# FLORIDA BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS) 2013 DATA





Florida Department of Health Division of Disease Control and Health Protection Bureau of Epidemiology Chronic Disease Epidemiology Section

> John H. Armstrong, MD, FACS State Surgeon General & Secretary

Rick Scott Governor

# Introduction

The Florida Department of Health is pleased to release the 2013 Florida Behavioral Risk Factor Surveillance System (BRFSS) State and County Data. This historic surveillance effort would not have been possible without the support of Florida's 67 County Health Departments (CHDs).

The Florida BRFSS has been collecting and reporting health behavior data since 1986. This statewide telephone survey is the only source of state-specific, population-based estimates of the prevalence of various health conditions and related risk behaviors among Florida residents aged 18 and older. The purpose of this survey is to gather information regarding personal health and risk behaviors, selected medical conditions, and preventive health care practices among Florida adults.

The 2013 BRFSS was the fourth county-level survey conducted. It was previously conducted in 2002, 2007, and 2010. The 2013 county-level survey was developed in collaboration with state and local representatives and better designed to meet the needs of CHD programs by offering options to add county developed questions and increase sample sizes.

Over 34,000 interviews were completed statewide in the 2013 calendar year, with a target sample size of 500 completed surveys in each county.

Charlotte County had approximately 143,091 adult residents in 2013, based on Florida CHARTS, and 461 adults responded to the 2013 county-level BRFSS survey.

The 2013 BRFSS provides counties and the state with a rich data source to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. The following data tables present the survey data on a variety of issues related to health status, health care access, lifestyle, chronic illnesses, and disease prevention practice.

Because BRFSS respondents are randomly selected, measures of prevalence and mean are subject to random sample errors. Each measure listed in the data tables includes the 95% confidence interval (CI). If the confidence intervals overlap, there is no statistically significant difference in the prevalence rates. However, if the confidence intervals do not overlap, there is a statistically significant difference. The significance of measures with very wide confidence intervals should be interpreted with caution. Measures of prevalence and mean are excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

The prevalence rates are adjusted, or "weighted," by the Centers for Disease Control and Prevention (CDC) to represent all Florida adults. Weighting is a procedure that adjusts for the chance of an adult being selected to complete the survey and for discrepancies between the adults who completed the survey and the overall population of Florida adults. The data were weighted to the respondent's probability of selection by county, as well as age, sex, marital status, race/ethnicity, education level, and housing type.

Due to a change in weighting methodology and the inclusion of cellular telephone responses starting in 2011, data from 2013 may not be comparable to data collected before 2011.

If any assistance is needed with interpretation or survey methods, please contact the Bureau of Epidemiology at (850) 245-4401.

# **County Highlights**

# Strengths\*

- High percentage of adults who received a flu shot in the past year
- High percentage of adults who had a medical checkup in the past year
- High percentage of adults who always or nearly always use a seatbelt when riding in a car

# Challenges\*

- High percentage of adults who have ever been told they had hypertension
- High percentage of adults who have ever been told they had angina or coronary heart disease
- High percentage of adults who have ever been told they had any other type of cancer except skin cancer
- High percentage of adults who have ever been told they had high blood cholesterol

Selected Indicators**	Percentage (%)	Estimated affected adult population
Adults who are current smokers	21.3	30,533
Adults who are obese	25.9	37,025
Adults who are physically inactive or insufficiently active	46.8	66,897
Adults who have ever been told they had diabetes	16.0	22,845

\* These selected strengths and challenges are significantly different compared with overall state data.

\*\* These four selected indicators were used in the America's Health Rankings Report (2013 Edition).

# 2013 Florida BRFSS Data Table of Contents

Health Status	
Arthritis	1
Asthma	3
Cancer Prevalence	4
Cardiovascular Disease	5
Cholesterol Awareness	7
Chronic Obstructive Pulmonary Disease	8
Depression	9
Diabetes	10
Disability	14
Hypertension Awareness	15
Kidney Disease	16
Overweight & Obesity	17
Vision Impairment	19
Health-Related Behaviors	
Alcohol Consumption	20
Tobacco Use & Exposure	21
Physical Activity & Nutrition	23
Health-Related Prevention	
Cancer Screening/Breast	26
Cancer Screening/Cervical	27
Cancer Screening/Colorectal	28
HIV/AIDS Screening	29
Immunization	30
Injury Prevention	33
Health-Related Quality of Life	34
Health Care Access & Coverage	38
Glossary	Appendix I
Healthy People 2020 Objectives	Appendix II

# Arthritis

Percentage of adults who have ever been told they had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	36.2 *	30.6 - 41.7	26.0	25.1 - 26.9
SEX	Men	34.8 *	26.4 - 43.2	22.0	20.7 - 23.3
	Women	37.5	30.2 - 44.8	29.8	28.5 - 31.1
RACE/ETHNICITY	Non-Hisp. White	38.0	32.1 - 43.9	32.1	31.1 - 33.2
	Non-Hisp. Black	NA		18.6	16.2 - 21.1
	Hispanic	NA		16.9	14.5 - 19.3
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	38.5	29.2 - 47.7	28.3	26.7 - 29.9
	Non-Hisp. White Women	37.6	30.0 - 45.2	35.8	34.4 - 37.2
	Non-Hisp. Black Men	NA		15.9	12.3 - 19.6
	Non-Hisp. Black Women	NA		21.1	17.8 - 24.3
	Hispanic Men	NA		11.1	8.4 - 13.8
	Hispanic Women	NA		22.4	18.5 - 26.3
AGE GROUP	18-44	12.7	3.8 - 21.6	8.6	7.5 - 9.7
	45-64	30.0	20.8 - 39.2	30.8	29.1 - 32.6
	65 & Older	53.7	46.1 - 61.3	51.1	49.3 - 52.9
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>30.4</th><th>27.1 - 33.7</th></high>	NA		30.4	27.1 - 33.7
	High School / GED	38.9 *	29.2 - 48.6	27.2	25.4 - 29.0
	>High School	34.1 *	27.5 - 40.7	24.2	23.1 - 25.3
ANNUAL INCOME	<\$25,000	36.0	24.7 - 47.3	29.9	28.0 - 31.9
	\$25,000-\$49,999	36.9	27.0 - 46.7	26.8	24.9 - 28.7
	\$50,000 or More	29.2	19.9 - 38.4	21.8	20.3 - 23.2
MARITAL STATUS	Married/Couple	38.8 *	31.6 - 45.9	27.2	25.9 - 28.4
	Not Married/Couple	31.6	23.1 - 40.1	24.7	23.3 - 26.0

#### Charlotte

Arthritis					
ercentage of adults who	are limited in any way in	any usual a	ctivities because o	f arthritis	
		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	16.0	12.0 - 19.9	12.8	12.1 - 13.5
SEX	Men	20.4 *	13.5 - 27.2	10.2	9.2 - 11.1
	Women	11.9	7.7 - 16.2	15.3	14.2 - 16.3
RACE/ETHNICITY	Non-Hisp. White	16.9	12.5 - 21.3	15.2	14.4 - 15.9
	Non-Hisp. Black	NA		9.6	7.7 - 11.5
	Hispanic	NA		9.5	7.5 - 11.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	22.9 *	15.0 - 30.8	12.7	11.5 - 13.8
	Non-Hisp. White Women	11.6 *	7.1 - 16.0	17.5	16.4 - 18.6
	Non-Hisp. Black Men	NA		7.6	4.9 - 10.3
	Non-Hisp. Black Women	NA		11.4	8.8 - 13.9
	Hispanic Men	NA		5.6	3.5 - 7.7
	Hispanic Women	NA		13.3	10.0 - 16.7
AGE GROUP	18-44	6.5	0.0 - 12.9	4.3	3.5 - 5.1
	45-64	15.9	8.9 - 22.9	17.2	15.7 - 18.7
	65 & Older	20.3	14.5 - 26.1	22.7	21.2 - 24.2
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>16.0</td><td>13.4 - 18.5</td></high>	NA		16.0	13.4 - 18.5
	High School / GED	16.7	9.7 - 23.8	13.4	12.0 - 14.9
	>High School	17.1	11.9 - 22.3	11.6	10.8 - 12.5
ANNUAL INCOME	<\$25,000	19.5	11.1 - 27.9	18.4	16.8 - 20.1
	\$25,000-\$49,999	13.7	7.0 - 20.4	12.2	10.8 - 13.6
	\$50,000 or More	12.4	5.6 - 19.3	9.0	8.0 - 10.0
MARITAL STATUS	Married/Couple	16.3	11.2 - 21.4	12.7	11.7 - 13.6
	Not Married/Couple	15.4	9.1 - 21.6	13.1	12.0 - 14.1
	the second s				

currently have asthma				
	2013 Measure	County 95% Cl	2013 State Measure 95% Cl	
Overall	7.5	4.2 - 10.9	8.3 7.6 - 8	5.9
Men	6.7	1.6 - 11.8	5.7 4.8 - 6	.5
Women	8.3	3.9 - 12.7	10.7 9.7 - 11	.7
Non-Hisp. White	8.4	4.5 - 12.4	8.3 7.6 - 9	9.0
Non-Hisp. Black	NA		8.9 6.9 - 10	1.8
Hispanic	NA		8.3 6.3 - 10	.3
Non-Hisp. White Men	7.9	1.7 - 14.0	6.1 5.0 - 7	7.2
Non-Hisp. White Women	9.0	3.9 - 14.0	10.4 9.5 - 11	.3
Non-Hisp. Black Men	NA		5.7 3.3 - 8	3.0
Non-Hisp. Black Women	NA		11.7 8.7 - 14	.7
Hispanic Men	NA		5.2 2.9 - 7	.4
Hispanic Women	NA		11.4 8.1 - 14	.6
18-44	14.3	3.0 - 25.6	8.0 7.0 - 8	3.9
45-64	2.3 *	0.0 - 4.7	9.1 7.8 - 10	.5
65 & Older	7.4	3.8 - 11.0	7.8 6.8 - 8	8.8
<high school<="" th=""><th>NA</th><th></th><th>12.5 9.7 - 15</th><th>.3</th></high>	NA		12.5 9.7 - 15	.3
High School / GED	6.3	0.9 - 11.8	7.3 6.3 - 8	3.3
>High School	9.5	4.6 - 14.3	7.7 7.0 - 8	.4
<\$25,000	12.6	3.7 - 21.4	12.4 10.8 - 14	.0
\$25,000-\$49,999	3.5	0.4 - 6.7	6.9 5.7 - 8	.0
	Overall Men Women Non-Hisp. White Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Momen Hispanic Men Hispanic Men Hispanic Women 18-44 45-64 65 & Older <high school<br="">High School School / GED &gt;High School</high>	2013 MeasureOverall7.5Men6.7Women8.3Non-Hisp. White8.4Non-Hisp. BlackNAHispanicNANon-Hisp. White Men7.9Non-Hisp. White Women9.0Non-Hisp. White Women9.0Non-Hisp. Black MenNANon-Hisp. Black MenNAHispanic MenNAHispanic WomenNAHispanic WomenNA18-4414.345-642.3 *65 & Older7.4 <high school<="" td="">NAHigh School / GED6.3&gt;High School9.5&lt;\$25,00012.6</high>	2013 County Measure     95% Cl       Overall     7.5     4.2     -     10.9       Men     6.7     1.6     -     11.8       Women     8.3     3.9     -     12.7       Non-Hisp. White     8.4     4.5     -     12.4       Non-Hisp. Black     NA     -     -     14.0       Non-Hisp. White Men     7.9     1.7     -     14.0       Non-Hisp. White Men     7.9     1.7     -     14.0       Non-Hisp. White Women     9.0     3.9     -     14.0       Non-Hisp. Black Men     NA     -     -     -       Non-Hisp. Black Men     NA     -     -     -       Non-Hisp. Black Women     NA     -     -     -       Hispanic Men     NA     -     -     -     -       18-44     14.3     3.0     -     25.6     -     -       45-64     2.3 *     0.0     -     4.7     -     65 & Older     7.4     <	Measure     2013 County 95% CI     2013 State Measure     2013 State 95% CI       Overall     7.5     4.2     10.9     8.3     7.6     8       Men     6.7     1.6     11.8     5.7     4.8     6       Women     8.3     3.9     12.7     10.7     9.7     11       Non-Hisp. White     8.4     4.5     12.4     8.3     7.6     9       Non-Hisp. Black     NA     8.9     6.9     10       Hispanic     NA     8.3     6.3     10       Non-Hisp. White Men     7.9     1.7     14.0     6.1     5.0     7       Non-Hisp. White Women     9.0     3.9     14.0     10.4     9.5     11       Non-Hisp. Black Men     NA     5.7     3.3     8     8     7.6     9       Non-Hisp. Black Men     NA     5.7     3.3     7.6     14       Hispanic Men     NA     5.2     2.9     7     7       Hispanic Women     NA     5.2

6.4

7.5

7.7

0.5 - 12.2

3.3 - 11.7

2.2 - 13.2

6.0

6.7

10.2

5.1 -

6.0 - 7.5

9.0 - 11.3

6.9

#### Percentage of adults who have ever been told they had asthma

MARITAL STATUS Married/Couple

\$50,000 or More

Not Married/Couple

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	13.9	9.6 - 18.2	13.5	12.7 - 14.4
SEX	Men	11.3	4.8 - 17.7	11.5	10.3 - 12.6
	Women	16.4	10.7 - 22.1	15.5	14.3 - 16.7
RACE/ETHNICITY	Non-Hisp. White	14.5	9.7 - 19.3	13.2	12.4 - 14.0
	Non-Hisp. Black	NA		14.2	11.7 - 16.8
	Hispanic	NA		14.6	12.0 - 17.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	13.3	5.6 - 21.1	11.5	10.3 - 12.8
	Non-Hisp. White Women	15.5	9.5 - 21.6	14.8	13.7 - 15.9
	Non-Hisp. Black Men	NA		13.3	9.2 - 17.4
	Non-Hisp. Black Women	NA		15.1	11.9 - 18.3
	Hispanic Men	NA		10.8	7.8 - 13.8
	Hispanic Women	NA		18.1	14.1 - 22.2
AGE GROUP	18-44	19.6	7.1 - 32.0	14.8	13.3 - 16.2
	45-64	9.3	3.7 - 15.0	13.9	12.4 - 15.4
	65 & Older	14.1	8.6 - 19.7	11.0	9.9 - 12.2
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>16.9</th><th>13.9 - 20.0</th></high>	NA		16.9	13.9 - 20.0
	High School / GED	12.3	5.1 - 19.4	13.3	11.7 - 14.9
	>High School	15.6	9.8 - 21.3	12.8	11.9 - 13.7
ANNUAL INCOME	<\$25,000	21.0	10.3 - 31.7	18.5	16.6 - 20.4
	\$25,000-\$49,999	9.2	3.2 - 15.2	12.1	10.5 - 13.8
	\$50,000 or More	10.5	3.7 - 17.3	10.5	9.3 - 11.6
MARITAL STATUS	Married/Couple	13.8	8.6 - 19.1	11.7	10.7 - 12.8
	Not Married/Couple	14.1	6.7 - 21.6	15.8	14.4 - 17.1

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### Percentage of adults who have ever been told they had skin cancer

		2013 Measure	County 95% Cl	2013 Measure	3 State 95% CI	
ALL	Overall	14.5 *	10.8 - 18.3	9.2	8.7 - 9.7	
SEX	Men	15.2	9.6 - 20.9	9.5	8.8 - 10.3	
	Women	13.9	8.9 - 18.8	8.9	8.3 - 9.5	
RACE/ETHNICITY	Non-Hisp. White	17.1	12.7 - 21.4	14.8	14.1 - 15.5	
	Non-Hisp. Black	NA		0.4	0.0 - 0.8	
	Hispanic	NA		2.2	1.4 - 3.0	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	18.5	11.8 - 25.2	15.1	13.9 - 16.2	
	Non-Hisp. White Women	15.8	10.1 - 21.5	14.6	13.6 - 15.5	
	Non-Hisp. Black Men	NA		0.7	0.0 - 1.5	
	Non-Hisp. Black Women	NA		0.1	0.0 - 0.2	
	Hispanic Men	NA		2.8	1.5 - 4.1	
	Hispanic Women	NA		1.6	0.8 - 2.5	
AGE GROUP	18-44	5.3	0.0 - 12.3	1.5	1.1 - 1.9	
	45-64	15.2	7.9 - 22.4	8.5	7.6 - 9.4	
	65 & Older	19.9	14.5 - 25.3	24.1	22.7 - 25.4	
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>6.4</td><td>5.1 - 7.7</td><td></td></high>	NA		6.4	5.1 - 7.7	
	High School / GED	10.3	5.0 - 15.6	8.7	7.9 - 9.6	
	>High School	19.4 *	13.8 - 25.1	10.3	9.6 - 10.9	
ANNUAL INCOME	<\$25,000	11.7	5.5 - 18.0	6.7	5.9 - 7.5	
	\$25,000-\$49,999	15.5	8.6 - 22.5	9.8	8.9 - 10.8	
	\$50,000 or More	16.6	8.5 - 24.7	10.4	9.5 - 11.3	
MARITAL STATUS	Married/Couple	16.1	11.0 - 21.1	10.7	10.0 - 11.5	
	Not Married/Couple	11.8	6.7 - 16.9	7.5	6.9 - 8.0	

# Percentage of adults who have ever been told they had any other type of cancer except skin cancer

		2013 Measure	County 95% Cl	201 Measure	3 State 95% CI	
ALL	Overall	11.8 *	8.3 - 15.4	7.6	7.1 - 8.1	
SEX	Men	11.1	5.6 - 16.6	6.7	6.0 - 7.3	
	Women	12.5	8.0 - 17.1	8.4	7.6 - 9.1	
RACE/ETHNICITY	Non-Hisp. White	11.7	8.3 - 15.1	10.0	9.4 - 10.6	
	Non-Hisp. Black	NA		4.3	3.2 - 5.5	
	Hispanic	NA		4.2	2.7 - 5.6	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	10.7	5.8 - 15.7	8.9	8.1 - 9.8	
	Non-Hisp. White Women	12.5	7.9 - 17.1	10.9	10.1 - 11.8	
	Non-Hisp. Black Men	NA		3.7	2.2 - 5.1	
	Non-Hisp. Black Women	NA		4.9	3.1 - 6.7	
	Hispanic Men	NA		3.6	2.1 - 5.1	
	Hispanic Women	NA		4.8	2.4 - 7.2	
AGE GROUP	18-44	2.0	0.0 - 4.5	2.6	1.9 - 3.3	
	45-64	11.2	4.1 - 18.4	5.9	5.1 - 6.6	
	65 & Older	18.3	12.5 - 24.1	18.8	17.5 - 20.1	
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>6.7</th><th>5.1 - 8.3</th><th></th></high>	NA		6.7	5.1 - 8.3	
	High School / GED	8.5	3.5 - 13.5	7.3	6.3 - 8.3	
	>High School	15.1 *	10.0 - 20.2	7.9	7.3 - 8.5	
ANNUAL INCOME	<\$25,000	12.4	4.8 - 20.0	7.0	6.0 - 7.9	
	\$25,000-\$49,999	11.6	5.2 - 18.1	8.2	7.0 - 9.4	
	\$50,000 or More	8.6	4.4 - 12.9	7.4	6.6 - 8.2	
MARITAL STATUS	Married/Couple	13.1	8.2 - 18.0	8.6	7.8 - 9.4	
	Not Married/Couple	9.7	5.2 - 14.1	6.3	5.7 - 6.9	

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

# Percentage of adults who have ever been told they had angina or coronary heart disease

		2013 County Measure 95% Cl		2013 Measure	State 95% CI	
AL 1	Overall	8.5 *	5.6 - 11.5	5.0	4.6 - 5.4	
	Men	13.6 *	8.1 - 19.1	6.3	5.6 - 7.0	
JEX SEX	Women	3.8	1.3 - 6.2	3.8	3.3 - 4.2	
RACE/ETHNICITY		8.8	5.6 - 11.9	6.5	5.9 - 7.0	
RACE/ETHNICITT	Non-Hisp. Black	 NA	5.0 - 11.9	4.2	2.8 - 5.7	
	· · · · · · · · · · · · · · · · · · ·	NA		2.5	1.6 - 3.4	
	Hispanic		0.4 04.5			
SEX BY RACE/ETHNICITY		15.3	9.1 - 21.5	8.4	7.4 - 9.3	
	Non-Hisp. White Women	2.8	0.9 - 4.8	4.7	4.2 - 5.3	
	Non-Hisp. Black Men	NA		4.3	2.0 - 6.7	
	Non-Hisp. Black Women	NA		4.2	2.3 - 6.1	
	Hispanic Men	NA		3.2	1.6 - 4.8	
	Hispanic Women	NA		1.9	1.0 - 2.7	
AGE GROUP	18-44	0.0		0.9	0.5 - 1.3	
	45-64	3.8	0.1 - 7.5	5.1	4.3 - 6.0	
	65 & Older	17.5	11.5 - 23.4	12.3	11.3 - 13.4	
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>6.8</th><th>5.0 - 8.6</th><th></th></high>	NA		6.8	5.0 - 8.6	
	High School / GED	9.5	4.1 - 15.0	4.6	4.0 - 5.3	
	>High School	7.9	4.4 - 11.4	4.8	4.3 - 5.3	
ANNUAL INCOME	<\$25,000	11.9	5.2 - 18.5	6.8	5.8 - 7.8	
	\$25,000-\$49,999	10.6	3.9 - 17.4	4.9	4.1 - 5.8	
	\$50,000 or More	6.6	2.3 - 10.9	3.8	3.2 - 4.4	
MARITAL STATUS		7.5	4.2 - 10.9	5.1	4.5 - 5.7	
	Not Married/Couple	10.4	4.7 - 16.1	5.0	4.3 - 5.6	

# Percentage of adults who have ever been told they had a heart attack

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	6.2	3.7 - 8.8	5.6	5.1 - 6.1
SEX	Men	9.4	4.9 - 13.8	7.3	6.4 - 8.2
	Women	3.3	0.5 - 6.2	4.1	3.5 - 4.6
RACE/ETHNICITY	Non-Hisp. White	6.2	3.6 - 8.9	6.6	6.1 - 7.2
	Non-Hisp. Black	NA		4.2	2.8 - 5.5
	Hispanic	NA		4.6	3.1 - 6.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	10.7	5.5 - 15.8	9.1	8.1 - 10.2
	Non-Hisp. White Women	2.3	0.4 - 4.1	4.3	3.7 - 4.9
	Non-Hisp. Black Men	NA		5.6	3.1 - 8.0
	Non-Hisp. Black Women	NA		2.9	1.7 - 4.1
	Hispanic Men	NA		4.7	2.4 - 7.1
	Hispanic Women	NA		4.5	2.5 - 6.5
AGE GROUP	18-44	0.0		1.0	0.6 - 1.4
	45-64	1.3 *	0.0 - 2.9	6.5	5.4 - 7.6
	65 & Older	13.9	8.3 - 19.5	12.9	11.6 - 14.2
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>9.5</th><th>7.2 - 11.9</th></high>	NA		9.5	7.2 - 11.9
	High School / GED	4.1	0.4 - 7.9	5.4	4.6 - 6.2
	>High School	6.9	3.8 - 10.1	4.7	4.2 - 5.2
ANNUAL INCOME	<\$25,000	5.3	1.1 - 9.4	8.0	6.7 - 9.3
	\$25,000-\$49,999	7.3	2.1 - 12.5	6.5	5.4 - 7.5
	\$50,000 or More	5.2	1.3 - 9.2	3.3	2.7 - 3.8
MARITAL STATUS	Married/Couple	6.1	2.8 - 9.3	5.6	4.9 - 6.2
	Not Married/Couple	6.6	2.4 - 10.8	5.8	4.9 - 6.6

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### Percentage of adults who have ever been told they had a stroke

			County	2013	
		Measure	95% CI	Measure	95% CI
ALL	Overall	5.2	2.6 - 7.8	3.7	3.3 - 4.1
SEX	Men	7.5	2.6 - 12.3	3.7	3.1 - 4.2
	Women	3.1	1.0 - 5.2	3.7	3.2 - 4.2
RACE/ETHNICITY	Non-Hisp. White	4.4	2.3 - 6.5	4.3	3.8 - 4.7
	Non-Hisp. Black	NA		4.6	3.1 - 6.1
	Hispanic	NA		2.0	1.2 - 2.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	6.6	2.7 - 10.4	4.3	3.6 - 4.9
	Non-Hisp. White Women	2.4	0.3 - 4.4	4.2	3.7 - 4.8
	Non-Hisp. Black Men	NA		4.8	2.6 - 7.0
	Non-Hisp. Black Women	NA		4.4	2.4 - 6.4
	Hispanic Men	NA		2.0	0.9 - 3.1
	Hispanic Women	NA		2.0	1.0 - 3.0
AGE GROUP	18-44	0.0		1.1	0.7 - 1.6
	45-64	4.5	0.0 - 10.5	4.1	3.4 - 4.8
	65 & Older	8.6	4.6 - 12.7	7.8	6.9 - 8.7
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>5.2</td><td>3.9 - 6.5</td></high>	NA		5.2	3.9 - 6.5
	High School / GED	3.2	0.4 - 6.1	3.7	3.0 - 4.3
	>High School	6.6	2.4 - 10.9	3.3	2.9 - 3.8
ANNUAL INCOME	<\$25,000	8.3	0.8 - 15.8	5.7	4.8 - 6.5
	\$25,000-\$49,999	2.7	0.2 - 5.3	4.1	3.3 - 4.9
	\$50,000 or More	4.6	1.0 - 8.2	1.9	1.4 - 2.3
MARITAL STATUS	Married/Couple	5.7	2.0 - 9.3	3.3	2.8 - 3.8
	Not Married/Couple	4.4	1.3 - 7.6	4.2	3.6 - 4.7

# Percentage of adults who have ever been told they had coronary heart disease, heart attack, or stroke

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl	
ALL	Overall	14.5	10.5 - 18.5	10.3	9.7 - 10.9	
SEX	Men	21.0 *	14.0 - 28.1	11.9	10.8 - 12.9	
	Women	8.4	4.5 - 12.3	8.8	8.0 - 9.6	
RACE/ETHNICITY	Non-Hisp. White	12.9	9.3 - 16.6	12.2	11.5 - 12.9	
	Non-Hisp. Black	NA		10.0	7.8 - 12.2	
	Hispanic	NA		6.8	5.0 - 8.5	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	21.1	14.1 - 28.1	14.6	13.4 - 15.8	
	Non-Hisp. White Women	5.6 *	2.8 - 8.3	9.9	9.1 - 10.8	
	Non-Hisp. Black Men	NA		10.9	7.4 - 14.3	
	Non-Hisp. Black Women	NA		9.3	6.5 - 12.1	
	Hispanic Men	NA		7.0	4.4 - 9.6	
	Hispanic Women	NA		6.5	4.3 - 8.7	
AGE GROUP	18-44	0.0		2.3	1.7 - 2.9	
	45-64	8.7	1.7 - 15.6	11.4	10.2 - 12.7	
	65 & Older	27.6	20.6 - 34.5	23.4	21.8 - 25.0	
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>15.2</th><th>12.6 - 17.9</th><th></th></high>	NA		15.2	12.6 - 17.9	
	High School / GED	12.8	6.8 - 18.8	10.0	8.9 - 11.1	
	>High School	15.1	9.8 - 20.4	9.2	8.5 - 10.0	
ANNUAL INCOME	<\$25,000	18.2	8.9 - 27.5	14.3	12.7 - 15.8	
	\$25,000-\$49,999	15.9	8.4 - 23.5	11.4	10.0 - 12.7	
	\$50,000 or More	9.8	4.7 - 14.8	6.6	5.7 - 7.4	
MARITAL STATUS	Married/Couple	13.8	8.8 - 18.9	10.1	9.3 - 11.0	
	Not Married/Couple	15.8	9.3 - 22.2	10.6	9.6 - 11.6	

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

# Percentage of adults who have ever been told they had high blood cholesterol

Charlotte

		2013 County			State
		Measure	95% CI	Measure	95% Cl
ALL	Overall	40.8 *	34.9 - 46.7	33.4	32.3 - 34.4
SEX	Men	42.5	33.2 - 51.8	33.6	32.0 - 35.2
	Women	39.3	31.7 - 46.8	33.2	31.7 - 34.6
RACE/ETHNICITY	Non-Hisp. White	44.3	38.0 - 50.6	39.0	37.8 - 40.1
	Non-Hisp. Black	NA		24.5	21.6 - 27.4
	Hispanic	NA		27.5	24.4 - 30.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	47.2	37.4 - 57.0	39.0	37.2 - 40.8
	Non-Hisp. White Women	41.7	33.6 - 49.7	39.0	37.5 - 40.5
	Non-Hisp. Black Men	NA		27.4	22.4 - 32.3
	Non-Hisp. Black Women	NA		21.8	18.6 - 25.1
	Hispanic Men	NA		25.6	21.3 - 29.9
	Hispanic Women	NA		29.3	24.8 - 33.7
AGE GROUP	18-44	18.9	5.7 - 32.1	13.6	12.2 - 15.0
	45-64	42.7	32.3 - 53.2	42.4	40.4 - 44.4
	65 & Older	52.6	45.0 - 60.2	55.7	53.8 - 57.5
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>33.9</th><th>30.0 - 37.8</th></high>	NA		33.9	30.0 - 37.8
	High School / GED	33.1	24.1 - 42.0	32.8	30.8 - 34.7
	>High School	48.5 *	40.8 - 56.1	33.6	32.4 - 34.9
ANNUAL INCOME	<\$25,000	40.9	28.7 - 53.2	32.1	30.0 - 34.2
	\$25,000-\$49,999	41.6	31.5 - 51.8	34.5	32.2 - 36.7
	\$50,000 or More	44.3	32.8 - 55.9	34.0	32.2 - 35.7
MARITAL STATUS	Married/Couple	38.1	30.9 - 45.3	36.7	35.2 - 38.1
	Not Married/Couple	45.7 *	35.3 - 56.2	29.6	28.0 - 31.2

# **Chronic Obstructive Pulmonary Disease**

Percentage of adults who have ever been told they had chronic obstructive pulmonary disease, emphysema, or chronic bronchitis

		2013 County Measure 95% Cl		2013 Measure	State 95% Cl
ALL	Overall	9.2	6.0 - 12.5	7.4	6.9 - 7.9
SEX	Men	7.9	3.4 - 12.5	6.4	5.7 - 7.2
	Women	10.5	5.9 - 15.0	8.3	7.5 - 9.0
RACE/ETHNICITY	Non-Hisp. White	8.8	5.6 - 12.0	9.2	8.6 - 9.9
	Non-Hisp. Black	NA		5.1	3.5 - 6.7
	Hispanic	NA		4.6	3.3 - 5.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	8.0	2.7 - 13.2	8.2	7.3 - 9.2
	Non-Hisp. White Women	9.6	5.7 - 13.5	10.2	9.3 - 11.1
	Non-Hisp. Black Men	NA		4.6	2.1 - 7.2
	Non-Hisp. Black Women	NA		5.5	3.6 - 7.4
	Hispanic Men	NA		3.5	1.8 - 5.2
	Hispanic Women	NA		5.6	3.6 - 7.7
AGE GROUP	18-44	5.2	0.0 - 12.1	3.0	2.3 - 3.7
	45-64	9.8	4.3 - 15.2	8.5	7.5 - 9.4
	65 & Older	11.2	6.3 - 16.1	14.0	12.8 - 15.3
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>12.3</th><th>10.1 - 14.5</th></high>	NA		12.3	10.1 - 14.5
	High School / GED	9.7	3.7 - 15.7	7.5	6.6 - 8.4
	>High School	8.2	4.9 - 11.5	6.0	5.4 - 6.6
ANNUAL INCOME	<\$25,000	13.8	6.4 - 21.1	11.1	10.0 - 12.3
	\$25,000-\$49,999	8.9	3.7 - 14.2	7.4	6.3 - 8.5
	\$50,000 or More	6.5	0.4 - 12.7	3.9	3.2 - 4.6
MARITAL STATUS	Married/Couple	10.2	5.6 - 14.7	6.5	5.8 - 7.2
	Not Married/Couple	7.6	3.8 - 11.4	8.5	7.7 - 9.3

entage of adults who	have ever been told they	had a depre	essive disorder		
		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	18.7	13.8 - 23.6	16.8	15.9 - 17.6
SEX	Men	15.3	9.0 - 21.5	12.1	11.0 - 13.1
	Women	21.9	14.6 - 29.2	21.2	19.9 - 22.4
RACE/ETHNICITY	Non-Hisp. White	20.0	14.6 - 25.4	18.6	17.6 - 19.5
	Non-Hisp. Black	NA		14.0	11.4 - 16.5
	Hispanic	NA		13.8	11.6 - 16.0
BY RACE/ETHNICITY	Non-Hisp. White Men	16.8	9.6 - 24.0	13.1	11.9 - 14.4
	Non-Hisp. White Women	22.8	15.0 - 30.6	23.6	22.2 - 25.0
	Non-Hisp. Black Men	NA		12.3	8.3 - 16.3
	Non-Hisp. Black Women	NA		15.5	12.2 - 18.7
	Hispanic Men	NA		8.5	6.2 - 10.9
	Hispanic Women	NA		18.8	15.2 - 22.4
AGE GROUP	18-44	32.2	17.0 - 47.5	15.8	14.4 - 17.2
	45-64	18.5	11.1 - 26.0	19.6	18.1 - 21.1
	65 & Older	11.5	7.2 - 15.9	14.6	13.4 - 15.9
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>20.9</td><td>17.9 - 24.0</td></high>	NA		20.9	17.9 - 24.0
	High School / GED	22.5	13.6 - 31.4	15.8	14.3 - 17.3
	>High School	18.3	11.9 - 24.7	16.3	15.3 - 17.3
ANNUAL INCOME	<\$25,000	16.5	9.2 - 23.8	23.8	21.9 - 25.6
	\$25,000-\$49,999	16.6	8.5 - 24.6	16.5	14.8 - 18.2
	\$50,000 or More	19.2	9.1 - 29.4	11.3	10.2 - 12.4
MARITAL STATUS	Married/Couple	14.7	9.4 - 20.0	14.0	13.0 - 15.0
	Not Married/Couple	25.9	16.2 - 35.5	20.1	18.7 - 21.5

Diabetes

## Percentage of adults who have ever been told they had diabetes

		2013 County Measure 95% CI		2013 Measure	State 95% Cl
ALL	Overall	16.0	11.5 - 20.4	11.2	10.5 - 11.9
SEX	Men	21.2	13.3 - 29.1	12.3	11.2 - 13.4
	Women	11.1	6.8 - 15.3	10.1	9.2 - 11.0
RACE/ETHNICITY	Non-Hisp. White	14.8	10.6 - 18.9	11.4	10.7 - 12.2
	Non-Hisp. Black	NA		12.3	10.0 - 14.6
	Hispanic	NA		10.8	8.7 - 12.8
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	18.5	11.4 - 25.5	12.9	11.7 - 14.1
	Non-Hisp. White Women	11.4	6.8 - 16.0	10.0	9.1 - 10.9
	Non-Hisp. Black Men	NA		12.8	9.0 - 16.6
	Non-Hisp. Black Women	NA		11.9	9.2 - 14.5
	Hispanic Men	NA		11.2	8.1 - 14.2
	Hispanic Women	NA		10.4	7.7 - 13.2
AGE GROUP	18-44	4.6	0.0 - 9.6	2.6	1.9 - 3.2
	45-64	18.6	8.9 - 28.2	13.5	12.1 - 14.9
	65 & Older	20.9	14.6 - 27.2	23.5	21.8 - 25.3
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>18.0</td><td>14.9 - 21.1</td></high>	NA		18.0	14.9 - 21.1
	High School / GED	19.0	11.7 - 26.3	11.5	10.3 - 12.6
	>High School	11.8	7.7 - 15.9	9.2	8.4 - 9.9
ANNUAL INCOME	<\$25,000	22.7	11.5 - 33.9	14.8	13.1 - 16.4
	\$25,000-\$49,999	15.1	7.7 - 22.5	11.9	10.4 - 13.4
	\$50,000 or More	12.1	5.5 - 18.6	7.5	6.6 - 8.4
MARITAL STATUS	Married/Couple	17.1	11.0 - 23.2	11.8	10.8 - 12.8
	Not Married/Couple	14.0	8.3 - 19.7	10.6	9.5 - 11.6

# Percentage of adults with diabetes who self-monitor blood glucose at least once a day on average

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	50.8	35.2 - 66.3	61.8	58.5 - 65.0
SEX	Men	46.2	25.1 - 67.2	56.5	51.9 - 61.2
	Women	58.6	38.8 - 78.4	67.4	63.0 - 71.9
RACE/ETHNICITY	Non-Hisp. White	54.3	38.9 - 69.6	58.9	55.3 - 62.5
	Non-Hisp. Black	NA		72.1	64.0 - 80.1
	Hispanic	NA		64.4	55.0 - 73.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	50.5	29.2 - 71.9	54.3	49.1 - 59.5
	Non-Hisp. White Women	59.3	38.2 - 80.4	64.3	59.4 - 69.2
	Non-Hisp. Black Men	NA		66.0	51.8 - 80.2
	Non-Hisp. Black Women	NA		77.7	68.8 - 86.7
	Hispanic Men	NA		56.0	42.1 - 70.0
	Hispanic Women	NA		71.5	60.0 - 83.0
AGE GROUP	18-44	NA		57.2	43.3 - 71.0
	45-64	NA		61.8	56.6 - 67.1
	65 & Older	52.2	35.2 - 69.2	62.6	58.4 - 66.8
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>64.3</th><th>55.4 - 73.2</th></high>	NA		64.3	55.4 - 73.2
	High School / GED	53.3	32.1 - 74.5	65.2	60.2 - 70.2
	>High School	63.5	46.1 - 81.0	58.1	53.9 - 62.3
ANNUAL INCOME	<\$25,000	NA		65.7	60.1 - 71.3
	\$25,000-\$49,999	NA		60.7	54.2 - 67.2
	\$50,000 or More	NA		55.5	49.3 - 61.7
MARITAL STATUS	Married/Couple	47.7	27.9 - 67.5	59.5	55.1 - 63.9
	Not Married/Couple	58.2	38.5 - 78.0	65.0	60.1 - 69.8

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	77.1	65.0 - 89.1	69.3	65.8 - 72.9
SEX	Men	71.5	53.6 - 89.3	70.5	66.0 - 75.1
	Women	84.3	70.4 - 98.1	68.0	62.6 - 73.5
RACE/ETHNICITY	Non-Hisp. White	76.6	63.6 - 89.7	75.6	72.2 - 78.9
	Non-Hisp. Black	NA		68.6	58.9 - 78.3
	Hispanic	NA		52.6	41.4 - 63.9
BY RACE/ETHNICITY	Non-Hisp. White Men	NA		73.9	68.8 - 79.1
	Non-Hisp. White Women	83.6	68.1 - 99.2	77.7	73.7 - 81.6
	Non-Hisp. Black Men	NA		65.5	49.7 - 81.3
	Non-Hisp. Black Women	NA		71.6	59.8 - 83.4
	Hispanic Men	NA		64.5	50.5 - 78.4
	Hispanic Women	NA		41.2	26.9 - 55.5
AGE GROUP	18-44	NA		52.3	38.6 - 65.9
	45-64	NA		66.2	60.4 - 72.1
	65 & Older	76.3	60.1 - 92.6	75.7	71.3 - 80.2
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>55.7</td><td>44.3 - 67.1</td></high>	NA		55.7	44.3 - 67.1
	High School / GED	NA		71.2	66.2 - 76.1
	>High School	83.2	69.8 - 96.7	74.8	71.1 - 78.6
ANNUAL INCOME	<\$25,000	NA		64.0	57.5 - 70.4
	\$25,000-\$49,999	NA		69.1	61.5 - 76.7
	\$50,000 or More	NA		78.3	73.3 - 83.2
MARITAL STATUS	Married/Couple	86.0	74.0 - 98.1	70.3	65.4 - 75.3
	Not Married/Couple	57.8	35.5 - 80.2	68.0	62.9 - 73.0

#### Percentage of adults with diabetes who had an annual foot exam

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	64.8	51.2 - 78.3	67.6	64.6 - 70.7
SEX	Men	70.2	52.2 - 88.2	70.3	66.0 - 74.5
	Women	55.6	36.1 - 75.1	64.8	60.4 - 69.2
RACE/ETHNICITY	Non-Hisp. White	57.6	43.5 - 71.7	68.6	65.2 - 71.9
	Non-Hisp. Black	NA		81.5	74.4 - 88.6
	Hispanic	NA		57.9	48.2 - 67.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	62.5	42.4 - 82.5	70.4	65.4 - 75.4
	Non-Hisp. White Women	50.9	29.8 - 72.0	66.4	61.9 - 70.9
	Non-Hisp. Black Men	NA		85.4	76.4 - 94.4
	Non-Hisp. Black Women	NA		77.9	67.8 - 88.1
	Hispanic Men	NA		66.7	54.3 - 79.1
	Hispanic Women	NA		49.8	35.5 - 64.2
AGE GROUP	18-44	NA		47.6	34.4 - 60.8
	45-64	NA		65.3	60.3 - 70.2
	65 & Older	58.9	41.5 - 76.3	73.2	69.5 - 76.9
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>66.3</td><td>57.8 - 74.7</td></high>	NA		66.3	57.8 - 74.7
	High School / GED	73.7	56.1 - 91.3	66.7	61.6 - 71.8
	>High School	52.0	33.9 - 70.1	69.1	65.2 - 73.0
ANNUAL INCOME	<\$25,000	NA		66.2	60.8 - 71.6
	\$25,000-\$49,999	NA		69.5	63.5 - 75.5
	\$50,000 or More	NA		71.3	65.8 - 76.7
MARITAL STATUS	Married/Couple	69.5	52.6 - 86.3	68.8	64.8 - 72.8
	Not Married/Couple	53.4	33.4 - 73.3	66.1	61.3 - 70.9

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

					onano
Diabetes					
Percentage of adults with	diabetes who had an an	nual eye exa	am		
		2013 Measure	3 County 95% Cl	201 Measure	3 State 95% Cl
ALL	Overall	58.0	41.8 - 74.1	69.7	66.5 - 72.9
SEX	Men	57.6	35.2 - 79.9	71.6	67.3 - 75.9
	Women	58.6	38.6 - 78.7	67.7	63.0 - 72.4
RACE/ETHNICITY	Non-Hisp. White	69.1	55.0 - 83.3	71.4	68.0 - 74.7
	Non-Hisp. Black	NA		77.6	70.1 - 85.0
	Hispanic	NA		60.7	50.6 - 70.8
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	74.8	57.1 - 92.5	71.9	67.0 - 76.7
	Non-Hisp. White Women	61.4	39.9 - 82.9	70.8	66.3 - 75.4
	Non-Hisp. Black Men	NA		82.6	73.3 - 91.9
	Non-Hisp. Black Women	NA		72.9	62.2 - 83.6
	Hispanic Men	NA		68.4	55.6 - 81.2
	Hispanic Women	NA		52.9	38.4 - 67.5
AGE GROUP	18-44	NA		43.7	31.1 - 56.3
	45-64	NA		61.7	56.3 - 67.2
	65 & Older	73.0	57.4 - 88.6	80.9	77.5 - 84.3
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>63.3</td><td>54.1 - 72.6</td></high>	NA		63.3	54.1 - 72.6
	High School / GED	52.0	30.7 - 73.2	70.7	65.9 - 75.5
	>High School	74.2	56.2 - 92.3	72.7	68.8 - 76.6
ANNUAL INCOME	<\$25,000	NA		68.5	63.3 - 73.7
	\$25,000-\$49,999	NA		65.7	58.5 - 73.0
	\$50,000 or More	NA		75.9	70.1 - 81.6
MARITAL STATUS	Married/Couple	53.5	33.0 - 74.1	69.2	64.8 - 73.7
		~~~~			

68.8

49.9 - 87.8

70.4

65.9 - 74.9

# Percentage of adults with diabetes who ever had diabetes self-management education

Not Married/Couple

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	47.6	32.3 - 63.0	49.6	46.2 - 53.0
SEX	Men	38.7	19.0 - 58.5	47.1	42.3 - 51.9
	Women	62.9	44.5 - 81.2	52.4	47.6 - 57.1
RACE/ETHNICITY	Non-Hisp. White	50.7	35.4 - 66.0	53.1	49.5 - 56.6
	Non-Hisp. Black	NA		53.6	43.4 - 63.9
	Hispanic	NA		39.4	29.8 - 49.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	41.8	20.7 - 62.9	51.1	45.9 - 56.3
	Non-Hisp. White Women	62.7	42.9 - 82.5	55.4	50.6 - 60.1
	Non-Hisp. Black Men	NA		40.2	25.4 - 55.0
	Non-Hisp. Black Women	NA		66.2	56.1 - 76.3
	Hispanic Men	NA		39.7	26.1 - 53.3
	Hispanic Women	NA		39.2	25.3 - 53.1
AGE GROUP	18-44	NA		55.0	42.2 - 67.9
	45-64	NA		52.1	46.5 - 57.7
	65 & Older	44.8	28.2 - 61.3	46.7	42.3 - 51.1
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>34.3</th><th>25.3 - 43.2</th></high>	NA		34.3	25.3 - 43.2
	High School / GED	55.1	34.2 - 76.0	48.9	43.6 - 54.2
	>High School	56.4	38.7 - 74.0	58.5	54.3 - 62.6
ANNUAL INCOME	<\$25,000	NA		42.3	36.5 - 48.2
	\$25,000-\$49,999	NA		52.1	45.3 - 59.0
	\$50,000 or More	NA		59.9	54.1 - 65.6
MARITAL STATUS	Married/Couple	49.6	29.5 - 69.8	50.7	46.2 - 55.2
	Not Married/Couple	42.8	23.3 - 62.2	48.1	42.9 - 53.2

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### Charlotte

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	6.8	3.8 - 9.7	7.1	6.6 - 7.7
	Men	9.4	4.5 - 14.2	7.4	6.5 - 8.3
-	Women	4.4	0.8 - 8.0	7.0	6.3 - 7.6
RACE/ETHNICITY	Non-Hisp. White	8.0	4.5 - 11.5	7.9	7.3 - 8.5
	Non-Hisp. Black	NA		8.3	6.2 - 10.5
	Hispanic	NA		4.8	3.5 - 6.2
X BY RACE/ETHNICITY	Non-Hisp. White Men	11.3	5.5 - 17.2	8.4	7.4 - 9.4
	Non-Hisp. White Women	5.0	0.8 - 9.2	7.4	6.7 - 8.1
	Non-Hisp. Black Men	NA		8.6	4.8 - 12.5
	Non-Hisp. Black Women	NA		8.0	5.9 - 10.2
	Hispanic Men	NA		4.8	2.7 - 6.8
	Hispanic Women	NA		4.9	3.3 - 6.6
AGE GROUP	18-44	8.1	0.0 - 17.5	4.9	3.9 - 5.8
	45-64	5.7	1.4 - 10.0	7.9	7.0 - 8.8
	65 & Older	7.0	3.9 - 10.1	9.6	8.7 - 10.6
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>5.8</td><td>4.2 - 7.5</td></high>	NA		5.8	4.2 - 7.5
	High School / GED	2.7 *	0.0 - 5.6	7.2	6.1 - 8.3
	>High School	10.9	5.8 - 15.9	7.6	6.9 - 8.2
ANNUAL INCOME	<\$25,000	7.3	0.4 - 14.1	7.6	6.4 - 8.9
	\$25,000-\$49,999	4.8	1.1 - 8.6	7.5	6.4 - 8.5
	\$50,000 or More	10.1	3.5 - 16.6	6.7	5.8 - 7.5
MARITAL STATUS	Married/Couple	7.2	3.6 - 10.8	7.3	6.6 - 8.1
	Not Married/Couple	6.0	0.7 - 11.2	7.0	6.1 - 7.8

Disability					
Percentage of adults who	are limited in any way in	any activitie	s because of phys	ical, mental, or er	notional problems
		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	26.2	20.9 - 31.6	21.2	20.2 - 22.1
SEX	Men	30.3 *	21.6 - 38.9	20.2	18.9 - 21.6
	Women	22.5	16.2 - 28.9	22.1	20.7 - 23.4
RACE/ETHNICITY	Non-Hisp. White	24.0	18.9 - 29.0	23.2	22.2 - 24.2
	Non-Hisp. Black	NA		17.8	15.1 - 20.5
	Hispanic	NA		18.6	15.8 - 21.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	28.5	20.1 - 36.9	22.6	21.1 - 24.1
	Non-Hisp. White Women	19.9	14.0 - 25.8	23.8	22.5 - 25.1
	Non-Hisp. Black Men	NA		19.1	14.7 - 23.4
	Non-Hisp. Black Women	NA		16.6	13.3 - 19.8
	Hispanic Men	NA		15.7	12.2 - 19.3
	Hispanic Women	NA		21.3	17.1 - 25.6
AGE GROUP	18-44	20.1	8.9 - 31.4	13.5	12.1 - 14.9
	45-64	31.9	21.3 - 42.5	26.0	24.2 - 27.8
	65 & Older	26.5	19.9 - 33.0	28.6	26.9 - 30.2
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>28.7</th><th>25.0 - 32.3</th></high>	NA		28.7	25.0 - 32.3
	High School / GED	22.7	14.6 - 30.9	21.8	20.1 - 23.6
	>High School	25.8	19.5 - 32.0	18.9	17.8 - 19.9
ANNUAL INCOME	<\$25,000	36.1	23.9 - 48.3	30.7	28.5 - 32.8
	\$25,000-\$49,999	21.7	13.4 - 30.0	20.4	18.5 - 22.3
	\$50,000 or More	16.6	7.9 - 25.3	12.8	11.7 - 14.0
MARITAL STATUS	Married/Couple	26.8	19.7 - 33.8	18.7	17.5 - 19.9
	Not Married/Couple	25.4	17.6 - 33.2	24.1	22.6 - 25.7

# Percentage of adults who use special equipment because of a health problem

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	10.5	7.2 - 13.9	8.8	8.2 - 9.3
SEX	Men	11.4	5.9 - 16.9	8.3	7.5 - 9.1
	Women	9.8	5.7 - 13.8	9.2	8.4 - 10.0
RACE/ETHNICITY	Non-Hisp. White	9.2	6.3 - 12.2	9.8	9.2 - 10.4
	Non-Hisp. Black	NA		8.6	6.9 - 10.2
	Hispanic	NA		6.5	5.0 - 8.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	8.9	4.5 - 13.4	9.2	8.3 - 10.1
	Non-Hisp. White Women	9.5	5.6 - 13.3	10.3	9.5 - 11.2
	Non-Hisp. Black Men	NA		7.9	5.5 - 10.3
	Non-Hisp. Black Women	NA		9.2	7.0 - 11.5
	Hispanic Men	NA		6.2	4.1 - 8.4
	Hispanic Women	NA		6.8	4.7 - 8.9
AGE GROUP	18-44	4.9	0.0 - 9.8	3.1	2.4 - 3.8
	45-64	10.2	3.2 - 17.2	9.5	8.4 - 10.5
	65 & Older	14.3	9.3 - 19.4	18.1	16.8 - 19.4
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>13.2</th><th>11.0 - 15.4</th></high>	NA		13.2	11.0 - 15.4
	High School / GED	8.0	3.6 - 12.3	8.4	7.4 - 9.4
	>High School	11.9	7.1 - 16.8	7.8	7.2 - 8.5
ANNUAL INCOME	<\$25,000	17.9	8.9 - 27.0	13.5	12.2 - 14.9
	\$25,000-\$49,999	6.4	2.8 - 10.0	7.9	6.9 - 8.8
	\$50,000 or More	4.9	1.1 - 8.7	4.8	4.1 - 5.5
MARITAL STATUS	Married/Couple	9.8	5.2 - 14.4	7.7	7.0 - 8.5
	Not Married/Couple	11.9	7.3 - 16.6	10.1	9.2 - 11.0

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

### Percentage of adults who have ever been told they had hypertension

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	46.2 *	40.0 - 52.3	34.6	33.5 - 35.7
SEX	Men	49.9 *	40.2 - 59.5	37.2	35.6 - 38.9
	Women	42.7 *	34.8 - 50.6	32.1	30.7 - 33.5
RACE/ETHNICITY	Non-Hisp. White	44.0	37.8 - 50.3	38.4	37.3 - 39.5
	Non-Hisp. Black	NA		33.7	30.4 - 37.0
	Hispanic	NA		28.3	25.0 - 31.5
EX BY RACE/ETHNICITY	Non-Hisp. White Men	49.7	39.9 - 59.5	42.1	40.3 - 43.9
	Non-Hisp. White Women	38.9	30.8 - 47.1	35.0	33.6 - 36.4
	Non-Hisp. Black Men	NA		35.1	29.6 - 40.6
	Non-Hisp. Black Women	NA		32.4	28.6 - 36.3
	Hispanic Men	NA		28.9	24.1 - 33.7
	Hispanic Women	NA		27.6	23.1 - 32.1
AGE GROUP	18-44	23.8	9.0 - 38.6	13.8	12.4 - 15.2
	45-64	39.3	28.8 - 49.9	41.1	39.1 - 43.2
	65 & Older	63.8	56.7 - 70.8	62.8	61.1 - 64.6
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>42.3</td><td>38.2 - 46.3</td></high>	NA		42.3	38.2 - 46.3
	High School / GED	46.1	35.7 - 56.4	35.8	33.8 - 37.9
	>High School	45.7 *	38.1 - 53.3	31.9	30.7 - 33.1
ANNUAL INCOME	<\$25,000	48.9	35.9 - 61.9	37.5	35.3 - 39.7
	\$25,000-\$49,999	45.9	35.5 - 56.2	36.9	34.6 - 39.2
	\$50,000 or More	41.8	30.3 - 53.3	30.7	29.0 - 32.5
MARITAL STATUS	Married/Couple	44.4	36.8 - 52.0	35.8	34.4 - 37.3
	Not Married/Couple	49.5 *	39.0 - 60.0	33.5	31.8 - 35.2

Kidnev Disease

			County		2013 State	
		Measure	95% CI	Measure	95% CI	
	Overall	2.2	0.9 - 3.5	3.5	3.0 - 3.9	
SEX	Men	1.9	0.0 - 3.8	3.3	2.7 - 3.8	
	Women	2.4	0.6 - 4.2	3.6	3.0 - 4.3	
RACE/ETHNICITY	Non-Hisp. White	2.5	0.9 - 4.0	3.5	3.0 - 4.0	
	Non-Hisp. Black	NA		2.4	1.5 - 3.2	
	Hispanic	NA		4.2	2.7 - 5.7	
BY RACE/ETHNICITY	Non-Hisp. White Men	2.3	0.0 - 4.7	3.7	2.9 - 4.5	
	Non-Hisp. White Women	2.6	0.5 - 4.6	3.3	2.9 - 3.8	
	Non-Hisp. Black Men	NA		2.0	0.8 - 3.1	
	Non-Hisp. Black Women	NA		2.7	1.5 - 3.9	
	Hispanic Men	NA		3.1	1.8 - 4.4	
	Hispanic Women	NA		5.2	2.7 - 7.8	
AGE GROUP	18-44	0.0		1.9	1.2 - 2.6	
	45-64	1.3	0.0 - 2.9	3.6	2.7 - 4.4	
	65 & Older	4.2	1.4 - 6.9	5.9	5.2 - 6.7	
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>4.6</td><td>3.1 - 6.2</td></high>	NA		4.6	3.1 - 6.2	
	High School / GED	1.8	0.0 - 4.0	4.0	2.9 - 5.0	
	>High School	2.3	0.8 - 3.8	2.9	2.5 - 3.3	
ANNUAL INCOME	<\$25,000	3.0	0.0 - 6.4	5.0	4.0 - 6.0	
	\$25,000-\$49,999	1.5	0.0 - 3.4	3.5	2.4 - 4.6	
	\$50,000 or More	2.8	0.3 - 5.3	2.1	1.6 - 2.5	
MARITAL STATUS	Married/Couple	1.6	0.2 - 3.1	3.4	2.8 - 4.0	
	Not Married/Couple	3.2	0.5 - 5.8	3.6	2.9 - 4.2	
	· · ·					

#### Percentage of adults who are overweight

Charlotte
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		2013 Measure	County 95% CI	2013 Measure	State 95% Cl
ALL	Overall	37.1	30.9 - 43.2	36.4	35.2 - 37.6
SEX	Men	45.7	35.9 - 55.5	42.9	41.1 - 44.7
	Women	28.9	21.7 - 36.0	30.0	28.5 - 31.5
RACE/ETHNICITY	Non-Hisp. White	33.9	27.9 - 39.8	35.8	34.6 - 36.9
	Non-Hisp. Black	NA		36.9	33.0 - 40.8
	Hispanic	NA		38.6	34.9 - 42.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	41.6	31.9 - 51.2	43.5	41.6 - 45.3
	Non-Hisp. White Women	26.9	19.9 - 33.9	28.1	26.7 - 29.5
	Non-Hisp. Black Men	NA		39.7	33.6 - 45.8
	Non-Hisp. Black Women	NA		34.3	29.4 - 39.1
	Hispanic Men	NA		44.4	39.0 - 49.7
	Hispanic Women	NA		32.9	28.1 - 37.7
AGE GROUP	18-44	28.6	12.6 - 44.6	31.5	29.5 - 33.6
	45-64	37.4	26.7 - 48.1	39.4	37.3 - 41.5
	65 & Older	42.5	34.9 - 50.1	40.6	38.7 - 42.4
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>38.4</td><td>34.1 - 42.8</td></high>	NA		38.4	34.1 - 42.8
	High School / GED	39.3	29.3 - 49.3	35.4	33.2 - 37.6
	>High School	34.5	27.2 - 41.8	36.5	35.1 - 37.9
ANNUAL INCOME	<\$25,000	38.8	25.1 - 52.5	34.8	32.4 - 37.2
	\$25,000-\$49,999	42.7	32.5 - 52.9	37.1	34.7 - 39.6
	\$50,000 or More	30.8	20.0 - 41.5	37.8	35.9 - 39.8
MARITAL STATUS	Married/Couple	38.9	31.2 - 46.7	39.5	37.9 - 41.1
	Not Married/Couple	33.5	23.5 - 43.5	32.9	31.0 - 34.7

# Percentage of adults who are obese

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	25.9	20.4 - 31.4	26.4	25.3 - 27.4
SEX	Men	31.1	22.4 - 39.7	27.5	25.9 - 29.0
	Women	20.9	14.0 - 27.9	25.3	23.9 - 26.7
RACE/ETHNICITY	Non-Hisp. White	25.7	20.1 - 31.4	25.1	24.1 - 26.2
	Non-Hisp. Black	NA		34.2	30.6 - 37.8
	Hispanic	NA		26.4	23.4 - 29.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	30.9	22.0 - 39.8	27.5	25.8 - 29.2
	Non-Hisp. White Women	21.1	13.8 - 28.3	22.8	21.5 - 24.1
	Non-Hisp. Black Men	NA		29.6	24.3 - 34.9
	Non-Hisp. Black Women	NA		38.6	33.7 - 43.4
	Hispanic Men	NA		27.9	23.5 - 32.4
	Hispanic Women	NA		24.9	20.8 - 29.0
AGE GROUP	18-44	24.2	9.8 - 38.5	24.2	22.4 - 26.0
	45-64	26.9	17.6 - 36.3	30.3	28.5 - 32.2
	65 & Older	26.4	19.7 - 33.1	24.8	23.3 - 26.4
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>29.4</th><th>25.7 - 33.0</th></high>	NA		29.4	25.7 - 33.0
	High School / GED	27.0	17.4 - 36.6	28.4	26.4 - 30.5
	>High School	26.9	19.9 - 33.9	24.5	23.3 - 25.7
ANNUAL INCOME	<\$25,000	29.6	18.2 - 41.1	29.9	27.7 - 32.1
	\$25,000-\$49,999	22.1	13.2 - 30.9	27.7	25.5 - 29.8
	\$50,000 or More	25.3	15.4 - 35.1	24.6	22.9 - 26.3
MARITAL STATUS	Married/Couple	24.6	18.0 - 31.2	27.9	26.4 - 29.3
	Not Married/Couple	28.3	18.6 - 38.1	24.7	23.1 - 26.2

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

# Percentage of adults who are overweight or obese

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	62.9	56.9 - 68.9	62.8	61.6 - 64.0
SEX	Men	76.8	68.4 - 85.1	70.4	68.7 - 72.0
	Women	49.8	41.7 - 57.8	55.3	53.6 - 56.9
RACE/ETHNICITY	Non-Hisp. White	59.6	53.2 - 66.0	60.9	59.7 - 62.1
	Non-Hisp. Black	NA		71.1	67.5 - 74.7
	Hispanic	NA		64.9	61.4 - 68.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	72.5	63.0 - 81.9	71.0	69.3 - 72.6
	Non-Hisp. White Women	48.0	39.6 - 56.3	50.9	49.3 - 52.5
	Non-Hisp. Black Men	NA		69.3	63.5 - 75.2
	Non-Hisp. Black Women	NA		72.8	68.6 - 77.1
	Hispanic Men	NA		72.3	67.5 - 77.1
	Hispanic Women	NA		57.8	52.6 - 62.9
AGE GROUP	18-44	52.8	36.3 - 69.2	55.7	53.5 - 57.9
	45-64	64.3	54.6 - 74.1	69.7	68.0 - 71.5
	65 & Older	68.9	62.0 - 75.7	65.4	63.7 - 67.1
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>67.8</td><td>63.8 - 71.7</td></high>	NA		67.8	63.8 - 71.7
	High School / GED	66.3	56.3 - 76.4	63.8	61.5 - 66.1
	>High School	61.4	53.9 - 68.9	61.0	59.6 - 62.4
ANNUAL INCOME	<\$25,000	68.4	57.2 - 79.5	64.7	62.4 - 66.9
	\$25,000-\$49,999	64.8	54.9 - 74.7	64.8	62.4 - 67.2
	\$50,000 or More	56.0	44.1 - 68.0	62.4	60.5 - 64.4
MARITAL STATUS	Married/Couple	63.5	56.2 - 70.8	67.4	65.9 - 68.8
	Not Married/Couple	61.8	51.4 - 72.2	57.5	55.6 - 59.5

#### Percentage of adults who have a healthy weight

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	34.7	28.8 - 40.6	35.0	33.8 - 36.1
SEX	Men	21.2	13.1 - 29.2	28.4	26.7 - 30.1
	Women	47.7	39.6 - 55.7	41.4	39.8 - 43.1
RACE/ETHNICITY	Non-Hisp. White	37.6	31.3 - 43.9	36.3	35.1 - 37.5
	Non-Hisp. Black	NA		27.6	24.1 - 31.2
	Hispanic	NA		33.8	30.2 - 37.3
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	25.0	15.8 - 34.2	27.7	26.0 - 29.3
	Non-Hisp. White Women	49.0	40.7 - 57.4	44.9	43.3 - 46.5
	Non-Hisp. Black Men	NA		29.5	23.7 - 35.3
	Non-Hisp. Black Women	NA		25.8	21.6 - 30.0
	Hispanic Men	NA		27.1	22.3 - 31.9
	Hispanic Women	NA		40.3	35.1 - 45.4
AGE GROUP	18-44	41.0	25.0 - 57.1	41.5	39.3 - 43.7
	45-64	33.8	24.3 - 43.4	28.5	26.8 - 30.2
	65 & Older	30.7	23.8 - 37.5	32.5	30.8 - 34.1
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>30.0</th><th>26.1 - 33.8</th></high>	NA		30.0	26.1 - 33.8
	High School / GED	30.5	20.7 - 40.3	34.4	32.1 - 36.7
	>High School	36.4	29.0 - 43.8	36.5	35.1 - 37.9
ANNUAL INCOME	<\$25,000	29.4	18.7 - 40.0	33.4	31.2 - 35.6
	\$25,000-\$49,999	32.9	23.1 - 42.7	33.0	30.6 - 35.3
	\$50,000 or More	41.9	30.0 - 53.9	35.6	33.6 - 37.6
MARITAL STATUS	Married/Couple	34.8	27.6 - 42.0	30.9	29.5 - 32.4
	Not Married/Couple	34.6	24.5 - 44.8	39.6	37.7 - 41.5

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

SEX RACE/ETHNICITY	Overall Men Women Non-Hisp. White Non-Hisp. Black Hispanic	-	eeing, even when w       County       95% Cl       3.3     11.1       1.4     14.3       2.2     11.0       1.8     7.5	vearing glasses 2013 Measure 5.2 4.9 5.5 4.0 7.5	State     95% CI       4.7     -     5.8       4.2     -     5.7       4.8     -     6.3       3.5     -     4.5       5.7     -     9.3
SEX RACE/ETHNICITY	Men Women Non-Hisp. White Non-Hisp. Black Hispanic	Measure       7.2       7.8       6.6       4.7       NA	95% Cl 3.3 - 11.1 1.4 - 14.3 2.2 - 11.0	Measure       5.2       4.9       5.5       4.0	95% Cl       4.7     -     5.8       4.2     -     5.7       4.8     -     6.3       3.5     -     4.5
SEX RACE/ETHNICITY	Men Women Non-Hisp. White Non-Hisp. Black Hispanic	7.8 6.6 4.7 NA	1.4 - 14.3   2.2 - 11.0	4.9 5.5 4.0	4.2   -   5.7     4.8   -   6.3     3.5   -   4.5
RACE/ETHNICITY	Women Non-Hisp. White Non-Hisp. Black Hispanic	6.6 4.7 NA	2.2 - 11.0	5.5 4.0	4.8 - 6.3   3.5 - 4.5
RACE/ETHNICITY	Non-Hisp. White Non-Hisp. Black Hispanic	4.7 NA		4.0	3.5 - 4.5
	Non-Hisp. Black Hispanic	NA	1.8 - 7.5		
	Hispanic			7.5	57 - 93
	· · · · · · · · · · · · · · · · · · ·	NΙΔ		-	0.1 0.0
	Non High White Mon	NA		7.2	5.4 - 8.9
SEX BY RACE/ETHNICITY	Non-misp. white wen	2.5	0.0 - 5.4	3.7	2.9 - 4.5
	Non-Hisp. White Women	6.6	1.9 - 11.4	4.3	3.7 - 4.8
	Non-Hisp. Black Men	NA		7.5	4.9 - 10.1
	Non-Hisp. Black Women	NA		7.5	4.9 - 10.1
	Hispanic Men	NA		6.1	3.8 - 8.3
	Hispanic Women	NA		8.3	5.6 - 10.9
AGE GROUP	18-44	5.4	0.0 - 12.4	3.4	2.7 - 4.2
	45-64	9.5	0.3 - 18.7	7.4	6.2 - 8.5
	65 & Older	6.8	2.5 - 11.0	5.6	4.8 - 6.3
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>11.2</td><td>8.8 - 13.6</td></high>	NA		11.2	8.8 - 13.6
	High School / GED	5.0	0.4 - 9.5	5.6	4.6 - 6.7
	>High School	5.9	1.9 - 10.0	3.4	3.0 - 3.9
ANNUAL INCOME	<\$25,000	10.3	0.5 - 20.1	10.1	8.6 - 11.5
	\$25,000-\$49,999	7.6	1.1 - 14.2	3.9	3.1 - 4.7
	\$50,000 or More	4.4	0.0 - 10.3	1.9	1.4 - 2.3
MARITAL STATUS	Married/Couple	6.2	1.0 - 11.4	3.9	3.3 - 4.5
	Not Married/Couple	9.0	3.2 - 14.8	6.9	5.9 - 7.8

# Percentage of adults who engage in heavy or binge drinking

		2013 Measure	County 95% CI	2013 Measure	State 95% Cl
ALL	Overall	18.0	12.4 - 23.5	17.6	16.6 - 18.6
SEX	Men	20.5	11.2 - 29.7	23.4	21.7 - 25.1
	Women	15.6	9.5 - 21.8	12.2	11.2 - 13.3
RACE/ETHNICITY	Non-Hisp. White	18.2	12.8 - 23.6	17.6	16.6 - 18.5
	Non-Hisp. Black	NA		14.0	11.1 - 17.0
	Hispanic	NA		19.6	16.4 - 22.8
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	17.9	9.7 - 26.1	21.4	19.8 - 23.0
	Non-Hisp. White Women	18.5	11.4 - 25.6	14.0	12.9 - 15.1
	Non-Hisp. Black Men	NA		19.8	14.5 - 25.2
	Non-Hisp. Black Women	NA		8.8	6.4 - 11.3
	Hispanic Men	NA		30.1	24.8 - 35.3
	Hispanic Women	NA		9.7	6.2 - 13.1
AGE GROUP	18-44	24.9	8.4 - 41.3	24.2	22.3 - 26.1
	45-64	22.1	13.6 - 30.5	16.9	15.3 - 18.5
	65 & Older	9.4	5.3 - 13.5	7.2	6.4 - 8.0
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>18.6</td><td>14.7 - 22.4</td></high>	NA		18.6	14.7 - 22.4
	High School / GED	23.5	13.1 - 33.8	16.3	14.6 - 18.1
	>High School	14.2	9.3 - 19.1	18.0	16.8 - 19.2
ANNUAL INCOME	<\$25,000	17.3	5.2 - 29.5	16.3	14.5 - 18.1
	\$25,000-\$49,999	13.1	5.7 - 20.6	17.9	15.7 - 20.1
	\$50,000 or More	22.1	11.7 - 32.5	20.3	18.6 - 22.0
MARITAL STATUS	Married/Couple	15.5	9.1 - 22.0	14.9	13.8 - 16.0
	Not Married/Couple	22.3	12.3 - 32.3	20.9	19.1 - 22.6

#### Tobacco Use & Exposure

# Percentage of adults who are current smokers

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	21.3	15.7 - 26.9	16.8	15.9 - 17.7
SEX	Men	19.3	11.3 - 27.3	19.5	18.0 - 21.0
	Women	23.2	15.4 - 31.0	14.4	13.3 - 15.4
RACE/ETHNICITY	Non-Hisp. White	21.3	15.4 - 27.3	18.6	17.6 - 19.5
	Non-Hisp. Black	NA		14.4	11.7 - 17.1
	Hispanic	NA		13.9	11.4 - 16.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	20.0	11.3 - 28.7	19.7	18.2 - 21.3
	Non-Hisp. White Women	22.5	14.4 - 30.7	17.4	16.2 - 18.6
	Non-Hisp. Black Men	NA		19.3	14.6 - 24.1
	Non-Hisp. Black Women	NA		9.9	7.3 - 12.4
	Hispanic Men	NA		18.8	14.6 - 23.0
	Hispanic Women	NA		9.3	6.4 - 12.1
AGE GROUP	18-44	40.4 *	24.1 - 56.7	19.2	17.5 - 20.8
	45-64	25.5	16.7 - 34.3	19.8	18.4 - 21.3
	65 & Older	7.4	3.1 - 11.7	8.7	7.4 - 9.9
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>24.8</td><td>21.4 - 28.3</td></high>	NA		24.8	21.4 - 28.3
	High School / GED	26.4	16.0 - 36.7	19.8	18.1 - 21.5
	>High School	17.0	10.5 - 23.6	13.1	12.2 - 14.1
ANNUAL INCOME	<\$25,000	14.7	7.3 - 22.0	22.3	20.4 - 24.2
	\$25,000-\$49,999	23.5	13.9 - 33.1	17.7	15.9 - 19.5
	\$50,000 or More	19.0	7.2 - 30.7	11.8	10.5 - 13.1
MARITAL STATUS	Married/Couple	17.2	11.2 - 23.2	13.6	12.5 - 14.6
	Not Married/Couple	28.7	18.0 - 39.5	20.8	19.2 - 22.3

# Percentage of adults who are former smokers (currently quit smoking)

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	34.0	28.4 - 39.6	28.1	27.1 - 29.2
SEX	Men	37.0	28.0 - 45.9	31.6	30.0 - 33.2
	Women	31.2	24.2 - 38.2	24.9	23.7 - 26.2
RACE/ETHNICITY	Non-Hisp. White	37.6	31.5 - 43.7	35.6	34.5 - 36.7
	Non-Hisp. Black	NA		14.0	11.7 - 16.3
	Hispanic	NA		19.3	16.5 - 22.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	40.8	31.2 - 50.4	39.3	37.5 - 41.1
	Non-Hisp. White Women	34.7	27.1 - 42.3	32.2	30.7 - 33.6
	Non-Hisp. Black Men	NA		17.0	13.4 - 20.7
	Non-Hisp. Black Women	NA		11.2	8.4 - 14.0
	Hispanic Men	NA		22.5	18.2 - 26.7
	Hispanic Women	NA		16.2	12.5 - 19.8
AGE GROUP	18-44	8.0	1.0 - 14.9	15.6	14.1 - 17.1
	45-64	33.1	23.1 - 43.0	30.3	28.5 - 32.2
	65 & Older	49.3	41.6 - 57.0	47.4	45.6 - 49.2
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>25.7</th><th>22.1 - 29.2</th></high>	NA		25.7	22.1 - 29.2
	High School / GED	36.9	26.9 - 46.8	27.7	25.9 - 29.5
	>High School	33.4	26.7 - 40.1	29.1	27.9 - 30.3
ANNUAL INCOME	<\$25,000	34.6	22.8 - 46.3	23.9	22.1 - 25.7
	\$25,000-\$49,999	32.3	22.7 - 42.0	31.9	29.6 - 34.3
	\$50,000 or More	36.8	26.2 - 47.5	30.0	28.4 - 31.7
MARITAL STATUS	Married/Couple	37.0	29.7 - 44.2	32.0	30.6 - 33.3
	Not Married/Couple	28.5	20.0 - 37.1	23.7	22.3 - 25.2

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

# Tobacco Use & Exposure

#### Percentage of adults who have never smoked

Percentage of adults who i	have never smoked				
		2013 Measure	County 95% Cl	2013 Measure	B State 95% Cl
ALL	Overall	44.7 *	38.3 - 51.1	55.0	53.8 - 56.2
SEX	Men	43.7	33.6 - 53.8	48.9	47.1 - 50.8
	Women	45.6 *	37.6 - 53.6	60.7	59.2 - 62.2
RACE/ETHNICITY	Non-Hisp. White	41.1	34.7 - 47.4	45.8	44.6 - 47.1
	Non-Hisp. Black	NA		71.6	68.3 - 74.9
	Hispanic	NA		66.8	63.4 - 70.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	39.2	29.4 - 49.0	40.9	39.1 - 42.8
	Non-Hisp. White Women	42.8	34.5 - 51.0	50.4	48.8 - 52.0
	Non-Hisp. Black Men	NA		63.6	58.0 - 69.2
	Non-Hisp. Black Women	NA		78.9	75.2 - 82.6
	Hispanic Men	NA		58.7	53.5 - 63.9
	Hispanic Women	NA		74.6	70.2 - 78.9
AGE GROUP	18-44	51.6	35.1 - 68.2	65.2	63.2 - 67.2
	45-64	41.4	30.3 - 52.4	49.8	47.8 - 51.9
	65 & Older	43.3	35.7 - 50.9	43.9	42.1 - 45.8
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>49.5</th><th>45.3 - 53.7</th></high>	NA		49.5	45.3 - 53.7
	High School / GED	36.8 *	26.7 - 46.8	52.5	50.2 - 54.8
	>High School	49.6	41.8 - 57.4	57.8	56.4 - 59.2
ANNUAL INCOME	<\$25,000	50.8	37.5 - 64.0	53.8	51.4 - 56.1
	\$25,000-\$49,999	44.1	33.8 - 54.5	50.4	47.9 - 52.9
	\$50,000 or More	44.2 *	32.2 - 56.2	58.1	56.2 - 60.0
MARITAL STATUS	Married/Couple	45.8	37.9 - 53.8	54.5	52.9 - 56.0

42.7 \*

32.3 - 53.2

# Percentage of adult current smokers who tried to quit smoking at least once in the past year

Not Married/Couple

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	64.8	51.7 - 78.0	61.1	58.3 - 63.9
SEX	Men	NA		60.3	56.0 - 64.5
	Women	68.3	50.9 - 85.7	62.1	58.5 - 65.8
RACE/ETHNICITY	Non-Hisp. White	67.1	54.1 - 80.2	57.9	55.0 - 60.8
	Non-Hisp. Black	NA		71.1	61.8 - 80.3
	Hispanic	NA		62.6	53.1 - 72.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		57.9	53.4 - 62.4
	Non-Hisp. White Women	71.3	55.1 - 87.4	57.9	54.1 - 61.7
	Non-Hisp. Black Men	NA		64.6	51.4 - 77.8
	Non-Hisp. Black Women	NA		82.8	75.3 - 90.3
	Hispanic Men	NA		61.3	48.9 - 73.7
	Hispanic Women	NA		65.2	50.4 - 80.1
AGE GROUP	18-44	NA		65.8	61.4 - 70.3
	45-64	50.9	31.8 - 70.1	58.2	54.3 - 62.2
	65 & Older	NA		52.7	44.7 - 60.8
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>58.6</th><th>50.8 - 66.4</th></high>	NA		58.6	50.8 - 66.4
	High School / GED	NA		61.9	57.5 - 66.3
	>High School	65.5	47.0 - 84.0	61.8	57.9 - 65.6
ANNUAL INCOME	<\$25,000	NA		63.9	59.3 - 68.5
	\$25,000-\$49,999	NA		61.8	56.6 - 66.9
	\$50,000 or More	NA		57.1	51.4 - 62.8
MARITAL STATUS	Married/Couple	52.3	33.1 - 71.6	60.9	56.9 - 64.9
	Not Married/Couple	78.1	63.7 - 92.4	61.2	57.3 - 65.2

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

53.6 - 57.4

55.5

# **Physical Activity & Nutrition**

#### Percentage of adults who are sedentary

		2013 County		2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	24.2	18.6 - 29.7	27.7	26.6 - 28.9
SEX	Men	22.6	14.5 - 30.6	25.3	23.6 - 27.0
	Women	25.7	18.1 - 33.2	30.0	28.5 - 31.6
RACE/ETHNICITY	Non-Hisp. White	23.5	17.8 - 29.3	25.1	24.0 - 26.2
	Non-Hisp. Black	NA		30.2	26.6 - 33.9
	Hispanic	NA		31.6	28.1 - 35.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	23.3	14.9 - 31.6	22.9	21.3 - 24.4
	Non-Hisp. White Women	23.7	15.8 - 31.6	27.2	25.7 - 28.6
	Non-Hisp. Black Men	NA		26.0	20.8 - 31.3
	Non-Hisp. Black Women	NA		34.0	29.1 - 39.0
	Hispanic Men	NA		29.0	23.9 - 34.2
	Hispanic Women	NA		34.1	29.2 - 38.9
AGE GROUP	18-44	23.5	9.9 - 37.1	24.1	22.1 - 26.0
	45-64	22.0	12.4 - 31.6	29.5	27.5 - 31.4
	65 & Older	26.8	19.4 - 34.1	32.2	30.3 - 34.0
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>40.5</td><td>36.2 - 44.9</td></high>	NA		40.5	36.2 - 44.9
	High School / GED	18.3 *	11.0 - 25.6	31.2	29.0 - 33.4
	>High School	24.7	17.1 - 32.4	22.4	21.2 - 23.7
ANNUAL INCOME	<\$25,000	28.0	16.0 - 40.0	37.1	34.7 - 39.5
	\$25,000-\$49,999	27.1	17.7 - 36.5	28.8	26.5 - 31.2
	\$50,000 or More	18.4	8.5 - 28.2	18.1	16.5 - 19.6
MARITAL STATUS	Married/Couple	21.7	15.0 - 28.5	26.4	24.9 - 27.9
	Not Married/Couple	28.5	18.9 - 38.1	29.1	27.3 - 30.9

# Percentage of adults who consumed five or more servings of fruits or vegetables per day

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	16.9	12.3 - 21.4	18.3	17.3 - 19.4
SEX	Men	15.0	7.9 - 22.1	16.1	14.5 - 17.6
	Women	18.6	12.8 - 24.4	20.4	19.0 - 21.8
RACE/ETHNICITY	Non-Hisp. White	17.1	12.2 - 22.0	16.3	15.4 - 17.3
	Non-Hisp. Black	NA		22.4	18.9 - 26.0
	Hispanic	NA		19.8	16.8 - 22.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	15.9	7.8 - 24.1	14.0	12.6 - 15.5
	Non-Hisp. White Women	18.2	12.3 - 24.0	18.5	17.2 - 19.7
	Non-Hisp. Black Men	NA		18.2	13.0 - 23.4
	Non-Hisp. Black Women	NA		26.3	21.5 - 31.0
	Hispanic Men	NA		19.0	14.5 - 23.5
	Hispanic Women	NA		20.6	16.5 - 24.7
AGE GROUP	18-44	17.3	5.0 - 29.6	19.9	18.0 - 21.7
	45-64	15.1	8.1 - 22.0	17.9	16.3 - 19.5
	65 & Older	17.6	11.7 - 23.5	16.2	14.6 - 17.9
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>18.7</th><th>15.1 - 22.3</th></high>	NA		18.7	15.1 - 22.3
	High School / GED	14.6	7.5 - 21.7	14.5	12.6 - 16.3
	>High School	20.0	13.5 - 26.4	20.4	19.1 - 21.6
ANNUAL INCOME	<\$25,000	10.9	4.4 - 17.3	17.7	15.6 - 19.8
	\$25,000-\$49,999	18.2	9.8 - 26.7	19.0	16.8 - 21.2
	\$50,000 or More	21.2	11.4 - 30.9	19.7	18.1 - 21.3
MARITAL STATUS	Married/Couple	16.0	11.0 - 21.1	19.4	18.0 - 20.8
	Not Married/Couple	18.4	9.6 - 27.2	17.0	15.6 - 18.5

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

# **Physical Activity & Nutrition**

#### Percentage of adults who are inactive or insufficiently active

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	46.8	39.9 - 53.6	52.9	51.6 - 54.3
SEX	Men	44.8	34.3 - 55.2	51.1	49.0 - 53.1
	Women	48.6	39.9 - 57.3	54.5	52.8 - 56.3
RACE/ETHNICITY	Non-Hisp. White	45.3	38.3 - 52.3	48.8	47.5 - 50.1
	Non-Hisp. Black	NA		56.9	52.6 - 61.3
	Hispanic	NA		59.3	55.2 - 63.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	45.1	34.3 - 55.9	46.3	44.2 - 48.3
	Non-Hisp. White Women	45.4	36.5 - 54.4	51.0	49.3 - 52.7
	Non-Hisp. Black Men	NA		54.2	47.1 - 61.2
	Non-Hisp. Black Women	NA		59.4	54.0 - 64.7
	Hispanic Men	NA		59.3	53.3 - 65.4
	Hispanic Women	NA		59.3	53.7 - 64.9
AGE GROUP	18-44	65.7	47.7 - 83.6	54.3	51.7 - 56.8
	45-64	39.0 *	27.0 - 50.9	55.2	53.0 - 57.3
	65 & Older	43.1	34.8 - 51.5	47.5	45.5 - 49.4
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>64.2</td><td>59.9 - 68.6</td></high>	NA		64.2	59.9 - 68.6
	High School / GED	44.9	33.3 - 56.6	55.6	53.0 - 58.1
	>High School	44.8	36.3 - 53.4	48.4	46.8 - 50.0
ANNUAL INCOME	<\$25,000	47.5	33.4 - 61.7	61.0	58.4 - 63.6
	\$25,000-\$49,999	51.3	40.3 - 62.3	56.2	53.5 - 58.9
	\$50,000 or More	43.8	30.4 - 57.2	43.5	41.3 - 45.7
MARITAL STATUS	Married/Couple	40.9	32.5 - 49.2	50.5	48.7 - 52.2
	Not Married/Couple	56.2	45.0 - 67.5	55.8	53.7 - 57.9

# Percentage of adults who meet aerobic recommendations

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	56.2	49.4 - 63.1	50.2	48.9 - 51.5
SEX	Men	58.5	48.0 - 68.9	52.0	50.0 - 54.0
	Women	54.1	45.3 - 62.9	48.6	46.9 - 50.4
RACE/ETHNICITY	Non-Hisp. White	56.8	49.9 - 63.8	53.8	52.5 - 55.1
	Non-Hisp. Black	NA		46.8	42.5 - 51.1
	Hispanic	NA		45.0	41.0 - 49.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	56.7	46.0 - 67.3	56.3	54.3 - 58.2
	Non-Hisp. White Women	57.0	47.9 - 66.1	51.7	50.0 - 53.3
	Non-Hisp. Black Men	NA		48.8	41.9 - 55.6
	Non-Hisp. Black Women	NA		45.0	39.7 - 50.4
	Hispanic Men	NA		45.3	39.4 - 51.2
	Hispanic Women	NA		44.8	39.4 - 50.2
AGE GROUP	18-44	48.7	30.9 - 66.6	50.7	48.2 - 53.1
	45-64	61.4	49.6 - 73.3	47.6	45.4 - 49.7
	65 & Older	57.2	48.9 - 65.5	53.6	51.7 - 55.5
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>38.8</th><th>34.4 - 43.2</th></high>	NA		38.8	34.4 - 43.2
	High School / GED	59.8	48.5 - 71.1	47.7	45.2 - 50.2
	>High School	55.6	47.2 - 64.1	54.7	53.1 - 56.2
ANNUAL INCOME	<\$25,000	56.1	41.6 - 70.6	42.3	39.7 - 44.9
	\$25,000-\$49,999	51.1	40.2 - 62.0	47.8	45.1 - 50.4
	\$50,000 or More	58.4	45.3 - 71.5	59.2	57.1 - 61.3
MARITAL STATUS	Married/Couple	61.8	53.5 - 70.1	52.5	50.7 - 54.2
	Not Married/Couple	47.1	35.7 - 58.6	47.6	45.5 - 49.6

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

# **Physical Activity & Nutrition**

# Percentage of adults who meet muscle strengthening recommendations

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	27.6	21.3 - 33.8	29.6	28.4 - 30.7
SEX	Men	33.3	22.9 - 43.7	36.0	34.1 - 37.8
	Women	22.2	15.5 - 28.9	23.6	22.2 - 25.0
RACE/ETHNICITY	Non-Hisp. White	28.2	21.8 - 34.6	29.3	28.1 - 30.4
	Non-Hisp. Black	NA		35.0	31.0 - 38.9
	Hispanic	NA		28.0	24.6 - 31.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	31.0	20.7 - 41.3	34.1	32.2 - 36.0
	Non-Hisp. White Women	25.7	18.1 - 33.4	24.8	23.4 - 26.2
	Non-Hisp. Black Men	NA		45.0	38.7 - 51.4
	Non-Hisp. Black Women	NA		25.9	21.5 - 30.3
	Hispanic Men	NA		37.0	31.7 - 42.3
	Hispanic Women	NA		19.4	15.4 - 23.5
AGE GROUP	18-44	39.1	21.5 - 56.8	37.4	35.2 - 39.5
	45-64	26.4	16.9 - 35.8	25.4	23.6 - 27.2
	65 & Older	21.7	15.2 - 28.2	21.8	20.2 - 23.3
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>20.7</td><td>16.8 - 24.6</td></high>	NA		20.7	16.8 - 24.6
	High School / GED	25.8	15.8 - 35.8	26.2	24.0 - 28.5
	>High School	28.5	20.9 - 36.1	33.8	32.3 - 35.2
ANNUAL INCOME	<\$25,000	27.1	13.5 - 40.8	23.6	21.5 - 25.7
	\$25,000-\$49,999	24.6	14.8 - 34.4	27.1	24.9 - 29.4
	\$50,000 or More	32.2	19.9 - 44.6	37.3	35.2 - 39.3
MARITAL STATUS	Married/Couple	25.4	17.9 - 33.0	28.1	26.6 - 29.6
	Not Married/Couple	31.1	20.1 - 42.0	31.3	29.5 - 33.2

# Percentage of women aged 40 to 74 years who received a mammogram in the past year

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	63.2	53.3 - 73.1	57.5	55.3 - 59.6
SEX	Women	63.2	53.3 - 73.1	57.5	55.3 - 59.6
RACE/ETHNICITY	Non-Hisp. White	65.6	56.1 - 75.2	56.2	54.2 - 58.2
	Non-Hisp. Black	NA		61.0	54.4 - 67.6
	Hispanic	NA		61.0	54.2 - 67.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Women	65.6	56.1 - 75.2	56.2	54.2 - 58.2
	Non-Hisp. Black Women	NA		61.0	54.4 - 67.6
	Hispanic Women	NA		61.0	54.2 - 67.7
AGE GROUP	18-44	NA		44.0	37.6 - 50.3
	45-64	55.3	40.3 - 70.3	57.0	54.2 - 59.8
	65 & Older	75.0	64.0 - 86.1	67.5	64.3 - 70.7
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>49.3</th><th>40.5 - 58.1</th></high>	NA		49.3	40.5 - 58.1
	High School / GED	58.8	39.5 - 78.0	58.0	54.1 - 61.8
	>High School	68.7	58.3 - 79.2	59.0	56.6 - 61.5
ANNUAL INCOME	<\$25,000	54.2	30.3 - 78.1	52.4	47.8 - 57.0
	\$25,000-\$49,999	72.6 *	57.4 - 87.8	50.9	46.5 - 55.2
	\$50,000 or More	61.9	42.6 - 81.3	64.8	61.7 - 67.9
MARITAL STATUS	Married/Couple	63.7	51.9 - 75.5	59.9	57.3 - 62.6
	Not Married/Couple	61.6	43.4 - 79.7	53.6	50.1 - 57.2

#### Percentage of women 18 years of age and older who had a clinical breast exam in the past year

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	62.3	54.2 - 70.5	56.0	54.2 - 57.7
SEX	Women	62.3	54.2 - 70.5	56.0	54.2 - 57.7
RACE/ETHNICITY	Non-Hisp. White	63.5	55.1 - 71.9	57.8	56.2 - 59.4
	Non-Hisp. Black	NA		59.3	54.2 - 64.5
	Hispanic	NA		50.2	44.7 - 55.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Women	63.5	55.1 - 71.9	57.8	56.2 - 59.4
	Non-Hisp. Black Women	NA		59.3	54.2 - 64.5
	Hispanic Women	NA		50.2	44.7 - 55.6
AGE GROUP	18-44	NA		50.7	47.5 - 54.0
	45-64	57.6	43.0 - 72.2	60.1	57.3 - 62.9
	65 & Older	57.5	47.1 - 68.0	58.1	55.7 - 60.4
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>45.6</th><th>39.2 - 52.0</th></high>	NA		45.6	39.2 - 52.0
	High School / GED	75.8 *	64.9 - 86.7	51.2	47.9 - 54.5
	>High School	59.5	49.1 - 69.9	60.9	58.9 - 62.9
ANNUAL INCOME	<\$25,000	57.3	38.8 - 75.8	48.4	45.1 - 51.7
	\$25,000-\$49,999	55.7	41.9 - 69.4	52.6	49.1 - 56.1
	\$50,000 or More	75.0	62.4 - 87.6	67.8	65.0 - 70.5
MARITAL STATUS	Married/Couple	60.5	50.4 - 70.6	60.6	58.3 - 62.8
	Not Married/Couple	65.3	51.9 - 78.8	51.4	48.8 - 54.0

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval NA=Not available due to respondent counts of less than 30.

# **Cancer Screening/Cervical**

# Percentage of women 18 years of age and older who received a Pap test in the past year

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
A1 1	Overall	39.4	28.5 - 50.3	51.4	49.3 - 53.5
SEX	Women	39.4	28.5 - 50.3	51.4	49.3 - 53.5
RACE/ETHNICITY	Non-Hisp. White	35.5 *	24.3 - 46.6	49.3	47.3 - 51.4
	Non-Hisp. Black	NA		56.3	50.2 - 62.4
	Hispanic	NA		53.5	47.5 - 59.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Women	35.5 *	24.3 - 46.6	49.3	47.3 - 51.4
	Non-Hisp. Black Women	NA		56.3	50.2 - 62.4
	Hispanic Women	NA		53.5	47.5 - 59.4
AGE GROUP	18-44	NA		56.6	53.3 - 59.8
	45-64	50.9	31.1 - 70.7	52.3	49.0 - 55.6
	65 & Older	28.7	17.7 - 39.6	34.3	30.9 - 37.7
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>48.0</td><td>40.6 - 55.5</td></high>	NA		48.0	40.6 - 55.5
	High School / GED	47.6	28.0 - 67.2	46.3	42.1 - 50.4
	>High School	39.3	25.7 - 52.9	54.6	52.2 - 57.0
ANNUAL INCOME	<\$25,000	37.7	14.5 - 60.9	48.3	44.5 - 52.1
	\$25,000-\$49,999	37.2	19.4 - 54.9	43.7	39.4 - 47.9
	\$50,000 or More	54.4	32.0 - 76.9	61.2	57.8 - 64.5
MARITAL STATUS	Married/Couple	48.7	35.4 - 62.1	55.3	52.5 - 58.0
	Not Married/Couple	23.2 *	8.8 - 37.5	47.4	44.3 - 50.5

#### **Cancer Screening/Colorectal**

#### Percentage of adults 50 years of age and older who received a stool blood test in the past year

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	12.9	8.9 - 17.0	13.9	12.8 - 15.0
SEX	Men	12.0	6.3 - 17.7	13.0	11.5 - 14.5
	Women	13.9	8.1 - 19.6	14.7	13.2 - 16.1
RACE/ETHNICITY	Non-Hisp. White	14.6	10.0 - 19.2	13.6	12.7 - 14.6
	Non-Hisp. Black	NA		14.4	10.3 - 18.5
	Hispanic	NA		13.9	9.7 - 18.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	12.9	6.5 - 19.3	13.4	12.0 - 14.8
	Non-Hisp. White Women	16.3	9.6 - 23.0	13.9	12.7 - 15.1
	Non-Hisp. Black Men	NA		13.9	6.8 - 21.0
	Non-Hisp. Black Women	NA		14.9	10.6 - 19.2
	Hispanic Men	NA		10.9	5.2 - 16.5
	Hispanic Women	NA		16.2	10.2 - 22.2
AGE GROUP	45-64	11.4	5.0 - 17.8	9.3	7.9 - 10.6
	65 & Older	14.0	8.7 - 19.2	19.2	17.6 - 20.9
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>14.0</td><td>9.6 - 18.4</td></high>	NA		14.0	9.6 - 18.4
	High School / GED	14.0	6.3 - 21.7	14.4	12.6 - 16.2
	>High School	14.3	9.0 - 19.6	13.7	12.5 - 14.9
ANNUAL INCOME	<\$25,000	4.9 *	0.6 - 9.2	15.9	13.3 - 18.4
	\$25,000-\$49,999	16.2	8.4 - 24.1	13.4	11.6 - 15.3
	\$50,000 or More	11.4	4.4 - 18.3	12.9	11.3 - 14.6
MARITAL STATUS	Married/Couple	13.6	8.2 - 18.9	14.3	12.9 - 15.8
	Not Married/Couple	11.6	5.9 - 17.3	13.2	11.7 - 14.8

Percentage of adults 50 years of age and older who received a sigmoidoscopy or colonoscopy in the past five years

		2013 Measure	3 County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	58.0	50.9 - 65.1	55.3	53.7 - 56.9
SEX	Men	55.1	44.1 - 66.2	57.1	54.7 - 59.6
	Women	60.7	51.9 - 69.6	53.7	51.6 - 55.8
RACE/ETHNICITY	Non-Hisp. White	60.4	53.5 - 67.3	56.6	55.2 - 58.1
	Non-Hisp. Black	NA		57.1	51.4 - 62.8
	Hispanic	NA		50.7	44.4 - 57.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	59.5	48.9 - 70.0	58.6	56.3 - 61.0
	Non-Hisp. White Women	61.3	52.5 - 70.1	54.9	53.1 - 56.8
	Non-Hisp. Black Men	NA		61.0	52.1 - 69.9
	Non-Hisp. Black Women	NA		53.5	46.5 - 60.5
	Hispanic Men	NA		48.5	38.5 - 58.6
	Hispanic Women	NA		52.3	44.2 - 60.5
AGE GROUP	45-64	47.9	35.4 - 60.4	46.8	44.4 - 49.3
	65 & Older	64.7	56.7 - 72.7	65.1	63.3 - 66.9
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>47.5</td><td>41.4 - 53.7</td></high>	NA		47.5	41.4 - 53.7
	High School / GED	55.7	43.6 - 67.8	53.7	51.0 - 56.5
	>High School	63.5	55.6 - 71.5	58.4	56.6 - 60.2
ANNUAL INCOME	<\$25,000	49.2	33.7 - 64.8	49.0	45.7 - 52.4
	\$25,000-\$49,999	56.0	44.0 - 68.0	53.2	49.9 - 56.5
	\$50,000 or More	67.6	56.2 - 78.9	61.2	58.7 - 63.6
MARITAL STATUS	Married/Couple	61.4	52.6 - 70.1	58.6	56.7 - 60.6
	Not Married/Couple	50.5	38.7 - 62.3	50.0	47.4 - 52.7

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval NA=Not available due to respondent counts of less than 30.

# Percentage of adults who have ever been tested for HIV

ercentage of adults who	have ever been tested fo				
		2013 Measure	County 95% CI	2013 Measure	State 95% Cl
ALL	Overall	31.6 *	25.3 - 38.0	42.6	41.4 - 43.9
SEX	Men	32.9	23.5 - 42.3	41.2	39.3 - 43.1
	Women	30.5 *	21.8 - 39.2	43.9	42.2 - 45.6
RACE/ETHNICITY	Non-Hisp. White	34.4	27.5 - 41.3	34.4	33.2 - 35.6
	Non-Hisp. Black	NA		65.8	62.1 - 69.5
	Hispanic	NA		48.7	44.9 - 52.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	35.9	25.7 - 46.2	35.3	33.4 - 37.2
	Non-Hisp. White Women	33.0	23.7 - 42.3	33.5	32.0 - 35.1
	Non-Hisp. Black Men	NA		62.0	55.9 - 68.0
	Non-Hisp. Black Women	NA		69.3	64.7 - 73.8
	Hispanic Men	NA		44.9	39.5 - 50.4
	Hispanic Women	NA		52.3	47.0 - 57.6
AGE GROUP	18-44	58.6	40.8 - 76.3	56.9	54.7 - 59.2
	45-64	37.0	26.0 - 48.1	42.7	40.6 - 44.8
	65 & Older	10.7	5.9 - 15.5	15.9	14.3 - 17.6
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>39.4</th><th>35.0 - 43.7</th></high>	NA		39.4	35.0 - 43.7
	High School / GED	33.5	22.4 - 44.6	39.8	37.4 - 42.3
	>High School	34.0 *	25.7 - 42.2	45.0	43.5 - 46.5
ANNUAL INCOME	<\$25,000	28.6 *	16.8 - 40.5	48.8	46.3 - 51.3
	\$25,000-\$49,999	30.0	19.7 - 40.4	40.8	38.2 - 43.4
	\$50,000 or More	39.9	27.1 - 52.7	41.7	39.6 - 43.8
MARITAL STATUS	Married/Couple	27.8 *	20.0 - 35.5	39.9	38.2 - 41.6
	Not Married/Couple	38.1	27.2 - 48.9	46.1	44.1 - 48.1

Immunization

# Percentage of adults who received a flu shot in the past year

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	38.9 *	32.8 - 45.0	30.7	29.6 - 31.8
SEX	Men	38.7	29.5 - 48.0	29.5	27.9 - 31.2
	Women	39.0	31.0 - 47.1	31.8	30.3 - 33.3
RACE/ETHNICITY	Non-Hisp. White	41.0	34.5 - 47.5	36.6	35.5 - 37.8
	Non-Hisp. Black	NA		17.9	15.2 - 20.6
	Hispanic	NA		26.1	22.6 - 29.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	42.8	33.0 - 52.6	35.3	33.6 - 37.0
	Non-Hisp. White Women	39.4	30.9 - 47.9	37.8	36.3 - 39.3
	Non-Hisp. Black Men	NA		16.6	12.7 - 20.5
	Non-Hisp. Black Women	NA		19.1	15.4 - 22.7
	Hispanic Men	NA		25.5	20.6 - 30.4
	Hispanic Women	NA		26.6	21.8 - 31.4
AGE GROUP	18-44	26.0	11.2 - 40.8	18.6	17.0 - 20.3
	45-64	28.9	19.4 - 38.3	29.5	27.6 - 31.4
	65 & Older	54.5	46.5 - 62.5	54.6	52.7 - 56.5
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>26.5</td><td>22.5 - 30.5</td></high>	NA		26.5	22.5 - 30.5
	High School / GED	31.5	22.2 - 40.8	28.8	26.7 - 30.8
	>High School	45.1 *	37.1 - 53.0	32.8	31.6 - 34.1
ANNUAL INCOME	<\$25,000	21.5	12.5 - 30.5	25.4	23.3 - 27.5
	\$25,000-\$49,999	43.3	32.8 - 53.9	31.3	29.0 - 33.5
	\$50,000 or More	47.8	35.6 - 60.1	34.0	32.2 - 35.8
MARITAL STATUS	Married/Couple	43.1	35.3 - 51.0	34.2	32.7 - 35.7
	Not Married/Couple	31.7	22.1 - 41.2	26.7	25.1 - 28.4

# Percentage of adults 65 years of age and older who received a flu shot in the past year

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	54.5	46.5 - 62.5	54.6	52.7 - 56.5
SEX	Men	57.1	44.4 - 69.8	54.4	51.2 - 57.5
	Women	52.6	42.3 - 62.9	54.7	52.4 - 57.1
RACE/ETHNICITY	Non-Hisp. White	55.0	47.0 - 63.0	58.5	56.9 - 60.2
	Non-Hisp. Black	NA		34.3	26.6 - 41.9
	Hispanic	NA		46.6	37.1 - 56.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	55.2	42.1 - 68.3	57.7	55.0 - 60.4
	Non-Hisp. White Women	54.8	45.0 - 64.6	59.2	57.1 - 61.4
	Non-Hisp. Black Men	NA		27.5	16.3 - 38.7
	Non-Hisp. Black Women	NA		39.4	29.8 - 49.0
	Hispanic Men	NA		53.4	37.0 - 69.8
	Hispanic Women	NA		41.0	30.9 - 51.2
AGE GROUP	65 & Older	54.5	46.5 - 62.5	54.6	52.7 - 56.5
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>49.0</th><th>41.6 - 56.4</th></high>	NA		49.0	41.6 - 56.4
	High School / GED	43.5	29.6 - 57.4	53.3	50.3 - 56.3
	>High School	60.0	50.9 - 69.0	57.0	54.9 - 59.2
ANNUAL INCOME	<\$25,000	34.9	19.8 - 50.1	48.2	43.7 - 52.7
	\$25,000-\$49,999	57.5	44.0 - 71.0	56.4	53.2 - 59.7
	\$50,000 or More	67.1	53.3 - 80.9	59.1	56.1 - 62.1
MARITAL STATUS	Married/Couple	59.0	49.3 - 68.7	55.6	53.0 - 58.2
	Not Married/Couple	46.1	32.7 - 59.4	53.2	50.4 - 56.0

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval NA=Not available due to respondent counts of less than 30.

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		2013 County Measure 95% Cl		2013 Measure	State 95% CI
ALL	Overall	40.0	33.7 - 46.3	33.1	32.0 - 34.3
SEX	Men	43.4	33.4 - 53.5	32.9	31.1 - 34.7
	Women	36.7	29.1 - 44.3	33.3	31.8 - 34.8
RACE/ETHNICITY	Non-Hisp. White	42.6	36.0 - 49.2	38.2	37.0 - 39.4
	Non-Hisp. Black	NA		28.9	25.0 - 32.8
	Hispanic	NA		24.6	21.3 - 28.0
BY RACE/ETHNICITY	Non-Hisp. White Men	51.3 *	40.7 - 62.0	38.0	36.1 - 39.9
	Non-Hisp. White Women	34.8	27.3 - 42.3	38.3	36.8 - 39.9
	Non-Hisp. Black Men	NA		29.7	23.0 - 36.4
	Non-Hisp. Black Women	NA		28.2	23.7 - 32.7
	Hispanic Men	NA		24.6	19.8 - 29.5
	Hispanic Women	NA		24.6	20.0 - 29.2
AGE GROUP	18-44	11.2	0.0 - 24.0	19.7	17.7 - 21.7
	45-64	23.3	14.8 - 31.8	24.4	22.6 - 26.2
	65 & Older	68.5	60.6 - 76.4	66.2	64.2 - 68.1
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>29.6</td><td>25.7 - 33.4</td></high>	NA		29.6	25.7 - 33.4
	High School / GED	38.3	27.7 - 49.0	34.0	31.8 - 36.3
	>High School	42.2	34.5 - 50.0	33.6	32.2 - 35.0
ANNUAL INCOME	<\$25,000	28.0	17.5 - 38.5	32.7	30.4 - 34.9
	\$25,000-\$49,999	49.5 *	38.5 - 60.5	34.5	32.1 - 36.8
	\$50,000 or More	39.3	27.7 - 50.9	30.0	28.1 - 31.9
MARITAL STATUS	Married/Couple	41.4	33.6 - 49.2	33.4	31.8 - 34.9
	Not Married/Couple	37.7	27.0 - 48.3	32.8	31.0 - 34.5

# Percentage of adults 65 years of age and older who have ever received a pneumococcal vaccination

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	68.5	60.6 - 76.4	66.2	64.2 - 68.1
SEX	Men	76.2	64.6 - 87.8	62.7	59.4 - 66.1
	Women	62.8	52.2 - 73.3	69.0	66.6 - 71.3
RACE/ETHNICITY	Non-Hisp. White	70.1	62.5 - 77.7	71.0	69.4 - 72.6
	Non-Hisp. Black	NA		49.1	40.3 - 57.9
	Hispanic	NA		47.4	37.6 - 57.3
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	79.2	67.8 - 90.5	67.5	64.9 - 70.1
	Non-Hisp. White Women	62.4	52.5 - 72.3	73.9	72.0 - 75.8
	Non-Hisp. Black Men	NA		42.6	27.9 - 57.4
	Non-Hisp. Black Women	NA		53.8	43.8 - 63.8
	Hispanic Men	NA		45.1	27.9 - 62.2
	Hispanic Women	NA		49.4	38.3 - 60.5
AGE GROUP	65 & Older	68.5	60.6 - 76.4	66.2	64.2 - 68.1
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>55.3</th><th>47.5 - 63.1</th></high>	NA		55.3	47.5 - 63.1
	High School / GED	62.1	47.3 - 76.8	68.6	65.8 - 71.5
	>High School	75.1	66.8 - 83.4	68.2	66.0 - 70.4
ANNUAL INCOME	<\$25,000	50.4	32.5 - 68.3	60.6	55.8 - 65.3
	\$25,000-\$49,999	73.5	61.7 - 85.4	67.3	64.1 - 70.5
	\$50,000 or More	78.4	66.4 - 90.4	69.4	66.4 - 72.3
MARITAL STATUS	Married/Couple	71.5	62.2 - 80.7	67.0	64.4 - 69.6
	Not Married/Couple	62.6	48.2 - 77.0	64.9	61.8 - 68.0

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval NA=Not available due to respondent counts of less than 30.

Immunization

#### Charlotte

entage of addits who	have received a tetanus				
		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
A1 1	Overall	51.0	44.1 - 57.8	51.2	49.9 - 52.5
	Men	60.4	49.5 - 71.4	54.9	49.9 - 52.3 52.9 - 56.9
JEA	Women	42.3	33.6 - 51.0	47.7	45.9 - 49.4
RACE/ETHNICITY		51.7	44.7 - 58.6	52.0	43.9 - 49.4 50.7 - 53.3
RACE/ETHNICITY			44.7 - 28.6		
	Non-Hisp. Black	NA		47.5	43.3 - 51.6
	Hispanic	NA	50.0 74.0	42.8	38.9 - 46.8
X BY RACE/ETHNICITY	·	60.8	50.3 - 71.3	57.0	55.1 - 59.0
	Non-Hisp. White Women	43.5	34.2 - 52.8	47.3	45.6 - 49.0
	Non-Hisp. Black Men	NA		54.8	48.5 - 61.2
	Non-Hisp. Black Women	NA		41.0	35.8 - 46.2
	Hispanic Men	NA		42.1	36.5 - 47.8
	Hispanic Women	NA		43.6	38.0 - 49.1
AGE GROUP	18-44	48.4	30.0 - 66.9	57.0	54.7 - 59.3
	45-64	50.0	38.4 - 61.6	49.1	47.0 - 51.3
	65 & Older	51.6	43.2 - 59.9	43.5	41.5 - 45.5
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>45.9</td><td>41.3 - 50.6</td></high>	NA		45.9	41.3 - 50.6
	High School / GED	57.0	45.8 - 68.2	49.7	47.2 - 52.2
	>High School	51.7	43.3 - 60.2	53.5	52.0 - 55.1
ANNUAL INCOME	<\$25,000	47.6	32.8 - 62.4	48.3	45.7 - 50.8
	\$25,000-\$49,999	46.5	35.5 - 57.4	49.6	47.0 - 52.2
	\$50,000 or More	54.6	41.6 - 67.7	55.4	53.3 - 57.5
MARITAL STATUS	Married/Couple	53.4	44.8 - 61.9	51.1	49.4 - 52.8
	Not Married/Couple	46.9	35.2 - 58.6	51.1	49.0 - 53.1
	· · · · · · · · · · · · · · · · · · ·				

Injury Prevention

# Percentage of adults who always or nearly always use a seatbelt when riding in a car

		2013 Measure	3 County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	97.6 *	96.0 - 99.2	94.2	93.5 - 94.9
	Men	96.4 *	93.4 - 99.4	91.9	90.7 - 93.1
02/	Women	98.7 *	97.3 -100.0	96.3	95.6 - 97.0
RACE/ETHNICITY		97.2	95.2 - 99.1	94.7	94.0 - 95.4
	Non-Hisp. Black	NA		91.8	89.2 - 94.4
	Hispanic	NA		94.1	92.2 - 95.9
EX BY RACE/ETHNICITY	Non-Hisp. White Men	95.6	92.0 - 99.2	92.2	90.9 - 93.4
	Non-Hisp. White Women	98.6	96.9 -100.0	97.1	96.5 - 97.7
	Non-Hisp. Black Men	NA		89.2	84.9 - 93.5
	Non-Hisp. Black Women	NA		94.1	91.1 - 97.1
	Hispanic Men	NA		92.3	89.2 - 95.4
	Hispanic Women	NA		95.7	93.8 - 97.7
AGE GROUP	18-44	100.0 *	100.0 -100.0	91.8	90.5 - 93.1
	45-64	97.2	93.7 -100.0	95.6	94.6 - 96.6
	65 & Older	96.5	93.7 - 99.3	96.4	95.7 - 97.2
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>89.5</td><td>86.7 - 92.2</td></high>	NA		89.5	86.7 - 92.2
	High School / GED	96.3	92.9 - 99.7	94.1	92.9 - 95.2
	>High School	98.4 *	96.6 -100.0	95.4	94.7 - 96.2
ANNUAL INCOME	<\$25,000	96.7	93.2 -100.0	91.7	90.1 - 93.3
	\$25,000-\$49,999	97.6	94.6 -100.0	94.6	93.4 - 95.8
	\$50,000 or More	97.8	94.8 -100.0	96.2	95.3 - 97.1
MARITAL STATUS	Married/Couple	97.5	95.4 - 99.6	95.8	95.1 - 96.5
	Not Married/Couple	97.7 *	95.2 -100.0	92.3	91.1 - 93.6

# Health-Related Quality of Life

# Percentage of adults who said their overall health was "good" to "excellent"

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	80.9	75.9 - 85.9	80.5	79.5 - 81.4
SEX	Men	82.9	76.3 - 89.5	81.6	80.2 - 83.0
	Women	78.9	71.6 - 86.3	79.4	78.1 - 80.8
RACE/ETHNICITY	Non-Hisp. White	82.6	77.6 - 87.7	82.3	81.4 - 83.2
	Non-Hisp. Black	NA		80.3	77.3 - 83.2
	Hispanic	NA		76.0	73.1 - 78.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	83.2	76.6 - 89.7	82.4	80.9 - 83.8
	Non-Hisp. White Women	82.1	74.6 - 89.6	82.2	81.0 - 83.4
	Non-Hisp. Black Men	NA		81.8	77.3 - 86.3
	Non-Hisp. Black Women	NA		78.8	75.1 - 82.6
	Hispanic Men	NA		80.5	76.7 - 84.2
	Hispanic Women	NA		71.7	67.4 - 76.1
AGE GROUP	18-44	75.7	61.9 - 89.4	86.9	85.5 - 88.4
	45-64	81.1	72.5 - 89.7	76.3	74.5 - 78.2
	65 & Older	83.5 *	77.8 - 89.2	74.6	72.9 - 76.2
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>63.3</td><td>59.5 - 67.2</td></high>	NA		63.3	59.5 - 67.2
	High School / GED	76.1	67.0 - 85.3	79.3	77.5 - 81.1
	>High School	84.6	78.7 - 90.6	85.8	84.8 - 86.8
ANNUAL INCOME	<\$25,000	73.4	62.4 - 84.4	66.3	64.0 - 68.5
	\$25,000-\$49,999	84.5	77.1 - 92.0	82.2	80.3 - 84.2
	\$50,000 or More	89.3	81.8 - 96.7	91.9	90.9 - 92.9
MARITAL STATUS	Married/Couple	83.7	77.9 - 89.5	82.5	81.2 - 83.7
	Not Married/Couple	75.7	66.5 - 84.9	78.0	76.4 - 79.5

# Percentage of adults who had poor physical health on 14 or more of the past 30 days

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI	
ALL	Overall	16.9	12.3 - 21.4	14.1	13.3 - 15.0	
SEX	Men	16.6	10.0 - 23.3	13.0	11.8 - 14.3	
	Women	17.1	10.9 - 23.3	15.2	14.0 - 16.4	
RACE/ETHNICITY	Non-Hisp. White	15.4	11.1 - 19.7	13.9	13.0 - 14.7	
	Non-Hisp. Black	NA		12.4	9.8 - 15.0	
	Hispanic	NA		15.9	13.3 - 18.5	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	16.2	9.6 - 22.8	12.6	11.4 - 13.8	
	Non-Hisp. White Women	14.7	9.0 - 20.4	15.0	13.9 - 16.2	
	Non-Hisp. Black Men	NA		13.5	8.9 - 18.1	
	Non-Hisp. Black Women	NA		11.4	8.6 - 14.2	
	Hispanic Men	NA		12.9	9.7 - 16.1	
	Hispanic Women	NA		18.9	14.9 - 22.9	
AGE GROUP	18-44	19.7	8.3 - 31.1	9.7	8.5 - 11.0	
	45-64	17.7	9.2 - 26.1	18.3	16.6 - 20.0	
	65 & Older	15.1	9.6 - 20.6	16.6	15.2 - 18.0	
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>24.7</th><th>21.0 - 28.3</th><th></th></high>	NA		24.7	21.0 - 28.3	
	High School / GED	19.2	11.4 - 27.1	14.6	13.1 - 16.1	
	>High School	13.1	7.5 - 18.6	11.2	10.3 - 12.0	
ANNUAL INCOME	<\$25,000	24.0	13.7 - 34.2	24.2	22.2 - 26.2	
	\$25,000-\$49,999	11.4	4.9 - 17.9	13.2	11.5 - 15.0	
	\$50,000 or More	10.5	3.2 - 17.8	6.8	5.9 - 7.7	
MARITAL STATUS	Married/Couple	17.1	11.0 - 23.2	12.9	11.9 - 14.0	
	Not Married/Couple	16.6	10.1 - 23.0	15.5	14.2 - 16.8	

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

# Health-Related Quality of Life

# Percentage of adults who had poor mental health on 14 or more of the past 30 days

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	14.8	10.0 - 19.5	12.7	11.9 - 13.6
SEX	Men	13.8	6.9 - 20.8	10.9	9.7 - 12.2
	Women	15.6	9.1 - 22.2	14.4	13.2 - 15.6
RACE/ETHNICITY	Non-Hisp. White	14.6	9.5 - 19.8	11.9	11.1 - 12.8
	Non-Hisp. Black	NA		14.7	11.7 - 17.6
	Hispanic	NA		13.1	10.6 - 15.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	15.2	7.1 - 23.3	9.7	8.6 - 10.9
	Non-Hisp. White Women	14.2	7.7 - 20.7	14.0	12.8 - 15.2
	Non-Hisp. Black Men	NA		14.8	9.8 - 19.7
	Non-Hisp. Black Women	NA		14.6	11.0 - 18.1
	Hispanic Men	NA		10.7	7.2 - 14.3
	Hispanic Women	NA		15.5	11.7 - 19.2
AGE GROUP	18-44	33.0 *	18.0 - 48.0	12.6	11.2 - 14.0
	45-64	13.4	6.5 - 20.2	16.0	14.2 - 17.7
	65 & Older	5.2	2.2 - 8.2	8.4	7.2 - 9.5
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>19.7</td><td>16.1 - 23.3</td></high>	NA		19.7	16.1 - 23.3
	High School / GED	20.8	11.7 - 29.9	13.5	12.0 - 15.1
	>High School	11.9	6.2 - 17.7	10.4	9.5 - 11.3
ANNUAL INCOME	<\$25,000	13.8	6.9 - 20.7	20.1	18.2 - 22.0
	\$25,000-\$49,999	9.5	3.2 - 15.9	13.0	11.0 - 14.9
	\$50,000 or More	22.3 *	10.5 - 34.1	6.7	5.7 - 7.6
MARITAL STATUS	Married/Couple	12.7	7.4 - 18.1	10.5	9.4 - 11.5
	Not Married/Couple	18.4	9.4 - 27.5	15.4	13.9 - 16.8

# Average number of unhealthy physical days in the past 30 days

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	5.2	4.0 - 6.4	4.5	4.3 - 4.7
SEX	Men	4.9	3.2 - 6.7	4.2	3.8 - 4.5
	Women	5.4	3.7 - 7.1	4.8	4.5 - 5.1
RACE/ETHNICITY	Non-Hisp. White	4.9	3.7 - 6.0	4.5	4.2 - 4.7
	Non-Hisp. Black	NA		4.2	3.5 - 4.9
	Hispanic	NA		4.8	4.2 - 5.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	4.9	3.1 - 6.7	4.1	3.8 - 4.4
	Non-Hisp. White Women	4.8	3.3 - 6.4	4.8	4.5 - 5.1
	Non-Hisp. Black Men	NA		4.4	3.2 - 5.6
	Non-Hisp. Black Women	NA		4.1	3.4 - 4.8
	Hispanic Men	NA		3.9	3.1 - 4.7
	Hispanic Women	NA		5.7	4.7 - 6.8
AGE GROUP	18-44	6.1	2.8 - 9.4	3.4	3.0 - 3.7
	45-64	5.2	3.0 - 7.4	5.6	5.2 - 6.0
	65 & Older	4.7	3.3 - 6.2	5.1	4.8 - 5.4
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>7.4</th><th>6.4 - 8.3</th></high>	NA		7.4	6.4 - 8.3
	High School / GED	5.9	3.8 - 8.0	4.7	4.3 - 5.1
	>High School	4.2	2.7 - 5.7	3.7	3.5 - 3.9
ANNUAL INCOME	<\$25,000	6.9	4.2 - 9.7	7.2	6.7 - 7.7
	\$25,000-\$49,999	3.9	2.1 - 5.7	4.2	3.8 - 4.7
	\$50,000 or More	3.4	1.3 - 5.4	2.5	2.3 - 2.7
MARITAL STATUS	Married/Couple	5.0	3.4 - 6.6	4.2	3.9 - 4.4
	Not Married/Couple	5.5	3.7 - 7.4	4.9	4.6 - 5.2

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

# Health-Related Quality of Life

Average number of unhealthy mental days in the past 30 days

		2013	County	2013 State		
		Measure	95% CI	Measure	95% CI	
ALL	Overall	4.6	3.4 - 5.9	4.1	3.8 - 4.3	
SEX	Men	4.3	2.3 - 6.2	3.5	3.2 - 3.9	
	Women	5.0	3.4 - 6.6	4.6	4.3 - 4.9	
RACE/ETHNICITY	Non-Hisp. White	4.6	3.2 - 5.9	3.8	3.6 - 4.0	
	Non-Hisp. Black	NA		4.5	3.8 - 5.2	
	Hispanic	NA		4.4	3.7 - 5.1	
EX BY RACE/ETHNICITY	Non-Hisp. White Men	4.6	2.2 - 7.0	3.2	2.9 - 3.5	
	Non-Hisp. White Women	4.5	3.0 - 6.0	4.3	4.0 - 4.6	
	Non-Hisp. Black Men	NA		4.5	3.2 - 5.8	
	Non-Hisp. Black Women	NA		4.5	3.8 - 5.3	
	Hispanic Men	NA		3.5	2.5 - 4.5	
	Hispanic Women	NA		5.2	4.2 - 6.2	
AGE GROUP	18-44	10.1 *	6.1 - 14.1	4.2	3.9 - 4.6	
	45-64	3.9	2.0 - 5.7	4.9	4.4 - 5.4	
	65 & Older	2.0	1.2 - 2.9	2.6	2.3 - 2.9	
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>6.1</td><td>5.1 - 7.1</td></high>	NA		6.1	5.1 - 7.1	
	High School / GED	6.5	3.9 - 9.1	4.2	3.8 - 4.6	
	>High School	3.7	2.3 - 5.0	3.5	3.2 - 3.7	
ANNUAL INCOME	<\$25,000	4.4	2.6 - 6.2	6.0	5.5 - 6.5	
	\$25,000-\$49,999	3.3	1.4 - 5.1	4.3	3.7 - 4.8	
	\$50,000 or More	6.0 *	2.9 - 9.2	2.4	2.1 - 2.6	
MARITAL STATUS	Married/Couple	4.0	2.4 - 5.5	3.3	3.0 - 3.6	
	Not Married/Couple	5.9	3.6 - 8.2	5.0	4.6 - 5.4	

# Health-Related Quality of Life

# Average number of days where poor mental or physical health interferred with activities of daily living in the past 30 days (Among adults who have had at least one day of poor mental or physical health)

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	6.2	4.3 - 8.1	5.1	4.8 - 5.4
SEX	Men	6.6	3.9 - 9.4	5.2	4.7 - 5.7
	Women	5.8	3.2 - 8.3	5.1	4.7 - 5.5
RACE/ETHNICITY	Non-Hisp. White	5.3	3.6 - 7.0	5.5	5.1 - 5.8
	Non-Hisp. Black	NA		3.8	3.2 - 4.4
	Hispanic	NA		5.1	4.2 - 6.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	6.4	3.4 - 9.4	5.5	4.9 - 6.0
	Non-Hisp. White Women	4.3	2.4 - 6.2	5.4	5.0 - 5.8
	Non-Hisp. Black Men	NA		3.6	2.8 - 4.4
	Non-Hisp. Black Women	NA		3.9	3.1 - 4.8
	Hispanic Men	NA		5.1	3.8 - 6.4
	Hispanic Women	NA		5.2	3.9 - 6.4
AGE GROUP	18-44	6.3	2.1 - 10.4	3.7	3.3 - 4.1
	45-64	7.3	4.1 - 10.6	6.8	6.1 - 7.4
	65 & Older	5.5	2.9 - 8.1	5.7	5.2 - 6.2
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>7.4</td><td>6.1 - 8.6</td></high>	NA		7.4	6.1 - 8.6
	High School / GED	7.3	4.0 - 10.6	5.3	4.8 - 5.8
	>High School	5.9	3.6 - 8.2	4.3	4.0 - 4.6
ANNUAL INCOME	<\$25,000	7.7	4.6 - 10.8	7.7	7.1 - 8.4
	\$25,000-\$49,999	4.4	1.1 - 7.6	3.8	3.4 - 4.2
	\$50,000 or More	6.4	2.0 - 10.9	3.0	2.6 - 3.3
MARITAL STATUS	Married/Couple	6.2	3.7 - 8.8	4.8	4.4 - 5.2
	Not Married/Couple	6.1	3.6 - 8.6	5.5	5.0 - 5.9

# Health Care Access & Coverage

# Percentage of adults with any type of health care insurance coverage

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	81.0	75.5 - 86.5	77.1	76.0 - 78.2
SEX	Men	74.8	65.3 - 84.3	74.5	72.8 - 76.2
	Women	86.7 *	81.2 - 92.3	79.6	78.2 - 81.1
RACE/ETHNICITY	Non-Hisp. White	81.2	75.5 - 86.9	85.5	84.6 - 86.3
	Non-Hisp. Black	NA		69.2	65.4 - 73.0
	Hispanic	NA		64.0	60.6 - 67.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	77.0	67.4 - 86.7	83.2	81.8 - 84.6
	Non-Hisp. White Women	84.9	78.6 - 91.3	87.6	86.5 - 88.6
	Non-Hisp. Black Men	NA		67.8	61.9 - 73.7
	Non-Hisp. Black Women	NA		70.4	65.5 - 75.4
	Hispanic Men	NA		59.7	54.6 - 64.7
	Hispanic Women	NA		68.1	63.6 - 72.6
AGE GROUP	18-44	66.7	51.3 - 82.1	66.5	64.4 - 68.5
	45-64	69.5	58.9 - 80.1	76.4	74.6 - 78.3
	65 & Older	97.3	94.5 -100.0	97.5	96.7 - 98.2
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>60.1</th><th>56.0 - 64.2</th></high>	NA		60.1	56.0 - 64.2
	High School / GED	80.6	71.9 - 89.3	72.1	69.9 - 74.2
	>High School	83.2	76.3 - 90.0	84.7	83.5 - 85.8
ANNUAL INCOME	<\$25,000	69.0	56.7 - 81.3	61.2	58.9 - 63.6
	\$25,000-\$49,999	82.5	73.4 - 91.6	76.0	73.5 - 78.4
	\$50,000 or More	87.8	77.3 - 98.2	92.6	91.5 - 93.8
MARITAL STATUS	Married/Couple	85.6	79.5 - 91.6	82.1	80.8 - 83.5
	Not Married/Couple	72.8	62.3 - 83.3	71.1	69.2 - 72.9

# Percentage of adults who have a personal doctor

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	78.8	73.1 - 84.6	73.2	72.1 - 74.4
SEX	Men	75.2	65.6 - 84.7	67.8	66.0 - 69.5
	Women	82.3	75.9 - 88.6	78.4	76.9 - 79.8
RACE/ETHNICITY	Non-Hisp. White	79.3	73.4 - 85.2	79.8	78.7 - 80.8
	Non-Hisp. Black	NA		71.8	68.2 - 75.4
	Hispanic	NA		59.7	56.2 - 63.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	76.4	66.8 - 86.0	75.1	73.3 - 76.8
	Non-Hisp. White Women	81.9	74.9 - 88.8	84.2	83.0 - 85.5
	Non-Hisp. Black Men	NA		67.4	61.7 - 73.0
	Non-Hisp. Black Women	NA		75.7	71.1 - 80.4
	Hispanic Men	NA		52.1	46.9 - 57.4
	Hispanic Women	NA		67.0	62.3 - 71.6
AGE GROUP	18-44	59.5	43.0 - 76.1	57.0	54.9 - 59.1
	45-64	75.8	66.8 - 84.8	78.0	76.2 - 79.9
	65 & Older	92.3	88.3 - 96.3	95.5	94.7 - 96.4
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>59.9</th><th>55.8 - 64.0</th></high>	NA		59.9	55.8 - 64.0
	High School / GED	81.2	72.5 - 89.9	71.2	69.0 - 73.4
	>High School	81.2	74.3 - 88.1	78.0	76.8 - 79.3
ANNUAL INCOME	<\$25,000	69.1	56.1 - 82.0	61.7	59.3 - 64.0
	\$25,000-\$49,999	82.0	73.0 - 91.0	73.2	70.7 - 75.7
	\$50,000 or More	80.9	70.0 - 91.8	85.1	83.7 - 86.5
MARITAL STATUS	Married/Couple	80.3	73.5 - 87.2	79.1	77.7 - 80.5
	Not Married/Couple	76.1	65.8 - 86.3	66.5	64.6 - 68.3

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

# Health Care Access & Coverage

# Percentage of adults who could not see a doctor in the past year due to cost

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	16.5	11.5 - 21.4	20.8	19.7 - 21.8
SEX	Men	15.7	9.3 - 22.0	18.3	16.9 - 19.8
	Women	17.2	9.8 - 24.6	23.1	21.5 - 24.6
RACE/ETHNICITY	Non-Hisp. White	17.5	11.9 - 23.1	14.7	13.8 - 15.5
	Non-Hisp. Black	NA		25.1	21.6 - 28.6
	Hispanic	NA		30.9	27.6 - 34.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	15.7	8.5 - 22.9	13.5	12.2 - 14.9
	Non-Hisp. White Women	19.1	10.7 - 27.4	15.7	14.5 - 16.9
	Non-Hisp. Black Men	NA		21.2	16.0 - 26.4
	Non-Hisp. Black Women	NA		28.5	23.9 - 33.2
	Hispanic Men	NA		26.4	22.2 - 30.6
	Hispanic Women	NA		35.2	30.4 - 40.1
AGE GROUP	18-44	32.7	17.6 - 47.8	27.6	25.6 - 29.6
	45-64	22.5	14.0 - 31.0	23.4	21.7 - 25.1
	65 & Older	3.0	0.6 - 5.3	4.9	4.0 - 5.8
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>30.0</td><td>26.3 - 33.7</td></high>	NA		30.0	26.3 - 33.7
	High School / GED	20.8	11.9 - 29.6	22.4	20.3 - 24.5
	>High School	14.2	7.9 - 20.6	17.3	16.1 - 18.5
ANNUAL INCOME	<\$25,000	30.0	18.8 - 41.2	35.2	32.9 - 37.4
	\$25,000-\$49,999	11.2 *	4.1 - 18.2	21.3	19.1 - 23.5
	\$50,000 or More	6.3	0.0 - 13.4	8.9	7.5 - 10.3
MARITAL STATUS	Married/Couple	11.6 *	6.8 - 16.4	17.8	16.4 - 19.1
	Not Married/Couple	25.3	15.2 - 35.5	24.6	22.9 - 26.3

# Percentage of adults who had a medical checkup in the past year

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	79.0 *	73.8 - 84.3	70.3	69.1 - 71.4
SEX	Men	77.1 *	68.6 - 85.6	65.6	63.8 - 67.3
	Women	80.9	74.7 - 87.1	74.7	73.2 - 76.1
RACE/ETHNICITY	Non-Hisp. White	77.8	72.0 - 83.6	73.0	71.9 - 74.1
	Non-Hisp. Black	NA		72.4	68.8 - 75.9
	Hispanic	NA		64.7	61.2 - 68.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	75.8	66.3 - 85.2	69.9	68.1 - 71.6
	Non-Hisp. White Women	79.7	72.8 - 86.6	76.0	74.6 - 77.3
	Non-Hisp. Black Men	NA		67.4	61.8 - 73.1
	Non-Hisp. Black Women	NA		76.8	72.3 - 81.3
	Hispanic Men	NA		56.9	51.8 - 62.0
	Hispanic Women	NA		72.0	67.4 - 76.5
AGE GROUP	18-44	63.5	47.5 - 79.5	57.7	55.6 - 59.7
	45-64	73.5	64.8 - 82.3	71.6	69.7 - 73.5
	65 & Older	91.4	87.3 - 95.5	91.1	90.1 - 92.1
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>65.1</th><th>61.1 - 69.2</th></high>	NA		65.1	61.1 - 69.2
	High School / GED	75.6	66.6 - 84.6	69.9	67.8 - 72.1
	>High School	81.3 *	74.4 - 88.1	72.0	70.6 - 73.3
ANNUAL INCOME	<\$25,000	74.0	63.5 - 84.6	64.6	62.3 - 66.9
	\$25,000-\$49,999	77.9	68.6 - 87.2	67.7	65.2 - 70.1
	\$50,000 or More	82.3	71.6 - 93.0	76.4	74.7 - 78.1
MARITAL STATUS	Married/Couple	83.9 *	78.7 - 89.1	74.6	73.2 - 76.0
	Not Married/Couple	70.0	59.4 - 80.7	65.0	63.2 - 66.9

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

	GLOSSARY
A1C	Medical test that sums up how much glucose has been sticking to the hemoglobin molucule in the bloostream during the past three to four months.
Activities of Daily Living	Usual activities, such as self-care, work, or recreation.
Adult	Individual aged 18 years or older.
Aerobic Recommendations*	Performance of at least 150 minutes of moderate aerobic activity or 75 minutes of vigorous aerobic activity per week in the past 30 days.
Angina	Most common symptom of coronary artery disease (CAD); chest pain of discomfort that occurs if an area of the heart muscle does not get enough oxygen-rich blood.
Arthritis	Joint inflammation; term used in the public health field to describe more than 100 rheumatic diseases and conditions that affect joints, the tissue which surround the joint, and other connective tissue; pattern, severity, and location of symptoms can vary.
Asthma	Disease that affects the lungs; causes repeated episodes of wheezing, breathlessness, chest tightness, and nighttime or early morning coughing.
Binge Drinking*	For women, consumption of 4 or more drinks during a single occasion i the past 30 days; for men, consumption of 5 or more drinks during a single occasion in the past 30 days.
Blood Glucose	Also called blood sugar; refers to the level of glucose, the main sugar the body makes from the food we eat, that is found in the bloodstream.
Blood Pressure	The force of the blood against the artery walls; two levels of blood pressure measured, the highest, or systolic, occurs when the heart pumps blood into the blood vessels, and the lowest, or diastolic, occurs when the heart rests.
Blood Sugar	See Blood Glucose
Body Mass Index (BMI)	Body Mass Index (BMI) is a number calculated from a person's height and weight; provides a reliable indicator of body fatness for most people used to screen for weight categories that may lead to health problems.
Cancer	General name for a group of diseases; when cells in a part of the body begin to grow out of control, forming new, abnormal cells and sometime invading (growing into) other tissues.
Cholesterol	A substance the body uses to produce hormones, vitamin D, and food- digesting acids. Too much cholesterol in the blood over an extended period can increase the risk of coronary heart disease, heart attack, or angina.
Chronic Bronchitis	A long-term condition in which the airways that carry air to the lungs become inflammed and produce too much mucus, making it difficult to get air into and out of the lungs.
Chronic Diseases	Diseases of long duration and generally slow progression (e.g., heart disease; stroke; cancer; diabetes); represent the leading causes of mortality worldwide.
Chronic Obstructive Pulmonary Disease (COPD)	Term that refers to a group of diseases that cause airflow blockage and breathing-related problems, including emphysema and chronic bronchit
Coronary Heart Disease (CHD)	See Coronary Artery Disease (CAD)
Current Smoker*	Combination of everyday smoker and some day smoker.

GLOSSARY	
Depressive Disorders	Mental illnesses characterized by a profound and persistent feeling of sadness or despair and/or a loss of interest in things that once were pleasurable; disturbance in sleep, appetite, and mental processes are a common accompaniment.
Diabetes	General term for diabetes mellitus; disease in which the blood glucose levels are above normal.
Emphysema	Long-term, progressive disease of the lungs that primarily causes shortness of breath; tissues necessary to support the physical shape and function of the lungs are destroyed. See also Chronic Obstructive Pulmonary Disease (COPD)
Everday Smoker*	Adults who reported smoking at least 100 cigarettes in their lifetime and reported smoking everyday now.
Exercise	See Physical Activity
Fibromyalgia	A musculoskeletal condition causing widespread muscle and joint pain and fatigue.
Flu	Contagious respiratory illness caused by influenza viruses; can cause mild to severe illness, and at times can lead to death.
Flu Shot	Influenza vaccine; an inactivated vaccine (containing killed virus) that is given with a needle, usually in the arm. The flu vaccine can also be administered as an attenuated vaccine (containing weakened, live virus by a spray, mist, or drop in the nose called FluMist <sup>™</sup> .
Former Smoker	Adults who reported smoking at least 100 cigarettes in their lifetime but reported not smoking now.
Gout	A form of arthritis caused by too much uric acid in the blood that causes pain, stiffness, and swelling of a joint.
Health Behavior	An action taken by a person to maintain, attain, or regain good health and to prevent illness.
Health Care Coverage	Example: health insurance, pre-paid plans such as HMO's, government plans such as Medicare.
Health Care Provider	A person who by education, training, certification, or licensure is qualifient to and is engaged in providing health care to patients (e.g., medical doctor; nurse practitioner; physician assistant; registered nurse).
Health Risk Behavior	An action taken by a person that is associated with higher than average rates of morbidity or mortality (e.g., lack of physical activity; poor nutrition; tobacco use; excessive alcohol consumption).
Healthy Weight	Having a body mass index (BMI) ranging from 18.5 to 24.9; BMI is calculated using self-reported height and weight.
Heart Attack	Most commonly caused by coronary artery disease (CAD); occurs when a section of the heart muscle dies or gets damaged because of reduced blood supply.
Heavy Drinking*	For women, consumption of more than 1 drink per day on average in th past 30 days; for men, consumption of more than 2 drinks per day on average in the past 30 days.
High Blood Cholesterol	Condition where there is too much cholesterol in the blood for an extended period of time; increases the risk of coronary heart disease, heart attack, or angina.
High Blood Pressure	Condition where the blood circulates through the arteries with too much force; tires the heart, harms the arteries, and increases the risk of heart attack, stroke, and kidney problems.

GLOSSARY		
Hispanic	Adults of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race; self-reported demographic variable.	
HIV	Human immunodeficiency virus (HIV) damages a person's body by destroying immune system cells, which are crucial to helping the body fight diseases; can lead to acquired immune deficiency syndrome (AIDS).	
Hypertension	See High Blood Pressure	
Hysterectomy	An operation to remove the uterus (womb) in women.	
Inactive*	No leisure-time physical activity, performance of aerobic activity for less than 10 minutes at a time, or performance of only non-aerobic activities in the past 30 days.	
Influenza	See Flu	
Insufficiently Active*	Performance of less than 150 minutes of moderate aerobic activity or 75 minutes of vigorous aerobic activity per week in the past 30 days.	
Kidney Disease	Also called renal disease; general term for any damage that reduces the functioning of the kidney.	
Lupus	A chronic inflammatory disease resulting from an attack by the body's own immune system.	
Mammogram	Mammography is the process of using low-energy X-rays to examine the human breast; this test is ordered to detect tumors and differentiate between benign and malignant disease.	
Mental Health	A state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community.	
Muscle Strengthening Recommendations*	Performance of muscle-strengthening activities, such as activities using body weight, weight machines, free weights, or elastic bands, at least two times per week in the past 30 days.	
Never Smoked*	Adults who reported smoking less than 100 cigarettes in their lifetime.	
Non-Hispanic Black	Adults not of Hispanic culture or origins reporting membership in only the Black race category; self-reported demographic variable.	
Non-Hispanic White	Adults not of Hispanic culture or origins reporting membership in only the White race category; self-reported demographic variable.	
Non-smoker*	Combination of former smoker and never smoked.	
Obese	Having a body mass index (BMI) that is greater than or equal to 30.0; BMI is calculated using self-reported height and weight.	
Obesity	A condition characterized by being obese.	
Overweight	Having a body mass index (BMI) ranging from 25.0 to 29.9; BMI is calculated using self-reported height and weight.	
Pap Test	A cervical cancer screening test in which surface cells from the cervix are examined for cancer or pre-cancer characteristics.	
Personal Doctor	A health care provider that an adult identifies as their personal health care provider.	
Pneumococcal Vaccination	Vaccine given with a needle, usually in the arm, to prevent pneumoccocal pneumonia.	
Pneumonia	Infection of the lungs, usually caused by bacteria or viruses, that can cause mild to severe illness.	

# 2013 Florida Behavioral Risk Factor Surveillance System Data

GLOSSARY	
Poor Mental Health	Adults who report that their mental health, which includes stress, depression, and problems with emotions, was not good on 14 or more of the previous 30 days.
Poor Physical Health	Adults who report that their physical health, which includes physical illness and injury, was not good on 14 or more of the previous 30 days.
Race/Ethnicity	A measure that combines an adult's ethnicity status (Hispanic/non- Hispanic) and race status (e.g., white; black; other); self-reported demographic variable.
Routine Checkup	A general physical exam; does not include exams conducted for a specific injury, illness, or condition.
Sedentary*	Participating in no leisure-time physical activity in the past 30 days.
Sex	The condition or character of being male or female; self-reported demographic variable.
Sigmoidoscopy/Colonoscopy	Exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems.
Smoking	Inhalation of the smoke (gases and hydrocarbon vapors) generated by slowly burning tobacco.
Some Day Smoking*	Adults who reported smoking at least 100 cigarettes in their lifetime and reported smoking some days now.
Stool Blood Test	A test that may use a special kit at home to determine whether the stool contains blood.
Stroke	Sometimes called a brain attack; occurs when a clot blocks the blood supply to the brain or when a blood vessel in the brain bursts.
Tetanus	A bacterial infection that affects the central nervous system and can result in painful muscle spasms, stiff jaw, and potentially death.
Tetanus Shot	Tetanus vaccine; vaccine given with a needle, usually in the shoulder muscle; a booster tetanus vaccine should be received every ten years.

# 2013 Florida Behavioral Risk Factor Surveillance System Data

# Healthy People 2020 Objectives

# **Alcohol Consumption**

SA-14. Reduce the proportion of persons engaging in binge drinking of alcoholic beverages

SA-15. Reduce the proportion of adults who drank excessively in the previous 30 days

# Arthritis

AOCBC-2. Reduce the proportion of adults with doctor-diagnosed arthritis who experience a limitation in activity due to arthritis or joint symptoms

# Asthma

RD-6. Increase the proportion of persons with current asthma who receive formal patient education

RD-7. Increase the proportion of persons with current asthma who receive appropriate asthma care according to National Asthma Education and Prevention Program (NAEPP) guidelines

# Cancer Screening

C-15. Increase the proportion of women who receive a cervical cancer screening based on the most recent guidelines

C-16. Increase the proportion of adults who receive a colorectal cancer screening based on the most recent guidelines

C-17. Increase the proportion of women who receive a breast cancer screening based on the most recent guidelines

# **Cardiovascular Disease**

HDS-1. (Developmental) Increase overall cardiovascular health in the U.S. population

HDS-2. Reduce coronary heart disease deaths

HDS-3. Reduce stroke deaths

# **Cholesterol Awareness**

HDS-7. Reduce the proportion of adults with high total blood cholesterol levels

# Diabetes

D-1. Reduce the annual number of new cases of diagnosed diabetes in the population

D-5. Improve glycemic control among the population with diagnosed diabetes

- D-9. Increase the proportion of adults with diabetes who have at least an annual foot examination
- D-10. Increase the proportion of adults with diabetes who have an annual dilated eye examination

D-11. Increase the proportion of adults with diabetes who have a glycosylated hemoglobin (A1C) measurement at least twice a year

D-13. Increase the proportion of adults with diabetes who perform self-blood glucose-monitoring at least once daily

D-14. Increase the proportion of persons with diagnosed diabetes who receive formal diabetes education

# Disability

DH-13. (Developmental) Increase the proportion of people with disabilities who participate in social, spiritual, recreational, community, and civic activities to the degree that they wish

# Healthy People 2020 Objectives

# Health Care Access & Coverage

AHS-1. Increase the proportion of persons with medical insurance

AHS-3. Increase the proportion of persons with a usual primary care provider

AHS-6. Reduce the proportion of individuals who are unable to obtain or delay in obtaining necessary medical care, dental care, or prescription medicines

## Health-Related Quality of Life

HRQOL/WB-1.1. Increase the proportion of adults who self-report good or better physical health

HRQOL/WB-1.2. Increase the proportion of adults who self-report good or better mental health

# **HIV/AIDS Screening**

HIV-14. Increase the proportion of adolescents and adults who have been tested for HIV in the past 12 months

HIV-14.1. Increase the proportion of adolescents and adults who have ever been tested for HIV

# Hypertension Awareness

HDS-5. Reduce the proportion of persons in the population with hypertension

# Immunization

IID-12.12. Increase the percentage of children and adults who are vaccinated annually against seasonal influenza

IID-13. Increase the percentage of adults who are vaccinated against pneumococcal disease

IID-13.1. Increase the percentage of noninstitutionalized adults aged 65 years and older who are vaccinated against pneumococcal disease

# Injury Prevention

IVP-15. Increase use of safety belts in motor vehicles

# **Overweight & Obesity**

NWS-8. Increase the proportion of adults who are at a healthy weight

NWS-9. Reduce the proportion of adults who are obese

## **Physical Activity & Nutrition**

PA-1. Reduce the proportion of adults who engage in no leisure-time physical activity

PA-2. Increase the proportion of adults who meet current federal physical activity guidelines for aerobic physical activity and for muscle-strengthening activity

# **Tobacco Use & Exposure**

TU-1. Reduce tobacco smoking by adults

TU-4. Increase smoking cessation attempts by adult smokers

# **Vision Impairment**

V-5. Reduce visual impairment

The Healthy People 2020 objectives listed in this appendix are directly or indirectly related to the data presented.



Prepared by:

Alyssa Cohen, MPH Bo (Bonnie) Yu, MAS, MA Junwei Jiang, MPH Dongming Cui, MD, MPH, DrPH

If you have any questions or comments please contact:

Florida Department of Health Divison of Disease Control and Health Protection Bureau of Epidemiology 4052 Bald Cypress Way, Bin A-12 Tallahassee, Florida 32399-1720

Phone: 850-245-4401 Fax: 850-922-9299 Email: health@flhealth.gov Web: http://www.floridahealth.gov/statistics-and-data/survey-data/index.html