 55.6 | 66.6 | 73.7 | 68.8 | 78.6 |
| Sex Men | 72.1 | 64.6 | 79.6 | 63.9 | 55.3 | 72.5 | 72.0 | 64.2 | 79.8 |
| Women | 76.0 | 70.4 | 81.7 | 58.4 | 51.7 | 65.1 | 75.5 | 69.4 | 81.6 |
| Race/ethnicity NH White | 76.0 | 71.0 | 81.0 | 64.1 | 58.5 | 69.6 | 75.5 | 70.3 | 80.8 |
| NH Black | 55.4 | 38.3 | 72.5 | 36.4 | 20.3 | 52.4 | 55.8 | 37.3 | 74.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 74.3 | 66.7 | 82.0 | 64.8 | 56.6 | 73.1 | 76.1 | 68.4 | 83.9 |
| NH White women | 77.6 | 71.1 | 84.2 | 63.3 | 55.7 | 70.8 | 74.9 | 67.7 | 82.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 58.4 | 38.0 | 78.9 | 29.9 | 11.3 | 48.4 |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 77.4 | 71.5 | 83.2 | 78.4 | 72.8 | 84.0 | 74.6 | 68.3 | 80.9 |
| 45-64 | 66.3 | 56.8 | 75.8 | 34.2 | 24.7 | 43.7 | 67.1 | 57.2 | 77.1 |
| 65 and older | 75.4 | 63.6 | 87.2 | 22.5 | 10.4 | 34.5 | 84.8 | 72.9 | 96.7 |
| Marital Status Never married | 75.1 | 66.8 | 83.4 | 82.8 | 76.1 | 89.5 | 70.7 | 61.5 | 79.8 |
| Married/ living together as a couple | 75.5 | 69.2 | 81.8 | 51.6 | 43.9 | 59.2 | 76.8 | 70.4 | 83.1 |
| Divorced/ widowed/separated | 65.8 | 54.4 | 77.3 | 30.4 | 19.1 | 41.6 | 69.6 | 57.1 | 82.1 |
| Education 0-11 years | 56.4 | 32.0 | 80.8 | 24.6 | 5.2 | 44.1 |  |  |  |
| HS Grad/GED | 59.7 | 48.3 | 71.0 | 47.8 | 36.2 | 59.4 | 61.9 | 50.0 | 73.8 |
| 1 or more years of college | 79.5 | 74.6 | 84.3 | 68.2 | 62.2 | 74.2 | 77.9 | 72.7 | 83.1 |
| Employment Employed for wages | 76.8 | 71.0 | 82.6 | 63.0 | 56.2 | 69.8 | 74.1 | 67.9 | 80.3 |
| Household Income \$24,999 or less | 63.3 | 52.4 | 74.2 | 64.5 | 53.8 | 75.2 | 63.8 | 52.2 | 75.4 |
| \$25,000-49,999 | 73.2 | 63.6 | 82.8 | 56.5 | 46.2 | 66.8 | 71.1 | 61.1 | 81.2 |
| \$50,000 or more | 87.4 | 81.0 | 93.7 | 64.6 | 55.3 | 73.8 | 87.4 | 80.9 | 93.8 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\|\mid 12-9,12-10$ | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 19.6 | 15.2 | 23.9 | 65.9 | 53.6 | 78.2 | 16.0 | 11.9 | 20.1 |
| Sex Men | 18.8 | 12.0 | 25.6 | 55.1 | 34.9 | 75.3 | 11.8 | 7.0 | 16.7 |
| Women | 20.3 | 14.8 | 25.8 | 75.7 | 62.8 | 88.5 | 20.0 | 13.7 | 26.3 |
| Race/ethnicity NH White | 18.1 | 13.8 | 22.4 | 69.8 | 57.7 | 81.9 | 15.6 | 11.4 | 19.8 |
| NH Black | 38.2 | 19.2 | 57.2 |  |  |  | 20.0 | 7.1 | 32.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.1 | 10.9 | 23.4 | 66.1 | 47.0 | 85.3 | 14.1 | 8.2 | 20.0 |
| NH White women | 19.1 | 13.0 | 25.1 | 73.1 | 57.1 | 89.1 | 17.1 | 11.0 | 23.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 35.7 | 13.9 | 57.4 |  |  |  | 34.1 | 13.5 | 54.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 8.2 | 4.8 | 11.6 |  |  |  | 12.5 | 8.2 | 16.8 |
| 45-64 | 38.3 | 27.5 | 49.1 | 67.4 | 46.6 | 88.1 | 25.0 | 14.4 | 35.6 |
| 65 and older | 41.3 | 27.6 | 55.0 | 87.0 | 75.0 | 98.9 | 15.9 | 6.8 | 25.0 |
| Marital Status Never married | 6.6 | 2.9 | 10.3 |  |  |  | 10.0 | 4.9 | 15.0 |
| Married/ living together as a couple | 25.0 | 17.8 | 32.1 | 68.4 | 50.5 | 86.2 | 17.5 | 11.8 | 23.3 |
| Divorced/ widowed/separated | 38.0 | 26.3 | 49.7 | 70.5 | 51.5 | 89.5 | 18.5 | 9.9 | 27.1 |
| Education 0-11 years | 54.3 | 30.4 | 78.2 |  |  |  | 14.0 | 0.0 | 30.3 |
| HS Grad/GED | 30.3 | 19.8 | 40.8 | 77.5 | 58.7 | 96.2 | 17.3 | 9.3 | 25.2 |
| 1 or more years of college | 13.5 | 9.5 | 17.5 | 63.4 | 48.6 | 78.2 | 14.6 | 10.3 | 18.8 |
| Employment Employed for wages | 16.5 | 10.9 | 22.1 | 55.3 | 35.2 | 75.4 | 16.4 | 11.3 | 21.4 |
| Household Income \$24,999 or less | 17.0 | 9.8 | 24.2 | 65.3 | 44.5 | 86.2 | 6.8 | 2.9 | 10.6 |
| \$25,000-49,999 | 17.4 | 9.5 | 25.3 |  |  |  | 20.7 | 12.1 | 29.4 |
| \$50,000 or more | 16.3 | 9.4 | 23.2 |  |  |  | 18.8 | 11.3 | 26.3 |

## Chronic Health Conditions: High Cholesterol

| $\left\lvert\, \begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & 12-15 \end{aligned}\right.$ | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 72.9 | 66.4 | 79.4 | 90.9 | 87.6 | 94.1 | 28.9 | 23.6 | 34.1 |
| Sex Men | 66.1 | 55.2 | 77.0 | 88.8 | 83.1 | 94.5 | 26.1 | 18.3 | 34.0 |
| Women | 79.9 | 74.2 | 85.6 | 92.6 | 89.1 | 96.1 | 31.2 | 24.1 | 38.2 |
| Race/ethnicity NH White | 78.2 | 73.1 | 83.3 | 88.9 | 84.8 | 92.9 | 30.6 | 24.6 | 36.7 |
| NH Black | 67.9 | 49.2 | 86.7 | 100.0 | 100.0 | 100.0 | 24.4 | 8.2 | 40.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 73.8 | 65.9 | 81.7 | 86.0 | 79.0 | 93.0 | 28.0 | 18.9 | 37.0 |
| NH White women | 82.7 | 76.2 | 89.2 | 91.5 | 87.0 | 95.9 | 33.1 | 24.9 | 41.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 76.5 | 58.8 | 94.1 |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 63.9 | 55.1 | 72.7 | 87.2 | 81.8 | 92.5 | 20.7 | 14.4 | 27.0 |
| 45-64 | 85.1 | 75.5 | 94.7 | 94.9 | 91.4 | 98.4 | 34.3 | 23.9 | 44.7 |
| 65 and older | 94.8 | 88.8 | 100.0 | 96.2 | 91.9 | 100.0 | 46.5 | 32.0 | 61.1 |
| Marital Status Never married | 55.6 | 43.5 | 67.8 | 86.3 | 78.4 | 94.2 | 16.8 | 8.9 | 24.7 |
| Married/ living together as a couple | 83.0 | 76.5 | 89.4 | 93.6 | 89.9 | 97.3 | 29.4 | 21.8 | 37.0 |
| Divorced/ widowed/separated | 85.6 | 77.0 | 94.2 | 88.8 | 82.1 | 95.5 | 51.3 | 38.5 | 64.0 |
| Education 0-11 years | 70.5 | 43.5 | 97.5 |  |  |  |  |  |  |
| HS Grad/GED | 73.9 | 63.3 | 84.5 | 96.9 | 92.7 | 100.0 | 28.4 | 16.5 | 40.3 |
| 1 or more years of college | 72.9 | 64.8 | 80.9 | 89.5 | 85.6 | 93.4 | 27.6 | 21.5 | 33.8 |
| Employment Employed for wages | 74.4 | 67.7 | 81.1 | 90.9 | 86.9 | 94.9 | 29.2 | 22.1 | 36.2 |
| Household Income \$24,999 or less | 54.0 | 40.1 | 67.9 | 86.3 | 77.8 | 94.9 | 26.5 | 16.9 | 36.1 |
| \$25,000-49,999 | 77.3 | 68.0 | 86.6 | 94.8 | 91.1 | 98.5 | 26.1 | 15.4 | 36.7 |
| \$50,000 or more | 88.7 | 82.6 | 94.8 | 92.5 | 87.4 | 97.7 | 27.4 | 18.1 | 36.7 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 13.8 | 10.0 | 17.6 | 49.6 | 34.2 | 64.9 | 5.1 | 3.0 | 7.2 |
| Sex Men | 11.3 | 5.4 | 17.1 |  |  |  | 3.5 | 1.1 | 6.0 |
| Women | 16.3 | 11.5 | 21.2 | 63.6 | 46.4 | 80.8 | 6.7 | 3.3 | 10.1 |
| Race/ethnicity NH White | 12.3 | 8.7 | 16.0 | 55.0 | 38.0 | 72.0 | 3.9 | 1.9 | 5.9 |
| NH Black | 24.9 | 6.3 | 43.5 |  |  |  | 15.9 | 3.8 | 28.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 8.3 | 3.6 | 13.0 |  |  |  | 4.2 | 1.0 | 7.5 |
| NH White women | 16.4 | 10.7 | 22.0 | 64.2 | 44.7 | 83.7 | 3.6 | 1.2 | 6.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 18.9 | 0.6 | 37.1 |  |  |  | 30.6 | 10.1 | 51.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 15.1 | 10.5 | 19.8 | 54.2 | 37.3 | 71.1 | 2.2 | 0.4 | 4.1 |
| 45-64 | 13.3 | 3.9 | 22.6 |  |  |  | 10.5 | 4.5 | 16.5 |
| 65 and older | 8.6 | 2.6 | 14.6 |  |  |  | 7.8 | 1.2 | 14.3 |
| Marital Status Never married | 14.1 | 8.2 | 20.1 |  |  |  | 2.8 | 0.3 | 5.2 |
| Married/ living together as a couple | 12.7 | 6.9 | 18.4 | 51.3 | 24.2 | 78.3 | 5.5 | 2.0 | 8.9 |
| Divorced/ widowed/separated | 15.7 | 6.4 | 25.0 |  |  |  | 10.3 | 3.5 | 17.0 |
| Education 0-11 years | 27.2 | 0.2 | 54.1 |  |  |  | 21.1 | 3.2 | 39.0 |
| HS Grad/GED | 14.4 | 6.4 | 22.4 |  |  |  | 6.3 | 1.0 | 11.5 |
| 1 or more years of college | 12.4 | 8.6 | 16.2 | 56.2 | 39.5 | 72.8 | 3.3 | 1.4 | 5.2 |
| Employment Employed for wages | 14.0 | 8.6 | 19.5 | 42.3 | 19.9 | 64.6 | 4.0 | 1.7 | 6.3 |
| Household Income \$24,999 or less | 15.2 | 8.6 | 21.8 |  |  |  | 6.5 | 2.4 | 10.5 |
| \$25,000-49,999 | 6.8 | 2.4 | 11.2 |  |  |  | 1.8 | 0.0 | 3.7 |
| \$50,000 or more | 12.9 | 6.4 | 19.4 |  |  |  | 4.1 | 0.4 | 7.8 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Baker County 

# A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey 

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Baker County, 503 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Baker County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 22,259 | 15,982,378 | 24.0 | 16.8 | 31.2 | 58.8 | 52.1 | 65.5 |
| Sex Men | 52.5\% | 48.8\% | 20.6 | 14.5 | 26.7 | 48.9 | 39.0 | 58.8 |
| Women | 47.5\% | 51.2\% | 27.1 | 15.0 | 39.1 | 71.1 | 62.9 | 79.2 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 82.6\% | 65.4\% | 19.9 | 15.9 | 23.9 | 60.7 | 53.6 | 67.8 |
| NH Black | 13.9\% | 14.2\% | 44.9 | 2.2 | 87.5 |  |  |  |
| Hispanic | 1.9\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 42.1\% | 31.9\% | 20.4 | 13.9 | 26.9 | 50.3 | 39.6 | 61.1 |
| NH White women | 40.5\% | 33.6\% | 19.4 | 14.6 | 24.2 | 74.1 | 66.3 | 81.9 |
| NH Black men | 8.2\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 5.7\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.4\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.5\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 40.6\% | 36.9\% | 10.8 | 6.6 | 15.0 | 53.9 | 45.5 | 62.2 |
| 45-64 | 22.7\% | 22.7\% | 39.6 | 23.9 | 55.3 | 69.6 | 58.1 | 81.1 |
| 65 and older | 9.2\% | 17.6\% | 34.4 | 23.1 | 45.8 |  |  |  |
| Marital Status Never married | 17.6\% | 22.5\% | 9.8 | 0.7 | 18.9 | 53.0 | 32.6 | 73.4 |
| Married/ living together as a couple | 58.1\% | 53.7\% | 17.6 | 12.8 | 22.5 | 63.1 | 55.0 | 71.2 |
| Divorced/ widowed/separated | 24.3\% | 23.8\% | 45.8 | 27.4 | 64.3 | 47.3 | 33.0 | 61.5 |
| Education 0-11 years | 28.1\% | 20.1\% | 35.9 | 25.3 | 46.5 | 42.8 | 25.3 | 60.4 |
| HS Grad/GED | 41.4\% | 28.7\% | 19.1 | 13.7 | 24.6 | 57.3 | 46.8 | 67.7 |
| 1 or more years of college | 30.5\% | 51.1\% | 22.3 | 4.8 | 39.7 | 67.1 | 57.7 | 76.5 |
| Employment Employed for wages | 55.4\% | 54.9\% | 9.6 | 5.9 | 13.3 | 58.8 | 52.1 | 65.5 |
| Household Income \$24,999 or less | 30.7\% | 30.8\% | 38.0 | 29.5 | 46.5 | 48.3 | 33.8 | 62.7 |
| \$25,000-49,999 | 33.1\% | 31.6\% | 11.6 | 6.1 | 17.1 | 54.1 | 42.6 | 65.6 |
| \$50,000 or more | 36.2\% | 37.6\% | 6.2 | 1.7 | 10.6 | 72.5 | 61.8 | 83.1 |

[^2]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 34.5 | 27.7 | 41.3 | 60.9 | 55.2 | 66.6 | 81.9 | 77.8 | 85.9 |
| Sex Men | 28.0 | 21.1 | 35.0 | 51.1 | 43.1 | 59.1 | 77.2 | 70.6 | 83.7 |
| Women | 40.3 | 29.7 | 50.9 | 69.6 | 62.4 | 76.8 | 86.1 | 81.3 | 90.8 |
| Race/ethnicity NH White | 31.0 | 26.2 | 35.8 | 58.8 | 53.5 | 64.1 | 81.5 | 77.3 | 85.7 |
| NH Black | 54.8 | 18.5 | 91.1 | 85.3 | 68.6 | 100.0 | 92.1 | 82.4 | 100.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 25.6 | 18.3 | 33.0 | 50.2 | 41.6 | 58.9 | 78.5 | 71.6 | 85.5 |
| NH White women | 36.5 | 30.3 | 42.6 | 67.4 | 61.4 | 73.4 | 84.5 | 79.8 | 89.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 26.1 | 20.1 | 32.1 | 55.4 | 48.3 | 62.4 | 74.8 | 68.5 | 81.0 |
| 45-64 | 43.5 | 28.5 | 58.5 | 69.1 | 58.6 | 79.6 | 88.5 | 83.2 | 93.9 |
| 65 and older | 42.3 | 30.3 | 54.2 | 60.2 | 48.1 | 72.3 | 91.8 | 85.1 | 98.6 |
| Marital Status Never married | 25.3 | 11.7 | 38.8 | 51.3 | 36.1 | 66.6 | 63.0 | 48.2 | 77.9 |
| Married/ living together as a couple | 31.5 | 25.7 | 37.3 | 58.8 | 52.3 | 65.2 | 83.1 | 78.3 | 87.9 |
| Divorced/ widowed/separated | 45.8 | 27.3 | 64.2 | 70.5 | 58.5 | 82.5 | 88.0 | 81.6 | 94.4 |
| Education 0-11 years | 47.5 | 36.6 | 58.5 | 64.0 | 53.3 | 74.6 | 81.0 | 72.0 | 90.0 |
| HS Grad/GED | 30.4 | 23.6 | 37.2 | 62.5 | 55.0 | 70.0 | 83.1 | 77.5 | 88.6 |
| 1 or more years of college | 31.4 | 15.4 | 47.4 | 57.3 | 45.2 | 69.3 | 80.9 | 73.3 | 88.6 |
| Employment Employed for wages | 23.9 | 18.3 | 29.5 | 55.4 | 48.8 | 62.1 | 77.8 | 72.3 | 83.2 |
| Household Income \$24,999 or less | 41.8 | 33.2 | 50.4 | 64.6 | 55.9 | 73.4 | 84.2 | 77.3 | 91.0 |
| \$25,000-49,999 | 30.5 | 21.8 | 39.1 | 59.2 | 50.0 | 68.3 | 76.3 | 68.5 | 84.2 |
| \$50,000 or more | 16.7 | 9.2 | 24.2 | 47.0 | 36.2 | 57.9 | 80.4 | 72.4 | 88.4 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 30.8 | 25.7 | 36.0 | 25.5 | 20.8 | 30.2 | 82.0 | 78.0 | 86.0 |
| Sex Men | 37.8 | 30.1 | 45.4 | 25.7 | 18.8 | 32.6 | 82.7 | 76.8 | 88.5 |
| Women | 24.6 | 18.2 | 31.0 | 25.4 | 18.9 | 31.8 | 81.3 | 75.8 | 86.9 |
| Race/ethnicity $\quad$ NH White | 32.0 | 27.0 | 37.0 | 25.7 | 21.0 | 30.3 | 81.6 | 77.6 | 85.6 |
| NH Black | 18.5 | 0.0 | 37.7 | 28.7 | 3.2 | 54.2 | 93.3 | 80.9 | 100.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 37.7 | 29.5 | 46.0 | 25.3 | 17.8 | 32.8 | 82.6 | 76.3 | 88.9 |
| NH White women | 26.3 | 20.6 | 31.9 | 26.1 | 20.5 | 31.7 | 80.5 | 75.6 | 85.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 29.9 | 23.3 | 36.6 | 20.9 | 15.4 | 26.5 | 79.1 | 73.2 | 85.0 |
| 45-64 | 30.3 | 20.1 | 40.4 | 36.7 | 25.1 | 48.2 | 86.5 | 80.4 | 92.5 |
| 65 and older | 36.6 | 24.7 | 48.4 | 14.8 | 6.6 | 22.9 | 81.0 | 72.2 | 89.7 |
| Marital Status Never married | 35.3 | 20.4 | 50.3 | 20.6 | 8.1 | 33.2 | 91.9 | 85.0 | 98.9 |
| Married/ living together as a couple | 31.7 | 25.7 | 37.7 | 27.1 | 21.4 | 32.8 | 81.8 | 77.0 | 86.7 |
| Divorced/ widowed/separated | 26.7 | 15.4 | 38.1 | 24.2 | 13.9 | 34.5 | 77.4 | 67.0 | 87.8 |
| Education 0-11 years | 27.1 | 17.1 | 37.0 | 24.5 | 15.3 | 33.6 | 89.1 | 83.6 | 94.7 |
| HS Grad/GED | 33.7 | 26.2 | 41.2 | 28.6 | 21.7 | 35.4 | 80.1 | 73.7 | 86.5 |
| 1 or more years of college | 29.9 | 20.4 | 39.4 | 22.9 | 14.5 | 31.3 | 79.9 | 72.4 | 87.5 |
| Employment Employed for wages | 32.1 | 25.8 | 38.5 | 24.5 | 19.0 | 30.1 | 79.4 | 73.9 | 85.0 |
| Household Income \$24,999 or less | 34.9 | 26.2 | 43.5 | 23.8 | 16.5 | 31.1 | 81.8 | 74.8 | 88.7 |
| \$25,000 - 49,999 | 28.6 | 20.0 | 37.2 | 32.4 | 23.7 | 41.1 | 76.0 | 68.2 | 83.9 |
| \$50,000 or more | 39.3 | 28.7 | 49.9 | 22.6 | 12.8 | 32.3 | 81.9 | 74.0 | 89.8 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 29.2 | 24.2 | 34.2 | 51.9 | 42.7 | 61.1 | 12.2 | 8.7 | 15.6 |
| Sex Men | 35.8 | 28.3 | 43.4 | 47.2 | 34.1 | 60.4 | 21.5 | 15.2 | 27.8 |
| Women | 23.2 | 17.1 | 29.3 | 58.5 | 46.2 | 70.7 | 3.5 | 1.3 | 5.6 |
| Race/ethnicity NH White | 31.3 | 26.3 | 36.3 | 49.3 | 39.6 | 59.1 | 12.9 | 9.1 | 16.7 |
| NH Black | 3.0 | 0.0 | 7.2 |  |  |  | 7.1 | 0.0 | 16.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 35.5 | 27.4 | 43.6 | 43.3 | 29.2 | 57.5 | 21.8 | 14.9 | 28.6 |
| NH White women | 27.1 | 21.3 | 32.8 | 57.3 | 44.6 | 70.0 | 3.7 | 1.2 | 6.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 34.7 | 28.0 | 41.4 | 56.2 | 44.0 | 68.3 | 16.4 | 11.2 | 21.7 |
| 45-64 | 24.5 | 15.6 | 33.3 | 49.0 | 32.7 | 65.3 | 9.9 | 4.1 | 15.6 |
| 65 and older | 20.9 | 10.0 | 31.7 |  |  |  | 1.8 | 0.0 | 4.3 |
| Marital Status Never married | 31.8 | 17.1 | 46.5 |  |  |  | 24.6 | 11.6 | 37.6 |
| Married/ living together as a couple | 30.3 | 24.4 | 36.1 | 47.5 | 35.8 | 59.2 | 11.3 | 6.9 | 15.6 |
| Divorced/ widowed/separated | 25.5 | 14.9 | 36.2 | 64.2 | 47.9 | 80.5 | 8.4 | 3.4 | 13.5 |
| Education 0-11 years | 42.9 | 32.0 | 53.8 | 63.8 | 46.9 | 80.6 | 13.2 | 5.6 | 20.7 |
| HS Grad/GED | 29.1 | 22.1 | 36.1 | 49.0 | 34.5 | 63.5 | 9.5 | 4.8 | 14.2 |
| 1 or more years of college | 21.7 | 13.8 | 29.5 | 43.0 | 26.0 | 60.0 | 14.5 | 8.0 | 21.1 |
| Employment Employed for wages | 34.1 | 27.7 | 40.4 | 48.5 | 36.8 | 60.2 | 16.3 | 11.2 | 21.3 |
| Household Income \$24,999 or less | 33.5 | 25.3 | 41.7 | 61.9 | 47.1 | 76.7 | 10.4 | 5.0 | 15.8 |
| \$25,000 - 49,999 | 34.0 | 25.1 | 43.0 | 47.2 | 30.2 | 64.1 | 18.1 | 10.5 | 25.6 |
| \$50,000 or more | 27.3 | 17.5 | 37.2 |  |  |  | 14.9 | 6.8 | 22.9 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 20.5 | 13.1 | 28.0 | 18.7 | 14.3 | 23.1 | 8.2 | 5.6 | 10.8 |
| Sex Men | 20.5 | 13.7 | 27.2 | 26.6 | 19.2 | 34.0 | 9.5 | 5.2 | 13.9 |
| Women | 20.6 | 7.8 | 33.4 | 11.8 | 7.5 | 16.0 | 7.0 | 4.0 | 10.0 |
| Race/ethnicity NH White | 18.1 | 13.8 | 22.5 | 18.9 | 14.4 | 23.4 | 9.4 | 6.3 | 12.4 |
| NH Black | 42.7 | 0.0 | 88.0 | 16.3 | 0.0 | 33.9 | 2.5 | 0.0 | 6.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 21.4 | 13.9 | 28.9 | 24.9 | 17.0 | 32.7 | 10.4 | 5.5 | 15.4 |
| NH White women | 14.9 | 10.6 | 19.2 | 13.1 | 8.9 | 17.3 | 8.3 | 4.8 | 11.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 19.9 | 14.3 | 25.5 | 24.2 | 18.0 | 30.5 | 8.1 | 4.5 | 11.7 |
| 45-64 | 28.0 | 10.1 | 46.0 | 11.7 | 4.7 | 18.7 | 9.7 | 4.6 | 14.7 |
| 65 and older | 3.5 | 0.0 | 7.7 | 15.9 | 6.5 | 25.2 | 2.6 | 0.0 | 6.5 |
| Marital Status Never married | 22.7 | 9.9 | 35.5 | 34.9 | 19.6 | 50.3 | 7.7 | 0.6 | 14.8 |
| Married/ living together as a couple | 16.1 | 11.0 | 21.2 | 18.0 | 12.8 | 23.3 | 8.7 | 5.2 | 12.2 |
| Divorced/ widowed/separated | 30.1 | 7.4 | 52.7 | 12.9 | 5.7 | 20.1 | 7.3 | 2.6 | 12.0 |
| Education 0-11 years | 28.5 | 18.1 | 38.9 | 24.1 | 14.2 | 34.0 | 12.2 | 5.3 | 19.1 |
| HS Grad/GED | 16.9 | 11.4 | 22.4 | 21.7 | 15.0 | 28.4 | 7.8 | 3.8 | 11.7 |
| 1 or more years of college | 19.9 | 1.8 | 38.0 | 12.4 | 6.0 | 18.8 | 6.4 | 2.7 | 10.1 |
| Employment Employed for wages | 15.0 | 10.3 | 19.8 | 20.2 | 14.6 | 25.8 | 8.0 | 4.7 | 11.4 |
| Household Income \$24,999 or less | 24.5 | 16.7 | 32.2 | 25.4 | 17.4 | 33.5 | 15.5 | 9.0 | 21.9 |
| \$25,000-49,999 | 16.5 | 9.8 | 23.2 | 20.0 | 12.2 | 27.8 | 5.0 | 1.4 | 8.5 |
| \$50,000 or more | 5.7 | 0.0 | 13.3 | 12.0 | 3.0 | 21.0 | 4.0 | 0.8 | 7.2 |



| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 79.4 | 74.9 | 83.9 | 91.8 | 88.6 | 95.0 | 34.3 | 26.0 | 42.5 |
| Sex Men | 78.5 | 71.7 | 85.3 | 90.4 | 84.9 | 95.9 | 28.9 | 21.2 | 36.6 |
| Women | 80.2 | 74.2 | 86.1 | 93.1 | 89.6 | 96.5 | 39.0 | 25.8 | 52.2 |
| Race/ethnicity $\quad$ NH White | 79.0 | 74.5 | 83.5 | 92.2 | 88.9 | 95.5 | 30.8 | 25.5 | 36.1 |
| NH Black | 76.7 | 53.1 | 100.0 |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 76.8 | 69.3 | 84.3 | 91.6 | 85.9 | 97.3 | 30.6 | 22.1 | 39.1 |
| NH White women | 81.3 | 76.3 | 86.3 | 92.7 | 89.1 | 96.3 | 31.0 | 24.5 | 37.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 64.5 | 57.5 | 71.6 | 89.6 | 84.7 | 94.5 | 13.0 | 7.7 | 18.4 |
| 45-64 | 94.7 | 91.5 | 97.9 | 91.5 | 85.7 | 97.2 | 50.1 | 35.3 | 64.8 |
| 65 and older | 95.6 | 91.0 | 100.0 | 98.2 | 95.5 | 100.0 | 46.9 | 34.4 | 59.4 |
| Marital Status Never married | 38.5 | 24.0 | 53.0 |  |  |  |  |  |  |
| Married/ living together as a couple | 84.9 | 80.3 | 89.4 | 91.1 | 87.0 | 95.2 | 29.4 | 23.3 | 35.5 |
| Divorced/ widowed/separated | 84.9 | 76.6 | 93.2 | 94.2 | 89.3 | 99.1 | 48.8 | 28.0 | 69.7 |
| Education 0-11 years | 73.9 | 64.0 | 83.8 | 94.7 | 88.9 | 100.0 | 31.3 | 19.7 | 42.9 |
| HS Grad/GED | 75.3 | 68.0 | 82.5 | 91.6 | 86.6 | 96.7 | 31.2 | 23.4 | 39.0 |
| 1 or more years of college | 86.9 | 80.9 | 92.9 | 90.7 | 85.2 | 96.2 | 38.5 | 21.7 | 55.4 |
| Employment Employed for wages | 77.8 | 72.0 | 83.6 | 89.6 | 84.8 | 94.4 | 20.5 | 14.8 | 26.2 |
| Household Income \$24,999 or less | 74.1 | 65.6 | 82.6 | 94.9 | 90.7 | 99.1 | 32.5 | 23.4 | 41.6 |
| \$25,000-49,999 | 80.6 | 72.7 | 88.4 | 91.3 | 85.4 | 97.1 | 34.4 | 24.8 | 44.1 |
| \$50,000 or more | 87.9 | 80.8 | 95.0 | 85.9 | 77.4 | 94.5 | 24.8 | 15.7 | 34.0 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 13.6 | 10.2 | 17.0 | 73.7 | 62.0 | 85.5 | 15.4 | 8.0 | 22.9 |
| Sex Men | 12.9 | 7.8 | 18.0 |  |  |  | 10.7 | 6.1 | 15.3 |
| Women | 14.2 | 9.7 | 18.8 | 81.2 | 67.8 | 94.6 | 19.6 | 6.7 | 32.5 |
| Race/ethnicity NH White | 14.2 | 10.7 | 17.7 | 76.6 | 65.3 | 88.0 | 12.0 | 8.7 | 15.3 |
| NH Black | 5.4 | 0.0 | 14.5 |  |  |  | 45.9 | 3.8 | 87.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 13.2 | 7.7 | 18.8 |  |  |  | 11.2 | 6.1 | 16.3 |
| NH White women | 15.2 | 10.9 | 19.4 | 85.4 | 74.9 | 95.8 | 12.8 | 8.6 | 17.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 11.6 | 7.3 | 16.0 | 62.7 | 41.6 | 83.8 | 4.2 | 1.6 | 6.8 |
| 45-64 | 18.2 | 10.9 | 25.6 | 81.7 | 68.7 | 94.8 | 30.5 | 13.1 | 47.9 |
| 65 and older | 9.5 | 3.1 | 16.0 |  |  |  | 20.1 | 10.1 | 30.1 |
| Marital Status Never married | 17.9 | 6.7 | 29.1 |  |  |  |  |  |  |
| Married/ living together as a couple | 12.9 | 8.9 | 16.9 | 79.5 | 65.1 | 94.0 |  |  |  |
| Divorced/ widowed/separated | 13.2 | 6.0 | 20.5 |  |  |  |  |  |  |
| Education 0-11 years | 18.4 | 9.7 | 27.2 |  |  |  | 10.1 | 3.8 | 16.3 |
| HS Grad/GED | 12.3 | 7.5 | 17.0 |  |  |  | 14.7 | 9.4 | 19.9 |
| 1 or more years of college | 12.4 | 7.1 | 17.7 | 65.5 | 44.5 | 86.4 | 19.3 | 1.2 | 37.5 |
| Employment Employed for wages | 10.9 | 7.0 | 14.9 | 64.1 | 44.6 | 83.7 | 6.6 | 3.4 | 9.7 |
| Household Income \$24,999 or less | 15.0 | 9.1 | 21.0 |  |  |  | 14.4 | 8.5 | 20.2 |
| \$25,000 - 49,999 | 11.9 | 5.8 | 18.1 |  |  |  | 12.8 | 6.5 | 19.1 |
| \$50,000 or more | 13.3 | 6.8 | 19.8 |  |  |  | 5.7 | 1.1 | 10.4 |




| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Preventive | For respondents 64 years and younger .... |  |  |  |  |  |  |  |  |
|  | Ever been tested for HIV |  |  | If yes, the test was done in the past 2 years |  |  | In past 12 months, health professional |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 49.8 | 42.7 | 56.9 | 86.6 | 82.5 | 90.7 | 14.9 | 10.7 | 19.1 |
| Sex Men | 46.1 | 37.5 | 54.8 | 86.6 | 80.2 | 93.0 | 14.2 | 8.2 | 20.2 |
| Women | 53.2 | 42.5 | 63.8 | 86.6 | 81.3 | 91.9 | 15.6 | 9.6 | 21.6 |
| Race/ethnicity NH White | 44.4 | 38.5 | 50.3 | 85.4 | 81.0 | 89.8 | 12.9 | 9.0 | 16.8 |
| NH Black | 80.4 | 61.0 | 99.9 |  |  |  | 23.5 | 0.0 | 47.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 44.1 | 34.8 | 53.5 | 87.5 | 80.9 | 94.2 | 13.8 | 7.4 | 20.2 |
| NH White women | 44.7 | 37.6 | 51.9 | 83.2 | 77.4 | 88.9 | 12.0 | 7.6 | 16.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br> gr  <br>  $45-64$ <br> 65 and older  | 56.2 | 49.1 | 63.3 | 81.7 | 76.1 | 87.2 | 22.3 | 16.3 | 28.4 |
|  | 40.5 | 24.3 | 56.7 | 94.0 | 89.0 | 99.0 | 3.9 | 0.3 | 7.5 |
|  |  |  |  |  |  |  |  |  |  |
| Marital Status $\quad$ Never married | 57.3 | 41.6 | 72.9 | 84.2 | 72.7 | 95.8 | 38.8 | 23.5 | 54.1 |
| Married/ living together as a couple | 41.2 | 34.3 | 48.1 | 85.9 | 80.8 | 91.0 | 7.5 | 3.5 | 11.4 |
| Divorced/ widowed/A80separated | 68.6 | 53.0 | 84.2 | 89.9 | 82.2 | 97.7 | 20.2 | 8.6 | 31.7 |
| Education 0-11 years | 41.6 | 29.2 | 54.1 | 95.3 | 90.4 | 100.0 | 23.9 | 12.8 | 35.1 |
| 1 $\mathrm{HS} \mathrm{Grad/GED}$ | 41.0 | 32.7 | 49.3 | 87.2 | 81.7 | 92.8 | 15.9 | 9.4 | 22.4 |
|  | 64.0 | 52.0 | 76.0 | 81.2 | 71.8 | 90.5 | 9.1 | 4.0 | 14.2 |
| Employment Employed for wages | 48.7 | 41.8 | 55.6 | 83.0 | 77.7 | 88.3 | 15.3 | 10.3 | 20.4 |
| Household Income | 55.5 | 45.2 | 65.7 | 85.7 | 77.7 | 93.8 | 23.5 | 14.3 | 32.7 |
|  | 45.0 | 35.3 | 54.7 | 80.5 | 72.4 | 88.5 | 14.5 | 7.7 | 21.4 |
|  | 43.9 | 32.4 | 55.4 | 84.4 | 75.8 | 93.1 | 5.4 | 0.7 | 10.1 |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week)
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Bay County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Bay County, 533 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Bay County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | Cl |  |
| All | 148,217 | 15,982,378 | 17.7 | 13.4 | 22.0 | 59.1 | 51.4 | 66.7 |
| Sex Men | 49.5\% | 48.8\% | 15.1 | 9.7 | 20.5 | 54.8 | 44.4 | 65.2 |
| Women | 50.5\% | 51.2\% | 19.9 | 13.4 | 26.5 | 62.9 | 51.9 | 74.0 |
| Race/ethnicity NH White | 82.8\% | 65.4\% | 15.3 | 11.7 | 18.9 | 58.1 | 50.8 | 65.4 |
| NH Black | 10.5\% | 14.2\% | 25.8 | 5.3 | 46.3 |  |  |  |
| Hispanic | 2.4\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 41.2\% | 31.9\% | 13.8 | 8.4 | 19.1 | 55.6 | 44.3 | 67.0 |
| NH White women | 41.6\% | 33.6\% | 16.7 | 11.9 | 21.6 | 60.8 | 51.6 | 69.9 |
| NH Black men | 5.1\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 5.4\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.3\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 1.2\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 38.8\% | 36.9\% | 12.8 | 6.3 | 19.4 | 56.7 | 46.8 | 66.7 |
| 45-64 | 23.7\% | 22.7\% | 20.1 | 13.4 | 26.9 | 65.1 | 54.2 | 76.0 |
| 65 and older | 13.4\% | 17.6\% | 27.9 | 17.3 | 38.4 |  |  |  |
| Marital Status Never married | 20.0\% | 22.5\% | 10.6 | 1.0 | 20.2 | 58.9 | 31.2 | 86.7 |
| Married/ living together as a couple | 56.1\% | 53.7\% | 16.5 | 10.7 | 22.3 | 59.9 | 51.0 | 68.8 |
| Divorced/ widowed/separated | 23.9\% | 23.8\% | 25.1 | 16.6 | 33.5 | 55.9 | 43.0 | 68.8 |
| Education 0-11 years | 19.0\% | 20.1\% | 55.1 | 35.4 | 74.8 |  |  |  |
| HS Grad/GED | 30.6\% | 28.7\% | 18.1 | 11.0 | 25.1 | 52.4 | 35.7 | 69.2 |
| 1 or more years of college | 50.4\% | 51.1\% | 10.4 | 6.7 | 14.1 | 64.7 | 56.6 | 72.8 |
| Employment Employed for wages | 55.6\% | 54.9\% | 11.6 | 5.9 | 17.3 | 59.1 | 51.4 | 66.7 |
| Household Income \$24,999 or less | 33.5\% | 30.8\% | 28.1 | 16.3 | 39.9 | 62.3 | 43.1 | 81.4 |
| \$25,000 - 49,999 | 33.5\% | 31.6\% | 13.4 | 8.1 | 18.8 | 54.9 | 43.5 | 66.3 |
| \$50,000 or more | 33.1\% | 37.6\% | 5.9 | 1.4 | 10.4 | 60.3 | 48.4 | 72.2 |

[^3]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 28.1 | 22.6 | 33.6 | 56.6 | 51.0 | 62.2 | 75.5 | 70.8 | 80.1 |
| Sex Men | 28.7 | 21.2 | 36.2 | 48.8 | 40.6 | 57.0 | 69.5 | 62.0 | 76.9 |
| Women | 27.6 | 19.6 | 35.6 | 63.2 | 55.9 | 70.4 | 80.5 | 75.0 | 86.0 |
| Race/ethnicity NH White | 27.6 | 21.9 | 33.2 | 53.4 | 47.7 | 59.1 | 74.1 | 69.1 | 79.1 |
| NH Black | 45.2 | 18.5 | 71.8 | 72.3 | 52.9 | 91.7 | 80.4 | 63.4 | 97.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 27.2 | 19.2 | 35.2 | 48.7 | 39.9 | 57.5 | 70.1 | 62.1 | 78.2 |
| NH White women | 27.9 | 19.9 | 35.9 | 57.9 | 50.6 | 65.2 | 77.9 | 72.0 | 83.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 28.1 | 20.2 | 36.1 | 53.8 | 45.2 | 62.4 | 68.6 | 61.1 | 76.1 |
| 45-64 | 22.3 | 15.3 | 29.2 | 57.3 | 48.6 | 66.1 | 79.9 | 72.7 | 87.0 |
| 65 and older | 37.7 | 22.5 | 52.9 | 63.6 | 51.7 | 75.6 | 88.9 | 82.4 | 95.5 |
| Marital Status Never married | 40.9 | 19.3 | 62.6 | 60.3 | 40.5 | 80.1 | 72.2 | 56.0 | 88.5 |
| Married/ living together as a couple | 24.4 | 18.7 | 30.2 | 55.5 | 48.7 | 62.4 | 74.1 | 68.1 | 80.1 |
| Divorced/ widowed/separated | 30.0 | 18.1 | 41.8 | 56.6 | 46.5 | 66.7 | 80.6 | 73.4 | 87.9 |
| Education 0-11 years | 41.0 | 22.3 | 59.6 | 66.1 | 48.8 | 83.3 | 91.6 | 83.6 | 99.5 |
| HS Grad/GED | 38.6 | 27.4 | 49.7 | 58.5 | 47.9 | 69.1 | 78.9 | 71.1 | 86.8 |
| 1 or more years of college | 19.2 | 12.5 | 25.9 | 53.4 | 46.3 | 60.5 | 70.5 | 64.1 | 76.8 |
| Employment Employed for wages | 26.1 | 19.1 | 33.0 | 55.1 | 47.4 | 62.7 | 71.2 | 64.7 | 77.8 |
| Household Income \$24,999 or less | 43.4 | 29.3 | 57.5 | 68.0 | 57.0 | 78.9 | 84.6 | 76.9 | 92.2 |
| \$25,000 - 49,999 | 23.8 | 16.3 | 31.3 | 44.3 | 35.6 | 53.1 | 66.0 | 57.5 | 74.5 |
| \$50,000 or more | 15.4 | 7.6 | 23.2 | 58.3 | 48.2 | 68.3 | 73.9 | 64.9 | 82.9 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 33.7 | 28.0 | 39.4 | 24.6 | 19.8 | 29.4 | 74.4 | 69.7 | 79.2 |
| Sex Men | 41.9 | 33.9 | 50.0 | 20.9 | 14.6 | 27.2 | 77.5 | 71.1 | 83.9 |
| Women | 26.7 | 18.7 | 34.8 | 27.7 | 20.6 | 34.9 | 71.8 | 64.8 | 78.8 |
| Race/ethnicity NH White | 34.5 | 28.7 | 40.3 | 23.3 | 18.7 | 27.8 | 73.8 | 69.2 | 78.5 |
| NH Black | 22.0 | 7.1 | 37.0 | 54.3 | 29.9 | 78.7 | 88.1 | 77.6 | 98.6 |
|  |  |  |  |  |  |  |  |  |  |
|  | 42.6 | 33.9 | 51.3 | 19.8 | 13.2 | 26.5 | 78.0 | 71.1 | 84.8 |
| NH White women | 26.8 | 18.7 | 34.9 | 26.5 | 20.4 | 32.7 | 69.9 | 63.5 | 76.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older <br> Marital Status  | 30.8 | 22.7 | 38.9 | 23.0 | 15.6 | 30.3 | 77.4 | 70.2 | 84.6 |
|  | 38.3 | 29.6 | 47.0 | 29.7 | 21.8 | 37.6 | 72.6 | 65.0 | 80.1 |
|  | 35.2 | 19.9 | 50.5 | 21.6 | 12.4 | 30.8 | 68.8 | 57.9 | 79.7 |
|  | 21.3 | 5.7 | 36.9 | 23.2 | 3.8 | 42.7 | 76.8 | 62.9 | 90.6 |
| Married/living together as a couple | 36.8 | 29.9 | 43.8 | 25.0 | 19.4 | 30.5 | 73.2 | 66.7 | 79.6 |
| Divorced/ widowed/separated | 32.4 | 20.8 | 44.1 | 25.0 | 16.4 | 33.6 | 76.0 | 68.6 | 83.4 |
| Education $0-11$ years <br> HS Grad/GED  | 30.1 | 6.3 | 54.0 | 28.9 | 12.5 | 45.3 | 64.2 | 41.1 | 87.2 |
|  | 26.9 | 17.9 | 35.9 | 31.2 | 20.6 | 41.7 | 80.3 | 73.4 | 87.3 |
|  | 38.5 | 31.2 | 45.8 | 20.4 | 15.3 | 25.5 | 72.6 | 66.8 | 78.5 |
| Employment Employed for wages | 37.8 | 30.2 | 45.4 | 23.1 | 16.5 | 29.8 | 75.7 | 69.2 | 82.3 |
| Household Income | 37.3 | 23.2 | 51.4 | 25.8 | 14.3 | 37.4 | 79.5 | 68.7 | 90.3 |
|  | 32.8 | 24.4 | 41.2 | 23.9 | 16.4 | 31.4 | 77.7 | 70.5 | 84.8 |
|  | 40.2 | 30.0 | 50.4 | 23.2 | 14.8 | 31.5 | 69.1 | 59.8 | 78.3 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 29.4 | 24.4 | 34.4 | 59.1 | 49.6 | 68.6 | 12.1 | 8.8 | 15.5 |
| Sex Men | 30.9 | 23.1 | 38.8 | 65.6 | 50.3 | 81.0 | 18.9 | 12.7 | 25.2 |
| Women | 28.1 | 21.7 | 34.5 | 53.0 | 41.3 | 64.7 | 6.5 | 3.5 | 9.4 |
| Race/ethnicity NH White | 32.7 | 27.3 | 38.1 | 58.1 | 48.1 | 68.2 | 13.3 | 9.5 | 17.2 |
| NH Black | 16.2 | 3.5 | 29.0 |  |  |  | 4.1 | 0.0 | 10.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 32.8 | 24.2 | 41.3 | 64.7 | 48.5 | 80.9 | 19.6 | 12.7 | 26.4 |
| NH White women | 32.7 | 25.9 | 39.5 | 51.8 | 39.5 | 64.1 | 7.4 | 3.9 | 11.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 36.5 | 28.5 | 44.5 | 57.7 | 45.3 | 70.0 | 15.5 | 10.0 | 21.0 |
|  | 26.6 | 18.9 | 34.3 | 63.3 | 47.2 | 79.4 | 13.6 | 7.7 | 19.5 |
|  | 13.1 | 4.3 | 22.0 |  |  |  |  |  |  |
| Marital Status Never married | 31.7 | 13.7 | 49.7 |  |  |  | 8.4 | 0.7 | 16.1 |
| Married/ living together as a couple | 28.3 | 22.0 | 34.6 | 54.6 | 41.2 | 68.1 | 12.9 | 8.2 | 17.6 |
| Divorced/ widowed/separated | 30.6 | 21.9 | 39.3 | 56.1 | 40.6 | 71.7 | 11.9 | 6.1 | 17.7 |
| Education 0-11 years | 34.9 | 17.2 | 52.6 |  |  |  | 14.1 | 1.2 | 27.0 |
| HS Grad/GED | 34.0 | 23.9 | 44.1 | 61.5 | 45.2 | 77.8 | 10.9 | 5.3 | 16.6 |
| 1 or more years of college | 26.2 | 20.1 | 32.3 | 56.4 | 43.0 | 69.9 | 12.6 | 8.1 | 17.1 |
| Employment Employed for wages | 34.2 | 27.1 | 41.3 | 55.8 | 43.9 | 67.6 | 18.1 | 12.8 | 23.4 |
| Household Income \$24,999 or less | 35.7 | 23.7 | 47.7 | 70.4 | 55.6 | 85.2 | 12.3 | 5.7 | 18.9 |
| \$25,000-49,999 | 36.7 | 28.0 | 45.4 | 52.3 | 36.6 | 68.0 | 16.2 | 9.3 | 23.1 |
| \$50,000 or more | 20.0 | 11.4 | 28.6 |  |  |  | 13.1 | 6.4 | 19.8 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 22.5 | 16.7 | 28.3 | 30.9 | 25.1 | 36.6 | 9.7 | 5.0 | 14.4 |
| Sex $\quad$ Men | 19.1 | 12.7 | 25.4 | 40.8 | 32.6 | 48.9 | 5.0 | 1.4 | 8.7 |
|  | 25.4 | 16.3 | 34.4 | 22.5 | 14.6 | 30.4 | 13.6 | 5.7 | 21.5 |
| Race/ethnicity NH White | 20.9 | 15.6 | 26.3 | 30.7 | 25.3 | 36.1 | 7.4 | 4.7 | 10.2 |
| NH Black | 16.2 | 3.5 | 29.0 | 21.6 | 6.5 | 36.7 | 13.6 | 0.0 | 32.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 18.2 | 11.6 | 24.8 | 41.0 | 32.1 | 49.8 | 4.9 | 0.9 | 8.9 |
| NH White women | 23.5 | 15.3 | 31.8 | 20.9 | 15.1 | 26.7 | 9.8 | 6.0 | 13.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 31.4 | 22.7 | 40.1 | 42.2 | 33.3 | 51.1 | 13.4 | 5.2 | 21.6 |
| 45-64 | 13.0 | 7.4 | 18.7 | 26.5 | 18.0 | 35.0 | 7.2 | 2.6 | 11.8 |
| 65 and older | 11.6 | 0.0 | 29.0 | 4.7 | 0.4 | 9.0 | 2.8 | 0.0 | 6.0 |
| Marital Status Never married | 48.3 | 25.8 | 70.8 | 55.0 | 33.3 | 76.7 | 20.5 | 0.0 | 45.8 |
| Married/ living together as a couple | 14.1 | 9.4 | 18.7 | 28.8 | 22.4 | 35.2 | 7.5 | 4.1 | 10.9 |
| Divorced/ widowed/separated | 27.5 | 15.3 | 39.7 | 21.0 | 13.9 | 28.1 | 9.0 | 2.6 | 15.4 |
| Education $0-11$ years <br> HS Grad/GED  | 26.0 | 10.9 | 41.1 | 21.7 | 7.8 | 35.5 | 9.2 | 0.0 | 18.7 |
|  | 33.4 | 21.4 | 45.4 | 38.1 | 26.0 | 50.2 | 15.6 | 3.1 | 28.1 |
|  | 15.0 | 8.4 | 21.6 | 27.7 | 21.3 | 34.0 | 6.6 | 3.4 | 9.8 |
| Employment Employed for wages | 26.4 | 18.7 | 34.0 | 39.6 | 31.6 | 47.5 | 11.5 | 4.1 | 18.9 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 39.1 | 24.4 | 53.9 | 33.7 | 19.8 | 47.7 | 22.1 | 8.2 | 36.0 |
|  | 19.5 | 11.9 | 27.2 | 35.2 | 26.5 | 43.9 | 4.7 | 1.6 | 7.8 |
|  | 7.0 | 1.9 | 12.1 | 24.8 | 15.8 | 33.7 | 4.4 | 0.0 | 9.2 |



## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterolchecked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 78.4 | 73.9 | 83.0 | 89.6 | 86.2 | 93.0 | 34.2 | 28.3 | 40.1 |
| Sex Men | 74.5 | 67.0 | 82.0 | 88.3 | 82.4 | 94.1 | 37.3 | 28.2 | 46.4 |
| Women | 81.7 | 76.5 | 87.0 | 90.6 | 86.6 | 94.5 | 31.9 | 24.3 | 39.5 |
| Race/ethnicity NH White | 76.8 | 71.8 | 81.7 | 88.0 | 84.1 | 91.9 | 38.1 | 31.8 | 44.3 |
| NH Black | 89.2 | 78.5 | 99.9 | 98.5 | 95.3 | 100.0 | 15.6 | 2.4 | 28.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 74.1 | 66.1 | 82.2 | 87.3 | 80.7 | 93.8 | 37.9 | 28.0 | 47.8 |
| NH White women | 79.3 | 73.3 | 85.2 | 88.6 | 83.9 | 93.3 | 38.2 | 30.2 | 46.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 65.5 | 57.6 | 73.5 | 87.9 | 82.0 | 93.9 | 13.4 | 7.4 | 19.4 |
| 45-64 | 90.0 | 85.0 | 95.0 | 88.6 | 82.8 | 94.4 | 51.9 | 42.3 | 61.5 |
| 65 and older | 97.3 | 94.4 | 100.0 | 94.1 | 89.6 | 98.7 | 48.8 | 34.7 | 62.8 |
| Marital Status Never married | 65.0 | 45.3 | 84.7 | 98.3 | 94.7 | 100.0 | 12.2 | 0.9 | 23.5 |
| Married/ living together as a couple | 82.5 | 77.2 | 87.8 | 87.3 | 82.5 | 92.1 | 38.5 | 31.1 | 45.9 |
| Divorced/ widowed/separated | 76.4 | 68.3 | 84.4 | 91.2 | 86.2 | 96.1 | 34.1 | 23.6 | 44.7 |
| Education 0-11 years | 82.6 | 69.7 | 95.5 | 94.8 | 88.4 | 100.0 | 30.7 | 12.5 | 49.0 |
| HS Grad/GED | 71.4 | 61.8 | 81.0 | 94.6 | 90.6 | 98.7 | 34.4 | 22.4 | 46.4 |
| 1 or more years of college | 82.4 | 77.2 | 87.7 | 86.2 | 81.2 | 91.3 | 34.8 | 27.5 | 42.1 |
| Employment Employed for wages | 70.1 | 63.4 | 76.9 | 85.9 | 80.3 | 91.5 | 22.9 | 16.3 | 29.6 |
| Household Income \$24,999 or less | 73.3 | 62.7 | 83.9 | 94.1 | 89.7 | 98.5 | 27.8 | 15.3 | 40.3 |
| \$25,000-49,999 | 72.2 | 63.9 | 80.4 | 86.9 | 79.9 | 93.9 | 37.9 | 28.0 | 47.7 |
| \$50,000 or more | 88.1 | 81.0 | 95.3 | 88.8 | 81.9 | 95.7 | 31.2 | 21.2 | 41.3 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 9.1 | 6.3 | 11.8 | 68.0 | 53.9 | 82.2 | 9.2 | 6.4 | 12.1 |
| Sex Men | 6.7 | 2.7 | 10.7 |  |  |  | 11.0 | 6.0 | 16.0 |
| Women | 11.1 | 7.2 | 14.9 | 63.3 | 46.0 | 80.7 | 7.7 | 4.6 | 10.8 |
| Race/ethnicity NH White | 9.4 | 6.3 | 12.4 | 73.8 | 59.4 | 88.2 | 8.8 | 5.7 | 11.9 |
| NH Black | 6.8 | 0.0 | 15.2 |  |  |  | 10.8 | 1.3 | 20.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 6.7 | 2.4 | 11.0 |  |  |  | 10.8 | 5.4 | 16.3 |
| NH White women | 11.9 | 7.6 | 16.2 | 69.3 | 51.0 | 87.5 | 6.9 | 3.7 | 10.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 7.8 | 4.2 | 11.3 |  |  |  | 3.5 | 0.5 | 6.4 |
| 45-64 | 12.4 | 6.5 | 18.2 |  |  |  | 15.1 | 8.8 | 21.3 |
| 65 and older | 7.7 | 2.1 | 13.2 |  |  |  | 17.0 | 8.6 | 25.4 |
| Marital Status Never married | 8.1 | 0.0 | 16.3 |  |  |  | 4.3 | 0.0 | 9.8 |
| Married/ living together as a couple | 8.5 | 5.0 | 12.0 |  |  |  | 11.1 | 6.9 | 15.3 |
| Divorced/ widowed/separated | 11.2 | 6.0 | 16.5 |  |  |  | 7.7 | 4.0 | 11.5 |
| Education 0-11 years | 15.4 | 4.1 | 26.7 |  |  |  | 15.6 | 4.7 | 26.5 |
| HS Grad/GED | 7.7 | 3.4 | 11.9 |  |  |  | 7.8 | 2.8 | 12.8 |
| 1 or more years of college | 8.9 | 5.2 | 12.6 |  |  |  | 9.1 | 5.4 | 12.8 |
| Employment Employed for wages | 7.7 | 4.4 | 11.1 |  |  |  | 6.5 | 3.2 | 9.8 |
| Household Income \$24,999 or less | 8.7 | 3.7 | 13.7 |  |  |  | 10.3 | 4.0 | 16.6 |
| \$25,000-49,999 | 5.5 | 1.8 | 9.1 |  |  |  | 6.1 | 2.2 | 10.0 |
| \$50,000 or more | 10.8 | 4.1 | 17.5 |  |  |  | 7.2 | 2.0 | 12.3 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Bradford County 

# A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey 

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Bradford County, 573 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Bradford County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.
Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | Cl |  |
| All | 26,088 | 15,982,378 | 20.3 | 14.0 | 26.6 | 54.6 | 45.7 | 63.5 |
| Sex Men | 55.9\% | 48.8\% | 16.5 | 9.4 | 23.6 | 44.2 | 33.1 | 55.2 |
| Women | 44.1\% | 51.2\% | 23.9 | 13.7 | 34.1 | 68.0 | 56.5 | 79.5 |
| Race/ethnicity NH White | 75.0\% | 65.4\% | 21.0 | 13.2 | 28.8 | 55.1 | 44.8 | 65.4 |
| NH Black | 20.6\% | 14.2\% | 18.6 | 7.5 | 29.7 |  |  |  |
| Hispanic | 2.4\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 39.3\% | 31.9\% | 17.4 | 9.3 | 25.4 | 43.8 | 31.6 | 55.9 |
| NH White women | 35.6\% | 33.6\% | 25.0 | 11.4 | 38.6 | 71.8 | 59.2 | 84.4 |
| NH Black men | 13.8\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 6.8\% | 7.4\% | 20.6 | 6.4 | 34.7 |  |  |  |
| Hispanic men | 1.6\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.7\% | 8.4\% |  |  |  |  |  |  |
| Age $18-44$ | 41.6\% | 36.9\% | 9.4 | 3.0 | 15.8 | 49.5 | 37.8 | 61.3 |
| 45-64 | 23.5\% | 22.7\% | 27.3 | 17.0 | 37.6 | 60.7 | 46.2 | 75.2 |
| 65 and older | 12.9\% | 17.6\% | 38.6 | 16.7 | 60.6 |  |  |  |
| Marital Status Never married | 16.7\% | 22.5\% | 5.7 | 0.0 | 12.0 | 29.0 | 11.6 | 46.5 |
| Married/ living together as a couple | 52.7\% | 53.7\% | 16.1 | 10.1 | 22.0 | 60.1 | 49.2 | 70.9 |
| Divorced/ widowed/separated | 30.6\% | 23.8\% | 36.8 | 19.3 | 54.3 | 49.6 | 32.5 | 66.7 |
| Education 0-11 years | 25.8\% | 20.1\% | 28.6 | 15.7 | 41.4 |  |  |  |
| HS Grad/GED | 40.1\% | 28.7\% | 20.9 | 10.5 | 31.4 | 50.4 | 35.6 | 65.2 |
| 1 or more years of college | 34.0\% | 51.1\% | 17.6 | 9.3 | 26.0 | 57.8 | 47.0 | 68.5 |
| Employment Employed for wages | 45.3\% | 54.9\% | 9.3 | 4.1 | 14.5 | 54.6 | 45.7 | 63.5 |
| Household Income \$24,999 or less | 36.6\% | 30.8\% | 32.6 | 19.8 | 45.4 | 37.9 | 22.1 | 53.7 |
| \$25,000 - 49,999 | 33.8\% | 31.6\% | 11.4 | 5.9 | 16.9 | 58.2 | 42.7 | 73.8 |
| \$50,000 or more | 29.6\% | 37.6\% | 14.1 | 2.2 | 26.1 | 57.1 | 43.4 | 70.8 |

[^4]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 32.5 | 25.7 | 39.3 | 61.1 | 53.7 | 68.6 | 79.7 | 73.7 | 85.7 |
| Sex Men | 29.4 | 20.7 | 38.1 | 53.7 | 43.3 | 64.0 | 69.9 | 59.7 | 80.0 |
| Women | 35.4 | 25.1 | 45.7 | 68.2 | 57.7 | 78.7 | 89.0 | 84.1 | 94.0 |
| Race/ethnicity NH White | 30.7 | 22.5 | 38.9 | 58.4 | 49.3 | 67.5 | 77.8 | 70.4 | 85.3 |
| NH Black | 37.4 | 23.5 | 51.3 | 72.9 | 60.1 | 85.7 | 91.5 | 83.8 | 99.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 29.7 | 20.0 | 39.5 | 53.5 | 41.8 | 65.3 | 68.8 | 57.0 | 80.7 |
| NH White women | 31.8 | 18.2 | 45.4 | 63.8 | 49.9 | 77.7 | 87.7 | 81.4 | 94.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 41.4 | 23.7 | 59.1 | 80.9 | 65.8 | 96.0 | 97.1 | 91.1 | 100.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 25.9 | 18.2 | 33.6 | 60.7 | 51.5 | 69.9 | 75.0 | 67.4 | 82.7 |
| 45-64 | 33.6 | 21.7 | 45.4 | 59.1 | 45.7 | 72.5 | 79.4 | 65.8 | 92.9 |
| 65 and older | 50.2 | 30.4 | 70.0 | 63.4 | 40.4 | 86.3 | 91.0 | 84.6 | 97.4 |
| Marital Status Never married | 36.3 | 19.3 | 53.3 | 66.0 | 50.7 | 81.4 | 86.5 | 76.6 | 96.5 |
| Married/ living together as a couple | 26.3 | 19.2 | 33.3 | 63.8 | 55.8 | 71.7 | 78.2 | 72.0 | 84.3 |
| Divorced/ widowed/separated | 43.9 | 26.6 | 61.1 | 52.3 | 34.2 | 70.4 | 79.8 | 62.4 | 97.1 |
| Education 0-11 years | 57.0 | 42.1 | 71.9 | 70.7 | 57.5 | 83.9 | 85.1 | 74.5 | 95.6 |
| HS Grad/GED | 35.2 | 24.2 | 46.2 | 60.5 | 48.2 | 72.8 | 81.9 | 71.8 | 91.9 |
| 1 or more years of college | 22.9 | 13.9 | 31.9 | 57.9 | 47.9 | 67.8 | 74.5 | 66.4 | 82.6 |
| Employment Employed for wages | 25.2 | 18.1 | 32.4 | 61.7 | 53.4 | 70.0 | 78.2 | 71.9 | 84.5 |
| Household Income \$24,999 or less | 42.7 | 29.0 | 56.3 | 60.6 | 45.3 | 75.9 | 79.4 | 62.3 | 96.4 |
| \$25,000 - 49,999 | 25.9 | 15.4 | 36.5 | 62.6 | 50.9 | 74.3 | 77.8 | 69.4 | 86.2 |
| \$50,000 or more | 18.2 | 9.7 | 26.7 | 58.1 | 46.1 | 70.1 | 72.4 | 61.4 | 83.3 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 30.8 | 24.3 | 37.3 | 30.7 | 23.8 | 37.6 | 81.1 | 76.4 | 85.7 |
| Sex Men | 39.9 | 29.5 | 50.2 | 33.7 | 24.4 | 42.9 | 80.6 | 73.1 | 88.0 |
| Women | 22.2 | 15.7 | 28.6 | 27.8 | 17.5 | 38.1 | 81.5 | 75.9 | 87.1 |
| Race/ethnicity NH White | 32.5 | 24.5 | 40.6 | 28.8 | 20.6 | 37.1 | 80.6 | 75.0 | 86.2 |
| NH Black | 28.6 | 16.1 | 41.1 | 40.5 | 25.7 | 55.3 | 86.3 | 78.3 | 94.3 |
|  |  |  |  |  |  |  |  |  |  |
|  | 43.7 | 32.0 | 55.5 | 29.9 | 20.0 | 39.8 | 77.8 | 68.8 | 86.7 |
| NH White women | 20.1 | 12.7 | 27.6 | 27.6 | 13.9 | 41.3 | 83.7 | 77.6 | 89.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 30.0 | 14.1 | 45.9 | 32.9 | 15.7 | 50.0 | 80.0 | 67.4 | 92.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older <br> Marital Status  | 32.1 | 24.0 | 40.3 | 32.6 | 21.3 | 43.8 | 83.6 | 78.2 | 89.1 |
|  | 31.3 | 18.2 | 44.4 | 33.0 | 22.9 | 43.0 | 81.8 | 74.7 | 88.8 |
|  | 21.5 | 9.5 | 33.6 | 23.6 | 9.8 | 37.5 | 78.5 | 66.0 | 91.1 |
|  | 27.1 | 12.2 | 42.0 | 16.0 | 3.5 | 28.6 | 86.5 | 76.5 | 96.5 |
| Married/living together as a couple | 31.5 | 24.1 | 38.9 | 35.8 | 26.7 | 45.0 | 78.3 | 71.8 | 84.7 |
| Divorced/ widowed/separated | 29.7 | 13.1 | 46.4 | 25.9 | 13.9 | 37.9 | 84.8 | 77.4 | 92.1 |
| Education $0-11$ years <br> HS Grad/GED  | 30.6 | 17.1 | 44.2 | 29.8 | 16.0 | 43.6 | 72.4 | 58.9 | 85.8 |
|  | 32.8 | 22.0 | 43.5 | 34.0 | 22.6 | 45.5 | 87.4 | 82.5 | 92.4 |
|  | 25.9 | 18.5 | 33.3 | 27.2 | 18.6 | 35.9 | 77.5 | 70.3 | 84.7 |
| Employment Employed for wages | 35.1 | 27.2 | 42.9 | 31.3 | 21.8 | 40.8 | 82.4 | 76.4 | 88.4 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 35.2 | 19.7 | 50.7 | 32.0 | 20.5 | 43.5 | 85.5 | 79.4 | 91.6 |
|  | 29.0 | 19.3 | 38.8 | 33.0 | 19.1 | 46.8 | 78.9 | 70.7 | 87.1 |
|  | 34.1 | 23.2 | 44.9 | 31.6 | 19.1 | 44.1 | 79.5 | 70.7 | 88.3 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 22.7 | 16.9 | 28.5 | 48.7 | 34.7 | 62.6 | 13.6 | 7.6 | 19.7 |
| Sex Men | 24.2 | 17.0 | 31.4 | 51.1 | 35.7 | 66.6 | 25.5 | 14.5 | 36.4 |
| Women | 21.3 | 12.2 | 30.4 | 46.0 | 22.9 | 69.1 | 2.4 | 0.7 | 4.1 |
| Race/ethnicity NH White | 25.8 | 18.5 | 33.1 | 47.1 | 31.7 | 62.4 | 14.8 | 7.2 | 22.4 |
| NH Black | 10.1 | 3.0 | 17.3 |  |  |  | 11.0 | 1.7 | 20.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 28.2 | 19.5 | 36.8 | 52.8 | 37.2 | 68.4 | 26.3 | 13.5 | 39.0 |
| NH White women | 23.1 | 10.9 | 35.4 | 39.4 | 13.7 | 65.1 | 2.2 | 0.5 | 3.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 17.1 | 5.2 | 29.1 |  |  |  | 4.4 | 0.0 | 11.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 26.3 | 18.9 | 33.7 | 56.8 | 42.3 | 71.2 | 16.0 | 8.5 | 23.5 |
| 45-64 | 19.5 | 12.6 | 26.4 | 47.4 | 31.2 | 63.5 | 16.0 | 2.2 | 29.8 |
| 65 and older | 20.6 | 0.0 | 43.5 |  |  |  | 3.7 | 0.0 | 8.1 |
| Marital Status Never married | 32.7 | 16.4 | 49.0 |  |  |  | 12.6 | 1.8 | 23.4 |
| Married/ living together as a couple | 18.1 | 12.9 | 23.2 | 53.1 | 38.9 | 67.4 | 12.0 | 6.1 | 18.0 |
| Divorced/ widowed/separated | 29.3 | 13.3 | 45.3 | 30.2 | 7.7 | 52.7 | 17.9 | 0.8 | 34.9 |
| Education 0-11 years | 42.0 | 27.1 | 56.9 | 64.4 | 42.9 | 85.9 | 10.3 | 1.5 | 19.1 |
| HS Grad/GED | 22.7 | 13.0 | 32.4 | 44.8 | 21.8 | 67.8 | 19.3 | 8.4 | 30.2 |
| 1 or more years of college | 18.0 | 11.8 | 24.2 | 44.9 | 26.9 | 63.0 | 7.1 | 3.1 | 11.1 |
| Employment Employed for wages | 23.5 | 17.3 | 29.7 | 48.7 | 35.3 | 62.1 | 16.3 | 9.9 | 22.6 |
| Household Income \$24,999 or less | 23.1 | 14.2 | 31.9 | 73.0 | 58.8 | 87.3 | 22.4 | 5.5 | 39.4 |
| \$25,000 - 49,999 | 23.6 | 15.0 | 32.1 | 43.6 | 26.1 | 61.2 | 9.6 | 4.2 | 14.9 |
| \$50,000 or more | 16.8 | 8.8 | 24.9 |  |  |  | 17.7 | 5.2 | 30.3 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 19.7 | 13.4 | 26.0 | 21.4 | 14.8 | 27.9 | 10.1 | 4.2 | 16.0 |
| Sex Men | 23.3 | 12.9 | 33.7 | 26.2 | 17.8 | 34.5 | 9.6 | 0.0 | 19.6 |
| Women | 16.3 | 9.2 | 23.3 | 16.7 | 6.5 | 27.0 | 10.5 | 3.8 | 17.3 |
| Race/ethnicity $\quad$ NH White | 20.8 | 12.9 | 28.7 | 24.0 | 15.9 | 32.2 | 12.0 | 4.4 | 19.7 |
| NH Black | 10.2 | 1.3 | 19.2 | 12.5 | 2.2 | 22.7 | 2.5 | 0.0 | 6.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 24.8 | 12.6 | 37.0 | 27.5 | 18.0 | 37.1 | 11.9 | 0.0 | 24.0 |
| NH White women | 16.4 | 7.3 | 25.6 | 20.1 | 6.2 | 34.1 | 12.2 | 3.0 | 21.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 10.4 | 0.0 | 21.1 | 7.4 | 0.0 | 15.2 | 4.3 | 0.0 | 10.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 22.1 | 15.0 | 29.3 | 31.6 | 20.4 | 42.8 | 7.0 | 2.7 | 11.4 |
| 45-64 | 26.8 | 12.4 | 41.2 | 16.2 | 9.3 | 23.2 | 17.6 | 2.6 | 32.6 |
| 65 and older | 0.9 | 0.0 | 2.1 | 5.1 | 1.0 | 9.2 | 4.7 | 0.0 | 11.5 |
| Marital Status Never married | 40.1 | 22.8 | 57.4 | 42.0 | 24.9 | 59.1 | 9.9 | 0.0 | 21.7 |
| Married/ living together as a couple | 14.6 | 8.6 | 20.7 | 21.0 | 11.6 | 30.3 | 4.5 | 2.0 | 6.9 |
| Divorced/ widowed/separated | 22.9 | 5.7 | 40.1 | 13.5 | 5.9 | 21.1 | 23.3 | 4.6 | 42.0 |
| Education 0-11 years | 34.2 | 18.4 | 50.0 | 35.0 | 19.0 | 51.0 | 17.3 | 3.8 | 30.9 |
| HS Grad/GED | 23.8 | 12.7 | 34.8 | 25.2 | 13.9 | 36.5 | 10.4 | 0.6 | 20.2 |
| 1 or more years of college | 10.9 | 6.2 | 15.7 | 13.1 | 7.6 | 18.7 | 7.9 | 0.1 | 15.8 |
| Employment Employed for wages | 19.1 | 12.5 | 25.8 | 25.4 | 15.9 | 34.9 | 3.5 | 1.2 | 5.7 |
| Household Income \$24,999 or less | 36.0 | 20.4 | 51.6 | 22.5 | 13.2 | 31.7 | 25.7 | 7.8 | 43.6 |
| \$25,000-49,999 | 15.4 | 6.0 | 24.8 | 22.8 | 8.4 | 37.1 | 3.7 | 0.5 | 6.9 |
| \$50,000 or more | 11.2 | 3.6 | 18.8 | 20.3 | 7.6 | 32.9 | 1.2 | 0.0 | 2.4 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 60.8 | 53.1 | 68.4 | 42.5 | 34.9 | 50.1 | 56.5 | 48.5 | 64.5 |
| Sex | 61.3 | 51.0 | 71.5 | 43.9 | 33.4 | 54.4 | 60.8 | 49.9 | 71.8 |
| Women | 60.3 | 48.8 | 71.7 | 41.1 | 30.1 | 52.1 | 52.0 | 40.6 | 63.4 |
| Race/ethnicity NH White | 59.3 | 50.0 | 68.7 | 47.9 | 38.7 | 57.0 | 55.7 | 46.1 | 65.3 |
| NH Black | 65.0 | 50.6 | 79.4 | 23.3 | 11.2 | 35.3 | 59.3 | 43.2 | 75.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 60.0 | 48.2 | 71.8 | 51.0 | 39.6 | 62.5 | 60.3 | 47.8 | 72.9 |
| NH White women | 58.6 | 43.7 | 73.6 | 44.4 | 30.0 | 58.7 | 50.2 | 35.7 | 64.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 67.2 | 48.7 | 85.6 | 29.4 | 12.0 | 46.9 | 57.4 | 37.0 | 77.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 61.5 | 51.0 | 72.0 | 62.6 | 53.6 | 71.6 | 55.0 | 44.6 | 65.4 |
| 45-64 | 66.7 | 53.7 | 79.7 | 33.9 | 19.5 | 48.4 | 55.0 | 40.4 | 69.6 |
| 65 and older | 43.4 | 23.1 | 63.7 | 6.9 | 0.0 | 14.6 | 63.1 | 42.6 | 83.7 |
| Marital Status Never married | 65.4 | 48.6 | 82.2 | 56.6 | 39.3 | 73.9 | 55.8 | 37.8 | 73.8 |
| Married/ living together as a couple | 63.7 | 54.8 | 72.6 | 46.4 | 37.3 | 55.5 | 60.0 | 50.2 | 69.8 |
| Divorced/ widowed/separated | 50.7 | 32.5 | 68.9 | 28.0 | 10.8 | 45.3 | 48.7 | 29.8 | 67.5 |
| Education 0-11 years | 50.6 | 34.7 | 66.5 | 22.1 | 7.3 | 37.0 | 49.2 | 30.5 | 67.8 |
| HS Grad/GED | 53.4 | 41.1 | 65.7 | 46.9 | 34.6 | 59.2 | 48.4 | 36.3 | 60.5 |
| 1 or more years of college | 72.1 | 63.9 | 80.2 | 43.8 | 34.1 | 53.4 | 67.5 | 57.4 | 77.6 |
| Employment Employed for wages | 67.7 | 58.7 | 76.8 | 55.3 | 46.7 | 64.0 | 61.1 | 51.5 | 70.7 |
| Household Income \$24,999 or less | 46.5 | 32.2 | 60.9 | 31.3 | 15.0 | 47.5 | 35.6 | 22.1 | 49.1 |
| \$25,000-49,999 | 60.5 | 46.9 | 74.1 | 51.5 | 38.6 | 64.3 | 53.9 | 39.7 | 68.2 |
| \$50,000 or more | 78.6 | 69.2 | 88.0 | 61.3 | 50.3 | 72.4 | 75.0 | 64.6 | 85.3 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\|\mid 12-9,12-10$ | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 38.2 | 30.8 | 45.7 | 69.4 | 55.4 | 83.4 | 24.3 | 17.9 | 30.7 |
| Sex Men | 39.3 | 28.9 | 49.7 | 58.5 | 37.9 | 79.0 | 21.3 | 13.2 | 29.4 |
| Women | 37.3 | 26.4 | 48.1 | 80.5 | 65.3 | 95.8 | 27.1 | 17.3 | 37.0 |
| Race/ethnicity NH White | 38.6 | 29.4 | 47.8 | 65.2 | 47.9 | 82.6 | 23.2 | 15.4 | 30.9 |
| NH Black | 42.5 | 28.2 | 56.8 | 84.3 | 69.2 | 99.5 | 28.4 | 14.8 | 42.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men <br>  NH White women | 40.6 | 28.6 | 52.6 | 53.6 | 31.0 | 76.2 | 22.7 | 13.4 | 32.0 |
|  | 36.4 | 22.1 | 50.7 | 79.6 | 58.7 | 100.0 | 23.6 | 10.9 | 36.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 48.6 | 30.0 | 67.2 |  |  |  | 36.8 | 18.2 | 55.3 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 16.5 | 8.8 | 24.1 | 37.6 | 13.0 | 62.2 | 18.2 | 10.4 | 25.9 |
| 45-64 | 55.9 | 43.9 | 67.9 | 65.6 | 43.0 | 88.1 | 25.9 | 17.2 | 34.6 |
| 65 and older | 65.5 | 47.4 | 83.5 | 97.3 | 93.6 | 100.0 | 39.1 | 17.6 | 60.5 |
| Marital Status Never married | 17.6 | 4.1 | 31.1 |  |  |  | 19.9 | 5.7 | 34.1 |
| Married/ living together as a couple | 34.7 | 26.5 | 43.0 | 75.4 | 62.0 | 88.9 | 22.9 | 15.9 | 30.0 |
| Divorced/ widowed/separated | 54.5 | 37.9 | 71.2 | 61.0 | 31.5 | 90.5 | 28.1 | 11.6 | 44.5 |
| Education 0-11 years | 39.6 | 25.3 | 54.0 | 72.8 | 53.6 | 92.0 | 13.3 | 4.6 | 22.0 |
| HS Grad/GED | 43.2 | 31.0 | 55.4 | 66.7 | 45.1 | 88.2 | 30.8 | 19.5 | 42.0 |
| 1 or more years of college | 32.2 | 22.8 | 41.7 | 73.1 | 52.8 | 93.4 | 19.5 | 12.5 | 26.4 |
| Employment Employed for wages | 23.0 | 15.4 | 30.5 | 59.7 | 40.7 | 78.7 | 18.5 | 12.0 | 24.9 |
| Household Income \$24,999 or less | 54.2 | 40.6 | 67.8 | 48.9 | 25.1 | 72.7 | 25.9 | 15.3 | 36.5 |
| \$25,000-49,999 | 31.0 | 19.7 | 42.3 | 86.5 | 76.3 | 96.7 | 18.9 | 10.4 | 27.4 |
| \$50,000 or more | 27.2 | 14.9 | 39.5 | 61.9 | 29.0 | 94.8 | 26.7 | 14.1 | 39.3 |

## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 81.2 | 74.5 | 87.9 | 91.2 | 84.8 | 97.7 | 31.1 | 24.6 | 37.6 |
| Sex Men | 83.2 | 76.4 | 90.0 | 88.1 | 76.3 | 99.9 | 35.5 | 25.2 | 45.8 |
| Women | 79.3 | 68.0 | 90.6 | 94.5 | 91.0 | 98.0 | 26.8 | 18.9 | 34.6 |
| Race/ethnicity NH White | 80.2 | 72.0 | 88.4 | 91.3 | 82.9 | 99.6 | 31.7 | 23.7 | 39.7 |
| NH Black | 80.3 | 66.4 | 94.1 | 89.6 | 80.1 | 99.0 | 35.5 | 20.7 | 50.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 85.5 | 79.3 | 91.8 | 87.4 | 73.4 | 100.0 | 34.0 | 22.4 | 45.5 |
| NH White women | 74.2 | 58.9 | 89.4 | 96.4 | 94.0 | 98.9 | 28.8 | 18.3 | 39.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 88.1 | 77.1 | 99.1 | 86.4 | 72.5 | 100.0 | 27.1 | 10.2 | 44.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 72.1 | 60.9 | 83.4 | 92.5 | 88.1 | 96.9 | 17.1 | 8.0 | 26.1 |
| 45-64 | 83.9 | 74.3 | 93.5 | 87.2 | 70.9 | 100.0 | 40.0 | 27.9 | 52.0 |
| 65 and older | 98.9 | 98.0 | 99.8 | 94.8 | 88.4 | 100.0 | 43.8 | 24.6 | 63.0 |
| Marital Status Never married | 62.6 | 45.6 | 79.7 | 95.8 | 90.8 | 100.0 | 14.0 | 2.3 | 25.8 |
| Married/ living together as a couple | 83.4 | 74.5 | 92.3 | 94.5 | 91.3 | 97.6 | 37.1 | 28.9 | 45.4 |
| Divorced/ widowed/separated | 84.2 | 71.4 | 97.1 | 81.9 | 61.2 | 100.0 | 23.8 | 12.2 | 35.4 |
| Education 0-11 years | 76.8 | 62.4 | 91.1 | 89.8 | 79.0 | 100.0 | 39.3 | 22.8 | 55.8 |
| HS Grad/GED | 79.7 | 68.9 | 90.5 | 91.1 | 79.1 | 100.0 | 28.2 | 18.0 | 38.4 |
| 1 or more years of college | 83.9 | 74.5 | 93.3 | 91.3 | 86.2 | 96.4 | 32.7 | 23.7 | 41.7 |
| Employment Employed for wages | 77.5 | 68.1 | 86.9 | 94.6 | 91.6 | 97.7 | 26.2 | 18.3 | 34.1 |
| Household Income \$24,999 or less | 82.6 | 71.2 | 94.1 | 79.2 | 58.9 | 99.5 | 30.0 | 18.0 | 41.9 |
| \$25,000-49,999 | 77.6 | 63.2 | 92.0 | 94.8 | 90.4 | 99.2 | 30.0 | 19.4 | 40.6 |
| \$50,000 or more | 87.4 | 79.3 | 95.5 | 95.5 | 90.6 | 100.0 | 39.0 | 25.3 | 52.7 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 11.6 | 7.4 | 15.8 | 67.6 | 48.9 | 86.3 | 8.8 | 5.8 | 11.9 |
| Sex Men | 11.1 | 4.3 | 17.9 |  |  |  | 6.7 | 3.3 | 10.1 |
| Women | 12.1 | 6.8 | 17.3 | 76.2 | 54.6 | 97.8 | 10.9 | 5.8 | 16.0 |
| Race/ethnicity NH White | 10.7 | 5.7 | 15.6 | 54.2 | 29.2 | 79.1 | 7.7 | 4.3 | 11.1 |
| NH Black | 11.4 | 1.9 | 21.0 |  |  |  | 15.5 | 6.2 | 24.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 11.5 | 3.7 | 19.4 |  |  |  | 6.8 | 2.9 | 10.7 |
| NH White women | 9.7 | 4.0 | 15.4 | 59.7 | 28.5 | 90.9 | 8.7 | 2.9 | 14.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 11.4 | 0.0 | 23.1 |  |  |  | 21.4 | 7.1 | 35.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 11.1 | 5.4 | 16.8 |  |  |  | 2.8 | 0.5 | 5.0 |
| 45-64 | 12.3 | 6.1 | 18.4 |  |  |  | 12.9 | 7.1 | 18.8 |
| 65 and older | 5.5 | 0.0 | 12.5 |  |  |  | 17.9 | 5.7 | 30.2 |
| Marital Status Never married | 20.3 | 4.4 | 36.2 |  |  |  | 9.2 | 0.0 | 18.6 |
| Married/ living together as a couple | 11.1 | 5.8 | 16.4 | 79.3 | 60.8 | 97.9 | 6.9 | 3.4 | 10.4 |
| Divorced/ widowed/separated | 9.1 | 1.8 | 16.3 |  |  |  | 13.4 | 5.7 | 21.1 |
| Education 0-11 years | 22.0 | 7.0 | 37.0 |  |  |  | 10.4 | 2.3 | 18.4 |
| HS Grad/GED | 9.4 | 4.3 | 14.6 |  |  |  | 10.3 | 5.2 | 15.5 |
| 1 or more years of college | 8.7 | 3.8 | 13.6 |  |  |  | 6.7 | 2.8 | 10.6 |
| Employment Employed for wages | 10.4 | 4.9 | 15.9 |  |  |  | 3.3 | 1.3 | 5.3 |
| Household Income \$24,999 or less | 11.0 | 3.5 | 18.4 |  |  |  | 12.6 | 5.6 | 19.7 |
| \$25,000-49,999 | 6.9 | 2.0 | 11.9 |  |  |  | 10.7 | 4.2 | 17.1 |
| \$50,000 or more | 12.3 | 4.0 | 20.6 |  |  |  | 2.4 | 0.0 | 4.9 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Brevard County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Brevard County, 511 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Brevard County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 476,230 | 15,982,378 | 15.7 | 12.1 | 19.3 | 61.5 | 52.1 | 70.9 |
| Sex Men | 49.0\% | 48.8\% | 13.6 | 8.5 | 18.7 | 56.0 | 45.0 | 67.0 |
| Women | 51.0\% | 51.2\% | 17.7 | 12.4 | 22.9 | 67.2 | 53.4 | 81.1 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 83.7\% | 65.4\% | 15.5 | 11.6 | 19.3 | 62.7 | 52.3 | 73.2 |
| NH Black | 8.2\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 4.6\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 41.1\% | 31.9\% | 13.2 | 8.0 | 18.4 | 56.1 | 44.3 | 67.9 |
| NH White women | 42.6\% | 33.6\% | 17.6 | 11.7 | 23.5 | 70.3 | 55.3 | 85.3 |
| NH Black men | 3.9\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.3\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 2.3\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.3\% | 8.4\% |  |  |  |  |  |  |
| Age $18-44$ | 33.9\% | 36.9\% | 7.0 | 3.0 | 10.9 | 61.3 | 47.3 | 75.3 |
| 45-64 | 24.3\% | 22.7\% | 19.0 | 12.1 | 25.9 | 59.0 | 47.5 | 70.4 |
| 65 and older | 19.9\% | 17.6\% | 26.1 | 18.7 | 33.5 |  |  |  |
| Marital Status Never married | 19.2\% | 22.5\% | 7.5 | 0.0 | 15.2 | 51.5 | 31.6 | 71.4 |
| Married/ living together as a couple | 57.1\% | 53.7\% | 13.3 | 8.6 | 17.9 | 65.8 | 53.3 | 78.3 |
| Divorced/ widowed/separated | 23.7\% | 23.8\% | 25.4 | 18.5 | 32.2 | 55.0 | 40.7 | 69.3 |
| Education 0-11 years | 13.7\% | 20.1\% | 29.3 | 12.0 | 46.7 |  |  |  |
| HS Grad/GED | 28.9\% | 28.7\% | 21.5 | 14.2 | 28.9 | 33.0 | 19.3 | 46.8 |
| 1 or more years of college | 57.5\% | 51.1\% | 11.1 | 7.3 | 14.9 | 76.3 | 67.0 | 85.5 |
| Employment Employed for wages | 54.0\% | 54.9\% | 5.1 | 2.2 | 8.0 | 61.5 | 52.1 | 70.9 |
| Household Income \$24,999 or less | 28.9\% | 30.8\% | 24.7 | 13.2 | 36.1 | 60.1 | 27.9 | 92.3 |
| \$25,000-49,999 | 32.4\% | 31.6\% | 12.2 | 6.7 | 17.7 | 57.8 | 45.1 | 70.5 |
| \$50,000 or more | 38.7\% | 37.6\% | 6.7 | 2.3 | 11.1 | 62.4 | 50.2 | 74.7 |

[^5]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 20.5 | 16.1 | 24.8 | 53.4 | 47.0 | 59.7 | 75.4 | 70.6 | 80.3 |
| Sex Men | 18.3 | 11.9 | 24.8 | 44.6 | 36.9 | 52.3 | 65.4 | 57.8 | 72.9 |
| Women | 22.4 | 16.2 | 28.6 | 61.4 | 52.7 | 70.1 | 84.6 | 79.7 | 89.5 |
| Race/ethnicity NH White | 20.2 | 15.5 | 25.0 | 53.7 | 46.7 | 60.6 | 74.7 | 69.4 | 80.1 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.4 | 10.5 | 24.2 | 45.8 | 37.5 | 54.0 | 64.4 | 56.2 | 72.5 |
| NH White women | 22.9 | 15.9 | 29.8 | 60.9 | 51.1 | 70.8 | 84.4 | 79.0 | 89.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 15.4 | 8.3 | 22.5 | 51.2 | 38.3 | 64.2 | 65.6 | 54.9 | 76.2 |
| 45-64 | 19.7 | 12.9 | 26.5 | 56.0 | 47.5 | 64.6 | 81.5 | 74.9 | 88.1 |
| 65 and older | 27.9 | 20.1 | 35.8 | 51.8 | 43.2 | 60.3 | 83.1 | 76.7 | 89.6 |
| Marital Status Never married | 13.6 | 3.8 | 23.4 | 46.7 | 30.1 | 63.3 | 62.7 | 47.0 | 78.4 |
| Married/ living together as a couple | 19.7 | 13.7 | 25.7 | 54.3 | 45.4 | 63.1 | 75.9 | 69.4 | 82.4 |
| Divorced/ widowed/separated | 25.2 | 18.3 | 32.1 | 53.8 | 45.2 | 62.3 | 79.3 | 71.9 | 86.8 |
| Education 0-11 years | 39.9 | 19.2 | 60.6 | 61.9 | 41.0 | 82.7 | 87.1 | 72.5 | 100.0 |
| HS Grad/GED | 24.6 | 16.3 | 32.9 | 55.5 | 46.2 | 64.9 | 79.9 | 71.7 | 88.0 |
| 1 or more years of college | 16.1 | 11.2 | 20.9 | 50.9 | 41.8 | 60.0 | 71.8 | 65.0 | 78.6 |
| Employment Employed for wages | 11.7 | 6.6 | 16.8 | 52.3 | 42.0 | 62.6 | 69.2 | 61.0 | 77.4 |
| Household Income \$24,999 or less | 23.3 | 12.3 | 34.3 | 64.3 | 48.7 | 79.9 | 85.4 | 76.9 | 93.9 |
| \$25,000-49,999 | 20.3 | 13.2 | 27.3 | 49.2 | 40.5 | 57.9 | 69.8 | 61.5 | 78.0 |
| \$50,000 or more | 8.8 | 1.9 | 15.8 | 44.7 | 34.7 | 54.8 | 67.9 | 58.3 | 77.5 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 36.4 | 30.8 | 42.1 | 19.0 | 14.7 | 23.4 | 75.8 | 71.3 | 80.3 |
| Sex Men | 49.7 | 42.0 | 57.5 | 21.0 | 14.2 | 27.7 | 78.3 | 72.3 | 84.4 |
| Women | 24.3 | 17.8 | 30.8 | 17.3 | 11.9 | 22.7 | 73.6 | 66.7 | 80.4 |
| Race/ethnicity NH White | 35.8 | 29.7 | 41.9 | 18.9 | 14.3 | 23.5 | 77.1 | 72.4 | 81.9 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 47.5 | 39.2 | 55.7 | 21.0 | 13.8 | 28.2 | 78.6 | 72.2 | 85.0 |
| NH White women | 25.0 | 17.7 | 32.4 | 17.0 | 11.2 | 22.7 | 75.8 | 68.7 | 82.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 28.5 | 19.0 | 38.1 | 18.1 | 10.5 | 25.7 | 85.6 | 79.7 | 91.6 |
| 45-64 | 42.1 | 33.6 | 50.6 | 26.1 | 18.2 | 34.0 | 73.1 | 65.4 | 80.9 |
| 65 and older | 43.6 | 35.0 | 52.1 | 12.7 | 7.2 | 18.2 | 64.9 | 56.8 | 73.0 |
| Marital Status Never married | 13.9 | 3.8 | 24.1 | 24.8 | 10.5 | 39.0 | 87.8 | 79.1 | 96.6 |
| Married/ living together as a couple | 39.5 | 31.3 | 47.7 | 18.8 | 13.0 | 24.7 | 75.5 | 69.3 | 81.7 |
| Divorced/ widowed/separated | 37.5 | 29.2 | 45.8 | 17.4 | 10.8 | 24.1 | 72.4 | 65.0 | 79.9 |
| Education 0-11 years | 35.3 | 14.1 | 56.5 | 16.0 | 1.8 | 30.3 | 77.7 | 61.8 | 93.6 |
| HS Grad/GED | 35.6 | 26.8 | 44.4 | 21.2 | 13.0 | 29.3 | 79.7 | 72.8 | 86.6 |
| 1 or more years of college | 37.3 | 29.5 | 45.1 | 18.5 | 13.0 | 24.0 | 74.0 | 67.7 | 80.3 |
| Employment Employed for wages | 35.9 | 27.2 | 44.6 | 19.4 | 12.9 | 26.0 | 80.4 | 74.4 | 86.4 |
| Household Income \$24,999 or less | 30.2 | 16.4 | 44.0 | 13.7 | 5.5 | 21.9 | 75.3 | 63.7 | 86.8 |
| \$25,000-49,999 | 38.5 | 29.9 | 47.0 | 14.4 | 8.6 | 20.2 | 77.5 | 70.5 | 84.5 |
| \$50,000 or more | 41.2 | 31.5 | 50.9 | 24.4 | 15.0 | 33.8 | 81.8 | 74.9 | 88.7 |




## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 84.9 | 80.8 | 89.0 | 93.2 | 90.4 | 96.0 | 38.0 | 31.7 | 44.4 |
| Sex Men | 81.5 | 74.8 | 88.2 | 93.6 | 89.4 | 97.8 | 39.6 | 31.5 | 47.8 |
| Women | 88.0 | 83.4 | 92.6 | 92.9 | 89.1 | 96.7 | 36.7 | 27.3 | 46.1 |
| Race/ethnicity NH White | 86.1 | 81.9 | 90.4 | 92.9 | 90.0 | 95.9 | 38.8 | 31.8 | 45.8 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 82.3 | 75.2 | 89.3 | 92.6 | 87.8 | 97.4 | 39.7 | 31.0 | 48.4 |
| NH White women | 89.7 | 85.3 | 94.1 | 93.2 | 89.6 | 96.9 | 38.0 | 27.4 | 48.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 74.2 | 64.8 | 83.6 | 90.8 | 84.7 | 97.0 | 21.8 | 11.8 | 31.9 |
| 45-64 | 90.8 | 86.0 | 95.5 | 92.5 | 87.9 | 97.0 | 42.1 | 33.1 | 51.1 |
| 65 and older | 96.2 | 92.9 | 99.5 | 97.5 | 94.4 | 100.0 | 51.7 | 42.9 | 60.5 |
| Marital Status Never married | 79.2 | 65.3 | 93.0 | 88.3 | 74.8 | 100.0 | 15.2 | 4.5 | 25.8 |
| Married/ living together as a couple | 84.5 | 78.9 | 90.1 | 93.6 | 90.0 | 97.1 | 41.2 | 31.8 | 50.5 |
| Divorced/ widowed/separated | 88.0 | 82.1 | 93.8 | 94.0 | 90.0 | 97.9 | 38.8 | 29.8 | 47.8 |
| Education 0-11 years | 68.5 | 47.7 | 89.3 |  |  |  |  |  |  |
| HS Grad/GED | 82.4 | 74.1 | 90.7 | 94.4 | 89.7 | 99.2 | 43.9 | 34.2 | 53.6 |
| 1 or more years of college | 88.1 | 83.8 | 92.5 | 92.1 | 88.3 | 95.9 | 34.8 | 26.5 | 43.0 |
| Employment Employed for wages | 81.1 | 74.4 | 87.9 | 90.3 | 85.5 | 95.1 | 30.4 | 21.3 | 39.5 |
| Household Income \$24,999 or less | 89.7 | 82.2 | 97.1 | 93.8 | 87.9 | 99.7 | 31.4 | 16.1 | 46.6 |
| \$25,000-49,999 | 77.9 | 69.7 | 86.1 | 96.8 | 93.6 | 100.0 | 44.6 | 35.2 | 54.0 |
| \$50,000 or more | 86.4 | 78.8 | 94.0 | 89.5 | 83.2 | 95.9 | 36.0 | 25.8 | 46.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 12.3 | 8.8 | 15.8 | 63.1 | 49.1 | 77.1 | 7.2 | 4.7 | 9.6 |
| Sex Men | 10.8 | 5.9 | 15.7 |  |  |  | 9.6 | 5.4 | 13.8 |
| Women | 13.7 | 8.6 | 18.8 | 74.8 | 60.6 | 89.1 | 4.9 | 2.3 | 7.5 |
| Race/ethnicity NH White | 11.4 | 7.9 | 14.8 | 54.2 | 38.5 | 69.9 | 7.1 | 4.5 | 9.7 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 10.7 | 5.4 | 16.0 |  |  |  | 9.1 | 4.8 | 13.4 |
| NH White women | 12.0 | 7.3 | 16.7 | 66.1 | 48.8 | 83.3 | 5.2 | 2.3 | 8.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 15.9 | 8.8 | 23.0 |  |  |  | 3.4 | 0.4 | 6.3 |
| 45-64 | 11.7 | 6.6 | 16.8 |  |  |  | 8.3 | 3.5 | 13.0 |
| 65 and older | 6.7 | 2.5 | 11.0 |  |  |  | 12.0 | 6.7 | 17.3 |
| Marital Status Never married | 25.9 | 10.3 | 41.5 |  |  |  | 4.1 | 0.0 | 10.6 |
| Married/ living together as a couple | 8.9 | 5.0 | 12.9 |  |  |  | 6.5 | 3.3 | 9.6 |
| Divorced/ widowed/separated | 15.5 | 9.2 | 21.8 |  |  |  | 10.1 | 5.4 | 14.7 |
| Education 0-11 years | 12.9 | 0.0 | 27.5 |  |  |  | 10.9 | 0.0 | 22.0 |
| HS Grad/GED | 15.1 | 8.0 | 22.1 |  |  |  | 9.3 | 4.3 | 14.3 |
| 1 or more years of college | 11.0 | 6.9 | 15.1 | 58.1 | 39.7 | 76.5 | 5.8 | 3.0 | 8.6 |
| Employment Employed for wages | 13.2 | 7.8 | 18.6 | 65.8 | 45.9 | 85.6 | 5.6 | 2.5 | 8.7 |
| Household Income \$24,999 or less | 10.1 | 3.3 | 17.0 |  |  |  | 7.2 | 2.5 | 11.9 |
| \$25,000-49,999 | 13.2 | 7.3 | 19.0 |  |  |  | 4.3 | 1.4 | 7.3 |
| \$50,000 or more | 13.2 | 5.8 | 20.6 |  |  |  | 7.7 | 2.7 | 12.6 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 18.8 | 14.6 | 23.0 | 26.6 | 21.7 | 31.6 | 26.4 | 21.5 | 31.4 |
| Sex Men | 19.3 | 13.0 | 25.6 | 26.5 | 19.4 | 33.5 | 27.7 | 20.7 | 34.7 |
| Women | 18.4 | 12.8 | 24.0 | 26.8 | 19.7 | 33.8 | 25.2 | 18.4 | 32.1 |
| Race/ethnicity NH White | 18.4 | 13.9 | 22.8 | 24.5 | 19.4 | 29.6 | 24.0 | 18.9 | 29.0 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 18.6 | 11.9 | 25.3 | 24.6 | 17.3 | 31.9 | 26.5 | 19.2 | 33.9 |
|  | 18.2 | 12.2 | 24.2 | 24.3 | 17.1 | 31.5 | 21.7 | 15.0 | 28.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 12.7 | 6.5 | 18.8 | 20.8 | 12.8 | 28.8 | 21.3 | 13.3 | 29.3 |
|  | 27.8 | 19.9 | 35.6 | 32.2 | 24.1 | 40.3 | 34.8 | 26.3 | 43.3 |
|  | 19.3 | 12.3 | 26.4 | 30.3 | 21.9 | 38.8 | 26.4 | 18.6 | 34.1 |
| Marital Status Never married | 11.9 | 1.2 | 22.6 | 23.7 | 9.4 | 37.9 | 18.7 | 6.3 | 31.1 |
| Married/ living together as a couple | 19.8 | 14.0 | 25.5 | 26.4 | 19.7 | 33.2 | 28.5 | 21.5 | 35.4 |
| Divorced/ widowed/separated | 19.5 | 12.3 | 26.6 | 28.5 | 20.5 | 36.4 | 24.6 | 16.7 | 32.4 |
| Education <br> HS Grad/GED | 9.7 | 0.2 | 19.3 | 42.1 | 20.7 | 63.4 | 29.6 | 10.1 | 49.2 |
|  | 29.1 | 20.5 | 37.7 | 38.0 | 28.9 | 47.1 | 33.8 | 25.1 | 42.4 |
|  | 14.9 | 10.2 | 19.6 | 19.6 | 14.0 | 25.1 | 22.6 | 16.5 | 28.8 |
| Employment Employed for wages | 15.1 | 9.6 | 20.7 | 21.1 | 14.5 | 27.6 | 23.5 | 16.5 | 30.5 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 19.1 | 9.1 | 29.1 | 27.9 | 14.8 | 41.0 | 26.1 | 13.6 | 38.6 |
|  | 19.0 | 12.2 | 25.7 | 25.4 | 18.0 | 32.9 | 23.9 | 16.8 | 31.1 |
|  | 20.7 | 12.8 | 28.6 | 26.4 | 17.5 | 35.3 | 30.0 | 20.7 | 39.3 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 27.9 | 23.0 | 32.7 | 2.1 | 0.8 | 3.4 | 26.9 | 21.8 | 32.0 |
| Sex Men | 27.2 | 20.6 | 33.8 | 1.6 | 0.0 | 3.5 | 26.1 | 18.6 | 33.6 |
| Women | 28.5 | 21.2 | 35.7 | 2.6 | 0.8 | 4.5 | 27.6 | 20.5 | 34.8 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic <br> Race/ethnicity-Sex NH White men | 27.5 | 22.3 | 32.7 | 2.3 | 0.8 | 3.8 | 27.3 | 21.8 | 32.9 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  | 26.6 | 19.7 | 33.5 | 1.9 | 0.0 | 4.1 | 25.2 | 17.4 | 32.9 |
| Race/ethnicity-Sex NH White men <br>  NH White women | 28.3 | 20.5 | 36.2 | 2.7 | 0.7 | 4.7 | 29.2 | 21.0 | 37.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br> $45-64$  | 12.3 | 6.0 | 18.5 | 0.4 | 0.0 | 1.3 | 14.2 | 6.2 | 22.2 |
|  | 25.0 | 17.7 | 32.3 | 2.7 | 0.0 | 5.8 | 18.2 | 11.6 | 24.9 |
|  | 57.3 | 48.7 | 65.9 | 4.4 | 1.2 | 7.5 | 55.7 | 47.1 | 64.3 |
| Marital Status Never married | 17.3 | 4.8 | 29.8 |  |  |  | 28.5 | 11.2 | 45.7 |
| Married/ living together as a couple | 26.7 | 20.1 | 33.2 |  |  |  | 23.8 | 17.3 | 30.4 |
| Divorced/ widowed/separated | 34.6 | 26.8 | 42.4 |  |  |  | 34.5 | 26.5 | 42.6 |
| Education $0-11$ years <br> HS Grad/GED  <br> 1 1 or more years of college  | 45.8 | 24.4 | 67.2 |  |  |  |  |  |  |
|  | 29.4 | 21.2 | 37.5 |  |  |  | 35.0 | 25.8 | 44.3 |
|  | 25.6 | 19.4 | 31.8 |  |  |  | 22.2 | 16.2 | 28.2 |
| Employment Employed for wages | 18.5 | 12.3 | 24.7 | 1.4 | 0.0 | 3.1 | 14.1 | 7.8 | 20.5 |
| Household Income \$24,999 or less | 29.9 | 16.6 | 43.2 | 2.1 | 0.0 | 4.3 | 30.1 | 16.0 | 44.3 |
| \$25,000 - 49,999 | 31.8 | 23.9 | 39.7 | 0.8 | 0.0 | 2.1 | 28.0 | 20.2 | 35.8 |
| \$50,000 or more | 18.0 | 10.3 | 25.6 | 0.7 | 0.0 | 2.0 | 17.0 | 8.6 | 25.4 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Broward County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Broward County, 521 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Broward County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.
Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 1,623,018 | 15,982,378 | 13.7 | 10.4 | 17.0 | 70.8 | 64.9 | 76.7 |
| Sex Men | 48.3\% | 48.8\% | 10.5 | 5.7 | 15.4 | 64.5 | 55.5 | 73.6 |
| Women | 51.7\% | 51.2\% | 16.3 | 11.7 | 20.9 | 76.7 | 69.0 | 84.4 |
| Race/ethnicity NH White | 58.0\% | 65.4\% | 13.1 | 9.4 | 16.8 | 70.4 | 62.7 | 78.0 |
| NH Black | 20.0\% | 14.2\% | 20.1 | 9.4 | 30.8 | 66.8 | 51.4 | 82.2 |
| Hispanic | 16.7\% | 16.8\% | 16.1 | 0.0 | 34.4 |  |  |  |
| Race/ethnicity-Sex NH White men | 28.1\% | 31.9\% | 9.3 | 4.8 | 13.9 | 63.2 | 52.0 | 74.4 |
| NH White women | 29.9\% | 33.6\% | 16.4 | 10.7 | 22.0 | 78.8 | 68.8 | 88.8 |
| NH Black men | 9.4\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 10.6\% | 7.4\% | 23.7 | 9.9 | 37.5 | 58.6 | 39.5 | 77.6 |
| Hispanic men | 8.2\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 8.5\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 38.6\% | 36.9\% | 8.4 | 3.9 | 12.8 | 67.8 | 59.9 | 75.8 |
| 45-64 | 21.7\% | 22.7\% | 14.4 | 8.8 | 20.1 | 77.1 | 67.7 | 86.5 |
| 65 and older | 16.1\% | 17.6\% | 25.4 | 16.6 | 34.3 |  |  |  |
| Marital Status Never married | 24.5\% | 22.5\% | 6.3 | 1.9 | 10.6 | 69.7 | 57.6 | 81.8 |
| Married/ living together as a couple | 51.0\% | 53.7\% | 12.2 | 7.7 | 16.7 | 72.9 | 64.7 | 81.1 |
| Divorced/ widowed/separated | 24.4\% | 23.8\% | 19.4 | 12.9 | 25.9 | 68.1 | 55.6 | 80.7 |
| Education 0-11 years | 18.0\% | 20.1\% | 40.0 | 16.7 | 63.3 |  |  |  |
| HS Grad/GED | 28.4\% | 28.7\% | 15.0 | 8.8 | 21.1 | 53.6 | 40.2 | 67.1 |
| 1 or more years of college | 53.6\% | 51.1\% | 10.4 | 7.1 | 13.8 | 76.8 | 70.4 | 83.2 |
| Employment Employed for wages | 59.2\% | 54.9\% | 7.2 | 4.2 | 10.3 | 70.8 | 64.9 | 76.7 |
| Household Income \$24,999 or less | 28.7\% | 30.8\% | 29.4 | 19.0 | 39.9 | 46.5 | 28.0 | 65.1 |
| \$25,000-49,999 | 29.4\% | 31.6\% | 6.8 | 2.7 | 10.9 | 69.9 | 59.4 | 80.4 |
| \$50,000 or more | 41.8\% | 37.6\% | 5.9 | 2.1 | 9.7 | 76.1 | 67.6 | 84.6 |

[^6]

| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 17.7 | 14.0 | 21.5 | 57.1 | 45.2 | 69.0 | 13.2 | 9.7 | 16.6 |
| Sex Men | 20.7 | 14.4 | 27.0 | 61.0 | 43.0 | 79.0 | 22.9 | 16.3 | 29.4 |
| Women | 15.2 | 10.9 | 19.6 | 52.7 | 36.9 | 68.6 | 5.0 | 2.2 | 7.8 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 21.7 | 16.8 | 26.5 | 56.3 | 43.6 | 69.0 | 17.0 | 12.4 | 21.7 |
| NH Black | 9.0 | 2.4 | 15.6 |  |  |  | 1.6 | 0.0 | 4.9 |
| Hispanic | 13.3 | 0.0 | 31.8 |  |  |  | 9.0 | 0.0 | 26.3 |
| Race/ethnicity-Sex NH White men | 23.4 | 15.7 | 31.1 | 60.9 | 42.1 | 79.6 | 28.3 | 20.2 | 36.4 |
| NH White women | 20.1 | 14.0 | 26.3 | 51.6 | 34.0 | 69.1 | 6.9 | 2.6 | 11.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 7.0 | 0.4 | 13.6 |  |  |  | 2.3 | 0.0 | 7.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 18.2 | 12.3 | 24.0 | 62.9 | 44.0 | 81.7 | 17.9 | 12.0 | 23.9 |
| 45-64 | 22.7 | 15.4 | 30.0 | 54.0 | 35.5 | 72.4 | 9.4 | 4.6 | 14.2 |
| 65 and older | 11.7 | 5.8 | 17.6 |  |  |  | 7.7 | 2.2 | 13.1 |
| Marital Status Never married | 10.0 | 4.2 | 15.9 |  |  |  | 15.2 | 7.8 | 22.7 |
| Married/ living together as a couple | 17.3 | 12.1 | 22.5 | 55.5 | 38.5 | 72.5 | 13.0 | 8.2 | 17.8 |
| Divorced/ widowed/separated | 22.6 | 15.5 | 29.8 | 67.0 | 49.9 | 84.1 | 9.5 | 4.3 | 14.8 |
| Education 0-11 years | 25.0 | 2.9 | 47.0 |  |  |  | 24.3 | 2.0 | 46.6 |
| HS Grad/GED | 21.1 | 13.6 | 28.6 | 64.0 | 44.4 | 83.7 | 12.2 | 5.8 | 18.6 |
| 1 or more years of college | 15.6 | 11.4 | 19.8 | 59.5 | 44.8 | 74.1 | 12.4 | 8.5 | 16.3 |
| Employment Employed for wages | 17.6 | 13.0 | 22.3 | 60.5 | 46.0 | 75.1 | 16.7 | 11.9 | 21.5 |
| Household Income \$24,999 or less | 25.9 | 15.4 | 36.4 |  |  |  | 15.6 | 5.7 | 25.5 |
| \$25,000 - 49,999 | 22.7 | 15.0 | 30.5 | 70.7 | 53.1 | 88.3 | 11.2 | 5.3 | 17.1 |
| \$50,000 or more | 14.0 | 8.2 | 19.7 |  |  |  | 15.9 | 9.7 | 22.2 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 19.1 | 15.0 | 23.3 | 24.8 | 20.4 | 29.2 | 8.0 | 5.2 | 10.9 |
| Sex Men | 20.4 | 13.9 | 26.9 | 36.5 | 29.1 | 44.0 | 6.6 | 2.3 | 10.9 |
| Women | 18.1 | 12.6 | 23.5 | 14.9 | 10.4 | 19.5 | 9.3 | 5.4 | 13.1 |
| Race/ethnicity NH White | 15.0 | 10.6 | 19.4 | 20.7 | 16.0 | 25.5 | 6.0 | 3.3 | 8.8 |
| NH Black | 27.3 | 14.0 | 40.6 | 28.1 | 15.5 | 40.7 | 12.7 | 4.5 | 20.8 |
| Hispanic | 33.3 | 12.9 | 53.7 | 39.0 | 17.7 | 60.4 | 10.4 | 0.0 | 27.7 |
| Race/ethnicity-Sex NH White men | 17.6 | 10.9 | 24.4 | 31.1 | 23.0 | 39.2 | 5.0 | 1.4 | 8.7 |
| NH White women | 12.7 | 6.9 | 18.5 | 11.2 | 6.3 | 16.2 | 6.9 | 2.8 | 11.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 30.9 | 15.1 | 46.7 | 21.1 | 8.3 | 33.8 | 15.8 | 5.1 | 26.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 28.8 | 21.8 | 35.9 | 35.5 | 28.3 | 42.7 | 9.3 | 4.4 | 14.2 |
| 45-64 | 13.3 | 7.9 | 18.6 | 16.2 | 10.3 | 22.1 | 11.0 | 6.0 | 15.9 |
| 65 and older | 4.9 | 0.0 | 10.6 | 8.5 | 2.8 | 14.3 | 1.8 | 0.0 | 4.6 |
| Marital Status Never married | 37.2 | 25.8 | 48.7 | 41.3 | 30.0 | 52.6 | 12.1 | 4.5 | 19.7 |
| Married/ living together as a couple | 14.0 | 9.0 | 19.0 | 20.3 | 14.8 | 25.8 | 5.0 | 2.3 | 7.7 |
| Divorced/ widowed/separated | 13.0 | 7.2 | 18.8 | 17.9 | 10.9 | 24.8 | 8.1 | 3.3 | 12.9 |
| Education 0-11 years | 33.9 | 9.9 | 58.0 | 33.3 | 10.5 | 56.1 | 16.0 | 0.0 | 37.3 |
| HS Grad/GED | 20.8 | 12.8 | 28.8 | 33.4 | 24.0 | 42.9 | 8.4 | 3.5 | 13.4 |
| 1 or more years of college | 16.7 | 12.0 | 21.4 | 20.2 | 15.5 | 24.8 | 7.0 | 4.0 | 10.1 |
| Employment Employed for wages | 17.4 | 12.5 | 22.2 | 27.7 | 22.0 | 33.4 | 9.1 | 5.5 | 12.7 |
| Household Income \$24,999 or less | 32.0 | 20.8 | 43.1 | 32.1 | 21.0 | 43.1 | 18.2 | 8.3 | 28.0 |
| \$25,000 - 49,999 | 23.6 | 15.0 | 32.2 | 35.2 | 25.8 | 44.7 | 5.7 | 1.8 | 9.5 |
| \$50,000 or more | 9.1 | 3.7 | 14.5 | 17.5 | 11.3 | 23.7 | 5.2 | 1.0 | 9.4 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 72.3 | 67.7 | 76.8 | 49.2 | 44.3 | 54.2 | 74.7 | 70.1 | 79.2 |
| Sex Men | 69.2 | 62.0 | 76.4 | 50.6 | 43.0 | 58.2 | 74.1 | 67.3 | 81.0 |
| Women | 74.8 | 69.0 | 80.6 | 48.1 | 41.6 | 54.6 | 75.1 | 69.0 | 81.2 |
| Race/ethnicity NH White | 71.4 | 66.0 | 76.8 | 48.7 | 42.7 | 54.6 | 73.7 | 68.2 | 79.2 |
| NH Black | 74.2 | 62.0 | 86.5 | 47.7 | 33.9 | 61.5 | 72.8 | 59.7 | 85.8 |
| Hispanic | 70.0 | 49.9 | 90.2 | 56.3 | 35.2 | 77.4 | 78.5 | 62.2 | 94.9 |
| Race/ethnicity-Sex NH White men | 68.2 | 59.9 | 76.5 | 48.3 | 39.4 | 57.3 | 71.2 | 62.8 | 79.6 |
| NH White women | 74.2 | 67.0 | 81.3 | 48.9 | 40.9 | 56.9 | 76.0 | 68.8 | 83.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 80.7 | 68.9 | 92.5 | 50.3 | 34.1 | 66.5 | 78.3 | 64.7 | 92.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 66.5 | 59.3 | 73.7 | 70.5 | 63.7 | 77.3 | 71.6 | 64.8 | 78.4 |
| 45-64 | 76.9 | 69.4 | 84.4 | 37.1 | 28.7 | 45.6 | 76.2 | 68.1 | 84.2 |
| 65 and older | 80.9 | 73.0 | 88.7 | 16.8 | 9.4 | 24.2 | 82.0 | 72.8 | 91.1 |
| Marital Status Never married | 64.7 | 53.5 | 75.8 | 75.4 | 66.6 | 84.2 | 68.1 | 57.3 | 78.9 |
| Married/ living together as a couple | 73.9 | 67.6 | 80.2 | 48.8 | 41.7 | 55.9 | 76.8 | 70.4 | 83.2 |
| Divorced/ widowed/separated | 77.5 | 70.6 | 84.5 | 30.8 | 23.1 | 38.4 | 76.6 | 69.0 | 84.2 |
| Education 0-11 years | 66.8 | 43.9 | 89.7 | 25.4 | 5.4 | 45.5 |  |  |  |
| HS Grad/GED | 67.4 | 58.3 | 76.5 | 43.4 | 33.7 | 53.0 | 74.4 | 65.3 | 83.4 |
| 1 or more years of college | 74.8 | 69.5 | 80.2 | 54.1 | 48.2 | 60.0 | 75.4 | 70.0 | 80.8 |
| Employment Employed for wages | 73.5 | 67.7 | 79.3 | 57.8 | 51.5 | 64.1 | 73.6 | 67.8 | 79.4 |
| Household Income \$24,999 or less | 61.7 | 50.4 | 72.9 | 29.8 | 19.3 | 40.3 | 69.6 | 59.0 | 80.2 |
| \$25,000-49,999 | 67.8 | 58.8 | 76.9 | 59.9 | 50.5 | 69.2 | 68.9 | 59.8 | 78.0 |
| \$50,000 or more | 77.1 | 69.6 | 84.7 | 56.1 | 47.6 | 64.6 | 78.0 | 70.4 | 85.6 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 26.8 | 22.5 | 31.0 | 69.9 | 60.9 | 79.0 | 21.5 | 17.4 | 25.7 |
| Sex Men | 27.1 | 20.3 | 33.8 | 55.8 | 40.5 | 71.0 | 21.3 | 15.0 | 27.6 |
| Women | 26.5 | 21.0 | 32.1 | 82.0 | 73.3 | 90.7 | 21.7 | 16.2 | 27.3 |
| Race/ethnicity NH White | 28.4 | 23.2 | 33.7 | 71.9 | 61.6 | 82.2 | 19.9 | 15.2 | 24.6 |
| NH Black | 26.6 | 14.6 | 38.6 |  |  |  | 18.8 | 7.8 | 29.8 |
| Hispanic | 29.0 | 8.8 | 49.2 |  |  |  | 40.0 | 19.4 | 60.6 |
| Race/ethnicity-Sex NH White men | 29.3 | 21.3 | 37.2 | 59.8 | 43.0 | 76.6 | 22.2 | 14.8 | 29.6 |
| NH White women | 27.7 | 20.8 | 34.7 | 83.3 | 72.1 | 94.4 | 17.8 | 11.7 | 24.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 28.7 | 13.9 | 43.4 |  |  |  | 24.6 | 9.8 | 39.4 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 12.5 | 7.4 | 17.6 |  |  |  | 13.7 | 8.5 | 18.8 |
| 45-64 | 29.4 | 21.2 | 37.6 | 71.2 | 55.5 | 86.9 | 32.0 | 23.0 | 41.0 |
| 65 and older | 56.0 | 46.3 | 65.8 | 91.7 | 85.3 | 98.1 | 28.6 | 19.5 | 37.8 |
| Marital Status Never married | 10.8 | 4.9 | 16.7 |  |  |  | 14.7 | 7.4 | 21.9 |
| Married/ living together as a couple | 23.5 | 17.5 | 29.4 | 78.9 | 66.4 | 91.3 | 23.5 | 17.3 | 29.7 |
| Divorced/ widowed/separated | 42.5 | 34.2 | 50.8 | 72.3 | 60.4 | 84.3 | 21.3 | 14.5 | 28.1 |
| Education 0-11 years | 55.6 | 33.8 | 77.5 |  |  |  | 32.2 | 8.7 | 55.8 |
| HS Grad/GED | 35.0 | 26.1 | 43.9 | 66.9 | 51.9 | 81.9 | 23.9 | 15.9 | 31.8 |
| 1 or more years of college | 20.2 | 15.7 | 24.8 | 75.6 | 64.7 | 86.6 | 19.4 | 14.7 | 24.1 |
| Employment Employed for wages | 20.6 | 15.4 | 25.8 | 57.2 | 42.9 | 71.6 | 21.0 | 15.7 | 26.3 |
| Household Income \$24,999 or less | 39.8 | 28.9 | 50.7 | 56.3 | 37.7 | 74.9 | 25.6 | 15.3 | 35.9 |
| \$25,000-49,999 | 22.4 | 14.5 | 30.3 | 68.1 | 48.7 | 87.6 | 19.4 | 12.0 | 26.9 |
| \$50,000 or more | 18.0 | 11.5 | 24.5 | 61.7 | 41.0 | 82.5 | 19.2 | 12.4 | 25.9 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 85.2 | 81.5 | 88.9 | 91.7 | 88.8 | 94.7 | 34.4 | 29.4 | 39.4 |
| Sex Men | 82.2 | 76.2 | 88.2 | 90.8 | 85.7 | 95.8 | 37.9 | 29.8 | 45.9 |
| Women | 87.8 | 83.3 | 92.3 | 92.5 | 89.1 | 96.0 | 31.7 | 25.5 | 37.9 |
| Race/ethnicity NH White | 88.7 | 84.9 | 92.4 | 91.3 | 88.0 | 94.7 | 38.0 | 32.0 | 43.9 |
| NH Black | 81.2 | 71.2 | 91.1 | 87.3 | 74.9 | 99.6 | 20.7 | 7.8 | 33.6 |
| Hispanic | 75.7 | 56.3 | 95.1 |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 84.8 | 78.4 | 91.2 | 90.1 | 84.7 | 95.4 | 39.0 | 29.8 | 48.3 |
| NH White women | 92.1 | 88.0 | 96.3 | 92.4 | 88.2 | 96.6 | 37.0 | 29.1 | 44.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 77.9 | 64.8 | 91.0 | 93.5 | 85.6 | 100.0 | 17.8 | 2.9 | 32.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 79.3 | 73.2 | 85.4 | 89.3 | 84.1 | 94.5 | 23.3 | 16.1 | 30.5 |
| 45-64 | 89.7 | 83.2 | 96.1 | 89.4 | 83.9 | 94.9 | 38.4 | 29.2 | 47.6 |
| 65 and older | 94.6 | 90.4 | 98.7 | 99.1 | 97.6 | 100.0 | 51.9 | 41.7 | 62.1 |
| Marital Status Never married | 74.5 | 64.4 | 84.7 | 87.1 | 77.9 | 96.4 | 24.4 | 13.7 | 35.1 |
| Married/ living together as a couple | 87.0 | 82.0 | 92.1 | 91.9 | 87.9 | 95.9 | 35.6 | 28.5 | 42.7 |
| Divorced/ widowed/separated | 90.6 | 85.3 | 95.8 | 95.0 | 91.2 | 98.8 | 36.2 | 27.7 | 44.6 |
| Education 0-11 years | 87.3 | 72.5 | 100.9 |  |  |  |  |  |  |
| HS Grad/GED | 74.9 | 66.3 | 83.5 | 91.4 | 84.1 | 98.7 | 45.6 | 34.8 | 56.5 |
| 1 or more years of college | 89.3 | 85.4 | 93.3 | 91.7 | 88.4 | 95.0 | 28.8 | 23.4 | 34.3 |
| Employment Employed for wages | 86.6 | 82.0 | 91.2 | 91.0 | 87.3 | 94.7 | 29.8 | 23.5 | 36.2 |
| Household Income \$24,999 or less | 78.5 | 69.1 | 87.9 | 95.2 | 91.0 | 99.4 | 44.5 | 32.1 | 57.0 |
| \$25,000-49,999 | 83.8 | 76.2 | 91.3 | 86.3 | 78.5 | 94.2 | 31.5 | 21.9 | 41.0 |
| \$50,000 or more | 93.5 | 89.4 | 97.5 | 92.1 | 87.5 | 96.7 | 31.3 | 23.0 | 39.7 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 8.2 | 5.8 | 10.6 | 61.0 | 44.9 | 77.1 | 7.0 | 4.3 | 9.8 |
| Sex Men <br>  Women | 6.8 | 3.5 | 10.1 |  |  |  | 7.6 | 3.1 | 12.1 |
|  | 9.3 | 5.8 | 12.8 | 65.5 | 44.3 | 86.7 | 6.6 | 3.2 | 9.9 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 9.2 | 5.9 | 12.4 | 66.1 | 46.9 | 85.4 | 7.1 | 4.3 | 10.0 |
|  | 11.9 | 4.2 | 19.5 |  |  |  | 0.8 | 0.0 | 2.5 |
|  | 2.9 | 0.0 | 7.1 |  |  |  | 11.4 | 0.0 | 28.7 |
| Race/ethnicity-Sex NH White men | 9.7 | 4.8 | 14.7 |  |  |  | 6.3 | 2.3 | 10.2 |
| NH White women | 8.6 | 4.3 | 13.0 |  |  |  | 7.9 | 3.8 | 12.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 14.6 | 4.3 | 24.9 |  |  |  | 1.2 | 0.0 | 3.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 7.8 | 4.2 | 11.3 |  |  |  | 4.5 | 0.7 | 8.4 |
| 45-64 | 7.8 | 3.6 | 12.0 |  |  |  | 8.7 | 3.1 | 14.3 |
| 65 and older | 9.7 | 4.2 | 15.2 |  |  |  | 11.5 | 5.6 | 17.5 |
| Marital Status Never married | 11.8 | 5.2 | 18.4 |  |  |  | 4.3 | 0.6 | 7.9 |
| Married/ living together as a couple | 6.6 | 3.4 | 9.8 |  |  |  | 8.0 | 4.0 | 12.0 |
| Divorced/ widowed/separated | 8.8 | 4.5 | 13.1 |  |  |  | 4.7 | 1.8 | 7.6 |
| Education 0-11 years | 3.3 | 0.0 | 8.1 |  |  |  | 19.6 | 0.0 | 41.0 |
| HS Grad/GED | 7.6 | 2.9 | 12.2 |  |  |  | 8.0 | 3.4 | 12.6 |
| 1 or more years of college | 9.0 | 5.9 | 12.0 |  |  |  | 5.3 | 2.4 | 8.2 |
| Employment Employed for wages | 7.1 | 4.1 | 10.2 |  |  |  | 4.8 | 1.7 | 7.8 |
| Household Income \$24,999 or less | 10.5 | 4.3 | 16.7 |  |  |  | 12.7 | 4.2 | 21.2 |
| \$25,000-49,999 | 5.8 | 1.8 | 9.8 |  |  |  | 4.2 | 0.4 | 8.0 |
| \$50,000 or more | 8.0 | 3.8 | 12.3 |  |  |  | 3.7 | 0.7 | 6.6 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Calhoun County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Calhoun County, 514 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Calhoun County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | Cl |  |
| All | 13,017 | 15,982,378 | 29.3 | 22.2 | 36.4 | 60.9 | 48.0 | 73.8 |
| Sex Men | 54.0\% | 48.8\% | 32.4 | 23.2 | 41.7 | 48.2 | 36.9 | 59.4 |
| Women | 46.0\% | 51.2\% | 26.3 | 16.4 | 36.1 | 77.4 | 61.6 | 93.3 |
| Race/ethnicity NH White | 77.6\% | 65.4\% | 27.0 | 18.9 | 35.1 | 62.9 | 47.6 | 78.2 |
| NH Black | 15.6\% | 14.2\% | 26.0 | 9.9 | 42.1 |  |  |  |
| Hispanic | 3.8\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 39.3\% | 31.9\% | 30.6 | 20.4 | 40.8 | 45.3 | 32.9 | 57.6 |
| NH White women | 38.4\% | 33.6\% | 23.3 | 12.0 | 34.5 | 86.7 | 74.9 | 98.5 |
| NH Black men | 10.3\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 5.3\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 2.9\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.9\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 40.5\% | 36.9\% | 19.1 | 7.8 | 30.4 | 61.8 | 43.5 | 80.0 |
| 45-64 | 22.3\% | 22.7\% | 38.3 | 27.9 | 48.8 | 60.8 | 45.7 | 75.9 |
| 65 and older | 14.0\% | 17.6\% | 37.2 | 27.6 | 46.7 |  |  |  |
| Marital Status Never married | 21.6\% | 22.5\% | 23.4 | 9.5 | 37.3 | 61.2 | 40.7 | 81.7 |
| Married/ living together as a couple | 51.9\% | 53.7\% | 25.2 | 15.4 | 35.0 | 61.2 | 44.1 | 78.4 |
| Divorced/ widowed/separated | 26.5\% | 23.8\% | 41.8 | 30.5 | 53.2 | 59.5 | 36.8 | 82.3 |
| Education 0-11 years | 30.9\% | 20.1\% | 48.4 | 35.9 | 60.9 |  |  |  |
| HS Grad/GED | 38.6\% | 28.7\% | 40.5 | 30.5 | 50.5 | 47.4 | 33.1 | 61.6 |
| 1 or more years of college | 30.6\% | 51.1\% | 10.2 | 4.5 | 15.9 | 74.8 | 59.5 | 90.2 |
| Employment Employed for wages | 44.3\% | 54.9\% | 17.8 | 8.7 | 26.9 | 60.9 | 48.0 | 73.8 |
| Household Income \$24,999 or less | 47.2\% | 30.8\% | 43.1 | 33.1 | 53.1 | 52.3 | 32.6 | 72.0 |
| \$25,000-49,999 | 30.7\% | 31.6\% | 15.0 | 6.0 | 23.9 | 69.3 | 48.3 | 90.3 |
| \$50,000 or more | 22.1\% | 37.6\% | 2.9 | 0.0 | 6.6 | 74.3 | 61.1 | 87.6 |

[^7]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 41.5 | 31.2 | 51.7 | 49.7 | 40.1 | 59.2 | 79.8 | 73.7 | 85.9 |
| Sex Men | 32.1 | 24.3 | 39.9 | 49.5 | 40.8 | 58.2 | 71.5 | 62.4 | 80.6 |
| Women | 50.7 | 34.2 | 67.2 | 49.8 | 32.9 | 66.7 | 88.0 | 82.2 | 93.7 |
| Race/ethnicity NH White | 39.6 | 26.7 | 52.6 | 47.8 | 36.4 | 59.2 | 78.8 | 71.3 | 86.3 |
| NH Black | 43.3 | 26.5 | 60.1 | 56.0 | 38.8 | 73.2 | 80.8 | 65.7 | 95.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 27.6 | 19.9 | 35.2 | 47.2 | 37.8 | 56.6 | 68.6 | 58.2 | 79.0 |
| NH White women | 52.1 | 31.1 | 73.1 | 48.4 | 27.0 | 69.9 | 89.3 | 83.1 | 95.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 39.5 | 18.8 | 60.1 | 35.7 | 21.9 | 49.6 | 73.7 | 61.1 | 86.3 |
| 45-64 | 41.8 | 30.9 | 52.6 | 59.0 | 48.3 | 69.6 | 83.8 | 76.9 | 90.8 |
| 65 and older | 47.6 | 37.2 | 57.9 | 66.4 | 56.4 | 76.4 | 86.5 | 78.6 | 94.4 |
| Marital Status Never married | 31.4 | 18.6 | 44.2 | 51.7 | 36.2 | 67.1 | 70.8 | 55.7 | 85.8 |
| Married/ living together as a couple | 42.2 | 26.8 | 57.6 | 43.6 | 30.9 | 56.3 | 80.1 | 71.3 | 88.8 |
| Divorced/ widowed/separated | 44.2 | 32.5 | 56.0 | 63.4 | 52.5 | 74.2 | 83.2 | 75.1 | 91.2 |
| Education 0-11 years | 48.4 | 35.9 | 61.0 | 66.6 | 54.8 | 78.3 | 88.8 | 81.1 | 96.4 |
| HS Grad/GED | 40.5 | 31.5 | 49.5 | 48.9 | 39.3 | 58.4 | 72.9 | 62.3 | 83.6 |
| 1 or more years of college | 39.4 | 16.4 | 62.4 | 43.1 | 24.7 | 61.4 | 82.4 | 73.7 | 91.1 |
| Employment Employed for wages | 38.8 | 21.8 | 55.7 | 43.8 | 29.9 | 57.6 | 74.3 | 63.9 | 84.7 |
| Household Income \$24,999 or less | 43.7 | 33.6 | 53.8 | 60.3 | 50.4 | 70.2 | 80.2 | 72.2 | 88.1 |
| \$25,000-49,999 | 46.5 | 20.7 | 72.4 | 33.3 | 16.0 | 50.5 | 81.7 | 71.1 | 92.3 |
| \$50,000 or more | 24.1 | 11.7 | 36.5 | 56.3 | 42.4 | 70.3 | 73.6 | 60.9 | 86.4 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 31.4 | 24.5 | 38.2 | 34.0 | 23.0 | 45.0 | 74.1 | 62.3 | 85.8 |
| Sex Men | 39.0 | 30.9 | 47.2 | 28.5 | 21.2 | 35.9 | 84.1 | 78.2 | 90.0 |
| Women | 23.9 | 14.8 | 32.9 | 39.4 | 20.3 | 58.5 | 64.3 | 44.3 | 84.2 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 27.5 | 20.2 | 34.9 | 35.4 | 21.8 | 48.9 | 74.6 | 59.7 | 89.5 |
| NH Black | 50.4 | 33.3 | 67.5 | 32.3 | 15.9 | 48.7 | 80.3 | 66.3 | 94.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 36.3 | 27.8 | 44.8 | 30.9 | 22.6 | 39.2 | 85.1 | 79.4 | 90.8 |
| NH White women | 18.4 | 9.5 | 27.3 | 40.0 | 15.4 | 64.7 | 63.7 | 37.9 | 89.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 30.3 | 18.2 | 42.5 | 36.1 | 14.5 | 57.6 | 71.1 | 47.7 | 94.5 |
| 45-64 | 32.8 | 23.1 | 42.5 | 37.7 | 27.3 | 48.0 | 81.1 | 73.8 | 88.4 |
| 65 and older | 33.2 | 23.7 | 42.7 | 23.4 | 14.6 | 32.1 | 69.7 | 60.4 | 79.0 |
| Marital Status Never married | 38.8 | 23.8 | 53.8 | 19.5 | 7.0 | 32.0 | 88.4 | 79.5 | 97.3 |
| Married/ living together as a couple | 31.2 | 21.4 | 41.0 | 39.7 | 23.9 | 55.5 | 69.6 | 52.1 | 87.1 |
| Divorced/ widowed/separated | 28.5 | 19.2 | 37.8 | 26.6 | 17.8 | 35.4 | 78.5 | 70.7 | 86.4 |
| Education 0-11 years | 44.4 | 32.0 | 56.9 | 24.5 | 15.1 | 33.9 | 75.4 | 64.2 | 86.5 |
| HS Grad/GED | 30.6 | 22.7 | 38.5 | 37.6 | 28.6 | 46.5 | 81.1 | 74.8 | 87.4 |
| 1 or more years of college | 26.3 | 14.5 | 38.2 | 34.8 | 10.5 | 59.2 | 66.9 | 42.1 | 91.7 |
| Employment Employed for wages | 30.6 | 20.3 | 40.9 | 37.5 | 20.3 | 54.7 | 73.8 | 54.5 | 93.1 |
| Household Income \$24,999 or less | 34.3 | 25.1 | 43.6 | 24.0 | 16.3 | 31.8 | 77.7 | 69.8 | 85.5 |
| \$25,000-49,999 | 31.1 | 14.7 | 47.4 | 45.9 | 19.7 | 72.0 | 63.1 | 33.3 | 92.9 |
| \$50,000 or more | 29.2 | 16.2 | 42.2 | 28.2 | 14.8 | 41.6 | 81.9 | 71.6 | 92.3 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 32.7 | 24.6 | 40.8 | 54.3 | 41.0 | 67.6 | 11.3 | 7.3 | 15.3 |
| Sex Men | 37.1 | 28.2 | 46.0 | 47.6 | 31.6 | 63.6 | 17.5 | 11.2 | 23.7 |
| Women | 28.4 | 15.7 | 41.1 | 62.8 | 44.0 | 81.6 | 5.2 | 1.5 | 9.0 |
| Race/ethnicity NH White | 32.3 | 22.5 | 42.2 | 56.2 | 40.0 | 72.5 | 9.3 | 5.5 | 13.1 |
| NH Black | 35.2 | 19.4 | 51.0 |  |  |  | 16.3 | 3.4 | 29.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 37.3 | 27.2 | 47.5 | 47.6 | 28.8 | 66.3 | 15.1 | 9.2 | 21.0 |
| NH White women | 27.2 | 11.2 | 43.2 | 68.5 | 47.4 | 89.6 | 3.3 | 0.1 | 6.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 34.2 | 19.8 | 48.6 | 52.2 | 32.5 | 71.9 | 13.8 | 6.4 | 21.2 |
| 45-64 | 37.5 | 25.2 | 49.9 | 60.4 | 40.0 | 80.8 | 10.6 | 4.9 | 16.4 |
| 65 and older | 18.0 | 9.2 | 26.7 |  |  |  | 6.0 | 0.0 | 12.8 |
| Marital Status Never married | 37.5 | 23.2 | 51.8 |  |  |  | 21.0 | 9.4 | 32.5 |
| Married/ living together as a couple | 25.5 | 15.6 | 35.4 | 44.0 | 25.0 | 63.0 | 9.0 | 4.0 | 13.9 |
| Divorced/ widowed/separated | 47.9 | 34.9 | 60.9 | 68.0 | 49.4 | 86.5 | 12.6 | 5.4 | 19.9 |
| Education 0-11 years | 38.2 | 26.6 | 49.9 | 50.4 | 31.7 | 69.0 | 18.1 | 7.1 | 29.2 |
| HS Grad/GED | 39.1 | 29.1 | 49.0 | 43.5 | 26.8 | 60.3 | 14.0 | 7.9 | 20.1 |
| 1 or more years of college | 24.1 | 9.5 | 38.7 | 73.6 | 52.9 | 94.3 | 5.8 | 1.4 | 10.2 |
| Employment Employed for wages | 32.3 | 19.9 | 44.8 | 57.7 | 37.8 | 77.7 | 14.7 | 8.1 | 21.2 |
| Household Income \$24,999 or less | 46.1 | 35.2 | 57.0 | 60.8 | 44.4 | 77.1 | 16.3 | 8.7 | 23.9 |
| \$25,000-49,999 | 20.1 | 7.4 | 32.7 | 74.3 | 56.2 | 92.3 | 11.8 | 3.9 | 19.7 |
| \$50,000 or more | 18.0 | 7.5 | 28.6 |  |  |  | 6.4 | 0.3 | 12.6 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 26.8 | 19.2 | 34.3 | 23.9 | 17.1 | 30.6 | 8.6 | 5.4 | 11.9 |
| Sex Men | 35.8 | 26.7 | 45.0 | 34.3 | 25.2 | 43.4 | 9.1 | 4.4 | 13.9 |
| Women | 18.0 | 7.4 | 28.6 | 13.6 | 6.3 | 20.9 | 8.2 | 3.9 | 12.5 |
| Race/ethnicity $\quad$ NH White | 27.2 | 18.0 | 36.4 | 24.2 | 16.1 | 32.3 | 7.6 | 4.7 | 10.5 |
| NH Black | 26.8 | 10.6 | 42.9 | 23.6 | 8.7 | 38.6 | 7.9 | 0.0 | 18.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 36.2 | 26.0 | 46.4 | 36.4 | 26.2 | 46.6 | 8.4 | 4.1 | 12.6 |
| NH White women | 18.0 | 4.5 | 31.6 | 11.6 | 3.3 | 19.9 | 6.8 | 3.0 | 10.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 32.5 | 18.7 | 46.4 | 32.8 | 18.6 | 47.0 | 8.5 | 3.8 | 13.2 |
| 45-64 | 30.8 | 17.9 | 43.7 | 19.1 | 11.5 | 26.6 | 11.1 | 4.4 | 17.7 |
| 65 and older | 5.1 | 0.9 | 9.3 | 9.8 | 3.8 | 15.8 | 3.7 | 0.3 | 7.1 |
| Marital Status Never married | 44.5 | 29.1 | 59.9 | 30.0 | 16.0 | 44.1 | 9.0 | 1.3 | 16.7 |
| Married/ living together as a couple | 21.7 | 12.6 | 30.8 | 24.5 | 14.5 | 34.4 | 6.5 | 2.7 | 10.3 |
| Divorced/ widowed/separated | 31.1 | 15.7 | 46.4 | 19.6 | 11.9 | 27.4 | 13.7 | 6.6 | 20.8 |
| Education 0-11 years | 36.5 | 24.1 | 48.9 | 31.2 | 18.6 | 43.7 | 14.0 | 3.9 | 24.0 |
| HS Grad/GED | 31.9 | 21.7 | 42.0 | 28.1 | 17.9 | 38.3 | 9.1 | 4.7 | 13.4 |
| 1 or more years of college | 17.5 | 4.6 | 30.4 | 16.6 | 7.1 | 26.2 | 5.9 | 1.8 | 10.0 |
| Employment Employed for wages | 35.3 | 22.3 | 48.2 | 27.6 | 17.0 | 38.2 | 7.6 | 3.8 | 11.3 |
| Household Income \$24,999 or less | 41.6 | 30.2 | 52.9 | 22.7 | 14.7 | 30.7 | 16.4 | 9.4 | 23.4 |
| \$25,000-49,999 | 15.9 | 6.5 | 25.3 | 22.2 | 8.6 | 35.7 | 4.8 | 1.2 | 8.5 |
| \$50,000 or more | 3.1 | 0.0 | 6.8 | 18.5 | 6.6 | 30.3 | 2.3 | 0.0 | 7.0 |



| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 73.4 | 66.5 | 80.4 | 91.6 | 88.2 | 94.9 | 40.1 | 29.5 | 50.7 |
| Sex Men | 64.9 | 55.8 | 74.0 | 88.7 | 83.1 | 94.3 | 34.5 | 25.6 | 43.5 |
| Women | 81.8 | 73.5 | 90.1 | 93.8 | 90.2 | 97.3 | 44.4 | 25.8 | 63.0 |
| Race/ethnicity NH White | 72.3 | 63.7 | 80.8 | 89.9 | 85.3 | 94.4 | 39.4 | 26.3 | 52.5 |
| NH Black | 76.4 | 61.8 | 90.9 | 97.9 | 93.7 | 100.0 | 28.9 | 10.3 | 47.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 61.7 | 51.6 | 71.9 | 86.6 | 79.6 | 93.5 | 34.6 | 25.3 | 43.8 |
| NH White women | 83.3 | 73.5 | 93.0 | 92.4 | 87.4 | 97.4 | 43.2 | 19.8 | 66.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 61.3 | 45.8 | 76.7 | 86.8 | 77.9 | 95.7 | 10.9 | 2.5 | 19.4 |
| 45-64 | 79.9 | 72.4 | 87.5 | 94.1 | 89.8 | 98.4 | 63.8 | 52.3 | 75.2 |
| 65 and older | 92.2 | 85.9 | 98.5 | 95.1 | 91.1 | 99.2 | 52.8 | 42.1 | 63.5 |
| Marital Status Never married | 51.4 | 36.1 | 66.7 | 94.9 | 87.8 | 100.0 | 18.4 | 4.7 | 32.2 |
| Married/ living together as a couple | 74.5 | 64.4 | 84.6 | 91.0 | 86.2 | 95.9 | 30.8 | 18.6 | 43.0 |
| Divorced/ widowed/separated | 80.5 | 72.9 | 88.2 | 91.8 | 86.9 | 96.8 | 67.2 | 55.7 | 78.7 |
| Education 0-11 years | 67.3 | 54.7 | 79.9 | 88.8 | 81.3 | 96.3 | 44.9 | 30.5 | 59.3 |
| HS Grad/GED | 66.7 | 56.5 | 76.8 | 93.5 | 89.3 | 97.8 | 43.5 | 33.4 | 53.6 |
| 1 or more years of college | 82.6 | 72.9 | 92.3 | 91.0 | 85.0 | 97.0 | 35.7 | 16.3 | 55.1 |
| Employment Employed for wages | 68.2 | 56.7 | 79.6 | 87.2 | 80.3 | 94.1 | 28.2 | 13.0 | 43.3 |
| Household Income \$24,999 or less | 72.4 | 63.9 | 81.0 | 93.4 | 89.2 | 97.5 | 51.5 | 38.4 | 64.6 |
| \$25,000 - 49,999 | 76.5 | 62.5 | 90.5 | 87.7 | 78.2 | 97.1 | 25.5 | 8.0 | 43.0 |
| \$50,000 or more | 79.0 | 66.7 | 91.3 | 86.9 | 75.8 | 98.0 | 30.1 | 16.9 | 43.3 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 19.7 | 7.2 | 32.1 | 80.4 | 63.3 | 97.5 | 17.3 | 4.6 | 30.0 |
| Sex Men | 12.0 | 6.9 | 17.1 |  |  |  | 8.7 | 4.7 | 12.8 |
| Women | 27.2 | 5.1 | 49.3 | 87.7 | 72.7 | 100.0 | 25.6 | 3.2 | 48.1 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 23.3 | 8.0 | 38.6 | 82.5 | 65.9 | 99.1 | 18.1 | 2.0 | 34.1 |
| NH Black | 4.7 | 0.0 | 11.7 |  |  |  | 12.6 | 0.7 | 24.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 13.3 | 7.3 | 19.2 |  |  |  | 8.8 | 4.3 | 13.2 |
| NH White women | 33.8 | 7.0 | 60.7 | 88.3 | 72.9 | 100.0 | 27.6 | 0.0 | 56.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 27.3 | 3.4 | 51.2 | 85.7 | 65.5 | 100.0 | 16.8 | 0.0 | 43.6 |
| 45-64 | 10.8 | 4.5 | 17.0 |  |  |  | 19.3 | 11.9 | 26.7 |
| 65 and older | 17.0 | 9.0 | 24.9 |  |  |  | 15.8 | 8.9 | 22.6 |
| Marital Status Never married | 15.4 | 5.3 | 25.5 |  |  |  | 2.9 | 0.0 | 6.5 |
| Married/ living together as a couple | 24.3 | 5.5 | 43.0 | 81.7 | 60.7 | 100.0 | 19.7 | 0.1 | 39.3 |
| Divorced/ widowed/separated | 10.5 | 5.8 | 15.2 |  |  |  | 18.0 | 10.5 | 25.4 |
| Education 0-11 years | 20.1 | 10.9 | 29.2 |  |  |  | 12.6 | 6.1 | 19.1 |
| HS Grad/GED | 11.5 | 5.7 | 17.3 |  |  |  | 10.7 | 5.7 | 15.8 |
| 1 or more years of college | 27.2 | 0.6 | 53.8 |  |  |  | 25.6 | 0.0 | 52.7 |
| Employment Employed for wages | 21.3 | 1.0 | 41.6 | 84.5 | 62.7 | 100.0 | 17.8 | 0.0 | 38.9 |
| Household Income \$24,999 or less | 16.2 | 10.0 | 22.3 | 73.0 | 54.7 | 91.3 | 12.5 | 7.1 | 17.8 |
| \$25,000-49,999 | 29.9 | 0.0 | 62.7 |  |  |  | 29.9 | 0.0 | 62.6 |
| \$50,000 or more | 6.2 | 0.4 | 12.0 |  |  |  | 6.3 | 0.0 | 13.6 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Charlotte County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Charlotte County, 501 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Charlotte County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 141,627 | 15,982,378 | 17.2 | 13.5 | 20.9 | 59.6 | 50.8 | 68.4 |
| Sex Men | 47.8\% | 48.8\% | 18.6 | 12.7 | 24.5 | 53.4 | 39.7 | 67.1 |
| Women | 52.2\% | 51.2\% | 15.9 | 11.3 | 20.5 | 65.2 | 53.5 | 76.8 |
| Race/ethnicity NH White | 90.4\% | 65.4\% | 15.8 | 12.2 | 19.4 | 59.2 | 49.7 | 68.7 |
| NH Black | 4.2\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 3.3\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 43.1\% | 31.9\% | 16.5 | 10.9 | 22.0 | 53.1 | 38.5 | 67.8 |
| NH White women | 47.3\% | 33.6\% | 15.2 | 10.6 | 19.8 | 64.5 | 51.8 | 77.2 |
| NH Black men | 2.1\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 2.1\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.6\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 1.7\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 23.3\% | 36.9\% | 5.6 | 1.3 | 10.0 | 54.9 | 42.3 | 67.5 |
| 45-64 | 26.4\% | 22.7\% | 19.5 | 12.0 | 27.0 | 61.6 | 46.5 | 76.6 |
| 65 and older | 34.7\% | 17.6\% | 23.3 | 17.2 | 29.4 |  |  |  |
| Marital Status Never married | 12.7\% | 22.5\% | 4.2 | 0.0 | 10.4 |  |  |  |
| Married/ living together as a couple | 64.0\% | 53.7\% | 19.1 | 14.1 | 24.1 | 61.4 | 49.9 | 72.9 |
| Divorced/ widowed/separated | 23.3\% | 23.8\% | 15.6 | 9.8 | 21.3 | 62.5 | 45.7 | 79.2 |
| Education 0-11 years | 17.9\% | 20.1\% | 42.1 | 24.9 | 59.2 |  |  |  |
| HS Grad/GED | 35.7\% | 28.7\% | 19.6 | 13.5 | 25.8 | 42.8 | 29.4 | 56.2 |
| 1 or more years of college | 46.5\% | 51.1\% | 11.5 | 7.3 | 15.7 | 71.7 | 59.9 | 83.4 |
| Employment Employed for wages | 41.5\% | 54.9\% | 5.1 | 1.2 | 9.1 | 59.6 | 50.8 | 68.4 |
| Household Income \$24,999 or less | 31.5\% | 30.8\% | 27.8 | 19.2 | 36.5 | 62.6 | 43.6 | 81.6 |
| \$25,000-49,999 | 35.8\% | 31.6\% | 19.3 | 12.6 | 26.1 | 62.4 | 47.6 | 77.3 |
| \$50,000 or more | 32.7\% | 37.6\% | 4.3 | 0.6 | 7.9 | 59.2 | 42.6 | 75.8 |

[^8]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 23.3 | 19.1 | 27.5 | 48.1 | 43.0 | 53.2 | 79.4 | 75.2 | 83.7 |
| Sex Men | 15.4 | 10.4 | 20.5 | 45.8 | 37.8 | 53.7 | 75.3 | 68.0 | 82.5 |
| Women | 30.4 | 24.1 | 36.6 | 50.2 | 43.6 | 56.8 | 83.2 | 78.4 | 87.9 |
| Race/ethnicity NH White | 22.3 | 18.0 | 26.7 | 47.8 | 42.4 | 53.2 | 79.2 | 74.7 | 83.7 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 12.9 | 8.0 | 17.8 | 45.7 | 37.3 | 54.0 | 75.0 | 67.3 | 82.7 |
| NH White women | 30.7 | 24.2 | 37.3 | 49.7 | 42.8 | 56.6 | 83.0 | 78.0 | 88.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 20.7 | 11.7 | 29.7 | 41.5 | 30.5 | 52.5 | 71.0 | 60.4 | 81.6 |
| 45-64 | 20.9 | 13.3 | 28.4 | 46.6 | 37.2 | 56.0 | 78.2 | 70.3 | 86.0 |
| 65 and older | 26.5 | 20.4 | 32.6 | 54.2 | 47.0 | 61.3 | 85.8 | 81.1 | 90.6 |
| Marital Status Never married | 13.3 | 0.0 | 26.9 | 39.8 | 19.6 | 60.1 | 73.0 | 54.6 | 91.4 |
| Married/ living together as a couple | 23.5 | 18.0 | 29.1 | 47.8 | 41.2 | 54.4 | 78.4 | 72.7 | 84.1 |
| Divorced/ widowed/separated | 24.1 | 17.3 | 30.8 | 50.9 | 42.2 | 59.5 | 83.9 | 77.9 | 90.0 |
| Education 0-11 years | 39.8 | 23.3 | 56.3 | 60.0 | 42.9 | 77.1 | 86.2 | 74.0 | 98.4 |
| HS Grad/GED | 27.3 | 20.7 | 33.9 | 47.0 | 39.2 | 54.8 | 83.6 | 77.7 | 89.5 |
| 1 or more years of college | 17.2 | 11.4 | 23.0 | 46.9 | 39.5 | 54.3 | 75.2 | 68.6 | 81.8 |
| Employment Employed for wages | 19.4 | 12.3 | 26.5 | 46.9 | 38.1 | 55.6 | 75.8 | 68.5 | 83.1 |
| Household Income \$24,999 or less | 32.4 | 23.9 | 40.8 | 57.9 | 48.4 | 67.4 | 90.2 | 84.6 | 95.9 |
| \$25,000-49,999 | 20.0 | 13.1 | 26.9 | 45.5 | 36.5 | 54.6 | 83.3 | 77.2 | 89.4 |
| \$50,000 or more | 12.1 | 2.6 | 21.7 | 39.1 | 27.4 | 50.9 | 57.4 | 44.7 | 70.0 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 35.6 | 30.7 | 40.5 | 21.8 | 17.5 | 26.1 | 71.2 | 66.6 | 75.8 |
| Sex Men | 42.9 | 35.0 | 50.8 | 21.7 | 15.2 | 28.1 | 73.1 | 66.0 | 80.2 |
| Women | 29.1 | 23.2 | 35.0 | 21.9 | 16.2 | 27.6 | 69.5 | 63.6 | 75.4 |
| Race/ethnicity NH White | 36.2 | 31.0 | 41.4 | 21.5 | 17.0 | 25.9 | 69.9 | 65.0 | 74.8 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 44.2 | 35.8 | 52.6 | 20.8 | 14.1 | 27.6 | 72.2 | 64.6 | 79.8 |
| NH White women | 29.1 | 23.0 | 35.3 | 22.1 | 16.1 | 28.0 | 67.8 | 61.5 | 74.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 31.2 | 20.7 | 41.7 | 21.9 | 12.4 | 31.4 | 75.1 | 65.5 | 84.7 |
|  | 33.5 | 24.6 | 42.4 | 20.9 | 13.5 | 28.2 | 72.6 | 64.3 | 81.0 |
|  | 40.8 | 33.8 | 47.9 | 21.5 | 15.4 | 27.7 | 67.9 | 61.2 | 74.5 |
| Marital Status Never married | 21.0 | 3.8 | 38.3 | 16.3 | 0.5 | 32.0 | 86.7 | 73.8 | 99.5 |
| Married/ living together as a couple | 37.2 | 30.9 | 43.6 | 22.2 | 16.7 | 27.8 | 71.1 | 65.3 | 76.8 |
|  | 35.1 | 26.8 | 43.4 | 21.2 | 14.2 | 28.3 | 69.0 | 60.6 | 77.3 |
| Education 0-11 years | 39.0 | 22.7 | 55.3 | 24.4 | 9.9 | 39.0 | 88.5 | 78.9 | 98.1 |
| HS Grad/GED | 34.6 | 27.2 | 42.0 | 23.4 | 16.7 | 30.0 | 73.7 | 66.9 | 80.5 |
| 1 or more years of college | 36.2 | 29.0 | 43.4 | 19.9 | 13.7 | 26.0 | 66.1 | 59.1 | 73.0 |
| Employment Employed for wages | 31.9 | 24.0 | 39.8 | 20.3 | 13.1 | 27.5 | 71.9 | 64.1 | 79.7 |
| Household Income $\$ 24,999$ or less <br> $\$ 25,000-49,999$  <br> $\$ 50,000$ or more  | 34.6 | 25.7 | 43.5 | 27.0 | 18.7 | 35.3 | 73.7 | 65.2 | 82.2 |
|  | 37.9 | 29.0 | 46.8 | 21.2 | 13.6 | 28.7 | 73.5 | 65.7 | 81.4 |
|  | 41.1 | 28.7 | 53.5 | 14.8 | 5.3 | 24.4 | 65.8 | 54.4 | 77.3 |




## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterolchecked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 88.5 | 85.0 | 92.1 | 95.1 | 92.9 | 97.2 | 46.5 | 41.2 | 51.8 |
| Sex Men | 85.4 | 79.4 | 91.4 | 95.4 | 92.0 | 98.9 | 44.9 | 36.5 | 53.2 |
| Women | 91.4 | 87.4 | 95.3 | 94.8 | 92.0 | 97.5 | 47.8 | 41.0 | 54.6 |
| Race/ethnicity NH White | 88.3 | 84.5 | 92.1 | 95.5 | 93.3 | 97.6 | 47.1 | 41.5 | 52.7 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 85.6 | 79.1 | 92.0 | 95.7 | 92.2 | 99.2 | 43.7 | 34.9 | 52.5 |
| NH White women | 90.8 | 86.5 | 95.0 | 95.3 | 92.6 | 98.0 | 49.9 | 42.7 | 57.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 68.6 | 58.1 | 79.2 | 90.4 | 83.4 | 97.3 | 25.7 | 14.3 | 37.1 |
| 45-64 | 95.4 | 92.0 | 98.8 | 95.0 | 91.1 | 98.9 | 55.2 | 45.5 | 64.9 |
| 65 and older | 96.4 | 93.8 | 98.9 | 97.3 | 95.2 | 99.4 | 50.1 | 42.8 | 57.5 |
| Marital Status Never married | 74.1 | 56.9 | 91.4 |  |  |  |  |  |  |
| Married/ living together as a couple | 88.6 | 83.9 | 93.2 | 96.5 | 94.3 | 98.7 | 44.1 | 37.3 | 50.8 |
| Divorced/ widowed/separated | 91.3 | 85.9 | 96.7 | 93.9 | 89.7 | 98.0 | 53.3 | 44.6 | 62.1 |
| Education 0-11 years | 92.2 | 83.7 | 100.0 | 95.6 | 89.1 | 100.0 | 50.8 | 33.1 | 68.6 |
| HS Grad/GED | 88.6 | 83.6 | 93.6 | 94.6 | 91.0 | 98.1 | 43.9 | 35.6 | 52.2 |
| 1 or more years of college | 87.7 | 82.2 | 93.2 | 95.5 | 92.4 | 98.6 | 48.4 | 40.7 | 56.1 |
| Employment Employed for wages | 81.5 | 75.1 | 87.9 | 90.6 | 85.4 | 95.9 | 38.1 | 28.8 | 47.3 |
| Household Income \$24,999 or less | 86.4 | 79.8 | 93.1 | 94.0 | 89.6 | 98.4 | 56.3 | 46.2 | 66.3 |
| \$25,000-49,999 | 92.9 | 88.5 | 97.3 | 92.6 | 87.7 | 97.5 | 43.9 | 34.6 | 53.2 |
| \$50,000 or more | 83.0 | 72.2 | 93.8 | 96.7 | 92.5 | 100.0 | 42.1 | 29.5 | 54.6 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Had diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 10.7 | 7.4 | 14.0 | 61.7 | 45.2 | 78.2 | 8.4 | 5.7 | 11.1 |
| Sex Men | 11.6 | 6.6 | 16.6 |  |  |  | 8.2 | 4.2 | 12.2 |
| Women | 9.9 | 5.4 | 14.4 |  |  |  | 8.6 | 4.9 | 12.3 |
| Race/ethnicity NH White | 10.3 | 6.8 | 13.7 | 55.9 | 37.5 | 74.3 | 8.0 | 5.2 | 10.8 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 11.2 | 6.0 | 16.5 |  |  |  | 7.6 | 3.4 | 11.8 |
| NH White women | 9.4 | 4.9 | 14.0 |  |  |  | 8.3 | 4.4 | 12.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 9.8 | 3.3 | 16.4 |  |  |  |  |  |  |
| 45-64 | 15.1 | 8.1 | 22.1 |  |  |  |  |  |  |
| 65 and older | 8.2 | 3.9 | 12.6 |  |  |  |  |  |  |
| Marital Status Never married | 19.8 | 0.1 | 39.6 |  |  |  | 1.8 | 0.0 | 5.5 |
| Married/ living together as a couple | 10.4 | 6.5 | 14.3 | 65.0 | 46.4 | 83.6 | 8.6 | 5.0 | 12.3 |
| Divorced/ widowed/separated | 9.7 | 3.2 | 16.2 |  |  |  | 9.2 | 4.8 | 13.7 |
| Education 0-11 years | 7.8 | 0.0 | 19.0 |  |  |  | 11.8 | 2.5 | 21.2 |
| HS Grad/GED | 11.6 | 6.4 | 16.7 |  |  |  | 7.3 | 3.4 | 11.2 |
| 1 or more years of college | 10.7 | 5.9 | 15.5 |  |  |  | 8.1 | 4.1 | 12.2 |
| Employment Employed for wages | 13.3 | 7.1 | 19.5 |  |  |  | 1.7 | 0.0 | 3.7 |
| Household Income \$24,999 or less | 12.4 | 5.4 | 19.5 |  |  |  | 13.6 | 6.8 | 20.4 |
| \$25,000-49,999 | 12.0 | 5.8 | 18.2 |  |  |  | 6.7 | 2.2 | 11.3 |
| \$50,000 or more | 11.9 | 4.5 | 19.3 |  |  |  | 3.3 | 0.0 | 6.6 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 17.7 | 14.1 | 21.2 | 23.7 | 19.6 | 27.9 | 24.5 | 20.3 | 28.8 |
| Sex Men | 15.4 | 10.0 | 20.8 | 22.6 | 16.2 | 29.0 | 24.0 | 17.5 | 30.6 |
| Women | 19.7 | 14.9 | 24.5 | 24.7 | 19.4 | 30.1 | 25.0 | 19.5 | 30.5 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 17.2 | 13.5 | 20.9 | 23.0 | 18.8 | 27.3 | 22.9 | 18.7 | 27.2 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 14.5 | 8.9 | 20.2 | 20.9 | 14.3 | 27.4 | 21.8 | 15.2 | 28.4 |
| NH White women | 19.6 | 14.6 | 24.5 | 25.0 | 19.4 | 30.6 | 23.9 | 18.3 | 29.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 9.0 | 3.7 | 14.3 | 13.9 | 7.2 | 20.5 | 15.8 | 8.3 | 23.4 |
|  | 28.3 | 20.3 | 36.2 | 25.3 | 17.6 | 33.0 | 32.1 | 23.5 | 40.8 |
|  | 15.2 | 10.3 | 20.2 | 28.9 | 22.2 | 35.5 | 24.2 | 18.3 | 30.2 |
| Marital Status Never married | 5.1 | 0.0 | 11.7 | 8.7 | 0.2 | 17.1 | 8.3 | 0.0 | 20.3 |
| Married/ living together as a couple | 16.9 | 12.3 | 21.4 | 25.5 | 20.0 | 31.0 | 26.2 | 20.6 | 31.8 |
| Divorced/ widowed/separated | 22.3 | 15.5 | 29.1 | 22.0 | 15.3 | 28.7 | 24.1 | 17.3 | 30.9 |
| Education $0-11$ years <br> HS Grad/GED  | 17.7 | 5.8 | 29.7 | 30.3 | 15.3 | 45.2 | 35.1 | 18.8 | 51.4 |
|  | 19.3 | 13.4 | 25.3 | 29.5 | 22.3 | 36.6 | 27.4 | 20.4 | 34.4 |
|  | 16.6 | 11.8 | 21.5 | 18.5 | 13.3 | 23.7 | 20.9 | 15.4 | 26.4 |
| Employment Employed for wages | 16.7 | 10.8 | 22.6 | 20.2 | 13.7 | 26.8 | 22.5 | 15.5 | 29.4 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 18.7 | 11.9 | 25.5 | 27.4 | 19.2 | 35.6 | 31.1 | 22.3 | 39.9 |
|  | 19.3 | 12.4 | 26.3 | 28.6 | 20.5 | 36.7 | 23.4 | 16.0 | 30.8 |
|  | 18.9 | 10.6 | 27.3 | 19.5 | 11.0 | 28.0 | 21.4 | 12.7 | 30.0 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 34.3 | 29.7 | 39.0 | 2.0 | 0.9 | 3.2 | 31.7 | 27.1 | 36.3 |
| Sex Men <br>  Women | 33.4 | 26.2 | 40.6 | 2.2 | 0.4 | 4.0 | 30.8 | 23.7 | 37.9 |
|  | 35.1 | 29.1 | 41.2 | 1.9 | 0.4 | 3.3 | 32.5 | 26.5 | 38.5 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 35.7 | 30.8 | 40.7 | 2.2 | 1.0 | 3.5 | 32.3 | 27.4 | 37.1 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men <br>  NH White women | 35.0 | 27.2 | 42.7 | 2.4 | 0.4 | 4.4 | 31.7 | 24.1 | 39.3 |
|  | 36.4 | 30.0 | 42.8 | 2.0 | 0.5 | 3.6 | 32.8 | 26.6 | 39.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 9.2 | 3.2 | 15.2 |  |  |  | 6.2 | 1.8 | 10.6 |
|  | 29.9 | 21.5 | 38.3 |  |  |  | 19.4 | 12.0 | 26.7 |
|  | 54.2 | 47.0 | 61.4 |  |  |  | 56.9 | 49.7 | 64.1 |
|  | 16.6 | 0.0 | 34.0 |  |  |  | 21.9 | 4.7 | 39.2 |
| Married/living together as a couple | 36.8 | 30.6 | 42.9 |  |  |  | 30.9 | 25.0 | 36.8 |
| Divorced/ widowed/separated | 32.4 | 24.8 | 39.9 |  |  |  | 35.0 | 27.2 | 42.9 |
| Education $0-11$ years <br>  HS Grad/GED | 41.1 | 24.6 | 57.5 | 2.6 | 0.0 | 6.3 | 42.4 | 25.5 | 59.4 |
|  | 32.1 | 24.9 | 39.3 | 1.8 | 0.0 | 3.7 | 35.0 | 27.6 | 42.4 |
|  | 34.4 | 27.7 | 41.0 | 2.1 | 0.5 | 3.7 | 27.2 | 21.0 | 33.5 |
| Employment Employed for wages | 18.5 | 12.3 | 24.6 |  |  |  | 13.1 | 7.7 | 18.4 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 29.1 | 20.9 | 37.2 | 0.8 | 0.0 | 1.9 | 33.6 | 24.8 | 42.4 |
|  | 37.6 | 28.9 | 46.4 | 3.1 | 0.3 | 5.8 | 38.0 | 29.2 | 46.7 |
|  | 25.9 | 16.3 | 35.6 | 1.5 | 0.0 | 3.8 | 18.2 | 10.0 | 26.4 |



| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For respondents 64 years and younger . . . |  |  |  |  |  |  |  |  |
|  | Ever been tested for HIV |  |  | If yes, the test was done in the past 2 years |  |  | In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 40.2 | 33.1 | 47.3 | 84.4 | 78.9 | 89.9 | 8.9 | 4.8 | 13.1 |
| Sex Men | 36.0 | 25.1 | 47.0 | 87.3 | 79.0 | 95.6 | 5.9 | 1.1 | 10.8 |
| Women | 43.9 | 34.7 | 53.1 | 81.8 | 74.4 | 89.2 | 11.6 | 5.1 | 18.2 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 40.5 | 32.8 | 48.2 | 85.1 | 79.3 | 90.9 | 7.9 | 3.5 | 12.3 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 37.3 | 25.2 | 49.4 | 88.9 | 79.9 | 97.8 | 4.1 | 0.0 | 8.5 |
| NH White women | 43.4 | 33.4 | 53.3 | 81.8 | 74.1 | 89.5 | 11.4 | 4.1 | 18.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 57.5 | 46.0 | 69.1 | 81.9 | 73.1 | 90.7 | 14.3 | 6.2 | 22.3 |
| 45-64 | 25.4 | 16.9 | 33.9 | 86.4 | 79.1 | 93.8 | 4.1 | 0.5 | 7.8 |
| 65 and older |  |  |  |  |  |  |  |  |  |
| Marital Status Never married |  |  |  |  |  |  |  |  |  |
| Married/ living together as a couple | 35.4 | 26.9 | 43.9 | 84.5 | 78.0 | 90.9 | 6.6 | 2.5 | 10.7 |
| Divorced/ widowed/A80separated | 54.8 | 40.4 | 69.1 | 84.7 | 70.5 | 98.9 | 9.0 | 0.0 | 19.2 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 40.6 | 29.5 | 51.7 | 89.1 | 82.1 | 96.1 | 10.2 | 3.3 | 17.1 |
| 1 or more years of college | 40.1 | 30.2 | 49.9 | 81.2 | 73.0 | 89.3 | 7.4 | 1.9 | 13.0 |
| Employment Employed for wages | 50.8 | 41.1 | 60.4 | 81.8 | 73.7 | 89.9 | 12.4 | 5.8 | 18.9 |
| Household Income \$24,999 or less | 35.7 | 20.9 | 50.6 | 92.9 | 85.9 | 99.9 | 14.4 | 1.8 | 27.0 |
| \$25,000-49,999 | 30.6 | 18.6 | 42.6 | 85.4 | 75.4 | 95.4 | 6.6 | 0.3 | 12.9 |
| \$50,000 or more | 44.8 | 29.9 | 59.8 | 79.2 | 67.1 | 91.3 | 4.9 | 0.4 | 9.4 |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Citrus County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Citrus County, 507 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Citrus County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair orPoor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 118,085 | 15,982,378 | 23.1 | 19.0 | 27.3 | 46.4 | 38.2 | 54.6 |
| Sex Men | 48.0\% | 48.8\% | 22.4 | 16.0 | 28.7 | 39.4 | 27.6 | 51.2 |
| Women | 52.0\% | 51.2\% | 23.8 | 18.3 | 29.2 | 54.0 | 42.8 | 65.3 |
| Race/ethnicity NH White | 93.0\% | 65.4\% | 23.7 | 19.4 | 28.1 | 47.9 | 39.3 | 56.4 |
| NH Black | 2.3\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 2.7\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 44.7\% | 31.9\% | 23.4 | 16.7 | 30.2 | 41.5 | 28.9 | 54.0 |
| NH White women | 48.3\% | 33.6\% | 24.0 | 18.4 | 29.6 | 54.8 | 43.2 | 66.3 |
| NH Black men | 1.1\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 1.2\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.3\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 1.4\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 23.7\% | 36.9\% | 9.1 | 3.5 | 14.7 | 35.6 | 24.7 | 46.6 |
| 45-64 | 26.9\% | 22.7\% | 28.3 | 20.8 | 35.9 | 61.3 | 49.5 | 73.1 |
| 65 and older | 32.2\% | 17.6\% | 30.3 | 22.9 | 37.7 |  |  |  |
| Marital Status Never married | 12.9\% | 22.5\% | 15.2 | 2.1 | 28.4 |  |  |  |
| Married/ living together as a couple | 62.7\% | 53.7\% | 21.9 | 16.7 | 27.0 | 47.3 | 37.0 | 57.6 |
| Divorced/ widowed/separated | 24.4\% | 23.8\% | 28.6 | 20.4 | 36.7 | 53.7 | 37.8 | 69.7 |
| Education 0-11 years | 21.7\% | 20.1\% | 41.0 | 22.6 | 59.4 |  |  |  |
| HS Grad/GED | 38.0\% | 28.7\% | 25.4 | 18.6 | 32.1 | 48.6 | 35.7 | 61.6 |
| 1 or more years of college | 40.3\% | 51.1\% | 17.7 | 12.6 | 22.9 | 49.6 | 38.3 | 60.9 |
| Employment Employed for wages | 38.6\% | 54.9\% | 9.5 | 5.0 | 14.0 | 46.4 | 38.2 | 54.6 |
| Household Income \$24,999 or less | 38.7\% | 30.8\% | 35.1 | 26.5 | 43.6 | 48.7 | 30.2 | 67.2 |
| \$25,000-49,999 | 35.5\% | 31.6\% | 23.5 | 16.0 | 31.1 | 46.0 | 32.2 | 59.8 |
| \$50,000 or more | 25.8\% | 37.6\% | 4.9 | 0.4 | 9.5 | 47.6 | 32.8 | 62.3 |

[^9]



## Chronic Health Conditions: High Cholesterol



| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 21.9 | 17.9 | 25.9 | 26.6 | 22.3 | 31.0 | 22.8 | 18.7 | 26.9 |
| Sex Men | 21.3 | 15.2 | 27.3 | 29.4 | 22.5 | 36.3 | 24.3 | 17.9 | 30.7 |
| Women | 22.4 | 17.1 | 27.7 | 24.1 | 18.6 | 29.6 | 21.4 | 16.2 | 26.7 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 22.4 | 18.2 | 26.5 | 26.1 | 21.7 | 30.6 | 22.0 | 17.9 | 26.1 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 22.1 | 15.7 | 28.4 | 29.1 | 22.0 | 36.3 | 23.2 | 16.6 | 29.8 |
| NH White women | 22.6 | 17.1 | 28.1 | 23.5 | 17.9 | 29.0 | 20.9 | 15.7 | 26.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 15.1 | 7.8 | 22.4 | 25.1 | 16.2 | 34.1 | 16.4 | 8.8 | 24.1 |
|  | 29.5 | 22.4 | 36.5 | 24.4 | 17.8 | 31.0 | 26.7 | 19.6 | 33.8 |
|  | 20.7 | 14.1 | 27.3 | 29.7 | 22.4 | 37.1 | 23.6 | 16.8 | 30.3 |
| Marital Status Never married | 16.5 | 2.1 | 30.8 | 17.4 | 2.6 | 32.2 | 14.4 | 0.6 | 28.2 |
| Married/ living together as a couple | 24.8 | 19.4 | 30.1 | 28.3 | 22.6 | 34.0 | 24.2 | 18.8 | 29.6 |
| Divorced/ widowed/separated | 16.2 | 10.3 | 22.2 | 25.0 | 17.4 | 32.5 | 21.5 | 14.7 | 28.3 |
| Education $0-11$ years <br> HS Grad/GED  | 18.0 | 3.1 | 32.9 | 34.0 | 15.0 | 53.0 | 31.8 | 13.4 | 50.1 |
|  | 20.3 | 14.3 | 26.3 | 25.7 | 19.1 | 32.3 | 22.5 | 16.4 | 28.7 |
|  | 23.8 | 18.0 | 29.7 | 26.2 | 20.2 | 32.3 | 21.1 | 15.5 | 26.7 |
| Employment Employed for wages | 20.3 | 13.9 | 26.8 | 25.1 | 17.8 | 32.3 | 22.2 | 15.5 | 29.0 |
| Household Income $\$ 24,999$ or less <br> $\$ 25,000-49,999$  <br> $\$ 50,000$ or more  | 17.3 | 10.9 | 23.6 | 25.5 | 17.7 | 33.3 | 23.6 | 16.0 | 31.3 |
|  | 22.1 | 15.0 | 29.3 | 30.2 | 22.1 | 38.3 | 24.4 | 17.1 | 31.7 |
|  | 29.7 | 19.0 | 40.3 | 31.4 | 20.4 | 42.4 | 18.8 | 9.3 | 28.3 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 35.2 | 30.5 | 39.9 | 1.7 | 0.6 | 2.8 | 33.3 | 28.6 | 37.9 |
| Sex Men | 36.6 | 29.2 | 43.9 | 1.5 | 0.0 | 2.9 | 35.1 | 27.8 | 42.5 |
| Women | 34.0 | 28.1 | 40.0 | 1.9 | 0.3 | 3.5 | 31.6 | 25.8 | 37.5 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 34.8 | 30.0 | 39.6 | 1.6 | 0.5 | 2.7 | 33.5 | 28.7 | 38.3 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men <br>  NH White women | 35.6 | 28.1 | 43.2 | 1.3 | 0.0 | 2.7 | 35.9 | 28.2 | 43.6 |
|  | 34.1 | 28.0 | 40.2 | 1.8 | 0.2 | 3.5 | 31.4 | 25.5 | 37.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older <br> Marital Status  | 14.3 | 6.7 | 21.9 | 2.3 | 0.0 | 4.8 | 7.9 | 2.5 | 13.4 |
|  | 26.0 | 18.8 | 33.1 | 1.8 | 0.0 | 3.9 | 21.8 | 14.7 | 29.0 |
|  | 58.7 | 50.9 | 66.5 | 1.2 | 0.0 | 2.5 | 61.0 | 53.1 | 68.9 |
|  | 30.3 | 9.7 | 50.9 |  |  |  | 21.4 | 4.6 | 38.3 |
| Married/ living together as a couple | 34.1 | 28.2 | 40.1 |  |  |  | 31.7 | 25.8 | 37.5 |
| Divorced/ widowed/separated | 38.6 | 30.4 | 46.8 |  |  |  | 40.0 | 31.6 | 48.3 |
| Education $0-11$ years <br>  HS Grad/GED | 29.9 | 13.8 | 45.9 | 1.8 | 0.0 | 5.6 | 26.1 | 11.9 | 40.4 |
|  | 39.4 | 31.9 | 47.0 | 1.9 | 0.2 | 3.6 | 33.7 | 26.4 | 41.1 |
|  | 32.4 | 26.1 | 38.7 | 1.5 | 0.0 | 3.0 | 33.4 | 27.0 | 39.9 |
| Employment Employed for wages | 16.8 | 10.7 | 22.9 | 2.8 | 0.5 | 5.1 | 8.2 | 3.7 | 12.6 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 42.9 | 34.1 | 51.7 | 1.9 | 0.0 | 3.9 | 34.4 | 25.9 | 42.9 |
|  | 29.3 | 21.3 | 37.3 | 1.0 | 0.0 | 2.5 | 32.8 | 24.6 | 40.9 |
|  | 25.3 | 15.1 | 35.5 | 3.1 | 0.0 | 6.8 | 17.9 | 8.9 | 27.0 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Clay County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Clay County, 507 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Clay County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 140,814 | 15,982,378 | 16.0 | 12.3 | 19.8 | 62.2 | 54.6 | 69.8 |
| Sex Men | 49.2\% | 48.8\% | 15.2 | 9.9 | 20.5 | 56.1 | 44.0 | 68.1 |
| Women | 50.8\% | 51.2\% | 16.8 | 11.7 | 22.0 | 70.2 | 62.3 | 78.2 |
| Race/ethnicity $\quad$ NH White | 84.9\% | 65.4\% | 15.4 | 11.7 | 19.1 | 62.4 | 54.1 | 70.6 |
| NH Black | 6.6\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 4.3\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 42.0\% | 31.9\% | 15.3 | 9.4 | 21.1 | 56.6 | 43.0 | 70.2 |
| NH White women | 43.0\% | 33.6\% | 15.5 | 10.9 | 20.1 | 69.4 | 61.1 | 77.7 |
| NH Black men | 3.2\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 3.4\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 2.1\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.2\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 38.2\% | 36.9\% | 7.8 | 4.3 | 11.3 | 55.5 | 45.8 | 65.2 |
| 45-64 | 24.0\% | 22.7\% | 20.4 | 12.5 | 28.2 | 75.9 | 66.1 | 85.6 |
| 65 and older | 9.8\% | 17.6\% | 37.0 | 25.6 | 48.4 |  |  |  |
| Marital Status Never married | 18.7\% | 22.5\% | 10.7 | 0.0 | 21.7 |  |  |  |
| Married/ living together as a couple | 62.7\% | 53.7\% | 13.6 | 9.3 | 17.8 | 64.2 | 55.7 | 72.7 |
| Divorced/ widowed/separated | 18.6\% | 23.8\% | 26.2 | 15.7 | 36.7 | 63.3 | 42.2 | 84.4 |
| Education 0-11 years | 13.6\% | 20.1\% | 55.7 | 37.6 | 73.8 |  |  |  |
| HS Grad/GED | 31.7\% | 28.7\% | 13.4 | 8.3 | 18.5 | 51.0 | 39.6 | 62.4 |
| 1 or more years of college | 54.7\% | 51.1\% | 12.8 | 8.0 | 17.6 | 70.3 | 60.2 | 80.4 |
| Employment Employed for wages | 62.5\% | 54.9\% | 6.7 | 3.8 | 9.6 | 62.2 | 54.6 | 69.8 |
| Household Income \$24,999 or less | 19.9\% | 30.8\% | 34.6 | 23.2 | 46.0 | 31.8 | 13.4 | 50.2 |
| \$25,000-49,999 | 31.2\% | 31.6\% | 13.1 | 6.6 | 19.5 | 50.0 | 35.7 | 64.4 |
| \$50,000 or more | 48.9\% | 37.6\% | 5.0 | 1.6 | 8.4 | 75.9 | 66.9 | 84.9 |

[^10]

| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 23.2 | 19.0 | 27.5 | 50.5 | 40.8 | 60.3 | 12.5 | 9.1 | 16.0 |
| Sex Men | 24.2 | 17.2 | 31.2 | 51.6 | 36.3 | 66.9 | 18.2 | 11.9 | 24.6 |
| Women | 22.3 | 17.3 | 27.4 | 49.5 | 36.8 | 62.1 | 7.2 | 4.0 | 10.3 |
| Race/ethnicity NH White | 23.5 | 18.9 | 28.1 | 48.1 | 37.7 | 58.5 | 12.2 | 8.6 | 15.8 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 23.3 | 15.8 | 30.9 | 49.1 | 32.2 | 66.0 | 16.5 | 10.0 | 23.0 |
| NH White women | 23.6 | 18.2 | 29.1 | 47.2 | 34.1 | 60.2 | 8.2 | 4.6 | 11.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 27.2 | 20.7 | 33.7 | 53.3 | 40.1 | 66.6 | 17.6 | 11.9 | 23.4 |
|  | 21.3 | 14.3 | 28.3 | 41.8 | 25.7 | 57.9 | 10.2 | 5.2 | 15.2 |
|  | 13.0 | 4.8 | 21.3 |  |  |  | 0.1 | 0.0 | 0.3 |
| Marital Status <br> Married/living together as a couple | 32.1 | 13.1 | 51.1 |  |  |  | 38.6 | 17.2 | 60.0 |
|  | 22.6 | 17.6 | 27.6 | 53.2 | 40.9 | 65.5 | 10.1 | 6.3 | 13.8 |
| Divorced/ widowed/separated | 22.8 | 13.6 | 32.0 | 46.4 | 28.6 | 64.2 | 12.4 | 6.3 | 18.6 |
| Education $0-11$ years <br> HS Grad/GED  | 35.3 | 17.7 | 52.9 |  |  |  | 18.9 | 3.9 | 34.0 |
|  | 33.3 | 25.6 | 41.0 | 54.7 | 40.4 | 69.0 | 12.0 | 6.8 | 17.1 |
|  | 15.8 | 11.0 | 20.6 | 46.4 | 30.9 | 62.0 | 12.2 | 7.4 | 16.9 |
| Employment Employed for wages | 25.0 | 19.3 | 30.7 | 49.3 | 37.5 | 61.1 | 17.0 | 12.0 | 22.0 |
| Household Income \$24,999 or less | 29.6 | 19.2 | 40.1 | 67.2 | 47.6 | 86.7 | 15.9 | 6.4 | 25.4 |
| \$25,000-49,999 | 33.3 | 23.9 | 42.7 | 30.9 | 16.2 | 45.6 | 15.1 | 8.5 | 21.8 |
| \$50,000 or more | 14.0 | 8.4 | 19.5 |  |  |  | 12.4 | 6.6 | 18.1 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 11.9 | 8.6 | 15.3 | 18.4 | 14.4 | 22.4 | 5.5 | 3.4 | 7.7 |
| Sex Men | 11.0 | 5.8 | 16.2 | 24.1 | 17.0 | 31.3 | 3.8 | 1.1 | 6.4 |
| Women | 12.8 | 8.6 | 17.1 | 13.0 | 8.9 | 17.1 | 7.3 | 4.0 | 10.5 |
| Race/ethnicity NH White | 11.9 | 8.4 | 15.5 | 19.0 | 14.7 | 23.3 | 4.8 | 2.8 | 6.9 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 12.0 | 6.1 | 17.9 | 25.2 | 17.2 | 33.2 | 3.7 | 0.7 | 6.6 |
| NH White women | 11.8 | 7.7 | 15.9 | 13.2 | 9.0 | 17.5 | 5.9 | 3.1 | 8.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 16.6 | 11.1 | 22.1 | 22.6 | 16.4 | 28.8 | 6.0 | 3.0 | 8.9 |
|  | 8.3 | 3.7 | 12.9 | 17.6 | 10.8 | 24.4 | 7.1 | 2.7 | 11.5 |
|  | 2.8 | 0.0 | 7.1 | 6.1 | 0.7 | 11.4 | 0.7 | 0.0 | 2.1 |
| Marital Status <br> Married/ living together as a couple | 27.6 | 9.1 | 46.1 | 23.3 | 8.6 | 37.9 | 1.3 | 0.0 | 4.1 |
|  | 9.5 | 5.8 | 13.2 | 18.5 | 13.7 | 23.4 | 4.7 | 2.3 | 7.1 |
| Divorced/ widowed/separated | 14.1 | 6.6 | 21.6 | 16.4 | 8.1 | 24.7 | 9.9 | 3.6 | 16.2 |
| Education $0-11$ years <br> HS Grad/GED  | 28.5 | 11.0 | 46.0 | 27.6 | 11.3 | 43.9 | 11.3 | 0.0 | 22.5 |
|  | 19.5 | 12.6 | 26.3 | 24.6 | 17.3 | 31.9 | 5.6 | 2.1 | 9.2 |
|  | 5.6 | 2.6 | 8.5 | 13.5 | 8.9 | 18.2 | 4.8 | 2.2 | 7.5 |
| Employment $\quad$ Employed for wages | 10.8 | 6.6 | 14.9 | 19.4 | 14.0 | 24.8 | 4.7 | 2.3 | 7.1 |
|  | 25.2 | 15.8 | 34.7 | 21.7 | 13.0 | 30.4 | 9.7 | 3.4 | 16.0 |
| \$25,000-49,999 | 16.3 | 8.2 | 24.3 | 19.6 | 11.3 | 28.0 | 6.3 | 2.2 | 10.4 |
| \$50,000 or more | 2.4 | 0.3 | 4.5 | 13.8 | 7.9 | 19.7 | 2.7 | 0.2 | 5.2 |



## Chronic Health Conditions: High Cholesterol

| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & 12-15 \end{aligned}$ | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 84.6 | 80.6 | 88.6 | 90.0 | 86.9 | 93.2 | 32.3 | 26.3 | 38.3 |
| Sex Men | 84.4 | 78.7 | 90.1 | 89.7 | 84.8 | 94.6 | 31.6 | 21.3 | 42.0 |
| Women | 84.8 | 79.2 | 90.4 | 90.3 | 86.2 | 94.5 | 32.9 | 26.4 | 39.5 |
| Race/ethnicity NH White | 86.2 | 82.1 | 90.3 | 89.9 | 86.6 | 93.3 | 34.2 | 27.7 | 40.6 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 86.0 | 80.2 | 91.9 | 90.0 | 84.9 | 95.1 | 35.2 | 23.7 | 46.7 |
| NH White women | 86.4 | 80.5 | 92.3 | 89.8 | 85.4 | 94.2 | 33.2 | 26.7 | 39.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 76.3 | 69.5 | 83.0 | 86.3 | 80.7 | 91.9 | 19.6 | 9.9 | 29.4 |
| 45-64 | 94.8 | 90.8 | 98.8 | 91.3 | 86.5 | 96.0 | 40.2 | 29.6 | 50.8 |
| 65 and older | 90.9 | 83.6 | 98.1 | 97.7 | 94.4 | 100.0 | 49.5 | 37.2 | 61.9 |
| Marital Status Never married | 69.8 | 51.1 | 88.4 |  |  |  |  |  |  |
| Married/ living together as a couple | 85.4 | 80.6 | 90.2 | 89.3 | 85.4 | 93.1 | 33.3 | 26.3 | 40.4 |
| Divorced/ widowed/separated | 87.7 | 80.8 | 94.6 | 92.6 | 87.0 | 98.2 | 36.8 | 22.2 | 51.3 |
| Education 0-11 years | 64.2 | 47.0 | 81.3 |  |  |  |  |  |  |
| HS Grad/GED | 82.7 | 76.6 | 88.9 | 89.2 | 83.7 | 94.8 | 31.1 | 22.9 | 39.3 |
| 1 or more years of college | 88.2 | 82.8 | 93.5 | 89.9 | 85.7 | 94.2 | 30.9 | 22.3 | 39.5 |
| Employment Employed for wages | 85.6 | 80.5 | 90.8 | 88.5 | 84.0 | 92.9 | 26.5 | 18.6 | 34.4 |
| Household Income \$24,999 or less | 74.2 | 63.9 | 84.6 | 87.0 | 78.5 | 95.5 | 44.3 | 30.2 | 58.4 |
| \$25,000 - 49,999 | 83.5 | 76.3 | 90.7 | 91.7 | 86.1 | 97.3 | 41.0 | 28.0 | 53.9 |
| \$50,000 or more | 90.1 | 83.5 | 96.6 | 88.8 | 83.5 | 94.0 | 23.1 | 15.0 | 31.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 12.8 | 9.4 | 16.2 | 73.1 | 59.1 | 87.0 | 6.0 | 3.6 | 8.3 |
| Sex Men | 10.9 | 5.6 | 16.2 |  |  |  | 7.3 | 3.4 | 11.1 |
| Women | 14.6 | 10.1 | 19.0 | 70.1 | 53.5 | 86.8 | 4.7 | 1.8 | 7.6 |
| Race/ethnicity NH White | 12.7 | 9.0 | 16.3 | 79.0 | 64.9 | 93.1 | 5.8 | 3.4 | 8.3 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 11.6 | 5.7 | 17.6 |  |  |  | 7.3 | 3.1 | 11.4 |
| NH White women | 13.7 | 9.3 | 18.0 | 82.0 | 68.1 | 95.8 | 4.5 | 1.7 | 7.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 13.9 | 8.7 | 19.1 | 68.8 | 47.7 | 89.9 | 1.3 | 0.0 | 2.8 |
| 45-64 | 11.0 | 5.6 | 16.5 |  |  |  | 10.1 | 4.6 | 15.7 |
| 65 and older | 14.0 | 5.6 | 22.3 |  |  |  | 13.2 | 4.8 | 21.6 |
| Marital Status Never married | 10.9 | 0.0 | 27.9 |  |  |  | 2.1 | 0.0 | 6.6 |
| Married/ living together as a couple | 13.2 | 9.1 | 17.2 | 75.0 | 60.8 | 89.3 | 6.4 | 3.4 | 9.3 |
| Divorced/ widowed/separated | 12.5 | 5.3 | 19.7 |  |  |  | 6.0 | 1.1 | 10.9 |
| Education 0-11 years | 9.6 | 0.0 | 20.6 |  |  |  | 18.5 | 2.5 | 34.5 |
| HS Grad/GED | 12.9 | 7.2 | 18.7 |  |  |  | 5.9 | 2.2 | 9.6 |
| 1 or more years of college | 13.1 | 8.4 | 17.8 |  |  |  | 4.5 | 1.8 | 7.3 |
| Employment Employed for wages | 11.5 | 7.2 | 15.7 | 71.9 | 51.5 | 92.2 | 3.6 | 1.3 | 5.8 |
| Household Income \$24,999 or less | 22.2 | 11.9 | 32.4 |  |  |  | 6.7 | 0.9 | 12.5 |
| \$25,000-49,999 | 16.9 | 9.4 | 24.4 |  |  |  | 4.3 | 0.8 | 7.8 |
| \$50,000 or more | 6.9 | 2.9 | 10.8 |  |  |  | 5.1 | 1.5 | 8.6 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 20.8 | 16.5 | 25.0 | 21.3 | 17.2 | 25.5 | 25.8 | 20.5 | 31.0 |
| Sex Men | 17.6 | 11.5 | 23.8 | 20.5 | 13.9 | 27.0 | 23.7 | 15.0 | 32.5 |
| Women | 23.7 | 18.0 | 29.4 | 22.1 | 16.9 | 27.3 | 27.7 | 21.7 | 33.7 |
| Race/ethnicity NH White | 20.2 | 15.8 | 24.5 | 21.9 | 17.5 | 26.4 | 24.9 | 19.4 | 30.4 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.0 | 10.6 | 23.5 | 20.3 | 13.3 | 27.4 | 22.9 | 13.3 | 32.5 |
|  | 23.0 | 17.5 | 28.6 | 23.4 | 17.8 | 29.0 | 26.7 | 20.9 | 32.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 16.6 | 11.1 | 22.0 | 18.0 | 12.3 | 23.6 | 26.6 | 18.7 | 34.6 |
|  | 23.8 | 15.5 | 32.1 | 21.6 | 14.3 | 28.9 | 24.8 | 16.3 | 33.3 |
|  | 29.6 | 18.6 | 40.6 | 32.2 | 20.9 | 43.6 | 25.8 | 14.9 | 36.7 |
| Marital Status Never married | 7.9 | 0.1 | 15.7 | 12.2 | 0.8 | 23.6 | 17.1 | 2.3 | 31.9 |
| Married/ living together as a couple | 23.7 | 18.3 | 29.0 | 24.0 | 18.9 | 29.2 | 30.7 | 24.2 | 37.2 |
| Divorced/ widowed/separated | 15.5 | 8.0 | 23.1 | 14.6 | 7.2 | 22.0 | 12.5 | 5.8 | 19.2 |
| Education <br> HS Grad/GED | 20.7 | 5.1 | 36.3 | 26.8 | 10.0 | 43.6 | 23.9 | 6.3 | 41.5 |
|  | 19.7 | 13.0 | 26.3 | 23.5 | 16.5 | 30.4 | 26.9 | 19.3 | 34.4 |
|  | 21.4 | 15.5 | 27.3 | 19.5 | 14.0 | 24.9 | 25.4 | 17.9 | 32.9 |
| Employment Employed for wages | 18.4 | 13.3 | 23.5 | 19.4 | 14.1 | 24.7 | 26.1 | 19.1 | 33.2 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 26.7 | 15.5 | 38.0 | 25.2 | 15.6 | 34.8 | 27.7 | 16.3 | 39.1 |
|  | 17.4 | 10.2 | 24.6 | 19.5 | 11.8 | 27.2 | 28.5 | 16.5 | 40.5 |
|  | 21.6 | 14.4 | 28.8 | 20.9 | 13.8 | 28.0 | 24.3 | 16.7 | 31.9 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 26.0 | 21.0 | 31.0 | 1.1 | 0.2 | 2.0 | 18.8 | 14.8 | 22.7 |
| Sex Men | 25.1 | 16.5 | 33.7 | 1.3 | 0.0 | 2.9 | 18.0 | 11.7 | 24.3 |
| Women | 26.9 | 21.4 | 32.4 | 0.8 | 0.0 | 1.9 | 19.5 | 14.5 | 24.4 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 26.0 | 20.6 | 31.5 | 1.2 | 0.2 | 2.3 | 19.1 | 14.9 | 23.3 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 24.2 | 14.7 | 33.6 | 1.5 | 0.0 | 3.4 | 18.0 | 11.4 | 24.6 |
| NH White women | 27.8 | 21.9 | 33.6 | 1.0 | 0.0 | 2.2 | 20.2 | 15.0 | 25.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 17.9 | 10.3 | 25.5 | 0.6 | 0.0 | 1.8 | 8.0 | 3.6 | 12.5 |
|  | 22.7 | 15.2 | 30.2 | 1.4 | 0.0 | 3.3 | 12.3 | 6.8 | 17.8 |
|  | 61.6 | 50.2 | 73.1 | 1.4 | 0.0 | 3.3 | 68.1 | 57.0 | 79.1 |
| Marital Status Never married | 12.8 | 1.6 | 24.1 |  |  |  | 15.6 | 0.0 | 34.0 |
| Married/ living together as a couple | 27.4 | 21.2 | 33.7 |  |  |  | 15.8 | 11.4 | 20.2 |
| Divorced/ widowed/separated | 25.6 | 15.7 | 35.6 |  |  |  | 29.6 | 18.4 | 40.7 |
| Education $0-11$ years <br> HS Grad/GED  | 21.1 | 5.8 | 36.4 |  |  |  | 36.1 | 18.1 | 54.1 |
|  | 24.8 | 18.0 | 31.6 |  |  |  | 20.5 | 14.2 | 26.8 |
|  | 27.4 | 19.9 | 34.8 |  |  |  | 15.6 | 10.5 | 20.6 |
| Employment Employed for wages | 23.5 | 16.7 | 30.3 | 1.4 | 0.0 | 2.8 | 9.0 | 5.0 | 12.9 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 22.5 | 13.7 | 31.3 |  |  |  | 23.5 | 13.4 | 33.6 |
|  | 28.8 | 17.1 | 40.5 |  |  |  | 18.0 | 10.9 | 25.2 |
|  | 21.2 | 14.0 | 28.4 |  |  |  | 12.6 | 6.9 | 18.4 |



| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For respondents 64 years and younger . . . |  |  |  |  |  |  |  |  |
|  | Ever been tested for HIV |  |  | If yes, the test was done in the past 2 years |  |  | In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 45.0 | 38.6 | 51.5 | 85.3 | 81.4 | 89.3 | 8.1 | 5.1 | 11.1 |
| Sex Men | 44.6 | 33.9 | 55.3 | 90.7 | 85.7 | 95.7 | 8.4 | 3.5 | 13.3 |
| Women | 45.5 | 38.1 | 52.8 | 80.3 | 74.6 | 86.0 | 7.8 | 4.2 | 11.3 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 43.0 | 36.1 | 49.9 | 85.2 | 81.0 | 89.5 | 6.7 | 3.9 | 9.5 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 38.9 | 27.7 | 50.0 | 90.9 | 85.6 | 96.2 | 5.7 | 1.4 | 10.0 |
| NH White women | 47.1 | 39.5 | 54.6 | 79.8 | 73.7 | 85.8 | 7.7 | 4.0 | 11.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 56.3 | 48.1 | 64.5 | 82.6 | 77.0 | 88.1 | 11.5 | 6.8 | 16.1 |
| 45-64 | 28.3 | 19.5 | 37.0 | 88.8 | 83.3 | 94.3 | 3.1 | 0.4 | 5.8 |
| 65 and older |  |  |  |  |  |  |  |  |  |
| Marital Status Never married |  |  |  | 86.7 | 73.4 | 100.0 | 19.8 | 4.1 | 35.6 |
| Married/ living together as a couple | 47.8 | 40.8 | 54.8 | 84.4 | 79.7 | 89.0 | 7.3 | 3.8 | 10.8 |
| Divorced/ widowed/A80separated | 35.2 | 17.6 | 52.7 | 89.1 | 80.5 | 97.6 | 6.2 | 1.0 | 11.3 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 47.3 | 37.9 | 56.8 | 86.6 | 80.2 | 93.0 | 6.8 | 2.5 | 11.2 |
| 1 or more years of college | 44.4 | 35.4 | 53.3 | 85.3 | 80.0 | 90.5 | 8.0 | 3.9 | 12.0 |
| Employment Employed for wages | 46.1 | 38.2 | 54.1 | 86.2 | 81.6 | 90.8 | 8.3 | 4.8 | 11.8 |
| Household Income \$24,999 or less | 47.2 | 32.2 | 62.1 | 81.5 | 70.3 | 92.8 | 17.1 | 6.0 | 28.2 |
| \$25,000-49,999 | 46.0 | 34.3 | 57.7 | 86.8 | 80.0 | 93.6 | 8.5 | 3.2 | 13.8 |
| \$50,000 or more | 48.7 | 37.4 | 60.0 | 83.2 | 76.3 | 90.1 | 5.0 | 1.0 | 9.1 |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Collier County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Collier County, 526 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Collier County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | Cl |  |
| All | 251,377 | 15,982,378 | 11.3 | 8.2 | 14.5 | 60.6 | 52.2 | 69.0 |
| Sex Men | 50.1\% | 48.8\% | 10.1 | 5.8 | 14.5 | 50.3 | 39.9 | 60.7 |
| Women | 49.9\% | 51.2\% | 12.3 | 7.9 | 16.8 | 70.1 | 58.7 | 81.6 |
| Race/ethnicity NH White | 73.8\% | 65.4\% | 9.7 | 6.7 | 12.7 | 64.4 | 55.2 | 73.6 |
| NH Black | 4.4\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 19.6\% | 16.8\% | 10.3 | 0.0 | 21.5 |  |  |  |
| Race/ethnicity-Sex NH White men | 35.6\% | 31.9\% | 9.8 | 5.4 | 14.2 | 53.4 | 41.8 | 65.1 |
| NH White women | 38.2\% | 33.6\% | 9.7 | 5.6 | 13.7 | 74.9 | 63.2 | 86.6 |
| NH Black men | 2.2\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 2.2\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 11.3\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 8.3\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 31.2\% | 36.9\% | 9.8 | 4.4 | 15.2 | 51.3 | 41.0 | 61.6 |
| 45-64 | 24.5\% | 22.7\% | 7.7 | 3.5 | 11.9 | 67.4 | 55.8 | 79.0 |
| 65 and older | 24.5\% | 17.6\% | 16.0 | 9.4 | 22.6 |  |  |  |
| Marital Status Never married | 17.8\% | 22.5\% | 7.6 | 0.0 | 18.0 | 45.0 | 25.1 | 64.8 |
| Married/ living together as a couple | 60.4\% | 53.7\% | 9.4 | 6.1 | 12.7 | 67.4 | 57.3 | 77.5 |
| Divorced/ widowed/separated | 21.8\% | 23.8\% | 21.6 | 12.7 | 30.6 | 45.9 | 31.2 | 60.7 |
| Education 0-11 years | 18.2\% | 20.1\% | 27.5 | 11.7 | 43.2 |  |  |  |
| HS Grad/GED | 26.2\% | 28.7\% | 14.5 | 7.6 | 21.4 | 60.7 | 45.8 | 75.6 |
| 1 or more years of college | 55.5\% | 51.1\% | 7.6 | 4.6 | 10.5 | 65.0 | 54.9 | 75.2 |
| Employment Employed for wages | 50.9\% | 54.9\% | 6.9 | 3.1 | 10.7 | 60.6 | 52.2 | 69.0 |
| Household Income \$24,999 or less | 21.6\% | 30.8\% | 29.8 | 16.7 | 42.8 | 46.0 | 19.8 | 72.1 |
| \$25,000 - 49,999 | 30.0\% | 31.6\% | 10.1 | 4.0 | 16.1 | 55.0 | 41.7 | 68.4 |
| \$50,000 or more | 48.5\% | 37.6\% | 5.6 | 2.6 | 8.5 | 65.6 | 53.1 | 78.1 |

[^11]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 24.0 | 19.0 | 29.0 | 51.4 | 45.6 | 57.2 | 75.6 | 71.3 | 80.0 |
| Sex Men | 23.4 | 16.8 | 30.0 | 46.9 | 39.6 | 54.2 | 71.2 | 64.5 | 77.8 |
| Women | 24.5 | 17.1 | 31.8 | 55.0 | 46.2 | 63.9 | 79.3 | 73.7 | 84.9 |
| Race/ethnicity NH White | 16.6 | 12.6 | 20.6 | 47.3 | 41.2 | 53.5 | 74.2 | 69.4 | 79.1 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic | 50.3 | 30.1 | 70.6 | 72.8 | 55.6 | 90.0 | 85.0 | 70.5 | 99.5 |
| Race/ethnicity-Sex NH White men | 15.5 | 9.9 | 21.1 | 44.0 | 36.4 | 51.7 | 70.5 | 63.4 | 77.6 |
| NH White women | 17.6 | 11.8 | 23.4 | 50.5 | 40.6 | 60.4 | 77.8 | 71.5 | 84.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 31.9 | 23.4 | 40.4 | 55.8 | 47.1 | 64.5 | 72.0 | 64.2 | 79.7 |
| 45-64 | 23.4 | 13.3 | 33.5 | 51.0 | 41.6 | 60.4 | 72.2 | 64.5 | 79.8 |
| 65 and older | 14.0 | 8.4 | 19.6 | 46.2 | 34.3 | 58.2 | 83.0 | 76.1 | 89.9 |
| Marital Status Never married | 29.0 | 11.3 | 46.6 | 58.7 | 41.2 | 76.2 | 72.1 | 57.0 | 87.1 |
| Married/ living together as a couple | 23.9 | 17.7 | 30.1 | 49.3 | 42.1 | 56.4 | 75.7 | 70.4 | 81.1 |
| Divorced/ widowed/separated | 21.5 | 13.5 | 29.5 | 56.2 | 46.2 | 66.1 | 77.1 | 68.8 | 85.5 |
| Education 0-11 years | 45.7 | 27.9 | 63.4 | 66.7 | 50.0 | 83.4 | 88.4 | 77.5 | 99.4 |
| HS Grad/GED | 30.8 | 21.5 | 40.2 | 57.8 | 48.1 | 67.5 | 81.9 | 74.3 | 89.5 |
| 1 or more years of college | 17.9 | 11.8 | 24.0 | 46.5 | 38.9 | 54.0 | 71.1 | 65.0 | 77.1 |
| Employment Employed for wages | 25.7 | 17.7 | 33.7 | 50.9 | 41.6 | 60.1 | 71.6 | 64.6 | 78.7 |
| Household Income \$24,999 or less | 37.6 | 20.9 | 54.4 | 59.8 | 45.3 | 74.3 | 79.8 | 69.0 | 90.6 |
| \$25,000-49,999 | 21.9 | 13.5 | 30.4 | 56.3 | 46.2 | 66.4 | 77.7 | 68.9 | 86.5 |
| \$50,000 or more | 13.9 | 8.4 | 19.5 | 43.8 | 34.4 | 53.3 | 71.9 | 64.3 | 79.5 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 30.6 | 25.9 | 35.4 | 18.3 | 14.5 | 22.1 | 73.9 | 69.6 | 78.3 |
| Sex Men | 43.8 | 36.6 | 51.0 | 19.1 | 13.6 | 24.7 | 79.2 | 73.3 | 85.1 |
| Women | 19.9 | 14.4 | 25.4 | 17.6 | 12.4 | 22.8 | 69.6 | 63.0 | 76.1 |
| Race/ethnicity NH White <br>  NH Black | 31.3 | 26.1 | 36.5 | 18.4 | 14.3 | 22.5 | 72.1 | 67.2 | 77.0 |
|  |  |  |  |  |  |  |  |  |  |
| Hispanic | 42.9 | 23.1 | 62.7 | 20.4 | 4.5 | 36.3 | 86.4 | 73.0 | 99.8 |
| Race/ethnicity-Sex NH White men | 44.1 | 36.4 | 51.7 | 20.6 | 14.4 | 26.8 | 76.4 | 69.7 | 83.1 |
| NH White women | 19.6 | 13.6 | 25.5 | 16.4 | 11.0 | 21.7 | 68.2 | 60.8 | 75.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br> $45-64$  | 30.6 | 22.6 | 38.6 | 15.8 | 9.6 | 22.1 | 79.1 | 72.3 | 86.0 |
|  | 29.1 | 21.4 | 36.8 | 20.5 | 13.6 | 27.5 | 76.2 | 69.1 | 83.3 |
|  | 32.9 | 23.4 | 42.5 | 19.6 | 12.5 | 26.7 | 65.6 | 55.8 | 75.3 |
| Marital Status Never married | 31.5 | 15.8 | 47.3 | 3.9 | 0.0 | 8.6 | 88.6 | 77.4 | 99.8 |
| Married/ living together as a couple | 31.5 | 25.6 | 37.4 | 20.0 | 15.2 | 24.8 | 71.4 | 65.9 | 77.0 |
|  | 26.6 | 18.2 | 34.9 | 19.4 | 10.7 | 28.0 | 75.8 | 67.4 | 84.1 |
| Education $0-11$ years <br> HS Grad/GED  | 28.0 | 12.9 | 43.0 | 27.4 | 11.0 | 43.8 | 84.4 | 73.1 | 95.7 |
|  | 32.5 | 23.3 | 41.7 | 23.1 | 15.3 | 30.9 | 78.1 | 70.3 | 85.9 |
|  | 30.3 | 24.3 | 36.3 | 15.0 | 10.7 | 19.2 | 70.5 | 64.6 | 76.4 |
| Employment Employed for wages | 30.3 | 23.1 | 37.5 | 15.5 | 10.3 | 20.6 | 79.2 | 73.2 | 85.2 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 28.2 | 15.8 | 40.5 | 16.9 | 6.9 | 27.0 | 79.5 | 68.6 | 90.4 |
|  | 31.7 | 22.2 | 41.1 | 20.3 | 12.2 | 28.5 | 77.1 | 68.9 | 85.4 |
|  | 34.9 | 26.6 | 43.2 | 15.1 | 9.5 | 20.7 | 73.7 | 66.5 | 80.9 |




## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 85.0 | 81.1 | 88.8 | 89.7 | 85.3 | 94.0 | 31.4 | 26.2 | 36.6 |
| Sex Men | 83.8 | 78.1 | 89.4 | 91.1 | 86.7 | 95.5 | 36.0 | 28.5 | 43.5 |
| Women | 85.9 | 80.6 | 91.3 | 88.5 | 81.5 | 95.5 | 27.8 | 20.9 | 34.6 |
| Race/ethnicity NH White | 90.2 | 87.0 | 93.5 | 90.3 | 87.1 | 93.4 | 33.9 | 28.2 | 39.6 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic | 52.4 | 32.1 | 72.7 |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 87.0 | 81.5 | 92.6 | 90.5 | 85.7 | 95.3 | 38.5 | 30.5 | 46.5 |
| NH White women | 93.2 | 89.8 | 96.5 | 90.0 | 85.8 | 94.2 | 30.0 | 22.2 | 37.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 68.9 | 60.6 | 77.3 | 87.3 | 81.0 | 93.6 | 12.1 | 4.8 | 19.5 |
| 45-64 | 92.3 | 87.7 | 96.9 | 86.0 | 75.6 | 96.4 | 33.7 | 25.2 | 42.3 |
| 65 and older | 96.5 | 93.2 | 99.7 | 95.9 | 92.8 | 99.0 | 47.1 | 34.9 | 59.3 |
| Marital Status Never married | 71.9 | 55.5 | 88.3 | 90.5 | 82.0 | 99.0 | 18.4 | 6.2 | 30.7 |
| Married/ living together as a couple | 86.1 | 81.5 | 90.8 | 89.3 | 83.6 | 95.0 | 32.2 | 25.8 | 38.5 |
| Divorced/ widowed/separated | 87.3 | 81.1 | 93.4 | 90.8 | 85.2 | 96.5 | 34.3 | 23.7 | 44.8 |
| Education 0-11 years | 69.4 | 52.3 | 86.6 |  |  |  | 42.2 | 21.1 | 63.3 |
| HS Grad/GED | 80.9 | 72.9 | 89.0 | 93.0 | 88.6 | 97.4 | 33.6 | 23.7 | 43.6 |
| 1 or more years of college | 89.1 | 84.9 | 93.3 | 87.3 | 81.0 | 93.5 | 29.4 | 23.1 | 35.6 |
| Employment Employed for wages | 81.1 | 75.0 | 87.1 | 85.2 | 77.1 | 93.3 | 23.5 | 16.3 | 30.7 |
| Household Income \$24,999 or less | 74.0 | 60.9 | 87.2 | 81.7 | 59.0 | 100.0 | 33.5 | 17.6 | 49.3 |
| \$25,000-49,999 | 81.1 | 73.0 | 89.3 | 87.7 | 81.0 | 94.3 | 36.9 | 26.2 | 47.6 |
| \$50,000 or more | 90.6 | 85.9 | 95.3 | 91.1 | 86.7 | 95.6 | 29.1 | 21.1 | 37.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 6.9 | 4.4 | 9.4 | 59.1 | 39.5 | 78.6 | 7.4 | 5.0 | 9.8 |
| Sex Men | 7.4 | 3.5 | 11.2 |  |  |  | 8.8 | 5.0 | 12.5 |
| Women | 6.4 | 3.2 | 9.7 |  |  |  | 6.4 | 3.2 | 9.5 |
| Race/ethnicity NH White | 6.5 | 4.1 | 8.9 | 67.2 | 48.5 | 85.9 | 8.2 | 5.5 | 11.0 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic | 13.6 | 0.0 | 29.0 |  |  |  | 9.5 | 0.0 | 20.7 |
| Race/ethnicity-Sex NH White men | 7.5 | 3.6 | 11.4 |  |  |  | 10.2 | 5.8 | 14.6 |
| NH White women | 5.6 | 2.6 | 8.6 |  |  |  | 6.4 | 3.0 | 9.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 8.1 | 3.1 | 13.2 |  |  |  | 1.6 | 0.0 | 4.0 |
| 45-64 | 5.6 | 2.0 | 9.3 |  |  |  | 6.9 | 2.8 | 11.1 |
| 65 and older | 6.3 | 2.5 | 10.1 |  |  |  | 15.4 | 9.1 | 21.8 |
| Marital Status Never married | 16.4 | 1.4 | 31.4 |  |  |  |  |  |  |
| Married/ living together as a couple | 5.3 | 2.9 | 7.6 |  |  |  |  |  |  |
| Divorced/ widowed/separated | 8.0 | 2.4 | 13.6 |  |  |  |  |  |  |
| Education 0-11 years |  |  |  |  |  |  | 4.2 | 0.0 | 9.5 |
| HS Grad/GED |  |  |  |  |  |  | 9.9 | 4.2 | 15.7 |
| 1 or more years of college |  |  |  |  |  |  | 6.9 | 4.1 | 9.7 |
| Employment Employed for wages | 7.4 | 3.4 | 11.4 |  |  |  | 4.0 | 1.5 | 6.4 |
| Household Income \$24,999 or less | 9.9 | 1.7 | 18.0 |  |  |  | 10.5 | 2.7 | 18.4 |
| \$25,000-49,999 | 7.5 | 2.0 | 12.9 |  |  |  | 8.0 | 2.7 | 13.3 |
| \$50,000 or more | 7.4 | 3.4 | 11.5 |  |  |  | 6.3 | 3.0 | 9.7 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 18.7 | 14.8 | 22.7 | 23.3 | 18.9 | 27.7 | 24.9 | 20.4 | 29.4 |
| Sex Men | 19.3 | 13.5 | 25.1 | 20.7 | 14.9 | 26.5 | 22.9 | 16.8 | 29.1 |
| Women | 18.3 | 12.9 | 23.7 | 25.4 | 18.9 | 31.9 | 26.6 | 20.0 | 33.1 |
| Race/ethnicity NH Wlack <br>  Hispanic | 17.0 | 13.1 | 20.9 | 21.5 | 17.0 | 26.0 | 23.2 | 18.6 | 27.9 |
|  |  |  |  |  |  |  |  |  |  |
|  | 25.9 | 7.9 | 43.8 | 38.5 | 18.4 | 58.5 | 35.7 | 16.4 | 54.9 |
| Race/ethnicity-Sex NH White men | 18.2 | 12.4 | 24.0 | 21.3 | 15.1 | 27.5 | 23.2 | 16.7 | 29.7 |
| NH White women | 15.8 | 10.6 | 21.1 | 21.7 | 15.1 | 28.2 | 23.3 | 16.6 | 30.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 15.5 | 8.9 | 22.2 | 23.4 | 15.7 | 31.0 | 23.0 | 15.4 | 30.5 |
|  | 23.7 | 16.3 | 31.1 | 26.9 | 18.9 | 34.8 | 30.8 | 22.6 | 39.0 |
|  | 17.9 | 11.1 | 24.7 | 19.6 | 12.6 | 26.6 | 21.5 | 13.8 | 29.2 |
| Marital Status Never married | 13.0 | 0.4 | 25.5 | 13.1 | 1.1 | 25.1 | 9.1 | 0.0 | 18.2 |
| Married/ living together as a couple | 18.8 | 14.0 | 23.5 | 23.1 | 17.8 | 28.4 | 26.0 | 20.4 | 31.5 |
| Divorced/ widowed/separated | 22.1 | 13.0 | 31.3 | 30.4 | 20.6 | 40.2 | 30.0 | 19.9 | 40.0 |
| Education <br> HS Grad/GED | 34.9 | 16.6 | 53.3 | 38.7 | 20.2 | 57.3 | 38.3 | 19.7 | 56.9 |
|  | 22.0 | 14.3 | 29.8 | 29.5 | 20.7 | 38.3 | 27.6 | 19.0 | 36.3 |
|  | 15.1 | 10.7 | 19.4 | 18.5 | 13.7 | 23.4 | 21.9 | 16.7 | 27.2 |
| Employment Employed for wages | 17.4 | 11.6 | 23.2 | 21.2 | 14.8 | 27.5 | 22.7 | 16.2 | 29.2 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 26.0 | 13.6 | 38.4 | 33.6 | 19.9 | 47.3 | 29.0 | 16.2 | 41.7 |
|  | 20.2 | 11.9 | 28.5 | 25.8 | 16.8 | 34.7 | 26.3 | 17.2 | 35.5 |
|  | 12.7 | 7.8 | 17.7 | 16.0 | 10.3 | 21.8 | 21.8 | 15.1 | 28.4 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 34.3 | 29.4 | 39.1 | 1.4 | 0.4 | 2.4 | 26.8 | 22.3 | 31.2 |
| Sex Men | 35.3 | 28.5 | 42.2 | 1.5 | 0.0 | 3.3 | 26.9 | 20.6 | 33.3 |
| Women | 33.4 | 26.6 | 40.2 | 1.3 | 0.2 | 2.4 | 26.6 | 20.3 | 32.9 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 38.0 | 32.5 | 43.6 | 1.3 | 0.3 | 2.3 | 29.1 | 24.1 | 34.1 |
|  |  |  |  |  |  |  |  |  |  |
|  | 21.1 | 5.6 | 36.6 | 4.1 | 0.0 | 10.3 | 25.9 | 7.4 | 44.4 |
| Race/ethnicity-Sex NH White men | 38.0 | 30.6 | 45.5 | 1.2 | 0.0 | 2.8 | 29.2 | 22.2 | 36.3 |
| NH White women | 38.0 | 29.8 | 46.2 | 1.4 | 0.1 | 2.8 | 28.9 | 21.8 | 36.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 15.6 | 9.3 | 22.0 | 1.0 | 0.0 | 2.5 | 11.5 | 5.1 | 17.8 |
|  | 27.8 | 20.2 | 35.4 |  |  |  | 11.8 | 6.8 | 16.9 |
|  | 63.5 | 49.4 | 77.6 | 3.4 | 0.6 | 6.1 | 60.4 | 46.5 | 74.3 |
| Marital Status Never married | 18.9 | 4.6 | 33.2 | 1.3 | 0.0 | 3.8 | 19.2 | 3.3 | 35.0 |
| Married/ living together as a couple | 34.9 | 28.8 | 40.9 | 1.6 | 0.3 | 2.8 | 26.1 | 20.8 | 31.5 |
| Divorced/ widowed/separated | 40.6 | 31.1 | 50.1 | 0.8 | 0.0 | 2.0 | 33.8 | 24.6 | 43.1 |
| Education $0-11$ years <br>  HS Grad/GED | 25.8 | 11.1 | 40.6 |  |  |  | 21.5 | 8.6 | 34.4 |
|  | 36.1 | 27.0 | 45.1 |  |  |  | 23.7 | 15.7 | 31.7 |
|  | 34.9 | 28.5 | 41.2 |  |  |  | 28.9 | 22.9 | 34.9 |
| Employment Employed for wages | 19.2 | 13.5 | 25.0 | 0.7 | 0.0 | 1.8 | 10.2 | 5.9 | 14.6 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 26.0 | 14.6 | 37.4 | 0.7 | 0.0 | 2.2 | 23.5 | 12.2 | 34.8 |
|  | 36.7 | 27.0 | 46.4 | 4.2 | 0.3 | 8.1 | 34.0 | 24.0 | 44.0 |
|  | 33.0 | 25.0 | 41.1 |  |  |  | 22.3 | 15.7 | 28.8 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Columbia County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Columbia County, 518 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Columbia County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | CI |  |
| All | 56,513 | 15,982,378 | 21.1 | 16.4 | 25.9 | 56.5 | 48.9 | 64.0 |
| Sex Men | 50.7\% | 48.8\% | 20.9 | 13.7 | 28.1 | 46.2 | 34.8 | 57.7 |
| Women | 49.3\% | 51.2\% | 21.4 | 15.0 | 27.7 | 67.2 | 58.3 | 76.0 |
| Race/ethnicity NH White | 78.0\% | 65.4\% | 18.1 | 13.4 | 22.8 | 54.2 | 45.9 | 62.4 |
| NH Black | 16.8\% | 14.2\% | 40.4 | 20.3 | 60.5 |  |  |  |
| Hispanic | 2.7\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 39.0\% | 31.9\% | 18.2 | 10.2 | 26.1 | 45.4 | 32.9 | 57.9 |
| NH White women | 38.9\% | 33.6\% | 18.0 | 12.9 | 23.2 | 64.8 | 55.1 | 74.6 |
| NH Black men | 8.9\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 7.9\% | 7.4\% | 36.5 | 7.0 | 65.9 |  |  |  |
| Hispanic men | 1.6\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 1.2\% | 8.4\% |  |  |  |  |  |  |
| Age $18-44$ | 36.7\% | 36.9\% | 10.0 | 5.3 | 14.8 | 45.9 | 35.8 | 55.9 |
| 45-64 | 24.0\% | 22.7\% | 26.5 | 16.9 | 36.1 | 68.0 | 57.4 | 78.5 |
| 65 and older | 14.0\% | 17.6\% | 36.2 | 26.1 | 46.4 |  |  |  |
| Marital Status Never married | 21.1\% | 22.5\% | 13.3 | 3.3 | 23.4 |  |  |  |
| Married/ living together as a couple | 53.9\% | 53.7\% | 16.8 | 11.4 | 22.1 | 56.9 | 47.2 | 66.5 |
| Divorced/ widowed/separated | 25.0\% | 23.8\% | 33.0 | 22.4 | 43.6 | 68.1 | 56.1 | 80.1 |
| Education 0-11 years | 25.3\% | 20.1\% | 29.4 | 16.8 | 42.0 |  |  |  |
| HS Grad/GED | 34.9\% | 28.7\% | 29.4 | 19.7 | 39.1 | 49.2 | 36.2 | 62.1 |
| 1 or more years of college | 39.8\% | 51.1\% | 12.5 | 8.2 | 16.7 | 64.5 | 54.5 | 74.5 |
| Employment Employed for wages | 52.2\% | 54.9\% | 11.7 | 6.6 | 16.8 | 56.5 | 48.9 | 64.0 |
| Household Income \$24,999 or less | 40.0\% | 30.8\% | 33.6 | 23.9 | 43.4 | 51.4 | 37.1 | 65.7 |
| \$25,000 - 49,999 | 33.2\% | 31.6\% | 18.7 | 10.5 | 26.9 | 51.3 | 39.0 | 63.6 |
| \$50,000 or more | 26.8\% | 37.6\% | 3.4 | 0.2 | 6.6 | 70.5 | 57.1 | 83.9 |

[^12]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 32.4 | 27.3 | 37.4 | 56.4 | 50.7 | 62.1 | 78.7 | 73.8 | 83.7 |
| Sex Men | 31.7 | 23.8 | 39.6 | 49.9 | 41.2 | 58.6 | 72.4 | 64.7 | 80.1 |
| Women | 32.9 | 26.5 | 39.4 | 62.1 | 54.7 | 69.5 | 84.3 | 77.8 | 90.7 |
| Race/ethnicity NH White | 32.3 | 26.6 | 37.9 | 55.4 | 49.1 | 61.6 | 79.2 | 74.1 | 84.2 |
| NH Black | 24.9 | 11.6 | 38.1 | 64.0 | 47.6 | 80.3 | 79.4 | 66.8 | 92.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 30.3 | 21.4 | 39.1 | 48.1 | 38.2 | 58.0 | 71.3 | 62.4 | 80.2 |
| NH White women | 34.2 | 27.1 | 41.3 | 62.4 | 54.8 | 69.9 | 86.7 | 82.0 | 91.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 23.2 | 6.1 | 40.3 | 74.9 | 57.3 | 92.4 | 86.3 | 72.6 | 99.9 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18 -44 | 33.3 | 25.1 | 41.5 | 55.5 | 46.6 | 64.3 | 71.2 | 63.1 | 79.2 |
| 45-64 | 32.1 | 23.5 | 40.6 | 54.8 | 44.8 | 64.9 | 82.3 | 73.6 | 91.0 |
| 65 and older | 31.6 | 22.2 | 41.0 | 60.4 | 49.8 | 70.9 | 87.3 | 79.7 | 94.8 |
| Marital Status Never married | 22.0 | 8.6 | 35.3 | 52.8 | 32.6 | 72.9 | 66.5 | 48.3 | 84.7 |
| Married/ living together as a couple | 31.9 | 25.4 | 38.5 | 53.8 | 46.4 | 61.2 | 78.0 | 71.3 | 84.7 |
| Divorced/ widowed/separated | 35.3 | 25.9 | 44.6 | 63.2 | 53.8 | 72.6 | 84.4 | 77.4 | 91.3 |
| Education 0-11 years | 55.2 | 40.9 | 69.4 | 74.8 | 62.9 | 86.7 | 91.6 | 83.7 | 99.5 |
| HS Grad/GED | 34.8 | 26.4 | 43.3 | 49.9 | 40.4 | 59.4 | 75.3 | 67.4 | 83.3 |
| 1 or more years of college | 23.9 | 17.4 | 30.5 | 55.7 | 47.3 | 64.0 | 77.5 | 69.7 | 85.2 |
| Employment Employed for wages | 28.4 | 21.9 | 34.8 | 53.0 | 45.3 | 60.8 | 74.0 | 66.7 | 81.2 |
| Household Income \$24,999 or less | 42.0 | 32.7 | 51.4 | 60.7 | 51.3 | 70.1 | 82.4 | 75.1 | 89.6 |
| \$25,000 - 49,999 | 27.9 | 19.6 | 36.2 | 53.1 | 43.3 | 62.9 | 81.3 | 74.5 | 88.2 |
| \$50,000 or more | 22.0 | 11.3 | 32.7 | 52.7 | 38.9 | 66.6 | 70.6 | 56.2 | 85.0 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 38.4 | 32.9 | 43.9 | 25.3 | 20.6 | 29.9 | 77.1 | 72.9 | 81.4 |
| Sex Men | 50.6 | 42.0 | 59.2 | 23.2 | 15.6 | 30.7 | 81.1 | 74.7 | 87.5 |
| Women | 27.8 | 21.0 | 34.6 | 27.1 | 21.2 | 33.0 | 73.7 | 68.0 | 79.4 |
| Race/ethnicity NH White | 40.9 | 34.8 | 46.9 | 25.0 | 19.7 | 30.4 | 75.8 | 70.9 | 80.7 |
| NH Black | 31.9 | 11.0 | 52.7 | 35.1 | 19.3 | 50.8 | 81.4 | 70.6 | 92.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 54.3 | 44.5 | 64.1 | 23.4 | 14.6 | 32.1 | 80.3 | 72.8 | 87.8 |
| NH White women | 28.0 | 21.3 | 34.7 | 26.6 | 20.2 | 33.0 | 71.5 | 65.0 | 77.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 27.3 | 0.0 | 58.2 | 39.4 | 17.0 | 61.8 | 82.4 | 68.4 | 96.4 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 36.6 | 28.0 | 45.3 | 25.3 | 17.8 | 32.7 | 78.3 | 71.3 | 85.4 |
|  | 41.1 | 31.3 | 50.9 | 25.5 | 17.5 | 33.4 | 80.9 | 74.8 | 87.0 |
|  | 39.4 | 29.3 | 49.5 | 23.9 | 14.8 | 32.9 | 69.1 | 59.7 | 78.4 |
| Marital Status Never married | 40.3 | 20.6 | 60.0 | 25.3 | 10.1 | 40.5 | 82.6 | 67.4 | 97.8 |
| Married/ living together as a couple | 40.5 | 33.4 | 47.5 | 24.0 | 17.9 | 30.1 | 76.8 | 71.3 | 82.3 |
| Divorced/ widowed/separated | 34.1 | 23.7 | 44.6 | 28.9 | 20.4 | 37.4 | 76.8 | 69.3 | 84.4 |
| Education <br> HS Grad/GED | 34.1 | 20.1 | 48.1 | 34.6 | 21.2 | 48.0 | 82.1 | 72.3 | 92.0 |
|  | 40.4 | 30.9 | 49.9 | 24.1 | 16.1 | 32.1 | 79.5 | 72.6 | 86.4 |
|  | 38.4 | 30.7 | 46.2 | 23.5 | 17.1 | 29.9 | 73.6 | 67.1 | 80.0 |
| Employment Employed for wages | 38.3 | 31.0 | 45.5 | 22.4 | 16.2 | 28.6 | 78.7 | 73.0 | 84.4 |
| Household Income | 34.8 | 24.7 | 44.8 | 28.6 | 20.4 | 36.8 | 76.7 | 69.1 | 84.3 |
|  | 43.7 | 34.0 | 53.4 | 25.9 | 17.1 | 34.6 | 78.3 | 70.9 | 85.6 |
|  | 40.1 | 27.4 | 52.8 | 18.2 | 8.8 | 27.6 | 75.3 | 65.2 | 85.4 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 29.6 | 24.7 | 34.6 | 62.2 | 52.5 | 71.9 | 13.7 | 9.6 | 17.9 |
| Sex Men | 35.1 | 26.8 | 43.5 | 61.1 | 46.1 | 76.1 | 19.9 | 12.2 | 27.6 |
| Women | 24.8 | 19.2 | 30.4 | 63.6 | 51.8 | 75.3 | 8.4 | 4.8 | 12.0 |
| Race/ethnicity NH White | 29.9 | 24.2 | 35.5 | 61.5 | 50.2 | 72.8 | 15.7 | 10.6 | 20.7 |
| NH Black | 30.2 | 14.8 | 45.6 |  |  |  | 5.4 | 0.2 | 10.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 34.6 | 25.1 | 44.0 | 60.3 | 42.8 | 77.8 | 21.8 | 12.8 | 30.8 |
| NH White women | 25.3 | 19.1 | 31.6 | 63.1 | 49.5 | 76.6 | 9.7 | 5.2 | 14.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 23.2 | 6.0 | 40.4 |  |  |  | 5.6 | 0.0 | 11.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 40.4 | 31.7 | 49.1 | 60.4 | 46.0 | 74.8 | 25.2 | 16.8 | 33.5 |
| 45-64 | 26.5 | 19.0 | 34.1 | 64.3 | 50.2 | 78.5 | 7.0 | 3.2 | 10.9 |
| 65 and older | 13.6 | 7.1 | 20.1 |  |  |  | 1.9 | 0.0 | 4.9 |
| Marital Status Never married | 35.4 | 17.3 | 53.6 |  |  |  | 22.7 | 2.6 | 42.8 |
| Married/ living together as a couple | 26.3 | 20.1 | 32.4 | 62.8 | 49.7 | 75.9 | 11.5 | 6.9 | 16.1 |
| Divorced/ widowed/separated | 36.0 | 26.4 | 45.7 | 58.5 | 41.1 | 75.8 | 14.9 | 6.4 | 23.4 |
| Education 0-11 years | 49.1 | 34.6 | 63.6 | 55.9 | 33.2 | 78.6 | 8.5 | 1.6 | 15.5 |
| HS Grad/GED | 30.9 | 22.5 | 39.2 | 64.8 | 49.6 | 80.0 | 8.5 | 3.4 | 13.7 |
| 1 or more years of college | 23.8 | 17.2 | 30.5 | 63.2 | 47.4 | 79.0 | 18.6 | 11.5 | 25.7 |
| Employment Employed for wages | 29.5 | 22.9 | 36.1 | 60.6 | 47.7 | 73.5 | 18.2 | 12.3 | 24.2 |
| Household Income \$24,999 or less | 41.2 | 31.9 | 50.5 | 72.7 | 61.1 | 84.3 | 8.1 | 3.5 | 12.6 |
| \$25,000-49,999 | 26.9 | 18.3 | 35.4 | 52.3 | 33.3 | 71.3 | 17.5 | 9.4 | 25.6 |
| \$50,000 or more | 19.0 | 8.7 | 29.3 |  |  |  | 16.0 | 5.3 | 26.6 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 21.0 | 16.5 | 25.6 | 22.9 | 18.1 | 27.8 | 9.1 | 6.3 | 11.8 |
| Sex Men | 24.7 | 17.1 | 32.3 | 34.4 | 26.1 | 42.7 | 6.2 | 2.5 | 9.9 |
| Women | 17.9 | 12.6 | 23.3 | 12.8 | 8.0 | 17.7 | 11.6 | 7.6 | 15.5 |
| Race/ethnicity NH White | 21.3 | 16.1 | 26.6 | 24.5 | 18.9 | 30.2 | 9.1 | 5.9 | 12.3 |
| NH Black | 19.4 | 7.8 | 31.0 | 13.5 | 4.0 | 22.9 | 9.2 | 1.7 | 16.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 22.7 | 14.3 | 31.2 | 36.0 | 26.5 | 45.6 | 5.3 | 1.4 | 9.2 |
| NH White women | 20.0 | 13.5 | 26.4 | 13.6 | 7.8 | 19.3 | 12.7 | 7.8 | 17.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 11.3 | 0.8 | 21.7 | 11.3 | 0.0 | 22.9 | 9.8 | 1.4 | 18.3 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 30.4 | 22.3 | 38.5 | 36.9 | 28.3 | 45.6 | 11.5 | 6.4 | 16.5 |
| 45-64 | 19.7 | 12.4 | 27.1 | 14.1 | 7.5 | 20.7 | 7.9 | 4.2 | 11.6 |
| 65 and older | 3.9 | 0.9 | 7.0 | 10.8 | 4.6 | 16.9 | 6.5 | 1.5 | 11.5 |
| Marital Status Never married | 27.2 | 9.8 | 44.6 | 37.5 | 17.3 | 57.8 | 10.2 | 1.4 | 19.0 |
| Married/ living together as a couple | 19.6 | 13.8 | 25.4 | 21.5 | 15.3 | 27.6 | 7.7 | 4.3 | 11.1 |
| Divorced/ widowed/separated | 23.1 | 14.8 | 31.4 | 22.5 | 14.2 | 30.8 | 11.7 | 6.3 | 17.1 |
| Education 0-11 years | 42.0 | 27.4 | 56.7 | 40.5 | 25.5 | 55.5 | 18.4 | 7.7 | 29.2 |
| HS Grad/GED | 23.9 | 15.8 | 32.0 | 22.8 | 15.0 | 30.6 | 9.4 | 4.9 | 14.0 |
| 1 or more years of college | 13.4 | 8.2 | 18.6 | 18.6 | 12.0 | 25.2 | 6.4 | 3.1 | 9.6 |
| Employment Employed for wages | 22.1 | 16.0 | 28.2 | 28.3 | 21.4 | 35.3 | 6.0 | 3.1 | 9.0 |
| Household Income \$24,999 or less | 35.1 | 25.8 | 44.3 | 25.9 | 17.5 | 34.3 | 18.3 | 11.6 | 24.9 |
| \$25,000-49,999 | 15.7 | 8.7 | 22.6 | 27.8 | 18.5 | 37.0 | 5.3 | 1.6 | 9.1 |
| \$50,000 or more | 8.8 | 1.4 | 16.3 | 14.1 | 5.2 | 23.0 | 2.2 | 0.0 | 5.8 |



| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 80.5 | 75.9 | 85.1 | 91.9 | 88.7 | 95.0 | 37.6 | 31.5 | 43.7 |
| Sex Men | 75.2 | 67.0 | 83.3 | 88.9 | 82.7 | 95.1 | 37.9 | 28.2 | 47.6 |
| Women | 85.1 | 80.3 | 89.8 | 94.1 | 91.2 | 96.9 | 37.4 | 29.5 | 45.3 |
| Race/ethnicity NH White | 79.4 | 74.0 | 84.9 | 90.6 | 86.7 | 94.5 | 38.5 | 32.0 | 45.0 |
| NH Black | 88.0 | 79.0 | 97.0 | 96.9 | 93.0 | 100.0 | 41.3 | 18.5 | 64.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 73.6 | 64.3 | 82.9 | 87.1 | 79.6 | 94.6 | 38.9 | 27.7 | 50.0 |
| NH White women | 85.0 | 79.6 | 90.5 | 93.6 | 90.1 | 97.0 | 38.2 | 30.5 | 45.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 87.2 | 74.8 | 99.5 | 98.4 | 94.9 | 100.0 | 48.1 | 18.0 | 78.2 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 63.6 | 54.8 | 72.4 | 85.9 | 78.2 | 93.5 | 17.0 | 9.5 | 24.5 |
| 45-64 | 91.7 | 86.9 | 96.6 | 94.8 | 91.6 | 97.9 | 44.6 | 34.1 | 55.2 |
| 65 and older | 96.1 | 92.3 | 99.8 | 94.9 | 90.0 | 99.8 | 54.2 | 43.5 | 64.9 |
| Marital Status Never married | 47.7 | 27.9 | 67.6 |  |  |  |  |  |  |
| Married/ living together as a couple | 83.1 | 77.8 | 88.5 | 91.6 | 87.3 | 95.8 | 36.2 | 28.7 | 43.8 |
| Divorced/ widowed/separated | 84.3 | 76.1 | 92.6 | 92.4 | 88.1 | 96.8 | 42.6 | 31.3 | 54.0 |
| Education 0-11 years | 68.4 | 53.9 | 82.9 | 93.2 | 83.3 | 100.0 | 47.8 | 30.8 | 64.8 |
| HS Grad/GED | 82.0 | 75.1 | 88.9 | 93.8 | 89.7 | 97.8 | 45.8 | 34.8 | 56.7 |
| 1 or more years of college | 82.4 | 75.7 | 89.2 | 90.0 | 85.0 | 95.0 | 28.5 | 21.3 | 35.7 |
| Employment Employed for wages | 76.6 | 69.9 | 83.2 | 91.2 | 86.6 | 95.8 | 26.9 | 19.2 | 34.6 |
| Household Income \$24,999 or less | 79.3 | 71.8 | 86.8 | 91.6 | 86.3 | 96.9 | 43.8 | 32.3 | 55.4 |
| \$25,000-49,999 | 78.3 | 69.2 | 87.4 | 92.0 | 87.2 | 96.9 | 35.0 | 24.3 | 45.6 |
| \$50,000 or more | 83.5 | 73.6 | 93.4 | 89.4 | 80.5 | 98.3 | 28.1 | 16.4 | 39.9 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Had diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 16.2 | 11.6 | 20.8 | 72.8 | 60.4 | 85.2 | 10.3 | 7.0 | 13.6 |
| Sex Men | 13.9 | 7.5 | 20.3 |  |  |  | 12.1 | 6.0 | 18.1 |
| Women | 18.2 | 11.7 | 24.7 | 80.2 | 67.8 | 92.7 | 8.8 | 5.5 | 12.1 |
| Race/ethnicity NH White | 14.3 | 9.8 | 18.8 | 67.0 | 51.4 | 82.7 | 9.6 | 5.8 | 13.5 |
| NH Black | 34.5 | 13.9 | 55.1 |  |  |  | 11.2 | 3.0 | 19.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 12.6 | 5.6 | 19.6 |  |  |  | 10.2 | 3.4 | 17.0 |
| NH White women | 15.9 | 10.0 | 21.7 | 77.9 | 62.8 | 93.1 | 9.1 | 5.3 | 12.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 38.5 | 10.3 | 66.8 |  |  |  | 9.1 | 0.3 | 17.9 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 17.1 | 10.3 | 23.8 |  |  |  | 2.2 | 0.0 | 4.4 |
| 45-64 | 18.2 | 9.3 | 27.2 | 73.5 | 53.9 | 93.2 | 17.3 | 9.7 | 24.8 |
| 65 and older | 8.7 | 3.0 | 14.5 |  |  |  | 15.4 | 8.6 | 22.2 |
| Marital Status Never married | 20.9 | 7.2 | 34.5 |  |  |  | 1.2 | 0.0 | 3.6 |
| Married/ living together as a couple | 11.8 | 7.1 | 16.5 | 76.3 | 60.1 | 92.4 | 10.6 | 5.9 | 15.4 |
| Divorced/ widowed/separated | 24.0 | 12.8 | 35.1 | 72.5 | 49.5 | 95.4 | 12.3 | 7.1 | 17.4 |
| Education 0-11 years | 13.5 | 5.2 | 21.8 |  |  |  | 12.2 | 4.7 | 19.7 |
| HS Grad/GED | 17.3 | 8.8 | 25.9 |  |  |  | 11.8 | 4.9 | 18.7 |
| 1 or more years of college | 15.0 | 8.7 | 21.2 | 69.0 | 48.2 | 89.8 | 8.8 | 5.0 | 12.6 |
| Employment Employed for wages | 12.1 | 7.4 | 16.9 | 66.1 | 46.0 | 86.3 | 8.0 | 3.5 | 12.6 |
| Household Income \$24,999 or less | 18.3 | 8.9 | 27.7 |  |  |  | 10.5 | 5.4 | 15.6 |
| \$25,000-49,999 | 12.9 | 6.6 | 19.2 |  |  |  | 11.3 | 3.9 | 18.6 |
| \$50,000 or more | 14.8 | 3.8 | 25.7 |  |  |  | 5.9 | 0.8 | 11.0 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 22.4 | 17.4 | 27.4 | 27.8 | 22.9 | 32.8 | 27.2 | 22.4 | 32.1 |
| Sex Men | 21.0 | 13.5 | 28.5 | 28.5 | 20.3 | 36.7 | 26.4 | 18.3 | 34.4 |
| Women | 23.6 | 16.8 | 30.3 | 27.3 | 21.4 | 33.1 | 28.0 | 22.0 | 34.0 |
| Race/ethnicity NH White <br> NH Black  <br> Hispanic  | 19.1 | 14.2 | 24.1 | 26.0 | 20.6 | 31.5 | 27.3 | 21.8 | 32.9 |
|  | 39.3 | 18.2 | 60.3 | 31.1 | 15.2 | 47.0 | 25.0 | 10.8 | 39.1 |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 16.8 | 8.8 | 24.9 | 24.2 | 15.1 | 33.3 | 26.0 | 16.8 | 35.2 |
| NH White women | 21.3 | 15.2 | 27.3 | 27.8 | 21.3 | 34.2 | 28.6 | 22.0 | 35.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 43.8 | 15.2 | 72.3 | 24.8 | 6.9 | 42.6 | 34.9 | 12.4 | 57.3 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 11.9 | 6.3 | 17.5 | 21.6 | 14.3 | 28.9 | 24.6 | 16.9 | 32.3 |
|  | 32.6 | 22.6 | 42.6 | 32.9 | 23.9 | 41.8 | 32.5 | 23.7 | 41.4 |
|  | 26.2 | 16.5 | 35.9 | 33.2 | 23.3 | 43.1 | 24.3 | 15.5 | 33.0 |
| Marital Status Never married | 6.7 | 0.0 | 13.8 | 16.8 | 5.8 | 27.8 | 19.0 | 6.6 | 31.5 |
| Married/ living together as a couple | 21.4 | 15.4 | 27.4 | 26.4 | 20.0 | 32.8 | 27.0 | 20.6 | 33.4 |
| Divorced/ widowed/separated | 29.7 | 18.9 | 40.6 | 34.9 | 25.3 | 44.4 | 30.6 | 21.4 | 39.9 |
| Education $0-11$ years <br> HS Grad/GED  | 27.0 | 14.2 | 39.9 | 38.0 | 23.9 | 52.0 | 33.0 | 19.1 | 46.9 |
|  | 30.8 | 20.7 | 40.8 | 29.4 | 20.7 | 38.2 | 26.6 | 18.2 | 35.0 |
|  | 14.9 | 9.9 | 19.9 | 24.1 | 17.6 | 30.6 | 26.7 | 19.9 | 33.5 |
| Employment Employed for wages | 19.9 | 13.8 | 26.1 | 23.8 | 17.4 | 30.2 | 29.4 | 22.5 | 36.2 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 30.5 | 20.4 | 40.7 | 32.1 | 23.7 | 40.5 | 27.9 | 19.8 | 36.1 |
|  | 22.2 | 13.2 | 31.1 | 27.3 | 18.1 | 36.5 | 28.9 | 19.7 | 38.0 |
|  | 15.5 | 7.4 | 23.7 | 27.1 | 15.6 | 38.7 | 27.9 | 16.3 | 39.4 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 25.8 | 21.5 | 30.1 | 1.4 | 0.3 | 2.4 | 23.8 | 18.8 | 28.7 |
| Sex Men <br>  Women | 22.1 | 15.7 | 28.4 | 0.4 | 0.0 | 1.3 | 27.7 | 19.8 | 35.6 |
|  | 29.1 | 23.2 | 35.0 | 2.2 | 0.3 | 4.0 | 20.4 | 14.0 | 26.8 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 24.7 | 20.0 | 29.4 | 1.5 | 0.2 | 2.7 | 22.6 | 17.5 | 27.8 |
|  | 20.7 | 8.1 | 33.3 |  |  |  | 33.2 | 12.2 | 54.1 |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men <br>  NH White women | 19.7 | 12.8 | 26.5 |  |  |  | 26.9 | 17.9 | 35.9 |
|  | 29.5 | 23.1 | 35.9 |  |  |  | 18.6 | 13.3 | 24.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
|  | 23.9 | 6.2 | 41.6 |  |  |  | 31.7 | 1.5 | 62.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br> 65 and older  | 13.3 | 7.9 | 18.7 | 0.6 | 0.0 | 1.9 | 11.4 | 5.7 | 17.1 |
|  | 25.8 | 18.5 | 33.0 | 0.8 | 0.0 | 2.0 | 21.1 | 11.3 | 30.8 |
|  | 51.1 | 40.7 | 61.5 | 2.8 | 0.0 | 6.0 | 55.9 | 45.3 | 66.4 |
| Marital Status Never married | 6.4 | 0.0 | 13.3 |  |  |  | 21.9 | 7.8 | 36.0 |
| Married/ living together as a couple | 28.1 | 22.3 | 34.0 |  |  |  | 21.8 | 15.8 | 27.7 |
| Divorced/ widowed/separated | 25.8 | 18.4 | 33.3 |  |  |  | 29.2 | 18.5 | 39.9 |
| Education $0-11$ years <br> HS Grad/GED  | 26.4 | 14.7 | 38.1 | 1.3 | 0.0 | 4.0 | 18.4 | 8.3 | 28.5 |
|  | 22.9 | 16.1 | 29.6 | 2.0 | 0.0 | 4.0 | 35.1 | 25.3 | 44.9 |
|  | 27.6 | 21.1 | 34.0 | 0.4 | 0.0 | 1.1 | 16.3 | 10.9 | 21.6 |
| Employment Employed for wages | 19.5 | 14.3 | 24.8 | 0.5 | 0.0 | 1.3 | 12.5 | 7.0 | 18.0 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 26.2 | 18.5 | 33.8 | 1.8 | 0.0 | 4.0 | 28.5 | 18.7 | 38.2 |
|  | 19.5 | 12.9 | 26.0 |  |  |  | 18.9 | 10.4 | 27.4 |
|  | 30.0 | 19.3 | 40.8 | 0.8 | 0.0 | 2.4 | 15.9 | 7.0 | 24.8 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Dade County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Dade County, 538 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Dade County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | CI |  |
| All | 2,253,362 | 15,982,378 | 20.1 | 14.6 | 25.6 | 59.6 | 52.8 | 66.3 |
| Sex Men | 48.3\% | 48.8\% | 21.0 | 10.9 | 31.0 | 51.3 | 41.3 | 61.4 |
| Women | 51.7\% | 51.2\% | 19.3 | 14.1 | 24.4 | 68.9 | 60.9 | 76.8 |
| Race/ethnicity NH White | 20.7\% | 65.4\% | 16.1 | 9.1 | 23.1 | 61.9 | 49.5 | 74.3 |
| NH Black | 19.0\% | 14.2\% | 14.7 | 6.1 | 23.3 | 43.1 | 25.8 | 60.4 |
| Hispanic | 57.3\% | 16.8\% | 24.8 | 14.1 | 35.6 | 58.7 | 43.0 | 74.3 |
| Race/ethnicity-Sex NH White men | 10.3\% | 31.9\% | 18.1 | 6.4 | 29.7 | 57.6 | 37.5 | 77.8 |
| NH White women | 10.4\% | 33.6\% | 14.2 | 5.8 | 22.5 | 66.5 | 51.7 | 81.3 |
| NH Black men | 8.9\% | 6.8\% | 7.1 | 0.0 | 15.5 |  |  |  |
| NH Black women | 10.0\% | 7.4\% | 22.6 | 8.1 | 37.0 |  |  |  |
| Hispanic men | 27.6\% | 8.4\% | 29.6 | 11.8 | 47.5 | 45.9 | 23.7 | 68.0 |
| Hispanic women | 29.8\% | 8.4\% | 19.5 | 8.2 | 30.9 | 79.0 | 64.0 | 94.0 |
| Age $18-44$ | 40.1\% | 36.9\% | 11.2 | 6.0 | 16.4 | 55.8 | 47.1 | 64.5 |
| 45-64 | 21.7\% | 22.7\% | 27.7 | 13.3 | 42.1 | 65.2 | 54.1 | 76.3 |
| 65 and older | 13.3\% | 17.6\% | 35.6 | 25.0 | 46.2 |  |  |  |
| Marital Status Never married | 26.5\% | 22.5\% | 23.7 | 4.7 | 42.7 | 54.2 | 40.0 | 68.4 |
| Married/ living together as a couple | 48.7\% | 53.7\% | 15.4 | 10.1 | 20.7 | 60.3 | 51.0 | 69.6 |
| Divorced/ widowed/separated | 24.8\% | 23.8\% | 28.1 | 20.3 | 35.9 | 62.8 | 49.7 | 75.9 |
| Education 0-11 years | 32.1\% | 20.1\% | 55.6 | 36.0 | 75.3 |  |  |  |
| HS Grad/GED | 22.3\% | 28.7\% | 19.2 | 11.8 | 26.5 | 46.4 | 32.6 | 60.2 |
| 1 or more years of college | 45.5\% | 51.1\% | 10.4 | 6.8 | 14.0 | 65.9 | 58.4 | 73.4 |
| Employment Employed for wages | 52.4\% | 54.9\% | 10.6 | 6.0 | 15.3 | 59.6 | 52.8 | 66.3 |
| Household Income \$24,999 or less | 35.8\% | 30.8\% | 32.4 | 20.7 | 44.2 | 61.6 | 48.3 | 75.0 |
| \$25,000 - 49,999 | 28.6\% | 31.6\% | 13.1 | 6.1 | 20.1 | 61.5 | 47.2 | 75.8 |
| \$50,000 or more | 35.6\% | 37.6\% | 3.9 | 0.3 | 7.4 | 66.4 | 56.0 | 76.7 |

[^13]

| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 18.8 | 14.9 | 22.8 | 55.7 | 44.0 | 67.3 | 15.0 | 11.1 | 18.9 |
| Sex Men | 21.2 | 14.4 | 28.0 | 57.4 | 39.1 | 75.7 | 19.5 | 12.6 | 26.4 |
| Women | 16.7 | 12.2 | 21.1 | 53.7 | 38.9 | 68.4 | 11.0 | 6.7 | 15.2 |
| Race/ethnicity NH White | 22.5 | 14.3 | 30.7 | 40.6 | 19.7 | 61.5 | 16.9 | 9.9 | 23.9 |
| NH Black | 12.3 | 4.7 | 19.9 |  |  |  | 15.4 | 5.4 | 25.4 |
| Hispanic | 24.2 | 13.5 | 35.0 |  |  |  | 19.0 | 8.6 | 29.5 |
| Race/ethnicity-Sex NH White men | 27.3 | 13.2 | 41.4 |  |  |  | 24.0 | 11.4 | 36.7 |
| NH White women | 18.2 | 8.8 | 27.6 |  |  |  | 10.2 | 3.5 | 17.0 |
| NH Black men | 12.8 | 0.6 | 24.9 |  |  |  | 19.5 | 2.1 | 36.8 |
| NH Black women | 11.8 | 2.1 | 21.4 |  |  |  | 11.2 | 1.3 | 21.2 |
| Hispanic men | 30.5 | 12.2 | 48.8 |  |  |  | 27.7 | 9.6 | 45.8 |
| Hispanic women | 17.5 | 7.5 | 27.5 |  |  |  | 9.8 | 1.2 | 18.4 |
| Age 18-44 | 21.7 | 15.7 | 27.6 | 48.8 | 33.1 | 64.6 | 20.7 | 14.3 | 27.1 |
| 45-64 | 19.6 | 12.0 | 27.3 | 69.2 | 49.9 | 88.4 | 11.4 | 5.8 | 17.1 |
| 65 and older | 10.3 | 4.0 | 16.7 |  |  |  | 4.7 | 0.5 | 8.9 |
| Marital Status Never married | 20.5 | 10.9 | 30.1 |  |  |  | 19.4 | 9.2 | 29.6 |
| Married/ living together as a couple | 18.3 | 12.8 | 23.8 | 59.3 | 41.6 | 76.9 | 15.4 | 9.9 | 21.0 |
| Divorced/ widowed/separated | 18.5 | 11.7 | 25.3 | 53.6 | 32.4 | 74.9 | 10.1 | 4.4 | 15.7 |
| Education 0-11 years | 19.1 | 5.9 | 32.3 |  |  |  | 16.7 | 3.1 | 30.3 |
| HS Grad/GED | 22.0 | 14.4 | 29.6 | 64.5 | 44.2 | 84.7 | 15.7 | 8.0 | 23.5 |
| 1 or more years of college | 17.0 | 12.2 | 21.7 | 53.2 | 37.5 | 68.9 | 14.2 | 9.7 | 18.7 |
| Employment Employed for wages | 20.6 | 15.1 | 26.1 | 50.8 | 35.4 | 66.3 | 16.4 | 10.8 | 22.0 |
| Household Income \$24,999 or less | 22.3 | 15.0 | 29.6 | 76.6 | 63.2 | 90.0 | 15.8 | 9.1 | 22.6 |
| \$25,000-49,999 | 15.1 | 7.9 | 22.4 |  |  |  | 9.3 | 1.9 | 16.8 |
| \$50,000 or more | 18.2 | 10.2 | 26.1 |  |  |  | 18.2 | 10.4 | 26.0 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 28.5 | 23.5 | 33.4 | 30.3 | 25.3 | 35.4 | 11.4 | 6.1 | 16.8 |
| Sex Men | 29.7 | 21.3 | 38.0 | 35.7 | 27.1 | 44.3 | 13.8 | 3.5 | 24.0 |
| Women | 27.4 | 21.6 | 33.1 | 25.4 | 19.8 | 31.1 | 9.3 | 5.7 | 13.0 |
| Race/ethnicity NH White | 12.0 | 5.3 | 18.7 | 23.5 | 14.8 | 32.1 | 4.4 | 1.2 | 7.6 |
| NH Black | 34.7 | 21.6 | 47.9 | 37.5 | 24.4 | 50.7 | 4.1 | 0.1 | 8.1 |
| Hispanic | 42.9 | 31.2 | 54.6 | 30.2 | 18.8 | 41.6 | 20.3 | 9.5 | 31.1 |
| Race/ethnicity-Sex NH White men | 12.6 | 0.9 | 24.3 | 28.6 | 13.5 | 43.7 | 1.1 | 0.0 | 3.2 |
| NH White women | 11.4 | 4.2 | 18.6 | 18.7 | 9.9 | 27.5 | 7.5 | 1.8 | 13.3 |
| NH Black men | 39.7 | 17.8 | 61.6 | 47.0 | 26.0 | 68.0 | 2.7 | 0.0 | 7.3 |
| NH Black women | 29.6 | 15.8 | 43.4 | 27.8 | 14.1 | 41.5 | 5.7 | 0.0 | 12.4 |
| Hispanic men | 56.2 | 38.5 | 73.8 | 40.9 | 22.2 | 59.6 | 22.3 | 4.6 | 40.1 |
| Hispanic women | 28.9 | 16.2 | 41.6 | 18.8 | 7.7 | 29.8 | 18.0 | 5.8 | 30.2 |
| Age 18-44 | 37.6 | 30.3 | 44.9 | 40.6 | 33.3 | 47.9 | 11.5 | 6.6 | 16.5 |
| 45-64 | 26.9 | 17.9 | 35.9 | 23.2 | 14.9 | 31.5 | 17.7 | 2.4 | 33.0 |
| 65 and older | 5.0 | 0.0 | 10.6 | 12.7 | 4.0 | 21.5 | 2.0 | 0.0 | 5.3 |
| Marital Status Never married | 33.1 | 20.3 | 45.9 | 36.8 | 23.5 | 50.0 | 15.6 | 0.0 | 35.5 |
| Married/ living together as a couple | 26.6 | 19.8 | 33.4 | 28.4 | 21.5 | 35.4 | 11.1 | 6.3 | 15.9 |
| Divorced/ widowed/separated | 27.7 | 19.4 | 36.0 | 28.5 | 20.0 | 37.0 | 7.7 | 3.3 | 12.1 |
| Education 0-11 years | 29.1 | 12.7 | 45.6 | 32.6 | 15.4 | 49.8 | 27.7 | 1.9 | 53.5 |
| HS Grad/GED | 47.8 | 38.2 | 57.4 | 44.0 | 34.2 | 53.7 | 13.9 | 7.5 | 20.4 |
| 1 or more years of college | 17.2 | 12.1 | 22.2 | 21.6 | 16.1 | 27.2 | 5.0 | 2.3 | 7.8 |
| Employment Employed for wages | 26.6 | 20.1 | 33.1 | 31.2 | 24.6 | 37.8 | 9.7 | 5.1 | 14.2 |
| Household Income \$24,999 or less | 38.2 | 28.5 | 48.0 | 37.8 | 28.1 | 47.5 | 15.8 | 3.2 | 28.3 |
| \$25,000-49,999 | 26.9 | 15.9 | 37.8 | 28.6 | 17.4 | 39.8 | 8.9 | 2.8 | 15.0 |
| \$50,000 or more | 5.5 | 0.0 | 11.0 | 11.2 | 4.1 | 18.3 | 4.0 | 0.0 | 9.0 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 71.2 | 65.5 | 76.9 | 45.9 | 40.4 | 51.3 | 70.5 | 65.5 | 75.5 |
| Sex Men | 65.4 | 55.5 | 75.3 | 44.8 | 35.7 | 53.9 | 64.9 | 56.7 | 73.2 |
| Women | 76.5 | 70.9 | 82.1 | 46.8 | 40.4 | 53.3 | 75.3 | 69.5 | 81.1 |
| Race/ethnicity NH White | 79.0 | 71.4 | 86.6 | 59.2 | 50.1 | 68.3 | 76.3 | 67.6 | 84.9 |
| NH Black | 64.3 | 52.0 | 76.5 | 31.9 | 18.8 | 45.0 | 68.5 | 55.7 | 81.4 |
| Hispanic | 70.9 | 59.6 | 82.2 | 49.1 | 37.5 | 60.7 | 64.2 | 52.2 | 76.3 |
| Race/ethnicity-Sex NH White men | 77.5 | 65.1 | 90.0 | 63.1 | 48.8 | 77.5 | 73.4 | 58.8 | 88.1 |
| NH White women | 80.4 | 71.1 | 89.6 | 55.6 | 44.1 | 67.1 | 78.9 | 69.0 | 88.8 |
| NH Black men | 61.9 | 41.8 | 81.9 | 36.6 | 15.1 | 58.1 | 69.2 | 48.0 | 90.4 |
| NH Black women | 66.7 | 51.7 | 81.7 | 26.7 | 12.6 | 40.9 | 67.9 | 52.2 | 83.6 |
| Hispanic men | 67.7 | 49.6 | 85.9 | 47.5 | 29.0 | 65.9 | 52.4 | 33.3 | 71.4 |
| Hispanic women | 74.3 | 60.5 | 88.0 | 50.9 | 36.3 | 65.5 | 76.9 | 63.9 | 89.9 |
| Age 18-44 | 72.0 | 65.3 | 78.8 | 66.0 | 59.1 | 72.9 | 64.6 | 57.5 | 71.8 |
| 45-64 | 70.4 | 56.2 | 84.6 | 24.4 | 16.0 | 32.9 | 79.2 | 71.6 | 86.7 |
| 65 and older | 70.2 | 59.2 | 81.2 | 19.3 | 10.7 | 27.9 | 75.7 | 63.8 | 87.5 |
| Marital Status Never married | 61.7 | 44.7 | 78.8 | 59.8 | 43.2 | 76.4 | 62.9 | 51.3 | 74.5 |
| Married/ living together as a couple | 75.7 | 69.2 | 82.1 | 45.3 | 38.1 | 52.5 | 74.1 | 67.3 | 80.9 |
| Divorced/ widowed/separated | 68.8 | 60.4 | 77.3 | 33.4 | 24.7 | 42.1 | 67.3 | 58.3 | 76.4 |
| Education 0-11 years | 51.9 | 30.5 | 73.2 | 12.8 | 4.1 | 21.5 | 67.5 | 49.5 | 85.4 |
| HS Grad/GED | 67.5 | 58.6 | 76.4 | 51.3 | 41.5 | 61.2 | 64.0 | 53.9 | 74.0 |
| 1 or more years of college | 78.8 | 73.4 | 84.2 | 52.7 | 46.4 | 59.1 | 74.3 | 68.5 | 80.2 |
| Employment Employed for wages | 75.7 | 69.6 | 81.8 | 52.1 | 45.4 | 58.8 | 71.2 | 64.7 | 77.8 |
| Household Income \$24,999 or less | 60.6 | 49.1 | 72.0 | 38.5 | 28.6 | 48.3 | 61.5 | 52.4 | 70.6 |
| \$25,000-49,999 | 75.2 | 64.7 | 85.7 | 41.0 | 30.1 | 51.9 | 72.7 | 61.6 | 83.7 |
| \$50,000 or more | 85.1 | 78.3 | 91.9 | 62.5 | 53.0 | 72.1 | 80.0 | 71.7 | 88.4 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 23.6 | 19.4 | 27.8 | 73.4 | 64.4 | 82.5 | 26.3 | 20.8 | 31.8 |
| Sex Men | 22.9 | 16.5 | 29.3 | 59.6 | 45.1 | 74.0 | 25.0 | 15.1 | 34.8 |
| Women | 24.3 | 18.6 | 29.9 | 85.2 | 74.6 | 95.9 | 27.5 | 21.9 | 33.1 |
| Race/ethnicity NH White | 25.2 | 17.5 | 32.9 | 85.1 | 71.6 | 98.6 | 21.0 | 13.6 | 28.4 |
| NH Black | 27.2 | 16.3 | 38.1 |  |  |  | 28.6 | 17.1 | 40.1 |
| Hispanic | 17.6 | 9.5 | 25.7 |  |  |  | 27.2 | 17.3 | 37.1 |
| Race/ethnicity-Sex NH White men | 22.3 | 10.6 | 33.9 |  |  |  | 13.7 | 3.8 | 23.5 |
| NH White women | 27.9 | 17.5 | 38.3 |  |  |  | 28.0 | 17.3 | 38.6 |
| NH Black men | 25.1 | 9.8 | 40.5 |  |  |  | 20.8 | 4.2 | 37.3 |
| NH Black women | 29.3 | 13.5 | 45.0 |  |  |  | 36.9 | 20.9 | 52.8 |
| Hispanic men | 21.9 | 8.6 | 35.3 |  |  |  | 28.2 | 12.7 | 43.7 |
| Hispanic women | 13.0 | 3.3 | 22.7 |  |  |  | 26.2 | 13.5 | 38.8 |
| Age 18-44 | 9.1 | 5.0 | 13.2 |  |  |  | 20.7 | 15.0 | 26.4 |
| 45-64 | 31.7 | 22.2 | 41.2 | 83.0 | 72.3 | 93.6 | 37.3 | 24.0 | 50.7 |
| 65 and older | 54.5 | 43.2 | 65.8 | 89.4 | 77.8 | 100.0 | 24.9 | 15.1 | 34.7 |
| Marital Status Never married | 14.3 | 6.4 | 22.1 |  |  |  | 31.3 | 13.5 | 49.2 |
| Married/ living together as a couple | 23.3 | 17.4 | 29.1 | 73.4 | 60.5 | 86.3 | 26.0 | 19.8 | 32.1 |
| Divorced/ widowed/separated | 33.8 | 25.4 | 42.1 | 88.5 | 78.9 | 98.0 | 22.9 | 15.8 | 29.9 |
| Education 0-11 years | 29.7 | 14.1 | 45.2 |  |  |  | 39.6 | 16.6 | 62.6 |
| HS Grad/GED | 24.6 | 16.8 | 32.4 | 67.2 | 50.2 | 84.1 | 24.0 | 16.0 | 32.0 |
| 1 or more years of college | 21.7 | 16.6 | 26.8 | 80.7 | 70.2 | 91.3 | 23.0 | 17.8 | 28.1 |
| Employment Employed for wages | 17.7 | 12.9 | 22.5 | 61.8 | 46.7 | 76.8 | 21.9 | 16.8 | 27.0 |
| Household Income \$24,999 or less | 28.0 | 19.6 | 36.3 | 61.1 | 44.8 | 77.5 | 29.8 | 17.7 | 41.9 |
| \$25,000-49,999 | 27.3 | 17.7 | 36.9 | 81.3 | 66.1 | 96.5 | 25.0 | 15.9 | 34.1 |
| \$50,000 or more | 15.4 | 8.8 | 22.1 |  |  |  | 27.1 | 18.5 | 35.6 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & 12-15 \end{aligned}$ | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 78.4 | 73.9 | 82.9 | 95.0 | 92.8 | 97.3 | 33.6 | 27.2 | 40.1 |
| Sex Men | 76.4 | 68.7 | 84.0 | 94.4 | 90.7 | 98.2 | 38.0 | 26.6 | 49.4 |
| Women | 80.2 | 75.0 | 85.4 | 95.6 | 92.8 | 98.3 | 29.8 | 23.3 | 36.3 |
| Race/ethnicity NH White | 87.3 | 81.8 | 92.9 | 94.5 | 89.0 | 99.9 | 39.2 | 29.1 | 49.2 |
| NH Black | 68.6 | 56.3 | 81.0 | 96.1 | 92.1 | 100.0 | 28.6 | 15.8 | 41.4 |
| Hispanic | 67.8 | 56.3 | 79.4 | 97.6 | 92.9 | 100.0 | 30.3 | 17.9 | 42.7 |
| Race/ethnicity-Sex NH White men | 93.7 | 87.3 | 100.0 | 93.8 | 83.9 | 100.0 | 43.0 | 26.8 | 59.2 |
| NH White women | 81.7 | 73.1 | 90.3 | 95.1 | 90.1 | 100.0 | 35.3 | 23.0 | 47.6 |
| NH Black men | 64.0 | 43.4 | 84.7 |  |  |  |  |  |  |
| NH Black women | 73.4 | 59.9 | 86.9 | 96.4 | 91.1 | 100.0 | 33.1 | 14.5 | 51.6 |
| Hispanic men | 57.4 | 38.8 | 76.0 |  |  |  |  |  |  |
| Hispanic women | 79.1 | 67.9 | 90.3 | 95.7 | 87.1 | 100.0 | 24.5 | 9.3 | 39.7 |
| Age 18-44 | 66.5 | 59.3 | 73.6 | 91.3 | 86.7 | 95.9 | 20.4 | 13.9 | 26.9 |
| 45-64 | 89.1 | 83.6 | 94.6 | 98.0 | 96.2 | 99.8 | 50.2 | 36.9 | 63.4 |
| 65 and older | 94.4 | 90.0 | 98.9 | 97.8 | 94.5 | 100.0 | 34.7 | 23.5 | 46.0 |
| Marital Status Never married | 65.5 | 52.4 | 78.5 | 93.2 | 87.2 | 99.3 | 40.2 | 16.5 | 63.9 |
| Married/ living together as a couple | 79.3 | 73.0 | 85.5 | 96.2 | 93.4 | 99.0 | 30.9 | 23.7 | 38.1 |
| Divorced/ widowed/separated | 89.0 | 83.2 | 94.8 | 93.8 | 88.8 | 98.8 | 35.0 | 26.4 | 43.7 |
| Education 0-11 years | 74.4 | 58.9 | 89.9 | 97.9 | 93.4 | 100.0 | 51.6 | 25.8 | 77.4 |
| HS Grad/GED | 70.0 | 60.9 | 79.2 | 96.2 | 92.1 | 100.0 | 31.9 | 21.6 | 42.3 |
| 1 or more years of college | 84.6 | 79.6 | 89.5 | 93.7 | 90.5 | 96.9 | 29.8 | 23.7 | 35.8 |
| Employment Employed for wages | 74.8 | 68.4 | 81.1 | 94.9 | 92.2 | 97.7 | 28.9 | 22.4 | 35.3 |
| Household Income \$24,999 or less | 72.4 | 64.0 | 80.8 | 93.5 | 88.4 | 98.6 | 34.7 | 19.7 | 49.7 |
| \$25,000 - 49,999 | 87.3 | 78.2 | 96.5 | 96.5 | 93.5 | 99.4 | 31.7 | 21.4 | 42.0 |
| \$50,000 or more | 89.2 | 82.4 | 96.0 | 95.1 | 90.5 | 99.7 | 34.0 | 24.4 | 43.6 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 9.0 | 6.0 | 12.0 | 46.2 | 28.4 | 64.0 | 8.1 | 5.5 | 10.7 |
| Sex Men <br>  Women | 11.5 | 6.2 | 16.9 |  |  |  | 8.6 | 4.6 | 12.6 |
|  | 6.7 | 3.6 | 9.7 |  |  |  | 7.6 | 4.2 | 11.0 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 16.2 | 8.6 | 23.8 |  |  |  | 7.3 | 2.6 | 12.1 |
|  | 12.2 | 2.0 | 22.3 |  |  |  | 10.2 | 3.0 | 17.3 |
|  | 9.1 | 2.7 | 15.6 |  |  |  | 9.2 | 2.6 | 15.8 |
| Race/ethnicity-Sex NH White m | 20.0 | 6.6 | 33.4 |  |  |  | 7.4 | 0.0 | 14.8 |
| NH White women | 12.7 | 5.0 | 20.4 |  |  |  | 7.3 | 1.2 | 13.4 |
| NH Black men | 14.1 | 0.0 | 32.6 |  |  |  | 8.7 | 0.0 | 17.6 |
| NH Black women | 10.2 | 1.8 | 18.7 |  |  |  | 11.7 | 0.2 | 23.2 |
| Hispanic men | 9.8 | 0.5 | 19.1 |  |  |  | 9.7 | 0.2 | 19.3 |
| Hispanic women | 8.4 | 0.0 | 17.7 |  |  |  | 8.7 | 0.0 | 18.1 |
| Age $18-44$ <br>  $45-64$ <br> 65 and older  | 11.4 | 6.6 | 16.3 |  |  |  | 1.3 | 0.0 | 2.6 |
|  | 5.5 | 1.9 | 9.0 |  |  |  | 13.4 | 7.2 | 19.6 |
|  | 5.6 | 1.6 | 9.6 |  |  |  | 17.9 | 9.1 | 26.7 |
| Marital Status Never married | 12.6 | 5.7 | 19.5 |  |  |  | 4.6 | 0.6 | 8.6 |
| Married/ living together as a couple | 6.3 | 2.3 | 10.3 |  |  |  | 6.6 | 3.0 | 10.3 |
| Divorced/ widowed/separated | 12.1 | 5.8 | 18.3 |  |  |  | 14.8 | 8.8 | 20.8 |
| Education 0-11 years | 5.5 | 0.0 | 11.1 |  |  |  | 9.8 | 2.0 | 17.5 |
| HS Grad/GED | 9.0 | 2.5 | 15.4 |  |  |  | 9.9 | 4.3 | 15.6 |
| 1 or more years of college | 10.2 | 6.3 | 14.0 | 41.3 | 20.2 | 62.4 | 6.3 | 3.4 | 9.3 |
| Employment Employed for wages | 9.2 | 5.0 | 13.4 | 31.9 | 10.0 | 53.8 | 5.4 | 2.6 | 8.3 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 7.7 | 3.2 | 12.2 |  |  |  | 10.4 | 5.7 | 15.1 |
|  | 13.8 | 4.8 | 22.8 |  |  |  | 6.8 | 1.2 | 12.3 |
|  | 7.7 | 3.0 | 12.4 |  |  |  | 5.1 | 1.0 | 9.3 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 28.8 | 23.2 | 34.3 | 43.3 | 37.7 | 49.0 | 40.1 | 34.5 | 45.8 |
| Sex Men | 25.0 | 15.2 | 34.8 | 39.8 | 30.2 | 49.4 | 38.9 | 29.2 | 48.6 |
| Women | 32.2 | 26.1 | 38.3 | 46.5 | 40.0 | 53.0 | 41.3 | 34.8 | 47.7 |
| Race/ethnicity NH White | 22.6 | 14.8 | 30.4 | 24.9 | 16.8 | 32.9 | 29.7 | 20.8 | 38.7 |
| NH Black | 20.2 | 10.8 | 29.6 | 42.0 | 29.4 | 54.6 | 43.9 | 31.0 | 56.8 |
| Hispanic | 30.7 | 20.4 | 40.9 | 43.3 | 32.0 | 54.6 | 35.0 | 24.2 | 45.8 |
| Race/ethnicity-Sex NH White men | 15.6 | 4.9 | 26.3 | 21.1 | 9.0 | 33.2 | 30.7 | 16.0 | 45.4 |
| NH White women | 29.3 | 18.2 | 40.3 | 28.5 | 17.7 | 39.3 | 28.8 | 18.1 | 39.5 |
| NH Black men | 14.1 | 3.4 | 24.8 | 40.0 | 20.6 | 59.5 | 42.5 | 22.1 | 63.0 |
| NH Black women | 26.6 | 11.6 | 41.6 | 44.0 | 27.6 | 60.5 | 45.3 | 28.9 | 61.8 |
| Hispanic men | 31.8 | 15.6 | 48.0 | 45.4 | 27.5 | 63.2 | 40.2 | 22.8 | 57.6 |
| Hispanic women | 29.4 | 16.3 | 42.5 | 41.1 | 26.8 | 55.4 | 29.3 | 16.5 | 42.2 |
| Age 18-44 | 18.9 | 13.5 | 24.2 | 36.1 | 29.2 | 42.9 | 32.6 | 25.8 | 39.4 |
| 45-64 | 44.3 | 31.5 | 57.1 | 56.5 | 45.0 | 67.9 | 57.0 | 45.9 | 68.2 |
| 65 and older | 33.3 | 22.4 | 44.2 | 46.6 | 35.1 | 58.2 | 36.4 | 25.3 | 47.5 |
| Marital Status Never married | 30.3 | 12.4 | 48.2 | 41.7 | 25.4 | 58.0 | 37.1 | 20.1 | 54.1 |
| Married/ living together as a couple | 26.9 | 20.6 | 33.1 | 45.1 | 37.9 | 52.3 | 41.9 | 34.8 | 49.1 |
| Divorced/ widowed/separated | 32.2 | 24.0 | 40.4 | 40.5 | 31.8 | 49.3 | 39.3 | 30.5 | 48.2 |
| Education 0-11 years | 46.2 | 24.5 | 68.0 | 50.7 | 29.6 | 71.9 | 52.9 | 32.5 | 73.3 |
| HS Grad/GED | 22.9 | 15.0 | 30.7 | 44.8 | 35.2 | 54.3 | 44.1 | 34.6 | 53.7 |
| 1 or more years of college | 27.2 | 21.5 | 32.9 | 40.3 | 34.0 | 46.6 | 34.3 | 28.2 | 40.4 |
| Employment Employed for wages | 24.8 | 19.2 | 30.4 | 37.6 | 31.2 | 44.0 | 34.9 | 28.6 | 41.3 |
| Household Income \$24,999 or less | 32.1 | 20.2 | 43.9 | 50.0 | 39.2 | 60.9 | 47.3 | 36.3 | 58.3 |
| \$25,000-49,999 | 19.1 | 10.9 | 27.4 | 37.2 | 26.4 | 48.0 | 38.0 | 27.0 | 49.0 |
| \$50,000 or more | 31.4 | 22.1 | 40.7 | 39.0 | 29.3 | 48.6 | 33.9 | 24.7 | 43.1 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% 15.4 | CI |  |
| All | 19.5 | 15.7 | 23.4 | 0.4 | 0.0 | 1.0 |  | 11.8 | 19.0 |
| Sex Men | 16.2 | 10.8 | 21.5 | 0.6 | 0.0 | 1.7 | 14.9 | 9.3 | 20.5 |
| Women | 22.6 | 17.2 | 27.9 | 0.3 | 0.0 | 0.8 | 15.9 | 11.3 | 20.5 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 27.6 | 19.8 | 35.4 |  |  |  | 20.7 | 13.9 | 27.5 |
|  | 23.3 | 13.0 | 33.5 |  |  |  | 14.0 | 6.0 | 22.1 |
|  | 9.3 | 2.9 | 15.6 |  |  |  | 13.9 | 5.0 | 22.9 |
| Race/ethnicity-Sex NH White men | 22.3 | 11.0 | 33.6 |  |  |  | 10.8 | 3.6 | 18.0 |
| NH White women | 32.6 | 22.0 | 43.3 |  |  |  | 29.8 | 19.3 | 40.3 |
| NH Black men | 19.3 | 6.0 | 32.7 |  |  |  | 10.1 | 0.4 | 19.8 |
| NH Black women | 27.3 | 11.9 | 42.8 |  |  |  | 18.1 | 5.3 | 30.8 |
| Hispanic men | 10.2 | 0.0 | 20.5 |  |  |  | 21.8 | 5.7 | 37.9 |
| Hispanic women | 8.3 | 0.6 | 16.1 |  |  |  | 5.7 | 0.0 | 12.7 |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 9.4 | 5.4 | 13.3 | 0.5 | 0.0 | 1.5 | 9.5 | 5.1 | 13.9 |
|  | 18.3 | 11.1 | 25.5 |  |  |  | 12.0 | 6.0 | 18.0 |
|  | 50.8 | 39.3 | 62.3 | 0.8 | 0.0 | 2.5 | 37.9 | 26.9 | 48.9 |
| Marital Status Never married | 12.9 | 5.8 | 19.9 |  |  |  | 7.7 | 1.5 | 13.9 |
| Married/living together as a couple | 17.9 | 12.6 | 23.2 |  |  |  | 16.1 | 10.8 | 21.4 |
| Divorced/ widowed/separated | 30.0 | 22.1 | 38.0 |  |  |  | 21.4 | 14.7 | 28.1 |
| Education $0-11$ years <br> HS Grad/GED  | 16.7 | 6.0 | 27.5 | 1.8 | 0.0 | 5.3 | 13.4 | 3.3 | 23.5 |
|  | 21.3 | 13.8 | 28.8 |  |  |  | 19.3 | 11.7 | 26.9 |
|  | 18.9 | 14.1 | 23.7 | 0.3 | 0.0 | 0.8 | 13.8 | 9.6 | 18.0 |
| Employment Employed for wages | 12.2 | 8.2 | 16.3 | 0.7 | 0.0 | 1.8 | 11.7 | 7.2 | 16.2 |
| Household Income \$24,999 or less | 21.8 | 14.6 | 29.0 | 0.8 | 0.0 | 2.3 | 18.2 | 11.5 | 25.0 |
| \$25,000-49,999 | 21.8 | 13.0 | 30.6 |  |  |  | 16.6 | 8.8 | 24.3 |
| \$50,000 or more | 10.0 | 5.0 | 14.9 | 0.7 | 0.0 | 2.0 | 11.1 | 3.9 | 18.3 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Desoto County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Desoto County, 523 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Desoto County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 32,209 | 15,982,378 | 22.3 | 13.3 | 31.4 | 49.7 | 33.6 | 65.8 |
| Sex Men | 56.2\% | 48.8\% | 25.5 | 9.0 | 42.0 | 55.6 | 35.5 | 75.6 |
| Women | 43.8\% | 51.2\% | 19.5 | 11.8 | 27.2 | 45.0 | 23.1 | 66.8 |
| Race/ethnicity NH White | 61.2\% | 65.4\% | 19.9 | 14.3 | 25.5 | 60.4 | 44.8 | 76.0 |
| NH Black | 12.5\% | 14.2\% | 15.3 | 0.2 | 30.4 |  |  |  |
| Hispanic | 24.9\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 30.1\% | 31.9\% | 17.8 | 10.8 | 24.9 | 63.1 | 40.3 | 85.9 |
| NH White women | 31.0\% | 33.6\% | 21.9 | 13.3 | 30.6 | 57.8 | 37.4 | 78.3 |
| NH Black men | 7.4\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 5.1\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 18.0\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 6.9\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 37.9\% | 36.9\% | 10.1 | 4.5 | 15.7 | 54.7 | 35.4 | 74.0 |
| 45-64 | 20.5\% | 22.7\% | 43.0 | 22.7 | 63.4 | 60.3 | 47.5 | 73.2 |
| 65 and older | 19.0\% | 17.6\% | 20.6 | 10.3 | 30.8 |  |  |  |
| Marital Status Never married | 21.6\% | 22.5\% | 4.6 | 0.0 | 9.4 | 46.5 | 0.0 | 95.0 |
| Married/ living together as a couple | 53.8\% | 53.7\% | 21.8 | 16.0 | 27.7 | 47.4 | 35.0 | 59.8 |
| Divorced/ widowed/separated | 24.6\% | 23.8\% | 31.4 | 7.5 | 55.3 | 60.6 | 39.1 | 82.0 |
| Education 0-11 years | 36.5\% | 20.1\% | 35.8 | 24.0 | 47.5 | 40.0 | 18.1 | 61.9 |
| HS Grad/GED | 35.3\% | 28.7\% | 17.5 | 9.9 | 25.1 | 64.2 | 43.5 | 84.9 |
| 1 or more years of college | 28.2\% | 51.1\% | 21.2 | 2.4 | 40.0 | 42.9 | 19.7 | 66.1 |
| Employment Employed for wages | 49.3\% | 54.9\% | 8.9 | 3.7 | 14.0 | 49.7 | 33.6 | 65.8 |
| Household Income \$24,999 or less | 39.9\% | 30.8\% | 35.6 | 15.0 | 56.2 | 33.1 | 17.9 | 48.4 |
| \$25,000-49,999 | 35.7\% | 31.6\% | 16.7 | 8.4 | 25.1 | 43.9 | 26.6 | 61.1 |
| \$50,000 or more | 24.4\% | 37.6\% | 4.7 | 0.3 | 9.0 | 82.2 | 67.5 | 96.8 |

[^14]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 38.5 | 27.2 | 49.9 | 57.3 | 46.9 | 67.6 | 74.8 | 64.4 | 85.1 |
| Sex Men | 37.7 | 20.8 | 54.7 | 58.5 | 43.9 | 73.2 | 71.3 | 58.1 | 84.6 |
| Women | 39.2 | 23.8 | 54.6 | 56.0 | 41.5 | 70.5 | 78.1 | 61.5 | 94.8 |
| Race/ethnicity NH White | 28.6 | 20.9 | 36.4 | 58.9 | 50.0 | 67.8 | 79.9 | 73.7 | 86.1 |
| NH Black | 54.8 | 20.2 | 89.4 | 36.6 | 5.4 | 67.8 | 49.0 | 9.0 | 88.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 24.8 | 15.1 | 34.6 | 57.4 | 43.7 | 71.1 | 74.3 | 63.5 | 85.0 |
| NH White women | 32.3 | 20.5 | 44.1 | 60.3 | 48.7 | 72.0 | 85.4 | 78.8 | 92.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 37.0 | 21.1 | 53.0 | 59.7 | 44.0 | 75.5 | 72.4 | 57.4 | 87.3 |
| 45-64 | 45.0 | 25.3 | 64.8 | 60.5 | 45.0 | 76.1 | 81.5 | 72.0 | 90.9 |
| 65 and older | 41.1 | 19.1 | 63.1 | 61.2 | 47.8 | 74.6 | 84.5 | 74.0 | 95.0 |
| Marital Status Never married | 11.8 | 1.3 | 22.3 | 50.9 | 11.5 | 90.4 | 57.4 | 16.7 | 98.1 |
| Married/ living together as a couple | 32.3 | 25.2 | 39.4 | 57.1 | 49.5 | 64.7 | 78.3 | 71.9 | 84.8 |
| Divorced/ widowed/separated | 62.1 | 40.9 | 83.3 | 61.5 | 39.6 | 83.4 | 78.1 | 58.2 | 98.0 |
| Education 0-11 years | 43.4 | 32.0 | 54.8 | 56.3 | 44.5 | 68.2 | 77.4 | 65.9 | 88.9 |
| HS Grad/GED | 44.2 | 25.3 | 63.0 | 55.4 | 39.9 | 70.8 | 75.7 | 60.3 | 91.0 |
| 1 or more years of college | 30.8 | 11.8 | 49.9 | 58.9 | 40.3 | 77.4 | 72.9 | 54.3 | 91.5 |
| Employment Employed for wages | 24.8 | 14.5 | 35.1 | 53.9 | 37.9 | 70.0 | 68.9 | 52.1 | 85.7 |
| Household Income \$24,999 or less | 60.1 | 43.0 | 77.2 | 60.1 | 42.5 | 77.7 | 79.9 | 63.1 | 96.6 |
| \$25,000-49,999 | 32.4 | 21.5 | 43.4 | 54.9 | 42.5 | 67.3 | 73.4 | 63.2 | 83.6 |
| \$50,000 or more | 20.3 | 2.9 | 37.7 | 68.7 | 51.1 | 86.3 | 82.3 | 70.0 | 94.6 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 32.2 | 23.8 | 40.7 | 25.9 | 14.7 | 37.0 | 74.8 | 65.2 | 84.3 |
| Sex Men | 39.3 | 26.1 | 52.4 | 26.4 | 9.9 | 42.9 | 83.0 | 75.7 | 90.2 |
| Women | 25.9 | 14.4 | 37.5 | 25.4 | 10.3 | 40.6 | 67.4 | 51.6 | 83.1 |
| Race/ethnicity NH White | 38.5 | 29.0 | 48.0 | 19.6 | 14.4 | 24.8 | 75.7 | 68.0 | 83.5 |
| NH Black | 26.8 | 4.2 | 49.3 | 20.4 | 1.9 | 38.8 | 83.4 | 67.9 | 99.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 46.3 | 32.0 | 60.7 | 19.9 | 11.8 | 28.1 | 81.1 | 72.5 | 89.7 |
| NH White women | 31.0 | 16.8 | 45.2 | 19.3 | 12.6 | 26.0 | 70.6 | 58.2 | 83.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 24.3 | 14.6 | 34.0 | 13.9 | 7.6 | 20.1 | 79.3 | 67.5 | 91.2 |
|  | 33.3 | 20.1 | 46.5 | 42.3 | 21.8 | 62.9 | 78.6 | 68.2 | 88.9 |
|  | 47.1 | 27.0 | 67.2 | 11.2 | 5.2 | 17.1 | 77.2 | 66.0 | 88.5 |
| Marial ${ }^{\text {Married/ living together as a couple }}$ | 14.5 | 0.9 | 28.2 | 36.6 | 0.0 | 78.8 | 58.4 | 17.5 | 99.3 |
|  | 43.3 | 35.6 | 51.1 | 19.8 | 14.8 | 24.8 | 73.1 | 64.8 | 81.3 |
| Divorced/ widowed/separated | 25.0 | 7.1 | 42.9 | 28.2 | 4.1 | 52.2 | 85.0 | 75.7 | 94.2 |
| Education $0-11$ years <br> HS Grad/GED  | 35.0 | 24.2 | 45.9 | 24.3 | 14.8 | 33.7 | 75.4 | 64.4 | 86.4 |
|  | 31.2 | 18.7 | 43.7 | 16.3 | 9.1 | 23.6 | 83.4 | 75.3 | 91.5 |
|  | 32.0 | 16.7 | 47.2 | 35.2 | 13.6 | 56.8 | 67.2 | 48.2 | 86.2 |
| Employment Employed for wages | 24.9 | 15.9 | 33.8 | 30.3 | 13.7 | 46.8 | 64.9 | 47.9 | 81.8 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 19.4 | 10.0 | 28.8 | 30.3 | 9.4 | 51.3 | 87.7 | 81.2 | 94.2 |
|  | 43.2 | 31.2 | 55.2 | 17.5 | 9.9 | 25.1 | 66.4 | 52.0 | 80.7 |
|  | 45.3 | 20.9 | 69.7 | 12.3 | 4.3 | 20.2 | 86.7 | 77.6 | 95.9 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 23.6 | 14.2 | 33.1 | 65.5 | 48.3 | 82.6 | 13.3 | 6.3 | 20.4 |
| Sex Men | 28.0 | 11.7 | 44.4 | 70.6 | 47.0 | 94.3 | 13.6 | 7.7 | 19.4 |
| Women | 19.7 | 10.3 | 29.0 | 58.8 | 37.9 | 79.8 | 13.2 | 0.8 | 25.5 |
| Race/ethnicity NH White | 25.2 | 17.6 | 32.9 | 54.7 | 39.2 | 70.2 | 15.8 | 5.9 | 25.8 |
| NH Black | 11.5 | 0.0 | 24.3 |  |  |  | 10.5 | 0.0 | 23.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 21.1 | 12.8 | 29.4 | 49.4 | 32.2 | 66.5 | 12.1 | 6.4 | 17.8 |
| NH White women | 29.1 | 16.8 | 41.4 | 58.4 | 35.7 | 81.0 | 19.4 | 1.5 | 37.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 26.7 | 14.2 | 39.1 | 70.0 | 53.0 | 87.0 | 21.3 | 9.3 | 33.3 |
| 45-64 | 42.7 | 22.2 | 63.2 | 64.9 | 34.1 | 95.6 | 5.6 | 1.9 | 9.4 |
| 65 and older | 5.7 | 2.1 | 9.4 |  |  |  | 13.5 | 0.0 | 31.1 |
| Marital Status Never married | 13.9 | 1.3 | 26.5 |  |  |  | 10.3 | 0.0 | 20.7 |
| Married/ living together as a couple | 21.8 | 13.8 | 29.7 | 58.1 | 38.3 | 77.9 | 15.1 | 7.0 | 23.1 |
| Divorced/ widowed/separated | 31.9 | 7.9 | 55.8 | 69.7 | 38.6 | 100.0 | 12.3 | 0.0 | 28.9 |
| Education 0-11 years | 29.7 | 18.1 | 41.2 | 45.0 | 20.2 | 69.8 | 18.0 | 8.6 | 27.4 |
| HS Grad/GED | 14.8 | 8.2 | 21.4 | 57.2 | 41.9 | 72.5 | 5.2 | 2.0 | 8.5 |
| 1 or more years of college | 29.6 | 10.5 | 48.7 | 77.1 | 56.4 | 97.7 | 19.1 | 4.1 | 34.1 |
| Employment Employed for wages | 25.2 | 14.1 | 36.3 | 59.4 | 39.6 | 79.3 | 15.8 | 6.1 | 25.5 |
| Household Income \$24,999 or less | 31.6 | 10.8 | 52.4 | 72.7 | 48.1 | 97.4 | 5.4 | 1.2 | 9.7 |
| \$25,000-49,999 | 27.7 | 13.5 | 42.0 | 58.4 | 28.4 | 88.4 | 21.6 | 6.8 | 36.4 |
| \$50,000 or more | 11.3 | 3.4 | 19.3 |  |  |  | 24.1 | 1.3 | 46.8 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 20.5 | 14.0 | 26.9 | 23.0 | 16.8 | 29.1 | 13.2 | 1.3 | 25.2 |
| Sex Men | 16.9 | 9.4 | 24.3 | 27.8 | 17.7 | 38.0 | 13.6 | 0.0 | 31.5 |
| Women | 23.7 | 13.4 | 34.0 | 18.6 | 11.2 | 26.0 | 12.9 | 0.0 | 29.1 |
| Race/ethnicity NH White | 18.1 | 10.7 | 25.5 | 23.0 | 16.6 | 29.3 | 3.9 | 2.0 | 5.7 |
| NH Black | 16.6 | 0.0 | 33.5 | 11.5 | 0.0 | 23.4 | 2.6 | 0.0 | 6.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 14.7 | 6.9 | 22.5 | 29.6 | 18.6 | 40.5 | 4.1 | 1.1 | 7.0 |
| NH White women | 21.4 | 9.2 | 33.5 | 16.6 | 9.6 | 23.6 | 3.7 | 1.4 | 5.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 37.2 | 22.9 | 51.4 | 34.6 | 22.1 | 47.1 | 5.9 | 2.0 | 9.9 |
| 45-64 | 18.4 | 9.1 | 27.7 | 18.9 | 9.2 | 28.7 | 20.8 | 0.0 | 47.6 |
| 65 and older | 4.6 | 0.0 | 10.9 | 15.3 | 6.3 | 24.3 | 17.4 | 0.0 | 44.5 |
| Marital Status Never married | 17.7 | 1.7 | 33.8 | 21.6 | 3.2 | 40.1 | 4.1 | 0.0 | 9.1 |
| Married/ living together as a couple | 26.0 | 17.5 | 34.5 | 28.8 | 22.1 | 35.4 | 4.7 | 2.0 | 7.5 |
| Divorced/ widowed/separated | 12.7 | 4.3 | 21.1 | 14.1 | 4.8 | 23.4 | 30.8 | 1.2 | 60.5 |
| Education 0-11 years | 49.0 | 37.2 | 60.8 | 49.8 | 38.0 | 61.6 | 6.1 | 0.0 | 12.2 |
| HS Grad/GED | 16.8 | 9.2 | 24.4 | 19.6 | 11.2 | 28.1 | 14.7 | 0.0 | 35.7 |
| 1 or more years of college | 13.1 | 2.6 | 23.6 | 15.7 | 7.7 | 23.7 | 14.8 | 0.0 | 34.3 |
| Employment Employed for wages | 28.0 | 16.4 | 39.6 | 29.1 | 18.7 | 39.5 | 2.1 | 0.4 | 3.8 |
| Household Income \$24,999 or less | 23.9 | 12.6 | 35.2 | 25.9 | 13.8 | 37.9 | 30.5 | 4.2 | 56.8 |
| \$25,000-49,999 | 26.1 | 11.6 | 40.7 | 25.7 | 16.4 | 35.0 | 3.3 | 0.6 | 5.9 |
| \$50,000 or more | 8.4 | 0.0 | 17.7 | 13.3 | 2.6 | 24.0 | 1.6 | 0.0 | 3.9 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 68.9 | 60.5 | 77.3 | 36.4 | 26.1 | 46.8 | 69.7 | 59.1 | 80.3 |
| Sex Men | 63.5 | 49.7 | 77.2 | 32.7 | 18.0 | 47.4 | 60.9 | 42.9 | 78.9 |
| Women | 73.9 | 64.6 | 83.1 | 39.9 | 25.0 | 54.7 | 77.6 | 68.6 | 86.5 |
| Race/ethnicity NH White | 66.8 | 59.1 | 74.5 | 43.9 | 32.8 | 55.1 | 72.3 | 64.7 | 79.8 |
| NH Black | 37.4 | 7.2 | 67.6 | 21.3 | 1.8 | 40.8 | 75.2 | 52.9 | 97.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 67.0 | 55.5 | 78.5 | 40.0 | 23.0 | 56.9 | 71.2 | 59.5 | 82.9 |
| NH White women | 66.6 | 56.1 | 77.0 | 47.9 | 33.3 | 62.5 | 73.2 | 63.5 | 83.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 67.5 | 52.2 | 82.7 | 63.1 | 47.7 | 78.5 | 69.3 | 57.5 | 81.1 |
|  | 64.3 | 50.1 | 78.6 | 21.2 | 11.6 | 30.8 | 53.6 | 30.5 | 76.6 |
|  | 70.3 | 56.8 | 83.9 | 23.3 | 5.0 | 41.5 | 81.1 | 70.0 | 92.3 |
| Marital Status Never married | 83.0 | 68.2 | 97.9 | 53.1 | 13.2 | 92.9 | 82.0 | 65.5 | 98.5 |
| Married/ living together as a couple | 66.6 | 59.7 | 73.6 | 37.6 | 29.3 | 45.9 | 67.0 | 59.7 | 74.3 |
| Divorced/ widowed/separated | 65.9 | 45.5 | 86.2 | 25.9 | 5.9 | 45.9 | 67.8 | 40.2 | 95.3 |
| Education 0-11 years | 47.1 | 35.2 | 58.9 | 28.4 | 17.1 | 39.7 | 51.0 | 37.6 | 64.4 |
| HS Grad/GED | 61.2 | 44.7 | 77.6 | 38.7 | 21.1 | 56.2 | 72.9 | 60.6 | 85.1 |
| 1 or more years of college | 84.2 | 76.9 | 91.4 | 37.7 | 20.4 | 55.0 | 72.8 | 53.1 | 92.6 |
| Employment Employed for wages | 73.1 | 63.2 | 82.9 | 47.9 | 31.9 | 63.8 | 76.0 | 66.7 | 85.3 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 57.4 | 37.9 | 76.9 | 23.2 | 12.0 | 34.4 | 50.9 | 26.3 | 75.6 |
|  | 67.3 | 56.3 | 78.4 | 42.7 | 29.2 | 56.2 | 73.7 | 63.6 | 83.8 |
|  | 85.4 | 76.2 | 94.6 | 60.4 | 39.1 | 81.7 | 86.3 | 77.2 | 95.4 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 39.7 | 28.4 | 51.0 | 74.3 | 57.7 | 90.8 | 22.0 | 10.2 | 33.8 |
| Sex Men | 39.4 | 23.5 | 55.3 | 83.3 | 71.2 | 95.3 | 20.5 | 3.3 | 37.6 |
| Women | 40.0 | 23.9 | 56.1 | 66.3 | 38.6 | 94.0 | 23.4 | 7.0 | 39.8 |
| Race/ethnicity NH White | 39.0 | 29.1 | 48.8 | 67.6 | 47.2 | 88.0 | 15.9 | 9.1 | 22.7 |
| NH Black | 26.8 | 4.3 | 49.2 |  |  |  | 9.7 | 0.0 | 20.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 34.2 | 22.3 | 46.0 | 82.5 | 70.6 | 94.5 | 13.0 | 7.0 | 19.1 |
| NH White women | 43.5 | 29.1 | 57.9 | 56.4 | 27.1 | 85.7 | 18.7 | 7.0 | 30.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 13.3 | 2.2 | 24.4 |  |  |  | 14.6 | 3.3 | 25.9 |
| 45-64 | 54.0 | 36.8 | 71.3 | 81.9 | 67.0 | 96.8 | 33.3 | 10.0 | 56.6 |
| 65 and older | 64.6 | 48.7 | 80.5 | 78.6 | 52.0 | 100.0 | 6.4 | 2.4 | 10.4 |
| Marital Status Never married | 9.2 | 0.1 | 18.3 |  |  |  | 34.3 | 0.0 | 77.8 |
| Married/ living together as a couple | 36.0 | 27.9 | 44.1 | 73.6 | 54.9 | 92.4 | 16.2 | 8.2 | 24.1 |
| Divorced/ widowed/separated | 60.1 | 37.9 | 82.4 | 74.9 | 46.3 | 100.0 | 24.3 | 0.0 | 48.8 |
| Education $0-11$ years <br> HS Grad/GED  | 35.0 | 24.6 | 45.4 | 74.0 | 57.4 | 90.6 | 13.6 | 6.6 | 20.5 |
|  | 39.4 | 21.0 | 57.9 | 86.8 | 76.1 | 97.4 | 10.7 | 5.3 | 16.2 |
|  | 41.4 | 21.9 | 60.9 | 63.0 | 30.2 | 95.7 | 35.4 | 13.1 | 57.7 |
| Employment Employed for wages | 21.3 | 11.0 | 31.7 | 46.9 | 23.0 | 70.7 | 26.7 | 8.8 | 44.7 |
| Household Income \$24,999 or less | 53.1 | 33.0 | 73.1 | 89.4 | 80.0 | 98.9 | 23.0 | 1.2 | 44.7 |
| \$25,000-49,999 | 40.7 | 26.8 | 54.5 | 53.8 | 26.2 | 81.4 | 23.3 | 8.5 | 38.2 |
| \$50,000 or more | 28.3 | 5.7 | 50.9 |  |  |  | 6.7 | 1.6 | 11.9 |

## Chronic Health Conditions: High Cholesterol

| $\begin{array}{\|l} \hline \text { Related Healthy People } 2010 \text { Objective(s) } \\ 12-15 \end{array}$ | Ever had blood cholesterol checked |  |  | If yes, cholesterolchecked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 81.7 | 74.2 | 89.2 | 93.6 | 90.6 | 96.5 | 47.9 | 35.6 | 60.2 |
| Sex Men | 80.4 | 68.3 | 92.6 | 96.0 | 93.3 | 98.7 | 42.2 | 23.9 | 60.4 |
| Women | 82.8 | 73.7 | 92.0 | 91.4 | 86.2 | 96.6 | 53.6 | 38.1 | 69.2 |
| Race/ethnicity NH White | 86.0 | 79.2 | 92.8 | 91.9 | 88.1 | 95.7 | 42.7 | 31.9 | 53.6 |
| NH Black | 54.2 | 14.1 | 94.2 |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 89.5 | 84.2 | 94.8 | 94.6 | 91.0 | 98.1 | 34.6 | 21.9 | 47.3 |
| NH White women | 82.6 | 70.7 | 94.6 | 89.2 | 82.4 | 95.9 | 51.3 | 36.9 | 65.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ | 56.2 | 39.4 | 72.9 | 94.3 | 90.1 | 98.5 | 21.2 | 3.6 | 38.8 |
| 45-64 | 93.6 | 89.3 | 97.9 | 90.0 | 82.6 | 97.4 | 59.1 | 42.4 | 75.8 |
| 65 and older | 97.5 | 95.2 | 99.9 | 95.2 | 91.9 | 98.5 | 47.3 | 31.4 | 63.3 |
| Marital Status Never married | 84.3 | 70.0 | 98.7 | 96.7 | 92.5 | 100.0 | 40.9 | 0.0 | 90.6 |
| Married/ living together as a couple | 77.3 | 69.0 | 85.7 | 94.1 | 91.3 | 96.8 | 34.6 | 27.4 | 41.7 |
| Divorced/ widowed/separated | 86.4 | 69.6 | 100.0 | 91.6 | 84.1 | 99.0 | 73.5 | 58.5 | 88.5 |
| Education 0-11 years | 67.4 | 56.0 | 78.8 | 85.1 | 70.6 | 99.5 | 47.1 | 33.1 | 61.1 |
| HS Grad/GED | 81.6 | 67.4 | 95.8 | 93.9 | 90.1 | 97.7 | 31.4 | 19.6 | 43.3 |
| 1 or more years of college | 86.9 | 76.7 | 97.0 | 95.7 | 93.0 | 98.3 | 59.2 | 41.5 | 77.0 |
| Employment Employed for wages | 77.1 | 66.4 | 87.8 | 89.0 | 82.4 | 95.6 | 42.4 | 22.3 | 62.5 |
| Household Income \$24,999 or less | 78.8 | 63.1 | 94.4 | 95.0 | 91.2 | 98.7 | 54.4 | 34.7 | 74.2 |
| \$25,000-49,999 | 72.1 | 57.3 | 86.9 | 91.2 | 86.2 | 96.3 | 35.1 | 24.2 | 46.1 |
| \$50,000 or more | 95.3 | 91.0 | 99.6 | 97.5 | 95.1 | 99.9 | 42.0 | 16.4 | 67.7 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 12.5 | 3.6 | 21.4 | 80.2 | 62.4 | 98.1 | 18.1 | 6.5 | 29.7 |
| Sex Men | 17.6 | 0.3 | 34.9 |  |  |  | 20.0 | 2.9 | 37.1 |
| Women | 7.9 | 3.6 | 12.2 | 82.5 | 68.8 | 96.1 | 16.3 | 0.5 | 32.1 |
| Race/ethnicity NH White | 9.1 | 5.5 | 12.7 | 70.4 | 54.7 | 86.2 | 9.8 | 6.5 | 13.1 |
| NH Black | 14.7 | 0.0 | 30.1 |  |  |  | 12.7 | 0.0 | 26.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 8.0 | 3.7 | 12.2 |  |  |  | 11.1 | 5.7 | 16.4 |
| NH White women | 10.2 | 4.4 | 16.1 | 81.4 | 65.4 | 97.3 | 8.6 | 4.7 | 12.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 7.5 | 3.4 | 11.7 |  |  |  | 2.3 | 0.5 | 4.1 |
| 45-64 | 24.1 | 0.0 | 49.9 |  |  |  | 27.7 | 2.8 | 52.5 |
| 65 and older | 8.7 | 2.1 | 15.2 |  |  |  | 30.7 | 6.6 | 54.7 |
| Marital Status Never married | 8.2 | 0.0 | 16.4 |  |  |  | 1.2 | 0.0 | 3.2 |
| Married/ living together as a couple | 9.6 | 5.4 | 13.8 | 75.2 | 57.5 | 92.9 | 10.6 | 6.7 | 14.6 |
| Divorced/ widowed/separated | 18.3 | 0.0 | 43.1 |  |  |  | 37.1 | 9.1 | 65.0 |
| Education 0-11 years | 7.3 | 2.4 | 12.1 |  |  |  | 6.9 | 2.4 | 11.4 |
| HS Grad/GED | 6.8 | 2.8 | 10.8 |  |  |  | 25.9 | 6.3 | 45.5 |
| 1 or more years of college | 19.8 | 0.9 | 38.8 | 87.1 | 69.7 | 100.0 | 14.6 | 0.0 | 33.9 |
| Employment Employed for wages | 6.8 | 3.4 | 10.2 |  |  |  | 4.8 | 2.0 | 7.7 |
| Household Income \$24,999 or less | 20.3 | 0.0 | 42.2 |  |  |  | 37.2 | 12.9 | 61.6 |
| \$25,000-49,999 | 10.0 | 2.8 | 17.3 |  |  |  | 9.7 | 4.1 | 15.2 |
| \$50,000 or more | 4.9 | 0.8 | 9.1 |  |  |  | 1.7 | 0.0 | 3.9 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 26.5 | 14.9 | 38.1 | 27.3 | 17.6 | 37.0 | 25.4 | 15.8 | 34.9 |
| Sex Men | 27.7 | 10.7 | 44.6 | 29.9 | 13.2 | 46.6 | 28.2 | 11.5 | 44.9 |
| Women | 25.5 | 9.4 | 41.6 | 25.0 | 15.1 | 35.0 | 22.8 | 13.4 | 32.3 |
| Race/ethnicity NH White | 19.2 | 12.4 | 26.1 | 23.5 | 16.3 | 30.7 | 20.8 | 14.2 | 27.5 |
| NH Black | 11.3 | 0.0 | 23.9 | 25.5 | 1.2 | 49.9 | 22.7 | 0.7 | 44.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 19.6 | 10.7 | 28.4 | 20.9 | 11.9 | 30.0 | 19.2 | 11.5 | 26.9 |
| NH White women | 18.9 | 8.5 | 29.4 | 26.0 | 14.9 | 37.0 | 22.4 | 11.7 | 33.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 16.9 | 6.2 | 27.6 | 23.3 | 11.6 | 35.0 | 24.7 | 12.8 | 36.6 |
| 45-64 | 35.2 | 12.1 | 58.3 | 43.9 | 23.4 | 64.3 | 42.9 | 22.2 | 63.7 |
| 65 and older | 17.0 | 7.3 | 26.7 | 18.9 | 8.6 | 29.2 | 13.2 | 6.2 | 20.1 |
| Marital Status Never married | 41.3 | 0.0 | 82.8 | 14.6 | 0.6 | 28.6 | 11.0 | 0.0 | 22.6 |
| Married/ living together as a couple | 18.6 | 12.9 | 24.3 | 25.7 | 19.3 | 32.1 | 23.5 | 17.8 | 29.2 |
| Divorced/ widowed/separated | 30.8 | 5.5 | 56.0 | 34.7 | 9.5 | 59.9 | 35.1 | 10.0 | 60.2 |
| Education 0-11 years | 17.9 | 9.3 | 26.5 | 32.9 | 21.9 | 44.0 | 34.3 | 23.1 | 45.5 |
| HS Grad/GED | 19.3 | 10.1 | 28.6 | 24.5 | 13.8 | 35.2 | 19.6 | 10.9 | 28.3 |
| 1 or more years of college | 36.0 | 14.0 | 58.0 | 27.8 | 8.7 | 47.0 | 27.4 | 8.2 | 46.6 |
| Employment Employed for wages | 28.2 | 10.6 | 45.9 | 26.2 | 15.4 | 36.9 | 27.0 | 16.0 | 37.9 |
| Household Income \$24,999 or less | 32.4 | 11.1 | 53.6 | 38.3 | 17.3 | 59.4 | 35.7 | 14.7 | 56.8 |
| \$25,000-49,999 | 21.0 | 11.5 | 30.5 | 26.1 | 16.0 | 36.1 | 21.4 | 13.4 | 29.4 |
| \$50,000 or more | 15.2 | 0.0 | 30.9 | 20.9 | 4.2 | 37.7 | 22.3 | 5.4 | 39.2 |


| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 37.2 | 25.8 | 48.5 | 3.2 | 0.9 | 5.4 | 37.1 | 25.4 | 48.8 |
| Sex Men | 34.9 | 21.1 | 48.7 | 4.6 | 0.3 | 8.9 | 29.0 | 17.9 | 40.2 |
| Women | 39.2 | 22.0 | 56.4 | 1.9 | 0.0 | 3.8 | 44.2 | 27.1 | 61.3 |
| Race/ethnicity $\quad$ NH White | 31.6 | 23.8 | 39.4 | 4.4 | 1.1 | 7.8 | 36.4 | 26.2 | 46.5 |
| NH Black | 53.5 | 18.2 | 88.8 | 1.3 | 0.0 | 4.0 | 10.3 | 0.0 | 22.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 35.2 | 22.7 | 47.7 | 5.9 | 0.0 | 12.1 | 35.8 | 22.6 | 49.0 |
| NH White women | 28.2 | 18.7 | 37.6 | 3.1 | 0.1 | 6.0 | 36.9 | 21.8 | 52.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 18.0 | 3.1 | 32.8 | 0.3 | 0.0 | 0.9 | 13.7 | 3.4 | 24.1 |
| 45-64 | 18.6 | 10.1 | 27.2 | 4.0 | 0.3 | 7.7 | 14.5 | 7.3 | 21.7 |
| 65 and older | 68.0 | 50.0 | 85.9 | 6.5 | 0.0 | 13.3 | 77.1 | 66.5 | 87.7 |
| Marital Status Never married | 40.2 | 0.0 | 81.4 |  |  |  | 42.6 | 0.9 | 84.3 |
| Married/ living together as a couple | 35.0 | 27.4 | 42.5 |  |  |  | 31.3 | 23.7 | 38.8 |
| Divorced/ widowed/separated | 39.0 | 13.7 | 64.3 |  |  |  | 44.3 | 18.4 | 70.2 |
| Education 0-11 years | 21.1 | 12.8 | 29.3 | 0.8 | 0.0 | 2.4 | 20.9 | 12.2 | 29.5 |
| HS Grad/GED | 41.7 | 22.5 | 61.0 | 2.4 | 0.3 | 4.6 | 35.8 | 16.4 | 55.2 |
| 1 or more years of college | 38.9 | 20.5 | 57.4 | 4.8 | 0.0 | 9.6 | 44.4 | 25.0 | 63.8 |
| Employment Employed for wages | 23.4 | 6.2 | 40.7 | 1.2 | 0.0 | 3.0 | 23.6 | 5.1 | 42.1 |
| Household Income \$24,999 or less | 40.4 | 18.7 | 62.0 | 2.0 | 0.1 | 3.9 | 34.7 | 13.7 | 55.7 |
| \$25,000-49,999 | 31.1 | 19.9 | 42.3 | 3.8 | 0.6 | 7.0 | 25.9 | 15.0 | 36.9 |
| \$50,000 or more | 23.0 | 7.5 | 38.5 | 5.9 | 0.0 | 14.9 | 41.8 | 16.8 | 66.8 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

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# Prevalence of Major Behavioral Risk Factors in Dixie County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Dixie County, 509 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Dixie County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 13,827 | 15,982,378 | 26.2 | 14.3 | 38.1 | 40.7 | 23.6 | 57.8 |
| Sex Men | 53.3\% | 48.8\% | 22.8 | 9.8 | 35.8 | 30.7 | 19.0 | 42.4 |
| Women | 46.7\% | 51.2\% | 29.7 | 10.1 | 49.3 | 51.1 | 18.7 | 83.4 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 87.7\% | 65.4\% | 19.1 | 13.4 | 24.7 | 49.6 | 34.7 | 64.4 |
| NH Black | 8.9\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 1.8\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 45.4\% | 31.9\% | 19.1 | 10.5 | 27.6 | 35.1 | 24.4 | 45.7 |
| NH White women | 42.4\% | 33.6\% | 19.0 | 11.6 | 26.5 | 66.9 | 46.0 | 87.8 |
| NH Black men | 5.9\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 3.0\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.3\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.5\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 34.6\% | 36.9\% | 20.8 | 6.4 | 35.2 | 32.5 | 20.4 | 44.6 |
| 45-64 | 26.2\% | 22.7\% | 34.9 | 10.6 | 59.3 | 47.9 | 16.6 | 79.2 |
| 65 and older | 17.1\% | 17.6\% | 20.5 | 5.8 | 35.3 |  |  |  |
| Marital Status Never married | 18.3\% | 22.5\% | 41.0 | 0.0 | 83.9 |  |  |  |
| Married/ living together as a couple | 54.7\% | 53.7\% | 22.9 | 8.2 | 37.5 | 43.7 | 22.0 | 65.4 |
| Divorced/ widowed/separated | 26.9\% | 23.8\% | 32.7 | 23.3 | 42.0 | 41.4 | 26.3 | 56.5 |
| Education 0-11 years | 34.1\% | 20.1\% | 46.2 | 33.9 | 58.6 |  |  |  |
| HS Grad/GED | 39.4\% | 28.7\% | 30.6 | 8.8 | 52.4 | 30.2 | 13.3 | 47.0 |
| 1 or more years of college | 26.5\% | 51.1\% | 14.9 | 0.3 | 29.4 | 51.9 | 23.5 | 80.3 |
| Employment Employed for wages | 41.3\% | 54.9\% | 26.1 | 6.4 | 45.8 | 40.7 | 23.6 | 57.8 |
| Household Income \$24,999 or less | 48.4\% | 30.8\% | 53.9 | 36.1 | 71.7 | 27.1 | 5.8 | 48.4 |
| \$25,000 - 49,999 | 31.4\% | 31.6\% | 10.0 | 3.0 | 16.9 | 46.9 | 34.0 | 59.8 |
| \$50,000 or more | 20.2\% | 37.6\% | 2.9 | 0.0 | 8.3 | 26.9 | 11.1 | 42.7 |

[^15]




| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 24.1 | 11.9 | 36.4 | 20.6 | 12.6 | 28.6 | 25.5 | 13.3 | 37.7 |
| Sex Men | 25.8 | 6.0 | 45.6 | 17.1 | 9.4 | 24.8 | 25.4 | 5.6 | 45.2 |
| Women | 22.4 | 8.5 | 36.3 | 24.2 | 10.2 | 38.3 | 25.7 | 11.4 | 40.0 |
|  | 28.3 | 15.0 | 41.7 | 23.6 | 14.7 | 32.4 | 29.5 | 16.3 | 42.8 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 31.0 | 9.4 | 52.7 | 19.7 | 11.0 | 28.5 | 30.1 | 8.3 | 51.9 |
|  | 25.6 | 10.7 | 40.5 | 27.3 | 12.5 | 42.2 | 29.0 | 14.0 | 44.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 12.3 | 5.9 | 18.8 | 15.3 | 8.0 | 22.5 | 12.5 | 6.1 | 18.9 |
|  | 16.7 | 7.3 | 26.0 | 17.9 | 8.3 | 27.4 | 18.8 | 8.8 | 28.9 |
|  | 59.5 | 31.7 | 87.4 | 35.0 | 4.8 | 65.1 | 62.0 | 35.9 | 88.1 |
| Marital Status Never married | 4.3 | 0.0 | 9.8 | 13.6 | 0.0 | 29.7 | 9.6 | 0.0 | 21.0 |
| Married/ living together as a couple | 27.4 | 11.3 | 43.5 | 20.6 | 10.1 | 31.1 | 28.1 | 12.1 | 44.2 |
| Divorced/ widowed/separated | 20.9 | 13.5 | 28.4 | 24.9 | 17.5 | 32.3 | 22.9 | 15.5 | 30.4 |
| Education $\quad 0-11$ years | 24.9 | 13.7 | 36.0 | 33.5 | 22.1 | 44.9 | 22.3 | 12.0 | 32.7 |
|  | 18.8 | 3.5 | 34.2 | 22.6 | 7.1 | 38.1 | 21.9 | 6.5 | 37.3 |
|  | 28.9 | 5.2 | 52.6 | 14.0 | 6.1 | 21.9 | 30.2 | 6.6 | 53.7 |
| Employment Employed for wages | 13.1 | 6.7 | 19.4 | 14.3 | 7.6 | 21.0 | 13.3 | 7.0 | 19.7 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 11.9 | 5.9 | 17.9 | 14.5 | 7.7 | 21.4 | 14.1 | 7.5 | 20.6 |
|  | 15.8 | 6.8 | 24.8 | 24.3 | 12.7 | 35.8 | 22.5 | 11.5 | 33.6 |
|  | 59.5 | 22.1 | 97.0 | 10.0 | 0.0 | 20.8 | 56.4 | 16.2 | 96.6 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 32.8 | 19.1 | 46.5 | 7.1 | 0.3 | 13.9 | 29.5 | 16.9 | 42.1 |
| Sex Men | 27.9 | 8.6 | 47.3 | 1.4 | 0.0 | 2.9 | 32.2 | 12.1 | 52.3 |
| Women | 37.8 | 18.1 | 57.4 | 12.8 | 0.0 | 26.0 | 26.9 | 12.2 | 41.7 |
| Race/ethnicity $\quad$ NH White | 38.4 | 24.5 | 52.4 | 8.3 | 0.4 | 16.2 | 33.2 | 20.0 | 46.3 |
| NH Black <br> Hispanic |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 33.2 | 12.3 | 54.1 | 1.7 | 0.0 | 3.5 | 35.2 | 14.3 | 56.1 |
| NH White women | 43.6 | 25.1 | 62.1 | 14.8 | 0.0 | 29.6 | 31.2 | 15.8 | 46.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 16.5 | 9.0 | 24.1 | 3.1 | 0.2 | 6.1 | 14.3 | 7.2 | 21.3 |
|  | 25.7 | 1.1 | 50.4 | 1.3 | 0.2 | 2.4 | 14.6 | 6.2 | 23.0 |
|  | 76.3 | 59.6 | 93.0 | 24.9 | 0.0 | 53.8 | 81.3 | 67.7 | 94.9 |
| Marital Status Never married | 27.4 | 2.5 | 52.3 | 1.9 | 0.0 | 5.1 | 30.7 | 9.2 | 52.2 |
| Married/ living together as a couple | 36.0 | 18.2 | 53.7 | 8.7 | 0.0 | 17.9 | 29.8 | 13.6 | 46.1 |
| Divorced/ widowed/separated | 21.9 | 15.1 | 28.6 | 2.8 | 0.9 | 4.7 | 27.6 | 19.6 | 35.5 |
| Education $0-11$ years <br> HS Grad/GED  | 27.3 | 17.0 | 37.6 | 6.4 | 0.3 | 12.5 | 26.6 | 16.6 | 36.5 |
|  | 24.6 | 9.1 | 40.1 | 11.3 | 0.0 | 26.7 | 27.1 | 10.9 | 43.2 |
|  | 42.5 | 17.4 | 67.6 | 3.2 | 0.9 | 5.6 | 33.1 | 8.2 | 58.0 |
| Employment Employed for wages | 23.3 | 5.8 | 40.9 | 1.6 | 0.0 | 3.2 | 13.2 | 6.7 | 19.7 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 18.1 | 9.9 | 26.2 | 4.4 | 1.5 | 7.3 | 29.6 | 17.2 | 42.1 |
|  | 15.8 | 7.3 | 24.3 | 4.6 | 0.4 | 8.9 | 16.2 | 7.5 | 24.9 |
|  | 56.1 | 15.7 | 96.6 | 1.8 | 0.0 | 4.4 | 53.3 | 10.3 | 96.3 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

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# Prevalence of Major Behavioral Risk Factors in Duval County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Duval County, 513 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Duval County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | Cl |  |
| All | 778,879 | 15,982,378 | 13.4 | 9.6 | 17.2 | 69.5 | 57.2 | 81.9 |
| Sex Men | 48.5\% | 48.8\% | 11.7 | 6.7 | 16.6 | 56.2 | 40.0 | 72.4 |
| Women | 51.5\% | 51.2\% | 14.8 | 9.0 | 20.6 | 82.4 | 71.7 | 93.0 |
| Race/ethnicity NH White | 63.5\% | 65.4\% | 13.1 | 9.3 | 16.9 | 68.8 | 61.2 | 76.3 |
| NH Black | 27.5\% | 14.2\% | 13.3 | 2.0 | 24.6 | 86.2 | 71.3 | 100.0 |
| Hispanic | 4.1\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 31.3\% | 31.9\% | 10.9 | 5.3 | 16.4 | 64.4 | 53.5 | 75.2 |
| NH White women | 32.2\% | 33.6\% | 15.2 | 10.0 | 20.4 | 74.0 | 63.5 | 84.5 |
| NH Black men | 12.8\% | 6.8\% | 14.5 | 2.4 | 26.6 |  |  |  |
| NH Black women | 14.7\% | 7.4\% | 12.9 | 0.0 | 26.9 | 93.2 | 83.3 | 100.0 |
| Hispanic men | 2.1\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.0\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 42.0\% | 36.9\% | 7.1 | 3.3 | 10.8 | 68.7 | 52.0 | 85.4 |
| 45-64 | 21.2\% | 22.7\% | 16.5 | 10.3 | 22.7 | 72.0 | 62.2 | 81.8 |
| 65 and older | 10.5\% | 17.6\% | 33.9 | 23.2 | 44.6 |  |  |  |
| Marital Status Never married | 25.1\% | 22.5\% | 8.5 | 0.5 | 16.4 | 76.4 | 54.0 | 98.9 |
| Married/ living together as a couple | 51.0\% | 53.7\% | 9.6 | 5.8 | 13.3 | 64.6 | 49.3 | 79.9 |
| Divorced/ widowed/separated | 23.9\% | 23.8\% | 31.3 | 22.8 | 39.9 | 75.4 | 62.9 | 87.9 |
| Education 0-11 years | 17.3\% | 20.1\% | 34.2 | 18.3 | 50.1 |  |  |  |
| HS Grad/GED | 29.1\% | 28.7\% | 13.9 | 7.5 | 20.3 | 47.6 | 27.7 | 67.5 |
| 1 or more years of college | 53.7\% | 51.1\% | 10.1 | 5.7 | 14.4 | 82.3 | 73.3 | 91.2 |
| Employment Employed for wages | 61.6\% | 54.9\% | 5.3 | 2.6 | 8.1 | 69.5 | 57.2 | 81.9 |
| Household Income \$24,999 or less | 28.4\% | 30.8\% | 20.6 | 6.7 | 34.5 | 79.3 | 56.0 | 100.0 |
| \$25,000 - 49,999 | 32.5\% | 31.6\% | 14.8 | 7.8 | 21.9 | 50.7 | 27.2 | 74.1 |
| \$50,000 or more | 39.1\% | 37.6\% | 7.0 | 2.9 | 11.1 | 76.0 | 67.1 | 84.8 |

[^16]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | Cl |  |
| All | 22.5 | 17.0 | 28.1 | 54.0 | 43.4 | 64.5 | 69.9 | 57.6 | 82.2 |
| Sex Men | 19.8 | 13.1 | 26.4 | 58.7 | 48.3 | 69.0 | 69.1 | 60.2 | 78.1 |
| Women | 24.8 | 16.0 | 33.7 | 50.0 | 34.1 | 66.0 | 70.6 | 49.1 | 92.0 |
| Race/ethnicity NH White | 22.4 | 17.5 | 27.4 | 55.9 | 49.7 | 62.0 | 74.5 | 68.9 | 80.2 |
| NH Black | 22.7 | 4.7 | 40.7 | 40.1 | 9.0 | 71.2 | 49.6 | 11.6 | 87.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 21.3 | 14.0 | 28.5 | 55.2 | 45.9 | 64.6 | 67.3 | 58.2 | 76.4 |
| NH White women | 23.5 | 16.7 | 30.4 | 56.4 | 48.3 | 64.6 | 81.3 | 74.6 | 88.0 |
| NH Black men | 22.3 | 7.0 | 37.5 | 51.7 | 32.5 | 70.8 | 55.0 | 35.9 | 74.1 |
| NH Black women | 22.8 | 0.0 | 46.1 | 36.7 | 0.0 | 73.7 | 48.0 | 0.4 | 95.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 16.9 | 10.0 | 23.8 | 45.0 | 29.4 | 60.6 | 57.7 | 39.9 | 75.5 |
| 45-64 | 27.7 | 19.9 | 35.6 | 63.0 | 54.3 | 71.7 | 82.9 | 75.7 | 90.0 |
| 65 and older | 36.6 | 25.7 | 47.5 | 73.1 | 63.3 | 82.9 | 95.7 | 91.3 | 100.0 |
| Marital Status Never married | 17.7 | 3.8 | 31.6 | 32.7 | 8.7 | 56.6 | 39.0 | 11.0 | 66.9 |
| Married/ living together as a couple | 21.3 | 15.3 | 27.3 | 59.3 | 50.7 | 67.9 | 76.9 | 70.4 | 83.5 |
| Divorced/ widowed/separated | 32.8 | 24.3 | 41.3 | 65.7 | 56.4 | 75.0 | 88.1 | 80.7 | 95.5 |
| Education 0-11 years | 41.2 | 23.9 | 58.4 | 53.8 | 34.8 | 72.9 | 68.1 | 47.5 | 88.7 |
| HS Grad/GED | 33.9 | 22.7 | 45.1 | 64.8 | 53.2 | 76.4 | 83.0 | 75.3 | 90.8 |
| 1 or more years of college | 13.3 | 8.0 | 18.6 | 47.8 | 33.1 | 62.5 | 62.6 | 44.3 | 80.9 |
| Employment Employed for wages | 16.0 | 10.0 | 21.9 | 50.0 | 35.3 | 64.7 | 62.9 | 46.1 | 79.7 |
| Household Income \$24,999 or less | 26.1 | 9.0 | 43.3 | 46.9 | 17.5 | 76.2 | 56.6 | 21.6 | 91.6 |
| \$25,000-49,999 | 24.0 | 14.0 | 33.9 | 58.2 | 43.3 | 73.0 | 75.4 | 64.6 | 86.1 |
| \$50,000 or more | 15.4 | 9.2 | 21.5 | 56.9 | 48.4 | 65.4 | 74.2 | 66.6 | 81.7 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 32.9 | 24.3 | 41.5 | 23.9 | 18.1 | 29.7 | 77.7 | 72.0 | 83.3 |
| Sex | 45.4 | 33.4 | 57.4 | 19.4 | 12.8 | 26.1 | 79.0 | 71.7 | 86.3 |
| Women | 22.6 | 14.4 | 30.8 | 27.6 | 17.9 | 37.2 | 76.6 | 68.0 | 85.2 |
| Race/ethnicity NH White | 34.2 | 28.3 | 40.0 | 24.7 | 19.5 | 29.9 | 72.0 | 66.5 | 77.6 |
| NH Black | 15.5 | 2.8 | 28.2 | 25.1 | 5.4 | 44.7 | 89.3 | 79.7 | 98.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 41.9 | 32.7 | 51.1 | 20.6 | 13.3 | 27.8 | 76.0 | 67.8 | 84.3 |
| NH White women | 26.9 | 19.8 | 34.0 | 28.6 | 21.2 | 36.1 | 68.2 | 60.7 | 75.8 |
| NH Black men | 27.4 | 10.9 | 43.9 | 25.3 | 10.0 | 40.7 | 82.6 | 68.0 | 97.3 |
| NH Black women | 11.9 | 0.0 | 24.7 | 25.0 | 0.0 | 50.3 | 91.3 | 81.2 | 100.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| \begin{tabular}{\||r|}
\hline
\end{tabular}$\quad$ Hispanic women | 30.7 | 17.1 | 44.3 | 19.4 | 11.7 | 27.1 | 80.8 | 73.0 | 88.7 |
|  | 34.7 | 26.0 | 43.4 | 32.9 | 24.7 | 41.1 | 78.1 | 70.6 | 85.7 |
|  | 40.1 | 28.9 | 51.3 | 24.3 | 14.3 | 34.2 | 63.9 | 53.0 | 74.8 |
| Marital Status Never married | 17.6 | 3.4 | 31.9 | 10.2 | 1.7 | 18.7 | 83.3 | 69.6 | 96.9 |
| Married/ living together as a couple | 40.6 | 30.3 | 50.9 | 27.6 | 20.6 | 34.6 | 76.7 | 70.1 | 83.2 |
| Divorced/ widowed/separated | 29.4 | 20.8 | 38.0 | 31.1 | 22.5 | 39.6 | 74.5 | 66.5 | 82.6 |
| Education $0-11$ years <br> $\mathrm{HS} \mathrm{Grad} / \mathrm{GED}$  | 38.1 | 19.7 | 56.5 | 37.4 | 19.6 | 55.2 | 67.2 | 48.7 | 85.8 |
|  | 41.1 | 25.0 | 57.1 | 23.8 | 15.0 | 32.6 | 84.7 | 77.8 | 91.6 |
|  | 27.5 | 18.3 | 36.8 | 22.0 | 14.2 | 29.8 | 75.4 | 66.8 | 84.0 |
| Employment Employed for wages | 34.5 | 22.1 | 47.0 | 21.9 | 14.4 | 29.4 | 81.5 | 74.6 | 88.4 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 18.3 | 5.9 | 30.7 | 22.7 | 7.3 | 38.1 | 83.2 | 71.1 | 95.3 |
|  | 44.0 | 26.4 | 61.6 | 23.2 | 13.5 | 32.9 | 77.3 | 67.7 | 86.8 |
|  | 35.7 | 27.4 | 43.9 | 23.6 | 16.6 | 30.5 | 77.2 | 69.6 | 84.8 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 23.0 | 15.0 | 31.0 | 69.5 | 55.8 | 83.2 | 10.9 | 7.4 | 14.4 |
| Sex Men | 31.2 | 17.5 | 44.9 | 75.1 | 57.0 | 93.3 | 16.7 | 10.6 | 22.8 |
| Women | 16.2 | 9.9 | 22.6 | 60.5 | 46.3 | 74.7 | 6.1 | 2.7 | 9.4 |
| Race/ethnicity NH White | 21.5 | 16.7 | 26.3 | 59.9 | 47.5 | 72.3 | 12.5 | 8.5 | 16.4 |
| NH Black | 15.7 | 2.7 | 28.7 |  |  |  | 7.1 | 0.3 | 13.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 22.6 | 15.0 | 30.1 | 57.8 | 38.6 | 76.9 | 17.6 | 10.8 | 24.4 |
| NH White women | 20.5 | 14.4 | 26.7 | 62.1 | 45.5 | 78.8 | 7.6 | 3.3 | 12.0 |
| NH Black men | 37.9 | 19.3 | 56.5 |  |  |  | 25.3 | 8.7 | 42.0 |
| NH Black women | 8.9 | 0.0 | 18.7 |  |  |  | 1.5 | 0.0 | 3.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 24.6 | 11.5 | 37.6 | 71.5 | 52.0 | 91.0 | 12.1 | 6.6 | 17.6 |
| 45-64 | 23.0 | 15.8 | 30.1 | 67.7 | 51.2 | 84.3 | 13.1 | 7.1 | 19.0 |
| 65 and older | 16.9 | 8.6 | 25.1 |  |  |  | 2.0 | 0.0 | 4.3 |
| Marital Status Never married | 16.6 | 3.4 | 29.8 |  |  |  | 12.3 | 2.1 | 22.6 |
| Married/ living together as a couple | 22.3 | 10.4 | 34.2 | 72.3 | 50.8 | 93.9 | 9.3 | 5.4 | 13.3 |
| Divorced/ widowed/separated | 33.7 | 24.7 | 42.7 | 59.0 | 41.9 | 76.2 | 14.1 | 6.6 | 21.6 |
| Education 0-11 years | 30.9 | 14.7 | 47.2 |  |  |  | 6.5 | 0.0 | 14.8 |
| HS Grad/GED | 35.1 | 17.8 | 52.3 | 77.6 | 58.4 | 96.8 | 8.8 | 3.7 | 13.9 |
| 1 or more years of college | 15.0 | 9.2 | 20.9 | 70.4 | 56.3 | 84.5 | 12.5 | 7.2 | 17.8 |
| Employment Employed for wages | 24.9 | 13.2 | 36.6 | 70.2 | 52.4 | 87.9 | 13.8 | 8.3 | 19.3 |
| Household Income \$24,999 or less | 23.9 | 7.9 | 39.9 | 61.6 | 44.3 | 79.0 | 5.4 | 0.3 | 10.4 |
| \$25,000-49,999 | 35.4 | 15.5 | 55.2 | 76.6 | 53.1 | 100.0 | 8.1 | 3.3 | 12.9 |
| \$50,000 or more | 12.5 | 7.2 | 17.8 |  |  |  | 17.3 | 10.8 | 23.8 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 10.8 | 7.3 | 14.2 | 21.6 | 13.6 | 29.7 | 6.1 | 3.8 | 8.4 |
| Sex Men | 9.3 | 5.0 | 13.6 | 32.9 | 19.2 | 46.5 | 4.0 | 1.1 | 6.9 |
| Women | 12.0 | 6.6 | 17.3 | 12.4 | 7.1 | 17.8 | 7.8 | 4.0 | 11.5 |
| Race/ethnicity NH White | 10.0 | 6.5 | 13.5 | 18.4 | 13.5 | 23.2 | 5.7 | 3.3 | 8.0 |
| NH Black | 13.6 | 1.4 | 25.8 | 16.6 | 2.7 | 30.5 | 6.2 | 0.0 | 12.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 6.9 | 2.6 | 11.1 | 24.5 | 16.3 | 32.8 | 2.2 | 0.0 | 4.5 |
| NH White women | 13.0 | 7.5 | 18.4 | 12.7 | 7.5 | 18.0 | 8.9 | 4.9 | 12.9 |
| NH Black men | 26.5 | 7.6 | 45.3 | 35.0 | 16.3 | 53.8 | 9.5 | 0.0 | 23.0 |
| NH Black women | 10.0 | 0.0 | 21.7 | 11.0 | 0.0 | 23.5 | 5.2 | 0.0 | 12.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 14.1 | 8.0 | 20.2 | 28.6 | 15.1 | 42.1 | 6.5 | 3.0 | 9.9 |
| 45-64 | 7.4 | 3.5 | 11.2 | 14.9 | 8.9 | 21.0 | 4.0 | 1.4 | 6.5 |
| 65 and older | 3.6 | 0.0 | 7.6 | 5.2 | 0.7 | 9.7 | 8.6 | 1.7 | 15.4 |
| Marital Status Never married | 16.5 | 3.0 | 30.0 | 24.1 | 5.8 | 42.4 | 5.0 | 0.0 | 10.3 |
| Married/ living together as a couple | 7.8 | 4.2 | 11.3 | 21.7 | 9.7 | 33.7 | 5.0 | 2.3 | 7.7 |
| Divorced/ widowed/separated | 13.0 | 7.2 | 18.8 | 18.8 | 10.9 | 26.6 | 11.0 | 5.3 | 16.8 |
| Education 0-11 years | 20.6 | 7.2 | 34.0 | 20.2 | 6.2 | 34.1 | 9.5 | 0.3 | 18.7 |
| HS Grad/GED | 12.5 | 6.3 | 18.6 | 30.7 | 12.8 | 48.7 | 4.9 | 1.5 | 8.4 |
| 1 or more years of college | 8.4 | 4.3 | 12.4 | 16.7 | 10.0 | 23.4 | 6.3 | 3.0 | 9.5 |
| Employment Employed for wages | 9.0 | 4.9 | 13.0 | 25.2 | 13.4 | 37.0 | 4.1 | 1.7 | 6.5 |
| Household Income \$24,999 or less | 19.8 | 6.3 | 33.3 | 23.1 | 7.5 | 38.6 | 10.2 | 2.5 | 18.0 |
| \$25,000-49,999 | 10.2 | 4.2 | 16.3 | 32.2 | 11.8 | 52.6 | 7.7 | 2.5 | 12.9 |
| \$50,000 or more | 4.5 | 0.5 | 8.5 | 12.4 | 6.2 | 18.6 | 2.6 | 0.3 | 4.9 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\text { Related Healthy People } 2010 \text { Objective(s) }$ | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 70.1 | 58.0 | 82.2 | 51.5 | 41.2 | 61.8 | 67.2 | 55.0 | 79.5 |
| Sex Men | 76.3 | 68.6 | 83.9 | 62.6 | 53.0 | 72.3 | 74.2 | 66.0 | 82.3 |
| Women | 65.0 | 45.4 | 84.7 | 42.1 | 28.1 | 56.1 | 61.7 | 42.3 | 81.1 |
| Race/ethnicity NH White | 76.3 | 71.0 | 81.6 | 58.6 | 52.6 | 64.6 | 75.2 | 69.7 | 80.7 |
| NH Black | 45.6 | 11.3 | 80.0 | 23.0 | 4.4 | 41.6 | 39.6 | 8.4 | 70.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 73.0 | 64.6 | 81.5 | 63.1 | 54.2 | 71.9 | 71.7 | 62.9 | 80.4 |
| NH White women | 79.4 | 72.7 | 86.1 | 54.3 | 46.1 | 62.5 | 78.4 | 71.5 | 85.3 |
| NH Black men | 85.5 | 72.4 | 98.6 | 45.8 | 27.0 | 64.6 | 80.4 | 66.0 | 94.8 |
| NH Black women | 33.6 | 0.2 | 67.0 | 15.9 | 0.0 | 33.2 | 27.2 | 0.0 | 55.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 66.9 | 47.6 | 86.3 | 63.2 | 44.5 | 81.9 | 63.4 | 44.7 | 82.1 |
| 45-64 | 81.8 | 74.5 | 89.1 | 41.8 | 33.0 | 50.6 | 79.2 | 72.0 | 86.3 |
| 65 and older | 62.5 | 51.3 | 73.6 | 16.8 | 7.8 | 25.8 | 63.4 | 51.2 | 75.5 |
| Marital Status Never married | 48.5 | 14.9 | 82.2 | 45.6 | 13.6 | 77.5 | 45.2 | 13.1 | 77.2 |
| Married/ living together as a couple | 80.7 | 74.7 | 86.7 | 57.3 | 48.4 | 66.2 | 79.1 | 72.8 | 85.3 |
| Divorced/ widowed/separated | 65.4 | 56.6 | 74.2 | 41.4 | 31.8 | 51.0 | 59.0 | 49.2 | 68.7 |
| Education 0-11 years | 50.7 | 32.3 | 69.1 | 33.6 | 15.2 | 52.1 | 52.1 | 30.8 | 73.4 |
| HS Grad/GED | 75.7 | 66.7 | 84.7 | 49.7 | 35.1 | 64.3 | 72.4 | 62.4 | 82.4 |
| 1 or more years of college | 69.7 | 49.9 | 89.5 | 55.1 | 38.6 | 71.6 | 66.1 | 46.7 | 85.4 |
| Employment Employed for wages | 68.9 | 51.3 | 86.4 | 57.0 | 41.3 | 72.6 | 66.3 | 49.0 | 83.6 |
| Household Income \$24,999 or less | 35.7 | 13.1 | 58.3 | 24.4 | 7.8 | 41.1 | 25.8 | 7.7 | 44.0 |
| \$25,000-49,999 | 84.0 | 76.4 | 91.6 | 56.3 | 41.2 | 71.3 | 85.9 | 78.7 | 93.0 |
| \$50,000 or more | 84.9 | 78.4 | 91.3 | 70.4 | 62.9 | 78.0 | 81.9 | 75.0 | 88.8 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 26.1 | 20.0 | 32.2 | 81.6 | 74.6 | 88.6 | 19.0 | 14.0 | 24.0 |
| Sex Men | 26.3 | 18.4 | 34.3 | 82.0 | 70.5 | 93.4 | 18.1 | 11.6 | 24.5 |
| Women | 25.9 | 16.9 | 35.0 | 81.4 | 72.6 | 90.1 | 19.8 | 12.3 | 27.3 |
| Race/ethnicity NH White | 28.2 | 22.8 | 33.6 | 81.0 | 72.2 | 89.7 | 21.3 | 16.4 | 26.3 |
| NH Black | 25.9 | 5.6 | 46.2 | 82.8 | 70.3 | 95.3 | 15.1 | 2.4 | 27.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 29.4 | 21.0 | 37.9 | 85.0 | 72.1 | 97.9 | 21.1 | 13.6 | 28.6 |
| NH White women | 27.0 | 20.1 | 33.9 | 76.9 | 64.6 | 89.2 | 21.5 | 14.9 | 28.1 |
| NH Black men | 31.7 | 14.9 | 48.4 |  |  |  | 19.0 | 5.5 | 32.5 |
| NH Black women | 24.2 | 0.0 | 48.8 | 87.8 | 75.2 | 100.0 | 13.9 | 0.0 | 29.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 11.0 | 5.9 | 16.2 | 55.2 | 35.3 | 75.1 | 12.7 | 6.8 | 18.7 |
| 45-64 | 44.6 | 35.7 | 53.5 | 87.5 | 78.9 | 96.1 | 32.8 | 24.7 | 40.9 |
| 65 and older | 55.2 | 43.7 | 66.6 | 94.6 | 89.2 | 100.0 | 19.9 | 11.1 | 28.8 |
| Marital Status Never married | 12.2 | 1.9 | 22.5 |  |  |  | 10.6 | 1.5 | 19.6 |
| Married/ living together as a couple | 25.0 | 18.3 | 31.6 | 84.5 | 75.4 | 93.5 | 20.2 | 14.2 | 26.2 |
| Divorced/ widowed/separated | 48.0 | 38.7 | 57.4 | 86.3 | 77.2 | 95.5 | 27.1 | 18.8 | 35.4 |
| Education 0-11 years | 36.7 | 19.5 | 54.0 |  |  |  | 23.7 | 7.4 | 40.1 |
| HS Grad/GED | 28.2 | 18.2 | 38.2 | 78.7 | 64.9 | 92.5 | 16.9 | 9.6 | 24.3 |
| 1 or more years of college | 23.4 | 15.3 | 31.5 | 80.2 | 70.9 | 89.6 | 19.5 | 12.4 | 26.7 |
| Employment Employed for wages | 17.2 | 11.1 | 23.3 | 75.3 | 63.7 | 86.9 | 16.1 | 10.0 | 22.3 |
| Household Income \$24,999 or less | 26.3 | 9.0 | 43.6 | 78.0 | 63.1 | 92.9 | 20.4 | 6.1 | 34.6 |
| \$25,000-49,999 | 23.7 | 14.0 | 33.4 | 85.7 | 73.7 | 97.7 | 16.0 | 8.5 | 23.5 |
| \$50,000 or more | 25.1 | 18.0 | 32.3 | 83.9 | 71.9 | 95.9 | 23.3 | 16.1 | 30.4 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 12-15 } \end{aligned}$ | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 83.1 | 78.2 | 88.0 | 91.2 | 87.5 | 94.9 | 29.6 | 21.8 | 37.4 |
| Sex Men | 80.1 | 72.8 | 87.4 | 89.7 | 84.1 | 95.3 | 28.2 | 18.6 | 37.8 |
| Women | 85.6 | 79.4 | 91.8 | 92.4 | 87.7 | 97.1 | 30.7 | 18.6 | 42.7 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 80.8 | 75.6 | 86.1 | 87.8 | 83.2 | 92.4 | 34.4 | 28.2 | 40.7 |
| NH Black | 89.1 | 79.4 | 98.8 | 97.1 | 93.5 | 100.0 | 22.0 | 2.3 | 41.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 76.7 | 68.3 | 85.1 | 86.5 | 79.3 | 93.7 | 31.3 | 21.7 | 41.0 |
| NH White women | 84.8 | 78.4 | 91.2 | 88.9 | 82.9 | 94.9 | 37.1 | 28.9 | 45.3 |
| NH Black men | 85.9 | 71.8 | 100.0 | 94.5 | 86.2 | 100.0 | 35.0 | 16.1 | 54.0 |
| NH Black women | 90.1 | 78.8 | 100.0 | 97.9 | 94.4 | 100.0 | 18.3 | 0.0 | 39.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 76.5 | 67.3 | 85.7 | 87.1 | 79.8 | 94.3 | 14.9 | 7.1 | 22.8 |
| 45-64 | 90.4 | 85.6 | 95.2 | 95.9 | 91.9 | 99.9 | 45.6 | 36.2 | 55.1 |
| 65 and older | 97.0 | 92.9 | 100.0 | 96.4 | 92.4 | 100.0 | 49.5 | 37.9 | 61.1 |
| Marital Status Never married | 70.8 | 48.5 | 93.0 | 93.3 | 84.5 | 100.0 | 8.9 | 0.0 | 19.2 |
| Married/ living together as a couple | 86.8 | 81.9 | 91.7 | 90.6 | 86.0 | 95.2 | 29.2 | 21.4 | 37.1 |
| Divorced/ widowed/separated | 87.0 | 80.9 | 93.2 | 90.4 | 83.7 | 97.1 | 52.6 | 42.5 | 62.7 |
| Education 0-11 years | 62.7 | 43.9 | 81.5 | 93.9 | 81.8 | 100.0 | 47.3 | 25.6 | 69.0 |
| HS Grad/GED | 78.5 | 69.5 | 87.4 | 93.2 | 88.0 | 98.5 | 34.3 | 20.7 | 47.9 |
| 1 or more years of college | 88.7 | 83.6 | 93.8 | 89.9 | 84.6 | 95.2 | 25.4 | 15.8 | 35.0 |
| Employment Employed for wages | 82.2 | 75.4 | 89.0 | 89.8 | 84.5 | 95.1 | 22.8 | 13.7 | 31.8 |
| Household Income \$24,999 or less | 80.2 | 66.0 | 94.4 | 97.2 | 93.5 | 100.0 | 23.7 | 4.4 | 42.9 |
| \$25,000-49,999 | 79.7 | 70.1 | 89.4 | 94.6 | 90.1 | 99.1 | 22.9 | 11.8 | 34.0 |
| \$50,000 or more | 88.7 | 82.7 | 94.7 | 83.5 | 76.2 | 90.8 | 34.8 | 26.4 | 43.3 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Had diabetes |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 11.5 | 7.8 | 15.1 | 52.6 | 37.9 | 67.2 | 9.5 | 6.3 | 12.7 |
| Sex Men | 7.1 | 3.2 | 11.1 |  |  |  | 9.6 | 4.7 | 14.5 |
| Women | 15.0 | 8.8 | 21.3 | 56.3 | 38.8 | 73.7 | 9.4 | 5.1 | 13.7 |
| Race/ethnicity NH White | 14.0 | 9.8 | 18.3 | 48.8 | 31.7 | 65.9 | 10.1 | 6.4 | 13.8 |
| NH Black | 5.1 | 0.2 | 10.1 |  |  |  | 10.9 | 1.4 | 20.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 9.0 | 3.8 | 14.1 |  |  |  | 11.2 | 5.0 | 17.3 |
| NH White women | 18.8 | 12.2 | 25.4 | 50.5 | 29.5 | 71.4 | 9.2 | 4.9 | 13.5 |
| NH Black men |  |  |  |  |  |  | 9.5 | 0.0 | 19.4 |
| NH Black women | 6.7 | 0.0 | 14.3 |  |  |  | 11.3 | 0.0 | 23.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18 184 | 11.0 | 5.7 | 16.3 | 46.5 | 25.7 | 67.4 | 3.9 | 1.1 | 6.8 |
| 45-64 | 13.7 | 7.8 | 19.5 |  |  |  | 14.8 | 7.9 | 21.6 |
| 65 and older | 9.3 | 2.9 | 15.6 |  |  |  | 22.4 | 13.3 | 31.5 |
| Marital Status Never married | 6.9 | 0.4 | 13.4 |  |  |  | 2.9 | 0.0 | 6.6 |
| Married/ living together as a couple | 14.3 | 9.2 | 19.3 | 51.9 | 33.5 | 70.3 | 10.0 | 5.6 | 14.3 |
| Divorced/ widowed/separated | 7.6 | 3.2 | 11.9 |  |  |  | 16.9 | 10.7 | 23.2 |
| Education 0-11 years | 15.2 | 0.0 | 30.5 |  |  |  | 23.6 | 8.2 | 39.0 |
| HS Grad/GED | 9.3 | 4.1 | 14.4 |  |  |  | 8.4 | 3.5 | 13.2 |
| 1 or more years of college | 12.2 | 7.0 | 17.3 | 64.2 | 47.2 | 81.1 | 8.0 | 4.1 | 12.0 |
| Employment Employed for wages | 10.1 | 5.5 | 14.6 | 41.3 | 21.8 | 60.8 | 4.6 | 2.0 | 7.3 |
| Household Income \$24,999 or less | 11.9 | 2.5 | 21.3 |  |  |  | 9.0 | 2.1 | 15.9 |
| \$25,000-49,999 | 7.2 | 2.5 | 11.8 |  |  |  | 11.5 | 5.3 | 17.7 |
| \$50,000 or more | 15.7 | 9.5 | 21.9 |  |  |  | 6.4 | 2.1 | 10.7 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 16.4 | 11.9 | 21.0 | 21.2 | 15.9 | 26.4 | 24.6 | 18.7 | 30.4 |
| Sex Men | 14.3 | 8.3 | 20.3 | 17.3 | 11.1 | 23.4 | 22.1 | 15.0 | 29.3 |
| Women | 18.2 | 11.2 | 25.2 | 24.4 | 15.7 | 33.1 | 26.6 | 17.2 | 36.0 |
| Race/ethnicity NH White <br> NH Black  <br> Hispanic  | 18.3 | 13.6 | 23.0 | 20.6 | 15.9 | 25.4 | 25.2 | 20.1 | 30.2 |
|  | 12.7 | 1.9 | 23.6 | 22.9 | 4.6 | 41.1 | 25.6 | 5.2 | 46.0 |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 14.8 | 7.7 | 21.8 | 14.8 | 8.3 | 21.3 | 21.8 | 14.4 | 29.3 |
| NH White women | 21.6 | 15.3 | 28.0 | 26.1 | 19.3 | 32.9 | 28.3 | 21.4 | 35.3 |
| NH Black men | 20.9 | 7.1 | 34.7 | 33.2 | 16.3 | 50.2 | 36.3 | 17.9 | 54.8 |
| NH Black women | 10.2 | 0.0 | 21.8 | 19.7 | 0.0 | 40.3 | 22.3 | 0.0 | 45.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 9.7 | 5.0 | 14.5 | 15.8 | 9.3 | 22.4 | 17.0 | 10.1 | 24.0 |
|  | 29.9 | 21.5 | 38.3 | 28.8 | 21.1 | 36.6 | 35.1 | 26.9 | 43.4 |
|  | 19.8 | 10.6 | 28.9 | 30.2 | 19.7 | 40.8 | 36.2 | 25.0 | 47.4 |
| Marital Status Never married | 7.4 | 0.9 | 13.9 | 11.5 | 2.0 | 21.0 | 17.8 | 4.0 | 31.6 |
| Married/ living together as a couple | 16.4 | 11.0 | 21.8 | 21.3 | 15.4 | 27.2 | 24.2 | 17.9 | 30.5 |
| Divorced/ widowed/separated | 29.3 | 20.2 | 38.4 | 33.4 | 24.3 | 42.5 | 35.7 | 26.3 | 45.1 |
| Education $0-11$ years <br> HS Grad/GED  | 24.3 | 7.6 | 40.9 | 37.2 | 20.4 | 53.9 | 30.9 | 15.7 | 46.1 |
|  | 16.8 | 9.6 | 24.0 | 17.1 | 10.1 | 24.1 | 23.6 | 14.8 | 32.3 |
|  | 15.1 | 9.2 | 21.1 | 21.2 | 13.6 | 28.8 | 24.3 | 15.8 | 32.7 |
| Employment Employed for wages | 14.1 | 8.6 | 19.6 | 18.4 | 11.9 | 24.9 | 21.7 | 14.3 | 29.1 |
| Household Income $\quad \$ 24,999$ or less | 13.7 | 3.7 | 23.7 | 20.1 | 6.4 | 33.8 | 20.2 | 6.4 | 34.1 |
| \$25,000-49,999 | 16.6 | 8.5 | 24.7 | 23.1 | 13.3 | 32.8 | 25.4 | 15.0 | 35.8 |
| \$50,000 or more | 16.2 | 10.2 | 22.3 | 20.2 | 13.7 | 26.8 | 25.7 | 18.6 | 32.8 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 24.7 | 18.9 | 30.6 | 0.9 | 0.0 | 1.8 | 20.8 | 15.4 | 26.2 |
| Sex Men <br>  Women | 28.4 | 20.2 | 36.6 | 1.8 | 0.0 | 3.7 | 25.4 | 17.3 | 33.4 |
|  | 21.7 | 13.8 | 29.5 | 0.2 | 0.0 | 0.6 | 17.1 | 10.4 | 23.8 |
| Race/ethnicity NH White <br> NH Black  | 29.0 | 23.7 | 34.4 | 1.3 | 0.0 | 2.6 | 23.9 | 18.8 | 29.1 |
|  | 13.7 | 2.2 | 25.3 | 0.4 | 0.0 | 1.1 | 15.1 | 1.7 | 28.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 31.1 | 22.6 | 39.5 | 2.3 | 0.0 | 4.9 | 28.4 | 19.9 | 36.9 |
| NH White women | 27.1 | 20.4 | 33.8 | 0.3 | 0.0 | 1.0 | 19.9 | 13.9 | 25.9 |
| NH Black men | 31.6 | 14.6 | 48.6 | 1.6 | 0.0 | 4.8 | 32.0 | 13.4 | 50.6 |
| NH Black women | 8.3 | 0.0 | 18.0 |  |  |  | 10.4 | 0.0 | 22.4 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br> $45-64$  <br>  65 and older | 12.7 | 7.0 | 18.5 | 0.5 | 0.0 | 1.6 | 10.6 | 5.2 | 16.0 |
|  | 33.7 | 25.4 | 41.9 | 0.4 | 0.0 | 1.3 | 22.2 | 15.1 | 29.4 |
|  | 58.3 | 47.2 | 69.5 | 3.5 | 0.0 | 7.8 | 58.2 | 47.0 | 69.4 |
| Marital Status Never married | 11.0 | 1.9 | 20.0 | 1.3 | 0.0 | 4.0 | 12.8 | 0.8 | 24.8 |
| Married/ living together as a couple | 27.3 | 20.4 | 34.1 | 0.9 | 0.0 | 2.0 | 20.9 | 14.9 | 26.8 |
| Divorced/ widowed/separated | 35.5 | 26.6 | 44.5 | 0.6 | 0.0 | 1.8 | 30.7 | 22.0 | 39.3 |
| Education $0-11$ years <br> HS Grad/GED  | 23.9 | 11.2 | 36.7 | 6.2 | 0.0 | 13.6 | 16.8 | 5.2 | 28.4 |
|  | 23.6 | 14.8 | 32.4 | 0.0 | 0.0 | 0.0 | 23.2 | 13.9 | 32.4 |
|  | 25.6 | 16.8 | 34.3 | 0.7 | 0.0 | 1.8 | 20.1 | 12.6 | 27.5 |
| Employment Employed for wages | 20.3 | 13.3 | 27.4 | 0.6 | 0.0 | 1.5 | 12.8 | 7.4 | 18.1 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 21.0 | 6.9 | 35.0 | 1.2 | 0.0 | 3.1 | 23.2 | 7.2 | 39.2 |
|  | 24.8 | 14.7 | 34.9 | 0.3 | 0.0 | 0.8 | 21.4 | 11.7 | 31.1 |
|  | 26.3 | 18.9 | 33.8 | 0.6 | 0.0 | 1.9 | 17.1 | 10.9 | 23.3 |



| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For respondents 64 years and younger ... |  |  |  |  |  |  |  |  |
|  | Ever been tested for HIV |  |  | If yes, the test was done in the past 2 years |  |  | In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 46.3 | 34.9 | 57.7 | 90.7 | 87.0 | 94.4 | 23.0 | 7.9 | 38.2 |
| Sex Men | 56.3 | 44.2 | 68.4 | 90.9 | 86.3 | 95.6 | 16.7 | 9.7 | 23.7 |
| Women | 37.8 | 23.0 | 52.7 | 90.5 | 85.0 | 96.0 | 28.5 | 2.8 | 54.2 |
| Race/ethnicity NH White | 45.2 | 38.3 | 52.0 | 88.1 | 83.8 | 92.5 | 12.0 | 7.4 | 16.5 |
| NH Black | 35.2 | 4.3 | 66.2 | 95.6 | 90.5 | 100.0 | 60.3 | 25.7 | 95.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 47.2 | 36.8 | 57.6 | 90.0 | 84.3 | 95.6 | 15.2 | 7.6 | 22.8 |
| NH White women | 43.2 | 34.0 | 52.4 | 86.2 | 79.5 | 92.9 | 8.7 | 3.9 | 13.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 24.7 | 0.0 | 53.0 | 96.6 | 91.7 | 100.0 | 68.6 | 32.8 | 100.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 53.9 | 36.6 | 71.2 | 89.9 | 84.7 | 95.1 | 31.8 | 11.8 | 51.8 |
| 45-64 | 28.3 | 20.9 | 35.8 | 92.1 | 87.8 | 96.4 | 3.9 | 1.1 | 6.7 |
| 65 and older |  |  |  |  |  |  |  |  |  |
| Marital Status Never married | 38.7 | 10.4 | 66.9 | 94.9 | 89.8 | 100.0 | 60.5 | 31.6 | 89.3 |
| Married/ living together as a couple | 49.4 | 38.6 | 60.3 | 88.5 | 83.5 | 93.4 | 7.4 | 3.5 | 11.3 |
| Divorced/ widowed/A80separated | 50.6 | 38.3 | 62.9 | 89.8 | 83.1 | 96.5 | 13.2 | 4.0 | 22.4 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 48.1 | 30.3 | 66.0 | 96.0 | 92.2 | 99.8 | 18.7 | 9.7 | 27.6 |
| 1 or more years of college | 45.1 | 29.6 | 60.6 | 87.8 | 81.9 | 93.8 | 26.2 | 2.8 | 49.6 |
| Employment Employed for wages | 47.3 | 32.6 | 62.0 | 91.2 | 86.9 | 95.4 | 26.5 | 7.4 | 45.7 |
| Household Income \$24,999 or less | 39.1 | 9.4 | 68.8 | 95.5 | 91.1 | 99.9 | 57.8 | 25.6 | 90.0 |
| \$25,000-49,999 | 57.5 | 40.5 | 74.4 | 91.1 | 85.5 | 96.7 | 14.3 | 6.1 | 22.6 |
| \$50,000 or more | 45.1 | 35.9 | 54.3 | 85.1 | 78.1 | 92.0 | 9.1 | 3.3 | 14.9 |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Escambia County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Escambia County, 500 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Escambia County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.


[^17]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 24.8 | 20.5 | 29.0 | 52.2 | 47.0 | 57.4 | 74.0 | 69.2 | 78.8 |
| Sex Men | 18.1 | 12.2 | 24.1 | 44.8 | 36.8 | 52.8 | 63.0 | 54.9 | 71.1 |
| Women | 31.0 | 25.0 | 37.0 | 59.3 | 52.8 | 65.8 | 84.5 | 79.9 | 89.0 |
| Race/ethnicity NH White | 23.0 | 18.1 | 27.8 | 52.4 | 46.3 | 58.5 | 73.8 | 68.1 | 79.4 |
| NH Black | 34.5 | 22.1 | 46.9 | 61.3 | 47.9 | 74.7 | 82.0 | 71.1 | 92.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.0 | 10.1 | 23.8 | 43.9 | 34.5 | 53.3 | 62.5 | 53.0 | 71.9 |
| NH White women | 28.9 | 22.2 | 35.7 | 61.0 | 53.6 | 68.4 | 85.3 | 80.0 | 90.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 40.6 | 24.7 | 56.5 | 62.5 | 46.2 | 78.9 | 83.3 | 71.7 | 95.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 19.9 | 13.9 | 25.8 | 43.4 | 35.7 | 51.0 | 65.4 | 57.7 | 73.1 |
| 45-64 | 28.5 | 20.7 | 36.3 | 54.4 | 45.8 | 63.0 | 81.4 | 74.9 | 88.0 |
| 65 and older | 33.8 | 23.8 | 43.8 | 73.8 | 65.0 | 82.7 | 86.9 | 80.2 | 93.5 |
| Marital Status Never married | 19.2 | 10.7 | 27.7 | 49.9 | 37.6 | 62.3 | 64.8 | 52.6 | 77.0 |
| Married/ living together as a couple | 21.8 | 15.9 | 27.6 | 51.5 | 44.4 | 58.6 | 73.5 | 67.0 | 80.0 |
| Divorced/ widowed/separated | 36.6 | 27.7 | 45.5 | 55.9 | 46.4 | 65.3 | 83.6 | 76.5 | 90.8 |
| Education 0-11 years | 42.0 | 25.0 | 59.0 | 67.6 | 51.5 | 83.7 | 84.0 | 70.5 | 97.5 |
| HS Grad/GED | 36.8 | 27.7 | 45.8 | 59.0 | 49.2 | 68.7 | 82.0 | 74.4 | 89.7 |
| 1 or more years of college | 16.8 | 12.1 | 21.5 | 46.9 | 40.4 | 53.4 | 69.0 | 62.6 | 75.4 |
| Employment Employed for wages | 20.3 | 14.9 | 25.8 | 45.5 | 38.5 | 52.4 | 65.5 | 58.7 | 72.3 |
| Household Income \$24,999 or less | 33.8 | 25.8 | 41.9 | 55.5 | 46.3 | 64.7 | 80.4 | 72.6 | 88.1 |
| \$25,000-49,999 | 23.6 | 15.1 | 32.1 | 50.8 | 41.1 | 60.4 | 74.8 | 66.0 | 83.5 |
| \$50,000 or more | 11.1 | 4.6 | 17.6 | 43.6 | 33.4 | 53.9 | 61.6 | 51.1 | 72.1 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 32.6 | 27.9 | 37.4 | 25.0 | 20.6 | 29.3 | 76.1 | 71.9 | 80.4 |
| Sex Men <br>  Women | 42.0 | 34.2 | 49.8 | 20.2 | 13.9 | 26.4 | 83.2 | 77.5 | 88.9 |
|  | 23.8 | 18.3 | 29.3 | 29.5 | 23.5 | 35.5 | 69.4 | 63.4 | 75.5 |
| Race/ethnicity NH White | 31.8 | 26.3 | 37.4 | 25.8 | 20.6 | 31.1 | 75.8 | 70.8 | 80.8 |
| NH Black | 32.7 | 21.0 | 44.4 | 30.6 | 18.8 | 42.3 | 70.7 | 58.5 | 82.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 41.5 | 32.3 | 50.7 | 20.9 | 13.5 | 28.4 | 82.8 | 76.0 | 89.6 |
| NH White women | 22.0 | 15.8 | 28.3 | 30.8 | 23.7 | 37.9 | 68.7 | 61.6 | 75.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 30.0 | 16.2 | 43.8 | 32.0 | 17.2 | 46.8 | 66.0 | 50.1 | 81.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 27.1 | 20.3 | 34.0 | 21.9 | 15.6 | 28.3 | 84.4 | 78.8 | 90.1 |
|  | 36.4 | 28.1 | 44.7 | 36.2 | 28.0 | 44.5 | 68.9 | 60.9 | 76.8 |
|  | 44.3 | 34.0 | 54.6 | 15.9 | 8.7 | 23.2 | 62.1 | 52.0 | 72.2 |
| Marital Status <br> Married/ living together as a couple | 17.6 | 9.2 | 26.1 | 26.9 | 16.1 | 37.6 | 84.7 | 76.4 | 93.0 |
|  | 39.2 | 32.4 | 46.1 | 24.9 | 19.0 | 30.8 | 76.2 | 70.4 | 81.9 |
| Divorced/ widowed/separated | 31.6 | 23.0 | 40.3 | 23.3 | 15.5 | 31.1 | 68.1 | 59.0 | 77.2 |
| Education $0-11$ years <br> HS Grad/GED  | 30.4 | 14.6 | 46.1 | 32.5 | 16.8 | 48.2 | 80.7 | 67.3 | 94.0 |
|  | 32.8 | 23.9 | 41.7 | 23.2 | 15.0 | 31.4 | 76.8 | 68.6 | 84.9 |
|  | 33.0 | 26.9 | 39.0 | 24.5 | 19.0 | 30.0 | 75.2 | 69.7 | 80.6 |
| Employment Employed for wages | 34.8 | 28.2 | 41.4 | 22.8 | 17.1 | 28.4 | 77.0 | 71.2 | 82.8 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 25.7 | 18.2 | 33.3 | 30.6 | 22.2 | 39.0 | 77.2 | 69.7 | 84.7 |
|  | 30.6 | 21.7 | 39.4 | 27.6 | 19.1 | 36.0 | 69.5 | 60.6 | 78.4 |
|  | 43.7 | 33.5 | 53.9 | 16.8 | 9.4 | 24.1 | 82.6 | 75.5 | 89.7 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 26.3 | 21.7 | 30.9 | 49.4 | 38.9 | 59.9 | 15.9 | 11.5 | 20.3 |
| Sex Men | 26.1 | 18.8 | 33.4 | 39.6 | 23.5 | 55.7 | 24.4 | 16.6 | 32.3 |
| Women | 26.5 | 20.7 | 32.4 | 58.5 | 45.2 | 71.7 | 7.9 | 4.4 | 11.4 |
| Race/ethnicity NH White | 28.6 | 23.0 | 34.3 | 48.9 | 37.0 | 60.9 | 17.0 | 11.6 | 22.4 |
| NH Black | 22.0 | 11.4 | 32.6 |  |  |  | 10.5 | 2.1 | 18.9 |
|  |  |  |  |  |  |  |  |  |  |
|  | 27.8 | 19.0 | 36.6 | 38.3 | 19.6 | 57.0 | 25.3 | 15.8 | 34.7 |
| NH White women | 29.5 | 22.4 | 36.6 | 58.9 | 44.0 | 73.9 | 8.8 | 4.5 | 13.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 20.3 | 7.5 | 33.0 |  |  |  | 2.7 | 0.0 | 6.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 31.8 | 24.5 | 39.2 | 46.3 | 32.2 | 60.4 | 24.0 | 16.6 | 31.4 |
|  | 22.6 | 15.4 | 29.7 | 55.0 | 36.4 | 73.7 | 9.0 | 4.1 | 13.9 |
|  | 16.0 | 8.3 | 23.7 |  |  |  | 2.3 | 0.0 | 5.4 |
| Marital Status Never married | 30.6 | 19.6 | 41.6 |  |  |  | 28.7 | 16.1 | 41.2 |
| Married/ living together as a couple | 20.4 | 14.5 | 26.3 | 38.0 | 22.1 | 53.8 | 13.3 | 8.2 | 18.5 |
| Divorced/ widowed/separated | 35.6 | 26.1 | 45.1 | 52.1 | 33.7 | 70.4 | 9.7 | 2.6 | 16.7 |
| Education 0-11 years | 32.8 | 16.2 | 49.4 |  |  |  | 14.3 | 0.5 | 28.1 |
| HS Grad/GED | 30.6 | 21.4 | 39.8 | 50.1 | 31.1 | 69.2 | 11.9 | 4.4 | 19.5 |
| 1 or more years of college | 23.6 | 17.9 | 29.2 | 53.5 | 39.3 | 67.7 | 17.8 | 12.1 | 23.6 |
| Employment Employed for wages | 27.8 | 21.4 | 34.3 | 47.6 | 33.6 | 61.5 | 22.7 | 16.3 | 29.2 |
| Household Income \$24,999 or less | 36.5 | 27.6 | 45.5 | 66.7 | 51.8 | 81.6 | 13.3 | 6.0 | 20.6 |
| \$25,000-49,999 | 28.8 | 19.8 | 37.9 | 41.6 | 22.8 | 60.5 | 16.2 | 7.7 | 24.6 |
| \$50,000 or more | 12.1 | 5.7 | 18.5 |  |  |  | 18.2 | 9.2 | 27.2 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 16.9 | 12.9 | 21.0 | 24.9 | 20.3 | 29.6 | 8.7 | 5.6 | 11.9 |
| Sex Men <br>  Women | 17.7 | 11.2 | 24.2 | 29.7 | 22.1 | 37.3 | 8.4 | 3.3 | 13.5 |
|  | 16.2 | 11.2 | 21.1 | 20.4 | 15.0 | 25.8 | 9.0 | 5.3 | 12.8 |
| Race/ethnicity NH White | 15.8 | 11.1 | 20.5 | 24.7 | 19.2 | 30.3 | 9.2 | 5.3 | 13.0 |
| NH Black | 17.5 | 7.6 | 27.3 | 21.1 | 10.7 | 31.6 | 5.7 | 0.7 | 10.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 16.1 | 8.5 | 23.7 | 31.4 | 22.3 | 40.6 | 8.1 | 2.0 | 14.2 |
| NH White women | 15.4 | 9.9 | 21.0 | 18.0 | 12.0 | 24.0 | 10.2 | 5.3 | 15.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 16.0 | 4.8 | 27.2 | 18.7 | 7.0 | 30.3 | 7.3 | 0.2 | 14.4 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 23.8 | 17.1 | 30.5 | 37.2 | 29.6 | 44.8 | 12.6 | 7.1 | 18.0 |
|  | 12.4 | 6.4 | 18.4 | 11.7 | 6.6 | 16.9 | 6.8 | 2.7 | 10.8 |
|  | 4.1 | 0.3 | 8.0 | 10.2 | 4.3 | 16.1 | 0.7 | 0.0 | 2.1 |
| Marital Status Never married | 25.8 | 14.9 | 36.6 | 36.5 | 25.1 | 47.9 | 5.3 | 0.4 | 10.3 |
| Married/ living together as a couple | 11.6 | 7.0 | 16.1 | 19.0 | 13.0 | 24.9 | 9.4 | 4.6 | 14.1 |
| Divorced/ widowed/separated | 20.8 | 12.3 | 29.3 | 27.6 | 18.2 | 37.0 | 10.4 | 4.3 | 16.6 |
| Education 0-11 years | 26.0 | 9.3 | 42.8 | 33.4 | 16.1 | 50.7 | 9.6 | 0.5 | 18.8 |
| HS Grad/GED | 22.6 | 13.8 | 31.4 | 23.9 | 14.9 | 32.8 | 8.9 | 3.3 | 14.4 |
| 1 or more years of college | 13.1 | 8.7 | 17.5 | 24.1 | 18.4 | 29.8 | 8.6 | 4.4 | 12.7 |
| Employment Employed for wages | 19.5 | 13.8 | 25.1 | 30.7 | 24.1 | 37.3 | 8.3 | 4.2 | 12.5 |
| Household Income \$24,999 or less | 29.1 | 20.4 | 37.9 | 31.5 | 22.8 | 40.2 | 12.7 | 6.6 | 18.9 |
| \$25,000 - 49,999 | 16.1 | 8.8 | 23.4 | 25.7 | 17.1 | 34.4 | 10.8 | 4.0 | 17.6 |
| \$50,000 or more | 4.3 | 0.4 | 8.3 | 16.0 | 7.9 | 24.1 | 4.1 | 0.0 | 8.9 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 71.6 | 67.0 | 76.3 | 49.4 | 44.2 | 54.6 | 71.6 | 66.7 | 76.5 |
| Sex Men | 70.7 | 63.2 | 78.1 | 53.3 | 45.3 | 61.3 | 73.4 | 66.0 | 80.9 |
| Women | 72.5 | 66.8 | 78.3 | 45.7 | 39.1 | 52.3 | 69.9 | 63.4 | 76.4 |
| Race/ethnicity NH White | 71.1 | 65.5 | 76.8 | 52.9 | 46.8 | 58.9 | 73.0 | 67.3 | 78.8 |
| NH Black | 63.9 | 51.8 | 75.9 | 24.7 | 12.7 | 36.6 | 63.3 | 50.1 | 76.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 71.3 | 62.4 | 80.2 | 57.3 | 48.0 | 66.7 | 76.1 | 67.5 | 84.7 |
| NH White women | 71.0 | 64.0 | 78.0 | 48.4 | 40.7 | 56.0 | 69.8 | 62.2 | 77.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 67.8 | 53.7 | 81.9 | 21.5 | 8.5 | 34.6 | 68.1 | 53.0 | 83.3 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 71.6 | 64.5 | 78.7 | 68.7 | 61.5 | 76.0 | 68.9 | 61.7 | 76.2 |
| 45-64 | 74.2 | 66.7 | 81.7 | 32.2 | 24.2 | 40.2 | 74.5 | 66.3 | 82.7 |
| 65 and older | 66.8 | 57.1 | 76.5 | 20.0 | 11.3 | 28.6 | 75.8 | 65.3 | 86.3 |
| Marital Status Never married | 75.2 | 64.9 | 85.6 | 66.2 | 55.1 | 77.4 | 76.2 | 66.3 | 86.1 |
| Married/ living together as a couple | 74.7 | 68.6 | 80.9 | 50.3 | 43.2 | 57.3 | 73.7 | 67.2 | 80.3 |
| Divorced/ widowed/separated | 61.4 | 52.0 | 70.7 | 31.3 | 22.3 | 40.3 | 61.6 | 50.8 | 72.3 |
| Education 0-11 years | 52.0 | 34.8 | 69.2 | 24.5 | 8.7 | 40.3 | 53.0 | 31.9 | 74.1 |
| HS Grad/GED | 56.9 | 47.2 | 66.6 | 27.4 | 18.8 | 35.9 | 53.4 | 42.7 | 64.1 |
| 1 or more years of college | 81.2 | 76.1 | 86.3 | 62.7 | 56.6 | 68.8 | 80.7 | 75.5 | 85.9 |
| Employment Employed for wages | 75.0 | 68.9 | 81.2 | 58.3 | 51.4 | 65.2 | 72.4 | 66.1 | 78.8 |
| Household Income \$24,999 or less | 58.2 | 49.1 | 67.2 | 41.9 | 32.3 | 51.4 | 59.6 | 49.7 | 69.5 |
| \$25,000 - 49,999 | 72.8 | 63.8 | 81.7 | 46.5 | 36.8 | 56.2 | 73.0 | 63.8 | 82.2 |
| \$50,000 or more | 87.7 | 81.5 | 93.9 | 68.3 | 59.0 | 77.5 | 84.2 | 76.9 | 91.5 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\|\mid 12-9,12-10$ | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 28.2 | 23.7 | 32.6 | 82.5 | 74.9 | 90.0 | 18.9 | 15.0 | 22.8 |
| Sex Men | 28.4 | 21.6 | 35.3 | 77.4 | 64.9 | 90.0 | 13.4 | 7.8 | 19.0 |
| Women | 27.9 | 22.2 | 33.6 | 87.3 | 78.6 | 95.9 | 24.1 | 18.6 | 29.5 |
| Race/ethnicity NH White | 26.0 | 20.8 | 31.1 | 85.5 | 76.5 | 94.5 | 18.2 | 13.6 | 22.7 |
| NH Black | 47.6 | 34.7 | 60.5 | 83.5 | 68.2 | 98.7 | 23.0 | 12.5 | 33.4 |
|  |  |  |  |  |  |  |  |  |  |
|  | 26.4 | 18.5 | 34.4 | 79.3 | 63.9 | 94.7 | 13.3 | 6.7 | 19.9 |
| NH White women | 25.5 | 19.0 | 32.0 | 92.0 | 83.2 | 100.0 | 23.2 | 16.9 | 29.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 46.0 | 30.2 | 61.7 |  |  |  | 30.8 | 16.2 | 45.4 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$  <br> 454   | 12.7 | 7.7 | 17.7 | 52.2 | 30.0 | 74.4 | 16.0 | 10.4 | 21.5 |
|  | 39.9 | 31.5 | 48.3 | 87.2 | 78.1 | 96.3 | 22.1 | 14.8 | 29.5 |
|  | 55.5 | 45.3 | 65.7 | 97.5 | 94.0 | 100.0 | 23.2 | 14.6 | 31.8 |
| Marital Status Never married | 17.3 | 8.5 | 26.1 |  |  |  | 20.0 | 9.9 | 30.2 |
| Married/ living together as a couple | 29.6 | 23.4 | 35.8 | 84.5 | 74.9 | 94.1 | 17.3 | 12.3 | 22.3 |
| Divorced/ widowed/separated | 34.9 | 26.3 | 43.6 | 91.6 | 82.2 | 100.0 | 21.4 | 14.1 | 28.7 |
| Education $0-11$ years <br> HS Grad/GED  | 39.5 | 23.0 | 56.0 |  |  |  | 25.9 | 12.3 | 39.6 |
|  | 33.0 | 24.2 | 41.8 | 85.2 | 74.2 | 96.2 | 22.5 | 14.3 | 30.6 |
|  | 24.3 | 18.9 | 29.6 | 86.2 | 76.0 | 96.5 | 16.3 | 11.6 | 21.0 |
| Employment Employed for wages | 16.6 | 11.7 | 21.5 | 71.1 | 55.0 | 87.1 | 15.0 | 10.4 | 19.6 |
| Household Income | 36.5 | 27.9 | 45.1 | 78.9 | 66.0 | 91.8 | 27.7 | 19.3 | 36.2 |
|  | 23.6 | 15.8 | 31.3 | 84.9 | 69.3 | 100.0 | 21.0 | 13.5 | 28.6 |
|  | 21.4 | 13.3 | 29.6 |  |  |  | 10.2 | 4.6 | 15.8 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s)$\|\mid 12-15$ | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 80.0 | 75.5 | 84.4 | 90.6 | 87.2 | 94.0 | 35.2 | 29.9 | 40.6 |
| Sex Men | 78.7 | 71.4 | 85.9 | 89.0 | 83.3 | 94.8 | 32.9 | 24.8 | 41.0 |
| Women | 81.2 | 76.0 | 86.4 | 92.1 | 88.4 | 95.7 | 37.4 | 30.3 | 44.4 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 81.2 | 75.9 | 86.4 | 88.9 | 84.7 | 93.1 | 35.7 | 29.5 | 41.8 |
| NH Black | 83.7 | 74.5 | 92.9 | 95.8 | 90.6 | 100.0 | 29.6 | 15.5 | 43.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 80.2 | 71.7 | 88.7 | 87.1 | 80.2 | 94.1 | 34.3 | 24.9 | 43.8 |
| NH White women | 82.2 | 76.0 | 88.3 | 90.6 | 86.0 | 95.3 | 37.0 | 29.1 | 45.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 83.1 | 72.3 | 94.0 | 93.5 | 85.6 | 100.0 | 30.1 | 13.1 | 47.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 65.7 | 58.1 | 73.3 | 86.4 | 79.8 | 92.9 | 18.7 | 11.1 | 26.4 |
| 45-64 | 96.2 | 93.4 | 99.0 | 92.5 | 88.3 | 96.7 | 44.1 | 35.3 | 53.0 |
| 65 and older | 93.7 | 88.4 | 98.9 | 95.7 | 90.6 | 100.0 | 53.4 | 42.7 | 64.1 |
| Marital Status Never married | 68.9 | 57.0 | 80.9 | 84.6 | 74.1 | 95.0 | 14.0 | 3.5 | 24.5 |
| Married/ living together as a couple | 83.1 | 77.6 | 88.7 | 93.0 | 89.0 | 97.0 | 37.9 | 30.5 | 45.4 |
| Divorced/ widowed/separated | 82.9 | 75.0 | 90.8 | 89.7 | 83.4 | 96.0 | 45.0 | 35.2 | 54.8 |
| Education 0-11 years | 74.6 | 58.8 | 90.4 | 94.9 | 87.3 | 100.0 | 40.6 | 21.4 | 59.9 |
| HS Grad/GED | 80.8 | 72.5 | 89.1 | 91.7 | 85.8 | 97.6 | 38.8 | 28.4 | 49.2 |
| 1 or more years of college | 80.4 | 74.8 | 86.0 | 89.5 | 85.0 | 94.0 | 33.0 | 26.3 | 39.7 |
| Employment Employed for wages | 77.5 | 71.4 | 83.6 | 88.0 | 82.9 | 93.0 | 24.4 | 17.7 | 31.1 |
| Household Income \$24,999 or less | 73.2 | 64.3 | 82.0 | 90.6 | 84.1 | 97.1 | 40.4 | 30.3 | 50.5 |
| \$25,000-49,999 | 84.6 | 77.6 | 91.6 | 91.0 | 85.1 | 96.9 | 32.8 | 22.8 | 42.8 |
| \$50,000 or more | 84.5 | 76.5 | 92.5 | 88.5 | 81.4 | 95.6 | 25.9 | 16.5 | 35.3 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 13.6 | 9.8 | 17.5 | 56.4 | 40.2 | 72.7 | 10.7 | 7.8 | 13.7 |
| Sex Men | 9.0 | 3.4 | 14.6 |  |  |  | 9.1 | 5.1 | 13.1 |
| Women | 18.0 | 12.8 | 23.2 | 71.4 | 55.6 | 87.2 | 12.2 | 7.9 | 16.5 |
| Race/ethnicity NH White | 12.5 | 8.1 | 16.8 | 57.5 | 36.9 | 78.1 | 9.5 | 6.2 | 12.9 |
| NH Black | 20.1 | 8.3 | 31.8 |  |  |  | 14.4 | 6.8 | 22.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 8.3 | 1.6 | 14.9 |  |  |  | 7.3 | 2.9 | 11.6 |
| NH White women | 16.7 | 11.0 | 22.4 | 77.9 | 61.7 | 94.2 | 11.8 | 6.8 | 16.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 25.3 | 9.6 | 41.0 |  |  |  | 13.3 | 4.3 | 22.4 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br> 65 and older  | 16.5 | 10.4 | 22.6 | 53.9 | 31.4 | 76.4 | 3.5 | 1.0 | 6.1 |
|  | 12.6 | 6.7 | 18.6 |  |  |  | 20.7 | 13.4 | 28.1 |
|  | 7.1 | 1.6 | 12.5 |  |  |  | 16.0 | 8.9 | 23.0 |
| Marital Status Never married | 21.2 | 10.2 | 32.3 |  |  |  | 9.2 | 2.7 | 15.6 |
| Married/ living together as a couple | 9.7 | 5.3 | 14.0 |  |  |  | 10.1 | 6.1 | 14.1 |
| Divorced/ widowed/separated | 15.5 | 8.6 | 22.4 |  |  |  | 13.5 | 7.4 | 19.5 |
| Education <br> HS Grad/GED | 24.2 | 10.6 | 37.9 |  |  |  | 14.5 | 5.6 | 23.3 |
|  | 14.3 | 7.1 | 21.5 |  |  |  | 12.3 | 6.0 | 18.6 |
|  | 11.8 | 7.0 | 16.6 | 49.7 | 26.3 | 73.0 | 9.5 | 5.9 | 13.1 |
| Employment Employed for wages | 15.7 | 10.1 | 21.3 | 45.3 | 25.3 | 65.3 | 5.8 | 2.9 | 8.6 |
| Household Income | 19.6 | 12.4 | 26.8 |  |  |  | 16.8 | 10.1 | 23.5 |
|  | 13.7 | 6.3 | 21.1 |  |  |  | 9.4 | 4.4 | 14.5 |
|  | 7.8 | 0.5 | 15.1 |  |  |  | 3.7 | 0.0 | 7.7 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Flagler County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Flagler County, 516 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Flagler County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | Cl |  |
| All | 49,832 | 15,982,378 | 17.0 | 13.3 | 20.7 | 61.4 | 52.6 | 70.2 |
| Sex Men | 47.9\% | 48.8\% | 17.7 | 11.6 | 23.7 | 58.4 | 43.8 | 73.0 |
| Women | 52.1\% | 51.2\% | 16.4 | 11.8 | 21.0 | 64.1 | 53.7 | 74.5 |
| Race/ethnicity NH White | 83.6\% | 65.4\% | 17.1 | 13.0 | 21.2 | 62.8 | 53.1 | 72.5 |
| NH Black | 8.6\% | 14.2\% | 13.2 | 0.7 | 25.8 |  |  |  |
| Hispanic | 5.1\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 40.3\% | 31.9\% | 17.6 | 11.1 | 24.1 | 59.3 | 43.4 | 75.2 |
| NH White women | 43.2\% | 33.6\% | 16.7 | 11.6 | 21.7 | 66.5 | 55.4 | 77.6 |
| NH Black men | 3.9\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.7\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 2.4\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.7\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 25.1\% | 36.9\% | 12.2 | 5.2 | 19.1 | 50.7 | 37.2 | 64.3 |
| 45-64 | 28.3\% | 22.7\% | 17.7 | 11.8 | 23.7 | 71.9 | 60.9 | 82.9 |
| 65 and older | 28.6\% | 17.6\% | 18.7 | 12.8 | 24.5 |  |  |  |
| Marital Status Never married | 13.4\% | 22.5\% | 21.6 | 5.6 | 37.7 |  |  |  |
| Married/ living together as a couple | 66.3\% | 53.7\% | 15.6 | 11.3 | 19.9 | 61.4 | 50.7 | 72.2 |
| Divorced/ widowed/separated | 20.3\% | 23.8\% | 18.2 | 11.1 | 25.3 | 68.9 | 51.5 | 86.3 |
| Education 0-11 years | 14.1\% | 20.1\% | 41.4 | 20.6 | 62.1 |  |  |  |
| HS Grad/GED | 31.9\% | 28.7\% | 17.1 | 10.2 | 23.9 | 57.3 | 42.0 | 72.5 |
| 1 or more years of college | 53.9\% | 51.1\% | 14.4 | 10.1 | 18.6 | 62.8 | 51.6 | 74.0 |
| Employment Employed for wages | 44.9\% | 54.9\% | 8.8 | 4.3 | 13.4 | 61.4 | 52.6 | 70.2 |
| Household Income \$24,999 or less | 27.5\% | 30.8\% | 28.7 | 18.3 | 39.1 | 73.0 | 53.1 | 93.0 |
| \$25,000 - 49,999 | 33.9\% | 31.6\% | 14.4 | 8.4 | 20.4 | 43.4 | 28.2 | 58.5 |
| \$50,000 or more | 38.6\% | 37.6\% | 9.8 | 4.6 | 15.0 | 75.1 | 62.4 | 87.7 |

[^18]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 25.2 | 20.2 | 30.1 | 53.5 | 48.3 | 58.8 | 78.9 | 74.5 | 83.2 |
| Sex Men | 23.0 | 15.9 | 30.2 | 54.7 | 46.3 | 63.1 | 77.4 | 70.1 | 84.8 |
| Women | 26.9 | 20.2 | 33.6 | 52.5 | 45.9 | 59.2 | 80.1 | 75.0 | 85.2 |
| Race/ethnicity NH White | 23.2 | 18.5 | 27.9 | 50.7 | 45.2 | 56.3 | 77.5 | 72.7 | 82.3 |
| NH Black | 22.2 | 6.7 | 37.7 | 71.4 | 54.9 | 87.9 | 91.1 | 80.5 | 100.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 21.7 | 14.1 | 29.4 | 53.6 | 44.6 | 62.7 | 75.7 | 67.6 | 83.8 |
| NH White women | 24.5 | 18.8 | 30.2 | 48.1 | 41.4 | 54.7 | 79.1 | 73.6 | 84.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 28.8 | 16.7 | 40.9 | 51.4 | 39.1 | 63.7 | 71.4 | 60.5 | 82.2 |
| 45-64 | 22.8 | 16.1 | 29.6 | 53.1 | 45.3 | 61.0 | 83.0 | 77.2 | 88.7 |
| 65 and older | 24.1 | 18.0 | 30.1 | 54.4 | 47.1 | 61.8 | 81.8 | 76.2 | 87.5 |
| Marital Status Never married | 28.2 | 6.7 | 49.7 | 38.9 | 16.7 | 61.2 | 61.6 | 38.8 | 84.4 |
| Married/ living together as a couple | 22.3 | 16.5 | 28.0 | 53.3 | 47.1 | 59.6 | 80.0 | 75.1 | 85.0 |
| Divorced/ widowed/separated | 33.5 | 24.1 | 42.8 | 60.8 | 51.8 | 69.9 | 82.1 | 75.2 | 89.1 |
| Education 0-11 years | 61.3 | 42.2 | 80.4 |  |  |  | 97.1 | 91.1 | 100.0 |
| HS Grad/GED | 34.0 | 23.7 | 44.2 | 56.6 | 46.9 | 66.2 | 83.0 | 76.2 | 89.7 |
| 1 or more years of college | 17.3 | 12.3 | 22.3 | 50.5 | 44.0 | 57.0 | 75.4 | 69.5 | 81.3 |
| Employment Employed for wages | 19.7 | 12.5 | 27.0 | 50.5 | 41.6 | 59.4 | 75.2 | 67.2 | 83.2 |
| Household Income \$24,999 or less | 46.2 | 33.2 | 59.3 | 57.7 | 45.4 | 70.0 | 80.2 | 70.5 | 89.9 |
| \$25,000-49,999 | 21.9 | 14.8 | 28.9 | 56.3 | 47.5 | 65.2 | 81.0 | 73.9 | 88.1 |
| \$50,000 or more | 15.7 | 8.8 | 22.5 | 41.6 | 31.8 | 51.5 | 75.1 | 65.4 | 84.8 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 37.9 | 32.6 | 43.2 | 18.1 | 14.4 | 21.8 | 72.0 | 67.6 | 76.5 |
| Sex Men | 45.1 | 36.8 | 53.5 | 17.7 | 12.0 | 23.5 | 77.1 | 70.3 | 83.9 |
| Women | 31.9 | 25.2 | 38.6 | 18.4 | 13.5 | 23.3 | 67.8 | 61.9 | 73.7 |
| Race/ethnicity NH White | 37.4 | 32.0 | 42.8 | 17.8 | 13.9 | 21.8 | 71.5 | 66.8 | 76.3 |
| NH Black | 23.3 | 7.5 | 39.0 | 27.6 | 9.5 | 45.6 | 73.2 | 56.5 | 89.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 48.2 | 39.1 | 57.3 | 15.7 | 9.9 | 21.5 | 78.6 | 71.5 | 85.8 |
| NH White women | 27.6 | 21.9 | 33.4 | 19.8 | 14.4 | 25.1 | 65.2 | 58.9 | 71.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 34.2 | 21.4 | 46.9 | 14.2 | 7.1 | 21.2 | 77.6 | 68.6 | 86.7 |
| 45-64 | 40.6 | 32.9 | 48.4 | 20.1 | 13.5 | 26.7 | 71.6 | 64.5 | 78.7 |
| 65 and older | 39.7 | 32.4 | 46.9 | 20.8 | 14.9 | 26.8 | 66.6 | 59.6 | 73.5 |
| Marital Status Never married | 42.0 | 18.7 | 65.4 | 13.8 | 2.4 | 25.3 | 86.3 | 73.9 | 98.7 |
| Married/ living together as a couple | 36.9 | 30.7 | 43.2 | 20.2 | 15.4 | 24.9 | 69.3 | 63.7 | 74.8 |
| Divorced/ widowed/separated | 40.0 | 30.3 | 49.7 | 12.4 | 6.4 | 18.4 | 75.7 | 67.8 | 83.7 |
| Education 0-11 years | 38.1 | 18.5 | 57.8 | 27.1 | 8.8 | 45.4 | 79.1 | 63.2 | 95.1 |
| HS Grad/GED | 38.3 | 28.1 | 48.5 | 17.2 | 10.3 | 24.2 | 75.6 | 68.1 | 83.1 |
| 1 or more years of college | 38.0 | 31.5 | 44.5 | 17.9 | 13.4 | 22.5 | 70.4 | 64.7 | 76.1 |
| Employment Employed for wages | 33.6 | 24.9 | 42.2 | 16.0 | 10.0 | 21.9 | 76.3 | 69.2 | 83.4 |
| Household Income \$24,999 or less | 36.5 | 23.0 | 50.0 | 11.2 | 5.0 | 17.4 | 69.4 | 58.8 | 80.0 |
| \$25,000-49,999 | 33.2 | 24.6 | 41.8 | 22.1 | 14.8 | 29.4 | 73.7 | 66.0 | 81.4 |
| \$50,000 or more | 47.5 | 37.3 | 57.6 | 15.8 | 9.1 | 22.5 | 78.5 | 71.0 | 86.1 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 20.3 | 16.4 | 24.3 | 44.9 | 34.1 | 55.7 | 14.9 | 10.6 | 19.2 |
| Sex Men | 19.2 | 13.0 | 25.5 | 42.0 | 23.8 | 60.2 | 20.8 | 12.7 | 28.8 |
| Women | 21.3 | 16.1 | 26.5 | 47.1 | 33.6 | 60.6 | 10.0 | 6.2 | 13.8 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 21.8 | 17.4 | 26.2 | 43.6 | 32.2 | 55.0 | 16.3 | 11.4 | 21.2 |
| NH Black | 8.9 | 0.0 | 18.4 |  |  |  | 4.5 | 0.0 | 11.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 18.6 | 12.0 | 25.3 | 42.3 | 22.1 | 62.5 | 20.9 | 12.2 | 29.6 |
| NH White women | 24.6 | 18.8 | 30.5 | 44.5 | 30.6 | 58.4 | 12.1 | 7.6 | 16.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 28.1 | 18.6 | 37.6 | 51.9 | 33.5 | 70.3 | 26.6 | 15.3 | 38.0 |
|  | 25.1 | 18.1 | 32.1 | 34.1 | 18.8 | 49.4 | 8.2 | 4.1 | 12.3 |
|  | 9.7 | 5.4 | 14.0 |  |  |  | 11.3 | 6.5 | 16.0 |
| Marital Status <br> Married/ living together as a couple | 24.7 | 7.9 | 41.6 |  |  |  | 40.9 | 17.6 | 64.2 |
|  | 17.6 | 13.0 | 22.1 | 44.9 | 30.9 | 58.9 | 12.9 | 8.4 | 17.5 |
| Divorced/ widowed/separated | 30.1 | 20.7 | 39.4 | 39.9 | 19.8 | 60.1 | 9.9 | 4.1 | 15.6 |
| Education $\quad 0-11$ years | 35.4 | 15.1 | 55.7 |  |  |  | 13.8 | 0.0 | 30.3 |
|  | 25.0 | 17.0 | 32.9 | 45.9 | 27.8 | 64.0 | 10.9 | 5.2 | 16.5 |
|  | 16.2 | 11.8 | 20.7 | 44.4 | 29.3 | 59.5 | 17.2 | 11.1 | 23.2 |
| Employment Employed for wages | 26.2 | 18.9 | 33.5 | 40.5 | 24.9 | 56.1 | 22.6 | 14.1 | 31.2 |
| Household Income \$24,999 or less | 26.5 | 16.3 | 36.7 |  |  |  | 9.6 | 3.5 | 15.7 |
| \$25,000-49,999 | 20.4 | 13.6 | 27.2 | 56.3 | 37.7 | 75.0 | 18.2 | 9.9 | 26.5 |
| \$50,000 or more | 18.6 | 11.0 | 26.2 |  |  |  | 17.3 | 8.5 | 26.1 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 14.8 | 10.0 | 19.7 | 22.6 | 17.4 | 27.9 | 7.3 | 4.9 | 9.7 |
| Sex Men <br>  Women | 15.6 | 8.4 | 22.8 | 26.9 | 18.6 | 35.2 | 3.1 | 0.7 | 5.4 |
|  | 14.2 | 7.7 | 20.7 | 19.1 | 12.3 | 25.9 | 10.8 | 6.8 | 14.7 |
| Race/ethnicity NH White | 12.7 | 8.3 | 17.0 | 21.4 | 16.2 | 26.6 | 7.2 | 4.6 | 9.8 |
| NH Black | 12.5 | 0.0 | 25.8 | 7.2 | 0.0 | 16.1 | 5.4 | 0.0 | 13.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 16.1 | 8.1 | 24.0 | 27.1 | 17.9 | 36.2 | 2.5 | 0.2 | 4.8 |
| NH White women | 9.6 | 5.7 | 13.5 | 16.3 | 11.1 | 21.4 | 11.4 | 7.0 | 15.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older <br> Marital Status  | 32.3 | 19.9 | 44.7 | 43.7 | 31.3 | 56.2 | 7.8 | 3.1 | 12.5 |
|  | 11.0 | 5.8 | 16.2 | 15.2 | 9.3 | 21.1 | 11.5 | 6.3 | 16.7 |
|  | 2.9 | 0.3 | 5.5 | 10.4 | 6.0 | 14.7 | 3.1 | 0.6 | 5.5 |
|  | 28.7 | 5.7 | 51.7 | 60.8 | 40.9 | 80.6 | 6.9 | 0.0 | 15.6 |
| Married/ living together as a couple | 12.6 | 7.0 | 18.2 | 19.0 | 13.0 | 25.0 | 6.8 | 4.0 | 9.7 |
| Divorced/ widowed/separated | 16.9 | 8.2 | 25.7 | 18.2 | 10.2 | 26.2 | 9.0 | 3.1 | 14.8 |
| Education $0-11$ years <br> HS Grad/GED  | 20.5 | 2.6 | 38.4 | 29.8 | 11.0 | 48.6 | 9.0 | 0.0 | 23.8 |
|  | 15.9 | 5.7 | 26.1 | 24.8 | 14.3 | 35.2 | 6.0 | 2.0 | 9.9 |
|  | 13.2 | 7.9 | 18.6 | 20.5 | 14.2 | 26.8 | 7.8 | 4.7 | 11.0 |
| Employment Employed for wages <br> Household Income $\$ 24,999$ or less | 18.1 | 10.3 | 25.9 | 28.8 | 19.8 | 37.8 | 7.3 | 3.5 | 11.1 |
|  | 26.7 | 12.1 | 41.2 | 32.0 | 17.9 | 46.1 | 17.6 | 9.1 | 26.1 |
| \$25,000 - 49,999 | 12.9 | 6.0 | 19.7 | 20.3 | 12.4 | 28.3 | 6.6 | 2.6 | 10.6 |
| \$50,000 or more | 3.2 | 0.0 | 6.4 | 14.7 | 5.4 | 23.9 | 1.9 | 0.0 | 4.3 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 76.7 | 72.3 | 81.0 | 38.5 | 33.0 | 44.0 | 77.2 | 72.5 | 81.9 |
| Sex Men | 75.9 | 68.6 | 83.2 | 34.1 | 25.3 | 42.9 | 74.9 | 66.8 | 82.9 |
| Women | 77.3 | 71.9 | 82.6 | 42.0 | 35.0 | 49.0 | 79.1 | 73.7 | 84.5 |
| Race/ethnicity NH White | 75.9 | 71.1 | 80.8 | 37.0 | 31.3 | 42.7 | 76.1 | 70.9 | 81.3 |
| NH Black | 71.6 | 53.8 | 89.5 | 39.2 | 20.2 | 58.1 | 69.7 | 51.0 | 88.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 76.7 | 68.9 | 84.6 | 33.9 | 24.3 | 43.4 | 75.3 | 66.5 | 84.0 |
| NH White women | 75.2 | 69.3 | 81.1 | 39.8 | 33.2 | 46.4 | 76.9 | 70.8 | 82.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 72.4 | 62.2 | 82.6 | 70.0 | 59.4 | 80.6 | 69.0 | 58.0 | 79.9 |
|  | 82.4 | 76.1 | 88.8 | 31.4 | 24.1 | 38.6 | 83.6 | 77.4 | 89.8 |
|  | 73.7 | 67.1 | 80.4 | 12.9 | 7.8 | 18.1 | 78.0 | 71.1 | 84.8 |
| Marital Status Never married | 74.8 | 53.9 | 95.6 | 64.5 | 42.4 | 86.7 | 65.5 | 41.5 | 89.4 |
| Married/ living together as a couple | 79.1 | 74.2 | 84.0 | 39.9 | 33.2 | 46.5 | 79.9 | 74.8 | 85.0 |
| Divorced/ widowed/separated | 66.8 | 57.4 | 76.1 | 18.7 | 11.8 | 25.6 | 71.2 | 61.8 | 80.7 |
| Education 0-11 years | 47.2 | 26.3 | 68.0 | 29.5 | 9.6 | 49.4 |  |  |  |
| HS Grad/GED | 74.6 | 66.5 | 82.7 | 34.6 | 23.8 | 45.3 | 76.9 | 68.4 | 85.5 |
| 1 or more years of college | 80.3 | 74.9 | 85.6 | 41.4 | 34.6 | 48.1 | 79.7 | 74.0 | 85.5 |
| Employment Employed for wages | 76.0 | 68.3 | 83.7 | 48.6 | 39.7 | 57.5 | 74.3 | 66.1 | 82.6 |
| Household Income | 61.0 | 49.2 | 72.9 | 35.3 | 21.0 | 49.6 | 63.7 | 50.9 | 76.5 |
|  | 81.8 | 75.3 | 88.2 | 40.6 | 31.0 | 50.2 | 83.5 | 77.1 | 89.9 |
|  | 88.9 | 82.6 | 95.3 | 42.7 | 32.5 | 53.0 | 84.2 | 75.7 | 92.8 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 31.4 | 26.8 | 35.9 | 83.9 | 77.7 | 90.2 | 19.6 | 15.8 | 23.4 |
| Sex Men | 36.8 | 29.2 | 44.3 | 83.5 | 74.4 | 92.5 | 21.0 | 14.7 | 27.4 |
| Women | 26.9 | 21.4 | 32.4 | 84.4 | 75.8 | 93.1 | 18.4 | 13.7 | 23.0 |
| Race/ethnicity NH White | 32.5 | 27.6 | 37.4 | 83.4 | 76.7 | 90.2 | 19.2 | 15.1 | 23.2 |
| NH Black | 27.6 | 10.9 | 44.2 |  |  |  | 25.0 | 8.2 | 41.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 36.2 | 28.1 | 44.4 | 82.7 | 72.8 | 92.6 | 19.8 | 13.2 | 26.3 |
| NH White women | 29.2 | 23.2 | 35.2 | 84.2 | 75.0 | 93.4 | 18.6 | 13.7 | 23.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 8.4 | 2.7 | 14.1 |  |  |  | 14.1 | 6.8 | 21.5 |
| 45-64 | 26.1 | 19.0 | 33.3 | 90.0 | 81.5 | 98.6 | 19.4 | 13.3 | 25.4 |
| 65 and older | 56.4 | 49.1 | 63.7 | 89.7 | 84.1 | 95.3 | 25.7 | 19.2 | 32.3 |
| Marital Status Never married | 15.7 | 3.8 | 27.6 |  |  |  | 15.1 | 3.0 | 27.2 |
| Married/ living together as a couple | 31.3 | 25.8 | 36.8 | 89.8 | 83.5 | 96.1 | 21.2 | 16.4 | 26.0 |
| Divorced/ widowed/separated | 38.1 | 28.9 | 47.3 | 72.1 | 56.5 | 87.6 | 16.4 | 10.2 | 22.6 |
| Education $0-11$ years <br> HS Grad/GED  | 47.7 | 27.2 | 68.2 |  |  |  | 14.9 | 0.0 | 30.4 |
|  | 31.9 | 23.3 | 40.5 | 87.9 | 76.4 | 99.4 | 15.8 | 9.0 | 22.6 |
|  | 29.9 | 24.4 | 35.4 | 81.5 | 73.3 | 89.8 | 21.2 | 16.5 | 26.0 |
| Employment Employed for wages | 15.6 | 9.9 | 21.3 | 77.0 | 58.9 | 95.0 | 14.3 | 8.8 | 19.8 |
| Household Income \$24,999 or less | 34.7 | 23.5 | 45.8 | 78.8 | 62.9 | 94.7 | 17.0 | 9.4 | 24.6 |
| \$25,000-49,999 | 28.7 | 21.2 | 36.1 | 84.0 | 74.1 | 93.9 | 22.8 | 15.5 | 30.1 |
| \$50,000 or more | 29.5 | 20.8 | 38.3 | 90.0 | 79.6 | 100.0 | 21.0 | 13.6 | 28.5 |

## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterolchecked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 87.1 | 83.2 | 91.0 | 91.2 | 86.7 | 95.6 | 37.2 | 32.1 | 42.3 |
| Sex Men | 86.6 | 79.7 | 93.6 | 92.6 | 87.7 | 97.5 | 40.2 | 32.0 | 48.3 |
| Women | 87.5 | 83.2 | 91.7 | 90.0 | 83.0 | 96.9 | 34.9 | 28.4 | 41.3 |
| Race/ethnicity NH White | 86.8 | 82.4 | 91.1 | 91.9 | 88.5 | 95.2 | 38.7 | 33.3 | 44.2 |
| NH Black | 94.5 | 86.3 | 100.0 | 100.0 | 100.0 | 100.0 | 31.6 | 13.8 | 49.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 87.0 | 79.5 | 94.6 | 91.6 | 86.0 | 97.2 | 40.9 | 32.1 | 49.7 |
| NH White women | 86.5 | 81.9 | 91.2 | 92.1 | 88.1 | 96.1 | 36.8 | 30.1 | 43.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 72.8 | 62.2 | 83.4 | 77.3 | 62.4 | 92.1 | 16.1 | 6.5 | 25.6 |
| 45-64 | 91.7 | 87.2 | 96.3 | 92.3 | 88.0 | 96.5 | 41.4 | 33.3 | 49.4 |
| 65 and older | 95.1 | 91.3 | 99.0 | 99.2 | 98.1 | 100.0 | 46.2 | 38.8 | 53.6 |
| Marital Status Never married | 81.9 | 67.7 | 96.1 |  |  |  |  |  |  |
| Married/ living together as a couple | 88.1 | 83.3 | 92.8 | 90.8 | 85.0 | 96.5 | 39.4 | 33.2 | 45.6 |
| Divorced/ widowed/separated | 85.0 | 76.7 | 93.2 | 90.7 | 84.0 | 97.5 | 35.7 | 26.7 | 44.6 |
| Education 0-11 years | 82.7 | 64.8 | 100.0 |  |  |  |  |  |  |
| HS Grad/GED | 86.6 | 80.5 | 92.8 | 86.0 | 74.5 | 97.5 | 33.2 | 23.9 | 42.4 |
| 1 or more years of college | 87.5 | 82.2 | 92.7 | 94.3 | 91.2 | 97.3 | 39.6 | 33.2 | 46.0 |
| Employment Employed for wages | 81.4 | 73.7 | 89.0 | 86.0 | 79.5 | 92.6 | 22.0 | 14.9 | 29.2 |
| Household Income \$24,999 or less | 88.1 | 80.9 | 95.3 | 84.0 | 67.5 | 100.0 | 32.9 | 21.3 | 44.4 |
| \$25,000-49,999 | 83.0 | 74.4 | 91.6 | 92.5 | 87.3 | 97.7 | 45.1 | 36.0 | 54.3 |
| \$50,000 or more | 98.2 | 95.7 | 100.0 | 91.0 | 85.6 | 96.5 | 30.5 | 21.6 | 39.4 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 10.3 | 6.5 | 14.1 | 50.6 | 29.7 | 71.5 | 8.5 | 6.0 | 10.9 |
| Sex Men | 13.6 | 6.4 | 20.8 |  |  |  | 11.1 | 6.8 | 15.5 |
| Women | 7.5 | 4.1 | 10.9 |  |  |  | 6.3 | 3.7 | 8.9 |
| Race/ethnicity NH White | 10.3 | 6.0 | 14.6 | 46.5 | 23.5 | 69.6 | 8.3 | 5.8 | 10.9 |
| NH Black | 8.9 | 0.0 | 21.5 |  |  |  | 7.2 | 0.0 | 17.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 13.7 | 5.7 | 21.6 |  |  |  | 9.6 | 5.4 | 13.8 |
| NH White women | 7.3 | 3.7 | 10.9 |  |  |  | 7.2 | 4.1 | 10.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 20.6 | 10.1 | 31.1 |  |  |  | 0.7 | 0.0 | 2.1 |
| 45-64 | 5.0 | 1.5 | 8.4 |  |  |  | 10.0 | 5.2 | 14.7 |
| 65 and older | 6.5 | 2.9 | 10.1 |  |  |  | 14.7 | 9.7 | 19.7 |
| Marital Status Never married | 38.9 | 14.5 | 63.2 |  |  |  | 3.5 | 0.0 | 9.0 |
| Married/ living together as a couple | 8.5 | 5.1 | 11.8 |  |  |  | 9.5 | 6.3 | 12.6 |
| Divorced/ widowed/separated | 2.8 | 0.3 | 5.4 |  |  |  | 7.5 | 3.4 | 11.7 |
| Education 0-11 years |  |  |  |  |  |  | 15.4 | 2.6 | 28.2 |
| HS Grad/GED |  |  |  |  |  |  | 7.3 | 3.2 | 11.4 |
| 1 or more years of college |  |  |  |  |  |  | 8.7 | 5.6 | 11.9 |
| Employment Employed for wages | 14.2 | 6.7 | 21.8 |  |  |  | 3.2 | 0.8 | 5.6 |
| Household Income \$24,999 or less | 3.8 | 0.5 | 7.1 |  |  |  | 8.8 | 3.4 | 14.3 |
| \$25,000-49,999 | 7.6 | 2.0 | 13.1 |  |  |  | 7.7 | 3.8 | 11.6 |
| \$50,000 or more | 17.6 | 8.1 | 27.1 |  |  |  | 8.2 | 3.4 | 13.0 |




| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For respondents 64 years and younger . . . |  |  |  |  |  |  |  |  |
|  | Ever been tested for HIV |  |  | If yes, the test was done in the past 2 years |  |  | In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 41.2 | 34.3 | 48.2 | 87.8 | 82.8 | 92.8 | 10.5 | 6.5 | 14.5 |
| Sex Men | 41.9 | 30.4 | 53.4 | 89.1 | 79.5 | 98.7 | 9.8 | 3.2 | 16.3 |
| Women | 40.7 | 32.2 | 49.2 | 86.9 | 81.4 | 92.3 | 11.1 | 6.2 | 16.1 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 42.4 | 35.0 | 49.9 | 86.9 | 81.2 | 92.7 | 8.6 | 4.6 | 12.7 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 40.6 | 28.0 | 53.2 | 89.2 | 78.7 | 99.6 | 9.8 | 2.6 | 17.0 |
| NH White women | 44.1 | 35.4 | 52.8 | 85.1 | 78.9 | 91.4 | 7.6 | 3.4 | 11.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 54.9 | 42.5 | 67.4 | 85.6 | 75.9 | 95.2 | 18.7 | 10.4 | 26.9 |
| 45-64 | 29.1 | 21.9 | 36.3 | 89.0 | 83.9 | 94.1 | 3.6 | 1.2 | 6.1 |
| 65 and older |  |  |  |  |  |  |  |  |  |
| Marital Status Never married | 57.8 | 35.6 | 80.1 |  |  |  | 29.4 | 10.2 | 48.5 |
| Married/ living together as a couple | 37.1 | 29.3 | 45.0 | 88.6 | 83.7 | 93.5 | 7.5 | 3.4 | 11.7 |
| Divorced/ widowed/A80separated | 48.9 | 33.9 | 63.9 | 91.0 | 82.6 | 99.4 | 8.1 | 2.1 | 14.1 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 36.0 | 23.2 | 48.8 | 92.9 | 87.0 | 98.8 | 14.0 | 5.1 | 22.8 |
| 1 or more years of college | 43.2 | 34.9 | 51.6 | 85.1 | 78.3 | 92.0 | 8.4 | 4.1 | 12.8 |
| Employment Employed for wages | 45.9 | 36.7 | 55.2 | 89.2 | 82.0 | 96.3 | 13.0 | 7.2 | 18.8 |
| Household Income \$24,999 or less | 42.2 | 24.4 | 59.9 | 90.6 | 81.7 | 99.5 | 15.1 | 3.9 | 26.3 |
| \$25,000-49,999 | 42.6 | 30.7 | 54.6 | 84.4 | 75.8 | 93.1 | 9.6 | 3.1 | 16.2 |
| \$50,000 or more | 35.6 | 24.2 | 47.0 | 90.7 | 84.5 | 97.0 | 6.0 | 1.0 | 11.0 |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Franklin County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Franklin County, 504 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Franklin County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | Cl |  |
| All | 11,057 | 15,982,378 | 19.4 | 14.9 | 23.9 | 51.5 | 40.2 | 62.9 |
| Sex Men | 56.5\% | 48.8\% | 20.5 | 13.8 | 27.2 | 26.8 | 17.3 | 36.4 |
| Women | 43.5\% | 51.2\% | 18.4 | 12.4 | 24.5 | 80.0 | 70.3 | 89.8 |
| Race/ethnicity NH White | 79.8\% | 65.4\% | 18.4 | 13.8 | 22.9 | 48.4 | 39.4 | 57.3 |
| NH Black | 15.9\% | 14.2\% | 40.9 | 21.4 | 60.4 |  |  |  |
| Hispanic | 2.4\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 42.2\% | 31.9\% | 20.9 | 13.8 | 28.0 | 27.9 | 17.9 | 37.9 |
| NH White women | 37.6\% | 33.6\% | 15.5 | 10.3 | 20.7 | 77.6 | 68.7 | 86.4 |
| NH Black men | 11.3\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.6\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.9\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.5\% | 8.4\% |  |  |  |  |  |  |
| Age $18-44$ | 38.4\% | 36.9\% | 13.1 | 5.9 | 20.3 | 43.0 | 24.3 | 61.8 |
| 45-64 | 27.8\% | 22.7\% | 21.8 | 15.7 | 27.8 | 64.2 | 53.6 | 74.9 |
| 65 and older | 15.7\% | 17.6\% | 29.0 | 18.3 | 39.7 |  |  |  |
| Marital Status Never married | 21.8\% | 22.5\% | 13.7 | 3.2 | 24.1 |  |  |  |
| Married/ living together as a couple | 49.2\% | 53.7\% | 15.7 | 10.2 | 21.2 | 58.4 | 44.8 | 72.1 |
| Divorced/ widowed/separated | 29.0\% | 23.8\% | 29.8 | 19.8 | 39.8 | 36.9 | 19.5 | 54.4 |
| Education 0-11 years | 31.7\% | 20.1\% | 34.8 | 16.3 | 53.4 | 56.2 | 17.4 | 95.0 |
| HS Grad/GED | 36.4\% | 28.7\% | 19.2 | 12.2 | 26.2 | 41.4 | 27.4 | 55.4 |
| 1 or more years of college | 31.9\% | 51.1\% | 11.5 | 6.4 | 16.7 | 58.0 | 45.4 | 70.5 |
| Employment Employed for wages | 42.4\% | 54.9\% | 10.5 | 5.8 | 15.2 | 51.5 | 40.2 | 62.9 |
| Household Income \$24,999 or less | 45.9\% | 30.8\% | 31.2 | 22.2 | 40.2 | 39.7 | 25.3 | 54.1 |
| \$25,000 - 49,999 | 29.5\% | 31.6\% | 13.1 | 4.9 | 21.3 | 53.8 | 28.0 | 79.7 |
| \$50,000 or more | 24.5\% | 37.6\% | 6.5 | 0.6 | 12.3 | 61.0 | 46.2 | 75.8 |

[^19]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 31.8 | 25.1 | 38.6 | 56.1 | 48.8 | 63.4 | 78.2 | 72.3 | 84.1 |
| Sex Men | 30.9 | 21.6 | 40.3 | 49.3 | 40.1 | 58.6 | 71.4 | 61.7 | 81.2 |
| Women | 32.7 | 22.8 | 42.5 | 62.5 | 52.5 | 72.4 | 84.5 | 79.1 | 90.0 |
| Race/ethnicity NH White | 31.0 | 24.7 | 37.3 | 53.7 | 47.1 | 60.2 | 78.8 | 73.5 | 84.1 |
| NH Black | 47.3 | 27.8 | 66.8 | 70.1 | 52.1 | 88.1 | 89.0 | 77.5 | 100.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 28.3 | 20.5 | 36.2 | 51.2 | 42.2 | 60.2 | 75.1 | 66.8 | 83.4 |
| NH White women | 34.0 | 24.0 | 44.1 | 56.5 | 47.1 | 65.9 | 83.0 | 77.2 | 88.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 30.5 | 18.1 | 42.8 | 52.6 | 38.0 | 67.1 | 68.4 | 55.7 | 81.2 |
| 45-64 | 29.3 | 22.5 | 36.1 | 53.7 | 45.3 | 62.1 | 82.4 | 76.6 | 88.2 |
| 65 and older | 39.6 | 24.5 | 54.7 | 68.7 | 58.1 | 79.3 | 91.4 | 86.6 | 96.3 |
| Marital Status Never married | 26.0 | 10.8 | 41.1 | 55.0 | 36.2 | 73.9 | 75.1 | 58.2 | 91.9 |
| Married/ living together as a couple | 25.2 | 18.4 | 32.1 | 53.7 | 44.0 | 63.5 | 79.5 | 72.8 | 86.1 |
| Divorced/ widowed/separated | 48.9 | 35.3 | 62.5 | 62.1 | 48.5 | 75.7 | 76.4 | 62.6 | 90.3 |
| Education 0-11 years | 34.3 | 16.1 | 52.5 | 69.5 | 52.6 | 86.5 | 89.4 | 80.8 | 97.9 |
| HS Grad/GED | 46.7 | 35.3 | 58.1 | 57.3 | 46.0 | 68.6 | 80.4 | 69.2 | 91.6 |
| 1 or more years of college | 16.8 | 10.6 | 22.9 | 47.7 | 38.7 | 56.6 | 70.2 | 61.9 | 78.4 |
| Employment Employed for wages | 28.1 | 19.0 | 37.2 | 52.0 | 40.9 | 63.0 | 72.9 | 63.6 | 82.2 |
| Household Income \$24,999 or less | 47.9 | 36.7 | 59.1 | 66.2 | 56.7 | 75.8 | 86.0 | 79.1 | 93.0 |
| \$25,000-49,999 | 20.1 | 10.0 | 30.2 | 53.0 | 34.4 | 71.7 | 77.1 | 64.9 | 89.3 |
| \$50,000 or more | 16.2 | 7.7 | 24.7 | 42.3 | 30.6 | 53.9 | 71.4 | 60.7 | 82.1 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 30.5 | 24.6 | 36.3 | 25.6 | 20.2 | 30.9 | 79.8 | 75.4 | 84.2 |
| Sex Men | 43.9 | 35.0 | 52.9 | 21.6 | 14.6 | 28.6 | 83.4 | 77.4 | 89.5 |
| Women | 17.8 | 12.0 | 23.5 | 29.3 | 21.0 | 37.7 | 76.4 | 69.6 | 83.2 |
| Race/ethnicity NH White | 33.4 | 27.5 | 39.4 | 24.3 | 19.1 | 29.6 | 78.5 | 73.9 | 83.0 |
| NH Black | 20.4 | 4.5 | 36.4 | 63.4 | 44.8 | 82.1 | 79.6 | 63.6 | 95.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 46.3 | 37.4 | 55.3 | 22.0 | 14.6 | 29.4 | 83.5 | 77.1 | 89.9 |
| NH White women | 18.8 | 13.0 | 24.6 | 27.0 | 19.4 | 34.6 | 72.7 | 65.9 | 79.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 28.4 | 17.4 | 39.4 | 20.3 | 11.6 | 29.0 | 84.8 | 77.5 | 92.1 |
| 45-64 | 30.1 | 23.1 | 37.1 | 32.9 | 25.4 | 40.4 | 76.1 | 69.8 | 82.5 |
| 65 and older | 35.8 | 24.2 | 47.4 | 23.8 | 12.9 | 34.7 | 76.8 | 68.2 | 85.4 |
| Marital Status Never married | 29.7 | 13.2 | 46.3 | 17.0 | 3.2 | 30.7 | 81.8 | 69.5 | 94.0 |
| Married/ living together as a couple | 29.5 | 21.8 | 37.1 | 27.3 | 20.1 | 34.6 | 77.5 | 71.2 | 83.8 |
| Divorced/ widowed/separated | 33.0 | 22.1 | 43.9 | 24.4 | 15.1 | 33.6 | 84.6 | 78.3 | 90.9 |
| Education 0-11 years | 27.6 | 11.9 | 43.2 | 23.0 | 9.4 | 36.6 | 89.1 | 81.2 | 97.0 |
| HS Grad/GED | 27.2 | 18.8 | 35.7 | 29.0 | 20.3 | 37.7 | 82.4 | 75.6 | 89.2 |
| 1 or more years of college | 34.8 | 26.4 | 43.3 | 23.5 | 16.1 | 30.9 | 72.4 | 65.5 | 79.4 |
| Employment Employed for wages | 32.1 | 23.3 | 40.8 | 21.3 | 14.5 | 28.1 | 82.7 | 76.9 | 88.6 |
| Household Income \$24,999 or less | 30.6 | 21.2 | 40.1 | 29.9 | 21.1 | 38.6 | 82.0 | 75.3 | 88.6 |
| \$25,000-49,999 | 30.8 | 16.6 | 44.9 | 20.6 | 9.8 | 31.4 | 76.4 | 65.2 | 87.6 |
| \$50,000 or more | 36.2 | 25.0 | 47.3 | 24.8 | 14.9 | 34.6 | 78.8 | 70.2 | 87.4 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 25.6 | 20.1 | 31.1 | 51.3 | 40.1 | 62.4 | 13.8 | 9.7 | 17.9 |
| Sex Men | 28.3 | 20.4 | 36.1 | 41.2 | 25.0 | 57.5 | 20.5 | 13.6 | 27.5 |
| Women | 23.1 | 15.5 | 30.6 | 62.9 | 48.8 | 77.0 | 7.2 | 3.5 | 10.9 |
| Race/ethnicity NH White | 27.2 | 21.4 | 32.9 | 48.1 | 35.6 | 60.6 | 15.7 | 11.1 | 20.4 |
| NH Black | 22.0 | 5.3 | 38.7 |  |  |  | 6.7 | 0.0 | 16.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 28.1 | 19.9 | 36.4 | 40.4 | 22.5 | 58.3 | 22.7 | 15.1 | 30.4 |
| NH White women | 26.0 | 18.0 | 34.1 | 57.4 | 40.7 | 74.2 | 7.6 | 3.6 | 11.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 30.1 | 19.0 | 41.1 | 54.8 | 37.1 | 72.6 | 16.5 | 8.2 | 24.8 |
|  | 29.5 | 21.8 | 37.1 | 47.3 | 31.2 | 63.5 | 15.8 | 10.4 | 21.3 |
|  | 8.8 | 3.8 | 13.9 |  |  |  | 4.3 | 0.1 | 8.5 |
| Marital Status Never married <br> Married/ living together as a couple  | 30.6 | 10.9 | 50.2 |  |  |  | 20.0 | 3.5 | 36.4 |
|  | 21.9 | 15.0 | 28.7 | 52.6 | 36.4 | 68.8 | 11.6 | 6.8 | 16.3 |
| Divorced/ widowed/separated | 32.6 | 22.0 | 43.2 | 42.6 | 27.3 | 57.8 | 17.0 | 8.6 | 25.5 |
| Education 0-11 years | 25.8 | 10.7 | 41.0 |  |  |  | 10.8 | 2.7 | 18.9 |
| HS Grad/GED | 30.9 | 21.8 | 39.9 | 45.6 | 29.8 | 61.4 | 16.4 | 8.8 | 24.0 |
| 1 or more years of college | 20.7 | 13.0 | 28.5 | 55.7 | 34.5 | 76.9 | 13.1 | 7.3 | 18.9 |
| Employment Employed for wages | 27.2 | 19.0 | 35.5 | 57.1 | 42.1 | 72.2 | 16.8 | 10.4 | 23.2 |
| Household Income \$24,999 or less | 33.3 | 23.6 | 43.0 | 53.1 | 36.4 | 69.8 | 12.7 | 6.3 | 19.2 |
| \$25,000-49,999 | 22.5 | 11.3 | 33.7 | 23.2 | 7.3 | 39.2 | 16.0 | 6.6 | 25.3 |
| \$50,000 or more | 22.3 | 12.4 | 32.1 |  |  |  | 17.9 | 8.1 | 27.7 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 26.1 | 20.5 | 31.8 | 19.6 | 14.9 | 24.3 | 9.1 | 6.0 | 12.3 |
| Sex Men <br>  Women | 29.7 | 21.4 | 38.0 | 27.1 | 19.5 | 34.6 | 6.7 | 2.4 | 10.9 |
|  | 22.8 | 15.4 | 30.2 | 12.6 | 7.7 | 17.4 | 11.4 | 6.6 | 16.3 |
| Race/ethnicity NH White | 28.1 | 22.2 | 34.1 | 21.6 | 16.6 | 26.7 | 9.9 | 6.3 | 13.5 |
| NH Black | 31.1 | 12.5 | 49.7 | 15.1 | 1.4 | 28.7 | 5.4 | 0.0 | 14.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 32.9 | 24.1 | 41.8 | 29.0 | 21.0 | 37.1 | 7.1 | 2.3 | 11.8 |
| NH White women | 22.7 | 15.3 | 30.0 | 13.2 | 8.1 | 18.2 | 13.1 | 7.6 | 18.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br> 65 and older  | 32.1 | 20.4 | 43.7 | 21.0 | 11.8 | 30.2 | 11.6 | 5.2 | 18.1 |
|  | 27.7 | 20.9 | 34.5 | 21.8 | 15.5 | 28.0 | 10.2 | 5.9 | 14.5 |
|  | 11.1 | 1.5 | 20.7 | 12.8 | 6.3 | 19.3 | 1.8 | 0.0 | 3.8 |
| Marital StatusNever married <br> Married/ living together as a couple | 42.9 | 23.4 | 62.3 | 40.7 | 21.6 | 59.8 | 8.0 | 0.0 | 16.3 |
|  | 22.6 | 15.7 | 29.6 | 16.0 | 10.5 | 21.5 | 10.2 | 5.8 | 14.6 |
| Divorced/ widowed/separated | 28.9 | 18.3 | 39.6 | 21.1 | 12.6 | 29.5 | 7.1 | 2.2 | 11.9 |
| Education 0-11 years | 30.9 | 14.0 | 47.9 | 20.0 | 7.2 | 32.7 | 13.1 | 2.9 | 23.2 |
| HS Grad/GED | 31.1 | 21.9 | 40.3 | 20.0 | 12.4 | 27.6 | 7.7 | 3.3 | 12.1 |
| 1 or more years of college | 19.1 | 11.0 | 27.2 | 19.0 | 12.5 | 25.4 | 8.2 | 3.8 | 12.7 |
| Employment Employed for wages | 29.7 | 21.1 | 38.4 | 19.9 | 13.2 | 26.6 | 10.3 | 5.5 | 15.0 |
| Household Income \$24,999 or less | 42.1 | 31.5 | 52.6 | 28.4 | 19.2 | 37.5 | 18.5 | 11.0 | 25.9 |
| \$25,000 - 49,999 | 22.2 | 10.1 | 34.3 | 20.2 | 9.4 | 30.9 | 7.3 | 1.2 | 13.5 |
| \$50,000 or more | 12.9 | 4.0 | 21.7 | 13.3 | 5.8 | 20.8 | 5.0 | 0.0 | 10.2 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 56.7 | 48.9 | 64.5 | 42.0 | 33.9 | 50.1 | 55.3 | 46.8 | 63.9 |
| Sex Men | 56.4 | 47.4 | 65.4 | 43.5 | 33.9 | 53.0 | 56.6 | 46.7 | 66.5 |
| Women | 57.0 | 44.4 | 69.6 | 40.5 | 27.3 | 53.7 | 54.1 | 40.5 | 67.8 |
| Race/ethnicity NH White | 60.9 | 54.6 | 67.1 | 40.1 | 33.6 | 46.7 | 59.2 | 52.6 | 65.7 |
| NH Black | 43.0 | 23.9 | 62.1 | 11.8 | 0.0 | 23.9 |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 55.2 | 46.2 | 64.3 | 42.6 | 33.5 | 51.7 | 54.3 | 44.5 | 64.2 |
| NH White women | 67.2 | 59.2 | 75.1 | 37.2 | 28.0 | 46.5 | 64.8 | 56.8 | 72.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 47.9 | 33.1 | 62.7 | 59.8 | 46.9 | 72.7 | 44.8 | 30.0 | 59.7 |
| 45-64 | 65.2 | 57.7 | 72.8 | 34.8 | 26.6 | 43.1 | 66.1 | 58.1 | 74.0 |
| 65 and older | 59.2 | 46.8 | 71.6 | 15.9 | 8.1 | 23.6 | 61.4 | 49.0 | 73.9 |
| Marital Status Never married | 40.1 | 22.3 | 57.9 | 62.6 | 45.2 | 80.0 | 37.3 | 19.3 | 55.2 |
| Married/ living together as a couple | 59.6 | 48.5 | 70.6 | 44.3 | 33.5 | 55.1 | 59.8 | 47.8 | 71.8 |
| Divorced/ widowed/separated | 55.4 | 42.8 | 68.0 | 29.9 | 16.0 | 43.8 | 50.4 | 35.7 | 65.0 |
| Education 0-11 years | 33.5 | 15.3 | 51.7 | 37.5 | 7.9 | 67.0 | 25.6 | 8.0 | 43.2 |
| HS Grad/GED | 54.7 | 43.8 | 65.5 | 36.0 | 24.5 | 47.4 | 54.4 | 43.0 | 65.8 |
| 1 or more years of college | 70.5 | 62.4 | 78.6 | 49.8 | 40.8 | 58.8 | 69.8 | 61.4 | 78.2 |
| Employment Employed for wages | 58.1 | 46.1 | 70.1 | 53.0 | 42.1 | 63.8 | 55.6 | 43.1 | 68.2 |
| Household Income \$24,999 or less | 43.9 | 32.5 | 55.3 | 25.0 | 16.0 | 34.0 | 36.8 | 26.9 | 46.7 |
| \$25,000 - 49,999 | 53.7 | 33.1 | 74.3 | 52.1 | 33.3 | 70.9 | 50.3 | 29.8 | 70.8 |
| \$50,000 or more | 73.7 | 63.1 | 84.4 | 50.3 | 38.3 | 62.4 | 72.7 | 61.6 | 83.7 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\|\mid 12-9,12-10$ | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 26.7 | 21.5 | 31.9 | 79.4 | 71.9 | 86.9 | 20.5 | 15.8 | 25.3 |
| Sex Men | 27.1 | 20.0 | 34.3 | 78.7 | 66.6 | 90.8 | 16.8 | 10.1 | 23.4 |
| Women | 26.3 | 18.9 | 33.7 | 80.0 | 70.8 | 89.3 | 24.1 | 16.9 | 31.4 |
| Race/ethnicity NH White | 26.0 | 21.1 | 30.9 | 79.9 | 71.4 | 88.3 | 20.8 | 15.8 | 25.7 |
| NH Black | 54.8 | 35.6 | 74.1 |  |  |  | 47.3 | 27.5 | 67.0 |
|  |  |  |  |  |  |  |  |  |  |
|  | 27.6 | 20.2 | 35.1 | 75.8 | 62.2 | 89.3 | 18.2 | 10.9 | 25.5 |
| NH White women | 24.2 | 17.9 | 30.4 | 85.2 | 76.5 | 93.9 | 23.9 | 17.1 | 30.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 12.4 | 5.6 | 19.2 |  |  |  | 18.5 | 9.9 | 27.1 |
|  | 34.2 | 27.0 | 41.4 | 84.6 | 76.4 | 92.9 | 26.5 | 19.8 | 33.3 |
|  | 43.4 | 30.5 | 56.3 | 83.3 | 73.3 | 93.2 | 14.6 | 8.1 | 21.2 |
| Marital Status Never married | 17.5 | 3.3 | 31.8 |  |  |  | 24.4 | 6.0 | 42.7 |
| Married/ living together as a couple | 25.8 | 19.1 | 32.6 | 84.0 | 74.6 | 93.4 | 21.2 | 14.9 | 27.5 |
| Divorced/ widowed/separated | 31.8 | 21.9 | 41.7 | 75.6 | 64.8 | 86.5 | 17.7 | 10.4 | 25.0 |
| Education $0-11$ years <br> HS Grad/GED  | 28.9 | 12.9 | 45.0 | 71.7 | 51.1 | 92.2 | 19.1 | 6.9 | 31.3 |
|  | 25.9 | 18.1 | 33.7 | 85.5 | 76.4 | 94.5 | 20.7 | 13.0 | 28.3 |
|  | 26.3 | 19.6 | 33.1 | 79.0 | 67.3 | 90.8 | 21.4 | 14.7 | 28.1 |
| Employment Employed for wages | 15.1 | 9.7 | 20.5 | 67.1 | 50.1 | 84.1 | 18.9 | 12.2 | 25.5 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 35.5 | 25.8 | 45.3 | 68.6 | 53.5 | 83.7 | 26.5 | 17.9 | 35.2 |
|  | 19.9 | 10.6 | 29.2 | 84.0 | 71.9 | 96.2 | 13.4 | 5.9 | 21.0 |
|  | 20.2 | 12.5 | 28.0 | 83.8 | 70.5 | 97.2 | 22.7 | 12.6 | 32.8 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 72.1 | 63.3 | 81.0 | 87.1 | 82.4 | 91.9 | 39.6 | 32.9 | 46.4 |
| Sex Men | 71.0 | 61.2 | 80.8 | 85.8 | 78.4 | 93.1 | 38.0 | 29.0 | 46.9 |
| Women | 73.2 | 58.5 | 87.9 | 88.4 | 82.2 | 94.5 | 41.2 | 31.2 | 51.2 |
| Race/ethnicity NH White | 76.6 | 71.1 | 82.1 | 85.9 | 80.3 | 91.4 | 38.9 | 31.3 | 46.5 |
| NH Black | 89.2 | 76.7 | 100.0 |  |  |  | 38.6 | 18.8 | 58.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 72.6 | 64.1 | 81.1 | 85.0 | 77.0 | 93.0 | 34.6 | 25.3 | 43.8 |
| NH White women | 81.3 | 74.9 | 87.6 | 86.8 | 79.1 | 94.4 | 43.4 | 31.6 | 55.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 50.4 | 35.0 | 65.8 | 75.9 | 63.8 | 87.9 | 28.5 | 16.5 | 40.6 |
| 45-64 | 87.1 | 81.9 | 92.2 | 92.8 | 89.1 | 96.5 | 41.2 | 32.7 | 49.8 |
| 65 and older | 89.8 | 83.6 | 96.0 | 90.0 | 79.9 | 100.0 | 49.4 | 34.0 | 64.7 |
| Marital Status Never married | 53.3 | 33.9 | 72.7 |  |  |  |  |  |  |
| Married/ living together as a couple | 73.2 | 60.7 | 85.7 | 89.6 | 84.6 | 94.6 | 39.3 | 31.5 | 47.0 |
| Divorced/ widowed/separated | 75.8 | 61.8 | 89.8 | 82.7 | 71.7 | 93.7 | 45.4 | 30.9 | 59.9 |
| Education 0-11 years | 48.3 | 24.6 | 72.0 | 97.3 | 93.4 | 100.0 | 44.7 | 29.5 | 60.0 |
| HS Grad/GED | 72.5 | 61.0 | 84.0 | 86.6 | 78.7 | 94.5 | 43.6 | 30.6 | 56.5 |
| 1 or more years of college | 84.1 | 77.1 | 91.2 | 84.3 | 76.7 | 92.0 | 35.3 | 27.0 | 43.6 |
| Employment Employed for wages | 63.3 | 50.2 | 76.4 | 82.7 | 75.3 | 90.1 | 27.2 | 19.4 | 35.0 |
| Household Income \$24,999 or less | 74.1 | 65.2 | 83.0 | 89.7 | 82.2 | 97.1 | 53.0 | 39.6 | 66.4 |
| \$25,000-49,999 | 60.7 | 37.6 | 83.8 | 85.3 | 76.1 | 94.6 | 38.6 | 26.7 | 50.4 |
| \$50,000 or more | 86.8 | 78.3 | 95.3 | 85.9 | 76.2 | 95.6 | 38.0 | 26.0 | 50.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 10.3 | 7.0 | 13.6 | 82.1 | 69.1 | 95.1 | 8.7 | 4.3 | 13.2 |
| Sex Men | 8.9 | 3.9 | 13.8 |  |  |  | 6.5 | 3.2 | 9.8 |
|  | 11.7 | 7.2 | 16.2 | 89.4 | 80.0 | 98.9 | 10.8 | 2.8 | 18.8 |
| Race/ethnicity NH White | 9.9 | 6.4 | 13.4 | 80.5 | 65.0 | 96.0 | 8.3 | 3.1 | 13.5 |
| NH Black | 15.1 | 2.4 | 27.7 |  |  |  | 28.0 | 10.1 | 45.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 9.5 | 4.1 | 15.0 |  |  |  | 6.1 | 2.9 | 9.4 |
| NH White women | 10.4 | 6.1 | 14.7 |  |  |  | 10.8 | 0.4 | 21.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 8.8 | 3.0 | 14.6 |  |  |  | 0.9 | 0.0 | 2.5 |
| 45-64 | 11.8 | 7.0 | 16.6 |  |  |  | 11.3 | 6.3 | 16.2 |
| 65 and older | 11.1 | 5.3 | 16.9 |  |  |  | 21.1 | 4.0 | 38.2 |
| Marital Status Never married | 6.2 | 0.0 | 13.7 |  |  |  |  |  |  |
| Married/ living together as a couple | 8.4 | 4.5 | 12.2 |  |  |  |  |  |  |
| Divorced/ widowed/separated | 16.2 | 8.6 | 23.7 |  |  |  |  |  |  |
| Education 0-11 years | 9.6 | 1.5 | 17.8 |  |  |  | 6.7 | 1.6 | 11.8 |
| HS Grad/GED | 11.9 | 6.2 | 17.6 |  |  |  | 12.4 | 2.0 | 22.7 |
| 1 or more years of college | 9.1 | 4.7 | 13.5 |  |  |  | 6.5 | 2.8 | 10.2 |
| Employment Employed for wages | 9.3 | 4.9 | 13.8 |  |  |  | 3.7 | 1.1 | 6.2 |
| Household Income \$24,999 or less | 18.7 | 10.9 | 26.6 |  |  |  | 17.9 | 5.3 | 30.4 |
| \$25,000-49,999 | 6.0 | 1.0 | 11.0 |  |  |  | 0.8 | 0.0 | 1.8 |
| \$50,000 or more | 6.5 | 1.8 | 11.2 |  |  |  | 9.4 | 3.6 | 15.2 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Gadsden County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Gadsden County, 524 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Gadsden County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 45,087 | 15,982,378 | 24.4 | 18.9 | 30.0 | 57.8 | 50.8 | 64.7 |
| Sex Men | 47.6\% | 48.8\% | 24.8 | 17.7 | 31.9 | 48.9 | 37.9 | 59.9 |
| Women | 52.4\% | 51.2\% | 24.2 | 16.5 | 31.9 | 64.3 | 55.1 | 73.6 |
| Race/ethnicity $\quad$ NH White | 35.9\% | 65.4\% | 19.8 | 14.7 | 25.0 | 62.5 | 51.8 | 73.2 |
| NH Black | 56.9\% | 14.2\% | 29.3 | 19.6 | 39.0 | 59.9 | 50.1 | 69.7 |
| Hispanic | 6.2\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.5\% | 31.9\% | 21.1 | 12.9 | 29.3 | 59.2 | 45.0 | 73.3 |
| NH White women | 18.4\% | 33.6\% | 18.7 | 12.1 | 25.3 | 66.1 | 49.0 | 83.2 |
| NH Black men | 26.1\% | 6.8\% | 33.6 | 20.2 | 47.0 | 43.1 | 23.9 | 62.3 |
| NH Black women | 30.8\% | 7.4\% | 27.5 | 14.9 | 40.1 | 68.2 | 57.1 | 79.2 |
| Hispanic men | 3.5\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.6\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 38.4\% | 36.9\% | 12.3 | 7.0 | 17.6 | 53.3 | 43.6 | 63.0 |
| 45-64 | 23.0\% | 22.7\% | 24.6 | 14.3 | 34.9 | 65.5 | 55.7 | 75.4 |
| 65 and older | 12.2\% | 17.6\% | 52.2 | 39.9 | 64.6 |  |  |  |
| Marital Status Never married | 27.1\% | 22.5\% | 17.3 | 7.7 | 26.9 | 54.5 | 37.9 | 71.0 |
| Married/ living together as a couple | 47.7\% | 53.7\% | 20.5 | 13.1 | 27.9 | 59.6 | 50.3 | 69.0 |
| Divorced/ widowed/separated | 25.2\% | 23.8\% | 38.0 | 26.9 | 49.1 | 56.5 | 44.3 | 68.7 |
| Education 0-11 years | 29.3\% | 20.1\% | 42.3 | 26.6 | 58.1 | 32.9 | 12.5 | 53.4 |
| HS Grad/GED | 35.9\% | 28.7\% | 20.7 | 11.1 | 30.3 | 54.5 | 43.9 | 65.1 |
| 1 or more years of college | 34.8\% | 51.1\% | 15.2 | 9.8 | 20.6 | 68.1 | 57.4 | 78.9 |
| Employment Employed for wages | 52.3\% | 54.9\% | 11.1 | 6.9 | 15.4 | 57.8 | 50.8 | 64.7 |
| Household Income \$24,999 or less | 39.9\% | 30.8\% | 26.9 | 19.3 | 34.5 | 36.6 | 24.5 | 48.7 |
| \$25,000 - 49,999 | 33.0\% | 31.6\% | 18.1 | 11.0 | 25.2 | 58.7 | 46.7 | 70.6 |
| \$50,000 or more | 27.1\% | 37.6\% | 11.3 | 3.0 | 19.7 | 82.2 | 70.4 | 94.0 |

[^20]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 38.1 | 31.5 | 44.8 | 65.4 | 59.8 | 71.1 | 85.3 | 81.7 | 89.0 |
| Sex Men | 27.0 | 19.8 | 34.1 | 58.7 | 50.4 | 66.9 | 74.1 | 66.6 | 81.5 |
| Women | 44.4 | 35.3 | 53.5 | 69.3 | 61.9 | 76.7 | 91.7 | 88.4 | 95.1 |
| Race/ethnicity NH White | 29.5 | 22.4 | 36.7 | 61.1 | 54.0 | 68.3 | 84.2 | 79.1 | 89.3 |
| NH Black | 48.6 | 38.1 | 59.2 | 69.4 | 61.4 | 77.5 | 86.3 | 81.0 | 91.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 21.2 | 12.8 | 29.6 | 58.9 | 48.0 | 69.7 | 78.0 | 69.0 | 87.1 |
| NH White women | 37.2 | 26.6 | 47.8 | 63.3 | 53.8 | 72.7 | 89.9 | 85.1 | 94.8 |
| NH Black men | 38.2 | 24.9 | 51.5 | 54.4 | 40.5 | 68.3 | 67.1 | 53.7 | 80.5 |
| NH Black women | 52.9 | 39.7 | 66.1 | 75.7 | 67.0 | 84.4 | 94.2 | 90.5 | 97.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 30.4 | 22.3 | 38.5 | 58.6 | 49.6 | 67.6 | 79.4 | 72.8 | 86.0 |
| 45-64 | 44.5 | 31.3 | 57.7 | 66.3 | 56.4 | 76.1 | 86.7 | 80.7 | 92.6 |
| 65 and older | 43.8 | 32.1 | 55.6 | 78.4 | 70.2 | 86.7 | 95.4 | 91.9 | 99.0 |
| Marital Status Never married | 42.8 | 29.3 | 56.2 | 58.3 | 45.6 | 71.1 | 75.2 | 64.5 | 86.0 |
| Married/ living together as a couple | 33.2 | 23.1 | 43.3 | 66.4 | 58.0 | 74.8 | 86.9 | 82.0 | 91.9 |
| Divorced/ widowed/separated | 45.5 | 35.0 | 56.1 | 68.4 | 59.8 | 77.1 | 88.8 | 83.8 | 93.9 |
| Education 0-11 years | 57.3 | 42.5 | 72.1 | 75.9 | 65.2 | 86.6 | 89.0 | 82.3 | 95.8 |
| HS Grad/GED | 37.4 | 28.8 | 45.9 | 63.0 | 54.4 | 71.6 | 84.1 | 77.8 | 90.4 |
| 1 or more years of college | 25.1 | 17.3 | 32.9 | 60.5 | 51.4 | 69.5 | 83.8 | 77.8 | 89.8 |
| Employment Employed for wages | 32.2 | 25.6 | 38.8 | 61.6 | 55.0 | 68.1 | 81.8 | 76.6 | 86.9 |
| Household Income \$24,999 or less | 42.6 | 33.5 | 51.8 | 59.3 | 49.7 | 69.0 | 83.9 | 77.6 | 90.2 |
| \$25,000 - 49,999 | 32.2 | 23.0 | 41.3 | 58.4 | 48.8 | 68.0 | 80.5 | 72.6 | 88.3 |
| \$50,000 or more | 19.4 | 9.3 | 29.5 | 65.0 | 52.9 | 77.1 | 88.5 | 79.5 | 97.4 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 31.2 | 25.8 | 36.6 | 33.0 | 26.2 | 39.8 | 76.8 | 71.7 | 81.9 |
| Sex Men | 37.2 | 29.3 | 45.2 | 27.1 | 19.5 | 34.7 | 83.5 | 77.7 | 89.3 |
| Women | 27.9 | 20.8 | 34.9 | 36.4 | 26.9 | 45.9 | 73.1 | 65.8 | 80.4 |
| Race/ethnicity NH White | 38.3 | 31.2 | 45.3 | 21.2 | 14.3 | 28.2 | 75.1 | 68.1 | 82.1 |
| NH Black | 25.7 | 17.4 | 33.9 | 43.5 | 32.8 | 54.2 | 77.0 | 68.9 | 85.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 48.4 | 37.3 | 59.4 | 18.6 | 10.1 | 27.1 | 81.7 | 73.6 | 89.8 |
| NH White women | 29.0 | 20.7 | 37.3 | 23.7 | 13.0 | 34.4 | 69.0 | 58.4 | 79.7 |
| NH Black men | 23.7 | 13.0 | 34.3 | 39.4 | 25.6 | 53.2 | 87.6 | 79.2 | 95.9 |
| NH Black women | 26.5 | 15.6 | 37.3 | 45.1 | 31.3 | 59.0 | 72.7 | 61.7 | 83.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 27.4 | 20.2 | 34.7 | 33.2 | 24.0 | 42.5 | 76.7 | 69.2 | 84.1 |
|  | 37.0 | 25.8 | 48.1 | 36.1 | 22.3 | 49.9 | 74.9 | 64.8 | 85.0 |
|  | 29.3 | 20.0 | 38.6 | 27.3 | 17.7 | 36.9 | 80.6 | 73.0 | 88.2 |
| Marital Status Never married | 25.6 | 15.2 | 35.9 | 34.0 | 20.6 | 47.3 | 73.8 | 60.5 | 87.1 |
| Married/ living together as a couple | 29.8 | 22.6 | 36.9 | 34.5 | 23.9 | 45.1 | 80.2 | 74.5 | 85.9 |
| Divorced/ widowed/separated | 38.3 | 27.4 | 49.2 | 29.3 | 21.0 | 37.6 | 71.4 | 60.1 | 82.7 |
| Education <br> HS Grad/GED | 27.6 | 14.1 | 41.0 | 36.5 | 18.4 | 54.7 | 77.3 | 64.5 | 90.0 |
|  | 31.9 | 23.9 | 40.0 | 31.4 | 23.2 | 39.6 | 81.4 | 75.0 | 87.9 |
|  | 32.7 | 25.2 | 40.2 | 32.3 | 22.7 | 41.8 | 72.2 | 64.2 | 80.1 |
| Employment Employed for wages | 34.3 | 28.0 | 40.5 | 30.0 | 23.5 | 36.6 | 78.2 | 72.3 | 84.2 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 34.6 | 26.3 | 42.8 | 36.7 | 26.7 | 46.7 | 76.3 | 68.4 | 84.2 |
|  | 36.1 | 26.9 | 45.3 | 24.8 | 16.5 | 33.1 | 82.4 | 75.6 | 89.3 |
|  | 28.1 | 17.5 | 38.7 | 23.0 | 12.7 | 33.3 | 70.3 | 59.1 | 81.6 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 17.2 | 13.4 | 21.0 | 53.4 | 42.1 | 64.7 | 8.7 | 5.6 | 11.8 |
| Sex Men | 23.5 | 16.4 | 30.5 | 60.1 | 43.7 | 76.5 | 18.3 | 11.2 | 25.3 |
| Women | 13.7 | 9.4 | 18.0 | 47.1 | 31.4 | 62.7 | 3.3 | 1.2 | 5.5 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 24.1 | 17.9 | 30.3 | 47.5 | 32.4 | 62.6 | 10.0 | 5.2 | 14.7 |
| NH Black | 11.9 | 7.2 | 16.6 | 62.5 | 43.6 | 81.4 | 8.9 | 4.2 | 13.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 23.1 | 13.5 | 32.6 |  |  |  | 15.3 | 6.4 | 24.2 |
| NH White women | 25.1 | 16.9 | 33.3 | 39.5 | 20.7 | 58.3 | 5.1 | 1.4 | 8.7 |
| NH Black men | 22.4 | 10.9 | 33.8 |  |  |  | 23.6 | 11.0 | 36.3 |
| NH Black women | 7.7 | 3.5 | 11.9 |  |  |  | 3.0 | 0.0 | 6.2 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 20.3 | 13.7 | 26.8 | 55.3 | 37.9 | 72.7 | 14.2 | 8.1 | 20.2 |
| 45-64 | 19.8 | 12.9 | 26.6 | 50.5 | 34.3 | 66.7 | 6.7 | 2.8 | 10.5 |
| 65 and older | 5.9 | 1.9 | 9.9 |  |  |  | 0.4 | 0.0 | 1.1 |
| Marital Status Never married | 20.1 | 9.8 | 30.5 |  |  |  | 19.3 | 7.8 | 30.7 |
| Married/ living together as a couple | 14.3 | 9.3 | 19.4 | 55.9 | 38.3 | 73.5 | 7.0 | 3.5 | 10.5 |
| Divorced/ widowed/separated | 21.4 | 14.5 | 28.2 | 43.7 | 26.8 | 60.5 | 4.9 | 1.8 | 8.0 |
| Education 0-11 years | 19.7 | 10.4 | 29.1 |  |  |  | 4.7 | 0.0 | 10.1 |
| HS Grad/GED | 19.5 | 13.0 | 25.9 | 64.2 | 48.0 | 80.3 | 10.0 | 4.7 | 15.4 |
| 1 or more years of college | 13.5 | 8.2 | 18.8 | 32.1 | 9.9 | 54.3 | 10.3 | 5.2 | 15.3 |
| Employment Employed for wages | 20.5 | 15.2 | 25.9 | 54.2 | 39.7 | 68.6 | 12.6 | 7.9 | 17.2 |
| Household Income \$24,999 or less | 18.2 | 12.0 | 24.4 | 55.7 | 37.9 | 73.6 | 5.1 | 1.2 | 9.1 |
| \$25,000-49,999 | 18.9 | 11.6 | 26.1 |  |  |  | 10.1 | 5.0 | 15.3 |
| \$50,000 or more | 20.3 | 9.2 | 31.5 |  |  |  | 20.3 | 8.2 | 32.4 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 21.1 | 16.4 | 25.8 | 20.4 | 14.7 | 26.1 | 9.4 | 5.4 | 13.5 |
| Sex Men | 24.1 | 16.6 | 31.5 | 24.2 | 16.8 | 31.6 | 6.4 | 2.8 | 10.0 |
| Women | 19.5 | 13.4 | 25.5 | 18.3 | 10.4 | 26.1 | 11.1 | 5.2 | 17.1 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 20.3 | 12.9 | 27.7 | 18.1 | 10.8 | 25.3 | 8.2 | 4.5 | 11.9 |
| NH Black | 16.4 | 10.9 | 21.8 | 16.8 | 9.2 | 24.3 | 10.1 | 2.9 | 17.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 20.4 | 10.6 | 30.2 | 24.0 | 13.8 | 34.3 | 9.5 | 4.0 | 15.0 |
| NH White women | 20.2 | 8.9 | 31.4 | 12.6 | 2.1 | 23.1 | 7.1 | 2.0 | 12.1 |
| NH Black men | 23.7 | 12.5 | 34.8 | 20.7 | 10.4 | 31.1 | 3.3 | 0.0 | 8.5 |
| NH Black women | 13.4 | 7.5 | 19.3 | 15.2 | 5.4 | 25.0 | 12.8 | 3.0 | 22.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 27.5 | 19.2 | 35.8 | 28.1 | 18.7 | 37.5 | 8.3 | 3.9 | 12.8 |
| 45-64 | 19.3 | 12.3 | 26.4 | 15.5 | 6.1 | 24.9 | 13.9 | 4.5 | 23.4 |
| 65 and older | 9.9 | 3.8 | 16.1 | 11.9 | 5.2 | 18.6 | 3.8 | 0.7 | 6.8 |
| Marital Status Never married | 30.9 | 17.0 | 44.9 | 32.7 | 18.9 | 46.5 | 7.1 | 0.3 | 13.9 |
| Married/ living together as a couple | 18.1 | 12.1 | 24.1 | 15.0 | 8.0 | 22.0 | 5.7 | 2.4 | 9.0 |
| Divorced/ widowed/separated | 20.8 | 13.8 | 27.7 | 23.5 | 11.8 | 35.2 | 19.3 | 7.4 | 31.2 |
| Education 0-11 years | 36.4 | 22.8 | 50.0 | 32.2 | 17.9 | 46.5 | 19.3 | 6.4 | 32.2 |
| HS Grad/GED | 19.6 | 12.8 | 26.5 | 13.3 | 7.5 | 19.1 | 6.0 | 1.7 | 10.3 |
| 1 or more years of college | 11.4 | 4.5 | 18.3 | 18.5 | 8.7 | 28.3 | 5.6 | 2.7 | 8.5 |
| Employment Employed for wages | 25.0 | 18.4 | 31.6 | 20.4 | 14.2 | 26.6 | 7.9 | 4.3 | 11.4 |
| Household Income \$24,999 or less | 33.1 | 24.2 | 41.9 | 28.0 | 17.9 | 38.2 | 12.2 | 6.6 | 17.7 |
| \$25,000-49,999 | 15.0 | 7.5 | 22.5 | 10.1 | 3.6 | 16.7 | 2.0 | 0.0 | 4.0 |
| \$50,000 or more | 12.3 | 1.4 | 23.2 | 11.2 | 1.7 | 20.7 | 9.5 | 1.4 | 17.6 |



| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 78.9 | 73.6 | 84.2 | 94.6 | 91.9 | 97.3 | 38.0 | 30.3 | 45.6 |
| Sex Men | 76.9 | 69.6 | 84.3 | 92.6 | 87.9 | 97.4 | 33.3 | 24.6 | 42.0 |
| Women | 79.9 | 72.7 | 87.1 | 95.6 | 92.3 | 98.8 | 40.5 | 29.9 | 51.1 |
| Race/ethnicity NH White | 80.1 | 72.7 | 87.5 | 90.5 | 85.6 | 95.4 | 38.4 | 31.3 | 45.5 |
| NH Black | 80.1 | 72.0 | 88.1 | 98.8 | 97.3 | 100.0 | 41.2 | 28.2 | 54.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 77.5 | 67.4 | 87.5 | 89.8 | 82.1 | 97.5 | 37.4 | 26.1 | 48.6 |
| NH White women | 82.5 | 71.6 | 93.4 | 91.1 | 84.7 | 97.5 | 39.3 | 30.1 | 48.4 |
| NH Black men | 82.6 | 73.0 | 92.1 | 96.9 | 92.1 | 100.0 | 30.7 | 15.9 | 45.4 |
| NH Black women | 79.0 | 68.4 | 89.7 | 99.6 | 98.7 | 100.0 | 45.7 | 29.2 | 62.2 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ | 65.3 | 56.8 | 73.7 | 92.6 | 86.7 | 98.6 | 14.6 | 7.9 | 21.2 |
| 45-64 | 91.3 | 86.4 | 96.2 | 94.0 | 90.2 | 97.8 | 51.5 | 38.4 | 64.5 |
| 65 and older | 85.8 | 70.3 | 100.0 | 99.5 | 98.6 | 100.0 | 51.2 | 41.0 | 61.4 |
| Marital Status Never married | 67.6 | 54.0 | 81.3 | 93.4 | 86.2 | 100.0 | 25.0 | 12.8 | 37.1 |
| Married/ living together as a couple | 79.7 | 72.1 | 87.2 | 94.3 | 90.2 | 98.4 | 38.3 | 26.8 | 49.8 |
| Divorced/ widowed/separated | 85.1 | 78.5 | 91.7 | 95.7 | 92.7 | 98.7 | 44.7 | 32.7 | 56.6 |
| Education 0-11 years | 74.0 | 62.6 | 85.4 | 94.9 | 89.7 | 100.0 | 53.3 | 33.3 | 73.2 |
| HS Grad/GED | 73.5 | 63.5 | 83.4 | 95.2 | 90.8 | 99.5 | 38.2 | 29.1 | 47.3 |
| 1 or more years of college | 87.0 | 79.9 | 94.1 | 93.9 | 89.3 | 98.4 | 28.8 | 21.6 | 36.1 |
| Employment Employed for wages | 74.2 | 67.6 | 80.8 | 92.8 | 88.4 | 97.1 | 27.7 | 21.3 | 34.1 |
| Household Income \$24,999 or less | 75.5 | 66.9 | 84.0 | 94.4 | 90.2 | 98.5 | 34.7 | 25.3 | 44.2 |
| \$25,000-49,999 | 79.5 | 71.1 | 87.8 | 91.4 | 84.8 | 97.9 | 35.8 | 25.9 | 45.6 |
| \$50,000 or more | 85.2 | 74.6 | 95.7 | 93.5 | 84.9 | 100.0 | 26.9 | 16.4 | 37.4 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 11.5 | 5.1 | 17.8 | 49.4 | 18.0 | 80.7 | 14.1 | 10.5 | 17.7 |
| Sex Men | 9.0 | 4.8 | 13.2 |  |  |  | 20.3 | 13.2 | 27.4 |
| Women | 12.8 | 3.3 | 22.4 | 42.7 | 4.5 | 80.9 | 10.6 | 6.9 | 14.3 |
| Race/ethnicity NH White | 8.6 | 5.2 | 12.0 |  |  |  | 10.7 | 6.1 | 15.3 |
| NH Black | 14.7 | 2.7 | 26.7 |  |  |  | 18.0 | 11.9 | 24.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 9.3 | 3.8 | 14.8 |  |  |  | 15.9 | 7.4 | 24.3 |
| NH White women | 7.9 | 3.8 | 12.1 |  |  |  | 6.0 | 2.0 | 9.9 |
| NH Black men | 9.2 | 1.8 | 16.6 |  |  |  | 28.6 | 15.4 | 41.8 |
| NH Black women | 16.9 | 0.6 | 33.1 |  |  |  | 13.6 | 7.6 | 19.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older <br> Marital Status  | 7.3 | 3.8 | 10.8 |  |  |  | 7.6 | 2.8 | 12.3 |
|  | 16.2 | 0.4 | 32.0 |  |  |  | 15.4 | 9.2 | 21.7 |
|  | 12.1 | 5.2 | 19.0 |  |  |  | 26.0 | 16.4 | 35.6 |
|  | 7.2 | 2.1 | 12.2 |  |  |  | 11.1 | 3.0 | 19.2 |
| Married/ living together as a couple | 13.2 | 2.4 | 24.0 |  |  |  | 13.9 | 8.8 | 18.9 |
| Divorced/ widowed/separated | 10.9 | 5.4 | 16.4 |  |  |  | 16.8 | 10.2 | 23.3 |
| Education <br> HS Grad/GED <br> -11 years <br> 1 1 or more years of college | 23.3 | 3.2 | 43.5 |  |  |  | 16.5 | 8.5 | 24.6 |
|  | 5.1 | 1.8 | 8.4 |  |  |  | 16.0 | 9.3 | 22.7 |
|  | 8.9 | 5.1 | 12.8 |  |  |  | 10.4 | 5.7 | 15.0 |
| Employment Employed for wages | 7.0 | 3.8 | 10.1 |  |  |  | 10.5 | 6.2 | 14.8 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 10.9 | 6.2 | 15.5 |  |  |  | 15.9 | 9.6 | 22.1 |
|  | 6.8 | 2.9 | 10.7 |  |  |  | 16.4 | 8.3 | 24.6 |
|  | 6.8 | 0.8 | 12.8 |  |  |  | 6.3 | 0.7 | 11.8 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 26.7 | 19.6 | 33.8 | 41.3 | 34.4 | 48.2 | 39.2 | 32.3 | 46.2 |
| Sex Men | 16.9 | 10.9 | 22.9 | 30.8 | 22.7 | 38.8 | 26.7 | 19.1 | 34.4 |
| Women | 32.2 | 22.2 | 42.2 | 47.2 | 38.0 | 56.4 | 46.2 | 37.0 | 55.5 |
| Race/ethnicity NH White | 19.6 | 12.8 | 26.4 | 27.0 | 19.7 | 34.3 | 24.5 | 17.5 | 31.5 |
| NH Black | 34.5 | 22.7 | 46.3 | 56.7 | 46.9 | 66.5 | 55.9 | 46.0 | 65.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 16.9 | 9.3 | 24.5 | 25.9 | 16.0 | 35.8 | 16.5 | 9.1 | 23.9 |
| NH White women | 22.0 | 11.2 | 32.9 | 28.1 | 17.3 | 38.8 | 31.8 | 21.0 | 42.7 |
| NH Black men | 18.3 | 7.4 | 29.2 | 41.7 | 27.5 | 55.9 | 44.3 | 30.0 | 58.5 |
| NH Black women | 41.0 | 26.1 | 56.0 | 62.8 | 51.4 | 74.2 | 60.6 | 48.7 | 72.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 23.4 | 15.5 | 31.2 | 37.7 | 28.9 | 46.5 | 32.5 | 24.0 | 40.9 |
| 45-64 | 32.9 | 17.8 | 48.0 | 47.7 | 34.9 | 60.6 | 49.0 | 36.4 | 61.7 |
| 65 and older | 22.7 | 13.8 | 31.6 | 37.4 | 23.5 | 51.2 | 36.2 | 22.3 | 50.0 |
| Marital Status Never married | 29.6 | 15.7 | 43.5 | 50.8 | 37.5 | 64.2 | 47.0 | 33.4 | 60.6 |
| Married/ living together as a couple | 24.6 | 14.1 | 35.1 | 39.1 | 28.8 | 49.5 | 37.4 | 27.0 | 47.9 |
| Divorced/ widowed/separated | 29.5 | 17.6 | 41.3 | 39.5 | 28.2 | 50.8 | 37.9 | 26.6 | 49.1 |
| Education 0-11 years | 35.5 | 15.5 | 55.5 | 53.6 | 37.5 | 69.8 | 45.7 | 28.0 | 63.5 |
| HS Grad/GED | 24.1 | 16.5 | 31.7 | 45.0 | 35.2 | 54.7 | 43.8 | 34.0 | 53.6 |
| 1 or more years of college | 23.1 | 15.3 | 30.9 | 29.9 | 21.7 | 38.2 | 31.0 | 22.6 | 39.4 |
| Employment Employed for wages | 25.5 | 19.0 | 32.0 | 39.8 | 32.8 | 46.8 | 37.5 | 30.7 | 44.4 |
| Household Income \$24,999 or less | 24.9 | 16.3 | 33.6 | 41.9 | 32.5 | 51.3 | 39.8 | 30.5 | 49.2 |
| \$25,000-49,999 | 24.0 | 15.7 | 32.2 | 38.3 | 28.7 | 47.8 | 28.4 | 19.8 | 37.1 |
| \$50,000 or more | 19.0 | 9.6 | 28.3 | 27.0 | 15.1 | 39.0 | 35.9 | 23.8 | 48.0 |


| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 30.6 | 25.1 | 36.1 | 2.2 | 1.0 | 3.4 | 24.3 | 17.6 | 30.9 |
| Sex Men | 32.0 | 24.4 | 39.5 | 2.4 | 0.5 | 4.3 | 23.8 | 16.7 | 31.0 |
| Women | 29.8 | 22.4 | 37.3 | 2.1 | 0.6 | 3.6 | 24.5 | 15.0 | 34.1 |
| Race/ethnicity NH White | 36.3 | 29.1 | 43.6 | 3.0 | 1.0 | 4.9 | 27.9 | 21.6 | 34.3 |
| NH Black | 28.7 | 19.9 | 37.4 | 1.3 | 0.0 | 2.7 | 21.5 | 9.5 | 33.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 35.7 | 25.5 | 45.8 | 3.5 | 0.5 | 6.6 | 30.6 | 20.1 | 41.0 |
| NH White women | 36.9 | 26.5 | 47.3 | 2.5 | 0.0 | 5.0 | 25.6 | 17.9 | 33.3 |
| NH Black men | 30.8 | 17.8 | 43.8 | 1.3 | 0.0 | 3.8 | 16.9 | 7.1 | 26.6 |
| NH Black women | 27.8 | 16.7 | 38.9 | 1.4 | 0.0 | 3.0 | 23.4 | 7.3 | 39.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 20.0 | 12.6 | 27.5 | 0.3 | 0.0 | 0.8 | 11.1 | 5.5 | 16.7 |
| 45-64 | 28.6 | 18.2 | 38.9 | 2.1 | 0.1 | 4.1 | 26.4 | 11.4 | 41.5 |
| 65 and older | 57.3 | 44.2 | 70.5 | 6.7 | 2.2 | 11.2 | 46.3 | 34.3 | 58.4 |
| Marital Status Never married | 31.8 | 18.2 | 45.3 | 3.2 | 0.0 | 6.6 | 16.9 | 7.1 | 26.7 |
| Married/ living together as a couple | 25.7 | 19.2 | 32.2 | 2.0 | 0.4 | 3.5 | 26.9 | 15.9 | 37.9 |
| Divorced/ widowed/separated | 40.7 | 29.9 | 51.6 | 2.1 | 0.1 | 4.0 | 24.3 | 16.9 | 31.7 |
| Education 0-11 years | 31.7 | 17.8 | 45.7 | 3.4 | 0.4 | 6.5 | 30.8 | 10.9 | 50.8 |
| HS Grad/GED | 27.4 | 19.8 | 35.1 | 1.7 | 0.0 | 3.4 | 21.5 | 14.7 | 28.2 |
| 1 or more years of college | 32.9 | 24.8 | 41.0 | 1.9 | 0.2 | 3.6 | 21.9 | 15.9 | 27.9 |
| Employment Employed for wages | 23.7 | 17.6 | 29.8 | 0.8 | 0.0 | 1.7 | 14.2 | 9.4 | 19.0 |
| Household Income \$24,999 or less | 33.6 | 24.9 | 42.4 | 2.3 | 0.3 | 4.4 | 24.1 | 17.2 | 31.0 |
| \$25,000 - 49,999 | 30.4 | 21.5 | 39.4 | 2.0 | 0.0 | 4.6 | 20.1 | 12.8 | 27.4 |
| \$50,000 or more | 23.3 | 14.0 | 32.5 | 3.3 | 0.0 | 6.8 | 18.0 | 7.7 | 28.4 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Gilchrist County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Gilchrist County, 513 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Gilchrist County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | Cl |  |
| All | 14,437 | 15,982,378 | 19.9 | 11.3 | 28.5 | 49.7 | 31.1 | 68.4 |
| Sex Men | 52.9\% | 48.8\% | 16.7 | 8.6 | 24.7 | 30.1 | 10.8 | 49.4 |
| Women | 47.1\% | 51.2\% | 23.1 | 8.5 | 37.6 | 70.2 | 48.0 | 92.4 |
| Race/ethnicity NH White | 88.7\% | 65.4\% | 19.9 | 10.5 | 29.4 | 46.4 | 27.8 | 65.0 |
| NH Black | 6.9\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 2.8\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 45.1\% | 31.9\% | 14.6 | 6.8 | 22.5 | 31.7 | 10.3 | 53.0 |
| NH White women | 43.7\% | 33.6\% | 25.4 | 9.3 | 41.6 | 64.2 | 40.2 | 88.2 |
| NH Black men | 5.2\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 1.7\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.9\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.9\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 39.1\% | 36.9\% | 15.7 | 0.9 | 30.6 | 45.8 | 22.4 | 69.1 |
| 45-64 | 22.9\% | 22.7\% | 22.4 | 11.1 | 33.7 | 58.8 | 28.1 | 89.5 |
| 65 and older | 13.6\% | 17.6\% | 26.5 | 8.7 | 44.2 |  |  |  |
| Marital Status Never married | 20.9\% | 22.5\% | 13.2 | 0.0 | 28.3 | 26.1 | 0.0 | 55.9 |
| Married/ living together as a couple | 55.1\% | 53.7\% | 15.0 | 9.2 | 20.8 | 61.9 | 42.8 | 81.0 |
| Divorced/ widowed/separated | 24.0\% | 23.8\% | 38.8 | 9.8 | 67.9 | 39.1 | 0.9 | 77.3 |
| Education 0-11 years | 27.6\% | 20.1\% | 58.8 | 42.9 | 74.7 |  |  |  |
| HS Grad/GED | 36.1\% | 28.7\% | 24.4 | 6.9 | 41.9 | 34.5 | 9.9 | 59.1 |
| 1 or more years of college | 36.3\% | 51.1\% | 6.6 | 2.8 | 10.4 | 63.3 | 40.2 | 86.4 |
| Employment Employed for wages | 50.6\% | 54.9\% | 13.7 | 1.5 | 26.0 | 49.7 | 31.1 | 68.4 |
| Household Income \$24,999 or less | 39.8\% | 30.8\% | 20.5 | 10.8 | 30.1 | 57.6 | 29.9 | 85.3 |
| \$25,000-49,999 | 35.2\% | 31.6\% | 10.7 | 2.9 | 18.4 | 32.0 | 7.6 | 56.4 |
| \$50,000 or more | 25.1\% | 37.6\% | 3.1 | 0.0 | 6.5 | 81.0 | 63.6 | 98.5 |

[^21]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 28.0 | 18.2 | 37.8 | 39.3 | 27.6 | 51.0 | 67.9 | 53.3 | 82.6 |
| Sex Men | 28.2 | 12.4 | 44.0 | 34.1 | 19.3 | 48.9 | 60.9 | 39.0 | 82.7 |
| Women | 27.7 | 15.8 | 39.7 | 44.4 | 27.1 | 61.6 | 74.7 | 56.0 | 93.4 |
| Race/ethnicity $\quad$ NH White | 27.7 | 17.1 | 38.2 | 33.6 | 23.4 | 43.8 | 64.8 | 49.1 | 80.5 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 25.3 | 8.5 | 42.0 | 30.7 | 15.8 | 45.6 | 58.4 | 35.3 | 81.5 |
| NH White women | 30.1 | 17.1 | 43.1 | 36.6 | 22.8 | 50.4 | 71.4 | 50.9 | 91.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 19.4 | 8.6 | 30.3 | 40.7 | 21.2 | 60.2 | 68.0 | 45.3 | 90.7 |
| 45-64 | 38.4 | 18.7 | 58.1 | 37.4 | 22.1 | 52.8 | 72.4 | 51.9 | 92.8 |
| 65 and older | 31.2 | 11.0 | 51.4 | 38.3 | 13.7 | 62.8 | 60.9 | 24.4 | 97.4 |
| Marital Status Never married | 18.1 | 0.0 | 36.7 | 38.2 | 1.8 | 74.7 | 48.6 | 5.0 | 92.1 |
| Married/ living together as a couple | 33.1 | 20.2 | 46.0 | 43.0 | 29.3 | 56.8 | 73.7 | 61.2 | 86.3 |
| Divorced/ widowed/separated | 22.1 | 6.7 | 37.5 | 30.2 | 10.7 | 49.7 | 68.1 | 34.3 | 100.0 |
| Education 0-11 years | 56.2 | 40.1 | 72.4 | 63.3 | 45.6 | 81.0 | 83.4 | 70.0 | 96.8 |
| HS Grad/GED | 20.8 | 10.5 | 31.0 | 30.3 | 15.9 | 44.6 | 60.7 | 35.9 | 85.5 |
| 1 or more years of college | 27.8 | 10.8 | 44.9 | 42.2 | 22.9 | 61.5 | 71.6 | 51.1 | 92.1 |
| Employment Employed for wages | 25.4 | 11.4 | 39.4 | 37.7 | 21.1 | 54.3 | 69.7 | 49.9 | 89.5 |
| Household Income \$24,999 or less | 30.0 | 17.2 | 42.8 | 38.1 | 21.9 | 54.4 | 59.9 | 38.0 | 81.9 |
| \$25,000 - 49,999 | 27.0 | 3.6 | 50.5 | 35.3 | 14.3 | 56.4 | 61.8 | 29.2 | 94.4 |
| \$50,000 or more | 20.2 | 0.0 | 41.5 | 53.9 | 23.7 | 84.0 | 81.2 | 65.1 | 97.4 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 35.4 | 22.8 | 48.0 | 21.3 | 13.8 | 28.8 | 66.7 | 54.0 | 79.5 |
| Sex Men | 35.5 | 18.5 | 52.6 | 24.0 | 10.8 | 37.1 | 74.9 | 60.1 | 89.6 |
| Women | 35.3 | 16.7 | 53.9 | 18.7 | 11.0 | 26.5 | 59.0 | 40.3 | 77.7 |
| Race/ethnicity $\quad$ NH White | 31.9 | 19.6 | 44.2 | 22.5 | 14.2 | 30.8 | 64.3 | 50.4 | 78.1 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 35.2 | 16.8 | 53.6 | 24.8 | 10.4 | 39.1 | 74.1 | 58.0 | 90.1 |
| NH White women | 28.6 | 11.6 | 45.5 | 20.1 | 11.7 | 28.5 | 54.3 | 35.5 | 73.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 37.5 | 17.2 | 57.9 | 13.6 | 6.1 | 21.1 | 74.6 | 57.8 | 91.3 |
| 45-64 | 40.1 | 20.1 | 60.0 | 32.8 | 16.1 | 49.5 | 66.4 | 46.7 | 86.1 |
| 65 and older | 22.9 | 7.4 | 38.3 | 19.5 | 5.7 | 33.2 | 46.0 | 17.4 | 74.5 |
| Marital Status Never married | 13.8 | 0.0 | 28.3 | 15.0 | 0.0 | 31.7 | 77.5 | 50.2 | 100.0 |
| Married/ living together as a couple | 41.5 | 26.7 | 56.3 | 26.4 | 16.1 | 36.7 | 72.3 | 59.8 | 84.8 |
| Divorced/ widowed/separated | 36.3 | 7.5 | 65.2 | 12.6 | 4.3 | 20.9 | 43.2 | 17.1 | 69.3 |
| Education 0-11 years | 34.0 | 16.9 | 51.2 | 31.3 | 15.6 | 46.9 | 87.3 | 77.2 | 97.4 |
| HS Grad/GED | 31.1 | 12.6 | 49.7 | 23.8 | 9.2 | 38.4 | 66.6 | 46.3 | 86.8 |
| 1 or more years of college | 40.1 | 19.7 | 60.4 | 16.2 | 8.5 | 23.9 | 62.2 | 42.0 | 82.3 |
| Employment Employed for wages | 41.4 | 22.9 | 59.9 | 16.0 | 8.4 | 23.6 | 72.4 | 56.7 | 88.0 |
| Household Income \$24,999 or less | 17.5 | 9.3 | 25.7 | 23.9 | 9.5 | 38.3 | 49.5 | 30.2 | 68.8 |
| \$25,000-49,999 | 33.3 | 9.0 | 57.7 | 18.8 | 6.7 | 31.0 | 83.2 | 71.5 | 94.9 |
| \$50,000 or more | 64.5 | 41.2 | 87.9 | 20.4 | 4.3 | 36.6 | 87.8 | 77.8 | 97.8 |




## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 79.5 | 66.2 | 92.7 | 93.7 | 90.5 | 96.9 | 34.9 | 22.3 | 47.5 |
| Sex Men | 70.0 | 46.7 | 93.2 | 93.1 | 88.3 | 97.8 | 48.0 | 30.9 | 65.2 |
| Women | 88.8 | 83.6 | 94.0 | 94.2 | 89.9 | 98.5 | 24.8 | 10.3 | 39.3 |
| Race/ethnicity NH White | 79.2 | 64.5 | 94.0 | 93.6 | 90.1 | 97.0 | 37.5 | 24.1 | 50.9 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 70.7 | 45.3 | 96.0 | 93.9 | 89.1 | 98.7 | 49.8 | 31.8 | 67.8 |
| NH White women | 88.4 | 82.9 | 93.9 | 93.3 | 88.3 | 98.3 | 27.0 | 10.9 | 43.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 65.3 | 42.5 | 88.1 | 90.0 | 82.6 | 97.4 | 12.0 | 3.5 | 20.5 |
| 45-64 | 90.9 | 85.5 | 96.3 | 95.7 | 92.8 | 98.5 | 60.3 | 42.1 | 78.5 |
| 65 and older | 98.3 | 96.0 | 100.0 | 97.1 | 93.3 | 100.0 | 35.0 | 11.7 | 58.4 |
| Marital Status Never married | 34.9 | 2.2 | 67.6 | 76.6 | 53.2 | 100.0 | 16.2 | 0.2 | 32.1 |
| Married/ living together as a couple | 89.8 | 84.9 | 94.8 | 94.2 | 90.9 | 97.6 | 40.6 | 25.0 | 56.3 |
| Divorced/ widowed/separated | 87.4 | 77.8 | 97.0 | 97.6 | 95.2 | 99.9 | 24.1 | 4.5 | 43.8 |
| Education 0-11 years | 76.8 | 64.2 | 89.4 | 96.0 | 92.0 | 100.0 | 43.3 | 22.2 | 64.3 |
| HS Grad/GED | 73.1 | 45.7 | 100.0 | 91.0 | 84.5 | 97.4 | 35.5 | 18.4 | 52.5 |
| 1 or more years of college | 85.5 | 75.1 | 95.9 | 95.2 | 91.4 | 99.1 | 32.4 | 11.3 | 53.5 |
| Employment Employed for wages | 73.3 | 53.5 | 93.2 | 93.4 | 88.8 | 97.9 | 28.2 | 9.8 | 46.5 |
| Household Income \$24,999 or less | 78.1 | 65.0 | 91.2 | 96.8 | 94.4 | 99.2 | 39.1 | 16.3 | 61.9 |
| \$25,000-49,999 | 65.9 | 31.3 | 100.0 | 90.0 | 81.2 | 98.8 | 45.6 | 21.8 | 69.4 |
| \$50,000 or more | 96.0 | 91.8 | 100.0 | 95.1 | 90.2 | 100.0 | 14.0 | 0.0 | 28.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 14.3 | 6.2 | 22.5 | 72.3 | 53.6 | 91.0 | 10.3 | 4.1 | 16.5 |
| Sex Men | 8.6 | 3.5 | 13.7 |  |  |  | 16.6 | 4.2 | 29.0 |
| Women | 19.8 | 5.4 | 34.2 | 83.5 | 67.8 | 99.2 | 4.3 | 1.7 | 7.0 |
| Race/ethnicity NH White | 15.4 | 6.3 | 24.5 | 72.9 | 53.6 | 92.2 | 11.3 | 4.3 | 18.3 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 8.5 | 3.1 | 14.0 |  |  |  | 17.6 | 4.1 | 31.1 |
| NH White women | 22.4 | 6.3 | 38.6 | 84.3 | 68.8 | 99.8 | 4.9 | 1.9 | 7.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 17.1 | 2.2 | 32.0 |  |  |  | 1.8 | 0.0 | 4.1 |
| 45-64 | 14.4 | 5.0 | 23.8 | 76.8 | 57.9 | 95.7 | 19.7 | 3.0 | 36.5 |
| 65 and older | 7.0 | 1.2 | 12.9 |  |  |  | 14.0 | 3.2 | 24.7 |
| Marital Status Never married | 13.1 | 0.0 | 28.5 |  |  |  | 1.0 | 0.0 | 2.6 |
| Married/ living together as a couple | 9.1 | 5.1 | 13.2 | 45.7 | 25.6 | 65.8 | 15.8 | 6.1 | 25.6 |
| Divorced/ widowed/separated | 29.3 | 0.1 | 58.5 |  |  |  | 2.9 | 0.6 | 5.2 |
| Education 0-11 years | 22.4 | 3.4 | 41.4 |  |  |  | 12.3 | 4.0 | 20.6 |
| HS Grad/GED | 18.2 | 1.2 | 35.3 |  |  |  | 15.4 | 1.6 | 29.2 |
| 1 or more years of college | 9.0 | 3.7 | 14.2 |  |  |  | 5.3 | 1.5 | 9.0 |
| Employment Employed for wages | 15.6 | 3.2 | 28.0 | 73.9 | 48.1 | 99.7 | 5.1 | 0.2 | 10.0 |
| Household Income \$24,999 or less | 10.2 | 4.1 | 16.3 | 74.0 | 54.6 | 93.5 | 14.6 | 1.1 | 28.1 |
| \$25,000-49,999 | 8.2 | 1.4 | 15.0 |  |  |  | 4.7 | 0.0 | 9.4 |
| \$50,000 or more | 9.4 | 0.8 | 18.1 |  |  |  | 12.1 | 0.0 | 27.8 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 25.6 | 14.0 | 37.2 | 25.0 | 14.8 | 35.3 | 24.3 | 14.2 | 34.4 |
| Sex Men | 27.3 | 9.7 | 45.0 | 18.4 | 6.6 | 30.2 | 19.0 | 7.0 | 30.9 |
| Women | 24.0 | 8.7 | 39.2 | 31.4 | 15.5 | 47.4 | 29.4 | 13.7 | 45.1 |
|  | 27.3 | 14.6 | 40.0 | 25.1 | 14.0 | 36.3 | 24.8 | 13.7 | 35.8 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 28.6 | 9.6 | 47.7 | 17.6 | 5.0 | 30.2 | 18.4 | 5.6 | 31.2 |
|  | 25.9 | 9.1 | 42.8 | 33.0 | 15.8 | 50.3 | 31.4 | 14.3 | 48.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 19.6 | 3.3 | 35.8 | 24.8 | 8.0 | 41.5 | 22.2 | 5.8 | 38.5 |
|  | 37.7 | 16.5 | 58.9 | 29.9 | 13.2 | 46.6 | 32.0 | 15.0 | 49.1 |
|  | 20.4 | 2.1 | 38.8 | 18.2 | 4.9 | 31.5 | 15.8 | 3.9 | 27.7 |
| Marital Status Never married | 3.9 | 0.0 | 8.4 | 10.1 | 0.0 | 20.7 | 14.9 | 0.0 | 30.8 |
| Married/ living together as a couple | 31.9 | 17.7 | 46.1 | 25.0 | 13.9 | 36.0 | 24.6 | 13.7 | 35.5 |
| Divorced/ widowed/separated | 26.2 | 0.0 | 55.2 | 37.1 | 7.9 | 66.3 | 31.2 | 1.8 | 60.5 |
| Education <br> HS Grad/GED | 10.5 | 4.1 | 16.9 | 32.1 | 15.2 | 48.9 | 30.4 | 12.1 | 48.6 |
|  | 35.0 | 14.7 | 55.3 | 33.5 | 13.5 | 53.5 | 32.8 | 12.9 | 52.7 |
|  | 21.0 | 3.9 | 38.0 | 15.8 | 5.6 | 26.0 | 15.4 | 5.4 | 25.4 |
| Employment Employed for wages | 26.3 | 9.8 | 42.7 | 22.1 | 8.3 | 35.9 | 21.5 | 7.9 | 35.2 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 20.8 | 5.8 | 35.8 | 23.0 | 8.7 | 37.3 | 24.1 | 9.6 | 38.7 |
|  | 25.0 | 1.5 | 48.4 | 17.1 | 5.4 | 28.8 | 12.4 | 4.3 | 20.5 |
|  | 23.9 | 1.3 | 46.6 | 23.1 | 0.6 | 45.6 | 22.1 | 0.1 | 44.1 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 21.9 | 11.4 | 32.5 | 2.9 | 1.4 | 4.3 | 21.5 | 10.7 | 32.4 |
| Sex Men | 21.6 | 9.2 | 34.1 | 2.6 | 0.6 | 4.6 | 18.1 | 6.0 | 30.2 |
| Women | 22.2 | 5.4 | 39.1 | 3.1 | 1.0 | 5.2 | 24.7 | 7.7 | 41.8 |
| Race/ethnicity | 23.7 | 12.0 | 35.3 | 2.8 | 1.3 | 4.3 | 22.8 | 10.9 | 34.7 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 22.5 | 8.9 | 36.1 | 2.5 | 0.5 | 4.6 | 18.4 | 5.3 | 31.5 |
| NH White women | 24.8 | 6.0 | 43.6 | 3.0 | 0.9 | 5.2 | 27.2 | 8.3 | 46.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 4.6 | 1.2 | 7.9 | 0.8 | 0.0 | 1.9 | 2.4 | 0.5 | 4.4 |
|  | 24.7 | 8.6 | 40.8 | 2.3 | 0.5 | 4.2 | 26.3 | 9.3 | 43.4 |
|  | 64.7 | 41.0 | 88.5 | 9.6 | 1.7 | 17.5 | 66.4 | 43.2 | 89.5 |
| Marital Status Never married | 10.1 | 0.0 | 23.3 |  |  |  | 6.6 | 0.0 | 17.5 |
| Married/ living together as a couple | 21.2 | 11.7 | 30.8 |  |  |  | 18.7 | 9.3 | 28.1 |
| Divorced/ widowed/separated | 33.4 | 0.5 | 66.3 |  |  |  | 40.6 | 8.8 | 72.3 |
| Education $0-11$ years <br> HS Grad/GED  | 26.8 | 12.1 | 41.5 | 5.3 | 0.0 | 11.3 | 42.6 | 24.7 | 60.4 |
|  | 19.2 | 5.7 | 32.6 | 2.0 | 0.5 | 3.5 | 16.0 | 2.8 | 29.1 |
|  | 22.4 | 3.7 | 41.2 | 3.1 | 0.8 | 5.4 | 21.0 | 1.9 | 40.1 |
| Employment Employed for wages | 7.5 | 3.2 | 11.9 | 1.2 | 0.2 | 2.2 | 5.3 | 1.6 | 8.9 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 38.7 | 17.7 | 59.8 | 3.8 | 0.9 | 6.7 | 38.4 | 17.0 | 59.8 |
|  | 12.5 | 3.7 | 21.4 | 2.8 | 0.4 | 5.2 | 10.9 | 2.7 | 19.1 |
|  | 4.2 | 0.0 | 8.5 | 1.1 | 0.0 | 3.4 | 4.4 | 0.0 | 8.9 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Glades County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Glades County, 610 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Glades County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 10,576 | 15,982,378 | 21.5 | 10.9 | 32.0 | 42.3 | 21.8 | 62.8 |
| Sex Men | 54.9\% | 48.8\% | 13.8 | 3.5 | 24.2 | 33.7 | 6.8 | 60.5 |
| Women | 45.1\% | 51.2\% | 32.5 | 19.3 | 45.6 | 55.8 | 42.2 | 69.5 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 68.6\% | 65.4\% | 25.6 | 14.7 | 36.6 | 42.1 | 18.6 | 65.7 |
| NH Black | 10.5\% | 14.2\% | 30.1 | 17.0 | 43.2 | 64.9 | 45.8 | 84.1 |
| Hispanic | 15.1\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 35.6\% | 31.9\% | 18.9 | 6.5 | 31.3 | 31.9 | 3.1 | 60.7 |
| NH White women | 33.0\% | 33.6\% | 32.7 | 17.7 | 47.8 | 59.6 | 44.2 | 75.0 |
| NH Black men | 6.9\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 3.5\% | 7.4\% | 23.6 | 8.5 | 38.7 |  |  |  |
| Hispanic men | 9.4\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 5.6\% | 8.4\% |  |  |  |  |  |  |
| Age $18-44$ | 34.6\% | 36.9\% | 7.5 | 0.0 | 15.3 | 33.0 | 6.0 | 60.0 |
| 45-64 | 24.5\% | 22.7\% | 26.2 | 16.5 | 35.9 | 55.2 | 39.6 | 70.8 |
| 65 and older | 18.8\% | 17.6\% | 41.8 | 23.3 | 60.4 |  |  |  |
| Marital Status Never married | 18.7\% | 22.5\% | 2.3 | 0.0 | 6.1 | 13.1 | 0.0 | 34.6 |
| Married/ living together as a couple | 57.3\% | 53.7\% | 20.8 | 9.3 | 32.2 | 59.5 | 47.5 | 71.5 |
| Divorced/ widowed/separated | 24.0\% | 23.8\% | 39.5 | 14.0 | 65.0 | 33.1 | 15.9 | 50.2 |
| Education 0-11 years | 30.2\% | 20.1\% | 14.1 | 0.0 | 30.7 | 59.0 | 29.8 | 88.1 |
| HS Grad/GED | 36.8\% | 28.7\% | 31.9 | 16.5 | 47.3 | 56.3 | 41.3 | 71.3 |
| 1 or more years of college | 33.0\% | 51.1\% | 17.3 | 5.5 | 29.1 | 29.6 | 3.2 | 56.0 |
| Employment Employed for wages | 43.3\% | 54.9\% | 9.1 | 1.6 | 16.7 | 42.3 | 21.8 | 62.8 |
| Household Income \$24,999 or less | 39.2\% | 30.8\% | 29.7 | 2.8 | 56.7 | 41.7 | 24.4 | 58.9 |
| \$25,000-49,999 | 33.6\% | 31.6\% | 16.6 | 6.7 | 26.5 | 45.4 | 28.6 | 62.2 |
| \$50,000 or more | 27.2\% | 37.6\% | 11.5 | 0.0 | 24.0 | 34.9 | 0.0 | 71.4 |

[^22]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 24.5 | 13.3 | 35.8 | 43.9 | 26.0 | 61.7 | 61.3 | 37.4 | 85.2 |
| Sex Men | 18.9 | 5.6 | 32.1 | 32.1 | 10.2 | 54.0 | 45.4 | 15.1 | 75.7 |
| Women | 32.7 | 20.0 | 45.4 | 60.5 | 50.4 | 70.7 | 83.8 | 76.4 | 91.3 |
| Race/ethnicity NH White | 26.8 | 15.9 | 37.7 | 51.5 | 36.3 | 66.7 | 73.3 | 53.8 | 92.8 |
| NH Black | 55.3 | 39.3 | 71.2 | 77.2 | 65.3 | 89.0 | 95.9 | 91.0 | 100.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 24.1 | 9.7 | 38.5 | 44.6 | 20.3 | 68.8 | 63.0 | 30.4 | 95.7 |
| NH White women | 29.8 | 14.7 | 44.8 | 58.6 | 46.8 | 70.4 | 83.9 | 75.7 | 92.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 61.4 | 39.3 | 83.5 | 83.2 | 69.7 | 96.8 | 95.2 | 87.9 | 100.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 12.7 | 1.5 | 24.0 | 25.4 | 3.6 | 47.3 | 36.1 | 5.6 | 66.6 |
| 45-64 | 31.5 | 21.2 | 41.8 | 62.2 | 52.0 | 72.4 | 78.5 | 68.7 | 88.3 |
| 65 and older | 38.0 | 19.1 | 56.9 | 57.1 | 41.5 | 72.6 | 88.6 | 81.5 | 95.6 |
| Marital Status Never married | 13.4 | 0.0 | 33.8 | 19.6 | 0.0 | 48.7 | 23.5 | 0.0 | 58.3 |
| Married/ living together as a couple | 21.9 | 10.2 | 33.5 | 43.6 | 21.6 | 65.6 | 61.3 | 31.1 | 91.5 |
| Divorced/ widowed/separated | 44.6 | 21.0 | 68.2 | 64.2 | 47.4 | 81.0 | 90.8 | 85.1 | 96.4 |
| Education 0-11 years | 25.0 | 0.0 | 53.8 | 31.3 | 0.0 | 67.0 | 39.9 | 0.0 | 84.8 |
| HS Grad/GED | 35.4 | 21.0 | 49.7 | 60.1 | 48.1 | 72.1 | 83.8 | 75.5 | 92.1 |
| 1 or more years of college | 13.2 | 4.0 | 22.3 | 38.1 | 15.6 | 60.5 | 56.6 | 24.6 | 88.6 |
| Employment Employed for wages | 16.2 | 4.5 | 27.9 | 36.2 | 11.9 | 60.5 | 44.9 | 15.1 | 74.6 |
| Household Income \$24,999 or less | 28.0 | 2.5 | 53.6 | 40.9 | 6.5 | 75.3 | 50.8 | 9.2 | 92.5 |
| \$25,000-49,999 | 30.2 | 19.7 | 40.7 | 52.9 | 41.4 | 64.3 | 89.2 | 83.4 | 95.0 |
| \$50,000 or more | 11.0 | 0.0 | 22.7 | 31.6 | 3.0 | 60.3 | 38.9 | 4.5 | 73.3 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 28.7 | 16.7 | 40.7 | 35.3 | 12.6 | 57.9 | 75.1 | 58.8 | 91.4 |
| Sex Men | 27.4 | 8.7 | 46.2 | 42.0 | 6.8 | 77.2 | 76.6 | 49.5 | 100.0 |
| Women | 30.5 | 21.7 | 39.3 | 25.5 | 17.6 | 33.5 | 72.8 | 64.6 | 81.1 |
| Race/ethnicity NH White | 34.1 | 23.0 | 45.2 | 21.2 | 13.6 | 28.8 | 68.2 | 50.2 | 86.1 |
| NH Black | 43.2 | 27.1 | 59.3 | 40.2 | 25.4 | 55.0 | 75.4 | 59.6 | 91.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 38.6 | 17.5 | 59.6 | 18.2 | 7.0 | 29.4 | 64.5 | 32.4 | 96.6 |
| NH White women | 29.3 | 19.4 | 39.1 | 24.4 | 15.5 | 33.4 | 72.1 | 62.6 | 81.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 45.7 | 24.0 | 67.4 | 34.6 | 16.2 | 53.0 | 72.4 | 50.0 | 94.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 15.3 | 1.7 | 28.9 | 46.6 | 3.7 | 89.4 | 72.0 | 37.0 | 100.0 |
| 45-64 | 43.8 | 32.2 | 55.4 | 27.5 | 19.1 | 35.9 | 78.6 | 69.7 | 87.4 |
| 65 and older | 36.2 | 22.3 | 50.1 | 23.4 | 12.0 | 34.9 | 76.5 | 66.5 | 86.6 |
| Marital Status Never married | 11.7 | 0.0 | 30.4 | 4.0 | 0.0 | 10.3 | 27.7 | 0.0 | 68.3 |
| Married/ living together as a couple | 30.6 | 14.7 | 46.4 | 45.5 | 19.1 | 71.8 | 83.0 | 73.7 | 92.4 |
| Divorced/ widowed/separated | 34.2 | 17.8 | 50.5 | 17.4 | 8.4 | 26.3 | 78.5 | 67.1 | 90.0 |
| Education 0-11 years | 13.4 | 0.0 | 29.4 | 70.2 | 36.3 | 100.0 | 93.7 | 86.1 | 100.0 |
| HS Grad/GED | 36.5 | 25.2 | 47.8 | 24.0 | 15.2 | 32.7 | 81.2 | 72.9 | 89.4 |
| 1 or more years of college | 33.7 | 13.7 | 53.6 | 16.7 | 6.0 | 27.3 | 53.1 | 24.3 | 82.0 |
| Employment Employed for wages | 20.1 | 6.0 | 34.3 | 44.2 | 9.4 | 79.0 | 73.4 | 45.8 | 100.0 |
| Household Income \$24,999 or less | 20.8 | 2.7 | 38.9 | 53.1 | 14.5 | 91.7 | 87.5 | 76.2 | 98.7 |
| \$25,000-49,999 | 33.5 | 23.1 | 44.0 | 38.8 | 27.2 | 50.3 | 80.5 | 72.1 | 88.8 |
| \$50,000 or more | 29.1 | 2.3 | 55.9 | 9.8 | 0.1 | 19.5 | 42.2 | 5.3 | 79.0 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 35.5 | 12.8 | 58.2 | 72.5 | 45.5 | 99.5 | 6.5 | 3.0 | 10.0 |
| Sex Men | 38.6 | 2.0 | 75.2 | 84.2 | 59.1 | 100.0 | 8.2 | 1.9 | 14.5 |
| Women | 30.9 | 21.4 | 40.4 | 51.2 | 34.1 | 68.3 | 4.0 | 0.8 | 7.3 |
| Race/ethnicity NH White | 23.8 | 15.1 | 32.5 | 47.1 | 31.9 | 62.2 | 6.9 | 3.3 | 10.5 |
| NH Black | 20.3 | 8.0 | 32.6 |  |  |  | 18.1 | 2.3 | 33.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 14.0 | 4.2 | 23.9 | 37.9 | 10.9 | 65.0 | 10.1 | 2.9 | 17.2 |
| NH White women | 34.2 | 23.1 | 45.4 | 51.1 | 33.1 | 69.0 | 3.6 | 0.4 | 6.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 12.8 | 0.0 | 27.2 |  |  |  | 12.6 | 0.0 | 35.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 51.1 | 10.3 | 92.0 | 86.9 | 66.1 | 100.0 | 4.0 | 0.0 | 8.1 |
| 45-64 | 33.8 | 22.9 | 44.6 | 43.4 | 23.4 | 63.4 | 7.6 | 3.6 | 11.7 |
| 65 and older | 8.0 | 3.7 | 12.4 | 49.7 | 25.4 | 74.0 | 10.0 | 2.4 | 17.5 |
| Marital Status Never married | 12.8 | 0.0 | 33.0 |  |  |  | 3.3 | 0.0 | 8.5 |
| Married/ living together as a couple | 42.5 | 14.8 | 70.2 | 78.9 | 53.3 | 100.0 | 6.3 | 2.0 | 10.6 |
| Divorced/ widowed/separated | 24.3 | 11.8 | 36.7 | 34.0 | 17.9 | 50.1 | 9.2 | 2.5 | 15.9 |
| Education 0-11 years | 72.4 | 40.9 | 100.0 | 88.3 | 67.4 | 100.0 | 4.4 | 0.0 | 9.9 |
| HS Grad/GED | 24.1 | 14.5 | 33.7 | 59.4 | 39.3 | 79.5 | 6.7 | 1.4 | 12.0 |
| 1 or more years of college | 15.2 | 5.0 | 25.5 | 28.4 | 8.2 | 48.5 | 8.2 | 2.2 | 14.1 |
| Employment Employed for wages | 46.2 | 12.1 | 80.2 | 74.5 | 41.0 | 100.0 | 6.7 | 1.0 | 12.4 |
| Household Income \$24,999 or less | 55.8 | 19.0 | 92.5 | 92.8 | 81.6 | 100.0 | 3.9 | 0.0 | 7.8 |
| \$25,000-49,999 | 19.7 | 12.2 | 27.1 | 23.5 | 8.2 | 38.8 | 13.3 | 5.1 | 21.5 |
| \$50,000 or more | 24.2 | 1.1 | 47.3 |  |  |  | 7.0 | 0.0 | 15.4 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 31.7 | 8.1 | 55.3 | 18.7 | 10.5 | 26.9 | 22.4 | 0.0 | 48.4 |
| Sex Men | 38.2 | 1.5 | 75.0 | 15.7 | 4.6 | 26.8 | 29.7 | 0.0 | 70.1 |
| Women | 22.1 | 14.3 | 30.0 | 23.1 | 15.1 | 31.1 | 11.9 | 6.0 | 17.7 |
| Race/ethnicity NH White | 14.7 | 8.4 | 21.1 | 19.6 | 12.2 | 27.0 | 5.6 | 2.3 | 8.9 |
| NH Black | 25.1 | 12.2 | 38.0 | 18.1 | 6.4 | 29.8 | 15.1 | 3.5 | 26.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 11.9 | 3.1 | 20.6 | 17.4 | 6.4 | 28.3 | 1.6 | 0.2 | 3.0 |
| NH White women | 17.8 | 9.5 | 26.1 | 22.0 | 12.9 | 31.0 | 9.8 | 3.9 | 15.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 28.3 | 10.5 | 46.1 | 14.2 | 0.8 | 27.5 | 17.3 | 1.0 | 33.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 51.2 | 10.5 | 92.0 | 19.1 | 2.4 | 35.9 | 43.3 | 0.0 | 87.7 |
| 45-64 | 24.9 | 15.5 | 34.3 | 24.7 | 15.1 | 34.3 | 7.7 | 3.4 | 12.1 |
| 65 and older | 3.6 | 0.0 | 7.4 | 10.5 | 4.6 | 16.5 | 1.1 | 0.0 | 2.4 |
| Marital Status Never married | 9.4 | 0.0 | 25.1 | 17.7 | 0.0 | 44.6 | 3.3 | 0.0 | 9.1 |
| Married/ living together as a couple | 39.7 | 10.7 | 68.6 | 19.1 | 8.6 | 29.5 | 29.7 | 0.0 | 63.0 |
| Divorced/ widowed/separated | 16.0 | 5.9 | 26.2 | 17.5 | 6.9 | 28.1 | 7.2 | 0.4 | 14.1 |
| Education 0-11 years | 67.3 | 30.2 | 100.0 | 12.9 | 0.0 | 27.9 | 60.2 | 15.3 | 100.0 |
| HS Grad/GED | 21.1 | 12.4 | 29.7 | 23.9 | 14.7 | 33.1 | 5.3 | 0.9 | 9.8 |
| 1 or more years of college | 11.7 | 2.9 | 20.5 | 18.1 | 5.9 | 30.3 | 7.3 | 1.4 | 13.2 |
| Employment Employed for wages | 43.3 | 8.2 | 78.5 | 17.4 | 5.1 | 29.6 | 32.6 | 0.0 | 72.2 |
| Household Income \$24,999 or less | 59.1 | 24.7 | 93.4 | 18.3 | 2.2 | 34.4 | 46.9 | 3.8 | 90.1 |
| \$25,000-49,999 | 14.5 | 5.5 | 23.5 | 26.1 | 16.1 | 36.0 | 7.6 | 2.0 | 13.1 |
| \$50,000 or more | 4.3 | 0.0 | 11.0 | 10.3 | 0.0 | 21.5 | 2.5 | 0.0 | 7.1 |



## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 90.1 | 84.9 | 95.3 | 96.1 | 93.7 | 98.4 | 31.9 | 17.1 | 46.6 |
| Sex Men | 93.8 | 88.4 | 99.2 | 97.0 | 94.3 | 99.7 | 25.9 | 6.4 | 45.3 |
| Women | 84.8 | 77.6 | 91.9 | 94.6 | 91.2 | 98.1 | 41.3 | 29.8 | 52.8 |
| Race/ethnicity NH White | 89.8 | 84.5 | 95.1 | 95.0 | 92.4 | 97.7 | 40.3 | 26.4 | 54.2 |
| NH Black | 82.1 | 71.4 | 92.7 | 97.4 | 93.6 | 100.0 | 37.5 | 18.5 | 56.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 93.2 | 86.9 | 99.4 | 95.7 | 92.3 | 99.1 | 38.0 | 15.5 | 60.5 |
| NH White women | 86.2 | 78.4 | 94.0 | 94.2 | 90.3 | 98.2 | 42.9 | 29.6 | 56.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 81.9 | 68.2 | 95.6 |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 84.8 | 70.8 | 98.8 | 95.4 | 90.0 | 100.0 | 5.8 | 0.0 | 12.6 |
| 45-64 | 91.0 | 84.3 | 97.7 | 95.3 | 92.6 | 97.9 | 52.9 | 41.0 | 64.8 |
| 65 and older | 98.9 | 97.7 | 100.0 | 97.9 | 95.7 | 100.0 | 51.4 | 33.7 | 69.1 |
| Marital Status Never married | 90.1 | 73.5 | 100.0 |  |  |  |  |  |  |
| Married/ living together as a couple | 88.4 | 81.1 | 95.7 | 97.6 | 95.8 | 99.3 | 35.7 | 15.1 | 56.2 |
| Divorced/ widowed/separated | 97.2 | 94.8 | 99.7 | 90.7 | 82.9 | 98.6 | 34.3 | 16.9 | 51.7 |
| Education 0-11 years | 88.2 | 73.7 | 100.0 | 98.4 | 95.6 | 100.0 | 17.4 | 0.0 | 40.7 |
| HS Grad/GED | 85.4 | 77.2 | 93.6 | 94.1 | 90.8 | 97.4 | 35.5 | 23.4 | 47.7 |
| 1 or more years of college | 96.6 | 92.9 | 100.0 | 96.0 | 92.0 | 99.9 | 40.4 | 15.9 | 65.0 |
| Employment Employed for wages | 90.5 | 83.0 | 97.9 | 94.9 | 90.5 | 99.4 | 17.9 | 3.6 | 32.3 |
| Household Income \$24,999 or less | 90.1 | 80.3 | 99.9 | 97.7 | 94.9 | 100.0 | 20.8 | 0.9 | 40.8 |
| \$25,000-49,999 | 92.3 | 87.5 | 97.1 | 92.0 | 86.2 | 97.8 | 54.6 | 42.7 | 66.4 |
| \$50,000 or more | 91.1 | 80.0 | 100.0 | 97.0 | 93.4 | 100.0 | 27.1 | 0.0 | 55.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 6.8 | 3.1 | 10.6 | 68.6 | 49.2 | 88.0 | 9.8 | 4.8 | 14.7 |
| Sex Men | 2.9 | 0.0 | 6.1 |  |  |  | 8.9 | 1.8 | 15.9 |
| Women | 12.5 | 6.6 | 18.4 | 61.7 | 37.6 | 85.7 | 11.1 | 5.5 | 16.6 |
| Race/ethnicity NH White | 8.6 | 4.2 | 12.9 | 72.4 | 51.4 | 93.4 | 11.0 | 5.9 | 16.1 |
| NH Black | 10.0 | 1.3 | 18.8 |  |  |  | 20.1 | 7.9 | 32.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 4.4 | 0.0 | 8.9 |  |  |  | 12.6 | 3.6 | 21.5 |
| NH White women | 13.0 | 6.1 | 19.8 | 66.6 | 39.8 | 93.4 | 9.4 | 3.8 | 15.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 12.6 | 0.2 | 25.0 |  |  |  | 18.9 | 2.8 | 35.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 5.1 | 0.0 | 11.1 |  |  |  | 3.3 | 0.0 | 7.9 |
| 45-64 | 10.0 | 4.5 | 15.4 |  |  |  | 10.9 | 6.3 | 15.6 |
| 65 and older | 6.4 | 0.9 | 11.8 |  |  |  | 20.8 | 9.8 | 31.8 |
| Marital Status Never married | 2.2 | 0.0 | 5.8 |  |  |  | 2.8 | 0.0 | 8.2 |
| Married/ living together as a couple | 7.4 | 2.3 | 12.5 | 73.3 | 49.2 | 97.4 | 10.4 | 3.8 | 17.1 |
| Divorced/ widowed/separated | 8.3 | 2.3 | 14.2 |  |  |  | 12.4 | 5.2 | 19.6 |
| Education 0-11 years | 4.8 | 0.0 | 10.9 |  |  |  | 8.1 | 0.0 | 18.7 |
| HS Grad/GED | 7.4 | 1.9 | 12.9 |  |  |  | 12.6 | 5.7 | 19.6 |
| 1 or more years of college | 8.0 | 1.3 | 14.7 |  |  |  | 8.4 | 2.0 | 14.8 |
| Employment Employed for wages | 5.2 | 0.2 | 10.3 |  |  |  | 5.0 | 0.2 | 9.8 |
| Household Income \$24,999 or less | 5.8 | 0.3 | 11.4 |  |  |  | 10.4 | 0.8 | 20.1 |
| \$25,000-49,999 | 11.7 | 3.1 | 20.3 |  |  |  | 16.3 | 6.0 | 26.6 |
| \$50,000 or more | 1.6 | 0.0 | 3.5 |  |  |  | 3.6 | 0.0 | 8.5 |




| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For respondents 64 years and younger ... |  |  |  |  |  |  |  |  |
|  | Ever been tested for HIV |  |  | If yes, the test was done in the past 2 years |  |  | In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 40.5 | 16.2 | 64.8 | 79.5 | 56.5 | 100.0 | 7.3 | 2.5 | 12.1 |
| Sex Men | 37.4 | 0.0 | 75.9 | 75.7 | 39.3 | 100.0 | 3.1 | 0.0 | 6.4 |
| Women | 45.3 | 35.2 | 55.4 | 85.7 | 77.7 | 93.8 | 13.9 | 7.1 | 20.7 |
| Race/ethnicity NH White | 52.6 | 32.9 | 72.4 | 71.1 | 42.4 | 99.7 | 5.7 | 1.4 | 10.0 |
| NH Black | 61.9 | 46.1 | 77.7 | 92.2 | 84.1 | 100.0 | 26.6 | 13.0 | 40.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 63.9 | 34.4 | 93.4 | 56.5 | 12.4 | 100.0 | 2.6 | 0.0 | 5.5 |
| NH White women | 41.0 | 29.5 | 52.4 | 87.1 | 78.8 | 95.4 | 8.9 | 1.7 | 16.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 57.7 | 37.2 | 78.3 |  |  |  | 36.0 | 16.8 | 55.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 45.4 | 5.5 | 85.3 | 71.4 | 34.6 | 100.0 | 8.1 | 0.2 | 16.1 |
| 45-64 | 32.2 | 22.0 | 42.5 | 93.2 | 89.8 | 96.6 | 6.0 | 2.8 | 9.2 |
| 65 and older |  |  |  |  |  |  |  |  |  |
| Marital Status Never married | 85.4 | 62.2 | 100.0 | 18.4 | 0.0 | 47.9 | 4.8 | 0.0 | 13.1 |
| Married/ living together as a couple | 28.9 | 9.6 | 48.1 | 93.2 | 87.3 | 99.0 | 6.0 | 1.1 | 10.9 |
| Divorced/ widowed/A80separated | 49.9 | 34.4 | 65.5 | 85.4 | 74.6 | 96.2 | 23.5 | 8.0 | 39.1 |
| Education 0-11 years | 18.5 | 0.0 | 44.4 | 97.7 | 94.0 | 100.0 | 5.4 | 0.0 | 13.1 |
| HS Grad/GED | 41.2 | 28.9 | 53.4 | 86.1 | 76.7 | 95.5 | 12.5 | 4.6 | 20.4 |
| 1 or more years of college | 61.6 | 33.2 | 90.0 | 57.4 | 16.2 | 98.6 | 5.2 | 0.0 | 10.9 |
| Employment Employed for wages | 42.4 | 10.1 | 74.7 | 73.9 | 43.0 | 100.0 | 5.1 | 0.7 | 9.4 |
| Household Income \$24,999 or less | 19.9 | 0.0 | 43.2 | 97.0 | 92.1 | 100.0 | 11.3 | 0.0 | 25.2 |
| \$25,000-49,999 | 38.9 | 26.1 | 51.7 | 77.7 | 65.7 | 89.7 | 12.4 | 3.5 | 21.4 |
| \$50,000 or more | 71.2 | 42.5 | 99.8 | 47.8 | 0.5 | 95.0 |  |  |  |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Gulf County 

# A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey 

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Gulf County, 508 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Gulf County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 13,332 | 15,982,378 | 23.0 | 17.3 | 28.6 | 59.5 | 50.4 | 68.6 |
| Sex Men | 53.4\% | 48.8\% | 16.9 | 11.7 | 22.2 | 56.2 | 43.4 | 69.0 |
| Women | 46.6\% | 51.2\% | 29.2 | 19.5 | 38.8 | 64.2 | 52.7 | 75.8 |
| Race/ethnicity $\quad$ NH White | 78.7\% | 65.4\% | 22.2 | 15.5 | 28.9 | 61.2 | 52.3 | 70.0 |
| NH Black | 16.9\% | 14.2\% | 28.2 | 14.3 | 42.2 |  |  |  |
| Hispanic | 2.0\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 40.1\% | 31.9\% | 15.4 | 10.0 | 20.9 | 59.0 | 47.4 | 70.7 |
| NH White women | 38.6\% | 33.6\% | 29.1 | 17.4 | 40.7 | 64.6 | 51.5 | 77.6 |
| NH Black men | 10.4\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 6.4\% | 7.4\% | 37.6 | 17.9 | 57.4 |  |  |  |
| Hispanic men | 1.6\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.4\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 36.1\% | 36.9\% | 15.8 | 4.0 | 27.7 | 50.6 | 38.2 | 63.0 |
| 45-64 | 26.0\% | 22.7\% | 23.7 | 16.8 | 30.5 | 71.1 | 59.8 | 82.3 |
| 65 and older | 16.2\% | 17.6\% | 35.7 | 27.2 | 44.2 |  |  |  |
| Marital Status Never married | 19.3\% | 22.5\% | 7.2 | 0.0 | 15.9 |  |  |  |
| Married/ living together as a couple | 54.3\% | 53.7\% | 22.7 | 14.7 | 30.6 | 62.1 | 52.0 | 72.1 |
| Divorced/ widowed/separated | 26.3\% | 23.8\% | 30.7 | 21.9 | 39.5 | 46.7 | 24.7 | 68.6 |
| Education 0-11 years | 27.4\% | 20.1\% | 46.6 | 33.7 | 59.6 |  |  |  |
| HS Grad/GED | 37.1\% | 28.7\% | 26.7 | 15.5 | 37.8 | 54.1 | 38.9 | 69.3 |
| 1 or more years of college | 35.4\% | 51.1\% | 10.9 | 6.8 | 15.0 | 66.5 | 55.8 | 77.2 |
| Employment Employed for wages | 43.3\% | 54.9\% | 7.5 | 4.1 | 11.0 | 59.5 | 50.4 | 68.6 |
| Household Income \$24,999 or less | 40.8\% | 30.8\% | 38.9 | 26.6 | 51.3 | 37.6 | 20.7 | 54.5 |
| \$25,000-49,999 | 33.4\% | 31.6\% | 17.8 | 10.6 | 25.0 | 62.1 | 47.1 | 77.0 |
| \$50,000 or more | 25.9\% | 37.6\% | 6.9 | 1.7 | 12.0 | 70.6 | 55.1 | 86.0 |

[^23]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 30.5 | 24.1 | 36.8 | 60.4 | 54.2 | 66.6 | 79.5 | 73.8 | 85.2 |
| Sex Men | 23.8 | 17.1 | 30.5 | 56.7 | 47.9 | 65.5 | 73.3 | 65.1 | 81.6 |
| Women | 37.2 | 27.1 | 47.4 | 64.2 | 55.3 | 73.0 | 85.8 | 77.8 | 93.8 |
| Race/ethnicity NH White | 29.3 | 21.9 | 36.7 | 58.9 | 52.1 | 65.7 | 79.3 | 73.2 | 85.5 |
| NH Black | 38.4 | 22.1 | 54.8 | 66.5 | 46.6 | 86.4 | 77.5 | 56.7 | 98.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 22.6 | 15.6 | 29.6 | 54.7 | 46.1 | 63.3 | 74.4 | 66.7 | 82.0 |
| NH White women | 36.2 | 23.9 | 48.5 | 63.2 | 52.8 | 73.7 | 84.4 | 74.7 | 94.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 45.9 | 26.0 | 65.8 | 76.5 | 58.7 | 94.2 | 95.3 | 85.8 | 100.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 30.0 | 16.9 | 43.1 | 61.8 | 50.4 | 73.2 | 74.3 | 64.1 | 84.5 |
| 45-64 | 31.5 | 23.4 | 39.5 | 51.7 | 42.0 | 61.4 | 79.8 | 69.0 | 90.6 |
| 65 and older | 30.9 | 22.4 | 39.3 | 70.6 | 62.4 | 78.7 | 88.3 | 82.0 | 94.5 |
| Marital Status Never married | 8.8 | 0.0 | 18.2 | 45.5 | 21.8 | 69.3 | 59.6 | 33.0 | 86.2 |
| Married/ living together as a couple | 34.0 | 25.4 | 42.6 | 57.6 | 49.7 | 65.5 | 79.7 | 72.7 | 86.7 |
| Divorced/ widowed/separated | 30.1 | 20.8 | 39.5 | 73.5 | 65.3 | 81.8 | 86.7 | 80.6 | 92.9 |
| Education 0-11 years | 46.7 | 33.6 | 59.7 | 69.7 | 57.5 | 81.8 | 86.9 | 77.3 | 96.4 |
| HS Grad/GED | 38.6 | 26.8 | 50.5 | 67.8 | 58.9 | 76.8 | 84.8 | 78.2 | 91.3 |
| 1 or more years of college | 16.5 | 10.9 | 22.2 | 49.7 | 40.7 | 58.8 | 71.6 | 61.3 | 82.0 |
| Employment Employed for wages | 19.5 | 13.6 | 25.5 | 57.2 | 48.2 | 66.3 | 75.3 | 66.4 | 84.2 |
| Household Income \$24,999 or less | 39.2 | 26.8 | 51.6 | 69.3 | 60.1 | 78.5 | 85.7 | 79.1 | 92.2 |
| \$25,000 - 49,999 | 22.1 | 14.0 | 30.1 | 52.1 | 40.2 | 64.0 | 73.0 | 59.7 | 86.2 |
| \$50,000 or more | 23.9 | 7.5 | 40.4 | 55.1 | 40.8 | 69.4 | 76.0 | 64.0 | 88.1 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 30.7 | 25.6 | 35.8 | 33.5 | 26.8 | 40.3 | 78.0 | 73.6 | 82.3 |
| Sex Men | 35.6 | 27.8 | 43.4 | 30.7 | 23.1 | 38.2 | 79.0 | 72.6 | 85.3 |
| Women | 25.7 | 19.3 | 32.2 | 36.5 | 25.6 | 47.4 | 76.9 | 71.0 | 82.8 |
| Race/ethnicity NH White | 32.2 | 26.5 | 37.9 | 33.7 | 25.8 | 41.6 | 78.0 | 73.3 | 82.7 |
| NH Black | 28.2 | 13.6 | 42.9 | 35.9 | 20.2 | 51.5 | 71.2 | 56.4 | 85.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 40.0 | 31.7 | 48.2 | 30.2 | 22.2 | 38.2 | 78.3 | 71.5 | 85.1 |
| NH White women | 24.3 | 17.4 | 31.2 | 37.3 | 24.2 | 50.5 | 77.6 | 71.1 | 84.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 35.3 | 16.0 | 54.6 | 34.1 | 15.3 | 53.0 | 68.2 | 49.6 | 86.9 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 23.2 | 15.0 | 31.5 | 34.5 | 21.5 | 47.4 | 85.6 | 79.4 | 91.7 |
| 45-64 | 38.2 | 29.4 | 46.9 | 35.8 | 25.5 | 46.1 | 77.9 | 71.1 | 84.6 |
| 65 and older | 34.7 | 26.2 | 43.2 | 29.7 | 21.4 | 38.0 | 64.2 | 55.3 | 73.0 |
| Marital Status Never married | 14.2 | 1.5 | 26.9 | 32.8 | 13.7 | 52.0 | 83.8 | 69.5 | 98.1 |
| Married/ living together as a couple | 34.3 | 27.4 | 41.1 | 37.4 | 28.4 | 46.5 | 77.9 | 72.5 | 83.3 |
| Divorced/ widowed/separated | 28.5 | 19.5 | 37.4 | 23.1 | 15.3 | 30.9 | 75.5 | 67.2 | 83.8 |
| Education 0-11 years | 30.6 | 18.6 | 42.5 | 42.0 | 29.0 | 55.1 | 77.5 | 66.6 | 88.4 |
| HS Grad/GED | 25.4 | 17.6 | 33.1 | 39.1 | 27.4 | 50.9 | 81.7 | 75.2 | 88.2 |
| 1 or more years of college | 36.3 | 28.3 | 44.3 | 24.8 | 15.5 | 34.0 | 74.3 | 67.6 | 81.0 |
| Employment Employed for wages | 28.9 | 21.6 | 36.1 | 33.6 | 24.7 | 42.5 | 81.9 | 76.2 | 87.6 |
| Household Income \$24,999 or less | 30.6 | 21.4 | 39.8 | 34.2 | 21.5 | 46.8 | 78.5 | 70.9 | 86.2 |
| \$25,000-49,999 | 36.4 | 26.2 | 46.6 | 34.0 | 21.1 | 47.0 | 76.1 | 68.0 | 84.2 |
| \$50,000 or more | 28.7 | 17.5 | 39.9 | 40.3 | 24.6 | 55.9 | 81.3 | 72.1 | 90.5 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 23.8 | 17.9 | 29.7 | 44.2 | 29.2 | 59.3 | 10.0 | 6.6 | 13.4 |
| Sex Men | 22.6 | 14.1 | 31.0 | 27.3 | 9.7 | 44.8 | 15.2 | 9.2 | 21.2 |
| Women | 25.1 | 16.6 | 33.5 | 60.0 | 42.2 | 77.8 | 4.5 | 1.8 | 7.3 |
| Race/ethnicity NH White | 22.8 | 16.7 | 28.8 | 47.0 | 31.0 | 62.9 | 11.6 | 7.5 | 15.7 |
| NH Black | 9.5 | 0.7 | 18.4 |  |  |  | 1.2 | 0.0 | 3.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 21.4 | 14.3 | 28.5 | 31.0 | 12.4 | 49.6 | 19.0 | 11.8 | 26.3 |
| NH White women | 24.2 | 14.3 | 34.1 | 61.4 | 41.1 | 81.8 | 4.1 | 1.7 | 6.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 16.9 | 0.6 | 33.1 |  |  |  | 2.5 | 0.0 | 7.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 25.3 | 14.8 | 35.9 | 38.9 | 16.9 | 61.0 | 15.4 | 8.0 | 22.8 |
| 45-64 | 29.7 | 19.2 | 40.3 | 55.2 | 32.6 | 77.7 | 7.9 | 3.9 | 11.8 |
| 65 and older | 11.6 | 6.0 | 17.3 |  |  |  | 2.9 | 0.0 | 5.9 |
| Marital Status Never married | 28.7 | 10.0 | 47.3 |  |  |  | 29.2 | 9.1 | 49.3 |
| Married/ living together as a couple | 19.4 | 12.7 | 26.2 | 52.0 | 32.2 | 71.7 | 7.0 | 3.6 | 10.5 |
| Divorced/ widowed/separated | 33.6 | 20.3 | 46.9 | 32.5 | 10.4 | 54.7 | 9.5 | 4.0 | 15.0 |
| Education 0-11 years | 30.2 | 17.6 | 42.9 |  |  |  | 8.9 | 0.4 | 17.3 |
| HS Grad/GED | 26.2 | 16.3 | 36.0 | 38.7 | 19.0 | 58.4 | 9.7 | 4.2 | 15.3 |
| 1 or more years of college | 19.1 | 10.1 | 28.2 | 53.1 | 25.2 | 80.9 | 10.6 | 5.6 | 15.7 |
| Employment Employed for wages | 28.5 | 18.5 | 38.5 | 45.1 | 21.4 | 68.8 | 14.1 | 8.1 | 20.2 |
| Household Income \$24,999 or less | 28.3 | 17.2 | 39.5 | 33.0 | 14.6 | 51.4 | 9.3 | 4.3 | 14.3 |
| \$25,000-49,999 | 31.0 | 18.1 | 44.0 | 50.7 | 21.7 | 79.7 | 10.7 | 4.1 | 17.3 |
| \$50,000 or more | 17.8 | 7.5 | 28.1 |  |  |  | 17.6 | 6.0 | 29.2 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 26.0 | 19.7 | 32.4 | 20.5 | 14.6 | 26.4 | 10.8 | 5.4 | 16.3 |
| Sex Men | 27.1 | 17.7 | 36.6 | 25.0 | 16.3 | 33.6 | 6.6 | 3.0 | 10.2 |
| Women | 24.9 | 16.5 | 33.3 | 16.0 | 8.0 | 24.0 | 15.2 | 5.2 | 25.2 |
| Race/ethnicity NH White | 22.7 | 16.5 | 28.8 | 19.8 | 13.8 | 25.8 | 10.8 | 4.1 | 17.5 |
| NH Black | 33.5 | 14.1 | 52.9 | 8.8 | 0.0 | 17.8 | 14.7 | 3.9 | 25.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 22.1 | 14.7 | 29.5 | 22.4 | 15.1 | 29.7 | 7.6 | 3.2 | 12.0 |
| NH White women | 23.2 | 13.3 | 33.1 | 17.2 | 7.5 | 26.9 | 14.0 | 1.6 | 26.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 28.2 | 9.4 | 47.1 | 1.2 | 0.0 | 3.6 | 24.7 | 6.2 | 43.2 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 33.1 | 21.4 | 44.9 | 27.3 | 16.5 | 38.1 | 11.8 | 0.0 | 23.7 |
| 45-64 | 31.9 | 21.2 | 42.5 | 20.5 | 9.7 | 31.4 | 14.6 | 8.5 | 20.6 |
| 65 and older | 5.1 | 1.8 | 8.5 | 8.9 | 4.0 | 13.8 | 4.3 | 0.7 | 7.9 |
| Marital Status Never married | 41.2 | 17.2 | 65.2 | 28.8 | 9.4 | 48.3 | 6.2 | 0.0 | 12.5 |
| Married/ living together as a couple | 22.1 | 14.9 | 29.2 | 17.9 | 11.1 | 24.8 | 12.6 | 4.6 | 20.7 |
| Divorced/ widowed/separated | 30.1 | 16.8 | 43.5 | 23.9 | 10.3 | 37.5 | 8.1 | 3.9 | 12.4 |
| Education 0-11 years | 28.9 | 16.7 | 41.1 | 7.5 | 1.2 | 13.9 | 10.2 | 2.9 | 17.6 |
| HS Grad/GED | 23.9 | 14.1 | 33.7 | 22.9 | 13.1 | 32.8 | 15.0 | 3.4 | 26.6 |
| 1 or more years of college | 27.2 | 16.8 | 37.6 | 22.6 | 13.3 | 31.9 | 6.8 | 3.3 | 10.3 |
| Employment Employed for wages | 33.4 | 23.7 | 43.1 | 29.0 | 18.9 | 39.1 | 6.6 | 3.3 | 9.9 |
| Household Income \$24,999 or less | 34.5 | 23.2 | 45.8 | 25.3 | 13.9 | 36.7 | 21.8 | 8.4 | 35.1 |
| \$25,000 - 49,999 | 23.1 | 9.5 | 36.8 | 23.4 | 10.3 | 36.6 | 5.2 | 1.0 | 9.4 |
| \$50,000 or more | 13.3 | 4.8 | 21.7 | 20.6 | 9.2 | 32.1 | 1.2 | 0.0 | 3.5 |



## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterolchecked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 80.8 | 75.6 | 86.1 | 85.6 | 79.8 | 91.4 | 41.3 | 34.0 | 48.6 |
| Sex Men | 76.9 | 68.2 | 85.6 | 83.1 | 75.9 | 90.2 | 34.8 | 26.4 | 43.2 |
| Women | 84.9 | 79.7 | 90.2 | 87.9 | 78.8 | 97.1 | 47.5 | 36.4 | 58.6 |
| Race/ethnicity NH White | 82.5 | 77.8 | 87.1 | 83.5 | 76.5 | 90.5 | 41.4 | 33.1 | 49.8 |
| NH Black | 80.0 | 66.7 | 93.3 | 97.0 | 91.0 | 100.0 | 35.1 | 17.1 | 53.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 77.8 | 70.4 | 85.3 | 81.2 | 72.9 | 89.5 | 35.1 | 26.2 | 44.0 |
| NH White women | 87.3 | 82.5 | 92.2 | 85.6 | 74.5 | 96.7 | 47.3 | 34.3 | 60.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 74.1 | 54.8 | 93.4 |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 68.1 | 57.0 | 79.3 | 83.7 | 74.5 | 92.9 | 23.2 | 6.4 | 40.0 |
| 45-64 | 88.4 | 82.6 | 94.3 | 81.7 | 69.4 | 94.1 | 51.7 | 41.4 | 61.9 |
| 65 and older | 92.5 | 87.6 | 97.3 | 93.1 | 88.2 | 97.9 | 51.3 | 41.9 | 60.7 |
| Marital Status Never married | 62.0 | 40.6 | 83.4 |  |  |  |  |  |  |
| Married/ living together as a couple | 84.1 | 79.1 | 89.1 | 82.9 | 74.9 | 91.0 | 44.1 | 34.5 | 53.6 |
| Divorced/ widowed/separated | 79.9 | 65.7 | 94.1 | 93.4 | 89.5 | 97.3 | 41.3 | 31.9 | 50.8 |
| Education 0-11 years | 85.9 | 77.0 | 94.7 | 99.4 | 98.3 | 100.0 | 39.6 | 25.8 | 53.4 |
| HS Grad/GED | 76.0 | 65.8 | 86.2 | 88.6 | 82.1 | 95.2 | 47.5 | 34.8 | 60.3 |
| 1 or more years of college | 84.0 | 78.2 | 89.8 | 77.8 | 66.7 | 88.8 | 36.1 | 25.6 | 46.6 |
| Employment Employed for wages | 71.7 | 62.8 | 80.6 | 76.7 | 65.6 | 87.7 | 32.5 | 21.9 | 43.2 |
| Household Income \$24,999 or less | 73.9 | 62.5 | 85.3 | 84.6 | 77.0 | 92.3 | 53.5 | 40.6 | 66.4 |
| \$25,000-49,999 | 83.0 | 75.6 | 90.3 | 79.5 | 63.3 | 95.7 | 40.4 | 26.1 | 54.8 |
| \$50,000 or more | 80.8 | 69.3 | 92.3 | 89.1 | 79.6 | 98.5 | 30.1 | 17.1 | 43.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 10.3 | 7.4 | 13.3 | 61.5 | 46.6 | 76.3 | 11.1 | 5.7 | 16.5 |
| Sex Men | 8.7 | 4.5 | 12.9 |  |  |  | 8.6 | 4.6 | 12.7 |
| Women | 12.1 | 7.9 | 16.2 | 66.8 | 49.6 | 84.0 | 13.7 | 3.7 | 23.6 |
| Race/ethnicity NH White | 9.8 | 6.7 | 12.9 | 62.3 | 45.8 | 78.9 | 9.5 | 3.0 | 16.1 |
| NH Black | 8.8 | 0.9 | 16.7 |  |  |  | 18.2 | 6.1 | 30.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 9.1 | 4.2 | 14.0 |  |  |  | 6.2 | 2.8 | 9.6 |
| NH White women | 10.5 | 6.4 | 14.5 | 74.3 | 58.3 | 90.3 | 12.9 | 0.5 | 25.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 15.3 | 0.9 | 29.7 |  |  |  | 15.3 | 2.1 | 28.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 11.1 | 5.8 | 16.4 |  |  |  | 9.1 | 0.0 | 21.1 |
| 45-64 | 10.5 | 5.8 | 15.2 |  |  |  | 9.0 | 4.9 | 13.1 |
| 65 and older | 9.2 | 4.4 | 14.0 |  |  |  | 18.2 | 10.9 | 25.5 |
| Marital Status Never married | 5.6 | 0.0 | 11.7 |  |  |  | 8.3 | 0.0 | 18.6 |
| Married/ living together as a couple | 10.5 | 6.6 | 14.4 | 55.2 | 35.0 | 75.4 | 10.9 | 3.0 | 18.7 |
| Divorced/ widowed/separated | 12.0 | 6.6 | 17.5 |  |  |  | 13.0 | 6.6 | 19.4 |
| Education 0-11 years | 15.5 | 6.3 | 24.7 |  |  |  | 14.8 | 6.5 | 23.1 |
| HS Grad/GED | 8.7 | 4.5 | 13.0 |  |  |  | 15.6 | 4.2 | 27.0 |
| 1 or more years of college | 10.2 | 5.9 | 14.5 |  |  |  | 5.2 | 2.3 | 8.1 |
| Employment Employed for wages | 11.6 | 6.9 | 16.2 |  |  |  | 3.6 | 0.9 | 6.2 |
| Household Income \$24,999 or less | 9.4 | 5.0 | 13.7 |  |  |  | 17.9 | 4.4 | 31.5 |
| \$25,000-49,999 | 9.7 | 3.9 | 15.4 |  |  |  | 6.0 | 1.7 | 10.3 |
| \$50,000 or more | 10.6 | 3.7 | 17.6 |  |  |  | 6.9 | 1.6 | 12.3 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30 .
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed $5+$ drinks at one occasion in the past month (binge drinker), or men who have $2+$ drinks every day or women who have $1+$ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Hamilton County 

# A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey 

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Hamilton County, 509 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Hamilton County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 13,327 | 15,982,378 | 26.7 | 13.5 | 39.9 | 32.9 | 15.5 | 50.3 |
| Sex Men | 57.5\% | 48.8\% | 32.9 | 9.3 | 56.4 | 42.8 | 31.0 | 54.5 |
| Women | 42.5\% | 51.2\% | 22.3 | 10.5 | 34.1 | 26.6 | 4.1 | 49.1 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 55.0\% | 65.4\% | 30.1 | 11.5 | 48.7 | 51.2 | 41.4 | 61.0 |
| NH Black | 37.3\% | 14.2\% | 28.3 | 12.0 | 44.6 | 26.7 | 1.1 | 52.3 |
| Hispanic | 6.4\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 30.4\% | 31.9\% | 35.8 | 6.8 | 64.9 | 43.6 | 29.5 | 57.8 |
| NH White women | 24.7\% | 33.6\% | 22.6 | 11.8 | 33.5 | 64.4 | 54.1 | 74.7 |
| NH Black men | 21.8\% | 6.8\% | 17.3 | 5.5 | 29.0 |  |  |  |
| NH Black women | 15.5\% | 7.4\% | 32.5 | 8.2 | 56.8 |  |  |  |
| Hispanic men | 4.6\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 1.8\% | 8.4\% |  |  |  |  |  |  |
| Age $18-44$ | 42.5\% | 36.9\% | 7.7 | 3.0 | 12.5 | 39.7 | 20.6 | 58.8 |
| 45-64 | 22.8\% | 22.7\% | 35.1 | 5.8 | 64.4 | 23.1 | 0.0 | 47.6 |
| 65 and older | 11.2\% | 17.6\% | 53.4 | 41.2 | 65.7 |  |  |  |
| Marital Status Never married | 21.6\% | 22.5\% | 12.5 | 4.2 | 20.8 | 47.5 | 25.2 | 69.7 |
| Married/ living together as a couple | 48.3\% | 53.7\% | 19.5 | 12.7 | 26.2 | 50.9 | 40.8 | 61.0 |
| Divorced/ widowed/separated | 30.1\% | 23.8\% | 38.0 | 7.1 | 68.9 | 10.9 | 0.0 | 24.1 |
| Education 0-11 years | 37.1\% | 20.1\% | 54.4 | 41.4 | 67.4 |  |  |  |
| HS Grad/GED | 35.1\% | 28.7\% | 27.7 | 5.9 | 49.5 | 35.1 | 16.9 | 53.3 |
| 1 or more years of college | 27.8\% | 51.1\% | 9.7 | 1.6 | 17.8 | 26.4 | 0.0 | 53.3 |
| Employment Employed for wages | 38.8\% | 54.9\% | 6.8 | 2.3 | 11.2 | 32.9 | 15.5 | 50.3 |
| Household Income \$24,999 or less | 48.8\% | 30.8\% | 39.0 | 11.2 | 66.9 | 20.4 | 0.0 | 47.5 |
| \$25,000-49,999 | 29.1\% | 31.6\% | 8.6 | 2.7 | 14.4 | 32.3 | 12.8 | 51.8 |
| \$50,000 or more | 22.0\% | 37.6\% | 9.5 | 2.8 | 16.1 | 56.1 | 40.1 | 72.2 |

[^24]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 45.9 | 29.9 | 61.9 | 56.6 | 39.6 | 73.5 | 88.2 | 83.5 | 92.9 |
| Sex Men | 45.2 | 25.3 | 65.1 | 64.4 | 50.0 | 78.7 | 81.3 | 72.4 | 90.2 |
| Women | 46.4 | 22.8 | 70.0 | 51.1 | 26.4 | 75.7 | 93.1 | 89.1 | 97.1 |
| Race/ethnicity NH White | 49.0 | 32.4 | 65.5 | 56.9 | 41.0 | 72.8 | 84.6 | 78.1 | 91.1 |
| NH Black | 61.5 | 41.7 | 81.3 | 79.2 | 66.9 | 91.4 | 91.6 | 85.6 | 97.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 45.2 | 19.7 | 70.6 | 62.6 | 43.8 | 81.3 | 82.5 | 72.0 | 93.1 |
| NH White women | 53.9 | 33.7 | 74.1 | 49.5 | 27.6 | 71.3 | 87.3 | 80.4 | 94.2 |
| NH Black men | 47.5 | 30.1 | 64.9 | 67.9 | 51.8 | 84.0 | 76.6 | 62.5 | 90.8 |
| NH Black women | 66.8 | 43.2 | 90.5 | 83.4 | 69.9 | 97.0 | 97.2 | 93.8 | 100.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 49.8 | 29.7 | 69.8 | 55.6 | 35.7 | 75.4 | 83.2 | 74.7 | 91.8 |
| 45-64 | 43.0 | 12.4 | 73.7 | 53.1 | 19.4 | 86.9 | 92.6 | 87.0 | 98.2 |
| 65 and older | 43.8 | 31.2 | 56.3 | 68.6 | 57.4 | 79.7 | 89.6 | 82.6 | 96.6 |
| Marital Status Never married | 36.7 | 22.4 | 51.1 | 64.2 | 49.0 | 79.4 | 81.3 | 68.3 | 94.4 |
| Married/ living together as a couple | 42.9 | 28.5 | 57.3 | 53.1 | 39.3 | 66.9 | 83.6 | 77.4 | 89.8 |
| Divorced/ widowed/separated | 51.5 | 16.9 | 86.1 | 58.1 | 21.8 | 94.5 | 94.8 | 90.3 | 99.3 |
| Education 0-11 years | 58.3 | 45.8 | 70.8 | 75.8 | 65.4 | 86.1 | 91.4 | 83.8 | 99.0 |
| HS Grad/GED | 60.7 | 43.7 | 77.7 | 65.4 | 46.6 | 84.3 | 89.4 | 83.6 | 95.2 |
| 1 or more years of college | 14.8 | 2.9 | 26.7 | 31.8 | 7.3 | 56.3 | 84.5 | 71.7 | 97.3 |
| Employment Employed for wages | 32.0 | 10.7 | 53.3 | 48.1 | 23.1 | 73.2 | 86.0 | 77.8 | 94.2 |
| Household Income \$24,999 or less | 40.9 | 12.7 | 69.1 | 55.5 | 23.4 | 87.6 | 92.5 | 86.8 | 98.2 |
| \$25,000-49,999 | 57.2 | 35.4 | 79.1 | 55.3 | 30.4 | 80.3 | 88.1 | 80.5 | 95.7 |
| \$50,000 or more | 16.5 | 7.1 | 25.8 | 46.6 | 31.9 | 61.4 | 72.7 | 59.8 | 85.7 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 37.2 | 20.4 | 54.1 | 26.6 | 13.5 | 39.8 | 72.6 | 54.6 | 90.7 |
| Sex M | 33.1 | 19.8 | 46.5 | 38.3 | 16.3 | 60.3 | 80.0 | 70.4 | 89.6 |
| Women | 40.1 | 13.9 | 66.4 | 18.4 | 8.9 | 27.9 | 67.4 | 39.1 | 95.6 |
| Race/ethnicity NH White | 29.9 | 19.3 | 40.5 | 32.7 | 14.5 | 50.9 | 80.2 | 72.3 | 88.1 |
| NH Black | 28.6 | 12.8 | 44.5 | 25.4 | 11.3 | 39.5 | 88.2 | 80.4 | 96.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 34.3 | 17.0 | 51.5 | 40.0 | 12.5 | 67.4 | 79.2 | 67.0 | 91.4 |
| NH White women | 24.2 | 12.8 | 35.6 | 23.2 | 12.1 | 34.4 | 81.5 | 72.2 | 90.8 |
| NH Black men | 30.2 | 15.3 | 45.1 | 31.7 | 14.8 | 48.5 | 81.3 | 68.4 | 94.2 |
| NH Black women | 28.0 | 6.9 | 49.2 | 23.0 | 5.8 | 40.2 | 90.9 | 82.4 | 99.3 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| \begin{tabular}{\||r|}
\hline
\end{tabular}$\quad$ Hispanic women | 26.5 | 14.4 | 38.5 | 18.8 | 9.6 | 28.0 | 82.7 | 73.6 | 91.8 |
|  | 47.9 | 15.0 | 80.9 | 36.0 | 6.7 | 65.3 | 62.1 | 25.6 | 98.5 |
|  | 37.4 | 25.9 | 49.0 | 21.8 | 12.7 | 31.0 | 74.4 | 63.8 | 85.0 |
| Marital Status Never married | 29.7 | 15.9 | 43.5 | 27.7 | 14.8 | 40.6 | 77.7 | 63.2 | 92.2 |
| Married/living together as a couple | 32.3 | 22.6 | 42.0 | 24.7 | 16.4 | 32.9 | 77.2 | 69.4 | 85.1 |
| Divorced/ widowed/separated | 44.4 | 9.0 | 79.9 | 28.5 | 0.0 | 57.6 | 66.4 | 27.9 | 100.0 |
| Education $0-11$ years <br> $\mathrm{HS} \mathrm{Grad} / \mathrm{GED}$  | 39.2 | 26.4 | 52.0 | 24.2 | 14.3 | 34.2 | 82.3 | 73.3 | 91.2 |
|  | 22.7 | 12.1 | 33.3 | 33.3 | 11.9 | 54.6 | 88.9 | 82.7 | 95.1 |
|  | 59.9 | 29.5 | 90.3 | 17.1 | 3.4 | 30.9 | 40.6 | 9.9 | 71.4 |
| Employment Employed for wages | 48.2 | 22.3 | 74.2 | 18.6 | 8.2 | 29.0 | 64.2 | 34.2 | 94.2 |
| Household Income $\$ 24,999$ or less <br> $\$ 25,000-49,999$  <br> $\$ 50,000$ or more  | 43.8 | 11.8 | 75.8 | 34.1 | 6.9 | 61.2 | 62.5 | 28.3 | 96.6 |
|  | 32.8 | 15.2 | 50.3 | 16.6 | 6.7 | 26.5 | 84.6 | 74.7 | 94.6 |
|  | 29.4 | 17.0 | 41.9 | 27.2 | 13.7 | 40.7 | 69.3 | 55.2 | 83.4 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 17.3 | 10.8 | 23.7 | 63.7 | 53.3 | 74.2 | 8.9 | 4.8 | 13.1 |
| Sex Men | 26.2 | 14.8 | 37.7 | 64.7 | 49.7 | 79.6 | 17.0 | 8.2 | 25.8 |
| Women | 11.0 | 5.1 | 16.9 | 62.2 | 49.0 | 75.3 | 3.3 | 0.8 | 5.8 |
| Race/ethnicity NH White | 21.7 | 13.3 | 30.2 | 62.6 | 49.8 | 75.5 | 13.0 | 6.7 | 19.3 |
| NH Black | 10.9 | 3.9 | 17.9 |  |  |  | 2.6 | 0.0 | 5.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 25.7 | 11.6 | 39.8 | 64.4 | 46.7 | 82.1 | 19.8 | 7.8 | 31.7 |
| NH White women | 16.6 | 8.3 | 24.9 | 58.9 | 43.4 | 74.3 | 4.4 | 1.1 | 7.7 |
| NH Black men | 17.3 | 5.5 | 29.0 |  |  |  | 4.3 | 0.0 | 9.4 |
| NH Black women | 8.5 | 1.0 | 15.9 |  |  |  | 1.9 | 0.0 | 5.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 26.2 | 14.1 | 38.3 | 68.8 | 54.7 | 82.8 | 17.0 | 7.8 | 26.1 |
| 45-64 | 13.3 | 4.0 | 22.6 | 56.5 | 41.0 | 72.0 | 3.6 | 0.4 | 6.9 |
| 65 and older | 4.4 | 1.1 | 7.8 |  |  |  | 2.7 | 0.0 | 5.8 |
| Marital Status Never married | 29.8 | 14.9 | 44.6 |  |  |  | 27.0 | 11.3 | 42.8 |
| Married/ living together as a couple | 22.1 | 14.3 | 29.9 | 66.7 | 52.3 | 81.2 | 9.2 | 4.2 | 14.2 |
| Divorced/ widowed/separated | 9.1 | 2.2 | 16.1 | 47.8 | 29.7 | 65.9 | 4.3 | 0.3 | 8.2 |
| Education 0-11 years | 22.2 | 11.4 | 33.0 |  |  |  | 9.8 | 1.4 | 18.2 |
| HS Grad/GED | 17.9 | 9.1 | 26.7 | 57.2 | 41.7 | 72.8 | 8.7 | 3.3 | 14.2 |
| 1 or more years of college | 13.6 | 2.2 | 25.1 | 70.5 | 53.7 | 87.3 | 8.8 | 0.4 | 17.3 |
| Employment Employed for wages | 21.9 | 9.7 | 34.1 | 62.0 | 48.6 | 75.4 | 12.1 | 4.4 | 19.7 |
| Household Income \$24,999 or less | 12.0 | 3.8 | 20.2 | 61.6 | 43.7 | 79.4 | 5.9 | 0.9 | 10.9 |
| \$25,000 - 49,999 | 19.6 | 8.0 | 31.3 | 62.3 | 44.1 | 80.6 | 10.3 | 3.0 | 17.6 |
| \$50,000 or more | 26.3 | 12.3 | 40.2 |  |  |  | 20.1 | 4.9 | 35.3 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 18.9 | 11.9 | 25.9 | 14.6 | 9.0 | 20.3 | 6.3 | 3.4 | 9.1 |
| Sex Men | 21.0 | 11.4 | 30.6 | 21.6 | 11.7 | 31.5 | 4.6 | 1.2 | 8.0 |
| Women | 17.3 | 7.6 | 27.0 | 9.7 | 4.1 | 15.3 | 7.5 | 2.9 | 12.0 |
| Race/ethnicity $\quad$ NH White | 17.5 | 10.5 | 24.5 | 17.0 | 9.9 | 24.0 | 5.0 | 2.4 | 7.6 |
| NH Black | 28.9 | 17.8 | 39.9 | 13.3 | 4.5 | 22.1 | 5.9 | 1.2 | 10.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 18.3 | 7.5 | 29.1 | 21.1 | 9.0 | 33.2 | 2.8 | 0.0 | 5.7 |
| NH White women | 16.4 | 8.1 | 24.8 | 11.6 | 5.4 | 17.8 | 8.0 | 3.2 | 12.7 |
| NH Black men | 28.8 | 13.3 | 44.2 | 19.4 | 6.7 | 32.2 | 4.3 | 0.0 | 10.8 |
| NH Black women | 28.9 | 13.7 | 44.2 | 11.0 | 0.7 | 21.2 | 6.5 | 0.1 | 13.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 23.3 | 13.3 | 33.3 | 20.1 | 10.1 | 30.0 | 5.8 | 2.0 | 9.6 |
| 45-64 | 18.4 | 5.5 | 31.4 | 8.8 | 2.2 | 15.3 | 7.2 | 1.4 | 13.0 |
| 65 and older | 10.9 | 4.2 | 17.6 | 15.8 | 7.2 | 24.5 | 5.2 | 0.4 | 10.0 |
| Marital Status Never married | 40.8 | 25.0 | 56.6 | 32.9 | 17.4 | 48.3 | 9.0 | 0.4 | 17.6 |
| Married/ living together as a couple | 17.3 | 10.8 | 23.8 | 17.6 | 11.0 | 24.3 | 6.3 | 3.1 | 9.5 |
| Divorced/ widowed/separated | 14.8 | 2.6 | 26.9 | 6.9 | 1.2 | 12.6 | 5.5 | 0.6 | 10.4 |
| Education 0-11 years | 39.4 | 26.0 | 52.8 | 29.6 | 17.7 | 41.5 | 20.4 | 10.4 | 30.4 |
| HS Grad/GED | 20.1 | 10.7 | 29.5 | 10.3 | 4.6 | 16.0 | 3.8 | 1.4 | 6.3 |
| 1 or more years of college | 6.1 | 0.8 | 11.3 | 13.5 | 2.0 | 25.1 | 2.7 | 0.0 | 5.5 |
| Employment Employed for wages | 16.6 | 6.9 | 26.3 | 14.1 | 5.8 | 22.4 | 3.8 | 0.9 | 6.6 |
| Household Income \$24,999 or less | 16.5 | 5.6 | 27.4 | 12.8 | 4.0 | 21.7 | 7.2 | 2.0 | 12.4 |
| \$25,000-49,999 | 18.5 | 8.3 | 28.7 | 13.6 | 4.6 | 22.7 | 3.5 | 0.4 | 6.6 |
| \$50,000 or more | 11.4 | 1.7 | 21.1 | 16.9 | 5.1 | 28.8 | 0.9 | 0.0 | 2.8 |



| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 12-15 } \end{aligned}$ | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 79.2 | 68.4 | 90.0 | 94.6 | 91.5 | 97.7 | 38.3 | 17.6 | 59.0 |
| Sex Men | 79.2 | 69.3 | 89.1 | 92.4 | 86.5 | 98.4 | 21.9 | 10.0 | 33.8 |
| Women | 79.3 | 62.1 | 96.4 | 96.1 | 93.3 | 99.0 | 49.8 | 21.2 | 78.3 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 74.0 | 58.3 | 89.8 | 91.9 | 87.5 | 96.3 | 31.1 | 19.1 | 43.2 |
| NH Black | 84.1 | 74.5 | 93.7 | 98.5 | 96.0 | 100.0 | 22.8 | 6.2 | 39.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 79.4 | 67.2 | 91.6 | 93.6 | 87.6 | 99.6 | 22.1 | 7.3 | 36.9 |
| NH White women | 67.0 | 38.3 | 95.7 | 89.4 | 84.6 | 94.1 | 45.0 | 36.9 | 53.1 |
| NH Black men | 85.9 | 75.7 | 96.2 | 94.5 | 86.3 | 100.0 | 25.9 | 7.0 | 44.7 |
| NH Black women | 83.4 | 70.3 | 96.5 | 100.0 | 100.0 | 100.0 | 21.6 | 0.2 | 43.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 60.8 | 40.7 | 80.9 | 92.8 | 86.3 | 99.2 | 10.0 | 2.3 | 17.7 |
| 45-64 | 92.4 | 86.4 | 98.3 | 97.3 | 94.8 | 99.9 | 48.8 | 13.2 | 84.4 |
| 65 and older | 92.0 | 85.9 | 98.2 | 89.9 | 82.5 | 97.4 | 58.5 | 46.0 | 70.9 |
| Marital Status Never married | 54.6 | 38.8 | 70.4 | 96.4 | 91.3 | 100.0 | 10.7 | 0.6 | 20.8 |
| Married/ living together as a couple | 72.0 | 54.7 | 89.2 | 89.9 | 84.7 | 95.1 | 34.2 | 26.5 | 41.8 |
| Divorced/ widowed/separated | 93.4 | 87.8 | 98.9 | 98.1 | 96.2 | 100.0 | 45.7 | 7.6 | 83.8 |
| Education 0-11 years | 71.9 | 60.5 | 83.3 | 98.1 | 95.3 | 100.0 | 38.4 | 22.4 | 54.4 |
| HS Grad/GED | 74.6 | 56.3 | 92.8 | 94.9 | 90.6 | 99.2 | 20.0 | 8.9 | 31.1 |
| 1 or more years of college | 90.7 | 81.9 | 99.5 | 93.1 | 86.2 | 100.0 | 62.6 | 31.3 | 94.0 |
| Employment Employed for wages | 81.5 | 70.9 | 92.2 | 94.6 | 89.9 | 99.3 | 40.7 | 5.7 | 75.8 |
| Household Income \$24,999 or less | 86.4 | 77.2 | 95.6 | 95.8 | 91.7 | 99.9 | 53.6 | 19.4 | 87.9 |
| \$25,000-49,999 | 67.4 | 41.8 | 93.0 | 95.3 | 89.9 | 100.0 | 16.4 | 5.6 | 27.2 |
| \$50,000 or more | 86.6 | 75.7 | 97.6 | 87.1 | 77.1 | 97.0 | 28.3 | 13.4 | 43.2 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 22.0 | 6.6 | 37.5 | 35.7 | 1.8 | 69.7 | 6.4 | 3.7 | 9.2 |
| Sex Men | 28.1 | 3.0 | 53.1 |  |  |  | 5.9 | 2.3 | 9.4 |
| Women | 17.8 | 0.0 | 35.9 | 75.6 | 59.9 | 91.4 | 6.8 | 2.7 | 10.9 |
| Race/ethnicity NH White | 22.5 | 2.6 | 42.5 | 25.3 | 0.0 | 55.6 | 5.6 | 2.9 | 8.4 |
| NH Black | 33.0 | 1.3 | 64.7 |  |  |  | 11.1 | 3.7 | 18.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 33.4 | 3.3 | 63.5 |  |  |  | 4.1 | 1.0 | 7.2 |
| NH White women | 8.5 | 3.5 | 13.5 |  |  |  | 7.6 | 2.7 | 12.5 |
| NH Black men | 10.1 | 0.7 | 19.4 |  |  |  | 14.4 | 2.2 | 26.5 |
| NH Black women | 41.7 | 3.1 | 80.4 |  |  |  | 9.9 | 1.2 | 18.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18 184 | 23.5 | 0.7 | 46.2 |  |  |  | 1.7 | 0.1 | 3.4 |
| 45-64 | 22.4 | 0.0 | 51.1 |  |  |  | 5.2 | 1.3 | 9.2 |
| 65 and older | 17.5 | 8.9 | 26.1 |  |  |  | 22.0 | 12.6 | 31.5 |
| Marital Status Never married | 22.2 | 8.3 | 36.1 |  |  |  | 2.1 | 0.0 | 4.4 |
| Married/ living together as a couple | 8.4 | 4.3 | 12.6 |  |  |  | 7.0 | 3.4 | 10.5 |
| Divorced/ widowed/separated | 36.4 | 3.0 | 69.7 |  |  |  | 7.0 | 1.5 | 12.4 |
| Education 0-11 years | 20.2 | 10.7 | 29.8 |  |  |  | 15.8 | 7.9 | 23.6 |
| HS Grad/GED | 31.4 | 6.0 | 56.8 |  |  |  | 3.9 | 1.5 | 6.3 |
| 1 or more years of college | 7.8 | 0.3 | 15.2 |  |  |  | 5.5 | 0.3 | 10.7 |
| Employment Employed for wages | 16.0 | 0.0 | 36.2 |  |  |  | 1.9 | 0.3 | 3.5 |
| Household Income \$24,999 or less | 24.3 | 0.0 | 51.0 | 28.4 | 0.0 | 69.4 | 7.8 | 2.2 | 13.3 |
| \$25,000-49,999 | 25.1 | 0.0 | 53.6 |  |  |  | 5.3 | 1.4 | 9.2 |
| \$50,000 or more | 7.7 | 0.0 | 16.0 |  |  |  | 3.6 | 0.0 | 9.1 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 32.6 | 13.3 | 52.0 | 30.9 | 13.1 | 48.6 | 29.2 | 11.3 | 47.2 |
| Sex Men | 31.1 | 6.7 | 55.4 | 18.1 | 9.6 | 26.7 | 14.1 | 7.0 | 21.1 |
| Women | 33.8 | 5.5 | 62.1 | 39.9 | 13.2 | 66.6 | 40.0 | 13.4 | 66.7 |
| Race/ethnicity NH White <br> NH Black  <br> Hispanic  | 25.6 | 6.1 | 45.0 | 15.7 | 9.5 | 21.9 | 14.7 | 8.9 | 20.5 |
|  | 18.1 | 5.5 | 30.6 | 30.5 | 13.7 | 47.4 | 29.1 | 12.5 | 45.7 |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 33.3 | 3.1 | 63.5 | 11.7 | 4.3 | 19.0 | 9.6 | 3.2 | 15.9 |
| NH White women | 15.5 | 7.4 | 23.6 | 21.0 | 10.6 | 31.3 | 21.4 | 10.9 | 31.8 |
| NH Black men | 19.3 | 2.9 | 35.6 | 38.5 | 20.6 | 56.4 | 31.1 | 13.4 | 48.8 |
| NH Black women | 17.6 | 1.4 | 33.9 | 27.5 | 6.8 | 48.1 | 28.3 | 6.6 | 50.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 10.6 | 4.2 | 17.0 | 14.1 | 6.6 | 21.6 | 12.1 | 5.7 | 18.5 |
|  | 54.9 | 25.0 | 84.7 | 46.0 | 11.8 | 80.2 | 45.2 | 10.6 | 79.7 |
|  | 32.7 | 19.7 | 45.7 | 34.8 | 23.5 | 46.1 | 31.8 | 20.9 | 42.6 |
| Marital Status Never married | 11.3 | 2.5 | 20.2 | 20.0 | 9.0 | 31.1 | 18.5 | 7.4 | 29.5 |
| Married/ living together as a couple | 15.1 | 8.8 | 21.5 | 22.5 | 14.8 | 30.1 | 17.4 | 11.1 | 23.8 |
| Divorced/ widowed/separated | 56.6 | 24.7 | 88.6 | 42.6 | 6.1 | 79.1 | 44.5 | 8.5 | 80.5 |
| Education $0-11$ years <br> HS Grad/GED  | 23.7 | 11.2 | 36.1 | 35.6 | 23.8 | 47.4 | 35.8 | 23.2 | 48.4 |
|  | 25.0 | 2.5 | 47.5 | 14.9 | 7.4 | 22.5 | 11.6 | 5.6 | 17.6 |
|  | 50.1 | 12.3 | 87.9 | 54.4 | 19.7 | 89.2 | 54.6 | 20.0 | 89.2 |
| Employment Employed for wages <br> Household Income $\$ 24,999$ or less | 33.3 | 2.2 | 64.4 | 35.8 | 5.6 | 66.0 | 34.5 | 3.9 | 65.2 |
|  | 57.1 | 30.9 | 83.4 | 45.8 | 14.0 | 77.5 | 44.1 | 11.9 | 76.2 |
| \$25,000 - 49,999 | 10.0 | 3.2 | 16.9 | 14.1 | 5.5 | 22.7 | 10.5 | 4.1 | 16.9 |
| \$50,000 or more | 13.0 | 2.1 | 23.9 | 18.7 | 6.8 | 30.6 | 18.6 | 7.6 | 29.7 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 19.2 | 12.0 | 26.3 | 4.7 | 1.8 | 7.6 | 16.3 | 10.0 | 22.7 |
| Sex Men <br>  Women | 21.9 | 12.1 | 31.7 | 3.0 | 0.2 | 5.8 | 19.8 | 10.5 | 29.1 |
|  | 17.3 | 7.7 | 26.9 | 5.9 | 1.1 | 10.6 | 14.0 | 5.8 | 22.1 |
| Race/ethnicity NH White <br> NH Black  | 20.4 | 12.6 | 28.2 | 4.5 | 1.9 | 7.1 | 18.6 | 11.2 | 26.0 |
|  | 24.1 | 9.0 | 39.2 | 6.1 | 0.0 | 14.5 | 15.4 | 3.9 | 26.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 19.5 | 8.3 | 30.7 | 3.2 | 0.0 | 6.7 | 18.2 | 7.4 | 29.0 |
| NH White women | 21.5 | 11.0 | 32.0 | 6.1 | 2.0 | 10.2 | 19.0 | 9.3 | 28.8 |
| NH Black men | 35.6 | 19.2 | 51.9 | 3.0 | 0.0 | 8.9 | 20.5 | 6.5 | 34.5 |
| NH Black women | 19.9 | 1.5 | 38.3 | 7.2 | 0.0 | 18.9 | 13.6 | 0.0 | 27.9 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br> 65 and older  | 8.4 | 2.7 | 14.1 | 1.9 | 0.0 | 4.5 | 7.8 | 2.5 | 13.1 |
|  | 14.7 | 4.1 | 25.4 | 3.1 | 0.4 | 5.9 | 11.1 | 2.9 | 19.3 |
|  | 59.7 | 47.9 | 71.4 | 16.4 | 3.7 | 29.1 | 51.4 | 38.9 | 63.9 |
| Marital Status Never married | 16.3 | 4.6 | 27.9 | 1.8 | 0.0 | 4.2 | 14.5 | 2.3 | 26.8 |
| Married/ living together as a couple | 24.7 | 16.6 | 32.9 | 6.2 | 2.5 | 9.8 | 20.2 | 13.0 | 27.3 |
| Divorced/ widowed/separated | 14.1 | 2.8 | 25.4 | 3.8 | 0.0 | 9.2 | 12.6 | 2.3 | 22.8 |
| Education $0-11$ years <br> HS Grad/GED  | 32.1 | 18.2 | 46.0 | 12.4 | 0.3 | 24.6 | 30.1 | 17.0 | 43.1 |
|  | 15.1 | 7.5 | 22.8 | 2.5 | 0.4 | 4.6 | 11.5 | 5.4 | 17.5 |
|  | 18.8 | 3.7 | 34.0 | 4.0 | 0.0 | 8.3 | 16.8 | 2.4 | 31.3 |
| Employment Employed for wages | 12.2 | 4.8 | 19.7 | 2.1 | 0.1 | 4.1 | 7.5 | 2.4 | 12.6 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 18.4 | 6.1 | 30.8 | 5.8 | 0.0 | 11.7 | 18.2 | 5.8 | 30.6 |
|  | 16.2 | 6.5 | 26.0 | 2.5 | 0.1 | 4.9 | 12.3 | 4.3 | 20.3 |
|  | 18.4 | 5.9 | 30.9 | 0.9 | 0.0 | 2.8 | 13.9 | 3.1 | 24.8 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Hardee County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Hardee County, 507 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Hardee County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 26,938 | 15,982,378 | 27.7 | 23.1 | 32.3 | 50.7 | 43.5 | 57.9 |
| Sex Men | 54.4\% | 48.8\% | 24.6 | 17.8 | 31.5 | 44.7 | 34.5 | 54.9 |
| Women | 45.6\% | 51.2\% | 30.2 | 24.0 | 36.3 | 58.4 | 48.3 | 68.4 |
| Race/ethnicity NH White | 54.6\% | 65.4\% | 24.0 | 19.0 | 29.0 | 56.2 | 47.3 | 65.0 |
| NH Black | 8.0\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 35.7\% | 16.8\% | 38.8 | 25.9 | 51.7 | 40.0 | 22.3 | 57.7 |
| Race/ethnicity-Sex NH White men | 27.6\% | 31.9\% | 21.1 | 13.8 | 28.4 | 47.2 | 35.0 | 59.4 |
| NH White women | 27.0\% | 33.6\% | 26.9 | 20.1 | 33.6 | 71.0 | 59.8 | 82.2 |
| NH Black men | 5.2\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 2.8\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 20.6\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 15.0\% | 8.4\% | 35.3 | 19.4 | 51.1 |  |  |  |
| Age 18-44 | 39.3\% | 36.9\% | 17.6 | 11.3 | 23.8 | 48.6 | 38.9 | 58.3 |
| 45-64 | 19.2\% | 22.7\% | 36.0 | 27.5 | 44.5 | 52.4 | 40.9 | 63.8 |
| 65 and older | 13.9\% | 17.6\% | 44.8 | 35.0 | 54.5 |  |  |  |
| Marital Status Never married | 25.1\% | 22.5\% | 5.8 | 0.0 | 12.2 |  |  |  |
| Married/ living together as a couple | 53.1\% | 53.7\% | 28.6 | 22.9 | 34.2 | 53.4 | 44.9 | 61.9 |
| Divorced/ widowed/separated | 21.8\% | 23.8\% | 34.4 | 25.1 | 43.8 | 48.3 | 32.8 | 63.7 |
| Education 0-11 years | 42.0\% | 20.1\% | 59.2 | 48.3 | 70.1 | 36.6 | 17.0 | 56.3 |
| HS Grad/GED | 31.5\% | 28.7\% | 18.3 | 12.3 | 24.3 | 42.7 | 31.9 | 53.4 |
| 1 or more years of college | 26.5\% | 51.1\% | 16.5 | 10.5 | 22.5 | 64.5 | 53.5 | 75.4 |
| Employment Employed for wages | 48.6\% | 54.9\% | 16.0 | 10.9 | 21.1 | 50.7 | 43.5 | 57.9 |
| Household Income \$24,999 or less | 40.8\% | 30.8\% | 42.2 | 33.6 | 50.9 | 40.1 | 26.5 | 53.7 |
| \$25,000-49,999 | 33.7\% | 31.6\% | 19.1 | 12.0 | 26.2 | 43.4 | 31.0 | 55.7 |
| \$50,000 or more | 25.5\% | 37.6\% | 9.7 | 2.7 | 16.8 | 70.7 | 57.6 | 83.7 |

[^25]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 40.2 | 35.0 | 45.3 | 64.1 | 59.1 | 69.2 | 82.0 | 77.6 | 86.3 |
| Sex Men | 37.5 | 29.4 | 45.7 | 59.2 | 51.0 | 67.5 | 78.5 | 71.4 | 85.6 |
| Women | 42.3 | 35.7 | 48.9 | 68.1 | 61.8 | 74.3 | 84.7 | 79.3 | 90.1 |
| Race/ethnicity NH White | 31.8 | 26.3 | 37.3 | 63.6 | 57.6 | 69.6 | 85.3 | 80.6 | 90.0 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic | 60.9 | 48.3 | 73.4 | 72.1 | 60.2 | 84.1 | 79.6 | 68.9 | 90.2 |
| Race/ethnicity-Sex NH White men | 32.8 | 23.9 | 41.6 | 61.3 | 51.9 | 70.7 | 83.2 | 75.7 | 90.6 |
| NH White women | 30.8 | 24.1 | 37.5 | 65.9 | 58.6 | 73.3 | 87.5 | 81.6 | 93.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women | 61.3 | 45.6 | 77.0 | 75.6 | 61.4 | 89.7 | 81.2 | 67.9 | 94.6 |
| Age 18-44 | 37.7 | 29.8 | 45.7 | 62.6 | 54.8 | 70.5 | 76.9 | 69.8 | 83.9 |
| 45-64 | 39.9 | 31.3 | 48.4 | 62.6 | 54.1 | 71.1 | 84.2 | 77.1 | 91.3 |
| 65 and older | 47.3 | 37.6 | 57.0 | 71.5 | 62.8 | 80.3 | 94.5 | 90.3 | 98.8 |
| Marital Status Never married | 38.0 | 15.6 | 60.5 | 52.6 | 29.7 | 75.5 | 69.9 | 48.3 | 91.5 |
| Married/ living together as a couple | 38.7 | 32.6 | 44.8 | 63.8 | 57.9 | 69.7 | 82.2 | 77.2 | 87.3 |
| Divorced/ widowed/separated | 46.1 | 36.1 | 56.0 | 70.5 | 61.0 | 80.0 | 86.3 | 78.8 | 93.8 |
| Education 0-11 years | 61.6 | 51.0 | 72.2 | 71.9 | 62.0 | 81.9 | 84.7 | 75.9 | 93.4 |
| HS Grad/GED | 40.7 | 32.7 | 48.7 | 65.9 | 58.2 | 73.5 | 86.4 | 80.5 | 92.3 |
| 1 or more years of college | 22.0 | 14.7 | 29.3 | 55.4 | 46.4 | 64.3 | 73.9 | 65.5 | 82.4 |
| Employment Employed for wages | 34.3 | 27.4 | 41.1 | 60.8 | 53.8 | 67.7 | 76.8 | 70.7 | 82.9 |
| Household Income \$24,999 or less | 52.3 | 43.6 | 61.1 | 77.3 | 70.1 | 84.5 | 91.2 | 85.9 | 96.4 |
| \$25,000 - 49,999 | 36.8 | 27.4 | 46.2 | 59.1 | 49.6 | 68.7 | 79.1 | 70.9 | 87.4 |
| \$50,000 or more | 18.4 | 9.7 | 27.1 | 47.9 | 35.8 | 59.9 | 68.8 | 56.9 | 80.6 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 34.2 | 29.3 | 39.1 | 36.8 | 31.7 | 41.8 | 79.0 | 74.8 | 83.1 |
| Sex Men | 43.0 | 34.8 | 51.3 | 36.5 | 28.5 | 44.6 | 83.1 | 77.1 | 89.2 |
| Women | 27.2 | 21.6 | 32.9 | 36.9 | 30.5 | 43.4 | 75.6 | 69.9 | 81.4 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 39.6 | 33.6 | 45.5 | 33.2 | 27.4 | 39.1 | 75.9 | 70.8 | 80.9 |
|  |  |  |  |  |  |  |  |  |  |
|  | 26.9 | 15.0 | 38.9 | 38.2 | 25.9 | 50.6 | 85.8 | 76.1 | 95.6 |
| Race/ethnicity-Sex NH White men | 45.0 | 35.5 | 54.6 | 35.6 | 26.1 | 45.1 | 81.0 | 73.9 | 88.1 |
| NH White women | 34.0 | 26.9 | 41.1 | 30.9 | 23.9 | 37.8 | 70.6 | 63.6 | 77.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic menHispanic women |  |  |  |  |  |  |  |  |  |
|  | 16.6 | 4.7 | 28.4 | 44.7 | 28.9 | 60.5 | 79.5 | 65.4 | 93.7 |
| Age | 29.7 | 22.3 | 37.1 | 35.2 | 27.5 | 43.0 | 80.9 | 74.5 | 87.4 |
|  | 40.3 | 31.9 | 48.8 | 45.4 | 36.7 | 54.0 | 80.8 | 74.3 | 87.3 |
|  | 37.1 | 27.8 | 46.4 | 30.3 | 21.0 | 39.5 | 70.0 | 61.2 | 78.8 |
| Marital Status Never married | 37.2 | 14.9 | 59.6 | 46.2 | 23.4 | 69.0 | 73.8 | 54.1 | 93.4 |
| Married/ living together as a couple | 35.0 | 29.2 | 40.8 | 35.3 | 29.4 | 41.3 | 79.7 | 74.8 | 84.6 |
| Divorced/ widowed/separated | 30.1 | 21.1 | 39.1 | 37.8 | 28.2 | 47.4 | 78.3 | 70.5 | 86.1 |
| Education 0-11 years | 27.6 | 17.9 | 37.4 | 39.4 | 28.9 | 50.0 | 81.6 | 72.6 | 90.6 |
| HS Grad/GED | 32.0 | 24.5 | 39.4 | 41.6 | 33.6 | 49.6 | 81.7 | 75.6 | 87.7 |
| 1 or more years of college | 41.9 | 33.2 | 50.6 | 28.5 | 20.2 | 36.7 | 73.1 | 65.5 | 80.7 |
| Employment Employed for wages | 36.4 | 29.6 | 43.1 | 38.2 | 31.3 | 45.1 | 80.2 | 74.7 | 85.6 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 28.9 | 20.9 | 36.8 | 44.8 | 36.1 | 53.6 | 79.1 | 72.0 | 86.2 |
|  | 35.9 | 26.8 | 44.9 | 37.1 | 27.7 | 46.6 | 76.9 | 68.8 | 85.0 |
|  | 43.6 | 31.7 | 55.4 | 24.3 | 13.5 | 35.0 | 80.6 | 72.2 | 88.9 |




| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 80.6 | 76.2 | 85.0 | 87.6 | 83.5 | 91.6 | 36.0 | 30.7 | 41.2 |
| Sex Men | 82.9 | 76.1 | 89.8 | 87.8 | 81.7 | 93.9 | 38.1 | 29.7 | 46.6 |
| Women | 78.8 | 73.0 | 84.5 | 87.4 | 81.9 | 92.9 | 34.2 | 27.5 | 40.8 |
| Race/ethnicity NH White | 88.2 | 83.8 | 92.6 | 86.9 | 82.0 | 91.7 | 42.9 | 36.6 | 49.1 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic | 66.4 | 54.1 | 78.6 | 86.7 | 75.1 | 98.3 | 18.1 | 6.5 | 29.8 |
| Race/ethnicity-Sex NH White men | 89.3 | 82.2 | 96.3 | 87.5 | 80.5 | 94.4 | 45.7 | 35.7 | 55.7 |
| NH White women | 87.1 | 81.7 | 92.5 | 86.3 | 79.4 | 93.1 | 40.0 | 32.2 | 47.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women | 69.6 | 55.1 | 84.1 | 89.0 | 75.8 | 100.0 | 20.8 | 5.6 | 36.0 |
| Age $18-44$ | 71.2 | 63.8 | 78.5 | 83.6 | 76.5 | 90.8 | 18.1 | 11.1 | 25.0 |
| 45-64 | 87.9 | 81.7 | 94.1 | 88.6 | 81.8 | 95.4 | 44.5 | 35.4 | 53.6 |
| 65 and older | 97.3 | 94.0 | 100.0 | 93.9 | 88.9 | 98.9 | 62.3 | 52.9 | 71.7 |
| Marital Status Never married | 66.0 | 43.5 | 88.6 |  |  |  |  |  |  |
| Married/ living together as a couple | 82.1 | 77.0 | 87.1 | 85.4 | 80.2 | 90.6 | 38.8 | 32.4 | 45.2 |
| Divorced/ widowed/separated | 82.7 | 75.1 | 90.2 | 93.9 | 88.9 | 98.9 | 31.8 | 22.3 | 41.3 |
| Education 0-11 years | 76.6 | 67.4 | 85.8 | 84.7 | 74.4 | 95.0 | 34.7 | 22.9 | 46.6 |
| HS Grad/GED | 76.6 | 69.1 | 84.1 | 86.7 | 80.2 | 93.3 | 38.1 | 29.8 | 46.4 |
| 1 or more years of college | 88.8 | 82.8 | 94.8 | 90.2 | 84.8 | 95.6 | 34.6 | 26.1 | 43.0 |
| Employment Employed for wages | 77.9 | 71.8 | 84.1 | 86.3 | 80.6 | 92.0 | 28.5 | 21.8 | 35.2 |
| Household Income \$24,999 or less | 72.6 | 64.1 | 81.1 | 82.9 | 74.7 | 91.1 | 41.1 | 31.7 | 50.6 |
| \$25,000-49,999 | 82.8 | 75.5 | 90.1 | 90.0 | 83.9 | 96.1 | 33.0 | 23.5 | 42.4 |
| \$50,000 or more | 92.3 | 85.0 | 99.5 | 88.7 | 79.5 | 98.0 | 31.1 | 20.1 | 42.2 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 10.5 | 7.4 | 13.6 | 78.0 | 65.1 | 91.0 | 11.6 | 8.4 | 14.7 |
| Sex Men | 10.7 | 5.2 | 16.3 |  |  |  | 6.7 | 3.3 | 10.1 |
| Women | 10.3 | 6.8 | 13.8 | 86.7 | 74.1 | 99.3 | 15.4 | 10.6 | 20.2 |
| Race/ethnicity NH White | 13.7 | 9.2 | 18.1 | 76.7 | 61.6 | 91.9 | 10.9 | 7.4 | 14.4 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic | 6.7 | 0.8 | 12.7 |  |  |  | 10.1 | 2.6 | 17.6 |
| Race/ethnicity-Sex NH White men <br>  NH White women | 14.0 | 6.4 | 21.5 |  |  |  | 7.1 | 3.0 | 11.2 |
|  | 13.4 | 8.7 | 18.0 | 91.4 | 81.1 | 100.0 | 14.9 | 9.3 | 20.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women | 8.3 | 0.0 | 16.6 |  |  |  | 14.3 | 3.3 | 25.3 |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 9.8 | 5.0 | 14.5 |  |  |  | 4.5 | 1.3 | 7.8 |
|  | 11.5 | 6.1 | 16.8 |  |  |  | 18.2 | 11.2 | 25.1 |
|  | 11.6 | 5.3 | 17.9 |  |  |  | 22.2 | 13.8 | 30.6 |
| Marital Status Never married | 8.9 | 0.0 | 18.8 |  |  |  | 4.6 | 0.0 | 9.7 |
| Married/ living together as a couple | 10.8 | 6.9 | 14.7 | 73.2 | 56.3 | 90.1 | 11.5 | 7.6 | 15.4 |
| Divorced/ widowed/separated | 10.4 | 4.7 | 16.0 |  |  |  | 14.5 | 8.2 | 20.8 |
| Education <br> HS Grad/GED <br> -11 years <br> 1 1 or more years of college | 11.5 | 4.8 | 18.1 |  |  |  | 22.9 | 13.8 | 32.1 |
|  | 12.1 | 6.5 | 17.8 |  |  |  | 8.5 | 4.6 | 12.4 |
|  | 7.9 | 4.1 | 11.6 |  |  |  | 6.8 | 3.1 | 10.5 |
| Employment Employed for wages | 8.8 | 4.7 | 12.9 |  |  |  | 5.9 | 2.7 | 9.1 |
| Household Income \$24,999 or less | 9.8 | 4.6 | 14.9 |  |  |  | 15.8 | 9.2 | 22.5 |
| \$25,000-49,999 | 14.1 | 7.2 | 21.1 |  |  |  | 12.5 | 6.9 | 18.0 |
| \$50,000 or more | 9.4 | 3.9 | 14.8 |  |  |  | 4.6 | 0.4 | 8.7 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Hendry County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Hendry County, 530 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Hendry County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | Cl |  |
| All | 36,210 | 15,982,378 | 33.5 | 20.7 | 46.4 | 49.9 | 41.5 | 58.3 |
| Sex Men | 55.6\% | 48.8\% | 38.2 | 16.6 | 59.8 | 40.2 | 28.9 | 51.4 |
| Women | 44.4\% | 51.2\% | 27.9 | 21.9 | 33.8 | 64.9 | 56.0 | 73.7 |
| Race/ethnicity NH White | 43.9\% | 65.4\% | 22.5 | 16.9 | 28.0 | 49.6 | 37.4 | 61.8 |
| NH Black | 14.5\% | 14.2\% | 23.5 | 11.6 | 35.4 | 61.0 | 39.6 | 82.5 |
| Hispanic | 39.6\% | 16.8\% | 57.8 | 27.8 | 87.8 | 44.2 | 26.8 | 61.5 |
| Race/ethnicity-Sex NH White men | 22.4\% | 31.9\% | 20.2 | 11.7 | 28.7 | 37.9 | 22.3 | 53.5 |
| NH White women | 21.5\% | 33.6\% | 25.0 | 18.4 | 31.6 | 69.3 | 58.6 | 80.0 |
| NH Black men | 7.8\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 6.7\% | 7.4\% | 36.4 | 18.2 | 54.5 |  |  |  |
| Hispanic men | 24.3\% | 8.4\% | 67.1 | 28.9 | 100.0 |  |  |  |
| Hispanic women | 15.3\% | 8.4\% | 41.6 | 25.0 | 58.1 |  |  |  |
| Age 18-44 | 41.6\% | 36.9\% | 21.6 | 15.0 | 28.2 | 44.7 | 33.6 | 55.8 |
| 45-64 | 18.3\% | 22.7\% | 34.2 | 26.0 | 42.5 | 60.6 | 50.6 | 70.6 |
| 65 and older | 10.1\% | 17.6\% | 57.6 | 25.1 | 90.1 |  |  |  |
| Marital Status Never married | 25.7\% | 22.5\% | 19.8 | 7.0 | 32.7 | 36.3 | 13.2 | 59.5 |
| Married/ living together as a couple | 51.6\% | 53.7\% | 39.8 | 22.4 | 57.3 | 57.0 | 48.6 | 65.4 |
| Divorced/ widowed/separated | 22.8\% | 23.8\% | 23.3 | 15.5 | 31.0 | 43.4 | 29.8 | 57.0 |
| Education 0-11 years | 45.8\% | 20.1\% | 57.5 | 34.6 | 80.5 | 39.2 | 24.6 | 53.8 |
| HS Grad/GED | 29.1\% | 28.7\% | 21.9 | 15.1 | 28.6 | 52.5 | 38.8 | 66.1 |
| 1 or more years of college | 25.1\% | 51.1\% | 16.0 | 9.6 | 22.4 | 54.6 | 39.1 | 70.1 |
| Employment Employed for wages | 54.8\% | 54.9\% | 18.2 | 12.8 | 23.7 | 49.9 | 41.5 | 58.3 |
| Household Income \$24,999 or less | 37.0\% | 30.8\% | 50.5 | 29.2 | 71.8 | 47.4 | 32.4 | 62.5 |
| \$25,000 - 49,999 | 32.9\% | 31.6\% | 18.2 | 10.9 | 25.6 | 55.4 | 43.7 | 67.1 |
| \$50,000 or more | 30.1\% | 37.6\% | 8.9 | 2.3 | 15.5 | 52.9 | 31.8 | 74.0 |

[^26]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 33.9 | 25.7 | 42.1 | 51.4 | 40.5 | 62.3 | 72.6 | 58.2 | 86.9 |
| Sex Men | 28.2 | 15.5 | 40.8 | 43.1 | 26.4 | 59.8 | 59.7 | 37.8 | 81.6 |
| Women | 40.8 | 34.2 | 47.4 | 61.3 | 55.0 | 67.6 | 87.9 | 83.8 | 92.0 |
| Race/ethnicity NH White | 36.2 | 27.4 | 44.9 | 51.2 | 42.6 | 59.7 | 76.6 | 67.0 | 86.2 |
| NH Black | 37.9 | 24.2 | 51.6 | 58.6 | 44.2 | 73.0 | 81.8 | 69.8 | 93.8 |
| Hispanic | 30.6 | 8.1 | 53.1 | 43.1 | 12.4 | 73.8 | 54.3 | 16.5 | 92.1 |
| Race/ethnicity-Sex NH White men | 36.9 | 21.7 | 52.1 | 43.0 | 29.0 | 57.1 | 66.9 | 50.6 | 83.2 |
| NH White women | 35.3 | 27.7 | 42.9 | 59.9 | 51.9 | 67.9 | 87.1 | 81.0 | 93.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 41.7 | 23.7 | 59.7 | 60.7 | 42.8 | 78.5 | 92.9 | 85.7 | 100.0 |
| Hispanic men | 16.4 | 0.0 | 37.2 | 31.8 | 0.0 | 68.7 | 35.7 | 0.0 | 77.0 |
| Hispanic women | 54.9 | 39.1 | 70.6 | 62.9 | 47.9 | 77.9 | 86.6 | 76.9 | 96.3 |
| Age 18-44 | 36.8 | 27.5 | 46.1 | 55.1 | 45.8 | 64.3 | 75.3 | 65.8 | 84.9 |
| 45-64 | 36.6 | 27.9 | 45.3 | 59.5 | 51.0 | 68.0 | 84.3 | 77.8 | 90.8 |
| 65 and older | 25.6 | 5.3 | 45.9 | 36.0 | 8.1 | 64.0 | 55.1 | 13.3 | 96.9 |
| Marital Status Never married | 34.1 | 10.3 | 58.0 | 54.6 | 31.6 | 77.6 | 69.2 | 44.2 | 94.2 |
| Married/ living together as a couple | 32.8 | 22.2 | 43.4 | 49.7 | 34.7 | 64.7 | 71.5 | 50.9 | 92.1 |
| Divorced/ widowed/separated | 37.6 | 28.0 | 47.3 | 54.9 | 44.8 | 64.9 | 80.4 | 72.3 | 88.4 |
| Education 0-11 years | 37.7 | 17.1 | 58.3 | 45.6 | 21.1 | 70.1 | 63.2 | 30.3 | 96.2 |
| HS Grad/GED | 35.3 | 27.1 | 43.4 | 59.1 | 50.4 | 67.8 | 78.5 | 71.4 | 85.5 |
| 1 or more years of college | 27.4 | 13.9 | 41.0 | 49.8 | 38.3 | 61.3 | 76.6 | 62.4 | 90.8 |
| Employment Employed for wages | 31.2 | 22.6 | 39.7 | 56.4 | 47.8 | 64.9 | 77.1 | 68.2 | 86.0 |
| Household Income \$24,999 or less | 34.0 | 18.6 | 49.4 | 51.4 | 29.3 | 73.5 | 68.7 | 40.3 | 97.2 |
| \$25,000-49,999 | 27.3 | 18.7 | 35.8 | 57.0 | 47.6 | 66.5 | 81.6 | 73.5 | 89.7 |
| \$50,000 or more | 42.2 | 22.8 | 61.7 | 39.7 | 24.0 | 55.4 | 64.8 | 43.5 | 86.1 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | $\begin{array}{r\|} \hline \% \\ \hline 80.2 \end{array}$ | CI |  |
| All | 28.6 | 21.8 | 35.3 | 36.9 | 24.3 | 49.5 |  | 75.0 | 85.3 |
| Sex Men | 30.2 | 18.3 | 42.2 | 44.4 | 24.2 | 64.6 | 84.4 | 77.3 | 91.4 |
| Women | 26.5 | 20.9 | 32.2 | 27.8 | 22.1 | 33.5 | 75.1 | 69.6 | 80.5 |
| Race/ethnicity NH White | 33.4 | 26.5 | 40.3 | 34.3 | 24.9 | 43.8 | 78.7 | 73.3 | 84.1 |
| NH Black | 35.1 | 21.3 | 49.0 | 33.1 | 19.7 | 46.4 | 69.8 | 56.1 | 83.5 |
| Hispanic | 19.2 | 4.1 | 34.2 | 49.7 | 14.7 | 84.7 | 85.9 | 74.6 | 97.1 |
| Race/ethnicity-Sex NH White men | 36.4 | 24.7 | 48.1 | 40.7 | 25.0 | 56.4 | 83.8 | 76.4 | 91.1 |
| NH White women | 30.0 | 22.5 | 37.6 | 27.2 | 20.1 | 34.3 | 73.1 | 65.9 | 80.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 29.6 | 13.5 | 45.7 | 45.3 | 26.9 | 63.7 | 72.5 | 57.4 | 87.6 |
| Hispanic men | 15.9 | 0.0 | 36.2 | 64.3 | 23.1 | 100.0 | 90.4 | 77.8 | 100.0 |
| Hispanic women | 24.8 | 11.8 | 37.7 | 24.8 | 11.4 | 38.2 | 78.2 | 66.1 | 90.2 |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 25.9 | 19.0 | 32.8 | 34.3 | 24.5 | 44.1 | 81.5 | 75.6 | 87.3 |
|  | 39.2 | 30.9 | 47.5 | 30.0 | 22.0 | 38.0 | 77.8 | 71.3 | 84.3 |
|  | 23.1 | 4.6 | 41.6 | 49.8 | 11.7 | 87.9 | 80.0 | 63.9 | 96.1 |
| Marital Status Never married | 15.3 | 4.4 | 26.2 | 45.3 | 22.0 | 68.6 | 87.8 | 78.7 | 96.9 |
| Married/ living together as a couple | 30.3 | 20.6 | 40.1 | 38.8 | 21.2 | 56.5 | 80.8 | 74.0 | 87.5 |
| Divorced/ widowed/separated | 34.8 | 24.9 | 44.7 | 23.6 | 15.2 | 31.9 | 70.5 | 60.8 | 80.2 |
| Education 0-11 years | 23.9 | 10.0 | 37.7 | 43.2 | 13.6 | 72.8 | 85.0 | 75.5 | 94.5 |
| HS Grad/GED | 32.7 | 24.9 | 40.5 | 33.8 | 24.4 | 43.3 | 78.6 | 72.0 | 85.1 |
| 1 or more years of college | 30.7 | 21.7 | 39.8 | 34.2 | 21.2 | 47.1 | 76.3 | 68.8 | 83.8 |
| Employment Employed for wages | 31.1 | 24.3 | 37.8 | 34.3 | 25.3 | 43.4 | 80.8 | 75.6 | 86.0 |
| Household Income \$24,999 or less | 25.6 | 13.5 | 37.6 | 42.2 | 17.8 | 66.6 | 80.4 | 70.7 | 90.0 |
| \$25,000-49,999 | 35.4 | 26.5 | 44.2 | 29.8 | 20.9 | 38.8 | 80.9 | 74.0 | 87.7 |
| \$50,000 or more | 35.4 | 20.7 | 50.0 | 42.2 | 22.8 | 61.7 | 80.6 | 70.6 | 90.7 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 32.9 | 19.9 | 46.0 | 40.9 | 16.4 | 65.4 | 25.7 | 11.0 | 40.4 |
| Sex Men | 42.8 | 22.2 | 63.3 | 35.8 | 4.8 | 66.8 | 39.5 | 17.4 | 61.6 |
| Women | 21.1 | 16.0 | 26.2 | 53.5 | 39.8 | 67.2 | 9.2 | 4.9 | 13.4 |
| Race/ethnicity NH White | 31.9 | 24.2 | 39.7 | 57.5 | 43.7 | 71.4 | 20.0 | 9.6 | 30.4 |
| NH Black | 15.5 | 4.6 | 26.3 |  |  |  | 10.7 | 0.0 | 21.4 |
| Hispanic | 44.0 | 5.3 | 82.6 |  |  |  | 43.4 | 4.5 | 82.4 |
| Race/ethnicity-Sex NH White men | 33.2 | 20.1 | 46.3 | 60.0 | 38.1 | 82.0 | 31.1 | 13.9 | 48.3 |
| NH White women | 30.5 | 22.9 | 38.1 | 54.5 | 38.9 | 70.0 | 7.4 | 3.5 | 11.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 11.8 | 0.8 | 22.9 |  |  |  | 3.8 | 0.0 | 11.0 |
| Hispanic men | 62.6 | 19.6 | 100.0 |  |  |  | 64.3 | 23.0 | 100.0 |
| Hispanic women | 12.1 | 2.5 | 21.8 |  |  |  | 7.8 | 0.5 | 15.0 |
| Age 18-44 | 29.6 | 21.5 | 37.8 | 55.7 | 39.8 | 71.5 | 26.1 | 15.6 | 36.5 |
| 45-64 | 27.2 | 19.8 | 34.5 | 57.9 | 42.8 | 73.1 | 9.9 | 5.0 | 14.8 |
| 65 and older | 46.2 | 4.9 | 87.4 |  |  |  | 41.3 | 0.0 | 85.8 |
| Marital Status Never married | 34.3 | 14.0 | 54.7 |  |  |  | 44.6 | 20.6 | 68.5 |
| Married/ living together as a couple | 30.7 | 11.1 | 50.4 | 28.3 | 0.9 | 55.8 | 23.2 | 1.6 | 44.8 |
| Divorced/ widowed/separated | 40.4 | 30.4 | 50.4 | 56.4 | 39.7 | 73.0 | 19.0 | 11.1 | 27.0 |
| Education 0-11 years | 48.6 | 21.5 | 75.7 | 25.7 | 0.0 | 55.0 | 34.5 | 0.8 | 68.3 |
| HS Grad/GED | 32.1 | 22.6 | 41.6 | 67.1 | 51.3 | 83.0 | 19.7 | 10.1 | 29.3 |
| 1 or more years of college | 15.7 | 9.3 | 22.2 | 41.0 | 20.4 | 61.7 | 22.4 | 7.9 | 36.9 |
| Employment Employed for wages | 29.4 | 22.0 | 36.9 | 62.4 | 48.9 | 75.9 | 25.7 | 16.1 | 35.3 |
| Household Income \$24,999 or less | 41.4 | 16.5 | 66.3 | 32.1 | 0.0 | 67.4 | 34.5 | 6.8 | 62.3 |
| \$25,000-49,999 | 35.2 | 25.8 | 44.5 | 51.8 | 34.2 | 69.5 | 19.7 | 11.7 | 27.8 |
| \$50,000 or more | 19.1 | 8.9 | 29.3 |  |  |  | 29.0 | 6.6 | 51.3 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 42.0 | 30.3 | 53.7 | 44.9 | 33.6 | 56.2 | 20.9 | 6.2 | 35.6 |
| Sex Men | 44.1 | 24.0 | 64.2 | 54.0 | 36.9 | 71.2 | 23.0 | 0.0 | 48.9 |
| Women | 39.4 | 32.6 | 46.2 | 33.8 | 27.2 | 40.5 | 18.4 | 12.9 | 23.9 |
| Race/ethnicity NH White | 21.6 | 14.3 | 28.9 | 27.1 | 18.0 | 36.3 | 9.9 | 6.1 | 13.7 |
| NH Black | 29.5 | 14.8 | 44.2 | 43.3 | 28.4 | 58.1 | 21.1 | 7.5 | 34.7 |
| Hispanic | 77.6 | 60.7 | 94.6 | 75.8 | 57.8 | 93.9 | 42.9 | 3.6 | 82.2 |
| Race/ethnicity-Sex NH White men | 19.5 | 7.1 | 31.8 | 29.6 | 13.8 | 45.5 | 2.5 | 0.0 | 5.5 |
| NH White women | 23.9 | 16.7 | 31.1 | 24.3 | 17.0 | 31.6 | 18.2 | 11.6 | 24.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 33.4 | 14.6 | 52.3 | 32.2 | 13.7 | 50.8 | 30.2 | 11.6 | 48.8 |
| Hispanic men | 84.7 | 65.4 | 100.0 | 88.1 | 72.4 | 100.0 | 56.3 | 6.8 | 100.0 |
| Hispanic women | 65.5 | 50.8 | 80.2 | 54.9 | 39.1 | 70.6 | 19.9 | 6.1 | 33.7 |
| Age 18-44 | 47.7 | 38.7 | 56.7 | 54.3 | 45.4 | 63.1 | 15.3 | 9.8 | 20.8 |
| 45-64 | 32.6 | 23.8 | 41.4 | 23.1 | 14.9 | 31.3 | 13.6 | 7.3 | 19.8 |
| 65 and older | 40.3 | 0.0 | 85.3 | 48.1 | 8.7 | 87.5 | 40.2 | 0.0 | 85.3 |
| Marital Status Never married | 40.9 | 19.8 | 62.1 | 57.3 | 36.2 | 78.4 | 6.3 | 0.3 | 12.4 |
| Married/ living together as a couple | 45.4 | 29.3 | 61.4 | 46.0 | 30.2 | 61.9 | 24.8 | 3.6 | 45.9 |
| Divorced/ widowed/separated | 31.7 | 21.4 | 42.1 | 28.8 | 19.2 | 38.3 | 20.5 | 11.0 | 30.0 |
| Education 0-11 years | 71.1 | 55.0 | 87.2 | 64.8 | 45.6 | 84.1 | 39.9 | 8.7 | 71.1 |
| HS Grad/GED | 30.6 | 20.8 | 40.4 | 33.5 | 25.1 | 41.8 | 13.6 | 7.3 | 19.9 |
| 1 or more years of college | 18.9 | 10.9 | 26.9 | 32.0 | 18.7 | 45.3 | 5.9 | 2.2 | 9.7 |
| Employment Employed for wages | 34.8 | 26.9 | 42.8 | 43.9 | 35.4 | 52.3 | 10.1 | 6.2 | 14.0 |
| Household Income \$24,999 or less | 61.6 | 44.7 | 78.5 | 54.7 | 34.9 | 74.4 | 36.3 | 9.8 | 62.8 |
| \$25,000-49,999 | 29.5 | 20.6 | 38.5 | 32.0 | 22.9 | 41.1 | 7.8 | 2.6 | 12.9 |
| \$50,000 or more | 13.9 | 3.7 | 24.9 | 37.3 | 16.6 | 58.0 | 4.7 | 0.0 | 9.5 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 54.0 | 42.8 | 65.2 | 34.3 | 26.2 | 42.4 | 60.9 | 54.7 | 67.1 |
| Sex Men | 44.7 | 28.0 | 61.4 | 30.0 | 17.4 | 42.5 | 60.4 | 50.4 | 70.4 |
| Women | 65.4 | 59.3 | 71.6 | 39.7 | 33.1 | 46.4 | 61.4 | 54.1 | 68.7 |
| Race/ethnicity NH White | 57.0 | 48.0 | 65.9 | 35.2 | 27.3 | 43.1 | 64.5 | 55.7 | 73.3 |
| NH Black | 52.9 | 38.2 | 67.6 | 10.7 | 2.9 | 18.6 | 51.2 | 35.3 | 67.1 |
| Hispanic | 39.7 | 11.2 | 68.1 | 35.9 | 9.8 | 62.0 | 57.1 | 43.3 | 71.0 |
| Race/ethnicity-Sex NH White men | 53.2 | 38.5 | 67.9 | 32.7 | 19.5 | 45.9 | 64.4 | 50.0 | 78.8 |
| NH White women | 61.2 | 53.2 | 69.2 | 38.1 | 30.0 | 46.1 | 64.7 | 55.8 | 73.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 51.8 | 33.2 | 70.4 | 16.6 | 3.1 | 30.0 | 49.0 | 30.0 | 68.0 |
| Hispanic men |  |  |  | 28.9 | 0.0 | 63.0 |  |  |  |
| Hispanic women | 67.3 | 52.6 | 82.0 | 48.0 | 31.7 | 64.3 | 52.7 | 35.3 | 70.2 |
| Age 18-44 | 56.4 | 46.9 | 65.8 | 52.4 | 43.2 | 61.6 | 58.0 | 48.8 | 67.2 |
| 45-64 | 71.4 | 63.8 | 79.1 | 25.2 | 17.4 | 33.1 | 66.3 | 56.7 | 75.8 |
| 65 and older | 31.3 | 6.7 | 55.8 | 5.9 | 0.2 | 11.6 | 63.1 | 51.9 | 74.3 |
| Marital Status Never married | 44.8 | 24.0 | 65.6 | 44.3 | 22.6 | 66.0 | 66.5 | 44.9 | 88.1 |
| Married/ living together as a couple | 56.8 | 40.2 | 73.4 | 33.4 | 22.6 | 44.2 | 63.1 | 56.3 | 69.9 |
| Divorced/ widowed/separated | 50.3 | 40.2 | 60.5 | 27.2 | 17.9 | 36.5 | 46.6 | 35.9 | 57.3 |
| Education 0-11 years | 33.6 | 14.7 | 52.5 | 27.7 | 11.2 | 44.2 | 42.8 | 31.6 | 54.0 |
| HS Grad/GED | 61.8 | 52.4 | 71.1 | 32.3 | 22.7 | 41.9 | 54.3 | 44.1 | 64.6 |
| 1 or more years of college | 70.1 | 56.6 | 83.7 | 44.8 | 33.8 | 55.8 | 81.0 | 73.5 | 88.5 |
| Employment Employed for wages | 60.3 | 51.4 | 69.1 | 43.3 | 35.3 | 51.4 | 63.8 | 55.5 | 72.0 |
| Household Income \$24,999 or less | 39.8 | 22.0 | 57.5 | 26.7 | 13.1 | 40.3 | 43.7 | 33.8 | 53.6 |
| \$25,000 - 49,999 | 63.7 | 54.7 | 72.8 | 42.0 | 32.5 | 51.5 | 65.9 | 56.0 | 75.8 |
| \$50,000 or more | 68.8 | 47.1 | 90.5 | 44.5 | 27.9 | 61.2 | 79.0 | 67.9 | 90.1 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 28.8 | 15.3 | 42.3 | 51.0 | 17.9 | 84.1 | 27.6 | 13.3 | 42.0 |
| Sex Men | 33.7 | 10.7 | 56.7 | 36.5 | 0.0 | 74.6 | 29.1 | 3.7 | 54.6 |
| Women | 22.9 | 17.7 | 28.2 | 76.6 | 64.1 | 89.2 | 25.9 | 19.9 | 31.9 |
| Race/ethnicity NH White | 25.7 | 19.9 | 31.6 | 84.6 | 76.8 | 92.4 | 18.7 | 9.3 | 28.1 |
| NH Black | 39.3 | 25.1 | 53.5 |  |  |  | 24.7 | 11.8 | 37.6 |
| Hispanic | 39.5 | 0.0 | 81.6 |  |  |  | 48.3 | 12.1 | 84.4 |
| Race/ethnicity-Sex NH White men | 22.6 | 13.8 | 31.5 | 85.0 | 72.3 | 97.6 | 17.4 | 0.0 | 35.0 |
| NH White women | 29.2 | 22.3 | 36.1 | 84.3 | 74.2 | 94.4 | 20.1 | 13.9 | 26.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 42.6 | 24.1 | 61.1 |  |  |  | 34.6 | 16.7 | 52.5 |
| Hispanic men | 56.5 | 5.9 | 100.0 |  |  |  | 58.6 | 11.4 | 100.0 |
| Hispanic women | 11.2 | 0.0 | 23.1 |  |  |  | 30.2 | 14.9 | 45.5 |
| Age 18-44 | 9.4 | 5.1 | 13.8 |  |  |  | 21.9 | 12.3 | 31.5 |
| 45-64 | 33.7 | 25.6 | 41.8 | 81.8 | 69.9 | 93.6 | 20.3 | 13.4 | 27.3 |
| 65 and older | 63.2 | 34.7 | 91.6 | 37.7 | 0.0 | 84.0 | 46.4 | 5.6 | 87.3 |
| Marital Status Never married | 9.7 | 1.9 | 17.4 |  |  |  | 29.6 | 4.7 | 54.6 |
| Married/ living together as a couple | 33.2 | 14.0 | 52.3 | 43.1 | 5.5 | 80.8 | 30.5 | 10.3 | 50.6 |
| Divorced/ widowed/separated | 30.5 | 21.8 | 39.1 | 87.8 | 77.9 | 97.6 | 16.1 | 10.1 | 22.2 |
| Education 0-11 years | 42.6 | 12.7 | 72.5 | 27.9 | 0.0 | 63.5 | 38.6 | 6.5 | 70.6 |
| HS Grad/GED | 24.4 | 17.3 | 31.5 | 74.2 | 57.4 | 90.9 | 17.5 | 11.0 | 24.0 |
| 1 or more years of college | 18.2 | 11.9 | 24.5 | 82.2 | 69.3 | 95.2 | 25.5 | 11.4 | 39.6 |
| Employment Employed for wages | 15.0 | 10.6 | 19.4 | 73.9 | 60.8 | 87.0 | 17.4 | 8.5 | 26.4 |
| Household Income \$24,999 or less | 37.1 | 10.8 | 63.5 | 36.4 | 0.0 | 78.4 | 34.8 | 7.7 | 62.0 |
| \$25,000-49,999 | 25.0 | 16.9 | 33.1 | 72.3 | 54.4 | 90.1 | 14.9 | 8.1 | 21.7 |
| \$50,000 or more | 14.0 | 6.1 | 21.8 |  |  |  | 30.9 | 8.8 | 52.9 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 74.1 | 67.2 | 81.0 | 88.8 | 84.5 | 93.2 | 43.7 | 28.5 | 59.0 |
| Sex Men | 73.1 | 61.2 | 85.0 | 88.9 | 81.7 | 96.0 | 51.5 | 27.3 | 75.7 |
| Women | 75.3 | 69.1 | 81.4 | 88.8 | 84.3 | 93.4 | 34.5 | 27.5 | 41.5 |
| Race/ethnicity NH White | 79.4 | 72.1 | 86.7 | 86.6 | 81.5 | 91.6 | 35.9 | 25.7 | 46.1 |
| NH Black | 81.6 | 71.1 | 92.1 | 83.2 | 69.8 | 96.5 | 48.7 | 32.0 | 65.4 |
| Hispanic | 74.4 | 54.5 | 94.2 | 96.6 | 91.8 | 100.0 | 60.7 | 22.4 | 98.9 |
| Race/ethnicity-Sex NH White men | 78.7 | 66.2 | 91.2 | 85.8 | 77.6 | 93.9 | 35.5 | 17.3 | 53.7 |
| NH White women | 80.2 | 73.3 | 87.0 | 87.4 | 81.5 | 93.3 | 36.3 | 27.9 | 44.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 78.4 | 63.4 | 93.4 | 95.0 | 85.6 | 100.0 | 37.1 | 16.3 | 57.9 |
| Hispanic men | 75.0 | 44.4 | 100.0 |  |  |  |  |  |  |
| Hispanic women | 73.3 | 58.0 | 88.5 | 91.9 | 82.6 | 100.0 | 29.7 | 13.6 | 45.9 |
| Age $18-44$ | 58.9 | 50.0 | 67.8 | 83.5 | 76.2 | 90.8 | 25.1 | 10.2 | 40.0 |
| 45-64 | 84.1 | 76.7 | 91.5 | 88.5 | 83.1 | 93.9 | 41.1 | 32.3 | 49.9 |
| 65 and older | 94.0 | 88.1 | 99.8 | 96.1 | 91.2 | 100.0 | 69.4 | 43.6 | 95.2 |
| Marital Status Never married | 47.6 | 24.6 | 70.6 |  |  |  |  |  |  |
| Married/ living together as a couple | 78.5 | 70.7 | 86.3 | 90.4 | 85.4 | 95.4 | 47.3 | 27.6 | 67.0 |
| Divorced/ widowed/separated | 80.2 | 71.6 | 88.8 | 83.8 | 74.8 | 92.8 | 25.6 | 16.8 | 34.4 |
| Education 0-11 years | 69.8 | 52.4 | 87.2 | 92.9 | 85.8 | 100.0 | 54.3 | 19.4 | 89.2 |
| HS Grad/GED | 68.7 | 58.9 | 78.5 | 89.6 | 83.6 | 95.5 | 37.5 | 28.6 | 46.3 |
| 1 or more years of college | 85.8 | 79.4 | 92.3 | 83.9 | 76.7 | 91.1 | 38.4 | 23.8 | 53.1 |
| Employment Employed for wages | 70.0 | 62.2 | 77.7 | 84.7 | 79.1 | 90.3 | 34.0 | 23.0 | 45.0 |
| Household Income \$24,999 or less | 72.8 | 59.0 | 86.7 | 92.2 | 86.2 | 98.1 | 52.7 | 24.7 | 80.6 |
| \$25,000-49,999 | 79.3 | 71.8 | 86.8 | 85.0 | 76.8 | 93.2 | 31.7 | 21.9 | 41.4 |
| \$50,000 or more | 85.6 | 76.2 | 94.9 | 83.9 | 73.4 | 94.5 | 41.0 | 18.3 | 63.7 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 21.7 | 6.7 | 36.7 | 83.1 | 66.3 | 99.9 | 18.9 | 3.8 | 33.9 |
| Sex Men | 28.5 | 3.4 | 53.7 |  |  |  | 25.3 | 0.0 | 50.8 |
| Women | 13.5 | 9.2 | 17.8 | 84.6 | 73.2 | 95.9 | 11.1 | 6.8 | 15.4 |
| Race/ethnicity NH White | 17.9 | 8.6 | 27.1 | 76.4 | 57.7 | 95.1 | 8.7 | 5.5 | 11.9 |
| NH Black | 13.4 | 3.6 | 23.3 |  |  |  | 15.3 | 5.0 | 25.7 |
| Hispanic | 37.5 | 0.0 | 80.9 |  |  |  | 39.9 | 0.0 | 81.7 |
| Race/ethnicity-Sex NH White men | 18.9 | 2.1 | 35.7 |  |  |  | 8.2 | 3.4 | 13.1 |
|  | 16.8 | 11.0 | 22.5 | 83.2 | 69.0 | 97.3 | 9.3 | 5.1 | 13.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 21.3 | 5.2 | 37.4 |  |  |  | 21.3 | 5.7 | 36.9 |
| Hispanic men | 57.1 | 7.1 | 100.0 |  |  |  | 58.8 | 10.7 | 100.0 |
| Hispanic women | 4.9 | 0.0 | 10.7 |  |  |  | 8.3 | 1.0 | 15.6 |
| Age 18-44 | 14.5 | 5.1 | 23.9 |  |  |  | 4.3 | 1.1 | 7.5 |
| 45-64 | 13.7 | 7.6 | 19.8 |  |  |  | 19.1 | 11.9 | 26.4 |
| 65 and older | 44.8 | 3.0 | 86.6 |  |  |  | 48.1 | 8.6 | 87.5 |
| Marital Status Never married | 23.0 | 0.0 | 48.7 |  |  |  | 4.5 | 0.1 | 8.8 |
| Married/ living together as a couple | 22.2 | 0.3 | 44.1 | 83.1 | 58.8 | 100.0 | 25.3 | 4.1 | 46.4 |
| Divorced/ widowed/separated | 19.5 | 11.0 | 28.9 |  |  |  | 8.9 | 4.0 | 13.8 |
| Education <br> HS Grad/GED <br> -11 years <br> 1 1 or more years of college | 31.9 | 0.0 | 66.9 |  |  |  | 33.7 | 0.0 | 67.9 |
|  | 12.4 | 7.3 | 17.6 |  |  |  | 8.5 | 4.5 | 12.4 |
|  | 20.4 | 6.2 | 34.5 |  |  |  | 13.1 | 6.5 | 19.7 |
| Employment Employed for wages | 14.1 | 5.4 | 22.7 | 68.2 | 41.2 | 95.1 | 7.9 | 4.0 | 11.7 |
| Household Income | 32.8 | 4.8 | 60.8 | 85.5 | 64.4 | 100.0 | 34.0 | 6.4 | 61.5 |
|  | 9.5 | 4.2 | 14.7 |  |  |  | 4.6 | 1.0 | 8.1 |
|  | 23.5 | 0.3 | 46.7 |  |  |  | 9.4 | 2.3 | 16.5 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 24.2 | 18.4 | 30.1 | 37.3 | 31.3 | 43.4 | 29.7 | 23.6 | 35.8 |
| Sex Men | 23.6 | 13.2 | 34.1 | 36.9 | 26.7 | 47.2 | 28.9 | 18.5 | 39.4 |
| Women | 24.8 | 19.2 | 30.4 | 37.7 | 31.2 | 44.2 | 30.5 | 24.1 | 36.9 |
| Race/ethnicity NH White | 22.9 | 13.6 | 32.2 | 26.7 | 17.5 | 35.9 | 20.5 | 11.2 | 29.8 |
| NH Black | 21.0 | 9.7 | 32.3 | 49.4 | 34.7 | 64.0 | 34.8 | 21.2 | 48.5 |
| Hispanic | 24.2 | 12.9 | 35.4 | 47.0 | 34.1 | 59.8 | 39.8 | 26.9 | 52.7 |
| Race/ethnicity-Sex NH White men | 22.9 | 5.9 | 40.0 | 29.7 | 13.2 | 46.2 | 21.7 | 4.5 | 38.8 |
| NH White women | 22.9 | 16.3 | 29.4 | 23.5 | 17.2 | 29.8 | 19.3 | 13.4 | 25.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 19.0 | 6.6 | 31.4 | 51.5 | 33.1 | 69.9 | 35.5 | 18.5 | 52.5 |
| Hispanic men | 18.5 | 0.8 | 36.3 | 44.4 | 23.0 | 65.9 | 39.5 | 18.0 | 61.0 |
| Hispanic women | 28.7 | 13.6 | 43.8 | 49.0 | 32.7 | 65.4 | 40.1 | 23.6 | 56.6 |
| Age 18-44 | 21.8 | 12.1 | 31.5 | 37.4 | 27.7 | 47.0 | 30.1 | 20.3 | 39.9 |
| 45-64 | 30.1 | 22.4 | 37.7 | 38.6 | 30.2 | 47.0 | 32.4 | 24.3 | 40.6 |
| 65 and older | 23.1 | 14.6 | 31.5 | 35.4 | 25.6 | 45.3 | 24.0 | 15.2 | 32.7 |
| Marital Status Never married | 31.5 | 6.5 | 56.5 | 48.0 | 25.4 | 70.5 | 35.0 | 10.6 | 59.4 |
| Married/ living together as a couple | 25.2 | 19.9 | 30.6 | 38.3 | 32.0 | 44.6 | 31.1 | 25.0 | 37.2 |
| Divorced/ widowed/separated | 15.1 | 9.3 | 20.9 | 25.1 | 17.3 | 32.9 | 21.3 | 13.4 | 29.3 |
| Education 0-11 years | 26.2 | 17.6 | 34.8 | 46.0 | 36.0 | 55.9 | 39.0 | 29.1 | 48.9 |
| HS Grad/GED | 20.3 | 13.9 | 26.8 | 31.1 | 23.3 | 39.0 | 21.0 | 14.3 | 27.8 |
| 1 or more years of college | 26.1 | 12.2 | 39.9 | 35.1 | 21.9 | 48.3 | 31.1 | 17.4 | 44.7 |
| Employment Employed for wages | 23.4 | 14.5 | 32.2 | 37.2 | 28.4 | 46.1 | 28.0 | 19.0 | 37.0 |
| Household Income \$24,999 or less | 17.6 | 11.8 | 23.4 | 38.6 | 30.0 | 47.1 | 32.7 | 24.3 | 41.1 |
| \$25,000-49,999 | 27.6 | 19.4 | 35.8 | 33.0 | 24.2 | 41.8 | 23.1 | 15.3 | 30.9 |
| \$50,000 or more | 28.6 | 6.1 | 51.1 | 37.8 | 17.1 | 58.5 | 34.6 | 13.3 | 55.9 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 24.8 | 17.9 | 31.8 | 4.0 | 2.2 | 5.7 |  | 13.5 | 42.6 |
| Sex Men | 22.8 | 11.3 | 34.3 | 2.9 | 0.8 | 5.0 | 33.9 | 9.4 | 58.3 |
| Women | 27.2 | 21.5 | 33.0 | 5.3 | 2.6 | 8.0 | 21.0 | 15.7 | 26.3 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 30.3 | 21.4 | 39.1 | 3.6 | 1.7 | 5.6 | 24.7 | 15.5 | 33.9 |
|  | 37.4 | 23.3 | 51.5 | 8.6 | 0.0 | 17.4 | 15.1 | 5.8 | 24.4 |
|  | 13.5 | 1.5 | 25.5 | 1.4 | 0.0 | 3.5 | 39.2 | 0.0 | 82.6 |
| Race/ethnicity-Sex NH White men | 31.9 | 16.4 | 47.4 | 3.9 | 0.7 | 7.0 | 23.2 | 6.2 | 40.3 |
| NH White women | 28.5 | 21.4 | 35.6 | 3.4 | 1.1 | 5.7 | 26.2 | 19.4 | 33.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 46.2 | 27.8 | 64.5 | 12.4 | 0.0 | 26.9 | 19.5 | 5.5 | 33.4 |
| Hispanic men | 9.2 | 0.0 | 22.9 | 0.6 | 0.0 | 1.9 | 59.5 | 11.6 | 100.0 |
| Hispanic women | 20.9 | 6.4 | 35.4 | 2.9 | 0.0 | 7.3 | 4.1 | 0.0 | 9.9 |
| Age $18-44$ <br>  $45-64$ <br> 65 and older  | 20.6 | 11.0 | 30.2 | 1.4 | 0.1 | 2.7 | 13.4 | 3.4 | 23.4 |
|  | 29.8 | 22.0 | 37.5 | 6.2 | 1.9 | 10.5 | 17.0 | 9.6 | 24.3 |
|  | 27.9 | 6.0 | 49.8 | 7.2 | 0.6 | 13.7 | 67.5 | 41.8 | 93.1 |
| Marital Status Never married | 38.8 | 14.8 | 62.8 | 1.2 | 0.0 | 3.1 | 27.6 | 1.1 | 54.1 |
| Married/ living together as a couple | 19.2 | 12.4 | 26.0 | 3.5 | 1.5 | 5.5 | 30.0 | 9.5 | 50.6 |
| Divorced/ widowed/separated | 33.4 | 24.2 | 42.6 | 8.4 | 2.7 | 14.1 | 21.8 | 14.3 | 29.3 |
| Education $0-11$ years <br> HS Grad/GED  | 17.5 | 6.6 | 28.5 | 1.7 | 0.0 | 3.5 | 41.2 | 8.7 | 73.8 |
|  | 23.3 | 16.5 | 30.1 | 5.3 | 1.9 | 8.7 | 16.7 | 11.2 | 22.3 |
|  | 34.8 | 22.0 | 47.7 | 5.5 | 2.1 | 8.8 | 24.7 | 10.8 | 38.7 |
| Employment Employed for wages | 22.9 | 14.2 | 31.5 | 3.1 | 1.3 | 4.9 | 13.6 | 4.5 | 22.7 |
| Household Income \$24,999 or less | 21.7 | 11.2 | 32.2 | 4.4 | 1.3 | 7.6 | 38.8 | 12.9 | 64.8 |
| \$25,000-49,999 | 22.4 | 14.6 | 30.1 | 4.3 | 0.8 | 7.8 | 11.3 | 6.1 | 16.4 |
| \$50,000 or more | 30.7 | 8.9 | 52.4 | 1.6 | 0.0 | 4.1 | 22.3 | 0.0 | 46.2 |



| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\xrightarrow{\text { Preventive }}$ |  | For respondents 64 years and younger ... |  |  |  |  |  |  |  |  |
|  |  | Ever been tested for HIV |  |  | If yes, the test was done in the past 2 years |  |  | In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use. |  |  |
|  |  | \% | Cl |  | \% | CI |  | \% | Cl |  |
|  |  | 50.1 | 43.3 | 57.0 | 85.9 | 80.4 | 91.4 | 24.2 | 18.8 | 29.5 |
| Sex | Men | 43.5 | 32.3 | 54.7 | 85.2 | 75.0 | 95.4 | 21.4 | 12.9 | 30.0 |
|  | Women | 56.6 | 49.1 | 64.2 | 86.5 | 81.6 | 91.4 | 26.8 | 20.2 | 33.4 |
| Race/ethnicity | NH White | 43.8 | 33.6 | 54.0 | 81.6 | 72.2 | 90.9 | 8.7 | 4.3 | 13.1 |
|  | NH Black | 80.2 | 67.0 | 93.4 | 88.6 | 76.2 | 100.0 | 40.4 | 23.7 | 57.1 |
|  | Hispanic | 53.8 | 40.4 | 67.1 | 91.2 | 83.6 | 98.8 | 39.9 | 26.8 | 53.1 |
| Race/ethnicity-Sex | NH White men | 41.5 | 24.3 | 58.7 | 79.7 | 63.0 | 96.5 | 5.6 | 0.0 | 11.5 |
|  | NH White women | 46.4 | 36.9 | 56.0 | 83.6 | 76.7 | 90.6 | 12.1 | 5.7 | 18.4 |
| NH Black women |  |  |  |  |  |  |  |  |  |  |
|  |  | 76.8 | 58.3 | 95.4 | 94.5 | 84.8 | 100.0 | 65.4 | 46.1 | 84.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |  |
| Hispanic women |  | 65.5 | 49.7 | 81.2 | 89.3 | 79.6 | 99.1 | 33.5 | 18.2 | 48.8 |
| Age | 18-44 | 56.8 | 47.3 | 66.3 | 84.6 | 76.9 | 92.2 | 28.9 | 21.3 | 36.5 |
|  | 45-64 | 36.8 | 28.3 | 45.3 | 88.5 | 82.3 | 94.7 | 14.9 | 8.2 | 21.5 |
|  | 65 and older |  |  |  |  |  |  |  |  |  |
| Marital Status | Never married | 44.3 | 21.9 | 66.6 | 85.8 | 65.5 | 100.0 | 36.2 | 16.7 | 55.7 |
| Married/ living together as a couple |  | 47.7 | 40.5 | 54.9 | 85.9 | 80.8 | 91.0 | 19.2 | 13.5 | 24.8 |
| Divorced/ widowed/A80separated |  | 64.2 | 52.4 | 75.9 | 85.6 | 77.0 | 94.3 | 25.0 | 13.4 | 36.6 |
| Education | 0-11 years | 51.4 | 39.9 | 63.0 | 91.2 | 84.8 | 97.6 | 32.8 | 21.7 | 43.9 |
|  | HS Grad/GED | 57.0 | 46.6 | 67.4 | 82.1 | 69.7 | 94.4 | 27.6 | 18.6 | 36.7 |
| 1 or more years of college |  | 42.3 | 30.2 | 54.5 | 85.3 | 78.0 | 92.5 | 13.8 | 6.5 | 21 |
| Employment | Employed for wages | 43.8 | 35.2 | 52.4 | 83.8 | 76.4 | 91.2 | 21.7 | 15.1 | 28.3 |
| Household Income | \$24,999 or less | 59.2 | 48.5 | 69.9 | 84.4 | 72.3 | 96.6 | 28.3 | 19.1 | 37.6 |
|  | \$25,000-49,999 | 47.7 | 37.1 | 58.2 | 85.8 | 78.1 | 93.6 | 19.9 | 11.2 | 28.6 |
|  | \$50,000 or more | 36.5 | 20.7 | 52.3 | 81.9 | 70.6 | 93.3 | 7.7 | 0.4 | 15.0 |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Hernando County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Hernando County, 525 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Hernando County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | Cl |  |
| All | 130,802 | 15,982,378 | 21.9 | 17.9 | 25.8 | 60.3 | 52.7 | 67.9 |
| Sex Men | 47.5\% | 48.8\% | 23.5 | 17.0 | 30.1 | 46.0 | 32.5 | 59.5 |
| Women | 52.5\% | 51.2\% | 20.4 | 15.8 | 25.1 | 71.4 | 63.0 | 79.8 |
| Race/ethnicity NH White | 89.2\% | 65.4\% | 22.2 | 18.0 | 26.4 | 61.8 | 53.5 | 70.1 |
| NH Black | 3.9\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 5.0\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 42.5\% | 31.9\% | 24.0 | 17.0 | 31.0 | 48.4 | 33.7 | 63.1 |
| NH White women | 46.7\% | 33.6\% | 20.5 | 15.5 | 25.6 | 72.6 | 63.3 | 81.9 |
| NH Black men | 1.8\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 2.2\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 2.5\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.6\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 25.8\% | 36.9\% | 12.4 | 6.4 | 18.5 | 53.2 | 41.9 | 64.5 |
| 45-64 | 24.4\% | 22.7\% | 27.3 | 20.0 | 34.5 | 65.7 | 54.5 | 76.8 |
| 65 and older | 30.9\% | 17.6\% | 25.5 | 18.6 | 32.4 |  |  |  |
| Marital Status Never married | 14.5\% | 22.5\% | 9.9 | 1.0 | 18.8 |  |  |  |
| Married/ living together as a couple | 63.0\% | 53.7\% | 21.0 | 16.1 | 25.9 | 61.8 | 52.7 | 70.8 |
| Divorced/ widowed/separated | 22.5\% | 23.8\% | 29.5 | 21.5 | 37.5 | 61.8 | 43.3 | 80.3 |
| Education 0-11 years | 21.5\% | 20.1\% | 36.1 | 23.4 | 48.9 |  |  |  |
| HS Grad/GED | 37.7\% | 28.7\% | 23.1 | 16.4 | 29.7 | 56.9 | 43.8 | 70.0 |
| 1 or more years of college | 40.7\% | 51.1\% | 17.1 | 12.0 | 22.2 | 67.1 | 57.4 | 76.9 |
| Employment Employed for wages | 40.3\% | 54.9\% | 10.5 | 5.5 | 15.5 | 60.3 | 52.7 | 67.9 |
| Household Income \$24,999 or less | 35.3\% | 30.8\% | 39.4 | 31.0 | 47.7 | 50.5 | 32.0 | 69.0 |
| \$25,000 - 49,999 | 37.0\% | 31.6\% | 14.9 | 8.5 | 21.3 | 68.8 | 56.4 | 81.2 |
| \$50,000 or more | 27.7\% | 37.6\% | 8.2 | 2.4 | 14.0 | 64.9 | 51.8 | 78.1 |

[^27]




| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 22.0 | 17.9 | 26.0 | 26.9 | 22.6 | 31.2 | 24.4 | 20.3 | 28.5 |
| Sex Men | 22.9 | 16.2 | 29.6 | 25.7 | 18.9 | 32.5 | 21.9 | 15.5 | 28.3 |
| Women | 21.2 | 16.3 | 26.0 | 27.9 | 22.4 | 33.4 | 26.6 | 21.2 | 31.9 |
| Race/ethnicity NH White | 20.8 | 16.6 | 25.0 | 25.2 | 20.7 | 29.7 | 22.7 | 18.4 | 26.9 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 21.4 | 14.4 | 28.4 | 24.0 | 16.9 | 31.1 | 20.0 | 13.5 | 26.6 |
|  | 20.3 | 15.1 | 25.4 | 26.3 | 20.5 | 32.0 | 24.9 | 19.4 | 30.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 11.5 | 5.9 | 17.1 | 22.4 | 14.5 | 30.4 | 17.9 | 10.7 | 25.1 |
|  | 28.6 | 21.3 | 35.8 | 30.4 | 22.9 | 37.8 | 28.4 | 21.1 | 35.7 |
|  | 23.9 | 16.5 | 31.2 | 26.8 | 19.6 | 34.0 | 25.3 | 18.4 | 32.1 |
| Marital Status Never married | 22.0 | 7.4 | 36.5 | 27.7 | 10.4 | 45.1 | 16.1 | 2.5 | 29.6 |
| Married/ living together as a couple | 23.4 | 18.2 | 28.5 | 27.8 | 22.3 | 33.2 | 23.5 | 18.3 | 28.6 |
| Divorced/ widowed/separated | 17.0 | 10.5 | 23.5 | 23.3 | 16.5 | 30.2 | 29.3 | 21.7 | 37.0 |
| Education <br> HS Grad/GED | 28.0 | 15.9 | 40.1 | 32.2 | 20.1 | 44.3 | 25.7 | 14.9 | 36.6 |
|  | 20.1 | 13.6 | 26.7 | 25.9 | 18.6 | 33.2 | 25.0 | 18.0 | 32.1 |
|  | 21.7 | 15.9 | 27.4 | 26.2 | 20.2 | 32.3 | 23.7 | 17.9 | 29.5 |
| Employment Employed for wages | 19.7 | 13.7 | 25.6 | 25.6 | 18.9 | 32.3 | 23.1 | 16.7 | 29.5 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 23.6 | 16.0 | 31.2 | 31.5 | 23.1 | 39.8 | 28.9 | 20.9 | 36.9 |
|  | 23.8 | 15.9 | 31.7 | 25.2 | 17.3 | 33.0 | 17.5 | 10.8 | 24.3 |
|  | 19.7 | 11.6 | 27.9 | 26.0 | 16.5 | 35.4 | 21.6 | 12.9 | 30.3 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 31.0 | 26.7 | 35.3 | 1.2 | 0.2 | 2.3 | 32.4 | 27.8 | 36.9 |
| Sex Men | 32.4 | 25.4 | 39.4 | 2.2 | 0.0 | 4.5 | 39.1 | 31.3 | 46.8 |
| Women | 29.8 | 24.4 | 35.2 | 0.4 | 0.0 | 0.9 | 26.8 | 21.5 | 32.1 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 32.4 | 27.8 | 37.1 | 1.4 | 0.2 | 2.6 | 34.7 | 29.7 | 39.6 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 33.6 | 26.0 | 41.1 | 2.5 | 0.0 | 5.0 | 41.0 | 32.7 | 49.3 |
| NH White women | 31.5 | 25.6 | 37.4 | 0.4 | 0.0 | 1.0 | 29.3 | 23.5 | 35.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 9.7 | 4.7 | 14.7 | 0.4 | 0.0 | 1.1 | 8.7 | 3.3 | 14.0 |
|  | 17.6 | 11.6 | 23.5 | 0.3 | 0.0 | 0.8 | 22.4 | 15.3 | 29.4 |
|  | 59.0 | 51.3 | 66.8 | 2.8 | 0.0 | 5.6 | 58.9 | 51.2 | 66.6 |
| Marital Status Never married | 28.1 | 13.1 | 43.0 |  |  |  | 31.6 | 14.7 | 48.4 |
| Married/ living together as a couple | 30.3 | 24.8 | 35.8 |  |  |  | 31.7 | 25.9 | 37.5 |
| Divorced/ widowed/separated | 34.0 | 26.2 | 41.9 |  |  |  | 34.8 | 26.7 | 42.8 |
| Education $0-11$ years <br> HS Grad/GED  | 38.4 | 25.6 | 51.2 | 5.3 | 0.0 | 11.6 | 41.1 | 27.9 | 54.2 |
|  | 30.1 | 23.0 | 37.2 | 1.0 | 0.0 | 2.7 | 32.0 | 24.7 | 39.4 |
|  | 29.3 | 23.3 | 35.4 | 0.2 | 0.0 | 0.7 | 30.4 | 23.9 | 37.0 |
| Employment Employed for wages | 12.0 | 7.4 | 16.6 |  |  |  | 14.2 | 8.8 | 19.6 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 35.8 | 27.9 | 43.8 | 1.8 | 0.0 | 4.3 | 35.1 | 27.0 | 43.2 |
|  | 24.3 | 16.8 | 31.8 | 0.3 | 0.0 | 0.8 | 29.4 | 20.9 | 37.9 |
|  | 25.2 | 15.7 | 34.6 | 0.6 | 0.0 | 1.8 | 23.4 | 13.9 | 32.9 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Highlands County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 Country BRFSS survey was conducted in September 2002 through January 2003. In Highlands County, 514 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Highlands County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 87,366 | 15,982,378 | 24.4 | 20.1 | 28.7 | 52.7 | 44.2 | 61.3 |
| Sex Men | 48.8\% | 48.8\% | 23.8 | 16.9 | 30.8 | 42.5 | 29.8 | 55.3 |
| Women | 51.2\% | 51.2\% | 24.9 | 19.5 | 30.3 | 63.8 | 53.1 | 74.4 |
| Race/ethnicity $\quad$ NH White | 76.5\% | 65.4\% | 20.8 | 16.7 | 24.9 | 55.4 | 46.0 | 64.8 |
| NH Black | 9.1\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 12.1\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 36.2\% | 31.9\% | 19.6 | 13.1 | 26.2 | 45.9 | 31.1 | 60.7 |
| NH White women | 40.3\% | 33.6\% | 21.8 | 16.6 | 26.9 | 65.3 | 54.0 | 76.5 |
| NH Black men | 4.4\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.7\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 7.1\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 5.0\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 25.6\% | 36.9\% | 12.2 | 5.7 | 18.6 | 48.4 | 36.1 | 60.6 |
| 45-64 | 22.2\% | 22.7\% | 25.6 | 17.2 | 34.1 | 56.1 | 43.4 | 68.8 |
| 65 and older | 33.0\% | 17.6\% | 31.8 | 24.5 | 39.2 |  |  |  |
| Marital Status Never married | 14.8\% | 22.5\% | 14.4 | 4.0 | 24.8 |  |  |  |
| Married/ living together as a couple | 61.9\% | 53.7\% | 23.4 | 17.8 | 29.1 | 53.9 | 43.2 | 64.6 |
| Divorced/ widowed/separated | 23.3\% | 23.8\% | 30.9 | 23.1 | 38.6 | 49.4 | 31.0 | 67.9 |
| Education 0-11 years | 25.5\% | 20.1\% | 40.1 | 26.2 | 54.1 |  |  |  |
| HS Grad/GED | 34.6\% | 28.7\% | 27.0 | 20.2 | 33.7 | 51.7 | 37.1 | 66.3 |
| 1 or more years of college | 39.9\% | 51.1\% | 16.0 | 10.9 | 21.2 | 59.9 | 48.3 | 71.5 |
| Employment Employed for wages | 41.5\% | 54.9\% | 7.6 | 3.2 | 12.0 | 52.7 | 44.2 | 61.3 |
| Household Income \$24,999 or less | 40.8\% | 30.8\% | 34.7 | 25.9 | 43.4 | 36.2 | 18.5 | 54.0 |
| \$25,000 - 49,999 | 35.4\% | 31.6\% | 20.0 | 13.0 | 27.0 | 51.1 | 36.4 | 65.8 |
| \$50,000 or more | 23.8\% | 37.6\% | 5.0 | 0.0 | 11.9 | 68.0 | 53.3 | 82.7 |

[^28]



## Chronic Health Conditions: High Cholesterol



| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 20.2 | 16.3 | 24.1 | 25.9 | 21.5 | 30.4 | 22.3 | 18.2 | 26.5 |
| Sex Men | 14.9 | 9.6 | 20.2 | 21.0 | 14.5 | 27.5 | 17.1 | 11.4 | 22.8 |
| Women | 24.9 | 19.5 | 30.4 | 30.3 | 24.4 | 36.1 | 27.0 | 21.2 | 32.7 |
|  | 19.1 | 15.1 | 23.1 | 23.2 | 18.8 | 27.6 | 19.4 | 15.4 | 23.5 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 15.6 | 9.6 | 21.6 | 18.9 | 12.3 | 25.4 | 15.9 | 10.1 | 21.8 |
|  | 22.1 | 16.9 | 27.4 | 27.0 | 21.3 | 32.7 | 22.5 | 17.2 | 27.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 13.7 | 6.7 | 20.7 | 27.0 | 17.4 | 36.6 | 22.1 | 13.3 | 30.8 |
|  | 20.3 | 12.7 | 27.9 | 16.8 | 10.2 | 23.4 | 20.2 | 13.1 | 27.3 |
|  | 24.6 | 18.3 | 31.0 | 31.7 | 24.4 | 39.0 | 24.2 | 17.7 | 30.7 |
| Marital Status Never married | 9.5 | 0.6 | 18.3 | 14.3 | 3.5 | 25.0 | 6.9 | 0.0 | 14.3 |
| Married/ living together as a couple | 21.0 | 15.8 | 26.3 | 26.8 | 21.0 | 32.6 | 24.8 | 19.2 | 30.5 |
| Divorced/ widowed/separated | 21.8 | 14.9 | 28.7 | 27.6 | 19.4 | 35.8 | 21.0 | 14.2 | 27.9 |
| Education <br> HS Grad/GED | 20.0 | 10.2 | 29.8 | 29.9 | 17.0 | 42.9 | 23.5 | 11.6 | 35.4 |
|  | 25.3 | 18.6 | 32.0 | 34.1 | 26.6 | 41.7 | 24.2 | 17.3 | 31.1 |
|  | 15.4 | 10.2 | 20.5 | 18.4 | 12.8 | 24.1 | 20.7 | 14.9 | 26.6 |
| Employment Employed for wages | 10.7 | 5.6 | 15.7 | 16.8 | 10.3 | 23.4 | 18.4 | 12.2 | 24.7 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 25.2 | 17.8 | 32.6 | 31.6 | 23.1 | 40.0 | 26.6 | 19.0 | 34.2 |
|  | 15.3 | 8.9 | 21.7 | 24.7 | 16.6 | 32.9 | 20.0 | 12.3 | 27.7 |
|  | 14.0 | 5.3 | 22.8 | 12.7 | 4.7 | 20.7 | 21.0 | 10.5 | 31.5 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 34.9 | 30.0 | 39.7 | 1.7 | 0.5 | 2.8 | 29.6 | 25.0 | 34.2 |
| Sex Men | 37.7 | 29.5 | 45.8 | 1.7 | 0.0 | 3.6 | 33.2 | 25.0 | 41.3 |
| Women | 32.4 | 26.6 | 38.1 | 1.6 | 0.2 | 3.1 | 26.7 | 21.5 | 32.0 |
| Race/ethnicity $\quad$ NH White | 36.1 | 30.8 | 41.3 | 2.0 | 0.6 | 3.4 | 32.2 | 27.1 | 37.4 |
| NH Black <br> Hispanic |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  | 39.3 | 29.9 | 48.6 | 2.0 | 0.0 | 4.3 | 35.5 | 26.3 | 44.8 |
| NH White women | 33.3 | 27.4 | 39.2 | 2.0 | 0.2 | 3.7 | 29.4 | 23.7 | 35.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 18.1 | 9.1 | 27.1 | 0.7 | 0.0 | 2.1 | 12.9 | 5.3 | 20.5 |
|  | 27.4 | 19.6 | 35.1 | 1.9 | 0.0 | 4.4 | 17.3 | 10.5 | 24.1 |
|  | 51.3 | 42.4 | 60.2 | 2.1 | 0.2 | 4.1 | 49.2 | 40.3 | 58.2 |
| Marital Status Never married | 25.9 | 8.9 | 43.0 |  |  |  | 25.8 | 7.9 | 43.6 |
| Married/ living together as a couple | 37.5 | 31.0 | 43.9 |  |  |  | 28.8 | 22.8 | 34.7 |
| Divorced/ widowed/separated | 30.0 | 22.8 | 37.3 |  |  |  | 33.6 | 25.9 | 41.3 |
| Education $0-11$ years <br> HS Grad/GED  | 28.3 | 16.3 | 40.4 | 1.7 | 0.0 | 4.5 | 32.7 | 19.4 | 46.0 |
|  | 40.6 | 32.9 | 48.3 | 1.1 | 0.0 | 2.7 | 31.9 | 24.7 | 39.0 |
|  | 32.6 | 25.5 | 39.8 | 2.1 | 0.1 | 4.1 | 26.8 | 20.1 | 33.4 |
| Employment Employed for wages | 17.1 | 10.9 | 23.3 | 1.0 | 0.0 | 2.4 | 10.2 | 5.2 | 15.2 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 31.6 | 23.6 | 39.6 |  |  |  | 35.2 | 26.4 | 43.9 |
|  | 40.3 | 31.3 | 49.3 |  |  |  | 30.1 | 22.1 | 38.1 |
|  | 21.8 | 11.5 | 32.0 |  |  |  | 17.3 | 7.9 | 26.7 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Hillsborough County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Hillsborough County, 499 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Hillsborough County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | Cl |  |
| All | 998,948 | 15,982,378 | 14.3 | 10.8 | 17.8 | 64.1 | 57.7 | 70.5 |
| Sex Men | 48.9\% | 48.8\% | 11.8 | 7.1 | 16.6 | 58.2 | 48.6 | 67.8 |
| Women | 51.1\% | 51.2\% | 16.5 | 11.4 | 21.7 | 71.4 | 63.6 | 79.3 |
| Race/ethnicity NH White | 63.3\% | 65.4\% | 11.8 | 7.9 | 15.7 | 66.3 | 58.4 | 74.2 |
| NH Black | 14.4\% | 14.2\% | 13.4 | 4.7 | 22.2 | 60.4 | 43.3 | 77.4 |
| Hispanic | 18.0\% | 16.8\% | 33.6 | 15.8 | 51.3 |  |  |  |
| Race/ethnicity-Sex NH White men | 31.0\% | 31.9\% | 10.3 | 4.9 | 15.7 | 65.4 | 54.1 | 76.8 |
| NH White women | 32.3\% | 33.6\% | 13.2 | 7.4 | 19.0 | 67.5 | 57.0 | 78.0 |
| NH Black men | 6.8\% | 6.8\% | 9.2 | 0.0 | 18.9 |  |  |  |
| NH Black women | 7.6\% | 7.4\% | 17.5 | 3.1 | 31.9 |  |  |  |
| Hispanic men | 9.0\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 8.9\% | 8.4\% |  |  |  |  |  |  |
| Age $18-44$ | 41.0\% | 36.9\% | 10.1 | 6.0 | 14.2 | 66.0 | 57.6 | 74.5 |
| 45-64 | 21.7\% | 22.7\% | 17.4 | 10.8 | 24.1 | 61.7 | 51.6 | 71.8 |
| 65 and older | 12.0\% | 17.6\% | 24.6 | 14.0 | 35.3 |  |  |  |
| Marital Status Never married | 25.0\% | 22.5\% | 6.3 | 1.6 | 11.0 | 68.2 | 52.6 | 83.7 |
| Married/ living together as a couple | 51.8\% | 53.7\% | 14.2 | 9.5 | 18.8 | 66.6 | 58.4 | 74.9 |
| Divorced/ widowed/separated | 23.2\% | 23.8\% | 24.5 | 15.8 | 33.2 | 55.2 | 41.8 | 68.6 |
| Education 0-11 years | 19.2\% | 20.1\% | 37.4 | 23.3 | 51.5 |  |  |  |
| HS Grad/GED | 26.7\% | 28.7\% | 18.7 | 11.5 | 25.8 | 58.4 | 46.1 | 70.8 |
| 1 or more years of college | 54.1\% | 51.1\% | 7.6 | 4.2 | 11.0 | 71.7 | 64.1 | 79.3 |
| Employment Employed for wages | 61.6\% | 54.9\% | 9.9 | 6.2 | 13.5 | 64.1 | 57.7 | 70.5 |
| Household Income \$24,999 or less | 28.7\% | 30.8\% | 29.9 | 20.7 | 39.1 | 42.5 | 26.9 | 58.2 |
| \$25,000 - 49,999 | 31.4\% | 31.6\% | 10.9 | 4.9 | 16.9 | 63.1 | 51.1 | 75.1 |
| \$50,000 or more | 39.9\% | 37.6\% | 5.9 | 1.8 | 10.0 | 74.0 | 65.3 | 82.8 |

[^29]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 27.4 | 20.6 | 34.2 | 56.7 | 50.9 | 62.6 | 75.1 | 70.4 | 79.8 |
| Sex Men | 18.1 | 12.2 | 24.0 | 50.1 | 42.4 | 57.8 | 68.2 | 60.9 | 75.5 |
| Women | 35.7 | 25.0 | 46.5 | 62.7 | 54.6 | 70.7 | 81.2 | 75.7 | 86.6 |
| Race/ethnicity NH White | 25.3 | 15.7 | 34.9 | 55.0 | 47.2 | 62.8 | 74.2 | 68.1 | 80.2 |
| NH Black | 28.9 | 16.8 | 41.0 | 52.3 | 39.0 | 65.6 | 66.3 | 53.7 | 78.8 |
| Hispanic | 32.0 | 14.3 | 49.7 | 71.3 | 54.3 | 88.2 | 82.1 | 67.6 | 96.7 |
| Race/ethnicity-Sex NH White men | 17.7 | 10.7 | 24.8 | 49.0 | 39.6 | 58.4 | 70.0 | 61.2 | 78.9 |
| NH White women | 32.5 | 16.5 | 48.5 | 60.6 | 49.3 | 71.9 | 78.0 | 70.2 | 85.9 |
| NH Black men | 7.3 | 0.0 | 16.3 | 43.2 | 23.1 | 63.3 | 56.4 | 36.1 | 76.8 |
| NH Black women | 48.2 | 30.3 | 66.2 | 60.4 | 42.6 | 78.3 | 75.2 | 60.3 | 90.2 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 27.6 | 16.0 | 39.2 | 54.3 | 44.7 | 63.8 | 70.6 | 62.9 | 78.2 |
| 45-64 | 27.6 | 19.8 | 35.5 | 52.3 | 43.7 | 60.9 | 75.2 | 67.8 | 82.7 |
| 65 and older | 26.5 | 16.5 | 36.5 | 75.1 | 64.9 | 85.3 | 92.5 | 86.4 | 98.7 |
| Marital Status Never married | 43.0 | 21.9 | 64.1 | 51.0 | 31.6 | 70.5 | 71.7 | 58.2 | 85.2 |
| Married/ living together as a couple | 19.1 | 14.0 | 24.2 | 58.6 | 52.0 | 65.2 | 73.9 | 67.9 | 79.9 |
| Divorced/ widowed/separated | 31.8 | 22.6 | 41.0 | 58.8 | 49.1 | 68.5 | 83.4 | 76.8 | 90.0 |
| Education 0-11 years | 40.4 | 25.4 | 55.4 | 75.0 | 61.8 | 88.2 | 88.7 | 78.8 | 98.6 |
| HS Grad/GED | 30.2 | 21.8 | 38.6 | 52.1 | 42.8 | 61.4 | 76.8 | 69.2 | 84.4 |
| 1 or more years of college | 22.9 | 11.9 | 33.9 | 55.4 | 46.8 | 63.9 | 71.2 | 64.2 | 78.3 |
| Employment Employed for wages | 19.9 | 14.9 | 25.0 | 50.8 | 44.3 | 57.3 | 68.5 | 62.4 | 74.6 |
| Household Income \$24,999 or less | 47.5 | 37.2 | 57.9 | 68.4 | 58.4 | 78.4 | 88.7 | 82.4 | 95.1 |
| \$25,000 - 49,999 | 28.1 | 8.7 | 47.4 | 55.9 | 41.9 | 69.9 | 74.0 | 63.8 | 84.3 |
| \$50,000 or more | 12.5 | 7.2 | 17.7 | 47.7 | 39.1 | 56.3 | 65.7 | 57.4 | 74.0 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 34.3 | 29.0 | 39.6 | 24.3 | 19.7 | 28.9 | 76.8 | 72.3 | 81.2 |
| Sex Men <br>  Women | 42.7 | 35.1 | 50.2 | 25.5 | 19.0 | 32.0 | 79.5 | 73.4 | 85.6 |
|  | 26.9 | 20.1 | 33.6 | 23.2 | 16.8 | 29.6 | 74.3 | 67.8 | 80.9 |
| Race/ethnicity NH White | 35.5 | 28.6 | 42.5 | 21.1 | 15.8 | 26.5 | 74.9 | 69.1 | 80.7 |
| NH Black | 36.8 | 24.0 | 49.7 | 33.8 | 22.1 | 45.6 | 82.8 | 72.7 | 92.9 |
| Hispanic | 32.9 | 15.4 | 50.4 | 36.6 | 17.5 | 55.7 | 74.0 | 57.2 | 90.7 |
| Race/ethnicity-Sex NH White men | 45.0 | 35.7 | 54.2 | 25.3 | 17.4 | 33.1 | 75.1 | 67.2 | 82.9 |
| NH White women | 26.6 | 17.8 | 35.3 | 17.2 | 10.4 | 24.0 | 74.7 | 66.1 | 83.2 |
| NH Black men | 37.8 | 18.4 | 57.2 | 31.2 | 13.3 | 49.1 | 89.0 | 75.8 | 100.0 |
| NH Black women | 36.0 | 18.0 | 53.9 | 36.2 | 20.0 | 52.5 | 77.2 | 61.9 | 92.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age <br>  | 28.7 | 21.1 | 36.4 | 24.7 | 17.7 | 31.6 | 81.0 | 74.8 | 87.2 |
|  | 39.8 | 31.3 | 48.2 | 28.5 | 20.9 | 36.1 | 74.2 | 66.9 | 81.6 |
|  | 43.5 | 32.0 | 55.0 | 13.8 | 5.7 | 21.9 | 67.6 | 56.5 | 78.7 |
| Marital Status Never married | 34.3 | 18.8 | 49.8 | 19.1 | 8.2 | 30.1 | 89.7 | 82.3 | 97.1 |
| Married/ living together as a couple | 36.2 | 29.8 | 42.6 | 27.7 | 21.8 | 33.7 | 71.3 | 65.3 | 77.3 |
| Divorced/ widowed/separated | 30.8 | 22.3 | 39.4 | 21.8 | 14.0 | 29.7 | 78.6 | 71.0 | 86.2 |
| Education <br> HS Grad/GED | 33.6 | 19.1 | 48.0 | 42.6 | 27.3 | 57.9 | 83.2 | 70.5 | 95.9 |
|  | 35.0 | 26.1 | 43.9 | 24.3 | 16.4 | 32.2 | 78.4 | 71.0 | 85.8 |
|  | 34.3 | 26.9 | 41.8 | 20.7 | 15.0 | 26.4 | 74.7 | 68.4 | 81.1 |
| Employment Employed for wages | 37.4 | 31.0 | 43.7 | 24.9 | 19.5 | 30.3 | 77.5 | 72.1 | 83.0 |
| Household Income | 30.9 | 20.9 | 40.8 | 25.1 | 16.2 | 34.0 | 78.4 | 69.8 | 86.9 |
|  | 38.1 | 25.2 | 51.0 | 23.2 | 13.8 | 32.7 | 80.3 | 71.7 | 88.9 |
|  | 37.4 | 29.2 | 45.6 | 24.5 | 17.2 | 31.8 | 72.3 | 64.7 | 79.9 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 22.8 | 18.4 | 27.3 | 56.2 | 45.9 | 66.6 | 14.0 | 10.4 | 17.7 |
| Sex Men | 27.7 | 20.9 | 34.5 | 53.8 | 39.3 | 68.2 | 22.7 | 16.2 | 29.1 |
| Women | 18.5 | 12.9 | 24.1 | 59.4 | 44.3 | 74.5 | 6.2 | 3.3 | 9.2 |
| Race/ethnicity NH White | 24.0 | 18.3 | 29.8 | 50.0 | 37.6 | 62.3 | 15.6 | 10.8 | 20.4 |
| NH Black | 21.6 | 10.1 | 33.0 |  |  |  | 8.4 | 1.8 | 15.0 |
| Hispanic | 26.0 | 9.3 | 42.8 |  |  |  | 7.8 | 0.0 | 17.0 |
| Race/ethnicity-Sex NH White men | 29.8 | 21.4 | 38.3 | 47.8 | 30.5 | 65.1 | 24.3 | 16.3 | 32.3 |
| NH White women | 18.6 | 11.5 | 25.6 | 53.2 | 35.3 | 71.1 | 7.2 | 3.3 | 11.1 |
| NH Black men | 23.7 | 5.8 | 41.6 |  |  |  | 15.9 | 2.4 | 29.3 |
| NH Black women | 19.6 | 4.2 | 35.1 |  |  |  | 1.6 | 0.0 | 5.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 25.9 | 18.8 | 32.9 | 66.3 | 53.2 | 79.3 | 19.3 | 13.1 | 25.5 |
| 45-64 | 23.6 | 16.4 | 30.8 | 35.4 | 18.6 | 52.2 | 9.7 | 4.9 | 14.5 |
| 65 and older | 10.6 | 2.7 | 18.5 |  |  |  | 3.3 | 0.0 | 7.3 |
| Marital Status Never married | 29.3 | 15.2 | 43.4 |  |  |  | 16.1 | 6.8 | 25.5 |
| Married/ living together as a couple | 18.2 | 13.3 | 23.2 | 66.6 | 52.6 | 80.5 | 14.0 | 9.2 | 18.8 |
| Divorced/ widowed/separated | 27.7 | 18.9 | 36.5 | 42.3 | 23.1 | 61.4 | 12.4 | 5.8 | 19.1 |
| Education 0-11 years | 38.1 | 22.6 | 53.5 |  |  |  | 10.9 | 1.5 | 20.3 |
| HS Grad/GED | 27.7 | 19.7 | 35.6 | 64.6 | 48.2 | 80.9 | 12.1 | 5.9 | 18.2 |
| 1 or more years of college | 17.3 | 12.1 | 22.6 | 55.4 | 40.0 | 70.8 | 15.7 | 10.6 | 20.9 |
| Employment Employed for wages | 26.9 | 21.3 | 32.6 | 57.9 | 46.0 | 69.9 | 20.0 | 14.6 | 25.4 |
| Household Income \$24,999 or less | 29.5 | 19.8 | 39.1 | 62.2 | 42.5 | 82.0 | 12.6 | 5.6 | 19.6 |
| \$25,000-49,999 | 19.4 | 11.0 | 27.8 | 52.1 | 31.7 | 72.6 | 11.7 | 5.4 | 18.1 |
| \$50,000 or more | 20.2 | 13.4 | 27.0 | 51.3 | 31.9 | 70.6 | 20.9 | 13.6 | 28.1 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 16.4 | 12.4 | 20.3 | 23.1 | 18.4 | 27.7 | 9.6 | 6.6 | 12.5 |
| Sex Men | 18.8 | 12.7 | 24.9 | 29.1 | 21.8 | 36.4 | 5.4 | 2.2 | 8.6 |
| Women | 14.2 | 9.1 | 19.3 | 17.7 | 12.1 | 23.2 | 13.3 | 8.5 | 18.2 |
| Race/ethnicity NH White | 10.5 | 6.8 | 14.2 | 19.4 | 13.9 | 24.9 | 8.8 | 5.5 | 12.1 |
| NH Black | 23.3 | 11.7 | 34.9 | 23.3 | 12.3 | 34.3 | 10.3 | 2.3 | 18.4 |
| Hispanic | 32.1 | 14.7 | 49.4 | 38.9 | 20.9 | 56.9 | 14.5 | 0.1 | 28.9 |
| Race/ethnicity-Sex NH White men | 12.0 | 6.4 | 17.5 | 24.6 | 16.1 | 33.1 | 6.4 | 2.3 | 10.4 |
| NH White women | 9.1 | 4.3 | 13.9 | 14.5 | 8.1 | 20.9 | 11.2 | 5.8 | 16.6 |
| NH Black men | 25.6 | 6.8 | 44.4 | 27.4 | 8.5 | 46.3 | 5.5 | 0.0 | 16.4 |
| NH Black women | 21.3 | 6.5 | 36.0 | 19.6 | 7.1 | 32.2 | 14.7 | 2.6 | 26.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 20.4 | 14.0 | 26.8 | 30.5 | 22.6 | 38.4 | 8.1 | 4.4 | 11.9 |
| 45-64 | 15.3 | 8.9 | 21.6 | 15.5 | 9.2 | 21.9 | 12.5 | 6.8 | 18.3 |
| 65 and older | 3.3 | 0.0 | 8.4 | 11.4 | 3.2 | 19.7 | 8.1 | 0.6 | 15.7 |
| Marital Status Never married | 21.7 | 10.0 | 33.4 | 37.1 | 20.9 | 53.3 | 9.9 | 2.7 | 17.1 |
| Married/ living together as a couple | 11.6 | 7.2 | 16.0 | 14.7 | 10.0 | 19.4 | 7.0 | 3.8 | 10.2 |
| Divorced/ widowed/separated | 22.8 | 13.6 | 32.0 | 30.8 | 21.0 | 40.6 | 15.5 | 7.8 | 23.3 |
| Education 0-11 years | 29.7 | 15.2 | 44.1 | 35.2 | 20.5 | 50.0 | 23.1 | 9.3 | 36.8 |
| HS Grad/GED | 23.4 | 15.1 | 31.6 | 30.8 | 21.7 | 39.8 | 8.2 | 3.3 | 13.1 |
| 1 or more years of college | 9.8 | 5.9 | 13.8 | 16.2 | 10.9 | 21.5 | 7.8 | 4.5 | 11.0 |
| Employment Employed for wages | 16.5 | 11.6 | 21.5 | 25.2 | 19.4 | 31.1 | 9.6 | 6.0 | 13.2 |
| Household Income \$24,999 or less | 29.5 | 20.2 | 38.8 | 35.7 | 25.6 | 45.9 | 15.9 | 8.5 | 23.3 |
| \$25,000-49,999 | 17.2 | 9.0 | 25.4 | 21.0 | 11.9 | 30.2 | 10.3 | 4.0 | 16.5 |
| \$50,000 or more | 3.9 | 0.3 | 7.4 | 14.9 | 8.5 | 21.2 | 5.0 | 1.7 | 8.3 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 69.9 | 64.9 | 75.0 | 54.0 | 48.1 | 60.0 | 70.8 | 65.5 | 76.1 |
| Sex Men | 67.0 | 59.5 | 74.4 | 54.7 | 47.1 | 62.3 | 73.3 | 65.9 | 80.6 |
| Women | 72.7 | 65.9 | 79.4 | 53.5 | 44.3 | 62.7 | 68.6 | 60.8 | 76.3 |
| Race/ethnicity NH White | 74.5 | 68.4 | 80.6 | 58.8 | 51.3 | 66.2 | 74.5 | 68.2 | 80.9 |
| NH Black | 61.6 | 49.1 | 74.1 | 33.3 | 20.7 | 45.9 | 67.9 | 55.6 | 80.3 |
| Hispanic | 64.9 | 46.7 | 83.1 | 54.4 | 35.1 | 73.7 | 56.1 | 36.4 | 75.9 |
| Race/ethnicity-Sex NH White men | 73.0 | 64.3 | 81.6 | 57.7 | 48.4 | 66.9 | 74.7 | 65.8 | 83.6 |
| NH White women | 76.0 | 67.5 | 84.5 | 59.8 | 48.3 | 71.3 | 74.4 | 65.2 | 83.5 |
| NH Black men | 59.7 | 39.9 | 79.5 | 32.3 | 13.5 | 51.2 |  |  |  |
| NH Black women | 63.3 | 47.0 | 79.7 | 34.3 | 16.6 | 52.0 | 59.2 | 40.9 | 77.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 68.6 | 60.7 | 76.5 | 69.7 | 62.0 | 77.4 | 67.3 | 59.0 | 75.5 |
| 45-64 | 76.0 | 68.5 | 83.5 | 41.6 | 33.2 | 50.1 | 76.8 | 69.4 | 84.3 |
| 65 and older | 61.2 | 49.4 | 73.0 | 22.6 | 12.6 | 32.6 | 69.9 | 56.8 | 83.0 |
| Marital Status Never married | 67.5 | 52.6 | 82.4 | 77.5 | 65.6 | 89.4 | 66.5 | 50.8 | 82.1 |
| Married/ living together as a couple | 76.0 | 70.2 | 81.7 | 50.1 | 43.4 | 56.8 | 76.7 | 70.8 | 82.5 |
| Divorced/ widowed/separated | 56.0 | 46.1 | 66.0 | 38.0 | 28.4 | 47.6 | 58.0 | 47.5 | 68.6 |
| Education 0-11 years | 54.4 | 39.1 | 69.8 | 34.1 | 18.3 | 49.9 | 61.8 | 43.9 | 79.7 |
| HS Grad/GED | 62.3 | 53.2 | 71.4 | 38.2 | 28.8 | 47.5 | 61.5 | 51.8 | 71.2 |
| 1 or more years of college | 77.2 | 71.0 | 83.4 | 66.1 | 58.8 | 73.4 | 76.9 | 70.7 | 83.2 |
| Employment Employed for wages | 70.3 | 64.3 | 76.4 | 57.7 | 51.3 | 64.1 | 70.5 | 64.4 | 76.6 |
| Household Income \$24,999 or less | 45.1 | 34.9 | 55.4 | 38.1 | 27.5 | 48.7 | 50.8 | 39.4 | 62.2 |
| \$25,000-49,999 | 75.2 | 65.2 | 85.3 | 51.2 | 36.1 | 66.2 | 74.5 | 63.9 | 85.1 |
| \$50,000 or more | 83.1 | 76.6 | 89.6 | 70.3 | 62.6 | 77.9 | 82.4 | 75.8 | 88.9 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 25.1 | 20.5 | 29.7 | 71.9 | 62.9 | 80.8 | 21.6 | 17.2 | 26.1 |
| Sex Men | 28.9 | 22.1 | 35.7 | 67.6 | 54.2 | 80.9 | 24.8 | 18.0 | 31.7 |
| Women | 21.7 | 15.7 | 27.7 | 77.0 | 65.4 | 88.5 | 18.8 | 13.2 | 24.3 |
| Race/ethnicity NH White | 24.5 | 18.8 | 30.3 | 70.0 | 58.4 | 81.6 | 20.5 | 15.0 | 26.1 |
| NH Black | 36.2 | 23.9 | 48.5 | 82.1 | 66.8 | 97.4 | 28.8 | 17.0 | 40.5 |
| Hispanic | 21.4 | 4.6 | 38.1 |  |  |  | 27.5 | 10.1 | 44.9 |
| Race/ethnicity-Sex NH White men | 29.5 | 21.2 | 37.9 | 64.1 | 47.2 | 81.0 | 26.2 | 17.6 | 34.8 |
| NH White women | 19.8 | 12.4 | 27.1 | 78.5 | 63.6 | 93.4 | 15.2 | 8.9 | 21.5 |
| NH Black men | 32.5 | 15.0 | 50.0 |  |  |  | 23.8 | 6.7 | 40.9 |
| NH Black women | 39.5 | 21.9 | 57.1 |  |  |  | 33.4 | 16.5 | 50.2 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 12.8 | 7.7 | 17.9 | 47.9 | 26.8 | 69.0 | 19.2 | 12.9 | 25.5 |
| 45-64 | 31.4 | 23.3 | 39.4 | 73.2 | 58.6 | 87.9 | 25.0 | 17.3 | 32.7 |
| 65 and older | 56.6 | 45.0 | 68.1 | 91.4 | 81.8 | 100.0 | 21.6 | 11.5 | 31.6 |
| Marital Status Never married | 15.3 | 6.1 | 24.6 |  |  |  | 17.5 | 7.5 | 27.4 |
| Married/ living together as a couple | 24.0 | 18.3 | 29.7 | 73.4 | 60.7 | 86.1 | 24.1 | 18.2 | 30.0 |
| Divorced/ widowed/separated | 40.3 | 30.6 | 49.9 | 71.7 | 56.2 | 87.3 | 19.5 | 11.3 | 27.7 |
| Education 0-11 years | 40.6 | 25.7 | 55.5 |  |  |  | 26.3 | 13.0 | 39.7 |
| HS Grad/GED | 29.9 | 21.7 | 38.1 | 75.9 | 61.5 | 90.3 | 18.8 | 11.6 | 26.0 |
| 1 or more years of college | 19.7 | 14.1 | 25.4 | 66.8 | 52.8 | 80.9 | 22.4 | 16.1 | 28.6 |
| Employment Employed for wages | 20.0 | 15.0 | 25.0 | 58.6 | 44.5 | 72.6 | 20.9 | 15.5 | 26.3 |
| Household Income \$24,999 or less | 35.2 | 25.4 | 44.9 | 80.4 | 67.4 | 93.3 | 26.6 | 17.1 | 36.0 |
| \$25,000-49,999 | 23.7 | 14.2 | 33.2 | 58.6 | 40.2 | 77.1 | 20.1 | 11.2 | 28.9 |
| \$50,000 or more | 20.7 | 13.6 | 27.9 | 67.4 | 46.9 | 87.9 | 23.7 | 16.2 | 31.2 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & 12-15 \end{aligned}$ | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 80.9 | 73.7 | 88.1 | 91.4 | 88.2 | 94.5 | 36.9 | 31.6 | 42.2 |
| Sex Men | 82.9 | 76.9 | 88.9 | 89.7 | 84.5 | 94.9 | 37.8 | 29.7 | 45.8 |
| Women | 79.1 | 66.7 | 91.6 | 93.0 | 89.4 | 96.6 | 36.0 | 29.0 | 43.1 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 81.8 | 71.5 | 92.1 | 91.4 | 87.7 | 95.0 | 39.4 | 33.0 | 45.9 |
| NH Black | 88.7 | 81.1 | 96.3 | 94.1 | 87.5 | 100.0 | 32.8 | 19.2 | 46.5 |
| Hispanic | 65.9 | 47.2 | 84.7 |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 85.3 | 78.2 | 92.5 | 89.6 | 83.8 | 95.5 | 39.7 | 30.2 | 49.3 |
| NH White women | 78.2 | 59.6 | 96.9 | 93.3 | 89.1 | 97.5 | 39.1 | 30.5 | 47.7 |
| NH Black men | 85.4 | 72.2 | 98.6 |  |  |  |  |  |  |
| NH Black women | 91.7 | 82.9 | 100.0 | 94.6 | 88.1 | 100.0 | 35.6 | 16.0 | 55.2 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 69.3 | 57.6 | 81.0 | 86.4 | 80.5 | 92.2 | 23.9 | 16.3 | 31.5 |
| 45-64 | 93.7 | 90.1 | 97.4 | 93.9 | 89.7 | 98.1 | 41.6 | 32.7 | 50.6 |
| 65 and older | 96.7 | 92.8 | 100.0 | 98.3 | 95.1 | 100.0 | 60.3 | 48.6 | 71.9 |
| Marital Status Never married | 56.8 | 35.1 | 78.5 | 97.2 | 94.0 | 100.0 | 25.3 | 12.8 | 37.7 |
| Married/ living together as a couple | 87.6 | 83.5 | 91.8 | 89.9 | 85.3 | 94.5 | 37.6 | 30.6 | 44.6 |
| Divorced/ widowed/separated | 91.4 | 86.4 | 96.4 | 90.9 | 85.0 | 96.8 | 43.3 | 32.7 | 53.8 |
| Education 0-11 years | 76.7 | 62.7 | 90.8 | 100.0 | 100.0 | 100.0 | 51.9 | 34.5 | 69.3 |
| HS Grad/GED | 77.5 | 69.2 | 85.8 | 88.5 | 81.2 | 95.7 | 40.4 | 30.1 | 50.8 |
| 1 or more years of college | 83.8 | 72.3 | 95.3 | 91.2 | 87.3 | 95.0 | 32.5 | 25.9 | 39.0 |
| Employment Employed for wages | 82.4 | 77.3 | 87.5 | 87.8 | 82.9 | 92.6 | 32.5 | 25.6 | 39.4 |
| Household Income \$24,999 or less | 78.8 | 69.9 | 87.8 | 91.0 | 84.1 | 97.9 | 40.8 | 29.3 | 52.4 |
| \$25,000-49,999 | 73.3 | 53.3 | 93.4 | 93.7 | 88.1 | 99.3 | 32.3 | 22.3 | 42.3 |
| \$50,000 or more | 89.4 | 83.9 | 94.8 | 87.7 | 81.8 | 93.6 | 38.6 | 29.7 | 47.6 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 9.1 | 6.1 | 12.1 | 57.9 | 40.4 | 75.3 | 6.3 | 3.8 | 8.8 |
| Sex Men <br>  Women | 7.3 | 3.2 | 11.3 |  |  |  | 7.2 | 3.2 | 11.3 |
|  | 10.8 | 6.4 | 15.1 |  |  |  | 5.5 | 2.5 | 8.5 |
| Race/ethnicity NH White <br> NH Black  <br> Hispanic  | 6.3 | 3.5 | 9.1 |  |  |  | 5.3 | 2.6 | 8.0 |
|  | 8.6 | 0.6 | 16.6 |  |  |  | 12.1 | 3.0 | 21.2 |
|  | 22.9 | 5.4 | 40.3 |  |  |  | 7.6 | 0.0 | 19.9 |
| Race/ethnicity-Sex NH White m | 6.3 | 2.0 | 10.6 |  |  |  | 5.1 | 1.1 | 9.1 |
| NH White women | 6.3 | 2.6 | 10.0 |  |  |  | 5.4 | 1.7 | 9.1 |
| NH Black men | 1.9 | 0.0 | 5.7 |  |  |  | 12.8 | 0.0 | 27.2 |
| NH Black women | 14.6 | 0.2 | 29.0 |  |  |  | 11.4 | 0.0 | 23.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Age $18-44$ | 8.6 | 4.7 | 12.5 |  |  |  | 2.6 | 0.5 | 4.7 |
| 45-64 | 13.3 | 6.8 | 19.9 |  |  |  | 5.5 | 0.6 | 10.5 |
| 65 and older | 3.3 | 0.0 | 7.3 |  |  |  | 21.7 | 11.8 | 31.6 |
| Marital Status Never married | 10.0 | 2.6 | 17.4 |  |  |  | 1.6 | 0.0 | 3.6 |
| Married/ living together as a couple | 8.1 | 4.3 | 11.9 |  |  |  | 7.0 | 3.4 | 10.6 |
| Divorced/ widowed/separated | 11.2 | 5.0 | 17.3 |  |  |  | 10.1 | 3.6 | 16.5 |
| Education 0-11 years | 12.8 | 0.7 | 25.0 |  |  |  | 15.3 | 4.6 | 26.0 |
| HS Grad/GED | 9.3 | 4.0 | 14.7 |  |  |  | 5.6 | 1.4 | 9.8 |
| 1 or more years of college | 8.3 | 4.8 | 11.9 |  |  |  | 5.0 | 2.0 | 8.1 |
| Employment Employed for wages | 8.2 | 4.8 | 11.5 |  |  |  | 2.1 | 0.2 | 4.0 |
| Household Income | 15.6 | 7.8 | 23.4 |  |  |  | 9.3 | 2.9 | 15.8 |
|  | 9.1 | 3.3 | 14.8 |  |  |  | 5.9 | 1.4 | 10.4 |
|  | 6.4 | 2.3 | 10.6 |  |  |  | 5.0 | 1.1 | 9.0 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 23.1 | 18.6 | 27.6 | 29.7 | 24.7 | 34.7 | 26.4 | 21.5 | 31.2 |
| Sex Men | 24.6 | 18.1 | 31.2 | 28.4 | 21.6 | 35.1 | 28.4 | 21.5 | 35.3 |
| Women | 21.7 | 15.6 | 27.8 | 30.9 | 23.5 | 38.4 | 24.5 | 17.9 | 31.2 |
| Race/ethnicity NH White | 20.7 | 15.4 | 26.1 | 24.0 | 18.2 | 29.7 | 21.9 | 16.4 | 27.4 |
| NH Black | 28.7 | 16.9 | 40.5 | 40.8 | 27.8 | 53.7 | 40.3 | 27.2 | 53.4 |
| Hispanic | 39.7 | 20.4 | 58.9 | 55.1 | 36.2 | 74.0 | 45.7 | 26.3 | 65.1 |
| Race/ethnicity-Sex NH White men | 23.7 | 15.8 | 31.6 | 24.9 | 16.9 | 32.9 | 27.3 | 19.0 | 35.6 |
| NH White women | 18.0 | 11.1 | 24.9 | 23.1 | 14.9 | 31.3 | 16.9 | 10.2 | 23.6 |
| NH Black men | 28.7 | 11.1 | 46.3 | 34.1 | 15.9 | 52.4 | 34.1 | 15.7 | 52.6 |
| NH Black women | 28.8 | 12.2 | 45.4 | 46.9 | 28.4 | 65.4 | 46.0 | 27.5 | 64.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 17.6 | 11.7 | 23.5 | 23.4 | 16.7 | 30.1 | 23.5 | 16.7 | 30.4 |
| 45-64 | 27.2 | 19.5 | 34.9 | 36.3 | 27.9 | 44.8 | 30.5 | 22.4 | 38.7 |
| 65 and older | 30.4 | 19.1 | 41.6 | 35.3 | 23.5 | 47.1 | 24.1 | 13.5 | 34.7 |
| Marital Status Never married | 16.0 | 6.7 | 25.2 | 23.4 | 11.3 | 35.5 | 27.8 | 14.2 | 41.3 |
| Married/ living together as a couple | 26.6 | 20.6 | 32.6 | 33.8 | 27.5 | 40.2 | 29.4 | 23.3 | 35.5 |
| Divorced/ widowed/separated | 21.6 | 13.6 | 29.5 | 25.7 | 17.0 | 34.5 | 16.3 | 9.3 | 23.3 |
| Education 0-11 years | 37.2 | 22.2 | 52.3 | 55.5 | 40.1 | 70.8 | 37.6 | 21.5 | 53.6 |
| HS Grad/GED | 22.0 | 14.5 | 29.5 | 29.3 | 20.9 | 37.7 | 25.9 | 17.8 | 34.0 |
| 1 or more years of college | 21.1 | 15.2 | 27.0 | 25.0 | 18.7 | 31.3 | 24.3 | 18.0 | 30.6 |
| Employment Employed for wages | 20.4 | 15.2 | 25.6 | 25.3 | 19.9 | 30.8 | 24.0 | 18.7 | 29.4 |
| Household Income \$24,999 or less | 25.1 | 16.2 | 33.9 | 38.5 | 28.1 | 48.8 | 34.5 | 24.3 | 44.8 |
| \$25,000-49,999 | 23.2 | 13.7 | 32.7 | 26.5 | 16.3 | 36.6 | 22.8 | 13.4 | 32.1 |
| \$50,000 or more | 20.4 | 13.4 | 27.5 | 26.6 | 19.0 | 34.3 | 25.2 | 17.7 | 32.7 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 23.3 | 18.9 | 27.7 | 0.6 | 0.0 | 1.2 | 17.0 | 12.9 | 21.0 |
| Sex Men | 23.7 | 17.4 | 30.1 |  |  |  | 15.7 | 9.9 | 21.5 |
|  | 22.9 | 16.8 | 28.9 |  |  |  | 18.0 | 12.3 | 23.8 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 24.9 | 19.1 | 30.6 | 0.7 | 0.0 | 1.6 | 17.5 | 12.4 | 22.7 |
|  | 25.7 | 14.6 | 36.7 | 0.6 | 0.0 | 1.9 | 16.0 | 5.9 | 26.1 |
|  | 16.8 | 3.5 | 30.1 |  |  |  | 15.1 | 0.0 | 30.3 |
| Race/ethnicity-Sex NH White men | 23.7 | 15.9 | 31.4 |  |  |  | 16.5 | 9.4 | 23.7 |
| NH White women | 26.0 | 17.4 | 34.7 |  |  |  | 18.5 | 11.0 | 25.9 |
| NH Black men | 29.2 | 10.9 | 47.6 |  |  |  | 7.7 | 0.0 | 17.0 |
| NH Black women | 22.5 | 8.9 | 36.1 |  |  |  | 23.6 | 6.8 | 40.4 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br> 65 and older  | 12.3 | 7.3 | 17.2 |  |  |  | 8.7 | 4.0 | 13.3 |
|  | 24.2 | 17.1 | 31.4 |  |  |  | 10.4 | 4.5 | 16.3 |
|  | 62.6 | 51.3 | 74.0 |  |  |  | 53.7 | 41.8 | 65.6 |
| Marital Status Never married | 10.3 | 2.9 | 17.8 | 0.4 | 0.0 | 1.2 | 14.6 | 4.7 | 24.5 |
| Married/ living together as a couple | 25.8 | 20.1 | 31.5 | 0.6 | 0.0 | 1.6 | 15.3 | 10.3 | 20.3 |
| Divorced/ widowed/separated | 32.1 | 23.1 | 41.1 | 0.6 | 0.0 | 1.8 | 25.1 | 16.3 | 33.9 |
| Education $0-11$ years <br> HS Grad/GED  | 27.6 | 14.6 | 40.5 | 1.9 | 0.0 | 4.7 | 34.4 | 19.6 | 49.2 |
|  | 25.7 | 17.6 | 33.7 | 0.8 | 0.0 | 2.4 | 19.3 | 11.5 | 27.1 |
|  | 21.1 | 15.5 | 26.8 | 0.2 | 0.0 | 0.5 | 11.9 | 7.5 | 16.3 |
| Employment Employed for wages | 19.1 | 14.1 | 24.0 |  |  |  | 9.4 | 5.2 | 13.6 |
| Household Income \$24,999 or less | 24.3 | 15.6 | 33.0 | 1.3 | 0.0 | 2.8 | 27.8 | 18.0 | 37.6 |
| \$25,000-49,999 | 22.0 | 13.0 | 31.0 | 0.8 | 0.0 | 2.5 | 13.2 | 6.2 | 20.3 |
| \$50,000 or more | 21.7 | 14.7 | 28.7 |  |  |  | 7.4 | 2.7 | 12.0 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Holmes County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Holmes County, 518 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Holmes County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | CI |  |
| All | 18,564 | 15,982,378 | 24.6 | 20.0 | 29.3 | 55.1 | 47.4 | 62.8 |
| Sex Men | 53.0\% | 48.8\% | 26.9 | 19.0 | 34.8 | 45.0 | 33.7 | 56.2 |
| Women | 47.0\% | 51.2\% | 22.3 | 17.1 | 27.5 | 67.2 | 57.8 | 76.6 |
| Race/ethnicity NH White | 88.9\% | 65.4\% | 22.2 | 17.6 | 26.8 | 56.3 | 48.3 | 64.4 |
| NH Black | 6.4\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 1.9\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 44.9\% | 31.9\% | 23.1 | 15.6 | 30.7 | 45.1 | 33.2 | 57.0 |
| NH White women | 43.9\% | 33.6\% | 21.2 | 15.7 | 26.7 | 70.0 | 60.9 | 79.2 |
| NH Black men | 5.2\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 1.2\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.3\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.6\% | 8.4\% |  |  |  |  |  |  |
| Age | 38.1\% | 36.9\% | 12.2 | 6.5 | 17.9 | 49.8 | 38.8 | 60.7 |
| 45-64 | 24.0\% | 22.7\% | 31.6 | 24.3 | 39.0 | 61.3 | 50.5 | 72.2 |
| 65 and older | 14.8\% | 17.6\% | 39.5 | 28.0 | 50.9 |  |  |  |
| Marital Status Never married | 19.6\% | 22.5\% | 19.0 | 4.3 | 33.7 |  |  |  |
| Married/ living together as a couple | 55.2\% | 53.7\% | 24.6 | 18.4 | 30.8 | 59.8 | 50.3 | 69.2 |
| Divorced/ widowed/separated | 25.3\% | 23.8\% | 26.8 | 19.4 | 34.2 | 53.7 | 39.8 | 67.7 |
| Education 0-11 years | 34.8\% | 20.1\% | 48.5 | 36.7 | 60.4 | 50.3 | 30.0 | 70.6 |
| HS Grad/GED | 37.8\% | 28.7\% | 20.4 | 14.2 | 26.6 | 47.9 | 35.9 | 59.9 |
| 1 or more years of college | 27.4\% | 51.1\% | 15.5 | 9.3 | 21.7 | 65.6 | 55.0 | 76.2 |
| Employment Employed for wages | 46.8\% | 54.9\% | 12.3 | 7.5 | 17.1 | 55.1 | 47.4 | 62.8 |
| Household Income \$24,999 or less | 45.8\% | 30.8\% | 36.2 | 28.0 | 44.4 | 50.6 | 37.5 | 63.6 |
| \$25,000-49,999 | 32.1\% | 31.6\% | 15.0 | 8.4 | 21.6 | 50.2 | 37.8 | 62.6 |
| \$50,000 or more | 22.0\% | 37.6\% | 11.0 | 2.7 | 19.3 | 69.2 | 50.9 | 87.5 |

[^30]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 32.5 | 27.2 | 37.8 | 57.0 | 51.2 | 62.8 | 79.9 | 75.3 | 84.5 |
| Sex Men | 28.9 | 20.6 | 37.2 | 51.4 | 41.3 | 61.5 | 73.7 | 65.5 | 81.8 |
| Women | 36.1 | 29.8 | 42.4 | 62.7 | 56.3 | 69.1 | 86.3 | 81.7 | 90.9 |
| Race/ethnicity NH White | 29.4 | 24.2 | 34.7 | 57.4 | 51.1 | 63.6 | 79.7 | 74.7 | 84.8 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 24.7 | 16.8 | 32.6 | 51.5 | 40.6 | 62.5 | 72.9 | 63.9 | 81.9 |
| NH White women | 34.2 | 27.7 | 40.6 | 63.3 | 56.6 | 70.1 | 86.7 | 82.1 | 91.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 22.8 | 15.2 | 30.3 | 51.9 | 41.1 | 62.7 | 70.7 | 61.4 | 79.9 |
| 45-64 | 39.6 | 31.6 | 47.6 | 59.8 | 51.6 | 68.0 | 83.8 | 78.0 | 89.5 |
| 65 and older | 40.9 | 29.3 | 52.5 | 63.0 | 52.3 | 73.8 | 92.8 | 87.8 | 97.9 |
| Marital Status Never married | 30.6 | 9.7 | 51.6 | 51.1 | 27.6 | 74.6 | 80.4 | 62.2 | 98.6 |
| Married/ living together as a couple | 30.1 | 23.3 | 36.8 | 58.5 | 51.0 | 66.0 | 81.2 | 75.6 | 86.9 |
| Divorced/ widowed/separated | 39.2 | 30.8 | 47.5 | 54.6 | 45.6 | 63.5 | 76.1 | 67.2 | 85.1 |
| Education 0-11 years | 45.5 | 33.8 | 57.3 | 63.9 | 53.1 | 74.6 | 81.6 | 72.8 | 90.4 |
| HS Grad/GED | 36.1 | 28.3 | 43.9 | 52.2 | 43.8 | 60.6 | 79.5 | 72.0 | 87.1 |
| 1 or more years of college | 20.3 | 13.2 | 27.4 | 60.0 | 49.0 | 70.9 | 80.1 | 72.4 | 87.7 |
| Employment Employed for wages | 23.7 | 17.3 | 30.2 | 51.5 | 42.3 | 60.8 | 74.0 | 66.5 | 81.5 |
| Household Income \$24,999 or less | 40.1 | 31.8 | 48.4 | 53.3 | 45.0 | 61.6 | 83.1 | 76.7 | 89.6 |
| \$25,000 - 49,999 | 27.2 | 18.9 | 35.4 | 53.9 | 44.2 | 63.5 | 73.9 | 65.0 | 82.8 |
| \$50,000 or more | 21.0 | 9.9 | 32.2 | 53.6 | 36.7 | 70.4 | 75.7 | 60.1 | 91.3 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 34.0 | 28.6 | 39.4 | 33.2 | 26.9 | 39.6 | 76.5 | 70.2 | 82.9 |
| Sex Men | 40.5 | 31.1 | 50.0 | 35.4 | 24.4 | 46.4 | 78.7 | 67.1 | 90.4 |
| Women | 27.5 | 21.8 | 33.2 | 31.1 | 24.8 | 37.3 | 74.3 | 68.5 | 80.2 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 33.6 | 28.0 | 39.3 | 32.5 | 25.5 | 39.4 | 75.8 | 68.8 | 82.8 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 38.1 | 28.2 | 48.0 | 38.2 | 26.2 | 50.1 | 75.9 | 63.1 | 88.7 |
| NH White women | 29.2 | 23.1 | 35.4 | 26.8 | 20.7 | 33.0 | 75.7 | 69.7 | 81.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 26.0 | 17.5 | 34.4 | 37.7 | 25.9 | 49.5 | 72.7 | 60.1 | 85.2 |
| 45-64 | 35.3 | 27.6 | 42.9 | 30.8 | 23.2 | 38.4 | 81.0 | 74.4 | 87.6 |
| 65 and older | 48.4 | 36.9 | 59.9 | 28.4 | 17.9 | 39.0 | 77.7 | 69.1 | 86.3 |
| Marital Status Never married | 31.2 | 8.4 | 53.9 | 30.5 | 10.5 | 50.5 | 53.5 | 29.9 | 77.2 |
| Married/ living together as a couple | 33.9 | 26.9 | 40.9 | 37.2 | 28.7 | 45.8 | 77.5 | 68.8 | 86.2 |
| Divorced/ widowed/separated | 35.5 | 27.2 | 43.9 | 22.4 | 15.6 | 29.2 | 81.1 | 74.7 | 87.5 |
| Education 0-11 years | 38.9 | 27.3 | 50.6 | 41.4 | 29.9 | 52.8 | 78.8 | 68.8 | 88.7 |
| HS Grad/GED | 32.1 | 24.3 | 40.0 | 24.5 | 17.3 | 31.7 | 79.7 | 73.1 | 86.3 |
| 1 or more years of college | 33.1 | 23.4 | 42.8 | 39.9 | 26.4 | 53.4 | 70.4 | 55.8 | 85.1 |
| Employment Employed for wages | 31.9 | 24.0 | 39.9 | 35.9 | 25.7 | 46.2 | 72.7 | 61.9 | 83.5 |
| Household Income \$24,999 or less | 36.1 | 28.1 | 44.1 | 25.7 | 18.5 | 32.9 | 81.8 | 76.0 | 87.6 |
| \$25,000-49,999 | 40.9 | 31.3 | 50.6 | 34.1 | 24.9 | 43.2 | 75.9 | 66.9 | 84.8 |
| \$50,000 or more | 23.9 | 9.9 | 37.9 | 40.9 | 24.5 | 57.3 | 71.5 | 56.2 | 86.9 |







(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Indian River County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Indian River County, 505 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Indian River County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 112,947 | 15,982,378 | 19.0 | 14.7 | 23.3 | 66.3 | 56.1 | 76.5 |
| Sex Men | 48.4\% | 48.8\% | 20.7 | 12.7 | 28.7 | 66.7 | 48.7 | 84.6 |
| Women | 51.6\% | 51.2\% | 17.5 | 13.0 | 22.0 | 65.9 | 56.6 | 75.1 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 83.4\% | 65.4\% | 17.4 | 13.0 | 21.9 | 68.0 | 57.1 | 79.0 |
| NH Black | 8.1\% | 14.2\% | 29.5 | 12.6 | 46.4 |  |  |  |
| Hispanic | 6.5\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 39.8\% | 31.9\% | 18.9 | 10.7 | 27.1 | 70.8 | 52.2 | 89.4 |
| NH White women | 43.6\% | 33.6\% | 16.1 | 11.5 | 20.7 | 65.3 | 55.4 | 75.2 |
| NH Black men | 3.9\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.2\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 3.7\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.8\% | 8.4\% |  |  |  |  |  |  |
| Age $18-44$ | 28.3\% | 36.9\% | 11.1 | 4.9 | 17.4 | 64.5 | 46.5 | 82.4 |
| 45-64 | 23.3\% | 22.7\% | 19.3 | 11.7 | 26.9 | 67.5 | 55.4 | 79.7 |
| 65 and older | 29.2\% | 17.6\% | 26.3 | 19.4 | 33.3 | 68.1 | 49.0 | 87.2 |
| Marital Status Never married | 15.9\% | 22.5\% | 10.5 | 2.1 | 19.0 | 57.1 | 36.8 | 77.4 |
| Married/ living together as a couple | 59.6\% | 53.7\% | 19.2 | 13.2 | 25.1 | 70.0 | 56.3 | 83.6 |
| Divorced/ widowed/separated | 24.5\% | 23.8\% | 22.0 | 14.8 | 29.2 | 60.8 | 48.2 | 73.4 |
| Education 0-11 years | 18.4\% | 20.1\% | 33.9 | 18.6 | 49.3 |  |  |  |
| HS Grad/GED | 29.1\% | 28.7\% | 19.9 | 13.2 | 26.6 | 64.7 | 52.3 | 77.2 |
| 1 or more years of college | 52.5\% | 51.1\% | 15.8 | 10.2 | 21.3 | 70.6 | 57.0 | 84.1 |
| Employment Employed for wages | 48.4\% | 54.9\% | 12.1 | 6.7 | 17.5 | 66.3 | 56.1 | 76.5 |
| Household Income \$24,999 or less | 29.9\% | 30.8\% | 29.4 | 20.1 | 38.6 | 50.7 | 34.3 | 67.1 |
| \$25,000-49,999 | 31.8\% | 31.6\% | 18.4 | 10.6 | 26.2 | 62.0 | 49.4 | 74.6 |
| \$50,000 or more | 38.4\% | 37.6\% | 9.3 | 3.3 | 15.3 | 75.8 | 58.5 | 93.2 |

[^31]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 20.7 | 16.1 | 25.3 | 49.3 | 42.1 | 56.5 | 74.5 | 65.4 | 83.6 |
| Sex Men | 19.0 | 11.4 | 26.6 | 42.5 | 30.0 | 54.9 | 67.0 | 49.9 | 84.2 |
| Women | 22.3 | 17.0 | 27.5 | 55.3 | 49.2 | 61.4 | 81.1 | 76.4 | 85.8 |
| Race/ethnicity NH White | 20.7 | 15.7 | 25.6 | 47.8 | 39.9 | 55.6 | 73.7 | 63.5 | 84.0 |
| NH Black | 19.6 | 3.4 | 35.8 | 71.1 | 54.6 | 87.5 | 82.9 | 69.2 | 96.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 18.6 | 10.4 | 26.7 | 40.7 | 27.3 | 54.1 | 65.8 | 46.8 | 84.7 |
| NH White women | 22.6 | 17.1 | 28.1 | 54.2 | 47.7 | 60.7 | 81.0 | 76.0 | 86.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 16.5 | 8.4 | 24.7 | 44.5 | 27.5 | 61.5 | 59.9 | 38.3 | 81.4 |
|  | 19.0 | 11.4 | 26.5 | 50.4 | 41.0 | 59.8 | 78.8 | 71.1 | 86.4 |
|  | 26.5 | 19.2 | 33.8 | 52.9 | 45.1 | 60.7 | 84.7 | 79.0 | 90.4 |
| Marital Status Never married | 27.5 | 14.4 | 40.7 | 54.0 | 38.2 | 69.8 | 71.7 | 57.8 | 85.6 |
| Married/ living together as a couple | 18.9 | 12.8 | 25.0 | 47.5 | 37.3 | 57.8 | 70.7 | 57.5 | 84.0 |
| Divorced/ widowed/separated | 22.8 | 15.5 | 30.0 | 52.1 | 43.7 | 60.4 | 85.4 | 79.3 | 91.5 |
| Education $0-11$ years <br> HS Grad/GED  | 43.0 | 26.6 | 59.3 | 72.4 | 57.1 | 87.7 | 92.6 | 82.5 | 100.0 |
|  | 27.4 | 19.5 | 35.2 | 56.9 | 48.3 | 65.5 | 83.0 | 76.6 | 89.5 |
|  | 13.4 | 8.4 | 18.5 | 41.4 | 31.6 | 51.1 | 66.9 | 53.3 | 80.5 |
| Employment Employed for wages | 14.8 | 9.0 | 20.6 | 46.9 | 34.4 | 59.3 | 66.6 | 50.5 | 82.7 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 24.4 | 16.0 | 32.8 | 52.8 | 42.6 | 63.0 | 83.5 | 75.9 | 91.2 |
|  | 21.2 | 13.4 | 28.9 | 53.2 | 43.9 | 62.6 | 80.1 | 72.9 | 87.4 |
|  | 9.5 | 3.0 | 15.9 | 33.1 | 18.8 | 47.4 | 55.2 | 34.1 | 76.3 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 32.5 | 26.8 | 38.2 | 26.4 | 17.4 | 35.5 | 70.7 | 65.3 | 76.0 |
| Sex Mer | 40.2 | 28.3 | 52.2 | 30.8 | 13.3 | 48.4 | 75.5 | 66.9 | 84.2 |
| Women | 25.7 | 20.6 | 30.9 | 22.6 | 17.3 | 27.8 | 66.4 | 60.6 | 72.2 |
| Race/ethnicity NH White | 33.2 | 26.9 | 39.5 | 26.8 | 16.6 | 37.0 | 70.2 | 64.3 | 76.1 |
| NH Black | 25.1 | 9.2 | 41.1 | 27.9 | 12.1 | 43.7 | 70.0 | 52.7 | 87.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 40.7 | 27.3 | 54.0 | 33.3 | 14.0 | 52.5 | 74.5 | 64.8 | 84.3 |
| NH White women | 26.5 | 21.0 | 32.0 | 21.0 | 15.5 | 26.5 | 66.4 | 60.3 | 72.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ | 19.1 | 10.0 | 28.3 | 37.3 | 14.9 | 59.6 | 80.1 | 70.6 | 89.6 |
|  | 35.8 | 26.9 | 44.8 | 24.0 | 15.8 | 32.2 | 69.8 | 61.6 | 77.9 |
|  | 41.8 | 34.1 | 49.4 | 19.0 | 12.6 | 25.5 | 63.3 | 55.7 | 70.8 |
| Marital Status Never married | 24.5 | 10.9 | 38.0 | 23.8 | 10.9 | 36.6 | 73.2 | 59.1 | 87.2 |
| Married/ living together as a couple | 34.1 | 25.8 | 42.3 | 29.5 | 16.3 | 42.7 | 68.9 | 61.1 | 76.8 |
| Divorced/ widowed/separated | 31.8 | 24.1 | 39.6 | 19.9 | 13.1 | 26.6 | 74.4 | 67.8 | 81.0 |
| Education 0-11 years | 32.6 | 17.0 | 48.2 | 20.2 | 8.0 | 32.5 | 78.3 | 64.8 | 91.8 |
| 1 or more years of college | 30.7 | 22.9 | 38.6 | 26.7 | 18.5 | 34.9 | 72.8 | 64.9 | 80.6 |
|  | 33.5 | 25.0 | 42.0 | 27.5 | 13.1 | 41.8 | 68.4 | 60.3 | 76.5 |
| Employment Household Income | 28.4 | 19.6 | 37.1 | 32.4 | 16.3 | 48.4 | 77.2 | 69.7 | 84.7 |
|  | 36.8 | 27.0 | 46.6 | 23.5 | 14.9 | 32.0 | 72.9 | 63.9 | 81.8 |
| \$25,000-49,999 | 35.6 | 26.7 | 44.4 | 23.9 | 15.3 | 32.6 | 68.6 | 59.9 | 77.2 |
| \$50,000 or more | 29.4 | 16.3 | 42.4 | 29.1 | 3.2 | 54.9 | 77.4 | 66.8 | 88.0 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 18.9 | 14.6 | 23.2 | 54.8 | 43.6 | 66.1 | 13.0 | 9.3 | 16.6 |
| Sex Men | 16.2 | 9.3 | 23.1 | 49.6 | 29.1 | 70.1 | 18.3 | 10.8 | 25.7 |
| Women | 21.2 | 16.3 | 26.1 | 58.4 | 45.0 | 71.8 | 8.3 | 5.1 | 11.6 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 17.8 | 13.3 | 22.2 | 56.2 | 44.0 | 68.4 | 11.5 | 7.9 | 15.2 |
| NH Black | 21.4 | 7.0 | 35.8 |  |  |  | 10.7 | 0.0 | 21.8 |
| $\square$ Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 13.9 | 7.1 | 20.7 |  |  |  | 15.1 | 8.0 | 22.2 |
| NH White women | 21.2 | 15.9 | 26.4 | 59.0 | 44.7 | 73.3 | 8.4 | 4.9 | 11.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 27.5 | 15.6 | 39.5 | 55.7 | 39.3 | 72.1 | 20.7 | 10.8 | 30.7 |
|  | 27.1 | 19.0 | 35.2 | 49.3 | 31.2 | 67.4 | 15.2 | 8.4 | 22.1 |
|  | 4.9 | 1.6 | 8.2 |  |  |  | 4.6 | 1.2 | 8.0 |
| Marital Status <br> Married/ living together as a couple <br> Divorced/ widowed/separated | 38.4 | 22.7 | 54.0 |  |  |  | 26.0 | 11.7 | 40.4 |
|  | 14.4 | 9.4 | 19.3 | 53.0 | 35.9 | 70.2 | 12.0 | 7.3 | 16.7 |
|  | 23.3 | 16.0 | 30.7 | 55.2 | 36.5 | 73.9 | 10.2 | 4.9 | 15.6 |
| Education $0-11$ years <br> HS Grad/GED  | 26.0 | 12.1 | 39.9 |  |  |  | 11.8 | 1.6 | 22.0 |
|  | 21.8 | 14.7 | 28.9 | 52.7 | 33.7 | 71.7 | 14.5 | 7.8 | 21.1 |
|  | 16.1 | 10.6 | 21.6 | 57.5 | 41.0 | 73.9 | 12.4 | 7.6 | 17.3 |
| Employment Employed for wages | 23.9 | 16.1 | 31.8 | 57.5 | 43.6 | 71.3 | 17.7 | 10.9 | 24.4 |
| Household Income $\$ 24,999$ or less <br> $\$ 25,000-49,999$  <br> $\$ 50,000$ or more  | 24.7 | 16.1 | 33.3 | 67.2 | 47.6 | 86.8 | 14.1 | 6.3 | 21.8 |
|  | 18.5 | 11.4 | 25.6 |  |  |  | 14.2 | 7.6 | 20.8 |
|  | 15.3 | 6.8 | 23.8 |  |  |  | 13.8 | 5.9 | 21.8 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 16.3 | 12.2 | 20.5 | 25.9 | 16.9 | 34.9 | 7.9 | 5.1 | 10.6 |
| Sex Men <br>  Women | 16.7 | 9.6 | 23.9 | 36.7 | 20.3 | 53.1 | 6.6 | 2.3 | 11.0 |
|  | 16.0 | 11.2 | 20.8 | 16.4 | 12.1 | 20.7 | 8.9 | 5.5 | 12.3 |
| Race/ethnicity NH White | 11.5 | 7.9 | 15.1 | 24.6 | 14.3 | 34.9 | 6.4 | 3.9 | 8.9 |
| NH Black | 44.6 | 25.1 | 64.1 | 33.9 | 15.9 | 51.9 | 10.1 | 0.0 | 20.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men <br>  NH White women | 11.4 | 5.3 | 17.6 | 35.6 | 16.9 | 54.3 | 3.7 | 0.4 | 7.0 |
|  | 11.5 | 7.5 | 15.5 | 14.8 | 10.7 | 19.0 | 8.8 | 5.2 | 12.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 31.7 | 18.5 | 44.8 | 50.2 | 31.6 | 68.8 | 12.5 | 5.4 | 19.6 |
| 45-64 | 14.7 | 8.0 | 21.5 | 18.7 | 12.1 | 25.3 | 8.3 | 3.4 | 13.2 |
| 65 and older | 4.3 | 0.0 | 8.8 | 10.3 | 5.6 | 14.9 | 3.5 | 0.6 | 6.4 |
| Marital Status Never married | 51.3 | 35.7 | 66.9 | 54.0 | 38.6 | 69.4 | 12.6 | 1.1 | 24.1 |
| Married/ living together as a couple | 12.0 | 7.2 | 16.8 | 24.3 | 10.6 | 38.1 | 7.6 | 4.2 | 11.0 |
| Divorced/ widowed/separated | 13.7 | 6.9 | 20.4 | 19.1 | 13.0 | 25.1 | 6.7 | 2.0 | 11.4 |
| Education $0-11$ years <br> HS Grad/GED  | 40.3 | 23.7 | 57.0 | 21.4 | 9.6 | 33.3 | 20.4 | 7.3 | 33.5 |
|  | 22.4 | 14.6 | 30.1 | 29.2 | 21.0 | 37.3 | 6.4 | 2.1 | 10.6 |
|  | 8.8 | 5.0 | 12.6 | 24.9 | 10.2 | 39.5 | 6.1 | 3.0 | 9.3 |
| Employment Employed for wages | 21.2 | 13.8 | 28.5 | 35.4 | 19.9 | 50.9 | 10.0 | 5.2 | 14.8 |
| Household Income \$24,999 or less | 33.6 | 23.7 | 43.5 | 30.3 | 21.0 | 39.6 | 13.7 | 6.5 | 20.9 |
| \$25,000-49,999 | 16.1 | 9.2 | 23.1 | 25.8 | 17.7 | 33.9 | 7.3 | 2.2 | 12.4 |
| \$50,000 or more | 2.1 | 0.0 | 4.7 | 26.5 | 0.0 | 53.2 | 4.1 | 0.7 | 7.6 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | Cl |  |
| All | 69.4 | 63.7 | 75.1 | 36.2 | 30.0 | 42.4 | 70.7 | 64.9 | 76.5 |
| Sex Men | 65.2 | 54.2 | 76.3 | 30.6 | 20.5 | 40.7 | 69.2 | 58.2 | 80.1 |
| Women | 73.0 | 67.4 | 78.6 | 41.3 | 35.0 | 47.5 | 72.0 | 66.0 | 78.0 |
| Race/ethnicity NH White | 73.2 | 67.4 | 78.9 | 36.7 | 29.9 | 43.5 | 73.2 | 67.1 | 79.2 |
| NH Black | 43.7 | 24.7 | 62.8 | 30.9 | 12.9 | 49.0 | 42.7 | 22.7 | 62.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 70.9 | 60.0 | 81.8 | 31.4 | 20.1 | 42.8 | 72.4 | 61.3 | 83.4 |
| NH White women | 75.2 | 69.5 | 80.9 | 41.5 | 35.0 | 48.1 | 73.9 | 67.6 | 80.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 68.9 | 56.0 | 81.8 | 51.9 | 32.7 | 71.2 | 66.4 | 52.5 | 80.2 |
| 45-64 | 69.0 | 59.9 | 78.1 | 39.6 | 30.2 | 48.9 | 71.2 | 61.9 | 80.5 |
| 65 and older | 69.7 | 62.1 | 77.2 | 18.6 | 12.5 | 24.6 | 74.5 | 67.0 | 82.0 |
| Marital Status Never married | 70.2 | 56.8 | 83.6 | 66.1 | 50.8 | 81.3 | 64.7 | 50.4 | 79.1 |
| Married/ living together as a couple | 71.2 | 63.5 | 78.9 | 36.6 | 27.8 | 45.4 | 71.1 | 63.1 | 79.2 |
| Divorced/ widowed/separated | 64.4 | 55.9 | 72.9 | 23.1 | 16.0 | 30.2 | 71.9 | 63.8 | 80.1 |
| Education 0-11 years | 33.3 | 19.1 | 47.5 | 22.0 | 9.4 | 34.5 | 45.3 | 27.0 | 63.5 |
| HS Grad/GED | 64.3 | 55.7 | 72.9 | 26.9 | 18.7 | 35.0 | 64.2 | 55.5 | 73.0 |
| 1 or more years of college | 78.7 | 72.2 | 85.3 | 43.4 | 33.2 | 53.5 | 77.4 | 70.2 | 84.5 |
| Employment Employed for wages | 67.9 | 58.3 | 77.6 | 43.0 | 31.3 | 54.8 | 67.1 | 57.0 | 77.2 |
| Household Income \$24,999 or less | 49.5 | 39.5 | 59.6 | 34.4 | 24.5 | 44.2 | 51.1 | 40.3 | 61.8 |
| \$25,000 - 49,999 | 64.3 | 55.1 | 73.5 | 37.4 | 28.3 | 46.6 | 65.7 | 56.3 | 75.1 |
| \$50,000 or more | 89.9 | 83.5 | 96.3 | 38.8 | 22.6 | 54.9 | 87.4 | 79.2 | 95.6 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\|\mid 12-9,12-10$ | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 35.0 | 29.0 | 41.0 | 80.7 | 74.0 | 87.5 | 17.1 | 13.0 | 21.2 |
| Sex Men | 31.7 | 21.5 | 42.0 | 73.7 | 60.8 | 86.6 | 13.9 | 7.7 | 20.1 |
| Women | 37.9 | 31.8 | 44.0 | 85.9 | 79.4 | 92.4 | 19.9 | 14.9 | 24.9 |
| Race/ethnicity NH White | 35.4 | 28.8 | 41.9 | 83.1 | 76.7 | 89.6 | 16.6 | 12.3 | 21.0 |
| NH Black | 30.0 | 12.4 | 47.6 |  |  |  | 25.8 | 8.8 | 42.8 |
|  |  |  |  |  |  |  |  |  |  |
|  | 31.3 | 20.2 | 42.5 | 79.6 | 67.6 | 91.7 | 15.4 | 8.2 | 22.6 |
| NH White women | 38.9 | 32.5 | 45.4 | 85.7 | 78.6 | 92.7 | 17.8 | 12.8 | 22.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 12.4 | 5.4 | 19.4 |  |  |  | 8.2 | 3.3 | 13.1 |
|  | 33.7 | 24.7 | 42.6 | 83.5 | 72.5 | 94.6 | 20.2 | 12.6 | 27.7 |
|  | 56.8 | 49.2 | 64.3 | 89.7 | 82.3 | 97.1 | 22.3 | 15.6 | 28.9 |
| Marital Status Never married | 23.5 | 10.6 | 36.4 |  |  |  | 8.9 | 2.2 | 15.6 |
| Married/ living together as a couple | 34.4 | 26.0 | 42.8 | 84.6 | 76.1 | 93.0 | 15.6 | 10.4 | 20.9 |
| Divorced/ widowed/separated | 41.1 | 32.9 | 49.4 | 85.6 | 76.4 | 94.8 | 24.1 | 16.3 | 31.8 |
| Education $0-11$ years <br> HS Grad/GED  <br> 1 i  <br> 1  | 57.8 | 41.8 | 73.7 |  |  |  | 22.6 | 8.3 | 36.8 |
|  | 35.0 | 26.7 | 43.3 | 84.8 | 74.3 | 95.4 | 16.5 | 10.0 | 22.9 |
|  | 30.8 | 22.7 | 38.9 | 80.4 | 71.4 | 89.4 | 16.4 | 11.0 | 21.9 |
| Employment Employed for wages | 22.0 | 14.3 | 29.6 | 67.7 | 53.1 | 82.3 | 11.0 | 6.1 | 16.0 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 37.8 | 27.9 | 47.6 | 76.7 | 61.3 | 92.1 | 21.4 | 13.3 | 29.4 |
|  | 31.3 | 22.5 | 40.1 | 81.4 | 67.0 | 95.8 | 18.7 | 11.1 | 26.4 |
|  | 30.3 | 16.8 | 43.7 | 87.4 | 77.3 | 97.5 | 12.1 | 5.1 | 19.0 |

## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterolchecked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 85.3 | 81.5 | 89.1 | 92.9 | 90.3 | 95.5 | 37.6 | 30.6 | 44.7 |
| Sex Men | 84.1 | 77.3 | 90.9 | 94.1 | 90.2 | 98.1 | 35.9 | 23.1 | 48.7 |
| Women | 86.3 | 82.1 | 90.5 | 91.8 | 88.6 | 95.1 | 39.2 | 32.6 | 45.7 |
| Race/ethnicity NH White | 87.0 | 83.3 | 90.7 | 93.0 | 90.2 | 95.7 | 38.6 | 30.8 | 46.3 |
| NH Black | 83.9 | 70.0 | 97.9 |  |  |  | 27.6 | 7.8 | 47.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 87.1 | 80.8 | 93.4 | 94.4 | 90.3 | 98.4 | 36.8 | 22.7 | 50.8 |
| NH White women | 86.9 | 82.7 | 91.2 | 91.7 | 88.1 | 95.2 | 40.2 | 33.3 | 47.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 70.1 | 57.3 | 82.8 | 87.3 | 78.4 | 96.1 | 8.1 | 1.9 | 14.2 |
| 45-64 | 88.8 | 82.8 | 94.7 | 94.8 | 90.7 | 98.9 | 34.8 | 25.3 | 44.3 |
| 65 and older | 95.6 | 92.4 | 98.7 | 95.4 | 92.6 | 98.2 | 58.3 | 50.4 | 66.2 |
| Marital Status Never married | 57.1 | 41.1 | 73.0 | 90.2 | 78.7 | 100.0 | 18.0 | 5.6 | 30.5 |
| Married/ living together as a couple | 87.2 | 82.5 | 91.8 | 93.7 | 90.5 | 97.0 | 37.3 | 27.4 | 47.2 |
| Divorced/ widowed/separated | 91.4 | 86.8 | 96.0 | 91.5 | 87.1 | 95.8 | 43.4 | 34.7 | 52.2 |
| Education 0-11 years | 78.9 | 66.6 | 91.1 | 98.7 | 96.0 | 100.0 | 54.2 | 34.9 | 73.6 |
| HS Grad/GED | 81.1 | 73.7 | 88.5 | 88.0 | 82.1 | 94.0 | 38.6 | 29.2 | 47.9 |
| 1 or more years of college | 88.5 | 84.1 | 93.0 | 94.1 | 91.1 | 97.2 | 34.6 | 25.0 | 44.3 |
| Employment Employed for wages | 79.5 | 72.3 | 86.7 | 90.9 | 86.0 | 95.7 | 25.8 | 15.9 | 35.6 |
| Household Income \$24,999 or less | 76.9 | 68.1 | 85.7 | 93.3 | 88.6 | 98.1 | 42.7 | 31.3 | 54.2 |
| \$25,000-49,999 | 84.0 | 77.3 | 90.8 | 88.8 | 82.8 | 94.8 | 38.3 | 28.2 | 48.3 |
| \$50,000 or more | 91.4 | 85.6 | 97.1 | 95.9 | 92.3 | 99.4 | 30.5 | 15.9 | 45.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 8.0 | 5.3 | 10.7 | 67.9 | 52.3 | 83.5 | 9.1 | 6.0 | 12.1 |
| Sex Men | 8.2 | 3.6 | 12.7 |  |  |  | 10.2 | 4.9 | 15.5 |
| Women | 7.9 | 4.6 | 11.1 |  |  |  | 8.1 | 4.7 | 11.5 |
| Race/ethnicity NH White | 9.1 | 5.9 | 12.2 | 67.3 | 51.4 | 83.2 | 8.7 | 5.6 | 11.9 |
| NH Black | 1.8 | 0.0 | 5.5 |  |  |  | 8.9 | 0.0 | 19.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 9.3 | 4.0 | 14.6 |  |  |  | 10.2 | 4.5 | 15.9 |
| NH White women | 8.8 | 5.2 | 12.5 |  |  |  | 7.4 | 3.9 | 10.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 7.4 | 2.0 | 12.7 |  |  |  | 1.6 | 0.0 | 4.3 |
| 45-64 | 8.2 | 3.8 | 12.6 |  |  |  | 9.8 | 4.4 | 15.2 |
| 65 and older | 8.7 | 4.3 | 13.1 |  |  |  | 15.5 | 9.5 | 21.4 |
| Marital Status Never married | 5.6 | 0.5 | 10.7 |  |  |  |  |  |  |
| Married/ living together as a couple | 8.0 | 4.3 | 11.7 |  |  |  |  |  |  |
| Divorced/ widowed/separated | 9.0 | 4.4 | 13.7 |  |  |  |  |  |  |
| Education 0-11 years | 4.8 | 0.0 | 12.2 |  |  |  | 12.4 | 1.2 | 23.6 |
| HS Grad/GED | 8.4 | 3.4 | 13.3 |  |  |  | 8.8 | 3.6 | 14.0 |
| 1 or more years of college | 8.4 | 4.7 | 12.1 |  |  |  | 8.4 | 4.5 | 12.2 |
| Employment Employed for wages | 6.4 | 2.8 | 10.0 |  |  |  | 4.8 | 1.4 | 8.2 |
| Household Income \$24,999 or less | 9.2 | 3.0 | 15.3 |  |  |  | 12.4 | 5.1 | 19.6 |
| \$25,000-49,999 | 11.5 | 5.5 | 17.5 |  |  |  | 12.4 | 6.0 | 18.8 |
| \$50,000 or more | 5.7 | 1.3 | 10.2 |  |  |  | 5.0 | 0.6 | 9.5 |




| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For respondents 64 years and younger . . . |  |  |  |  |  |  |  |  |
|  | Ever been tested for HIV |  |  | If yes, the test was done in the past 2 years |  |  | In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 37.5 | 28.7 | 46.3 | 85.5 | 80.4 | 90.7 | 13.5 | 8.3 | 18.6 |
| Sex Men | 26.4 | 13.8 | 39.1 | 88.7 | 81.2 | 96.2 | 12.0 | 3.8 | 20.1 |
| Women | 47.9 | 39.8 | 55.9 | 82.4 | 76.0 | 88.7 | 14.9 | 8.8 | 20.9 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 34.3 | 24.9 | 43.8 | 85.3 | 79.5 | 91.0 | 8.3 | 4.1 | 12.5 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 25.6 | 11.5 | 39.8 | 87.9 | 79.2 | 96.6 | 7.5 | 0.6 | 14.4 |
| NH White women | 42.6 | 34.1 | 51.1 | 82.6 | 75.9 | 89.2 | 9.0 | 4.1 | 13.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 49.4 | 30.9 | 68.0 | 81.4 | 71.6 | 91.3 | 22.1 | 11.5 | 32.7 |
| 45-64 | 24.8 | 17.2 | 32.5 | 89.4 | 83.9 | 94.8 | 4.2 | 0.1 | 8.2 |
| 65 and older |  |  |  |  |  |  |  |  |  |
| Marital Status Never married | 55.1 | 38.6 | 71.5 | 83.5 | 68.9 | 98.2 | 53.2 | 36.7 | 69.7 |
| Married/ living together as a couple | 30.7 | 19.9 | 41.6 | 85.2 | 78.3 | 92.1 | 7.0 | 2.2 | 11.8 |
| Divorced/ widowed/A80separated | 46.4 | 34.0 | 58.8 | 88.1 | 80.4 | 95.8 | 5.6 | 0.0 | 12.1 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 38.1 | 26.9 | 49.3 | 89.0 | 80.8 | 97.1 | 22.5 | 11.7 | 33.4 |
| 1 or more years of college | 36.7 | 24.0 | 49.5 | 83.9 | 76.4 | 91.4 | 8.9 | 3.7 | 14.1 |
| Employment Employed for wages | 36.0 | 24.7 | 47.3 | 85.1 | 78.4 | 91.7 | 14.0 | 7.4 | 20.6 |
| Household Income \$24,999 or less | 52.2 | 38.7 | 65.7 | 85.6 | 75.9 | 95.3 | 29.2 | 16.2 | 42.3 |
| \$25,000-49,999 | 44.7 | 32.3 | 57.0 | 77.4 | 66.1 | 88.7 | 15.1 | 4.9 | 25.4 |
| \$50,000 or more | 24.9 | 10.5 | 39.4 | 90.1 | 82.7 | 97.5 | 2.5 | 0.0 | 5.3 |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Jackson County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Jackson County, 533 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Jackson County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 46,755 | 15,982,378 | 32.1 | 21.4 | 42.9 | 56.1 | 48.8 | 63.4 |
| Sex Men | 52.5\% | 48.8\% | 36.2 | 16.9 | 55.4 | 47.2 | 36.8 | 57.7 |
| Women | 47.5\% | 51.2\% | 28.0 | 21.5 | 34.5 | 65.9 | 55.7 | 76.1 |
| Race/ethnicity NH White | 68.6\% | 65.4\% | 22.3 | 17.2 | 27.5 | 58.0 | 49.6 | 66.5 |
| NH Black | 26.2\% | 14.2\% | 38.2 | 26.3 | 50.0 | 47.6 | 29.6 | 65.5 |
| Hispanic | 2.9\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 34.9\% | 31.9\% | 23.9 | 16.8 | 31.1 | 47.9 | 35.8 | 60.0 |
| NH White women | 33.7\% | 33.6\% | 20.7 | 13.0 | 28.3 | 69.3 | 57.2 | 81.4 |
| NH Black men | 14.4\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 11.9\% | 7.4\% | 46.0 | 31.1 | 60.9 |  |  |  |
| Hispanic men | 2.1\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.8\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 39.3\% | 36.9\% | 11.5 | 6.8 | 16.3 | 54.2 | 45.1 | 63.2 |
| 45-64 | 23.8\% | 22.7\% | 35.6 | 26.4 | 44.9 | 58.6 | 45.8 | 71.5 |
| 65 and older | 14.6\% | 17.6\% | 60.2 | 36.2 | 84.2 |  |  |  |
| Marital Status Never married | 20.7\% | 22.5\% | 11.9 | 1.3 | 22.4 |  |  |  |
| Married/ living together as a couple | 51.2\% | 53.7\% | 32.9 | 17.2 | 48.5 | 59.4 | 51.2 | 67.6 |
| Divorced/ widowed/separated | 28.1\% | 23.8\% | 38.1 | 28.1 | 48.0 | 54.4 | 34.9 | 73.9 |
| Education 0-11 years | 30.9\% | 20.1\% | 74.9 | 56.5 | 93.2 |  |  |  |
| HS Grad/GED | 32.7\% | 28.7\% | 19.0 | 13.1 | 24.9 | 57.5 | 46.4 | 68.6 |
| 1 or more years of college | 36.5\% | 51.1\% | 19.3 | 13.6 | 25.1 | 61.9 | 52.5 | 71.3 |
| Employment Employed for wages | 46.0\% | 54.9\% | 13.7 | 7.8 | 19.7 | 56.1 | 48.8 | 63.4 |
| Household Income \$24,999 or less | 42.7\% | 30.8\% | 44.7 | 35.2 | 54.1 | 41.5 | 24.2 | 58.7 |
| \$25,000-49,999 | 32.1\% | 31.6\% | 19.9 | 12.7 | 27.1 | 63.4 | 53.2 | 73.7 |
| \$50,000 or more | 25.2\% | 37.6\% | 4.5 | 0.0 | 9.6 | 64.1 | 51.1 | 77.1 |

[^32]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 33.7 | 27.0 | 40.3 | 56.1 | 46.7 | 65.5 | 83.0 | 78.5 | 87.5 |
| Sex Men | 25.4 | 15.8 | 35.1 | 47.3 | 32.0 | 62.6 | 80.9 | 72.7 | 89.2 |
| Women | 42.1 | 35.5 | 48.6 | 65.2 | 58.8 | 71.7 | 85.1 | 80.8 | 89.5 |
| Race/ethnicity NH White | 33.8 | 28.1 | 39.5 | 59.9 | 53.9 | 65.8 | 81.5 | 76.6 | 86.3 |
| NH Black | 43.8 | 32.0 | 55.6 | 59.6 | 47.8 | 71.4 | 82.0 | 72.7 | 91.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 30.0 | 21.7 | 38.3 | 56.7 | 47.7 | 65.8 | 77.0 | 68.9 | 85.2 |
| NH White women | 37.8 | 30.0 | 45.6 | 63.1 | 55.4 | 70.9 | 86.1 | 81.4 | 90.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 54.5 | 40.1 | 68.9 | 66.2 | 52.3 | 80.1 | 80.4 | 68.4 | 92.4 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 28.6 | 21.8 | 35.5 | 62.5 | 54.8 | 70.2 | 81.8 | 75.3 | 88.3 |
| 45-64 | 39.4 | 30.1 | 48.8 | 54.9 | 45.6 | 64.2 | 77.0 | 69.6 | 84.5 |
| 65 and older | 34.4 | 13.3 | 55.4 | 46.7 | 18.6 | 74.8 | 93.4 | 87.8 | 99.0 |
| Marital Status Never married | 32.3 | 17.7 | 46.9 | 56.8 | 39.3 | 74.2 | 69.8 | 52.2 | 87.4 |
| Married/ living together as a couple | 30.8 | 22.1 | 39.6 | 57.7 | 43.8 | 71.6 | 84.5 | 78.9 | 90.1 |
| Divorced/ widowed/separated | 42.6 | 32.8 | 52.4 | 50.8 | 41.0 | 60.5 | 84.4 | 77.8 | 91.0 |
| Education 0-11 years | 43.9 | 13.4 | 74.4 | 46.4 | 14.7 | 78.2 | 95.4 | 90.4 | 100.0 |
| HS Grad/GED | 34.7 | 27.2 | 42.1 | 57.9 | 49.9 | 65.9 | 83.3 | 76.9 | 89.7 |
| 1 or more years of college | 27.9 | 21.2 | 34.6 | 59.5 | 52.2 | 66.9 | 76.1 | 69.4 | 82.8 |
| Employment Employed for wages | 30.8 | 24.0 | 37.6 | 54.7 | 47.5 | 61.9 | 76.4 | 70.3 | 82.5 |
| Household Income \$24,999 or less | 45.7 | 36.1 | 55.2 | 61.4 | 51.7 | 71.1 | 87.7 | 80.8 | 94.6 |
| \$25,000 - 49,999 | 37.4 | 29.1 | 45.8 | 60.1 | 51.8 | 68.3 | 82.3 | 75.9 | 88.8 |
| \$50,000 or more | 16.4 | 8.5 | 24.4 | 57.4 | 45.5 | 69.4 | 66.6 | 54.9 | 78.3 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 31.7 | 25.4 | 38.0 | 28.1 | 22.2 | 34.0 | 79.1 | 74.3 | 84.0 |
| Sex Men | 33.8 | 22.0 | 45.6 | 26.0 | 16.2 | 35.8 | 84.3 | 77.3 | 91.3 |
| Women | 29.6 | 24.1 | 35.2 | 30.2 | 24.5 | 36.0 | 73.8 | 68.5 | 79.2 |
| Race/ethnicity NH White | 34.8 | 29.3 | 40.3 | 26.7 | 21.6 | 31.7 | 79.6 | 75.1 | 84.1 |
| NH Black | 32.6 | 21.5 | 43.7 | 44.1 | 32.4 | 55.9 | 70.3 | 59.5 | 81.0 |
|  |  |  |  |  |  |  |  |  |  |
|  | 38.4 | 29.7 | 47.0 | 29.3 | 21.1 | 37.5 | 84.7 | 78.1 | 91.4 |
| NH White women | 31.1 | 24.5 | 37.8 | 23.9 | 18.1 | 29.7 | 74.3 | 68.0 | 80.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 24.3 | 12.7 | 35.9 | 48.4 | 33.8 | 62.9 | 72.5 | 59.7 | 85.3 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 28.7 | 21.7 | 35.8 | 28.4 | 21.5 | 35.3 | 76.6 | 69.7 | 83.5 |
|  | 37.9 | 29.3 | 46.6 | 36.0 | 27.5 | 44.6 | 77.7 | 70.9 | 84.5 |
|  | 29.2 | 11.1 | 47.4 | 15.9 | 5.2 | 26.6 | 83.5 | 72.6 | 94.4 |
| Marital Status Never married | 17.9 | 5.8 | 30.0 | 27.4 | 13.6 | 41.2 | 71.5 | 54.9 | 88.1 |
| Married/ living together as a couple | 35.8 | 26.1 | 45.5 | 25.4 | 17.7 | 33.1 | 82.0 | 76.1 | 87.9 |
| Divorced/ widowed/separated | 27.1 | 19.6 | 34.6 | 34.8 | 26.2 | 43.5 | 74.3 | 66.6 | 81.9 |
|  | 17.8 | 4.1 | 31.4 | 29.8 | 8.3 | 51.2 | 90.8 | 82.8 | 98.7 |
|  | 40.4 | 32.5 | 48.2 | 24.3 | 17.7 | 31.0 | 76.4 | 69.8 | 83.0 |
|  | 32.6 | 25.7 | 39.5 | 29.7 | 22.9 | 36.5 | 75.0 | 68.5 | 81.4 |
| Employment Employed for wages | 36.9 | 30.1 | 43.6 | 26.4 | 20.5 | 32.3 | 78.2 | 72.4 | 83.9 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 24.6 | 17.4 | 31.8 | 29.1 | 21.0 | 37.2 | 77.3 | 69.6 | 84.9 |
|  | 32.0 | 24.1 | 39.9 | 37.9 | 29.5 | 46.2 | 77.3 | 70.4 | 84.3 |
|  | 52.0 | 40.0 | 64.0 | 17.3 | 8.6 | 26.0 | 77.0 | 67.5 | 86.5 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 21.8 | 16.7 | 26.9 | 63.5 | 53.4 | 73.6 | 8.7 | 5.4 | 12.1 |
| Sex Men | 22.5 | 13.5 | 31.5 | 60.7 | 44.8 | 76.7 | 13.0 | 6.4 | 19.7 |
| Women | 21.1 | 16.0 | 26.2 | 66.4 | 53.7 | 79.2 | 4.3 | 1.5 | 7.2 |
| Race/ethnicity NH White | 25.6 | 20.4 | 30.7 | 63.4 | 52.2 | 74.6 | 10.1 | 6.1 | 14.1 |
| NH Black | 15.6 | 7.1 | 24.0 |  |  |  | 5.0 | 0.0 | 10.0 |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 28.1 | 19.8 | 36.3 | 62.5 | 45.4 | 79.6 | 17.4 | 10.0 | 24.8 |
| NH White women | 23.0 | 16.9 | 29.1 | 64.5 | 50.0 | 78.9 | 2.7 | 0.6 | 4.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 12.5 | 3.7 | 21.4 |  |  |  | 4.4 | 0.0 | 10.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 29.2 | 22.2 | 36.2 | 60.3 | 46.2 | 74.5 | 15.1 | 8.6 | 21.7 |
|  | 27.1 | 19.1 | 35.2 | 64.0 | 47.7 | 80.4 | 7.5 | 3.1 | 11.9 |
|  | 3.4 | 0.0 | 6.9 |  |  |  | 0.8 | 0.0 | 2.4 |
| Marital Status Never married | 29.3 | 14.3 | 44.3 |  |  |  | 19.2 | 2.2 | 36.2 |
| Married/ living together as a couple | 20.6 | 13.8 | 27.3 | 63.2 | 49.7 | 76.6 | 6.9 | 3.4 | 10.5 |
| Divorced/ widowed/separated | 22.3 | 14.6 | 30.0 | 62.9 | 43.9 | 81.9 | 9.2 | 3.4 | 15.1 |
| Education 0-11 years | 20.4 | 4.7 | 36.0 |  |  |  | 5.5 | 0.0 | 11.4 |
| HS Grad/GED | 29.1 | 21.6 | 36.6 | 65.6 | 50.6 | 80.6 | 11.1 | 5.4 | 16.9 |
| 1 or more years of college | 17.2 | 11.4 | 22.9 | 59.1 | 40.6 | 77.6 | 8.6 | 3.5 | 13.6 |
| Employment Employed for wages | 22.5 | 16.8 | 28.2 | 60.2 | 45.7 | 74.6 | 11.8 | 6.7 | 16.9 |
| Household Income \$24,999 or less | 28.5 | 20.2 | 36.9 | 65.0 | 48.6 | 81.4 | 9.8 | 3.2 | 16.4 |
| \$25,000-49,999 | 24.0 | 16.5 | 31.4 | 69.8 | 52.7 | 87.0 | 13.1 | 6.8 | 19.3 |
| \$50,000 or more | 12.6 | 4.4 | 20.7 |  |  |  | 3.8 | 0.0 | 8.5 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 17.2 | 12.3 | 22.1 | 19.0 | 14.3 | 23.7 | 8.2 | 4.6 | 11.7 |
| Sex Men | 16.8 | 9.0 | 24.5 | 22.2 | 13.4 | 31.1 | 5.2 | 1.5 | 9.0 |
| Women | 17.7 | 11.7 | 23.6 | 15.6 | 11.3 | 20.0 | 11.2 | 5.5 | 16.9 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 17.7 | 12.3 | 23.1 | 19.7 | 15.0 | 24.4 | 8.4 | 4.0 | 12.8 |
| NH Black | 20.4 | 10.8 | 29.9 | 20.0 | 10.6 | 29.3 | 8.1 | 1.4 | 14.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 15.5 | 8.0 | 23.0 | 24.3 | 16.4 | 32.2 | 5.8 | 1.2 | 10.3 |
| NH White women | 20.0 | 12.2 | 27.7 | 14.9 | 10.0 | 19.7 | 11.1 | 3.5 | 18.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 10.7 | 1.9 | 19.6 | 15.8 | 5.2 | 26.5 | 10.3 | 0.9 | 19.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 26.5 | 19.4 | 33.6 | 28.4 | 21.4 | 35.5 | 8.8 | 4.6 | 12.9 |
| 45-64 | 19.8 | 10.9 | 28.7 | 16.3 | 9.6 | 23.1 | 12.1 | 3.6 | 20.6 |
| 65 and older | 0.4 | 0.0 | 1.1 | 8.2 | 2.0 | 14.4 | 2.6 | 0.1 | 5.1 |
| Marital Status Never married | 33.6 | 16.0 | 51.3 | 28.7 | 14.0 | 43.4 | 3.6 | 0.0 | 8.7 |
| Married/ living together as a couple | 13.7 | 8.5 | 18.8 | 17.8 | 11.6 | 24.0 | 6.5 | 3.0 | 10.0 |
| Divorced/ widowed/separated | 20.6 | 10.1 | 31.0 | 18.3 | 11.6 | 24.9 | 14.8 | 4.4 | 25.2 |
| Education 0-11 years | 19.1 | 2.4 | 35.7 | 10.4 | 1.6 | 19.2 | 15.2 | 0.3 | 30.1 |
| HS Grad/GED | 20.4 | 13.9 | 27.0 | 23.0 | 16.1 | 29.9 | 3.4 | 1.1 | 5.7 |
| 1 or more years of college | 13.6 | 7.7 | 19.5 | 20.2 | 14.0 | 26.5 | 8.3 | 3.9 | 12.7 |
| Employment Employed for wages | 21.7 | 15.1 | 28.4 | 23.2 | 17.3 | 29.1 | 7.2 | 2.0 | 12.4 |
| Household Income \$24,999 or less | 30.7 | 20.6 | 40.8 | 26.0 | 18.0 | 34.0 | 20.5 | 11.2 | 29.8 |
| \$25,000 - 49,999 | 12.9 | 7.1 | 18.7 | 13.5 | 7.8 | 19.1 | 4.9 | 1.3 | 8.5 |
| \$50,000 or more | 4.9 | 0.0 | 9.9 | 15.6 | 6.2 | 25.1 |  |  |  |



## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterolchecked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 82.6 | 77.9 | 87.4 | 89.8 | 86.0 | 93.7 | 43.5 | 32.2 | 54.7 |
| Sex Men | 86.1 | 79.7 | 92.6 | 87.6 | 80.6 | 94.6 | 47.1 | 27.8 | 66.5 |
| Women | 79.0 | 72.8 | 85.3 | 92.3 | 88.9 | 95.8 | 39.3 | 32.6 | 45.9 |
| Race/ethnicity NH White | 81.3 | 76.1 | 86.4 | 87.6 | 83.0 | 92.2 | 38.3 | 32.2 | 44.4 |
| NH Black | 84.5 | 75.6 | 93.5 | 94.6 | 89.0 | 100.0 | 37.8 | 25.2 | 50.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 83.1 | 76.3 | 89.9 | 85.2 | 77.6 | 92.9 | 37.1 | 27.8 | 46.5 |
| NH White women | 79.4 | 71.6 | 87.1 | 90.2 | 85.5 | 94.9 | 39.6 | 32.0 | 47.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 81.4 | 69.7 | 93.2 | 100.0 | 100.0 | 100.0 | 40.4 | 24.3 | 56.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 69.7 | 62.5 | 76.9 | 84.2 | 77.4 | 91.0 | 20.8 | 13.3 | 28.3 |
| 45-64 | 87.6 | 79.4 | 95.8 | 88.9 | 82.4 | 95.4 | 43.5 | 34.5 | 52.6 |
| 65 and older | 96.0 | 92.4 | 99.6 | 98.0 | 95.3 | 100.0 | 70.3 | 50.6 | 90.1 |
| Marital Status Never married | 60.3 | 43.5 | 77.1 |  |  |  | 16.1 | 2.5 | 29.7 |
| Married/ living together as a couple | 87.9 | 83.2 | 92.5 | 89.8 | 84.8 | 94.8 | 45.3 | 29.9 | 60.6 |
| Divorced/ widowed/separated | 77.8 | 67.1 | 88.4 | 90.5 | 85.1 | 95.9 | 48.1 | 38.9 | 57.2 |
| Education 0-11 years | 84.3 | 69.0 | 99.7 | 95.3 | 88.7 | 100.0 | 73.9 | 51.3 | 96.6 |
| HS Grad/GED | 76.1 | 68.8 | 83.4 | 87.0 | 81.0 | 93.0 | 44.3 | 35.4 | 53.2 |
| 1 or more years of college | 87.0 | 82.3 | 91.6 | 89.0 | 83.4 | 94.6 | 28.1 | 21.1 | 35.1 |
| Employment Employed for wages | 80.4 | 74.0 | 86.8 | 85.9 | 80.7 | 91.1 | 28.3 | 21.7 | 35.0 |
| Household Income \$24,999 or less | 75.3 | 65.9 | 84.7 | 87.0 | 79.2 | 94.8 | 41.2 | 31.5 | 50.9 |
| \$25,000-49,999 | 79.0 | 71.9 | 86.0 | 87.4 | 81.2 | 93.6 | 45.7 | 36.0 | 55.3 |
| \$50,000 or more | 91.5 | 84.7 | 98.2 | 91.3 | 83.0 | 99.5 | 19.2 | 9.8 | 28.7 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 12.4 | 8.7 | 16.0 | 61.9 | 47.9 | 75.9 | 18.5 | 6.4 | 30.6 |
| Sex Men | 11.4 | 5.6 | 17.3 |  |  |  | 25.0 | 3.0 | 47.0 |
| Women | 13.3 | 9.1 | 17.5 | 63.5 | 46.6 | 80.4 | 11.8 | 7.7 | 15.9 |
| Race/ethnicity NH White | 12.2 | 8.4 | 16.0 | 61.1 | 43.9 | 78.3 | 9.5 | 6.3 | 12.8 |
| NH Black | 14.6 | 6.1 | 23.1 |  |  |  | 20.4 | 10.7 | 30.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 13.3 | 7.0 | 19.6 |  |  |  | 12.7 | 7.0 | 18.3 |
| NH White women | 11.0 | 6.7 | 15.4 |  |  |  | 6.3 | 3.3 | 9.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 17.2 | 6.2 | 28.1 |  |  |  | 26.0 | 12.7 | 39.2 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 12.9 | 7.4 | 18.4 |  |  |  | 4.5 | 1.5 | 7.6 |
| 45-64 | 15.5 | 9.3 | 21.7 |  |  |  | 12.9 | 7.3 | 18.6 |
| 65 and older | 6.9 | 1.1 | 12.7 |  |  |  | 47.3 | 16.3 | 78.4 |
| Marital Status Never married | 19.6 | 4.7 | 34.5 |  |  |  | 7.2 | 0.0 | 15.7 |
| Married/ living together as a couple | 10.9 | 6.5 | 15.4 | 52.8 | 33.4 | 72.3 | 20.6 | 2.8 | 38.5 |
| Divorced/ widowed/separated | 13.3 | 7.6 | 19.0 |  |  |  | 17.8 | 11.0 | 24.6 |
| Education 0-11 years | 14.2 | 2.4 | 26.1 |  |  |  | 47.3 | 11.8 | 82.8 |
| HS Grad/GED | 13.0 | 7.3 | 18.6 |  |  |  | 10.1 | 5.5 | 14.7 |
| 1 or more years of college | 11.0 | 6.4 | 15.6 |  |  |  | 10.2 | 5.7 | 14.7 |
| Employment Employed for wages | 10.8 | 6.5 | 15.0 | 36.9 | 16.7 | 57.1 | 6.0 | 3.0 | 9.1 |
| Household Income \$24,999 or less | 16.4 | 9.6 | 23.2 |  |  |  | 16.5 | 10.1 | 22.9 |
| \$25,000-49,999 | 13.0 | 7.2 | 18.9 |  |  |  | 10.0 | 4.6 | 15.4 |
| \$50,000 or more | 10.4 | 2.3 | 18.5 |  |  |  | 4.8 | 0.9 | 8.8 |




| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For respondents 64 years and younger ... |  |  |  |  |  |  |  |  |
|  | Ever been tested for HIV |  |  | If yes, the test was done in the past 2 years |  |  | In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 44.0 | 38.1 | 49.9 | 91.8 | 88.8 | 94.9 | 14.4 | 10.4 | 18.4 |
| Sex Men | 45.3 | 36.3 | 54.4 | 94.1 | 89.7 | 98.6 | 10.9 | 5.6 | 16.2 |
| Women | 42.7 | 35.1 | 50.3 | 89.8 | 85.5 | 94.1 | 17.8 | 11.9 | 23.8 |
| Race/ethnicity NH White | 42.3 | 35.4 | 49.1 | 89.1 | 85.0 | 93.2 | 8.7 | 5.1 | 12.4 |
| NH Black | 53.5 | 39.6 | 67.3 | 99.1 | 97.3 | 100.0 | 37.4 | 24.3 | 50.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 41.9 | 31.5 | 52.3 | 92.5 | 86.9 | 98.2 | 5.2 | 0.7 | 9.7 |
| NH White women | 42.7 | 33.8 | 51.5 | 85.6 | 79.5 | 91.7 | 12.7 | 6.9 | 18.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 49.9 | 31.6 | 68.2 | 98.6 | 95.7 | 100.0 | 35.4 | 18.0 | 52.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 58.3 | 50.4 | 66.2 | 89.0 | 84.1 | 93.9 | 19.0 | 13.0 | 25.1 |
| 45-64 | 29.2 | 21.0 | 37.4 | 94.6 | 91.0 | 98.3 | 9.6 | 4.5 | 14.6 |
| 65 and older |  |  |  |  |  |  |  |  |  |
| Marital Status Never married | 47.5 | 28.9 | 66.1 | 98.6 | 95.8 | 100.0 | 32.6 | 16.0 | 49.1 |
| Married/ living together as a couple | 40.6 | 33.5 | 47.6 | 90.4 | 86.3 | 94.6 | 10.9 | 6.6 | 15.2 |
| Divorced/ widowed/A80separated | 53.8 | 39.9 | 67.7 | 92.0 | 85.5 | 98.5 | 14.3 | 5.8 | 22.9 |
| Education 0-11 years | 42.7 | 25.3 | 60.1 | 98.2 | 94.6 | 100.0 | 19.2 | 6.5 | 31.9 |
| HS Grad/GED | 37.9 | 29.0 | 46.9 | 96.2 | 93.2 | 99.1 | 13.9 | 7.4 | 20.4 |
| 1 or more years of college | 49.6 | 41.1 | 58.2 | 86.3 | 80.5 | 92.1 | 13.4 | 7.9 | 18.9 |
| Employment Employed for wages | 47.8 | 40.5 | 55.0 | 88.6 | 84.2 | 93.1 | 13.6 | 8.9 | 18.2 |
| Household Income \$24,999 or less | 47.1 | 35.4 | 58.8 | 94.9 | 89.7 | 100.0 | 21.9 | 13.2 | 30.7 |
| \$25,000-49,999 | 44.0 | 34.5 | 53.6 | 92.4 | 87.8 | 97.1 | 15.5 | 8.5 | 22.5 |
| \$50,000 or more | 45.0 | 32.6 | 57.4 | 83.1 | 73.8 | 92.4 | 4.4 | 0.0 | 9.5 |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Jefferson County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Jefferson County, 498 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Jefferson County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | CI |  |
| All | 12,902 | 15,982,378 | 20.5 | 16.2 | 24.8 | 63.8 | 57.1 | 70.4 |
| Sex Men | 51.0\% | 48.8\% | 14.9 | 9.6 | 20.3 | 54.7 | 44.6 | 64.7 |
| Women | 49.0\% | 51.2\% | 24.3 | 18.0 | 30.6 | 71.6 | 63.1 | 80.0 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 58.3\% | 65.4\% | 15.6 | 11.4 | 19.8 | 64.3 | 56.6 | 71.9 |
| NH Black | 38.0\% | 14.2\% | 27.2 | 18.1 | 36.4 | 63.8 | 50.7 | 76.8 |
| Hispanic | 2.2\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 29.6\% | 31.9\% | 15.5 | 9.4 | 21.7 | 59.1 | 48.2 | 70.0 |
| NH White women | 28.7\% | 33.6\% | 15.6 | 9.8 | 21.4 | 72.2 | 62.6 | 81.8 |
| NH Black men | 19.1\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 18.9\% | 7.4\% | 32.4 | 21.2 | 43.7 | 70.8 | 56.7 | 84.9 |
| Hispanic men | 1.5\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.7\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 37.1\% | 36.9\% | 8.3 | 3.9 | 12.7 | 60.4 | 51.0 | 69.8 |
| 45-64 | 25.7\% | 22.7\% | 25.2 | 18.0 | 32.4 | 70.3 | 60.8 | 79.8 |
| 65 and older | 14.5\% | 17.6\% | 41.1 | 29.5 | 52.8 |  |  |  |
| Marital Status Never married | 23.8\% | 22.5\% | 18.1 | 7.9 | 28.3 | 74.3 | 59.2 | 89.4 |
| Married/ living together as a couple | 51.8\% | 53.7\% | 16.0 | 11.0 | 21.0 | 62.6 | 54.4 | 70.8 |
| Divorced/ widowed/separated | 24.4\% | 23.8\% | 36.3 | 25.7 | 46.9 | 53.9 | 36.6 | 71.1 |
| Education 0-11 years | 26.8\% | 20.1\% | 44.8 | 30.7 | 58.8 |  |  |  |
| HS Grad/GED | 32.2\% | 28.7\% | 16.2 | 10.4 | 22.0 | 56.4 | 44.9 | 67.8 |
| 1 or more years of college | 40.9\% | 51.1\% | 14.5 | 9.1 | 19.9 | 75.5 | 68.0 | 83.0 |
| Employment Employed for wages | 53.4\% | 54.9\% | 10.2 | 6.0 | 14.3 | 63.8 | 57.1 | 70.4 |
| Household Income \$24,999 or less | 37.9\% | 30.8\% | 38.7 | 28.9 | 48.4 | 55.9 | 39.1 | 72.7 |
| \$25,000-49,999 | 31.7\% | 31.6\% | 13.8 | 7.6 | 19.9 | 61.5 | 49.9 | 73.0 |
| \$50,000 or more | 30.4\% | 37.6\% | 5.3 | 1.2 | 9.3 | 78.2 | 69.1 | 87.3 |

[^33]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 32.8 | 27.4 | 38.1 | 61.1 | 55.5 | 66.6 | 79.6 | 75.3 | 83.9 |
| Sex Men | 27.7 | 20.6 | 34.8 | 55.6 | 47.7 | 63.6 | 73.4 | 66.1 | 80.7 |
| Women | 36.1 | 28.5 | 43.7 | 64.7 | 57.4 | 72.0 | 83.7 | 78.7 | 88.7 |
| Race/ethnicity NH White | 25.9 | 20.1 | 31.6 | 62.5 | 55.8 | 69.1 | 78.6 | 73.5 | 83.8 |
| NH Black | 42.8 | 32.5 | 53.1 | 56.6 | 46.0 | 67.2 | 79.4 | 70.7 | 88.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 27.7 | 19.9 | 35.4 | 60.1 | 51.6 | 68.5 | 77.4 | 70.0 | 84.8 |
| NH White women | 24.1 | 15.7 | 32.5 | 64.9 | 55.0 | 74.8 | 79.8 | 72.7 | 86.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 47.8 | 35.8 | 59.7 | 61.4 | 49.3 | 73.5 | 85.3 | 76.6 | 94.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 24.9 | 17.1 | 32.7 | 56.6 | 46.8 | 66.5 | 76.1 | 68.6 | 83.5 |
| 45-64 | 35.3 | 27.1 | 43.6 | 59.2 | 51.1 | 67.3 | 79.1 | 72.3 | 85.8 |
| 65 and older | 48.0 | 36.3 | 59.7 | 76.5 | 67.7 | 85.2 | 90.3 | 84.4 | 96.1 |
| Marital Status Never married | 29.2 | 16.4 | 42.0 | 52.0 | 37.6 | 66.4 | 78.6 | 67.9 | 89.3 |
| Married/ living together as a couple | 30.9 | 24.1 | 37.8 | 60.9 | 53.6 | 68.3 | 77.7 | 71.8 | 83.5 |
| Divorced/ widowed/separated | 41.8 | 30.7 | 52.9 | 67.9 | 58.3 | 77.6 | 85.9 | 78.4 | 93.4 |
| Education 0-11 years | 61.1 | 48.2 | 74.1 | 77.5 | 65.6 | 89.4 | 93.3 | 86.7 | 99.8 |
| HS Grad/GED | 36.8 | 28.7 | 45.0 | 54.0 | 45.5 | 62.5 | 75.0 | 67.6 | 82.4 |
| 1 or more years of college | 17.4 | 11.5 | 23.2 | 61.0 | 52.3 | 69.6 | 78.2 | 71.5 | 85.0 |
| Employment Employed for wages | 26.9 | 20.5 | 33.4 | 58.1 | 51.2 | 65.0 | 76.3 | 70.3 | 82.2 |
| Household Income \$24,999 or less | 46.0 | 36.2 | 55.9 | 59.1 | 49.2 | 69.0 | 83.8 | 76.5 | 91.2 |
| \$25,000 - 49,999 | 29.3 | 20.4 | 38.3 | 53.6 | 44.2 | 63.1 | 75.7 | 67.7 | 83.8 |
| \$50,000 or more | 16.9 | 7.9 | 25.9 | 61.1 | 50.7 | 71.4 | 76.2 | 66.7 | 85.7 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 31.6 | 26.6 | 36.5 | 33.9 | 28.7 | 39.2 | 76.7 | 72.2 | 81.1 |
| Sex Men | 40.0 | 32.3 | 47.6 | 28.2 | 21.0 | 35.4 | 78.3 | 71.9 | 84.7 |
| Women | 26.0 | 19.7 | 32.4 | 37.7 | 30.2 | 45.2 | 75.6 | 69.5 | 81.7 |
| Race/ethnicity $\quad$ NH White | 37.3 | 30.7 | 44.0 | 24.9 | 19.5 | 30.3 | 73.8 | 68.2 | 79.5 |
| NH Black | 19.5 | 11.9 | 27.1 | 50.0 | 39.6 | 60.3 | 80.5 | 72.6 | 88.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 44.8 | 36.2 | 53.4 | 24.4 | 17.1 | 31.7 | 78.4 | 71.7 | 85.1 |
| NH White women | 29.7 | 20.4 | 39.0 | 25.4 | 17.3 | 33.5 | 69.2 | 59.6 | 78.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 18.8 | 10.1 | 27.6 | 53.2 | 41.3 | 65.1 | 82.5 | 74.0 | 90.9 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 25.2 | 17.8 | 32.6 | 30.8 | 22.4 | 39.2 | 80.2 | 73.7 | 86.7 |
| 45-64 | 35.6 | 28.0 | 43.3 | 40.6 | 32.4 | 48.8 | 76.6 | 70.0 | 83.3 |
| 65 and older | 38.6 | 27.0 | 50.3 | 28.6 | 18.1 | 39.1 | 68.0 | 56.3 | 79.6 |
| Marital Status Never married | 23.4 | 12.1 | 34.7 | 28.9 | 16.1 | 41.7 | 82.7 | 72.9 | 92.4 |
| Married/ living together as a couple | 32.5 | 26.0 | 39.0 | 34.7 | 27.6 | 41.8 | 75.7 | 69.9 | 81.5 |
| Divorced/ widowed/separated | 34.5 | 23.4 | 45.5 | 36.2 | 26.0 | 46.3 | 74.6 | 64.4 | 84.8 |
| Education 0-11 years | 27.2 | 14.3 | 40.2 | 40.4 | 26.9 | 53.9 | 70.8 | 57.2 | 84.4 |
| HS Grad/GED | 29.8 | 22.3 | 37.2 | 36.4 | 28.1 | 44.7 | 79.8 | 73.5 | 86.2 |
| 1 or more years of college | 34.9 | 26.8 | 43.0 | 29.1 | 21.4 | 36.7 | 76.4 | 70.0 | 82.7 |
| Employment Employed for wages | 29.8 | 23.8 | 35.9 | 37.5 | 30.7 | 44.2 | 79.0 | 73.8 | 84.2 |
| Household Income \$24,999 or less | 28.3 | 19.7 | 37.0 | 43.4 | 33.6 | 53.3 | 76.6 | 68.2 | 84.9 |
| \$25,000-49,999 | 30.5 | 22.1 | 38.8 | 33.5 | 24.7 | 42.3 | 80.2 | 73.4 | 86.9 |
| \$50,000 or more | 45.8 | 35.4 | 56.1 | 28.8 | 18.8 | 38.8 | 77.9 | 69.8 | 86.1 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 18.6 | 14.5 | 22.7 | 62.8 | 51.2 | 74.5 | 15.9 | 9.7 | 22.2 |
| Sex Men | 23.5 | 16.4 | 30.6 | 61.7 | 43.7 | 79.6 | 21.3 | 14.7 | 28.0 |
| Women | 15.4 | 10.6 | 20.1 | 64.0 | 48.3 | 79.8 | 12.4 | 2.7 | 22.1 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 19.5 | 14.6 | 24.5 | 58.4 | 45.2 | 71.6 | 19.7 | 10.4 | 28.9 |
| NH Black | 19.3 | 11.0 | 27.5 |  |  |  | 11.7 | 4.7 | 18.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 20.0 | 12.8 | 27.2 |  |  |  | 22.2 | 14.7 | 29.7 |
| NH White women | 19.1 | 12.3 | 25.8 | 58.8 | 42.4 | 75.1 | 17.1 | 0.0 | 34.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 12.7 | 4.6 | 20.7 |  |  |  | 9.3 | 1.8 | 16.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 22.9 | 15.4 | 30.3 | 64.4 | 46.9 | 81.8 | 23.3 | 11.3 | 35.2 |
| 45-64 | 18.8 | 12.8 | 24.7 | 67.0 | 50.8 | 83.2 | 12.6 | 6.5 | 18.8 |
| 65 and older | 7.7 | 1.8 | 13.7 |  |  |  | 4.2 | 0.4 | 8.0 |
| Marital Status Never married | 21.3 | 10.3 | 32.4 |  |  |  | 16.3 | 6.5 | 26.1 |
| Married/ living together as a couple | 16.8 | 11.5 | 22.0 | 62.0 | 45.2 | 78.9 | 18.7 | 9.4 | 28.0 |
| Divorced/ widowed/separated | 22.1 | 13.9 | 30.4 | 62.5 | 43.1 | 81.9 | 7.6 | 1.4 | 13.8 |
| Education 0-11 years | 19.7 | 9.4 | 30.0 |  |  |  | 18.1 | 6.8 | 29.3 |
| HS Grad/GED | 23.5 | 16.1 | 31.0 | 63.5 | 44.4 | 82.5 | 13.1 | 7.6 | 18.6 |
| 1 or more years of college | 13.9 | 9.0 | 18.8 | 58.8 | 41.4 | 76.3 | 17.5 | 5.0 | 30.0 |
| Employment Employed for wages | 20.5 | 15.0 | 26.1 | 63.8 | 48.5 | 79.0 | 15.3 | 10.4 | 20.3 |
| Household Income \$24,999 or less | 23.3 | 15.1 | 31.5 | 71.3 | 51.9 | 90.6 | 16.1 | 8.5 | 23.7 |
| \$25,000-49,999 | 20.1 | 12.4 | 27.8 | 58.3 | 35.7 | 80.8 | 14.7 | 7.3 | 22.1 |
| \$50,000 or more | 16.9 | 9.5 | 24.2 |  |  |  | 14.5 | 7.5 | 21.4 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 16.5 | 12.4 | 20.6 | 15.1 | 11.1 | 19.1 | 6.9 | 4.1 | 9.7 |
| Sex Men | 16.5 | 10.5 | 22.5 | 18.1 | 11.9 | 24.4 | 3.1 | 0.6 | 5.6 |
| Women | 16.5 | 11.0 | 22.0 | 13.1 | 7.9 | 18.3 | 9.5 | 5.1 | 13.8 |
| Race/ethnicity NH White | 12.3 | 8.3 | 16.3 | 13.7 | 9.4 | 18.1 | 3.4 | 1.5 | 5.2 |
| NH Black | 24.8 | 15.7 | 33.8 | 18.7 | 10.1 | 27.3 | 9.5 | 3.6 | 15.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 14.8 | 8.6 | 20.9 | 18.0 | 11.1 | 25.0 | 2.3 | 0.1 | 4.4 |
| NH White women | 9.8 | 4.9 | 14.7 | 9.4 | 4.8 | 13.9 | 4.4 | 1.3 | 7.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 24.4 | 13.9 | 34.8 | 17.8 | 7.7 | 27.9 | 10.4 | 3.3 | 17.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 20.4 | 13.1 | 27.7 | 21.2 | 14.0 | 28.5 | 5.1 | 1.9 | 8.3 |
| 45-64 | 18.4 | 12.1 | 24.8 | 12.2 | 6.2 | 18.2 | 6.8 | 2.1 | 11.4 |
| 65 and older | 2.7 | 0.0 | 6.0 | 5.8 | 0.1 | 11.4 | 11.8 | 2.6 | 21.0 |
| Marital Status Never married | 33.4 | 19.4 | 47.3 | 30.5 | 16.8 | 44.3 | 5.9 | 0.3 | 11.6 |
| Married/ living together as a couple | 11.1 | 7.0 | 15.2 | 12.9 | 8.3 | 17.5 | 5.1 | 1.9 | 8.3 |
| Divorced/ widowed/separated | 18.2 | 9.6 | 26.8 | 8.9 | 2.8 | 14.9 | 13.1 | 4.9 | 21.3 |
| Education 0-11 years | 15.0 | 5.1 | 25.0 | 17.8 | 6.6 | 29.0 | 17.6 | 6.1 | 29.2 |
| HS Grad/GED | 23.1 | 15.6 | 30.6 | 20.9 | 13.6 | 28.2 | 7.3 | 3.2 | 11.5 |
| 1 or more years of college | 11.4 | 6.5 | 16.3 | 9.0 | 4.7 | 13.2 | 2.1 | 0.5 | 3.8 |
| Employment Employed for wages | 17.4 | 11.8 | 22.9 | 18.2 | 12.5 | 23.9 | 3.7 | 1.4 | 6.0 |
| Household Income \$24,999 or less | 33.2 | 23.6 | 42.7 | 23.5 | 14.3 | 32.8 | 11.1 | 4.6 | 17.6 |
| \$25,000 - 49,999 | 15.7 | 8.1 | 23.2 | 12.1 | 6.0 | 18.2 | 3.9 | 0.7 | 7.0 |
| \$50,000 or more | 6.1 | 1.6 | 10.6 | 10.9 | 4.6 | 17.1 | 1.6 | 0.0 | 3.7 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 62.0 | 56.5 | 67.6 | 39.4 | 33.9 | 44.9 | 62.7 | 56.8 | 68.5 |
| Sex Men | 63.6 | 55.9 | 71.3 | 49.1 | 41.1 | 57.1 | 63.8 | 55.7 | 72.0 |
| Women | 61.0 | 53.3 | 68.7 | 32.9 | 25.9 | 39.9 | 61.9 | 53.6 | 70.1 |
| Race/ethnicity NH White | 69.4 | 63.1 | 75.6 | 45.3 | 38.0 | 52.6 | 72.4 | 66.2 | 78.5 |
| NH Black | 50.8 | 40.3 | 61.2 | 30.6 | 20.8 | 40.4 | 48.2 | 36.9 | 59.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 65.4 | 57.1 | 73.8 | 52.2 | 43.6 | 60.9 | 70.0 | 61.6 | 78.4 |
| NH White women | 73.5 | 64.5 | 82.4 | 38.1 | 27.5 | 48.7 | 74.8 | 66.1 | 83.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 48.4 | 36.3 | 60.5 | 28.0 | 17.0 | 38.9 | 48.4 | 35.0 | 61.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 66.6 | 57.8 | 75.4 | 55.3 | 44.5 | 66.0 | 63.6 | 54.2 | 73.0 |
| 45-64 | 60.1 | 51.9 | 68.3 | 31.6 | 24.1 | 39.0 | 59.2 | 50.6 | 67.9 |
| 65 and older | 54.7 | 42.8 | 66.7 | 13.4 | 6.4 | 20.4 | 69.4 | 57.8 | 81.1 |
| Marital Status Never married | 54.8 | 40.3 | 69.2 | 61.0 | 47.3 | 74.7 | 54.8 | 40.1 | 69.5 |
| Married/ living together as a couple | 67.3 | 60.4 | 74.2 | 40.8 | 33.4 | 48.1 | 66.3 | 58.8 | 73.8 |
| Divorced/ widowed/separated | 52.6 | 41.6 | 63.6 | 18.3 | 11.1 | 25.4 | 58.3 | 47.2 | 69.5 |
| Education 0-11 years | 33.5 | 20.4 | 46.6 | 17.5 | 6.6 | 28.3 | 30.7 | 15.7 | 45.6 |
| HS Grad/GED | 62.9 | 54.5 | 71.3 | 36.8 | 28.4 | 45.3 | 59.5 | 50.4 | 68.5 |
| 1 or more years of college | 73.0 | 65.9 | 80.1 | 50.5 | 40.7 | 60.3 | 73.9 | 66.7 | 81.1 |
| Employment Employed for wages | 65.9 | 59.3 | 72.5 | 48.9 | 42.0 | 55.8 | 64.2 | 57.2 | 71.3 |
| Household Income \$24,999 or less | 44.5 | 34.7 | 54.3 | 23.2 | 14.5 | 31.8 | 41.5 | 30.5 | 52.4 |
| \$25,000-49,999 | 68.7 | 60.0 | 77.4 | 45.9 | 36.5 | 55.2 | 65.5 | 56.1 | 75.0 |
| \$50,000 or more | 78.0 | 69.3 | 86.7 | 56.6 | 46.1 | 67.0 | 79.7 | 71.1 | 88.3 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\|\mid 12-9,12-10$ | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 31.2 | 26.3 | 36.2 | 77.6 | 70.0 | 85.2 | 21.4 | 17.0 | 25.8 |
| Sex Men | 28.0 | 21.1 | 34.9 | 69.2 | 55.4 | 83.0 | 16.7 | 10.9 | 22.6 |
| Women | 33.4 | 26.4 | 40.4 | 82.2 | 73.2 | 91.2 | 24.5 | 18.1 | 30.9 |
| Race/ethnicity NH White | 25.6 | 20.3 | 31.0 | 78.8 | 69.9 | 87.7 | 19.6 | 14.8 | 24.5 |
| NH Black | 38.8 | 28.9 | 48.6 | 76.8 | 63.1 | 90.4 | 23.8 | 14.8 | 32.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men <br>  NH White women | 25.8 | 18.4 | 33.1 | 71.7 | 56.4 | 86.9 | 19.3 | 12.4 | 26.3 |
|  | 25.4 | 17.6 | 33.3 | 86.1 | 77.0 | 95.2 | 19.9 | 13.0 | 26.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 41.9 | 30.4 | 53.4 | 82.9 | 69.2 | 96.7 | 28.9 | 17.8 | 40.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 15.0 | 8.8 | 21.1 |  |  |  | 14.1 | 8.8 | 19.3 |
| 45-64 | 36.4 | 28.5 | 44.2 | 80.7 | 70.4 | 91.0 | 30.5 | 22.6 | 38.4 |
| 65 and older | 61.8 | 50.3 | 73.3 | 89.5 | 81.1 | 98.0 | 21.4 | 10.3 | 32.4 |
| Marital Status Never married | 21.7 | 10.3 | 33.1 |  |  |  | 15.9 | 6.8 | 25.0 |
| Married/ living together as a couple | 26.9 | 20.8 | 33.0 | 79.9 | 70.3 | 89.4 | 21.0 | 15.3 | 26.7 |
| Divorced/ widowed/separated | 52.2 | 41.3 | 63.1 | 86.8 | 77.0 | 96.5 | 27.4 | 17.2 | 37.7 |
| Education 0-11 years | 45.1 | 31.3 | 58.9 | 82.4 | 67.5 | 97.3 | 29.7 | 16.4 | 43.1 |
| HS Grad/GED | 31.8 | 24.1 | 39.5 | 71.8 | 58.3 | 85.2 | 19.5 | 13.0 | 26.0 |
| 1 or more years of college | 24.9 | 18.2 | 31.7 | 80.4 | 68.6 | 92.2 | 19.7 | 13.3 | 26.0 |
| Employment Employed for wages | 22.4 | 16.7 | 28.1 | 62.8 | 48.3 | 77.3 | 20.9 | 15.4 | 26.3 |
| Household Income \$24,999 or less | 44.5 | 34.7 | 54.3 | 74.7 | 61.2 | 88.1 | 29.2 | 20.0 | 38.4 |
| \$25,000-49,999 | 26.6 | 18.7 | 34.5 | 81.0 | 66.8 | 95.2 | 21.1 | 13.9 | 28.2 |
| \$50,000 or more | 16.6 | 9.3 | 23.9 |  |  |  | 23.9 | 14.3 | 33.5 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 85.5 | 81.7 | 89.3 | 86.7 | 79.6 | 93.8 | 29.8 | 24.5 | 35.1 |
| Sex Men | 84.9 | 79.1 | 90.6 | 89.4 | 83.9 | 94.9 | 29.4 | 21.5 | 37.3 |
| Women | 85.9 | 80.9 | 91.0 | 85.0 | 73.9 | 96.0 | 30.1 | 22.9 | 37.3 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 88.6 | 84.6 | 92.5 | 82.3 | 71.8 | 92.8 | 30.7 | 24.2 | 37.3 |
| NH Black | 80.0 | 71.8 | 88.2 | 94.1 | 88.9 | 99.4 | 24.3 | 15.0 | 33.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 84.8 | 78.4 | 91.2 | 86.0 | 79.0 | 93.1 | 31.1 | 22.3 | 40.0 |
| NH White women | 92.4 | 88.2 | 96.7 | 78.8 | 60.2 | 97.3 | 30.4 | 20.8 | 40.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 77.9 | 67.9 | 87.8 | 92.1 | 85.0 | 99.1 | 26.6 | 15.4 | 37.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 76.8 | 69.5 | 84.2 | 79.9 | 64.1 | 95.6 | 16.2 | 9.3 | 23.2 |
| 45-64 | 90.5 | 85.3 | 95.7 | 90.3 | 85.0 | 95.6 | 34.0 | 26.0 | 42.0 |
| 65 and older | 97.6 | 92.9 | 100.0 | 93.0 | 87.3 | 98.7 | 48.4 | 36.6 | 60.2 |
| Marital Status Never married | 66.7 | 53.4 | 79.9 | 91.0 | 81.8 | 100.0 | 8.8 | 0.1 | 17.6 |
| Married/ living together as a couple | 87.5 | 82.8 | 92.2 | 84.5 | 74.1 | 94.8 | 27.8 | 21.1 | 34.4 |
| Divorced/ widowed/separated | 93.8 | 89.5 | 98.0 | 90.8 | 83.1 | 98.4 | 47.4 | 35.9 | 58.9 |
| Education 0-11 years | 80.1 | 68.4 | 91.8 | 89.2 | 80.4 | 98.0 | 43.9 | 28.4 | 59.4 |
| HS Grad/GED | 81.1 | 74.4 | 87.8 | 91.6 | 86.4 | 96.8 | 27.8 | 19.7 | 35.9 |
| 1 or more years of college | 91.5 | 87.6 | 95.4 | 82.2 | 68.7 | 95.7 | 26.2 | 18.9 | 33.5 |
| Employment Employed for wages | 83.4 | 78.2 | 88.6 | 89.6 | 85.4 | 93.9 | 22.6 | 16.7 | 28.5 |
| Household Income \$24,999 or less | 77.6 | 69.1 | 86.1 | 91.8 | 84.9 | 98.8 | 42.1 | 31.2 | 53.1 |
| \$25,000-49,999 | 89.6 | 84.2 | 95.0 | 89.9 | 84.6 | 95.3 | 20.8 | 13.3 | 28.3 |
| \$50,000 or more | 91.7 | 86.1 | 97.3 | 87.1 | 79.7 | 94.5 | 24.3 | 15.0 | 33.7 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 14.4 | 8.3 | 20.5 | 53.8 | 27.0 | 80.6 | 12.4 | 8.7 | 16.2 |
| Sex Men | 10.2 | 5.2 | 15.1 |  |  |  | 8.5 | 4.3 | 12.6 |
| Women | 17.2 | 7.8 | 26.5 | 52.3 | 18.0 | 86.5 | 15.0 | 9.4 | 20.6 |
| Race/ethnicity NH White | 16.7 | 7.5 | 25.9 | 41.1 | 11.2 | 71.0 | 8.5 | 4.9 | 12.2 |
| NH Black | 9.5 | 3.3 | 15.7 |  |  |  | 16.0 | 8.3 | 23.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 10.4 | 4.9 | 16.0 |  |  |  | 7.1 | 2.9 | 11.3 |
| NH White women | 23.1 | 6.5 | 39.7 | 37.1 | 0.2 | 74.0 | 10.0 | 3.9 | 16.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 9.1 | 1.9 | 16.3 |  |  |  | 18.8 | 9.3 | 28.4 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br> 65 and older  | 17.5 | 5.4 | 29.7 |  |  |  | 2.4 | 0.2 | 4.7 |
|  | 13.6 | 7.8 | 19.5 |  |  |  | 13.7 | 7.6 | 19.7 |
|  | 8.2 | 2.1 | 14.2 |  |  |  | 34.9 | 22.4 | 47.3 |
| Marital Status Never married | 11.2 | 3.0 | 19.4 |  |  |  | 3.1 | 0.0 | 7.6 |
| Married/ living together as a couple | 15.0 | 5.7 | 24.3 | 49.3 | 11.0 | 87.5 | 9.2 | 5.0 | 13.4 |
| Divorced/ widowed/separated | 14.9 | 7.7 | 22.0 |  |  |  | 29.5 | 18.6 | 40.4 |
| Education <br> HS Grad/GED | 11.3 | 3.5 | 19.0 |  |  |  | 31.5 | 17.4 | 45.6 |
|  | 7.7 | 3.4 | 12.1 |  |  |  | 9.1 | 4.5 | 13.7 |
|  | 21.5 | 9.3 | 33.6 |  |  |  | 7.3 | 3.8 | 10.7 |
| Employment Employed for wages | 10.7 | 6.5 | 15.0 |  |  |  | 5.6 | 2.8 | 8.5 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 15.9 | 9.1 | 22.7 |  |  |  | 19.4 | 11.2 | 27.6 |
|  | 9.8 | 4.6 | 15.0 |  |  |  | 6.2 | 2.3 | 10.2 |
|  | 12.1 | 4.1 | 20.2 |  |  |  | 5.0 | 1.0 | 9.0 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Lafayette County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Lafayette County, 507 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Lafayette County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | CI |  |
| All | 7,022 | 15,982,378 | 31.7 | 10.4 | 53.0 | 55.9 | 47.5 | 64.4 |
| Sex Men | 59.8\% | 48.8\% | 18.2 | 8.9 | 27.4 | 49.7 | 36.6 | 62.9 |
| Women | 40.2\% | 51.2\% | 43.3 | 11.2 | 75.4 | 63.5 | 52.4 | 74.5 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 75.3\% | 65.4\% | 17.4 | 11.5 | 23.4 | 60.0 | 51.2 | 68.9 |
| NH Black | 14.1\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 9.1\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 40.5\% | 31.9\% | 15.9 | 5.9 | 25.8 | 55.3 | 41.3 | 69.3 |
| NH White women | 34.8\% | 33.6\% | 19.3 | 13.9 | 24.6 | 65.1 | 53.2 | 77.0 |
| NH Black men | 11.5\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 2.5\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 6.9\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.3\% | 8.4\% |  |  |  |  |  |  |
| Age 18 184 | 44.7\% | 36.9\% | 37.3 | 3.0 | 71.6 | 51.5 | 39.3 | 63.7 |
| 45-64 | 21.3\% | 22.7\% | 19.0 | 12.6 | 25.3 | 63.8 | 52.4 | 75.2 |
| 65 and older | 12.4\% | 17.6\% | 33.3 | 21.4 | 45.1 |  |  |  |
| Marital Status Never married | 26.2\% | 22.5\% | 57.1 | 2.5 | 100.0 | 25.6 | 2.8 | 48.4 |
| Married/ living together as a couple | 49.0\% | 53.7\% | 18.7 | 11.8 | 25.6 | 62.9 | 53.1 | 72.7 |
| Divorced/ widowed/separated | 24.7\% | 23.8\% | 30.1 | 20.7 | 39.6 | 46.2 | 29.2 | 63.1 |
| Education 0-11 years | 31.8\% | 20.1\% | 64.7 | 28.8 | 100.0 | 31.8 | 12.0 | 51.6 |
| HS Grad/GED | 40.1\% | 28.7\% | 21.5 | 15.4 | 27.5 | 56.2 | 46.2 | 66.1 |
| 1 or more years of college | 28.1\% | 51.1\% | 13.1 | 3.4 | 22.8 | 63.8 | 51.1 | 76.5 |
| Employment Employed for wages | 44.5\% | 54.9\% | 15.3 | 7.9 | 22.7 | 55.9 | 47.5 | 64.4 |
| Household Income \$24,999 or less | 41.7\% | 30.8\% | 22.6 | 11.5 | 33.7 | 43.3 | 28.6 | 58.0 |
| \$25,000 - 49,999 | 30.7\% | 31.6\% | 14.5 | 8.3 | 20.7 | 60.5 | 46.2 | 74.9 |
| \$50,000 or more | 27.6\% | 37.6\% | 6.2 | 1.0 | 11.4 | 64.8 | 52.0 | 77.6 |

[^34]

| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 19.5 | 12.0 | 26.9 | 51.4 | 40.2 | 62.6 | 14.8 | 2.8 | 26.9 |
| Sex Men | 23.2 | 14.1 | 32.3 | 61.2 | 47.1 | 75.3 | 26.6 | 5.6 | 47.5 |
| Women | 16.3 | 6.0 | 26.6 | 39.5 | 24.4 | 54.7 | 4.7 | 0.0 | 9.6 |
| Race/ethnicity NH White | 22.1 | 16.0 | 28.2 | 47.3 | 35.4 | 59.3 | 18.7 | 4.3 | 33.0 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 20.7 | 11.4 | 29.9 | 56.3 | 39.9 | 72.6 | 29.1 | 5.6 | 52.5 |
| NH White women | 23.7 | 16.5 | 30.9 | 38.5 | 22.9 | 54.1 | 6.7 | 0.5 | 12.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 20.2 | 7.6 | 32.9 | 47.5 | 32.4 | 62.6 | 23.1 | 1.7 | 44.5 |
|  | 22.7 | 15.0 | 30.3 | 54.5 | 37.4 | 71.6 | 4.9 | 1.6 | 8.2 |
|  | 11.0 | 2.1 | 19.8 |  |  |  | 1.4 | 0.0 | 3.5 |
| Marital Status <br> Married/ living together as a couple | 9.3 | 0.0 | 21.4 |  |  |  | 26.1 | 0.0 | 70.7 |
|  | 18.0 | 13.0 | 22.9 | 57.7 | 44.3 | 71.0 | 10.4 | 3.8 | 17.0 |
| Divorced/ widowed/separated | 38.1 | 26.6 | 49.6 | 45.8 | 24.1 | 67.5 | 10.6 | 0.2 | 21.1 |
| Education $0-11$ years <br> HS Grad/GED  | 20.3 | 0.0 | 41.9 | 50.2 | 24.3 | 76.1 | 8.7 | 0.0 | 19.9 |
|  | 24.3 | 17.5 | 31.1 | 50.2 | 34.3 | 66.0 | 7.6 | 3.4 | 11.8 |
|  | 14.8 | 7.8 | 21.8 | 54.5 | 37.6 | 71.4 | 25.9 | 0.3 | 51.6 |
| Employment Employed for wages | 29.7 | 22.5 | 37.0 | 49.3 | 35.7 | 62.9 | 16.5 | 8.2 | 24.8 |
| Household Income \$24,999 or less | 32.4 | 17.1 | 47.7 | 58.8 | 40.9 | 76.8 | 29.2 | 0.7 | 57.7 |
| \$25,000-49,999 | 19.6 | 12.4 | 26.8 | 42.1 | 25.3 | 59.0 | 14.6 | 2.5 | 26.7 |
| \$50,000 or more | 12.2 | 5.4 | 19.1 |  |  |  | 5.1 | 0.9 | 9.4 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 34.3 | 13.7 | 55.0 | 43.5 | 24.5 | 62.5 | 5.2 | 2.3 | 8.2 |
| Sex Men | 19.8 | 11.4 | 28.3 | 46.9 | 30.2 | 63.7 | 6.0 | 1.1 | 10.9 |
| Women | 46.7 | 16.6 | 76.9 | 40.5 | 6.8 | 74.2 | 4.6 | 1.3 | 7.9 |
| Race/ethnicity NH White | 17.6 | 12.0 | 23.2 | 31.3 | 18.7 | 43.9 | 5.2 | 2.9 | 7.5 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 11.9 | 5.9 | 18.0 | 45.6 | 26.2 | 64.9 | 3.8 | 0.8 | 6.9 |
| NH White women | 24.1 | 16.0 | 32.1 | 14.8 | 9.7 | 19.8 | 6.8 | 3.5 | 10.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br> 65 and older  | 45.7 | 15.0 | 76.5 | 63.5 | 41.6 | 85.3 | 6.4 | 1.0 | 11.7 |
|  | 28.9 | 19.4 | 38.4 | 21.7 | 14.2 | 29.3 | 5.6 | 2.4 | 8.8 |
|  | 1.7 | 0.0 | 3.7 | 7.3 | 2.6 | 12.0 | 0.4 | 0.0 | 1.1 |
| Marital Status <br> Married/ living together as a couple | 63.0 | 12.2 | 100.0 | 91.3 | 79.9 | 100.0 | 1.7 | 0.0 | 5.0 |
|  | 20.7 | 14.4 | 27.1 | 26.2 | 18.8 | 33.6 | 7.4 | 3.1 | 11.7 |
| Divorced/ widowed/separated | 30.2 | 19.1 | 41.4 | 21.7 | 13.3 | 30.2 | 4.5 | 1.4 | 7.5 |
| Education $0-11$ years <br> HS Grad/GED  | 72.7 | 44.9 | 100.0 | 64.6 | 28.7 | 100.0 | 7.5 | 0.0 | 17.4 |
|  | 27.0 | 19.7 | 34.2 | 28.5 | 20.9 | 36.0 | 5.5 | 2.4 | 8.7 |
|  | 8.9 | 3.9 | 13.9 | 38.5 | 16.4 | 60.6 | 3.1 | 0.6 | 5.5 |
| Employment $\quad$ Employed for wages | 27.3 | 19.7 | 34.9 | 37.3 | 29.0 | 45.6 | 7.0 | 2.4 | 11.6 |
|  | 37.0 | 20.2 | 53.9 | 49.2 | 27.8 | 70.5 | 5.9 | 1.8 | 10.1 |
| \$25,000-49,999 | 14.6 | 8.4 | 20.7 | 17.9 | 10.8 | 25.1 | 5.6 | 2.0 | 9.1 |
| \$50,000 or more | 8.4 | 2.0 | 14.7 | 20.5 | 11.1 | 30.0 | 4.8 | 0.0 | 10.4 |



## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterolchecked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 59.6 | 39.5 | 79.6 | 91.1 | 87.8 | 94.3 | 36.8 | 30.0 | 43.6 |
| Sex Men | 61.8 | 43.0 | 80.6 | 92.9 | 88.5 | 97.2 | 35.2 | 24.1 | 46.3 |
| Women | 57.7 | 24.7 | 90.7 | 89.4 | 84.7 | 94.1 | 38.2 | 30.0 | 46.4 |
| Race/ethnicity NH White | 71.5 | 58.1 | 85.0 | 92.5 | 89.3 | 95.6 | 38.0 | 30.7 | 45.3 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 63.3 | 41.3 | 85.3 | 94.1 | 89.9 | 98.3 | 36.0 | 24.1 | 48.0 |
| NH White women | 81.1 | 73.9 | 88.2 | 91.0 | 86.4 | 95.7 | 39.8 | 30.9 | 48.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 35.2 | 14.1 | 56.3 | 82.1 | 74.9 | 89.3 | 16.8 | 8.8 | 24.7 |
| 45-64 | 89.2 | 83.1 | 95.3 | 93.0 | 88.0 | 98.1 | 47.0 | 34.7 | 59.3 |
| 65 and older | 97.1 | 94.5 | 99.8 | 100.0 | 100.0 | 100.0 | 45.7 | 32.5 | 58.8 |
| Marital Status Never married | 12.4 | 0.0 | 28.4 |  |  |  |  |  |  |
| Married/ living together as a couple | 76.7 | 68.2 | 85.3 | 91.1 | 87.0 | 95.2 | 38.4 | 29.4 | 47.4 |
| Divorced/ widowed/separated | 80.4 | 69.3 | 91.6 | 96.3 | 93.4 | 99.2 | 37.1 | 26.5 | 47.6 |
| Education 0-11 years | 35.6 | 0.0 | 71.7 | 95.8 | 90.6 | 100.0 | 50.4 | 34.3 | 66.5 |
| HS Grad/GED | 80.6 | 74.1 | 87.1 | 87.8 | 81.7 | 93.8 | 31.5 | 23.2 | 39.8 |
| 1 or more years of college | 61.9 | 39.0 | 84.7 | 92.5 | 88.2 | 96.7 | 36.6 | 24.5 | 48.7 |
| Employment Employed for wages | 66.6 | 57.2 | 76.0 | 88.4 | 83.4 | 93.4 | 27.4 | 20.4 | 34.3 |
| Household Income \$24,999 or less | 53.8 | 31.2 | 76.3 | 89.0 | 82.5 | 95.5 | 37.9 | 26.1 | 49.7 |
| \$25,000-49,999 | 81.9 | 69.7 | 94.0 | 95.3 | 91.8 | 98.8 | 39.5 | 26.1 | 52.9 |
| \$50,000 or more | 84.7 | 76.5 | 92.8 | 82.5 | 72.1 | 92.9 | 32.5 | 19.9 | 45.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 8.1 | 4.7 | 11.6 | 73.2 | 60.8 | 85.7 | 9.9 | 5.0 | 14.9 |
| Sex Men | 7.8 | 3.6 | 12.0 |  |  |  | 10.6 | 3.5 | 17.7 |
| Women | 8.4 | 2.9 | 13.9 | 80.0 | 66.2 | 93.7 | 9.4 | 2.6 | 16.1 |
| Race/ethnicity NH White | 9.4 | 6.3 | 12.5 | 70.9 | 57.2 | 84.5 | 11.8 | 6.6 | 17.1 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 7.1 | 3.1 | 11.2 |  |  |  | 10.7 | 2.7 | 18.6 |
| NH White women | 12.0 | 7.7 | 16.2 | 78.7 | 63.8 | 93.6 | 13.2 | 6.8 | 19.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 6.3 | 1.9 | 10.7 |  |  |  | 2.3 | 0.0 | 4.8 |
| 45-64 | 11.3 | 5.8 | 16.8 |  |  |  | 24.7 | 13.4 | 36.0 |
| 65 and older | 9.3 | 3.6 | 15.0 |  |  |  | 12.4 | 5.7 | 19.2 |
| Marital Status Never married | 3.0 | 0.0 | 7.4 |  |  |  |  |  |  |
| Married/ living together as a couple | 8.6 | 5.4 | 11.9 | 68.2 | 50.2 | 86.2 |  |  |  |
| Divorced/ widowed/separated | 14.1 | 7.3 | 20.9 |  |  |  |  |  |  |
| Education 0-11 years | 5.7 | 0.0 | 12.4 |  |  |  | 9.4 | 0.0 | 20.7 |
| HS Grad/GED | 11.8 | 7.2 | 16.4 |  |  |  | 8.6 | 4.9 | 12.4 |
| 1 or more years of college | 7.1 | 3.1 | 11.2 |  |  |  | 11.5 | 2.7 | 20.3 |
| Employment Employed for wages | 8.7 | 5.4 | 11.9 | 62.8 | 44.3 | 81.3 | 5.9 | 3.1 | 8.6 |
| Household Income \$24,999 or less | 10.6 | 4.4 | 16.9 |  |  |  | 11.9 | 3.8 | 20.1 |
| \$25,000-49,999 | 9.0 | 4.5 | 13.5 |  |  |  | 17.6 | 6.6 | 28.5 |
| \$50,000 or more | 11.0 | 3.9 | 18.0 |  |  |  | 4.1 | 0.0 | 8.4 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Lake County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Lake County, 529 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Lake County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 210,528 | 15,982,378 | 15.6 | 11.9 | 19.3 | 56.3 | 48.0 | 64.6 |
| Sex Men | 48.4\% | 48.8\% | 18.0 | 11.6 | 24.4 | 47.7 | 35.4 | 60.0 |
| Women | 51.6\% | 51.2\% | 13.4 | 9.3 | 17.5 | 67.4 | 57.4 | 77.5 |
| Race/ethnicity NH White | 84.2\% | 65.4\% | 14.0 | 10.2 | 17.9 | 54.7 | 45.6 | 63.9 |
| NH Black | 8.2\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 5.6\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 40.6\% | 31.9\% | 16.5 | 9.9 | 23.2 | 44.8 | 31.4 | 58.2 |
| NH White women | 43.6\% | 33.6\% | 11.8 | 7.5 | 16.0 | 67.3 | 56.2 | 78.4 |
| NH Black men | 3.9\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.3\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 3.0\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.7\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 29.5\% | 36.9\% | 8.0 | 2.9 | 13.1 | 55.6 | 43.6 | 67.5 |
| 45-64 | 23.8\% | 22.7\% | 18.5 | 11.6 | 25.4 | 58.9 | 47.0 | 70.7 |
| 65 and older | 26.4\% | 17.6\% | 20.4 | 13.3 | 27.4 |  |  |  |
| Marital Status Never married | 15.4\% | 22.5\% | 19.1 | 4.3 | 33.8 | 37.7 | 16.7 | 58.6 |
| Married/ living together as a couple | 62.4\% | 53.7\% | 13.0 | 8.6 | 17.4 | 58.4 | 47.7 | 69.2 |
| Divorced/ widowed/separated | 22.3\% | 23.8\% | 22.4 | 14.6 | 30.2 | 62.8 | 46.7 | 79.0 |
| Education 0-11 years | 20.2\% | 20.1\% | 44.4 | 26.6 | 62.3 |  |  |  |
| HS Grad/GED | 34.3\% | 28.7\% | 14.8 | 8.2 | 21.4 | 49.8 | 34.9 | 64.8 |
| 1 or more years of college | 45.5\% | 51.1\% | 11.9 | 7.6 | 16.2 | 59.7 | 49.4 | 69.9 |
| Employment Employed for wages | 48.1\% | 54.9\% | 8.9 | 4.2 | 13.6 | 56.3 | 48.0 | 64.6 |
| Household Income \$24,999 or less | 31.5\% | 30.8\% | 25.8 | 17.0 | 34.6 | 55.1 | 35.8 | 74.5 |
| \$25,000-49,999 | 35.0\% | 31.6\% | 13.2 | 6.7 | 19.7 | 56.8 | 42.3 | 71.4 |
| \$50,000 or more | 33.4\% | 37.6\% | 5.9 | 1.6 | 10.3 | 62.2 | 47.5 | 76.9 |

[^35]



## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 84.0 | 79.9 | 88.2 | 88.7 | 84.5 | 93.0 | 39.6 | 34.0 | 45.2 |
| Sex Men | 78.3 | 70.9 | 85.7 | 85.4 | 77.0 | 93.8 | 42.3 | 32.7 | 51.9 |
| Women | 89.3 | 85.1 | 93.4 | 91.3 | 87.7 | 94.9 | 37.5 | 30.9 | 44.1 |
| Race/ethnicity NH White | 86.2 | 81.9 | 90.5 | 88.5 | 83.8 | 93.2 | 39.5 | 33.6 | 45.5 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 81.0 | 73.3 | 88.7 | 84.6 | 75.5 | 93.8 | 40.4 | 30.5 | 50.2 |
| NH White women | 91.0 | 86.9 | 95.0 | 91.8 | 88.0 | 95.6 | 38.8 | 31.7 | 46.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 68.9 | 59.4 | 78.4 | 73.3 | 61.0 | 85.6 | 19.2 | 8.5 | 29.9 |
| 45-64 | 90.4 | 84.8 | 96.0 | 89.4 | 84.5 | 94.4 | 46.1 | 37.2 | 55.0 |
| 65 and older | 94.4 | 90.2 | 98.7 | 99.7 | 99.1 | 100.0 | 50.2 | 41.2 | 59.3 |
| Marital Status Never married | 55.2 | 35.6 | 74.8 |  |  |  |  |  |  |
| Married/ living together as a couple | 84.7 | 79.7 | 89.7 | 88.4 | 82.7 | 94.0 | 38.5 | 31.5 | 45.4 |
| Divorced/ widowed/separated | 93.1 | 88.3 | 98.0 | 90.1 | 83.9 | 96.4 | 45.3 | 35.1 | 55.5 |
| Education 0-11 years | 69.4 | 51.7 | 87.2 | 94.2 | 82.5 | 100.0 | 56.2 | 33.3 | 79.1 |
| HS Grad/GED | 83.0 | 76.0 | 89.9 | 88.3 | 79.0 | 97.7 | 43.6 | 33.3 | 53.9 |
| 1 or more years of college | 86.3 | 80.8 | 91.8 | 88.3 | 83.5 | 93.1 | 36.1 | 29.1 | 43.1 |
| Employment Employed for wages | 75.9 | 68.8 | 83.0 | 79.4 | 70.7 | 88.2 | 29.9 | 21.3 | 38.6 |
| Household Income \$24,999 or less | 83.8 | 75.8 | 91.9 | 88.8 | 81.5 | 96.0 | 44.9 | 33.1 | 56.7 |
| \$25,000-49,999 | 78.8 | 70.3 | 87.2 | 91.0 | 84.6 | 97.4 | 47.9 | 37.6 | 58.1 |
| \$50,000 or more | 89.0 | 81.5 | 96.5 | 80.5 | 68.9 | 92.2 | 24.4 | 14.7 | 34.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 11.3 | 8.2 | 14.4 | 54.6 | 39.4 | 69.7 | 9.5 | 6.5 | 12.5 |
| Sex Men | 8.7 | 4.2 | 13.2 |  |  |  | 7.1 | 3.1 | 11.1 |
| Women | 13.7 | 9.4 | 18.0 | 59.3 | 41.3 | 77.3 | 11.6 | 7.3 | 16.0 |
| Race/ethnicity NH White | 10.7 | 7.4 | 14.1 | 53.4 | 36.0 | 70.8 | 10.1 | 6.7 | 13.4 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 8.4 | 3.6 | 13.3 |  |  |  | 7.6 | 3.2 | 12.1 |
| NH White women | 12.9 | 8.2 | 17.6 | 56.3 | 35.2 | 77.4 | 12.3 | 7.4 | 17.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 11.7 | 5.4 | 17.9 |  |  |  | 2.4 | 0.0 | 5.7 |
| 45-64 | 15.2 | 9.4 | 21.0 |  |  |  | 8.3 | 3.6 | 12.9 |
| 65 and older | 7.7 | 3.7 | 11.7 |  |  |  | 17.8 | 11.1 | 24.6 |
| Marital Status Never married | 13.3 | 2.6 | 24.0 |  |  |  | 8.5 | 0.0 | 17.3 |
| Married/ living together as a couple | 9.8 | 6.1 | 13.6 | 50.8 | 30.2 | 71.4 | 8.8 | 5.0 | 12.5 |
| Divorced/ widowed/separated | 15.5 | 8.4 | 22.6 |  |  |  | 12.5 | 6.3 | 18.7 |
| Education 0-11 years | 21.3 | 7.0 | 35.6 |  |  |  | 16.8 | 2.2 | 31.5 |
| HS Grad/GED | 9.2 | 5.0 | 13.5 |  |  |  | 10.2 | 4.6 | 15.9 |
| 1 or more years of college | 11.2 | 6.9 | 15.5 | 43.3 | 22.9 | 63.8 | 8.0 | 4.5 | 11.5 |
| Employment Employed for wages | 11.1 | 6.3 | 16.0 |  |  |  | 2.8 | 0.3 | 5.3 |
| Household Income \$24,999 or less | 13.5 | 7.1 | 19.9 |  |  |  | 16.2 | 8.6 | 23.9 |
| \$25,000-49,999 | 13.0 | 6.7 | 19.3 |  |  |  | 10.9 | 5.1 | 16.6 |
| \$50,000 or more | 11.5 | 5.1 | 17.9 |  |  |  | 1.3 | 0.0 | 3.4 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 20.9 | 16.7 | 25.2 | 20.1 | 16.0 | 24.1 | 20.3 | 16.2 | 24.3 |
| Sex Men | 18.0 | 11.3 | 24.7 | 16.3 | 10.4 | 22.3 | 17.7 | 11.5 | 23.9 |
| Women | 23.6 | 18.2 | 29.0 | 23.4 | 18.0 | 28.8 | 22.6 | 17.3 | 27.9 |
|  | 20.5 | 16.0 | 24.9 | 20.0 | 15.5 | 24.4 | 20.0 | 15.6 | 24.4 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.2 | 10.5 | 23.9 | 16.4 | 9.9 | 22.9 | 17.6 | 10.9 | 24.4 |
|  | 23.5 | 17.5 | 29.4 | 23.3 | 17.3 | 29.3 | 22.1 | 16.3 | 27.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 14.7 | 7.0 | 22.3 | 14.7 | 7.8 | 21.6 | 16.4 | 9.3 | 23.5 |
|  | 24.9 | 17.7 | 32.0 | 24.0 | 17.2 | 30.9 | 24.3 | 17.1 | 31.4 |
|  | 24.1 | 16.6 | 31.7 | 22.1 | 14.8 | 29.3 | 21.6 | 14.5 | 28.7 |
| Marital Status Never married | 10.9 | 1.7 | 20.0 | 12.1 | 2.5 | 21.7 | 16.7 | 5.6 | 27.9 |
| Married/ living together as a couple | 21.3 | 15.9 | 26.7 | 20.1 | 14.9 | 25.2 | 20.4 | 15.2 | 25.5 |
| Divorced/ widowed/separated | 24.7 | 16.2 | 33.2 | 24.1 | 16.1 | 32.1 | 22.4 | 14.4 | 30.3 |
| Education <br> HS Grad/GED | 30.7 | 14.0 | 47.5 | 26.3 | 11.5 | 41.1 | 22.8 | 8.5 | 37.0 |
|  | 23.7 | 15.8 | 31.5 | 22.7 | 15.2 | 30.3 | 18.6 | 11.8 | 25.4 |
|  | 18.3 | 13.0 | 23.7 | 18.0 | 12.8 | 23.1 | 20.9 | 15.4 | 26.4 |
| Employment Employed for wages | 16.3 | 10.3 | 22.3 | 14.8 | 9.4 | 20.2 | 17.2 | 11.4 | 22.9 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 27.7 | 17.7 | 37.7 | 24.2 | 15.3 | 33.1 | 18.9 | 11.1 | 26.7 |
|  | 21.4 | 14.0 | 28.8 | 21.3 | 13.8 | 28.8 | 26.1 | 17.8 | 34.4 |
|  | 11.9 | 5.7 | 18.2 | 13.1 | 6.6 | 19.5 | 15.7 | 8.6 | 22.7 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 30.8 | 26.0 | 35.5 | 1.5 | 0.2 | 2.7 | 34.3 | 29.3 | 39.3 |
| Sex Men | 29.6 | 22.0 | 37.2 | 0.3 | 0.0 | 1.0 | 37.1 | 28.7 | 45.5 |
| Women | 31.8 | 25.9 | 37.7 | 2.5 | 0.1 | 4.8 | 31.8 | 25.8 | 37.9 |
| Race/ethnicity $\quad$ NH White | 32.0 | 26.8 | 37.2 | 1.5 | 0.0 | 2.9 | 37.9 | 32.3 | 43.5 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 30.7 | 22.5 | 39.0 | 0.4 | 0.0 | 1.1 | 41.5 | 32.2 | 50.8 |
| NH White women | 33.1 | 26.6 | 39.6 | 2.5 | 0.0 | 5.1 | 34.7 | 28.0 | 41.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 10.1 | 4.4 | 15.8 |  |  |  | 11.5 | 4.8 | 18.1 |
|  | 30.3 | 22.2 | 38.4 |  |  |  | 23.5 | 15.8 | 31.3 |
|  | 53.3 | 44.6 | 62.0 |  |  |  | 67.3 | 59.2 | 75.5 |
| Marital Status Never married | 24.3 | 8.5 | 40.1 | 1.8 | 0.0 | 5.4 | 12.2 | 0.0 | 25.0 |
| Married/ living together as a couple | 31.2 | 25.1 | 37.2 | 1.7 | 0.0 | 3.5 | 35.8 | 29.4 | 42.2 |
| Divorced/ widowed/separated | 32.4 | 23.8 | 41.0 | 0.6 | 0.0 | 1.7 | 38.7 | 29.4 | 47.9 |
| Education $0-11$ years <br> HS Grad/GED  | 16.3 | 3.7 | 28.9 |  |  |  | 27.5 | 11.0 | 43.9 |
|  | 31.4 | 22.9 | 39.9 |  |  |  | 33.6 | 24.8 | 42.5 |
|  | 32.5 | 26.1 | 38.8 |  |  |  | 35.9 | 29.2 | 42.6 |
| Employment Employed for wages | 15.1 | 9.5 | 20.8 | 0.3 | 0.0 | 1.0 | 12.4 | 6.7 | 18.1 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 33.7 | 24.0 | 43.4 | 0.5 | 0.0 | 1.5 | 39.8 | 29.5 | 50.2 |
|  | 28.2 | 19.8 | 36.6 | 2.8 | 0.0 | 6.3 | 33.5 | 24.5 | 42.5 |
|  | 23.1 | 13.9 | 32.2 | 1.6 | 0.0 | 3.9 | 25.5 | 15.6 | 35.5 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Lee County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Lee County, 527 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Lee County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | CI |  |
| All | 440,888 | 15,982,378 | 14.2 | 10.7 | 17.8 | 63.1 | 55.8 | 70.4 |
| Sex Men | 48.9\% | 48.8\% | 16.2 | 10.3 | 22.1 | 55.4 | 44.5 | 66.3 |
| Women | 51.1\% | 51.2\% | 12.4 | 8.4 | 16.3 | 71.8 | 62.6 | 81.0 |
| Race/ethnicity NH White | 82.0\% | 65.4\% | 12.4 | 9.0 | 15.7 | 67.3 | 59.8 | 74.9 |
| NH Black | 6.4\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 9.5\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 39.6\% | 31.9\% | 13.1 | 7.6 | 18.5 | 60.7 | 49.0 | 72.4 |
| NH White women | 42.4\% | 33.6\% | 11.8 | 7.7 | 15.9 | 74.2 | 64.6 | 83.7 |
| NH Black men | 3.0\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 3.3\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 5.2\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 4.3\% | 8.4\% |  |  |  |  |  |  |
| Age $18-44$ | 30.1\% | 36.9\% | 8.9 | 3.1 | 14.8 | 56.5 | 46.2 | 66.8 |
| 45-64 | 24.8\% | 22.7\% | 12.6 | 7.4 | 17.8 | 72.3 | 62.0 | 82.7 |
| 65 and older | 25.4\% | 17.6\% | 22.0 | 14.9 | 29.1 |  |  |  |
| Marital Status Never married | 16.9\% | 22.5\% | 7.0 | 0.0 | 18.4 | 45.2 | 24.4 | 65.9 |
| Married/ living together as a couple | 59.8\% | 53.7\% | 14.2 | 9.9 | 18.6 | 68.1 | 59.3 | 77.0 |
| Divorced/ widowed/separated | 23.3\% | 23.8\% | 17.9 | 10.6 | 25.2 | 59.4 | 43.8 | 75.0 |
| Education 0-11 years | 17.7\% | 20.1\% | 27.0 | 10.2 | 43.9 |  |  |  |
| HS Grad/GED | 32.5\% | 28.7\% | 16.8 | 9.9 | 23.7 | 46.0 | 32.8 | 59.1 |
| 1 or more years of college | 49.8\% | 51.1\% | 10.7 | 7.0 | 14.4 | 71.7 | 63.4 | 80.1 |
| Employment Employed for wages | 51.3\% | 54.9\% | 7.8 | 3.3 | 12.3 | 63.1 | 55.8 | 70.4 |
| Household Income \$24,999 or less | 27.6\% | 30.8\% | 24.0 | 13.1 | 35.0 | 41.3 | 22.8 | 59.8 |
| \$25,000-49,999 | 34.0\% | 31.6\% | 11.2 | 6.0 | 16.3 | 61.3 | 48.4 | 74.2 |
| \$50,000 or more | 38.3\% | 37.6\% | 9.2 | 4.2 | 14.2 | 72.2 | 61.9 | 82.5 |

[^36]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 23.2 | 19.0 | 27.3 | 46.4 | 41.5 | 51.3 | 73.2 | 68.8 | 77.6 |
| Sex Men | 20.5 | 14.3 | 26.6 | 45.3 | 37.8 | 52.8 | 69.6 | 62.8 | 76.4 |
| Women | 25.8 | 20.2 | 31.3 | 47.3 | 40.9 | 53.8 | 76.7 | 71.1 | 82.3 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 19.8 | 15.8 | 23.8 | 46.1 | 40.9 | 51.3 | 74.2 | 69.6 | 78.9 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.0 | 11.0 | 22.9 | 44.0 | 35.9 | 52.0 | 69.8 | 62.3 | 77.2 |
| NH White women | 22.4 | 17.0 | 27.7 | 48.0 | 41.3 | 54.8 | 78.3 | 72.6 | 84.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Hispanic women | 23.9 | 16.2 | 31.5 | 41.0 | 31.9 | 50.1 | 63.4 | 54.6 | 72.2 |
| 45-64 | 17.6 | 11.5 | 23.6 | 48.5 | 40.3 | 56.7 | 72.8 | 65.5 | 80.0 |
| 65 and older | 27.9 | 20.3 | 35.6 | 49.4 | 41.1 | 57.6 | 83.3 | 77.2 | 89.5 |
| Marital Status Never married | 27.3 | 11.1 | 43.5 | 46.8 | 28.3 | 65.3 | 70.3 | 53.7 | 86.8 |
| Married/ living together as a couple | 19.7 | 14.8 | 24.6 | 44.2 | 38.2 | 50.2 | 70.7 | 65.1 | 76.2 |
| Divorced/ widowed/separated | 32.5 | 23.8 | 41.3 | 53.1 | 43.8 | 62.3 | 83.1 | 76.3 | 89.8 |
| Education $0-11$ years <br>  $\mathrm{HS} \mathrm{Grad} / \mathrm{GED}$ | 46.8 | 27.5 | 66.1 | 46.1 | 26.6 | 65.6 | 70.6 | 53.4 | 87.8 |
|  | 33.2 | 25.2 | 41.1 | 49.1 | 40.6 | 57.7 | 77.6 | 70.3 | 84.9 |
|  | 13.2 | 9.3 | 17.2 | 44.8 | 38.5 | 51.1 | 71.1 | 65.3 | 76.9 |
| Employment Employed for wages | 20.5 | 14.5 | 26.4 | 46.1 | 38.8 | 53.5 | 65.7 | 58.6 | 72.8 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 42.9 | 31.4 | 54.4 | 46.9 | 35.3 | 58.6 | 80.4 | 71.0 | 89.8 |
|  | 20.7 | 13.9 | 27.5 | 42.9 | 34.2 | 51.7 | 69.2 | 61.2 | 77.2 |
|  | 8.2 | 3.8 | 12.6 | 45.0 | 36.0 | 54.0 | 69.1 | 60.5 | 77.7 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 37.6 | 33.0 | 42.3 | 18.1 | 14.4 | 21.8 | 73.2 | 69.0 | 77.5 |
| Sex Men <br>  Women | 46.1 | 38.8 | 53.4 | 20.5 | 14.6 | 26.4 | 72.7 | 66.2 | 79.3 |
|  | 29.5 | 23.7 | 35.3 | 15.8 | 11.3 | 20.4 | 73.7 | 68.2 | 79.2 |
| Race/ethnicity NH White <br> NH Black  <br> Hispanic  | 37.9 | 32.9 | 42.9 | 18.2 | 14.3 | 22.1 | 74.2 | 69.7 | 78.7 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 47.5 | 39.6 | 55.4 | 20.3 | 14.0 | 26.5 | 74.2 | 67.2 | 81.2 |
| NH White women | 29.3 | 23.1 | 35.5 | 16.3 | 11.4 | 21.1 | 74.2 | 68.5 | 79.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 31.2 | 22.9 | 39.6 | 16.3 | 10.1 | 22.6 | 74.4 | 66.4 | 82.4 |
| - 45-64 | 39.6 | 31.6 | 47.5 | 22.8 | 15.9 | 29.8 | 76.2 | 69.3 | 83.0 |
| 65 and older | 43.5 | 35.4 | 51.5 | 15.0 | 8.7 | 21.3 | 68.6 | 61.2 | 75.9 |
| Marital Status Never married | 26.5 | 11.8 | 41.1 | 21.4 | 7.6 | 35.3 | 65.2 | 47.5 | 82.8 |
|  | 43.4 | 37.5 | 49.3 | 15.6 | 11.4 | 19.9 | 73.3 | 68.1 | 78.5 |
| Divorced/ widowed/separated | 24.8 | 17.1 | 32.5 | 24.3 | 15.7 | 32.8 | 76.5 | 69.2 | 83.8 |
| Education 0-11 years | 24.5 | 8.7 | 40.3 | 15.1 | 1.4 | 28.7 | 79.9 | 64.6 | 95.2 |
| HS Grad/GED | 35.8 | 27.8 | 43.8 | 24.3 | 17.1 | 31.6 | 68.7 | 60.9 | 76.6 |
| 1 or more years of college | 41.6 | 35.4 | 47.7 | 13.9 | 9.8 | 18.0 | 74.6 | 69.3 | 79.9 |
| Employment Employed for wages | 38.7 | 31.6 | 45.8 | 18.5 | 13.1 | 23.9 | 75.4 | 68.8 | 81.9 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 34.7 | 24.0 | 45.5 | 18.6 | 10.0 | 27.2 | 70.2 | 59.6 | 80.7 |
|  | 34.5 | 26.3 | 42.6 | 17.1 | 10.7 | 23.5 | 79.2 | 72.4 | 86.0 |
|  | 49.2 | 40.3 | 58.0 | 18.2 | 11.4 | 25.0 | 73.4 | 65.5 | 81.2 |




## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 82.7 | 78.7 | 86.7 | 90.1 | 86.9 | 93.3 | 36.0 | 31.0 | 40.9 |
| Sex Men | 81.8 | 75.6 | 88.1 | 91.1 | 86.5 | 95.7 | 36.5 | 29.0 | 44.0 |
| Women | 83.5 | 78.4 | 88.6 | 89.1 | 84.6 | 93.5 | 35.5 | 28.9 | 42.1 |
| Race/ethnicity NH White | 87.1 | 83.4 | 90.8 | 89.4 | 85.9 | 92.9 | 36.5 | 31.3 | 41.6 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 89.2 | 83.9 | 94.5 | 90.2 | 85.1 | 95.2 | 36.2 | 28.5 | 44.0 |
| NH White women | 85.1 | 80.0 | 90.3 | 88.6 | 83.8 | 93.5 | 36.7 | 29.7 | 43.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 56.7 | 47.5 | 65.9 | 83.6 | 75.0 | 92.3 | 24.3 | 14.3 | 34.3 |
| 45-64 | 95.3 | 92.1 | 98.6 | 87.5 | 81.7 | 93.3 | 36.5 | 28.6 | 44.5 |
| 65 and older | 97.7 | 95.6 | 99.9 | 96.1 | 93.2 | 99.1 | 43.4 | 35.2 | 51.7 |
| Marital Status Never married | 58.9 | 40.9 | 76.9 | 83.5 | 67.8 | 99.2 |  |  |  |
| Married/ living together as a couple | 86.1 | 81.8 | 90.5 | 90.2 | 86.3 | 94.2 | 34.1 | 28.2 | 40.1 |
| Divorced/ widowed/separated | 83.4 | 75.2 | 91.7 | 92.4 | 87.8 | 97.0 | 43.2 | 33.4 | 53.0 |
| Education 0-11 years | 72.9 | 54.0 | 91.7 | 85.7 | 70.3 | 100.0 | 23.3 | 6.4 | 40.1 |
| HS Grad/GED | 76.7 | 69.0 | 84.4 | 92.9 | 88.0 | 97.8 | 46.8 | 37.5 | 56.1 |
| 1 or more years of college | 88.5 | 84.4 | 92.6 | 89.1 | 84.9 | 93.3 | 32.1 | 26.1 | 38.2 |
| Employment Employed for wages | 74.5 | 67.6 | 81.4 | 83.7 | 77.6 | 89.8 | 26.1 | 19.3 | 33.0 |
| Household Income \$24,999 or less | 75.7 | 64.7 | 86.7 | 82.4 | 72.4 | 92.3 | 40.4 | 28.0 | 52.8 |
| \$25,000-49,999 | 79.0 | 71.4 | 86.6 | 89.8 | 83.6 | 95.9 | 38.8 | 29.4 | 48.2 |
| \$50,000 or more | 85.0 | 77.9 | 92.1 | 91.8 | 86.5 | 97.1 | 39.0 | 30.0 | 48.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 8.4 | 5.7 | 11.0 | 73.3 | 56.9 | 89.8 | 8.0 | 5.4 | 10.6 |
| Sex Men | 7.9 | 4.0 | 11.9 |  |  |  | 9.5 | 5.0 | 14.0 |
| Women | 8.8 | 5.2 | 12.4 |  |  |  | 6.6 | 3.7 | 9.5 |
| Race/ethnicity NH White | 9.0 | 6.0 | 11.9 | 75.4 | 58.1 | 92.7 | 7.7 | 5.0 | 10.4 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 8.5 | 4.0 | 13.0 |  |  |  | 8.9 | 4.4 | 13.5 |
| NH White women | 9.4 | 5.5 | 13.3 |  |  |  | 6.6 | 3.5 | 9.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 13.1 | 7.1 | 19.1 |  |  |  | 2.0 | 0.0 | 4.4 |
| 45-64 | 5.0 | 1.8 | 8.2 |  |  |  | 8.4 | 3.9 | 12.8 |
| 65 and older | 6.7 | 2.8 | 10.6 |  |  |  | 14.5 | 8.4 | 20.7 |
| Marital Status Never married | 3.5 | 0.0 | 10.6 |  |  |  | 2.0 | 0.0 | 5.0 |
| Married/ living together as a couple | 8.7 | 5.3 | 12.0 |  |  |  | 7.1 | 4.0 | 10.3 |
| Divorced/ widowed/separated | 9.8 | 4.1 | 15.5 |  |  |  | 13.7 | 7.0 | 20.5 |
| Education 0-11 years | 5.6 | 0.2 | 10.9 |  |  |  | 9.2 | 0.0 | 21.1 |
| HS Grad/GED | 10.2 | 5.1 | 15.4 |  |  |  | 7.8 | 3.1 | 12.5 |
| 1 or more years of college | 7.8 | 4.3 | 11.2 |  |  |  | 8.1 | 4.9 | 11.3 |
| Employment Employed for wages | 9.9 | 5.3 | 14.5 |  |  |  | 4.1 | 1.7 | 6.6 |
| Household Income \$24,999 or less | 7.4 | 2.3 | 12.4 |  |  |  | 8.6 | 1.6 | 15.5 |
| \$25,000-49,999 | 9.5 | 4.3 | 14.7 |  |  |  | 5.5 | 1.8 | 9.3 |
| \$50,000 or more | 9.7 | 4.3 | 15.1 |  |  |  | 8.9 | 4.1 | 13.6 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 15.3 | 11.9 | 18.8 | 20.6 | 16.5 | 24.7 | 18.2 | 14.5 | 21.9 |
| Sex Men | 17.0 | 11.5 | 22.4 | 21.4 | 15.0 | 27.9 | 16.5 | 11.1 | 21.8 |
| Women | 13.8 | 9.3 | 18.2 | 19.8 | 14.6 | 25.1 | 19.8 | 14.6 | 24.9 |
|  | 15.0 | 11.3 | 18.7 | 19.4 | 15.2 | 23.6 | 18.5 | 14.6 | 22.4 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 19.0 | 12.7 | 25.3 | 22.9 | 15.8 | 30.1 | 19.5 | 13.2 | 25.8 |
|  | 11.4 | 7.4 | 15.5 | 16.2 | 11.4 | 21.0 | 17.6 | 12.6 | 22.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 10.9 | 5.3 | 16.5 | 19.5 | 11.5 | 27.4 | 8.0 | 3.6 | 12.3 |
|  | 20.3 | 14.1 | 26.6 | 17.4 | 11.4 | 23.3 | 23.6 | 16.7 | 30.4 |
|  | 15.8 | 9.3 | 22.4 | 25.7 | 18.2 | 33.2 | 24.4 | 16.9 | 31.9 |
| Marital Status Never married | 12.3 | 2.0 | 22.5 | 21.5 | 5.0 | 37.9 | 6.5 | 0.4 | 12.6 |
| Married/ living together as a couple | 15.1 | 10.7 | 19.6 | 20.5 | 15.5 | 25.5 | 20.1 | 15.2 | 25.0 |
| Divorced/ widowed/separated | 17.6 | 11.1 | 24.2 | 20.8 | 12.9 | 28.6 | 17.2 | 10.6 | 23.8 |
| Education <br> HS Grad/GED | 21.2 | 4.3 | 38.2 | 39.4 | 19.6 | 59.3 | 17.5 | 1.1 | 34.0 |
|  | 16.0 | 9.8 | 22.2 | 23.2 | 16.1 | 30.3 | 22.4 | 15.7 | 29.2 |
|  | 14.2 | 10.0 | 18.4 | 16.2 | 11.4 | 21.0 | 15.9 | 11.4 | 20.4 |
| Employment Employed for wages | 12.4 | 7.9 | 16.9 | 13.6 | 8.8 | 18.3 | 13.6 | 8.9 | 18.3 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 17.4 | 8.9 | 26.0 | 27.7 | 17.2 | 38.2 | 16.4 | 8.8 | 24.1 |
|  | 13.9 | 8.4 | 19.4 | 21.7 | 13.9 | 29.4 | 14.1 | 8.5 | 19.7 |
|  | 16.8 | 10.3 | 23.3 | 17.2 | 10.6 | 23.7 | 19.8 | 12.9 | 26.7 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 33.9 | 29.4 | 38.4 | 1.1 | 0.3 | 2.0 | 33.3 | 28.6 | 37.9 |
| Sex Men | 38.4 | 31.3 | 45.5 | 1.4 | 0.0 | 2.7 | 36.8 | 29.5 | 44.1 |
| Women | 29.6 | 24.0 | 35.3 | 0.9 | 0.0 | 2.0 | 29.8 | 24.1 | 35.5 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 34.9 | 30.1 | 39.7 | 0.9 | 0.1 | 1.7 | 35.1 | 30.1 | 40.1 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 40.9 | 33.1 | 48.6 | 1.6 | 0.0 | 3.2 | 38.0 | 30.1 | 45.8 |
| NH White women | 29.6 | 23.6 | 35.5 | 0.3 | 0.0 | 0.8 | 32.5 | 26.3 | 38.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 10.2 | 4.9 | 15.6 | 0.7 | 0.0 | 2.0 | 12.4 | 4.9 | 19.8 |
|  | 30.8 | 23.3 | 38.2 | 1.7 | 0.0 | 3.5 | 22.8 | 16.0 | 29.6 |
|  | 62.1 | 54.2 | 69.9 | 1.1 | 0.0 | 2.4 | 64.3 | 56.4 | 72.2 |
| Marital Status Never married | 12.7 | 2.2 | 23.3 | 2.4 | 0.0 | 7.1 | 27.8 | 9.9 | 45.8 |
| Married/ living together as a couple | 36.8 | 31.1 | 42.5 | 0.8 | 0.0 | 1.6 | 32.7 | 27.1 | 38.4 |
| Divorced/ widowed/separated | 34.7 | 26.0 | 43.4 | 1.8 | 0.0 | 3.7 | 38.0 | 29.2 | 46.8 |
| Education $0-11$ years <br> HS Grad/GED  | 39.2 | 20.8 | 57.5 | 1.3 | 0.0 | 4.0 | 47.7 | 28.3 | 67.1 |
|  | 32.6 | 24.8 | 40.4 | 0.9 | 0.0 | 2.2 | 28.2 | 21.0 | 35.5 |
|  | 34.4 | 28.5 | 40.2 | 1.3 | 0.0 | 2.5 | 34.4 | 28.4 | 40.5 |
| Employment Employed for wages | 18.4 | 12.8 | 23.9 | 0.0 | 0.0 | 0.1 | 14.1 | 8.8 | 19.3 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 29.3 | 19.1 | 39.4 | 2.4 | 0.0 | 5.3 | 34.8 | 24.1 | 45.4 |
|  | 31.3 | 23.5 | 39.1 | 0.4 | 0.0 | 1.2 | 35.2 | 26.6 | 43.8 |
|  | 34.4 | 26.1 | 42.7 | 1.8 | 0.0 | 3.8 | 28.5 | 20.3 | 36.6 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Leon County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Leon County, 513 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Leon County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 239,452 | 15,982,378 | 11.6 | 8.4 | 14.9 | 66.4 | 60.4 | 72.5 |
| Sex Men | 47.7\% | 48.8\% | 8.3 | 4.1 | 12.5 | 62.1 | 52.9 | 71.2 |
| Women | 52.3\% | 51.2\% | 14.2 | 9.4 | 18.9 | 70.7 | 62.8 | 78.5 |
| Race/ethnicity NH White | 64.1\% | 65.4\% | 10.2 | 6.7 | 13.8 | 64.6 | 57.3 | 72.0 |
| NH Black | 28.8\% | 14.2\% | 14.6 | 6.7 | 22.5 | 68.3 | 55.9 | 80.6 |
| Hispanic | 3.5\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 31.1\% | 31.9\% | 8.0 | 3.1 | 12.9 | 57.6 | 47.0 | 68.2 |
| NH White women | 33.0\% | 33.6\% | 12.4 | 7.2 | 17.5 | 73.4 | 63.7 | 83.1 |
| NH Black men | 13.1\% | 6.8\% | 10.2 | 0.0 | 22.3 |  |  |  |
| NH Black women | 15.7\% | 7.4\% | 16.4 | 6.4 | 26.4 | 66.4 | 50.9 | 81.9 |
| Hispanic men | 1.7\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 1.8\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 50.4\% | 36.9\% | 7.0 | 3.3 | 10.7 | 62.5 | 54.7 | 70.2 |
| 45-64 | 20.0\% | 22.7\% | 17.7 | 10.4 | 24.9 | 73.5 | 63.7 | 83.2 |
| 65 and older | 8.3\% | 17.6\% | 27.6 | 14.7 | 40.6 |  |  |  |
| Marital Status Never married | 38.1\% | 22.5\% | 5.9 | 1.6 | 10.2 | 63.2 | 51.5 | 75.0 |
| Married/ living together as a couple | 43.1\% | 53.7\% | 12.9 | 7.8 | 18.1 | 68.4 | 60.0 | 76.7 |
| Divorced/ widowed/separated | 18.7\% | 23.8\% | 20.0 | 11.4 | 28.6 | 65.3 | 52.1 | 78.6 |
| Education 0-11 years | 10.9\% | 20.1\% |  |  |  |  |  |  |
| HS Grad/GED | 18.9\% | 28.7\% | 20.2 | 10.5 | 29.9 | 49.6 | 35.9 | 63.3 |
| 1 or more years of college | 70.2\% | 51.1\% | 6.9 | 4.2 | 9.7 | 73.0 | 66.4 | 79.6 |
| Employment Employed for wages | 63.2\% | 54.9\% | 9.6 | 5.5 | 13.7 | 66.4 | 60.4 | 72.5 |
| Household Income \$24,999 or less | 35.0\% | 30.8\% | 10.1 | 5.1 | 15.2 | 57.2 | 42.5 | 71.9 |
| \$25,000-49,999 | 27.5\% | 31.6\% | 13.3 | 6.0 | 20.6 | 67.8 | 57.4 | 78.3 |
| \$50,000 or more | 37.5\% | 37.6\% | 5.7 | 1.6 | 9.8 | 72.2 | 62.9 | 81.5 |

[^37]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | Cl |  |
| All | 17.8 | 14.0 | 21.7 | 50.9 | 45.8 | 55.9 | 69.8 | 65.1 | 74.6 |
| Sex Men | 13.0 | 7.9 | 18.0 | 48.6 | 40.8 | 56.4 | 64.0 | 56.3 | 71.6 |
| Women | 21.6 | 16.1 | 27.1 | 52.6 | 46.0 | 59.2 | 74.4 | 68.7 | 80.2 |
| Race/ethnicity NH White | 14.8 | 10.8 | 18.9 | 46.6 | 40.7 | 52.6 | 66.2 | 60.4 | 72.1 |
| NH Black | 24.3 | 15.2 | 33.4 | 59.0 | 48.5 | 69.5 | 75.2 | 65.9 | 84.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 12.4 | 6.7 | 18.1 | 48.7 | 39.9 | 57.6 | 63.1 | 54.3 | 71.9 |
| NH White women | 17.1 | 11.3 | 22.9 | 44.6 | 36.5 | 52.6 | 69.3 | 61.6 | 77.0 |
| NH Black men | 14.3 | 1.0 | 27.7 | 36.6 | 16.4 | 56.8 | 55.0 | 33.4 | 76.7 |
| NH Black women | 28.2 | 16.8 | 39.6 | 67.8 | 56.4 | 79.3 | 83.2 | 74.2 | 92.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 15.8 | 11.1 | 20.6 | 49.6 | 43.1 | 56.1 | 66.2 | 60.0 | 72.5 |
| 45-64 | 18.6 | 11.0 | 26.1 | 53.1 | 43.8 | 62.5 | 73.0 | 64.5 | 81.4 |
| 65 and older | 29.0 | 15.2 | 42.8 | 52.2 | 36.4 | 67.9 | 88.3 | 78.7 | 97.9 |
| Marital Status Never married | 16.6 | 10.0 | 23.1 | 44.4 | 35.5 | 53.4 | 60.8 | 52.0 | 69.6 |
| Married/ living together as a couple | 18.1 | 12.5 | 23.8 | 50.5 | 43.2 | 57.9 | 73.0 | 66.4 | 79.5 |
| Divorced/ widowed/separated | 19.8 | 10.9 | 28.7 | 66.3 | 56.2 | 76.5 | 80.6 | 71.5 | 89.6 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 29.0 | 18.9 | 39.0 | 60.9 | 49.8 | 72.1 | 76.7 | 66.5 | 86.9 |
| 1 or more years of college | 14.4 | 10.3 | 18.5 | 48.6 | 42.8 | 54.4 | 69.0 | 63.6 | 74.3 |
| Employment Employed for wages | 17.9 | 12.9 | 22.9 | 51.0 | 44.6 | 57.3 | 66.8 | 60.8 | 72.9 |
| Household Income \$24,999 or less | 18.5 | 11.5 | 25.6 | 52.5 | 43.1 | 61.9 | 69.9 | 61.1 | 78.6 |
| \$25,000-49,999 | 23.6 | 15.2 | 32.1 | 52.5 | 42.8 | 62.2 | 72.1 | 63.4 | 80.7 |
| \$50,000 or more | 10.6 | 5.3 | 15.8 | 49.3 | 40.3 | 58.2 | 70.8 | 62.6 | 79.0 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 32.3 | 27.6 | 37.1 | 20.5 | 16.5 | 24.5 | 74.5 | 70.2 | 78.7 |
| Sex M | 40.7 | 33.0 | 48.4 | 22.2 | 15.9 | 28.5 | 76.4 | 69.8 | 83.0 |
| Women | 25.9 | 20.1 | 31.7 | 19.2 | 14.1 | 24.3 | 73.0 | 67.4 | 78.6 |
| Race/ethnicity NH White | 32.9 | 27.3 | 38.6 | 19.7 | 15.1 | 24.4 | 72.6 | 67.4 | 77.8 |
| NH Black | 33.7 | 23.5 | 43.9 | 25.4 | 16.3 | 34.6 | 82.6 | 75.1 | 90.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 42.8 | 33.9 | 51.7 | 23.0 | 15.8 | 30.3 | 77.2 | 69.8 | 84.6 |
| NH White women | 23.5 | 16.8 | 30.1 | 16.5 | 10.7 | 22.4 | 68.1 | 60.8 | 75.4 |
| NH Black men | 38.7 | 17.9 | 59.5 | 26.5 | 8.1 | 45.0 | 79.7 | 62.1 | 97.2 |
| NH Black women | 31.8 | 19.8 | 43.8 | 25.0 | 14.3 | 35.7 | 83.7 | 75.7 | 91.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  Hispanic women <br> Age $18-44$ <br>  $45-64$ | 27.7 | 21.6 | 33.7 | 18.2 | 13.4 | 23.1 | 78.6 | 73.4 | 83.8 |
|  | 42.5 | 33.2 | 51.7 | 25.0 | 16.9 | 33.0 | 71.5 | 63.5 | 79.6 |
| 65 and older | 40.2 | 25.1 | 55.3 | 20.2 | 7.0 | 33.4 | 49.7 | 34.4 | 65.0 |
| Marital Status Never married | 27.3 | 19.2 | 35.4 | 15.7 | 9.1 | 22.2 | 79.4 | 72.3 | 86.4 |
| Married/living together as a couple | 35.3 | 28.2 | 42.5 | 22.3 | 16.3 | 28.2 | 73.3 | 67.1 | 79.6 |
| Divorced/ widowed/separated | 33.3 | 23.6 | 43.1 | 25.5 | 16.4 | 34.6 | 68.2 | 58.2 | 78.2 |
| Education $0-11$ years <br> HS Grad/GED  |  |  |  |  |  |  |  |  |  |
|  | 28.5 | 18.2 | 38.8 | 31.7 | 21.4 | 42.1 | 79.7 | 71.2 | 88.2 |
|  | 33.8 | 28.3 | 39.4 | 16.8 | 12.7 | 21.0 | 72.5 | 67.5 | 77.5 |
| Employment Employed for wages | 32.9 | 26.9 | 39.0 | 22.1 | 17.0 | 27.3 | 75.9 | 70.7 | 81.2 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 34.5 | 25.3 | 43.7 | 20.1 | 12.9 | 27.3 | 75.0 | 67.1 | 82.9 |
|  | 29.8 | 20.9 | 38.7 | 18.4 | 11.2 | 25.5 | 76.5 | 68.9 | 84.2 |
|  | 30.9 | 22.7 | 39.0 | 23.8 | 16.2 | 31.5 | 67.9 | 59.5 | 76.2 |




## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterolchecked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 78.9 | 74.5 | 83.2 | 89.4 | 85.9 | 92.8 | 28.7 | 23.7 | 33.7 |
| Sex Men | 75.9 | 68.8 | 83.1 | 88.0 | 82.3 | 93.7 | 32.5 | 24.5 | 40.5 |
| Women | 81.2 | 75.8 | 86.5 | 90.4 | 85.9 | 94.8 | 25.9 | 19.4 | 32.4 |
| Race/ethnicity NH White | 82.0 | 77.1 | 86.8 | 87.3 | 82.7 | 91.8 | 33.3 | 27.2 | 39.4 |
| NH Black | 73.2 | 63.4 | 83.0 | 92.5 | 86.2 | 98.8 | 21.3 | 10.6 | 32.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 79.4 | 71.8 | 87.0 | 87.5 | 80.9 | 94.2 | 36.4 | 27.1 | 45.7 |
| NH White women | 84.6 | 78.5 | 90.6 | 87.1 | 80.7 | 93.4 | 30.3 | 22.3 | 38.4 |
| NH Black men | 64.6 | 42.6 | 86.6 |  |  |  |  |  |  |
| NH Black women | 76.5 | 65.9 | 87.2 | 94.2 | 87.4 | 100.0 | 20.9 | 7.8 | 34.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 69.8 | 63.5 | 76.0 | 86.4 | 81.2 | 91.7 | 15.7 | 10.1 | 21.3 |
| 45-64 | 95.3 | 91.6 | 99.0 | 92.0 | 86.6 | 97.4 | 40.7 | 31.4 | 50.1 |
| 65 and older | 94.4 | 87.8 | 100.0 | 95.9 | 87.7 | 100.0 | 57.4 | 41.5 | 73.3 |
| Marital Status Never married | 61.9 | 53.0 | 70.9 | 83.3 | 75.0 | 91.6 | 10.6 | 5.1 | 16.2 |
| Married/ living together as a couple | 86.5 | 81.2 | 91.8 | 90.5 | 85.8 | 95.2 | 36.0 | 28.4 | 43.5 |
| Divorced/ widowed/separated | 90.8 | 84.3 | 97.3 | 94.4 | 89.4 | 99.4 | 33.5 | 22.8 | 44.2 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 78.4 | 68.9 | 87.9 | 93.5 | 87.6 | 99.5 | 35.8 | 23.4 | 48.1 |
| 1 or more years of college | 80.3 | 75.5 | 85.2 | 87.7 | 83.5 | 92.0 | 26.6 | 21.1 | 32.2 |
| Employment Employed for wages | 80.9 | 75.5 | 86.2 | 90.1 | 85.9 | 94.3 | 27.6 | 21.4 | 33.8 |
| Household Income \$24,999 or less | 66.0 | 56.9 | 75.1 | 87.4 | 79.7 | 95.1 | 17.3 | 9.2 | 25.5 |
| \$25,000-49,999 | 81.8 | 73.8 | 89.7 | 90.4 | 84.6 | 96.3 | 34.1 | 23.7 | 44.4 |
| \$50,000 or more | 86.8 | 80.3 | 93.4 | 87.3 | 80.5 | 94.0 | 32.4 | 23.7 | 41.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 13.4 | 9.8 | 16.9 | 58.0 | 43.5 | 72.6 | 4.7 | 2.6 | 6.7 |
| Sex Men | 13.4 | 7.9 | 18.8 |  |  |  | 3.6 | 0.8 | 6.4 |
| Women | 13.3 | 8.6 | 18.1 | 54.4 | 34.3 | 74.5 | 5.5 | 2.5 | 8.4 |
| Race/ethnicity NH White | 13.6 | 9.3 | 17.9 | 64.7 | 47.9 | 81.6 | 5.0 | 2.5 | 7.5 |
| NH Black | 14.0 | 6.4 | 21.6 |  |  |  | 5.1 | 0.3 | 10.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 13.5 | 7.0 | 20.0 |  |  |  | 3.5 | 0.3 | 6.7 |
| NH White women | 13.7 | 7.9 | 19.5 |  |  |  | 6.4 | 2.6 | 10.3 |
| NH Black men | 12.3 | 0.7 | 23.9 |  |  |  | 6.1 | 0.0 | 15.3 |
| NH Black women | 14.7 | 5.1 | 24.3 |  |  |  | 4.8 | 0.0 | 10.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 13.4 | 8.8 | 18.0 | 57.3 | 38.7 | 76.0 | 1.0 | 0.0 | 2.3 |
| 45-64 | 14.2 | 7.3 | 21.1 |  |  |  | 7.8 | 2.3 | 13.3 |
| 65 and older | 12.1 | 1.4 | 22.8 |  |  |  | 22.7 | 9.3 | 36.2 |
| Marital Status Never married | 14.9 | 8.2 | 21.5 |  |  |  | 2.5 | 0.0 | 5.4 |
| Married/ living together as a couple | 14.0 | 8.7 | 19.3 |  |  |  | 5.1 | 2.0 | 8.2 |
| Divorced/ widowed/separated | 8.4 | 3.5 | 13.2 |  |  |  | 7.9 | 1.7 | 14.0 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 13.5 | 5.2 | 21.9 |  |  |  | 5.6 | 0.2 | 10.9 |
| 1 or more years of college | 13.7 | 9.6 | 17.8 |  |  |  | 3.5 | 1.5 | 5.5 |
| Employment Employed for wages | 12.5 | 8.0 | 17.1 | 54.5 | 34.1 | 74.9 | 2.2 | 0.5 | 3.9 |
| Household Income \$24,999 or less | 14.2 | 7.2 | 21.2 |  |  |  | 3.9 | 0.8 | 7.1 |
| \$25,000-49,999 | 13.9 | 6.7 | 21.1 |  |  |  | 5.5 | 1.4 | 9.5 |
| \$50,000 or more | 12.9 | 6.8 | 19.0 |  |  |  | 2.5 | 0.0 | 5.4 |



| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 21.6 | 17.7 | 25.5 | 1.2 | 0.0 | 2.4 | 19.0 | 15.0 | 22.9 |
| Sex Men | 26.9 | 20.2 | 33.6 | 2.3 | 0.0 | 4.9 | 21.6 | 15.0 | 28.3 |
| Women | 17.5 | 13.0 | 22.0 | 0.4 | 0.0 | 1.1 | 17.0 | 12.2 | 21.7 |
| Race/ethnicity NH White | 25.2 | 20.3 | 30.2 | 1.2 | 0.0 | 2.5 | 22.6 | 17.5 | 27.6 |
| NH Black | 15.5 | 8.2 | 22.8 | 1.7 | 0.0 | 5.1 | 11.5 | 4.7 | 18.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 28.1 | 20.4 | 35.9 | 1.7 | 0.0 | 4.0 | 23.7 | 15.7 | 31.7 |
| NH White women | 22.5 | 16.1 | 28.8 | 0.7 | 0.0 | 1.9 | 21.5 | 15.2 | 27.9 |
| NH Black men | 32.6 | 12.4 | 52.7 | 6.1 | 0.0 | 18.3 |  |  |  |
| NH Black women | 8.8 | 3.0 | 14.6 |  |  |  | 8.1 | 1.0 | 15.3 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 13.1 | 8.9 | 17.3 | 1.2 | 0.0 | 2.8 | 11.4 | 6.9 | 15.8 |
| 45-64 | 29.1 | 21.0 | 37.1 | 0.9 | 0.0 | 2.8 | 18.7 | 11.8 | 25.7 |
| 65 and older | 64.0 | 49.8 | 78.2 | 2.3 | 0.0 | 7.0 | 75.8 | 62.9 | 88.7 |
| Marital Status Never married | 16.2 | 10.0 | 22.4 | 1.4 | 0.0 | 3.9 | 14.9 | 8.3 | 21.5 |
| Married/ living together as a couple | 23.1 | 17.2 | 28.9 | 1.5 | 0.0 | 3.2 | 20.1 | 14.2 | 26.0 |
| Divorced/ widowed/separated | 27.9 | 18.4 | 37.5 |  |  |  | 24.3 | 15.3 | 33.2 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 22.5 | 13.1 | 31.9 |  |  |  | 23.9 | 14.3 | 33.5 |
| 1 or more years of college | 21.5 | 17.1 | 26.0 | 1.4 | 0.0 | 2.9 | 17.2 | 12.8 | 21.6 |
| Employment Employed for wages | 18.2 | 13.6 | 22.9 | 0.9 | 0.0 | 2.2 | 13.2 | 8.7 | 17.6 |
| Household Income \$24,999 or less | 20.7 | 13.5 | 27.8 | 1.5 | 0.0 | 4.3 | 20.7 | 13.1 | 28.3 |
| \$25,000 - 49,999 | 23.9 | 15.8 | 32.0 | 1.2 | 0.0 | 3.5 | 20.1 | 12.4 | 27.8 |
| \$50,000 or more | 22.4 | 15.4 | 29.4 | 0.8 | 0.0 | 2.4 | 15.6 | 8.7 | 22.5 |



| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For respondents 64 years and younger ... |  |  |  |  |  |  |  |  |
|  | Ever been tested for HIV |  |  | If yes, the test was done in the past 2 years |  |  | In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 47.4 | 42.0 | 52.8 | 87.5 | 84.0 | 91.1 | 21.2 | 16.7 | 25.7 |
| Sex Men | 49.0 | 40.8 | 57.3 | 86.5 | 80.8 | 92.1 | 14.3 | 8.2 | 20.4 |
| Women | 46.0 | 38.8 | 53.2 | 88.4 | 83.9 | 92.9 | 26.7 | 20.2 | 33.2 |
| Race/ethnicity NH White | 43.6 | 37.2 | 50.0 | 85.2 | 80.6 | 89.8 | 15.5 | 10.5 | 20.4 |
| NH Black | 59.5 | 48.4 | 70.7 | 92.0 | 86.0 | 98.0 | 37.1 | 26.3 | 47.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 45.6 | 36.2 | 55.1 | 84.4 | 77.2 | 91.5 | 12.2 | 5.5 | 18.9 |
| NH White women | 41.6 | 32.7 | 50.4 | 86.0 | 80.1 | 91.9 | 18.7 | 11.5 | 26.0 |
| NH Black men | 74.9 | 56.9 | 92.9 |  |  |  | 26.5 | 7.2 | 45.7 |
| NH Black women | 53.1 | 39.7 | 66.5 | 92.5 | 85.2 | 99.7 | 41.5 | 28.5 | 54.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 53.7 | 47.1 | 60.4 | 85.3 | 80.7 | 89.9 | 28.1 | 22.1 | 34.2 |
| 45-64 | 33.1 | 24.3 | 41.9 | 93.0 | 88.4 | 97.5 | 4.8 | 1.1 | 8.4 |
| 65 and older |  |  |  |  |  |  |  |  |  |
| Marital Status Never married | 46.8 | 37.7 | 55.8 | 91.3 | 86.4 | 96.2 | 37.2 | 28.3 | 46.1 |
| Married/ living together as a couple | 45.6 | 37.7 | 53.6 | 83.6 | 77.7 | 89.6 | 9.7 | 4.7 | 14.7 |
| Divorced/ widowed/A80separated | 54.9 | 42.3 | 67.4 | 90.3 | 83.6 | 97.1 | 18.5 | 8.8 | 28.1 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 50.0 | 37.4 | 62.7 | 86.1 | 77.9 | 94.3 | 21.6 | 11.0 | 32.3 |
| 1 or more years of college | 48.1 | 42.0 | 54.2 | 87.2 | 83.1 | 91.4 | 19.1 | 14.2 | 24.0 |
| Employment Employed for wages | 48.0 | 41.5 | 54.6 | 84.3 | 79.5 | 89.2 | 16.2 | 11.4 | 21.1 |
| Household Income \$24,999 or less | 48.2 | 38.3 | 58.2 | 88.3 | 82.1 | 94.5 | 39.3 | 29.3 | 49.2 |
| \$25,000-49,999 | 51.4 | 41.1 | 61.7 | 88.6 | 82.0 | 95.1 | 13.8 | 7.2 | 20.4 |
| \$50,000 or more | 40.6 | 31.3 | 49.9 | 84.4 | 77.3 | 91.5 | 7.5 | 2.4 | 12.6 |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Levy County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Levy County, 561 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Levy County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 34,450 | 15,982,378 | 30.0 | 25.2 | 34.9 | 58.5 | 50.6 | 66.4 |
| Sex Men | 48.4\% | 48.8\% | 29.4 | 22.0 | 36.9 | 49.3 | 38.5 | 60.1 |
| Women | 51.6\% | 51.2\% | 30.6 | 24.1 | 37.0 | 69.0 | 58.7 | 79.3 |
| Race/ethnicity NH White | 83.2\% | 65.4\% | 27.1 | 22.2 | 32.0 | 61.8 | 53.7 | 69.8 |
| NH Black | 10.8\% | 14.2\% | 45.7 | 26.0 | 65.3 |  |  |  |
| Hispanic | 3.9\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 40.7\% | 31.9\% | 27.8 | 20.4 | 35.2 | 51.1 | 39.9 | 62.2 |
| NH White women | 42.5\% | 33.6\% | 26.5 | 20.0 | 33.0 | 73.3 | 63.1 | 83.5 |
| NH Black men | 4.8\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 6.0\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 2.0\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 1.9\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 31.9\% | 36.9\% | 19.9 | 12.2 | 27.5 | 52.0 | 41.7 | 62.4 |
| 45-64 | 26.6\% | 22.7\% | 30.2 | 22.2 | 38.3 | 66.3 | 54.0 | 78.5 |
| 65 and older | 17.9\% | 17.6\% | 47.2 | 36.9 | 57.5 |  |  |  |
| Marital Status Never married | 18.8\% | 22.5\% | 42.4 | 26.1 | 58.8 | 39.4 | 17.6 | 61.2 |
| Married/ living together as a couple | 57.0\% | 53.7\% | 23.0 | 17.2 | 28.8 | 60.6 | 51.0 | 70.2 |
| Divorced/ widowed/separated | 24.2\% | 23.8\% | 41.3 | 32.5 | 50.1 | 67.6 | 52.0 | 83.2 |
| Education 0-11 years | 26.1\% | 20.1\% | 49.6 | 37.5 | 61.7 | 27.9 | 9.8 | 46.0 |
| HS Grad/GED | 38.2\% | 28.7\% | 32.1 | 24.0 | 40.2 | 63.2 | 49.9 | 76.6 |
| 1 or more years of college | 35.7\% | 51.1\% | 17.5 | 11.6 | 23.5 | 65.4 | 55.6 | 75.2 |
| Employment Employed for wages | 47.2\% | 54.9\% | 16.5 | 10.5 | 22.5 | 58.5 | 50.6 | 66.4 |
| Household Income \$24,999 or less | 45.5\% | 30.8\% | 49.0 | 40.6 | 57.5 | 56.7 | 39.4 | 74.0 |
| \$25,000 - 49,999 | 32.5\% | 31.6\% | 21.6 | 14.1 | 29.1 | 51.2 | 39.5 | 62.9 |
| \$50,000 or more | 22.0\% | 37.6\% | 6.1 | 0.0 | 12.4 | 66.1 | 50.5 | 81.7 |

[^38]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 34.0 | 29.1 | 38.9 | 56.4 | 51.1 | 61.7 | 80.9 | 76.7 | 85.0 |
| Sex Men | 30.9 | 23.7 | 38.1 | 50.5 | 42.6 | 58.4 | 72.9 | 65.7 | 80.2 |
| Women | 36.8 | 30.0 | 43.6 | 61.7 | 54.9 | 68.6 | 88.1 | 84.0 | 92.1 |
| Race/ethnicity NH White | 32.4 | 27.2 | 37.6 | 54.7 | 49.0 | 60.4 | 81.3 | 76.8 | 85.7 |
| NH Black | 56.0 | 36.4 | 75.6 | 78.0 | 61.7 | 94.3 | 87.3 | 73.8 | 100.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 33.5 | 25.7 | 41.4 | 50.3 | 42.0 | 58.6 | 74.2 | 66.7 | 81.7 |
| NH White women | 31.3 | 24.4 | 38.2 | 58.8 | 51.1 | 66.5 | 87.8 | 83.3 | 92.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 27.4 | 19.8 | 35.1 | 47.7 | 39.1 | 56.3 | 74.3 | 66.7 | 82.0 |
| 45-64 | 33.2 | 24.9 | 41.5 | 63.5 | 55.1 | 71.9 | 84.4 | 78.4 | 90.3 |
| 65 and older | 46.1 | 35.9 | 56.3 | 60.5 | 50.3 | 70.7 | 87.0 | 79.8 | 94.2 |
| Marital Status Never married | 31.1 | 17.3 | 44.8 | 61.5 | 46.4 | 76.6 | 78.5 | 65.4 | 91.6 |
| Married/ living together as a couple | 31.8 | 25.3 | 38.3 | 51.1 | 43.9 | 58.3 | 80.0 | 74.4 | 85.5 |
| Divorced/ widowed/separated | 41.3 | 32.5 | 50.2 | 66.2 | 57.6 | 74.9 | 84.1 | 76.7 | 91.5 |
| Education 0-11 years | 44.1 | 32.4 | 55.7 | 61.3 | 49.4 | 73.3 | 82.3 | 72.3 | 92.2 |
| HS Grad/GED | 35.5 | 27.2 | 43.9 | 59.8 | 51.2 | 68.5 | 82.8 | 76.4 | 89.3 |
| 1 or more years of college | 27.1 | 20.0 | 34.2 | 50.2 | 42.3 | 58.1 | 78.1 | 71.4 | 84.7 |
| Employment Employed for wages | 25.2 | 18.9 | 31.5 | 50.1 | 42.0 | 58.2 | 76.4 | 69.9 | 82.9 |
| Household Income \$24,999 or less | 47.6 | 39.1 | 56.0 | 63.4 | 55.1 | 71.6 | 81.6 | 74.5 | 88.7 |
| \$25,000-49,999 | 25.3 | 17.6 | 33.1 | 45.6 | 36.7 | 54.5 | 78.1 | 70.7 | 85.6 |
| \$50,000 or more | 19.0 | 8.2 | 29.8 | 55.6 | 39.7 | 71.5 | 79.1 | 68.1 | 90.0 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 33.1 | 28.2 | 38.1 | 31.7 | 26.7 | 36.6 | 75.5 | 70.9 | 80.1 |
| Sex Men | 35.1 | 27.6 | 42.6 | 28.6 | 21.4 | 35.8 | 75.6 | 68.6 | 82.7 |
| Women | 31.4 | 24.9 | 37.9 | 34.4 | 27.6 | 41.1 | 75.4 | 69.5 | 81.3 |
| Race/ethnicity NH White | 34.2 | 28.9 | 39.4 | 28.5 | 23.4 | 33.6 | 75.8 | 71.1 | 80.6 |
| NH Black | 10.4 | 0.7 | 20.1 | 69.3 | 52.7 | 86.0 | 82.8 | 67.6 | 98.0 |
|  |  |  |  |  |  |  |  |  |  |
|  | 36.2 | 28.3 | 44.0 | 28.1 | 20.4 | 35.9 | 78.1 | 71.1 | 85.0 |
| NH White women | 32.3 | 25.2 | 39.4 | 28.8 | 22.1 | 35.5 | 73.8 | 67.2 | 80.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 28.2 | 20.3 | 36.0 | 32.9 | 24.7 | 41.1 | 73.1 | 65.2 | 80.9 |
|  | 37.6 | 28.9 | 46.3 | 33.2 | 25.0 | 41.4 | 79.7 | 72.8 | 86.5 |
|  | 35.5 | 25.8 | 45.3 | 27.0 | 17.6 | 36.3 | 73.3 | 64.3 | 82.4 |
| Marital Status Never married | 25.4 | 10.9 | 40.0 | 22.2 | 8.7 | 35.7 | 78.8 | 64.2 | 93.3 |
| Married/ living together as a couple | 34.4 | 27.8 | 41.0 | 33.3 | 26.7 | 39.9 | 71.9 | 65.7 | 78.1 |
| Divorced/ widowed/separated | 34.5 | 25.9 | 43.1 | 32.2 | 23.8 | 40.7 | 82.4 | 75.5 | 89.2 |
| Education $0-11$ years <br> HS Grad/GED  | 30.6 | 19.0 | 42.2 | 34.6 | 23.4 | 45.8 | 75.3 | 64.1 | 86.6 |
|  | 32.3 | 24.5 | 40.1 | 29.4 | 21.3 | 37.5 | 83.9 | 77.8 | 89.9 |
|  | 35.4 | 27.7 | 43.0 | 32.5 | 25.1 | 39.8 | 66.7 | 59.2 | 74.2 |
| Employment Employed for wages | 32.9 | 25.5 | 40.2 | 31.7 | 24.6 | 38.8 | 71.1 | 63.9 | 78.2 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 24.8 | 17.4 | 32.3 | 39.0 | 30.7 | 47.4 | 81.5 | 74.5 | 88.5 |
|  | 45.0 | 36.0 | 54.0 | 24.0 | 16.2 | 31.7 | 76.6 | 68.9 | 84.3 |
|  | 32.0 | 18.1 | 45.9 | 30.0 | 16.8 | 43.2 | 65.5 | 51.2 | 79.8 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 27.8 | 23.2 | 32.4 | 56.8 | 47.5 | 66.1 | 12.4 | 8.8 | 16.0 |
| Sex Men | 30.8 | 23.6 | 38.0 | 54.5 | 40.6 | 68.3 | 19.9 | 13.3 | 26.5 |
| Women | 25.2 | 19.4 | 31.1 | 59.2 | 46.5 | 71.9 | 5.7 | 2.8 | 8.6 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 28.9 | 23.8 | 33.9 | 56.1 | 46.0 | 66.1 | 11.8 | 8.3 | 15.4 |
| NH Black | 20.3 | 5.4 | 35.2 |  |  |  | 6.9 | 0.0 | 15.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 32.9 | 25.1 | 40.7 | 53.4 | 38.6 | 68.1 | 18.2 | 11.9 | 24.4 |
| NH White women | 25.2 | 18.8 | 31.6 | 59.3 | 45.4 | 73.1 | 5.9 | 2.6 | 9.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 33.4 | 25.4 | 41.4 | 59.8 | 45.5 | 74.1 | 19.9 | 12.7 | 27.0 |
|  | 28.3 | 20.6 | 36.0 | 59.1 | 44.5 | 73.7 | 8.2 | 3.8 | 12.6 |
|  | 17.6 | 10.3 | 24.9 |  |  |  | 6.2 | 0.8 | 11.6 |
| Marital Status Never married <br> Married/ living together as a couple  | 40.7 | 25.1 | 56.3 |  |  |  | 18.4 | 4.1 | 32.7 |
|  | 20.8 | 15.3 | 26.2 | 59.7 | 45.2 | 74.1 | 11.3 | 7.0 | 15.6 |
| Divorced/ widowed/separated | 37.9 | 29.4 | 46.4 | 57.4 | 43.5 | 71.3 | 12.2 | 6.2 | 18.1 |
| Education $0-11$ years <br> HS Grad/GED  | 31.5 | 21.1 | 42.0 | 55.7 | 36.6 | 74.8 | 15.3 | 4.7 | 25.9 |
|  | 28.7 | 21.1 | 36.4 | 57.7 | 43.1 | 72.4 | 13.3 | 7.8 | 18.8 |
|  | 25.0 | 18.0 | 31.9 | 56.3 | 39.8 | 72.7 | 10.0 | 5.2 | 14.7 |
| Employment Employed for wages | 27.9 | 21.1 | 34.7 | 53.6 | 39.8 | 67.4 | 18.4 | 12.2 | 24.5 |
| Household Income $\quad \$ 24,999$ or less | 29.3 | 21.9 | 36.7 | 48.0 | 33.1 | 62.8 | 9.2 | 3.3 | 15.1 |
| \$25,000-49,999 | 31.7 | 23.3 | 40.1 | 60.6 | 44.6 | 76.5 | 13.6 | 7.4 | 19.8 |
| \$50,000 or more | 18.2 | 7.8 | 28.7 |  |  |  | 15.7 | 5.9 | 25.6 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 22.4 | 17.8 | 26.9 | 22.9 | 18.4 | 27.5 | 11.1 | 7.6 | 14.6 |
| Sex Men <br>  Women | 25.7 | 18.3 | 33.1 | 30.9 | 23.2 | 38.6 | 9.9 | 4.5 | 15.2 |
|  | 19.4 | 14.1 | 24.7 | 15.8 | 11.0 | 20.6 | 12.2 | 7.6 | 16.8 |
| Race/ethnicity NH White | 21.6 | 16.9 | 26.2 | 20.7 | 16.1 | 25.2 | 8.9 | 5.8 | 12.1 |
| NH Black | 17.1 | 2.8 | 31.5 | 23.9 | 6.1 | 41.7 | 12.0 | 0.0 | 24.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 22.5 | 15.4 | 29.6 | 28.3 | 20.6 | 36.0 | 5.8 | 2.1 | 9.4 |
| NH White women | 20.7 | 14.7 | 26.7 | 13.7 | 9.1 | 18.3 | 11.9 | 6.9 | 16.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older <br> Marital Status  | 33.8 | 25.3 | 42.2 | 30.6 | 22.3 | 38.9 | 14.3 | 7.5 | 21.0 |
|  | 18.5 | 12.1 | 24.8 | 18.9 | 12.4 | 25.3 | 9.8 | 5.1 | 14.4 |
|  | 9.1 | 3.2 | 15.0 | 16.2 | 8.2 | 24.2 | 7.9 | 2.1 | 13.6 |
|  | 50.1 | 34.0 | 66.1 | 50.1 | 34.0 | 66.1 | 17.3 | 3.1 | 31.6 |
| Married/ living together as a couple | 17.8 | 12.8 | 22.9 | 18.7 | 13.5 | 24.0 | 11.0 | 6.6 | 15.3 |
| Divorced/ widowed/separated | 19.4 | 11.9 | 26.8 | 19.4 | 12.3 | 26.6 | 8.2 | 3.5 | 12.9 |
| Education $0-11$ years <br> HS Grad/GED  | 36.8 | 24.4 | 49.1 | 35.5 | 22.9 | 48.1 | 24.6 | 13.1 | 36.1 |
|  | 22.4 | 15.4 | 29.4 | 22.6 | 15.5 | 29.7 | 8.8 | 4.0 | 13.7 |
|  | 14.7 | 9.1 | 20.3 | 16.7 | 11.0 | 22.4 | 6.4 | 2.9 | 9.9 |
| Employment Employed for wages <br> Household Income $\$ 24,999$ or less | 25.0 | 18.0 | 32.0 | 25.3 | 18.2 | 32.3 | 11.4 | 6.1 | 16.7 |
|  | 36.0 | 27.4 | 44.5 | 31.4 | 23.1 | 39.8 | 17.1 | 10.1 | 24.1 |
| \$25,000 - 49,999 | 17.2 | 10.6 | 23.8 | 18.1 | 11.1 | 25.1 | 8.5 | 3.5 | 13.5 |
| \$50,000 or more | 5.4 | 0.0 | 11.3 | 13.0 | 4.3 | 21.8 |  |  |  |






(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Liberty County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Liberty County, 519 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Liberty County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 7,021 | 15,982,378 | 33.1 | 21.1 | 45.1 | 65.6 | 54.8 | 76.3 |
| Sex Men | 59.2\% | 48.8\% | 24.5 | 17.4 | 31.6 | 49.8 | 39.4 | 60.3 |
| Women | 40.8\% | 51.2\% | 40.8 | 21.3 | 60.3 | 80.9 | 69.5 | 92.3 |
| Race/ethnicity NH White | 74.5\% | 65.4\% | 23.0 | 18.2 | 27.9 | 62.2 | 54.5 | 69.9 |
| NH Black | 18.2\% | 14.2\% | 64.8 | 30.5 | 99.1 |  |  |  |
| Hispanic | 4.5\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 40.4\% | 31.9\% | 21.8 | 14.2 | 29.4 | 51.7 | 40.2 | 63.3 |
| NH White women | 34.2\% | 33.6\% | 24.5 | 18.9 | 30.0 | 77.8 | 70.0 | 85.6 |
| NH Black men | 13.7\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.5\% | 7.4\% | 70.6 | 37.1 | 100.0 |  |  |  |
| Hispanic men | 3.5\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 1.0\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 47.0\% | 36.9\% | 28.5 | 6.5 | 50.5 | 66.7 | 52.6 | 80.8 |
| 45-64 | 21.0\% | 22.7\% | 37.5 | 29.6 | 45.5 | 62.9 | 52.3 | 73.4 |
| 65 and older | 10.2\% | 17.6\% | 42.5 | 31.5 | 53.6 |  |  |  |
| Marital Status Never married | 20.9\% | 22.5\% | 18.4 | 5.9 | 30.8 | 52.0 | 32.1 | 72.0 |
| Married/ living together as a couple | 45.6\% | 53.7\% | 35.2 | 18.1 | 52.2 | 69.4 | 56.4 | 82.4 |
| Divorced/ widowed/separated | 33.6\% | 23.8\% | 35.5 | 27.2 | 43.8 | 58.6 | 44.2 | 73.0 |
| Education 0-11 years | 34.4\% | 20.1\% | 52.5 | 39.8 | 65.2 |  |  |  |
| HS Grad/GED | 40.4\% | 28.7\% | 37.7 | 14.8 | 60.6 | 64.2 | 44.3 | 84.1 |
| 1 or more years of college | 25.1\% | 51.1\% | 16.3 | 10.0 | 22.5 | 73.8 | 65.0 | 82.6 |
| Employment Employed for wages | 41.7\% | 54.9\% | 27.4 | 8.4 | 46.4 | 65.6 | 54.8 | 76.3 |
| Household Income \$24,999 or less | 42.7\% | 30.8\% | 57.0 | 37.1 | 76.8 | 75.2 | 53.2 | 97.1 |
| \$25,000-49,999 | 31.7\% | 31.6\% | 20.8 | 12.4 | 29.1 | 64.3 | 53.1 | 75.5 |
| \$50,000 or more | 25.6\% | 37.6\% | 10.1 | 2.6 | 17.6 | 63.0 | 50.3 | 75.8 |

[^39]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 36.9 | 25.5 | 48.3 | 63.0 | 55.1 | 71.0 | 82.1 | 77.0 | 87.2 |
| Sex Men | 24.5 | 17.6 | 31.3 | 57.8 | 49.5 | 66.1 | 75.5 | 68.2 | 82.8 |
| Women | 47.9 | 30.6 | 65.1 | 67.7 | 55.9 | 79.4 | 88.0 | 82.5 | 93.6 |
| Race/ethnicity NH White | 28.0 | 23.0 | 32.9 | 59.2 | 53.3 | 65.0 | 80.0 | 74.9 | 85.1 |
| NH Black | 74.8 | 49.3 | 100.0 | 81.4 | 61.3 | 100.0 | 92.9 | 84.2 | 100.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 23.3 | 15.9 | 30.7 | 56.6 | 47.5 | 65.8 | 76.2 | 68.2 | 84.3 |
| NH White women | 33.7 | 27.6 | 39.8 | 62.2 | 55.4 | 69.0 | 84.6 | 79.1 | 90.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 80.3 | 56.5 | 100.0 | 82.4 | 60.2 | 100.0 | 95.7 | 89.1 | 100.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 33.5 | 13.0 | 54.0 | 58.6 | 44.2 | 73.0 | 76.6 | 67.2 | 86.1 |
| 45-64 | 40.3 | 32.3 | 48.4 | 66.1 | 58.6 | 73.7 | 88.3 | 83.0 | 93.7 |
| 65 and older | 42.7 | 31.8 | 53.6 | 74.9 | 63.9 | 85.8 | 91.5 | 85.3 | 97.8 |
| Marital Status Never married | 18.4 | 7.8 | 28.9 | 43.2 | 27.3 | 59.1 | 66.0 | 50.0 | 82.0 |
| Married/ living together as a couple | 37.3 | 20.8 | 53.8 | 67.6 | 57.3 | 77.9 | 84.4 | 78.1 | 90.6 |
| Divorced/ widowed/separated | 47.5 | 38.6 | 56.3 | 61.3 | 52.5 | 70.2 | 84.9 | 78.3 | 91.4 |
| Education 0-11 years | 47.1 | 34.6 | 59.5 | 66.3 | 54.0 | 78.5 | 90.1 | 82.9 | 97.2 |
| HS Grad/GED | 44.5 | 23.8 | 65.1 | 67.1 | 53.5 | 80.7 | 82.6 | 74.1 | 91.0 |
| 1 or more years of college | 20.7 | 13.9 | 27.6 | 55.7 | 46.9 | 64.4 | 77.1 | 69.0 | 85.1 |
| Employment Employed for wages | 33.3 | 15.7 | 50.8 | 62.1 | 50.5 | 73.7 | 79.3 | 71.7 | 86.8 |
| Household Income \$24,999 or less | 55.3 | 34.8 | 75.7 | 69.3 | 54.0 | 84.5 | 87.6 | 80.2 | 95.0 |
| \$25,000-49,999 | 24.9 | 17.1 | 32.7 | 55.2 | 45.1 | 65.3 | 76.4 | 67.5 | 85.4 |
| \$50,000 or more | 20.7 | 11.5 | 29.8 | 56.5 | 45.0 | 67.9 | 78.6 | 69.0 | 88.3 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 32.8 | 25.7 | 40.0 | 38.9 | 27.8 | 50.1 | 81.3 | 76.3 | 86.2 |
| Sex Men | 40.7 | 32.5 | 48.8 | 35.7 | 27.8 | 43.5 | 82.2 | 75.9 | 88.5 |
| Women | 25.9 | 16.4 | 35.4 | 41.8 | 22.8 | 60.9 | 80.4 | 72.8 | 88.1 |
| Race/ethnicity NH White | 37.1 | 31.4 | 42.8 | 30.9 | 25.5 | 36.3 | 81.9 | 77.5 | 86.3 |
| NH Black | 19.2 | 0.0 | 39.3 | 68.4 | 37.3 | 99.5 | 81.6 | 62.1 | 100.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 42.7 | 33.6 | 51.7 | 32.6 | 24.1 | 41.0 | 84.3 | 77.6 | 91.1 |
| NH White women | 30.3 | 24.2 | 36.5 | 28.8 | 22.7 | 34.9 | 78.9 | 73.6 | 84.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 18.3 | 0.0 | 40.7 | 72.0 | 39.8 | 100.0 | 81.7 | 59.3 | 100.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  Hispanic women <br> Age $18-44$ <br>  $45-64$ <br>  65 and older | 27.2 | 16.7 | 37.6 | 41.6 | 23.2 | 60.0 | 84.2 | 77.0 | 91.3 |
|  | 40.4 | 32.5 | 48.3 | 36.4 | 28.4 | 44.4 | 77.1 | 70.3 | 83.9 |
|  | 39.0 | 28.0 | 50.1 | 33.5 | 22.5 | 44.5 | 78.3 | 69.7 | 86.8 |
| Marital Status Never married | 22.5 | 9.2 | 35.9 | 24.7 | 10.4 | 39.1 | 79.3 | 66.3 | 92.3 |
| Married/ living together as a couple | 33.5 | 23.2 | 43.7 | 44.4 | 29.4 | 59.4 | 81.1 | 74.4 | 87.8 |
| Divorced/ widowed/separated | 36.6 | 28.2 | 45.0 | 29.7 | 21.7 | 37.8 | 82.9 | 76.3 | 89.5 |
| Education 0-11 years | 40.3 | 27.8 | 52.9 | 30.5 | 19.2 | 41.9 | 83.8 | 76.1 | 91.5 |
| HS Grad/GED | 29.7 | 17.5 | 41.8 | 49.0 | 29.7 | 68.2 | 87.4 | 81.3 | 93.5 |
| 1 or more years of college | 33.2 | 24.9 | 41.5 | 29.8 | 21.8 | 37.9 | 71.2 | 62.9 | 79.5 |
| Employment Employed for wages | 30.1 | 20.5 | 39.7 | 42.2 | 26.6 | 57.8 | 83.6 | 77.3 | 89.8 |
| Household Income | 29.7 | 15.1 | 44.3 | 47.3 | 23.8 | 70.9 | 86.8 | 79.6 | 94.1 |
|  | 31.7 | 23.0 | 40.4 | 41.5 | 31.6 | 51.4 | 74.1 | 65.5 | 82.8 |
|  | 39.3 | 27.6 | 51.1 | 22.8 | 13.8 | 31.8 | 84.8 | 77.1 | 92.5 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 26.7 | 20.4 | 32.9 | 58.7 | 49.1 | 68.4 | 13.7 | 9.3 | 18.1 |
| Sex Men | 30.3 | 22.8 | 37.8 | 51.7 | 36.8 | 66.5 | 24.8 | 17.6 | 32.1 |
| Women | 23.4 | 14.4 | 32.4 | 66.9 | 55.1 | 78.7 | 3.9 | 1.2 | 6.5 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 28.2 | 23.0 | 33.5 | 58.3 | 47.4 | 69.2 | 15.4 | 10.7 | 20.0 |
| NH Black | 16.4 | 0.0 | 34.3 |  |  |  | 6.5 | 0.0 | 15.4 |
|  |  |  |  |  |  |  |  |  |  |
|  | 28.1 | 20.0 | 36.1 | 49.5 | 32.4 | 66.5 | 24.7 | 16.8 | 32.6 |
| NH White women | 28.4 | 22.0 | 34.8 | 69.1 | 56.9 | 81.3 | 4.0 | 1.3 | 6.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 12.4 | 0.0 | 28.8 |  |  |  | 3.7 | 0.0 | 10.3 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 28.1 | 17.6 | 38.6 | 58.3 | 44.6 | 72.0 | 18.7 | 10.5 | 27.0 |
|  | 29.6 | 22.1 | 37.1 | 58.8 | 44.0 | 73.5 | 9.6 | 5.1 | 14.0 |
|  | 14.1 | 6.0 | 22.2 |  |  |  | 1.8 | 0.0 | 4.3 |
| Marital Status Never married | 38.6 | 22.1 | 55.1 |  |  |  | 37.7 | 20.8 | 54.5 |
| Married/ living together as a couple | 20.9 | 13.6 | 28.1 | 63.6 | 50.0 | 77.2 | 7.8 | 3.9 | 11.7 |
| Divorced/ widowed/separated | 39.3 | 30.4 | 48.2 | 49.2 | 33.8 | 64.6 | 18.6 | 10.9 | 26.3 |
| Education 0-11 years | 40.7 | 28.3 | 53.1 | 61.9 | 42.4 | 81.4 | 15.1 | 6.3 | 23.9 |
| HS Grad/GED | 26.9 | 15.5 | 38.2 | 55.4 | 41.4 | 69.5 | 12.4 | 5.4 | 19.3 |
| 1 or more years of college | 18.8 | 11.8 | 25.7 | 61.7 | 42.6 | 80.8 | 14.8 | 8.1 | 21.4 |
| Employment Employed for wages | 24.7 | 16.3 | 33.1 | 56.1 | 42.7 | 69.6 | 15.6 | 9.3 | 21.9 |
| Household Income \$24,999 or less | 33.9 | 17.6 | 50.2 | 59.7 | 46.2 | 73.2 | 12.0 | 4.5 | 19.4 |
| \$25,000-49,999 | 23.4 | 15.4 | 31.4 | 53.8 | 34.2 | 73.4 | 16.7 | 9.5 | 23.9 |
| \$50,000 or more | 14.5 | 6.1 | 22.9 |  |  |  | 11.4 | 3.0 | 19.7 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 18.4 | 13.3 | 23.4 | 16.1 | 11.5 | 20.7 | 8.7 | 5.2 | 12.2 |
| Sex $r$ Men | 21.6 | 14.6 | 28.7 | 22.0 | 15.1 | 28.8 | 6.6 | 1.2 | 11.9 |
|  | 15.5 | 9.1 | 22.0 | 10.9 | 6.0 | 15.9 | 10.6 | 5.6 | 15.5 |
| Race/ethnicity NH White | 18.8 | 13.9 | 23.6 | 17.7 | 13.0 | 22.4 | 9.1 | 5.2 | 13.0 |
| NH Black | 11.6 | 0.0 | 24.6 | 8.0 | 0.0 | 17.4 | 7.2 | 0.0 | 16.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 20.0 | 12.3 | 27.8 | 21.7 | 14.2 | 29.2 | 7.7 | 1.5 | 13.9 |
| NH White women | 17.3 | 12.0 | 22.5 | 12.8 | 8.0 | 17.5 | 10.8 | 6.6 | 15.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 8.7 | 0.0 | 20.5 | 5.5 | 0.0 | 13.4 | 8.3 | 0.0 | 19.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 20.5 | 11.9 | 29.1 | 20.3 | 11.9 | 28.6 | 10.5 | 4.6 | 16.4 |
| 45-64 | 20.4 | 14.1 | 26.8 | 11.9 | 6.9 | 16.9 | 5.9 | 2.2 | 9.5 |
| 65 and older | 4.9 | 0.0 | 10.1 | 7.3 | 1.1 | 13.5 | 7.5 | 2.8 | 12.3 |
| Marital Status Never married | 23.6 | 10.1 | 37.1 | 35.6 | 19.5 | 51.8 | 5.8 | 0.0 | 12.1 |
| Married/ living together as a couple | 15.9 | 9.5 | 22.2 | 11.8 | 6.9 | 16.8 | 7.1 | 2.6 | 11.5 |
| Divorced/ widowed/separated | 23.4 | 15.6 | 31.2 | 18.0 | 10.6 | 25.3 | 15.7 | 9.0 | 22.5 |
| Education 0-11 years | 34.7 | 22.6 | 46.7 | 22.6 | 12.9 | 32.4 | 19.4 | 8.7 | 30.2 |
| HS Grad/GED | 16.3 | 8.5 | 24.1 | 18.3 | 9.4 | 27.2 | 4.7 | 1.7 | 7.7 |
| 1 or more years of college | 12.2 | 6.0 | 18.5 | 9.5 | 5.0 | 13.9 | 8.4 | 2.4 | 14.4 |
| Employment Employed for wages | 19.6 | 12.4 | 26.9 | 17.1 | 10.5 | 23.7 | 5.6 | 1.9 | 9.3 |
| Household Income \$24,999 or less | 24.6 | 12.3 | 36.9 | 18.0 | 8.3 | 27.7 | 12.9 | 5.0 | 20.8 |
| \$25,000 - 49,999 | 17.9 | 9.6 | 26.2 | 12.7 | 6.8 | 18.5 | 4.9 | 0.0 | 10.8 |
| \$50,000 or more | 9.9 | 2.3 | 17.6 | 10.8 | 2.4 | 19.3 | 4.0 | 0.0 | 8.2 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 55.5 | 45.0 | 65.9 | 34.1 | 26.5 | 41.7 | 50.6 | 39.6 | 61.5 |
| Sex Men | 56.4 | 48.2 | 64.7 | 41.1 | 32.6 | 49.5 | 52.2 | 43.1 | 61.3 |
| Women | 54.6 | 36.5 | 72.7 | 28.0 | 17.7 | 38.4 | 49.1 | 30.5 | 67.7 |
| Race/ethnicity NH White | 60.8 | 55.0 | 66.6 | 41.1 | 35.2 | 47.1 | 55.3 | 48.9 | 61.7 |
| NH Black | 30.4 | 0.1 | 60.7 | 7.7 | 0.0 | 16.6 | 29.4 | 0.0 | 61.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 55.4 | 46.3 | 64.5 | 42.3 | 32.9 | 51.6 | 51.7 | 41.7 | 61.7 |
| NH White women | 67.4 | 61.1 | 73.7 | 39.8 | 32.9 | 46.7 | 59.9 | 52.5 | 67.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 27.5 | 0.0 | 59.6 | 3.3 | 0.0 | 8.6 |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 56.2 | 38.2 | 74.2 | 44.8 | 29.7 | 59.9 | 48.9 | 32.3 | 65.4 |
| 45-64 | 58.0 | 50.1 | 66.0 | 23.1 | 16.1 | 30.1 | 54.9 | 45.9 | 63.9 |
| 65 and older | 45.3 | 33.6 | 56.9 | 12.7 | 5.4 | 20.1 | 47.8 | 32.9 | 62.7 |
| Marital Status Never married | 61.1 | 45.2 | 77.0 | 61.2 | 45.4 | 77.0 | 51.2 | 34.5 | 68.0 |
| Married/ living together as a couple | 56.9 | 41.5 | 72.3 | 33.5 | 23.1 | 43.9 | 51.3 | 35.8 | 66.9 |
| Divorced/ widowed/separated | 47.1 | 38.2 | 56.1 | 18.9 | 12.1 | 25.7 | 47.4 | 37.0 | 57.8 |
| Education 0-11 years | 31.9 | 20.1 | 43.7 | 25.9 | 13.1 | 38.6 | 33.3 | 16.6 | 49.9 |
| HS Grad/GED | 48.6 | 29.9 | 67.4 | 24.4 | 13.8 | 35.1 | 39.5 | 22.4 | 56.6 |
| 1 or more years of college | 77.9 | 71.3 | 84.5 | 52.4 | 43.6 | 61.1 | 72.2 | 64.0 | 80.3 |
| Employment Employed for wages | 57.2 | 41.6 | 72.8 | 38.5 | 27.0 | 50.1 | 51.9 | 36.7 | 67.1 |
| Household Income \$24,999 or less | 35.4 | 18.6 | 52.2 | 18.3 | 7.8 | 28.7 | 26.1 | 10.5 | 41.8 |
| \$25,000-49,999 | 69.5 | 60.1 | 78.9 | 42.5 | 32.6 | 52.3 | 61.4 | 51.4 | 71.4 |
| \$50,000 or more | 73.9 | 63.2 | 84.6 | 50.1 | 38.4 | 61.8 | 68.9 | 57.2 | 80.6 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 26.6 | 20.5 | 32.7 | 83.1 | 76.4 | 89.9 | 19.3 | 14.3 | 24.3 |
| Sex Men | 28.1 | 20.9 | 35.3 | 78.3 | 66.5 | 90.0 | 18.7 | 12.6 | 24.8 |
| Women | 25.3 | 16.0 | 34.6 | 88.0 | 80.9 | 95.1 | 19.8 | 11.9 | 27.7 |
| Race/ethnicity NH White | 26.8 | 22.0 | 31.7 | 87.6 | 81.7 | 93.5 | 19.2 | 14.9 | 23.5 |
| NH Black | 16.0 | 0.0 | 33.5 |  |  |  | 18.2 | 0.0 | 38.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 25.2 | 17.6 | 32.8 | 87.6 | 78.5 | 96.7 | 16.8 | 10.3 | 23.3 |
| NH White women | 28.9 | 23.2 | 34.5 | 87.6 | 80.0 | 95.2 | 22.1 | 16.7 | 27.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 11.0 | 0.0 | 25.8 |  |  |  | 18.1 | 0.0 | 41.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 9.5 | 4.1 | 15.0 |  |  |  | 13.9 | 7.3 | 20.5 |
|  | 46.1 | 38.0 | 54.2 | 90.9 | 84.5 | 97.2 | 29.7 | 22.4 | 37.0 |
|  | 55.6 | 44.5 | 66.8 | 94.6 | 89.0 | 100.0 | 19.0 | 11.1 | 27.0 |
| Marital Status Never married | 9.2 | 2.2 | 16.1 |  |  |  | 15.9 | 2.6 | 29.2 |
| Married/ living together as a couple | 27.7 | 18.9 | 36.5 | 87.5 | 80.2 | 94.8 | 18.9 | 12.3 | 25.6 |
| Divorced/ widowed/separated | 33.6 | 25.4 | 41.7 | 78.6 | 64.3 | 92.9 | 22.2 | 14.7 | 29.8 |
| Education $0-11$ years <br> HS Grad/GED  <br>  1 or more years of college | 35.2 | 23.4 | 46.9 | 79.7 | 64.6 | 94.7 | 17.7 | 9.2 | 26.1 |
|  | 24.7 | 14.3 | 35.0 | 83.7 | 74.1 | 93.3 | 15.9 | 8.2 | 23.5 |
|  | 24.6 | 17.2 | 32.0 | 85.1 | 72.4 | 97.8 | 24.9 | 17.7 | 32.2 |
| Employment Employed for wages | 17.2 | 11.0 | 23.5 | 73.8 | 61.2 | 86.4 | 16.5 | 10.3 | 22.7 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 29.0 | 14.8 | 43.1 | 83.1 | 73.1 | 93.2 | 15.9 | 7.3 | 24.6 |
|  | 27.4 | 19.2 | 35.6 | 78.8 | 64.5 | 93.2 | 20.7 | 12.8 | 28.7 |
|  | 22.2 | 12.7 | 31.8 |  |  |  | 24.3 | 14.9 | 33.6 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 79.7 | 74.2 | 85.2 | 93.7 | 90.9 | 96.5 | 38.8 | 29.0 | 48.5 |
| Sex Men | 73.0 | 65.2 | 80.7 | 93.2 | 88.7 | 97.7 | 48.5 | 39.1 | 57.9 |
| Women | 85.4 | 79.2 | 91.6 | 94.0 | 90.5 | 97.5 | 31.7 | 18.6 | 44.8 |
| Race/ethnicity NH White | 77.8 | 72.5 | 83.0 | 92.5 | 89.3 | 95.7 | 44.8 | 38.5 | 51.1 |
| NH Black | 90.4 | 79.2 | 100.0 | 98.2 | 95.0 | 100.0 | 15.0 | 0.0 | 33.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 73.9 | 65.4 | 82.4 | 93.7 | 88.9 | 98.5 | 49.4 | 39.1 | 59.8 |
| NH White women | 82.2 | 76.6 | 87.9 | 91.3 | 87.1 | 95.5 | 39.9 | 32.8 | 47.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 96.3 | 90.9 | 100.0 |  |  |  | 12.4 | 0.0 | 29.2 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 70.6 | 59.5 | 81.8 | 92.0 | 86.5 | 97.4 | 22.1 | 10.1 | 34.1 |
| 45-64 | 89.0 | 83.9 | 94.1 | 95.2 | 92.0 | 98.4 | 52.0 | 43.3 | 60.6 |
| 65 and older | 96.6 | 93.2 | 99.9 | 95.6 | 90.9 | 100.0 | 64.7 | 53.6 | 75.8 |
| Marital Status Never married | 52.7 | 36.3 | 69.1 |  |  |  |  |  |  |
| Married/ living together as a couple | 83.9 | 77.5 | 90.3 | 94.3 | 91.0 | 97.6 | 40.1 | 26.5 | 53.7 |
| Divorced/ widowed/separated | 81.3 | 73.6 | 89.0 | 92.4 | 87.5 | 97.3 | 39.6 | 30.3 | 48.9 |
| Education 0-11 years | 71.5 | 59.3 | 83.8 | 98.0 | 95.4 | 100.0 | 48.2 | 34.2 | 62.3 |
| HS Grad/GED | 78.8 | 68.9 | 88.6 | 95.0 | 91.2 | 98.9 | 35.4 | 17.5 | 53.4 |
| 1 or more years of college | 85.2 | 79.0 | 91.4 | 90.0 | 84.6 | 95.3 | 38.4 | 29.4 | 47.5 |
| Employment Employed for wages | 77.2 | 69.0 | 85.4 | 92.8 | 88.7 | 97.0 | 32.1 | 19.6 | 44.6 |
| Household Income \$24,999 or less | 77.6 | 65.9 | 89.3 | 94.4 | 89.5 | 99.3 | 31.6 | 12.5 | 50.8 |
| \$25,000 - 49,999 | 77.7 | 69.0 | 86.4 | 91.0 | 85.3 | 96.7 | 44.4 | 33.7 | 55.1 |
| \$50,000 or more | 89.5 | 82.0 | 97.0 | 94.8 | 90.1 | 99.6 | 36.1 | 24.7 | 47.5 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 13.2 | 9.2 | 17.2 | 69.9 | 56.3 | 83.5 | 19.1 | 5.2 | 32.9 |
| Sex Men | 12.0 | 6.6 | 17.3 |  |  |  | 10.9 | 5.6 | 16.3 |
| Women | 14.2 | 8.2 | 20.3 | 79.7 | 65.4 | 93.9 | 26.3 | 2.8 | 49.8 |
| Race/ethnicity $\quad$ NH White | 13.2 | 9.4 | 17.1 | 71.1 | 55.4 | 86.8 | 10.1 | 6.7 | 13.5 |
| NH Black | 8.8 | 0.0 | 19.5 |  |  |  | 52.0 | 6.4 | 97.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 11.5 | 5.7 | 17.2 |  |  |  | 9.2 | 3.8 | 14.6 |
| NH White women | 15.4 | 10.7 | 20.2 | 81.3 | 67.1 | 95.5 | 11.3 | 7.6 | 14.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 9.2 | 0.0 | 21.8 |  |  |  | 56.9 | 9.0 | 100.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 12.3 | 6.4 | 18.3 |  |  |  | 19.4 | 0.0 | 43.5 |
| 45-64 | 14.3 | 8.7 | 19.8 | 79.0 | 58.4 | 99.5 | 16.7 | 10.6 | 22.9 |
| 65 and older | 13.3 | 5.7 | 20.9 |  |  |  | 21.9 | 13.0 | 30.8 |
| Marital Status Never married | 27.2 | 12.7 | 41.7 |  |  |  | 3.3 | 0.0 | 7.3 |
| Married/ living together as a couple | 10.4 | 6.0 | 14.8 | 90.7 | 80.2 | 100.0 | 23.1 | 3.6 | 42.6 |
| Divorced/ widowed/separated | 13.9 | 7.2 | 20.6 |  |  |  | 15.6 | 9.8 | 21.5 |
| Education 0-11 years | 14.5 | 6.3 | 22.7 |  |  |  | 21.7 | 11.2 | 32.2 |
| HS Grad/GED | 13.5 | 6.5 | 20.6 |  |  |  | 28.2 | 2.3 | 54.1 |
| 1 or more years of college | 12.1 | 7.2 | 16.9 |  |  |  | 4.9 | 1.8 | 8.0 |
| Employment Employed for wages | 9.7 | 5.2 | 14.1 | 52.6 | 30.7 | 74.5 | 18.2 | 0.0 | 39.1 |
| Household Income \$24,999 or less | 15.4 | 7.0 | 23.9 | 77.3 | 60.7 | 93.8 | 36.6 | 8.7 | 64.4 |
| \$25,000-49,999 | 11.2 | 5.7 | 16.6 |  |  |  | 7.9 | 1.8 | 14.0 |
| \$50,000 or more | 11.8 | 3.3 | 20.2 |  |  |  | 7.6 | 1.5 | 13.7 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Madison County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Madison County, 546 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Madison County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.
Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 18,733 | 15,982,378 | 23.8 | 19.8 | 27.8 | 56.3 | 48.8 | 63.8 |
| Sex Men | 51.8\% | 48.8\% | 25.1 | 18.4 | 31.8 | 44.2 | 32.9 | 55.5 |
| Women | 48.2\% | 51.2\% | 22.8 | 17.9 | 27.6 | 68.5 | 60.3 | 76.7 |
| Race/ethnicity NH White | 55.4\% | 65.4\% | 22.0 | 17.3 | 26.7 | 55.3 | 46.1 | 64.5 |
| NH Black | 39.9\% | 14.2\% | 26.5 | 18.6 | 34.3 | 69.4 | 56.0 | 82.8 |
| Hispanic | 3.2\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 28.0\% | 31.9\% | 22.0 | 14.4 | 29.5 | 47.3 | 33.0 | 61.7 |
| NH White women | 27.4\% | 33.6\% | 22.1 | 16.5 | 27.8 | 64.4 | 54.5 | 74.3 |
| NH Black men | 20.7\% | 6.8\% | 34.9 | 18.9 | 50.9 |  |  |  |
| NH Black women | 19.2\% | 7.4\% | 21.8 | 13.4 | 30.2 | 84.6 | 73.4 | 95.7 |
| Hispanic men | 2.3\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.9\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 37.5\% | 36.9\% | 9.3 | 5.0 | 13.6 | 46.2 | 36.0 | 56.3 |
| 45-64 | 22.7\% | 22.7\% | 28.3 | 21.1 | 35.5 | 72.1 | 62.7 | 81.6 |
| 65 and older | 14.6\% | 17.6\% | 44.8 | 35.4 | 54.2 |  |  |  |
| Marital Status Never married | 25.6\% | 22.5\% | 23.4 | 12.4 | 34.3 | 48.3 | 29.0 | 67.5 |
| Married/ living together as a couple | 47.7\% | 53.7\% | 19.3 | 14.4 | 24.3 | 57.5 | 48.1 | 67.0 |
| Divorced/ widowed/separated | 26.6\% | 23.8\% | 34.3 | 26.0 | 42.6 | 57.6 | 41.0 | 74.1 |
| Education 0-11 years | 32.5\% | 20.1\% | 43.6 | 32.9 | 54.4 |  |  |  |
| HS Grad/GED | 34.2\% | 28.7\% | 21.0 | 14.9 | 27.0 | 48.4 | 37.3 | 59.6 |
| 1 or more years of college | 33.3\% | 51.1\% | 15.6 | 10.1 | 21.1 | 65.9 | 54.7 | 77.2 |
| Employment Employed for wages | 47.8\% | 54.9\% | 9.4 | 5.8 | 13.1 | 56.3 | 48.8 | 63.8 |
| Household Income \$24,999 or less | 47.3\% | 30.8\% | 36.0 | 28.6 | 43.3 | 50.4 | 36.1 | 64.6 |
| \$25,000-49,999 | 30.3\% | 31.6\% | 13.9 | 7.5 | 20.2 | 55.1 | 41.5 | 68.7 |
| \$50,000 or more | 22.5\% | 37.6\% | 9.6 | 2.4 | 16.8 | 65.6 | 50.7 | 80.4 |

[^40]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 35.5 | 30.7 | 40.3 | 60.2 | 55.2 | 65.3 | 80.3 | 75.8 | 84.8 |
| Sex Men | 33.9 | 26.3 | 41.6 | 54.7 | 46.2 | 63.2 | 73.5 | 65.4 | 81.6 |
| Women | 36.9 | 30.7 | 43.0 | 64.9 | 59.0 | 70.8 | 86.1 | 81.8 | 90.3 |
| Race/ethnicity NH White | 32.7 | 27.1 | 38.2 | 52.9 | 46.7 | 59.2 | 77.2 | 71.1 | 83.3 |
| NH Black | 41.8 | 32.3 | 51.4 | 68.8 | 59.5 | 78.0 | 84.2 | 76.7 | 91.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 34.7 | 25.5 | 43.9 | 50.0 | 39.6 | 60.3 | 72.1 | 61.5 | 82.6 |
| NH White women | 30.6 | 24.3 | 37.0 | 55.9 | 48.9 | 62.9 | 82.3 | 76.8 | 87.9 |
| NH Black men | 35.0 | 18.6 | 51.4 | 59.9 | 42.5 | 77.3 | 72.5 | 56.5 | 88.4 |
| NH Black women | 45.6 | 33.9 | 57.4 | 73.8 | 63.2 | 84.3 | 90.8 | 83.7 | 97.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18 -44 | 30.0 | 22.6 | 37.5 | 54.2 | 45.5 | 62.9 | 70.3 | 61.7 | 79.0 |
| 45-64 | 41.5 | 33.1 | 50.0 | 64.5 | 56.6 | 72.4 | 87.9 | 83.0 | 92.9 |
| 65 and older | 38.4 | 29.3 | 47.5 | 66.7 | 58.0 | 75.4 | 89.2 | 83.9 | 94.5 |
| Marital Status Never married | 42.2 | 27.8 | 56.6 | 51.8 | 37.2 | 66.5 | 74.7 | 61.2 | 88.2 |
| Married/ living together as a couple | 31.5 | 25.3 | 37.7 | 58.3 | 51.6 | 65.1 | 76.7 | 70.5 | 83.0 |
| Divorced/ widowed/separated | 41.5 | 32.6 | 50.4 | 68.6 | 60.1 | 77.2 | 91.6 | 87.2 | 96.1 |
| Education 0-11 years | 53.6 | 42.5 | 64.6 | 68.5 | 57.8 | 79.3 | 84.7 | 75.0 | 94.4 |
| HS Grad/GED | 36.4 | 28.9 | 44.0 | 58.7 | 50.8 | 66.6 | 81.9 | 75.9 | 87.9 |
| 1 or more years of college | 23.6 | 17.0 | 30.2 | 56.8 | 48.3 | 65.3 | 75.5 | 67.1 | 84.0 |
| Employment Employed for wages | 27.5 | 21.0 | 33.9 | 57.2 | 49.8 | 64.5 | 75.4 | 68.5 | 82.3 |
| Household Income \$24,999 or less | 45.0 | 37.2 | 52.8 | 65.1 | 57.4 | 72.7 | 86.0 | 80.2 | 91.7 |
| \$25,000 - 49,999 | 30.4 | 20.8 | 40.1 | 57.0 | 47.0 | 67.0 | 80.1 | 72.1 | 88.1 |
| \$50,000 or more | 19.5 | 10.3 | 28.8 | 53.4 | 39.8 | 67.0 | 68.1 | 53.9 | 82.3 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 36.6 | 31.6 | 41.6 | 34.1 | 29.3 | 38.9 | 77.8 | 73.4 | 82.2 |
| Sex Men | 45.7 | 37.3 | 54.0 | 32.3 | 24.6 | 40.0 | 80.1 | 72.8 | 87.5 |
| Women | 28.9 | 23.0 | 34.8 | 35.7 | 29.6 | 41.7 | 75.8 | 70.6 | 81.0 |
| Race/ethnicity NH White | 37.4 | 31.3 | 43.6 | 26.2 | 20.8 | 31.5 | 78.4 | 72.8 | 84.0 |
| NH Black | 35.5 | 26.0 | 44.9 | 49.6 | 40.0 | 59.2 | 75.4 | 67.3 | 83.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 48.8 | 38.6 | 59.1 | 25.8 | 17.0 | 34.5 | 81.2 | 71.6 | 90.8 |
| NH White women | 25.9 | 19.9 | 32.0 | 26.6 | 20.3 | 32.9 | 75.6 | 69.7 | 81.5 |
| NH Black men | 40.1 | 23.2 | 57.0 | 51.1 | 33.7 | 68.5 | 73.8 | 58.9 | 88.7 |
| NH Black women | 32.9 | 21.3 | 44.5 | 48.7 | 37.0 | 60.4 | 76.3 | 66.5 | 86.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
|  | 35.7 | 27.2 | 44.2 | 32.5 | 24.8 | 40.3 | 83.0 | 75.6 | 90.5 |
|  | 35.7 | 27.5 | 43.8 | 37.4 | 29.1 | 45.6 | 72.9 | 65.6 | 80.1 |
|  | 40.6 | 31.3 | 50.0 | 32.6 | 23.4 | 41.8 | 75.1 | 67.0 | 83.1 |
|  | 32.8 | 18.5 | 47.0 | 27.5 | 15.7 | 39.2 | 74.2 | 61.5 | 86.9 |
| Married/ living together as a couple | 40.1 | 33.3 | 46.8 | 32.4 | 26.1 | 38.7 | 79.1 | 73.2 | 85.0 |
| Divorced/ widowed/separated | 30.3 | 22.1 | 38.4 | 41.0 | 31.9 | 50.1 | 76.2 | 68.9 | 83.5 |
| Education <br> HS Grad/GED | 30.3 | 20.1 | 40.4 | 42.2 | 31.1 | 53.3 | 84.9 | 77.0 | 92.9 |
|  | 35.7 | 28.0 | 43.3 | 39.3 | 31.5 | 47.0 | 78.9 | 72.6 | 85.2 |
|  | 41.7 | 33.1 | 50.3 | 22.5 | 15.9 | 29.1 | 72.0 | 63.8 | 80.2 |
| Employment Employed for wages | 37.5 | 30.2 | 44.9 | 33.2 | 26.6 | 39.9 | 78.3 | 71.9 | 84.7 |
| Household Income | 32.7 | 25.3 | 40.1 | 43.3 | 35.4 | 51.2 | 78.5 | 71.9 | 85.2 |
|  | 41.9 | 31.7 | 52.0 | 26.5 | 17.5 | 35.4 | 84.5 | 78.3 | 90.8 |
|  | 44.4 | 30.6 | 58.2 | 22.4 | 12.3 | 32.5 | 70.9 | 57.2 | 84.7 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 20.8 | 16.4 | 25.2 | 50.7 | 38.4 | 63.1 | 8.3 | 4.8 | 11.8 |
| Sex Men | 25.4 | 17.6 | 33.3 | 44.7 | 26.3 | 63.1 | 14.1 | 7.2 | 21.1 |
| Women | 16.8 | 12.3 | 21.4 | 58.5 | 44.3 | 72.7 | 3.5 | 1.2 | 5.7 |
| Race/ethnicity NH White | 25.4 | 19.5 | 31.3 | 45.3 | 31.6 | 59.0 | 13.0 | 7.4 | 18.7 |
| NH Black | 12.2 | 5.0 | 19.5 |  |  |  | 1.4 | 0.0 | 2.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 27.5 | 17.4 | 37.6 | 44.1 | 21.7 | 66.5 | 20.5 | 10.3 | 30.6 |
| NH White women | 23.2 | 17.3 | 29.1 | 46.6 | 31.7 | 61.5 | 5.5 | 1.8 | 9.2 |
| NH Black men | 20.1 | 4.7 | 35.5 |  |  |  | 3.9 | 0.0 | 8.6 |
| NH Black women | 7.8 | 0.6 | 15.0 |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 25.3 | 17.2 | 33.4 | 48.7 | 29.1 | 68.3 | 13.1 | 5.7 | 20.4 |
| 45-64 | 23.2 | 16.1 | 30.3 | 51.9 | 34.0 | 69.8 | 7.4 | 3.3 | 11.6 |
| 65 and older | 9.2 | 4.7 | 13.8 |  |  |  | 1.3 | 0.0 | 2.7 |
| Marital Status Never married | 18.7 | 6.9 | 30.6 |  |  |  | 11.5 | 3.6 | 19.3 |
| Married/ living together as a couple | 20.2 | 14.2 | 26.2 | 51.9 | 34.2 | 69.5 | 8.1 | 2.9 | 13.3 |
| Divorced/ widowed/separated | 23.5 | 15.7 | 31.2 | 49.7 | 30.2 | 69.3 | 7.5 | 3.3 | 11.7 |
| Education 0-11 years | 20.7 | 11.9 | 29.6 |  |  |  | 3.5 | 0.0 | 7.4 |
| HS Grad/GED | 20.6 | 14.0 | 27.3 | 59.7 | 41.6 | 77.9 | 7.5 | 3.0 | 11.9 |
| 1 or more years of college | 21.2 | 13.2 | 29.2 | 36.2 | 16.7 | 55.7 | 12.3 | 4.5 | 20.0 |
| Employment Employed for wages | 27.1 | 20.1 | 34.2 | 50.3 | 34.0 | 66.5 | 12.7 | 6.8 | 18.6 |
| Household Income \$24,999 or less | 18.5 | 12.8 | 24.2 | 49.2 | 32.0 | 66.3 | 6.8 | 2.6 | 11.1 |
| \$25,000-49,999 | 21.3 | 12.7 | 29.9 |  |  |  | 8.4 | 3.6 | 13.2 |
| \$50,000 or more | 28.9 | 14.7 | 43.2 |  |  |  | 16.7 | 2.5 | 30.9 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 23.4 | 19.0 | 27.8 | 18.4 | 14.4 | 22.5 | 8.8 | 6.0 | 11.5 |
| Sex Men | 27.0 | 19.5 | 34.5 | 26.3 | 18.9 | 33.7 | 7.3 | 3.1 | 11.5 |
| Women | 20.4 | 15.3 | 25.5 | 11.7 | 7.9 | 15.6 | 10.0 | 6.4 | 13.7 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 18.6 | 13.8 | 23.5 | 19.8 | 14.9 | 24.8 | 7.8 | 4.7 | 10.8 |
| NH Black | 31.0 | 21.9 | 40.1 | 15.3 | 8.6 | 22.0 | 10.2 | 4.4 | 16.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 21.7 | 13.4 | 30.0 | 27.4 | 18.6 | 36.2 | 6.9 | 2.2 | 11.5 |
| NH White women | 15.5 | 10.3 | 20.7 | 12.1 | 7.7 | 16.5 | 8.7 | 4.9 | 12.5 |
| NH Black men | 41.0 | 23.5 | 58.6 | 19.0 | 5.5 | 32.5 | 9.9 | 0.0 | 21.0 |
| NH Black women | 25.3 | 15.4 | 35.3 | 13.3 | 5.7 | 20.8 | 10.5 | 3.6 | 17.3 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 29.0 | 21.2 | 36.7 | 25.3 | 17.6 | 33.0 | 8.1 | 3.8 | 12.5 |
| 45-64 | 29.9 | 22.1 | 37.7 | 14.5 | 9.0 | 20.0 | 11.8 | 6.5 | 17.2 |
| 65 and older | 4.7 | 1.0 | 8.4 | 11.9 | 6.3 | 17.4 | 5.8 | 1.5 | 10.1 |
| Marital Status Never married | 37.3 | 22.7 | 51.8 | 26.2 | 14.0 | 38.4 | 8.9 | 1.9 | 15.8 |
| Married/ living together as a couple | 23.1 | 17.2 | 28.9 | 18.0 | 12.8 | 23.2 | 8.0 | 4.2 | 11.8 |
| Divorced/ widowed/separated | 16.8 | 10.9 | 22.8 | 14.9 | 7.5 | 22.3 | 10.7 | 6.0 | 15.4 |
| Education 0-11 years | 32.1 | 20.9 | 43.4 | 16.1 | 7.5 | 24.7 | 15.3 | 6.8 | 23.8 |
| HS Grad/GED | 24.5 | 17.7 | 31.3 | 24.6 | 17.5 | 31.6 | 6.3 | 2.9 | 9.8 |
| 1 or more years of college | 16.3 | 10.4 | 22.2 | 12.5 | 7.4 | 17.6 | 7.8 | 3.9 | 11.8 |
| Employment Employed for wages | 24.7 | 18.4 | 31.0 | 21.2 | 15.0 | 27.3 | 5.6 | 2.9 | 8.2 |
| Household Income \$24,999 or less | 34.6 | 26.8 | 42.5 | 19.8 | 13.6 | 26.1 | 14.8 | 9.1 | 20.5 |
| \$25,000-49,999 | 19.5 | 11.2 | 27.7 | 22.7 | 13.5 | 32.0 | 4.7 | 0.9 | 8.6 |
| \$50,000 or more | 10.2 | 2.4 | 18.0 | 11.7 | 3.9 | 19.6 | 2.7 | 0.0 | 6.4 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 61.6 | 56.7 | 66.4 | 32.3 | 27.3 | 37.2 | 58.9 | 53.4 | 64.4 |
| Sex Men | 62.9 | 55.0 | 70.8 | 34.5 | 26.0 | 43.1 | 53.8 | 44.8 | 62.8 |
| Women | 60.4 | 54.3 | 66.5 | 30.3 | 24.7 | 36.0 | 63.5 | 56.8 | 70.2 |
| Race/ethnicity NH White | 64.1 | 58.4 | 69.8 | 40.0 | 33.6 | 46.4 | 64.4 | 58.1 | 70.7 |
| NH Black | 56.2 | 46.6 | 65.7 | 17.8 | 10.6 | 25.0 | 54.0 | 43.2 | 64.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 66.4 | 57.3 | 75.5 | 38.0 | 27.2 | 48.8 | 62.4 | 52.2 | 72.6 |
| NH White women | 61.8 | 54.9 | 68.6 | 42.0 | 34.9 | 49.1 | 66.6 | 59.3 | 73.8 |
| NH Black men | 53.2 | 35.5 | 70.9 | 23.2 | 10.1 | 36.3 | 39.5 | 20.9 | 58.0 |
| NH Black women | 57.8 | 46.3 | 69.2 | 14.8 | 6.0 | 23.7 | 63.2 | 50.0 | 76.3 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 70.9 | 63.5 | 78.4 | 53.0 | 44.4 | 61.5 | 59.6 | 51.1 | 68.1 |
| 45-64 | 58.5 | 50.3 | 66.7 | 22.9 | 16.0 | 29.9 | 55.8 | 46.7 | 64.9 |
| 65 and older | 46.9 | 37.2 | 56.6 | 7.6 | 3.4 | 11.8 | 60.8 | 49.2 | 72.3 |
| Marital Status Never married | 57.1 | 43.2 | 71.0 | 53.5 | 39.2 | 67.9 | 55.0 | 39.6 | 70.3 |
| Married/ living together as a couple | 65.6 | 59.2 | 71.9 | 34.5 | 27.9 | 41.2 | 62.1 | 55.1 | 69.0 |
| Divorced/ widowed/separated | 54.3 | 45.2 | 63.5 | 16.6 | 8.9 | 24.3 | 52.2 | 41.3 | 63.2 |
| Education 0-11 years | 37.1 | 26.2 | 48.0 | 8.8 | 2.8 | 14.9 | 36.1 | 22.0 | 50.2 |
| HS Grad/GED | 63.5 | 56.2 | 70.9 | 31.4 | 23.5 | 39.3 | 57.2 | 48.6 | 65.8 |
| 1 or more years of college | 74.1 | 67.1 | 81.0 | 47.6 | 39.1 | 56.1 | 70.6 | 62.9 | 78.4 |
| Employment Employed for wages | 70.4 | 63.9 | 76.9 | 43.8 | 36.4 | 51.2 | 60.9 | 53.6 | 68.3 |
| Household Income \$24,999 or less | 46.7 | 38.7 | 54.7 | 20.5 | 13.8 | 27.2 | 44.6 | 35.5 | 53.8 |
| \$25,000-49,999 | 65.5 | 55.7 | 75.3 | 37.6 | 27.5 | 47.8 | 62.7 | 51.9 | 73.5 |
| \$50,000 or more | 84.4 | 75.6 | 93.2 | 53.7 | 40.5 | 67.0 | 72.9 | 61.2 | 84.5 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 36.4 | 31.5 | 41.2 | 81.4 | 75.2 | 87.6 | 26.3 | 21.5 | 31.0 |
| Sex Men | 37.8 | 29.9 | 45.7 | 72.3 | 61.2 | 83.3 | 21.9 | 14.2 | 29.5 |
| Women | 35.1 | 29.2 | 41.1 | 89.6 | 83.7 | 95.5 | 30.0 | 24.0 | 36.0 |
| Race/ethnicity NH White | 29.4 | 24.0 | 34.8 | 78.5 | 69.6 | 87.4 | 20.8 | 15.2 | 26.5 |
| NH Black | 51.6 | 41.9 | 61.3 | 87.7 | 79.3 | 96.2 | 33.9 | 24.7 | 43.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 31.1 | 22.2 | 40.1 | 69.6 | 54.2 | 84.9 | 19.7 | 9.9 | 29.4 |
| NH White women | 27.7 | 21.6 | 33.9 | 88.6 | 81.2 | 96.0 | 22.0 | 16.1 | 27.9 |
| NH Black men | 60.7 | 43.2 | 78.2 |  |  |  | 27.8 | 12.0 | 43.6 |
| NH Black women | 46.6 | 35.0 | 58.2 | 95.5 | 88.8 | 100.0 | 37.2 | 25.8 | 48.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 16.8 | 10.7 | 22.8 | 62.3 | 43.2 | 81.5 | 24.6 | 16.4 | 32.8 |
| 45-64 | 45.1 | 36.6 | 53.6 | 79.7 | 69.5 | 90.0 | 28.9 | 20.9 | 36.9 |
| 65 and older | 61.1 | 52.0 | 70.3 | 92.6 | 86.5 | 98.8 | 26.5 | 18.4 | 34.6 |
| Marital Status Never married | 26.5 | 15.3 | 37.8 |  |  |  | 27.5 | 14.3 | 40.8 |
| Married/ living together as a couple | 33.4 | 27.1 | 39.7 | 82.0 | 73.5 | 90.4 | 25.5 | 19.0 | 31.9 |
| Divorced/ widowed/separated | 47.8 | 38.7 | 57.0 | 84.8 | 75.0 | 94.5 | 27.0 | 19.2 | 34.8 |
| Education 0-11 years | 49.0 | 37.9 | 60.1 | 85.2 | 74.8 | 95.6 | 27.2 | 17.5 | 36.9 |
| HS Grad/GED | 38.5 | 30.8 | 46.3 | 82.4 | 72.4 | 92.3 | 23.3 | 16.5 | 30.2 |
| 1 or more years of college | 26.2 | 19.5 | 32.9 | 75.3 | 63.3 | 87.3 | 29.4 | 20.8 | 38.1 |
| Employment Employed for wages | 23.8 | 17.8 | 29.8 | 62.9 | 49.3 | 76.6 | 27.8 | 20.7 | 35.0 |
| Household Income \$24,999 or less | 51.5 | 43.6 | 59.3 | 85.7 | 78.5 | 92.9 | 31.3 | 23.8 | 38.9 |
| \$25,000-49,999 | 21.3 | 13.0 | 29.6 | 72.3 | 52.1 | 92.5 | 18.0 | 10.0 | 26.1 |
| \$50,000 or more | 16.9 | 8.1 | 25.7 |  |  |  | 30.4 | 16.2 | 44.6 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 80.5 | 76.4 | 84.6 | 90.8 | 87.1 | 94.4 | 41.2 | 35.6 | 46.8 |
| Sex Men | 77.7 | 70.7 | 84.7 | 89.0 | 82.1 | 95.9 | 44.6 | 35.0 | 54.2 |
| Women | 82.9 | 78.0 | 87.7 | 92.2 | 88.5 | 95.9 | 38.5 | 31.9 | 45.2 |
| Race/ethnicity NH White | 82.8 | 78.1 | 87.6 | 89.9 | 86.2 | 93.7 | 40.3 | 33.7 | 46.9 |
| NH Black | 81.4 | 73.8 | 88.9 | 95.0 | 89.2 | 100.0 | 38.7 | 28.3 | 49.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 80.7 | 72.5 | 88.8 | 89.8 | 83.7 | 95.9 | 44.5 | 33.1 | 56.0 |
| NH White women | 85.0 | 79.8 | 90.2 | 90.0 | 85.5 | 94.6 | 36.4 | 29.1 | 43.7 |
| NH Black men | 77.4 | 62.6 | 92.2 | 93.4 | 80.5 | 100.0 | 35.9 | 17.2 | 54.6 |
| NH Black women | 83.6 | 75.0 | 92.2 | 95.8 | 89.8 | 100.0 | 40.1 | 27.4 | 52.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ | 67.1 | 59.2 | 75.0 | 85.8 | 77.1 | 94.4 | 25.7 | 15.6 | 35.7 |
| 45-64 | 87.2 | 81.0 | 93.4 | 90.8 | 86.1 | 95.6 | 50.6 | 41.8 | 59.5 |
| 65 and older | 94.5 | 90.2 | 98.8 | 97.6 | 95.1 | 100.0 | 47.7 | 37.9 | 57.4 |
| Marital Status Never married | 63.5 | 49.7 | 77.3 | 89.7 | 76.7 | 100.0 | 27.9 | 13.2 | 42.7 |
| Married/ living together as a couple | 80.7 | 75.2 | 86.2 | 90.9 | 86.6 | 95.1 | 41.6 | 34.1 | 49.1 |
| Divorced/ widowed/separated | 87.7 | 81.4 | 94.0 | 90.8 | 82.9 | 98.8 | 44.1 | 34.4 | 53.8 |
| Education 0-11 years | 83.0 | 73.8 | 92.2 | 89.8 | 80.8 | 98.8 | 46.9 | 34.8 | 59.0 |
| HS Grad/GED | 79.2 | 72.6 | 85.9 | 91.7 | 85.5 | 97.9 | 46.8 | 37.8 | 55.8 |
| 1 or more years of college | 81.1 | 74.8 | 87.5 | 90.3 | 85.4 | 95.1 | 31.0 | 22.6 | 39.3 |
| Employment Employed for wages | 75.9 | 69.7 | 82.1 | 87.0 | 80.6 | 93.4 | 37.4 | 29.1 | 45.7 |
| Household Income \$24,999 or less | 78.7 | 71.9 | 85.5 | 95.9 | 93.4 | 98.5 | 51.7 | 42.9 | 60.5 |
| \$25,000-49,999 | 78.1 | 69.5 | 86.7 | 79.3 | 68.3 | 90.4 | 35.9 | 24.2 | 47.6 |
| \$50,000 or more | 87.9 | 80.4 | 95.4 | 93.8 | 88.7 | 98.9 | 28.1 | 16.0 | 40.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 12.6 | 9.2 | 16.0 | 70.3 | 56.4 | 84.2 | 14.4 | 11.1 | 17.8 |
| Sex Men | 12.9 | 7.3 | 18.5 |  |  |  | 13.3 | 8.2 | 18.4 |
| Women | 12.3 | 8.1 | 16.5 | 81.1 | 67.5 | 94.7 | 15.4 | 10.9 | 19.9 |
| Race/ethnicity NH White | 10.2 | 6.7 | 13.7 | 75.5 | 58.9 | 92.1 | 10.9 | 7.4 | 14.4 |
| NH Black | 15.7 | 8.3 | 23.0 |  |  |  | 19.4 | 12.2 | 26.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 10.4 | 4.5 | 16.2 |  |  |  | 10.4 | 5.2 | 15.6 |
| NH White women | 10.0 | 6.1 | 14.0 |  |  |  | 11.5 | 6.7 | 16.2 |
| NH Black men | 17.5 | 3.4 | 31.6 |  |  |  | 16.2 | 3.6 | 28.8 |
| NH Black women | 14.6 | 6.1 | 23.2 |  |  |  | 21.2 | 12.2 | 30.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br> 65 and older  | 12.4 | 7.3 | 17.5 |  |  |  | 4.9 | 1.7 | 8.1 |
|  | 14.1 | 7.9 | 20.2 |  |  |  | 16.0 | 10.0 | 22.0 |
|  | 11.2 | 4.0 | 18.5 |  |  |  | 30.4 | 21.3 | 39.5 |
| Marital Status Never married | 13.6 | 4.4 | 22.9 |  |  |  | 12.4 | 4.9 | 20.0 |
| Married/ living together as a couple | 11.5 | 7.1 | 15.9 |  |  |  | 11.8 | 7.7 | 15.9 |
| Divorced/ widowed/separated | 14.0 | 7.4 | 20.6 |  |  |  | 21.2 | 13.5 | 28.9 |
| Education $0-11$ years <br> HS Grad/GED  <br> 1 or more years of college  <br> 1  | 16.1 | 8.2 | 24.0 |  |  |  | 18.8 | 10.1 | 27.4 |
|  | 12.4 | 6.9 | 17.8 |  |  |  | 16.8 | 11.1 | 22.4 |
|  | 10.8 | 5.6 | 15.9 |  |  |  | 9.1 | 5.1 | 13.1 |
| Employment Employed for wages | 12.0 | 7.5 | 16.5 | 69.2 | 50.8 | 87.6 | 6.8 | 3.6 | 10.1 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 16.3 | 10.1 | 22.5 | 66.6 | 44.5 | 88.6 | 20.7 | 14.2 | 27.1 |
|  | 9.9 | 3.4 | 16.3 |  |  |  | 10.8 | 4.9 | 16.8 |
|  | 7.5 | 1.1 | 13.8 |  |  |  | 6.3 | 1.0 | 11.6 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 26.7 | 22.1 | 31.2 | 38.3 | 33.3 | 43.3 | 33.1 | 28.2 | 38.0 |
| Sex $r$ Men | 24.8 | 17.7 | 31.9 | 32.9 | 25.1 | 40.8 | 29.1 | 21.6 | 36.6 |
|  | 28.3 | 22.4 | 34.1 | 42.9 | 36.6 | 49.2 | 36.5 | 30.2 | 42.8 |
| Race/ethnicity NH White <br> NH Black  <br> Hispanic  | 24.7 | 19.4 | 30.0 | 31.4 | 25.8 | 37.0 | 26.4 | 21.1 | 31.7 |
|  | 28.9 | 20.0 | 37.8 | 48.0 | 38.4 | 57.7 | 42.2 | 32.6 | 51.9 |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 27.3 | 18.5 | 36.1 | 30.7 | 21.4 | 39.9 | 27.1 | 18.4 | 35.7 |
| NH White women | 22.0 | 16.1 | 27.9 | 32.1 | 25.6 | 38.7 | 25.6 | 19.4 | 31.9 |
| NH Black men | 19.0 | 4.6 | 33.4 | 37.8 | 20.6 | 55.0 | 33.9 | 16.8 | 51.0 |
| NH Black women | 34.4 | 23.1 | 45.7 | 53.7 | 42.0 | 65.4 | 46.8 | 35.0 | 58.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 17.3 | 10.9 | 23.8 | 29.0 | 21.3 | 36.8 | 25.2 | 17.8 | 32.5 |
|  | 34.8 | 26.6 | 43.0 | 44.4 | 35.9 | 52.9 | 37.9 | 29.4 | 46.4 |
|  | 33.1 | 23.8 | 42.4 | 48.3 | 38.7 | 57.9 | 42.1 | 32.4 | 51.8 |
| Marital Status Never married | 22.0 | 11.0 | 33.0 | 38.8 | 24.9 | 52.7 | 26.9 | 14.8 | 39.0 |
| Married/ living together as a couple | 25.7 | 19.8 | 31.6 | 35.7 | 29.1 | 42.2 | 34.1 | 27.7 | 40.6 |
| Divorced/ widowed/separated | 30.8 | 21.7 | 39.8 | 44.3 | 34.9 | 53.6 | 32.9 | 23.8 | 42.1 |
| Education $0-11$ years <br> HS Grad/GED  | 24.0 | 14.9 | 33.1 | 50.3 | 39.0 | 61.6 | 36.2 | 25.3 | 47.2 |
|  | 30.8 | 23.1 | 38.4 | 40.6 | 32.6 | 48.6 | 35.0 | 27.2 | 42.7 |
|  | 23.5 | 16.6 | 30.3 | 28.6 | 21.3 | 35.9 | 29.2 | 21.5 | 36.9 |
| Employment Employed for wages <br> Household Income $\$ 24,999$ or less | 24.4 | 18.1 | 30.6 | 32.2 | 25.5 | 38.9 | 31.6 | 24.8 | 38.4 |
|  | 29.0 | 21.7 | 36.2 | 46.4 | 38.3 | 54.4 | 35.6 | 27.7 | 43.4 |
| \$25,000 - 49,999 | 31.2 | 21.3 | 41.1 | 32.4 | 22.5 | 42.3 | 30.5 | 20.8 | 40.3 |
| \$50,000 or more | 23.9 | 13.6 | 34.2 | 32.9 | 21.0 | 44.8 | 33.7 | 21.5 | 46.0 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 24.3 | 20.3 | 28.4 | 4.6 | 2.8 | 6.4 | 20.9 | 17.1 | 24.8 |
| Sex Men <br>  Women | 23.9 | 17.3 | 30.5 | 2.6 | 0.3 | 5.0 | 19.8 | 13.7 | 26.0 |
|  | 24.7 | 19.7 | 29.7 | 6.2 | 3.6 | 8.9 | 21.8 | 17.0 | 26.6 |
| Race/ethnicity NH White <br>  NH Black | 25.8 | 20.8 | 30.8 | 5.2 | 2.9 | 7.5 | 22.7 | 18.1 | 27.4 |
|  | 22.4 | 14.7 | 30.0 | 2.9 | 0.4 | 5.5 | 18.3 | 11.2 | 25.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 23.4 | 15.6 | 31.2 | 2.1 | 0.0 | 4.4 | 19.0 | 12.0 | 26.1 |
| NH White women | 28.1 | 21.9 | 34.3 | 8.3 | 4.4 | 12.1 | 26.4 | 20.4 | 32.4 |
| NH Black men | 22.4 | 7.9 | 36.8 |  |  |  | 17.9 | 5.2 | 30.7 |
| NH Black women | 22.3 | 13.4 | 31.3 | 4.6 | 0.6 | 8.6 | 18.5 | 9.8 | 27.2 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br> 65 and older  | 10.7 | 5.8 | 15.6 | 1.2 | 0.0 | 2.8 | 5.1 | 1.6 | 8.5 |
|  | 23.4 | 16.5 | 30.2 | 5.5 | 1.9 | 9.2 | 18.1 | 11.9 | 24.3 |
|  | 50.2 | 40.8 | 59.6 | 9.6 | 4.7 | 14.4 | 53.1 | 43.4 | 62.7 |
| Marital Status Never married | 19.4 | 9.2 | 29.6 | 4.4 | 0.0 | 10.2 | 21.0 | 9.5 | 32.5 |
| Married/ living together as a couple | 22.5 | 17.1 | 27.8 | 4.3 | 2.0 | 6.5 | 18.2 | 13.4 | 23.0 |
| Divorced/ widowed/separated | 31.5 | 23.8 | 39.2 | 5.5 | 1.9 | 9.0 | 27.0 | 19.5 | 34.4 |
| Education $0-11$ years <br> HS Grad/GED  | 31.2 | 21.0 | 41.4 | 4.0 | 0.8 | 7.1 | 22.2 | 13.4 | 31.1 |
|  | 19.4 | 13.6 | 25.1 | 3.3 | 0.9 | 5.8 | 21.1 | 15.1 | 27.2 |
|  | 26.4 | 19.8 | 33.1 | 6.5 | 2.9 | 10.2 | 20.0 | 14.0 | 26.0 |
| Employment Employed for wages | 13.0 | 9.0 | 17.0 | 3.2 | 1.0 | 5.4 | 8.5 | 5.1 | 12.0 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 35.2 | 27.7 | 42.6 | 5.3 | 2.1 | 8.4 | 30.0 | 22.9 | 37.0 |
|  | 14.4 | 8.1 | 20.6 | 3.3 | 0.1 | 6.4 | 14.9 | 8.6 | 21.2 |
|  | 20.2 | 10.9 | 29.4 | 5.4 | 0.4 | 10.4 | 16.9 | 7.9 | 26.0 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Manatee County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Manatee County, 513 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Manatee County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | Cl |  |
| All | 264,002 | 15,982,378 | 21.6 | 10.4 | 32.8 | 61.1 | 50.3 | 72.0 |
| Sex Men | 48.3\% | 48.8\% | 15.5 | 9.6 | 21.3 | 53.4 | 42.5 | 64.2 |
| Women | 51.7\% | 51.2\% | 27.1 | 7.9 | 46.3 | 67.2 | 51.9 | 82.6 |
| Race/ethnicity NH White | 80.6\% | 65.4\% | 22.0 | 8.9 | 35.1 | 65.6 | 54.0 | 77.3 |
| NH Black | 8.0\% | 14.2\% | 13.6 | 1.0 | 26.2 |  |  |  |
| Hispanic | 9.3\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 38.3\% | 31.9\% | 15.8 | 9.5 | 22.2 | 57.3 | 45.6 | 69.1 |
| NH White women | 42.2\% | 33.6\% | 27.4 | 4.9 | 49.8 | 72.1 | 56.4 | 87.9 |
| NH Black men | 3.8\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.2\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 5.2\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 4.1\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 31.2\% | 36.9\% | 11.6 | 6.0 | 17.3 | 58.2 | 48.9 | 67.5 |
| 45-64 | 23.3\% | 22.7\% | 15.3 | 9.1 | 21.6 | 50.6 | 39.7 | 61.4 |
| 65 and older | 24.9\% | 17.6\% | 39.6 | 12.6 | 66.6 |  |  |  |
| Marital Status Never married | 17.6\% | 22.5\% | 48.0 | 0.4 | 95.6 | 75.5 | 47.9 | 100.0 |
| Married/ living together as a couple | 57.7\% | 53.7\% | 14.9 | 10.1 | 19.8 | 54.3 | 45.4 | 63.3 |
| Divorced/ widowed/separated | 24.7\% | 23.8\% | 22.6 | 15.9 | 29.4 | 65.5 | 54.1 | 77.0 |
| Education 0-11 years | 18.6\% | 20.1\% | 32.2 | 15.4 | 48.9 |  |  |  |
| HS Grad/GED | 31.9\% | 28.7\% | 15.2 | 9.7 | 20.7 | 50.1 | 37.0 | 63.2 |
| 1 or more years of college | 49.6\% | 51.1\% | 22.8 | 5.2 | 40.5 | 68.7 | 56.0 | 81.4 |
| Employment Employed for wages | 52.0\% | 54.9\% | 20.7 | 2.4 | 38.9 | 61.1 | 50.3 | 72.0 |
| Household Income \$24,999 or less | 30.3\% | 30.8\% | 42.9 | 14.2 | 71.6 | 72.8 | 48.6 | 97.1 |
| \$25,000 - 49,999 | 32.6\% | 31.6\% | 17.3 | 9.7 | 24.9 | 47.9 | 35.8 | 60.1 |
| \$50,000 or more | 37.1\% | 37.6\% | 6.0 | 1.2 | 10.9 | 65.3 | 54.1 | 76.5 |

[^41]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 25.5 | 20.1 | 30.9 | 51.6 | 43.1 | 60.0 | 71.6 | 60.9 | 82.2 |
| Sex Men | 19.7 | 13.6 | 25.8 | 48.3 | 40.4 | 56.3 | 70.0 | 62.3 | 77.7 |
| Women | 30.7 | 21.1 | 40.3 | 54.5 | 39.4 | 69.5 | 73.0 | 53.7 | 92.3 |
| Race/ethnicity NH White | 20.0 | 14.9 | 25.2 | 48.9 | 39.5 | 58.3 | 69.5 | 57.2 | 81.7 |
| NH Black | 45.6 | 25.8 | 65.4 | 64.4 | 44.9 | 83.8 | 86.1 | 70.7 | 100.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 15.6 | 9.4 | 21.8 | 49.3 | 40.5 | 58.1 | 69.6 | 61.0 | 78.2 |
| NH White women | 23.9 | 15.1 | 32.8 | 48.5 | 32.6 | 64.4 | 69.4 | 47.7 | 91.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 27.2 | 19.7 | 34.8 | 53.5 | 44.9 | 62.1 | 69.0 | 60.6 | 77.3 |
| 45-64 | 25.8 | 18.6 | 32.9 | 57.7 | 49.5 | 65.9 | 82.6 | 76.3 | 88.8 |
| 65 and older | 23.3 | 11.1 | 35.6 | 43.9 | 23.3 | 64.5 | 65.3 | 36.2 | 94.4 |
| Marital Status Never married | 15.9 | 0.0 | 33.0 | 26.5 | 0.9 | 52.0 | 38.0 | 2.4 | 73.6 |
| Married/ living together as a couple | 26.2 | 20.6 | 31.9 | 55.3 | 48.8 | 61.8 | 76.8 | 71.0 | 82.6 |
| Divorced/ widowed/separated | 30.6 | 23.1 | 38.2 | 59.3 | 50.9 | 67.6 | 81.1 | 74.0 | 88.3 |
| Education 0-11 years | 60.9 | 43.1 | 78.7 | 66.3 | 49.9 | 82.8 | 84.4 | 70.8 | 98.0 |
| HS Grad/GED | 35.3 | 27.1 | 43.5 | 55.5 | 46.4 | 64.5 | 81.0 | 73.4 | 88.6 |
| 1 or more years of college | 15.1 | 9.5 | 20.7 | 47.3 | 35.3 | 59.3 | 65.1 | 49.6 | 80.6 |
| Employment Employed for wages | 23.4 | 15.8 | 31.0 | 49.0 | 36.3 | 61.6 | 66.3 | 50.3 | 82.3 |
| Household Income \$24,999 or less | 37.0 | 17.3 | 56.7 | 48.7 | 23.8 | 73.7 | 64.5 | 32.4 | 96.6 |
| \$25,000-49,999 | 28.4 | 20.6 | 36.2 | 56.1 | 46.8 | 65.3 | 79.5 | 71.6 | 87.4 |
| \$50,000 or more | 8.4 | 3.0 | 13.8 | 44.8 | 35.2 | 54.4 | 65.0 | 55.0 | 74.9 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 43.8 | 34.9 | 52.7 | 21.8 | 16.8 | 26.7 | 65.4 | 55.5 | 75.3 |
| Sex Men | 50.8 | 42.8 | 58.7 | 23.5 | 16.7 | 30.2 | 74.2 | 66.7 | 81.6 |
| Women | 37.5 | 20.8 | 54.3 | 20.3 | 13.3 | 27.2 | 57.6 | 41.9 | 73.3 |
| Race/ethnicity NH White | 45.5 | 35.4 | 55.7 | 20.9 | 15.5 | 26.2 | 64.7 | 53.2 | 76.2 |
| NH Black | 42.7 | 22.8 | 62.7 | 31.1 | 13.5 | 48.7 | 77.7 | 60.5 | 94.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 54.0 | 45.2 | 62.7 | 21.7 | 14.7 | 28.7 | 73.3 | 64.9 | 81.7 |
| NH White women | 38.2 | 18.7 | 57.6 | 20.2 | 12.3 | 28.0 | 57.2 | 39.0 | 75.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| \begin{tabular}{\||r|}
\hline
\end{tabular}$\quad$ Hispanic women | 31.9 | 23.6 | 40.1 | 23.7 | 16.5 | 31.0 | 77.8 | 70.0 | 85.7 |
|  | 43.2 | 34.9 | 51.4 | 29.3 | 21.6 | 37.1 | 70.1 | 62.6 | 77.6 |
|  | 60.8 | 42.2 | 79.3 | 12.5 | 4.9 | 20.1 | 45.2 | 24.2 | 66.2 |
| Marital Status Never married | 60.7 | 23.9 | 97.5 | 11.2 | 0.0 | 23.4 | 44.7 | 3.3 | 86.2 |
| Married/ living together as a couple | 41.4 | 34.9 | 47.8 | 24.5 | 18.9 | 30.1 | 67.1 | 60.9 | 73.4 |
| Divorced/ widowed/separated | 38.4 | 30.1 | 46.8 | 21.2 | 14.6 | 27.7 | 76.1 | 69.2 | 83.0 |
| Education $0-11$ years <br> HS Grad/GED  | 23.6 | 10.5 | 36.6 | 36.6 | 18.8 | 54.5 | 80.8 | 65.8 | 95.8 |
|  | 40.5 | 31.6 | 49.4 | 25.2 | 17.6 | 32.8 | 76.4 | 68.6 | 84.2 |
|  | 48.7 | 35.9 | 61.4 | 17.7 | 11.7 | 23.7 | 57.7 | 43.7 | 71.7 |
| Employment Employed for wages | 46.2 | 32.7 | 59.7 | 20.9 | 13.9 | 27.9 | 66.0 | 50.1 | 81.8 |
| Household Income $\$ 24,999$ or less <br> $\$ 25,000-49,999$  <br> $\$ 50,000$ or more  | 46.4 | 19.2 | 73.6 | 27.6 | 12.2 | 43.0 | 58.4 | 29.0 | 87.8 |
|  | 38.3 | 29.4 | 47.2 | 27.4 | 18.7 | 36.2 | 72.5 | 64.3 | 80.7 |
|  | 48.4 | 38.5 | 58.2 | 15.9 | 9.1 | 22.7 | 70.3 | 60.9 | 79.7 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 24.2 | 19.0 | 29.5 | 54.7 | 44.8 | 64.6 | 14.2 | 10.0 | 18.4 |
| Sex Men | 23.6 | 17.0 | 30.3 | 61.1 | 45.1 | 77.1 | 19.8 | 12.9 | 26.6 |
| Women | 24.8 | 16.6 | 33.0 | 49.4 | 36.8 | 61.9 | 9.1 | 5.0 | 13.2 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 25.0 | 19.0 | 31.0 | 52.0 | 41.5 | 62.5 | 16.0 | 11.0 | 21.0 |
| NH Black | 17.5 | 2.4 | 32.5 |  |  |  | 7.8 | 0.0 | 19.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 23.4 | 16.1 | 30.7 | 54.7 | 36.4 | 73.1 | 22.8 | 14.8 | 30.7 |
| NH White women | 26.4 | 16.7 | 36.1 | 49.9 | 37.2 | 62.6 | 10.1 | 5.3 | 15.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 31.6 | 23.7 | 39.6 | 60.1 | 45.0 | 75.2 | 20.0 | 12.6 | 27.4 |
|  | 28.7 | 21.4 | 36.0 | 47.0 | 31.9 | 62.1 | 13.0 | 7.6 | 18.5 |
|  | 12.2 | 4.4 | 20.1 |  |  |  | 8.1 | 1.6 | 14.7 |
| Marital Status <br> Married/ living together as a couple | 24.2 | 0.0 | 48.6 |  |  |  | 7.9 | 0.0 | 17.3 |
|  | 22.5 | 17.1 | 27.9 | 59.6 | 46.3 | 72.8 | 15.7 | 10.4 | 20.9 |
| Divorced/ widowed/separated | 30.1 | 22.6 | 37.6 | 45.2 | 30.1 | 60.3 | 14.2 | 8.3 | 20.1 |
| Education 0-11 years | 29.0 | 12.9 | 45.2 |  |  |  | 6.3 | 0.0 | 13.2 |
| HS Grad/GED | 32.9 | 24.2 | 41.6 | 52.9 | 36.0 | 69.8 | 15.9 | 8.7 | 23.0 |
| 1 or more years of college | 19.4 | 13.1 | 25.8 | 57.5 | 44.4 | 70.6 | 14.6 | 8.7 | 20.5 |
| Employment Employed for wages | 26.2 | 18.2 | 34.2 | 56.4 | 44.3 | 68.4 | 15.7 | 9.5 | 21.9 |
| Household Income \$24,999 or less | 25.5 | 11.3 | 39.8 | 49.9 | 33.2 | 66.6 | 9.6 | 2.5 | 16.7 |
| \$25,000-49,999 | 30.7 | 21.8 | 39.5 | 50.9 | 32.6 | 69.1 | 14.4 | 7.9 | 20.9 |
| \$50,000 or more | 19.3 | 12.1 | 26.4 |  |  |  | 20.7 | 11.5 | 30.0 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 16.7 | 12.3 | 21.0 | 19.6 | 14.7 | 24.6 | 4.3 | 2.1 | 6.4 |
| Sex Men <br>  Women | 14.2 | 8.7 | 19.7 | 23.3 | 16.3 | 30.4 | 4.4 | 0.8 | 8.1 |
|  | 18.9 | 11.8 | 25.9 | 16.4 | 9.9 | 22.8 | 4.1 | 1.6 | 6.6 |
| Race/ethnicity NH White | 12.7 | 8.7 | 16.7 | 15.5 | 10.8 | 20.2 | 4.4 | 2.0 | 6.9 |
| NH Black | 19.4 | 6.1 | 32.7 | 12.6 | 0.0 | 25.3 | 5.8 | 0.0 | 17.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 11.9 | 6.4 | 17.5 | 20.8 | 13.5 | 28.1 | 4.5 | 0.4 | 8.6 |
| NH White women | 13.3 | 7.4 | 19.2 | 11.0 | 5.9 | 16.0 | 4.4 | 1.5 | 7.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older <br> Marital Status  | 27.8 | 20.0 | 35.5 | 32.1 | 23.7 | 40.5 | 4.8 | 1.0 | 8.5 |
|  | 18.2 | 11.8 | 24.5 | 19.0 | 12.2 | 25.7 | 8.1 | 2.9 | 13.3 |
|  | 0.4 | 0.0 | 1.1 | 4.8 | 0.4 | 9.2 | 0.4 | 0.0 | 1.3 |
|  | 22.8 | 0.0 | 46.1 | 16.8 | 0.0 | 35.0 | 5.5 | 0.0 | 14.6 |
| Married/ living together as a couple | 14.5 | 9.7 | 19.3 | 21.3 | 15.6 | 27.1 | 3.3 | 0.9 | 5.7 |
| Divorced/ widowed/separated | 18.9 | 12.5 | 25.3 | 16.3 | 9.9 | 22.8 | 6.5 | 2.6 | 10.4 |
| Education 0-11 years | 48.8 | 30.7 | 67.0 | 56.3 | 39.2 | 73.5 | 7.5 | 0.0 | 15.6 |
| HS Grad/GED | 18.9 | 11.7 | 26.1 | 19.0 | 11.4 | 26.6 | 5.8 | 0.8 | 10.9 |
| 1 or more years of college | 10.4 | 6.2 | 14.6 | 14.0 | 8.6 | 19.4 | 3.0 | 0.8 | 5.2 |
| Employment Employed for wages | 18.6 | 12.1 | 25.2 | 21.1 | 13.6 | 28.5 | 4.6 | 1.5 | 7.6 |
| Household Income \$24,999 or less | 19.1 | 7.7 | 30.5 | 16.1 | 5.9 | 26.3 | 6.8 | 1.4 | 12.2 |
| \$25,000-49,999 | 23.4 | 15.1 | 31.6 | 27.4 | 18.4 | 36.5 | 6.0 | 0.8 | 11.2 |
| \$50,000 or more | 3.2 | 0.4 | 6.0 | 9.4 | 3.5 | 15.3 | 1.9 | 0.0 | 4.6 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | Cl |  |
| All | 62.6 | 53.0 | 72.2 | 40.3 | 32.9 | 47.7 | 69.2 | 64.3 | 74.2 |
| Sex Men | 65.7 | 58.2 | 73.2 | 40.6 | 32.5 | 48.7 | 67.8 | 60.1 | 75.5 |
| Women | 59.9 | 43.6 | 76.1 | 40.0 | 28.0 | 51.9 | 70.7 | 64.4 | 77.0 |
| Race/ethnicity NH White | 66.6 | 55.0 | 78.3 | 37.9 | 29.8 | 46.0 | 73.9 | 68.9 | 78.9 |
| NH Black | 71.8 | 54.5 | 89.2 | 34.7 | 15.7 | 53.6 | 59.3 | 39.9 | 78.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 71.5 | 63.8 | 79.2 | 38.9 | 30.0 | 47.8 | 72.1 | 64.2 | 80.1 |
| NH White women | 62.4 | 42.8 | 82.0 | 37.1 | 24.1 | 50.0 | 75.9 | 69.9 | 81.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 61.3 | 52.9 | 69.7 | 70.1 | 62.4 | 77.7 | 62.2 | 53.8 | 70.7 |
|  | 68.2 | 60.2 | 76.1 | 26.0 | 18.6 | 33.4 | 66.4 | 58.0 | 74.9 |
|  | 58.8 | 32.3 | 85.2 | 11.8 | 3.9 | 19.6 | 85.0 | 78.0 | 92.0 |
| Marital Status Never married | 34.8 | 1.8 | 67.8 | 25.8 | 0.9 | 50.8 | 57.8 | 40.5 | 75.1 |
| Married/ living together as a couple | 68.8 | 62.7 | 74.9 | 47.5 | 40.9 | 54.2 | 72.7 | 66.5 | 78.9 |
| Divorced/ widowed/separated | 64.3 | 56.2 | 72.3 | 28.1 | 20.1 | 36.1 | 63.0 | 54.3 | 71.8 |
| Education 0-11 years | 27.5 | 13.5 | 41.4 | 51.7 | 33.6 | 69.8 | 32.7 | 14.2 | 51.1 |
| HS Grad/GED | 67.4 | 59.2 | 75.7 | 29.5 | 20.8 | 38.1 | 67.3 | 58.5 | 76.2 |
| 1 or more years of college | 66.1 | 50.6 | 81.6 | 43.4 | 31.9 | 55.0 | 76.0 | 70.3 | 81.8 |
| Employment Employed for wages | 57.9 | 43.6 | 72.2 | 49.9 | 37.0 | 62.8 | 64.6 | 57.8 | 71.4 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 41.0 | 19.5 | 62.5 | 20.7 | 8.2 | 33.1 | 59.3 | 48.5 | 70.1 |
|  | 61.7 | 52.4 | 70.9 | 42.3 | 33.0 | 51.6 | 60.5 | 50.7 | 70.2 |
|  | 83.3 | 76.1 | 90.5 | 55.7 | 46.0 | 65.3 | 85.1 | 78.2 | 92.0 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 36.8 | 27.2 | 46.5 | 79.8 | 70.0 | 89.6 | 20.6 | 15.7 | 25.4 |
| Sex Men | 36.7 | 29.1 | 44.3 | 75.7 | 64.3 | 87.0 | 22.5 | 15.7 | 29.2 |
| Women | 37.0 | 20.1 | 53.9 | 83.5 | 70.1 | 96.9 | 18.8 | 12.2 | 25.5 |
| Race/ethnicity NH White | 38.2 | 27.1 | 49.2 | 80.3 | 69.8 | 90.8 | 21.5 | 16.0 | 27.1 |
| NH Black | 42.7 | 23.1 | 62.3 |  |  |  | 23.8 | 6.9 | 40.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 37.4 | 29.0 | 45.7 | 76.6 | 65.4 | 87.7 | 23.3 | 16.0 | 30.6 |
| NH White women | 38.9 | 19.6 | 58.1 | 83.4 | 68.5 | 98.4 | 20.0 | 12.1 | 27.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 13.5 | 7.7 | 19.4 |  |  |  | 16.6 | 10.3 | 22.9 |
| 45-64 | 39.3 | 31.1 | 47.5 | 78.2 | 66.9 | 89.5 | 31.0 | 23.0 | 39.0 |
| 65 and older | 64.4 | 47.2 | 81.6 | 89.9 | 80.9 | 98.8 | 17.1 | 7.1 | 27.0 |
| Marital Status Never married | 58.4 | 19.6 | 97.2 |  |  |  | 12.3 | 0.0 | 25.8 |
| Married/ living together as a couple | 31.5 | 25.6 | 37.5 | 76.0 | 65.7 | 86.2 | 22.8 | 17.3 | 28.4 |
| Divorced/ widowed/separated | 37.3 | 29.2 | 45.3 | 72.0 | 59.5 | 84.4 | 19.5 | 13.0 | 26.0 |
| Education $0-11$ years <br> HS Grad/GED  | 21.3 | 6.2 | 36.4 |  |  |  | 11.9 | 0.0 | 26.1 |
|  | 39.9 | 31.2 | 48.7 | 77.6 | 65.4 | 89.7 | 22.0 | 14.4 | 29.6 |
|  | 38.0 | 23.2 | 52.7 | 83.7 | 72.2 | 95.3 | 21.3 | 14.5 | 28.1 |
| Employment Employed for wages | 31.9 | 15.8 | 48.1 | 76.7 | 57.4 | 96.1 | 19.2 | 12.6 | 25.9 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 58.3 | 36.5 | 80.0 | 86.1 | 72.2 | 100.0 | 20.4 | 8.2 | 32.6 |
|  | 28.0 | 19.6 | 36.4 | 68.6 | 51.1 | 86.1 | 27.5 | 18.8 | 36.2 |
|  | 29.7 | 20.8 | 38.5 | 79.8 | 65.1 | 94.5 | 16.4 | 9.4 | 23.4 |

## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 83.6 | 79.2 | 88.0 | 93.3 | 90.5 | 96.2 | 43.8 | 33.3 | 54.3 |
| Sex Men | 83.7 | 77.7 | 89.8 | 91.5 | 87.0 | 96.1 | 37.9 | 29.5 | 46.2 |
| Women | 83.5 | 77.2 | 89.8 | 94.9 | 91.6 | 98.3 | 49.0 | 32.1 | 66.0 |
| Race/ethnicity NH White | 86.0 | 81.6 | 90.4 | 94.0 | 91.2 | 96.9 | 47.1 | 35.7 | 58.6 |
| NH Black | 78.2 | 62.8 | 93.7 |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 85.1 | 78.6 | 91.6 | 92.0 | 87.1 | 96.9 | 39.4 | 30.2 | 48.6 |
| NH White women | 86.7 | 80.9 | 92.6 | 95.7 | 92.8 | 98.6 | 53.7 | 36.3 | 71.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 66.2 | 58.0 | 74.3 | 89.0 | 82.7 | 95.4 | 14.3 | 7.5 | 21.2 |
| 45-64 | 91.5 | 87.1 | 95.9 | 92.9 | 88.5 | 97.3 | 52.9 | 44.1 | 61.7 |
| 65 and older | 97.1 | 94.4 | 99.7 | 97.9 | 95.1 | 100.0 | 62.2 | 43.4 | 81.0 |
| Marital Status Never married | 82.2 | 63.2 | 100.0 | 95.5 | 88.6 | 100.0 | 63.8 | 21.0 | 100.0 |
| Married/ living together as a couple | 82.4 | 77.4 | 87.4 | 93.1 | 89.3 | 96.8 | 38.3 | 31.4 | 45.2 |
| Divorced/ widowed/separated | 88.6 | 83.1 | 94.1 | 92.5 | 88.0 | 97.0 | 45.8 | 36.9 | 54.6 |
| Education 0-11 years | 63.0 | 45.1 | 80.9 | 97.9 | 93.6 | 100.0 | 22.2 | 5.3 | 39.2 |
| HS Grad/GED | 82.5 | 75.0 | 90.0 | 93.3 | 88.5 | 98.1 | 43.7 | 34.1 | 53.2 |
| 1 or more years of college | 87.5 | 82.7 | 92.2 | 92.8 | 88.8 | 96.8 | 46.3 | 31.2 | 61.4 |
| Employment Employed for wages | 82.7 | 76.4 | 89.0 | 91.3 | 86.6 | 95.9 | 40.6 | 22.9 | 58.4 |
| Household Income \$24,999 or less | 87.7 | 79.5 | 96.0 | 95.3 | 91.0 | 99.7 | 60.2 | 36.4 | 84.1 |
| \$25,000-49,999 | 76.2 | 67.9 | 84.5 | 91.0 | 84.5 | 97.4 | 48.1 | 37.6 | 58.7 |
| \$50,000 or more | 86.6 | 80.0 | 93.3 | 91.6 | 86.1 | 97.2 | 31.0 | 21.8 | 40.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 11.4 | 7.7 | 15.2 | 66.6 | 50.8 | 82.5 | 7.1 | 4.5 | 9.7 |
| Sex Men | 11.9 | 6.2 | 17.6 |  |  |  | 8.9 | 4.5 | 13.3 |
| Women | 11.0 | 6.2 | 15.8 | 75.8 | 59.1 | 92.5 | 5.5 | 2.7 | 8.2 |
| Race/ethnicity NH White | 11.3 | 7.4 | 15.2 | 70.0 | 53.9 | 86.1 | 7.3 | 4.3 | 10.2 |
| NH Black | 5.8 | 0.0 | 14.6 |  |  |  | 13.6 | 0.1 | 27.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 10.6 | 5.1 | 16.2 |  |  |  | 9.6 | 4.5 | 14.7 |
| NH White women | 11.9 | 6.2 | 17.6 | 76.7 | 58.8 | 94.6 | 5.2 | 2.3 | 8.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 13.2 | 6.7 | 19.7 |  |  |  | 2.8 | 0.6 | 5.0 |
| 45-64 | 12.0 | 6.8 | 17.1 |  |  |  | 7.0 | 2.9 | 11.2 |
| 65 and older | 9.3 | 2.6 | 16.1 |  |  |  | 12.8 | 4.7 | 20.9 |
| Marital Status Never married | 11.6 | 0.0 | 25.1 |  |  |  | 7.2 | 0.0 | 15.8 |
| Married/ living together as a couple | 11.5 | 7.0 | 16.0 |  |  |  | 7.4 | 4.1 | 10.8 |
| Divorced/ widowed/separated | 11.1 | 5.8 | 16.3 |  |  |  | 5.8 | 2.3 | 9.3 |
| Education 0-11 years | 19.4 | 2.8 | 35.9 |  |  |  | 5.1 | 0.2 | 10.0 |
| HS Grad/GED | 11.5 | 4.7 | 18.3 |  |  |  | 5.5 | 1.6 | 9.3 |
| 1 or more years of college | 10.1 | 5.9 | 14.3 | 68.2 | 49.6 | 86.9 | 8.2 | 4.3 | 12.0 |
| Employment Employed for wages | 11.0 | 6.0 | 16.0 |  |  |  | 3.6 | 1.4 | 5.7 |
| Household Income \$24,999 or less | 10.8 | 3.4 | 18.3 |  |  |  | 11.9 | 3.9 | 19.9 |
| \$25,000-49,999 | 16.7 | 8.2 | 25.2 |  |  |  | 6.3 | 1.9 | 10.7 |
| \$50,000 or more | 6.6 | 2.1 | 11.0 |  |  |  | 3.4 | 0.0 | 6.8 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Marion County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Marion County, 503 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Marion County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | CI |  |
| All | 258,916 | 15,982,378 | 18.7 | 14.8 | 22.6 | 58.3 | 50.8 | 65.8 |
| Sex Men | 48.3\% | 48.8\% | 19.6 | 13.0 | 26.2 | 52.2 | 39.7 | 64.8 |
| Women | 51.7\% | 51.2\% | 17.9 | 13.3 | 22.5 | 63.2 | 54.2 | 72.2 |
| Race/ethnicity NH White | 80.4\% | 65.4\% | 18.1 | 13.8 | 22.4 | 59.0 | 51.0 | 67.0 |
| NH Black | 11.3\% | 14.2\% | 22.4 | 8.2 | 36.7 |  |  |  |
| Hispanic | 6.0\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 38.7\% | 31.9\% | 19.8 | 12.6 | 27.0 | 57.1 | 43.9 | 70.3 |
| NH White women | 41.7\% | 33.6\% | 16.6 | 11.6 | 21.6 | 60.6 | 50.6 | 70.6 |
| NH Black men | 5.4\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 6.0\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 3.1\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.9\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 30.2\% | 36.9\% | 8.8 | 3.2 | 14.4 | 56.8 | 46.1 | 67.4 |
| 45-64 | 23.9\% | 22.7\% | 18.6 | 11.9 | 25.2 | 57.6 | 46.0 | 69.1 |
| 65 and older | 24.5\% | 17.6\% | 31.3 | 23.3 | 39.3 |  |  |  |
| Marital Status Never married | 16.7\% | 22.5\% | 10.9 | 0.0 | 24.3 |  |  |  |
| Married/ living together as a couple | 59.0\% | 53.7\% | 17.0 | 11.9 | 22.0 | 62.2 | 52.6 | 71.8 |
| Divorced/ widowed/separated | 24.3\% | 23.8\% | 26.3 | 19.3 | 33.3 | 47.1 | 33.0 | 61.2 |
| Education 0-11 years | 21.8\% | 20.1\% | 37.0 | 24.7 | 49.3 |  |  |  |
| HS Grad/GED | 35.9\% | 28.7\% | 17.6 | 10.9 | 24.3 | 54.2 | 40.1 | 68.3 |
| 1 or more years of college | 42.3\% | 51.1\% | 14.1 | 9.0 | 19.1 | 62.2 | 52.8 | 71.7 |
| Employment Employed for wages | 46.8\% | 54.9\% | 9.6 | 5.0 | 14.2 | 58.3 | 50.8 | 65.8 |
| Household Income \$24,999 or less | 37.6\% | 30.8\% | 31.7 | 23.0 | 40.4 | 60.0 | 43.3 | 76.8 |
| \$25,000 - 49,999 | 35.5\% | 31.6\% | 17.5 | 10.6 | 24.3 | 49.8 | 37.3 | 62.3 |
| \$50,000 or more | 27.0\% | 37.6\% | 2.9 | 0.0 | 6.3 | 66.1 | 52.7 | 79.6 |

[^42]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 25.0 | 20.7 | 29.3 | 58.6 | 53.6 | 63.7 | 81.2 | 77.2 | 85.2 |
| Sex Men | 20.5 | 14.0 | 27.1 | 55.9 | 47.6 | 64.1 | 76.4 | 69.5 | 83.3 |
| Women | 28.8 | 23.2 | 34.4 | 61.0 | 54.8 | 67.2 | 85.2 | 80.5 | 89.8 |
| Race/ethnicity NH White | 24.0 | 19.4 | 28.5 | 58.2 | 52.8 | 63.6 | 81.3 | 76.9 | 85.7 |
| NH Black | 32.8 | 14.5 | 51.0 | 44.6 | 24.2 | 65.1 | 74.1 | 56.3 | 91.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 20.4 | 13.5 | 27.4 | 56.6 | 47.9 | 65.3 | 76.5 | 69.1 | 83.9 |
| NH White women | 27.1 | 21.1 | 33.2 | 59.6 | 52.8 | 66.4 | 85.5 | 80.6 | 90.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 24.0 | 16.3 | 31.6 | 52.5 | 43.1 | 61.9 | 72.8 | 64.5 | 81.1 |
| 45-64 | 25.6 | 18.3 | 33.0 | 65.3 | 57.2 | 73.4 | 86.8 | 81.4 | 92.3 |
| 65 and older | 25.8 | 18.4 | 33.2 | 61.3 | 52.9 | 69.7 | 85.8 | 79.6 | 92.0 |
| Marital Status Never married | 27.0 | 11.6 | 42.4 | 54.3 | 36.5 | 72.1 | 74.5 | 58.7 | 90.3 |
| Married/ living together as a couple | 22.1 | 16.8 | 27.5 | 57.0 | 50.4 | 63.7 | 78.6 | 73.1 | 84.0 |
| Divorced/ widowed/separated | 30.9 | 22.9 | 38.8 | 63.9 | 55.9 | 71.8 | 89.9 | 85.0 | 94.8 |
| Education 0-11 years | 48.8 | 35.5 | 62.1 | 61.4 | 47.9 | 74.8 | 86.2 | 76.1 | 96.3 |
| HS Grad/GED | 28.8 | 21.3 | 36.2 | 59.8 | 51.1 | 68.4 | 81.8 | 75.1 | 88.5 |
| 1 or more years of college | 15.0 | 10.0 | 20.1 | 56.9 | 49.8 | 64.0 | 79.2 | 73.3 | 85.1 |
| Employment Employed for wages | 24.0 | 17.9 | 30.2 | 58.2 | 50.8 | 65.6 | 78.2 | 72.1 | 84.3 |
| Household Income \$24,999 or less | 31.3 | 22.4 | 40.2 | 61.0 | 51.9 | 70.1 | 85.8 | 79.2 | 92.4 |
| \$25,000-49,999 | 26.1 | 18.8 | 33.5 | 57.7 | 49.1 | 66.4 | 82.1 | 75.8 | 88.5 |
| \$50,000 or more | 12.5 | 5.0 | 20.1 | 51.2 | 39.2 | 63.2 | 73.3 | 62.3 | 84.3 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 32.0 | 27.3 | 36.7 | 23.1 | 18.9 | 27.2 | 78.3 | 74.3 | 82.3 |
| Sex Men | 39.1 | 31.2 | 47.0 | 18.7 | 12.6 | 24.8 | 86.8 | 81.5 | 92.1 |
| Women | 26.0 | 20.6 | 31.4 | 26.7 | 21.2 | 32.3 | 71.1 | 65.4 | 76.7 |
| Race/ethnicity NH White | 31.7 | 26.7 | 36.6 | 20.6 | 16.4 | 24.8 | 78.0 | 73.7 | 82.4 |
| NH Black | 30.2 | 9.4 | 50.9 | 45.7 | 25.4 | 66.0 | 75.9 | 58.7 | 93.0 |
|  |  |  |  |  |  |  |  |  |  |
|  | 38.0 | 29.8 | 46.3 | 16.8 | 10.7 | 23.0 | 87.0 | 81.3 | 92.7 |
| NH White women | 26.0 | 20.2 | 31.8 | 24.0 | 18.2 | 29.8 | 70.0 | 63.8 | 76.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic menHispanic women |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 24.7 | 16.4 | 32.9 | 23.2 | 15.7 | 30.6 | 84.6 | 78.1 | 91.1 |
|  | 34.6 | 26.7 | 42.5 | 27.4 | 19.9 | 34.9 | 80.7 | 74.3 | 87.0 |
|  | 39.5 | 31.1 | 47.9 | 16.3 | 10.2 | 22.5 | 69.2 | 61.3 | 77.1 |
| Marital Status Never married | 14.8 | 3.5 | 26.0 | 22.5 | 8.0 | 37.0 | 84.0 | 72.0 | 96.0 |
| Married/ living together as a couple | 36.0 | 29.6 | 42.4 | 21.8 | 16.4 | 27.2 | 76.8 | 71.4 | 82.3 |
| Divorced/ widowed/separated | 30.7 | 23.2 | 38.3 | 25.8 | 18.8 | 32.9 | 79.4 | 72.7 | 86.0 |
| Education $0-11$ years <br> HS Grad/GED  | 35.0 | 22.8 | 47.3 | 20.1 | 10.5 | 29.7 | 80.9 | 71.4 | 90.4 |
|  | 34.5 | 26.2 | 42.8 | 24.4 | 17.0 | 31.8 | 82.5 | 76.2 | 88.7 |
|  | 29.3 | 22.9 | 35.7 | 23.0 | 17.2 | 28.8 | 74.3 | 68.1 | 80.4 |
| Employment Employed for wages | 31.2 | 24.2 | 38.1 | 23.0 | 17.1 | 28.9 | 80.5 | 74.8 | 86.1 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 32.1 | 23.6 | 40.6 | 24.8 | 17.0 | 32.6 | 84.1 | 77.5 | 90.7 |
|  | 28.6 | 20.4 | 36.7 | 21.8 | 15.1 | 28.5 | 75.2 | 68.2 | 82.3 |
|  | 33.8 | 22.8 | 44.9 | 29.3 | 18.1 | 40.4 | 78.2 | 68.4 | 87.9 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 26.6 | 22.0 | 31.1 | 60.1 | 49.7 | 70.5 | 12.1 | 8.5 | 15.8 |
| Sex Men | 29.6 | 21.8 | 37.4 | 52.4 | 35.7 | 69.1 | 20.3 | 13.3 | 27.2 |
| Women | 24.0 | 18.7 | 29.2 | 68.1 | 56.5 | 79.6 | 5.3 | 2.6 | 8.1 |
| Race/ethnicity NH White | 27.2 | 22.2 | 32.1 | 59.6 | 48.8 | 70.3 | 12.9 | 8.8 | 17.0 |
| NH Black | 29.3 | 9.0 | 49.6 |  |  |  | 8.6 | 0.0 | 17.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 28.6 | 20.5 | 36.7 | 54.4 | 36.8 | 71.9 | 20.7 | 13.1 | 28.4 |
| NH White women | 25.9 | 19.9 | 31.9 | 64.7 | 52.0 | 77.5 | 5.9 | 2.6 | 9.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 37.1 | 27.9 | 46.4 | 53.6 | 36.6 | 70.5 | 20.7 | 12.7 | 28.7 |
| 45-64 | 32.4 | 24.9 | 39.9 | 63.5 | 50.6 | 76.4 | 9.9 | 4.8 | 14.9 |
| 65 and older | 8.2 | 3.5 | 12.9 |  |  |  | 4.4 | 0.7 | 8.0 |
| Marital Status Never married | 29.7 | 12.6 | 46.8 |  |  |  | 28.0 | 10.0 | 45.9 |
| Married/ living together as a couple | 22.3 | 16.7 | 27.9 | 59.9 | 45.1 | 74.7 | 9.4 | 5.5 | 13.3 |
| Divorced/ widowed/separated | 35.1 | 26.8 | 43.4 | 59.7 | 44.2 | 75.2 | 11.4 | 6.2 | 16.6 |
| Education 0-11 years | 30.8 | 19.2 | 42.3 |  |  |  | 19.8 | 7.5 | 32.2 |
| HS Grad/GED | 32.6 | 23.9 | 41.4 | 54.9 | 36.9 | 72.9 | 11.9 | 5.5 | 18.4 |
| 1 or more years of college | 20.8 | 15.2 | 26.4 | 61.7 | 47.0 | 76.3 | 10.1 | 5.9 | 14.3 |
| Employment Employed for wages | 34.2 | 27.1 | 41.4 | 56.8 | 43.3 | 70.3 | 14.8 | 9.3 | 20.4 |
| Household Income \$24,999 or less | 29.6 | 21.3 | 37.9 | 76.0 | 62.2 | 89.7 | 11.7 | 4.9 | 18.6 |
| \$25,000-49,999 | 30.7 | 22.2 | 39.1 | 54.4 | 36.1 | 72.7 | 12.9 | 6.4 | 19.4 |
| \$50,000 or more | 25.7 | 15.1 | 36.4 |  |  |  | 17.4 | 7.7 | 27.1 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 19.7 | 15.5 | 23.9 | 25.6 | 21.1 | 30.2 | 9.2 | 6.4 | 12.0 |
| Sex Men | 18.4 | 11.3 | 25.4 | 30.2 | 22.4 | 37.9 | 6.5 | 2.5 | 10.5 |
| Women | 20.9 | 15.8 | 25.9 | 21.8 | 16.6 | 27.1 | 11.4 | 7.5 | 15.3 |
| Race/ethnicity $\quad$ NH White | 18.6 | 14.0 | 23.1 | 24.6 | 19.7 | 29.6 | 9.1 | 6.0 | 12.2 |
| NH Black | 25.5 | 8.8 | 42.1 | 23.3 | 7.5 | 39.0 | 6.9 | 0.0 | 14.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.5 | 9.9 | 25.1 | 29.8 | 21.4 | 38.1 | 7.2 | 2.6 | 11.8 |
| NH White women | 19.5 | 13.9 | 25.0 | 20.0 | 14.4 | 25.5 | 10.7 | 6.5 | 15.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 33.4 | 24.3 | 42.5 | 41.3 | 32.1 | 50.5 | 11.7 | 5.9 | 17.5 |
| 45-64 | 19.4 | 12.9 | 25.9 | 18.4 | 11.9 | 25.0 | 11.7 | 6.8 | 16.7 |
| 65 and older | 3.6 | 0.6 | 6.6 | 15.0 | 9.1 | 20.9 | 4.0 | 0.7 | 7.3 |
| Marital Status Never married | 53.7 | 35.8 | 71.5 | 57.8 | 40.9 | 74.7 | 9.6 | 0.0 | 20.6 |
| Married/ living together as a couple | 14.5 | 10.0 | 19.0 | 19.0 | 13.8 | 24.1 | 9.1 | 5.4 | 12.7 |
| Divorced/ widowed/separated | 17.8 | 11.3 | 24.3 | 26.5 | 18.9 | 34.1 | 9.3 | 5.1 | 13.5 |
| Education 0-11 years | 30.3 | 17.6 | 43.1 | 34.8 | 21.4 | 48.3 | 9.3 | 3.0 | 15.6 |
| HS Grad/GED | 22.6 | 14.8 | 30.3 | 32.2 | 23.9 | 40.6 | 8.5 | 3.5 | 13.5 |
| 1 or more years of college | 14.8 | 9.7 | 19.8 | 18.1 | 12.6 | 23.5 | 9.7 | 5.7 | 13.6 |
| Employment Employed for wages | 23.2 | 17.0 | 29.3 | 31.7 | 24.7 | 38.8 | 9.9 | 5.8 | 14.0 |
| Household Income \$24,999 or less | 29.9 | 21.0 | 38.8 | 34.4 | 25.4 | 43.5 | 16.8 | 10.4 | 23.1 |
| \$25,000-49,999 | 16.9 | 10.1 | 23.8 | 25.4 | 17.5 | 33.4 | 4.6 | 1.3 | 8.0 |
| \$50,000 or more | 10.8 | 2.3 | 19.2 | 13.9 | 6.1 | 21.6 | 11.4 | 2.9 | 19.9 |



| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 80.1 | 75.7 | 84.6 | 93.9 | 91.6 | 96.3 | 36.5 | 31.3 | 41.7 |
| Sex Men | 76.9 | 69.1 | 84.7 | 97.0 | 94.5 | 99.5 | 42.5 | 33.8 | 51.2 |
| Women | 82.8 | 78.0 | 87.6 | 91.5 | 87.8 | 95.1 | 31.9 | 25.7 | 38.1 |
| Race/ethnicity NH White | 80.1 | 75.4 | 84.9 | 93.0 | 90.3 | 95.7 | 38.3 | 32.6 | 44.0 |
| NH Black | 74.6 | 53.4 | 95.8 |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 77.1 | 69.1 | 85.1 | 96.5 | 93.6 | 99.5 | 42.5 | 33.1 | 51.9 |
| NH White women | 82.9 | 77.5 | 88.3 | 89.9 | 85.5 | 94.3 | 34.8 | 27.8 | 41.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 62.4 | 53.0 | 71.8 | 88.8 | 82.6 | 95.0 | 15.0 | 7.9 | 22.0 |
| 45-64 | 86.6 | 80.8 | 92.5 | 95.0 | 91.6 | 98.4 | 42.5 | 33.5 | 51.5 |
| 65 and older | 94.5 | 90.6 | 98.4 | 96.6 | 93.6 | 99.6 | 48.3 | 39.4 | 57.2 |
| Marital Status Never married | 45.9 | 28.6 | 63.2 |  |  |  |  |  |  |
| Married/ living together as a couple | 83.9 | 78.7 | 89.1 | 94.5 | 91.7 | 97.4 | 39.0 | 32.0 | 45.9 |
| Divorced/ widowed/separated | 87.1 | 81.3 | 92.9 | 93.8 | 89.6 | 98.0 | 36.9 | 28.6 | 45.3 |
| Education 0-11 years | 73.6 | 60.4 | 86.9 | 92.0 | 84.4 | 99.6 | 54.7 | 40.7 | 68.6 |
| HS Grad/GED | 75.7 | 67.3 | 84.2 | 94.1 | 90.1 | 98.0 | 34.0 | 25.4 | 42.7 |
| 1 or more years of college | 85.2 | 80.2 | 90.3 | 94.4 | 91.3 | 97.5 | 33.6 | 26.4 | 40.7 |
| Employment Employed for wages | 71.1 | 63.9 | 78.2 | 91.0 | 86.6 | 95.4 | 26.8 | 19.6 | 34.0 |
| Household Income \$24,999 or less | 79.0 | 70.9 | 87.1 | 90.5 | 84.8 | 96.2 | 39.9 | 29.7 | 50.2 |
| \$25,000-49,999 | 79.2 | 70.9 | 87.5 | 95.8 | 92.5 | 99.0 | 36.8 | 28.1 | 45.6 |
| \$50,000 or more | 83.4 | 73.9 | 92.9 | 91.0 | 84.6 | 97.4 | 31.3 | 19.8 | 42.8 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 11.8 | 8.6 | 15.0 | 61.7 | 47.0 | 76.4 | 10.7 | 7.8 | 13.5 |
| Sex Men | 9.7 | 5.1 | 14.2 |  |  |  | 10.8 | 6.3 | 15.3 |
| Women | 13.6 | 9.1 | 18.1 | 58.5 | 40.1 | 76.9 | 10.5 | 6.8 | 14.3 |
| Race/ethnicity $\quad$ NH White | 9.5 | 6.3 | 12.7 | 66.7 | 48.9 | 84.6 | 9.9 | 6.9 | 12.9 |
| NH Black | 13.8 | 0.0 | 27.8 |  |  |  | 12.1 | 0.7 | 23.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 7.8 | 3.5 | 12.1 |  |  |  | 11.5 | 6.5 | 16.4 |
| NH White women | 11.0 | 6.4 | 15.7 |  |  |  | 8.5 | 4.9 | 12.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 15.1 | 8.6 | 21.5 |  |  |  | 3.6 | 0.8 | 6.3 |
| 45-64 | 10.9 | 5.8 | 16.0 |  |  |  | 11.6 | 6.5 | 16.7 |
| 65 and older | 8.5 | 3.8 | 13.1 |  |  |  | 18.7 | 11.9 | 25.5 |
| Marital Status Never married | 14.2 | 2.5 | 25.9 |  |  |  | 3.5 | 0.0 | 8.8 |
| Married/ living together as a couple | 9.4 | 5.6 | 13.1 |  |  |  | 10.2 | 6.3 | 14.1 |
| Divorced/ widowed/separated | 16.3 | 9.8 | 22.9 |  |  |  | 14.8 | 9.2 | 20.5 |
| Education 0-11 years | 18.6 | 8.1 | 29.0 |  |  |  | 15.6 | 7.2 | 23.9 |
| HS Grad/GED | 10.5 | 5.3 | 15.6 |  |  |  | 8.3 | 4.1 | 12.5 |
| 1 or more years of college | 10.8 | 6.5 | 15.2 |  |  |  | 11.0 | 6.6 | 15.4 |
| Employment Employed for wages | 14.1 | 8.9 | 19.2 | 63.4 | 43.8 | 82.9 | 7.0 | 3.7 | 10.2 |
| Household Income \$24,999 or less | 11.7 | 5.9 | 17.5 |  |  |  | 13.0 | 6.8 | 19.3 |
| \$25,000-49,999 | 11.9 | 6.3 | 17.4 |  |  |  | 10.4 | 5.7 | 15.1 |
| \$50,000 or more | 8.6 | 2.1 | 15.1 |  |  |  | 9.2 | 2.8 | 15.6 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Martin County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Martin County, 495 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Martin County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 126,731 | 15,982,378 | 16.4 | 12.6 | 20.3 | 69.6 | 60.5 | 78.7 |
| Sex Men | 49.1\% | 48.8\% | 15.3 | 9.5 | 21.0 | 62.6 | 48.9 | 76.2 |
| Women | 50.9\% | 51.2\% | 17.4 | 12.1 | 22.8 | 75.9 | 64.8 | 87.1 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 85.8\% | 65.4\% | 14.7 | 11.1 | 18.3 | 73.8 | 64.8 | 82.8 |
| NH Black | 5.1\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 7.5\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 41.3\% | 31.9\% | 12.4 | 7.6 | 17.2 | 65.6 | 51.4 | 79.8 |
| NH White women | 44.5\% | 33.6\% | 16.8 | 11.4 | 22.2 | 81.5 | 71.8 | 91.2 |
| NH Black men | 2.8\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 2.3\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 4.3\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 3.2\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 28.2\% | 36.9\% | 12.6 | 4.7 | 20.5 | 63.7 | 48.1 | 79.3 |
| 45-64 | 24.9\% | 22.7\% | 14.6 | 8.5 | 20.6 | 75.0 | 63.8 | 86.3 |
| 65 and older | 28.2\% | 17.6\% | 21.9 | 15.7 | 28.1 |  |  |  |
| Marital Status Never married | 15.2\% | 22.5\% | 13.3 | 0.0 | 29.0 | 58.5 | 21.6 | 95.4 |
| Married/ living together as a couple | 60.5\% | 53.7\% | 14.0 | 9.7 | 18.3 | 72.0 | 62.4 | 81.6 |
| Divorced/ widowed/separated | 24.3\% | 23.8\% | 24.6 | 17.1 | 32.1 | 75.3 | 61.9 | 88.6 |
| Education 0-11 years | 14.7\% | 20.1\% | 40.8 | 22.2 | 59.5 |  |  |  |
| HS Grad/GED | 28.3\% | 28.7\% | 14.7 | 8.0 | 21.3 | 64.9 | 43.4 | 86.4 |
| 1 or more years of college | 57.0\% | 51.1\% | 13.1 | 9.1 | 17.1 | 79.6 | 71.3 | 87.9 |
| Employment Employed for wages | 48.3\% | 54.9\% | 7.2 | 3.8 | 10.5 | 69.6 | 60.5 | 78.7 |
| Household Income \$24,999 or less | 26.9\% | 30.8\% | 30.7 | 20.7 | 40.6 | 58.0 | 35.6 | 80.3 |
| \$25,000 - 49,999 | 30.2\% | 31.6\% | 15.1 | 7.3 | 22.8 | 69.9 | 49.5 | 90.3 |
| \$50,000 or more | 43.0\% | 37.6\% | 4.8 | 1.7 | 7.9 | 80.7 | 71.4 | 90.1 |

[^43]



## Chronic Health Conditions: High Cholesterol

| $\begin{array}{\|l} \hline \text { Related Healthy People } 2010 \text { Objective(s) } \\ 12-15 \end{array}$ | Ever had blood cholesterol checked |  |  | If yes, cholesterolchecked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 88.5 | 84.9 | 92.2 | 90.4 | 86.6 | 94.1 | 29.8 | 24.4 | 35.1 |
| Sex Men | 87.8 | 81.7 | 93.9 | 90.7 | 84.6 | 96.8 | 30.4 | 22.5 | 38.2 |
| Women | 89.2 | 84.8 | 93.6 | 90.1 | 85.5 | 94.7 | 29.3 | 21.9 | 36.6 |
| Race/ethnicity NH White | 89.9 | 86.2 | 93.6 | 90.5 | 86.7 | 94.3 | 29.7 | 24.1 | 35.4 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 88.4 | 81.9 | 94.9 | 89.6 | 82.9 | 96.4 | 29.1 | 21.1 | 37.0 |
| NH White women | 91.2 | 87.3 | 95.1 | 91.3 | 87.3 | 95.2 | 30.3 | 22.3 | 38.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ | 75.8 | 64.9 | 86.6 | 85.0 | 74.3 | 95.7 | 14.8 | 6.2 | 23.4 |
| 45-64 | 96.3 | 93.5 | 99.0 | 87.4 | 80.7 | 94.0 | 28.4 | 20.3 | 36.5 |
| 65 and older | 93.7 | 89.6 | 97.8 | 96.9 | 94.5 | 99.3 | 42.8 | 34.4 | 51.2 |
| Marital Status Never married | 67.4 | 42.6 | 92.2 |  |  |  |  |  |  |
| Married/ living together as a couple | 91.8 | 88.3 | 95.2 | 89.6 | 85.2 | 94.0 | 29.4 | 23.2 | 35.6 |
| Divorced/ widowed/separated | 92.1 | 86.0 | 98.2 | 92.2 | 85.5 | 99.0 | 39.4 | 30.2 | 48.5 |
| Education 0-11 years | 77.0 | 62.2 | 91.8 | 86.2 | 70.3 | 100.0 | 24.9 | 8.9 | 41.0 |
| HS Grad/GED | 84.1 | 75.2 | 93.0 | 90.8 | 83.0 | 98.6 | 31.8 | 19.1 | 44.5 |
| 1 or more years of college | 93.1 | 89.8 | 96.4 | 90.7 | 86.5 | 95.0 | 29.2 | 23.2 | 35.1 |
| Employment Employed for wages | 86.5 | 80.5 | 92.6 | 86.2 | 79.1 | 93.3 | 19.3 | 12.5 | 26.2 |
| Household Income \$24,999 or less | 85.7 | 78.1 | 93.3 | 90.3 | 82.1 | 98.4 | 39.6 | 28.5 | 50.7 |
| \$25,000-49,999 | 87.8 | 79.3 | 96.2 | 93.0 | 86.6 | 99.4 | 24.9 | 13.1 | 36.7 |
| \$50,000 or more | 95.2 | 91.9 | 98.5 | 91.2 | 85.9 | 96.5 | 24.9 | 16.8 | 33.0 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 8.4 | 5.8 | 11.1 | 64.0 | 48.9 | 79.1 | 7.8 | 5.2 | 10.4 |
| Sex Men | 7.3 | 3.4 | 11.1 |  |  |  | 10.7 | 6.2 | 15.2 |
| Women | 9.5 | 5.8 | 13.1 | 68.3 | 50.7 | 85.8 | 5.4 | 2.5 | 8.2 |
| Race/ethnicity NH White | 6.9 | 4.5 | 9.2 | 55.1 | 37.4 | 72.9 | 6.0 | 3.8 | 8.2 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 5.2 | 1.8 | 8.6 |  |  |  | 8.6 | 4.6 | 12.7 |
| NH White women | 8.4 | 5.0 | 11.7 | 62.7 | 43.0 | 82.4 | 3.6 | 1.5 | 5.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 7.6 | 3.1 | 12.0 |  |  |  | 1.3 | 0.0 | 3.6 |
| 45-64 | 7.9 | 3.5 | 12.3 |  |  |  | 7.3 | 2.8 | 11.9 |
| 65 and older | 9.2 | 4.5 | 14.0 |  |  |  | 14.0 | 8.6 | 19.4 |
| Marital Status Never married | 10.8 | 0.4 | 21.2 |  |  |  | 4.0 | 0.0 | 10.0 |
| Married/ living together as a couple | 7.0 | 3.8 | 10.1 |  |  |  | 7.1 | 3.8 | 10.5 |
| Divorced/ widowed/separated | 11.0 | 5.8 | 16.2 |  |  |  | 11.9 | 6.7 | 17.1 |
| Education 0-11 years | 19.7 | 6.3 | 33.0 |  |  |  | 19.8 | 5.9 | 33.6 |
| HS Grad/GED | 6.8 | 2.5 | 11.2 |  |  |  | 5.5 | 1.7 | 9.4 |
| 1 or more years of college | 7.3 | 4.3 | 10.3 |  |  |  | 7.0 | 3.9 | 10.0 |
| Employment Employed for wages | 6.3 | 3.2 | 9.3 |  |  |  | 2.7 | 0.5 | 4.9 |
| Household Income \$24,999 or less | 14.7 | 7.8 | 21.6 |  |  |  | 19.2 | 11.3 | 27.0 |
| \$25,000 - 49,999 | 6.7 | 1.9 | 11.5 |  |  |  | 2.9 | 0.2 | 5.6 |
| \$50,000 or more | 4.5 | 1.3 | 7.7 |  |  |  | 3.7 | 0.9 | 6.5 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 17.2 | 13.4 | 21.0 | 25.2 | 20.4 | 30.1 | 24.3 | 19.3 | 29.3 |
| Sex Men | 18.3 | 12.5 | 24.1 | 27.5 | 20.0 | 35.0 | 26.6 | 19.2 | 34.0 |
| Women | 16.3 | 11.3 | 21.4 | 23.3 | 17.1 | 29.6 | 22.3 | 15.5 | 29.1 |
| Race/ethnicity NH White | 17.5 | 13.5 | 21.6 | 23.1 | 18.3 | 27.8 | 23.1 | 17.8 | 28.4 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 19.2 | 13.0 | 25.5 | 24.5 | 17.4 | 31.7 | 27.1 | 19.2 | 35.0 |
|  | 16.1 | 10.9 | 21.2 | 21.8 | 15.5 | 28.1 | 19.5 | 12.6 | 26.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 15.1 | 7.4 | 22.7 | 24.2 | 13.6 | 34.9 | 21.6 | 11.3 | 31.9 |
|  | 18.6 | 12.2 | 25.0 | 23.5 | 16.1 | 30.9 | 27.3 | 19.3 | 35.3 |
|  | 18.8 | 12.8 | 24.8 | 29.1 | 21.7 | 36.5 | 25.2 | 17.0 | 33.4 |
| Marital Status Never married | 7.8 | 0.0 | 16.2 | 22.3 | 2.1 | 42.5 | 22.0 | 2.4 | 41.5 |
| Married/ living together as a couple | 17.0 | 12.3 | 21.8 | 24.9 | 19.2 | 30.6 | 23.2 | 17.6 | 28.8 |
| Divorced/ widowed/separated | 22.9 | 15.8 | 30.1 | 27.8 | 19.7 | 35.9 | 28.5 | 18.3 | 38.6 |
| Education <br> HS Grad/GED | 21.8 | 7.8 | 35.8 | 46.9 | 28.4 | 65.3 | 41.5 | 23.6 | 59.3 |
|  | 14.2 | 7.6 | 20.8 | 19.7 | 11.3 | 28.2 | 28.2 | 16.1 | 40.4 |
|  | 18.2 | 13.4 | 23.0 | 24.0 | 18.5 | 29.4 | 19.1 | 14.3 | 24.0 |
| Employment Employed for wages | 15.0 | 9.5 | 20.5 | 20.4 | 13.6 | 27.2 | 22.7 | 14.6 | 30.9 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 20.1 | 12.4 | 27.9 | 34.8 | 24.3 | 45.3 | 32.9 | 21.8 | 44.1 |
|  | 19.6 | 10.3 | 28.9 | 24.8 | 13.9 | 35.7 | 24.5 | 13.4 | 35.6 |
|  | 14.8 | 8.6 | 20.9 | 17.8 | 11.1 | 24.6 | 16.4 | 10.1 | 22.7 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 32.5 | 27.2 | 37.8 | 1.8 | 0.7 | 2.9 | 37.4 | 30.5 | 44.3 |
| Sex Men | 35.8 | 27.8 | 43.9 | 1.4 | 0.0 | 3.0 | 36.9 | 28.7 | 45.1 |
| Women | 29.6 | 22.7 | 36.5 | 2.1 | 0.6 | 3.7 | 37.9 | 27.2 | 48.6 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 33.7 | 27.9 | 39.4 | 2.0 | 0.7 | 3.3 | 39.6 | 32.0 | 47.1 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 35.7 | 27.4 | 44.0 | 1.6 | 0.0 | 3.4 | 38.2 | 29.4 | 47.1 |
| NH White women | 31.8 | 24.1 | 39.6 | 2.4 | 0.6 | 4.2 | 40.7 | 29.1 | 52.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ | 8.1 | 1.5 | 14.7 | 0.7 | 0.0 | 2.2 | 21.7 | 1.2 | 42.3 |
|  | 25.8 | 18.0 | 33.7 | 1.3 | 0.0 | 3.1 | 18.0 | 11.3 | 24.6 |
|  | 59.4 | 51.1 | 67.7 | 3.3 | 0.8 | 5.7 | 68.4 | 60.0 | 76.8 |
| Marital Status Never married | 13.7 | 0.0 | 29.5 | 1.7 | 0.0 | 5.4 | 42.4 | 4.1 | 80.6 |
| Married/ living together as a couple | 33.5 | 27.3 | 39.8 | 1.5 | 0.1 | 2.9 | 34.0 | 27.6 | 40.4 |
| Divorced/ widowed/separated | 40.5 | 31.5 | 49.4 | 2.5 | 0.3 | 4.6 | 44.1 | 34.6 | 53.6 |
| Education $0-11$ years <br> HS Grad/GED  | 47.8 | 29.1 | 66.5 |  |  |  | 32.9 | 16.4 | 49.4 |
|  | 25.4 | 16.0 | 34.9 |  |  |  | 46.3 | 30.4 | 62.3 |
|  | 34.0 | 27.7 | 40.2 |  |  |  | 33.5 | 27.2 | 39.9 |
| Employment Employed for wages | 14.7 | 9.2 | 20.2 | 0.4 | 0.0 | 1.2 | 22.1 | 7.8 | 36.3 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 40.5 | 30.0 | 51.1 | 1.4 | 0.0 | 3.5 | 43.6 | 32.9 | 54.3 |
|  | 31.5 | 18.9 | 44.0 | 1.7 | 0.0 | 3.6 | 44.0 | 25.1 | 62.8 |
|  | 24.4 | 16.5 | 32.2 | 2.0 | 0.0 | 4.5 | 22.9 | 14.9 | 30.9 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Monroe County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Monroe County, 500 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Monroe County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | CI |  |
| All | 79,589 | 15,982,378 | 13.5 | 9.7 | 17.2 | 58.4 | 51.9 | 64.9 |
| Sex Men | 53.2\% | 48.8\% | 14.0 | 8.4 | 19.7 | 49.9 | 40.2 | 59.6 |
| Women | 46.8\% | 51.2\% | 12.9 | 8.0 | 17.8 | 68.0 | 59.9 | 76.2 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 77.2\% | 65.4\% | 12.6 | 8.5 | 16.7 | 57.9 | 50.8 | 65.0 |
| NH Black | 4.5\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 15.8\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 41.0\% | 31.9\% | 12.3 | 6.5 | 18.1 | 51.1 | 40.8 | 61.4 |
| NH White women | 36.2\% | 33.6\% | 13.0 | 7.3 | 18.8 | 66.7 | 57.5 | 75.9 |
| NH Black men | 2.4\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 2.1\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 8.5\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 7.3\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 37.4\% | 36.9\% | 10.8 | 4.9 | 16.8 | 56.0 | 46.2 | 65.8 |
| 45-64 | 30.9\% | 22.7\% | 12.5 | 7.5 | 17.5 | 59.4 | 50.6 | 68.2 |
| 65 and older | 14.6\% | 17.6\% | 22.4 | 11.3 | 33.5 |  |  |  |
| Marital Status Never married | 23.5\% | 22.5\% | 15.2 | 2.2 | 28.1 | 44.9 | 29.1 | 60.7 |
| Married/ living together as a couple | 52.5\% | 53.7\% | 12.3 | 7.9 | 16.8 | 62.2 | 53.6 | 70.9 |
| Divorced/ widowed/separated | 24.0\% | 23.8\% | 15.3 | 8.9 | 21.6 | 61.3 | 50.0 | 72.6 |
| Education 0-11 years | 15.1\% | 20.1\% | 26.0 | 10.3 | 41.8 |  |  |  |
| HS Grad/GED | 28.9\% | 28.7\% | 12.2 | 6.1 | 18.3 | 44.5 | 31.8 | 57.3 |
| 1 or more years of college | 56.0\% | 51.1\% | 12.2 | 7.4 | 17.1 | 65.6 | 58.2 | 73.0 |
| Employment Employed for wages | 60.9\% | 54.9\% | 9.7 | 5.4 | 13.9 | 58.4 | 51.9 | 64.9 |
| Household Income \$24,999 or less | 27.1\% | 30.8\% | 29.3 | 18.2 | 40.4 | 47.4 | 31.8 | 63.1 |
| \$25,000 - 49,999 | 30.4\% | 31.6\% | 8.8 | 3.4 | 14.3 | 51.9 | 40.8 | 62.9 |
| \$50,000 or more | 42.5\% | 37.6\% | 7.2 | 2.8 | 11.6 | 70.1 | 60.8 | 79.4 |

[^44]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 23.2 | 18.0 | 28.4 | 50.1 | 44.6 | 55.5 | 72.9 | 68.2 | 77.5 |
| Sex Men | 19.1 | 12.4 | 25.9 | 46.7 | 38.8 | 54.6 | 69.5 | 62.2 | 76.8 |
| Women | 27.2 | 19.4 | 35.0 | 53.4 | 46.0 | 60.8 | 76.2 | 70.5 | 81.8 |
| Race/ethnicity NH White | 20.8 | 14.9 | 26.7 | 46.5 | 40.4 | 52.6 | 71.2 | 66.0 | 76.5 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.8 | 10.5 | 25.1 | 43.8 | 35.4 | 52.2 | 67.3 | 59.2 | 75.3 |
| NH White women | 24.2 | 15.0 | 33.5 | 49.6 | 40.8 | 58.3 | 75.7 | 69.3 | 82.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 21.7 | 14.1 | 29.3 | 46.9 | 38.2 | 55.6 | 69.1 | 61.1 | 77.0 |
| 45-64 | 17.2 | 11.7 | 22.6 | 47.9 | 40.3 | 55.4 | 72.2 | 65.6 | 78.7 |
| 65 and older | 40.1 | 23.7 | 56.5 | 60.7 | 46.8 | 74.6 | 83.3 | 74.2 | 92.4 |
| Marital Status Never married | 24.5 | 10.1 | 39.0 | 39.6 | 25.4 | 53.8 | 72.6 | 60.6 | 84.7 |
| Married/ living together as a couple | 23.4 | 16.1 | 30.6 | 52.9 | 45.6 | 60.2 | 74.1 | 68.1 | 80.1 |
| Divorced/ widowed/separated | 22.1 | 14.6 | 29.6 | 50.3 | 41.0 | 59.6 | 70.2 | 61.0 | 79.4 |
| Education 0-11 years | 58.3 | 40.6 | 76.0 | 63.8 | 46.1 | 81.5 | 74.7 | 58.7 | 90.7 |
| HS Grad/GED | 32.6 | 20.1 | 45.1 | 59.4 | 48.7 | 70.1 | 79.1 | 71.0 | 87.3 |
| 1 or more years of college | 13.8 | 9.4 | 18.2 | 43.8 | 37.3 | 50.2 | 69.6 | 63.7 | 75.6 |
| Employment Employed for wages | 17.0 | 12.0 | 22.0 | 48.2 | 41.7 | 54.6 | 71.6 | 65.8 | 77.3 |
| Household Income \$24,999 or less | 34.7 | 23.9 | 45.4 | 53.4 | 42.0 | 64.8 | 76.8 | 67.7 | 85.9 |
| \$25,000-49,999 | 16.5 | 9.3 | 23.7 | 50.1 | 40.9 | 59.3 | 75.0 | 67.3 | 82.8 |
| \$50,000 or more | 13.1 | 7.3 | 18.8 | 43.0 | 34.2 | 51.7 | 67.4 | 58.9 | 75.9 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 34.5 | 29.1 | 39.8 | 20.1 | 15.9 | 24.3 | 74.2 | 69.6 | 78.8 |
| Sex Men | 38.1 | 30.5 | 45.7 | 23.4 | 16.7 | 30.0 | 75.5 | 68.5 | 82.4 |
| Women | 31.0 | 23.1 | 38.8 | 17.0 | 11.9 | 22.2 | 73.0 | 66.9 | 79.2 |
| Race/ethnicity NH White | 35.5 | 29.4 | 41.6 | 19.2 | 14.8 | 23.6 | 73.7 | 68.5 | 78.9 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 39.7 | 31.5 | 47.8 | 22.3 | 15.5 | 29.0 | 75.7 | 68.1 | 83.2 |
| NH White women | 30.7 | 21.1 | 40.2 | 15.7 | 10.4 | 21.1 | 71.5 | 64.3 | 78.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 28.9 | 20.9 | 36.8 | 16.3 | 10.1 | 22.4 | 77.9 | 70.4 | 85.5 |
| 45-64 | 37.1 | 30.0 | 44.3 | 26.9 | 19.7 | 34.1 | 75.7 | 69.8 | 81.7 |
| 65 and older | 43.2 | 27.3 | 59.2 | 16.6 | 7.7 | 25.6 | 62.2 | 48.6 | 75.8 |
| Marital Status Never married | 27.6 | 14.5 | 40.6 | 10.6 | 3.5 | 17.8 | 78.2 | 64.8 | 91.6 |
| Married/ living together as a couple | 37.5 | 30.1 | 44.9 | 22.3 | 16.4 | 28.3 | 74.7 | 68.9 | 80.5 |
| Divorced/ widowed/separated | 31.2 | 22.3 | 40.1 | 21.7 | 13.9 | 29.4 | 69.9 | 61.1 | 78.8 |
| Education 0-11 years | 39.5 | 21.7 | 57.2 | 24.0 | 7.2 | 40.7 | 83.0 | 70.5 | 95.5 |
| HS Grad/GED | 32.0 | 20.1 | 43.9 | 23.6 | 14.7 | 32.5 | 80.2 | 72.7 | 87.7 |
| 1 or more years of college | 34.8 | 28.5 | 41.1 | 18.0 | 13.1 | 22.8 | 70.1 | 64.0 | 76.3 |
| Employment Employed for wages | 34.3 | 28.2 | 40.5 | 20.1 | 14.9 | 25.2 | 74.8 | 69.2 | 80.4 |
| Household Income \$24,999 or less | 30.9 | 20.1 | 41.6 | 22.8 | 12.4 | 33.1 | 72.6 | 62.2 | 83.0 |
| \$25,000-49,999 | 35.4 | 26.7 | 44.0 | 20.0 | 12.9 | 27.1 | 74.2 | 66.2 | 82.2 |
| \$50,000 or more | 35.8 | 27.3 | 44.4 | 22.4 | 15.1 | 29.6 | 71.7 | 64.0 | 79.5 |




## Chronic Health Conditions: High Cholesterol



| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 17.1 | 13.1 | 21.0 | 23.1 | 18.5 | 27.7 | 21.4 | 17.0 | 25.9 |
| Sex $r$ Men | 14.8 | 9.5 | 20.1 | 21.3 | 14.7 | 27.9 | 19.6 | 13.2 | 26.0 |
|  | 19.2 | 13.3 | 25.1 | 24.9 | 18.4 | 31.4 | 23.3 | 17.0 | 29.6 |
| Race/ethnicity NH White <br> NH Black  <br> Hispanic  | 15.9 | 11.7 | 20.1 | 19.1 | 14.5 | 23.7 | 17.4 | 13.0 | 21.8 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 14.2 | 8.6 | 19.8 | 18.0 | 11.7 | 24.4 | 16.5 | 10.4 | 22.6 |
| NH White women | 17.8 | 11.4 | 24.2 | 20.3 | 13.6 | 27.0 | 18.5 | 12.0 | 25.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 12.9 | 6.6 | 19.3 | 24.9 | 17.2 | 32.7 | 21.0 | 13.6 | 28.4 |
|  | 18.3 | 12.7 | 23.8 | 18.6 | 12.3 | 24.9 | 23.8 | 16.8 | 30.7 |
|  | 23.5 | 12.6 | 34.3 | 27.4 | 15.8 | 39.1 | 17.6 | 8.7 | 26.4 |
| Marital Status Never married | 17.1 | 5.4 | 28.9 | 26.1 | 12.8 | 39.5 | 21.4 | 8.8 | 34.0 |
| Married/ living together as a couple | 15.2 | 10.3 | 20.1 | 21.5 | 15.5 | 27.4 | 20.6 | 14.7 | 26.5 |
| Divorced/ widowed/separated | 21.9 | 14.2 | 29.7 | 25.2 | 16.9 | 33.5 | 23.9 | 16.1 | 31.8 |
| Education $0-11$ years <br> HS Grad/GED  | 27.9 | 10.4 | 45.4 | 44.9 | 25.6 | 64.2 | 33.2 | 14.7 | 51.7 |
|  | 18.4 | 10.9 | 26.0 | 29.1 | 19.4 | 38.8 | 25.5 | 16.3 | 34.8 |
|  | 14.9 | 10.1 | 19.7 | 17.2 | 12.1 | 22.2 | 18.0 | 12.8 | 23.2 |
| Employment Employed for wages | 16.0 | 11.3 | 20.8 | 20.1 | 14.7 | 25.5 | 21.4 | 15.9 | 26.9 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 23.1 | 12.5 | 33.7 | 38.7 | 26.9 | 50.5 | 36.3 | 24.5 | 48.0 |
|  | 17.5 | 10.5 | 24.6 | 20.5 | 12.5 | 28.4 | 16.0 | 9.4 | 22.7 |
|  | 14.6 | 8.7 | 20.5 | 21.4 | 14.2 | 28.6 | 22.4 | 15.0 | 29.9 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 20.2 | 15.4 | 25.0 | 0.9 | 0.0 | 1.7 | 22.4 | 17.1 | 27.7 |
| Sex Men <br>  Women | 20.0 | 13.9 | 26.0 | 0.6 | 0.0 | 1.9 | 24.1 | 16.8 | 31.4 |
|  | 20.4 | 12.9 | 27.9 | 1.1 | 0.0 | 2.1 | 20.8 | 13.1 | 28.5 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 20.6 | 15.1 | 26.2 | 0.7 | 0.0 | 1.4 | 24.5 | 18.4 | 30.6 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men <br>  NH White women | 18.8 | 12.5 | 25.0 |  |  |  | 26.2 | 18.1 | 34.2 |
|  | 22.8 | 13.4 | 32.1 |  |  |  | 22.7 | 13.2 | 32.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 12.1 | 6.8 | 17.4 | 0.7 | 0.0 | 2.0 | 14.8 | 7.9 | 21.7 |
|  | 16.5 | 11.0 | 21.9 | 1.1 | 0.0 | 2.4 | 15.2 | 9.8 | 20.6 |
|  | 47.3 | 31.8 | 62.8 | 0.8 | 0.0 | 2.3 | 55.2 | 40.2 | 70.2 |
| Marital Status Never married | 11.9 | 4.1 | 19.8 |  |  |  | 18.9 | 6.0 | 31.8 |
| Married/ living together as a couple | 23.1 | 15.9 | 30.4 |  |  |  | 23.6 | 16.2 | 31.0 |
| Divorced/ widowed/separated | 18.4 | 11.8 | 25.1 |  |  |  | 21.5 | 13.2 | 29.8 |
| Education $0-11$ years <br> HS Grad/GED  | 26.0 | 10.6 | 41.5 | 2.7 | 0.0 | 6.8 | 17.1 | 4.6 | 29.6 |
|  | 24.9 | 12.8 | 37.1 | 1.5 | 0.0 | 3.8 | 31.1 | 18.0 | 44.3 |
|  | 17.1 | 12.5 | 21.8 | 0.3 | 0.0 | 0.8 | 19.0 | 14.0 | 24.0 |
| Employment Employed for wages | 12.1 | 8.2 | 15.9 | 0.5 | 0.0 | 1.2 | 15.5 | 10.4 | 20.6 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 19.3 | 11.1 | 27.5 | 1.8 | 0.0 | 4.8 | 20.3 | 11.3 | 29.3 |
|  | 18.0 | 10.7 | 25.3 |  |  |  | 19.0 | 11.8 | 26.2 |
|  | 23.2 | 15.8 | 30.6 | 0.5 | 0.0 | 1.5 | 23.4 | 15.5 | 31.3 |



| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For respondents 64 years and younger . . . |  |  |  |  |  |  |  |  |
|  | Ever been tested for HIV |  |  | If yes, the test was done in the past 2 years |  |  | In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 51.6 | 45.8 | 57.5 | 84.2 | 79.6 | 88.8 | 15.3 | 10.7 | 19.8 |
| Sex Men | 51.4 | 42.5 | 60.3 | 87.7 | 81.8 | 93.6 | 13.6 | 6.9 | 20.4 |
| Women | 51.8 | 44.1 | 59.5 | 80.8 | 73.9 | 87.7 | 16.9 | 10.7 | 23.1 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 49.1 | 42.7 | 55.5 | 84.4 | 79.3 | 89.5 | 11.6 | 7.0 | 16.2 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 48.5 | 38.9 | 58.0 | 86.8 | 80.3 | 93.3 | 12.2 | 4.9 | 19.6 |
| NH White women | 49.8 | 41.5 | 58.2 | 81.6 | 73.6 | 89.6 | 10.9 | 5.7 | 16.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 59.0 | 50.4 | 67.5 | 81.5 | 74.3 | 88.8 | 21.5 | 13.9 | 29.1 |
| 45-64 | 42.8 | 35.3 | 50.4 | 87.4 | 82.2 | 92.6 | 7.8 | 3.9 | 11.6 |
| 65 and older |  |  |  |  |  |  |  |  |  |
| Marital Status Never married | 57.9 | 43.1 | 72.7 | 83.5 | 70.4 | 96.6 | 32.0 | 17.1 | 46.9 |
| Married/ living together as a couple | 48.4 | 40.7 | 56.2 | 83.9 | 78.1 | 89.6 | 10.8 | 5.8 | 15.9 |
| Divorced/ widowed/A80separated | 54.0 | 43.0 | 64.9 | 85.8 | 78.0 | 93.6 | 11.9 | 5.3 | 18.4 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 46.5 | 34.7 | 58.2 | 90.6 | 84.1 | 97.2 | 16.6 | 6.2 | 26.9 |
| 1 or more years of college | 55.7 | 48.6 | 62.7 | 80.1 | 73.7 | 86.4 | 10.6 | 6.5 | 14.6 |
| Employment Employed for wages | 52.5 | 45.9 | 59.2 | 83.3 | 77.9 | 88.6 | 13.4 | 8.7 | 18.2 |
| Household Income \$24,999 or less | 59.2 | 45.6 | 72.8 | 80.3 | 67.6 | 92.9 | 23.9 | 13.4 | 34.3 |
| \$25,000-49,999 | 44.1 | 33.9 | 54.4 | 92.3 | 87.1 | 97.5 | 16.0 | 7.6 | 24.3 |
| \$50,000 or more | 54.6 | 45.2 | 64.1 | 76.6 | 68.2 | 85.0 | 7.3 | 2.4 | 12.1 |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Nassau County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Nassau County, 503 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Nassau County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 57,663 | 15,982,378 | 18.4 | 13.4 | 23.4 | 65.2 | 57.6 | 72.9 |
| Sex Men | 49.3\% | 48.8\% | 18.5 | 10.0 | 27.1 | 55.7 | 43.9 | 67.5 |
| Women | 50.7\% | 51.2\% | 18.3 | 13.1 | 23.4 | 77.2 | 69.0 | 85.4 |
| Race/ethnicity NH White | 89.0\% | 65.4\% | 18.8 | 13.5 | 24.0 | 65.5 | 57.4 | 73.5 |
| NH Black | 7.7\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 1.5\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 44.0\% | 31.9\% | 19.2 | 10.0 | 28.4 | 56.6 | 44.4 | 68.9 |
| NH White women | 45.0\% | 33.6\% | 18.4 | 13.0 | 23.8 | 77.0 | 68.2 | 85.9 |
| NH Black men | 3.6\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.1\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 0.8\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.7\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 36.0\% | 36.9\% | 8.3 | 2.8 | 13.7 | 59.5 | 48.8 | 70.2 |
| 45-64 | 26.3\% | 22.7\% | 21.1 | 14.2 | 28.0 | 73.2 | 62.7 | 83.6 |
| 65 and older | 12.6\% | 17.6\% | 44.1 | 28.8 | 59.4 |  |  |  |
| Marital Status Never married | 17.6\% | 22.5\% | 16.7 | 0.0 | 38.5 |  |  |  |
| Married/ living together as a couple | 62.8\% | 53.7\% | 17.1 | 11.2 | 23.0 | 70.2 | 61.8 | 78.6 |
| Divorced/ widowed/separated | 19.6\% | 23.8\% | 24.8 | 16.1 | 33.5 | 50.4 | 36.8 | 64.0 |
| Education 0-11 years | 19.0\% | 20.1\% | 44.9 | 24.4 | 65.4 |  |  |  |
| HS Grad/GED | 34.4\% | 28.7\% | 20.4 | 12.0 | 28.8 | 60.6 | 46.7 | 74.5 |
| 1 or more years of college | 46.6\% | 51.1\% | 11.3 | 7.1 | 15.4 | 70.0 | 60.8 | 79.2 |
| Employment Employed for wages | 60.3\% | 54.9\% | 9.5 | 4.9 | 14.0 | 65.2 | 57.6 | 72.9 |
| Household Income \$24,999 or less | 24.4\% | 30.8\% | 34.7 | 22.0 | 47.3 | 54.6 | 32.3 | 77.0 |
| \$25,000-49,999 | 30.0\% | 31.6\% | 8.3 | 3.6 | 13.1 | 63.6 | 48.7 | 78.5 |
| \$50,000 or more | 45.6\% | 37.6\% | 10.3 | 4.7 | 15.8 | 68.3 | 57.5 | 79.1 |

[^45]

| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 19.5 | 15.1 | 23.9 | 57.0 | 46.0 | 68.1 | 10.4 | 7.3 | 13.5 |
| Sex Men | 17.9 | 11.2 | 24.6 | 61.7 | 43.8 | 79.7 | 13.0 | 7.6 | 18.4 |
| Women | 21.1 | 15.6 | 26.6 | 52.9 | 38.9 | 67.0 | 7.9 | 4.5 | 11.2 |
| Race/ethnicity NH White | 20.1 | 15.6 | 24.6 | 57.8 | 46.2 | 69.5 | 10.8 | 7.5 | 14.0 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 18.4 | 11.5 | 25.3 | 63.7 | 44.5 | 82.8 | 13.5 | 7.8 | 19.1 |
| NH White women | 21.6 | 15.8 | 27.5 | 53.1 | 38.5 | 67.7 | 8.3 | 4.7 | 11.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 22.8 | 15.3 | 30.3 | 58.8 | 42.9 | 74.6 | 13.3 | 7.9 | 18.7 |
|  | 22.0 | 15.0 | 29.0 | 54.3 | 37.7 | 70.9 | 10.0 | 5.2 | 14.7 |
|  | 3.6 | 0.1 | 7.1 |  |  |  | 2.8 | 0.2 | 5.5 |
| Marital Status <br> Married/ living together as a couple | 12.4 | 0.0 | 26.4 |  |  |  | 11.3 | 0.0 | 24.0 |
|  | 17.3 | 12.3 | 22.3 | 60.1 | 45.7 | 74.5 | 8.9 | 5.5 | 12.4 |
| Divorced/ widowed/separated | 32.1 | 22.7 | 41.5 | 46.8 | 27.9 | 65.7 | 15.9 | 8.5 | 23.3 |
| Education $0-11$ years <br> HS Grad/GED  | 26.6 | 11.9 | 41.4 |  |  |  | 7.3 | 0.0 | 15.5 |
|  | 22.7 | 15.1 | 30.3 | 49.1 | 31.1 | 67.0 | 9.8 | 5.0 | 14.6 |
|  | 15.8 | 10.2 | 21.3 | 61.5 | 44.7 | 78.2 | 11.6 | 7.0 | 16.2 |
| Employment Employed for wages | 20.0 | 14.2 | 25.7 | 50.5 | 35.3 | 65.7 | 12.4 | 8.1 | 16.8 |
| Household Income $\quad \$ 24,999$ or less | 31.7 | 19.8 | 43.6 |  |  |  | 6.5 | 0.5 | 12.6 |
| \$25,000-49,999 | 18.7 | 10.3 | 27.2 | 42.8 | 23.1 | 62.5 | 12.7 | 6.1 | 19.4 |
| \$50,000 or more | 17.6 | 10.9 | 24.4 |  |  |  | 11.6 | 6.3 | 16.9 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 18.1 | 12.7 | 23.6 | 18.6 | 13.0 | 24.2 | 8.2 | 5.4 | 11.0 |
| Sex Men | 18.0 | 8.4 | 27.7 | 23.5 | 13.4 | 33.6 | 5.7 | 2.0 | 9.4 |
| Women | 18.3 | 13.1 | 23.4 | 13.7 | 9.3 | 18.1 | 10.8 | 6.7 | 14.8 |
| Race/ethnicity NH White | 18.0 | 12.2 | 23.8 | 19.4 | 13.5 | 25.3 | 7.9 | 5.0 | 10.8 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 18.0 | 7.5 | 28.5 | 25.3 | 14.6 | 36.0 | 5.3 | 1.4 | 9.3 |
| NH White women | 18.0 | 12.6 | 23.5 | 13.8 | 9.1 | 18.5 | 10.3 | 6.1 | 14.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older <br> Marital Status  | 19.2 | 12.0 | 26.5 | 21.3 | 13.5 | 29.2 | 10.5 | 5.6 | 15.3 |
|  | 24.5 | 13.1 | 35.9 | 19.0 | 7.4 | 30.6 | 7.8 | 3.6 | 12.0 |
|  | 2.0 | 0.0 | 4.8 | 9.6 | 3.5 | 15.7 | 1.7 | 0.0 | 3.7 |
|  | 53.8 | 23.5 | 84.2 | 50.7 | 19.2 | 82.3 | 3.9 | 0.0 | 10.4 |
| Married/ living together as a couple | 12.9 | 8.7 | 17.1 | 14.8 | 10.1 | 19.6 | 7.4 | 4.3 | 10.5 |
| Divorced/ widowed/separated | 21.5 | 13.1 | 29.9 | 17.7 | 9.6 | 25.7 | 13.9 | 6.1 | 21.7 |
| Education $0-11$ years <br> HS Grad/GED  | 31.2 | 15.5 | 47.0 | 28.1 | 13.4 | 42.9 | 16.7 | 4.5 | 28.8 |
|  | 20.7 | 12.5 | 28.8 | 17.5 | 9.5 | 25.5 | 8.6 | 3.9 | 13.4 |
|  | 13.3 | 5.0 | 21.7 | 17.1 | 8.4 | 25.8 | 6.1 | 2.9 | 9.2 |
| Employment Employed for wages <br> Household Income $\$ 24,999$ or less | 21.3 | 13.2 | 29.4 | 23.7 | 15.3 | 32.0 | 8.1 | 4.4 | 11.7 |
|  | 42.0 | 29.0 | 55.1 | 40.1 | 26.9 | 53.4 | 14.6 | 6.3 | 22.9 |
| \$25,000 - 49,999 | 14.3 | 1.8 | 26.8 | 16.7 | 3.8 | 29.6 | 7.6 | 2.8 | 12.4 |
| \$50,000 or more | 9.3 | 3.8 | 14.8 | 14.2 | 7.6 | 20.8 | 5.0 | 0.7 | 9.3 |



## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 84.6 | 80.6 | 88.6 | 92.2 | 89.4 | 95.0 | 39.2 | 32.1 | 46.2 |
| Sex Men | 84.4 | 77.7 | 91.1 | 94.6 | 90.8 | 98.3 | 37.6 | 27.0 | 48.2 |
| Women | 84.8 | 80.1 | 89.6 | 90.1 | 85.9 | 94.2 | 40.5 | 31.1 | 49.9 |
| Race/ethnicity NH White | 85.4 | 81.2 | 89.6 | 91.8 | 88.8 | 94.8 | 38.9 | 31.4 | 46.3 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 85.2 | 78.3 | 92.2 | 94.3 | 90.3 | 98.2 | 37.0 | 25.9 | 48.1 |
| NH White women | 85.5 | 80.6 | 90.5 | 89.6 | 85.1 | 94.0 | 40.6 | 30.6 | 50.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 76.2 | 68.6 | 83.7 | 89.0 | 83.5 | 94.5 | 29.5 | 16.2 | 42.8 |
| 45-64 | 90.6 | 86.0 | 95.2 | 94.1 | 90.3 | 97.8 | 43.1 | 33.1 | 53.0 |
| 65 and older | 95.1 | 91.1 | 99.1 | 95.3 | 91.0 | 99.5 | 53.2 | 38.3 | 68.1 |
| Marital Status Never married | 71.2 | 45.6 | 96.9 |  |  |  |  |  |  |
| Married/ living together as a couple | 85.6 | 81.1 | 90.1 | 91.1 | 87.4 | 94.7 | 41.0 | 32.6 | 49.5 |
| Divorced/ widowed/separated | 87.4 | 81.6 | 93.3 | 93.3 | 88.4 | 98.2 | 35.8 | 26.1 | 45.5 |
| Education 0-11 years | 77.0 | 62.8 | 91.2 | 97.5 | 92.3 | 100.0 | 57.3 | 35.4 | 79.3 |
| HS Grad/GED | 83.4 | 76.9 | 90.0 | 91.1 | 86.4 | 95.9 | 45.6 | 32.6 | 58.6 |
| 1 or more years of college | 87.6 | 82.1 | 93.1 | 91.8 | 87.7 | 95.9 | 30.6 | 23.5 | 37.7 |
| Employment Employed for wages | 83.5 | 78.3 | 88.7 | 91.6 | 87.6 | 95.6 | 34.8 | 24.7 | 44.9 |
| Household Income \$24,999 or less | 77.7 | 67.3 | 88.1 | 93.3 | 86.7 | 99.9 | 37.8 | 23.2 | 52.5 |
| \$25,000-49,999 | 87.8 | 81.2 | 94.5 | 90.4 | 84.4 | 96.4 | 36.7 | 20.6 | 52.8 |
| \$50,000 or more | 83.3 | 75.5 | 91.1 | 91.8 | 87.2 | 96.4 | 31.5 | 22.9 | 40.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 13.8 | 6.5 | 21.2 | 81.4 | 66.7 | 96.0 | 7.4 | 5.0 | 9.9 |
| Sex Men | 18.5 | 4.8 | 32.1 |  |  |  | 4.9 | 2.1 | 7.7 |
| Women | 9.1 | 5.5 | 12.8 |  |  |  | 10.0 | 6.0 | 14.0 |
| Race/ethnicity NH White | 10.8 | 7.0 | 14.7 | 73.2 | 58.2 | 88.2 | 8.1 | 5.4 | 10.8 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 11.8 | 5.1 | 18.5 |  |  |  | 5.5 | 2.3 | 8.6 |
| NH White women | 9.9 | 5.9 | 13.9 |  |  |  | 10.6 | 6.3 | 14.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 17.9 | 4.2 | 31.7 |  |  |  | 2.3 | 0.0 | 4.7 |
| 45-64 | 9.4 | 5.0 | 13.8 |  |  |  | 11.1 | 6.1 | 16.2 |
| 65 and older | 11.1 | 0.9 | 21.2 |  |  |  | 15.6 | 7.7 | 23.6 |
| Marital Status Never married | 12.5 | 0.0 | 33.1 |  |  |  | 4.2 | 0.0 | 13.0 |
| Married/ living together as a couple | 15.7 | 6.1 | 25.3 |  |  |  | 6.9 | 4.0 | 9.8 |
| Divorced/ widowed/separated | 7.0 | 2.8 | 11.2 |  |  |  | 11.3 | 5.6 | 16.9 |
| Education 0-11 years | 17.0 | 5.0 | 29.1 |  |  |  | 15.5 | 5.1 | 25.8 |
| HS Grad/GED | 11.7 | 4.3 | 19.1 |  |  |  | 9.1 | 4.4 | 13.7 |
| 1 or more years of college | 14.6 | 1.8 | 27.5 |  |  |  | 4.5 | 1.9 | 7.2 |
| Employment Employed for wages | 9.5 | 4.9 | 14.0 |  |  |  | 3.7 | 1.3 | 6.1 |
| Household Income \$24,999 or less | 15.4 | 3.6 | 27.2 |  |  |  | 13.3 | 5.5 | 21.2 |
| \$25,000-49,999 | 19.4 | 0.1 | 38.7 |  |  |  | 7.2 | 2.4 | 11.9 |
| \$50,000 or more | 9.3 | 4.4 | 14.2 |  |  |  | 3.9 | 1.0 | 6.8 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Okaloosa County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Okaloosa County, 500 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Okaloosa County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | Cl |  |
| All | 170,498 | 15,982,378 | 13.9 | 10.8 | 17.1 | 64.3 | 58.1 | 70.4 |
| Sex Men | 50.5\% | 48.8\% | 13.2 | 8.6 | 17.7 | 60.8 | 52.1 | 69.5 |
| Women | 49.5\% | 51.2\% | 14.6 | 10.2 | 19.0 | 68.7 | 60.0 | 77.4 |
| Race/ethnicity $\quad$ NH White | 81.0\% | 65.4\% | 14.7 | 11.2 | 18.2 | 65.9 | 59.1 | 72.6 |
| NH Black | 8.9\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 4.3\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 41.0\% | 31.9\% | 14.9 | 9.7 | 20.1 | 64.0 | 54.6 | 73.4 |
| NH White women | 39.9\% | 33.6\% | 14.6 | 9.9 | 19.2 | 68.3 | 58.6 | 78.1 |
| NH Black men | 4.8\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.2\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 2.3\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.0\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 40.7\% | 36.9\% | 7.7 | 3.9 | 11.5 | 62.9 | 54.8 | 71.0 |
| 45-64 | 22.4\% | 22.7\% | 18.3 | 12.3 | 24.3 | 68.3 | 58.7 | 77.9 |
| 65 and older | 12.1\% | 17.6\% | 26.6 | 17.1 | 36.1 |  |  |  |
| Marital Status Never married | 20.7\% | 22.5\% | 9.9 | 3.4 | 16.5 | 62.2 | 47.5 | 76.9 |
| Married/ living together as a couple | 58.3\% | 53.7\% | 11.7 | 7.7 | 15.6 | 64.8 | 56.9 | 72.8 |
| Divorced/ widowed/separated | 21.0\% | 23.8\% | 26.1 | 18.4 | 33.7 | 64.0 | 51.8 | 76.2 |
| Education 0-11 years | 12.0\% | 20.1\% | 36.8 | 16.7 | 56.9 |  |  |  |
| HS Grad/GED | 27.1\% | 28.7\% | 19.2 | 13.1 | 25.3 | 61.0 | 49.2 | 72.8 |
| 1 or more years of college | 60.9\% | 51.1\% | 8.8 | 5.5 | 12.1 | 66.6 | 59.1 | 74.1 |
| Employment Employed for wages | 53.9\% | 54.9\% | 6.4 | 3.5 | 9.2 | 64.3 | 58.1 | 70.4 |
| Household Income \$24,999 or less | 25.6\% | 30.8\% | 24.1 | 16.5 | 31.7 | 44.0 | 29.2 | 58.8 |
| \$25,000-49,999 | 34.3\% | 31.6\% | 10.2 | 5.1 | 15.3 | 62.7 | 51.8 | 73.7 |
| \$50,000 or more | 40.1\% | 37.6\% | 7.2 | 3.0 | 11.3 | 76.8 | 67.5 | 86.2 |

[^46]

| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 24.7 | 20.6 | 28.9 | 53.5 | 44.1 | 63.0 | 12.5 | 9.2 | 15.9 |
| Sex Men | 23.7 | 17.8 | 29.7 | 49.1 | 34.8 | 63.4 | 18.0 | 12.4 | 23.6 |
| Women | 25.7 | 19.9 | 31.5 | 57.5 | 44.6 | 70.4 | 7.3 | 3.7 | 10.9 |
| Race/ethnicity NH White | 26.2 | 21.6 | 30.7 | 52.5 | 42.5 | 62.5 | 13.2 | 9.5 | 17.0 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 23.4 | 17.2 | 29.6 | 48.3 | 33.2 | 63.3 | 19.2 | 13.0 | 25.5 |
| NH White women | 28.9 | 22.3 | 35.6 | 55.9 | 42.3 | 69.5 | 7.1 | 3.2 | 11.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 26.5 | 20.3 | 32.8 | 57.9 | 44.5 | 71.3 | 15.9 | 10.5 | 21.3 |
|  | 27.7 | 20.7 | 34.7 | 46.6 | 31.9 | 61.4 | 11.0 | 5.9 | 16.1 |
|  | 9.7 | 4.0 | 15.3 |  |  |  | 5.6 | 1.0 | 10.3 |
| Marital Status Never married | 41.1 | 27.4 | 54.7 |  |  |  | 31.6 | 18.5 | 44.7 |
| Married/ living together as a couple | 18.4 | 13.6 | 23.1 | 54.2 | 39.9 | 68.6 | 9.1 | 5.6 | 12.5 |
| Divorced/ widowed/separated | 35.5 | 27.1 | 43.8 | 50.4 | 35.5 | 65.3 | 9.3 | 4.1 | 14.5 |
| Education $0-11$ years <br> HS Grad/GED  | 29.9 | 12.2 | 47.5 |  |  |  | 12.8 | 0.0 | 27.5 |
|  | 32.2 | 24.1 | 40.3 | 52.9 | 37.5 | 68.2 | 11.8 | 5.8 | 17.7 |
|  | 20.2 | 15.4 | 25.1 | 51.0 | 37.6 | 64.4 | 12.9 | 8.7 | 17.2 |
| Employment Employed for wages | 26.8 | 21.2 | 32.3 | 51.7 | 39.7 | 63.7 | 14.0 | 9.6 | 18.4 |
| Household Income $\quad \$ 24,999$ or less | 43.6 | 34.1 | 53.1 | 57.3 | 43.0 | 71.6 | 19.3 | 11.3 | 27.2 |
| \$25,000-49,999 | 22.2 | 15.1 | 29.3 | 41.0 | 22.8 | 59.1 | 11.6 | 5.5 | 17.6 |
| \$50,000 or more | 12.2 | 6.7 | 17.7 |  |  |  | 11.8 | 6.2 | 17.5 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 12.0 | 8.7 | 15.3 | 27.0 | 22.5 | 31.5 | 5.6 | 3.5 | 7.8 |
| Sex Men | 10.6 | 6.1 | 15.1 | 34.5 | 27.5 | 41.6 | 2.7 | 0.4 | 4.9 |
| Women | 13.3 | 8.5 | 18.2 | 19.9 | 14.3 | 25.4 | 8.5 | 4.9 | 12.0 |
| Race/ethnicity NH White | 11.4 | 7.9 | 14.8 | 25.5 | 20.7 | 30.3 | 5.8 | 3.4 | 8.1 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 9.8 | 5.2 | 14.4 | 32.8 | 25.3 | 40.3 | 2.4 | 0.2 | 4.7 |
| NH White women | 13.0 | 7.8 | 18.1 | 18.2 | 12.5 | 23.8 | 9.1 | 5.0 | 13.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 17.3 | 11.8 | 22.9 | 39.2 | 31.9 | 46.4 | 6.8 | 3.4 | 10.3 |
|  | 9.4 | 4.7 | 14.2 | 16.0 | 10.3 | 21.7 | 5.4 | 2.1 | 8.6 |
|  | 0.7 | 0.0 | 2.1 | 9.0 | 3.2 | 14.7 | 2.9 | 0.0 | 7.0 |
| Marital Status Never married | 28.0 | 15.4 | 40.5 | 50.5 | 36.7 | 64.3 | 8.9 | 1.6 | 16.2 |
| Married/ living together as a couple | 7.9 | 4.4 | 11.4 | 23.0 | 17.5 | 28.4 | 4.0 | 1.7 | 6.4 |
| Divorced/ widowed/separated | 14.1 | 7.7 | 20.5 | 22.0 | 14.6 | 29.3 | 9.3 | 3.8 | 14.8 |
| Education $0-11$ years <br> HS Grad/GED  | 30.4 | 9.8 | 51.0 | 43.7 | 22.6 | 64.8 | 7.2 | 0.0 | 17.5 |
|  | 16.5 | 10.0 | 23.1 | 29.9 | 21.6 | 38.1 | 7.2 | 2.9 | 11.5 |
|  | 7.8 | 4.4 | 11.2 | 24.0 | 18.5 | 29.4 | 4.7 | 2.2 | 7.1 |
| Employment Employed for wages <br> Household Income $\$ 24,999$ or less | 11.6 | 7.6 | 15.6 | 31.0 | 25.0 | 37.1 | 4.6 | 2.2 | 7.0 |
|  | 33.4 | 24.0 | 42.8 | 37.6 | 27.9 | 47.3 | 14.6 | 7.9 | 21.2 |
| \$ \$25,000-49,999 | 4.4 | 1.2 | 7.7 | 27.9 | 19.8 | 35.9 | 3.2 | 0.3 | 6.1 |
| \$50,000 or more | 3.3 | 0.0 | 7.0 | 15.5 | 8.7 | 22.3 |  |  |  |



## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterolchecked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 82.0 | 78.1 | 85.9 | 92.1 | 89.2 | 95.0 | 28.2 | 23.6 | 32.9 |
| Sex Men | 84.3 | 79.0 | 89.6 | 94.0 | 90.0 | 97.9 | 26.4 | 19.6 | 33.1 |
| Women | 79.8 | 74.1 | 85.5 | 90.2 | 85.9 | 94.5 | 30.2 | 23.8 | 36.5 |
| Race/ethnicity NH White | 83.5 | 79.4 | 87.6 | 92.3 | 89.3 | 95.4 | 29.6 | 24.5 | 34.6 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 86.5 | 81.3 | 91.7 | 95.1 | 91.4 | 98.8 | 27.0 | 19.7 | 34.3 |
| NH White women | 80.5 | 74.2 | 86.8 | 89.2 | 84.2 | 94.2 | 32.3 | 25.2 | 39.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 73.2 | 66.7 | 79.8 | 90.3 | 85.2 | 95.3 | 13.0 | 7.5 | 18.5 |
| 45-64 | 89.3 | 84.0 | 94.6 | 92.7 | 88.4 | 97.1 | 40.1 | 31.7 | 48.5 |
| 65 and older | 95.9 | 92.0 | 99.7 | 97.8 | 94.5 | 100.0 | 47.1 | 36.1 | 58.0 |
| Marital Status Never married | 56.5 | 42.3 | 70.6 | 90.7 | 79.6 | 100.0 | 10.8 | 2.1 | 19.5 |
| Married/ living together as a couple | 86.3 | 82.0 | 90.7 | 92.9 | 89.4 | 96.4 | 27.2 | 21.4 | 33.0 |
| Divorced/ widowed/separated | 86.4 | 79.9 | 92.9 | 89.9 | 84.2 | 95.5 | 42.3 | 33.2 | 51.4 |
| Education 0-11 years | 73.9 | 56.2 | 91.6 |  |  |  |  |  |  |
| HS Grad/GED | 74.9 | 66.9 | 83.0 | 91.4 | 85.6 | 97.2 | 30.9 | 22.1 | 39.8 |
| 1 or more years of college | 86.5 | 82.2 | 90.8 | 92.3 | 88.8 | 95.8 | 27.1 | 21.4 | 32.8 |
| Employment Employed for wages | 79.0 | 73.7 | 84.3 | 90.7 | 86.5 | 94.8 | 21.3 | 15.8 | 26.9 |
| Household Income \$24,999 or less | 75.0 | 66.1 | 83.9 | 90.3 | 84.1 | 96.5 | 30.3 | 20.9 | 39.7 |
| \$25,000-49,999 | 82.3 | 75.7 | 88.9 | 90.7 | 84.8 | 96.6 | 22.9 | 15.1 | 30.7 |
| \$50,000 or more | 86.8 | 80.1 | 93.4 | 94.4 | 89.9 | 98.9 | 30.5 | 22.0 | 39.0 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 10.3 | 7.5 | 13.2 | 64.7 | 50.6 | 78.8 | 7.6 | 5.1 | 10.1 |
| Sex Men | 7.1 | 3.8 | 10.4 |  |  |  | 6.7 | 3.0 | 10.3 |
| Women | 13.4 | 8.9 | 18.0 | 68.6 | 51.1 | 86.1 | 8.4 | 5.0 | 11.9 |
| Race/ethnicity NH White | 10.4 | 7.4 | 13.5 | 65.9 | 50.9 | 80.9 | 6.9 | 4.3 | 9.6 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 7.9 | 4.1 | 11.6 |  |  |  | 6.8 | 2.7 | 10.8 |
| NH White women | 13.0 | 8.1 | 17.9 |  |  |  | 7.1 | 3.6 | 10.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 8.4 | 4.8 | 12.0 |  |  |  | 3.1 | 0.4 | 5.8 |
| 45-64 | 14.7 | 8.4 | 20.9 |  |  |  | 9.0 | 4.4 | 13.7 |
| 65 and older | 9.8 | 3.4 | 16.2 |  |  |  | 19.9 | 10.9 | 28.8 |
| Marital Status Never married | 16.4 | 7.3 | 25.6 |  |  |  | 2.4 | 0.0 | 5.8 |
| Married/ living together as a couple | 8.8 | 5.3 | 12.2 |  |  |  | 7.0 | 3.8 | 10.3 |
| Divorced/ widowed/separated | 11.2 | 5.4 | 17.0 |  |  |  | 14.3 | 7.7 | 20.8 |
| Education 0-11 years | 13.5 | 1.2 | 25.8 |  |  |  | 8.4 | 0.0 | 18.8 |
| HS Grad/GED | 6.9 | 2.9 | 10.9 |  |  |  | 8.4 | 3.7 | 13.1 |
| 1 or more years of college | 11.9 | 7.9 | 15.9 | 67.8 | 50.7 | 84.9 | 7.0 | 3.9 | 10.1 |
| Employment Employed for wages | 9.7 | 6.1 | 13.2 | 58.8 | 39.2 | 78.5 | 3.6 | 1.1 | 6.2 |
| Household Income \$24,999 or less | 13.4 | 7.0 | 19.8 |  |  |  | 13.3 | 7.4 | 19.3 |
| \$25,000-49,999 | 7.9 | 3.6 | 12.2 |  |  |  | 8.0 | 2.7 | 13.3 |
| \$50,000 or more | 11.2 | 5.4 | 17.0 |  |  |  | 3.3 | 0.5 | 6.2 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 13.4 | 10.4 | 16.5 | 19.3 | 15.5 | 23.0 | 20.0 | 16.2 | 23.7 |
| Sex Men | 13.7 | 9.0 | 18.4 | 17.9 | 12.5 | 23.3 | 17.5 | 12.1 | 22.9 |
| Women | 13.2 | 9.2 | 17.2 | 20.5 | 15.3 | 25.8 | 22.3 | 17.0 | 27.6 |
| Race/ethnicity NH White | 13.9 | 10.4 | 17.3 | 17.9 | 13.9 | 22.0 | 18.6 | 14.6 | 22.6 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 14.1 | 8.9 | 19.3 | 18.3 | 12.4 | 24.3 | 18.4 | 12.4 | 24.3 |
|  | 13.7 | 9.1 | 18.3 | 17.5 | 11.9 | 23.0 | 18.9 | 13.5 | 24.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 7.2 | 3.7 | 10.7 | 17.5 | 12.1 | 22.9 | 13.6 | 8.8 | 18.3 |
|  | 24.7 | 17.8 | 31.6 | 23.6 | 16.6 | 30.6 | 26.9 | 19.7 | 34.1 |
|  | 15.0 | 7.7 | 22.4 | 19.0 | 10.5 | 27.5 | 30.1 | 20.0 | 40.3 |
| Marital Status Never married | 11.8 | 3.3 | 20.4 | 18.6 | 8.3 | 29.0 | 15.3 | 5.8 | 24.8 |
| Married/ living together as a couple | 11.4 | 7.7 | 15.1 | 17.7 | 13.0 | 22.4 | 18.2 | 13.5 | 23.0 |
| Divorced/ widowed/separated | 22.8 | 15.7 | 29.9 | 26.1 | 18.3 | 33.8 | 30.9 | 22.9 | 38.9 |
| Education <br> HS Grad/GED | 12.3 | 0.9 | 23.8 | 26.4 | 9.5 | 43.2 | 13.9 | 2.9 | 24.8 |
|  | 11.1 | 6.3 | 16.0 | 17.9 | 11.4 | 24.3 | 17.6 | 11.2 | 24.1 |
|  | 14.8 | 10.7 | 19.0 | 19.3 | 14.5 | 24.2 | 21.9 | 16.9 | 26.9 |
| Employment Employed for wages | 12.5 | 8.6 | 16.3 | 18.5 | 13.7 | 23.2 | 18.1 | 13.3 | 22.8 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 12.0 | 6.2 | 17.9 | 18.8 | 11.5 | 26.1 | 20.3 | 13.0 | 27.6 |
|  | 11.8 | 6.6 | 17.0 | 19.7 | 13.0 | 26.4 | 22.7 | 15.4 | 30.1 |
|  | 16.1 | 10.0 | 22.1 | 17.5 | 10.7 | 24.4 | 20.0 | 13.0 | 27.1 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 35.1 | 30.4 | 39.8 | 1.8 | 0.5 | 3.1 | 22.7 | 18.5 | 26.8 |
| Sex Men | 43.2 | 36.0 | 50.5 | 1.9 | 0.0 | 4.0 | 23.8 | 17.3 | 30.3 |
| Women | 27.3 | 21.6 | 32.9 | 1.8 | 0.3 | 3.2 | 21.6 | 16.3 | 26.9 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 35.9 | 30.7 | 41.1 | 1.7 | 0.3 | 3.1 | 23.4 | 18.9 | 27.9 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 45.4 | 37.5 | 53.3 | 2.2 | 0.0 | 4.6 | 23.3 | 16.4 | 30.2 |
| NH White women | 26.3 | 20.2 | 32.3 | 1.2 | 0.1 | 2.4 | 23.4 | 17.6 | 29.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 33.6 | 26.6 | 40.7 | 2.0 | 0.0 | 4.1 | 14.7 | 8.8 | 20.6 |
|  | 25.4 | 18.3 | 32.5 | 1.1 | 0.0 | 2.8 | 17.3 | 11.3 | 23.2 |
|  | 59.4 | 48.9 | 69.9 | 2.5 | 0.0 | 5.1 | 56.8 | 45.9 | 67.7 |
| Marital Status Never married | 28.0 | 15.3 | 40.6 | 2.7 | 0.0 | 6.6 | 24.1 | 11.3 | 36.9 |
| Married/ living together as a couple | 35.8 | 29.8 | 41.8 | 1.6 | 0.0 | 3.3 | 19.3 | 14.3 | 24.4 |
| Divorced/ widowed/separated | 39.0 | 30.5 | 47.4 | 1.8 | 0.0 | 3.9 | 34.6 | 26.3 | 42.9 |
| Education $0-11$ years <br> HS Grad/GED  | 19.6 | 5.3 | 33.9 | 2.0 | 0.0 | 6.1 | 32.7 | 12.8 | 52.5 |
|  | 35.5 | 27.1 | 43.9 | 2.2 | 0.0 | 4.9 | 28.1 | 20.0 | 36.2 |
|  | 36.4 | 30.4 | 42.5 | 1.6 | 0.1 | 3.1 | 18.9 | 14.0 | 23.7 |
| Employment Employed for wages | 35.2 | 28.9 | 41.4 | 1.4 | 0.0 | 2.8 | 14.2 | 9.4 | 18.9 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 31.9 | 23.1 | 40.7 | 3.9 | 0.1 | 7.8 | 31.1 | 22.2 | 40.0 |
|  | 44.5 | 35.5 | 53.5 | 1.0 | 0.0 | 3.1 | 21.8 | 14.0 | 29.5 |
|  | 30.6 | 22.3 | 38.9 | 1.0 | 0.0 | 2.6 | 15.3 | 8.8 | 21.7 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Okeechobee County 

# A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey 

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Okeechobee County, 497 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Okeechobee County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | CI |  |
| All | 35,910 | 15,982,378 | 25.6 | 21.1 | 30.2 | 52.9 | 45.5 | 60.3 |
| Sex Men | 53.6\% | 48.8\% | 21.7 | 15.6 | 27.8 | 41.4 | 30.7 | 52.1 |
| Women | 46.4\% | 51.2\% | 29.1 | 22.5 | 35.8 | 68.4 | 59.4 | 77.4 |
| Race/ethnicity NH White | 71.6\% | 65.4\% | 23.4 | 19.0 | 27.8 | 54.7 | 46.7 | 62.7 |
| NH Black | 7.8\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 18.6\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 35.8\% | 31.9\% | 22.6 | 16.0 | 29.3 | 43.6 | 31.8 | 55.4 |
| NH White women | 35.8\% | 33.6\% | 24.1 | 18.3 | 30.0 | 68.4 | 58.8 | 78.1 |
| NH Black men | 5.1\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 2.7\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 11.7\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 6.9\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 36.5\% | 36.9\% | 16.6 | 10.1 | 23.1 | 49.5 | 39.3 | 59.7 |
| 45-64 | 21.9\% | 22.7\% | 33.6 | 24.6 | 42.5 | 55.2 | 43.7 | 66.7 |
| 65 and older | 16.3\% | 17.6\% | 32.6 | 23.7 | 41.5 |  |  |  |
| Marital Status Never married | 20.9\% | 22.5\% | 18.4 | 3.8 | 33.1 |  |  |  |
| Married/ living together as a couple | 54.7\% | 53.7\% | 25.5 | 19.3 | 31.7 | 52.7 | 43.1 | 62.4 |
| Divorced/ widowed/separated | 24.5\% | 23.8\% | 28.3 | 21.3 | 35.3 | 44.9 | 33.0 | 56.8 |
| Education 0-11 years | 34.9\% | 20.1\% | 38.1 | 27.6 | 48.6 | 35.0 | 17.4 | 52.6 |
| HS Grad/GED | 33.9\% | 28.7\% | 20.7 | 14.1 | 27.4 | 55.5 | 43.0 | 68.1 |
| 1 or more years of college | 31.2\% | 51.1\% | 20.2 | 13.9 | 26.4 | 60.0 | 49.5 | 70.6 |
| Employment Employed for wages | 50.4\% | 54.9\% | 11.8 | 7.2 | 16.3 | 52.9 | 45.5 | 60.3 |
| Household Income \$24,999 or less | 39.5\% | 30.8\% | 38.4 | 29.2 | 47.7 | 35.4 | 20.9 | 49.8 |
| \$25,000 - 49,999 | 34.3\% | 31.6\% | 19.6 | 12.2 | 27.0 | 50.8 | 38.9 | 62.6 |
| \$50,000 or more | 26.2\% | 37.6\% | 7.5 | 1.1 | 13.9 | 65.2 | 51.8 | 78.6 |

[^47]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 37.3 | 31.8 | 42.7 | 58.5 | 53.2 | 63.7 | 80.3 | 75.9 | 84.6 |
| Sex Men | 33.4 | 25.8 | 40.9 | 54.3 | 46.2 | 62.3 | 69.6 | 61.9 | 77.3 |
| Women | 40.7 | 33.1 | 48.3 | 62.2 | 55.4 | 69.1 | 89.7 | 86.0 | 93.4 |
| Race/ethnicity $\quad$ NH White | 29.2 | 24.4 | 34.0 | 53.7 | 48.2 | 59.2 | 77.9 | 72.9 | 82.8 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 26.7 | 19.5 | 33.9 | 50.8 | 42.2 | 59.5 | 69.4 | 61.1 | 77.8 |
| NH White women | 31.6 | 25.2 | 38.0 | 56.6 | 49.6 | 63.5 | 86.1 | 81.2 | 91.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 32.6 | 24.4 | 40.7 | 53.5 | 45.0 | 62.0 | 72.7 | 64.6 | 80.7 |
| 45-64 | 44.6 | 34.3 | 54.9 | 65.9 | 57.3 | 74.6 | 86.4 | 80.9 | 91.8 |
| 65 and older | 36.4 | 27.4 | 45.4 | 55.3 | 45.9 | 64.6 | 85.6 | 79.1 | 92.1 |
| Marital Status Never married | 30.1 | 12.4 | 47.8 | 51.1 | 30.5 | 71.8 | 56.6 | 35.6 | 77.5 |
| Married/ living together as a couple | 36.9 | 29.5 | 44.3 | 58.1 | 51.1 | 65.1 | 83.8 | 78.5 | 89.1 |
| Divorced/ widowed/separated | 40.5 | 32.5 | 48.6 | 61.9 | 54.1 | 69.7 | 79.8 | 73.3 | 86.2 |
| Education 0-11 years | 51.8 | 41.1 | 62.6 | 58.7 | 48.1 | 69.3 | 82.5 | 73.9 | 91.1 |
| HS Grad/GED | 38.0 | 28.5 | 47.5 | 60.9 | 52.1 | 69.8 | 79.4 | 72.0 | 86.7 |
| 1 or more years of college | 23.7 | 16.8 | 30.5 | 55.5 | 47.4 | 63.7 | 79.3 | 72.3 | 86.3 |
| Employment Employed for wages | 30.0 | 23.2 | 36.8 | 55.8 | 48.4 | 63.1 | 73.2 | 66.3 | 80.0 |
| Household Income \$24,999 or less | 51.6 | 41.8 | 61.5 | 59.4 | 49.7 | 69.1 | 85.2 | 78.1 | 92.4 |
| \$25,000 - 49,999 | 28.3 | 19.9 | 36.6 | 54.9 | 45.7 | 64.1 | 78.0 | 70.0 | 85.9 |
| \$50,000 or more | 18.2 | 9.0 | 27.4 | 48.4 | 36.3 | 60.5 | 68.9 | 57.3 | 80.5 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 30.7 | 26.0 | 35.4 | 30.1 | 24.9 | 35.3 | 77.9 | 73.7 | 82.2 |
| Sex Men | 37.4 | 30.0 | 44.9 | 28.1 | 21.0 | 35.1 | 77.0 | 70.1 | 83.9 |
| Women | 24.7 | 19.0 | 30.4 | 31.9 | 24.5 | 39.3 | 78.8 | 73.5 | 84.1 |
| Race/ethnicity $\quad$ NH White | 35.4 | 30.2 | 40.6 | 27.7 | 22.8 | 32.6 | 75.4 | 70.5 | 80.3 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 43.6 | 35.2 | 52.0 | 26.6 | 19.0 | 34.1 | 75.2 | 67.4 | 83.0 |
| NH White women | 27.4 | 21.2 | 33.6 | 28.8 | 22.5 | 35.1 | 75.5 | 69.5 | 81.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 31.0 | 23.3 | 38.8 | 27.9 | 20.2 | 35.7 | 78.7 | 71.5 | 85.9 |
| 45-64 | 31.3 | 23.3 | 39.3 | 36.1 | 25.9 | 46.3 | 78.9 | 72.1 | 85.6 |
| 65 and older | 28.9 | 20.6 | 37.2 | 27.6 | 19.2 | 36.1 | 75.5 | 67.4 | 83.6 |
| Marital Status Never married | 18.5 | 3.6 | 33.4 | 30.9 | 13.2 | 48.7 | 82.2 | 66.0 | 98.3 |
| Married/ living together as a couple | 30.6 | 24.4 | 36.8 | 30.8 | 23.7 | 37.9 | 76.7 | 71.0 | 82.4 |
| Divorced/ widowed/separated | 34.9 | 27.2 | 42.5 | 28.3 | 21.0 | 35.5 | 79.5 | 72.8 | 86.1 |
| Education 0-11 years | 25.1 | 16.6 | 33.6 | 28.6 | 19.4 | 37.9 | 76.3 | 67.3 | 85.3 |
| HS Grad/GED | 30.7 | 22.8 | 38.6 | 30.5 | 20.6 | 40.4 | 79.5 | 72.6 | 86.4 |
| 1 or more years of college | 35.7 | 27.9 | 43.5 | 30.7 | 23.3 | 38.2 | 77.6 | 71.0 | 84.3 |
| Employment Employed for wages | 35.7 | 28.8 | 42.6 | 28.2 | 21.6 | 34.8 | 81.0 | 75.1 | 86.8 |
| Household Income \$24,999 or less | 27.1 | 19.1 | 35.0 | 38.5 | 28.2 | 48.8 | 72.5 | 64.2 | 80.8 |
| \$25,000-49,999 | 36.2 | 27.4 | 45.0 | 28.5 | 20.0 | 37.0 | 76.1 | 68.0 | 84.3 |
| \$50,000 or more | 42.6 | 30.9 | 54.4 | 33.3 | 21.5 | 45.2 | 83.8 | 75.8 | 91.8 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 28.2 | 23.5 | 32.9 | 53.5 | 43.6 | 63.3 | 9.5 | 6.5 | 12.5 |
| Sex Men | 26.6 | 19.3 | 34.0 | 55.4 | 38.4 | 72.3 | 13.5 | 8.1 | 18.9 |
| Women | 29.5 | 23.4 | 35.7 | 52.0 | 40.1 | 63.8 | 6.0 | 3.1 | 8.8 |
| Race/ethnicity NH White | 29.7 | 24.6 | 34.7 | 55.2 | 44.9 | 65.5 | 8.3 | 5.3 | 11.2 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 24.1 | 16.5 | 31.6 | 56.4 | 37.6 | 75.1 | 9.9 | 5.1 | 14.7 |
| NH White women | 35.1 | 28.4 | 41.8 | 54.5 | 42.2 | 66.7 | 6.7 | 3.3 | 10.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 36.7 | 28.6 | 44.7 | 58.3 | 44.6 | 72.0 | 12.5 | 7.0 | 17.9 |
|  | 27.6 | 19.5 | 35.7 | 51.8 | 35.1 | 68.5 | 11.8 | 6.4 | 17.2 |
|  | 10.8 | 5.1 | 16.5 |  |  |  | 1.0 | 0.0 | 2.3 |
| Marital Status Never married <br> Married/ living together as a couple  | 39.8 | 20.5 | 59.1 |  |  |  | 12.2 | 0.7 | 23.6 |
|  | 23.6 | 17.6 | 29.6 | 56.8 | 42.0 | 71.6 | 7.9 | 4.2 | 11.5 |
| Divorced/ widowed/separated | 35.2 | 27.4 | 42.9 | 51.3 | 37.5 | 65.2 | 12.5 | 6.9 | 18.2 |
| Education $0-11$ years <br> HS Grad/GED  | 30.8 | 20.9 | 40.6 | 51.9 | 32.1 | 71.7 | 8.7 | 2.8 | 14.6 |
|  | 27.4 | 19.5 | 35.3 | 58.3 | 41.9 | 74.6 | 10.0 | 5.0 | 14.9 |
|  | 26.8 | 19.7 | 33.9 | 49.8 | 33.9 | 65.7 | 9.8 | 5.0 | 14.6 |
| Employment Employed for wages | 35.8 | 28.6 | 42.9 | 50.2 | 37.0 | 63.3 | 16.6 | 11.2 | 22.1 |
| Household Income | 31.7 | 23.0 | 40.4 | 44.8 | 29.2 | 60.4 | 8.7 | 3.4 | 14.0 |
|  | 35.3 | 26.5 | 44.0 | 52.4 | 36.3 | 68.5 | 10.9 | 5.1 | 16.6 |
|  | 19.1 | 9.1 | 29.1 |  |  |  | 13.6 | 5.8 | 21.4 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 25.6 | 20.7 | 30.5 | 33.5 | 28.2 | 38.8 | 13.6 | 9.9 | 17.3 |
| Sex Men | 22.0 | 14.9 | 29.0 | 36.9 | 29.0 | 44.9 | 9.4 | 4.6 | 14.3 |
| Women | 28.8 | 21.9 | 35.7 | 30.5 | 23.4 | 37.5 | 17.3 | 11.8 | 22.8 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 18.4 | 14.0 | 22.8 | 26.4 | 21.3 | 31.5 | 9.7 | 6.5 | 13.0 |
| - NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men <br>  NH White women | 16.4 | 9.7 | 23.1 | 32.0 | 23.7 | 40.4 | 6.7 | 2.2 | 11.3 |
|  | 20.2 | 14.4 | 26.0 | 20.9 | 15.0 | 26.9 | 12.6 | 8.1 | 17.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 29.1 | 21.2 | 37.0 | 43.4 | 34.8 | 51.9 | 18.4 | 11.5 | 25.2 |
| 45-64 | 33.2 | 23.6 | 42.8 | 32.5 | 22.8 | 42.1 | 11.1 | 5.9 | 16.2 |
| 65 and older | 6.8 | 2.3 | 11.4 | 16.3 | 9.5 | 23.1 | 4.8 | 1.4 | 8.3 |
| Marital Status Never married | 28.4 | 10.7 | 46.2 | 45.7 | 25.6 | 65.8 | 12.7 | 0.0 | 25.8 |
| Married/ living together as a couple | 26.4 | 19.7 | 33.1 | 34.4 | 27.4 | 41.5 | 11.4 | 6.8 | 16.0 |
| Divorced/ widowed/separated | 22.9 | 15.7 | 30.0 | 27.3 | 19.7 | 34.9 | 19.2 | 12.0 | 26.4 |
| Education 0-11 years | 46.4 | 35.4 | 57.3 | 55.0 | 44.5 | 65.5 | 26.8 | 17.1 | 36.4 |
| HS Grad/GED | 19.8 | 12.5 | 27.2 | 23.6 | 16.0 | 31.1 | 11.0 | 5.8 | 16.3 |
| 1 or more years of college | 13.5 | 8.3 | 18.8 | 25.1 | 17.8 | 32.4 | 4.8 | 2.0 | 7.6 |
| Employment Employed for wages | 27.7 | 20.8 | 34.5 | 34.8 | 27.5 | 42.2 | 13.6 | 8.5 | 18.8 |
| Household Income \$24,999 or less | 31.6 | 22.6 | 40.7 | 38.0 | 28.3 | 47.7 | 20.8 | 12.9 | 28.7 |
| \$25,000-49,999 | 25.0 | 16.9 | 33.0 | 33.1 | 24.2 | 42.0 | 10.5 | 4.6 | 16.5 |
| \$50,000 or more | 9.8 | 1.6 | 17.9 | 24.0 | 12.8 | 35.2 | 5.6 | 0.0 | 11.2 |



## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterolchecked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 78.1 | 73.4 | 82.8 | 93.0 | 90.3 | 95.8 | 34.5 | 29.2 | 39.8 |
| Sex Men | 73.1 | 65.4 | 80.9 | 93.7 | 90.0 | 97.3 | 33.6 | 25.6 | 41.5 |
| Women | 82.5 | 77.1 | 88.0 | 92.5 | 88.6 | 96.5 | 35.2 | 28.0 | 42.4 |
| Race/ethnicity NH White | 86.1 | 82.0 | 90.2 | 93.4 | 90.7 | 96.0 | 37.1 | 31.6 | 42.6 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 84.6 | 77.9 | 91.2 | 94.1 | 90.5 | 97.6 | 32.4 | 24.2 | 40.6 |
| NH White women | 87.6 | 82.8 | 92.4 | 92.7 | 88.7 | 96.6 | 41.5 | 34.2 | 48.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 66.6 | 58.3 | 74.9 | 94.5 | 90.2 | 98.8 | 15.6 | 8.7 | 22.4 |
| 45-64 | 83.8 | 76.3 | 91.4 | 89.3 | 83.8 | 94.9 | 43.4 | 33.0 | 53.7 |
| 65 and older | 91.4 | 85.5 | 97.3 | 96.2 | 92.2 | 100.0 | 49.0 | 39.2 | 58.7 |
| Marital Status Never married | 51.5 | 31.4 | 71.7 |  |  |  |  |  |  |
| Married/ living together as a couple | 79.9 | 73.9 | 86.0 | 94.6 | 91.7 | 97.6 | 35.9 | 28.7 | 43.1 |
| Divorced/ widowed/separated | 82.6 | 75.7 | 89.5 | 90.1 | 84.7 | 95.5 | 35.7 | 27.5 | 43.9 |
| Education 0-11 years | 60.4 | 49.5 | 71.2 | 95.6 | 91.2 | 100.0 | 28.5 | 17.4 | 39.7 |
| HS Grad/GED | 84.4 | 78.1 | 90.8 | 91.6 | 86.6 | 96.6 | 39.1 | 29.7 | 48.5 |
| 1 or more years of college | 87.0 | 80.8 | 93.2 | 93.0 | 88.7 | 97.3 | 33.0 | 25.2 | 40.9 |
| Employment Employed for wages | 75.1 | 68.0 | 82.1 | 89.0 | 84.2 | 93.9 | 25.6 | 18.9 | 32.3 |
| Household Income \$24,999 or less | 77.3 | 69.0 | 85.6 | 93.6 | 89.3 | 97.8 | 36.7 | 26.5 | 46.9 |
| \$25,000-49,999 | 78.3 | 70.2 | 86.4 | 91.0 | 84.9 | 97.1 | 37.4 | 27.9 | 47.0 |
| \$50,000 or more | 94.9 | 89.7 | 100.0 | 95.7 | 91.9 | 99.5 | 29.4 | 18.5 | 40.3 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 9.6 | 6.9 | 12.4 | 55.0 | 39.6 | 70.4 | 11.0 | 8.0 | 14.0 |
| Sex Men | 6.8 | 3.1 | 10.6 |  |  |  | 10.1 | 5.7 | 14.6 |
| Women | 12.1 | 8.1 | 16.1 | 58.0 | 40.3 | 75.7 | 11.7 | 7.6 | 15.8 |
| Race/ethnicity NH White | 11.0 | 7.8 | 14.3 | 61.1 | 45.2 | 77.0 | 11.4 | 8.1 | 14.7 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 6.9 | 2.6 | 11.3 |  |  |  | 10.0 | 5.2 | 14.7 |
| NH White women | 15.0 | 10.3 | 19.8 | 63.9 | 47.1 | 80.7 | 12.8 | 8.3 | 17.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 11.0 | 6.2 | 15.8 |  |  |  | 3.8 | 0.6 | 7.0 |
| 45-64 | 10.1 | 5.4 | 14.8 |  |  |  | 12.9 | 7.1 | 18.6 |
| 65 and older | 6.4 | 2.2 | 10.5 |  |  |  | 22.3 | 14.4 | 30.2 |
| Marital Status Never married | 12.0 | 0.0 | 23.9 |  |  |  |  |  |  |
| Married/ living together as a couple | 9.2 | 5.6 | 12.8 |  |  |  |  |  |  |
| Divorced/ widowed/separated | 9.8 | 5.6 | 14.1 |  |  |  |  |  |  |
| Education 0-11 years | 8.5 | 3.1 | 13.8 |  |  |  | 10.4 | 4.3 | 16.5 |
| HS Grad/GED | 8.9 | 4.6 | 13.2 |  |  |  | 8.9 | 4.6 | 13.3 |
| 1 or more years of college | 11.5 | 6.6 | 16.3 |  |  |  | 13.7 | 8.3 | 19.0 |
| Employment Employed for wages | 7.7 | 4.3 | 11.0 |  |  |  | 6.9 | 3.6 | 10.2 |
| Household Income \$24,999 or less | 10.7 | 6.2 | 15.2 |  |  |  | 14.7 | 8.9 | 20.5 |
| \$25,000-49,999 | 10.8 | 5.1 | 16.5 |  |  |  | 10.3 | 4.6 | 15.9 |
| \$50,000 or more | 3.8 | 0.2 | 7.4 |  |  |  | 7.3 | 1.3 | 13.3 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 17.3 | 13.7 | 21.0 | 23.8 | 19.4 | 28.2 | 20.1 | 16.1 | 24.2 |
| Sex Men | 14.1 | 9.1 | 19.2 | 19.8 | 13.6 | 25.9 | 18.3 | 12.7 | 23.8 |
| Women | 20.2 | 14.9 | 25.5 | 27.4 | 21.2 | 33.7 | 21.8 | 15.9 | 27.6 |
| Race/ethnicity | 19.2 | 14.9 | 23.4 | 22.1 | 17.7 | 26.5 | 20.3 | 16.1 | 24.6 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 16.4 | 10.3 | 22.5 | 19.8 | 13.4 | 26.3 | 21.6 | 15.0 | 28.3 |
| NH White women | 21.8 | 16.0 | 27.7 | 24.4 | 18.3 | 30.4 | 19.0 | 13.6 | 24.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
|  | 15.2 | 9.5 | 20.9 | 25.3 | 17.9 | 32.8 | 17.5 | 11.2 | 23.9 |
| - 45-64 | 17.2 | 10.9 | 23.4 | 19.5 | 12.8 | 26.1 | 20.3 | 13.5 | 27.1 |
| 65 and older | 22.9 | 14.9 | 30.8 | 28.4 | 20.0 | 36.8 | 25.1 | 16.7 | 33.5 |
| Marital Status Never married | 12.8 | 1.0 | 24.6 | 26.2 | 7.4 | 45.1 | 4.0 | 0.0 | 8.8 |
| Married/ living together as a couple | 19.1 | 14.0 | 24.2 | 24.5 | 18.7 | 30.3 | 24.4 | 18.6 | 30.1 |
| Divorced/ widowed/separated | 14.7 | 9.5 | 19.9 | 21.4 | 15.1 | 27.6 | 15.3 | 9.8 | 20.9 |
| Education $0-11$ years <br> HS Grad/GED  | 13.5 | 7.1 | 20.0 | 26.0 | 17.0 | 35.0 | 18.9 | 10.9 | 27.0 |
|  | 21.1 | 14.3 | 28.0 | 21.7 | 14.7 | 28.6 | 18.6 | 12.0 | 25.1 |
|  | 16.8 | 11.0 | 22.6 | 23.9 | 16.8 | 31.0 | 22.9 | 16.3 | 29.4 |
| Employment Employed for wages | 13.9 | 9.2 | 18.6 | 16.2 | 10.8 | 21.7 | 15.7 | 10.8 | 20.6 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 15.4 | 9.5 | 21.4 | 28.1 | 19.9 | 36.4 | 24.7 | 16.7 | 32.7 |
|  | 17.3 | 10.1 | 24.5 | 18.9 | 11.7 | 26.1 | 16.5 | 9.7 | 23.4 |
|  | 20.3 | 11.4 | 29.1 | 27.0 | 16.4 | 37.7 | 26.7 | 16.6 | 36.7 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 21.8 | 17.8 | 25.7 | 0.7 | 0.0 | 1.4 | 26.8 | 22.3 | 31.3 |
| Sex Men | 23.8 | 17.5 | 30.0 | 1.1 | 0.0 | 2.4 | 31.1 | 23.8 | 38.4 |
| Women | 20.0 | 15.1 | 25.0 | 0.3 | 0.0 | 1.0 | 23.1 | 17.5 | 28.7 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic <br> Race/ethnicity-Sex NH White men | 25.5 | 20.9 | 30.1 | 0.9 | 0.0 | 1.9 | 30.6 | 25.6 | 35.6 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  | 25.3 | 18.2 | 32.3 | 1.4 | 0.0 | 3.1 | 32.5 | 24.5 | 40.4 |
| Race/ethnicity-Sex NH White men <br>  NH White women | 25.7 | 19.8 | 31.6 | 0.5 | 0.0 | 1.4 | 28.9 | 22.5 | 35.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br> $45-64$  <br>  65 and older | 7.6 | 3.1 | 12.0 |  |  |  | 13.4 | 7.0 | 19.8 |
|  | 20.7 | 14.2 | 27.3 |  |  |  | 19.8 | 13.2 | 26.5 |
|  | 50.8 | 41.4 | 60.3 |  |  |  | 60.8 | 51.5 | 70.1 |
| Marital Status Never married | 10.4 | 0.0 | 22.2 |  |  |  |  |  |  |
| Married/ living together as a couple | 22.6 | 17.3 | 28.0 |  |  |  | 26.3 | 20.3 | 32.3 |
| Divorced/ widowed/separated | 23.5 | 17.3 | 29.8 |  |  |  | 30.1 | 23.1 | 37.1 |
| Education $0-11$ years <br> HS Grad/GED  | 15.3 | 9.3 | 21.4 |  |  |  | 21.0 | 13.2 | 28.8 |
|  | 25.1 | 17.8 | 32.4 |  |  |  | 28.5 | 20.6 | 36.4 |
|  | 23.7 | 17.0 | 30.3 |  |  |  | 30.0 | 22.4 | 37.6 |
| Employment Employed for wages | 13.4 | 8.7 | 18.2 | 0.8 | 0.0 | 1.8 | 12.8 | 7.5 | 18.0 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 23.4 | 16.2 | 30.6 |  |  |  | 28.2 | 20.2 | 36.1 |
|  | 19.7 | 12.6 | 26.8 |  |  |  | 22.6 | 15.0 | 30.2 |
|  | 19.7 | 10.7 | 28.6 |  |  |  | 20.6 | 10.8 | 30.3 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Orange County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Orange County, 512 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Orange County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | Cl |  |
| All | 896,344 | 15,982,378 | 15.4 | 11.9 | 18.9 | 66.9 | 60.8 | 72.9 |
| Sex Men | 49.5\% | 48.8\% | 14.4 | 9.0 | 19.9 | 61.3 | 52.0 | 70.5 |
| Women | 50.5\% | 51.2\% | 16.2 | 11.5 | 20.8 | 72.6 | 64.7 | 80.5 |
| Race/ethnicity $\quad$ NH White | 57.5\% | 65.4\% | 12.2 | 8.4 | 15.9 | 67.3 | 60.2 | 74.5 |
| NH Black | 17.5\% | 14.2\% | 16.4 | 7.1 | 25.6 | 64.5 | 46.3 | 82.6 |
| Hispanic | 18.8\% | 16.8\% | 25.1 | 7.7 | 42.4 | 55.5 | 33.4 | 77.5 |
| Race/ethnicity-Sex NH White men | 28.7\% | 31.9\% | 12.1 | 6.3 | 17.8 | 60.3 | 49.7 | 70.9 |
| NH White women | 28.9\% | 33.6\% | 12.3 | 7.4 | 17.1 | 76.7 | 67.9 | 85.5 |
| NH Black men | 8.4\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 9.1\% | 7.4\% | 18.2 | 6.2 | 30.3 | 65.2 | 44.0 | 86.5 |
| Hispanic men | 9.4\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 9.4\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 44.7\% | 36.9\% | 10.0 | 5.9 | 14.2 | 61.8 | 54.1 | 69.5 |
| 45-64 | 20.0\% | 22.7\% | 18.0 | 10.8 | 25.3 | 77.6 | 68.0 | 87.1 |
| 65 and older | 10.0\% | 17.6\% | 33.9 | 22.3 | 45.4 |  |  |  |
| Marital Status Never married | 28.7\% | 22.5\% | 12.3 | 5.8 | 18.9 | 58.0 | 44.0 | 72.0 |
| Married/ living together as a couple | 50.0\% | 53.7\% | 13.4 | 8.7 | 18.1 | 70.9 | 63.3 | 78.6 |
| Divorced/ widowed/separated | 21.3\% | 23.8\% | 25.3 | 16.9 | 33.6 | 66.7 | 53.6 | 79.8 |
| Education 0-11 years | 18.2\% | 20.1\% | 41.3 | 24.4 | 58.3 |  |  |  |
| HS Grad/GED | 25.8\% | 28.7\% | 17.6 | 10.9 | 24.3 | 54.9 | 42.3 | 67.5 |
| 1 or more years of college | 56.0\% | 51.1\% | 10.2 | 6.4 | 14.0 | 74.2 | 67.4 | 80.9 |
| Employment Employed for wages | 64.6\% | 54.9\% | 9.4 | 5.6 | 13.2 | 66.9 | 60.8 | 72.9 |
| Household Income \$24,999 or less | 27.0\% | 30.8\% | 31.3 | 22.4 | 40.3 | 58.3 | 43.7 | 72.9 |
| \$25,000-49,999 | 33.0\% | 31.6\% | 9.5 | 3.9 | 15.2 | 56.6 | 43.9 | 69.2 |
| \$50,000 or more | 40.1\% | 37.6\% | 5.8 | 1.7 | 9.9 | 80.2 | 72.5 | 88.0 |

[^48]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 30.6 | 25.9 | 35.2 | 60.3 | 55.4 | 65.2 | 80.1 | 76.1 | 84.0 |
| Sex Men | 26.9 | 19.9 | 33.8 | 58.7 | 50.7 | 66.7 | 78.7 | 72.1 | 85.4 |
| Women | 33.6 | 27.4 | 39.7 | 61.6 | 55.5 | 67.7 | 81.1 | 76.3 | 85.9 |
| Race/ethnicity NH White | 23.8 | 18.7 | 28.9 | 57.4 | 51.4 | 63.5 | 79.6 | 74.6 | 84.6 |
| NH Black | 36.3 | 22.2 | 50.4 | 68.3 | 55.0 | 81.5 | 88.5 | 81.0 | 96.0 |
| Hispanic | 35.5 | 18.2 | 52.8 | 56.2 | 38.1 | 74.3 | 73.2 | 57.2 | 89.1 |
| Race/ethnicity-Sex NH White men | 23.3 | 15.6 | 31.1 | 55.2 | 45.7 | 64.7 | 78.4 | 70.5 | 86.4 |
| NH White women | 24.2 | 17.5 | 31.0 | 59.6 | 51.9 | 67.3 | 80.8 | 74.5 | 87.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 38.3 | 21.5 | 55.2 | 70.6 | 56.7 | 84.5 | 88.1 | 79.8 | 96.3 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 30.8 | 24.6 | 37.0 | 57.5 | 50.8 | 64.2 | 75.9 | 70.3 | 81.4 |
| 45-64 | 28.7 | 19.9 | 37.5 | 61.1 | 51.8 | 70.4 | 84.0 | 76.5 | 91.5 |
| 65 and older | 32.4 | 21.0 | 43.9 | 72.7 | 61.7 | 83.8 | 91.1 | 84.2 | 98.1 |
| Marital Status Never married | 27.4 | 16.8 | 38.0 | 51.5 | 40.0 | 62.9 | 65.7 | 55.2 | 76.3 |
| Married/ living together as a couple | 30.9 | 24.8 | 37.1 | 61.0 | 54.4 | 67.5 | 82.5 | 77.4 | 87.6 |
| Divorced/ widowed/separated | 33.3 | 23.9 | 42.8 | 69.2 | 60.3 | 78.0 | 89.7 | 84.5 | 94.8 |
| Education 0-11 years | 51.3 | 34.5 | 68.2 | 71.4 | 56.4 | 86.4 | 86.3 | 74.1 | 98.5 |
| HS Grad/GED | 40.0 | 30.5 | 49.6 | 63.3 | 54.1 | 72.5 | 85.3 | 79.3 | 91.4 |
| 1 or more years of college | 23.0 | 17.7 | 28.3 | 57.4 | 51.1 | 63.7 | 76.9 | 71.6 | 82.3 |
| Employment Employed for wages | 27.4 | 21.7 | 33.1 | 57.5 | 51.2 | 63.7 | 77.1 | 71.9 | 82.3 |
| Household Income \$24,999 or less | 38.8 | 29.2 | 48.3 | 69.6 | 61.2 | 78.0 | 84.2 | 77.2 | 91.2 |
| \$25,000 - 49,999 | 41.4 | 31.4 | 51.3 | 63.1 | 53.5 | 72.6 | 83.0 | 75.9 | 90.1 |
| \$50,000 or more | 15.1 | 8.8 | 21.4 | 49.6 | 40.4 | 58.8 | 73.3 | 65.2 | 81.3 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 29.2 | 24.7 | 33.7 | 25.7 | 21.3 | 30.1 | 75.7 | 71.5 | 79.8 |
| Sex Men <br>  Women | 38.2 | 30.5 | 45.9 | 24.5 | 17.6 | 31.4 | 83.2 | 77.2 | 89.1 |
|  | 21.8 | 16.8 | 26.9 | 26.7 | 21.1 | 32.3 | 69.5 | 63.7 | 75.3 |
| Race/ethnicity NH White | 29.7 | 24.1 | 35.4 | 22.8 | 17.6 | 28.0 | 76.2 | 71.3 | 81.1 |
| NH Black | 24.9 | 13.5 | 36.4 | 38.7 | 24.9 | 52.5 | 77.8 | 65.6 | 90.0 |
| Hispanic | 40.1 | 22.2 | 58.0 | 23.7 | 8.4 | 38.9 | 76.3 | 59.5 | 93.2 |
| Race/ethnicity-Sex NH White men | 39.4 | 30.3 | 48.6 | 23.6 | 15.3 | 31.9 | 84.4 | 78.1 | 90.7 |
| NH White women | 20.2 | 13.9 | 26.5 | 22.0 | 15.6 | 28.4 | 68.1 | 60.9 | 75.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 21.7 | 9.4 | 33.9 | 43.8 | 27.2 | 60.3 | 80.0 | 67.4 | 92.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age <br>  <br>  | 29.5 | 23.5 | 35.6 | 23.1 | 17.5 | 28.6 | 77.3 | 71.7 | 82.8 |
|  | 32.4 | 23.5 | 41.3 | 33.3 | 24.1 | 42.5 | 76.4 | 68.8 | 84.1 |
|  | 19.3 | 10.1 | 28.4 | 19.3 | 10.3 | 28.4 | 66.6 | 54.7 | 78.5 |
| Marital Status Never married | 27.0 | 17.9 | 36.2 | 17.7 | 9.3 | 26.1 | 79.1 | 69.4 | 88.9 |
| Married/ living together as a couple | 31.1 | 24.8 | 37.4 | 27.0 | 21.0 | 32.9 | 75.8 | 70.3 | 81.2 |
| Divorced/ widowed/separated | 26.2 | 18.2 | 34.3 | 31.3 | 21.8 | 40.8 | 71.0 | 62.0 | 80.1 |
| Education $0-11$ years <br> HS Grad/GED  | 21.8 | 7.3 | 36.3 | 36.8 | 20.7 | 52.8 | 73.4 | 60.1 | 86.6 |
|  | 29.8 | 21.2 | 38.5 | 23.5 | 15.1 | 31.8 | 75.0 | 67.0 | 83.0 |
|  | 30.2 | 24.4 | 35.9 | 24.7 | 19.3 | 30.2 | 76.2 | 70.9 | 81.6 |
| Employment Employed for wages | 32.5 | 26.7 | 38.4 | 26.3 | 20.6 | 31.9 | 78.1 | 73.0 | 83.3 |
| Household Income | 25.9 | 17.5 | 34.4 | 28.0 | 19.8 | 36.1 | 78.6 | 70.9 | 86.4 |
|  | 30.9 | 22.1 | 39.8 | 24.3 | 15.4 | 33.2 | 79.1 | 71.1 | 87.1 |
|  | 34.8 | 26.0 | 43.6 | 24.8 | 16.7 | 32.9 | 74.5 | 66.7 | 82.4 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 21.4 | 17.3 | 25.5 | 59.6 | 48.9 | 70.4 | 16.7 | 13.0 | 20.5 |
| Sex Men | 26.2 | 19.1 | 33.3 | 57.6 | 41.5 | 73.6 | 24.2 | 17.4 | 30.9 |
| Women | 17.5 | 12.9 | 22.1 | 62.1 | 48.0 | 76.2 | 10.8 | 6.7 | 14.9 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 23.0 | 17.8 | 28.2 | 56.2 | 43.0 | 69.3 | 18.4 | 13.6 | 23.2 |
| NH Black | 11.4 | 3.2 | 19.7 |  |  |  | 2.4 | 0.0 | 5.3 |
| Hispanic | 22.3 | 6.1 | 38.5 |  |  |  | 32.8 | 15.1 | 50.4 |
| Race/ethnicity-Sex NH White men | 24.7 | 16.6 | 32.8 | 52.0 | 32.5 | 71.6 | 26.0 | 17.7 | 34.2 |
| NH White women | 21.3 | 14.8 | 27.9 | 60.9 | 42.9 | 78.8 | 11.1 | 6.1 | 16.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 8.7 | 1.7 | 15.8 |  |  |  | 1.2 | 0.0 | 3.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 26.3 | 20.4 | 32.3 | 62.6 | 49.6 | 75.6 | 23.1 | 17.4 | 28.8 |
| 45-64 | 17.7 | 10.7 | 24.7 | 49.8 | 27.4 | 72.3 | 11.6 | 5.8 | 17.5 |
| 65 and older | 8.9 | 2.1 | 15.7 |  |  |  |  |  |  |
| Marital Status Never married | 22.4 | 13.4 | 31.3 |  |  |  | 29.8 | 19.5 | 40.0 |
| Married/ living together as a couple | 19.0 | 13.6 | 24.4 | 62.3 | 46.5 | 78.1 | 12.0 | 7.6 | 16.3 |
| Divorced/ widowed/separated | 27.0 | 18.1 | 35.8 | 53.1 | 32.9 | 73.4 | 15.4 | 7.8 | 23.0 |
| Education 0-11 years | 39.3 | 21.8 | 56.8 |  |  |  | 23.3 | 8.1 | 38.5 |
| HS Grad/GED | 22.1 | 14.4 | 29.9 | 40.2 | 20.7 | 59.7 | 12.1 | 6.1 | 18.1 |
| 1 or more years of college | 18.4 | 13.7 | 23.1 | 64.4 | 50.6 | 78.1 | 17.8 | 12.9 | 22.7 |
| Employment Employed for wages | 25.1 | 19.7 | 30.5 | 58.4 | 46.0 | 70.7 | 20.5 | 15.4 | 25.6 |
| Household Income \$24,999 or less | 27.1 | 18.3 | 35.9 | 72.3 | 56.0 | 88.6 | 21.3 | 12.8 | 29.8 |
| \$25,000-49,999 | 22.4 | 14.0 | 30.7 |  |  |  | 16.5 | 9.3 | 23.8 |
| \$50,000 or more | 21.9 | 14.4 | 29.3 | 53.1 | 33.0 | 73.2 | 18.1 | 11.2 | 24.9 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 21.8 | 17.5 | 26.1 | 28.9 | 24.3 | 33.6 | 10.5 | 7.4 | 13.5 |
| Sex Men | 21.4 | 14.7 | 28.1 | 34.7 | 27.1 | 42.4 | 9.4 | 5.0 | 13.8 |
| Women | 22.2 | 16.5 | 27.9 | 24.1 | 18.4 | 29.8 | 11.3 | 7.2 | 15.4 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 13.5 | 9.3 | 17.7 | 23.1 | 17.9 | 28.3 | 7.7 | 4.5 | 10.9 |
|  | 29.5 | 16.0 | 43.1 | 31.4 | 17.8 | 45.0 | 10.2 | 2.6 | 17.8 |
|  | 48.0 | 29.7 | 66.4 | 46.2 | 27.5 | 64.8 | 18.9 | 5.6 | 32.2 |
| Race/ethnicity-Sex NH White men | 15.1 | 8.4 | 21.9 | 28.4 | 20.1 | 36.8 | 7.4 | 2.5 | 12.2 |
| NH White women | 11.9 | 6.8 | 17.0 | 17.8 | 11.6 | 24.0 | 8.0 | 3.7 | 12.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 29.4 | 13.2 | 45.7 | 28.5 | 12.8 | 44.3 | 11.5 | 1.1 | 21.9 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 29.5 | 23.2 | 35.8 | 34.3 | 27.9 | 40.7 | 12.7 | 8.4 | 17.1 |
|  | 14.9 | 7.7 | 22.2 | 22.5 | 14.1 | 30.8 | 7.9 | 2.7 | 13.1 |
|  | 3.8 | 0.0 | 8.4 | 19.3 | 8.6 | 30.1 | 6.7 | 0.6 | 12.9 |
| Marital Status Never married | 38.2 | 26.9 | 49.6 | 43.2 | 31.9 | 54.5 | 11.5 | 4.8 | 18.2 |
| Married/ living together as a couple | 15.7 | 10.7 | 20.8 | 22.2 | 16.5 | 27.9 | 8.9 | 5.1 | 12.7 |
| Divorced/ widowed/separated | 22.1 | 13.5 | 30.7 | 34.0 | 24.1 | 43.8 | 14.4 | 6.8 | 21.9 |
| Education $0-11$ years <br> HS Grad/GED  | 43.5 | 26.2 | 60.8 | 49.2 | 32.2 | 66.2 | 18.1 | 5.7 | 30.5 |
|  | 25.3 | 16.5 | 34.0 | 30.6 | 21.5 | 39.6 | 14.6 | 8.1 | 21.1 |
|  | 17.0 | 12.1 | 21.8 | 25.1 | 19.5 | 30.6 | 7.5 | 4.1 | 10.9 |
| Employment Employed for wages | 21.0 | 15.6 | 26.3 | 30.0 | 24.1 | 35.9 | 9.6 | 6.1 | 13.1 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 36.8 | 26.9 | 46.7 | 42.3 | 32.5 | 52.1 | 19.7 | 11.9 | 27.5 |
|  | 23.6 | 14.7 | 32.5 | 33.7 | 23.9 | 43.5 | 5.4 | 1.1 | 9.7 |
|  | 7.9 | 3.2 | 12.7 | 18.0 | 11.1 | 24.9 | 5.1 | 1.1 | 9.1 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | Cl |  |
| All | 66.7 | 62.0 | 71.5 | 52.4 | 47.4 | 57.4 | 65.9 | 60.9 | 70.9 |
| Sex Men | 64.0 | 56.3 | 71.6 | 53.2 | 45.2 | 61.2 | 63.7 | 55.6 | 71.7 |
| Women | 69.0 | 63.0 | 75.0 | 51.7 | 45.4 | 58.0 | 67.7 | 61.3 | 74.1 |
| Race/ethnicity NH White | 73.8 | 68.4 | 79.1 | 54.6 | 48.5 | 60.7 | 72.7 | 67.0 | 78.4 |
| NH Black | 55.4 | 41.2 | 69.7 | 43.5 | 29.0 | 57.9 | 53.4 | 38.1 | 68.7 |
| Hispanic | 44.8 | 26.4 | 63.1 | 54.5 | 36.2 | 72.7 | 46.6 | 27.5 | 65.6 |
| Race/ethnicity-Sex NH White men | 70.1 | 61.6 | 78.6 | 55.0 | 45.5 | 64.4 | 68.3 | 59.2 | 77.4 |
| NH White women | 77.5 | 70.9 | 84.1 | 54.2 | 46.5 | 62.0 | 76.9 | 70.0 | 83.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 57.6 | 40.8 | 74.3 | 43.8 | 27.0 | 60.6 | 55.6 | 37.7 | 73.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 67.0 | 60.6 | 73.4 | 69.2 | 63.1 | 75.4 | 63.0 | 56.4 | 69.7 |
| 45-64 | 68.9 | 60.1 | 77.8 | 32.5 | 23.8 | 41.2 | 70.4 | 61.2 | 79.6 |
| 65 and older | 59.9 | 47.3 | 72.5 | 20.3 | 9.1 | 31.4 | 71.9 | 57.3 | 86.5 |
| Marital Status Never married | 63.5 | 52.4 | 74.6 | 74.1 | 64.6 | 83.5 | 60.0 | 48.5 | 71.5 |
| Married/ living together as a couple | 69.8 | 63.6 | 75.9 | 50.8 | 44.1 | 57.5 | 67.7 | 61.2 | 74.1 |
| Divorced/ widowed/separated | 60.5 | 50.5 | 70.6 | 31.7 | 22.5 | 41.0 | 67.0 | 56.2 | 77.8 |
| Education 0-11 years | 32.8 | 17.9 | 47.6 | 33.2 | 17.4 | 49.0 | 46.2 | 25.8 | 66.7 |
| HS Grad/GED | 57.9 | 48.3 | 67.5 | 39.1 | 29.5 | 48.7 | 53.4 | 43.2 | 63.7 |
| 1 or more years of college | 75.7 | 70.3 | 81.1 | 61.2 | 55.1 | 67.3 | 73.5 | 67.7 | 79.2 |
| Employment Employed for wages | 68.9 | 63.0 | 74.8 | 58.4 | 52.1 | 64.6 | 67.5 | 61.5 | 73.6 |
| Household Income \$24,999 or less | 52.8 | 43.2 | 62.4 | 45.4 | 35.8 | 55.0 | 50.5 | 40.1 | 61.0 |
| \$25,000-49,999 | 64.8 | 55.0 | 74.5 | 47.1 | 37.0 | 57.1 | 59.7 | 49.5 | 69.9 |
| \$50,000 or more | 81.0 | 73.8 | 88.2 | 63.2 | 54.3 | 72.2 | 78.6 | 71.2 | 86.0 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 21.8 | 17.8 | 25.8 | 75.3 | 66.1 | 84.5 | 21.7 | 17.5 | 25.9 |
| Sex Men | 23.8 | 17.2 | 30.3 | 70.9 | 55.8 | 86.0 | 18.0 | 11.6 | 24.5 |
| Women | 20.3 | 15.4 | 25.2 | 79.5 | 68.5 | 90.6 | 24.7 | 19.2 | 30.2 |
| Race/ethnicity NH White | 20.0 | 15.3 | 24.6 | 74.6 | 62.5 | 86.6 | 17.5 | 13.0 | 21.9 |
| NH Black | 40.1 | 26.2 | 53.9 | 79.6 | 61.5 | 97.7 | 36.1 | 21.8 | 50.4 |
| Hispanic | 14.6 | 1.7 | 27.6 |  |  |  | 29.1 | 12.5 | 45.8 |
| Race/ethnicity-Sex $\quad$ NH White men | 21.1 | 13.7 | 28.5 | 68.6 | 48.8 | 88.4 | 14.5 | 7.9 | 21.0 |
| NH White women | 18.8 | 13.1 | 24.5 | 81.0 | 67.3 | 94.7 | 20.4 | 14.2 | 26.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 34.3 | 18.6 | 50.0 |  |  |  | 36.4 | 20.4 | 52.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 10.8 | 6.8 | 14.7 | 52.0 | 31.5 | 72.5 | 17.4 | 12.2 | 22.6 |
| 45-64 | 30.1 | 21.3 | 38.9 | 78.0 | 62.3 | 93.8 | 27.6 | 19.0 | 36.3 |
| 65 and older | 53.4 | 40.9 | 65.8 | 92.7 | 85.4 | 100.0 | 26.9 | 15.2 | 38.5 |
| Marital Status Never married | 16.8 | 8.9 | 24.8 |  |  |  | 20.2 | 10.3 | 30.1 |
| Married/ living together as a couple | 20.2 | 15.0 | 25.5 | 81.0 | 69.1 | 92.9 | 19.1 | 13.7 | 24.4 |
| Divorced/ widowed/separated | 32.9 | 23.5 | 42.4 | 80.8 | 68.2 | 93.4 | 32.1 | 22.8 | 41.3 |
| Education 0-11 years | 31.1 | 16.3 | 46.0 |  |  |  | 30.7 | 16.1 | 45.3 |
| HS Grad/GED | 26.3 | 18.2 | 34.4 | 79.3 | 65.0 | 93.6 | 20.6 | 12.7 | 28.5 |
| 1 or more years of college | 18.5 | 13.7 | 23.3 | 73.8 | 60.6 | 86.9 | 20.6 | 15.3 | 25.9 |
| Employment Employed for wages | 16.8 | 12.2 | 21.3 | 63.7 | 49.0 | 78.4 | 20.5 | 15.2 | 25.7 |
| Household Income \$24,999 or less | 22.7 | 15.4 | 30.0 | 82.8 | 67.1 | 98.4 | 28.5 | 20.1 | 36.9 |
| \$25,000-49,999 | 23.2 | 14.4 | 31.9 |  |  |  | 19.3 | 11.4 | 27.2 |
| \$50,000 or more | 17.2 | 10.4 | 24.1 |  |  |  | 20.0 | 12.0 | 28.0 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 78.3 | 73.9 | 82.7 | 88.7 | 85.0 | 92.5 | 27.4 | 22.6 | 32.3 |
| Sex Men | 74.5 | 67.1 | 81.8 | 89.9 | 84.0 | 95.9 | 30.3 | 22.1 | 38.4 |
| Women | 81.3 | 76.1 | 86.6 | 87.8 | 82.9 | 92.8 | 25.3 | 19.4 | 31.2 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 81.3 | 76.4 | 86.3 | 89.3 | 85.0 | 93.6 | 29.9 | 23.9 | 35.9 |
| NH Black | 75.8 | 61.4 | 90.1 | 91.6 | 82.1 | 100.0 | 19.8 | 7.1 | 32.6 |
| Hispanic | 65.2 | 47.0 | 83.4 | 80.8 | 60.9 | 100.0 | 23.5 | 4.5 | 42.5 |
| Race/ethnicity-Sex NH White men | 75.6 | 67.3 | 84.0 | 91.8 | 85.7 | 98.0 | 32.7 | 22.7 | 42.6 |
| NH White women | 86.9 | 81.6 | 92.2 | 87.1 | 81.0 | 93.2 | 27.6 | 20.2 | 35.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 78.1 | 62.1 | 94.0 | 94.1 | 86.8 | 100.0 | 17.2 | 2.6 | 31.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 72.7 | 66.4 | 79.0 | 85.5 | 79.7 | 91.2 | 20.3 | 14.1 | 26.5 |
| 45-64 | 83.0 | 75.5 | 90.5 | 90.4 | 83.6 | 97.1 | 33.2 | 23.7 | 42.7 |
| 65 and older | 91.4 | 84.5 | 98.3 | 98.9 | 96.6 | 100.0 | 42.0 | 28.8 | 55.1 |
| Marital Status Never married | 65.2 | 53.7 | 76.7 | 79.7 | 67.3 | 92.1 | 25.0 | 13.7 | 36.2 |
| Married/ living together as a couple | 81.9 | 76.6 | 87.2 | 89.1 | 84.5 | 93.8 | 26.7 | 20.3 | 33.1 |
| Divorced/ widowed/separated | 81.6 | 73.1 | 90.0 | 95.7 | 92.0 | 99.3 | 32.5 | 22.6 | 42.4 |
| Education 0-11 years | 56.8 | 39.3 | 74.3 | 81.8 | 63.5 | 100.0 | 44.2 | 23.4 | 65.0 |
| HS Grad/GED | 77.0 | 68.5 | 85.5 | 92.0 | 86.2 | 97.9 | 32.5 | 22.4 | 42.7 |
| 1 or more years of college | 82.1 | 76.9 | 87.2 | 88.1 | 83.2 | 92.9 | 23.7 | 18.1 | 29.3 |
| Employment Employed for wages | 75.4 | 69.6 | 81.2 | 87.8 | 82.7 | 92.8 | 25.5 | 19.4 | 31.6 |
| Household Income \$24,999 or less | 72.9 | 63.6 | 82.2 | 85.0 | 75.6 | 94.3 | 27.7 | 18.3 | 37.1 |
| \$25,000-49,999 | 81.8 | 73.8 | 89.8 | 87.8 | 79.9 | 95.7 | 27.1 | 17.4 | 36.9 |
| \$50,000 or more | 80.4 | 72.5 | 88.3 | 89.9 | 84.1 | 95.7 | 23.3 | 14.9 | 31.7 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 10.8 | 7.8 | 13.8 | 69.1 | 54.4 | 83.7 | 7.4 | 4.9 | 10.0 |
| Sex Men | 9.9 | 5.5 | 14.4 |  |  |  | 5.3 | 2.0 | 8.5 |
| Women | 11.5 | 7.4 | 15.6 | 59.4 | 39.1 | 79.8 | 9.2 | 5.5 | 12.9 |
| Race/ethnicity NH White <br> NH Black  <br> Hispanic  | 9.7 | 6.3 | 13.1 | 81.2 | 67.6 | 94.8 | 6.5 | 3.7 | 9.2 |
|  | 4.1 | 0.0 | 8.3 |  |  |  | 17.1 | 6.5 | 27.8 |
|  | 18.1 | 2.8 | 33.4 |  |  |  | 2.9 | 0.0 | 7.0 |
| Race/ethnicity-Sex $\quad$ NH White men | 8.8 | 3.6 | 14.1 |  |  |  | 5.2 | 1.3 | 9.1 |
| NH White women | 10.5 | 6.1 | 15.0 |  |  |  | 7.7 | 3.7 | 11.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 3.4 | 0.0 | 7.5 |  |  |  | 19.0 | 5.3 | 32.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 10.1 | 6.2 | 14.1 |  |  |  | 4.1 | 1.2 | 7.0 |
|  | 11.6 | 5.8 | 17.3 |  |  |  | 8.2 | 3.5 | 12.9 |
|  | 10.8 | 2.6 | 19.1 |  |  |  | 20.6 | 10.6 | 30.6 |
| Marital Status Never married | 11.2 | 4.4 | 18.0 |  |  |  | 5.1 | 0.0 | 10.3 |
| Married/ living together as a couple | 9.8 | 5.8 | 13.8 |  |  |  | 6.1 | 2.9 | 9.4 |
| Divorced/ widowed/separated | 12.3 | 6.3 | 18.3 |  |  |  | 14.3 | 7.7 | 20.8 |
| Education 0-11 years | 7.7 | 0.0 | 15.8 |  |  |  | 16.7 | 5.8 | 27.7 |
| HS Grad/GED | 9.1 | 3.9 | 14.3 |  |  |  | 8.9 | 2.9 | 14.8 |
| 1 or more years of college | 12.0 | 8.0 | 16.1 | 66.8 | 48.3 | 85.3 | 5.4 | 2.8 | 8.0 |
| Employment Employed for wages | 7.9 | 4.7 | 11.1 |  |  |  | 5.2 | 2.4 | 8.1 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 14.0 | 7.3 | 20.7 |  |  |  | 9.8 | 4.3 | 15.3 |
|  | 8.7 | 3.0 | 14.3 |  |  |  | 8.0 | 2.1 | 13.8 |
|  | 8.5 | 3.9 | 13.1 |  |  |  | 3.7 | 0.5 | 6.9 |




| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For respondents 64 years and younger . . . |  |  |  |  |  |  |  |  |
|  | Ever been tested for HIV |  |  | If yes, the test was done |  |  | In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use. |  |  |
|  |  |  |  | \% | CI |  | \% | CI |  |
| All | 47.3 | 41.8 | 52.8 | 82.9 | 78.7 | 87.1 | 13.7 | 10.1 | 17.3 |
| Sex Men | 41.8 | 33.4 | 50.2 | 83.9 | 77.4 | 90.4 | 9.9 | 5.2 | 14.7 |
| Women | 52.1 | 45.0 | 59.2 | 82.0 | 76.5 | 87.6 | 16.9 | 11.6 | 22.3 |
| Race/ethnicity NH White | 43.8 | 37.2 | 50.5 | 78.5 | 72.5 | 84.4 | 9.5 | 5.9 | 13.1 |
| NH Black | 55.2 | 38.8 | 71.7 | 95.2 | 88.4 | 100.0 | 18.1 | 6.6 | 29.7 |
| Hispanic | 48.4 | 29.9 | 67.0 | 87.5 | 77.0 | 98.0 | 12.2 | 0.0 | 24.5 |
| Race/ethnicity-Sex NH White men | 40.0 | 30.2 | 49.7 | 78.4 | 69.6 | 87.1 | 8.9 | 3.8 | 14.1 |
| NH White women | 48.1 | 39.1 | 57.1 | 78.6 | 70.6 | 86.6 | 10.1 | 5.1 | 15.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 55.7 | 37.2 | 74.1 | 93.7 | 84.7 | 100.0 | 25.7 | 10.2 | 41.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18 -44 | 54.3 | 47.6 | 61.1 | 81.1 | 75.5 | 86.7 | 17.0 | 12.0 | 21.9 |
| 45-64 | 33.0 | 24.1 | 42.0 | 87.3 | 81.2 | 93.4 | 7.9 | 2.8 | 12.9 |
| 65 and older |  |  |  |  |  |  |  |  |  |
| Marital Status Never married | 47.8 | 36.2 | 59.3 | 96.1 | 92.3 | 99.8 | 29.2 | 18.9 | 39.6 |
| Married/ living together as a couple | 46.0 | 38.8 | 53.2 | 78.4 | 72.3 | 84.5 | 6.8 | 3.2 | 10.5 |
| Divorced/ widowed/A80separated | 50.9 | 38.5 | 63.3 | 78.9 | 67.8 | 90.0 | 16.7 | 8.4 | 25.1 |
| Education 0-11 years | 41.7 | 21.9 | 61.4 |  |  |  | 11.7 | 0.6 | 22.9 |
| HS Grad/GED | 44.5 | 33.4 | 55.5 | 89.7 | 83.2 | 96.2 | 16.8 | 8.5 | 25.1 |
| 1 or more years of college | 48.9 | 42.2 | 55.6 | 80.6 | 75.0 | 86.2 | 12.8 | 8.5 | 17.1 |
| Employment Employed for wages | 47.3 | 40.8 | 53.8 | 81.6 | 76.5 | 86.7 | 11.9 | 7.8 | 16.0 |
| Household Income \$24,999 or less | 50.5 | 39.5 | 61.6 | 90.8 | 85.0 | 96.6 | 25.7 | 16.1 | 35.2 |
| \$25,000-49,999 | 52.2 | 41.0 | 63.4 | 77.1 | 67.2 | 86.9 | 12.9 | 5.3 | 20.5 |
| \$50,000 or more | 45.0 | 35.8 | 54.3 | 77.9 | 70.0 | 85.7 | 4.8 | 1.5 | 8.1 |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Osceola County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Osceola County, 504 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Osceola County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | Cl |  |
| All | 172,493 | 15,982,378 | 19.0 | 14.8 | 23.3 | 60.1 | 51.5 | 68.8 |
| Sex Men | 49.3\% | 48.8\% | 18.5 | 12.0 | 24.9 | 50.0 | 40.1 | 59.9 |
| Women | 50.7\% | 51.2\% | 19.5 | 13.7 | 25.3 | 69.3 | 57.6 | 81.1 |
| Race/ethnicity NH White | 59.6\% | 65.4\% | 18.7 | 13.1 | 24.3 | 64.2 | 52.9 | 75.5 |
| NH Black | 6.4\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 29.4\% | 16.8\% | 21.0 | 10.9 | 31.1 | 47.0 | 30.3 | 63.7 |
| Race/ethnicity-Sex NH White men | 29.4\% | 31.9\% | 20.2 | 11.7 | 28.8 | 54.9 | 42.9 | 66.9 |
| NH White women | 30.2\% | 33.6\% | 17.3 | 10.3 | 24.3 | 74.0 | 58.8 | 89.3 |
| NH Black men | 3.1\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 3.3\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 14.5\% | 8.4\% | 12.4 | 0.1 | 24.7 |  |  |  |
| Hispanic women | 14.9\% | 8.4\% | 29.1 | 13.6 | 44.7 |  |  |  |
| Age 18-44 | 40.2\% | 36.9\% | 8.7 | 3.6 | 13.7 | 60.3 | 48.0 | 72.5 |
| 45-64 | 21.6\% | 22.7\% | 27.2 | 19.7 | 34.8 | 60.8 | 50.4 | 71.2 |
| 65 and older | 11.4\% | 17.6\% | 37.6 | 26.6 | 48.6 |  |  |  |
| Marital Status Never married | 22.7\% | 22.5\% | 9.6 | 2.2 | 17.1 | 62.7 | 45.5 | 79.9 |
| Married/ living together as a couple | 55.9\% | 53.7\% | 17.9 | 12.2 | 23.6 | 62.0 | 50.0 | 74.0 |
| Divorced/ widowed/separated | 21.4\% | 23.8\% | 28.0 | 19.6 | 36.4 | 54.1 | 41.4 | 66.9 |
| Education 0-11 years | 20.9\% | 20.1\% | 44.7 | 29.7 | 59.7 |  |  |  |
| HS Grad/GED | 33.9\% | 28.7\% | 18.9 | 11.4 | 26.4 | 59.1 | 41.9 | 76.3 |
| 1 or more years of college | 45.2\% | 51.1\% | 12.1 | 7.7 | 16.5 | 62.5 | 53.9 | 71.1 |
| Employment Employed for wages | 60.8\% | 54.9\% | 8.8 | 4.8 | 12.7 | 60.1 | 51.5 | 68.8 |
| Household Income \$24,999 or less | 29.1\% | 30.8\% | 30.4 | 19.1 | 41.7 | 65.7 | 43.4 | 87.9 |
| \$25,000 - 49,999 | 36.7\% | 31.6\% | 8.6 | 4.0 | 13.2 | 56.5 | 45.7 | 67.4 |
| \$50,000 or more | 34.2\% | 37.6\% | 6.1 | 0.8 | 11.5 | 61.8 | 49.8 | 73.7 |

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| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 26.1 | 21.1 | 31.0 | 64.7 | 55.6 | 73.8 | 10.8 | 7.4 | 14.2 |
| Sex Men | 30.4 | 22.9 | 38.0 | 76.2 | 64.5 | 87.9 | 19.8 | 13.5 | 26.2 |
| Women | 22.4 | 16.2 | 28.5 | 51.2 | 38.3 | 64.1 | 3.2 | 0.8 | 5.6 |
| Race/ethnicity $\quad$ NH White | 30.0 | 22.9 | 37.1 | 60.9 | 49.9 | 71.9 | 12.9 | 8.2 | 17.6 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic | 19.8 | 9.2 | 30.4 |  |  |  | 7.6 | 0.1 | 15.1 |
| Race/ethnicity-Sex NH White men | 32.3 | 22.7 | 42.0 | 74.2 | 59.3 | 89.1 | 22.1 | 13.9 | 30.3 |
| NH White women | 27.7 | 17.7 | 37.7 | 46.2 | 31.9 | 60.4 | 4.1 | 1.0 | 7.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men | 23.6 | 5.8 | 41.3 |  |  |  | 15.9 | 0.5 | 31.2 |
| Hispanic women | 16.3 | 3.7 | 28.8 |  |  |  |  |  |  |
| Age 18-44 | 27.9 | 19.7 | 36.1 | 66.3 | 53.4 | 79.1 | 14.8 | 8.7 | 20.9 |
| 45-64 | 31.2 | 23.4 | 39.0 | 66.1 | 51.9 | 80.2 | 8.7 | 4.3 | 13.0 |
| 65 and older | 10.1 | 3.6 | 16.5 |  |  |  | 1.8 | 0.0 | 4.4 |
| Marital Status Never married | 21.2 | 9.3 | 33.1 |  |  |  | 16.2 | 4.4 | 28.1 |
| Married/ living together as a couple | 26.2 | 19.3 | 33.1 | 64.9 | 52.6 | 77.1 | 8.6 | 4.7 | 12.6 |
| Divorced/ widowed/separated | 28.2 | 20.0 | 36.5 | 67.8 | 52.2 | 83.3 | 12.8 | 6.2 | 19.3 |
| Education 0-11 years | 33.9 | 19.5 | 48.2 |  |  |  | 4.8 | 0.0 | 11.6 |
| HS Grad/GED | 26.9 | 17.8 | 36.1 | 66.5 | 52.4 | 80.5 | 11.3 | 5.7 | 17.0 |
| 1 or more years of college | 23.1 | 17.2 | 29.1 | 58.6 | 43.8 | 73.4 | 12.0 | 6.9 | 17.0 |
| Employment Employed for wages | 25.5 | 18.8 | 32.1 | 64.5 | 52.7 | 76.3 | 14.7 | 9.4 | 20.0 |
| Household Income \$24,999 or less | 25.6 | 15.1 | 36.0 | 68.9 | 52.2 | 85.6 | 9.9 | 3.4 | 16.3 |
| \$25,000-49,999 | 25.1 | 17.5 | 32.6 | 71.8 | 56.8 | 86.7 | 12.4 | 6.4 | 18.4 |
| \$50,000 or more | 25.9 | 16.3 | 35.6 | 54.4 | 32.4 | 76.5 | 15.3 | 7.2 | 23.3 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | $\begin{array}{r\|} \hline \% \\ \hline 10.4 \end{array}$ | CI |  |
| All | 25.6 | 17.7 | 33.4 | 30.9 | 23.4 | 38.5 |  | 7.2 | 13.7 |
| Sex Men | 22.2 | 14.9 | 29.4 | 31.7 | 24.1 | 39.4 | 5.8 | 1.6 | 9.9 |
| Women | 28.5 | 15.7 | 41.2 | 30.3 | 17.8 | 42.7 | 14.3 | 9.3 | 19.4 |
| Race/ethnicity NH White | 22.6 | 10.6 | 34.6 | 29.5 | 18.1 | 40.8 | 6.6 | 3.1 | 10.1 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic | 31.2 | 19.1 | 43.3 | 32.8 | 21.0 | 44.6 | 20.1 | 10.5 | 29.6 |
| Race/ethnicity-Sex NH White men | 20.4 | 11.6 | 29.2 | 29.0 | 19.6 | 38.5 | 5.3 | 0.0 | 10.7 |
| NH White women | 24.6 | 3.2 | 46.1 | 29.9 | 9.7 | 50.1 | 7.8 | 3.1 | 12.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men | 27.3 | 8.2 | 46.3 | 34.3 | 15.6 | 53.0 | 11.2 | 0.0 | 22.4 |
| Hispanic women | 34.9 | 18.8 | 51.0 | 31.4 | 15.9 | 46.9 | 28.6 | 13.5 | 43.8 |
| Age 18-44 | 36.8 | 24.0 | 49.6 | 44.0 | 32.1 | 55.9 | 13.7 | 8.2 | 19.3 |
| 45-64 | 19.2 | 12.2 | 26.2 | 21.3 | 14.4 | 28.3 | 8.7 | 3.6 | 13.7 |
| 65 and older | 3.1 | 0.0 | 6.3 | 9.2 | 2.9 | 15.5 | 3.6 | 0.3 | 7.0 |
| Marital Status Never married | 31.9 | 16.7 | 47.2 | 41.6 | 26.5 | 56.8 | 12.3 | 1.1 | 23.6 |
| Married/ living together as a couple | 25.4 | 13.6 | 37.1 | 29.4 | 18.1 | 40.8 | 8.5 | 4.8 | 12.3 |
| Divorced/ widowed/separated | 23.1 | 15.0 | 31.1 | 29.5 | 20.8 | 38.3 | 14.1 | 7.4 | 20.8 |
| Education 0-11 years | 32.8 | 18.5 | 47.1 | 35.5 | 21.0 | 50.0 | 21.2 | 9.0 | 33.4 |
| HS Grad/GED | 32.4 | 16.5 | 48.4 | 36.7 | 21.5 | 51.9 | 7.6 | 2.7 | 12.6 |
| 1 or more years of college | 17.5 | 11.5 | 23.4 | 24.4 | 18.0 | 30.8 | 9.9 | 5.7 | 14.0 |
| Employment Employed for wages | 26.9 | 14.6 | 39.2 | 35.2 | 23.9 | 46.6 | 9.1 | 5.1 | 13.0 |
| Household Income \$24,999 or less | 41.4 | 24.4 | 58.3 | 44.1 | 27.7 | 60.6 | 11.6 | 5.6 | 17.7 |
| \$25,000-49,999 | 22.1 | 13.9 | 30.3 | 27.7 | 19.2 | 36.1 | 11.2 | 5.0 | 17.3 |
| \$50,000 or more | 8.7 | 0.0 | 17.9 | 17.5 | 7.7 | 27.3 | 6.8 | 1.0 | 12.6 |




| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 19.9 | 15.5 | 24.4 | 28.2 | 23.0 | 33.4 | 25.8 | 20.9 | 30.6 |
| Sex Men | 22.7 | 15.8 | 29.5 | 25.5 | 18.2 | 32.7 | 24.9 | 18.3 | 31.6 |
| Women | 17.6 | 12.1 | 23.2 | 30.5 | 22.8 | 38.2 | 26.5 | 19.4 | 33.5 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 19.2 | 13.5 | 24.9 | 24.1 | 17.7 | 30.5 | 22.2 | 16.5 | 27.9 |
|  |  |  |  |  |  |  |  |  |  |
|  | 19.5 | 10.1 | 29.0 | 37.3 | 25.4 | 49.1 | 38.5 | 26.4 | 50.5 |
| Race/ethnicity-Sex NH White men | 24.5 | 15.7 | 33.3 | 24.2 | 15.0 | 33.3 | 22.9 | 15.1 | 30.6 |
| NH White women | 14.1 | 7.9 | 20.3 | 24.1 | 15.0 | 33.1 | 21.5 | 13.2 | 29.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men | 20.1 | 4.9 | 35.3 | 31.4 | 13.8 | 49.0 | 30.1 | 12.3 | 47.9 |
| Hispanic women | 19.0 | 6.8 | 31.3 | 42.8 | 26.4 | 59.3 | 46.4 | 29.7 | 63.1 |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 12.4 | 6.7 | 18.2 | 20.7 | 13.4 | 28.0 | 18.4 | 12.3 | 24.6 |
|  | 24.6 | 17.7 | 31.6 | 34.0 | 26.2 | 41.8 | 32.2 | 24.3 | 40.1 |
|  | 36.5 | 24.2 | 48.7 | 44.4 | 32.2 | 56.6 | 38.0 | 25.9 | 50.1 |
| Marital Status Never married | 7.5 | 0.7 | 14.3 | 18.9 | 6.4 | 31.4 | 12.4 | 4.2 | 20.6 |
| Married/ living together as a couple | 21.7 | 15.4 | 28.1 | 28.6 | 21.3 | 35.8 | 27.2 | 20.3 | 34.0 |
| Divorced/ widowed/separated | 22.7 | 15.4 | 30.1 | 33.0 | 24.5 | 41.5 | 30.3 | 21.9 | 38.7 |
| Education $0-11$ years <br> HS Grad/GED  | 29.9 | 15.3 | 44.4 | 34.5 | 19.5 | 49.6 | 40.0 | 24.9 | 55.1 |
|  | 16.9 | 9.6 | 24.3 | 24.6 | 15.8 | 33.4 | 17.1 | 10.6 | 23.6 |
|  | 20.0 | 14.6 | 25.5 | 29.6 | 23.1 | 36.1 | 29.7 | 23.3 | 36.2 |
| Employment Employed for wages | 14.9 | 10.0 | 19.8 | 18.9 | 13.3 | 24.5 | 19.6 | 13.9 | 25.3 |
| Household Income \$24,999 or less | 19.4 | 10.4 | 28.5 | 31.8 | 20.2 | 43.4 | 27.4 | 17.1 | 37.6 |
| \$25,000 - 49,999 | 17.2 | 10.9 | 23.6 | 24.9 | 17.3 | 32.4 | 23.0 | 15.6 | 30.4 |
|  | 20.8 | 11.7 | 29.8 | 24.4 | 14.1 | 34.8 | 26.5 | 16.9 | 36.2 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 23.3 | 18.7 | 28.0 | 0.5 | 0.1 | 1.0 | 20.1 | 15.8 | 24.3 |
| Sex Men <br>  Women | 23.9 | 17.1 | 30.8 | 0.3 | 0.0 | 0.7 | 24.4 | 17.5 | 31.4 |
|  | 22.8 | 16.5 | 29.1 | 0.8 | 0.1 | 1.5 | 16.7 | 11.7 | 21.7 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 25.8 | 19.4 | 32.2 | 0.5 | 0.0 | 1.0 | 22.4 | 16.4 | 28.3 |
|  |  |  |  |  |  |  |  |  |  |
|  | 17.0 | 7.7 | 26.3 |  |  |  | 19.2 | 9.4 | 29.0 |
| Race/ethnicity-Sex NH White men | 23.4 | 14.9 | 31.9 |  |  |  | 24.0 | 15.4 | 32.5 |
| NH White women | 28.1 | 18.1 | 38.1 |  |  |  | 20.9 | 12.9 | 28.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| $\square$ Hispanic men | 22.3 | 5.9 | 38.8 |  |  |  | 28.8 | 10.6 | 47.0 |
| Hispanic women | 11.9 | 2.5 | 21.3 |  |  |  | 10.8 | 1.6 | 20.1 |
| Age $18-44$ <br>  $45-64$ <br> 65 and older  | 8.3 | 3.8 | 12.9 | 0.6 | 0.0 | 1.3 | 6.8 | 2.9 | 10.8 |
|  | 23.2 | 16.3 | 30.2 |  |  |  | 20.4 | 13.5 | 27.4 |
|  | 70.9 | 60.9 | 80.9 | 1.4 | 0.0 | 3.1 | 62.6 | 50.8 | 74.4 |
| Marital Status Never married | 23.5 | 9.8 | 37.3 | 0.8 | 0.0 | 2.5 | 14.8 | 5.5 | 24.0 |
| Married/ living together as a couple | 23.1 | 16.9 | 29.3 | 0.2 | 0.0 | 0.5 | 19.6 | 13.9 | 25.2 |
| Divorced/ widowed/separated | 23.4 | 16.0 | 30.7 | 1.3 | 0.0 | 2.7 | 23.7 | 15.6 | 31.8 |
| Education $0-11$ years <br>  HS Grad/GED | 31.6 | 17.3 | 46.0 |  |  |  | 35.2 | 20.3 | 50.2 |
|  | 19.4 | 12.1 | 26.6 |  |  |  | 18.6 | 11.4 | 25.8 |
|  | 24.8 | 18.6 | 31.0 |  |  |  | 17.5 | 12.5 | 22.6 |
| Employment Employed for wages | 12.1 | 7.8 | 16.4 | 0.5 | 0.0 | 1.2 | 10.2 | 6.1 | 14.3 |
| Household Income | 23.8 | 14.4 | 33.2 | 0.8 | 0.0 | 1.7 | 26.8 | 16.4 | 37.2 |
|  | 20.3 | 13.1 | 27.6 | 0.6 | 0.0 | 1.5 | 13.8 | 7.5 | 20.0 |
|  | 19.2 | 9.8 | 28.7 |  |  |  | 14.4 | 7.5 | 21.4 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Palm Beach County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Palm Beach County, 506 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Palm Beach County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 1,131,184 | 15,982,378 | 17.5 | 13.6 | 21.4 | 62.9 | 53.9 | 71.8 |
| Sex Men | 48.3\% | 48.8\% | 17.9 | 12.1 | 23.7 | 57.8 | 46.8 | 68.8 |
| Women | 51.7\% | 51.2\% | 17.2 | 11.9 | 22.5 | 67.2 | 52.9 | 81.5 |
| Race/ethnicity NH White | 70.6\% | 65.4\% | 15.8 | 11.9 | 19.6 | 65.9 | 55.0 | 76.8 |
| NH Black | 13.5\% | 14.2\% | 19.2 | 2.0 | 36.5 |  |  |  |
| Hispanic | 12.4\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 33.7\% | 31.9\% | 14.6 | 9.0 | 20.2 | 64.0 | 52.2 | 75.8 |
| NH White women | 36.9\% | 33.6\% | 16.8 | 11.3 | 22.2 | 68.1 | 48.7 | 87.4 |
| NH Black men | 6.5\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 7.0\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 6.4\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 6.0\% | 8.4\% |  |  |  |  |  |  |
| Age $18-44$ | 33.5\% | 36.9\% | 11.1 | 5.4 | 16.8 | 65.6 | 55.0 | 76.2 |
| 45-64 | 22.0\% | 22.7\% | 18.3 | 9.6 | 27.1 | 57.2 | 40.3 | 74.0 |
| 65 and older | 23.2\% | 17.6\% | 25.8 | 19.0 | 32.6 |  |  |  |
| Marital Status Never married | 20.6\% | 22.5\% | 13.9 | 2.5 | 25.2 | 79.8 | 58.9 | 100.0 |
| Married/ living together as a couple | 55.4\% | 53.7\% | 17.9 | 12.6 | 23.2 | 65.7 | 56.2 | 75.1 |
| Divorced/ widowed/separated | 23.9\% | 23.8\% | 17.7 | 11.2 | 24.2 | 45.9 | 25.2 | 66.6 |
| Education 0-11 years | 16.4\% | 20.1\% | 34.4 | 13.7 | 55.1 |  |  |  |
| HS Grad/GED | 26.9\% | 28.7\% | 18.3 | 10.6 | 25.9 |  |  |  |
| 1 or more years of college | 56.7\% | 51.1\% | 15.6 | 11.0 | 20.3 |  |  |  |
| Employment Employed for wages | 52.8\% | 54.9\% | 9.4 | 4.4 | 14.4 | 62.9 | 53.9 | 71.8 |
| Household Income \$24,999 or less | 25.9\% | 30.8\% | 31.3 | 19.1 | 43.5 | 41.4 | 13.0 | 69.8 |
| \$25,000 - 49,999 | 28.9\% | 31.6\% | 17.0 | 8.5 | 25.5 | 63.3 | 48.1 | 78.4 |
| \$50,000 or more | 45.2\% | 37.6\% | 10.2 | 5.1 | 15.4 | 67.5 | 57.6 | 77.4 |

[^50]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 23.0 | 18.6 | 27.3 | 58.9 | 53.6 | 64.2 | 76.5 | 71.8 | 81.3 |
| Sex Men | 19.9 | 13.7 | 26.1 | 59.3 | 51.6 | 67.0 | 78.4 | 72.0 | 84.9 |
| Women | 25.3 | 19.3 | 31.4 | 58.6 | 51.2 | 66.0 | 75.1 | 68.3 | 81.8 |
| Race/ethnicity NH White | 20.9 | 16.4 | 25.3 | 58.9 | 53.0 | 64.8 | 78.8 | 74.0 | 83.6 |
| NH Black | 32.6 | 14.1 | 51.1 | 57.7 | 38.3 | 77.1 | 70.6 | 51.3 | 89.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.6 | 11.1 | 24.0 | 56.0 | 47.5 | 64.6 | 75.8 | 68.3 | 83.2 |
| NH White women | 23.8 | 17.5 | 30.1 | 61.4 | 53.3 | 69.5 | 81.6 | 75.5 | 87.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 20.2 | 13.0 | 27.4 | 48.5 | 39.5 | 57.5 | 62.4 | 53.4 | 71.4 |
| 45-64 | 24.7 | 15.1 | 34.3 | 68.3 | 58.1 | 78.4 | 83.7 | 75.8 | 91.6 |
| 65 and older | 25.1 | 18.6 | 31.6 | 62.6 | 54.9 | 70.4 | 88.1 | 82.7 | 93.5 |
| Marital Status Never married | 31.1 | 15.9 | 46.3 | 27.3 | 13.2 | 41.5 | 46.3 | 30.0 | 62.7 |
| Married/ living together as a couple | 19.4 | 14.0 | 24.9 | 60.2 | 53.5 | 66.9 | 77.3 | 71.4 | 83.2 |
| Divorced/ widowed/separated | 27.4 | 18.9 | 35.8 | 71.3 | 62.8 | 79.9 | 90.0 | 84.9 | 95.1 |
| Education 0-11 years | 34.3 | 14.0 | 54.6 | 68.2 | 47.3 | 89.2 | 86.2 | 69.5 | 100.0 |
| HS Grad/GED | 24.8 | 15.7 | 34.0 | 62.1 | 50.7 | 73.4 | 82.9 | 74.3 | 91.5 |
| 1 or more years of college | 21.2 | 16.1 | 26.3 | 56.7 | 50.5 | 62.9 | 73.0 | 67.1 | 78.9 |
| Employment Employed for wages | 19.8 | 13.5 | 26.0 | 54.5 | 46.2 | 62.7 | 69.5 | 61.9 | 77.0 |
| Household Income \$24,999 or less | 35.4 | 22.2 | 48.7 | 63.2 | 49.7 | 76.6 | 82.9 | 72.6 | 93.2 |
| \$25,000 - 49,999 | 24.1 | 15.0 | 33.1 | 54.7 | 43.4 | 65.9 | 72.0 | 60.5 | 83.5 |
| \$50,000 or more | 15.7 | 9.6 | 21.7 | 55.8 | 47.6 | 64.1 | 72.8 | 65.5 | 80.1 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 38.6 | 33.5 | 43.8 | 19.0 | 14.9 | 23.1 | 71.4 | 66.8 | 76.0 |
| Sex Men | 55.0 | 47.2 | 62.8 | 17.4 | 11.5 | 23.3 | 78.2 | 71.9 | 84.5 |
| Women | 26.1 | 20.1 | 32.0 | 20.2 | 14.5 | 26.0 | 66.1 | 59.4 | 72.8 |
| Race/ethnicity NH White | 39.0 | 33.1 | 44.8 | 18.0 | 13.7 | 22.4 | 71.8 | 66.8 | 76.8 |
| NH Black | 37.2 | 19.5 | 54.8 | 37.0 | 17.7 | 56.3 | 65.3 | 46.4 | 84.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 53.4 | 44.9 | 62.0 | 18.2 | 11.6 | 24.9 | 77.2 | 70.4 | 84.0 |
| NH White women | 26.0 | 19.2 | 32.8 | 17.8 | 12.1 | 23.5 | 67.0 | 59.5 | 74.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 34.4 | 25.9 | 42.8 | 19.7 | 12.7 | 26.8 | 74.5 | 67.0 | 82.0 |
| 45-64 | 43.5 | 31.9 | 55.1 | 24.7 | 15.1 | 34.2 | 74.1 | 64.8 | 83.5 |
| 65 and older | 41.3 | 33.4 | 49.3 | 13.9 | 8.5 | 19.3 | 64.2 | 56.6 | 71.9 |
| Marital Status Never married | 39.6 | 24.3 | 54.8 | 18.6 | 6.7 | 30.5 | 72.4 | 58.2 | 86.6 |
| Married/ living together as a couple | 40.6 | 34.0 | 47.3 | 21.3 | 15.6 | 26.9 | 72.3 | 66.4 | 78.2 |
| Divorced/ widowed/separated | 34.2 | 24.5 | 43.9 | 14.2 | 7.7 | 20.8 | 68.6 | 59.3 | 77.8 |
| Education 0-11 years | 31.1 | 10.7 | 51.5 | 26.1 | 6.1 | 46.1 | 87.9 | 75.0 | 100.0 |
| HS Grad/GED | 34.2 | 23.4 | 45.1 | 23.4 | 14.4 | 32.4 | 80.0 | 72.0 | 88.0 |
| 1 or more years of college | 41.1 | 35.1 | 47.2 | 16.5 | 11.8 | 21.3 | 66.3 | 60.6 | 72.1 |
| Employment Employed for wages | 40.1 | 32.2 | 47.9 | 20.2 | 14.0 | 26.5 | 77.3 | 71.0 | 83.5 |
| Household Income \$24,999 or less | 26.1 | 15.0 | 37.1 | 23.1 | 12.8 | 33.4 | 77.5 | 67.5 | 87.5 |
| \$25,000-49,999 | 35.0 | 24.9 | 45.1 | 24.6 | 14.6 | 34.6 | 65.3 | 54.8 | 75.7 |
| \$50,000 or more | 48.1 | 39.8 | 56.4 | 15.1 | 9.1 | 21.1 | 75.1 | 68.0 | 82.1 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 22.2 | 16.8 | 27.6 | 52.9 | 38.6 | 67.2 | 13.7 | 10.1 | 17.4 |
| Sex Men | 19.9 | 13.5 | 26.3 | 41.7 | 23.3 | 60.0 | 22.4 | 15.5 | 29.2 |
| Women | 23.9 | 15.8 | 32.0 | 60.1 | 41.6 | 78.7 | 7.0 | 3.7 | 10.2 |
| Race/ethnicity $\quad$ NH White | 25.2 | 18.6 | 31.8 | 53.4 | 37.5 | 69.3 | 15.6 | 11.2 | 20.0 |
| NH Black | 19.8 | 5.1 | 34.4 |  |  |  | 0.7 | 0.0 | 1.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 20.6 | 13.3 | 27.9 | 39.0 | 18.4 | 59.6 | 23.5 | 15.8 | 31.1 |
| NH White women | 29.3 | 19.0 | 39.5 | 62.5 | 42.9 | 82.1 | 8.4 | 4.3 | 12.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 27.4 | 19.5 | 35.4 | 50.5 | 33.0 | 68.1 | 19.4 | 12.4 | 26.4 |
|  | 28.5 | 14.2 | 42.7 | 63.5 | 36.3 | 90.8 | 13.8 | 6.7 | 20.9 |
|  | 9.6 | 5.2 | 14.0 |  |  |  | 5.9 | 2.0 | 9.8 |
| Marital Status Never married | 27.9 | 13.7 | 42.2 |  |  |  | 15.8 | 5.5 | 26.0 |
| Married/ living together as a couple | 17.6 | 12.4 | 22.7 | 38.1 | 21.9 | 54.4 | 15.1 | 10.0 | 20.2 |
| Divorced/ widowed/separated | 30.3 | 16.4 | 44.2 | 67.8 | 44.1 | 91.4 | 10.1 | 4.5 | 15.7 |
| Education 0-11 years | 35.6 | 14.0 | 57.1 |  |  |  | 2.4 | 0.0 | 7.3 |
| HS Grad/GED | 30.9 | 16.5 | 45.4 | 65.0 | 39.4 | 90.7 | 12.9 | 5.7 | 20.1 |
| 1 or more years of college | 17.4 | 12.7 | 22.0 | 44.2 | 29.2 | 59.2 | 15.2 | 10.6 | 19.7 |
| Employment Employed for wages | 24.2 | 15.5 | 32.9 | 59.1 | 38.9 | 79.3 | 19.9 | 13.8 | 26.0 |
| Household Income \$24,999 or less | 35.9 | 18.7 | 53.0 |  |  |  | 6.6 | 0.5 | 12.8 |
| \$25,000-49,999 | 17.4 | 9.8 | 25.0 |  |  |  | 10.7 | 4.1 | 17.3 |
| \$50,000 or more | 19.3 | 12.5 | 26.2 | 41.1 | 20.4 | 61.8 | 23.2 | 16.0 | 30.4 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 13.7 | 9.7 | 17.7 | 23.0 | 18.2 | 27.8 | 10.2 | 6.6 | 13.8 |
| Sex Men | 9.9 | 5.0 | 14.7 | 29.1 | 21.6 | 36.6 | 6.5 | 2.4 | 10.6 |
| Women | 16.7 | 10.7 | 22.6 | 18.4 | 12.2 | 24.6 | 13.0 | 7.6 | 18.5 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 6.7 | 4.0 | 9.3 | 17.1 | 12.6 | 21.7 | 6.5 | 4.0 | 9.0 |
| NH Black | 40.1 | 20.7 | 59.4 | 47.0 | 27.7 | 66.3 | 26.5 | 7.9 | 45.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 3.8 | 0.6 | 7.0 | 23.7 | 16.0 | 31.3 | 4.6 | 1.5 | 7.7 |
|  | 9.2 | 5.0 | 13.5 | 11.2 | 6.3 | 16.2 | 8.1 | 4.3 | 12.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 18.0 | 10.6 | 25.3 | 33.1 | 24.3 | 42.0 | 12.9 | 6.0 | 19.7 |
| 45-64 | 21.7 | 12.2 | 31.3 | 27.8 | 17.5 | 38.1 | 12.8 | 5.3 | 20.2 |
| 65 and older | 2.1 | 0.3 | 3.9 | 7.2 | 3.0 | 11.5 | 4.6 | 1.3 | 7.9 |
| Marital Status Never married | 23.1 | 6.5 | 39.6 | 35.7 | 18.7 | 52.8 | 14.4 | 0.0 | 29.0 |
| Married/ living together as a couple | 10.5 | 5.9 | 15.1 | 19.9 | 14.0 | 25.8 | 8.9 | 4.6 | 13.3 |
| Divorced/ widowed/separated | 16.1 | 8.8 | 23.3 | 22.5 | 13.7 | 31.2 | 11.4 | 5.2 | 17.6 |
| Education 0-11 years | 43.5 | 21.3 | 65.7 | 48.6 | 26.5 | 70.7 | 17.2 | 0.0 | 34.7 |
| HS Grad/GED | 13.9 | 6.6 | 21.2 | 17.2 | 9.1 | 25.3 | 9.2 | 2.9 | 15.5 |
| 1 or more years of college | 10.8 | 6.1 | 15.4 | 22.9 | 16.9 | 28.8 | 9.9 | 5.5 | 14.4 |
| Employment Employed for wages | 15.3 | 9.1 | 21.6 | 27.2 | 19.8 | 34.7 | 9.2 | 3.7 | 14.7 |
| Household Income \$24,999 or less | 29.9 | 17.6 | 42.2 | 33.5 | 20.5 | 46.5 | 14.9 | 6.6 | 23.2 |
| \$25,000-49,999 | 21.8 | 11.1 | 32.6 | 26.0 | 14.8 | 37.2 | 21.5 | 10.7 | 32.3 |
| \$50,000 or more | 1.9 | 0.0 | 4.0 | 19.0 | 11.7 | 26.3 | 1.7 | 0.0 | 3.7 |



## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 89.0 | 85.5 | 92.6 | 93.2 | 90.4 | 96.0 | 39.7 | 33.8 | 45.6 |
| Sex Men | 87.7 | 81.6 | 93.7 | 90.9 | 85.8 | 96.0 | 40.2 | 32.1 | 48.3 |
| Women | 90.1 | 85.8 | 94.3 | 94.9 | 92.0 | 97.9 | 39.4 | 30.9 | 47.8 |
| Race/ethnicity NH White | 90.9 | 87.4 | 94.5 | 92.2 | 88.8 | 95.6 | 42.6 | 35.9 | 49.3 |
| NH Black | 90.1 | 79.3 | 100.0 | 98.3 | 94.8 | 100.0 | 24.2 | 7.8 | 40.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 92.2 | 86.9 | 97.6 | 90.2 | 84.4 | 96.1 | 41.0 | 32.3 | 49.8 |
| NH White women | 89.8 | 84.9 | 94.7 | 94.0 | 90.2 | 97.8 | 44.0 | 34.0 | 54.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 80.5 | 72.9 | 88.0 | 87.7 | 81.2 | 94.2 | 25.1 | 16.5 | 33.7 |
| 45-64 | 92.8 | 87.3 | 98.2 | 93.3 | 88.7 | 97.9 | 47.8 | 34.5 | 61.2 |
| 65 and older | 95.9 | 92.8 | 99.0 | 98.5 | 96.5 | 100.0 | 48.7 | 40.4 | 56.9 |
| Marital Status Never married | 79.4 | 65.2 | 93.6 | 90.5 | 80.7 | 100.0 | 19.7 | 7.7 | 31.6 |
| Married/ living together as a couple | 90.0 | 85.6 | 94.4 | 92.3 | 88.5 | 96.2 | 39.9 | 33.0 | 46.8 |
| Divorced/ widowed/separated | 92.2 | 86.6 | 97.8 | 96.0 | 92.4 | 99.7 | 47.5 | 34.8 | 60.2 |
| Education 0-11 years | 84.1 | 67.1 | 100.0 |  |  |  |  |  |  |
| HS Grad/GED | 83.6 | 75.1 | 92.2 | 94.8 | 89.9 | 99.6 | 51.6 | 37.7 | 65.4 |
| 1 or more years of college | 91.7 | 87.9 | 95.5 | 92.5 | 89.0 | 96.1 | 34.1 | 28.1 | 40.1 |
| Employment Employed for wages | 87.0 | 81.7 | 92.3 | 94.1 | 90.5 | 97.8 | 36.0 | 26.5 | 45.6 |
| Household Income \$24,999 or less | 81.6 | 71.7 | 91.4 | 94.6 | 89.8 | 99.3 | 53.2 | 35.8 | 70.6 |
| \$25,000-49,999 | 83.9 | 74.3 | 93.4 | 95.1 | 90.5 | 99.7 | 29.2 | 19.3 | 39.1 |
| \$50,000 or more | 93.5 | 89.0 | 97.9 | 91.3 | 85.8 | 96.7 | 37.8 | 29.5 | 46.2 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 13.3 | 8.2 | 18.3 | 55.6 | 31.0 | 80.2 | 8.3 | 5.6 | 10.9 |
| Sex Men | 10.1 | 5.2 | 15.0 |  |  |  | 10.5 | 6.3 | 14.6 |
| Women | 15.7 | 7.7 | 23.7 | 49.8 | 18.9 | 80.7 | 6.5 | 3.0 | 10.1 |
| Race/ethnicity NH White | 15.4 | 9.0 | 21.8 | 56.9 | 28.4 | 85.3 | 7.0 | 4.6 | 9.4 |
| NH Black | 3.1 | 0.0 | 9.2 |  |  |  | 16.7 | 0.5 | 32.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 12.5 | 6.5 | 18.4 |  |  |  | 9.6 | 5.3 | 13.9 |
| NH White women | 18.1 | 7.4 | 28.8 | 50.3 | 12.2 | 88.5 | 4.6 | 2.2 | 6.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 14.0 | 8.0 | 20.1 |  |  |  | 0.8 | 0.0 | 2.3 |
| 45-64 | 15.2 | 0.0 | 30.6 |  |  |  | 13.0 | 5.6 | 20.4 |
| 65 and older | 11.3 | 6.5 | 16.1 |  |  |  | 14.3 | 8.9 | 19.6 |
| Marital Status Never married | 19.1 | 6.1 | 32.1 |  |  |  | 1.5 | 0.0 | 3.6 |
| Married/ living together as a couple | 9.8 | 5.9 | 13.7 |  |  |  | 9.2 | 5.2 | 13.2 |
| Divorced/ widowed/separated | 18.7 | 3.8 | 33.5 |  |  |  | 9.5 | 5.2 | 13.8 |
| Education 0-11 years | 5.5 | 0.0 | 14.1 |  |  |  | 16.0 | 2.1 | 29.9 |
| HS Grad/GED | 22.7 | 7.5 | 37.9 |  |  |  | 8.6 | 3.4 | 13.7 |
| 1 or more years of college | 10.3 | 6.7 | 13.8 |  |  |  | 7.4 | 4.1 | 10.6 |
| Employment Employed for wages | 12.6 | 4.1 | 21.2 |  |  |  | 4.3 | 0.9 | 7.6 |
| Household Income \$24,999 or less | 17.0 | 0.0 | 36.1 |  |  |  | 11.4 | 4.8 | 18.0 |
| \$25,000-49,999 | 14.8 | 7.2 | 22.3 |  |  |  | 8.2 | 1.6 | 14.9 |
| \$50,000 or more | 9.9 | 4.7 | 15.1 |  |  |  | 3.4 | 0.7 | 6.1 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 19.0 | 15.1 | 23.0 | 25.1 | 20.6 | 29.6 | 29.7 | 24.2 | 35.3 |
| Sex Men | 22.0 | 15.6 | 28.4 | 27.8 | 20.9 | 34.7 | 30.3 | 23.1 | 37.4 |
| Women | 16.8 | 11.9 | 21.7 | 23.0 | 17.0 | 28.9 | 29.3 | 21.1 | 37.5 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 19.2 | 14.8 | 23.6 | 22.9 | 18.1 | 27.6 | 28.9 | 22.3 | 35.4 |
|  | 18.8 | 4.8 | 32.8 | 31.0 | 12.8 | 49.1 | 38.5 | 19.9 | 57.1 |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 22.6 | 15.4 | 29.8 | 25.7 | 18.3 | 33.1 | 28.3 | 20.6 | 36.0 |
| NH White women | 16.1 | 10.9 | 21.3 | 20.3 | 14.2 | 26.5 | 29.4 | 19.1 | 39.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 14.6 | 8.4 | 20.8 | 20.2 | 13.2 | 27.3 | 22.4 | 15.0 | 29.7 |
|  | 22.5 | 14.0 | 31.0 | 28.4 | 18.5 | 38.3 | 42.3 | 29.1 | 55.6 |
|  | 22.4 | 15.7 | 29.1 | 28.0 | 20.6 | 35.3 | 28.3 | 21.0 | 35.6 |
| Marital Status Never married | 14.4 | 4.1 | 24.6 | 17.2 | 4.9 | 29.4 | 20.8 | 7.4 | 34.2 |
| Married/ living together as a couple | 21.1 | 15.7 | 26.5 | 27.3 | 21.3 | 33.3 | 30.6 | 24.4 | 36.9 |
| Divorced/ widowed/separated | 17.2 | 10.5 | 23.9 | 22.8 | 14.9 | 30.8 | 32.2 | 18.6 | 45.9 |
| Education $0-11$ years <br> HS Grad/GED  | 19.8 | 2.0 | 37.6 | 29.7 | 9.6 | 49.8 | 33.2 | 12.6 | 53.8 |
|  | 23.9 | 15.0 | 32.9 | 29.5 | 19.5 | 39.5 | 36.9 | 22.8 | 50.9 |
|  | 17.0 | 12.5 | 21.4 | 22.8 | 17.6 | 28.0 | 26.5 | 21.0 | 32.0 |
| Employment Employed for wages | 16.4 | 11.0 | 21.8 | 22.2 | 15.9 | 28.5 | 30.0 | 21.2 | 38.8 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 17.3 | 8.7 | 25.8 | 25.2 | 14.6 | 35.7 | 33.3 | 15.9 | 50.8 |
|  | 20.6 | 12.2 | 29.0 | 26.6 | 16.6 | 36.6 | 30.5 | 20.3 | 40.8 |
|  | 18.8 | 12.3 | 25.4 | 24.4 | 17.2 | 31.6 | 27.8 | 20.5 | 35.2 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 28.0 | 23.6 | 32.4 | 0.6 | 0.0 | 1.3 | 26.7 | 22.1 | 31.2 |
| Sex Men <br>  Women | 31.6 | 24.7 | 38.6 | 1.0 | 0.0 | 2.5 | 28.7 | 21.7 | 35.8 |
|  | 25.2 | 19.6 | 30.7 | 0.4 | 0.0 | 0.9 | 25.2 | 19.3 | 31.0 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 32.4 | 27.1 | 37.6 | 0.4 | 0.0 | 0.9 | 32.2 | 26.7 | 37.6 |
|  | 17.0 | 3.8 | 30.3 |  |  |  | 14.9 | 0.0 | 31.2 |
|  |  |  |  |  |  |  |  |  |  |
|  | 34.9 | 27.0 | 42.8 | 0.3 | 0.0 | 1.0 | 34.3 | 26.1 | 42.4 |
| Race/ethnicity-Sex NH White men <br>  NH White women | 30.1 | 23.1 | 37.1 | 0.5 | 0.0 | 1.2 | 30.4 | 23.1 | 37.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 9.0 | 4.0 | 14.0 | 0.8 | 0.0 | 2.3 | 5.1 | 0.8 | 9.4 |
|  | 19.4 | 12.2 | 26.7 | 0.3 | 0.0 | 1.0 | 14.4 | 6.5 | 22.2 |
|  | 59.3 | 51.4 | 67.3 | 0.7 | 0.0 | 1.8 | 63.5 | 55.5 | 71.6 |
| Marital Status Never married | 19.2 | 8.0 | 30.3 | 1.0 | 0.0 | 3.0 | 13.7 | 3.1 | 24.3 |
| Married/ living together as a couple | 27.5 | 21.8 | 33.2 | 0.7 | 0.0 | 1.7 | 28.4 | 22.3 | 34.4 |
| Divorced/ widowed/separated | 33.4 | 24.1 | 42.8 | 0.4 | 0.0 | 1.2 | 29.1 | 20.4 | 37.9 |
| Education $0-11$ years <br> HS Grad/GED  | 24.0 | 7.9 | 40.2 |  |  |  | 22.5 | 7.1 | 37.8 |
|  | 29.5 | 20.0 | 39.0 |  |  |  | 31.4 | 21.2 | 41.7 |
|  | 27.8 | 22.5 | 33.0 |  |  |  | 25.1 | 19.8 | 30.5 |
| Employment Employed for wages <br> Household Income $\$ 24,999$ or less | 13.0 | 8.5 | 17.6 |  |  |  | 10.7 | 6.0 | 15.5 |
|  | 18.3 | 10.2 | 26.5 |  |  |  | 18.2 | 9.9 | 26.6 |
| \$25,000 - 49,999 | 24.6 | 16.2 | 33.0 |  |  |  | 28.7 | 18.8 | 38.5 |
| \$50,000 or more | 25.4 | 18.4 | 32.4 |  |  |  | 19.5 | 12.8 | 26.2 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Pasco County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Pasco County, 505 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Pasco County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 344,765 | 15,982,378 | 20.4 | 16.1 | 24.7 | 52.1 | 44.2 | 59.9 |
| Sex Men | 48.0\% | 48.8\% | 21.9 | 14.6 | 29.3 | 38.2 | 26.6 | 49.7 |
| Women | 52.0\% | 51.2\% | 19.2 | 14.2 | 24.1 | 66.9 | 57.7 | 76.1 |
| Race/ethnicity NH White | 89.9\% | 65.4\% | 20.2 | 15.7 | 24.8 | 52.2 | 43.9 | 60.5 |
| NH Black | 2.0\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 5.7\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 42.9\% | 31.9\% | 20.8 | 13.1 | 28.5 | 39.0 | 26.6 | 51.3 |
| NH White women | 47.0\% | 33.6\% | 19.7 | 14.4 | 25.0 | 66.7 | 57.0 | 76.5 |
| NH Black men | 1.0\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 1.0\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 2.9\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.8\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 30.0\% | 36.9\% | 16.3 | 9.7 | 22.9 | 51.0 | 40.5 | 61.4 |
| 45-64 | 23.1\% | 22.7\% | 22.5 | 13.4 | 31.6 | 54.1 | 42.1 | 66.2 |
| 65 and older | 26.8\% | 17.6\% | 23.3 | 16.2 | 30.5 |  |  |  |
| Marital Status Never married | 16.0\% | 22.5\% | 27.4 | 11.0 | 43.8 | 52.3 | 29.3 | 75.4 |
| Married/ living together as a couple | 59.1\% | 53.7\% | 18.9 | 13.8 | 23.9 | 51.3 | 41.3 | 61.3 |
| Divorced/ widowed/separated | 24.9\% | 23.8\% | 22.3 | 13.0 | 31.5 | 55.0 | 40.5 | 69.6 |
| Education 0-11 years | 22.4\% | 20.1\% | 49.0 | 31.6 | 66.3 |  |  |  |
| HS Grad/GED | 36.8\% | 28.7\% | 22.8 | 15.7 | 29.9 | 52.0 | 38.1 | 65.9 |
| 1 or more years of college | 40.8\% | 51.1\% | 12.5 | 7.9 | 17.2 | 57.6 | 47.3 | 68.0 |
| Employment Employed for wages | 47.5\% | 54.9\% | 11.0 | 6.1 | 16.0 | 52.1 | 44.2 | 59.9 |
| Household Income \$24,999 or less | 36.3\% | 30.8\% | 32.2 | 23.5 | 40.9 | 60.8 | 45.3 | 76.3 |
| \$25,000-49,999 | 35.2\% | 31.6\% | 15.5 | 8.5 | 22.6 | 43.4 | 30.5 | 56.2 |
| \$50,000 or more | 28.4\% | 37.6\% | 9.5 | 3.2 | 15.8 | 57.0 | 41.1 | 72.9 |

[^51]

| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | Cl |  |
| All | 26.0 | 21.5 | 30.6 | 50.4 | 40.2 | 60.6 | 17.3 | 13.1 | 21.5 |
| Sex Men | 25.1 | 17.6 | 32.6 | 38.7 | 21.8 | 55.5 | 26.2 | 18.4 | 33.9 |
| Women | 26.8 | 21.4 | 32.3 | 59.8 | 48.2 | 71.3 | 9.7 | 6.1 | 13.3 |
| Race/ethnicity NH White | 26.0 | 21.3 | 30.8 | 49.9 | 39.3 | 60.6 | 18.3 | 13.8 | 22.8 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 23.9 | 16.2 | 31.7 | 40.0 | 21.7 | 58.2 | 27.1 | 18.9 | 35.3 |
| NH White women | 27.9 | 22.1 | 33.7 | 57.5 | 45.4 | 69.6 | 10.5 | 6.6 | 14.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 35.2 | 27.0 | 43.3 | 60.5 | 46.5 | 74.6 | 27.5 | 19.0 | 35.9 |
|  | 36.2 | 26.5 | 46.0 | 40.6 | 24.0 | 57.2 | 11.7 | 5.9 | 17.5 |
|  | 7.5 | 3.3 | 11.7 |  |  |  | 10.7 | 5.2 | 16.1 |
| Marital Status Never married | 28.0 | 13.4 | 42.6 |  |  |  | 29.3 | 11.5 | 47.2 |
| Married/ living together as a couple | 24.0 | 18.5 | 29.4 | 60.8 | 47.9 | 73.6 | 17.0 | 11.8 | 22.2 |
| Divorced/ widowed/separated | 30.9 | 21.1 | 40.7 | 26.2 | 10.6 | 41.9 | 13.8 | 6.8 | 20.8 |
| Education $0-11$ years <br> $\mathrm{HS} \mathrm{Grad} / \mathrm{GED}$  | 33.6 | 15.9 | 51.3 |  |  |  | 13.1 | 1.5 | 24.7 |
|  | 31.0 | 23.6 | 38.5 | 59.2 | 45.0 | 73.4 | 16.9 | 10.6 | 23.1 |
|  | 19.4 | 13.9 | 24.9 | 42.9 | 27.4 | 58.4 | 18.2 | 11.9 | 24.5 |
| Employment Employed for wages | 32.1 | 25.1 | 39.0 | 53.3 | 40.5 | 66.1 | 27.3 | 19.7 | 34.9 |
| Household Income $\$ 24,999$ or less <br> $\$ 25,000-49,999$  <br> $\$ 50,000$ or more  | 28.3 | 19.9 | 36.8 | 55.6 | 36.3 | 75.0 | 13.1 | 6.7 | 19.5 |
|  | 26.6 | 18.4 | 34.7 | 44.0 | 26.0 | 61.9 | 17.6 | 10.4 | 24.7 |
|  | 25.5 | 15.5 | 35.6 |  |  |  | 31.1 | 18.9 | 43.4 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 17.7 | 13.5 | 21.9 | 22.7 | 18.3 | 27.2 | 9.0 | 5.7 | 12.3 |
| Sex Men <br>  Women | 17.8 | 10.8 | 24.8 | 25.8 | 18.4 | 33.2 | 7.5 | 2.0 | 13.1 |
|  | 17.7 | 12.7 | 22.6 | 20.1 | 14.8 | 25.4 | 10.2 | 6.2 | 14.1 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 16.2 | 11.9 | 20.5 | 21.3 | 16.8 | 25.9 | 9.3 | 5.8 | 12.9 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex $\quad$ NH White men | 16.3 | 9.0 | 23.6 | 24.1 | 16.4 | 31.8 | 7.8 | 1.8 | 13.7 |
| NH White women | 16.1 | 11.2 | 20.9 | 18.9 | 13.6 | 24.2 | 10.7 | 6.4 | 15.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 27.6 | 19.7 | 35.5 | 35.4 | 27.2 | 43.6 | 11.1 | 5.6 | 16.7 |
|  | 22.9 | 13.7 | 32.2 | 23.1 | 14.0 | 32.3 | 13.6 | 5.2 | 22.0 |
|  | 1.9 | 0.0 | 3.9 | 7.8 | 3.1 | 12.5 | 2.7 | 0.3 | 5.1 |
| Marital Status Never married | 38.5 | 20.9 | 56.0 | 48.0 | 30.3 | 65.8 | 16.1 | 1.2 | 31.0 |
| Married/ living together as a couple | 14.2 | 9.9 | 18.6 | 19.7 | 14.6 | 24.7 | 5.9 | 3.1 | 8.7 |
| Divorced/ widowed/separated | 19.5 | 9.5 | 29.5 | 21.6 | 12.2 | 31.1 | 14.7 | 5.5 | 24.0 |
| Education 0-11 years | 33.8 | 15.5 | 52.1 | 41.1 | 23.4 | 58.8 | 20.5 | 2.2 | 38.8 |
| HS Grad/GED | 19.4 | 12.6 | 26.2 | 21.9 | 14.9 | 29.0 | 8.8 | 4.1 | 13.4 |
| 1 or more years of college | 13.1 | 8.4 | 17.8 | 18.4 | 13.1 | 23.6 | 6.6 | 3.3 | 9.9 |
| Employment Employed for wages | 23.2 | 16.4 | 30.0 | 30.8 | 23.6 | 37.9 | 8.0 | 3.9 | 12.1 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 29.0 | 20.3 | 37.8 | 29.7 | 21.0 | 38.4 | 14.6 | 6.8 | 22.4 |
|  | 14.1 | 7.2 | 21.0 | 16.9 | 9.7 | 24.1 | 5.1 | 1.5 | 8.8 |
|  | 4.5 | 0.0 | 9.3 | 23.5 | 13.4 | 33.6 | 3.3 | 0.0 | 6.7 |




| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 20.1 | 16.1 | 24.1 | 26.0 | 21.5 | 30.4 | 24.9 | 20.4 | 29.5 |
| Sex Men | 19.1 | 12.8 | 25.4 | 26.2 | 18.9 | 33.6 | 23.8 | 16.5 | 31.1 |
| Women | 20.9 | 15.9 | 26.0 | 25.7 | 20.4 | 31.1 | 25.9 | 20.2 | 31.7 |
| Race/ethnicity NH White | 20.9 | 16.6 | 25.1 | 26.6 | 21.9 | 31.3 | 25.4 | 20.5 | 30.3 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 19.9 | 13.1 | 26.6 | 26.9 | 19.1 | 34.6 | 24.4 | 16.6 | 32.1 |
|  | 21.8 | 16.3 | 27.2 | 26.3 | 20.7 | 32.0 | 26.3 | 20.2 | 32.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 17.8 | 11.5 | 24.1 | 26.5 | 18.9 | 34.1 | 21.1 | 14.1 | 28.0 |
|  | 23.9 | 15.8 | 32.0 | 25.3 | 17.2 | 33.5 | 30.2 | 20.7 | 39.7 |
|  | 19.4 | 12.5 | 26.2 | 25.6 | 18.2 | 33.1 | 24.8 | 17.0 | 32.6 |
| Marital Status Never married | 19.0 | 3.7 | 34.3 | 26.3 | 10.2 | 42.3 | 18.7 | 3.7 | 33.7 |
| Married/ living together as a couple | 20.0 | 14.9 | 25.0 | 25.4 | 19.8 | 31.1 | 24.7 | 18.8 | 30.5 |
| Divorced/ widowed/separated | 20.9 | 13.9 | 27.9 | 27.4 | 19.7 | 35.1 | 28.2 | 19.7 | 36.6 |
| Education <br> HS Grad/GED | 9.3 | 2.3 | 16.4 | 21.9 | 7.9 | 36.0 | 17.7 | 5.7 | 29.6 |
|  | 18.7 | 12.5 | 25.0 | 25.4 | 18.5 | 32.3 | 27.7 | 20.1 | 35.2 |
|  | 23.8 | 17.6 | 30.0 | 27.7 | 21.2 | 34.1 | 24.8 | 18.2 | 31.4 |
| Employment Employed for wages | 18.2 | 12.6 | 23.7 | 29.0 | 22.1 | 36.0 | 26.7 | 20.1 | 33.3 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 21.4 | 14.4 | 28.3 | 26.5 | 19.1 | 33.9 | 25.9 | 18.1 | 33.8 |
|  | 19.8 | 12.5 | 27.0 | 23.5 | 15.4 | 31.6 | 24.5 | 15.7 | 33.3 |
|  | 20.4 | 10.7 | 30.0 | 29.7 | 18.8 | 40.6 | 27.0 | 17.0 | 36.9 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 32.4 | 27.7 | 37.1 | 1.1 | 0.3 | 2.0 | 33.6 | 28.6 | 38.6 |
| Sex Men | 33.7 | 26.1 | 41.4 | 0.6 | 0.0 | 1.4 | 36.3 | 28.0 | 44.6 |
| Women | 31.2 | 25.4 | 37.1 | 1.6 | 0.2 | 3.1 | 31.4 | 25.3 | 37.4 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 33.9 | 28.9 | 38.9 | 1.1 | 0.2 | 2.0 | 35.4 | 30.1 | 40.7 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 34.7 | 26.6 | 42.8 | 0.6 | 0.0 | 1.5 | 37.1 | 28.4 | 45.8 |
| NH White women | 33.2 | 26.9 | 39.4 | 1.5 | 0.0 | 3.0 | 33.9 | 27.5 | 40.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 10.5 | 5.1 | 15.9 | 0.9 | 0.0 | 2.3 | 9.9 | 4.0 | 15.8 |
|  | 24.1 | 16.3 | 31.8 | 0.6 | 0.0 | 1.9 | 22.4 | 13.2 | 31.7 |
|  | 64.3 | 56.2 | 72.4 | 1.8 | 0.0 | 3.6 | 67.9 | 60.0 | 75.9 |
| Marital Status Never married | 12.7 | 0.2 | 25.3 |  |  |  | 20.0 | 2.4 | 37.6 |
| Married/ living together as a couple | 34.4 | 28.3 | 40.5 |  |  |  | 33.4 | 27.0 | 39.8 |
| Divorced/ widowed/separated | 34.1 | 25.5 | 42.6 |  |  |  | 38.8 | 29.8 | 47.8 |
| Education $0-11$ years <br> HS Grad/GED  | 27.8 | 14.8 | 40.8 | 2.1 | 0.0 | 6.2 | 30.3 | 15.6 | 45.0 |
|  | 33.0 | 25.3 | 40.6 | 0.4 | 0.0 | 1.2 | 34.2 | 26.3 | 42.1 |
|  | 33.5 | 26.7 | 40.3 | 1.5 | 0.1 | 2.9 | 34.1 | 26.7 | 41.4 |
| Employment Employed for wages | 16.7 | 11.3 | 22.2 | 1.1 | 0.0 | 2.3 | 10.7 | 5.6 | 15.7 |
| Household Income \$24,999 or less | 33.8 | 25.6 | 41.9 | 1.4 | 0.0 | 3.0 | 40.8 | 32.0 | 49.5 |
| \$25,000 - 49,999 | 29.9 | 21.5 | 38.4 | 0.6 | 0.0 | 1.6 | 30.2 | 20.7 | 39.7 |
| \$50,000 or more | 24.7 | 14.8 | 34.6 | 0.9 | 0.0 | 2.6 | 14.0 | 6.0 | 22.1 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Pinellas County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Pinellas County, 512 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Pinellas County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | CI |  |
| All | 921,482 | 15,982,378 | 13.4 | 10.2 | 16.6 | 64.9 | 58.5 | 71.3 |
| Sex Men | 47.6\% | 48.8\% | 13.9 | 8.5 | 19.2 | 59.5 | 49.9 | 69.1 |
| Women | 52.4\% | 51.2\% | 13.0 | 9.2 | 16.9 | 70.7 | 62.2 | 79.2 |
| Race/ethnicity NH White | 82.8\% | 65.4\% | 12.5 | 9.1 | 16.0 | 68.4 | 61.5 | 75.3 |
| NH Black | 8.8\% | 14.2\% | 26.1 | 11.1 | 41.1 | 49.4 | 26.5 | 72.2 |
| Hispanic | 4.6\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 39.3\% | 31.9\% | 14.0 | 8.1 | 19.8 | 63.4 | 52.9 | 73.9 |
| NH White women | 43.5\% | 33.6\% | 11.3 | 7.3 | 15.2 | 73.8 | 64.8 | 82.8 |
| NH Black men | 4.1\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.7\% | 7.4\% | 28.1 | 9.1 | 47.0 |  |  |  |
| Hispanic men | 2.4\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.3\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 33.8\% | 36.9\% | 6.0 | 2.3 | 9.7 | 59.3 | 50.2 | 68.3 |
| 45-64 | 24.5\% | 22.7\% | 15.0 | 8.7 | 21.2 | 69.4 | 59.5 | 79.4 |
| 65 and older | 22.5\% | 17.6\% | 23.8 | 16.0 | 31.7 |  |  |  |
| Marital Status Never married | 20.9\% | 22.5\% | 10.4 | 2.0 | 18.9 | 49.6 | 33.0 | 66.2 |
| Married/ living together as a couple | 51.6\% | 53.7\% | 9.5 | 5.6 | 13.4 | 69.6 | 61.3 | 77.8 |
| Divorced/ widowed/separated | 27.5\% | 23.8\% | 25.0 | 17.9 | 32.1 | 65.7 | 53.5 | 77.9 |
| Education 0-11 years | 16.0\% | 20.1\% | 39.6 | 22.6 | 56.7 |  |  |  |
| HS Grad/GED | 29.7\% | 28.7\% | 13.9 | 7.8 | 20.0 | 54.3 | 41.2 | 67.4 |
| 1 or more years of college | 54.4\% | 51.1\% | 9.7 | 6.2 | 13.2 | 70.3 | 62.9 | 77.8 |
| Employment Employed for wages | 55.7\% | 54.9\% | 4.8 | 2.2 | 7.4 | 64.9 | 58.5 | 71.3 |
| Household Income \$24,999 or less | 32.1\% | 30.8\% | 27.3 | 18.3 | 36.3 | 52.6 | 36.3 | 68.9 |
| \$25,000 - 49,999 | 32.5\% | 31.6\% | 10.8 | 5.3 | 16.2 | 56.2 | 44.4 | 68.0 |
| \$50,000 or more | 35.4\% | 37.6\% | 4.9 | 1.3 | 8.4 | 73.3 | 64.3 | 82.4 |

[^52]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | Cl |  |
| All | 21.2 | 17.5 | 25.0 | 54.0 | 49.1 | 58.9 | 73.0 | 68.5 | 77.4 |
| Sex Men | 18.9 | 13.3 | 24.5 | 55.7 | 48.0 | 63.5 | 70.6 | 63.4 | 77.8 |
| Women | 23.2 | 18.1 | 28.3 | 52.5 | 46.2 | 58.8 | 75.0 | 69.5 | 80.4 |
| Race/ethnicity NH White | 19.4 | 15.5 | 23.3 | 53.3 | 48.0 | 58.7 | 72.5 | 67.7 | 77.3 |
| NH Black | 38.5 | 21.4 | 55.5 | 60.9 | 43.4 | 78.4 | 79.4 | 63.2 | 95.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.2 | 11.4 | 22.9 | 55.1 | 46.7 | 63.6 | 70.3 | 62.5 | 78.2 |
| NH White women | 21.4 | 16.0 | 26.7 | 51.7 | 44.9 | 58.6 | 74.3 | 68.4 | 80.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 44.3 | 23.0 | 65.7 | 54.6 | 33.3 | 76.0 | 78.5 | 57.7 | 99.4 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 15.3 | 10.0 | 20.6 | 45.2 | 37.2 | 53.2 | 60.2 | 52.4 | 68.0 |
| 45-64 | 21.6 | 14.5 | 28.7 | 54.5 | 45.7 | 63.2 | 75.5 | 68.0 | 83.1 |
| 65 and older | 31.2 | 22.8 | 39.6 | 67.0 | 57.6 | 76.4 | 88.4 | 81.6 | 95.1 |
| Marital Status Never married | 21.9 | 11.5 | 32.2 | 46.5 | 33.2 | 59.8 | 59.1 | 45.9 | 72.4 |
| Married/ living together as a couple | 13.9 | 9.5 | 18.3 | 51.4 | 44.6 | 58.2 | 73.3 | 67.3 | 79.2 |
| Divorced/ widowed/separated | 38.7 | 30.6 | 46.7 | 65.3 | 57.3 | 73.3 | 81.9 | 75.3 | 88.5 |
| Education 0-11 years | 52.3 | 34.6 | 69.9 | 77.8 | 62.4 | 93.2 | 89.6 | 78.6 | 100.0 |
| HS Grad/GED | 25.9 | 18.3 | 33.6 | 53.4 | 44.3 | 62.4 | 72.2 | 63.9 | 80.4 |
| 1 or more years of college | 15.0 | 10.9 | 19.0 | 51.8 | 45.5 | 58.1 | 71.0 | 65.2 | 76.7 |
| Employment Employed for wages | 16.8 | 12.1 | 21.5 | 50.1 | 43.5 | 56.7 | 65.9 | 59.6 | 72.3 |
| Household Income \$24,999 or less | 37.7 | 28.2 | 47.1 | 62.9 | 52.9 | 72.8 | 88.8 | 82.5 | 95.1 |
| \$25,000-49,999 | 23.3 | 16.0 | 30.6 | 56.8 | 47.6 | 65.9 | 74.0 | 66.2 | 81.8 |
| \$50,000 or more | 9.1 | 4.0 | 14.2 | 43.8 | 35.1 | 52.6 | 58.5 | 49.7 | 67.3 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 36.8 | 32.0 | 41.5 | 20.6 | 16.6 | 24.5 | 70.0 | 65.6 | 74.4 |
| Sex Men | 48.3 | 40.6 | 56.1 | 16.7 | 10.8 | 22.6 | 79.8 | 73.7 | 85.8 |
| Women | 27.0 | 21.4 | 32.5 | 23.9 | 18.5 | 29.2 | 61.7 | 55.7 | 67.8 |
| Race/ethnicity NH White | 37.0 | 31.8 | 42.2 | 19.8 | 15.5 | 24.0 | 68.5 | 63.6 | 73.3 |
| NH Black | 43.4 | 26.4 | 60.5 | 29.2 | 12.8 | 45.6 | 89.7 | 78.7 | 100.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 50.7 | 42.2 | 59.2 | 15.9 | 9.5 | 22.3 | 81.1 | 74.7 | 87.4 |
| NH White women | 25.2 | 19.2 | 31.1 | 23.1 | 17.5 | 28.7 | 57.6 | 50.9 | 64.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 41.8 | 21.5 | 62.1 | 40.6 | 19.2 | 62.0 | 91.6 | 82.4 | 100.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  <br> Age | 36.0 | 28.2 | 43.7 | 15.0 | 9.3 | 20.6 | 75.7 | 69.1 | 82.3 |
|  | 38.7 | 30.4 | 47.1 | 28.1 | 20.1 | 36.2 | 68.2 | 60.2 | 76.2 |
|  | 38.4 | 29.1 | 47.8 | 18.6 | 11.3 | 25.9 | 63.6 | 54.4 | 72.8 |
| Marital Status Never married | 34.3 | 21.4 | 47.2 | 17.6 | 7.9 | 27.3 | 76.7 | 66.2 | 87.2 |
| Married/living together as a couple | 38.1 | 31.5 | 44.6 | 20.2 | 14.7 | 25.7 | 69.1 | 62.9 | 75.2 |
| Divorced/ widowed/separated | 34.9 | 27.1 | 42.8 | 24.0 | 16.8 | 31.1 | 68.0 | 60.3 | 75.7 |
| Education $0-11$ years <br> HS Grad/GED  | 26.4 | 11.4 | 41.5 | 26.0 | 11.9 | 40.2 | 86.4 | 74.8 | 97.9 |
|  | 36.2 | 27.7 | 44.8 | 23.1 | 15.1 | 31.0 | 72.2 | 64.3 | 80.2 |
|  | 38.8 | 32.6 | 44.9 | 18.8 | 13.9 | 23.7 | 66.8 | 61.0 | 72.6 |
| Employment Employed for wages | 42.4 | 35.9 | 49.0 | 19.3 | 14.0 | 24.5 | 74.7 | 69.2 | 80.2 |
| Household Income $\$ 24,999$ or less <br> $\$ 25,000-49,999$  <br> $\$ 50,000$ or more  | 26.7 | 18.4 | 35.0 | 28.9 | 20.2 | 37.5 | 68.5 | 58.9 | 78.1 |
|  | 37.7 | 28.7 | 46.6 | 16.1 | 9.2 | 22.9 | 69.6 | 61.3 | 77.8 |
|  | 45.6 | 36.8 | 54.5 | 17.8 | 10.7 | 24.9 | 67.7 | 59.7 | 75.8 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 23.4 | 19.3 | 27.6 | 56.1 | 46.0 | 66.2 | 14.7 | 11.0 | 18.5 |
| Sex Men | 27.0 | 20.2 | 33.9 | 54.7 | 39.7 | 69.8 | 21.2 | 14.5 | 27.8 |
| Women | 20.4 | 15.4 | 25.4 | 57.7 | 44.0 | 71.4 | 9.3 | 5.5 | 13.1 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 22.9 | 18.4 | 27.4 | 52.0 | 40.7 | 63.3 | 14.6 | 10.6 | 18.6 |
| NH Black | 20.8 | 7.7 | 33.9 |  |  |  | 7.2 | 0.0 | 17.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 26.4 | 19.0 | 33.9 | 47.4 | 30.7 | 64.2 | 22.2 | 14.8 | 29.6 |
| NH White women | 19.9 | 14.5 | 25.4 | 57.2 | 41.9 | 72.5 | 8.1 | 4.5 | 11.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 22.3 | 5.5 | 39.1 |  |  |  | 2.6 | 0.0 | 8.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 30.3 | 23.0 | 37.7 | 59.9 | 45.5 | 74.2 | 22.6 | 15.4 | 29.8 |
| 45-64 | 26.7 | 19.0 | 34.3 | 56.1 | 39.2 | 73.0 | 12.8 | 7.0 | 18.7 |
| 65 and older | 7.9 | 3.1 | 12.7 |  |  |  | 6.0 | 1.4 | 10.6 |
| Marital Status Never married | 39.3 | 26.5 | 52.2 | 61.4 | 40.4 | 82.4 | 35.5 | 21.8 | 49.2 |
| Married/ living together as a couple | 19.4 | 14.0 | 24.9 | 54.8 | 38.8 | 70.9 | 10.4 | 6.2 | 14.7 |
| Divorced/ widowed/separated | 22.8 | 16.3 | 29.3 | 53.9 | 37.7 | 70.1 | 11.2 | 6.1 | 16.3 |
| Education 0-11 years | 46.5 | 28.7 | 64.4 |  |  |  | 17.2 | 1.7 | 32.7 |
| HS Grad/GED | 29.7 | 21.3 | 38.0 | 45.5 | 28.0 | 63.0 | 16.5 | 9.3 | 23.6 |
| 1 or more years of college | 17.5 | 12.9 | 22.1 | 56.9 | 42.5 | 71.4 | 13.7 | 9.2 | 18.3 |
| Employment Employed for wages | 27.4 | 21.6 | 33.2 | 56.0 | 43.6 | 68.4 | 19.6 | 14.1 | 25.2 |
| Household Income \$24,999 or less | 28.6 | 19.1 | 38.0 | 69.7 | 52.9 | 86.6 | 9.1 | 2.6 | 15.6 |
| \$25,000-49,999 | 28.2 | 19.9 | 36.5 | 58.8 | 41.0 | 76.6 | 20.3 | 12.6 | 27.9 |
| \$50,000 or more | 15.2 | 9.2 | 21.2 |  |  |  | 17.2 | 10.0 | 24.4 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 17.3 | 13.4 | 21.1 | 17.9 | 14.0 | 21.9 | 7.3 | 4.8 | 9.8 |
| Sex Men | 18.2 | 12.0 | 24.3 | 22.1 | 15.6 | 28.6 | 5.9 | 2.1 | 9.6 |
| Women | 16.5 | 11.6 | 21.4 | 14.4 | 9.5 | 19.3 | 8.5 | 5.2 | 11.9 |
| Race/ethnicity NH White | 15.7 | 11.7 | 19.8 | 16.7 | 12.5 | 20.9 | 6.4 | 3.9 | 9.0 |
| NH Black | 25.1 | 8.1 | 42.2 | 20.1 | 3.9 | 36.3 | 9.9 | 0.8 | 19.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 15.8 | 9.4 | 22.1 | 20.9 | 14.0 | 27.8 | 5.6 | 1.5 | 9.6 |
| NH White women | 15.7 | 10.5 | 20.9 | 13.0 | 7.9 | 18.1 | 7.2 | 3.9 | 10.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 18.6 | 0.0 | 39.1 | 18.2 | 0.0 | 38.2 | 10.4 | 0.0 | 20.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 24.0 | 17.0 | 31.1 | 24.5 | 17.5 | 31.6 | 9.3 | 4.8 | 13.7 |
| 45-64 | 21.6 | 14.1 | 29.0 | 18.8 | 11.6 | 26.0 | 8.0 | 3.4 | 12.7 |
| 65 and older | 1.1 | 0.0 | 2.6 | 7.2 | 1.7 | 12.6 | 2.6 | 0.0 | 5.4 |
| Marital Status Never married | 33.2 | 20.4 | 46.1 | 27.6 | 15.6 | 39.7 | 10.1 | 2.2 | 18.0 |
| Married/ living together as a couple | 13.0 | 8.4 | 17.7 | 16.6 | 11.4 | 21.9 | 6.2 | 3.0 | 9.4 |
| Divorced/ widowed/separated | 15.9 | 9.3 | 22.6 | 13.6 | 7.2 | 20.0 | 8.4 | 3.9 | 12.8 |
| Education 0-11 years | 32.0 | 14.4 | 49.7 | 26.0 | 8.9 | 43.1 | 13.9 | 0.0 | 28.2 |
| HS Grad/GED | 22.1 | 14.1 | 30.1 | 16.2 | 9.1 | 23.3 | 8.1 | 3.6 | 12.6 |
| 1 or more years of college | 13.2 | 8.9 | 17.5 | 17.3 | 12.3 | 22.2 | 6.1 | 3.3 | 8.9 |
| Employment Employed for wages | 18.4 | 13.2 | 23.6 | 17.5 | 12.5 | 22.6 | 6.0 | 2.9 | 9.1 |
| Household Income \$24,999 or less | 33.8 | 24.0 | 43.6 | 23.1 | 13.7 | 32.5 | 18.6 | 10.5 | 26.7 |
| \$25,000 - 49,999 | 17.2 | 10.1 | 24.4 | 19.0 | 11.7 | 26.3 | 4.1 | 0.8 | 7.3 |
| \$50,000 or more | 6.7 | 1.5 | 11.9 | 12.3 | 6.0 | 18.6 | 4.4 | 0.8 | 8.0 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 72.6 | 68.2 | 77.0 | 48.4 | 43.4 | 53.4 | 73.3 | 68.7 | 77.9 |
| Sex Men | 69.4 | 62.3 | 76.6 | 55.3 | 47.5 | 63.0 | 71.2 | 63.9 | 78.5 |
| Women | 75.3 | 69.9 | 80.8 | 42.5 | 36.3 | 48.8 | 75.1 | 69.2 | 80.9 |
| Race/ethnicity NH White | 73.5 | 68.8 | 78.3 | 49.4 | 44.0 | 54.8 | 74.1 | 69.1 | 79.0 |
| NH Black | 68.8 | 52.2 | 85.5 | 34.6 | 17.3 | 51.9 | 63.6 | 44.8 | 82.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 71.0 | 63.4 | 78.7 | 54.4 | 45.9 | 62.9 | 71.8 | 64.0 | 79.7 |
| NH White women | 75.6 | 69.7 | 81.6 | 44.9 | 38.1 | 51.8 | 76.1 | 69.9 | 82.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 79.0 | 63.1 | 94.9 | 26.7 | 9.0 | 44.4 | 66.6 | 43.7 | 89.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 68.5 | 61.1 | 75.9 | 71.4 | 64.4 | 78.4 | 69.0 | 61.6 | 76.4 |
| 45-64 | 74.2 | 66.5 | 82.0 | 44.0 | 35.4 | 52.7 | 71.6 | 63.1 | 80.2 |
| 65 and older | 75.6 | 67.4 | 83.7 | 18.2 | 10.5 | 26.0 | 84.7 | 77.3 | 92.2 |
| Marital Status Never married | 64.3 | 51.5 | 77.1 | 63.3 | 50.9 | 75.7 | 58.6 | 45.3 | 71.8 |
| Married/ living together as a couple | 74.8 | 68.8 | 80.7 | 51.0 | 44.2 | 57.9 | 77.5 | 71.5 | 83.4 |
| Divorced/ widowed/separated | 72.2 | 65.0 | 79.4 | 31.3 | 23.6 | 39.1 | 73.2 | 65.1 | 81.2 |
| Education 0-11 years | 48.8 | 30.9 | 66.6 | 25.4 | 9.5 | 41.4 |  |  |  |
| HS Grad/GED | 66.3 | 57.5 | 75.0 | 36.8 | 27.9 | 45.8 | 67.4 | 58.0 | 76.7 |
| 1 or more years of college | 78.5 | 73.4 | 83.6 | 56.4 | 50.2 | 62.7 | 78.0 | 72.7 | 83.2 |
| Employment Employed for wages | 75.6 | 70.0 | 81.2 | 58.1 | 51.6 | 64.5 | 73.6 | 67.7 | 79.5 |
| Household Income \$24,999 or less | 54.2 | 44.2 | 64.2 | 38.9 | 28.8 | 49.0 | 57.2 | 46.4 | 68.1 |
| \$25,000 - 49,999 | 78.0 | 70.6 | 85.4 | 45.1 | 35.9 | 54.3 | 77.4 | 69.5 | 85.3 |
| \$50,000 or more | 82.9 | 76.1 | 89.7 | 65.4 | 57.1 | 73.8 | 81.3 | 74.0 | 88.5 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 31.3 | 26.8 | 35.8 | 79.0 | 71.5 | 86.5 | 21.5 | 17.5 | 25.5 |
| Sex Men | 39.8 | 32.2 | 47.4 | 68.6 | 56.9 | 80.3 | 21.2 | 14.9 | 27.5 |
| Women | 24.1 | 19.0 | 29.1 | 93.6 | 87.5 | 99.7 | 21.7 | 16.7 | 26.8 |
| Race/ethnicity NH White | 30.3 | 25.4 | 35.2 | 80.7 | 72.4 | 88.9 | 22.4 | 18.0 | 26.8 |
| NH Black | 45.9 | 28.8 | 63.1 |  |  |  | 7.6 | 0.8 | 14.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 38.6 | 30.4 | 46.9 | 72.8 | 60.1 | 85.5 | 22.1 | 15.1 | 29.0 |
| NH White women | 23.0 | 17.6 | 28.5 | 92.1 | 84.5 | 99.6 | 22.8 | 17.2 | 28.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 48.8 | 27.9 | 69.7 |  |  |  | 11.8 | 1.2 | 22.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  Hispanic women <br> Age $18-44$ | 16.9 | 10.9 | 22.8 | 60.5 | 40.4 | 80.6 | 13.0 | 7.7 | 18.3 |
| 45-64 | 33.1 | 25.0 | 41.2 | 76.8 | 63.6 | 89.9 | 24.6 | 17.1 | 32.0 |
| 65 and older | 53.0 | 43.5 | 62.6 | 88.9 | 79.6 | 98.3 | 30.3 | 21.4 | 39.2 |
| Marital Status Never married | 19.3 | 8.8 | 29.7 |  |  |  | 13.5 | 5.4 | 21.6 |
| Married/ living together as a couple | 31.0 | 24.6 | 37.3 | 77.5 | 67.0 | 88.0 | 22.3 | 16.6 | 28.0 |
| Divorced/ widowed/separated | 40.6 | 32.8 | 48.5 | 89.3 | 80.3 | 98.3 | 25.4 | 18.3 | 32.5 |
| Education $0-11$ years <br> HS Grad/GED  <br>  1 or more years of college | 60.1 | 42.9 | 77.2 |  |  |  | 19.0 | 6.0 | 32.0 |
|  | 27.5 | 19.7 | 35.3 | 81.7 | 68.4 | 95.0 | 22.1 | 14.4 | 29.8 |
|  | 29.4 | 23.7 | 35.1 | 79.2 | 69.4 | 89.0 | 21.7 | 16.7 | 26.8 |
| Employment Employed for wages <br> Household Income $\$ 24,999$ or less | 25.6 | 19.9 | 31.3 | 71.4 | 59.4 | 83.4 | 21.5 | 16.0 | 26.9 |
|  | 43.4 | 33.6 | 53.2 | 78.5 | 64.1 | 92.9 | 29.6 | 20.7 | 38.4 |
| \$25,000-49,999 | 30.1 | 21.7 | 38.5 | 78.7 | 64.6 | 92.9 | 23.2 | 15.2 | 31.2 |
| \$50,000 or more | 24.1 | 16.6 | 31.6 | 71.0 | 54.1 | 87.9 | 18.5 | 11.8 | 25.2 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 88.6 | 85.3 | 91.8 | 90.8 | 87.5 | 94.1 | 36.0 | 30.9 | 41.0 |
| Sex Men | 88.2 | 83.1 | 93.3 | 92.4 | 88.2 | 96.6 | 36.5 | 28.4 | 44.6 |
| Women | 88.9 | 84.8 | 93.1 | 89.5 | 84.5 | 94.4 | 35.5 | 29.2 | 41.9 |
| Race/ethnicity $\quad$ NH White | 91.4 | 88.3 | 94.4 | 90.9 | 87.4 | 94.4 | 37.0 | 31.6 | 42.5 |
| NH Black | 71.9 | 55.2 | 88.5 | 88.0 | 71.7 | 100.0 | 19.1 | 3.8 | 34.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 89.4 | 84.0 | 94.7 | 93.1 | 88.9 | 97.2 | 37.9 | 29.1 | 46.7 |
| NH White women | 93.1 | 89.8 | 96.4 | 89.0 | 83.6 | 94.4 | 36.3 | 29.5 | 43.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 71.4 | 50.3 | 92.5 |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 79.0 | 72.2 | 85.7 | 87.0 | 80.2 | 93.8 | 19.1 | 12.2 | 26.0 |
| 45-64 | 92.1 | 87.4 | 96.9 | 90.9 | 85.7 | 96.0 | 37.3 | 28.5 | 46.0 |
| 65 and older | 97.7 | 95.4 | 100.0 | 95.3 | 90.5 | 100.0 | 54.8 | 44.9 | 64.8 |
| Marital Status Never married | 73.5 | 61.4 | 85.6 | 87.1 | 74.8 | 99.4 | 22.2 | 10.3 | 34.1 |
| Married/ living together as a couple | 90.8 | 87.1 | 94.6 | 90.3 | 85.8 | 94.8 | 39.6 | 32.5 | 46.7 |
| Divorced/ widowed/separated | 92.4 | 87.5 | 97.4 | 94.4 | 91.0 | 97.8 | 35.9 | 27.8 | 44.0 |
| Education 0-11 years | 83.3 | 69.0 | 97.6 | 89.7 | 75.6 | 100.0 | 33.9 | 15.0 | 52.8 |
| HS Grad/GED | 81.6 | 74.0 | 89.1 | 94.1 | 89.0 | 99.2 | 37.3 | 27.6 | 46.9 |
| 1 or more years of college | 92.5 | 89.3 | 95.6 | 89.5 | 85.2 | 93.8 | 36.1 | 29.7 | 42.4 |
| Employment Employed for wages | 85.3 | 80.3 | 90.2 | 89.7 | 85.2 | 94.1 | 30.2 | 23.7 | 36.7 |
| Household Income \$24,999 or less | 85.2 | 78.0 | 92.4 | 91.3 | 84.0 | 98.6 | 34.1 | 23.8 | 44.4 |
| \$25,000-49,999 | 88.9 | 82.4 | 95.4 | 87.4 | 80.1 | 94.7 | 35.9 | 26.5 | 45.4 |
| \$50,000 or more | 91.7 | 86.8 | 96.6 | 91.3 | 86.1 | 96.5 | 31.8 | 23.3 | 40.3 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 12.8 | 9.4 | 16.3 | 63.8 | 48.8 | 78.7 | 10.4 | 7.5 | 13.3 |
| Sex Men | 14.6 | 8.8 | 20.3 |  |  |  | 11.1 | 6.4 | 15.8 |
| Women | 11.4 | 7.3 | 15.5 | 69.1 | 48.2 | 90.0 | 9.8 | 6.3 | 13.3 |
| Race/ethnicity NH White | 12.4 | 8.7 | 16.1 | 63.8 | 46.8 | 80.8 | 10.6 | 7.5 | 13.7 |
| NH Black | 11.8 | 0.5 | 23.1 |  |  |  | 14.2 | 3.1 | 25.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 14.8 | 8.4 | 21.1 |  |  |  | 11.0 | 6.0 | 16.1 |
| NH White women | 10.3 | 6.1 | 14.5 |  |  |  | 10.2 | 6.3 | 14.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 10.7 | 0.0 | 24.8 |  |  |  | 14.5 | 0.9 | 28.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 13.8 | 8.1 | 19.4 |  |  |  | 3.9 | 0.9 | 6.8 |
| 45-64 | 15.5 | 8.8 | 22.1 |  |  |  | 9.3 | 4.6 | 13.9 |
| 65 and older | 8.8 | 2.9 | 14.8 |  |  |  | 22.7 | 14.8 | 30.7 |
| Marital Status Never married | 13.9 | 4.5 | 23.4 |  |  |  | 6.8 | 0.4 | 13.1 |
| Married/ living together as a couple | 12.9 | 8.1 | 17.7 |  |  |  | 9.5 | 5.7 | 13.4 |
| Divorced/ widowed/separated | 12.4 | 7.0 | 17.8 |  |  |  | 15.1 | 9.2 | 20.9 |
| Education 0-11 years | 20.5 | 4.5 | 36.5 |  |  |  | 19.7 | 6.4 | 32.9 |
| HS Grad/GED | 9.4 | 4.3 | 14.5 |  |  |  | 7.3 | 2.7 | 11.9 |
| 1 or more years of college | 13.6 | 9.0 | 18.1 | 59.9 | 40.4 | 79.3 | 10.7 | 7.0 | 14.4 |
| Employment Employed for wages | 13.1 | 8.5 | 17.7 | 59.1 | 39.5 | 78.7 | 6.7 | 3.6 | 9.8 |
| Household Income \$24,999 or less | 18.7 | 10.1 | 27.4 |  |  |  | 16.6 | 9.4 | 23.9 |
| \$25,000-49,999 | 11.7 | 5.3 | 18.1 |  |  |  | 10.3 | 5.0 | 15.6 |
| \$50,000 or more | 11.1 | 5.6 | 16.5 |  |  |  | 8.1 | 3.3 | 12.9 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Polk County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Polk County, 513 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Polk County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | Cl |  |
| All | 483,924 | 15,982,378 | 21.7 | 17.8 | 25.6 | 57.3 | 50.4 | 64.3 |
| Sex Men | 49.1\% | 48.8\% | 20.3 | 14.5 | 26.1 | 47.2 | 36.9 | 57.4 |
| Women | 50.9\% | 51.2\% | 22.8 | 17.6 | 28.1 | 69.0 | 60.3 | 77.7 |
| Race/ethnicity NH White | 74.7\% | 65.4\% | 20.3 | 16.1 | 24.5 | 58.7 | 50.7 | 66.6 |
| NH Black | 13.3\% | 14.2\% | 12.9 | 3.3 | 22.6 |  |  |  |
| Hispanic | 9.5\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 36.1\% | 31.9\% | 21.0 | 14.5 | 27.5 | 50.1 | 38.4 | 61.8 |
| NH White women | 38.6\% | 33.6\% | 19.6 | 14.2 | 25.0 | 69.4 | 59.5 | 79.3 |
| NH Black men | 6.5\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 6.8\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 5.2\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 4.3\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 34.7\% | 36.9\% | 15.7 | 10.2 | 21.3 | 50.7 | 41.8 | 59.6 |
| 45-64 | 22.5\% | 22.7\% | 24.2 | 16.8 | 31.6 | 70.5 | 59.4 | 81.7 |
| 65 and older | 18.3\% | 17.6\% | 29.4 | 21.2 | 37.7 |  |  |  |
| Marital Status Never married | 19.9\% | 22.5\% | 14.3 | 4.9 | 23.7 | 41.5 | 22.9 | 60.1 |
| Married/ living together as a couple | 56.7\% | 53.7\% | 19.4 | 14.6 | 24.3 | 59.8 | 51.1 | 68.5 |
| Divorced/ widowed/separated | 23.4\% | 23.8\% | 31.9 | 23.3 | 40.6 | 62.5 | 48.1 | 76.9 |
| Education 0-11 years | 25.2\% | 20.1\% | 51.0 | 39.3 | 62.8 | 42.9 | 23.2 | 62.6 |
| HS Grad/GED | 33.7\% | 28.7\% | 16.9 | 10.8 | 23.0 | 42.8 | 30.5 | 55.1 |
| 1 or more years of college | 41.1\% | 51.1\% | 13.1 | 8.5 | 17.7 | 69.8 | 61.2 | 78.4 |
| Employment Employed for wages | 54.4\% | 54.9\% | 13.2 | 8.6 | 17.7 | 57.3 | 50.4 | 64.3 |
| Household Income \$24,999 or less | 32.6\% | 30.8\% | 31.4 | 23.3 | 39.4 | 40.8 | 25.4 | 56.3 |
| \$25,000 - 49,999 | 34.5\% | 31.6\% | 15.9 | 9.8 | 22.0 | 64.1 | 53.8 | 74.4 |
| \$50,000 or more | 32.9\% | 37.6\% | 9.7 | 3.8 | 15.5 | 60.1 | 48.0 | 72.1 |

[^53]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 31.5 | 27.0 | 36.1 | 54.5 | 49.6 | 59.4 | 75.1 | 70.7 | 79.6 |
| Sex Men | 27.2 | 20.4 | 34.0 | 53.6 | 45.8 | 61.4 | 68.2 | 60.6 | 75.8 |
| Women | 35.2 | 29.2 | 41.3 | 55.2 | 49.0 | 61.5 | 81.1 | 76.4 | 85.9 |
| Race/ethnicity NH White | 29.9 | 25.0 | 34.8 | 52.3 | 46.9 | 57.7 | 73.6 | 68.5 | 78.6 |
| NH Black | 23.0 | 9.9 | 36.1 | 70.5 | 54.2 | 86.8 | 86.1 | 72.6 | 99.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 26.3 | 18.8 | 33.8 | 51.8 | 43.1 | 60.4 | 67.7 | 59.2 | 76.3 |
| NH White women | 33.2 | 26.7 | 39.7 | 52.8 | 46.0 | 59.6 | 78.9 | 73.5 | 84.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 29.6 | 22.4 | 36.8 | 44.5 | 36.9 | 52.1 | 67.7 | 60.1 | 75.3 |
| 45-64 | 27.7 | 20.1 | 35.3 | 61.7 | 53.1 | 70.3 | 80.6 | 73.6 | 87.6 |
| 65 and older | 39.7 | 30.9 | 48.5 | 64.6 | 56.0 | 73.3 | 82.6 | 75.8 | 89.3 |
| Marital Status Never married | 25.1 | 12.8 | 37.4 | 38.1 | 23.9 | 52.2 | 64.6 | 49.0 | 80.2 |
| Married/ living together as a couple | 25.5 | 20.0 | 31.0 | 55.4 | 49.2 | 61.6 | 76.0 | 70.6 | 81.5 |
| Divorced/ widowed/separated | 51.2 | 42.0 | 60.4 | 62.3 | 53.3 | 71.3 | 78.9 | 71.6 | 86.2 |
| Education 0-11 years | 58.8 | 47.3 | 70.4 | 66.8 | 55.7 | 77.9 | 84.9 | 76.5 | 93.3 |
| HS Grad/GED | 30.8 | 23.2 | 38.5 | 61.8 | 53.5 | 70.1 | 79.6 | 72.3 | 86.8 |
| 1 or more years of college | 21.2 | 15.2 | 27.2 | 43.7 | 36.6 | 50.8 | 67.8 | 60.8 | 74.8 |
| Employment Employed for wages | 25.2 | 19.0 | 31.4 | 49.2 | 42.3 | 56.2 | 68.6 | 61.8 | 75.4 |
| Household Income \$24,999 or less | 41.3 | 32.5 | 50.1 | 58.5 | 49.3 | 67.7 | 77.9 | 69.4 | 86.5 |
| \$25,000-49,999 | 27.8 | 20.3 | 35.3 | 55.9 | 47.8 | 64.0 | 73.7 | 66.6 | 80.8 |
| \$50,000 or more | 15.0 | 6.6 | 23.5 | 42.1 | 31.8 | 52.5 | 67.5 | 57.1 | 77.9 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 35.6 | 30.9 | 40.3 | 27.0 | 22.7 | 31.3 | 77.7 | 73.7 | 81.7 |
| Sex Men | 47.9 | 40.2 | 55.7 | 21.5 | 15.3 | 27.6 | 81.6 | 75.4 | 87.8 |
| Women | 25.1 | 19.7 | 30.4 | 31.7 | 25.8 | 37.7 | 74.3 | 69.0 | 79.6 |
| Race/ethnicity NH White | 36.3 | 31.1 | 41.6 | 24.8 | 20.3 | 29.4 | 76.6 | 72.0 | 81.2 |
| NH Black | 21.6 | 8.1 | 35.1 | 51.1 | 33.2 | 69.0 | 83.5 | 71.6 | 95.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 49.7 | 41.1 | 58.2 | 20.3 | 13.6 | 27.0 | 80.2 | 73.1 | 87.3 |
| NH White women | 24.2 | 18.5 | 29.8 | 29.0 | 22.8 | 35.1 | 73.3 | 67.4 | 79.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| \begin{tabular}{\||r|}
\hline
\end{tabular}$\quad$ Hispanic women | 29.9 | 22.8 | 37.0 | 28.2 | 21.4 | 35.1 | 77.7 | 71.2 | 84.3 |
|  | 46.9 | 37.9 | 55.9 | 29.9 | 21.8 | 38.1 | 83.0 | 76.9 | 89.1 |
|  | 33.8 | 25.4 | 42.1 | 20.8 | 13.5 | 28.1 | 70.7 | 62.6 | 78.9 |
| Marital Status Never married | 37.6 | 22.2 | 52.9 | 19.5 | 8.5 | 30.4 | 76.4 | 63.2 | 89.6 |
| Married/living together as a couple | 36.2 | 30.2 | 42.1 | 27.2 | 21.6 | 32.8 | 75.9 | 70.7 | 81.1 |
| Divorced/ widowed/separated | 32.8 | 24.2 | 41.4 | 31.1 | 22.6 | 39.7 | 83.4 | 76.6 | 90.2 |
| Education $0-11$ years <br> HS Grad/GED  | 28.4 | 17.6 | 39.1 | 35.2 | 24.2 | 46.2 | 86.8 | 78.5 | 95.0 |
|  | 36.5 | 28.4 | 44.6 | 29.3 | 21.7 | 36.9 | 77.4 | 70.2 | 84.6 |
|  | 38.4 | 31.4 | 45.4 | 22.0 | 16.0 | 28.0 | 74.3 | 68.3 | 80.3 |
| Employment Employed for wages | 36.0 | 29.3 | 42.8 | 27.9 | 21.8 | 34.0 | 77.2 | 71.4 | 83.0 |
| Household Income $\$ 24,999$ or less <br> $\$ 25,000-49,999$  <br> $\$ 50,000$ or more  | 33.5 | 24.8 | 42.2 | 30.3 | 22.1 | 38.6 | 80.3 | 73.0 | 87.6 |
|  | 36.9 | 28.9 | 44.8 | 27.0 | 19.6 | 34.4 | 74.7 | 67.6 | 81.8 |
|  | 38.2 | 27.9 | 48.6 | 26.4 | 17.1 | 35.7 | 74.9 | 66.0 | 83.8 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 28.8 | 24.3 | 33.4 | 54.6 | 44.9 | 64.2 | 11.1 | 7.9 | 14.4 |
| Sex Men | 34.4 | 26.9 | 41.8 | 48.9 | 34.9 | 62.9 | 18.5 | 12.3 | 24.7 |
| Women | 24.1 | 18.6 | 29.5 | 61.5 | 48.4 | 74.6 | 4.8 | 2.2 | 7.3 |
| Race/ethnicity NH White | 27.8 | 22.7 | 32.8 | 51.6 | 40.5 | 62.8 | 12.4 | 8.5 | 16.3 |
| NH Black | 17.3 | 4.9 | 29.6 |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 34.0 | 25.6 | 42.4 | 47.0 | 30.9 | 63.1 | 20.6 | 13.4 | 27.8 |
| NH White women | 22.1 | 16.3 | 27.9 | 58.1 | 42.8 | 73.5 | 4.9 | 2.1 | 7.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 37.6 | 30.1 | 45.1 | 52.9 | 39.8 | 65.9 | 16.1 | 10.2 | 21.9 |
|  | 27.8 | 19.6 | 36.0 | 58.6 | 40.3 | 76.9 | 9.8 | 4.5 | 15.0 |
|  | 12.6 | 6.7 | 18.6 |  |  |  | 3.2 | 0.0 | 6.4 |
| Marital Status $\quad$ Never married <br> Married/ living together as a couple | 43.2 | 28.1 | 58.3 |  |  |  | 16.8 | 3.7 | 29.9 |
|  | 21.6 | 16.4 | 26.8 | 52.3 | 38.4 | 66.3 | 10.6 | 6.8 | 14.5 |
| Divorced/ widowed/separated | 40.0 | 30.6 | 49.5 | 54.9 | 38.0 | 71.7 | 9.1 | 3.8 | 14.4 |
| Education 0-11 years | 44.6 | 33.0 | 56.3 | 49.8 | 31.4 | 68.2 | 8.9 | 1.9 | 15.8 |
| HS Grad/GED | 32.8 | 24.7 | 40.9 | 48.6 | 33.0 | 64.3 | 15.0 | 8.3 | 21.6 |
| 1 or more years of college | 19.4 | 13.4 | 25.4 | 67.3 | 49.7 | 84.9 | 9.2 | 5.1 | 13.3 |
| Employment Employed for wages | 32.5 | 25.8 | 39.2 | 53.6 | 40.6 | 66.6 | 16.0 | 10.7 | 21.3 |
| Household Income \$24,999 or less | 41.7 | 32.6 | 50.9 | 61.5 | 47.0 | 76.0 | 12.8 | 6.0 | 19.6 |
| \$25,000-49,999 | 22.9 | 16.1 | 29.8 | 53.8 | 36.2 | 71.4 | 13.6 | 7.7 | 19.4 |
| \$50,000 or more | 24.0 | 14.7 | 33.3 |  |  |  | 9.9 | 3.7 | 16.1 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 17.7 | 13.7 | 21.7 | 24.4 | 20.0 | 28.7 | 8.3 | 5.6 | 11.1 |
| Sex Men <br>  Women | 15.7 | 9.8 | 21.6 | 23.3 | 16.4 | 30.2 | 5.4 | 1.9 | 8.9 |
|  | 19.4 | 14.0 | 24.7 | 25.3 | 19.7 | 30.9 | 10.9 | 6.8 | 14.9 |
| Race/ethnicity NH White | 14.4 | 10.3 | 18.4 | 21.9 | 17.2 | 26.6 | 5.9 | 3.5 | 8.3 |
| NH Black | 30.2 | 13.5 | 46.9 | 24.5 | 9.2 | 39.7 | 2.9 | 0.0 | 7.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 13.1 | 6.8 | 19.4 | 21.6 | 14.0 | 29.2 | 4.0 | 0.8 | 7.3 |
| NH White women | 15.5 | 10.3 | 20.8 | 22.2 | 16.4 | 27.9 | 7.6 | 4.2 | 11.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 24.4 | 17.6 | 31.2 | 35.1 | 27.6 | 42.6 | 13.4 | 8.2 | 18.6 |
|  | 19.8 | 12.4 | 27.1 | 19.7 | 12.6 | 26.8 | 6.0 | 2.2 | 9.8 |
|  | 2.0 | 0.0 | 4.4 | 9.2 | 4.4 | 14.0 | 1.4 | 0.0 | 3.4 |
| Marital Status Never married | 30.8 | 16.3 | 45.2 | 49.8 | 34.5 | 65.0 | 5.2 | 0.0 | 10.7 |
| Married/ living together as a couple | 10.9 | 6.8 | 15.0 | 17.8 | 13.0 | 22.6 | 7.7 | 4.4 | 11.1 |
| Divorced/ widowed/separated | 28.5 | 19.6 | 37.4 | 27.5 | 19.0 | 35.9 | 11.9 | 5.1 | 18.7 |
| Education 0-11 years | 18.4 | 9.0 | 27.8 | 29.6 | 19.0 | 40.3 | 13.6 | 4.9 | 22.3 |
| HS Grad/GED | 28.8 | 20.6 | 37.1 | 34.4 | 25.9 | 42.9 | 8.0 | 3.3 | 12.7 |
| 1 or more years of college | 9.2 | 5.3 | 13.2 | 14.2 | 9.4 | 19.0 | 6.5 | 3.4 | 9.7 |
| Employment Employed for wages | 18.8 | 13.1 | 24.4 | 25.0 | 18.8 | 31.3 | 6.7 | 3.2 | 10.2 |
| Household Income \$24,999 or less | 31.0 | 22.2 | 39.9 | 38.0 | 28.8 | 47.2 | 17.7 | 10.7 | 24.6 |
| \$25,000 - 49,999 | 15.2 | 9.2 | 21.2 | 22.2 | 15.2 | 29.1 | 4.6 | 1.2 | 7.9 |
| \$50,000 or more | 1.8 | 0.0 | 4.4 | 6.5 | 2.1 | 10.9 | 3.8 | 0.0 | 7.6 |



| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 84.2 | 80.5 | 88.0 | 92.4 | 89.5 | 95.3 | 36.2 | 31.2 | 41.3 |
| Sex Men | 87.9 | 82.6 | 93.2 | 91.8 | 87.1 | 96.5 | 37.5 | 29.6 | 45.4 |
| Women | 81.0 | 75.7 | 86.3 | 92.9 | 89.5 | 96.4 | 35.0 | 28.4 | 41.6 |
| Race/ethnicity NH White | 86.5 | 82.6 | 90.4 | 92.3 | 89.1 | 95.4 | 39.7 | 34.0 | 45.3 |
| NH Black | 78.4 | 62.5 | 94.3 | 92.7 | 81.2 | 100.0 | 15.5 | 3.2 | 27.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 90.6 | 85.1 | 96.1 | 91.8 | 86.7 | 96.9 | 42.4 | 33.6 | 51.2 |
| NH White women | 82.7 | 77.3 | 88.1 | 92.8 | 89.1 | 96.4 | 37.0 | 29.8 | 44.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 74.3 | 67.4 | 81.3 | 88.8 | 82.9 | 94.6 | 21.4 | 14.0 | 28.8 |
| 45-64 | 89.5 | 84.1 | 94.9 | 91.9 | 87.1 | 96.8 | 42.6 | 33.1 | 52.1 |
| 65 and older | 96.6 | 93.6 | 99.6 | 98.5 | 96.3 | 100.0 | 50.8 | 41.6 | 60.1 |
| Marital Status Never married | 77.1 | 64.8 | 89.4 | 82.6 | 69.1 | 96.1 | 27.1 | 10.9 | 43.3 |
| Married/ living together as a couple | 87.0 | 82.6 | 91.4 | 94.2 | 91.0 | 97.3 | 35.9 | 29.5 | 42.3 |
| Divorced/ widowed/separated | 80.9 | 72.6 | 89.2 | 92.9 | 88.2 | 97.6 | 43.0 | 33.1 | 52.9 |
| Education 0-11 years | 81.6 | 72.4 | 90.8 | 94.2 | 87.1 | 100.0 | 36.5 | 23.6 | 49.5 |
| HS Grad/GED | 79.7 | 72.7 | 86.8 | 91.4 | 85.6 | 97.3 | 39.2 | 30.1 | 48.3 |
| 1 or more years of college | 88.5 | 83.4 | 93.5 | 92.3 | 88.6 | 96.0 | 34.6 | 27.5 | 41.8 |
| Employment Employed for wages | 80.7 | 74.9 | 86.4 | 89.2 | 84.4 | 94.0 | 26.3 | 19.6 | 32.9 |
| Household Income \$24,999 or less | 80.3 | 72.6 | 88.0 | 88.9 | 82.0 | 95.9 | 40.9 | 31.0 | 50.8 |
| \$25,000 - 49,999 | 84.3 | 78.0 | 90.7 | 95.3 | 91.9 | 98.7 | 36.2 | 27.7 | 44.8 |
| \$50,000 or more | 91.7 | 86.1 | 97.4 | 92.0 | 86.2 | 97.8 | 28.7 | 18.7 | 38.8 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 13.2 | 9.8 | 16.5 | 75.5 | 63.7 | 87.3 | 7.3 | 4.9 | 9.6 |
| Sex Men | 9.2 | 4.8 | 13.7 |  |  |  | 7.8 | 3.9 | 11.6 |
| Women | 16.5 | 11.7 | 21.3 | 79.1 | 65.6 | 92.6 | 6.9 | 4.0 | 9.7 |
| Race/ethnicity NH White | 13.1 | 9.4 | 16.8 | 82.6 | 71.8 | 93.4 | 7.6 | 4.9 | 10.2 |
| NH Black | 7.9 | 0.0 | 17.0 |  |  |  | 4.3 | 0.0 | 9.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 8.5 | 3.8 | 13.2 |  |  |  | 7.4 | 3.2 | 11.6 |
| NH White women | 17.3 | 11.8 | 22.8 | 82.4 | 69.6 | 95.3 | 7.8 | 4.4 | 11.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 15.4 | 10.0 | 20.9 | 70.5 | 52.3 | 88.8 | 3.9 | 1.0 | 6.7 |
| 45-64 | 11.3 | 5.8 | 16.8 |  |  |  | 10.7 | 5.4 | 16.0 |
| 65 and older | 11.3 | 5.1 | 17.5 |  |  |  | 9.5 | 4.7 | 14.3 |
| Marital Status Never married | 12.0 | 3.2 | 20.7 |  |  |  |  |  |  |
| Married/ living together as a couple | 12.7 | 8.7 | 16.7 | 76.2 | 61.6 | 90.7 |  |  |  |
| Divorced/ widowed/separated | 15.3 | 7.3 | 23.2 |  |  |  |  |  |  |
| Education 0-11 years | 18.5 | 9.3 | 27.8 |  |  |  | 13.6 | 6.0 | 21.2 |
| HS Grad/GED | 10.0 | 5.0 | 15.1 |  |  |  | 8.0 | 4.1 | 12.0 |
| 1 or more years of college | 13.5 | 8.6 | 18.4 | 67.8 | 48.3 | 87.2 | 4.2 | 1.5 | 6.9 |
| Employment Employed for wages | 12.1 | 7.5 | 16.6 | 62.8 | 42.8 | 82.9 | 4.3 | 1.7 | 7.0 |
| Household Income \$24,999 or less | 14.5 | 8.1 | 20.9 |  |  |  | 9.1 | 4.5 | 13.7 |
| \$25,000-49,999 | 12.6 | 7.1 | 18.1 |  |  |  | 7.7 | 3.5 | 11.9 |
| \$50,000 or more | 14.9 | 7.6 | 22.2 |  |  |  | 2.5 | 0.0 | 5.4 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Putnam County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Putnam County, 511 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Putnam County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 70,423 | 15,982,378 | 24.3 | 20.1 | 28.5 | 51.4 | 43.4 | 59.5 |
| Sex Men | 49.4\% | 48.8\% | 22.6 | 15.9 | 29.2 | 44.5 | 32.1 | 56.8 |
| Women | 50.6\% | 51.2\% | 25.8 | 20.5 | 31.1 | 58.3 | 48.5 | 68.2 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 75.4\% | 65.4\% | 23.1 | 18.5 | 27.7 | 54.3 | 45.3 | 63.3 |
| NH Black | 16.9\% | 14.2\% | 30.9 | 17.6 | 44.1 |  |  |  |
| Hispanic | 5.9\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 37.4\% | 31.9\% | 21.5 | 14.2 | 28.8 | 50.4 | 36.6 | 64.3 |
| NH White women | 38.0\% | 33.6\% | 24.6 | 19.0 | 30.3 | 58.5 | 47.4 | 69.6 |
| NH Black men | 8.0\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 8.9\% | 7.4\% | 24.2 | 7.9 | 40.5 |  |  |  |
| Hispanic men | 3.2\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.7\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 31.9\% | 36.9\% | 12.8 | 7.5 | 18.1 | 45.3 | 34.6 | 55.9 |
| 45-64 | 25.1\% | 22.7\% | 31.4 | 23.4 | 39.4 | 58.8 | 46.3 | 71.2 |
| 65 and older | 18.5\% | 17.6\% | 33.5 | 25.0 | 41.9 |  |  |  |
| Marital Status Never married | 20.1\% | 22.5\% | 9.3 | 2.4 | 16.2 | 34.3 | 14.6 | 54.1 |
| Married/ living together as a couple | 56.0\% | 53.7\% | 23.0 | 17.1 | 28.8 | 53.6 | 42.8 | 64.3 |
| Divorced/ widowed/separated | 23.9\% | 23.8\% | 34.2 | 26.7 | 41.6 | 57.9 | 43.5 | 72.4 |
| Education 0-11 years | 29.6\% | 20.1\% | 40.7 | 29.4 | 52.1 | 42.3 | 22.8 | 61.8 |
| HS Grad/GED | 37.3\% | 28.7\% | 18.9 | 12.8 | 24.9 | 47.9 | 35.4 | 60.4 |
| 1 or more years of college | 33.0\% | 51.1\% | 21.6 | 15.2 | 27.9 | 60.0 | 48.2 | 71.8 |
| Employment Employed for wages | 47.8\% | 54.9\% | 8.7 | 4.8 | 12.7 | 51.4 | 43.4 | 59.5 |
| Household Income \$24,999 or less | 44.3\% | 30.8\% | 38.3 | 31.1 | 45.6 | 45.8 | 30.6 | 61.0 |
| \$25,000 - 49,999 | 31.2\% | 31.6\% | 15.4 | 9.4 | 21.4 | 49.2 | 35.6 | 62.7 |
| \$50,000 or more | 24.4\% | 37.6\% | 7.4 | 0.5 | 14.4 | 56.9 | 41.7 | 72.2 |

[^54]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 33.3 | 28.3 | 38.2 | 55.7 | 50.5 | 61.0 | 81.8 | 77.7 | 85.8 |
| Sex Men | 29.0 | 20.8 | 37.2 | 55.0 | 46.4 | 63.6 | 78.7 | 71.9 | 85.4 |
| Women | 37.1 | 31.1 | 43.0 | 56.4 | 50.1 | 62.7 | 84.5 | 79.7 | 89.3 |
| Race/ethnicity NH White | 30.9 | 25.5 | 36.2 | 52.3 | 46.5 | 58.1 | 79.6 | 74.8 | 84.4 |
| NH Black | 43.0 | 28.7 | 57.4 | 69.3 | 55.9 | 82.7 | 87.4 | 78.0 | 96.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 25.3 | 16.5 | 34.0 | 51.6 | 42.1 | 61.0 | 76.5 | 68.6 | 84.4 |
| NH White women | 36.1 | 29.6 | 42.6 | 53.1 | 46.1 | 60.0 | 82.4 | 76.7 | 88.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 47.6 | 28.5 | 66.7 | 74.0 | 56.9 | 91.0 | 93.4 | 83.6 | 100.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 30.2 | 21.5 | 38.9 | 47.9 | 39.0 | 56.9 | 72.6 | 64.7 | 80.6 |
| 45-64 | 34.5 | 26.3 | 42.7 | 61.4 | 53.2 | 69.6 | 86.1 | 80.4 | 91.8 |
| 65 and older | 35.9 | 27.3 | 44.6 | 60.7 | 51.9 | 69.5 | 90.6 | 85.4 | 95.7 |
| Marital Status Never married | 20.6 | 10.1 | 31.1 | 55.7 | 39.5 | 71.8 | 73.7 | 58.0 | 89.4 |
| Married/ living together as a couple | 29.0 | 22.0 | 35.9 | 53.4 | 46.2 | 60.7 | 82.1 | 76.9 | 87.3 |
| Divorced/ widowed/separated | 47.7 | 39.5 | 55.9 | 61.8 | 53.8 | 69.8 | 84.3 | 78.0 | 90.6 |
| Education 0-11 years | 52.6 | 40.6 | 64.6 | 69.7 | 59.0 | 80.5 | 88.1 | 79.6 | 96.5 |
| HS Grad/GED | 35.7 | 27.7 | 43.7 | 53.0 | 44.8 | 61.2 | 81.0 | 74.6 | 87.4 |
| 1 or more years of college | 18.9 | 13.0 | 24.7 | 51.2 | 42.9 | 59.4 | 79.0 | 72.3 | 85.7 |
| Employment Employed for wages | 26.7 | 19.1 | 34.3 | 55.5 | 47.5 | 63.4 | 77.9 | 71.6 | 84.3 |
| Household Income \$24,999 or less | 43.7 | 36.3 | 51.1 | 61.1 | 53.7 | 68.5 | 87.7 | 82.8 | 92.7 |
| \$25,000-49,999 | 30.5 | 20.5 | 40.6 | 49.8 | 39.8 | 59.8 | 79.1 | 70.9 | 87.3 |
| \$50,000 or more | 15.7 | 7.0 | 24.3 | 50.6 | 37.3 | 63.8 | 76.8 | 65.7 | 88.0 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 30.3 | 25.8 | 34.9 | 30.8 | 25.8 | 35.9 | 76.6 | 72.2 | 80.9 |
| Sex Men | 37.1 | 29.3 | 44.9 | 29.4 | 20.8 | 38.0 | 81.6 | 74.8 | 88.4 |
| Women | 24.3 | 18.9 | 29.6 | 32.1 | 26.4 | 37.9 | 72.1 | 66.5 | 77.6 |
| Race/ethnicity NH White | 31.4 | 26.3 | 36.5 | 27.8 | 22.3 | 33.3 | 73.9 | 68.9 | 79.0 |
| NH Black | 23.8 | 11.8 | 35.8 | 47.6 | 33.1 | 62.2 | 84.4 | 73.7 | 95.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 40.0 | 31.2 | 48.8 | 25.9 | 16.6 | 35.2 | 78.0 | 69.9 | 86.1 |
| NH White women | 23.4 | 17.8 | 28.9 | 29.6 | 23.3 | 35.8 | 70.1 | 63.8 | 76.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 15.1 | 2.6 | 27.5 | 56.4 | 37.7 | 75.1 | 70.0 | 51.5 | 88.4 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 26.0 | 18.4 | 33.6 | 27.7 | 19.0 | 36.5 | 81.2 | 74.3 | 88.1 |
| 45-64 | 34.2 | 26.4 | 41.9 | 33.2 | 24.5 | 41.8 | 75.2 | 67.4 | 83.0 |
| 65 and older | 33.2 | 24.5 | 41.8 | 31.6 | 23.1 | 40.1 | 71.1 | 63.1 | 79.2 |
| Marital Status Never married | 26.6 | 11.9 | 41.4 | 21.4 | 10.3 | 32.4 | 68.6 | 53.0 | 84.2 |
| Married/ living together as a couple | 29.9 | 23.8 | 36.1 | 32.8 | 25.6 | 40.1 | 77.5 | 71.7 | 83.3 |
| Divorced/ widowed/separated | 33.4 | 25.7 | 41.2 | 30.3 | 22.8 | 37.8 | 77.6 | 70.9 | 84.2 |
| Education 0-11 years | 30.3 | 19.6 | 41.0 | 38.9 | 26.9 | 51.0 | 85.3 | 76.7 | 94.0 |
| HS Grad/GED | 28.9 | 22.1 | 35.7 | 29.3 | 21.4 | 37.2 | 80.9 | 74.9 | 86.9 |
| 1 or more years of college | 32.2 | 24.6 | 39.9 | 28.0 | 20.4 | 35.6 | 66.0 | 58.0 | 74.0 |
| Employment Employed for wages | 31.0 | 24.1 | 37.9 | 30.8 | 22.9 | 38.8 | 78.2 | 71.7 | 84.6 |
| Household Income \$24,999 or less | 24.9 | 18.4 | 31.5 | 34.1 | 27.0 | 41.3 | 78.2 | 72.0 | 84.4 |
| \$25,000-49,999 | 32.9 | 24.2 | 41.7 | 30.8 | 20.6 | 40.9 | 78.9 | 70.9 | 86.8 |
| \$50,000 or more | 34.0 | 22.2 | 45.8 | 23.5 | 11.3 | 35.8 | 64.1 | 51.2 | 77.0 |




| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & 12-15 \end{aligned}$ | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 80.1 | 75.7 | 84.4 | 93.0 | 90.3 | 95.6 | 35.8 | 30.5 | 41.2 |
| Sex Men | 77.4 | 70.2 | 84.6 | 91.7 | 87.2 | 96.1 | 33.9 | 25.1 | 42.8 |
| Women | 82.5 | 77.5 | 87.5 | 94.1 | 90.9 | 97.2 | 37.4 | 31.0 | 43.9 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 83.0 | 78.8 | 87.2 | 92.5 | 89.5 | 95.5 | 37.0 | 31.0 | 43.0 |
| NH Black | 73.7 | 60.2 | 87.2 | 95.3 | 88.3 | 100.0 | 32.5 | 16.9 | 48.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 81.6 | 74.9 | 88.3 | 92.5 | 88.0 | 97.0 | 33.7 | 24.0 | 43.4 |
| NH White women | 84.3 | 79.2 | 89.4 | 92.5 | 88.5 | 96.4 | 40.0 | 32.8 | 47.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 75.8 | 58.3 | 93.4 |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 65.3 | 56.9 | 73.8 | 91.5 | 85.7 | 97.3 | 11.3 | 5.1 | 17.4 |
| 45-64 | 87.2 | 80.3 | 94.0 | 91.5 | 87.4 | 95.6 | 44.9 | 35.8 | 53.9 |
| 65 and older | 93.9 | 89.7 | 98.0 | 96.3 | 92.6 | 100.0 | 51.6 | 42.1 | 61.2 |
| Marital Status Never married | 69.2 | 54.4 | 84.0 | 92.5 | 83.0 | 100.0 | 12.1 | 0.5 | 23.7 |
| Married/ living together as a couple | 82.1 | 76.4 | 87.9 | 92.7 | 89.2 | 96.1 | 37.4 | 30.0 | 44.8 |
| Divorced/ widowed/separated | 80.9 | 73.9 | 87.8 | 95.0 | 91.0 | 98.9 | 41.5 | 32.8 | 50.2 |
| Education 0-11 years | 70.4 | 58.1 | 82.8 | 96.0 | 91.2 | 100.0 | 37.1 | 24.6 | 49.6 |
| HS Grad/GED | 81.6 | 75.7 | 87.5 | 89.1 | 84.0 | 94.2 | 32.8 | 24.6 | 40.9 |
| 1 or more years of college | 83.6 | 77.3 | 89.9 | 96.2 | 93.4 | 98.9 | 38.9 | 30.3 | 47.5 |
| Employment Employed for wages | 71.7 | 64.5 | 79.0 | 90.8 | 86.2 | 95.4 | 25.7 | 18.4 | 32.9 |
| Household Income \$24,999 or less | 80.5 | 74.3 | 86.7 | 95.1 | 91.5 | 98.7 | 39.2 | 31.0 | 47.3 |
| \$25,000-49,999 | 77.6 | 69.6 | 85.6 | 90.5 | 84.9 | 96.0 | 31.5 | 21.7 | 41.2 |
| \$50,000 or more | 94.8 | 88.9 | 100.0 | 93.4 | 87.2 | 99.6 | 33.5 | 21.5 | 45.5 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 14.7 | 11.3 | 18.1 | 58.4 | 45.8 | 71.1 | 11.4 | 8.2 | 14.7 |
| Sex Men <br>  Women | 12.8 | 7.6 | 18.0 |  |  |  | 13.9 | 8.2 | 19.7 |
|  | 16.4 | 11.9 | 20.8 | 70.0 | 55.6 | 84.3 | 9.2 | 5.8 | 12.7 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 15.3 | 11.5 | 19.2 | 57.9 | 44.1 | 71.6 | 11.8 | 8.0 | 15.5 |
| NH Black | 12.6 | 2.7 | 22.4 |  |  |  | 11.0 | 2.4 | 19.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 14.3 | 8.4 | 20.3 |  |  |  | 14.5 | 7.8 | 21.1 |
| NH White women | 16.3 | 11.3 | 21.2 | 69.5 | 53.6 | 85.5 | 9.3 | 5.4 | 13.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 15.4 | 1.5 | 29.2 |  |  |  | 8.1 | 0.0 | 18.2 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 15.0 | 9.1 | 20.9 |  |  |  | 2.3 | 0.0 | 4.8 |
|  | 11.9 | 6.9 | 16.8 |  |  |  | 16.4 | 9.5 | 23.3 |
|  | 18.6 | 11.6 | 25.6 |  |  |  | 20.0 | 12.7 | 27.4 |
| Marital Status Never married | 20.1 | 7.6 | 32.6 |  |  |  | 0.8 | 0.0 | 2.3 |
| Married/ living together as a couple | 11.4 | 7.4 | 15.5 | 52.9 | 33.3 | 72.5 | 13.3 | 8.4 | 18.2 |
| Divorced/ widowed/separated | 18.6 | 12.3 | 24.8 | 75.0 | 57.2 | 92.8 | 12.4 | 7.5 | 17.3 |
| Education 0-11 years | 20.2 | 11.5 | 28.8 |  |  |  | 11.8 | 5.4 | 18.1 |
| HS Grad/GED | 13.3 | 8.3 | 18.3 | 37.5 | 19.1 | 56.0 | 12.0 | 6.4 | 17.5 |
| 1 or more years of college | 13.3 | 7.9 | 18.6 |  |  |  | 10.5 | 5.5 | 15.5 |
| Employment Employed for wages | 12.0 | 7.1 | 16.9 |  |  |  | 4.1 | 1.6 | 6.7 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 15.0 | 10.0 | 20.1 | 71.5 | 53.2 | 89.8 | 14.5 | 9.2 | 19.7 |
|  | 16.2 | 9.4 | 23.1 |  |  |  | 7.9 | 3.2 | 12.5 |
|  | 13.2 | 4.8 | 21.6 |  |  |  | 8.7 | 1.6 | 15.9 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Santa Rosa County 

# A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey 

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Santa Rosa County, 514 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Santa Rosa County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | Cl |  |
| All | 117,743 | 15,982,378 | 15.9 | 11.9 | 19.8 | 59.5 | 53.1 | 66.0 |
| Sex Men | 50.2\% | 48.8\% | 15.0 | 9.7 | 20.2 | 50.5 | 41.5 | 59.6 |
| Women | 49.8\% | 51.2\% | 16.8 | 10.9 | 22.6 | 70.4 | 61.7 | 79.1 |
| Race/ethnicity NH White | 89.1\% | 65.4\% | 15.4 | 11.3 | 19.6 | 59.6 | 52.8 | 66.4 |
| NH Black | 4.2\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 2.5\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 44.5\% | 31.9\% | 14.8 | 9.3 | 20.2 | 51.6 | 42.1 | 61.0 |
| NH White women | 44.6\% | 33.6\% | 16.0 | 9.8 | 22.3 | 70.0 | 60.8 | 79.2 |
| NH Black men | 2.4\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 1.7\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.3\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 1.2\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 38.3\% | 36.9\% | 9.9 | 5.5 | 14.2 | 57.3 | 48.6 | 66.0 |
| 45-64 | 24.1\% | 22.7\% | 14.7 | 9.4 | 20.0 | 62.9 | 53.0 | 72.9 |
| 65 and older | 11.0\% | 17.6\% | 37.8 | 23.3 | 52.3 |  |  |  |
| Marital Status Never married | 18.0\% | 22.5\% | 13.2 | 1.5 | 24.9 | 58.7 | 38.0 | 79.5 |
| Married/ living together as a couple | 62.8\% | 53.7\% | 11.6 | 7.8 | 15.3 | 59.8 | 52.0 | 67.7 |
| Divorced/ widowed/separated | 19.2\% | 23.8\% | 32.7 | 21.1 | 44.4 | 58.6 | 45.0 | 72.2 |
| Education 0-11 years | 14.6\% | 20.1\% | 32.5 | 12.8 | 52.2 |  |  |  |
| HS Grad/GED | 29.2\% | 28.7\% | 17.5 | 10.8 | 24.3 | 41.8 | 28.5 | 55.1 |
| 1 or more years of college | 56.2\% | 51.1\% | 11.8 | 7.0 | 16.7 | 67.3 | 59.9 | 74.6 |
| Employment Employed for wages | 55.1\% | 54.9\% | 6.6 | 3.5 | 9.6 | 59.5 | 53.1 | 66.0 |
| Household Income \$24,999 or less | 26.9\% | 30.8\% | 35.9 | 23.6 | 48.2 | 47.4 | 27.6 | 67.1 |
| \$25,000 - 49,999 | 32.4\% | 31.6\% | 13.1 | 6.9 | 19.2 | 60.0 | 48.8 | 71.1 |
| \$50,000 or more | 40.7\% | 37.6\% | 4.7 | 1.4 | 8.0 | 62.9 | 53.3 | 72.5 |

[^55]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 25.4 | 19.7 | 31.1 | 55.3 | 49.9 | 60.6 | 75.6 | 71.3 | 80.0 |
| Sex Men | 24.7 | 15.1 | 34.3 | 51.9 | 43.3 | 60.6 | 70.9 | 63.7 | 78.0 |
| Women | 26.1 | 19.8 | 32.4 | 58.6 | 52.1 | 65.2 | 80.4 | 75.2 | 85.6 |
| Race/ethnicity NH White | 22.7 | 18.2 | 27.3 | 53.9 | 48.6 | 59.1 | 75.0 | 70.4 | 79.5 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 19.3 | 13.3 | 25.2 | 50.5 | 42.8 | 58.3 | 69.6 | 62.5 | 76.7 |
| NH White women | 26.1 | 19.4 | 32.8 | 57.1 | 50.0 | 64.1 | 80.1 | 74.6 | 85.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 19.4 | 9.9 | 28.9 | 53.2 | 44.7 | 61.7 | 68.5 | 61.2 | 75.9 |
| 45-64 | 28.7 | 21.6 | 35.9 | 56.9 | 49.1 | 64.6 | 81.9 | 75.9 | 87.8 |
| 65 and older | 39.9 | 25.7 | 54.1 | 59.1 | 46.4 | 71.8 | 85.6 | 77.3 | 93.9 |
| Marital Status Never married | 10.0 | 2.6 | 17.3 | 46.8 | 29.6 | 64.0 | 57.3 | 40.3 | 74.4 |
| Married/ living together as a couple | 23.6 | 16.3 | 30.9 | 55.2 | 48.5 | 61.8 | 76.8 | 71.6 | 82.0 |
| Divorced/ widowed/separated | 40.2 | 28.9 | 51.4 | 60.0 | 50.0 | 70.0 | 80.9 | 73.4 | 88.5 |
| Education 0-11 years | 53.9 | 29.3 | 78.4 | 67.7 | 47.6 | 87.8 | 79.1 | 63.3 | 94.9 |
| HS Grad/GED | 31.4 | 23.0 | 39.8 | 60.8 | 51.7 | 69.9 | 80.6 | 72.8 | 88.3 |
| 1 or more years of college | 17.2 | 12.0 | 22.4 | 50.6 | 44.3 | 56.9 | 73.0 | 67.6 | 78.5 |
| Employment Employed for wages | 19.9 | 14.9 | 24.8 | 48.9 | 42.6 | 55.3 | 67.6 | 61.7 | 73.5 |
| Household Income \$24,999 or less | 42.3 | 30.2 | 54.4 | 61.2 | 50.0 | 72.5 | 80.0 | 71.0 | 89.1 |
| \$25,000-49,999 | 24.1 | 10.3 | 38.0 | 58.1 | 47.3 | 69.0 | 74.3 | 65.4 | 83.2 |
| \$50,000 or more | 16.4 | 10.5 | 22.3 | 49.7 | 41.5 | 57.9 | 71.2 | 63.9 | 78.4 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 35.2 | 30.3 | 40.1 | 21.0 | 16.9 | 25.1 | 77.9 | 73.8 | 82.0 |
| Sex Men | 44.0 | 35.8 | 52.3 | 24.0 | 17.2 | 30.8 | 82.4 | 76.9 | 87.9 |
| Women | 26.2 | 20.6 | 31.9 | 17.9 | 13.2 | 22.7 | 73.3 | 67.5 | 79.2 |
| Race/ethnicity NH White | 36.8 | 31.8 | 41.7 | 21.7 | 17.4 | 26.0 | 77.2 | 73.0 | 81.4 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 46.7 | 39.0 | 54.3 | 25.5 | 18.4 | 32.5 | 81.0 | 75.2 | 86.7 |
| NH White women | 27.1 | 21.1 | 33.2 | 18.0 | 13.0 | 23.0 | 73.6 | 67.4 | 79.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 31.6 | 24.3 | 38.9 | 18.1 | 12.2 | 24.1 | 80.8 | 74.9 | 86.8 |
| 45-64 | 41.0 | 33.3 | 48.7 | 25.6 | 18.8 | 32.3 | 73.6 | 66.8 | 80.4 |
| 65 and older | 35.5 | 23.7 | 47.2 | 19.3 | 8.5 | 30.1 | 78.3 | 68.9 | 87.6 |
| Marital Status Never married | 24.6 | 11.0 | 38.2 | 19.7 | 5.5 | 33.8 | 87.2 | 75.4 | 98.9 |
| Married/ living together as a couple | 37.4 | 31.2 | 43.6 | 21.7 | 16.7 | 26.8 | 77.2 | 72.1 | 82.3 |
| Divorced/ widowed/separated | 32.8 | 23.5 | 42.1 | 19.0 | 11.1 | 26.9 | 75.4 | 67.3 | 83.5 |
| Education 0-11 years | 14.5 | 3.7 | 25.3 | 19.3 | 4.7 | 33.8 | 91.5 | 83.0 | 99.9 |
| HS Grad/GED | 33.4 | 24.6 | 42.2 | 27.6 | 18.9 | 36.2 | 80.5 | 73.3 | 87.8 |
| 1 or more years of college | 40.2 | 34.1 | 46.3 | 18.5 | 13.8 | 23.3 | 73.9 | 68.6 | 79.3 |
| Employment Employed for wages | 41.0 | 34.8 | 47.2 | 20.2 | 15.1 | 25.4 | 78.1 | 73.0 | 83.2 |
| Household Income \$24,999 or less | 31.4 | 21.5 | 41.4 | 26.6 | 16.0 | 37.1 | 84.4 | 76.7 | 92.1 |
| \$25,000-49,999 | 33.8 | 24.0 | 43.6 | 14.6 | 8.6 | 20.7 | 81.3 | 74.2 | 88.4 |
| \$50,000 or more | 42.9 | 34.8 | 51.0 | 18.8 | 12.3 | 25.4 | 72.1 | 64.8 | 79.4 |




## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) <br> $12-15$ |  |
| :---: | :---: |
| All |  |
| Sex | Men |
|  | Women |
| Race/ethnicity | NH White |
|  | NH Black |
|  | Hispanic |
| Race/ethnicity-Sex | NH White men |
|  | NH White women |
|  | NH Black men |
|  | NH Black women |
|  | Hispanic men |
|  | Hispanic women |
| Age | 18-44 |
|  | 45-64 |
|  | 65 and older |
| Marital Status | Never married |
| Married/ living together as a couple |  |
| Divorced/ widowed/separated |  |
| Education | 0-11 years |
| HS Grad/GED |  |
| 1 or more years of college |  |
| Employment | Employed for wages |
| Household Income | \$24,999 or less |
|  | \$25,000-49,999 |
|  | \$50,000 or more |


| Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| \% | CI |  | \% | Cl |  |
| 81.4 | 75.7 | 87.1 | 90.2 | 87.0 | 93.5 |
| 80.6 | 70.5 | 90.7 | 90.8 | 86.5 | 95.2 |
| 82.2 | 77.0 | 87.5 | 89.7 | 84.9 | 94.5 |
| 83.9 | 79.8 | 87.9 | 90.2 | 86.7 | 93.6 |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| 85.0 | 78.9 | 91.0 | 90.5 | 85.9 | 95.2 |
| 82.9 | 77.5 | 88.2 | 89.8 | 84.7 | 94.8 |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| 68.9 | 59.2 | 78.5 | 85.4 | 79.1 | 91.7 |
| 93.5 | 89.6 | 97.5 | 92.7 | 88.6 | 96.7 |
| 95.6 | 90.2 | 100.0 | 97.0 | 93.5 | 100.0 |
| 63.0 | 45.8 | 80.2 | 84.6 | 70.5 | 98.7 |
| 81.1 | 73.6 | 88.6 | 90.4 | 86.4 | 94.5 |
| 91.9 | 86.8 | 97.1 | 91.6 | 86.3 | 97.0 |
| 54.0 | 26.7 | 81.2 | 98.0 | 94.0 | 100.0 |
| 77.6 | 69.2 | 86.0 | 89.2 | 82.2 | 96.1 |
| 88.8 | 84.7 | 92.8 | 89.7 | 85.7 | 93.7 |
| 83.0 | 78.2 | 87.7 | 86.3 | 81.4 | 91.2 |
| 78.1 | 68.6 | 87.5 | 90.5 | 84.2 | 96.8 |
| 79.6 | 64.7 | 94.4 | 90.3 | 84.5 | 96.1 |
| 86.5 | 80.7 | 92.3 | 89.3 | 83.5 | 95.0 |

Blood cholesterol is
high

| \% | Cl |  |
| :---: | :---: | :---: |
| 30.9 | 26.1 | 35.8 |
| 28.4 | 21.4 | 35.4 |
| 33.6 | 26.9 | 40.2 |
| 30.4 | 25.3 | 35.4 |

Chronic Health Conditions: Asthma \& Diabetes

| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 10.0 | 4.8 | 15.2 | 70.8 | 50.6 | 90.9 | 7.7 | 5.1 | 10.3 |
| Sex Men | 9.9 | 0.1 | 19.8 |  |  |  | 5.8 | 2.2 | 9.4 |
| Women | 10.1 | 6.5 | 13.7 | 59.6 | 40.0 | 79.1 | 9.6 | 5.9 | 13.4 |
| Race/ethnicity NH White | 7.7 | 5.2 | 10.1 | 58.7 | 41.5 | 75.8 | 8.1 | 5.3 | 10.9 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 5.3 | 2.2 | 8.4 |  |  |  | 6.2 | 2.3 | 10.2 |
| NH White women | 10.0 | 6.2 | 13.8 | 57.7 | 36.5 | 79.0 | 9.9 | 5.8 | 14.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 13.0 | 3.4 | 22.6 |  |  |  | 3.4 | 0.7 | 6.1 |
| 45-64 | 8.7 | 4.8 | 12.5 |  |  |  | 9.9 | 5.4 | 14.5 |
| 65 and older | 3.6 | 0.0 | 7.7 |  |  |  | 17.0 | 6.8 | 27.2 |
| Marital Status Never married | 3.0 | 0.0 | 6.6 |  |  |  | 3.5 | 0.0 | 10.4 |
| Married/ living together as a couple | 11.2 | 4.0 | 18.4 |  |  |  | 8.1 | 5.0 | 11.2 |
| Divorced/ widowed/separated | 9.5 | 4.8 | 14.2 |  |  |  | 8.5 | 1.7 | 15.3 |
| Education 0-11 years | 26.3 | 0.0 | 59.8 |  |  |  | 12.2 | 0.0 | 24.8 |
| HS Grad/GED | 8.7 | 3.8 | 13.7 |  |  |  | 10.5 | 4.9 | 16.1 |
| 1 or more years of college | 7.4 | 4.4 | 10.3 |  |  |  | 5.6 | 3.0 | 8.2 |
| Employment Employed for wages | 7.5 | 4.4 | 10.6 |  |  |  | 3.2 | 1.3 | 5.1 |
| Household Income \$24,999 or less | 8.6 | 3.9 | 13.3 |  |  |  | 14.2 | 5.9 | 22.4 |
| \$25,000-49,999 | 15.6 | 1.0 | 30.2 |  |  |  | 5.9 | 1.8 | 10.0 |
| \$50,000 or more | 6.2 | 2.1 | 10.3 |  |  |  | 5.3 | 1.7 | 8.9 |




| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For respondents 64 years and younger . . . |  |  |  |  |  |  |  |  |
|  |        <br> Ever been tested for HIV       <br>        <br> $\%$ Cl      |  |  | If yes, the test was done |  |  | In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use. |  |  |
|  |  |  |  | \% | Cl |  | \% | Cl |  |
| All | 48.4 | 42.2 | 54.6 | 83.1 | 76.1 | 90.1 | 10.3 | 4.2 | 16.5 |
| Sex Men | 52.2 | 42.5 | 61.9 | 83.1 | 70.5 | 95.7 | 14.6 | 3.4 | 25.9 |
| Women | 44.4 | 37.0 | 51.8 | 83.1 | 77.5 | 88.8 | 5.9 | 2.5 | 9.3 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 46.7 | 40.9 | 52.5 | 86.2 | 82.1 | 90.3 | 6.7 | 3.9 | 9.5 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 49.2 | 40.6 | 57.8 | 89.6 | 84.1 | 95.1 | 8.8 | 4.1 | 13.5 |
| NH White women | 44.2 | 36.3 | 52.0 | 82.7 | 76.7 | 88.8 | 4.6 | 1.4 | 7.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 59.2 | 50.9 | 67.6 | 80.4 | 69.5 | 91.3 | 14.8 | 5.1 | 24.5 |
| 45-64 | 32.2 | 24.8 | 39.6 | 86.8 | 80.8 | 92.8 | 3.7 | 0.8 | 6.6 |
| 65 and older |  |  |  |  |  |  |  |  |  |
| Marital Status Never married | 35.8 | 20.6 | 51.0 | 91.4 | 81.7 | 100.0 | 19.0 | 5.0 | 32.9 |
| Married/ living together as a couple | 49.1 | 41.3 | 56.9 | 81.9 | 72.7 | 91.0 | 9.1 | 0.9 | 17.3 |
| Divorced/ widowed/A80separated | 55.0 | 43.7 | 66.2 | 82.5 | 73.2 | 91.8 | 9.5 | 3.1 | 15.9 |
| Education 0-11 years | 67.7 | 42.0 | 93.4 |  |  |  | 35.8 | 0.0 | 76.5 |
| HS Grad/GED | 41.1 | 30.2 | 52.0 | 88.9 | 82.1 | 95.7 | 6.8 | 1.1 | 12.5 |
| 1 or more years of college | 48.2 | 41.5 | 54.8 | 85.9 | 81.0 | 90.7 | 7.2 | 3.8 | 10.5 |
| Employment Employed for wages | 48.5 | 41.9 | 55.0 | 86.9 | 82.3 | 91.4 | 7.1 | 3.9 | 10.4 |
| Household Income \$24,999 or less | 42.0 | 28.8 | 55.2 | 89.2 | 81.3 | 97.2 | 7.9 | 2.5 | 13.2 |
| \$25,000-49,999 | 58.4 | 46.3 | 70.6 | 76.4 | 59.1 | 93.8 | 19.3 | 2.8 | 35.7 |
| \$50,000 or more | 45.1 | 36.3 | 53.8 | 83.4 | 76.6 | 90.2 | 5.7 | 1.7 | 9.8 |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Sarasota County 

# A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey 

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Sarasota County, 511 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Sarasota County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 325,957 | 15,982,378 | 14.4 | 11.0 | 17.8 | 55.7 | 47.9 | 63.5 |
| Sex Men | 47.4\% | 48.8\% | 17.1 | 11.5 | 22.6 | 50.8 | 38.4 | 63.2 |
| Women | 52.6\% | 51.2\% | 12.1 | 8.1 | 16.1 | 60.7 | 50.9 | 70.5 |
| Race/ethnicity NH White | 89.8\% | 65.4\% | 14.4 | 10.9 | 17.9 | 58.2 | 49.9 | 66.5 |
| NH Black | 4.1\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 4.3\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 42.3\% | 31.9\% | 16.2 | 10.6 | 21.8 | 52.7 | 39.5 | 65.9 |
| NH White women | 47.4\% | 33.6\% | 12.8 | 8.4 | 17.1 | 63.9 | 53.4 | 74.4 |
| NH Black men | 1.9\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 2.2\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 2.3\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 2.1\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 26.7\% | 36.9\% | 4.4 | 1.2 | 7.7 | 53.3 | 41.8 | 64.8 |
| 45-64 | 25.6\% | 22.7\% | 16.7 | 9.8 | 23.6 | 58.4 | 47.1 | 69.8 |
| 65 and older | 31.5\% | 17.6\% | 21.0 | 14.2 | 27.8 |  |  |  |
| Marital Status Never married | 15.5\% | 22.5\% | 6.2 | 0.4 | 12.1 | 48.5 | 27.8 | 69.1 |
| Married/ living together as a couple | 58.9\% | 53.7\% | 15.1 | 10.4 | 19.8 | 60.8 | 50.4 | 71.2 |
| Divorced/ widowed/separated | 25.6\% | 23.8\% | 16.1 | 9.7 | 22.4 | 47.3 | 33.5 | 61.2 |
| Education 0-11 years | 12.9\% | 20.1\% | 25.6 | 2.1 | 49.2 |  |  |  |
| HS Grad/GED | 30.1\% | 28.7\% | 12.7 | 7.1 | 18.4 | 46.7 | 32.0 | 61.4 |
| 1 or more years of college | 57.0\% | 51.1\% | 13.7 | 9.7 | 17.6 | 63.4 | 54.4 | 72.4 |
| Employment Employed for wages | 48.6\% | 54.9\% | 6.0 | 2.6 | 9.5 | 55.7 | 47.9 | 63.5 |
| Household Income \$24,999 or less | 26.4\% | 30.8\% | 20.3 | 11.6 | 29.0 | 44.6 | 25.3 | 64.0 |
| \$25,000-49,999 | 32.6\% | 31.6\% | 17.9 | 11.0 | 24.8 | 51.9 | 38.5 | 65.3 |
| \$50,000 or more | 41.1\% | 37.6\% | 5.2 | 1.4 | 9.0 | 66.4 | 54.6 | 78.2 |

[^56]



## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterolchecked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 86.9 | 83.2 | 90.5 | 93.0 | 90.4 | 95.7 | 37.8 | 32.1 | 43.5 |
| Sex Men | 84.8 | 78.6 | 91.0 | 93.6 | 89.6 | 97.6 | 41.6 | 33.1 | 50.2 |
| Women | 88.7 | 84.6 | 92.9 | 92.5 | 89.1 | 96.0 | 34.6 | 27.2 | 42.0 |
| Race/ethnicity NH White | 88.7 | 85.1 | 92.2 | 93.6 | 91.1 | 96.2 | 39.3 | 33.3 | 45.4 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 88.1 | 82.4 | 93.8 | 93.8 | 89.6 | 97.9 | 43.5 | 34.6 | 52.4 |
| NH White women | 89.1 | 84.8 | 93.5 | 93.5 | 90.4 | 96.7 | 35.7 | 27.8 | 43.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 73.1 | 64.3 | 81.8 | 87.8 | 80.8 | 94.8 | 23.1 | 13.0 | 33.2 |
| 45-64 | 88.4 | 82.2 | 94.6 | 95.0 | 91.2 | 98.8 | 48.1 | 38.7 | 57.5 |
| 65 and older | 97.1 | 94.5 | 99.6 | 94.8 | 91.5 | 98.2 | 40.0 | 30.0 | 49.9 |
| Marital Status Never married | 66.0 | 49.5 | 82.5 | 89.6 | 79.9 | 99.3 | 21.8 | 7.5 | 36.1 |
| Married/ living together as a couple | 89.6 | 85.4 | 93.9 | 93.5 | 90.1 | 96.9 | 40.7 | 33.6 | 47.7 |
| Divorced/ widowed/separated | 88.8 | 83.0 | 94.6 | 93.0 | 88.3 | 97.6 | 35.8 | 24.5 | 47.2 |
| Education 0-11 years | 74.3 | 49.8 | 98.8 |  |  |  |  |  |  |
| HS Grad/GED | 83.1 | 76.3 | 89.9 | 89.7 | 83.5 | 95.9 | 35.4 | 25.7 | 45.2 |
| 1 or more years of college | 90.7 | 86.6 | 94.8 | 94.5 | 91.8 | 97.2 | 40.2 | 33.8 | 46.7 |
| Employment Employed for wages | 79.5 | 72.9 | 86.1 | 92.0 | 87.7 | 96.4 | 32.7 | 24.8 | 40.7 |
| Household Income \$24,999 or less | 88.0 | 81.3 | 94.8 | 91.7 | 86.0 | 97.5 | 30.7 | 18.5 | 42.9 |
| \$25,000-49,999 | 87.8 | 81.8 | 93.8 | 91.4 | 86.2 | 96.5 | 42.8 | 33.0 | 52.6 |
| \$50,000 or more | 86.7 | 79.1 | 94.2 | 93.7 | 88.6 | 98.8 | 36.7 | 26.8 | 46.5 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 9.2 | 6.0 | 12.5 | 43.9 | 25.7 | 62.1 | 7.7 | 5.3 | 10.1 |
| Sex Men | 8.1 | 2.5 | 13.7 |  |  |  | 9.1 | 5.1 | 13.2 |
| Women | 10.3 | 6.7 | 13.9 | 61.3 | 43.1 | 79.5 | 6.4 | 3.5 | 9.3 |
| Race/ethnicity NH White | 8.7 | 5.4 | 12.0 | 46.7 | 26.4 | 67.0 | 7.9 | 5.3 | 10.5 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 6.7 | 1.1 | 12.3 |  |  |  | 9.4 | 5.1 | 13.7 |
| NH White women | 10.4 | 6.6 | 14.3 | 63.7 | 45.0 | 82.5 | 6.6 | 3.5 | 9.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 16.6 | 8.4 | 24.8 |  |  |  | 1.5 | 0.0 | 3.7 |
| 45-64 | 9.6 | 4.8 | 14.4 |  |  |  | 5.1 | 1.2 | 9.1 |
| 65 and older | 2.8 | 0.7 | 4.8 |  |  |  | 15.0 | 9.4 | 20.6 |
| Marital Status Never married | 25.5 | 9.6 | 41.4 |  |  |  | 2.3 | 0.0 | 5.6 |
| Married/ living together as a couple | 7.4 | 3.4 | 11.4 |  |  |  | 8.8 | 5.2 | 12.4 |
| Divorced/ widowed/separated | 7.1 | 3.3 | 10.9 |  |  |  | 7.6 | 3.9 | 11.3 |
| Education 0-11 years | 9.2 | 0.0 | 24.2 |  |  |  | 5.1 | 0.0 | 12.7 |
| HS Grad/GED | 7.5 | 1.3 | 13.6 |  |  |  | 8.4 | 3.9 | 13.0 |
| 1 or more years of college | 10.2 | 6.4 | 14.0 | 47.6 | 27.3 | 67.9 | 7.7 | 4.6 | 10.8 |
| Employment Employed for wages | 11.0 | 5.3 | 16.6 |  |  |  | 2.5 | 0.3 | 4.7 |
| Household Income \$24,999 or less | 8.0 | 2.9 | 13.2 |  |  |  | 11.5 | 5.5 | 17.5 |
| \$25,000-49,999 | 10.8 | 3.9 | 17.6 |  |  |  | 10.8 | 5.0 | 16.5 |
| \$50,000 or more | 9.5 | 3.3 | 15.7 |  |  |  | 1.4 | 0.0 | 3.4 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 17.6 | 13.6 | 21.5 | 19.7 | 15.6 | 23.7 | 22.6 | 18.3 | 26.8 |
| Sex Men | 18.9 | 12.7 | 25.1 | 20.6 | 14.3 | 27.0 | 17.2 | 11.4 | 23.1 |
| Women | 16.4 | 11.5 | 21.4 | 18.8 | 13.6 | 24.1 | 27.3 | 21.0 | 33.6 |
|  | 18.2 | 14.0 | 22.4 | 20.1 | 15.8 | 24.4 | 22.6 | 18.1 | 27.1 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 19.2 | 12.5 | 25.8 | 20.6 | 13.9 | 27.4 | 16.5 | 10.3 | 22.8 |
|  | 17.4 | 12.0 | 22.7 | 19.6 | 14.0 | 25.2 | 27.9 | 21.3 | 34.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 12.1 | 5.9 | 18.2 | 18.2 | 11.2 | 25.1 | 22.6 | 14.7 | 30.5 |
|  | 22.2 | 14.4 | 30.0 | 22.2 | 14.4 | 30.0 | 22.3 | 15.0 | 29.7 |
|  | 17.7 | 11.4 | 24.1 | 17.7 | 11.5 | 24.0 | 21.9 | 14.8 | 29.0 |
| Marital Status Never married | 8.3 | 0.0 | 17.0 | 15.6 | 5.0 | 26.2 | 15.9 | 4.9 | 26.9 |
| Married/ living together as a couple | 23.1 | 17.4 | 28.8 | 22.3 | 16.6 | 27.9 | 24.3 | 18.5 | 30.1 |
| Divorced/ widowed/separated | 9.9 | 5.2 | 14.6 | 16.1 | 9.7 | 22.4 | 21.1 | 13.6 | 28.7 |
| Education <br> HS Grad/GED | 16.5 | 0.0 | 33.7 | 15.7 | 0.0 | 32.0 | 18.6 | 0.5 | 36.8 |
|  | 16.4 | 9.8 | 23.0 | 21.4 | 14.1 | 28.7 | 21.6 | 14.5 | 28.7 |
|  | 18.3 | 13.3 | 23.3 | 19.4 | 14.4 | 24.4 | 23.6 | 18.2 | 29.1 |
| Employment Employed for wages | 13.1 | 8.1 | 18.1 | 16.8 | 11.4 | 22.2 | 20.7 | 14.8 | 26.6 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 19.8 | 11.0 | 28.6 | 26.9 | 16.5 | 37.2 | 27.2 | 16.7 | 37.8 |
|  | 15.5 | 8.9 | 22.1 | 19.1 | 11.8 | 26.3 | 24.0 | 16.2 | 31.8 |
|  | 17.5 | 10.0 | 24.9 | 15.9 | 8.8 | 22.9 | 16.8 | 9.6 | 24.0 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 33.6 | 28.6 | 38.5 | 0.4 | 0.0 | 0.9 | 32.2 | 26.1 | 38.2 |
| Sex Men | 35.2 | 27.6 | 42.7 | 0.2 | 0.0 | 0.6 | 28.1 | 21.0 | 35.2 |
| Women | 32.2 | 25.6 | 38.7 | 0.6 | 0.0 | 1.4 | 35.7 | 26.6 | 44.8 |
| Race/ethnicity | 35.0 | 29.6 | 40.3 | 0.3 | 0.0 | 0.8 | 33.6 | 27.2 | 40.1 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 37.4 | 29.3 | 45.5 |  |  |  | 29.0 | 21.5 | 36.6 |
| NH White women | 32.9 | 25.9 | 39.8 |  |  |  | 37.5 | 27.9 | 47.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 12.4 | 5.6 | 19.3 | 0.5 | 0.0 | 1.2 | 9.0 | 2.6 | 15.3 |
|  | 24.4 | 16.9 | 31.8 |  |  |  | 12.8 | 7.2 | 18.4 |
|  | 56.9 | 45.2 | 68.6 | 0.6 | 0.0 | 1.9 | 67.6 | 58.4 | 76.7 |
| Marital Status Never married | 20.5 | 8.6 | 32.4 | 1.4 | 0.0 | 3.5 | 10.2 | 2.8 | 17.5 |
| Married/ living together as a couple | 34.6 | 28.2 | 41.1 | 0.4 | 0.0 | 1.2 | 30.5 | 24.2 | 36.8 |
| Divorced/ widowed/separated | 35.9 | 25.7 | 46.0 |  |  |  | 43.9 | 30.2 | 57.6 |
| Education $0-11$ years <br> HS Grad/GED  | 20.1 | 1.5 | 38.7 |  |  |  | 50.8 | 13.2 | 88.4 |
|  | 34.6 | 25.8 | 43.3 |  |  |  | 29.7 | 21.3 | 38.1 |
|  | 35.0 | 29.2 | 40.9 |  |  |  | 30.6 | 24.9 | 36.4 |
| Employment Employed for wages | 19.4 | 13.5 | 25.3 | 0.3 | 0.0 | 0.8 | 10.9 | 5.9 | 15.9 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 32.0 | 20.8 | 43.1 | 1.3 | 0.0 | 3.3 | 41.8 | 25.3 | 58.3 |
|  | 37.1 | 28.0 | 46.2 |  |  |  | 29.4 | 20.8 | 38.0 |
|  | 25.8 | 17.8 | 33.7 | 0.2 | 0.0 | 0.6 | 22.5 | 14.7 | 30.3 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Seminole County 

# A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey 

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Seminole County, 501 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Seminole County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.
Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | CI |  |
| All | 365,196 | 15,982,378 | 8.9 | 6.2 | 11.5 | 70.9 | 64.5 | 77.3 |
| Sex Men | 49.0\% | 48.8\% | 7.0 | 3.7 | 10.4 | 65.1 | 55.1 | 75.1 |
| Women | 51.0\% | 51.2\% | 10.4 | 6.5 | 14.3 | 77.5 | 70.1 | 84.8 |
| Race/ethnicity NH White | 75.2\% | 65.4\% | 9.7 | 6.8 | 12.7 | 70.1 | 62.9 | 77.3 |
| NH Black | 9.2\% | 14.2\% | 3.6 | 0.0 | 8.9 |  |  |  |
| Hispanic | 11.2\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 37.0\% | 31.9\% | 7.9 | 3.9 | 11.9 | 64.1 | 53.1 | 75.1 |
| NH White women | 38.3\% | 33.6\% | 11.4 | 7.1 | 15.7 | 77.4 | 69.2 | 85.5 |
| NH Black men | 4.4\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.8\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 5.5\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 5.7\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 40.4\% | 36.9\% | 3.3 | 1.1 | 5.4 | 70.4 | 61.5 | 79.3 |
| 45-64 | 23.6\% | 22.7\% | 12.5 | 6.4 | 18.6 | 72.5 | 62.9 | 82.1 |
| 65 and older | 10.6\% | 17.6\% | 20.9 | 12.1 | 29.7 |  |  |  |
| Marital Status Never married | 24.1\% | 22.5\% | 8.6 | 2.0 | 15.1 | 58.1 | 36.6 | 79.7 |
| Married/ living together as a couple | 56.3\% | 53.7\% | 6.1 | 3.2 | 8.9 | 73.5 | 65.9 | 81.1 |
| Divorced/ widowed/separated | 19.7\% | 23.8\% | 18.4 | 10.5 | 26.4 | 70.8 | 57.9 | 83.6 |
| Education 0-11 years | 11.3\% | 20.1\% |  |  |  |  |  |  |
| HS Grad/GED | 24.4\% | 28.7\% | 6.9 | 2.9 | 10.9 | 63.8 | 47.5 | 80.1 |
| 1 or more years of college | 64.3\% | 51.1\% | 8.5 | 5.2 | 11.8 | 74.8 | 68.2 | 81.4 |
| Employment Employed for wages | 67.5\% | 54.9\% | 6.1 | 3.4 | 8.8 | 70.9 | 64.5 | 77.3 |
| Household Income \$24,999 or less | 20.2\% | 30.8\% | 23.6 | 13.6 | 33.5 | 61.2 | 43.7 | 78.8 |
| \$25,000 - 49,999 | 30.5\% | 31.6\% | 6.2 | 1.9 | 10.4 | 57.1 | 43.8 | 70.3 |
| \$50,000 or more | 49.3\% | 37.6\% | 4.9 | 1.6 | 8.1 | 80.8 | 73.4 | 88.2 |

[^57]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 22.8 | 18.4 | 27.3 | 52.1 | 46.9 | 57.3 | 73.8 | 69.1 | 78.5 |
| Sex Men | 21.4 | 14.6 | 28.2 | 53.4 | 45.1 | 61.8 | 72.7 | 65.1 | 80.4 |
| Women | 24.0 | 18.2 | 29.9 | 51.0 | 44.5 | 57.5 | 74.7 | 68.9 | 80.5 |
| Race/ethnicity NH White | 19.1 | 14.9 | 23.4 | 50.4 | 44.7 | 56.0 | 73.5 | 68.3 | 78.8 |
| NH Black | 28.7 | 8.2 | 49.3 |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 19.3 | 12.5 | 26.1 | 49.1 | 39.8 | 58.3 | 71.0 | 62.1 | 79.9 |
| NH White women | 19.0 | 13.6 | 24.3 | 51.5 | 44.6 | 58.4 | 75.8 | 69.7 | 81.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 19.8 | 14.0 | 25.6 | 45.4 | 38.1 | 52.7 | 62.5 | 55.2 | 69.7 |
| 45-64 | 27.7 | 18.6 | 36.7 | 59.0 | 50.1 | 67.8 | 86.1 | 80.4 | 91.8 |
| 65 and older | 24.9 | 15.5 | 34.4 | 63.5 | 51.4 | 75.6 | 91.4 | 85.2 | 97.6 |
| Marital Status Never married | 15.9 | 6.9 | 24.9 | 36.6 | 22.9 | 50.2 | 50.4 | 35.3 | 65.5 |
| Married/ living together as a couple | 21.7 | 16.0 | 27.4 | 53.8 | 47.3 | 60.3 | 79.4 | 74.3 | 84.5 |
| Divorced/ widowed/separated | 32.3 | 22.6 | 42.1 | 57.4 | 47.4 | 67.4 | 72.1 | 62.5 | 81.7 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 25.9 | 16.0 | 35.9 | 48.3 | 36.6 | 60.0 | 66.5 | 55.0 | 78.0 |
| 1 or more years of college | 21.4 | 16.2 | 26.6 | 54.1 | 48.2 | 60.1 | 75.6 | 70.4 | 80.7 |
| Employment Employed for wages | 20.0 | 14.9 | 25.2 | 51.6 | 45.0 | 58.2 | 72.1 | 65.9 | 78.3 |
| Household Income \$24,999 or less | 41.7 | 29.6 | 53.8 | 63.0 | 51.9 | 74.0 | 80.2 | 71.2 | 89.3 |
| \$25,000-49,999 | 23.8 | 15.4 | 32.1 | 50.7 | 40.6 | 60.9 | 70.5 | 60.7 | 80.4 |
| \$50,000 or more | 12.8 | 7.1 | 18.4 | 49.0 | 40.9 | 57.1 | 72.6 | 65.6 | 79.6 |

Risk Factors: Overweight and Nutrition

| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 31.6 | 26.9 | 36.3 | 22.7 | 18.3 | 27.0 | 78.3 | 74.4 | 82.3 |
| Sex Men | 39.3 | 31.5 | 47.1 | 24.7 | 17.8 | 31.7 | 83.3 | 77.8 | 88.9 |
| Women | 25.1 | 19.4 | 30.7 | 20.9 | 15.4 | 26.4 | 74.1 | 68.6 | 79.6 |
| Race/ethnicity NH White | 30.0 | 25.1 | 35.0 | 23.3 | 18.6 | 28.0 | 77.1 | 72.7 | 81.5 |
| NH Black | 33.5 | 12.7 | 54.4 | 30.5 | 11.0 | 50.0 | 88.0 | 77.3 | 98.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 39.5 | 30.9 | 48.1 | 26.3 | 18.6 | 34.0 | 82.2 | 75.8 | 88.6 |
| NH White women | 21.5 | 16.1 | 26.9 | 20.6 | 14.9 | 26.3 | 72.4 | 66.4 | 78.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 30.2 | 23.8 | 36.7 | 19.0 | 13.2 | 24.9 | 82.3 | 77.2 | 87.4 |
| 45-64 | 35.3 | 26.5 | 44.1 | 27.6 | 19.4 | 35.7 | 75.6 | 68.3 | 82.9 |
| 65 and older | 31.3 | 19.9 | 42.7 | 25.8 | 14.7 | 36.8 | 71.4 | 60.9 | 81.9 |
| Marital Status Never married | 21.5 | 10.6 | 32.3 | 15.2 | 6.3 | 24.0 | 83.1 | 73.7 | 92.6 |
| Married/ living together as a couple | 34.7 | 28.6 | 40.8 | 25.4 | 19.6 | 31.3 | 78.3 | 73.3 | 83.3 |
| Divorced/ widowed/separated | 28.9 | 20.1 | 37.7 | 19.0 | 12.0 | 26.0 | 75.6 | 67.0 | 84.1 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 34.4 | 23.4 | 45.3 | 16.7 | 9.0 | 24.4 | 82.9 | 75.1 | 90.7 |
| 1 or more years of college | 31.1 | 25.8 | 36.4 | 24.8 | 19.4 | 30.1 | 76.8 | 72.1 | 81.5 |
| Employment Employed for wages | 32.6 | 26.5 | 38.7 | 21.3 | 16.1 | 26.5 | 79.0 | 74.0 | 84.0 |
| Household Income \$24,999 or less | 30.9 | 20.6 | 41.2 | 29.9 | 18.5 | 41.3 | 83.1 | 75.7 | 90.6 |
| \$25,000-49,999 | 28.3 | 19.3 | 37.3 | 20.8 | 12.9 | 28.7 | 80.9 | 74.0 | 87.9 |
| \$50,000 or more | 35.4 | 27.8 | 43.0 | 25.1 | 17.8 | 32.3 | 78.4 | 72.0 | 84.8 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 19.5 | 15.1 | 23.9 | 53.7 | 40.7 | 66.7 | 17.4 | 12.9 | 21.8 |
| Sex Men | 23.3 | 15.5 | 31.1 | 59.2 | 38.9 | 79.6 | 24.9 | 16.9 | 32.9 |
| Women | 16.3 | 11.7 | 20.8 | 46.9 | 31.3 | 62.5 | 11.0 | 6.8 | 15.2 |
| Race/ethnicity $\quad$ NH White | 23.5 | 18.1 | 28.8 | 51.2 | 37.4 | 65.1 | 19.1 | 13.9 | 24.2 |
| NH Black | 9.0 | 0.0 | 18.7 |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 27.6 | 18.3 | 36.9 | 58.2 | 36.2 | 80.1 | 27.8 | 18.8 | 36.9 |
| NH White women | 19.7 | 14.3 | 25.2 | 42.5 | 27.2 | 57.8 | 11.0 | 6.5 | 15.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 21.1 | 14.6 | 27.7 | 56.1 | 37.6 | 74.6 | 23.4 | 16.4 | 30.3 |
|  | 21.5 | 13.7 | 29.3 |  |  |  | 12.6 | 6.0 | 19.2 |
|  | 8.9 | 2.6 | 15.2 |  |  |  | 5.8 | 0.5 | 11.0 |
| Marital Status Never married <br> Married/ living together as a couple  | 29.8 | 14.3 | 45.3 |  |  |  | 42.8 | 26.8 | 58.8 |
|  | 18.2 | 12.9 | 23.4 | 56.3 | 40.2 | 72.4 | 13.4 | 8.6 | 18.3 |
| Divorced/ widowed/separated | 15.6 | 8.3 | 22.9 |  |  |  | 12.3 | 5.0 | 19.7 |
| Education $0-11$ years <br> HS Grad/GED  |  |  |  |  |  |  |  |  |  |
|  | 30.3 | 18.5 | 42.0 | 48.2 | 22.3 | 74.1 | 29.8 | 17.4 | 42.2 |
|  | 15.5 | 11.1 | 19.9 | 58.4 | 42.8 | 73.9 | 13.5 | 9.3 | 17.7 |
| Employment Employed for wages | 21.8 | 15.9 | 27.7 | 48.0 | 31.9 | 64.1 | 22.6 | 16.3 | 28.8 |
| Household Income \$24,999 or less | 16.2 | 8.8 | 23.5 |  |  |  | 14.4 | 6.4 | 22.4 |
| \$25,000-49,999 | 28.0 | 18.2 | 37.7 | 47.0 | 24.8 | 69.2 | 23.2 | 12.9 | 33.5 |
| \$50,000 or more | 14.4 | 8.4 | 20.3 |  |  |  | 14.5 | 8.8 | 20.1 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 15.4 | 11.2 | 19.5 | 20.7 | 16.1 | 25.3 | 6.6 | 4.1 | 9.2 |
| Sex Men <br>  Women | 16.8 | 9.9 | 23.7 | 24.7 | 16.8 | 32.6 | 4.0 | 1.2 | 6.9 |
|  | 14.2 | 9.3 | 19.0 | 17.2 | 12.1 | 22.3 | 8.9 | 4.9 | 12.9 |
| Race/ethnicity NH White | 12.0 | 7.9 | 16.0 | 19.0 | 14.1 | 23.9 | 4.7 | 2.7 | 6.7 |
| NH Black | 25.1 | 4.7 | 45.6 | 18.0 | 0.0 | 36.5 | 10.8 | 0.0 | 24.0 |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 14.7 | 7.2 | 22.2 | 23.2 | 14.5 | 31.9 | 2.7 | 0.1 | 5.2 |
| NH White women | 9.5 | 5.7 | 13.2 | 15.2 | 10.4 | 19.9 | 6.6 | 3.6 | 9.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 19.5 | 13.1 | 26.0 | 26.9 | 19.8 | 34.0 | 7.1 | 3.7 | 10.5 |
|  | 14.5 | 7.8 | 21.3 | 17.4 | 10.3 | 24.5 | 8.3 | 2.8 | 13.8 |
|  |  |  |  | 4.4 | 0.0 | 9.9 | 0.7 | 0.0 | 2.1 |
| Marital Status <br> Married/living together as a couple | 29.5 | 13.6 | 45.4 | 41.9 | 26.3 | 57.5 | 4.2 | 0.6 | 7.9 |
|  | 12.7 | 8.0 | 17.4 | 17.3 | 11.9 | 22.8 | 5.9 | 2.9 | 8.9 |
| Divorced/ widowed/separated | 14.0 | 7.6 | 20.5 | 16.8 | 9.4 | 24.2 | 10.6 | 3.2 | 18.1 |
| Education $0-11$ years <br> HS Grad/GED  |  |  |  |  |  |  |  |  |  |
|  | 29.3 | 17.8 | 40.9 | 33.6 | 21.2 | 46.0 | 9.3 | 3.2 | 15.4 |
|  | 10.3 | 6.5 | 14.2 | 15.8 | 11.5 | 20.1 | 5.9 | 3.0 | 8.8 |
| Employment Employed for wages | 15.0 | 9.6 | 20.3 | 22.1 | 16.0 | 28.2 | 5.8 | 2.9 | 8.8 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 25.7 | 14.4 | 37.0 | 25.1 | 13.4 | 36.8 | 12.9 | 4.1 | 21.7 |
|  | 25.2 | 15.7 | 34.7 | 30.6 | 20.5 | 40.8 | 7.2 | 2.5 | 11.9 |
|  | 4.2 | 1.1 | 7.3 | 12.5 | 7.5 | 17.6 | 4.9 | 1.3 | 8.5 |



## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 82.3 | 77.7 | 86.9 | 90.3 | 87.1 | 93.5 | 26.7 | 22.1 | 31.2 |
| Sex Men | 77.0 | 68.9 | 85.1 | 92.6 | 88.0 | 97.2 | 30.4 | 22.6 | 38.2 |
| Women | 86.9 | 82.1 | 91.6 | 88.5 | 84.1 | 93.0 | 23.9 | 18.4 | 29.5 |
| Race/ethnicity NH White | 83.4 | 78.4 | 88.4 | 90.3 | 86.8 | 93.7 | 29.0 | 23.9 | 34.2 |
| NH Black | 76.6 | 56.6 | 96.7 |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 76.8 | 67.7 | 86.0 | 94.0 | 89.7 | 98.3 | 31.7 | 23.1 | 40.2 |
| NH White women | 89.3 | 85.3 | 93.4 | 87.3 | 82.2 | 92.4 | 27.0 | 20.7 | 33.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 74.3 | 67.1 | 81.5 | 85.7 | 79.9 | 91.5 | 16.3 | 10.6 | 21.9 |
| 45-64 | 88.9 | 81.7 | 96.1 | 94.5 | 91.1 | 98.0 | 34.1 | 25.5 | 42.6 |
| 65 and older | 96.6 | 93.0 | 100.0 | 94.6 | 88.6 | 100.0 | 42.3 | 29.9 | 54.8 |
| Marital Status Never married | 62.4 | 46.3 | 78.6 | 89.2 | 79.6 | 98.9 | 6.1 | 0.0 | 12.5 |
| Married/ living together as a couple | 85.0 | 79.6 | 90.5 | 90.5 | 86.4 | 94.6 | 27.0 | 21.2 | 32.8 |
| Divorced/ widowed/separated | 86.5 | 78.6 | 94.3 | 90.5 | 84.8 | 96.3 | 35.8 | 25.9 | 45.7 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 75.4 | 62.9 | 87.8 | 91.3 | 85.0 | 97.7 | 18.3 | 10.5 | 26.1 |
| 1 or more years of college | 85.2 | 80.6 | 89.9 | 90.0 | 86.2 | 93.8 | 29.5 | 23.9 | 35.2 |
| Employment Employed for wages | 79.1 | 72.8 | 85.4 | 87.1 | 82.3 | 91.9 | 25.7 | 19.8 | 31.6 |
| Household Income \$24,999 or less | 75.0 | 63.1 | 86.9 | 92.2 | 85.4 | 99.0 | 39.1 | 26.7 | 51.4 |
| \$25,000-49,999 | 75.7 | 65.6 | 85.9 | 91.0 | 85.6 | 96.5 | 16.8 | 9.7 | 23.8 |
| \$50,000 or more | 92.4 | 87.9 | 96.8 | 89.3 | 83.7 | 94.9 | 30.2 | 22.6 | 37.7 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 12.3 | 9.0 | 15.6 | 65.7 | 52.3 | 79.1 | 5.0 | 3.0 | 7.0 |
| Sex Men | 8.8 | 4.2 | 13.5 |  |  |  | 5.3 | 2.0 | 8.7 |
| Women | 15.3 | 10.7 | 19.9 | 71.4 | 57.1 | 85.8 | 4.7 | 2.2 | 7.2 |
| Race/ethnicity NH White | 11.9 | 8.5 | 15.3 | 70.6 | 56.7 | 84.4 | 6.2 | 3.6 | 8.8 |
| NH Black | 7.2 | 0.0 | 16.2 |  |  |  | 3.6 | 0.0 | 11.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 5.9 | 1.8 | 9.9 |  |  |  | 6.0 | 2.0 | 9.9 |
| NH White women | 17.2 | 12.0 | 22.5 | 74.7 | 60.5 | 88.9 | 6.4 | 3.1 | 9.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 11.8 | 7.7 | 16.0 | 56.2 | 37.3 | 75.0 | 2.0 | 0.0 | 4.1 |
| 45-64 | 13.8 | 6.9 | 20.8 |  |  |  | 3.4 | 0.8 | 6.0 |
| 65 and older | 10.5 | 2.8 | 18.1 |  |  |  | 20.5 | 10.3 | 30.6 |
| Marital Status Never married | 9.5 | 2.3 | 16.6 |  |  |  | 0.7 | 0.0 | 2.1 |
| Married/ living together as a couple | 12.2 | 8.1 | 16.4 | 54.2 | 35.6 | 72.9 | 5.7 | 2.9 | 8.6 |
| Divorced/ widowed/separated | 14.0 | 6.2 | 21.7 |  |  |  | 5.8 | 2.0 | 9.6 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 11.7 | 5.5 | 17.9 |  |  |  |  |  |  |
| 1 or more years of college | 11.9 | 7.8 | 15.9 | 69.5 | 53.4 | 85.7 |  |  |  |
| Employment Employed for wages | 11.7 | 7.8 | 15.7 | 62.7 | 45.1 | 80.3 | 3.0 | 0.9 | 5.2 |
| Household Income \$24,999 or less | 20.6 | 10.6 | 30.6 |  |  |  | 7.1 | 2.4 | 11.8 |
| \$25,000-49,999 | 10.5 | 5.2 | 15.8 |  |  |  | 8.2 | 3.0 | 13.4 |
| \$50,000 or more | 10.9 | 5.5 | 16.4 |  |  |  | 2.0 | 0.1 | 4.0 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in St. Johns County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In St. Johns County, 507 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the St. Johns County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 123,135 | 15,982,378 | 12.9 | 9.8 | 16.0 | 59.4 | 51.3 | 67.5 |
| Sex Men | 48.6\% | 48.8\% | 11.5 | 6.8 | 16.2 | 56.6 | 45.6 | 67.6 |
| Women | 51.4\% | 51.2\% | 14.2 | 10.0 | 18.4 | 62.6 | 50.2 | 75.1 |
| Race/ethnicity NH White | 89.0\% | 65.4\% | 10.8 | 7.7 | 13.8 | 58.6 | 50.0 | 67.2 |
| NH Black | 6.2\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 2.6\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 43.4\% | 31.9\% | 10.9 | 5.9 | 15.8 | 56.8 | 45.1 | 68.4 |
| NH White women | 45.7\% | 33.6\% | 10.7 | 7.0 | 14.4 | 60.6 | 47.5 | 73.8 |
| NH Black men | 2.9\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 3.4\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.3\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 1.3\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 34.6\% | 36.9\% | 4.8 | 1.3 | 8.3 | 52.3 | 41.9 | 62.7 |
| 45-64 | 26.4\% | 22.7\% | 15.8 | 9.9 | 21.7 | 69.1 | 54.4 | 83.9 |
| 65 and older | 15.9\% | 17.6\% | 23.6 | 15.8 | 31.4 |  |  |  |
| Marital Status Never married | 19.5\% | 22.5\% | 5.7 | 0.4 | 11.1 | 59.3 | 37.6 | 81.0 |
| Married/ living together as a couple | 59.4\% | 53.7\% | 12.9 | 8.9 | 17.0 | 61.0 | 51.9 | 70.2 |
| Divorced/ widowed/separated | 21.0\% | 23.8\% | 16.3 | 9.6 | 23.0 | 57.6 | 36.6 | 78.6 |
| Education 0-11 years | 12.8\% | 20.1\% |  |  |  |  |  |  |
| HS Grad/GED | 24.5\% | 28.7\% | 21.6 | 14.4 | 28.8 | 47.1 | 33.5 | 60.7 |
| 1 or more years of college | 62.7\% | 51.1\% | 8.0 | 4.8 | 11.2 | 66.6 | 56.3 | 76.9 |
| Employment Employed for wages | 60.5\% | 54.9\% | 4.0 | 1.5 | 6.5 | 59.4 | 51.3 | 67.5 |
| Household Income \$24,999 or less | 23.0\% | 30.8\% | 24.8 | 15.3 | 34.4 | 45.3 | 23.1 | 67.5 |
| \$25,000 - 49,999 | 26.9\% | 31.6\% | 11.6 | 5.9 | 17.4 | 47.1 | 30.7 | 63.5 |
| \$50,000 or more | 50.1\% | 37.6\% | 7.3 | 3.1 | 11.5 | 71.8 | 62.1 | 81.5 |

[^58]



## Chronic Health Conditions: High Cholesterol



| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 17.2 | 13.6 | 20.8 | 22.7 | 18.4 | 27.1 | 21.5 | 17.3 | 25.6 |
| Sex Men | 18.0 | 12.4 | 23.6 | 22.7 | 15.9 | 29.5 | 20.7 | 14.3 | 27.1 |
| Women | 16.5 | 11.9 | 21.0 | 22.8 | 17.1 | 28.4 | 22.2 | 16.8 | 27.6 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 16.4 | 12.7 | 20.1 | 22.0 | 17.4 | 26.6 | 19.4 | 15.2 | 23.7 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.8 | 11.8 | 23.7 | 22.9 | 15.7 | 30.1 | 19.2 | 12.5 | 25.9 |
| NH White women | 15.1 | 10.5 | 19.7 | 21.3 | 15.4 | 27.1 | 19.7 | 14.3 | 25.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 7.1 | 3.2 | 10.9 | 14.6 | 8.4 | 20.7 | 9.3 | 4.6 | 13.9 |
|  | 24.7 | 17.3 | 32.1 | 30.3 | 21.7 | 38.9 | 34.0 | 25.1 | 42.8 |
|  | 26.0 | 17.6 | 34.4 | 27.7 | 19.3 | 36.1 | 25.4 | 17.1 | 33.6 |
| Marital Status Never married | 7.2 | 0.0 | 14.4 | 15.7 | 4.1 | 27.3 | 9.4 | 0.4 | 18.4 |
| Married/ living together as a couple | 19.4 | 14.7 | 24.2 | 23.7 | 18.4 | 29.1 | 22.5 | 17.4 | 27.5 |
| Divorced/ widowed/separated | 15.8 | 9.1 | 22.4 | 23.6 | 13.7 | 33.5 | 24.6 | 14.6 | 34.5 |
| Education $0-11$ years <br> HS Grad/GED  |  |  |  |  |  |  |  |  |  |
|  | 14.9 | 8.6 | 21.2 | 18.3 | 11.3 | 25.4 | 19.2 | 12.0 | 26.4 |
|  | 17.5 | 13.0 | 21.9 | 24.5 | 18.9 | 30.2 | 22.3 | 17.0 | 27.5 |
| Employment Employed for wages | 12.5 | 8.5 | 16.6 | 20.8 | 15.0 | 26.7 | 19.6 | 14.1 | 25.1 |
| Household Income \$24,999 or less | 23.3 | 13.3 | 33.4 | 28.6 | 16.4 | 40.7 | 28.9 | 17.0 | 40.8 |
| \$25,000 - 49,999 | 14.6 | 7.9 | 21.2 | 20.7 | 12.1 | 29.3 | 18.0 | 9.8 | 26.2 |
| \$50,000 or more | 18.4 | 12.6 | 24.2 | 21.6 | 15.2 | 28.1 | 22.4 | 16.2 | 28.5 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 28.6 | 24.1 | 33.0 | 2.2 | 0.8 | 3.6 | 24.1 | 19.9 | 28.4 |
| Sex Men <br>  Women | 28.6 | 21.5 | 35.6 | 2.9 | 0.5 | 5.3 | 24.8 | 18.1 | 31.5 |
|  | 28.6 | 22.8 | 34.3 | 1.7 | 0.1 | 3.2 | 23.5 | 18.1 | 28.9 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 28.3 | 23.5 | 33.0 | 1.7 | 0.4 | 3.0 | 23.3 | 18.8 | 27.7 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men <br>  NH White women | 28.4 | 20.9 | 35.9 | 2.2 | 0.0 | 4.5 | 23.9 | 16.8 | 30.9 |
|  | 28.1 | 22.1 | 34.1 | 1.2 | 0.0 | 2.5 | 22.7 | 17.1 | 28.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br> 65 and older  | 12.8 | 6.8 | 18.8 | 1.3 | 0.0 | 3.2 | 8.6 | 3.3 | 14.0 |
|  | 23.0 | 16.2 | 29.8 | 0.7 | 0.0 | 1.8 | 10.9 | 5.9 | 15.9 |
|  | 67.4 | 58.8 | 76.1 | 6.5 | 1.6 | 11.4 | 73.6 | 65.6 | 81.7 |
| Marital Status Never married | 20.8 | 6.4 | 35.2 | 2.8 | 0.0 | 8.4 | 18.5 | 2.7 | 34.3 |
| Married/ living together as a couple | 29.6 | 24.0 | 35.1 | 2.5 | 0.6 | 4.3 | 23.6 | 18.4 | 28.8 |
| Divorced/ widowed/separated | 29.9 | 20.5 | 39.3 | 1.4 | 0.0 | 3.0 | 28.6 | 19.4 | 37.8 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
|  | 24.2 | 16.6 | 31.8 | 1.9 | 0.0 | 4.2 | 27.1 | 18.9 | 35.3 |
| 1 or more years of college | 30.9 | 25.1 | 36.6 | 2.1 | 0.4 | 3.7 | 22.4 | 17.2 | 27.5 |
| Employment Employed for wages | 16.7 | 11.7 | 21.7 | 0.9 | 0.0 | 2.0 | 9.1 | 5.2 | 13.0 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 33.4 | 22.7 | 44.1 | 6.3 | 0.3 | 12.3 | 30.9 | 20.3 | 41.5 |
|  | 23.7 | 14.9 | 32.5 | 2.4 | 0.0 | 5.3 | 21.0 | 12.4 | 29.6 |
|  | 26.8 | 19.9 | 33.6 | 0.8 | 0.0 | 1.9 | 18.7 | 12.4 | 25.0 |



| Preventive Health Behaviors: HIV/AIDS Tests |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For respondents 64 years and younger . . . |  |  |  |  |  |  |  |  |
|  | Ever been tested for HIV |  |  | If yes, the test was done in the past 2 years |  |  | In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 45.5 | 38.7 | 52.3 | 82.5 | 77.2 | 87.9 | 7.3 | 3.9 | 10.6 |
| Sex Men | 52.5 | 42.6 | 62.4 | 74.9 | 65.3 | 84.5 | 5.1 | 0.5 | 9.6 |
| Women | 38.9 | 29.2 | 48.5 | 89.0 | 84.1 | 94.0 | 9.4 | 4.5 | 14.3 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 44.5 | 37.3 | 51.8 | 82.4 | 76.7 | 88.1 | 5.7 | 2.4 | 9.0 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 52.6 | 42.1 | 63.1 | 74.1 | 63.9 | 84.3 | 3.7 | 0.0 | 8.4 |
| NH White women | 36.8 | 26.3 | 47.3 | 89.7 | 84.5 | 94.8 | 7.6 | 2.8 | 12.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 53.7 | 44.6 | 62.8 | 77.6 | 69.6 | 85.7 | 11.5 | 5.9 | 17.2 |
| 45-64 | 36.1 | 24.8 | 47.4 | 88.9 | 82.4 | 95.3 | 2.3 | 0.0 | 4.9 |
| 65 and older |  |  |  |  |  |  |  |  |  |
| Marital Status Never married | 57.0 | 37.8 | 76.2 | 82.3 | 67.5 | 97.0 | 28.2 | 10.5 | 46.0 |
| Married/ living together as a couple | 43.1 | 35.4 | 50.7 | 82.1 | 75.5 | 88.7 | 2.6 | 0.0 | 5.2 |
| Divorced/ widowed/A80separated | 47.8 | 29.6 | 66.1 | 83.4 | 71.4 | 95.4 | 9.8 | 2.5 | 17.1 |
| Education 0-11 years |  |  |  |  |  |  |  |  |  |
| HS Grad/GED | 44.1 | 32.2 | 56.1 | 81.0 | 70.9 | 91.2 | 12.9 | 4.4 | 21.3 |
| 1 or more years of college | 45.2 | 36.7 | 53.7 | 84.1 | 77.9 | 90.4 | 5.4 | 1.9 | 8.9 |
| Employment Employed for wages | 46.7 | 38.5 | 54.9 | 82.7 | 76.3 | 89.1 | 5.4 | 2.2 | 8.7 |
| Household Income \$24,999 or less | 64.5 | 50.2 | 78.8 | 64.2 | 45.5 | 83.0 | 7.9 | 1.3 | 14.4 |
| \$25,000-49,999 | 56.1 | 42.0 | 70.2 | 85.3 | 76.2 | 94.4 | 7.0 | 0.7 | 13.3 |
| \$50,000 or more | 40.9 | 31.8 | 49.9 | 81.4 | 73.4 | 89.3 | 5.5 | 0.9 | 10.2 |

(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in St. Lucie County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In St. Lucie County, 507 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the St. Lucie County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.
Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 192,695 | 15,982,378 | 20.7 | 16.7 | 24.6 | 58.7 | 51.1 | 66.3 |
| Sex Men | 48.8\% | 48.8\% | 22.9 | 16.3 | 29.5 | 53.0 | 40.2 | 65.7 |
| Women | 51.2\% | 51.2\% | 18.8 | 14.1 | 23.5 | 63.8 | 55.3 | 72.3 |
| Race/ethnicity NH White | 74.1\% | 65.4\% | 21.4 | 16.9 | 25.8 | 56.9 | 48.1 | 65.8 |
| NH Black | 15.1\% | 14.2\% | 16.8 | 7.3 | 26.2 | 66.3 | 48.7 | 84.0 |
| Hispanic | 8.2\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 35.9\% | 31.9\% | 23.3 | 16.1 | 30.5 | 51.8 | 36.9 | 66.6 |
| NH White women | 38.2\% | 33.6\% | 19.5 | 14.2 | 24.9 | 61.8 | 51.9 | 71.7 |
| NH Black men | 7.2\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 7.9\% | 7.4\% | 17.4 | 6.1 | 28.8 |  |  |  |
| Hispanic men | 4.5\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 3.7\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 31.7\% | 36.9\% | 13.0 | 7.6 | 18.4 | 52.6 | 41.7 | 63.6 |
| 45-64 | 23.0\% | 22.7\% | 23.4 | 16.0 | 30.8 | 62.3 | 51.5 | 73.1 |
| 65 and older | 22.7\% | 17.6\% | 29.9 | 22.0 | 37.8 |  |  |  |
| Marital Status Never married | 18.9\% | 22.5\% | 14.4 | 4.7 | 24.1 | 36.3 | 18.7 | 53.9 |
| Married/ living together as a couple | 58.1\% | 53.7\% | 19.3 | 14.3 | 24.3 | 62.8 | 53.3 | 72.3 |
| Divorced/ widowed/separated | 23.0\% | 23.8\% | 28.8 | 20.7 | 36.9 | 72.6 | 59.7 | 85.5 |
| Education 0-11 years | 22.3\% | 20.1\% | 38.4 | 24.5 | 52.3 |  |  |  |
| HS Grad/GED | 32.7\% | 28.7\% | 22.1 | 14.8 | 29.4 | 46.0 | 32.3 | 59.8 |
| 1 or more years of college | 45.0\% | 51.1\% | 15.4 | 10.8 | 20.0 | 68.7 | 60.1 | 77.3 |
| Employment Employed for wages | 50.5\% | 54.9\% | 14.0 | 8.7 | 19.3 | 58.7 | 51.1 | 66.3 |
| Household Income \$24,999 or less | 31.6\% | 30.8\% | 32.4 | 23.1 | 41.7 | 64.8 | 48.2 | 81.5 |
| \$25,000-49,999 | 35.4\% | 31.6\% | 19.1 | 11.5 | 26.7 | 60.7 | 48.7 | 72.6 |
| \$50,000 or more | 33.0\% | 37.6\% | 8.6 | 2.1 | 15.0 | 63.2 | 51.0 | 75.4 |

[^59]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 29.9 | 24.6 | 35.1 | 55.4 | 50.0 | 60.8 | 78.6 | 74.3 | 82.9 |
| Sex Men | 25.4 | 18.3 | 32.5 | 53.9 | 45.7 | 62.1 | 71.4 | 63.9 | 78.9 |
| Women | 33.5 | 26.1 | 40.9 | 56.6 | 49.4 | 63.9 | 84.5 | 80.1 | 88.9 |
| Race/ethnicity NH White | 27.3 | 22.4 | 32.3 | 57.0 | 51.5 | 62.6 | 78.2 | 73.4 | 83.0 |
| NH Black | 42.9 | 28.0 | 57.7 | 55.4 | 40.6 | 70.2 | 78.1 | 65.9 | 90.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 26.4 | 18.4 | 34.5 | 51.4 | 42.3 | 60.5 | 70.1 | 61.6 | 78.5 |
| NH White women | 28.1 | 22.1 | 34.2 | 62.3 | 55.8 | 68.9 | 85.8 | 81.2 | 90.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 44.3 | 26.7 | 61.9 | 49.7 | 32.0 | 67.3 | 75.5 | 60.4 | 90.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 30.9 | 20.8 | 41.1 | 48.1 | 38.5 | 57.6 | 69.5 | 61.1 | 77.8 |
| 45-64 | 27.1 | 19.5 | 34.6 | 58.7 | 50.3 | 67.1 | 82.9 | 76.8 | 88.9 |
| 65 and older | 30.5 | 22.6 | 38.4 | 62.9 | 54.4 | 71.5 | 87.8 | 81.7 | 93.8 |
| Marital Status Never married | 29.7 | 15.8 | 43.6 | 62.0 | 47.5 | 76.5 | 76.0 | 63.6 | 88.4 |
| Married/ living together as a couple | 26.0 | 18.9 | 33.1 | 52.9 | 45.9 | 60.0 | 78.8 | 73.3 | 84.3 |
| Divorced/ widowed/separated | 41.3 | 32.4 | 50.2 | 58.3 | 49.5 | 67.1 | 79.7 | 71.9 | 87.5 |
| Education 0-11 years | 48.1 | 33.7 | 62.4 | 70.7 | 57.6 | 83.9 | 89.6 | 80.2 | 99.0 |
| HS Grad/GED | 34.8 | 24.1 | 45.5 | 54.8 | 44.3 | 65.3 | 81.1 | 73.8 | 88.5 |
| 1 or more years of college | 21.9 | 16.4 | 27.3 | 52.2 | 45.5 | 58.9 | 74.2 | 68.2 | 80.2 |
| Employment Employed for wages | 22.6 | 16.1 | 29.1 | 51.7 | 44.3 | 59.2 | 72.4 | 65.8 | 79.1 |
| Household Income \$24,999 or less | 43.1 | 31.5 | 54.7 | 58.4 | 46.6 | 70.2 | 86.1 | 79.6 | 92.7 |
| \$25,000 - 49,999 | 30.1 | 21.0 | 39.2 | 65.4 | 56.5 | 74.3 | 83.4 | 76.3 | 90.4 |
| \$50,000 or more | 15.3 | 8.1 | 22.6 | 38.1 | 28.2 | 48.1 | 58.6 | 48.3 | 68.8 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 34.7 | 29.4 | 40.0 | 21.9 | 17.8 | 26.0 | 73.8 | 69.4 | 78.1 |
| Sex Men | 37.7 | 30.0 | 45.5 | 22.8 | 15.9 | 29.7 | 76.8 | 70.0 | 83.6 |
| Women | 32.2 | 24.8 | 39.6 | 21.2 | 16.3 | 26.1 | 71.3 | 65.6 | 77.0 |
| Race/ethnicity NH White | 35.0 | 29.8 | 40.3 | 19.4 | 14.9 | 23.9 | 72.3 | 67.4 | 77.2 |
| NH Black | 28.4 | 14.5 | 42.3 | 43.1 | 28.9 | 57.4 | 83.2 | 73.7 | 92.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 39.4 | 30.7 | 48.1 | 20.0 | 12.4 | 27.5 | 75.3 | 67.5 | 83.0 |
| NH White women | 30.9 | 24.6 | 37.2 | 18.9 | 13.8 | 24.0 | 69.6 | 63.4 | 75.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 25.5 | 9.4 | 41.6 | 39.6 | 23.0 | 56.1 | 81.9 | 70.0 | 93.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 31.4 | 21.5 | 41.3 | 18.8 | 12.0 | 25.6 | 81.2 | 74.7 | 87.8 |
| 45-64 | 37.1 | 28.8 | 45.5 | 29.0 | 21.2 | 36.7 | 72.7 | 65.2 | 80.1 |
| 65 and older | 38.7 | 30.2 | 47.2 | 18.7 | 12.1 | 25.2 | 65.3 | 57.0 | 73.6 |
| Marital Status Never married | 18.9 | 8.4 | 29.4 | 22.2 | 10.3 | 34.0 | 86.1 | 76.9 | 95.3 |
| Married/ living together as a couple | 37.3 | 30.1 | 44.4 | 21.4 | 16.1 | 26.7 | 71.8 | 66.0 | 77.6 |
| Divorced/ widowed/separated | 37.2 | 28.6 | 45.8 | 23.4 | 15.8 | 31.0 | 71.1 | 62.7 | 79.5 |
| Education 0-11 years | 14.3 | 4.4 | 24.3 | 30.9 | 18.4 | 43.5 | 77.9 | 65.5 | 90.3 |
| HS Grad/GED | 40.5 | 30.1 | 50.9 | 24.2 | 16.4 | 32.0 | 82.4 | 76.1 | 88.6 |
| 1 or more years of college | 35.3 | 28.9 | 41.7 | 18.0 | 12.9 | 23.0 | 66.5 | 60.3 | 72.8 |
| Employment Employed for wages | 30.7 | 24.0 | 37.5 | 25.0 | 18.6 | 31.4 | 75.3 | 69.2 | 81.4 |
| Household Income \$24,999 or less | 32.7 | 20.6 | 44.8 | 22.0 | 14.3 | 29.6 | 80.4 | 73.0 | 87.7 |
| \$25,000-49,999 | 34.1 | 25.0 | 43.1 | 25.1 | 16.6 | 33.6 | 65.4 | 56.3 | 74.5 |
| \$50,000 or more | 42.4 | 32.1 | 52.7 | 16.8 | 9.5 | 24.2 | 75.3 | 66.8 | 83.8 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 28.1 | 23.4 | 32.8 | 48.6 | 38.8 | 58.4 | 12.4 | 9.0 | 15.9 |
| Sex Men | 31.5 | 23.7 | 39.4 | 45.2 | 29.5 | 60.9 | 17.4 | 11.2 | 23.5 |
| Women | 25.3 | 19.8 | 30.8 | 52.1 | 39.9 | 64.3 | 8.3 | 4.8 | 11.9 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 31.0 | 25.7 | 36.3 | 47.8 | 37.1 | 58.4 | 13.4 | 9.5 | 17.4 |
| NH Black | 16.6 | 5.4 | 27.7 |  |  |  | 8.7 | 0.0 | 18.5 |
|  |  |  |  |  |  |  |  |  |  |
|  | 32.7 | 23.9 | 41.5 | 43.7 | 26.5 | 60.9 | 17.9 | 11.0 | 24.8 |
| NH White women | 29.4 | 23.2 | 35.7 | 51.9 | 39.0 | 64.9 | 9.2 | 5.1 | 13.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 19.0 | 5.0 | 33.1 |  |  |  | 8.9 | 0.0 | 21.0 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 38.1 | 29.2 | 47.0 | 48.7 | 34.8 | 62.6 | 16.9 | 10.2 | 23.5 |
|  | 32.4 | 24.2 | 40.7 | 45.5 | 29.3 | 61.7 | 14.4 | 8.2 | 20.5 |
|  | 9.0 | 3.9 | 14.0 |  |  |  | 4.2 | 0.9 | 7.6 |
| Marital Status Never married | 36.6 | 22.0 | 51.2 |  |  |  | 30.6 | 16.4 | 44.8 |
| Married/ living together as a couple | 24.9 | 19.1 | 30.8 | 47.1 | 33.4 | 60.8 | 10.2 | 6.3 | 14.0 |
| Divorced/ widowed/separated | 31.9 | 23.5 | 40.4 | 45.1 | 28.3 | 61.9 | 6.8 | 2.6 | 11.0 |
| Education 0-11 years | 45.9 | 31.1 | 60.6 |  |  |  | 17.1 | 4.3 | 30.0 |
| HS Grad/GED | 24.5 | 16.4 | 32.6 | 47.9 | 29.1 | 66.6 | 12.5 | 6.6 | 18.4 |
| 1 or more years of college | 26.6 | 20.6 | 32.5 | 45.6 | 32.2 | 58.9 | 11.3 | 7.0 | 15.6 |
| Employment Employed for wages | 31.7 | 24.6 | 38.7 | 49.7 | 35.7 | 63.7 | 16.3 | 10.5 | 22.0 |
| Household Income \$24,999 or less | 30.2 | 20.9 | 39.5 | 52.9 | 35.6 | 70.2 | 15.2 | 7.8 | 22.7 |
| \$25,000-49,999 | 33.1 | 23.8 | 42.4 | 47.8 | 29.7 | 65.9 | 11.0 | 4.9 | 17.1 |
| \$50,000 or more | 24.7 | 15.5 | 34.0 |  |  |  | 18.9 | 10.6 | 27.1 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 23.0 | 17.7 | 28.3 | 24.6 | 19.3 | 30.0 | 7.2 | 4.8 | 9.5 |
| Sex Men <br>  Women | 22.0 | 14.8 | 29.3 | 25.7 | 18.3 | 33.1 | 5.8 | 2.3 | 9.3 |
|  | 23.9 | 16.3 | 31.5 | 23.8 | 16.2 | 31.4 | 8.3 | 5.2 | 11.4 |
| Race/ethnicity NH White | 18.0 | 13.3 | 22.7 | 23.2 | 18.3 | 28.1 | 7.3 | 4.7 | 9.9 |
| NH Black | 26.9 | 13.7 | 40.1 | 10.9 | 1.6 | 20.2 | 7.1 | 0.0 | 14.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.4 | 9.8 | 24.9 | 24.3 | 16.2 | 32.3 | 4.8 | 1.2 | 8.4 |
| NH White women | 18.6 | 12.9 | 24.3 | 22.2 | 16.3 | 28.1 | 9.6 | 5.9 | 13.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 25.5 | 10.3 | 40.7 | 9.7 | 0.0 | 20.6 | 6.7 | 0.0 | 14.7 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 39.7 | 29.7 | 49.7 | 42.5 | 32.6 | 52.5 | 8.1 | 4.2 | 12.1 |
|  | 17.0 | 10.6 | 23.4 | 16.0 | 9.8 | 22.2 | 9.7 | 5.1 | 14.4 |
|  | 3.4 | 0.0 | 7.1 | 6.1 | 2.1 | 10.1 | 1.6 | 0.0 | 3.6 |
| Marital Status Never married | 44.5 | 28.9 | 60.1 | 37.4 | 22.5 | 52.2 | 4.5 | 0.3 | 8.7 |
| Married/ living together as a couple | 19.5 | 12.6 | 26.4 | 23.9 | 16.7 | 31.1 | 7.5 | 4.4 | 10.6 |
| Divorced/ widowed/separated | 19.2 | 11.4 | 26.9 | 18.3 | 10.9 | 25.8 | 8.0 | 3.0 | 12.9 |
| Education 0-11 years | 45.4 | 30.9 | 60.0 | 32.9 | 18.2 | 47.6 | 17.0 | 5.8 | 28.1 |
| HS Grad/GED | 23.4 | 12.2 | 34.6 | 25.6 | 14.6 | 36.6 | 5.2 | 1.7 | 8.7 |
| 1 or more years of college | 17.6 | 12.2 | 22.9 | 22.2 | 16.4 | 28.0 | 6.2 | 3.6 | 8.9 |
| Employment Employed for wages | 25.9 | 19.0 | 32.9 | 29.5 | 22.5 | 36.6 | 7.4 | 4.0 | 10.8 |
| Household Income \$24,999 or less | 32.4 | 19.9 | 44.9 | 33.2 | 20.6 | 45.7 | 13.2 | 7.3 | 19.1 |
| \$25,000 - 49,999 | 20.3 | 12.3 | 28.2 | 25.5 | 17.0 | 34.0 | 4.6 | 0.8 | 8.5 |
| \$50,000 or more | 7.2 | 1.9 | 12.6 | 12.8 | 5.9 | 19.6 | 5.6 | 1.6 | 9.6 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 66.9 | 61.5 | 72.2 | 40.5 | 35.1 | 46.0 | 65.3 | 59.6 | 70.9 |
| Sex Men | 66.7 | 58.9 | 74.4 | 38.7 | 30.5 | 46.8 | 62.8 | 54.4 | 71.1 |
| Women | 67.1 | 59.7 | 74.5 | 42.1 | 34.7 | 49.4 | 67.3 | 59.4 | 75.2 |
| Race/ethnicity NH White | 70.6 | 65.5 | 75.8 | 40.9 | 35.3 | 46.6 | 69.1 | 63.6 | 74.7 |
| NH Black | 53.8 | 39.1 | 68.5 | 33.2 | 18.6 | 47.7 | 54.5 | 38.8 | 70.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 66.3 | 57.6 | 75.0 | 40.7 | 31.6 | 49.8 | 63.4 | 54.1 | 72.8 |
| NH White women | 74.7 | 68.9 | 80.5 | 41.2 | 34.4 | 48.0 | 74.5 | 68.5 | 80.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 54.4 | 36.9 | 71.8 | 34.5 | 17.1 | 51.9 | 57.9 | 39.3 | 76.5 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 60.6 | 50.7 | 70.6 | 63.0 | 54.3 | 71.7 | 59.3 | 49.4 | 69.3 |
| 45-64 | 71.6 | 63.7 | 79.5 | 30.1 | 22.4 | 37.9 | 66.6 | 57.9 | 75.2 |
| 65 and older | 71.5 | 63.6 | 79.3 | 17.0 | 10.4 | 23.6 | 75.9 | 67.4 | 84.3 |
| Marital Status Never married | 62.3 | 47.8 | 76.7 | 61.6 | 47.3 | 75.9 | 57.2 | 41.9 | 72.5 |
| Married/ living together as a couple | 68.9 | 61.7 | 76.0 | 40.2 | 33.0 | 47.3 | 66.2 | 58.7 | 73.8 |
| Divorced/ widowed/separated | 63.9 | 54.9 | 72.8 | 27.0 | 18.8 | 35.3 | 68.3 | 58.9 | 77.7 |
| Education 0-11 years | 34.6 | 21.5 | 47.7 | 29.0 | 14.6 | 43.5 | 31.7 | 16.3 | 47.1 |
| HS Grad/GED | 65.1 | 54.3 | 75.8 | 35.6 | 24.5 | 46.6 | 63.9 | 52.5 | 75.2 |
| 1 or more years of college | 75.9 | 70.2 | 81.6 | 46.8 | 40.1 | 53.5 | 72.5 | 66.3 | 78.7 |
| Employment Employed for wages | 71.6 | 64.7 | 78.4 | 50.9 | 43.5 | 58.4 | 66.9 | 59.6 | 74.1 |
| Household Income \$24,999 or less | 49.6 | 38.5 | 60.6 | 35.5 | 23.0 | 47.9 | 46.8 | 35.0 | 58.6 |
| \$25,000-49,999 | 64.9 | 55.6 | 74.2 | 36.3 | 27.1 | 45.5 | 64.7 | 54.9 | 74.4 |
| \$50,000 or more | 87.2 | 80.2 | 94.2 | 50.9 | 40.6 | 61.3 | 79.5 | 70.9 | 88.1 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\|\mid 12-9,12-10$ | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 32.7 | 27.6 | 37.9 | 76.7 | 65.1 | 88.4 | 22.4 | 17.3 | 27.5 |
| Sex Men | 31.2 | 24.0 | 38.3 | 84.1 | 74.2 | 94.0 | 19.7 | 13.4 | 26.0 |
| Women | 34.0 | 26.7 | 41.3 | 71.2 | 53.3 | 89.2 | 24.6 | 17.1 | 32.1 |
| Race/ethnicity NH White | 32.5 | 27.5 | 37.6 | 86.0 | 79.4 | 92.5 | 18.1 | 14.0 | 22.3 |
| NH Black | 35.0 | 21.3 | 48.8 |  |  |  | 36.0 | 21.5 | 50.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men <br>  NH White women | 32.7 | 24.6 | 40.8 | 87.5 | 77.4 | 97.6 | 19.1 | 12.2 | 26.0 |
|  | 32.4 | 26.1 | 38.6 | 84.5 | 75.7 | 93.3 | 17.2 | 12.3 | 22.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 34.2 | 17.8 | 50.6 |  |  |  | 40.3 | 22.7 | 57.8 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 13.8 | 4.1 | 23.4 |  |  |  | 19.2 | 9.2 | 29.1 |
| 45-64 | 37.8 | 29.6 | 46.1 | 81.3 | 69.9 | 92.6 | 24.8 | 17.3 | 32.3 |
| 65 and older | 57.2 | 48.6 | 65.8 | 91.3 | 83.8 | 98.8 | 24.7 | 17.2 | 32.2 |
| Marital Status Never married | 18.7 | 8.6 | 28.7 |  |  |  | 19.0 | 7.2 | 30.8 |
| Married/ living together as a couple | 34.7 | 27.7 | 41.8 | 75.5 | 59.3 | 91.7 | 23.3 | 16.3 | 30.3 |
| Divorced/ widowed/separated | 36.4 | 28.2 | 44.6 | 86.6 | 77.3 | 96.0 | 21.6 | 14.5 | 28.8 |
| Education 0-11 years | 36.6 | 23.4 | 49.8 |  |  |  | 21.6 | 10.5 | 32.6 |
| HS Grad/GED | 38.2 | 27.8 | 48.6 | 74.5 | 50.3 | 98.8 | 28.6 | 17.7 | 39.5 |
| 1 or more years of college | 27.7 | 22.0 | 33.5 | 77.2 | 66.6 | 87.8 | 18.2 | 13.2 | 23.2 |
| Employment Employed for wages | 20.2 | 14.5 | 25.9 | 70.5 | 55.6 | 85.5 | 21.6 | 15.6 | 27.6 |
| Household Income \$24,999 or less | 36.6 | 24.8 | 48.5 | 61.6 | 34.7 | 88.5 | 23.6 | 10.8 | 36.4 |
| \$25,000-49,999 | 29.8 | 21.4 | 38.2 | 84.1 | 70.9 | 97.4 | 21.5 | 13.8 | 29.1 |
| \$50,000 or more | 25.1 | 16.2 | 34.1 |  |  |  | 23.5 | 14.6 | 32.4 |

## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 84.0 | 79.9 | 88.0 | 92.2 | 89.3 | 95.1 | 34.3 | 29.2 | 39.5 |
| Sex Men | 81.0 | 74.0 | 88.1 | 93.6 | 89.0 | 98.1 | 36.9 | 28.6 | 45.1 |
| Women | 86.4 | 82.0 | 90.8 | 91.2 | 87.4 | 95.0 | 32.4 | 25.9 | 38.9 |
| Race/ethnicity NH White | 85.2 | 80.6 | 89.7 | 91.1 | 87.7 | 94.5 | 38.7 | 33.1 | 44.4 |
| NH Black | 83.8 | 73.1 | 94.4 | 98.8 | 96.3 | 100.0 | 25.5 | 11.7 | 39.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 82.2 | 74.4 | 90.0 | 93.5 | 88.6 | 98.4 | 38.8 | 29.6 | 48.0 |
| NH White women | 88.0 | 83.2 | 92.7 | 89.0 | 84.2 | 93.8 | 38.7 | 31.6 | 45.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 83.9 | 71.5 | 96.3 | 98.4 | 95.1 | 100.0 | 20.8 | 5.5 | 36.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 72.9 | 64.7 | 81.1 | 85.8 | 78.9 | 92.8 | 22.5 | 13.9 | 31.0 |
| 45-64 | 88.9 | 82.9 | 94.9 | 93.9 | 89.8 | 98.1 | 37.2 | 28.8 | 45.7 |
| 65 and older | 95.4 | 91.6 | 99.2 | 97.7 | 95.0 | 100.0 | 44.9 | 36.1 | 53.8 |
| Marital Status Never married | 70.7 | 55.9 | 85.4 | 88.5 | 77.4 | 99.6 | 23.8 | 10.5 | 37.2 |
| Married/ living together as a couple | 85.5 | 80.7 | 90.4 | 92.5 | 89.0 | 96.0 | 34.0 | 27.3 | 40.8 |
| Divorced/ widowed/separated | 88.0 | 81.3 | 94.8 | 93.2 | 87.8 | 98.6 | 40.4 | 31.3 | 49.4 |
| Education 0-11 years | 69.2 | 54.6 | 83.8 | 98.1 | 94.2 | 100.0 | 37.1 | 22.0 | 52.2 |
| HS Grad/GED | 84.2 | 77.2 | 91.3 | 92.9 | 87.9 | 97.8 | 35.6 | 25.8 | 45.5 |
| 1 or more years of college | 87.4 | 82.6 | 92.2 | 90.7 | 86.5 | 94.9 | 33.0 | 26.5 | 39.4 |
| Employment Employed for wages | 81.0 | 74.3 | 87.6 | 88.3 | 83.4 | 93.1 | 30.2 | 23.1 | 37.3 |
| Household Income \$24,999 or less | 81.3 | 73.3 | 89.3 | 93.5 | 88.0 | 99.0 | 27.8 | 18.5 | 37.2 |
| \$25,000-49,999 | 87.6 | 80.9 | 94.2 | 89.1 | 82.2 | 96.0 | 34.8 | 25.1 | 44.4 |
| \$50,000 or more | 91.7 | 85.7 | 97.7 | 92.1 | 86.6 | 97.6 | 33.9 | 23.8 | 44.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 11.2 | 8.2 | 14.2 | 72.8 | 59.3 | 86.3 | 9.0 | 6.3 | 11.8 |
| Sex Men | 9.4 | 4.8 | 14.1 |  |  |  | 10.6 | 5.9 | 15.4 |
| Women | 12.6 | 8.7 | 16.6 | 79.4 | 65.3 | 93.6 | 7.7 | 4.6 | 10.8 |
| Race/ethnicity NH White | 11.2 | 7.8 | 14.6 | 72.1 | 56.3 | 87.9 | 8.5 | 5.4 | 11.5 |
| NH Black | 12.7 | 3.6 | 21.8 |  |  |  | 14.7 | 4.8 | 24.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 7.0 | 2.5 | 11.6 |  |  |  | 10.4 | 5.1 | 15.8 |
| NH White women | 15.0 | 10.1 | 20.0 | 80.2 | 64.4 | 96.0 | 6.6 | 3.4 | 9.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 6.7 | 0.6 | 12.9 |  |  |  | 13.4 | 2.0 | 24.9 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 8.9 | 4.4 | 13.5 |  |  |  | 1.1 | 0.0 | 2.6 |
| 45-64 | 16.3 | 10.2 | 22.4 | 65.2 | 44.0 | 86.4 | 12.9 | 7.0 | 18.7 |
| 65 and older | 9.8 | 4.6 | 15.1 |  |  |  | 16.6 | 10.0 | 23.2 |
| Marital Status Never married | 14.2 | 4.5 | 23.9 |  |  |  | 2.4 | 0.0 | 5.9 |
| Married/ living together as a couple | 9.6 | 5.9 | 13.2 |  |  |  | 10.1 | 6.4 | 13.8 |
| Divorced/ widowed/separated | 14.2 | 8.3 | 20.1 |  |  |  | 9.9 | 4.0 | 15.7 |
| Education 0-11 years | 15.2 | 5.5 | 24.8 |  |  |  | 17.8 | 7.8 | 27.8 |
| HS Grad/GED | 10.3 | 5.3 | 15.3 |  |  |  | 6.9 | 2.5 | 11.2 |
| 1 or more years of college | 10.9 | 6.9 | 15.0 | 77.1 | 59.9 | 94.2 | 8.5 | 4.9 | 12.2 |
| Employment Employed for wages | 12.3 | 7.7 | 16.9 | 66.9 | 47.0 | 86.9 | 6.0 | 2.6 | 9.3 |
| Household Income \$24,999 or less | 12.2 | 6.4 | 17.9 |  |  |  | 10.5 | 5.2 | 15.9 |
| \$25,000-49,999 | 12.8 | 6.6 | 19.1 |  |  |  | 8.9 | 3.5 | 14.2 |
| \$50,000 or more | 11.0 | 4.5 | 17.6 |  |  |  | 5.8 | 0.6 | 11.0 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Sumter County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Sumter County, 508 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Sumter County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | Cl |  |
| All | 53,345 | 15,982,378 | 17.9 | 13.9 | 22.0 | 52.3 | 42.6 | 61.9 |
| Sex Men | 53.1\% | 48.8\% | 17.0 | 11.0 | 23.0 | 44.3 | 29.7 | 58.8 |
| Women | 46.9\% | 51.2\% | 18.7 | 13.2 | 24.3 | 61.2 | 48.5 | 73.9 |
| Race/ethnicity NH White | 78.4\% | 65.4\% | 14.1 | 10.7 | 17.6 | 54.4 | 44.2 | 64.7 |
| NH Black | 13.5\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 6.3\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 39.1\% | 31.9\% | 15.1 | 9.6 | 20.7 | 50.7 | 35.1 | 66.2 |
| NH White women | 39.2\% | 33.6\% | 13.1 | 9.0 | 17.2 | 59.1 | 45.6 | 72.6 |
| NH Black men | 8.3\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 5.2\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 4.6\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 1.6\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 29.2\% | 36.9\% | 12.8 | 5.2 | 20.4 | 48.9 | 35.3 | 62.5 |
| 45-64 | 27.3\% | 22.7\% | 18.2 | 10.9 | 25.4 | 59.4 | 44.9 | 73.9 |
| 65 and older | 27.4\% | 17.6\% | 22.2 | 15.8 | 28.6 |  |  |  |
| Marital Status Never married | 14.3\% | 22.5\% | 15.6 | 0.7 | 30.4 |  |  |  |
| Married/ living together as a couple | 59.8\% | 53.7\% | 16.0 | 11.1 | 20.9 | 52.9 | 40.8 | 65.1 |
| Divorced/ widowed/separated | 25.8\% | 23.8\% | 24.9 | 16.3 | 33.4 | 39.6 | 16.3 | 62.8 |
| Education 0-11 years | 22.7\% | 20.1\% | 42.1 | 26.1 | 58.1 |  |  |  |
| HS Grad/GED | 38.8\% | 28.7\% | 16.1 | 10.2 | 22.0 | 53.3 | 37.0 | 69.6 |
| 1 or more years of college | 38.4\% | 51.1\% | 11.8 | 7.5 | 16.2 | 60.2 | 47.1 | 73.2 |
| Employment Employed for wages | 33.0\% | 54.9\% | 11.8 | 5.2 | 18.5 | 52.3 | 42.6 | 61.9 |
| Household Income \$24,999 or less | 37.5\% | 30.8\% | 32.4 | 23.3 | 41.4 | 46.6 | 27.2 | 65.9 |
| \$25,000 - 49,999 | 36.8\% | 31.6\% | 14.6 | 8.2 | 21.0 | 49.9 | 33.1 | 66.7 |
| \$50,000 or more | 25.7\% | 37.6\% | 2.9 | 0.0 | 5.9 | 61.8 | 43.8 | 79.8 |

[^60]

| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 21.9 | 17.6 | 26.2 | 50.9 | 39.7 | 62.0 | 10.2 | 6.5 | 13.9 |
| Sex Men | 22.3 | 15.8 | 28.8 | 44.8 | 28.3 | 61.2 | 18.3 | 11.3 | 25.3 |
| Women | 21.5 | 15.6 | 27.3 | 56.6 | 41.1 | 72.0 | 3.1 | 0.4 | 5.8 |
| Race/ethnicity NH White | 21.0 | 16.6 | 25.5 | 47.2 | 35.1 | 59.2 | 9.5 | 5.6 | 13.3 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 22.2 | 15.3 | 29.1 | 36.2 | 18.7 | 53.7 | 17.5 | 10.4 | 24.7 |
| NH White women | 19.9 | 14.1 | 25.7 | 59.6 | 43.9 | 75.2 | 1.3 | 0.0 | 3.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 32.0 | 21.9 | 42.1 | 58.5 | 40.6 | 76.3 | 18.8 | 9.0 | 28.7 |
|  | 24.6 | 17.3 | 32.0 | 41.0 | 24.5 | 57.5 | 6.8 | 3.0 | 10.6 |
|  | 10.2 | 5.6 | 14.7 |  |  |  | 5.6 | 2.0 | 9.3 |
| Marital Status Never married | 36.4 | 16.8 | 56.0 |  |  |  | 14.2 | 0.7 | 27.8 |
| Married/ living together as a couple | 14.5 | 10.2 | 18.7 | 51.3 | 35.2 | 67.4 | 7.7 | 3.8 | 11.6 |
| Divorced/ widowed/separated | 37.1 | 26.6 | 47.7 | 49.5 | 31.5 | 67.6 | 15.7 | 5.9 | 25.6 |
| Education 0-11 years | 28.0 | 14.4 | 41.5 |  |  |  | 16.6 | 3.4 | 29.8 |
| HS Grad/GED | 25.0 | 17.4 | 32.6 | 40.7 | 23.2 | 58.3 | 12.5 | 5.2 | 19.8 |
| 1 or more years of college | 18.1 | 12.4 | 23.7 | 56.1 | 38.5 | 73.7 | 6.8 | 3.2 | 10.5 |
| Employment Employed for wages | 28.3 | 19.9 | 36.7 | 55.7 | 38.1 | 73.4 | 18.2 | 9.7 | 26.7 |
| Household Income \$24,999 or less | 32.8 | 23.3 | 42.3 | 49.9 | 31.0 | 68.8 | 10.8 | 4.7 | 16.9 |
| \$25,000-49,999 | 18.5 | 11.7 | 25.4 | 53.1 | 32.3 | 73.9 | 9.5 | 3.4 | 15.7 |
| \$50,000 or more | 15.4 | 7.4 | 23.3 |  |  |  | 12.6 | 1.9 | 23.4 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 13.6 | 9.9 | 17.4 | 22.3 | 17.7 | 26.9 | 7.2 | 4.1 | 10.2 |
| Sex Men <br>  Women | 13.5 | 7.8 | 19.2 | 24.9 | 17.8 | 32.0 | 6.4 | 2.5 | 10.2 |
|  | 13.7 | 8.8 | 18.7 | 20.0 | 13.9 | 26.2 | 7.9 | 3.3 | 12.6 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 12.3 | 8.5 | 16.0 | 20.4 | 15.9 | 24.8 | 5.4 | 2.8 | 7.9 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 13.0 | 6.9 | 19.1 | 24.1 | 17.1 | 31.2 | 5.8 | 1.7 | 9.9 |
| NH White women | 11.6 | 7.1 | 16.1 | 16.6 | 11.0 | 22.2 | 4.9 | 1.9 | 7.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 27.1 | 17.3 | 36.9 | 34.4 | 23.4 | 45.3 | 13.8 | 5.3 | 22.2 |
| 45-64 | 14.8 | 8.6 | 20.9 | 19.7 | 12.9 | 26.5 | 3.9 | 1.3 | 6.5 |
| 65 and older | 0.7 | 0.0 | 2.1 | 13.8 | 8.0 | 19.7 | 4.5 | 1.2 | 7.7 |
| Marital Status Never married | 36.2 | 15.8 | 56.7 | 27.0 | 8.4 | 45.6 | 24.0 | 3.8 | 44.3 |
| Married/ living together as a couple | 9.4 | 5.6 | 13.3 | 22.0 | 16.3 | 27.7 | 3.4 | 1.3 | 5.6 |
| Divorced/ widowed/separated | 16.8 | 8.8 | 24.8 | 21.3 | 12.8 | 29.8 | 10.6 | 4.4 | 16.9 |
| Education 0-11 years | 21.6 | 9.4 | 33.8 | 30.2 | 15.2 | 45.2 | 15.9 | 4.0 | 27.8 |
| HS Grad/GED | 20.0 | 12.4 | 27.6 | 25.8 | 17.7 | 34.0 | 11.6 | 5.0 | 18.2 |
| 1 or more years of college | 6.7 | 3.3 | 10.2 | 17.7 | 11.9 | 23.5 | 1.6 | 0.2 | 3.1 |
| Employment Employed for wages | 24.6 | 16.4 | 32.9 | 29.0 | 20.3 | 37.8 | 4.5 | 0.5 | 8.5 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 26.6 | 18.1 | 35.1 | 26.8 | 17.6 | 36.0 | 17.3 | 8.6 | 26.1 |
|  | 9.4 | 3.9 | 15.0 | 26.3 | 17.6 | 35.1 | 3.2 | 0.5 | 6.0 |
|  | 3.0 | 0.0 | 7.5 | 13.6 | 5.3 | 21.9 |  |  |  |



| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 83.9 | 79.4 | 88.3 | 95.3 | 93.0 | 97.6 | 43.8 | 38.1 | 49.5 |
| Sex Men | 80.8 | 73.5 | 88.0 | 97.0 | 94.1 | 99.9 | 48.4 | 39.4 | 57.3 |
| Women | 86.6 | 81.2 | 92.0 | 93.9 | 90.4 | 97.4 | 40.1 | 32.8 | 47.4 |
| Race/ethnicity NH White <br>  NH Black | 83.6 | 78.8 | 88.3 | 95.6 | 93.3 | 98.0 | 41.7 | 35.9 | 47.5 |
|  |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 78.9 | 70.8 | 87.0 | 97.1 | 93.9 | 100.0 | 48.1 | 38.7 | 57.4 |
| NH White women | 88.3 | 83.6 | 92.9 | 94.3 | 91.0 | 97.7 | 35.9 | 29.0 | 42.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 63.2 | 51.7 | 74.6 | 93.2 | 86.2 | 100.0 | 22.8 | 10.0 | 35.6 |
|  | 91.4 | 87.1 | 95.6 | 93.3 | 89.2 | 97.5 | 46.5 | 37.0 | 56.0 |
|  | 95.6 | 92.4 | 98.9 | 98.3 | 96.5 | 100.0 | 54.0 | 46.0 | 62.1 |
| Marital Status Never married | 51.4 | 30.1 | 72.6 |  |  |  |  |  |  |
| Married/ living together as a couple | 89.5 | 85.4 | 93.5 | 95.1 | 92.1 | 98.1 | 46.2 | 39.3 | 53.0 |
| Divorced/ widowed/separated | 81.7 | 71.8 | 91.6 | 96.0 | 92.6 | 99.4 | 38.1 | 27.2 | 49.1 |
| Education 0-11 years | 69.9 | 55.4 | 84.4 | 97.9 | 93.6 | 100.0 | 58.9 | 41.3 | 76.5 |
| HS Grad/GED | 79.9 | 71.0 | 88.7 | 92.0 | 86.3 | 97.7 | 44.2 | 35.1 | 53.4 |
| 1 or more years of college | 91.4 | 87.3 | 95.4 | 96.8 | 94.7 | 98.9 | 40.3 | 32.6 | 47.9 |
| Employment Employed for wages | 72.7 | 63.8 | 81.6 | 92.2 | 86.4 | 97.9 | 29.0 | 18.3 | 39.6 |
| Household Income \$24,999 or less | 75.1 | 65.2 | 84.9 | 94.8 | 89.6 | 99.9 | 54.2 | 43.9 | 64.4 |
| \$25,000-49,999 | 90.6 | 84.9 | 96.2 | 95.4 | 92.0 | 98.7 | 43.8 | 34.1 | 53.5 |
| \$50,000 or more | 84.3 | 73.0 | 95.6 | 97.9 | 95.3 | 100.0 | 34.9 | 21.7 | 48.0 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 11.1 | 7.7 | 14.5 | 63.5 | 47.1 | 80.0 | 11.0 | 7.9 | 14.2 |
| Sex Men | 7.6 | 3.3 | 11.9 |  |  |  | 10.9 | 6.7 | 15.1 |
| Women | 14.2 | 9.2 | 19.3 | 64.5 | 44.1 | 84.9 | 11.1 | 6.4 | 15.8 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 10.4 | 7.1 | 13.8 | 64.0 | 47.5 | 80.5 | 9.2 | 6.5 | 11.9 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 7.7 | 3.0 | 12.5 |  |  |  | 10.6 | 6.4 | 14.8 |
| NH White women | 13.2 | 8.4 | 18.0 | 64.7 | 45.8 | 83.5 | 7.8 | 4.5 | 11.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 15.3 | 6.6 | 23.9 |  |  |  | 2.2 | 0.0 | 4.7 |
|  | 11.9 | 7.0 | 16.8 |  |  |  | 11.5 | 5.4 | 17.5 |
|  | 6.2 | 3.0 | 9.4 |  |  |  | 19.0 | 12.8 | 25.3 |
| Marital Status Never married | 23.0 | 3.3 | 42.7 |  |  |  | 8.3 | 0.0 | 17.3 |
| Married/ living together as a couple | 7.9 | 4.8 | 11.0 | 66.3 | 46.0 | 86.6 | 10.7 | 6.8 | 14.6 |
| Divorced/ widowed/separated | 15.3 | 8.1 | 22.5 |  |  |  | 13.4 | 6.6 | 20.1 |
| Education 0-11 years | 7.2 | 1.1 | 13.4 |  |  |  | 25.8 | 11.7 | 39.9 |
| HS Grad/GED | 16.2 | 8.7 | 23.7 |  |  |  | 9.4 | 4.9 | 13.8 |
| 1 or more years of college | 8.6 | 5.1 | 12.1 |  |  |  | 7.3 | 4.2 | 10.4 |
| Employment Employed for wages | 14.4 | 7.8 | 21.0 |  |  |  | 3.8 | 1.2 | 6.5 |
| Household Income \$24,999 or less | 16.9 | 8.6 | 25.2 |  |  |  | 14.8 | 8.6 | 21.0 |
| \$25,000-49,999 | 10.7 | 5.3 | 16.2 |  |  |  | 7.8 | 3.8 | 11.8 |
| \$50,000 or more | 6.5 | 0.9 | 12.1 |  |  |  | 6.7 | 1.8 | 11.5 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 26.1 | 21.5 | 30.8 | 27.5 | 22.5 | 32.5 | 28.1 | 23.2 | 33.0 |
| Sex Men | 23.6 | 17.0 | 30.1 | 28.9 | 21.0 | 36.7 | 30.5 | 22.7 | 38.3 |
| Women | 28.5 | 22.0 | 35.0 | 26.3 | 20.0 | 32.6 | 26.0 | 19.9 | 32.1 |
|  | 23.5 | 19.1 | 27.9 | 25.8 | 20.7 | 30.8 | 27.9 | 22.8 | 33.0 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 23.6 | 16.7 | 30.5 | 28.7 | 20.3 | 37.1 | 30.6 | 22.3 | 39.0 |
|  | 23.3 | 17.8 | 28.8 | 22.7 | 17.2 | 28.1 | 25.1 | 19.4 | 30.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 13.6 | 5.3 | 21.8 | 14.4 | 6.1 | 22.7 | 18.2 | 9.0 | 27.5 |
|  | 32.6 | 24.1 | 41.2 | 35.7 | 26.5 | 45.0 | 34.5 | 25.4 | 43.5 |
|  | 31.1 | 24.0 | 38.2 | 31.9 | 24.3 | 39.5 | 31.6 | 24.4 | 38.7 |
| Marital Status Never married | 32.3 | 11.7 | 52.8 | 35.5 | 14.9 | 56.1 | 32.3 | 11.7 | 53.0 |
| Married/ living together as a couple | 26.0 | 20.5 | 31.5 | 26.5 | 20.4 | 32.6 | 28.2 | 22.3 | 34.2 |
| Divorced/ widowed/separated | 24.0 | 15.7 | 32.3 | 27.1 | 18.5 | 35.7 | 26.2 | 17.3 | 35.1 |
| Education <br> HS Grad/GED | 37.6 | 21.9 | 53.3 | 41.6 | 26.0 | 57.2 | 28.5 | 14.1 | 42.9 |
|  | 21.7 | 14.6 | 28.8 | 20.7 | 13.7 | 27.8 | 29.6 | 21.2 | 38.1 |
|  | 26.3 | 20.1 | 32.6 | 27.8 | 20.6 | 35.0 | 26.4 | 19.8 | 32.9 |
| Employment Employed for wages | 13.1 | 6.9 | 19.3 | 14.7 | 8.2 | 21.2 | 20.2 | 12.7 | 27.7 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 32.3 | 22.8 | 41.9 | 35.9 | 26.2 | 45.5 | 36.9 | 27.1 | 46.7 |
|  | 23.8 | 16.6 | 30.9 | 25.5 | 17.0 | 33.9 | 28.4 | 19.7 | 37.1 |
|  | 19.4 | 10.2 | 28.7 | 21.4 | 10.3 | 32.4 | 21.4 | 11.9 | 30.9 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 37.4 | 32.2 | 42.5 | 4.3 | 1.7 | 7.0 | 31.4 | 26.6 | 36.2 |
| Sex Men | 35.8 | 27.9 | 43.7 | 3.9 | 0.8 | 7.1 | 29.8 | 22.5 | 37.0 |
| Women | 38.8 | 32.0 | 45.6 | 4.6 | 0.5 | 8.8 | 32.8 | 26.4 | 39.2 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 38.7 | 33.3 | 44.2 | 3.8 | 1.3 | 6.4 | 32.5 | 27.4 | 37.6 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 37.1 | 28.7 | 45.5 | 3.5 | 0.5 | 6.6 | 30.3 | 22.5 | 38.0 |
| NH White women | 40.3 | 33.3 | 47.3 | 4.1 | 0.1 | 8.1 | 34.6 | 27.8 | 41.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 15.2 | 7.0 | 23.3 | 4.1 | 0.0 | 9.9 | 5.6 | 1.4 | 9.9 |
|  | 29.3 | 20.8 | 37.7 | 1.2 | 0.0 | 2.5 | 20.0 | 13.2 | 26.7 |
|  | 66.5 | 59.4 | 73.6 | 7.5 | 2.1 | 12.9 | 65.8 | 58.6 | 73.0 |
| Marital Status Never married | 28.8 | 9.7 | 47.9 | 12.8 | 0.0 | 30.1 | 21.3 | 4.7 | 37.9 |
| Married/ living together as a couple | 40.2 | 33.9 | 46.6 | 4.0 | 1.1 | 6.9 | 32.2 | 26.3 | 38.2 |
| Divorced/ widowed/separated | 33.3 | 23.8 | 42.8 | 1.4 | 0.0 | 3.2 | 33.6 | 24.1 | 43.1 |
| Education $0-11$ years <br> HS Grad/GED  | 35.6 | 21.3 | 49.9 | 1.2 | 0.0 | 3.5 | 30.2 | 17.0 | 43.4 |
|  | 28.9 | 21.3 | 36.5 | 4.7 | 0.0 | 9.6 | 22.3 | 15.9 | 28.7 |
|  | 43.5 | 36.0 | 51.1 | 5.0 | 1.0 | 8.9 | 37.5 | 30.2 | 44.9 |
| Employment Employed for wages | 16.8 | 10.5 | 23.0 | 0.4 | 0.0 | 1.1 | 10.5 | 5.0 | 16.0 |
|  | 36.8 | 27.4 | 46.2 | 5.4 | 0.0 | 11.4 | 34.2 | 25.2 | 43.2 |
| \$25,000 - 49,999 | 36.9 | 27.8 | 46.0 | 4.2 | 0.0 | 8.9 | 31.4 | 23.1 | 39.8 |
| \$50,000 or more | 38.6 | 26.4 | 50.9 | 0.9 | 0.0 | 2.8 | 25.2 | 13.9 | 36.4 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Suwannee County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Suwannee County, 541 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Suwannee County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | CI |  |
| All | 34,844 | 15,982,378 | 26.9 | 22.4 | 31.4 | 53.5 | 45.9 | 61.1 |
| Sex Men | 48.8\% | 48.8\% | 25.9 | 18.6 | 33.3 | 40.3 | 29.3 | 51.2 |
| Women | 51.2\% | 51.2\% | 27.8 | 22.2 | 33.3 | 68.4 | 59.4 | 77.4 |
| Race/ethnicity NH White | 81.1\% | 65.4\% | 24.1 | 19.5 | 28.7 | 50.0 | 41.8 | 58.3 |
| NH Black | 12.0\% | 14.2\% | 35.4 | 19.6 | 51.2 |  |  |  |
| Hispanic | 4.9\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 39.2\% | 31.9\% | 23.9 | 16.5 | 31.3 | 38.2 | 26.5 | 49.9 |
| NH White women | 41.9\% | 33.6\% | 24.3 | 18.6 | 30.0 | 64.8 | 54.3 | 75.3 |
| NH Black men | 5.5\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 6.5\% | 7.4\% | 30.8 | 12.9 | 48.6 |  |  |  |
| Hispanic men | 3.2\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 1.7\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 33.6\% | 36.9\% | 17.6 | 10.1 | 25.2 | 46.7 | 36.5 | 56.9 |
| 45-64 | 25.4\% | 22.7\% | 32.0 | 24.5 | 39.6 | 63.1 | 51.7 | 74.6 |
| 65 and older | 16.9\% | 17.6\% | 37.2 | 27.9 | 46.4 |  |  |  |
| Marital Status Never married | 17.2\% | 22.5\% | 8.9 | 1.1 | 16.6 |  |  |  |
| Married/ living together as a couple | 58.8\% | 53.7\% | 24.6 | 18.7 | 30.5 | 49.0 | 39.1 | 58.8 |
| Divorced/ widowed/separated | 24.1\% | 23.8\% | 39.1 | 30.9 | 47.2 | 55.7 | 42.4 | 69.0 |
| Education 0-11 years | 26.8\% | 20.1\% | 44.2 | 31.8 | 56.6 | 36.2 | 17.4 | 55.1 |
| HS Grad/GED | 38.8\% | 28.7\% | 22.9 | 16.8 | 28.9 | 52.0 | 39.8 | 64.2 |
| 1 or more years of college | 34.4\% | 51.1\% | 21.1 | 14.4 | 27.7 | 61.8 | 50.9 | 72.8 |
| Employment Employed for wages | 50.4\% | 54.9\% | 11.8 | 6.2 | 17.3 | 53.5 | 45.9 | 61.1 |
| Household Income \$24,999 or less | 41.4\% | 30.8\% | 42.4 | 34.2 | 50.5 | 61.1 | 45.7 | 76.6 |
| \$25,000 - 49,999 | 33.1\% | 31.6\% | 14.3 | 7.0 | 21.6 | 47.7 | 34.8 | 60.6 |
| \$50,000 or more | 25.5\% | 37.6\% | 14.4 | 5.5 | 23.4 | 54.9 | 39.6 | 70.2 |

[^61]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 35.0 | 30.1 | 39.9 | 57.8 | 52.8 | 62.9 | 81.4 | 77.2 | 85.6 |
| Sex Men | 35.1 | 27.4 | 42.8 | 53.1 | 45.0 | 61.2 | 74.1 | 66.6 | 81.5 |
| Women | 34.9 | 28.7 | 41.1 | 62.1 | 55.9 | 68.3 | 87.9 | 84.1 | 91.7 |
| Race/ethnicity NH White | 34.2 | 29.0 | 39.5 | 56.1 | 50.5 | 61.6 | 82.5 | 78.1 | 86.8 |
| NH Black | 35.3 | 19.6 | 50.9 | 76.0 | 62.1 | 89.8 | 82.6 | 70.4 | 94.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 34.0 | 25.9 | 42.0 | 52.4 | 43.8 | 61.0 | 76.1 | 68.5 | 83.7 |
| NH White women | 34.4 | 27.6 | 41.3 | 59.5 | 52.5 | 66.5 | 88.4 | 84.3 | 92.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 35.7 | 17.1 | 54.2 | 78.3 | 63.1 | 93.6 | 87.0 | 74.7 | 99.2 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 31.3 | 23.0 | 39.5 | 51.9 | 43.2 | 60.5 | 75.9 | 68.2 | 83.6 |
| 45-64 | 38.5 | 30.4 | 46.6 | 64.4 | 56.4 | 72.4 | 84.1 | 77.8 | 90.5 |
| 65 and older | 35.8 | 26.9 | 44.8 | 58.8 | 49.2 | 68.5 | 87.1 | 81.4 | 92.9 |
| Marital Status Never married | 28.5 | 13.4 | 43.6 | 43.2 | 25.2 | 61.1 | 69.6 | 53.5 | 85.7 |
| Married/ living together as a couple | 34.2 | 27.9 | 40.6 | 56.9 | 50.3 | 63.6 | 80.6 | 75.0 | 86.2 |
| Divorced/ widowed/separated | 38.9 | 30.8 | 47.1 | 64.8 | 56.9 | 72.7 | 87.2 | 81.9 | 92.4 |
| Education 0-11 years | 55.4 | 43.3 | 67.4 | 58.5 | 46.2 | 70.8 | 78.7 | 67.5 | 89.9 |
| HS Grad/GED | 34.9 | 27.7 | 42.2 | 63.6 | 56.0 | 71.2 | 84.1 | 78.4 | 89.9 |
| 1 or more years of college | 23.2 | 16.9 | 29.5 | 50.9 | 42.9 | 58.9 | 79.6 | 72.9 | 86.4 |
| Employment Employed for wages | 29.3 | 22.4 | 36.3 | 54.2 | 46.7 | 61.7 | 75.0 | 68.1 | 82.0 |
| Household Income \$24,999 or less | 40.7 | 32.6 | 48.7 | 56.7 | 48.4 | 64.9 | 80.6 | 73.4 | 87.9 |
| \$25,000 - 49,999 | 26.2 | 16.4 | 36.1 | 58.1 | 48.4 | 67.7 | 82.7 | 75.6 | 89.8 |
| \$50,000 or more | 30.0 | 18.7 | 41.4 | 46.0 | 33.4 | 58.6 | 78.5 | 66.9 | 90.1 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 35.7 | 30.9 | 40.6 | 29.2 | 24.6 | 33.7 | 74.6 | 70.1 | 79.1 |
| Sex Men <br>  Women | 44.7 | 36.7 | 52.6 | 27.8 | 20.6 | 35.0 | 78.1 | 71.9 | 84.4 |
|  | 27.9 | 22.4 | 33.3 | 30.4 | 24.6 | 36.1 | 71.5 | 65.1 | 77.9 |
| Race/ethnicity $\quad$ NH White | 35.3 | 30.1 | 40.6 | 28.2 | 23.3 | 33.0 | 74.1 | 69.1 | 79.1 |
| NH Black | 32.7 | 17.4 | 48.1 | 46.3 | 29.2 | 63.4 | 72.3 | 56.7 | 87.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 45.4 | 36.9 | 53.9 | 27.5 | 19.8 | 35.1 | 77.9 | 71.1 | 84.7 |
| NH White women | 26.0 | 20.3 | 31.7 | 28.9 | 22.7 | 35.0 | 70.5 | 63.3 | 77.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 27.3 | 10.7 | 43.8 | 53.1 | 32.8 | 73.5 | 68.1 | 49.1 | 87.1 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  Hispanic women <br> Age $18-44$ <br>  $45-64$ | 30.9 | 22.9 | 38.8 | 25.4 | 17.9 | 32.9 | 79.1 | 72.3 | 85.8 |
|  | 41.0 | 32.8 | 49.1 | 35.9 | 28.1 | 43.7 | 74.4 | 67.6 | 81.2 |
|  | 38.4 | 29.2 | 47.6 | 23.9 | 16.2 | 31.7 | 64.9 | 53.9 | 76.0 |
| Marital Status Never married | 20.5 | 3.6 | 37.3 | 14.7 | 4.5 | 25.0 | 85.3 | 71.5 | 99.1 |
| Married/ living together as a couple | 39.4 | 33.0 | 45.8 | 28.0 | 22.2 | 33.8 | 73.6 | 67.6 | 79.5 |
| Divorced/ widowed/separated | 30.8 | 23.3 | 38.4 | 37.1 | 28.7 | 45.5 | 74.0 | 66.5 | 81.6 |
| Education $0-11$ years <br> HS Grad/GED  | 37.1 | 25.2 | 49.0 | 29.1 | 18.8 | 39.4 | 82.2 | 73.2 | 91.2 |
|  | 33.8 | 26.6 | 41.1 | 29.7 | 22.4 | 36.9 | 76.0 | 68.3 | 83.7 |
|  | 36.6 | 28.9 | 44.3 | 28.7 | 21.5 | 35.8 | 68.6 | 61.5 | 75.7 |
| Employment Employed for wages | 36.8 | 29.8 | 43.8 | 25.7 | 19.2 | 32.2 | 76.1 | 69.9 | 82.3 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 34.2 | 26.2 | 42.1 | 31.5 | 24.2 | 38.9 | 78.8 | 72.9 | 84.7 |
|  | 39.4 | 29.9 | 48.9 | 27.3 | 18.4 | 36.1 | 79.0 | 71.0 | 87.0 |
|  | 43.2 | 30.7 | 55.7 | 24.5 | 13.1 | 35.9 | 74.6 | 63.6 | 85.6 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 23.8 | 19.5 | 28.2 | 51.0 | 40.5 | 61.6 | 8.6 | 5.9 | 11.4 |
| Sex Men | 22.9 | 16.2 | 29.5 | 46.9 | 30.2 | 63.6 | 14.8 | 9.4 | 20.2 |
| Women | 24.7 | 18.9 | 30.4 | 54.4 | 40.7 | 68.2 | 3.2 | 1.2 | 5.2 |
| Race/ethnicity NH White | 25.1 | 20.3 | 29.9 | 46.3 | 35.4 | 57.3 | 9.3 | 6.1 | 12.5 |
| NH Black | 19.5 | 5.0 | 34.0 |  |  |  | 7.2 | 0.0 | 15.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 22.7 | 15.7 | 29.8 | 41.3 | 24.2 | 58.4 | 15.4 | 9.4 | 21.5 |
| NH White women | 27.3 | 20.7 | 33.8 | 50.2 | 35.8 | 64.6 | 3.7 | 1.3 | 6.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 17.7 | 0.5 | 34.9 |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 31.5 | 23.6 | 39.4 | 59.7 | 44.4 | 75.1 | 13.9 | 8.3 | 19.4 |
| 45-64 | 23.0 | 16.0 | 30.0 | 39.2 | 22.7 | 55.7 | 6.1 | 2.2 | 10.0 |
| 65 and older | 10.8 | 5.7 | 16.0 |  |  |  | 3.1 | 0.3 | 5.9 |
| Marital Status Never married | 27.9 | 11.7 | 44.1 |  |  |  | 8.0 | 0.5 | 15.6 |
| Married/ living together as a couple | 21.0 | 15.4 | 26.5 | 42.2 | 27.6 | 56.9 | 8.4 | 4.7 | 12.1 |
| Divorced/ widowed/separated | 30.2 | 22.5 | 37.8 | 64.0 | 50.0 | 78.0 | 9.5 | 4.7 | 14.3 |
| Education 0-11 years | 39.9 | 27.4 | 52.3 | 42.3 | 21.7 | 62.9 | 5.1 | 1.2 | 9.1 |
| HS Grad/GED | 24.6 | 18.2 | 31.1 | 61.0 | 47.0 | 75.0 | 11.3 | 6.2 | 16.3 |
| 1 or more years of college | 13.6 | 8.6 | 18.6 | 45.1 | 24.8 | 65.5 | 7.8 | 3.4 | 12.2 |
| Employment Employed for wages | 24.5 | 18.2 | 30.7 | 59.3 | 44.9 | 73.8 | 13.3 | 8.2 | 18.4 |
| Household Income \$24,999 or less | 31.9 | 24.2 | 39.6 | 57.3 | 42.2 | 72.4 | 5.9 | 2.8 | 8.9 |
| \$25,000-49,999 | 26.8 | 17.6 | 36.1 | 44.1 | 23.1 | 65.0 | 11.7 | 5.4 | 18.0 |
| \$50,000 or more | 14.3 | 5.9 | 22.8 |  |  |  | 10.1 | 1.6 | 18.5 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 23.8 | 19.5 | 28.1 | 21.8 | 17.5 | 26.1 | 10.9 | 7.7 | 14.0 |
| Sex Men | 23.0 | 16.6 | 29.4 | 24.6 | 17.7 | 31.4 | 8.1 | 3.6 | 12.6 |
| Women | 24.5 | 18.7 | 30.3 | 19.4 | 14.0 | 24.8 | 13.4 | 8.9 | 17.8 |
| Race/ethnicity NH White | 20.7 | 16.4 | 25.0 | 19.5 | 15.3 | 23.8 | 8.4 | 5.6 | 11.2 |
| NH Black | 30.4 | 13.6 | 47.2 | 21.0 | 5.3 | 36.6 | 22.4 | 7.3 | 37.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 17.8 | 11.9 | 23.7 | 21.0 | 14.6 | 27.4 | 4.8 | 1.6 | 8.0 |
| NH White women | 23.4 | 17.2 | 29.6 | 18.2 | 12.3 | 24.0 | 11.7 | 7.3 | 16.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 28.0 | 8.0 | 48.0 | 21.5 | 2.5 | 40.4 | 27.0 | 8.2 | 45.9 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 32.1 | 24.4 | 39.8 | 29.4 | 21.6 | 37.2 | 12.8 | 7.2 | 18.5 |
| 45-64 | 25.1 | 17.7 | 32.4 | 22.0 | 15.0 | 29.1 | 13.0 | 7.5 | 18.5 |
| 65 and older | 5.2 | 1.3 | 9.0 | 8.4 | 3.9 | 12.8 | 3.9 | 0.2 | 7.7 |
| Marital Status Never married | 41.8 | 24.2 | 59.5 | 32.5 | 16.2 | 48.9 | 9.2 | 0.0 | 19.2 |
| Married/ living together as a couple | 21.6 | 16.1 | 27.1 | 20.6 | 15.0 | 26.2 | 7.9 | 4.3 | 11.5 |
| Divorced/ widowed/separated | 23.8 | 16.7 | 30.9 | 21.8 | 14.8 | 28.8 | 19.5 | 12.2 | 26.7 |
| Education 0-11 years | 32.6 | 21.0 | 44.2 | 40.8 | 28.0 | 53.5 | 14.4 | 6.8 | 22.1 |
| HS Grad/GED | 28.5 | 21.5 | 35.5 | 21.2 | 15.1 | 27.3 | 12.3 | 6.9 | 17.8 |
| 1 or more years of college | 13.8 | 8.5 | 19.2 | 12.2 | 7.4 | 17.0 | 7.5 | 3.2 | 11.8 |
| Employment Employed for wages | 26.3 | 19.9 | 32.7 | 25.2 | 18.5 | 31.8 | 8.2 | 3.9 | 12.5 |
| Household Income \$24,999 or less | 29.4 | 22.1 | 36.7 | 26.2 | 18.7 | 33.7 | 16.6 | 10.6 | 22.6 |
| \$25,000-49,999 | 22.7 | 13.5 | 32.0 | 20.0 | 11.4 | 28.7 | 7.0 | 1.5 | 12.4 |
| \$50,000 or more | 9.1 | 2.4 | 15.8 | 13.7 | 5.4 | 22.0 | 3.3 | 0.0 | 7.1 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 61.2 | 56.2 | 66.2 | 33.3 | 28.1 | 38.6 | 57.8 | 52.3 | 63.3 |
| Sex Men | 59.0 | 51.1 | 66.9 | 32.4 | 24.0 | 40.7 | 55.0 | 46.3 | 63.7 |
| Women | 63.2 | 56.9 | 69.5 | 34.2 | 27.6 | 40.8 | 60.3 | 53.4 | 67.2 |
| Race/ethnicity NH White | 62.1 | 56.8 | 67.5 | 34.5 | 28.8 | 40.1 | 58.5 | 52.5 | 64.4 |
| NH Black | 57.3 | 39.9 | 74.7 | 19.9 | 6.6 | 33.2 | 53.1 | 33.9 | 72.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 58.5 | 50.1 | 66.8 | 31.8 | 23.0 | 40.6 | 53.6 | 44.3 | 63.0 |
| NH White women | 65.6 | 58.8 | 72.4 | 36.8 | 29.4 | 44.2 | 63.1 | 55.8 | 70.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 50.6 | 30.2 | 71.0 | 17.7 | 2.6 | 32.8 |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 63.8 | 55.4 | 72.2 | 56.2 | 47.8 | 64.5 | 55.1 | 46.5 | 63.6 |
| 45-64 | 58.0 | 49.7 | 66.3 | 16.0 | 10.6 | 21.4 | 53.1 | 44.0 | 62.3 |
| 65 and older | 60.6 | 51.1 | 70.0 | 15.3 | 3.3 | 27.3 | 72.5 | 62.9 | 82.0 |
| Marital Status Never married | 69.9 | 53.9 | 85.8 | 57.4 | 39.7 | 75.2 | 61.8 | 43.2 | 80.3 |
| Married/ living together as a couple | 63.5 | 57.1 | 70.0 | 35.9 | 29.0 | 42.8 | 60.8 | 53.8 | 67.8 |
| Divorced/ widowed/separated | 52.4 | 43.9 | 60.9 | 18.3 | 12.1 | 24.4 | 47.8 | 38.3 | 57.3 |
| Education 0-11 years | 34.7 | 23.7 | 45.7 | 31.2 | 18.1 | 44.3 | 36.8 | 23.7 | 49.9 |
| HS Grad/GED | 63.2 | 55.8 | 70.7 | 25.4 | 17.4 | 33.3 | 55.0 | 46.1 | 63.8 |
| 1 or more years of college | 74.0 | 67.2 | 80.8 | 43.5 | 35.5 | 51.6 | 70.6 | 63.0 | 78.1 |
| Employment Employed for wages | 66.8 | 59.6 | 74.0 | 43.9 | 36.3 | 51.4 | 60.5 | 53.0 | 67.9 |
| Household Income \$24,999 or less | 53.1 | 44.9 | 61.2 | 27.1 | 18.7 | 35.5 | 48.5 | 39.3 | 57.6 |
| \$25,000-49,999 | 60.5 | 50.5 | 70.6 | 34.6 | 25.3 | 43.9 | 59.6 | 49.2 | 70.0 |
| \$50,000 or more | 78.1 | 67.9 | 88.3 | 39.9 | 27.0 | 52.8 | 70.3 | 58.5 | 82.0 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\|\mid 12-9,12-10$ | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 32.0 | 27.5 | 36.6 | 78.3 | 71.4 | 85.2 | 27.8 | 23.1 | 32.6 |
| Sex Men | 36.3 | 28.7 | 44.0 | 73.8 | 62.5 | 85.0 | 25.8 | 18.8 | 32.8 |
| Women | 28.3 | 23.0 | 33.6 | 83.3 | 75.7 | 91.0 | 29.6 | 23.1 | 36.1 |
| Race/ethnicity NH White | 33.2 | 28.2 | 38.3 | 78.7 | 71.6 | 85.8 | 26.7 | 21.5 | 31.9 |
| NH Black | 26.2 | 12.5 | 39.9 |  |  |  | 33.0 | 16.9 | 49.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 37.6 | 29.3 | 45.9 | 77.4 | 66.5 | 88.3 | 24.9 | 17.5 | 32.3 |
| NH White women | 29.2 | 23.3 | 35.1 | 80.1 | 71.1 | 89.1 | 28.5 | 21.2 | 35.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 25.4 | 9.2 | 41.6 |  |  |  | 32.3 | 13.0 | 51.6 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 17.1 | 10.2 | 23.9 | 57.8 | 35.2 | 80.5 | 21.2 | 14.3 | 28.2 |
| 45-64 | 40.3 | 32.3 | 48.3 | 78.8 | 69.3 | 88.4 | 34.5 | 26.6 | 42.5 |
| 65 and older | 49.1 | 39.0 | 59.1 | 90.9 | 84.4 | 97.4 | 30.4 | 19.1 | 41.6 |
| Marital Status Never married | 18.0 | 7.0 | 29.0 |  |  |  | 11.5 | 3.0 | 20.0 |
| Married/ living together as a couple | 30.2 | 24.3 | 36.1 | 78.0 | 68.5 | 87.4 | 29.8 | 23.4 | 36.2 |
| Divorced/ widowed/separated | 41.8 | 33.5 | 50.0 | 83.5 | 73.9 | 93.0 | 27.7 | 19.9 | 35.6 |
| Education 0-11 years | 36.5 | 24.9 | 48.2 | 75.7 | 61.5 | 89.9 | 28.6 | 18.1 | 39.1 |
| HS Grad/GED | 31.4 | 24.2 | 38.6 | 76.8 | 64.9 | 88.8 | 28.5 | 20.3 | 36.6 |
| 1 or more years of college | 30.1 | 23.3 | 36.9 | 81.3 | 70.3 | 92.2 | 27.1 | 20.1 | 34.1 |
| Employment Employed for wages | 22.9 | 16.9 | 29.0 | 63.6 | 48.7 | 78.5 | 23.3 | 17.1 | 29.6 |
| Household Income \$24,999 or less | 38.9 | 31.0 | 46.8 | 73.8 | 62.8 | 84.8 | 27.1 | 20.0 | 34.2 |
| \$25,000-49,999 | 30.3 | 21.4 | 39.2 | 80.7 | 67.4 | 94.1 | 23.9 | 15.4 | 32.4 |
| \$50,000 or more | 25.2 | 14.8 | 35.6 |  |  |  | 29.8 | 18.5 | 41.1 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s)$\mid 12-15$ | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 78.4 | 73.5 | 83.4 | 94.7 | 92.6 | 96.8 | 34.4 | 29.5 | 39.3 |
| Sex Men | 77.9 | 70.4 | 85.4 | 95.6 | 92.4 | 98.8 | 35.1 | 27.3 | 43.0 |
| Women | 78.9 | 72.2 | 85.5 | 93.9 | 91.0 | 96.8 | 33.7 | 27.5 | 39.9 |
| Race/ethnicity $\quad$ NH White | 77.8 | 72.4 | 83.2 | 94.5 | 92.2 | 96.9 | 34.9 | 29.5 | 40.3 |
| NH Black | 87.0 | 75.1 | 98.9 | 99.2 | 97.5 | 100.0 | 38.1 | 20.8 | 55.3 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 79.2 | 71.6 | 86.7 | 95.6 | 92.0 | 99.1 | 35.7 | 27.2 | 44.2 |
| NH White women | 76.5 | 68.8 | 84.2 | 93.6 | 90.3 | 96.8 | 34.2 | 27.4 | 41.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 86.9 | 73.0 | 100.0 |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 62.1 | 53.5 | 70.7 | 93.5 | 89.5 | 97.5 | 24.3 | 15.6 | 33.0 |
| 45-64 | 89.5 | 83.7 | 95.4 | 94.1 | 90.3 | 97.9 | 32.1 | 24.5 | 39.7 |
| 65 and older | 90.5 | 78.7 | 100.0 | 96.9 | 94.0 | 99.8 | 48.5 | 39.6 | 57.4 |
| Marital Status Never married | 49.6 | 30.8 | 68.4 |  |  |  |  |  |  |
| Married/ living together as a couple | 81.8 | 75.3 | 88.3 | 95.6 | 93.1 | 98.2 | 32.7 | 26.6 | 38.8 |
| Divorced/ widowed/separated | 78.8 | 71.9 | 85.7 | 93.3 | 89.4 | 97.2 | 40.8 | 31.6 | 50.0 |
| Education 0-11 years | 67.8 | 54.4 | 81.1 | 94.5 | 88.7 | 100.0 | 49.8 | 37.1 | 62.5 |
| HS Grad/GED | 79.3 | 71.6 | 87.0 | 94.5 | 91.3 | 97.7 | 31.2 | 23.8 | 38.7 |
| 1 or more years of college | 83.2 | 76.8 | 89.5 | 94.9 | 91.6 | 98.3 | 29.5 | 22.2 | 36.7 |
| Employment Employed for wages | 74.0 | 67.2 | 80.7 | 94.0 | 90.5 | 97.5 | 26.3 | 19.2 | 33.5 |
| Household Income \$24,999 or less | 73.1 | 64.7 | 81.4 | 94.0 | 90.7 | 97.4 | 41.6 | 33.3 | 50.0 |
| \$25,000-49,999 | 82.6 | 74.0 | 91.3 | 96.7 | 93.5 | 99.8 | 32.7 | 22.8 | 42.7 |
| \$50,000 or more | 88.9 | 81.1 | 96.6 | 92.8 | 86.2 | 99.5 | 24.8 | 14.0 | 35.6 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 16.0 | 12.2 | 19.8 | 68.5 | 55.9 | 81.0 | 9.4 | 6.9 | 11.9 |
| Sex Men | 11.2 | 5.4 | 17.0 |  |  |  | 6.9 | 3.6 | 10.2 |
| Women | 20.2 | 15.1 | 25.3 | 71.2 | 58.0 | 84.3 | 11.7 | 8.0 | 15.4 |
| Race/ethnicity $\quad$ NH White | 15.6 | 11.5 | 19.7 | 66.0 | 51.6 | 80.3 | 10.3 | 7.4 | 13.1 |
| NH Black | 17.4 | 3.7 | 31.0 |  |  |  | 10.1 | 1.5 | 18.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 12.5 | 5.9 | 19.2 |  |  |  | 6.9 | 3.3 | 10.5 |
| NH White women | 18.4 | 13.3 | 23.6 | 69.0 | 53.9 | 84.1 | 13.4 | 9.0 | 17.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women | 22.4 | 5.0 | 39.7 |  |  |  | 5.6 | 0.0 | 12.3 |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 19.0 | 11.8 | 26.2 |  |  |  | 2.8 | 0.4 | 5.1 |
| 45-64 | 13.8 | 8.5 | 19.1 |  |  |  | 11.9 | 7.2 | 16.7 |
| 65 and older | 14.0 | 7.9 | 20.1 |  |  |  | 19.0 | 11.9 | 26.1 |
| Marital Status Never married | 15.8 | 1.8 | 29.9 |  |  |  | 4.9 | 0.0 | 10.1 |
| Married/ living together as a couple | 14.5 | 9.7 | 19.3 | 70.6 | 53.1 | 88.2 | 9.2 | 6.0 | 12.4 |
| Divorced/ widowed/separated | 20.2 | 13.1 | 27.3 | 70.1 | 49.6 | 90.5 | 11.5 | 6.5 | 16.5 |
| Education 0-11 years | 25.6 | 14.4 | 36.9 |  |  |  | 9.6 | 3.8 | 15.4 |
| HS Grad/GED | 12.3 | 7.6 | 16.9 | 83.0 | 68.6 | 97.5 | 9.6 | 5.6 | 13.6 |
| 1 or more years of college | 15.0 | 8.9 | 21.0 |  |  |  | 9.0 | 5.1 | 13.0 |
| Employment Employed for wages | 15.7 | 10.3 | 21.2 | 59.4 | 39.8 | 79.0 | 2.5 | 0.7 | 4.4 |
| Household Income \$24,999 or less | 18.6 | 12.0 | 25.3 | 61.9 | 41.7 | 82.1 | 13.2 | 8.5 | 17.9 |
| \$25,000 - 49,999 | 13.8 | 7.2 | 20.5 |  |  |  | 7.2 | 2.9 | 11.5 |
| \$50,000 or more | 17.2 | 6.9 | 27.4 |  |  |  | 3.9 | 0.0 | 8.1 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Taylor County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Taylor County, 507 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Taylor County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | Cl |  |
| All | 19,256 | 15,982,378 | 23.6 | 19.4 | 27.8 | 51.5 | 42.7 | 60.2 |
| Sex Men | 51.1\% | 48.8\% | 22.5 | 16.3 | 28.7 | 43.9 | 31.7 | 56.1 |
| Women | 48.9\% | 51.2\% | 24.8 | 19.1 | 30.5 | 62.9 | 48.7 | 77.2 |
| Race/ethnicity NH White | 76.9\% | 65.4\% | 20.9 | 16.5 | 25.3 | 48.8 | 39.7 | 57.8 |
| NH Black | 18.9\% | 14.2\% | 32.3 | 16.0 | 48.6 |  |  |  |
| Hispanic | 1.5\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 38.6\% | 31.9\% | 18.7 | 12.3 | 25.2 | 39.1 | 27.7 | 50.4 |
| NH White women | 38.4\% | 33.6\% | 23.0 | 17.0 | 29.0 | 61.3 | 45.0 | 77.7 |
| NH Black men | 10.2\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 8.7\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.0\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.6\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 36.6\% | 36.9\% | 14.1 | 8.2 | 19.9 | 47.3 | 34.2 | 60.4 |
| 45-64 | 24.8\% | 22.7\% | 29.2 | 22.3 | 36.1 | 56.6 | 46.0 | 67.1 |
| 65 and older | 14.1\% | 17.6\% | 35.2 | 25.3 | 45.0 |  |  |  |
| Marital Status Never married | 22.3\% | 22.5\% | 12.2 | 2.9 | 21.6 |  |  |  |
| Married/ living together as a couple | 53.4\% | 53.7\% | 22.1 | 16.6 | 27.6 | 57.3 | 46.9 | 67.7 |
| Divorced/ widowed/separated | 24.3\% | 23.8\% | 31.9 | 23.2 | 40.7 | 41.2 | 23.3 | 59.1 |
| Education 0-11 years | 30.0\% | 20.1\% | 54.5 | 42.7 | 66.2 |  |  |  |
| HS Grad/GED | 40.9\% | 28.7\% | 16.7 | 11.2 | 22.2 | 49.6 | 35.8 | 63.3 |
| 1 or more years of college | 29.1\% | 51.1\% | 12.5 | 7.1 | 17.8 | 60.9 | 50.0 | 71.8 |
| Employment Employed for wages | 49.1\% | 54.9\% | 10.3 | 6.0 | 14.5 | 51.5 | 42.7 | 60.2 |
| Household Income \$24,999 or less | 41.9\% | 30.8\% | 32.2 | 23.9 | 40.5 | 47.7 | 27.4 | 68.0 |
| \$25,000-49,999 | 32.3\% | 31.6\% | 15.7 | 8.8 | 22.7 | 45.4 | 32.9 | 58.0 |
| \$50,000 or more | 25.8\% | 37.6\% | 11.5 | 4.1 | 18.8 | 66.1 | 52.6 | 79.5 |

[^62]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | Cl |  |
| All | 36.8 | 31.3 | 42.3 | 54.2 | 48.7 | 59.7 | 80.6 | 76.5 | 84.6 |
| Sex Men | 41.3 | 32.8 | 49.7 | 47.6 | 39.5 | 55.8 | 75.8 | 69.3 | 82.2 |
| Women | 31.9 | 25.6 | 38.2 | 61.5 | 54.7 | 68.2 | 85.9 | 81.3 | 90.4 |
| Race/ethnicity NH White | 34.2 | 28.7 | 39.6 | 53.6 | 47.9 | 59.4 | 78.3 | 73.7 | 82.9 |
| NH Black | 55.1 | 35.6 | 74.5 | 57.8 | 35.1 | 80.5 | 90.8 | 81.8 | 99.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 39.3 | 30.8 | 47.7 | 46.6 | 38.2 | 55.0 | 72.7 | 65.2 | 80.1 |
| NH White women | 29.2 | 22.6 | 35.9 | 60.5 | 53.1 | 68.0 | 83.8 | 78.5 | 89.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 36.3 | 26.5 | 46.0 | 47.6 | 37.9 | 57.3 | 77.2 | 70.1 | 84.4 |
| 45-64 | 34.9 | 27.5 | 42.4 | 58.1 | 50.4 | 65.7 | 83.7 | 78.1 | 89.4 |
| 65 and older | 39.5 | 29.1 | 49.9 | 60.7 | 50.5 | 71.0 | 81.5 | 73.3 | 89.8 |
| Marital Status Never married | 25.3 | 13.0 | 37.6 | 48.8 | 32.3 | 65.3 | 77.6 | 63.0 | 92.3 |
| Married/ living together as a couple | 39.0 | 31.7 | 46.4 | 49.9 | 42.8 | 57.0 | 77.8 | 72.4 | 83.2 |
| Divorced/ widowed/separated | 36.3 | 26.6 | 45.9 | 66.8 | 57.8 | 75.8 | 88.1 | 82.6 | 93.7 |
| Education 0-11 years | 42.4 | 31.0 | 53.9 | 59.9 | 48.1 | 71.6 | 84.0 | 74.9 | 93.0 |
| HS Grad/GED | 42.9 | 34.0 | 51.8 | 55.5 | 46.5 | 64.4 | 80.4 | 74.3 | 86.6 |
| 1 or more years of college | 22.3 | 15.4 | 29.2 | 48.1 | 39.9 | 56.3 | 77.7 | 70.9 | 84.4 |
| Employment Employed for wages | 33.7 | 25.1 | 42.3 | 51.2 | 42.6 | 59.8 | 77.3 | 71.0 | 83.6 |
| Household Income \$24,999 or less | 49.2 | 39.1 | 59.3 | 59.7 | 49.3 | 70.0 | 88.9 | 83.7 | 94.1 |
| \$25,000-49,999 | 28.2 | 19.6 | 36.9 | 53.4 | 43.8 | 62.9 | 77.2 | 68.9 | 85.6 |
| \$50,000 or more | 19.4 | 10.2 | 28.6 | 41.0 | 29.8 | 52.1 | 71.3 | 61.1 | 81.6 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 35.0 | 29.3 | 40.6 | 30.4 | 25.7 | 35.2 | 77.2 | 72.5 | 82.0 |
| Sex Men | 39.3 | 31.0 | 47.7 | 30.6 | 23.5 | 37.6 | 83.0 | 77.4 | 88.6 |
| Women | 30.2 | 22.7 | 37.6 | 30.3 | 24.1 | 36.5 | 70.9 | 63.4 | 78.3 |
| Race/ethnicity NH White | 34.1 | 28.3 | 39.9 | 31.8 | 26.6 | 37.1 | 76.3 | 70.8 | 81.8 |
| NH Black | 43.0 | 20.9 | 65.0 | 25.7 | 12.0 | 39.5 | 83.8 | 73.0 | 94.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 38.6 | 30.3 | 46.8 | 32.5 | 24.5 | 40.5 | 81.6 | 75.0 | 88.2 |
| NH White women | 29.8 | 21.4 | 38.1 | 31.2 | 24.2 | 38.1 | 71.1 | 62.6 | 79.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 33.7 | 23.3 | 44.2 | 28.1 | 20.2 | 36.0 | 79.8 | 71.1 | 88.5 |
| 45-64 | 33.0 | 25.7 | 40.2 | 38.2 | 30.7 | 45.7 | 76.3 | 69.8 | 82.9 |
| 65 and older | 39.3 | 28.9 | 49.7 | 23.0 | 14.8 | 31.2 | 72.4 | 63.6 | 81.3 |
| Marital Status Never married | 18.1 | 6.3 | 29.9 | 20.1 | 8.7 | 31.5 | 73.5 | 59.6 | 87.5 |
| Married/ living together as a couple | 36.0 | 28.8 | 43.3 | 34.5 | 28.0 | 40.9 | 79.8 | 74.6 | 84.9 |
| Divorced/ widowed/separated | 39.7 | 28.3 | 51.0 | 25.5 | 17.6 | 33.4 | 71.8 | 59.9 | 83.7 |
| Education 0-11 years | 19.8 | 11.5 | 28.0 | 35.4 | 24.2 | 46.6 | 75.4 | 65.9 | 84.8 |
| HS Grad/GED | 43.7 | 34.5 | 52.9 | 29.0 | 21.8 | 36.1 | 82.6 | 74.8 | 90.4 |
| 1 or more years of college | 31.3 | 23.5 | 39.1 | 29.3 | 22.0 | 36.7 | 68.9 | 61.2 | 76.5 |
| Employment Employed for wages | 41.3 | 32.3 | 50.3 | 27.5 | 20.7 | 34.3 | 79.6 | 71.9 | 87.2 |
| Household Income \$24,999 or less | 30.2 | 18.8 | 41.6 | 37.3 | 28.3 | 46.3 | 76.3 | 66.8 | 85.7 |
| \$25,000-49,999 | 42.5 | 33.0 | 52.1 | 23.0 | 15.0 | 31.0 | 80.9 | 73.7 | 88.1 |
| \$50,000 or more | 36.7 | 25.9 | 47.5 | 27.6 | 17.4 | 37.9 | 74.5 | 64.6 | 84.4 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 31.2 | 26.1 | 36.4 | 56.6 | 46.0 | 67.3 | 10.6 | 7.5 | 13.8 |
| Sex Men | 29.3 | 22.3 | 36.4 | 62.4 | 49.1 | 75.7 | 15.0 | 9.7 | 20.3 |
| Women | 33.3 | 25.8 | 40.9 | 51.1 | 35.3 | 66.9 | 5.8 | 2.6 | 8.9 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 30.2 | 24.4 | 35.9 | 56.6 | 43.9 | 69.4 | 10.2 | 6.8 | 13.7 |
| NH Black | 27.8 | 11.9 | 43.6 |  |  |  | 13.1 | 2.5 | 23.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 26.8 | 19.3 | 34.3 | 62.6 | 46.4 | 78.8 | 15.7 | 9.5 | 21.9 |
| NH White women | 33.5 | 24.9 | 42.0 | 52.0 | 33.8 | 70.1 | 4.9 | 1.9 | 7.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 40.8 | 31.3 | 50.3 | 54.9 | 39.0 | 70.9 | 18.4 | 11.8 | 25.0 |
|  | 29.8 | 22.6 | 37.0 | 59.1 | 44.9 | 73.3 | 5.6 | 2.4 | 8.7 |
|  | 14.0 | 5.9 | 22.0 |  |  |  | 2.8 | 0.0 | 5.6 |
| Marital Status <br> Married/ living together as a couple <br> 年 | 45.0 | 29.0 | 61.0 |  |  |  | 32.4 | 17.0 | 47.8 |
|  | 27.0 | 21.2 | 32.9 | 58.9 | 46.6 | 71.3 | 5.7 | 2.4 | 8.9 |
| Divorced/ widowed/separated | 35.0 | 23.1 | 46.8 | 56.4 | 29.9 | 82.8 | 12.9 | 6.9 | 18.9 |
| Education $0-11$ years <br> HS Grad/GED  | 47.0 | 35.3 | 58.6 | 61.4 | 44.5 | 78.4 | 11.4 | 3.7 | 19.1 |
|  | 27.7 | 19.4 | 36.0 | 50.2 | 31.3 | 69.2 | 11.1 | 6.3 | 16.0 |
|  | 28.1 | 20.8 | 35.4 | 61.5 | 46.1 | 77.0 | 9.8 | 4.9 | 14.7 |
| Employment Employed for wages | 36.0 | 27.8 | 44.3 | 54.3 | 39.1 | 69.5 | 13.9 | 8.8 | 19.0 |
| Household Income $\quad \$ 24,999$ or less | 38.2 | 28.3 | 48.2 | 58.6 | 40.4 | 76.8 | 11.8 | 6.1 | 17.5 |
| \$25,000-49,999 | 33.0 | 24.1 | 41.9 | 62.3 | 46.0 | 78.6 | 12.4 | 6.0 | 18.9 |
| \$50,000 or more | 20.2 | 11.2 | 29.1 |  |  |  | 8.4 | 2.0 | 14.8 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 28.0 | 22.7 | 33.4 | 24.6 | 19.6 | 29.6 | 11.8 | 8.5 | 15.1 |
| Sex Men <br>  Women | 32.0 | 23.3 | 40.6 | 29.7 | 22.6 | 36.8 | 12.0 | 7.0 | 17.1 |
|  | 23.8 | 18.1 | 29.4 | 19.0 | 11.5 | 26.4 | 11.6 | 7.2 | 15.9 |
| Race/ethnicity NH White | 24.9 | 20.0 | 29.8 | 23.9 | 18.2 | 29.6 | 11.3 | 7.7 | 14.9 |
| NH Black | 45.3 | 23.0 | 67.6 | 27.3 | 12.7 | 41.8 | 13.1 | 2.5 | 23.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 26.0 | 18.3 | 33.8 | 28.8 | 21.0 | 36.6 | 10.3 | 4.9 | 15.7 |
| NH White women | 23.8 | 17.7 | 30.0 | 19.2 | 10.6 | 27.7 | 12.2 | 7.4 | 17.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older <br> Marital Status  | 42.3 | 32.5 | 52.1 | 33.5 | 24.0 | 43.0 | 17.0 | 10.7 | 23.3 |
|  | 23.5 | 17.1 | 29.8 | 20.8 | 14.7 | 27.0 | 10.5 | 5.6 | 15.4 |
|  | 4.9 | 0.7 | 9.1 | 12.6 | 5.8 | 19.4 | 3.2 | 0.0 | 7.4 |
|  | 62.8 | 47.9 | 77.8 | 49.6 | 33.4 | 65.8 | 22.5 | 7.9 | 37.1 |
| Married/ living together as a couple | 23.9 | 16.7 | 31.1 | 19.1 | 13.9 | 24.3 | 9.9 | 5.9 | 13.9 |
| Divorced/ widowed/separated | 22.1 | 14.6 | 29.6 | 28.0 | 15.9 | 40.1 | 12.5 | 6.6 | 18.4 |
| Education $0-11$ years <br> HS Grad/GED  | 32.2 | 20.9 | 43.6 | 25.9 | 15.4 | 36.5 | 19.8 | 9.9 | 29.6 |
|  | 31.9 | 23.0 | 40.8 | 26.0 | 17.7 | 34.3 | 9.6 | 5.3 | 13.8 |
|  | 18.5 | 12.2 | 24.7 | 20.0 | 13.5 | 26.6 | 8.7 | 3.8 | 13.5 |
| Employment Employed for wages <br> Household Income $\$ 24,999$ or less | 31.8 | 23.1 | 40.4 | 28.2 | 20.0 | 36.4 | 10.0 | 5.7 | 14.3 |
|  | 40.4 | 30.1 | 50.7 | 29.4 | 19.7 | 39.2 | 20.8 | 13.8 | 27.8 |
| \$25,000 - 49,999 | 18.7 | 11.4 | 26.0 | 18.9 | 11.6 | 26.2 | 8.3 | 2.7 | 13.9 |
| \$50,000 or more | 10.6 | 2.7 | 18.5 | 12.8 | 4.5 | 21.1 |  |  |  |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 56.1 | 50.7 | 61.4 | 32.0 | 26.7 | 37.4 | 56.0 | 50.1 | 61.9 |
| Sex Men | 53.0 | 44.9 | 61.2 | 35.0 | 27.3 | 42.6 | 54.8 | 45.9 | 63.6 |
| Women | 59.4 | 52.5 | 66.2 | 28.7 | 21.0 | 36.3 | 57.4 | 49.6 | 65.1 |
| Race/ethnicity NH White | 55.5 | 49.7 | 61.2 | 35.3 | 29.3 | 41.3 | 54.5 | 48.3 | 60.8 |
| NH Black | 56.7 | 37.5 | 75.9 | 15.6 | 3.1 | 28.1 | 60.9 | 39.4 | 82.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 52.5 | 43.9 | 61.1 | 39.3 | 30.8 | 47.7 | 51.2 | 42.0 | 60.3 |
| NH White women | 58.4 | 50.8 | 66.0 | 31.4 | 22.6 | 40.1 | 58.0 | 49.5 | 66.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 56.5 | 47.1 | 65.8 | 47.8 | 38.1 | 57.6 | 52.8 | 42.9 | 62.7 |
|  | 58.0 | 50.3 | 65.6 | 21.4 | 14.7 | 28.1 | 58.3 | 50.0 | 66.6 |
|  | 50.2 | 39.7 | 60.7 | 12.4 | 6.2 | 18.7 | 58.4 | 45.4 | 71.5 |
| Marital Status Never married | 49.7 | 33.2 | 66.2 | 52.0 | 35.8 | 68.2 | 39.5 | 22.8 | 56.3 |
| Married/ living together as a couple | 59.8 | 53.0 | 66.6 | 30.7 | 24.5 | 37.0 | 59.0 | 51.7 | 66.4 |
| Divorced/ widowed/separated | 48.5 | 37.6 | 59.4 | 26.5 | 13.5 | 39.4 | 54.4 | 42.0 | 66.8 |
| Education 0-11 years | 40.9 | 29.1 | 52.7 | 18.0 | 7.9 | 28.0 | 48.5 | 33.6 | 63.3 |
| HS Grad/GED | 53.9 | 45.2 | 62.5 | 32.3 | 23.6 | 41.0 | 51.1 | 41.4 | 60.7 |
| 1 or more years of college | 70.3 | 62.8 | 77.7 | 40.2 | 32.0 | 48.4 | 67.0 | 58.9 | 75.1 |
| Employment Employed for wages | 59.9 | 52.0 | 67.8 | 41.5 | 33.0 | 50.1 | 58.0 | 49.6 | 66.4 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 46.3 | 35.7 | 56.9 | 28.8 | 18.7 | 38.9 | 46.1 | 33.7 | 58.4 |
|  | 56.1 | 46.6 | 65.6 | 26.0 | 17.6 | 34.5 | 56.6 | 46.4 | 66.9 |
|  | 77.6 | 68.0 | 87.2 | 51.4 | 39.8 | 63.0 | 74.8 | 64.9 | 84.8 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 12-9, 12-10 | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 29.7 | 25.1 | 34.3 | 81.3 | 74.6 | 88.0 | 23.5 | 18.3 | 28.7 |
| Sex Men | 27.0 | 20.4 | 33.6 | 75.8 | 64.4 | 87.1 | 24.5 | 16.0 | 32.9 |
| Women | 32.7 | 26.4 | 39.0 | 86.3 | 78.6 | 94.0 | 22.4 | 16.7 | 28.1 |
| Race/ethnicity NH White | 26.8 | 22.0 | 31.5 | 82.0 | 74.3 | 89.7 | 21.7 | 17.1 | 26.3 |
| NH Black | 39.9 | 21.7 | 58.1 |  |  |  | 38.8 | 15.4 | 62.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 25.1 | 18.0 | 32.2 | 78.9 | 65.9 | 91.9 | 21.1 | 14.1 | 28.0 |
| NH White women | 28.4 | 22.0 | 34.8 | 84.7 | 75.3 | 94.0 | 22.3 | 16.1 | 28.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 11.7 | 6.7 | 16.6 |  |  |  | 21.8 | 12.2 | 31.5 |
| 45-64 | 37.4 | 29.9 | 44.8 | 85.6 | 77.1 | 94.2 | 26.1 | 18.9 | 33.3 |
| 65 and older | 56.8 | 46.7 | 67.0 | 94.1 | 87.2 | 100.0 | 22.6 | 13.9 | 31.3 |
| Marital Status Never married | 17.0 | 5.5 | 28.4 |  |  |  | 13.4 | 4.0 | 22.8 |
| Married/ living together as a couple | 28.5 | 22.6 | 34.4 | 87.5 | 80.2 | 94.9 | 25.8 | 18.7 | 33.0 |
| Divorced/ widowed/separated | 38.9 | 29.4 | 48.3 | 78.1 | 66.8 | 89.5 | 22.4 | 13.8 | 31.0 |
| Education $0-11$ years <br> HS Grad/GED  | 36.8 | 26.0 | 47.6 | 80.2 | 65.1 | 95.3 | 30.9 | 19.6 | 42.2 |
|  | 27.1 | 20.3 | 33.9 | 85.7 | 77.0 | 94.4 | 25.7 | 16.7 | 34.6 |
|  | 28.5 | 21.2 | 35.8 | 74.2 | 60.2 | 88.2 | 15.5 | 10.1 | 20.9 |
| Employment Employed for wages | 18.8 | 13.2 | 24.3 | 70.6 | 56.7 | 84.5 | 21.0 | 12.6 | 29.5 |
| Household Income \$24,999 or less | 28.3 | 20.7 | 35.9 | 81.0 | 70.0 | 91.9 | 28.5 | 18.0 | 39.0 |
| \$25,000-49,999 | 27.7 | 19.1 | 36.3 | 81.7 | 67.4 | 95.9 | 19.9 | 12.0 | 27.7 |
| \$50,000 or more | 30.0 | 19.8 | 40.1 | 89.7 | 78.2 | 100.0 | 25.3 | 15.5 | 35.0 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & 12-15 \end{aligned}$ | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 77.8 | 72.9 | 82.7 | 89.7 | 86.1 | 93.2 | 39.7 | 33.9 | 45.4 |
| Sex Men | 79.6 | 73.4 | 85.9 | 88.4 | 83.0 | 93.9 | 42.2 | 33.1 | 51.2 |
| Women | 75.8 | 68.2 | 83.4 | 91.1 | 86.8 | 95.5 | 36.8 | 29.8 | 43.7 |
| Race/ethnicity NH White | 77.9 | 72.4 | 83.5 | 88.7 | 84.6 | 92.8 | 38.4 | 32.5 | 44.4 |
| NH Black | 85.9 | 75.6 | 96.2 | 95.1 | 89.7 | 100.0 | 41.7 | 20.3 | 63.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 82.0 | 75.4 | 88.6 | 87.6 | 81.3 | 93.9 | 42.5 | 33.2 | 51.8 |
| NH White women | 74.0 | 65.3 | 82.6 | 89.9 | 84.7 | 95.2 | 34.1 | 26.7 | 41.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 65.5 | 55.9 | 75.1 | 84.2 | 76.5 | 92.0 | 25.0 | 15.8 | 34.3 |
| 45-64 | 85.8 | 80.8 | 90.8 | 94.1 | 90.4 | 97.7 | 45.2 | 36.7 | 53.8 |
| 65 and older | 88.8 | 81.7 | 95.9 | 90.2 | 82.8 | 97.5 | 54.0 | 43.3 | 64.8 |
| Marital Status Never married | 62.6 | 46.8 | 78.5 | 76.2 | 56.3 | 96.0 | 27.3 | 9.7 | 44.8 |
| Married/ living together as a couple | 81.3 | 76.0 | 86.6 | 90.5 | 86.2 | 94.7 | 38.6 | 31.1 | 46.0 |
| Divorced/ widowed/separated | 75.5 | 63.4 | 87.6 | 92.6 | 87.5 | 97.7 | 47.8 | 38.0 | 57.7 |
| Education 0-11 years | 82.8 | 75.1 | 90.5 | 90.8 | 82.8 | 98.8 | 49.4 | 36.2 | 62.6 |
| HS Grad/GED | 75.3 | 66.9 | 83.7 | 89.3 | 83.8 | 94.7 | 35.8 | 27.1 | 44.4 |
| 1 or more years of college | 80.0 | 73.2 | 86.7 | 89.4 | 83.6 | 95.2 | 37.2 | 28.3 | 46.0 |
| Employment Employed for wages | 72.5 | 64.3 | 80.8 | 89.5 | 84.4 | 94.6 | 31.9 | 23.4 | 40.4 |
| Household Income \$24,999 or less | 72.0 | 62.4 | 81.6 | 90.1 | 83.9 | 96.2 | 41.3 | 30.5 | 52.2 |
| \$25,000 - 49,999 | 87.4 | 81.0 | 93.7 | 89.4 | 82.7 | 96.1 | 36.0 | 25.9 | 46.1 |
| \$50,000 or more | 84.9 | 76.1 | 93.7 | 90.5 | 83.7 | 97.3 | 38.3 | 26.4 | 50.3 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 10.8 | 7.7 | 13.9 | 78.8 | 66.9 | 90.6 | 7.8 | 5.3 | 10.3 |
| Sex Men | 9.3 | 4.8 | 13.8 |  |  |  | 7.8 | 4.2 | 11.5 |
| Women | 12.5 | 8.2 | 16.7 | 78.3 | 62.9 | 93.7 | 7.7 | 4.3 | 11.1 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 9.8 | 6.6 | 13.1 | 80.6 | 67.2 | 94.0 | 7.0 | 4.4 | 9.6 |
| NH Black | 7.1 | 0.1 | 14.0 |  |  |  | 11.2 | 1.3 | 21.1 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 7.2 | 2.7 | 11.8 |  |  |  | 7.2 | 3.3 | 11.1 |
| NH White women | 12.3 | 7.7 | 17.0 | 81.8 | 66.1 | 97.4 | 6.9 | 3.5 | 10.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18 184 | 9.3 | 4.3 | 14.3 |  |  |  | 2.1 | 0.0 | 4.3 |
| 45-64 | 14.7 | 9.2 | 20.2 | 77.1 | 59.9 | 94.4 | 11.0 | 6.2 | 15.8 |
| 65 and older | 7.8 | 2.7 | 12.8 |  |  |  | 14.8 | 7.5 | 22.1 |
| Marital Status Never married | 11.1 | 0.0 | 22.6 |  |  |  | 1.2 | 0.0 | 3.8 |
| Married/ living together as a couple | 11.1 | 7.0 | 15.1 | 84.0 | 69.7 | 98.4 | 8.2 | 4.8 | 11.6 |
| Divorced/ widowed/separated | 10.2 | 5.2 | 15.3 |  |  |  | 9.7 | 4.8 | 14.6 |
| Education 0-11 years | 16.9 | 8.1 | 25.6 |  |  |  | 10.5 | 4.6 | 16.4 |
| HS Grad/GED | 8.9 | 4.7 | 13.0 |  |  |  | 7.7 | 3.8 | 11.5 |
| 1 or more years of college | 8.7 | 4.4 | 13.1 |  |  |  | 5.2 | 1.9 | 8.6 |
| Employment Employed for wages | 8.7 | 4.4 | 12.9 |  |  |  | 4.4 | 1.5 | 7.2 |
| Household Income \$24,999 or less | 15.6 | 9.7 | 21.4 | 76.4 | 60.5 | 92.3 | 7.4 | 3.6 | 11.3 |
| \$25,000-49,999 | 4.9 | 0.4 | 9.4 |  |  |  | 8.7 | 3.6 | 13.8 |
| \$50,000 or more | 11.1 | 3.1 | 19.1 |  |  |  | 5.9 | 0.8 | 11.1 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30 .
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed $5+$ drinks at one occasion in the past month (binge drinker), or men who have $2+$ drinks every day or women who have $1+$ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Union County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Union County, 507 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Union County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | Cl |  |
| All | 13,442 | 15,982,378 | 17.6 | 13.3 | 21.9 | 50.9 | 42.0 | 59.8 |
| Sex Men | 64.7\% | 48.8\% | 15.3 | 9.7 | 20.8 | 44.6 | 33.8 | 55.4 |
| Women | 35.3\% | 51.2\% | 20.1 | 13.4 | 26.9 | 61.2 | 43.9 | 78.6 |
| Race/ethnicity $\quad$ NH White | 71.9\% | 65.4\% | 17.5 | 12.9 | 22.1 | 47.7 | 37.8 | 57.6 |
| NH Black | 22.6\% | 14.2\% | 20.0 | 7.1 | 32.9 |  |  |  |
| Hispanic | 3.5\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 43.1\% | 31.9\% | 16.6 | 10.5 | 22.8 | 43.5 | 32.0 | 54.9 |
| NH White women | 28.8\% | 33.6\% | 18.8 | 11.8 | 25.8 | 56.9 | 34.4 | 79.5 |
| NH Black men | 17.3\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 5.3\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 2.9\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.6\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 48.5\% | 36.9\% | 7.5 | 3.4 | 11.7 | 46.3 | 35.0 | 57.6 |
| 45-64 | 22.2\% | 22.7\% | 25.0 | 15.9 | 34.2 | 61.2 | 47.0 | 75.3 |
| 65 and older | 7.5\% | 17.6\% | 35.0 | 22.4 | 47.6 |  |  |  |
| Marital Status Never married | 19.8\% | 22.5\% | 8.2 | 0.8 | 15.6 | 29.0 | 10.1 | 47.8 |
| Married/ living together as a couple | 47.2\% | 53.7\% | 16.9 | 11.2 | 22.6 | 55.1 | 45.5 | 64.8 |
| Divorced/ widowed/separated | 33.0\% | 23.8\% | 24.5 | 14.5 | 34.4 | 46.9 | 21.5 | 72.3 |
| Education 0-11 years | 27.5\% | 20.1\% | 40.4 | 24.4 | 56.5 |  |  |  |
| HS Grad/GED | 38.9\% | 28.7\% | 19.9 | 13.1 | 26.7 | 47.2 | 35.4 | 59.0 |
| 1 or more years of college | 33.6\% | 51.1\% | 7.4 | 2.9 | 12.0 | 53.4 | 39.0 | 67.8 |
| Employment Employed for wages | 36.9\% | 54.9\% | 10.7 | 5.8 | 15.7 | 50.9 | 42.0 | 59.8 |
| Household Income \$24,999 or less | 34.3\% | 30.8\% | 25.4 | 16.8 | 34.0 | 56.5 | 38.4 | 74.6 |
| \$25,000-49,999 | 35.7\% | 31.6\% | 12.6 | 6.0 | 19.2 | 43.4 | 29.3 | 57.4 |
| \$50,000 or more | 30.0\% | 37.6\% | 10.0 | 0.8 | 19.2 | 53.2 | 38.1 | 68.3 |

[^63]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 36.5 | 30.4 | 42.6 | 58.6 | 52.1 | 65.1 | 80.9 | 75.7 | 86.1 |
| Sex Men | 32.5 | 24.4 | 40.6 | 51.0 | 41.9 | 60.2 | 74.8 | 66.9 | 82.6 |
| Women | 40.9 | 31.6 | 50.1 | 66.9 | 58.1 | 75.6 | 87.6 | 81.0 | 94.1 |
| Race/ethnicity NH White | 32.4 | 26.1 | 38.7 | 57.9 | 50.6 | 65.2 | 80.3 | 75.0 | 85.7 |
| NH Black | 49.2 | 31.1 | 67.4 | 59.0 | 39.8 | 78.2 | 80.3 | 62.1 | 98.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 32.6 | 24.2 | 41.1 | 51.2 | 41.6 | 60.8 | 74.9 | 66.9 | 82.9 |
| NH White women | 32.1 | 22.7 | 41.5 | 69.0 | 60.2 | 77.8 | 89.3 | 85.0 | 93.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 30.9 | 22.7 | 39.2 | 55.7 | 45.9 | 65.5 | 76.8 | 68.7 | 84.8 |
| 45-64 | 41.9 | 31.4 | 52.3 | 58.8 | 47.8 | 69.8 | 81.2 | 72.3 | 90.2 |
| 65 and older | 46.1 | 30.8 | 61.3 | 67.7 | 53.6 | 81.7 | 95.3 | 91.6 | 99.0 |
| Marital Status Never married | 25.3 | 9.8 | 40.9 | 59.6 | 39.3 | 79.9 | 67.1 | 46.6 | 87.6 |
| Married/ living together as a couple | 39.1 | 31.7 | 46.5 | 53.7 | 45.8 | 61.5 | 80.8 | 74.5 | 87.1 |
| Divorced/ widowed/separated | 35.1 | 21.2 | 48.9 | 72.4 | 61.3 | 83.5 | 88.5 | 81.7 | 95.3 |
| Education 0-11 years | 57.0 | 39.8 | 74.2 | 60.4 | 42.9 | 78.0 | 83.0 | 69.2 | 96.8 |
| HS Grad/GED | 47.4 | 38.1 | 56.6 | 61.8 | 52.2 | 71.4 | 84.2 | 76.2 | 92.2 |
| 1 or more years of college | 18.3 | 11.4 | 25.3 | 54.5 | 43.6 | 65.4 | 76.8 | 68.5 | 85.0 |
| Employment Employed for wages | 30.9 | 23.5 | 38.2 | 57.9 | 49.3 | 66.5 | 79.6 | 73.1 | 86.0 |
| Household Income \$24,999 or less | 55.9 | 44.4 | 67.4 | 62.2 | 50.7 | 73.8 | 81.4 | 70.4 | 92.3 |
| \$25,000-49,999 | 27.6 | 18.3 | 36.9 | 62.9 | 51.7 | 74.1 | 86.6 | 80.1 | 93.1 |
| \$50,000 or more | 21.4 | 10.8 | 32.0 | 43.2 | 30.6 | 55.7 | 69.6 | 57.2 | 82.0 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 34.8 | 28.8 | 40.8 | 30.2 | 24.4 | 36.0 | 82.3 | 77.8 | 86.7 |
| Sex Men | 46.8 | 37.8 | 55.8 | 25.8 | 18.3 | 33.3 | 81.9 | 75.7 | 88.2 |
| Women | 21.6 | 15.4 | 27.8 | 35.0 | 26.1 | 43.9 | 82.6 | 76.2 | 89.0 |
| Race/ethnicity NH White | 38.9 | 31.8 | 46.0 | 25.0 | 19.6 | 30.5 | 81.5 | 76.6 | 86.5 |
| NH Black | 24.6 | 9.1 | 40.2 | 49.2 | 31.0 | 67.4 | 86.2 | 74.6 | 97.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 46.0 | 36.4 | 55.5 | 24.0 | 16.8 | 31.3 | 81.3 | 74.6 | 88.0 |
| NH White women | 27.3 | 19.4 | 35.3 | 26.7 | 18.2 | 35.1 | 82.0 | 75.0 | 88.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| \begin{tabular}{\||r|}
\hline
\end{tabular}$\quad$ Hispanic women | 34.4 | 25.6 | 43.3 | 27.2 | 19.0 | 35.4 | 84.2 | 77.8 | 90.7 |
|  | 29.9 | 20.7 | 39.2 | 34.1 | 24.3 | 43.9 | 79.4 | 71.5 | 87.4 |
|  | 49.6 | 34.6 | 64.6 | 28.7 | 14.5 | 42.8 | 81.0 | 71.6 | 90.4 |
| Marital Status Never married | 20.4 | 4.4 | 36.4 | 30.2 | 10.3 | 50.1 | 89.4 | 78.1 | 100.0 |
| Married/ living together as a couple | 39.5 | 32.0 | 47.0 | 31.2 | 24.2 | 38.3 | 79.3 | 73.2 | 85.3 |
| Divorced/ widowed/separated | 29.2 | 17.3 | 41.1 | 27.3 | 15.8 | 38.8 | 87.0 | 80.8 | 93.1 |
| Education $0-11$ years <br> HS Grad/GED  | 38.9 | 22.7 | 55.1 | 28.4 | 13.3 | 43.6 | 82.3 | 69.4 | 95.3 |
|  | 34.7 | 26.0 | 43.5 | 35.6 | 26.6 | 44.6 | 87.2 | 81.4 | 93.0 |
|  | 33.7 | 23.9 | 43.4 | 25.2 | 16.9 | 33.5 | 76.9 | 69.0 | 84.8 |
| Employment Employed for wages | 36.6 | 28.5 | 44.6 | 26.5 | 19.8 | 33.1 | 82.2 | 76.3 | 88.0 |
| Household Income $\$ 24,999$ or less <br> $\$ 25,000-49,999$  <br> $\$ 50,000$ or more  | 24.7 | 15.7 | 33.7 | 39.5 | 28.1 | 51.0 | 88.2 | 81.8 | 94.7 |
|  | 39.1 | 27.7 | 50.4 | 23.2 | 14.5 | 31.9 | 83.6 | 76.1 | 91.0 |
|  | 42.4 | 29.3 | 55.5 | 30.4 | 18.7 | 42.1 | 72.7 | 60.7 | 84.7 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 29.3 | 23.5 | 35.0 | 47.7 | 36.4 | 59.1 | 13.9 | 9.4 | 18.4 |
| Sex Men | 33.1 | 24.6 | 41.7 | 38.4 | 22.4 | 54.3 | 22.6 | 14.9 | 30.4 |
| Women | 25.0 | 17.6 | 32.4 | 61.3 | 45.5 | 77.1 | 4.4 | 1.5 | 7.3 |
| Race/ethnicity NH White | 31.4 | 24.8 | 38.0 | 44.5 | 32.5 | 56.4 | 17.8 | 11.9 | 23.7 |
| NH Black | 15.4 | 2.9 | 27.9 |  |  |  | 7.7 | 0.0 | 16.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 34.9 | 25.6 | 44.1 | 35.8 | 19.1 | 52.5 | 25.8 | 16.9 | 34.6 |
| NH White women | 25.7 | 18.1 | 33.3 | 63.9 | 52.5 | 75.4 | 4.8 | 2.0 | 7.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 35.0 | 26.0 | 44.0 | 55.0 | 39.9 | 70.2 | 20.9 | 12.9 | 28.9 |
| 45-64 | 29.3 | 19.8 | 38.9 | 39.9 | 21.8 | 57.9 | 7.5 | 3.6 | 11.4 |
| 65 and older | 7.6 | 1.7 | 13.6 |  |  |  | 2.4 | 0.0 | 5.8 |
| Marital Status Never married | 24.6 | 9.4 | 39.8 |  |  |  | 15.8 | 1.3 | 30.4 |
| Married/ living together as a couple | 28.0 | 20.9 | 35.1 | 48.9 | 33.5 | 64.2 | 14.1 | 8.3 | 20.0 |
| Divorced/ widowed/separated | 35.5 | 21.8 | 49.3 | 46.7 | 27.1 | 66.2 | 12.4 | 5.1 | 19.7 |
| Education 0-11 years | 45.3 | 27.8 | 62.8 |  |  |  | 9.2 | 0.0 | 22.8 |
| HS Grad/GED | 33.3 | 24.7 | 41.9 | 54.3 | 38.9 | 69.7 | 15.7 | 8.8 | 22.7 |
| 1 or more years of college | 19.8 | 12.3 | 27.3 | 45.4 | 25.8 | 65.0 | 13.6 | 7.0 | 20.1 |
| Employment Employed for wages | 34.7 | 26.8 | 42.6 | 46.6 | 33.1 | 60.1 | 18.6 | 12.1 | 25.2 |
| Household Income \$24,999 or less | 36.3 | 25.6 | 47.0 | 47.9 | 30.3 | 65.5 | 11.2 | 4.6 | 17.7 |
| \$25,000-49,999 | 31.3 | 20.7 | 41.8 | 47.5 | 28.5 | 66.4 | 15.8 | 7.5 | 24.1 |
| \$50,000 or more | 22.1 | 9.4 | 34.7 |  |  |  | 21.9 | 9.5 | 34.3 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 20.0 | 14.7 | 25.2 | 23.8 | 18.2 | 29.5 | 8.9 | 5.4 | 12.5 |
| Sex Men | 23.1 | 14.9 | 31.2 | 31.2 | 22.3 | 40.0 | 5.4 | 1.9 | 9.0 |
| Women | 16.6 | 10.5 | 22.8 | 15.8 | 9.7 | 21.9 | 12.7 | 6.4 | 19.0 |
| Race/ethnicity NH White | 18.2 | 13.0 | 23.5 | 24.6 | 18.3 | 31.0 | 6.1 | 3.6 | 8.6 |
| NH Black | 29.2 | 11.9 | 46.5 | 23.1 | 6.4 | 39.8 | 20.0 | 4.6 | 35.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 19.2 | 11.5 | 26.9 | 30.4 | 21.2 | 39.5 | 4.7 | 1.3 | 8.0 |
| NH White women | 16.7 | 10.6 | 22.7 | 15.2 | 9.5 | 20.9 | 8.5 | 4.7 | 12.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 23.2 | 15.0 | 31.5 | 30.1 | 21.3 | 39.0 | 8.0 | 3.7 | 12.3 |
| 45-64 | 21.3 | 12.8 | 29.8 | 23.1 | 13.6 | 32.6 | 12.0 | 4.1 | 19.9 |
| 65 and older | 5.7 | 0.0 | 12.0 | 3.1 | 0.0 | 6.2 | 5.1 | 0.1 | 10.2 |
| Marital Status Never married | 37.2 | 16.2 | 58.3 | 44.6 | 24.3 | 64.9 | 5.3 | 0.0 | 11.5 |
| Married/ living together as a couple | 17.2 | 11.3 | 23.1 | 20.9 | 14.4 | 27.4 | 9.9 | 4.9 | 14.9 |
| Divorced/ widowed/separated | 18.6 | 8.5 | 28.8 | 20.7 | 9.9 | 31.6 | 7.9 | 2.8 | 13.0 |
| Education 0-11 years | 29.8 | 12.0 | 47.5 | 39.9 | 21.9 | 57.9 | 6.0 | 0.0 | 11.9 |
| HS Grad/GED | 24.5 | 16.3 | 32.8 | 23.0 | 14.9 | 31.1 | 10.4 | 4.4 | 16.5 |
| 1 or more years of college | 11.6 | 5.6 | 17.6 | 19.0 | 11.0 | 27.1 | 8.4 | 3.1 | 13.6 |
| Employment Employed for wages | 19.0 | 12.5 | 25.5 | 25.0 | 17.6 | 32.5 | 5.9 | 2.5 | 9.2 |
| Household Income \$24,999 or less | 40.1 | 28.5 | 51.7 | 32.8 | 21.5 | 44.1 | 18.5 | 9.1 | 27.9 |
| \$25,000-49,999 | 11.7 | 4.4 | 18.9 | 21.6 | 12.5 | 30.6 | 4.8 | 0.6 | 9.0 |
| \$50,000 or more | 7.7 | 0.9 | 14.5 | 12.2 | 3.9 | 20.4 | 3.0 | 0.0 | 6.2 |


| Oral Health |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 21-10, 21-3 | Visited a dentist within past year |  |  | No teeth removed |  |  | Had teeth cleaned within past year |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 61.4 | 55.0 | 67.7 | 34.3 | 27.6 | 41.1 | 62.7 | 55.9 | 69.5 |
| Sex Men | 56.7 | 47.8 | 65.7 | 37.1 | 28.4 | 45.9 | 56.7 | 47.0 | 66.3 |
| Women | 66.4 | 57.8 | 75.1 | 31.2 | 20.6 | 41.9 | 69.5 | 60.4 | 78.5 |
| Race/ethnicity $\quad \mathrm{NH}$ White | 60.3 | 53.2 | 67.4 | 39.0 | 31.1 | 47.0 | 61.4 | 53.7 | 69.1 |
| NH Black | 74.2 | 57.9 | 90.4 | 12.7 | 1.2 | 24.2 | 70.2 | 51.8 | 88.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 55.4 | 45.9 | 65.0 | 37.4 | 28.1 | 46.7 | 56.7 | 46.4 | 66.9 |
| NH White women | 68.2 | 58.9 | 77.6 | 41.8 | 27.7 | 55.9 | 69.0 | 58.9 | 79.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 66.3 | 57.4 | 75.1 | 51.1 | 41.3 | 61.0 | 63.5 | 54.0 | 73.0 |
| 45-64 | 57.5 | 46.8 | 68.3 | 19.0 | 10.4 | 27.7 | 61.0 | 49.6 | 72.3 |
| 65 and older | 51.2 | 35.8 | 66.6 | 4.8 | 1.2 | 8.5 | 63.2 | 43.6 | 82.7 |
| Marital Status Never married | 54.6 | 34.9 | 74.3 | 53.3 | 33.4 | 73.2 | 58.2 | 38.5 | 77.8 |
| Married/ living together as a couple | 61.6 | 54.0 | 69.2 | 31.9 | 24.8 | 39.0 | 62.1 | 53.9 | 70.3 |
| Divorced/ widowed/separated | 65.1 | 51.3 | 78.9 | 30.7 | 10.8 | 50.6 | 68.5 | 53.6 | 83.4 |
| Education 0-11 years | 34.7 | 18.1 | 51.2 | 32.5 | 14.0 | 51.0 | 45.2 | 24.2 | 66.3 |
| HS Grad/GED | 58.8 | 49.5 | 68.0 | 19.3 | 12.6 | 26.0 | 53.3 | 42.9 | 63.7 |
| 1 or more years of college | 73.2 | 64.4 | 82.1 | 50.2 | 39.0 | 61.4 | 76.7 | 68.8 | 84.7 |
| Employment Employed for wages | 66.0 | 58.1 | 74.0 | 41.5 | 32.6 | 50.4 | 65.4 | 57.1 | 73.7 |
| Household Income \$24,999 or less | 53.0 | 41.4 | 64.5 | 13.9 | 5.8 | 22.0 | 49.1 | 35.7 | 62.5 |
| \$25,000-49,999 | 62.7 | 51.5 | 73.9 | 45.1 | 32.2 | 58.0 | 67.4 | 55.9 | 78.8 |
| \$50,000 or more | 76.5 | 65.3 | 87.7 | 50.0 | 36.9 | 63.1 | 71.4 | 57.8 | 85.0 |
| Chronic Health Conditions: Hypertension and Weight Control |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\|\mid 12-9,12-10$ | Had high blood pressure (HBP) |  |  | Now taking HBP medication, if had HBP |  |  | Received advice about weight in past year |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 34.3 | 28.1 | 40.6 | 82.2 | 74.5 | 89.9 | 20.7 | 15.8 | 25.6 |
| Sex Men | 36.4 | 27.6 | 45.3 | 76.6 | 63.8 | 89.3 | 19.0 | 12.1 | 25.9 |
| Women | 32.1 | 23.3 | 40.8 | 89.1 | 83.0 | 95.3 | 22.5 | 15.5 | 29.6 |
| Race/ethnicity NH White | 30.8 | 24.1 | 37.5 | 80.4 | 71.6 | 89.3 | 19.8 | 14.5 | 25.0 |
| NH Black | 44.6 | 26.5 | 62.7 |  |  |  | 27.0 | 11.8 | 42.2 |
|  |  |  |  |  |  |  |  |  |  |
|  | 34.5 | 25.2 | 43.7 | 81.2 | 69.1 | 93.3 | 19.4 | 11.8 | 26.9 |
| NH White women | 24.9 | 16.9 | 32.9 | 78.7 | 68.5 | 89.0 | 20.5 | 13.9 | 27.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 16.3 | 9.7 | 22.8 | 54.5 | 32.0 | 77.0 | 12.1 | 7.1 | 17.1 |
|  | 53.4 | 42.8 | 64.0 | 89.6 | 83.3 | 95.9 | 30.6 | 20.4 | 40.8 |
|  | 54.8 | 39.9 | 69.7 | 94.7 | 89.5 | 100.0 | 26.6 | 14.7 | 38.5 |
| Marital Status Never married | 15.0 | 2.9 | 27.0 |  |  |  | 11.4 | 1.7 | 21.2 |
| Married/ living together as a couple | 37.7 | 29.8 | 45.6 | 83.2 | 73.8 | 92.7 | 21.9 | 15.4 | 28.5 |
| Divorced/ widowed/separated | 35.0 | 21.7 | 48.3 | 89.2 | 81.9 | 96.4 | 22.0 | 12.7 | 31.4 |
| Education $0-11$ years <br> HS Grad/GED  | 39.1 | 23.1 | 55.1 | 77.2 | 53.9 | 100.0 | 27.1 | 13.4 | 40.9 |
|  | 38.9 | 29.6 | 48.1 | 82.8 | 73.0 | 92.7 | 21.3 | 14.3 | 28.4 |
|  | 28.1 | 18.2 | 37.9 | 83.6 | 69.8 | 97.3 | 18.0 | 10.1 | 26.0 |
| Employment Employed for wages | 29.1 | 21.3 | 37.0 | 74.9 | 61.9 | 87.9 | 18.1 | 11.8 | 24.4 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 40.8 | 29.3 | 52.2 | 89.2 | 79.4 | 99.1 | 24.2 | 15.2 | 33.1 |
|  | 32.2 | 21.3 | 43.2 | 73.8 | 56.4 | 91.2 | 20.1 | 11.2 | 29.0 |
|  | 23.0 | 12.1 | 33.9 |  |  |  | 17.2 | 7.3 | 27.1 |


| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 80.3 | 75.0 | 85.5 | 83.6 | 75.9 | 91.3 | 31.5 | 25.0 | 37.9 |
| Sex Men | 80.1 | 72.5 | 87.8 | 87.6 | 80.8 | 94.4 | 34.9 | 25.3 | 44.5 |
| Women | 80.4 | 73.2 | 87.5 | 79.3 | 65.7 | 92.9 | 27.9 | 19.7 | 36.2 |
| Race/ethnicity NH White | 83.8 | 78.8 | 88.9 | 82.2 | 72.6 | 91.8 | 30.5 | 23.5 | 37.6 |
| NH Black | 70.5 | 53.7 | 87.3 |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 82.7 | 75.2 | 90.3 | 87.2 | 79.9 | 94.5 | 32.3 | 22.5 | 42.2 |
| NH White women | 85.6 | 80.3 | 90.9 | 74.7 | 55.1 | 94.3 | 27.8 | 18.7 | 36.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 72.9 | 64.6 | 81.2 | 72.1 | 57.7 | 86.4 | 21.8 | 12.1 | 31.5 |
| 45-64 | 90.1 | 83.5 | 96.7 | 91.2 | 86.2 | 96.2 | 35.0 | 25.3 | 44.7 |
| 65 and older | 82.5 | 67.8 | 97.3 | 99.5 | 98.6 | 100.0 | 54.4 | 39.5 | 69.2 |
| Marital Status Never married | 70.1 | 51.5 | 88.6 | 78.9 | 57.2 | 100.0 | 16.7 | 0.0 | 33.9 |
| Married/ living together as a couple | 83.6 | 77.8 | 89.4 | 86.7 | 81.1 | 92.3 | 32.8 | 24.9 | 40.7 |
| Divorced/ widowed/separated | 76.3 | 63.6 | 89.0 | 76.0 | 49.7 | 100.0 | 33.5 | 18.6 | 48.3 |
| Education 0-11 years | 59.0 | 40.9 | 77.1 | 88.1 | 73.3 | 100.0 | 47.4 | 27.1 | 67.6 |
| HS Grad/GED | 78.1 | 70.2 | 86.0 | 92.1 | 87.2 | 97.0 | 34.5 | 24.6 | 44.4 |
| 1 or more years of college | 90.1 | 84.7 | 95.6 | 74.9 | 60.8 | 89.1 | 25.1 | 16.1 | 34.1 |
| Employment Employed for wages | 80.5 | 73.8 | 87.1 | 80.1 | 69.1 | 91.1 | 24.8 | 17.0 | 32.7 |
| Household Income \$24,999 or less | 71.6 | 60.7 | 82.6 | 86.2 | 76.9 | 95.5 | 38.9 | 26.8 | 51.1 |
| \$25,000-49,999 | 85.5 | 77.7 | 93.3 | 77.5 | 61.2 | 93.8 | 24.4 | 14.3 | 34.5 |
| \$50,000 or more | 89.8 | 82.2 | 97.3 | 84.7 | 74.4 | 95.1 | 37.4 | 23.3 | 51.5 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 15.3 | 10.5 | 20.1 | 74.4 | 59.8 | 88.9 | 8.7 | 5.8 | 11.6 |
| Sex Men | 13.1 | 6.1 | 20.0 |  |  |  | 8.3 | 3.7 | 12.8 |
| Women | 17.7 | 11.0 | 24.5 | 75.2 | 56.4 | 94.0 | 9.2 | 5.6 | 12.8 |
| Race/ethnicity NH White | 15.5 | 9.9 | 21.0 | 75.1 | 59.7 | 90.4 | 9.0 | 5.9 | 12.0 |
| NH Black | 14.1 | 1.1 | 27.0 |  |  |  | 10.8 | 0.0 | 21.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 14.6 | 6.6 | 22.5 |  |  |  | 8.1 | 3.9 | 12.3 |
| NH White women | 16.9 | 10.1 | 23.7 | 80.8 | 68.2 | 93.4 | 10.4 | 6.1 | 14.7 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 14.1 | 7.7 | 20.6 | 56.6 | 31.4 | 81.9 | 3.1 | 0.3 | 5.9 |
| 45-64 | 17.8 | 8.2 | 27.4 |  |  |  | 9.9 | 5.4 | 14.4 |
| 65 and older | 14.1 | 5.6 | 22.6 |  |  |  | 27.1 | 13.9 | 40.4 |
| Marital Status Never married | 10.0 | 0.0 | 23.7 |  |  |  | 1.6 | 0.0 | 4.1 |
| Married/ living together as a couple | 16.8 | 10.3 | 23.2 | 79.3 | 64.2 | 94.5 | 8.6 | 4.7 | 12.5 |
| Divorced/ widowed/separated | 14.0 | 6.9 | 21.0 |  |  |  | 12.9 | 6.2 | 19.6 |
| Education 0-11 years | 11.8 | 3.1 | 20.5 |  |  |  | 17.0 | 6.4 | 27.6 |
| HS Grad/GED | 18.1 | 10.3 | 25.8 | 77.8 | 56.5 | 99.1 | 9.1 | 4.2 | 14.0 |
| 1 or more years of college | 13.6 | 6.0 | 21.1 |  |  |  | 5.5 | 2.5 | 8.6 |
| Employment Employed for wages | 15.6 | 9.2 | 22.0 | 74.6 | 57.4 | 91.8 | 4.7 | 2.2 | 7.2 |
| Household Income \$24,999 or less | 16.9 | 8.2 | 25.5 |  |  |  | 9.1 | 4.3 | 13.9 |
| \$25,000-49,999 | 14.1 | 6.0 | 22.1 |  |  |  | 8.8 | 3.0 | 14.6 |
| \$50,000 or more | 20.2 | 7.2 | 33.1 |  |  |  | 7.2 | 1.8 | 12.6 |




(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Volusia County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Volusia County, 516 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Volusia County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | CI |  | \% | Cl |  |
| All | 443,343 | 15,982,378 | 16.5 | 12.9 | 20.1 | 57.9 | 50.6 | 65.1 |
| Sex Men | 48.6\% | 48.8\% | 15.5 | 9.7 | 21.3 | 54.9 | 44.1 | 65.7 |
| Women | 51.4\% | 51.2\% | 17.4 | 12.9 | 22.0 | 61.4 | 51.9 | 70.9 |
| Race/ethnicity NH White | 81.9\% | 65.4\% | 15.8 | 11.9 | 19.6 | 59.9 | 52.0 | 67.8 |
| NH Black | 9.1\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 6.6\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 39.7\% | 31.9\% | 13.5 | 7.5 | 19.5 | 57.8 | 46.1 | 69.5 |
| NH White women | 42.2\% | 33.6\% | 17.8 | 12.8 | 22.8 | 62.6 | 52.4 | 72.8 |
| NH Black men | 4.3\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.8\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 3.4\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 3.2\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 33.5\% | 36.9\% | 8.8 | 4.1 | 13.5 | 53.8 | 43.6 | 64.0 |
| 45-64 | 24.2\% | 22.7\% | 21.9 | 14.4 | 29.3 | 65.8 | 55.5 | 76.1 |
| 65 and older | 22.1\% | 17.6\% | 22.2 | 15.3 | 29.2 |  |  |  |
| Marital Status Never married | 20.1\% | 22.5\% | 15.1 | 3.2 | 27.0 | 64.9 | 45.4 | 84.4 |
| Married/ living together as a couple | 54.3\% | 53.7\% | 14.1 | 9.5 | 18.8 | 60.3 | 51.0 | 69.6 |
| Divorced/ widowed/separated | 25.6\% | 23.8\% | 23.4 | 16.7 | 30.0 | 45.1 | 31.1 | 59.1 |
| Education 0-11 years | 18.0\% | 20.1\% | 45.1 | 25.9 | 64.3 |  |  |  |
| HS Grad/GED | 32.3\% | 28.7\% | 18.4 | 12.1 | 24.7 | 56.1 | 43.1 | 69.2 |
| 1 or more years of college | 49.8\% | 51.1\% | 10.9 | 7.1 | 14.7 | 62.1 | 53.0 | 71.2 |
| Employment Employed for wages | 51.9\% | 54.9\% | 13.0 | 7.8 | 18.1 | 57.9 | 50.6 | 65.1 |
| Household Income \$24,999 or less | 33.8\% | 30.8\% | 31.1 | 22.3 | 39.9 | 54.4 | 37.8 | 70.9 |
| \$25,000-49,999 | 34.2\% | 31.6\% | 11.2 | 5.7 | 16.7 | 57.3 | 45.7 | 68.9 |
| \$50,000 or more | 32.0\% | 37.6\% | 9.5 | 4.1 | 15.0 | 59.9 | 46.6 | 73.3 |

[^64]



## Chronic Health Conditions: High Cholesterol

| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% | CI |  | \% | Cl |  | \% | CI |  |
| All | 86.3 | 82.7 | 89.9 | 87.9 | 84.2 | 91.5 | 40.4 | 35.2 | 45.6 |
| Sex Men | 84.3 | 78.3 | 90.3 | 84.1 | 77.6 | 90.7 | 40.6 | 32.0 | 49.1 |
| Women | 87.9 | 83.7 | 92.2 | 91.0 | 87.2 | 94.8 | 40.3 | 33.8 | 46.7 |
| Race/ethnicity NH White | 87.6 | 83.7 | 91.4 | 87.4 | 83.3 | 91.5 | 40.0 | 34.4 | 45.5 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 85.1 | 78.6 | 91.7 | 84.4 | 77.3 | 91.6 | 38.2 | 29.1 | 47.3 |
| NH White women | 89.8 | 85.6 | 93.9 | 90.0 | 85.6 | 94.4 | 41.5 | 34.6 | 48.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 77.4 | 70.4 | 84.4 | 86.4 | 80.0 | 92.8 | 21.5 | 12.9 | 30.1 |
| 45-64 | 88.4 | 82.0 | 94.8 | 82.4 | 74.9 | 90.0 | 46.8 | 37.6 | 55.9 |
| 65 and older | 96.0 | 92.6 | 99.4 | 94.6 | 89.8 | 99.3 | 53.5 | 44.9 | 62.1 |
| Marital Status Never married | 63.8 | 48.2 | 79.3 | 86.9 | 73.7 | 100.0 | 17.9 | 2.1 | 33.8 |
| Married/ living together as a couple | 90.4 | 86.1 | 94.7 | 88.1 | 83.4 | 92.8 | 41.3 | 34.5 | 48.1 |
| Divorced/ widowed/separated | 85.6 | 79.5 | 91.7 | 87.4 | 80.8 | 93.9 | 45.4 | 36.4 | 54.4 |
| Education 0-11 years | 76.5 | 57.8 | 95.3 | 91.0 | 81.3 | 100.0 | 50.5 | 28.4 | 72.5 |
| HS Grad/GED | 85.0 | 78.7 | 91.2 | 81.8 | 73.9 | 89.8 | 36.9 | 28.0 | 45.7 |
| 1 or more years of college | 88.5 | 84.4 | 92.7 | 90.8 | 86.8 | 94.8 | 41.1 | 34.3 | 47.9 |
| Employment Employed for wages | 83.3 | 77.7 | 88.9 | 82.4 | 76.4 | 88.5 | 32.3 | 24.9 | 39.7 |
| Household Income \$24,999 or less | 82.6 | 74.6 | 90.5 | 89.2 | 83.3 | 95.2 | 51.8 | 41.9 | 61.7 |
| \$25,000-49,999 | 84.7 | 78.5 | 90.9 | 84.4 | 76.9 | 91.8 | 36.1 | 26.9 | 45.3 |
| \$50,000 or more | 92.4 | 86.7 | 98.1 | 85.6 | 78.1 | 93.0 | 35.8 | 25.4 | 46.1 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 8.2 | 5.6 | 10.8 | 60.5 | 43.6 | 77.3 | 7.3 | 4.9 | 9.6 |
| Sex Men | 5.3 | 2.0 | 8.5 |  |  |  | 8.5 | 4.5 | 12.5 |
| Women | 10.7 | 6.8 | 14.6 | 68.9 | 50.1 | 87.7 | 6.3 | 3.6 | 9.0 |
| Race/ethnicity NH White | 8.2 | 5.4 | 11.1 | 64.2 | 46.0 | 82.5 | 6.6 | 4.3 | 9.0 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 5.3 | 1.7 | 8.8 |  |  |  | 7.2 | 3.4 | 11.0 |
| NH White women | 10.9 | 6.5 | 15.3 |  |  |  | 6.1 | 3.2 | 9.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 9.8 | 4.9 | 14.6 |  |  |  | 1.9 | 0.0 | 4.4 |
| 45-64 | 7.9 | 3.7 | 12.2 |  |  |  | 11.2 | 5.9 | 16.5 |
| 65 and older | 6.0 | 1.9 | 10.1 |  |  |  | 10.6 | 5.9 | 15.2 |
| Marital Status Never married | 12.9 | 2.1 | 23.6 |  |  |  | 5.7 | 0.0 | 12.1 |
| Married/ living together as a couple | 8.5 | 5.0 | 12.0 |  |  |  | 5.4 | 2.7 | 8.2 |
| Divorced/ widowed/separated | 4.8 | 1.9 | 7.8 |  |  |  | 12.6 | 7.1 | 18.2 |
| Education 0-11 years | 5.3 | 0.0 | 14.2 |  |  |  | 12.7 | 0.8 | 24.5 |
| HS Grad/GED | 8.3 | 3.4 | 13.2 |  |  |  | 7.6 | 3.3 | 11.8 |
| 1 or more years of college | 8.6 | 5.3 | 11.8 |  |  |  | 6.3 | 3.6 | 9.0 |
| Employment Employed for wages | 9.1 | 5.3 | 12.9 |  |  |  | 5.7 | 2.4 | 9.0 |
| Household Income \$24,999 or less | 8.4 | 3.6 | 13.1 |  |  |  | 10.4 | 5.2 | 15.7 |
| \$25,000-49,999 | 8.7 | 3.7 | 13.7 |  |  |  | 4.9 | 1.1 | 8.7 |
| \$50,000 or more | 10.5 | 4.9 | 16.1 |  |  |  | 4.8 | 1.1 | 8.5 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 21.6 | 17.4 | 25.7 | 24.6 | 20.2 | 28.9 | 24.3 | 20.0 | 28.6 |
| Sex Men | 18.6 | 12.4 | 24.9 | 20.9 | 14.5 | 27.4 | 22.2 | 15.7 | 28.7 |
| Women | 24.0 | 18.5 | 29.5 | 27.6 | 21.8 | 33.4 | 26.1 | 20.4 | 31.8 |
| Race/ethnicity NH White | 20.3 | 16.1 | 24.6 | 22.1 | 17.8 | 26.5 | 22.5 | 18.1 | 26.9 |
| Race/elmicity NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 16.6 | 10.3 | 22.9 | 16.6 | 10.6 | 22.7 | 19.1 | 12.6 | 25.5 |
|  | 23.5 | 17.8 | 29.2 | 27.0 | 20.9 | 33.0 | 25.5 | 19.7 | 31.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 20.5 | 13.1 | 27.9 | 23.4 | 15.6 | 31.1 | 24.5 | 16.8 | 32.2 |
|  | 24.0 | 16.8 | 31.3 | 23.9 | 16.8 | 31.0 | 26.8 | 19.1 | 34.4 |
|  | 20.6 | 13.7 | 27.5 | 26.8 | 19.4 | 34.3 | 22.6 | 15.7 | 29.5 |
| Marital Status Never married | 18.3 | 7.1 | 29.6 | 31.0 | 15.6 | 46.4 | 29.9 | 15.4 | 44.4 |
| Married/ living together as a couple | 24.6 | 18.9 | 30.3 | 25.2 | 19.5 | 30.9 | 24.4 | 18.9 | 30.0 |
| Divorced/ widowed/separated | 16.0 | 9.1 | 22.9 | 20.7 | 13.6 | 27.9 | 22.1 | 14.4 | 29.8 |
| Education <br> HS Grad/GED | 43.7 | 23.5 | 63.9 | 48.0 | 27.9 | 68.1 | 33.0 | 13.0 | 52.9 |
|  | 19.8 | 13.2 | 26.4 | 25.1 | 17.8 | 32.3 | 22.6 | 15.6 | 29.6 |
|  | 19.4 | 14.2 | 24.5 | 20.8 | 15.6 | 26.1 | 24.1 | 18.6 | 29.6 |
| Employment Employed for wages | 19.4 | 13.4 | 25.4 | 21.0 | 14.9 | 27.1 | 22.8 | 16.6 | 29.0 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 27.7 | 19.3 | 36.1 | 36.4 | 27.4 | 45.3 | 27.2 | 19.0 | 35.5 |
|  | 19.8 | 12.7 | 26.9 | 24.0 | 16.4 | 31.6 | 28.2 | 20.1 | 36.3 |
|  | 19.7 | 11.2 | 28.2 | 14.4 | 6.8 | 21.9 | 20.9 | 12.7 | 29.1 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 29.6 | 25.2 | 33.9 | 2.5 | 1.1 | 3.9 | 25.4 | 21.1 | 29.6 |
| Sex Men | 23.2 | 16.8 | 29.6 | 2.4 | 0.1 | 4.7 | 23.5 | 16.8 | 30.3 |
| Women | 35.1 | 29.3 | 41.0 | 2.5 | 0.8 | 4.3 | 26.8 | 21.4 | 32.3 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 30.6 | 25.9 | 35.3 | 2.8 | 1.1 | 4.5 | 25.8 | 21.2 | 30.3 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men <br>  NH White women | 22.8 | 15.9 | 29.6 | 2.5 | 0.0 | 5.1 | 23.5 | 16.3 | 30.7 |
|  | 37.8 | 31.5 | 44.1 | 3.1 | 1.0 | 5.2 | 27.8 | 22.0 | 33.6 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 14.1 | 8.2 | 20.1 | 1.8 | 0.0 | 4.1 | 10.3 | 4.4 | 16.2 |
|  | 26.9 | 19.3 | 34.5 | 0.9 | 0.0 | 2.5 | 17.1 | 10.4 | 23.8 |
|  | 51.1 | 42.8 | 59.4 | 4.9 | 1.6 | 8.1 | 52.1 | 43.7 | 60.5 |
| Marital Status Never married | 23.6 | 9.0 | 38.3 | 1.3 | 0.0 | 4.0 | 7.5 | 0.0 | 15.5 |
| Married/ living together as a couple | 29.4 | 23.7 | 35.1 | 2.3 | 0.4 | 4.3 | 24.2 | 18.6 | 29.9 |
| Divorced/ widowed/separated | 32.9 | 25.5 | 40.3 | 3.3 | 0.8 | 5.9 | 35.2 | 27.2 | 43.3 |
| Education $0-11$ years <br> HS Grad/GED  | 20.9 | 7.3 | 34.5 |  |  |  | 24.1 | 9.4 | 38.8 |
|  | 33.7 | 25.7 | 41.6 |  |  |  | 28.1 | 20.5 | 35.6 |
|  | 28.6 | 23.0 | 34.1 |  |  |  | 24.0 | 18.4 | 29.6 |
| Employment Employed for wages | 16.8 | 11.8 | 21.9 | 1.9 | 0.0 | 3.9 | 12.9 | 8.0 | 17.9 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 27.7 | 20.1 | 35.4 | 3.1 | 0.2 | 5.9 | 33.0 | 24.2 | 41.7 |
|  | 27.2 | 19.8 | 34.7 | 2.8 | 0.0 | 5.7 | 21.7 | 14.7 | 28.8 |
|  | 23.3 | 15.0 | 31.6 | 0.7 | 0.0 | 1.6 | 17.1 | 8.9 | 25.4 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
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# Prevalence of Major Behavioral Risk Factors in Wakulla County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Wakulla County, 500 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Wakulla County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | CI |  |
| All | 22,863 | 15,982,378 | 22.9 | 15.8 | 30.1 | 54.1 | 46.2 | 62.1 |
| Sex Men | 51.8\% | 48.8\% | 27.3 | 14.4 | 40.2 | 51.4 | 39.8 | 63.0 |
| Women | 48.2\% | 51.2\% | 18.6 | 13.5 | 23.7 | 57.9 | 47.2 | 68.5 |
| Race/ethnicity NH White | 84.8\% | 65.4\% | 23.2 | 14.9 | 31.4 | 53.9 | 45.8 | 62.0 |
| NH Black | 11.3\% | 14.2\% | 30.4 | 12.4 | 48.5 |  |  |  |
| Hispanic | 1.9\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 43.2\% | 31.9\% | 27.7 | 13.0 | 42.5 | 50.0 | 38.3 | 61.7 |
| NH White women | 41.7\% | 33.6\% | 18.6 | 13.0 | 24.3 | 58.8 | 47.6 | 69.9 |
| NH Black men | 6.4\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 4.9\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.1\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.8\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 39.3\% | 36.9\% | 19.4 | 5.7 | 33.2 | 51.6 | 40.2 | 63.1 |
| 45-64 | 24.7\% | 22.7\% | 22.8 | 16.3 | 29.4 | 58.5 | 47.5 | 69.5 |
| 65 and older | 10.3\% | 17.6\% | 37.8 | 27.1 | 48.5 |  |  |  |
| Marital Status Never married | 19.5\% | 22.5\% | 15.2 | 4.2 | 26.2 | 65.4 | 45.4 | 85.4 |
| Married/ living together as a couple | 55.5\% | 53.7\% | 18.3 | 13.6 | 23.0 | 55.5 | 45.3 | 65.8 |
| Divorced/ widowed/separated | 25.0\% | 23.8\% | 40.3 | 17.5 | 63.0 | 41.4 | 28.9 | 54.0 |
| Education 0-11 years | 21.6\% | 20.1\% | 46.8 | 33.2 | 60.3 |  |  |  |
| HS Grad/GED | 34.9\% | 28.7\% | 28.0 | 12.6 | 43.3 | 47.2 | 33.3 | 61.1 |
| 1 or more years of college | 43.4\% | 51.1\% | 11.3 | 7.3 | 15.4 | 57.7 | 47.4 | 67.9 |
| Employment Employed for wages | 60.0\% | 54.9\% | 17.0 | 5.8 | 28.2 | 54.1 | 46.2 | 62.1 |
| Household Income \$24,999 or less | 30.2\% | 30.8\% | 43.2 | 25.2 | 61.1 | 47.1 | 31.2 | 63.0 |
| \$25,000 - 49,999 | 35.2\% | 31.6\% | 18.3 | 11.3 | 25.4 | 45.8 | 31.5 | 60.1 |
| \$50,000 or more | 34.6\% | 37.6\% | 7.7 | 3.0 | 12.4 | 62.2 | 48.8 | 75.6 |

[^65]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 32.2 | 25.3 | 39.2 | 56.2 | 51.2 | 61.1 | 78.0 | 73.5 | 82.4 |
| Sex Men | 31.8 | 19.4 | 44.2 | 48.3 | 40.9 | 55.6 | 69.1 | 60.9 | 77.3 |
| Women | 32.6 | 26.1 | 39.2 | 63.2 | 56.7 | 69.8 | 86.6 | 82.1 | 91.1 |
| Race/ethnicity NH White | 30.9 | 23.0 | 38.8 | 55.6 | 50.2 | 60.9 | 78.1 | 73.3 | 83.0 |
| NH Black | 45.2 | 25.6 | 64.8 | 57.7 | 38.4 | 76.9 | 77.5 | 61.0 | 94.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 32.4 | 18.3 | 46.5 | 47.8 | 39.9 | 55.7 | 70.1 | 61.1 | 79.1 |
| NH White women | 29.4 | 22.6 | 36.2 | 62.5 | 55.3 | 69.6 | 86.1 | 81.2 | 91.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 29.7 | 16.8 | 42.5 | 45.2 | 37.6 | 52.8 | 74.0 | 66.3 | 81.7 |
| 45-64 | 32.4 | 24.9 | 39.8 | 65.5 | 58.0 | 73.0 | 79.4 | 73.1 | 85.6 |
| 65 and older | 39.0 | 28.1 | 49.9 | 65.1 | 54.8 | 75.5 | 86.6 | 79.6 | 93.6 |
| Marital Status Never married | 36.3 | 21.0 | 51.7 | 53.7 | 37.4 | 70.1 | 66.6 | 50.4 | 82.7 |
| Married/ living together as a couple | 26.8 | 21.3 | 32.3 | 54.9 | 48.9 | 60.9 | 77.2 | 72.1 | 82.2 |
| Divorced/ widowed/separated | 46.1 | 24.9 | 67.2 | 62.1 | 52.1 | 72.2 | 85.6 | 77.6 | 93.7 |
| Education 0-11 years | 51.8 | 38.2 | 65.4 | 73.2 | 60.8 | 85.6 | 87.2 | 77.1 | 97.3 |
| HS Grad/GED | 41.2 | 27.6 | 54.9 | 57.9 | 49.5 | 66.2 | 82.0 | 75.1 | 88.9 |
| 1 or more years of college | 18.3 | 12.9 | 23.8 | 49.8 | 42.7 | 56.8 | 71.6 | 65.2 | 78.1 |
| Employment Employed for wages | 29.7 | 19.4 | 40.1 | 51.5 | 45.1 | 57.8 | 74.2 | 67.9 | 80.5 |
| Household Income \$24,999 or less | 51.9 | 36.0 | 67.8 | 55.7 | 45.9 | 65.5 | 79.6 | 69.9 | 89.4 |
| \$25,000 - 49,999 | 28.3 | 19.7 | 36.8 | 59.0 | 49.9 | 68.2 | 83.7 | 77.3 | 90.0 |
| \$50,000 or more | 13.1 | 7.3 | 19.0 | 48.1 | 39.0 | 57.2 | 68.8 | 60.2 | 77.4 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 30.8 | 25.8 | 35.8 | 28.1 | 23.2 | 33.0 | 76.6 | 72.1 | 81.1 |
| Sex Men <br>  Women | 34.8 | 26.3 | 43.3 | 27.5 | 20.0 | 35.1 | 79.9 | 73.4 | 86.4 |
|  | 26.9 | 21.0 | 32.7 | 28.7 | 22.5 | 35.0 | 73.3 | 67.3 | 79.2 |
| Race/ethnicity NH White | 31.5 | 25.9 | 37.2 | 24.8 | 19.8 | 29.9 | 77.3 | 72.6 | 82.0 |
| NH Black | 33.0 | 15.5 | 50.6 | 54.8 | 35.7 | 73.9 | 84.3 | 69.5 | 99.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 35.1 | 25.5 | 44.6 | 25.8 | 17.8 | 33.8 | 82.6 | 76.2 | 89.0 |
| NH White women | 28.0 | 21.5 | 34.5 | 23.8 | 17.5 | 30.1 | 72.0 | 65.5 | 78.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age <br>  <br>  | 32.9 | 24.4 | 41.4 | 20.9 | 14.0 | 27.7 | 76.6 | 69.5 | 83.7 |
|  | 27.1 | 20.3 | 33.9 | 38.1 | 30.1 | 46.0 | 79.3 | 72.9 | 85.7 |
|  | 34.4 | 24.0 | 44.8 | 31.8 | 20.9 | 42.6 | 72.0 | 62.2 | 81.7 |
| Marital Status Never married | 27.9 | 13.8 | 42.1 | 21.8 | 8.4 | 35.1 | 83.4 | 71.4 | 95.5 |
| Married/ living together as a couple | 33.1 | 27.4 | 38.7 | 32.1 | 26.4 | 37.8 | 72.8 | 67.4 | 78.2 |
| Divorced/ widowed/separated | 25.7 | 14.1 | 37.3 | 19.7 | 9.9 | 29.6 | 84.2 | 76.2 | 92.2 |
| Education $0-11$ years <br> HS Grad/GED  | 30.7 | 18.0 | 43.5 | 48.0 | 34.4 | 61.5 | 87.9 | 79.7 | 96.2 |
|  | 23.9 | 16.1 | 31.7 | 25.7 | 17.2 | 34.2 | 80.4 | 73.4 | 87.5 |
|  | 37.4 | 30.6 | 44.1 | 24.4 | 18.4 | 30.5 | 69.7 | 63.1 | 76.3 |
| Employment Employed for wages | 34.6 | 27.4 | 41.8 | 22.9 | 17.0 | 28.8 | 77.7 | 71.8 | 83.6 |
| Household Income | 25.3 | 15.1 | 35.6 | 26.0 | 15.3 | 36.6 | 82.4 | 73.8 | 90.9 |
|  | 30.2 | 21.8 | 38.6 | 36.3 | 27.2 | 45.4 | 79.8 | 72.9 | 86.7 |
|  | 37.6 | 28.7 | 46.4 | 22.2 | 14.6 | 29.7 | 70.1 | 61.6 | 78.5 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 31.7 | 24.7 | 38.7 | 53.5 | 39.0 | 67.9 | 13.4 | 9.9 | 16.9 |
| Sex Men | 36.8 | 24.8 | 48.8 | 60.9 | 40.4 | 81.4 | 20.4 | 13.8 | 27.1 |
| Women | 26.7 | 20.6 | 32.7 | 43.3 | 30.4 | 56.1 | 6.5 | 3.4 | 9.7 |
| Race/ethnicity NH White | 32.1 | 24.2 | 40.0 | 54.7 | 38.6 | 70.7 | 13.8 | 9.9 | 17.7 |
| NH Black | 28.7 | 10.8 | 46.6 |  |  |  | 7.8 | 0.0 | 18.8 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 37.7 | 24.1 | 51.2 | 60.8 | 37.7 | 83.9 | 21.6 | 14.1 | 29.1 |
| NH White women | 26.5 | 20.1 | 32.9 | 45.9 | 31.9 | 59.8 | 6.0 | 2.8 | 9.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 40.4 | 28.6 | 52.1 | 60.5 | 41.1 | 79.8 | 16.8 | 10.6 | 22.9 |
|  | 27.1 | 20.1 | 34.1 | 44.6 | 29.8 | 59.3 | 12.5 | 7.5 | 17.5 |
|  | 12.2 | 5.3 | 19.2 |  |  |  | 3.5 | 0.0 | 7.2 |
| Marital Status Never married <br> Married/ living together as a couple  | 30.9 | 15.7 | 46.2 |  |  |  | 39.9 | 23.5 | 56.2 |
|  | 28.5 | 22.9 | 34.1 | 46.2 | 34.3 | 58.2 | 9.9 | 6.3 | 13.5 |
| Divorced/ widowed/separated | 41.3 | 19.0 | 63.6 | 69.9 | 41.5 | 98.4 | 10.8 | 4.5 | 17.1 |
| Education 0-11 years | 30.3 | 17.8 | 42.7 |  |  |  | 10.1 | 1.9 | 18.4 |
| HS Grad/GED | 43.2 | 29.8 | 56.5 | 56.7 | 34.0 | 79.4 | 14.0 | 7.7 | 20.2 |
| 1 or more years of college | 21.9 | 16.1 | 27.7 | 43.5 | 28.4 | 58.7 | 14.0 | 9.1 | 18.8 |
| Employment Employed for wages | 36.6 | 26.8 | 46.4 | 52.0 | 32.7 | 71.3 | 16.7 | 11.5 | 21.8 |
| Household Income \$24,999 or less | 49.3 | 32.7 | 66.0 | 74.8 | 57.1 | 92.5 | 13.3 | 5.8 | 20.9 |
| \$25,000-49,999 | 30.9 | 21.9 | 39.8 | 27.4 | 12.2 | 42.7 | 15.8 | 9.2 | 22.4 |
| \$50,000 or more | 19.7 | 12.4 | 26.9 |  |  |  | 12.2 | 6.3 | 18.1 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | Cl |  | \% | CI |  | \% | Cl |  |
| All | 15.2 | 11.4 | 19.0 | 13.7 | 10.1 | 17.2 | 10.6 | 3.1 | 18.1 |
| Sex Men <br>  Women | 15.8 | 9.9 | 21.8 | 16.5 | 10.8 | 22.3 | 12.4 | 0.0 | 26.7 |
|  | 14.5 | 9.7 | 19.4 | 10.8 | 6.3 | 15.4 | 8.9 | 4.9 | 13.0 |
| Race/ethnicity NH White | 13.7 | 9.8 | 17.6 | 12.7 | 9.1 | 16.4 | 10.6 | 1.9 | 19.3 |
| NH Black | 34.5 | 14.0 | 55.1 | 19.1 | 3.2 | 35.0 | 7.0 | 0.0 | 16.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 15.6 | 9.1 | 22.0 | 16.7 | 10.3 | 23.0 | 12.8 | 0.0 | 29.4 |
| NH White women | 11.8 | 7.1 | 16.4 | 8.8 | 4.6 | 13.0 | 8.4 | 4.4 | 12.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 19.7 | 12.9 | 26.4 | 16.5 | 10.3 | 22.7 | 16.0 | 1.9 | 30.0 |
| 45-64 | 14.5 | 9.0 | 20.1 | 11.5 | 6.8 | 16.2 | 5.6 | 2.6 | 8.7 |
| 65 and older | 1.2 | 0.0 | 3.5 | 9.6 | 3.4 | 15.9 | 4.3 | 0.1 | 8.4 |
| Marital Status Never married | 21.9 | 6.8 | 37.0 | 16.9 | 4.7 | 29.2 | 4.4 | 0.0 | 11.2 |
| Married/ living together as a couple | 14.6 | 10.2 | 19.0 | 13.6 | 9.2 | 18.0 | 6.5 | 3.4 | 9.7 |
| Divorced/ widowed/separated | 13.7 | 5.9 | 21.6 | 12.3 | 5.5 | 19.2 | 25.6 | 0.0 | 52.5 |
| Education $0-11$ years <br> HS Grad/GED  | 23.8 | 11.8 | 35.7 | 23.0 | 11.4 | 34.7 | 12.1 | 3.4 | 20.7 |
|  | 21.1 | 13.2 | 28.9 | 17.7 | 10.7 | 24.7 | 16.3 | 0.0 | 33.1 |
|  | 7.5 | 4.1 | 11.0 | 7.5 | 3.9 | 11.1 | 5.2 | 2.5 | 8.0 |
| Employment Employed for wages | 14.0 | 9.3 | 18.8 | 11.8 | 7.5 | 16.1 | 11.0 | 0.0 | 22.5 |
| Household Income \$24,999 or less | 30.7 | 18.6 | 42.8 | 18.7 | 9.8 | 27.7 | 25.9 | 4.2 | 47.6 |
| \$25,000-49,999 | 12.3 | 6.8 | 17.8 | 10.9 | 5.0 | 16.9 | 5.0 | 0.4 | 9.5 |
| \$50,000 or more | 2.8 | 0.0 | 6.1 | 10.0 | 4.6 | 15.4 | 2.5 | 0.1 | 4.8 |



| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 84.7 | 80.9 | 88.5 | 91.6 | 88.6 | 94.6 | 39.1 | 31.3 | 46.9 |
| Sex Men | 84.6 | 78.9 | 90.4 | 91.4 | 86.8 | 96.0 | 44.2 | 31.0 | 57.5 |
| Women | 84.8 | 79.8 | 89.9 | 91.8 | 87.9 | 95.8 | 34.2 | 26.7 | 41.7 |
| Race/ethnicity NH White | 84.8 | 80.7 | 89.0 | 90.7 | 87.2 | 94.1 | 39.7 | 30.9 | 48.5 |
| NH Black | 83.5 | 70.4 | 96.6 |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 84.5 | 78.0 | 90.9 | 89.9 | 84.5 | 95.4 | 45.1 | 30.3 | 59.9 |
| NH White women | 85.2 | 80.0 | 90.4 | 91.3 | 86.9 | 95.7 | 34.5 | 26.2 | 42.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 75.4 | 67.8 | 82.9 | 85.5 | 78.8 | 92.1 | 31.3 | 14.7 | 47.9 |
| 45-64 | 93.3 | 89.7 | 96.9 | 95.4 | 92.5 | 98.4 | 44.3 | 35.4 | 53.2 |
| 65 and older | 94.9 | 90.6 | 99.2 | 98.5 | 96.3 | 100.0 | 48.5 | 37.0 | 60.1 |
| Marital Status Never married | 72.4 | 57.6 | 87.2 | 89.2 | 77.0 | 100.0 | 14.4 | 0.9 | 27.8 |
| Married/ living together as a couple | 86.1 | 81.8 | 90.5 | 91.6 | 88.0 | 95.3 | 34.7 | 28.5 | 40.9 |
| Divorced/ widowed/separated | 86.4 | 78.7 | 94.2 | 92.5 | 86.8 | 98.2 | 61.4 | 42.7 | 80.1 |
| Education 0-11 years | 78.7 | 67.1 | 90.4 | 88.1 | 77.9 | 98.4 | 56.4 | 40.4 | 72.4 |
| HS Grad/GED | 84.0 | 77.4 | 90.7 | 91.3 | 86.2 | 96.4 | 44.3 | 28.6 | 59.9 |
| 1 or more years of college | 86.9 | 82.0 | 91.8 | 92.6 | 88.8 | 96.5 | 30.7 | 23.9 | 37.5 |
| Employment Employed for wages | 83.5 | 78.5 | 88.5 | 92.1 | 88.4 | 95.9 | 33.0 | 21.0 | 44.9 |
| Household Income \$24,999 or less | 83.1 | 74.7 | 91.5 | 89.9 | 83.0 | 96.7 | 48.9 | 28.6 | 69.1 |
| \$25,000 - 49,999 | 86.1 | 79.6 | 92.5 | 91.5 | 86.0 | 97.0 | 37.9 | 27.0 | 48.8 |
| \$50,000 or more | 87.2 | 80.6 | 93.8 | 90.8 | 85.1 | 96.6 | 29.6 | 20.9 | 38.3 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 12.9 | 9.6 | 16.1 | 82.6 | 72.7 | 92.5 | 7.0 | 4.8 | 9.2 |
| Sex Men | 11.2 | 6.6 | 15.7 |  |  |  | 7.5 | 4.0 | 10.9 |
| Women | 14.6 | 10.1 | 19.1 | 90.6 | 81.4 | 99.8 | 6.6 | 3.9 | 9.3 |
| Race/ethnicity NH White | 12.8 | 9.3 | 16.3 | 81.0 | 69.7 | 92.3 | 5.7 | 3.7 | 7.8 |
| NH Black | 15.0 | 0.7 | 29.3 |  |  |  | 26.1 | 9.0 | 43.2 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 10.4 | 5.6 | 15.2 |  |  |  | 6.8 | 3.5 | 10.1 |
| NH White women | 15.2 | 10.2 | 20.2 | 89.3 | 78.7 | 99.8 | 4.7 | 2.2 | 7.1 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 13.4 | 8.1 | 18.7 | 79.5 | 62.8 | 96.2 | 0.7 | 0.0 | 1.7 |
| 45-64 | 12.0 | 7.4 | 16.5 | 82.7 | 68.3 | 97.0 | 10.2 | 5.8 | 14.7 |
| 65 and older | 13.4 | 5.9 | 21.0 |  |  |  | 22.5 | 13.6 | 31.4 |
| Marital Status Never married | 15.7 | 3.7 | 27.7 |  |  |  | 2.8 | 0.0 | 6.8 |
| Married/ living together as a couple | 12.7 | 8.9 | 16.5 | 81.8 | 68.8 | 94.8 | 7.2 | 4.4 | 10.0 |
| Divorced/ widowed/separated | 12.1 | 5.3 | 18.8 |  |  |  | 8.7 | 3.7 | 13.6 |
| Education 0-11 years | 16.9 | 6.8 | 27.0 |  |  |  | 12.1 | 5.2 | 19.0 |
| HS Grad/GED | 10.6 | 5.9 | 15.4 |  |  |  | 5.3 | 2.0 | 8.7 |
| 1 or more years of college | 13.9 | 9.1 | 18.6 | 82.4 | 67.2 | 97.6 | 7.2 | 4.1 | 10.3 |
| Employment Employed for wages | 11.6 | 7.6 | 15.6 | 73.6 | 57.9 | 89.3 | 3.3 | 1.4 | 5.1 |
| Household Income \$24,999 or less | 16.9 | 8.9 | 24.9 |  |  |  | 9.5 | 4.0 | 15.0 |
| \$25,000-49,999 | 10.4 | 5.4 | 15.4 |  |  |  | 7.4 | 3.4 | 11.3 |
| \$50,000 or more | 14.1 | 7.8 | 20.5 |  |  |  | 4.4 | 1.2 | 7.5 |


| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 20.3 | 15.8 | 24.8 | 24.6 | 20.0 | 29.2 | 22.3 | 17.9 | 26.8 |
| Sex Men | 14.6 | 9.3 | 19.9 | 19.5 | 13.2 | 25.7 | 18.5 | 12.2 | 24.7 |
| Women | 26.0 | 19.3 | 32.8 | 29.8 | 23.5 | 36.2 | 26.2 | 20.2 | 32.2 |
| Race/ethnicity NH White <br>  NH Black <br>  Hispanic | 18.9 | 14.1 | 23.8 | 21.9 | 17.1 | 26.6 | 19.2 | 14.7 | 23.6 |
|  | 22.0 | 7.2 | 36.8 | 43.5 | 24.6 | 62.4 | 53.0 | 33.7 | 72.4 |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 13.8 | 8.1 | 19.5 | 17.3 | 10.8 | 23.7 | 15.6 | 9.4 | 21.8 |
| NH White women | 24.1 | 16.8 | 31.4 | 26.5 | 20.0 | 33.1 | 22.8 | 16.7 | 28.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 14.4 | 8.9 | 19.9 | 22.9 | 15.8 | 30.0 | 18.5 | 12.0 | 25.0 |
|  | 27.2 | 18.8 | 35.5 | 25.9 | 18.8 | 32.9 | 27.3 | 20.1 | 34.5 |
|  | 26.2 | 15.9 | 36.6 | 29.1 | 19.3 | 39.0 | 25.8 | 15.9 | 35.6 |
| Marital Status Never married | 8.3 | 1.9 | 14.8 | 18.4 | 7.3 | 29.4 | 19.6 | 7.5 | 31.7 |
| Married/ living together as a couple | 21.9 | 16.9 | 26.9 | 27.1 | 21.6 | 32.6 | 24.0 | 18.6 | 29.3 |
| Divorced/ widowed/separated | 21.5 | 8.3 | 34.7 | 20.4 | 10.5 | 30.3 | 19.0 | 9.8 | 28.2 |
| Education $0-11$ years <br> HS Grad/GED  | 21.5 | 9.8 | 33.1 | 30.6 | 18.3 | 42.8 | 31.2 | 18.6 | 43.8 |
|  | 24.5 | 15.5 | 33.4 | 26.8 | 18.1 | 35.5 | 21.9 | 14.1 | 29.7 |
|  | 16.5 | 11.3 | 21.6 | 21.3 | 15.5 | 27.0 | 20.4 | 14.7 | 26.1 |
| Employment Employed for wages | 16.9 | 12.1 | 21.7 | 20.0 | 14.6 | 25.4 | 19.0 | 13.7 | 24.3 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 16.3 | 8.7 | 23.9 | 23.6 | 13.7 | 33.5 | 21.8 | 12.3 | 31.4 |
|  | 24.7 | 14.9 | 34.5 | 29.4 | 20.6 | 38.2 | 22.7 | 14.7 | 30.7 |
|  | 17.9 | 11.1 | 24.7 | 20.2 | 13.0 | 27.5 | 19.0 | 11.6 | 26.3 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 14-29 | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 23.3 | 19.0 | 27.6 | 2.0 | 0.9 | 3.2 | 26.3 | 19.1 | 33.5 |
| Sex Men | 19.2 | 13.3 | 25.2 | 1.4 | 0.0 | 2.8 | 29.5 | 16.4 | 42.5 |
| Women | 27.4 | 21.6 | 33.2 | 2.7 | 0.9 | 4.4 | 23.2 | 17.8 | 28.7 |
| Race/ethnicity $\quad$ NH White | 23.0 | 18.3 | 27.7 | 1.4 | 0.4 | 2.4 | 27.9 | 19.7 | 36.1 |
| NH Black | 27.0 | 11.6 | 42.3 | 5.2 | 0.0 | 11.4 | 20.9 | 7.3 | 34.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 18.0 | 11.7 | 24.4 | 0.8 | 0.0 | 2.0 | 30.1 | 15.1 | 45.2 |
| NH White women | 28.1 | 21.6 | 34.5 | 2.0 | 0.3 | 3.7 | 25.7 | 19.5 | 31.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 14.1 | 8.6 | 19.7 | 1.7 | 0.1 | 3.2 | 16.8 | 2.1 | 31.5 |
|  | 22.9 | 16.6 | 29.2 | 1.5 | 0.0 | 3.3 | 20.9 | 14.8 | 27.0 |
|  | 58.8 | 47.8 | 69.9 | 4.9 | 0.9 | 9.0 | 74.2 | 64.1 | 84.3 |
| Marital Status <br> Married/ living together as a couple | 22.4 | 10.0 | 34.8 | 2.1 | 0.0 | 5.2 | 11.1 | 2.7 | 19.5 |
|  | 23.4 | 18.5 | 28.4 | 1.4 | 0.2 | 2.7 | 24.3 | 19.3 | 29.3 |
| Divorced/ widowed/separated | 23.4 | 12.6 | 34.2 | 3.8 | 0.5 | 7.1 | 38.4 | 15.2 | 61.6 |
| Education $0-11$ years <br> HS Grad/GED  <br> 1 1 or more years of college  | 25.3 | 13.9 | 36.7 | 2.1 | 0.0 | 5.2 | 29.2 | 17.6 | 40.7 |
|  | 20.6 | 13.6 | 27.7 | 2.3 | 0.3 | 4.2 | 28.9 | 13.5 | 44.3 |
|  | 25.0 | 19.2 | 30.9 | 1.9 | 0.3 | 3.4 | 23.0 | 17.3 | 28.7 |
| Employment Employed for wages | 16.8 | 11.9 | 21.7 | 1.2 | 0.1 | 2.3 | 19.0 | 7.7 | 30.3 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 22.0 | 13.1 | 31.0 | 3.9 | 0.7 | 7.1 | 35.2 | 15.3 | 55.2 |
|  | 26.8 | 18.8 | 34.8 | 2.5 | 0.2 | 4.8 | 23.4 | 16.1 | 30.6 |
|  | 19.8 | 12.9 | 26.8 |  |  |  | 17.9 | 10.9 | 25.0 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Walton County 

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Walton County, 506 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Walton County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | Cl |  |
| All | 40,601 | 15,982,378 | 20.9 | 16.9 | 25.0 | 54.1 | 46.2 | 62.1 |
| Sex Men | 51.3\% | 48.8\% | 18.0 | 12.5 | 23.6 | 51.4 | 39.8 | 63.0 |
| Women | 48.7\% | 51.2\% | 24.1 | 18.3 | 29.9 | 57.9 | 47.2 | 68.5 |
| Race/ethnicity NH White | 87.3\% | 65.4\% | 20.1 | 15.9 | 24.2 | 53.9 | 45.8 | 62.0 |
| NH Black | 6.9\% | 14.2\% |  |  |  |  |  |  |
| Hispanic | 2.2\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 44.0\% | 31.9\% | 17.8 | 12.0 | 23.7 | 50.0 | 38.3 | 61.7 |
| NH White women | 43.2\% | 33.6\% | 22.3 | 16.4 | 28.2 | 58.8 | 47.6 | 69.9 |
| NH Black men | 4.1\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 2.8\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.3\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.9\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 35.6\% | 36.9\% | 10.6 | 5.9 | 15.3 | 51.6 | 40.2 | 63.1 |
| 45-64 | 26.9\% | 22.7\% | 27.8 | 20.4 | 35.2 | 58.5 | 47.5 | 69.5 |
| 65 and older | 15.8\% | 17.6\% | 31.8 | 22.1 | 41.5 |  |  |  |
| Marital Status Never married | 17.7\% | 22.5\% | 13.9 | 2.5 | 25.2 | 65.4 | 45.4 | 85.4 |
| Married/ living together as a couple | 57.6\% | 53.7\% | 18.2 | 13.3 | 23.1 | 55.5 | 45.3 | 65.8 |
| Divorced/ widowed/separated | 24.7\% | 23.8\% | 31.0 | 22.9 | 39.1 | 41.4 | 28.9 | 54.0 |
| Education 0-11 years | 24.0\% | 20.1\% | 37.7 | 24.1 | 51.4 |  |  |  |
| HS Grad/GED | 32.3\% | 28.7\% | 29.9 | 22.1 | 37.6 | 47.2 | 33.3 | 61.1 |
| 1 or more years of college | 43.6\% | 51.1\% | 12.1 | 7.6 | 16.6 | 57.7 | 47.4 | 67.9 |
| Employment Employed for wages | 52.4\% | 54.9\% | 11.8 | 7.3 | 16.2 | 54.1 | 46.2 | 62.1 |
| Household Income \$24,999 or less | 38.3\% | 30.8\% | 39.7 | 30.4 | 49.0 | 47.1 | 31.2 | 63.0 |
| \$25,000 - 49,999 | 33.0\% | 31.6\% | 18.1 | 11.6 | 24.7 | 45.8 | 31.5 | 60.1 |
| \$50,000 or more | 28.7\% | 37.6\% | 6.3 | 1.3 | 11.3 | 62.2 | 48.8 | 75.6 |

[^66]

| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 31.5 | 26.2 | 36.8 | 46.0 | 35.8 | 56.3 | 12.7 | 8.9 | 16.5 |
| Sex Men | 36.4 | 28.0 | 44.8 | 37.5 | 23.8 | 51.2 | 17.0 | 10.5 | 23.5 |
| Women | 26.3 | 20.0 | 32.5 | 58.7 | 44.7 | 72.6 | 8.2 | 4.5 | 11.8 |
| Race/ethnicity NH White | 32.8 | 27.2 | 38.4 | 42.9 | 32.3 | 53.4 | 13.1 | 9.0 | 17.2 |
| NH Black |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 38.2 | 29.3 | 47.1 | 31.6 | 18.0 | 45.2 | 17.2 | 10.2 | 24.2 |
| NH White women | 27.4 | 20.7 | 34.1 | 58.6 | 44.1 | 73.1 | 9.0 | 5.0 | 13.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 37.8 | 28.5 | 47.0 | 41.6 | 26.7 | 56.5 | 19.0 | 11.8 | 26.3 |
|  | 30.7 | 22.9 | 38.4 | 50.5 | 35.0 | 66.1 | 9.3 | 4.6 | 14.0 |
|  | 19.5 | 9.6 | 29.4 |  |  |  | 4.8 | 0.0 | 9.8 |
| Marital Status Never married | 46.9 | 27.9 | 66.0 |  |  |  | 36.3 | 18.1 | 54.5 |
| Married/ living together as a couple | 23.0 | 16.6 | 29.4 | 43.3 | 27.0 | 59.7 | 7.4 | 4.1 | 10.7 |
| Divorced/ widowed/separated | 41.4 | 32.4 | 50.4 | 45.8 | 30.8 | 60.9 | 11.1 | 5.9 | 16.3 |
| Education $0-11$ years <br> HS Grad/GED  | 42.1 | 27.3 | 56.9 |  |  |  | 5.8 | 0.0 | 12.0 |
|  | 27.1 | 19.4 | 34.7 | 57.3 | 41.2 | 73.4 | 9.9 | 4.4 | 15.3 |
|  | 31.8 | 24.0 | 39.7 | 39.2 | 25.0 | 53.4 | 16.0 | 10.1 | 21.9 |
| Employment Employed for wages | 35.6 | 28.0 | 43.3 | 41.0 | 28.1 | 53.9 | 17.6 | 11.6 | 23.6 |
| Household Income $\quad \$ 24,999$ or less | 34.8 | 25.7 | 43.9 | 48.8 | 32.1 | 65.6 | 8.7 | 3.2 | 14.1 |
| \$25,000-49,999 | 33.9 | 23.8 | 43.9 | 48.9 | 30.2 | 67.6 | 15.6 | 8.8 | 22.5 |
| \$50,000 or more | 32.0 | 20.8 | 43.3 | 35.3 | 14.3 | 56.3 | 15.2 | 6.3 | 24.2 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s)$\\| 1-1,1-5$ | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 21.3 | 16.8 | 25.8 | 25.7 | 20.4 | 31.0 | 9.3 | 6.5 | 12.0 |
| Sex Men <br>  Women | 25.2 | 17.9 | 32.5 | 34.6 | 25.8 | 43.3 | 6.5 | 2.9 | 10.1 |
|  | 17.2 | 12.2 | 22.3 | 16.2 | 11.3 | 21.2 | 12.2 | 8.0 | 16.4 |
| Race/ethnicity | 20.0 | 15.4 | 24.6 | 23.7 | 18.6 | 28.7 | 9.4 | 6.5 | 12.4 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 24.0 | 16.3 | 31.7 | 31.2 | 22.9 | 39.6 | 6.5 | 2.7 | 10.2 |
| NH White women | 16.0 | 11.0 | 21.0 | 16.1 | 10.9 | 21.3 | 12.5 | 8.0 | 16.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 33.6 | 25.0 | 42.3 | 36.6 | 26.8 | 46.3 | 6.2 | 2.8 | 9.6 |
| 45-64 | 17.0 | 11.3 | 22.6 | 22.3 | 15.6 | 29.0 | 16.3 | 10.2 | 22.3 |
| 65 and older | 1.8 | 0.0 | 4.0 | 7.7 | 3.3 | 12.1 | 4.2 | 0.4 | 8.0 |
| Marital Status Never married | 34.3 | 17.7 | 50.9 | 39.1 | 19.0 | 59.2 | 6.6 | 0.0 | 14.2 |
| Married/ living together as a couple | 16.4 | 11.2 | 21.7 | 19.4 | 13.3 | 25.6 | 8.3 | 4.8 | 11.8 |
| Divorced/ widowed/separated | 24.8 | 16.3 | 33.3 | 32.0 | 23.2 | 40.7 | 12.9 | 7.3 | 18.4 |
| Education $0-11$ years <br> HS Grad/GED  | 35.8 | 21.6 | 49.9 | 36.2 | 21.5 | 50.9 | 15.4 | 5.2 | 25.6 |
|  | 27.4 | 19.4 | 35.4 | 27.0 | 19.3 | 34.8 | 11.3 | 6.2 | 16.4 |
|  | 14.4 | 8.7 | 20.1 | 22.5 | 14.5 | 30.5 | 6.7 | 3.4 | 10.0 |
| Employment Employed for wages | 22.8 | 16.5 | 29.1 | 28.4 | 20.4 | 36.3 | 7.3 | 3.9 | 10.7 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br>  $\$ 50,000$ or more | 38.5 | 29.2 | 47.8 | 28.9 | 20.3 | 37.6 | 13.8 | 8.1 | 19.5 |
|  | 21.4 | 12.2 | 30.6 | 28.5 | 17.4 | 39.6 | 6.1 | 2.1 | 10.0 |
|  | 7.1 | 1.9 | 12.4 | 19.0 | 9.3 | 28.8 | 6.8 | 1.8 | 11.7 |




| Disease Prevention: Cardiovascular Disease Prevention |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Being advised by a health professional to... |  |  |  |  |  |  |  |  |
|  | Eat fewer high fat or cholesterol foods |  |  | Eat more fruits and vegetables |  |  | Be more physically active |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 15.0 | 11.6 | 18.4 | 17.6 | 13.9 | 21.2 | 22.3 | 17.9 | 26.7 |
| Sex Men | 12.4 | 7.9 | 16.9 | 13.1 | 8.5 | 17.8 | 19.9 | 13.3 | 26.4 |
| Women | 17.8 | 12.7 | 22.9 | 22.4 | 16.9 | 27.9 | 25.0 | 19.2 | 30.8 |
| Race/ethnicity NH Black <br>   | 15.0 | 11.4 | 18.6 | 16.9 | 13.1 | 20.6 | 21.5 | 17.0 | 26.0 |
|  |  |  |  |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 14.6 | 9.4 | 19.8 | 14.2 | 9.1 | 19.3 | 20.0 | 13.0 | 27.0 |
| NH White women | 15.5 | 10.5 | 20.4 | 19.5 | 14.1 | 25.0 | 23.0 | 17.2 | 28.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 13.1 | 7.9 | 18.4 | 16.9 | 11.0 | 22.9 | 16.1 | 10.3 | 22.0 |
|  | 18.8 | 12.6 | 25.1 | 18.2 | 12.3 | 24.0 | 25.8 | 18.8 | 32.9 |
|  | 12.6 | 6.9 | 18.4 | 17.5 | 10.2 | 24.7 | 30.0 | 18.5 | 41.4 |
| Marital Status Never married | 11.1 | 2.6 | 19.6 | 16.1 | 5.3 | 27.0 | 16.0 | 5.2 | 26.8 |
| Married/ living together as a couple | 16.6 | 11.8 | 21.3 | 17.6 | 12.8 | 22.4 | 25.6 | 19.3 | 31.9 |
| Divorced/ widowed/separated | 13.8 | 8.0 | 19.6 | 18.5 | 12.0 | 25.0 | 17.9 | 11.3 | 24.5 |
| Education <br> HS Grad/GED | 17.0 | 7.0 | 26.9 | 24.7 | 13.2 | 36.2 | 23.2 | 12.2 | 34.2 |
|  | 18.0 | 11.7 | 24.3 | 20.6 | 13.8 | 27.3 | 24.9 | 17.4 | 32.4 |
|  | 12.9 | 8.5 | 17.3 | 14.3 | 9.7 | 18.9 | 20.7 | 14.5 | 26.9 |
| Employment Employed for wages | 12.7 | 8.4 | 17.1 | 12.9 | 8.5 | 17.2 | 15.2 | 10.4 | 20.0 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 18.8 | 11.3 | 26.2 | 26.4 | 17.9 | 34.9 | 28.9 | 20.3 | 37.5 |
|  | 14.9 | 9.1 | 20.6 | 16.7 | 10.5 | 23.0 | 19.4 | 11.4 | 27.3 |
|  | 14.6 | 7.9 | 21.4 | 11.1 | 5.6 | 16.6 | 20.0 | 11.7 | 28.4 |
| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & \text { 14-29 } \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | CI |  | \% | CI |  |
| All | 24.9 | 20.4 | 29.4 | 2.7 | 1.4 | 4.0 | 24.4 | 19.8 | 29.0 |
| Sex Men | 20.1 | 14.3 | 26.0 | 1.6 | 0.3 | 2.8 | 21.2 | 14.6 | 27.9 |
| Women | 30.0 | 23.4 | 36.6 | 3.9 | 1.7 | 6.2 | 27.8 | 21.5 | 34.0 |
| Race/ethnicity NH White <br> NH Black  <br> Hace/ethnicity-Sex Hispanic | 25.6 | 20.8 | 30.4 | 2.9 | 1.5 | 4.3 | 25.2 | 20.3 | 30.1 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  | 21.4 | 15.1 | 27.7 | 1.8 | 0.4 | 3.3 | 22.5 | 15.3 | 29.7 |
| Race/ethnicity-Sex NH White men <br>  NH White women | 29.8 | 22.7 | 36.8 | 4.0 | 1.6 | 6.4 | 27.9 | 21.3 | 34.5 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br> $45-64$  | 7.1 | 2.1 | 12.1 | 0.5 | 0.0 | 1.6 | 8.3 | 3.8 | 12.9 |
|  | 24.9 | 17.8 | 32.0 | 1.7 | 0.1 | 3.4 | 23.1 | 16.1 | 30.1 |
|  | 62.6 | 51.4 | 73.9 | 9.0 | 4.0 | 14.0 | 61.8 | 51.3 | 72.3 |
| Marital Status Never married | 8.0 | 0.6 | 15.4 |  |  |  | 11.3 | 1.7 | 20.9 |
| Married/ living together as a couple | 25.0 | 18.8 | 31.2 |  |  |  | 24.2 | 17.9 | 30.5 |
| Divorced/ widowed/separated | 33.1 | 25.1 | 41.1 |  |  |  | 32.1 | 24.0 | 40.1 |
| Education $0-11$ years <br> HS Grad/GED  | 21.4 | 11.4 | 31.5 | 2.7 | 0.0 | 5.8 | 32.3 | 18.3 | 46.2 |
|  | 21.6 | 14.8 | 28.4 | 1.1 | 0.0 | 2.4 | 25.4 | 17.9 | 32.8 |
|  | 27.5 | 20.7 | 34.3 | 3.6 | 1.6 | 5.7 | 22.1 | 15.8 | 28.5 |
| Employment Employed for wages | 15.2 | 9.7 | 20.6 | 1.7 | 0.3 | 3.0 | 10.6 | 6.6 | 14.7 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ | 26.3 | 18.4 | 34.1 | 1.9 | 0.2 | 3.7 | 30.9 | 22.0 | 39.9 |
|  | 20.6 | 13.9 | 27.2 | 1.9 | 0.0 | 3.9 | 22.4 | 14.1 | 30.8 |
|  | 22.5 | 12.7 | 32.4 | 3.7 | 0.9 | 6.6 | 15.5 | 7.8 | 23.2 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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# Prevalence of Major Behavioral Risk Factors in Washington County 

# A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey 

## Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Washington County, 525 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Washington County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include $95 \%$ confidence intervals (CI) with each prevalence (\%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30 , which would yield statistically unreliable estimates.

| Population Size and Health Status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population Size* |  | Health Status is Fair or Poor |  |  | Mostly sitting/standing at job |  |  |
|  | County | State |  |  |  |  |  |  |
|  |  |  | \% | Cl |  | \% | Cl |  |
| All | 20,973 | 15,982,378 | 29.5 | 24.4 | 34.6 | 55.9 | 48.6 | 63.1 |
| Sex Men | 51.4\% | 48.8\% | 26.3 | 19.7 | 33.0 | 49.7 | 39.3 | 60.1 |
| Women | 48.6\% | 51.2\% | 32.5 | 25.0 | 40.0 | 64.4 | 54.5 | 74.3 |
| Race/ethnicity NH White | 80.5\% | 65.4\% | 27.6 | 22.2 | 33.1 | 55.7 | 47.9 | 63.5 |
| NH Black | 13.5\% | 14.2\% | 45.2 | 26.3 | 64.1 |  |  |  |
| Hispanic | 2.3\% | 16.8\% |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 40.4\% | 31.9\% | 26.1 | 18.9 | 33.3 | 48.7 | 37.4 | 59.9 |
| NH White women | 40.0\% | 33.6\% | 29.2 | 21.0 | 37.4 | 65.5 | 55.3 | 75.7 |
| NH Black men | 7.6\% | 6.8\% |  |  |  |  |  |  |
| NH Black women | 5.8\% | 7.4\% |  |  |  |  |  |  |
| Hispanic men | 1.5\% | 8.4\% |  |  |  |  |  |  |
| Hispanic women | 0.8\% | 8.4\% |  |  |  |  |  |  |
| Age 18-44 | 36.3\% | 36.9\% | 16.8 | 10.9 | 22.7 | 51.5 | 41.8 | 61.2 |
| 45-64 | 24.7\% | 22.7\% | 36.8 | 26.9 | 46.7 | 65.4 | 54.2 | 76.7 |
| 65 and older | 15.7\% | 17.6\% | 44.0 | 33.7 | 54.4 |  |  |  |
| Marital Status Never married | 18.3\% | 22.5\% | 5.5 | 0.0 | 11.5 |  |  |  |
| Married/ living together as a couple | 57.4\% | 53.7\% | 24.7 | 19.3 | 30.1 | 56.8 | 47.9 | 65.7 |
| Divorced/ widowed/separated | 24.3\% | 23.8\% | 49.5 | 38.6 | 60.4 | 50.5 | 36.1 | 65.0 |
| Education 0-11 years | 28.8\% | 20.1\% | 49.2 | 38.3 | 60.1 | 42.0 | 22.6 | 61.4 |
| HS Grad/GED | 38.8\% | 28.7\% | 24.9 | 18.6 | 31.2 | 50.7 | 38.8 | 62.5 |
| 1 or more years of college | 32.4\% | 51.1\% | 22.6 | 12.7 | 32.4 | 65.4 | 55.3 | 75.4 |
| Employment Employed for wages | 48.7\% | 54.9\% | 11.0 | 6.5 | 15.4 | 55.9 | 48.6 | 63.1 |
| Household Income \$24,999 or less | 45.2\% | 30.8\% | 43.5 | 34.6 | 52.5 | 61.4 | 47.5 | 75.4 |
| \$25,000 - 49,999 | 30.5\% | 31.6\% | 19.6 | 11.7 | 27.4 | 44.7 | 33.0 | 56.4 |
| \$50,000 or more | 24.3\% | 37.6\% | 9.1 | 2.1 | 16.1 | 67.1 | 53.4 | 80.7 |

[^67]| Risk Factors: Physical Activity |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3 | No leisure time physical activity |  |  | No regular moderate physical activity ${ }^{(1)}$ |  |  | No regular vigorous physical activity ${ }^{(2)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | Cl |  |
| All | 32.4 | 27.3 | 37.6 | 56.7 | 51.6 | 61.8 | 78.6 | 74.4 | 82.9 |
| Sex Men | 30.8 | 23.7 | 37.9 | 49.4 | 41.7 | 57.1 | 73.2 | 66.4 | 80.0 |
| Women | 34.0 | 26.5 | 41.5 | 63.3 | 56.7 | 70.0 | 83.6 | 78.3 | 88.8 |
| Race/ethnicity NH White | 30.0 | 24.4 | 35.6 | 54.5 | 48.9 | 60.1 | 77.7 | 73.0 | 82.4 |
| NH Black | 44.1 | 25.3 | 63.0 | 70.0 | 52.8 | 87.2 | 85.1 | 70.8 | 99.4 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 28.7 | 21.1 | 36.2 | 48.2 | 39.9 | 56.5 | 71.6 | 64.2 | 79.1 |
| NH White women | 31.3 | 23.1 | 39.5 | 60.6 | 53.3 | 68.0 | 83.6 | 78.0 | 89.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 26.3 | 19.1 | 33.4 | 49.7 | 41.6 | 57.8 | 71.4 | 63.8 | 79.0 |
| 45-64 | 33.5 | 23.5 | 43.5 | 57.8 | 48.8 | 66.8 | 81.1 | 74.5 | 87.6 |
| 65 and older | 43.5 | 33.2 | 53.8 | 67.6 | 58.4 | 76.9 | 87.7 | 81.2 | 94.2 |
| Marital Status Never married | 19.1 | 5.6 | 32.6 | 35.0 | 16.3 | 53.7 | 55.4 | 34.0 | 76.7 |
| Married/ living together as a couple | 28.8 | 23.0 | 34.5 | 54.7 | 48.5 | 60.9 | 77.4 | 72.3 | 82.6 |
| Divorced/ widowed/separated | 46.0 | 34.8 | 57.1 | 68.6 | 59.7 | 77.5 | 88.5 | 82.9 | 94.1 |
| Education 0-11 years | 42.9 | 31.8 | 54.0 | 57.7 | 47.0 | 68.4 | 82.0 | 73.9 | 90.2 |
| HS Grad/GED | 34.7 | 27.4 | 42.0 | 57.1 | 49.4 | 64.9 | 80.0 | 73.2 | 86.9 |
| 1 or more years of college | 23.4 | 13.7 | 33.1 | 55.5 | 46.5 | 64.5 | 75.0 | 67.6 | 82.3 |
| Employment Employed for wages | 22.6 | 16.4 | 28.8 | 52.7 | 45.4 | 60.0 | 73.1 | 66.6 | 79.7 |
| Household Income \$24,999 or less | 42.4 | 33.4 | 51.5 | 58.5 | 50.1 | 66.9 | 83.0 | 76.8 | 89.3 |
| \$25,000 - 49,999 | 25.1 | 16.8 | 33.4 | 54.9 | 45.4 | 64.3 | 75.0 | 66.6 | 83.4 |
| \$50,000 or more | 10.5 | 3.2 | 17.8 | 46.1 | 34.3 | 57.9 | 72.0 | 61.2 | 82.7 |
| Risk Factors: Overweight and Nutrition |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6 | Overweight ${ }^{(3)}$ |  |  | Obese ${ }^{(4)}$ |  |  | Less than 5-A-Day ${ }^{(5)}$ |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 33.0 | 28.3 | 37.7 | 32.2 | 27.4 | 37.0 | 77.7 | 73.5 | 81.9 |
| Sex Men <br>  Women | 40.7 | 33.4 | 48.1 | 30.4 | 23.4 | 37.4 | 78.4 | 71.9 | 85.0 |
|  | 25.8 | 20.3 | 31.3 | 33.9 | 27.2 | 40.5 | 77.0 | 71.5 | 82.4 |
| Race/ethnicity NH White | 33.2 | 28.1 | 38.2 | 30.5 | 25.4 | 35.5 | 75.4 | 70.6 | 80.3 |
| NH Black | 26.4 | 11.5 | 41.3 | 45.2 | 26.4 | 64.0 | 91.7 | 83.7 | 99.6 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 40.4 | 32.5 | 48.3 | 29.7 | 22.1 | 37.3 | 76.0 | 68.6 | 83.3 |
| NH White women | 26.0 | 20.1 | 32.0 | 31.2 | 24.5 | 37.9 | 74.9 | 68.6 | 81.2 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age <br>  <br>  | 31.2 | 23.8 | 38.5 | 30.7 | 23.3 | 38.2 | 77.0 | 69.8 | 84.1 |
|  | 38.1 | 29.6 | 46.6 | 31.5 | 23.4 | 39.6 | 81.1 | 74.8 | 87.5 |
|  | 28.6 | 19.9 | 37.4 | 36.2 | 26.0 | 46.5 | 74.3 | 65.9 | 82.7 |
| Marital Status Never married | 26.7 | 9.6 | 43.7 | 23.8 | 4.5 | 43.1 | 75.7 | 55.7 | 95.8 |
| Married/ living together as a couple | 34.6 | 28.8 | 40.5 | 34.1 | 28.2 | 39.9 | 77.8 | 72.5 | 83.0 |
| Divorced/ widowed/separated | 31.1 | 22.5 | 39.8 | 30.3 | 20.9 | 39.7 | 77.9 | 70.7 | 85.1 |
| Education $0-11$ years <br> HS Grad/GED  | 33.4 | 23.2 | 43.7 | 34.8 | 24.1 | 45.5 | 88.3 | 82.4 | 94.2 |
|  | 33.6 | 26.4 | 40.8 | 32.9 | 25.6 | 40.2 | 77.7 | 70.7 | 84.7 |
|  | 32.0 | 24.3 | 39.8 | 29.8 | 21.9 | 37.7 | 71.1 | 63.5 | 78.7 |
| Employment Employed for wages | 39.0 | 32.1 | 46.0 | 25.5 | 19.3 | 31.8 | 77.0 | 70.6 | 83.3 |
| Household Income $\$ 24,999$ or less <br>  $\$ 25,000-49,999$ <br> $\$ 50,000$ or more  | 29.5 | 22.0 | 37.0 | 33.8 | 26.2 | 41.4 | 80.0 | 73.5 | 86.4 |
|  | 32.1 | 23.6 | 40.7 | 35.4 | 26.3 | 44.5 | 79.7 | 72.2 | 87.2 |
|  | 39.6 | 28.1 | 51.1 | 17.8 | 8.3 | 27.3 | 71.4 | 60.7 | 82.1 |


| Risk Factors: Tobacco and Alcohol Use |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c | Current smoker ${ }^{(6)}$ |  |  | Ever quit smoking in the past 12 months |  |  | Engage in heavy or binge drinking ${ }^{(7)}$ |  |  |
|  | \% | CI |  | \% | Cl |  | \% | Cl |  |
| All | 29.6 | 24.5 | 34.6 | 55.6 | 45.5 | 65.8 | 8.0 | 5.3 | 10.7 |
| Sex Men | 27.8 | 21.1 | 34.5 | 46.8 | 32.5 | 61.2 | 10.6 | 6.0 | 15.3 |
| Women | 31.2 | 23.8 | 38.6 | 62.9 | 49.4 | 76.5 | 5.6 | 2.5 | 8.6 |
| Race/ethnicity NH White | 30.5 | 24.9 | 36.1 | 56.9 | 45.9 | 67.9 | 7.9 | 5.1 | 10.8 |
| NH Black | 22.2 | 6.8 | 37.6 |  |  |  |  |  |  |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 26.8 | 19.7 | 33.9 | 46.7 | 30.9 | 62.4 | 10.0 | 5.4 | 14.6 |
| NH White women | 34.2 | 25.9 | 42.6 | 65.0 | 50.7 | 79.2 | 5.9 | 2.4 | 9.4 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age $18-44$ <br>  $45-64$ <br>  65 and older | 41.8 | 34.0 | 49.6 | 56.4 | 44.4 | 68.3 | 13.6 | 8.0 | 19.1 |
|  | 27.6 | 17.5 | 37.6 | 55.2 | 32.7 | 77.7 | 5.3 | 1.7 | 9.0 |
|  | 10.2 | 4.9 | 15.5 |  |  |  | 1.8 | 0.0 | 3.9 |
| Marital Status Never married | 41.0 | 21.3 | 60.8 |  |  |  | 15.1 | 2.3 | 27.9 |
| Married/ living together as a couple | 24.4 | 19.0 | 29.7 | 50.5 | 37.7 | 63.4 | 5.1 | 2.1 | 8.2 |
| Divorced/ widowed/separated | 39.1 | 27.7 | 50.6 | 59.9 | 41.0 | 78.7 | 13.0 | 6.7 | 19.2 |
| Education 0-11 years | 40.1 | 29.5 | 50.6 | 54.6 | 37.9 | 71.4 | 13.4 | 5.4 | 21.5 |
| HS Grad/GED | 30.9 | 23.9 | 38.0 | 51.8 | 37.9 | 65.6 | 7.5 | 3.6 | 11.5 |
| 1 or more years of college | 21.4 | 11.8 | 31.1 | 63.1 | 39.6 | 86.6 | 5.2 | 1.7 | 8.7 |
| Employment Employed for wages | 28.7 | 22.2 | 35.2 | 47.1 | 33.4 | 60.7 | 7.9 | 4.1 | 11.7 |
| Household Income \$24,999 or less | 43.6 | 34.6 | 52.6 | 66.4 | 53.7 | 79.2 | 11.2 | 5.9 | 16.4 |
| \$25,000-49,999 | 24.6 | 16.5 | 32.7 | 37.2 | 18.1 | 56.3 | 4.2 | 0.7 | 7.7 |
| \$50,000 or more | 13.8 | 5.1 | 22.4 |  |  |  | 9.0 | 1.8 | 16.2 |
| Health Care Coverage and Access |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 1-1, 1-5 | No health care coverage |  |  | No personal health care provider(s) |  |  | Unable to get medical care in past 12 mos. |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 23.6 | 19.2 | 27.9 | 19.1 | 15.1 | 23.0 | 10.5 | 7.4 | 13.5 |
| Sex Men | 28.3 | 21.2 | 35.4 | 25.5 | 18.9 | 32.1 | 8.5 | 4.1 | 12.9 |
| Women | 19.2 | 14.2 | 24.2 | 13.0 | 8.7 | 17.3 | 12.3 | 8.1 | 16.5 |
| Race/ethnicity $\quad$ NH White | 23.7 | 19.0 | 28.5 | 18.2 | 14.1 | 22.3 | 10.5 | 7.2 | 13.9 |
| NH Black | 17.3 | 3.9 | 30.8 | 19.4 | 5.6 | 33.2 | 6.5 | 0.0 | 14.9 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 27.3 | 19.6 | 35.0 | 23.7 | 16.9 | 30.5 | 7.8 | 3.1 | 12.5 |
| NH White women | 20.2 | 14.6 | 25.8 | 12.7 | 8.1 | 17.4 | 13.2 | 8.4 | 18.0 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age | 33.9 | 26.2 | 41.7 | 26.3 | 19.2 | 33.4 | 15.9 | 10.0 | 21.8 |
| 45-64 | 25.3 | 17.9 | 32.6 | 18.2 | 11.8 | 24.5 | 7.2 | 3.2 | 11.3 |
| 65 and older | 2.2 | 0.1 | 4.4 | 6.6 | 2.3 | 10.9 | 5.4 | 1.5 | 9.2 |
| Marital Status Never married | 41.2 | 20.6 | 61.9 | 36.9 | 17.5 | 56.3 | 26.0 | 7.9 | 44.0 |
| Married/ living together as a couple | 20.8 | 15.6 | 26.0 | 17.6 | 12.8 | 22.5 | 7.2 | 3.9 | 10.4 |
| Divorced/ widowed/separated | 25.1 | 16.9 | 33.3 | 16.5 | 10.0 | 23.1 | 13.9 | 7.7 | 20.1 |
| Education 0-11 years | 34.8 | 24.5 | 45.1 | 26.2 | 16.3 | 36.1 | 21.9 | 12.9 | 30.9 |
| HS Grad/GED | 29.5 | 22.1 | 36.9 | 21.0 | 14.6 | 27.4 | 9.4 | 5.0 | 13.8 |
| 1 or more years of college | 9.9 | 5.2 | 14.7 | 12.5 | 7.5 | 17.5 | 4.6 | 1.1 | 8.2 |
| Employment Employed for wages | 30.5 | 23.6 | 37.3 | 24.0 | 18.0 | 30.1 | 8.9 | 4.7 | 13.1 |
| Household Income \$24,999 or less | 40.3 | 31.8 | 48.9 | 24.1 | 16.9 | 31.3 | 18.0 | 11.7 | 24.3 |
| $\$ 25,000-49,999$ | 16.9 | 10.1 | 23.8 | 17.9 | 10.8 | 25.1 | 5.6 | 0.8 | 10.3 |
| \$50,000 or more | 1.4 | 0.0 | 4.1 | 10.1 | 2.9 | 17.2 | 0.8 | 0.0 | 2.4 |



| Chronic Health Conditions: High Cholesterol |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Related Healthy People 2010 Objective(s) 12-15 | Ever had blood cholesterol checked |  |  | If yes, cholesterol checked in past 2 years |  |  | Blood cholesterol is high |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 77.3 | 72.9 | 81.7 | 89.1 | 85.8 | 92.5 | 33.3 | 28.0 | 38.5 |
| Sex Men | 72.8 | 65.7 | 79.9 | 91.2 | 86.4 | 96.0 | 35.6 | 27.2 | 44.0 |
| Women | 81.5 | 76.1 | 86.8 | 87.5 | 82.8 | 92.2 | 31.3 | 24.6 | 38.0 |
| Race/ethnicity NH White | 75.8 | 70.8 | 80.7 | 89.5 | 85.9 | 93.1 | 35.6 | 29.6 | 41.5 |
| NH Black | 94.4 | 87.4 | 100.0 | 89.6 | 78.9 | 100.0 | 20.9 | 6.8 | 35.0 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 72.6 | 64.9 | 80.3 | 90.8 | 85.3 | 96.2 | 39.7 | 30.2 | 49.1 |
| NH White women | 78.9 | 72.6 | 85.1 | 88.5 | 83.6 | 93.3 | 31.9 | 24.6 | 39.3 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 58.7 | 50.6 | 66.9 | 86.5 | 79.8 | 93.1 | 20.8 | 12.5 | 29.0 |
| 45-64 | 89.6 | 84.8 | 94.4 | 89.3 | 84.1 | 94.6 | 34.0 | 25.3 | 42.7 |
| 65 and older | 94.8 | 90.7 | 98.9 | 91.7 | 86.0 | 97.5 | 46.8 | 36.2 | 57.4 |
| Marital Status Never married | 56.5 | 35.5 | 77.5 |  |  |  |  |  |  |
| Married/ living together as a couple | 79.6 | 74.4 | 84.9 | 88.8 | 84.5 | 93.1 | 37.1 | 30.5 | 43.7 |
| Divorced/ widowed/separated | 78.6 | 70.8 | 86.3 | 90.6 | 85.3 | 95.8 | 29.3 | 19.7 | 38.9 |
| Education 0-11 years | 68.5 | 58.2 | 78.8 | 90.9 | 84.1 | 97.7 | 36.8 | 24.7 | 48.9 |
| HS Grad/GED | 76.2 | 69.0 | 83.5 | 91.1 | 86.2 | 96.0 | 34.6 | 26.5 | 42.6 |
| 1 or more years of college | 84.0 | 77.9 | 90.1 | 86.2 | 80.2 | 92.3 | 30.1 | 21.4 | 38.7 |
| Employment Employed for wages | 69.5 | 62.6 | 76.4 | 86.4 | 80.8 | 92.1 | 29.0 | 21.3 | 36.7 |
| Household Income \$24,999 or less | 72.6 | 64.8 | 80.5 | 91.0 | 86.2 | 95.9 | 31.2 | 22.7 | 39.7 |
| \$25,000 - 49,999 | 79.5 | 72.2 | 86.8 | 87.2 | 80.2 | 94.3 | 33.4 | 23.5 | 43.3 |
| \$50,000 or more | 83.9 | 75.3 | 92.6 | 83.7 | 73.8 | 93.6 | 34.7 | 22.2 | 47.2 |
| Chronic Health Conditions: Asthma \& Diabetes |  |  |  |  |  |  |  |  |  |
| Related Healthy People 2010 Objective(s) 5-3 | Ever had asthma |  |  | If yes, still have asthma |  |  | Have diabetes |  |  |
|  | \% | CI |  | \% | CI |  | \% | CI |  |
| All | 11.2 | 8.2 | 14.1 | 70.3 | 57.1 | 83.6 | 13.1 | 10.0 | 16.2 |
| Sex Men | 10.3 | 5.7 | 14.9 |  |  |  | 13.5 | 8.4 | 18.6 |
| Women | 12.0 | 8.2 | 15.8 | 81.5 | 68.4 | 94.6 | 12.7 | 8.9 | 16.6 |
| Race/ethnicity $\quad$ NH White | 12.4 | 9.0 | 15.7 | 71.7 | 58.7 | 84.7 | 13.0 | 9.6 | 16.3 |
| NH Black | 4.2 | 0.0 | 12.5 |  |  |  | 15.2 | 2.7 | 27.7 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 11.1 | 6.0 | 16.1 |  |  |  | 12.4 | 7.2 | 17.6 |
| NH White women | 13.6 | 9.3 | 18.0 | 79.6 | 65.4 | 93.7 | 13.5 | 9.3 | 17.8 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 10.9 | 6.2 | 15.7 |  |  |  | 5.4 | 1.9 | 8.9 |
| 45-64 | 10.9 | 6.1 | 15.8 |  |  |  | 17.3 | 11.0 | 23.6 |
| 65 and older | 12.4 | 6.2 | 18.5 |  |  |  | 21.4 | 13.8 | 29.0 |
| Marital Status Never married | 11.2 | 1.1 | 21.3 |  |  |  | 3.3 | 0.0 | 10.1 |
| Married/ living together as a couple | 10.1 | 6.4 | 13.8 | 69.1 | 49.3 | 89.0 | 14.9 | 10.7 | 19.1 |
| Divorced/ widowed/separated | 13.9 | 8.1 | 19.7 |  |  |  | 11.8 | 6.7 | 16.9 |
| Education 0-11 years | 12.8 | 6.1 | 19.5 |  |  |  | 12.7 | 6.2 | 19.3 |
| HS Grad/GED | 12.2 | 7.5 | 16.9 | 65.7 | 45.7 | 85.7 | 14.5 | 9.4 | 19.6 |
| 1 or more years of college | 8.9 | 4.4 | 13.5 |  |  |  | 11.7 | 6.6 | 16.8 |
| Employment Employed for wages | 7.3 | 3.6 | 11.0 |  |  |  | 6.9 | 3.3 | 10.6 |
| Household Income \$24,999 or less | 13.4 | 8.2 | 18.5 | 70.9 | 51.6 | 90.2 | 13.6 | 8.4 | 18.9 |
| \$25,000-49,999 | 8.6 | 3.7 | 13.5 |  |  |  | 12.2 | 6.4 | 17.9 |
| \$50,000 or more | 8.1 | 1.0 | 15.1 |  |  |  | 11.5 | 3.5 | 19.5 |



| Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Related Healthy People } 2010 \text { Objective(s) } \\ & 14-29 \end{aligned}$ | Received flu shot within past 12 months |  |  | Received flu shot at county health dept. |  |  | Ever had a pneumonia shot |  |  |
|  | \% | Cl |  | \% | Cl |  | \% | CI |  |
| All | 23.3 | 19.3 | 27.3 | 2.8 | 1.3 | 4.3 | 23.6 | 18.8 | 28.4 |
| Sex Men | 23.3 | 17.1 | 29.6 | 1.9 | 0.0 | 3.9 | 22.3 | 15.9 | 28.7 |
| Women | 23.2 | 18.1 | 28.3 | 3.6 | 1.3 | 5.8 | 24.7 | 17.7 | 31.7 |
| Race/ethnicity NH White | 24.1 | 19.7 | 28.6 | 2.4 | 1.0 | 3.9 | 25.8 | 20.3 | 31.3 |
| NH Black | 18.0 | 5.7 | 30.4 |  |  |  | 4.3 | 0.0 | 9.5 |
| Hispanic |  |  |  |  |  |  |  |  |  |
| Race/ethnicity-Sex NH White men | 24.2 | 17.2 | 31.1 | 2.3 | 0.0 | 4.6 | 23.6 | 16.5 | 30.8 |
| NH White women | 24.1 | 18.6 | 29.6 | 2.6 | 0.8 | 4.4 | 27.7 | 19.5 | 35.9 |
| NH Black men |  |  |  |  |  |  |  |  |  |
| NH Black women |  |  |  |  |  |  |  |  |  |
| Hispanic men |  |  |  |  |  |  |  |  |  |
| Hispanic women |  |  |  |  |  |  |  |  |  |
| Age 18-44 | 9.5 | 4.9 | 14.1 | 0.7 | 0.0 | 2.1 | 8.5 | 3.8 | 13.2 |
| 45-64 | 21.2 | 14.6 | 27.8 | 2.9 | 0.3 | 5.6 | 20.3 | 10.1 | 30.5 |
| 65 and older | 52.3 | 41.9 | 62.6 | 5.8 | 1.5 | 10.2 | 53.9 | 43.6 | 64.2 |
| Marital Status Never married | 32.0 | 13.9 | 50.0 |  |  |  | 15.0 | 0.0 | 30.4 |
| Married/ living together as a couple | 21.3 | 16.4 | 26.2 |  |  |  | 21.0 | 16.0 | 26.0 |
| Divorced/ widowed/separated | 25.5 | 18.2 | 32.9 |  |  |  | 32.3 | 20.6 | 43.9 |
| Education 0-11 years | 26.2 | 17.7 | 34.7 | 0.3 | 0.0 | 0.9 | 24.7 | 16.2 | 33.2 |
| HS Grad/GED | 23.1 | 16.8 | 29.5 | 2.5 | 0.3 | 4.7 | 19.1 | 13.3 | 24.9 |
| 1 or more years of college | 21.7 | 15.1 | 28.2 | 4.7 | 1.4 | 7.9 | 28.0 | 18.0 | 38.1 |
| Employment Employed for wages | 12.4 | 7.9 | 17.0 | 0.8 | 0.0 | 2.0 | 11.3 | 6.6 | 15.9 |
| Household Income \$24,999 or less | 24.6 | 18.0 | 31.1 | 3.0 | 0.5 | 5.5 | 30.5 | 21.1 | 39.9 |
| \$25,000 - 49,999 | 22.9 | 15.2 | 30.5 | 2.2 | 0.0 | 5.2 | 20.0 | 12.9 | 27.2 |
| \$50,000 or more | 15.0 | 6.3 | 23.8 | 2.8 | 0.0 | 6.1 | 9.6 | 2.9 | 16.2 |



(1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 five days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
(3) People with a Body Mass Index (BMI) between 25 and 30.
(4) People with a Body Mass Index (BMI) equal to or greater than 30.
(5) People who consume less than 5 servings of fruits and vegetables a day.
(6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
(7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your
County BRFSS data, please contact:
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Bureau of Epidemiology
Department of Health
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Tallahassee, FL 32399-1720
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[^0]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^1]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^2]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^3]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^4]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^5]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^6]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^7]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^8]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^9]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^10]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^11]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^12]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^13]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^14]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^15]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

[^16]:    *Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

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