# FLORIDA BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS) 2013 DATA





Florida Department of Health
Division of Disease Control and Health Protection
Bureau of Epidemiology
Chronic Disease Epidemiology Section

## Introduction

The Florida Department of Health is pleased to release the 2013 Florida Behavioral Risk Factor Surveillance System (BRFSS) State and County Data. This historic surveillance effort would not have been possible without the support of Florida's 67 County Health Departments (CHDs).

The Florida BRFSS has been collecting and reporting health behavior data since 1986. This statewide telephone survey is the only source of state-specific, population-based estimates of the prevalence of various health conditions and related risk behaviors among Florida residents aged 18 and older. The purpose of this survey is to gather information regarding personal health and risk behaviors, selected medical conditions, and preventive health care practices among Florida adults.

The 2013 BRFSS was the fourth county-level survey conducted. It was previously conducted in 2002, 2007, and 2010. The 2013 county-level survey was developed in collaboration with state and local representatives and better designed to meet the needs of CHD programs by offering options to add county developed questions and increase sample sizes.

Over 34,000 interviews were completed statewide in the 2013 calendar year, with a target sample size of 500 completed surveys in each county.

Nassau County had approximately 59,188 adult residents in 2013, based on Florida CHARTS, and 454 adults responded to the 2013 county-level BRFSS survey.

The 2013 BRFSS provides counties and the state with a rich data source to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. The following data tables present the survey data on a variety of issues related to health status, health care access, lifestyle, chronic illnesses, and disease prevention practice.

Because BRFSS respondents are randomly selected, measures of prevalence and mean are subject to random sample errors. Each measure listed in the data tables includes the 95% confidence interval (CI). If the confidence intervals overlap, there is no statistically significant difference in the prevalence rates. However, if the confidence intervals do not overlap, there is a statistically significant difference. The significance of measures with very wide confidence intervals should be interpreted with caution. Measures of prevalence and mean are excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

The prevalence rates are adjusted, or "weighted," by the Centers for Disease Control and Prevention (CDC) to represent all Florida adults. Weighting is a procedure that adjusts for the chance of an adult being selected to complete the survey and for discrepancies between the adults who completed the survey and the overall population of Florida adults. The data were weighted to the respondent's probability of selection by county, as well as age, sex, marital status, race/ethnicity, education level, and housing type.

Due to a change in weighting methodology and the inclusion of cellular telephone responses starting in 2011, data from 2013 may not be comparable to data collected before 2011.

If any assistance is needed with interpretation or survey methods, please contact the Bureau of Epidemiology at (850) 245-4401.

## **County Highlights**

## Strengths\*

- High percentage of adults with diabetes who had two A1C tests in the past year
- High percentage of adults with diabetes who ever had diabetes self-management education
- High percentage of adults who had a medical checkup in the past year
- High percentage of adults who always or nearly always use a seatbelt when riding in a car

## Challenges\*

 Low percentage of adults 50 years of age and older who received a stool blood test in the past year

Selected Indicators**	Percentage (%)	Estimated affected adult population
Adults who are current smokers	17.9	10,614
Adults who are obese	29.1	17,217
Adults who are physically inactive or insufficiently active	45.1	26,695
Adults who have ever been told they had diabetes	10.2	6,027

<sup>\*</sup> These selected strengths and challenges are significantly different compared with overall state data.

<sup>\*\*</sup> These four selected indicators were used in the America's Health Rankings Report (2013 Edition).

## 2013 Florida BRFSS Data Table of Contents

Health Status	
Arthritis	1
Asthma	3
Cancer Prevalence	4
Cardiovascular Disease	5
Cholesterol Awareness	7
Chronic Obstructive Pulmonary Disease	8
Depression	9
Diabetes	10
Disability	14
Hypertension Awareness	15
Kidney Disease	16
Overweight & Obesity	17
Vision Impairment	19
Health-Related Behaviors	
Alcohol Consumption	20
Tobacco Use & Exposure	21
Physical Activity & Nutrition	23
Health-Related Prevention	
Cancer Screening/Breast	26
Cancer Screening/Cervical	27
Cancer Screening/Colorectal	28
HIV/AIDS Screening	29
Immunization	30
Injury Prevention	33
Health-Related Quality of Life	34
Health Care Access & Coverage	38
Glossary	Appendix I
Healthy People 2020 Objectives	Appendix II

#### Arthritis

Percentage of adults who have ever been told they had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	32.9	26.9 - 38.9	26.0	25.1 - 26.9
SEX	Men	31.7	22.5 - 41.0	22.0	20.7 - 23.3
	Women	34.0	26.1 - 41.8	29.8	28.5 - 31.1
RACE/ETHNICITY	Non-Hisp. White	33.6	27.1 - 40.0	32.1	31.1 - 33.2
	Non-Hisp. Black	NA		18.6	16.2 - 21.1
	Hispanic	NA		16.9	14.5 - 19.3
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	33.4	23.4 - 43.5	28.3	26.7 - 29.9
	Non-Hisp. White Women	33.7	25.4 - 42.0	35.8	34.4 - 37.2
	Non-Hisp. Black Men	NA		15.9	12.3 - 19.6
	Non-Hisp. Black Women	NA		21.1	17.8 - 24.3
	Hispanic Men	NA		11.1	8.4 - 13.8
	Hispanic Women	NA		22.4	18.5 - 26.3
AGE GROUP	18-44	11.2	2.6 - 19.8	8.6	7.5 - 9.7
	45-64	41.9 *	32.8 - 51.1	30.8	29.1 - 32.6
	65 & Older	55.1	46.9 - 63.3	51.1	49.3 - 52.9
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>30.4</th><th>27.1 - 33.7</th></high>	NA		30.4	27.1 - 33.7
	High School / GED	32.6	23.0 - 42.2	27.2	25.4 - 29.0
	>High School	31.7	23.6 - 39.9	24.2	23.1 - 25.3
ANNUAL INCOME	<\$25,000	53.7 *	39.2 - 68.2	29.9	28.0 - 31.9
	\$25,000-\$49,999	40.3	27.2 - 53.4	26.8	24.9 - 28.7
	\$50,000 or More	28.2	19.9 - 36.6	21.8	20.3 - 23.2
MARITAL STATUS	Married/Couple	31.6	24.6 - 38.7	27.2	25.9 - 28.4
	Not Married/Couple	35.1	23.7 - 46.6	24.7	23.3 - 26.0

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

## Arthritis

## Percentage of adults who are limited in any way in any usual activities because of arthritis

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	16.2	11.6 - 20.8	12.8	12.1 - 13.5
SEX	Men	17.8	9.7 - 25.8	10.2	9.2 - 11.1
	Women	14.7	9.9 - 19.4	15.3	14.2 - 16.3
RACE/ETHNICITY	Non-Hisp. White	16.6	11.6 - 21.6	15.2	14.4 - 15.9
	Non-Hisp. Black	NA		9.6	7.7 - 11.5
	Hispanic	NA		9.5	7.5 - 11.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	18.2	9.2 - 27.1	12.7	11.5 - 13.8
	Non-Hisp. White Women	15.2	10.0 - 20.4	17.5	16.4 - 18.6
	Non-Hisp. Black Men	NA		7.6	4.9 - 10.3
	Non-Hisp. Black Women	NA		11.4	8.8 - 13.9
	Hispanic Men	NA		5.6	3.5 - 7.7
	Hispanic Women	NA		13.3	10.0 - 16.7
AGE GROUP	18-44	5.1	0.0 - 12.0	4.3	3.5 - 5.1
	45-64	23.4	15.2 - 31.6	17.2	15.7 - 18.7
	65 & Older	23.3	16.2 - 30.4	22.7	21.2 - 24.2
<b>EDUCATION LEVEL</b>	<high school<="" th=""><th>NA</th><th></th><th>16.0</th><th>13.4 - 18.5</th></high>	NA		16.0	13.4 - 18.5
	High School / GED	16.4	9.2 - 23.5	13.4	12.0 - 14.9
	>High School	14.6	8.3 - 21.0	11.6	10.8 - 12.5
ANNUAL INCOME	<\$25,000	30.3	15.5 - 45.1	18.4	16.8 - 20.1
	\$25,000-\$49,999	20.1	9.3 - 31.0	12.2	10.8 - 13.6
	\$50,000 or More	12.9	6.8 - 18.9	9.0	8.0 - 10.0
MARITAL STATUS	Married/Couple	15.4	9.9 - 20.9	12.7	11.7 - 13.6
	Not Married/Couple	17.3	8.8 - 25.8	13.1	12.0 - 14.1

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

## Asthma

## Percentage of adults who currently have asthma

		2013 ( Measure	County 95% CI	2013 Measure	State 95% CI	
ALL	Overall	10.3	5.0 - 15.7	8.3	7.6 - 8.9	
SEX	Men	11.7	1.9 - 21.6	5.7	4.8 - 6.5	
	Women	9.0	4.5 - 13.6	10.7	9.7 - 11.7	
RACE/ETHNICITY	Non-Hisp. White	7.6	3.6 - 11.6	8.3	7.6 - 9.0	
	Non-Hisp. Black	NA		8.9	6.9 - 10.8	
	Hispanic	NA		8.3	6.3 - 10.3	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	9.0	1.7 - 16.2	6.1	5.0 - 7.2	
	Non-Hisp. White Women	6.4	2.5 - 10.4	10.4	9.5 - 11.3	
	Non-Hisp. Black Men	NA		5.7	3.3 - 8.0	
	Non-Hisp. Black Women	NA		11.7	8.7 - 14.7	
	Hispanic Men	NA		5.2	2.9 - 7.4	
	Hispanic Women	NA		11.4	8.1 - 14.6	
AGE GROUP	18-44	14.0	1.5 - 26.5	8.0	7.0 - 8.9	
	45-64	7.7	2.9 - 12.6	9.1	7.8 - 10.5	
	65 & Older	8.6	3.5 - 13.7	7.8	6.8 - 8.8	
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>12.5</th><th>9.7 - 15.3</th><th></th></high>	NA		12.5	9.7 - 15.3	
	High School / GED	10.6	3.6 - 17.7	7.3	6.3 - 8.3	
	>High School	9.2	0.3 - 18.1	7.7	7.0 - 8.4	
ANNUAL INCOME	<\$25,000	10.7	2.5 - 18.8	12.4	10.8 - 14.0	
	\$25,000-\$49,999	11.9	3.5 - 20.2	6.9	5.7 - 8.0	
	\$50,000 or More	5.2	1.0 - 9.4	6.0	5.1 - 6.9	
MARITAL STATUS	Married/Couple	6.3	2.6 - 9.9	6.7	6.0 - 7.5	
	Not Married/Couple	17.8	4.8 - 30.8	10.2	9.0 - 11.3	

#### Percentage of adults who have ever been told they had asthma

		2013 County		2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	14.2	8.5 - 19.9	13.5	12.7 - 14.4
SEX	Men	14.2	4.3 - 24.1	11.5	10.3 - 12.6
	Women	14.3	8.5 - 20.0	15.5	14.3 - 16.7
RACE/ETHNICITY	Non-Hisp. White	12.1	7.4 - 16.9	13.2	12.4 - 14.0
	Non-Hisp. Black	NA		14.2	11.7 - 16.8
	Hispanic	NA		14.6	12.0 - 17.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	12.0	4.3 - 19.8	11.5	10.3 - 12.8
	Non-Hisp. White Women	12.2	6.4 - 18.0	14.8	13.7 - 15.9
	Non-Hisp. Black Men	NA		13.3	9.2 - 17.4
	Non-Hisp. Black Women	NA		15.1	11.9 - 18.3
	Hispanic Men	NA		10.8	7.8 - 13.8
	Hispanic Women	NA		18.1	14.1 - 22.2
AGE GROUP	18-44	16.7	4.0 - 29.5	14.8	13.3 - 16.2
	45-64	12.6	6.1 - 19.1	13.9	12.4 - 15.4
	65 & Older	12.8	7.1 - 18.6	11.0	9.9 - 12.2
<b>EDUCATION LEVEL</b>	<high school<="" th=""><th>NA</th><th></th><th>16.9</th><th>13.9 - 20.0</th></high>	NA		16.9	13.9 - 20.0
	High School / GED	12.8	5.3 - 20.3	13.3	11.7 - 14.9
	>High School	13.1	4.0 - 22.2	12.8	11.9 - 13.7
ANNUAL INCOME	<\$25,000	14.1	5.4 - 22.8	18.5	16.6 - 20.4
	\$25,000-\$49,999	17.3	7.5 - 27.2	12.1	10.5 - 13.8
	\$50,000 or More	8.1	2.8 - 13.4	10.5	9.3 - 11.6
MARITAL STATUS	Married/Couple	10.1	5.5 - 14.7	11.7	10.7 - 12.8
	Not Married/Couple	21.8	8.7 - 34.9	15.8	14.4 - 17.1

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

#### **Cancer Prevalence**

## Percentage of adults who have ever been told they had skin cancer

		2013 Measure	County 95% CI	2013 State Measure 95% CI	
ALL	Overall	12.3	8.7 - 15.9	9.2 8.7 - 9.7	
SEX	Men	12.8	7.4 - 18.1	9.5 8.8 - 10.3	
	Women	11.8	6.8 - 16.9	8.9 8.3 - 9.5	
RACE/ETHNICITY	Non-Hisp. White	12.7	8.9 - 16.6	14.8 14.1 - 15.5	
	Non-Hisp. Black	NA		0.4 0.0 - 0.8	
	Hispanic	NA		2.2 1.4 - 3.0	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	11.8	6.9 - 16.6	15.1 13.9 - 16.2	
	Non-Hisp. White Women	13.6	7.8 - 19.4	14.6 13.6 - 15.5	
	Non-Hisp. Black Men	NA		0.7 0.0 - 1.5	
	Non-Hisp. Black Women	NA		0.1 0.0 - 0.2	
	Hispanic Men	NA		2.8 1.5 - 4.1	
	Hispanic Women	NA		1.6 0.8 - 2.5	
AGE GROUP	18-44	3.3	0.0 - 8.5	1.5 1.1 - 1.9	
	45-64	9.9	4.6 - 15.2	8.5 7.6 - 9.4	
	65 & Older	30.6	22.7 - 38.6	24.1 22.7 - 25.4	
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>6.4 5.1 - 7.7</th><th></th></high>	NA		6.4 5.1 - 7.7	
	High School / GED	11.0	4.7 - 17.4	8.7 7.9 - 9.6	
	>High School	12.8	8.5 - 17.1	10.3 9.6 - 10.9	
ANNUAL INCOME	<\$25,000	10.2	3.0 - 17.3	6.7 5.9 - 7.5	
	\$25,000-\$49,999	16.0	8.1 - 23.9	9.8 8.9 - 10.8	
	\$50,000 or More	11.0	5.0 - 17.1	10.4 9.5 - 11.3	
MARITAL STATUS	Married/Couple	14.6	9.4 - 19.7	10.7 10.0 - 11.5	
	Not Married/Couple	7.8	4.1 - 11.5	7.5 6.9 - 8.0	

#### Percentage of adults who have ever been told they had any other type of cancer except skin cancer

		2013 County		2013	2013 State	
		Measure	95% CI	Measure	95% CI	
ALL	Overall	8.6	5.8 - 11.4	7.6	7.1 - 8.1	
SEX	Men	5.0	2.0 - 8.1	6.7	6.0 - 7.3	
	Women	12.0	7.4 - 16.6	8.4	7.6 - 9.1	
RACE/ETHNICITY	Non-Hisp. White	8.5	5.6 - 11.4	10.0	9.4 - 10.6	
	Non-Hisp. Black	NA		4.3	3.2 - 5.5	
	Hispanic	NA		4.2	2.7 - 5.6	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	6.3	2.6 - 10.0	8.9	8.1 - 9.8	
	Non-Hisp. White Women	10.5	6.2 - 14.9	10.9	10.1 - 11.8	
	Non-Hisp. Black Men	NA		3.7	2.2 - 5.1	
	Non-Hisp. Black Women	NA		4.9	3.1 - 6.7	
	Hispanic Men	NA		3.6	2.1 - 5.1	
	Hispanic Women	NA		4.8	2.4 - 7.2	
AGE GROUP	18-44	1.8	0.0 - 4.4	2.6	1.9 - 3.3	
	45-64	9.0	4.1 - 13.9	5.9	5.1 - 6.6	
	65 & Older	18.2	11.7 - 24.6	18.8	17.5 - 20.1	
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>6.7</th><th>5.1 - 8.3</th><th></th></high>	NA		6.7	5.1 - 8.3	
	High School / GED	8.1	3.8 - 12.5	7.3	6.3 - 8.3	
	>High School	7.8	4.4 - 11.3	7.9	7.3 - 8.5	
ANNUAL INCOME	<\$25,000	9.9	3.0 - 16.7	7.0	6.0 - 7.9	
	\$25,000-\$49,999	11.1	3.8 - 18.3	8.2	7.0 - 9.4	
	\$50,000 or More	8.6	4.4 - 12.8	7.4	6.6 - 8.2	
MARITAL STATUS	Married/Couple	8.0	4.7 - 11.2	8.6	7.8 - 9.4	
	Not Married/Couple	9.8	4.6 - 15.0	6.3	5.7 - 6.9	

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

#### **Cardiovascular Disease**

#### Percentage of adults who have ever been told they had angina or coronary heart disease

			County		State
		Measure	95% CI	Measure	95% CI
ALL	Overall	4.6	2.5 - 6.7	5.0	4.6 - 5.4
SEX	Men	7.7	3.6 - 11.9	6.3	5.6 - 7.0
	Women	1.6 *	0.4 - 2.8	3.8	3.3 - 4.2
RACE/ETHNICITY	Non-Hisp. White	4.7	2.4 - 6.9	6.5	5.9 - 7.0
	Non-Hisp. Black	NA		4.2	2.8 - 5.7
	Hispanic	NA		2.5	1.6 - 3.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	8.3	3.7 - 12.8	8.4	7.4 - 9.3
	Non-Hisp. White Women	1.5 *	0.3 - 2.7	4.7	4.2 - 5.3
	Non-Hisp. Black Men	NA		4.3	2.0 - 6.7
	Non-Hisp. Black Women	NA		4.2	2.3 - 6.1
	Hispanic Men	NA		3.2	1.6 - 4.8
	Hispanic Women	NA		1.9	1.0 - 2.7
AGE GROUP	18-44	0.0		0.9	0.5 - 1.3
	45-64	3.3	0.0 - 6.6	5.1	4.3 - 6.0
	65 & Older	14.4	7.8 - 21.1	12.3	11.3 - 13.4
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>6.8</th><th>5.0 - 8.6</th></high>	NA		6.8	5.0 - 8.6
	High School / GED	2.9	0.7 - 5.1	4.6	4.0 - 5.3
	>High School	3.1	0.9 - 5.4	4.8	4.3 - 5.3
ANNUAL INCOME	<\$25,000	7.9	1.8 - 14.0	6.8	5.8 - 7.8
	\$25,000-\$49,999	11.3	3.4 - 19.1	4.9	4.1 - 5.8
	\$50,000 or More	1.9 *	0.5 - 3.2	3.8	3.2 - 4.4
MARITAL STATUS	Married/Couple	5.1	2.2 - 8.0	5.1	4.5 - 5.7
	Not Married/Couple	3.5	1.0 - 6.1	5.0	4.3 - 5.6

#### Percentage of adults who have ever been told they had a heart attack

	2013 County			State
	Measure	95% CI	Measure	95% CI
Overall	3.7	2.0 - 5.4	5.6	5.1 - 6.1
Men	5.8	2.5 - 9.0	7.3	6.4 - 8.2
Women	1.7 *	0.5 - 2.9	4.1	3.5 - 4.6
Non-Hisp. White	4.2	2.2 - 6.1	6.6	6.1 - 7.2
Non-Hisp. Black	NA		4.2	2.8 - 5.5
Hispanic	NA		4.6	3.1 - 6.1
Non-Hisp. White Men	6.6	2.8 - 10.5	9.1	8.1 - 10.2
Non-Hisp. White Women	2.0 *	0.6 - 3.4	4.3	3.7 - 4.9
Non-Hisp. Black Men	NA		5.6	3.1 - 8.0
Non-Hisp. Black Women	NA		2.9	1.7 - 4.1
Hispanic Men	NA		4.7	2.4 - 7.1
Hispanic Women	NA		4.5	2.5 - 6.5
18-44	0.0		1.0	0.6 - 1.4
45-64	2.0 *	0.1 - 3.8	6.5	5.4 - 7.6
65 & Older	12.7	6.6 - 18.7	12.9	11.6 - 14.2
<high school<="" th=""><th>NA</th><th></th><th>9.5</th><th>7.2 - 11.9</th></high>	NA		9.5	7.2 - 11.9
High School / GED	3.5	1.1 - 5.8	5.4	4.6 - 6.2
>High School	2.5	0.7 - 4.4	4.7	4.2 - 5.2
<\$25,000	6.7	1.3 - 12.1	8.0	6.7 - 9.3
\$25,000-\$49,999	6.8	1.5 - 12.0	6.5	5.4 - 7.5
\$50,000 or More	1.6	0.3 - 3.0	3.3	2.7 - 3.8
Married/Couple	3.4	1.2 - 5.6	5.6	4.9 - 6.2
Not Married/Couple	4.2	1.5 - 6.9	5.8	4.9 - 6.6
	Men Women Non-Hisp. White Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older <high high="" school="">High School &gt;\$25,000 \$25,000 \$999 \$50,000 or More Married/Couple</high>	Measure           Overall         3.7           Men         5.8           Women         1.7 *           Non-Hisp. White         4.2           Non-Hisp. Black         NA           Hispanic         NA           Non-Hisp. White Men         6.6           Non-Hisp. White Women         2.0 *           Non-Hisp. Black Men         NA           Non-Hisp. Black Women         NA           Hispanic Men         NA           Hispanic Women         NA           18-44         0.0           45-64         2.0 *           65 & Older         12.7 <high school<="" td="">         NA           High School / GED         3.5           &gt;High School         2.5           &lt;\$25,000         6.7           \$25,000 *49,999         6.8           \$50,000 or More         1.6           Married/Couple         3.4</high>	Measure         95% CI           Overall         3.7         2.0 - 5.4           Men         5.8         2.5 - 9.0           Women         1.7 * 0.5 - 2.9           Non-Hisp. White         4.2         2.2 - 6.1           Non-Hisp. Black         NA           Hispanic         NA           Non-Hisp. White Men         6.6         2.8 - 10.5           Non-Hisp. White Women         2.0 * 0.6 - 3.4           Non-Hisp. Black Men         NA           Non-Hisp. Black Women         NA           Hispanic Men         NA           Hispanic Women         NA           45-64         2.0 * 0.1 - 3.8           65 & Older         12.7 6.6 - 18.7 <high school<="" td="">         NA           High School / GED         3.5 1.1 - 5.8           &gt;High School         2.5 0.7 - 4.4           &lt;\$25,000         6.7 1.3 - 12.1           \$25,000-\$49,999         6.8 1.5 - 12.0           \$50,000 or More         1.6 0.3 - 3.0           Married/Couple         3.4 1.2 - 5.6</high>	Overall         3.7         2.0 - 5.4         5.6           Men         5.8         2.5 - 9.0         7.3           Women         1.7 * 0.5 - 2.9         4.1           Non-Hisp. White         4.2         2.2 - 6.1         6.6           Non-Hisp. Black         NA         4.2           Hispanic         NA         4.6           Non-Hisp. White Men         6.6         2.8 - 10.5         9.1           Non-Hisp. White Women         2.0 * 0.6 - 3.4         4.3           Non-Hisp. Black Men         NA         5.6           Non-Hisp. Black Women         NA         4.7           Hispanic Men         NA         4.7           Hispanic Women         NA         4.5           18-44         0.0         1.0           45-64         2.0 * 0.1 - 3.8         6.5           65 & Older         12.7         6.6 - 18.7         12.9           High School         NA         9.5           High School / GED         3.5         1.1 - 5.8         5.4           >High School         2.5         0.7 - 4.4         4.7           <\$25,000-\$49,999         6.8         1.5 - 12.0         6.5           \$50,000-\$49,999         6.8<

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

#### **Cardiovascular Disease**

## Percentage of adults who have ever been told they had a stroke

			County		State
		Measure	95% CI	Measure	95% CI
	Overall	3.2	1.3 - 5.0	3.7	3.3 - 4.1
SEX	Men	5.2	1.7 - 8.7	3.7	3.1 - 4.2
	Women	1.2 *	0.2 - 2.2	3.7	3.2 - 4.2
RACE/ETHNICITY	Non-Hisp. White	2.9	1.0 - 4.7	4.3	3.8 - 4.7
	Non-Hisp. Black	NA		4.6	3.1 - 6.1
	Hispanic	NA		2.0	1.2 - 2.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	5.1	1.4 - 8.9	4.3	3.6 - 4.9
	Non-Hisp. White Women	0.9 *	0.0 - 1.8	4.2	3.7 - 4.8
	Non-Hisp. Black Men	NA		4.8	2.6 - 7.0
	Non-Hisp. Black Women	NA		4.4	2.4 - 6.4
	Hispanic Men	NA		2.0	0.9 - 3.1
	Hispanic Women	NA		2.0	1.0 - 3.0
AGE GROUP	18-44	0.0		1.1	0.7 - 1.6
	45-64	3.7	0.5 - 6.8	4.1	3.4 - 4.8
	65 & Older	7.6	2.2 - 13.1	7.8	6.9 - 8.7
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>5.2</th><th>3.9 - 6.5</th></high>	NA		5.2	3.9 - 6.5
	High School / GED	3.7	0.7 - 6.6	3.7	3.0 - 4.3
	>High School	2.5	0.3 - 4.7	3.3	2.9 - 3.8
ANNUAL INCOME	<\$25,000	5.6	0.0 - 11.8	5.7	4.8 - 6.5
	\$25,000-\$49,999	5.9	0.3 - 11.5	4.1	3.3 - 4.9
	\$50,000 or More	0.9	0.0 - 2.2	1.9	1.4 - 2.3
MARITAL STATUS	Married/Couple	3.8	1.2 - 6.4	3.3	2.8 - 3.8
	Not Married/Couple	2.0	0.1 - 3.9	4.2	3.6 - 4.7

#### Percentage of adults who have ever been told they had coronary heart disease, heart attack, or stroke

		2013 County		201:	3 State
		Measure	95% CI	Measure	95% CI
ALL	Overall	7.7	5.1 - 10.4	10.3	9.7 - 10.9
SEX	Men	12.5	7.3 - 17.6	11.9	10.8 - 12.9
	Women	3.2 *	1.5 - 4.8	8.8	8.0 - 9.6
RACE/ETHNICITY	Non-Hisp. White	7.9 *	5.0 - 10.8	12.2	11.5 - 12.9
	Non-Hisp. Black	NA		10.0	7.8 - 12.2
	Hispanic	NA		6.8	5.0 - 8.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	13.6	7.8 - 19.4	14.6	13.4 - 15.8
	Non-Hisp. White Women	2.8 *	1.1 - 4.4	9.9	9.1 - 10.8
	Non-Hisp. Black Men	NA		10.9	7.4 - 14.3
	Non-Hisp. Black Women	NA		9.3	6.5 - 12.1
	Hispanic Men	NA		7.0	4.4 - 9.6
	Hispanic Women	NA		6.5	4.3 - 8.7
AGE GROUP	18-44	0.0		2.3	1.7 - 2.9
	45-64	6.6	2.3 - 10.9	11.4	10.2 - 12.7
	65 & Older	22.4	15.0 - 29.9	23.4	21.8 - 25.0
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>15.2</th><th>12.6 - 17.9</th></high>	NA		15.2	12.6 - 17.9
	High School / GED	6.9	3.2 - 10.7	10.0	8.9 - 11.1
	>High School	5.9	2.9 - 8.9	9.2	8.5 - 10.0
ANNUAL INCOME	<\$25,000	11.8	3.8 - 19.9	14.3	12.7 - 15.8
	\$25,000-\$49,999	15.3	6.9 - 23.8	11.4	10.0 - 12.7
	\$50,000 or More	3.4 *	1.3 - 5.5	6.6	5.7 - 7.4
MARITAL STATUS	Married/Couple	8.1	4.5 - 11.6	10.1	9.3 - 11.0
	Not Married/Couple	7.1	3.3 - 10.9	10.6	9.6 - 11.6

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

#### **Cholesterol Awareness**

Percentage of adults who have ever been told they had high blood cholesterol

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	31.6	25.9 - 37.4	33.4	32.3 - 34.4
SEX	Men	30.0	21.6 - 38.5	33.6	32.0 - 35.2
	Women	33.1	25.4 - 40.9	33.2	31.7 - 34.6
RACE/ETHNICITY	Non-Hisp. White	30.8 *	24.8 - 36.7	39.0	37.8 - 40.1
	Non-Hisp. Black	NA		24.5	21.6 - 27.4
	Hispanic	NA		27.5	24.4 - 30.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	30.2	21.4 - 39.0	39.0	37.2 - 40.8
	Non-Hisp. White Women	31.2	23.3 - 39.2	39.0	37.5 - 40.5
	Non-Hisp. Black Men	NA		27.4	22.4 - 32.3
	Non-Hisp. Black Women	NA		21.8	18.6 - 25.1
	Hispanic Men	NA		25.6	21.3 - 29.9
	Hispanic Women	NA		29.3	24.8 - 33.7
AGE GROUP	18-44	4.1 *	0.1 - 8.1	13.6	12.2 - 15.0
	45-64	43.7	34.5 - 52.9	42.4	40.4 - 44.4
	65 & Older	58.5	50.6 - 66.4	55.7	53.8 - 57.5
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>33.9</th><th>30.0 - 37.8</th></high>	NA		33.9	30.0 - 37.8
	High School / GED	29.9	20.7 - 39.2	32.8	30.8 - 34.7
	>High School	31.0	23.6 - 38.5	33.6	32.4 - 34.9
ANNUAL INCOME	<\$25,000	50.4 *	35.9 - 65.0	32.1	30.0 - 34.2
	\$25,000-\$49,999	38.5	25.7 - 51.4	34.5	32.2 - 36.7
	\$50,000 or More	26.4	18.8 - 34.0	34.0	32.2 - 35.7
MARITAL STATUS	Married/Couple	33.9	26.8 - 41.0	36.7	35.2 - 38.1
	Not Married/Couple	27.7	18.2 - 37.3	29.6	28.0 - 31.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### **Chronic Obstructive Pulmonary Disease**

Percentage of adults who have ever been told they had chronic obstructive pulmonary disease, emphysema, or chronic bronchitis

		2013 ( Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	7.4	4.0 - 10.7	7.4	6.9 - 7.9
SEX	Men	8.3	2.5 - 14.1	6.4	5.7 - 7.2
	Women	6.4	3.0 - 9.9	8.3	7.5 - 9.0
RACE/ETHNICITY	Non-Hisp. White	8.3	4.3 - 12.2	9.2	8.6 - 9.9
	Non-Hisp. Black	NA		5.1	3.5 - 6.7
	Hispanic	NA		4.6	3.3 - 5.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	9.8	2.7 - 16.8	8.2	7.3 - 9.2
	Non-Hisp. White Women	7.0	3.0 - 10.9	10.2	9.3 - 11.1
	Non-Hisp. Black Men	NA		4.6	2.1 - 7.2
	Non-Hisp. Black Women	NA		5.5	3.6 - 7.4
	Hispanic Men	NA		3.5	1.8 - 5.2
	Hispanic Women	NA		5.6	3.6 - 7.7
AGE GROUP	18-44	3.1	0.0 - 9.0	3.0	2.3 - 3.7
	45-64	8.1	2.8 - 13.4	8.5	7.5 - 9.4
	65 & Older	13.2	7.6 - 18.8	14.0	12.8 - 15.3
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>12.3</th><th>10.1 - 14.5</th></high>	NA		12.3	10.1 - 14.5
	High School / GED	8.7	2.4 - 15.0	7.5	6.6 - 8.4
	>High School	3.5	1.3 - 5.7	6.0	5.4 - 6.6
ANNUAL INCOME	<\$25,000	11.3	4.8 - 17.8	11.1	10.0 - 12.3
	\$25,000-\$49,999	12.0	4.1 - 19.9	7.4	6.3 - 8.5
	\$50,000 or More	1.2 *	0.0 - 2.6	3.9	3.2 - 4.6
MARITAL STATUS	Married/Couple	4.7	1.9 - 7.6	6.5	5.8 - 7.2
	Not Married/Couple	11.9	4.1 - 19.8	8.5	7.7 - 9.3

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### Depression

Percentage of adults who have ever been told they had a depressive disorder

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	17.5	11.6 - 23.5	16.8	15.9 - 17.6
SEX	Men	14.1	4.4 - 23.8	12.1	11.0 - 13.1
	Women	20.8	13.5 - 28.0	21.2	19.9 - 22.4
RACE/ETHNICITY	Non-Hisp. White	17.0	11.5 - 22.5	18.6	17.6 - 19.5
	Non-Hisp. Black	NA		14.0	11.4 - 16.5
	Hispanic	NA		13.8	11.6 - 16.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	10.7	3.5 - 17.9	13.1	11.9 - 14.4
	Non-Hisp. White Women	22.7	14.5 - 30.9	23.6	22.2 - 25.0
	Non-Hisp. Black Men	NA		12.3	8.3 - 16.3
	Non-Hisp. Black Women	NA		15.5	12.2 - 18.7
	Hispanic Men	NA		8.5	6.2 - 10.9
	Hispanic Women	NA		18.8	15.2 - 22.4
AGE GROUP	18-44	21.3	7.8 - 34.8	15.8	14.4 - 17.2
	45-64	16.9	10.4 - 23.5	19.6	18.1 - 21.1
	65 & Older	12.2	6.6 - 17.7	14.6	13.4 - 15.9
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>20.9</th><th>17.9 - 24.0</th></high>	NA		20.9	17.9 - 24.0
	High School / GED	13.7	6.7 - 20.7	15.8	14.3 - 17.3
	>High School	23.5	13.5 - 33.5	16.3	15.3 - 17.3
ANNUAL INCOME	<\$25,000	31.4	16.5 - 46.3	23.8	21.9 - 25.6
	\$25,000-\$49,999	8.5 *	2.7 - 14.2	16.5	14.8 - 18.2
	\$50,000 or More	12.3	5.4 - 19.2	11.3	10.2 - 12.4
MARITAL STATUS	Married/Couple	12.8	7.3 - 18.3	14.0	13.0 - 15.0
	Not Married/Couple	26.4	13.4 - 39.4	20.1	18.7 - 21.5

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

## Percentage of adults who have ever been told they had diabetes

		2013 Measure	County 95% CI	2013 Measure	S State 95% CI	
ALL	Overall	10.2	7.0 - 13.4	11.2	10.5 - 11.9	
SEX	Men	11.0	6.0 - 15.9	12.3	11.2 - 13.4	
	Women	9.4	5.3 - 13.5	10.1	9.2 - 11.0	
RACE/ETHNICITY	Non-Hisp. White	8.1	5.4 - 10.8	11.4	10.7 - 12.2	
	Non-Hisp. Black	NA		12.3	10.0 - 14.6	
	Hispanic	NA		10.8	8.7 - 12.8	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	10.0	5.5 - 14.5	12.9	11.7 - 14.1	
	Non-Hisp. White Women	6.4	3.1 - 9.6	10.0	9.1 - 10.9	
	Non-Hisp. Black Men	NA		12.8	9.0 - 16.6	
	Non-Hisp. Black Women	NA		11.9	9.2 - 14.5	
	Hispanic Men	NA		11.2	8.1 - 14.2	
	Hispanic Women	NA		10.4	7.7 - 13.2	
AGE GROUP	18-44	0.0		2.6	1.9 - 3.2	
	45-64	12.8	6.6 - 19.0	13.5	12.1 - 14.9	
	65 & Older	22.8	15.5 - 30.2	23.5	21.8 - 25.3	
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>18.0</th><th>14.9 - 21.1</th><th></th></high>	NA		18.0	14.9 - 21.1	
	High School / GED	12.8	6.8 - 18.8	11.5	10.3 - 12.6	
	>High School	6.5	3.5 - 9.5	9.2	8.4 - 9.9	
ANNUAL INCOME	<\$25,000	19.1	9.9 - 28.3	14.8	13.1 - 16.4	
	\$25,000-\$49,999	12.6	4.7 - 20.5	11.9	10.4 - 13.4	
	\$50,000 or More	7.7	3.1 - 12.4	7.5	6.6 - 8.4	
MARITAL STATUS	Married/Couple	9.3	5.3 - 13.2	11.8	10.8 - 12.8	
	Not Married/Couple	11.8	6.3 - 17.4	10.6	9.5 - 11.6	

#### Percentage of adults with diabetes who self-monitor blood glucose at least once a day on average

		2013	County	2013	S State
		Measure	95% CI	Measure	95% CI
ALL	Overall	61.7	44.6 - 78.8	61.8	58.5 - 65.0
SEX	Men	NA		56.5	51.9 - 61.2
	Women	66.4	43.5 - 89.3	67.4	63.0 - 71.9
RACE/ETHNICITY	Non-Hisp. White	77.8 *	64.0 - 91.6	58.9	55.3 - 62.5
	Non-Hisp. Black	NA		72.1	64.0 - 80.1
	Hispanic	NA		64.4	55.0 - 73.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		54.3	49.1 - 59.5
	Non-Hisp. White Women	NA		64.3	59.4 - 69.2
	Non-Hisp. Black Men	NA		66.0	51.8 - 80.2
	Non-Hisp. Black Women	NA		77.7	68.8 - 86.7
	Hispanic Men	NA		56.0	42.1 - 70.0
	Hispanic Women	NA		71.5	60.0 - 83.0
AGE GROUP	18-44	NA		57.2	43.3 - 71.0
	45-64	NA		61.8	56.6 - 67.1
	65 & Older	77.4	61.9 - 92.9	62.6	58.4 - 66.8
<b>EDUCATION LEVEL</b>	<high school<="" th=""><th>NA</th><th></th><th>64.3</th><th>55.4 - 73.2</th></high>	NA		64.3	55.4 - 73.2
	High School / GED	NA		65.2	60.2 - 70.2
	>High School	NA		58.1	53.9 - 62.3
ANNUAL INCOME	<\$25,000	NA		65.7	60.1 - 71.3
	\$25,000-\$49,999	NA		60.7	54.2 - 67.2
	\$50,000 or More	NA		55.5	49.3 - 61.7
MARITAL STATUS	Married/Couple	NA		59.5	55.1 - 63.9
	Not Married/Couple	65.6	40.8 - 90.3	65.0	60.1 - 69.8

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

## Percentage of adults with diabetes who had two A1C tests in the past year

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	86.5 *	76.2 - 96.8	69.3	65.8 - 72.9
SEX	Men	NA		70.5	66.0 - 75.1
	Women	82.2	66.4 - 97.9	68.0	62.6 - 73.5
RACE/ETHNICITY	Non-Hisp. White	92.2 *	83.7 -100.0	75.6	72.2 - 78.9
	Non-Hisp. Black	NA		68.6	58.9 - 78.3
	Hispanic	NA		52.6	41.4 - 63.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		73.9	68.8 - 79.1
	Non-Hisp. White Women	NA		77.7	73.7 - 81.6
	Non-Hisp. Black Men	NA		65.5	49.7 - 81.3
	Non-Hisp. Black Women	NA		71.6	59.8 - 83.4
	Hispanic Men	NA		64.5	50.5 - 78.4
	Hispanic Women	NA		41.2	26.9 - 55.5
AGE GROUP	18-44	NA		52.3	38.6 - 65.9
	45-64	NA		66.2	60.4 - 72.1
	65 & Older	85.4	72.4 - 98.4	75.7	71.3 - 80.2
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>55.7</th><th>44.3 - 67.1</th></high>	NA		55.7	44.3 - 67.1
	High School / GED	NA		71.2	66.2 - 76.1
	>High School	NA		74.8	71.1 - 78.6
ANNUAL INCOME	<\$25,000	NA		64.0	57.5 - 70.4
	\$25,000-\$49,999	NA		69.1	61.5 - 76.7
	\$50,000 or More	NA		78.3	73.3 - 83.2
MARITAL STATUS	Married/Couple	NA		70.3	65.4 - 75.3
	Not Married/Couple	NA		68.0	62.9 - 73.0

#### Percentage of adults with diabetes who had an annual foot exam

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	86.0 *	76.4 - 95.5	67.6	64.6 - 70.7
SEX	Men	NA		70.3	66.0 - 74.5
	Women	90.6 *	78.5 -100.0	64.8	60.4 - 69.2
RACE/ETHNICITY	Non-Hisp. White	82.7	71.7 - 93.7	68.6	65.2 - 71.9
	Non-Hisp. Black	NA		81.5	74.4 - 88.6
	Hispanic	NA		57.9	48.2 - 67.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		70.4	65.4 - 75.4
	Non-Hisp. White Women	NA		66.4	61.9 - 70.9
	Non-Hisp. Black Men	NA		85.4	76.4 - 94.4
	Non-Hisp. Black Women	NA		77.9	67.8 - 88.1
	Hispanic Men	NA		66.7	54.3 - 79.1
	Hispanic Women	NA		49.8	35.5 - 64.2
AGE GROUP	18-44	NA		47.6	34.4 - 60.8
	45-64	NA		65.3	60.3 - 70.2
	65 & Older	82.7	70.4 - 95.1	73.2	69.5 - 76.9
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>66.3</th><th>57.8 - 74.7</th></high>	NA		66.3	57.8 - 74.7
	High School / GED	NA		66.7	61.6 - 71.8
	>High School	NA		69.1	65.2 - 73.0
ANNUAL INCOME	<\$25,000	NA		66.2	60.8 - 71.6
	\$25,000-\$49,999	NA		69.5	63.5 - 75.5
	\$50,000 or More	NA		71.3	65.8 - 76.7
MARITAL STATUS	Married/Couple	NA		68.8	64.8 - 72.8
	Not Married/Couple	91.9 *	82.6 -100.0	66.1	61.3 - 70.9

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

## Percentage of adults with diabetes who had an annual eye exam

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	66.9	52.5 - 81.3	69.7	66.5 - 72.9
SEX	Men	NA		71.6	67.3 - 75.9
	Women	65.6	44.0 - 87.2	67.7	63.0 - 72.4
RACE/ETHNICITY	Non-Hisp. White	70.8	56.4 - 85.2	71.4	68.0 - 74.7
	Non-Hisp. Black	NA		77.6	70.1 - 85.0
	Hispanic	NA		60.7	50.6 - 70.8
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		71.9	67.0 - 76.7
	Non-Hisp. White Women	NA		70.8	66.3 - 75.4
	Non-Hisp. Black Men	NA		82.6	73.3 - 91.9
	Non-Hisp. Black Women	NA		72.9	62.2 - 83.6
	Hispanic Men	NA		68.4	55.6 - 81.2
	Hispanic Women	NA		52.9	38.4 - 67.5
AGE GROUP	18-44	NA		43.7	31.1 - 56.3
	45-64	NA		61.7	56.3 - 67.2
	65 & Older	63.6	45.6 - 81.5	80.9	77.5 - 84.3
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>63.3</th><th>54.1 - 72.6</th></high>	NA		63.3	54.1 - 72.6
	High School / GED	NA		70.7	65.9 - 75.5
	>High School	NA		72.7	68.8 - 76.6
ANNUAL INCOME	<\$25,000	NA		68.5	63.3 - 73.7
	\$25,000-\$49,999	NA		65.7	58.5 - 73.0
	\$50,000 or More	NA		75.9	70.1 - 81.6
MARITAL STATUS	Married/Couple	NA		69.2	64.8 - 73.7
	Not Married/Couple	43.0 *	21.2 - 64.9	70.4	65.9 - 74.9

#### Percentage of adults with diabetes who ever had diabetes self-management education

ALL Overall 71.9 * 59.3 - 84.4 49.6 46.2 - 53.0  SEX Men NA 47.1 42.3 - 51.9  Women 76.7 * 61.7 - 91.7 52.4 47.6 - 57.1  RACE/ETHNICITY Non-Hisp. White 69.9 54.9 - 85.0 53.1 49.5 - 56.6  Non-Hisp. Black NA 53.6 43.4 - 63.9  Hispanic NA 39.4 29.8 - 49.1  SEX BY RACE/ETHNICITY Non-Hisp. White Men NA 51.1 45.9 - 56.3  Non-Hisp. White Women NA 55.4 50.6 - 60.1  Non-Hisp. Black Men NA 40.2 25.4 - 55.0  Non-Hisp. Black Women NA 66.2 56.1 - 76.3  Hispanic Men NA 39.7 26.1 - 53.3				County		S State
SEX         Men         NA         47.1         42.3         - 51.9           Women         76.7 * 61.7 - 91.7         52.4         47.6 - 57.1           RACE/ETHNICITY         Non-Hisp. White         69.9         54.9 - 85.0         53.1         49.5 - 56.6           Non-Hisp. Black         NA         53.6         43.4 - 63.9           Hispanic         NA         39.4         29.8 - 49.1           SEX BY RACE/ETHNICITY         Non-Hisp. White Men         NA         51.1         45.9 - 56.3           Non-Hisp. White Women         NA         55.4         50.6 - 60.1           Non-Hisp. Black Men         NA         40.2         25.4 - 55.0           Non-Hisp. Black Women         NA         66.2         56.1 - 76.3           Hispanic Men         NA         39.7         26.1 - 53.3			Measure	95% CI	Measure	95% CI
Women   76.7 * 61.7 - 91.7   52.4   47.6 - 57.1	ALL	Overall	71.9 *	59.3 - 84.4	49.6	46.2 - 53.0
RACE/ETHNICITY         Non-Hisp. White         69.9         54.9 - 85.0         53.1         49.5 - 56.6           Non-Hisp. Black         NA         53.6         43.4 - 63.9           Hispanic         NA         39.4         29.8 - 49.1           SEX BY RACE/ETHNICITY         Non-Hisp. White Men         NA         51.1         45.9 - 56.3           Non-Hisp. White Women         NA         55.4         50.6 - 60.1           Non-Hisp. Black Men         NA         40.2         25.4 - 55.0           Non-Hisp. Black Women         NA         66.2         56.1 - 76.3           Hispanic Men         NA         39.7         26.1 - 53.3	SEX	Men	NA		47.1	42.3 - 51.9
Non-Hisp. Black         NA         53.6         43.4         - 63.9           Hispanic         NA         39.4         29.8         - 49.1           SEX BY RACE/ETHNICITY         Non-Hisp. White Men         NA         51.1         45.9         - 56.3           Non-Hisp. White Women         NA         55.4         50.6         - 60.1           Non-Hisp. Black Men         NA         40.2         25.4         - 55.0           Non-Hisp. Black Women         NA         66.2         56.1         - 76.3           Hispanic Men         NA         39.7         26.1         - 53.3		Women	76.7 *	61.7 - 91.7	52.4	47.6 - 57.1
Hispanic NA 39.4 29.8 - 49.1  SEX BY RACE/ETHNICITY Non-Hisp. White Men NA 51.1 45.9 - 56.3  Non-Hisp. White Women NA 55.4 50.6 - 60.1  Non-Hisp. Black Men NA 40.2 25.4 - 55.0  Non-Hisp. Black Women NA 66.2 56.1 - 76.3  Hispanic Men NA 39.7 26.1 - 53.3	RACE/ETHNICITY	Non-Hisp. White	69.9	54.9 - 85.0	53.1	49.5 - 56.6
SEX BY RACE/ETHNICITY         Non-Hisp. White Men         NA         51.1         45.9         - 56.3           Non-Hisp. White Women         NA         55.4         50.6         - 60.1           Non-Hisp. Black Men         NA         40.2         25.4         - 55.0           Non-Hisp. Black Women         NA         66.2         56.1         - 76.3           Hispanic Men         NA         39.7         26.1         - 53.3		Non-Hisp. Black	NA		53.6	43.4 - 63.9
Non-Hisp. White Women         NA         55.4         50.6         - 60.1           Non-Hisp. Black Men         NA         40.2         25.4         - 55.0           Non-Hisp. Black Women         NA         66.2         56.1         - 76.3           Hispanic Men         NA         39.7         26.1         - 53.3		Hispanic	NA		39.4	29.8 - 49.1
Non-Hisp. Black Men         NA         40.2         25.4         - 55.0           Non-Hisp. Black Women         NA         66.2         56.1         - 76.3           Hispanic Men         NA         39.7         26.1         - 53.3	SEX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		51.1	45.9 - 56.3
Non-Hisp. Black Women         NA         66.2         56.1         - 76.3           Hispanic Men         NA         39.7         26.1         - 53.3		Non-Hisp. White Women	NA		55.4	50.6 - 60.1
Hispanic Men NA 39.7 26.1 - 53.3		Non-Hisp. Black Men	NA		40.2	25.4 - 55.0
<u> </u>		Non-Hisp. Black Women	NA		66.2	56.1 - 76.3
Hispanic Women NA 30.2 25.3 - 53.1		Hispanic Men	NA		39.7	26.1 - 53.3
1 lispanic Women 14A 59.2 25.5 - 55.1		Hispanic Women	NA		39.2	25.3 - 53.1
AGE GROUP 18-44 NA 55.0 42.2 - 67.9	AGE GROUP	18-44	NA		55.0	42.2 - 67.9
45-64 NA 52.1 46.5 - 57.7		45-64	NA		52.1	46.5 - 57.7
65 & Older 65.3 47.6 - 82.9 46.7 42.3 - 51.1		65 & Older	65.3	47.6 - 82.9	46.7	42.3 - 51.1
EDUCATION LEVEL < High School NA 34.3 25.3 - 43.2	EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>34.3</th><th>25.3 - 43.2</th></high>	NA		34.3	25.3 - 43.2
High School / GED NA 48.9 43.6 - 54.2		High School / GED	NA		48.9	43.6 - 54.2
>High School NA 58.5 54.3 - 62.6		>High School	NA		58.5	54.3 - 62.6
ANNUAL INCOME <\$25,000 NA 42.3 36.5 - 48.2	ANNUAL INCOME	<\$25,000	NA		42.3	36.5 - 48.2
\$25,000-\$49,999 NA 52.1 45.3 - 59.0		\$25,000-\$49,999	NA		52.1	45.3 - 59.0
\$50,000 or More NA 59.9 54.1 - 65.6		\$50,000 or More	NA		59.9	54.1 - 65.6
MARITAL STATUS Married/Couple NA 50.7 46.2 - 55.2	MARITAL STATUS	Married/Couple	NA		50.7	46.2 - 55.2
Not Married/Couple 70.4 52.4 - 88.4 48.1 42.9 - 53.2		Not Married/Couple	70.4	52.4 - 88.4	48.1	42.9 - 53.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

Percentage of adults who have ever been told they had pre-diabetes

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	7.0	4.1 - 9.9	7.1	6.6 - 7.7
SEX	Men	6.3	2.3 - 10.3	7.4	6.5 - 8.3
	Women	7.6	3.3 - 12.0	7.0	6.3 - 7.6
RACE/ETHNICITY	Non-Hisp. White	5.4	2.8 - 8.1	7.9	7.3 - 8.5
	Non-Hisp. Black	NA		8.3	6.2 - 10.5
	Hispanic	NA		4.8	3.5 - 6.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	4.9	1.1 - 8.6	8.4	7.4 - 9.4
	Non-Hisp. White Women	6.0	2.2 - 9.7	7.4	6.7 - 8.1
	Non-Hisp. Black Men	NA		8.6	4.8 - 12.5
	Non-Hisp. Black Women	NA		8.0	5.9 - 10.2
	Hispanic Men	NA		4.8	2.7 - 6.8
	Hispanic Women	NA		4.9	3.3 - 6.6
AGE GROUP	18-44	0.5 *	0.0 - 1.6	4.9	3.9 - 5.8
	45-64	12.3	5.8 - 18.9	7.9	7.0 - 8.8
	65 & Older	8.9	3.8 - 14.0	9.6	8.7 - 10.6
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>5.8</th><th>4.2 - 7.5</th></high>	NA		5.8	4.2 - 7.5
	High School / GED	6.1	1.7 - 10.6	7.2	6.1 - 8.3
	>High School	8.6	4.1 - 13.0	7.6	6.9 - 8.2
ANNUAL INCOME	<\$25,000	13.3	4.5 - 22.0	7.6	6.4 - 8.9
	\$25,000-\$49,999	4.2	0.0 - 8.7	7.5	6.4 - 8.5
	\$50,000 or More	4.9	1.2 - 8.6	6.7	5.8 - 7.5
MARITAL STATUS	Married/Couple	4.4	1.5 - 7.3	7.3	6.6 - 8.1
	Not Married/Couple	11.8	5.2 - 18.5	7.0	6.1 - 7.8

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

## Disability

centage of adults who	are limited in any way in	any activiti	es because of phys	ical, mental, or er	notional problems
		2013 Measure	3 County 95% CI	2013 Measure	State 95% CI
ALL	Overall	22.3	16.2 - 28.3	21.2	20.2 - 22.1
SEX	Men	27.7	17.2 - 38.2	20.2	18.9 - 21.6
	Women	17.2	11.4 - 23.1	22.1	20.7 - 23.4
RACE/ETHNICITY	Non-Hisp. White	22.0	16.3 - 27.6	23.2	22.2 - 24.2
	Non-Hisp. Black	NA		17.8	15.1 - 20.5
	Hispanic	NA		18.6	15.8 - 21.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	27.1	17.5 - 36.7	22.6	21.1 - 24.1
	Non-Hisp. White Women	17.6	11.2 - 23.9	23.8	22.5 - 25.1
	Non-Hisp. Black Men	NA		19.1	14.7 - 23.4
	Non-Hisp. Black Women	NA		16.6	13.3 - 19.8
	Hispanic Men	NA		15.7	12.2 - 19.3
	Hispanic Women	NA		21.3	17.1 - 25.6
AGE GROUP	18-44	15.4	2.5 - 28.3	13.5	12.1 - 14.9
	45-64	25.7	17.5 - 33.8	26.0	24.2 - 27.8
	65 & Older	28.0	20.3 - 35.8	28.6	26.9 - 30.2
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>NA</td><td></td><td>28.7</td><td>25.0 - 32.3</td></high>	NA		28.7	25.0 - 32.3
	High School / GED	18.0	10.6 - 25.4	21.8	20.1 - 23.6
	>High School	24.1	14.3 - 33.8	18.9	17.8 - 19.9
ANNUAL INCOME	<\$25,000	47.4	32.6 - 62.3	30.7	28.5 - 32.8
	\$25,000-\$49,999	21.3	10.4 - 32.1	20.4	18.5 - 22.3
	\$50,000 or More	7.7	3.4 - 12.0	12.8	11.7 - 14.0
MARITAL STATUS	Married/Couple	14.7	9.6 - 19.8	18.7	17.5 - 19.9
	Not Married/Couple	36.3	22.8 - 49.7	24.1	22.6 - 25.7
entage of adults who	use special equipment b	ecause of a	a health problem		
		2013 Measure	3 County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	8.4	5.5 - 11.2	8.8	8.2 - 9.3
SEX	Men	9.0	4.5 - 13.4	8.3	7.5 - 9.1
	Women	7.8	4.3 - 11.4	9.2	8.4 - 10.0
RACE/ETHNICITY	Non-Hisp. White	8.1	5.2 - 11.1	9.8	9.2 - 10.4
	Non-Hisp. Black	NA		8.6	6.9 - 10.2
	Hispanic	NA		6.5	5.0 - 8.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	10.1	4.9 - 15.4	9.2	8.3 - 10.1
	Non-Hisp. White Women	6.4	3.3 - 9.5	10.3	9.5 - 11.2

<b>0</b> -21	******					
	Women	7.8	4.3 - 11.4	9.2	8.4 - 10.0	
RACE/ETHNICITY	Non-Hisp. White	8.1	5.2 - 11.1	9.8	9.2 - 10.4	
	Non-Hisp. Black	NA		8.6	6.9 - 10.2	
	Hispanic	NA		6.5	5.0 - 8.0	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	10.1	4.9 - 15.4	9.2	8.3 - 10.1	
	Non-Hisp. White Women	6.4	3.3 - 9.5	10.3	9.5 - 11.2	
	Non-Hisp. Black Men	NA		7.9	5.5 - 10.3	
	Non-Hisp. Black Women	NA		9.2	7.0 - 11.5	
	Hispanic Men	NA		6.2	4.1 - 8.4	
	Hispanic Women	NA		6.8	4.7 - 8.9	
AGE GROUP	18-44	0.0		3.1	2.4 - 3.8	
	45-64	9.9	4.5 - 15.3	9.5	8.4 - 10.5	
	65 & Older	19.3	12.4 - 26.2	18.1	16.8 - 19.4	
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>13.2</th><th>11.0 - 15.4</th><th></th></high>	NA		13.2	11.0 - 15.4	
	High School / GED	6.0	2.7 - 9.2	8.4	7.4 - 9.4	
	>High School	7.4	3.7 - 11.1	7.8	7.2 - 8.5	
ANNUAL INCOME	<\$25,000	19.2	9.6 - 28.8	13.5	12.2 - 14.9	
	\$25,000-\$49,999	9.2	2.6 - 15.9	7.9	6.9 - 8.8	
	\$50,000 or More	4.4	1.6 - 7.2	4.8	4.1 - 5.5	
MARITAL STATUS	Married/Couple	7.8	4.3 - 11.4	7.7	7.0 - 8.5	
	Not Married/Couple	9.3	4.5 - 14.0	10.1	9.2 - 11.0	

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

## **Hypertension Awareness**

## Percentage of adults who have ever been told they had hypertension

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	36.3	30.0 - 42.5	34.6	33.5 - 35.7
SEX	Men	40.3	30.3 - 50.2	37.2	35.6 - 38.9
	Women	32.5	24.9 - 40.0	32.1	30.7 - 33.5
RACE/ETHNICITY	Non-Hisp. White	35.8	29.2 - 42.3	38.4	37.3 - 39.5
	Non-Hisp. Black	NA		33.7	30.4 - 37.0
	Hispanic	NA		28.3	25.0 - 31.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	42.2	31.7 - 52.7	42.1	40.3 - 43.9
	Non-Hisp. White Women	30.1	22.4 - 37.7	35.0	33.6 - 36.4
	Non-Hisp. Black Men	NA		35.1	29.6 - 40.6
	Non-Hisp. Black Women	NA		32.4	28.6 - 36.3
	Hispanic Men	NA		28.9	24.1 - 33.7
	Hispanic Women	NA		27.6	23.1 - 32.1
AGE GROUP	18-44	12.5	3.7 - 21.3	13.8	12.4 - 15.2
	45-64	42.0	32.8 - 51.1	41.1	39.1 - 43.2
	65 & Older	67.4	59.8 - 74.9	62.8	61.1 - 64.6
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>42.3</th><th>38.2 - 46.3</th></high>	NA		42.3	38.2 - 46.3
	High School / GED	34.1	24.3 - 43.9	35.8	33.8 - 37.9
	>High School	37.5	28.9 - 46.0	31.9	30.7 - 33.1
ANNUAL INCOME	<\$25,000	61.2 *	47.3 - 75.1	37.5	35.3 - 39.7
	\$25,000-\$49,999	39.3	26.4 - 52.1	36.9	34.6 - 39.2
	\$50,000 or More	31.2	22.6 - 39.8	30.7	29.0 - 32.5
MARITAL STATUS	Married/Couple	33.1	26.0 - 40.1	35.8	34.4 - 37.3
	Not Married/Couple	42.2	29.7 - 54.7	33.5	31.8 - 35.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

## **Kidney Disease**

Percentage of adults who have ever been told they had kidney disease

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	3.9	1.3 - 6.5	3.5	3.0 - 3.9
SEX	Men	3.5	0.4 - 6.7	3.3	2.7 - 3.8
	Women	4.2	0.1 - 8.4	3.6	3.0 - 4.3
RACE/ETHNICITY	Non-Hisp. White	4.5	1.3 - 7.6	3.5	3.0 - 4.0
	Non-Hisp. Black	NA		2.4	1.5 - 3.2
	Hispanic	NA		4.2	2.7 - 5.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	4.0	0.1 - 7.8	3.7	2.9 - 4.5
	Non-Hisp. White Women	5.0	0.1 - 9.8	3.3	2.9 - 3.8
	Non-Hisp. Black Men	NA		2.0	0.8 - 3.1
	Non-Hisp. Black Women	NA		2.7	1.5 - 3.9
	Hispanic Men	NA		3.1	1.8 - 4.4
	Hispanic Women	NA		5.2	2.7 - 7.8
AGE GROUP	18-44	3.7	0.0 - 9.1	1.9	1.2 - 2.6
	45-64	4.3	0.3 - 8.3	3.6	2.7 - 4.4
	65 & Older	3.4	0.4 - 6.3	5.9	5.2 - 6.7
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>4.6</th><th>3.1 - 6.2</th></high>	NA		4.6	3.1 - 6.2
	High School / GED	2.2	0.1 - 4.3	4.0	2.9 - 5.0
	>High School	5.1	0.4 - 9.9	2.9	2.5 - 3.3
ANNUAL INCOME	<\$25,000	9.6	0.8 - 18.4	5.0	4.0 - 6.0
	\$25,000-\$49,999	1.1	0.0 - 3.4	3.5	2.4 - 4.6
	\$50,000 or More	4.6	0.0 - 9.5	2.1	1.6 - 2.5
MARITAL STATUS	Married/Couple	5.7	1.7 - 9.7	3.4	2.8 - 4.0
	Not Married/Couple	0.4 *	0.0 - 1.0	3.6	2.9 - 4.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### **Overweight & Obesity**

#### Percentage of adults who are overweight

			County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	33.6	27.0 - 40.3	36.4	35.2 - 37.6
SEX	Men	38.7	28.2 - 49.3	42.9	41.1 - 44.7
	Women	28.6	20.8 - 36.3	30.0	28.5 - 31.5
RACE/ETHNICITY	Non-Hisp. White	35.3	28.0 - 42.5	35.8	34.6 - 36.9
	Non-Hisp. Black	NA		36.9	33.0 - 40.8
	Hispanic	NA		38.6	34.9 - 42.2
EX BY RACE/ETHNICITY	Non-Hisp. White Men	44.2	32.9 - 55.5	43.5	41.6 - 45.3
	Non-Hisp. White Women	27.0	19.0 - 35.0	28.1	26.7 - 29.5
	Non-Hisp. Black Men	NA		39.7	33.6 - 45.8
	Non-Hisp. Black Women	NA		34.3	29.4 - 39.1
	Hispanic Men	NA		44.4	39.0 - 49.7
	Hispanic Women	NA		32.9	28.1 - 37.7
AGE GROUP	18-44	32.9	18.8 - 46.9	31.5	29.5 - 33.6
	45-64	30.9	22.3 - 39.4	39.4	37.3 - 41.5
	65 & Older	39.5	31.5 - 47.5	40.6	38.7 - 42.4
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>NA</td><td></td><td>38.4</td><td>34.1 - 42.8</td></high>	NA		38.4	34.1 - 42.8
	High School / GED	37.9	26.3 - 49.5	35.4	33.2 - 37.6
	>High School	30.8	22.8 - 38.9	36.5	35.1 - 37.9
ANNUAL INCOME	<\$25,000	35.5	20.4 - 50.6	34.8	32.4 - 37.2
	\$25,000-\$49,999	23.0 *	12.6 - 33.4	37.1	34.7 - 39.6
	\$50,000 or More	39.4	29.0 - 49.7	37.8	35.9 - 39.8
MARITAL STATUS	Married/Couple	28.6 *	21.6 - 35.6	39.5	37.9 - 41.1
	Not Married/Couple	42.6	29.2 - 56.1	32.9	31.0 - 34.7
entage of adults who	are obese				
<b>3</b>		2013	County	2013	S State
		Measure	95% CI	Measure	95% CI
ALL	Overall	29.1	22.7 - 35.5	26.4	25.3 - 27.4
SEX	Men	32.0	22.6 - 41.5	27.5	25.9 - 29.0
	Women	26.2	17.4 - 34.9	25.3	23.9 - 26.7
RACE/ETHNICITY	Non-Hisp. White	26.8	20.2 - 33.4	25.1	24.1 - 26.2
	Non-Hisp. Black	NA		34.2	30.6 - 37.8
	Hispanic	NA		26.4	23.4 - 29.4
X BY RACE/ETHNICITY	Non-Hisp. White Men	28.3	19.2 - 37.3	27.5	25.8 - 29.2
	Non-Hisp. White Women	25.4	15.7 - 35.0	22.8	21.5 - 24.1
	Non-Hisp. Black Men	NA		29.6	24.3 - 34.9
	Non-Hisp. Black Women	NA		38.6	33.7 - 43.4
	Hispanic Men	NA		27.9	23.5 - 32.4
	Hispanic Women	NA		24.9	20.8 - 29.0
	•				
AGE GROUP	18-44	21.6	9.2 - 34.0	24.2	22.4 - 26.0
AGE GROUP	18-44 45-64	21.6 38.3	9.2 - 34.0 28.9 - 47.7	30.3	22.4 - 26.0 28.5 - 32.2

NA

36.7

20.8

39.1

25.4

32.5

22.8

45.7 \*

25.5 - 47.9

14.4 - 27.1

25.3 - 52.9

31.3 - 60.1

16.0 - 34.9

24.2 - 40.8

14.3 - 31.3

29.4

28.4

24.5

29.9

27.7

24.6

27.9

24.7

25.7 - 33.0

26.4 - 30.5

23.3 - 25.7

27.7 - 32.1

25.5 - 29.8

22.9 - 26.3

26.4 - 29.3

23.1 - 26.2

MARITAL STATUS Married/Couple

EDUCATION LEVEL <High School

ANNUAL INCOME <\$25,000

High School / GED

>High School

\$25,000-\$49,999

\$50,000 or More

Not Married/Couple

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

## **Overweight & Obesity**

#### Percentage of adults who are overweight or obese

		2013	County	2013	2013 State		
		Measure	95% CI	Measure	95% CI		
ALL	Overall	62.7	55.4 - 70.0	62.8	61.6 - 64.0		
SEX	Men	70.8	60.2 - 81.4	70.4	68.7 - 72.0		
	Women	54.7	44.9 - 64.5	55.3	53.6 - 56.9		
RACE/ETHNICITY	Non-Hisp. White	62.0	54.5 - 69.6	60.9	59.7 - 62.1		
	Non-Hisp. Black	NA		71.1	67.5 - 74.7		
	Hispanic	NA		64.9	61.4 - 68.5		
X BY RACE/ETHNICITY	Non-Hisp. White Men	72.5	62.4 - 82.5	71.0	69.3 - 72.6		
	Non-Hisp. White Women	52.4	41.8 - 62.9	50.9	49.3 - 52.5		
	Non-Hisp. Black Men	NA		69.3	63.5 - 75.2		
	Non-Hisp. Black Women	NA		72.8	68.6 - 77.1		
	Hispanic Men	NA		72.3	67.5 - 77.1		
	Hispanic Women	NA		57.8	52.6 - 62.9		
AGE GROUP	18-44	54.5	38.9 - 70.1	55.7	53.5 - 57.9		
	45-64	69.2	60.9 - 77.5	69.7	68.0 - 71.5		
	65 & Older	66.9	59.0 - 74.8	65.4	63.7 - 67.		
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>NA</td><td></td><td>67.8</td><td>63.8 - 71.7</td></high>	NA		67.8	63.8 - 71.7		
	High School / GED	74.6	63.5 - 85.7	63.8	61.5 - 66.		
	>High School	51.6	42.0 - 61.2	61.0	59.6 - 62.4		
ANNUAL INCOME		74.6	62.5 - 86.7	64.7	62.4 - 66.9		
	\$25,000-\$49,999	68.7	56.8 - 80.6	64.8	62.4 - 67.2		
	\$50,000 or More	64.8	54.5 - 75.1	62.4	60.5 - 64.4		
MARITAL STATUS	Married/Couple	61.1	52.9 - 69.2	67.4	65.9 - 68.8		
	Not Married/Couple	65.4	50.8 - 80.1	57.5	55.6 - 59.5		
tage of adults who	have a healthy weight						
	, ,	2013	County	2013	State		
		Measure	95% CI	Measure	95% CI		
	Overall	36.5	29.2 - 43.8	35.0	33.8 - 36.		
SEX	Men	29.2	18.6 - 39.8	28.4	26.7 - 30.1		
	Women	43.7	33.8 - 53.5	41.4	39.8 - 43.1		
RACE/ETHNICITY	Non-Hisp. White	37.0	29.4 - 44.5	36.3	35.1 - 37.5		
	Non-Hisp. Black	NA		27.6	24.1 - 31.2		
	Hispanic	NA		33.8	30.2 - 37.3		
BY PACE/ETHNICITY					30.2 - 37.		
ST NACE/ETTIMICITY	Non-Hisp. White Men	27.5	17.5 - 37.6	27.7			
BT RACE/ETHNICIT	Non-Hisp. White Men Non-Hisp. White Women	27.5 45.7	17.5 - 37.6 35.1 - 56.3		26.0 - 29.3		
DI NACE/ETTINICITY				27.7	26.0 - 29.3 43.3 - 46.9		
BT RACE/ETHNICHT	Non-Hisp. White Women	45.7		27.7 44.9	26.0 - 29.3 43.3 - 46.5 23.7 - 35.3		
BT KACL/ETHNOTT	Non-Hisp. White Women Non-Hisp. Black Men	45.7 NA		27.7 44.9 29.5	26.0 - 29.3 43.3 - 46.9 23.7 - 35.3 21.6 - 30.0		
DI KACE/ETIMOTI	Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women	45.7 NA NA		27.7 44.9 29.5 25.8	26.0 - 29.3 43.3 - 46.5 23.7 - 35.3 21.6 - 30.6 22.3 - 31.5		
AGE GROUP	Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women	45.7 NA NA NA		27.7 44.9 29.5 25.8 27.1	26.0 - 29.0 43.3 - 46.0 23.7 - 35.0 21.6 - 30.0 22.3 - 31.0 35.1 - 45.0		
	Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women	45.7 NA NA NA	35.1 - 56.3	27.7 44.9 29.5 25.8 27.1 40.3	26.0 - 29.3 43.3 - 46.5 23.7 - 35.3 21.6 - 30.0 22.3 - 31.5 35.1 - 45.6 39.3 - 43.3		
	Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44	45.7 NA NA NA NA 44.6	35.1 - 56.3 28.9 - 60.2	27.7 44.9 29.5 25.8 27.1 40.3 41.5	26.0 - 29.0 43.3 - 46.9 23.7 - 35.0 21.6 - 30.0 22.3 - 31.9 35.1 - 45.0 39.3 - 43.0 26.8 - 30.0		
	Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older	45.7 NA NA NA NA 44.6 30.4	28.9 - 60.2 22.1 - 38.7	27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5	26.0 - 29.0 43.3 - 46.6 23.7 - 35.0 21.6 - 30.0 22.3 - 31.6 35.1 - 45.0 39.3 - 43.0 26.8 - 30.0 30.8 - 34.0		
AGE GROUP	Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older <high school<="" td=""><td>45.7 NA NA NA NA 44.6 30.4 31.8</td><td>28.9 - 60.2 22.1 - 38.7 24.0 - 39.6</td><td>27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5</td><td>26.0 - 29.3 43.3 - 46.5 23.7 - 35.3 21.6 - 30.0 22.3 - 31.5 35.1 - 45.4 39.3 - 43.3 26.8 - 30.2 30.8 - 34.3 26.1 - 33.8 32.1 - 36.3</td></high>	45.7 NA NA NA NA 44.6 30.4 31.8	28.9 - 60.2 22.1 - 38.7 24.0 - 39.6	27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5	26.0 - 29.3 43.3 - 46.5 23.7 - 35.3 21.6 - 30.0 22.3 - 31.5 35.1 - 45.4 39.3 - 43.3 26.8 - 30.2 30.8 - 34.3 26.1 - 33.8 32.1 - 36.3		
AGE GROUP	Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older <high ged<="" school="" td=""><td>45.7 NA NA NA NA 44.6 30.4 31.8 NA</td><td>28.9 - 60.2 22.1 - 38.7 24.0 - 39.6</td><td>27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5 30.0</td><td>26.0 - 29.0 43.3 - 46.5 23.7 - 35.0 21.6 - 30.0 22.3 - 31.0 35.1 - 45.4 39.3 - 43.0 26.8 - 30.2 30.8 - 34.0 26.1 - 33.6 32.1 - 36.0</td></high>	45.7 NA NA NA NA 44.6 30.4 31.8 NA	28.9 - 60.2 22.1 - 38.7 24.0 - 39.6	27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5 30.0	26.0 - 29.0 43.3 - 46.5 23.7 - 35.0 21.6 - 30.0 22.3 - 31.0 35.1 - 45.4 39.3 - 43.0 26.8 - 30.2 30.8 - 34.0 26.1 - 33.6 32.1 - 36.0		
AGE GROUP	Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older <high high="" school="" school<="" td=""><td>45.7 NA NA NA NA 44.6 30.4 31.8 NA 24.2</td><td>28.9 - 60.2 22.1 - 38.7 24.0 - 39.6 13.1 - 35.2 38.1 - 57.5</td><td>27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5 30.0 34.4</td><td>26.0 - 29.3 43.3 - 46.5 23.7 - 35.3 21.6 - 30.0 22.3 - 31.5 35.1 - 45.4 39.3 - 43.7 26.8 - 30.2 30.8 - 34.7 26.1 - 33.8 32.1 - 36.7 35.1 - 37.5</td></high>	45.7 NA NA NA NA 44.6 30.4 31.8 NA 24.2	28.9 - 60.2 22.1 - 38.7 24.0 - 39.6 13.1 - 35.2 38.1 - 57.5	27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5 30.0 34.4	26.0 - 29.3 43.3 - 46.5 23.7 - 35.3 21.6 - 30.0 22.3 - 31.5 35.1 - 45.4 39.3 - 43.7 26.8 - 30.2 30.8 - 34.7 26.1 - 33.8 32.1 - 36.7 35.1 - 37.5		
AGE GROUP	Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older <high ged="" high="" school="">High School &lt;\$25,000</high>	45.7 NA NA NA NA 44.6 30.4 31.8 NA 24.2 47.8 *	28.9 - 60.2 22.1 - 38.7 24.0 - 39.6 13.1 - 35.2 38.1 - 57.5 13.3 - 37.5	27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5 30.0 34.4 36.5	26.0 - 29.3 43.3 - 46.5 23.7 - 35.3 21.6 - 30.0 22.3 - 31.9 35.1 - 45.4 39.3 - 43.7 26.8 - 30.2 30.8 - 34.7 26.1 - 33.8 32.1 - 36.7 31.2 - 35.6		
AGE GROUP	Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older <high ged="" high="" school="">High School &lt;\$25,000 \$25,000-\$49,999</high>	45.7 NA NA NA NA 44.6 30.4 31.8 NA 24.2 47.8 * 25.4 29.3	28.9 - 60.2 22.1 - 38.7 24.0 - 39.6 13.1 - 35.2 38.1 - 57.5 13.3 - 37.5 17.7 - 40.8	27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5 30.0 34.4 36.5 33.4 33.0	26.0 - 29.0 43.3 - 46.6 23.7 - 35.0 21.6 - 30.0 22.3 - 31.6 35.1 - 45.6 39.3 - 43.7 26.8 - 30.6 30.8 - 34.7 26.1 - 33.6 35.1 - 35.6 35.1 - 35.6 30.6 - 35.6		
AGE GROUP	Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older <high ged="" high="" school="">High School &lt;\$25,000 \$25,000-\$49,999 \$50,000 or More</high>	45.7 NA NA NA NA 44.6 30.4 31.8 NA 24.2 47.8 *	28.9 - 60.2 22.1 - 38.7 24.0 - 39.6 13.1 - 35.2 38.1 - 57.5 13.3 - 37.5	27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5 30.0 34.4 36.5 33.4	26.0 - 29.3 43.3 - 46.5 23.7 - 35.3 21.6 - 30.0 22.3 - 31.9 35.1 - 45.4 39.3 - 43.3 26.8 - 30.3 30.8 - 34.3 26.1 - 33.4 32.1 - 36.3 31.2 - 35.6		

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

33.9

19.2 - 48.6

37.7 - 41.5

39.6

Not Married/Couple

#### **Vision Impairment**

## Percentage of adults who are blind or have serious difficulty seeing, even when wearing glasses

		2013 ( Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	4.2	1.8 - 6.6	5.2	4.7 - 5.8
SEX	Men	6.6	2.0 - 11.2	4.9	4.2 - 5.7
	Women	2.0 *	0.4 - 3.7	5.5	4.8 - 6.3
RACE/ETHNICITY	Non-Hisp. White	4.3	1.6 - 7.0	4.0	3.5 - 4.5
	Non-Hisp. Black	NA		7.5	5.7 - 9.3
	Hispanic	NA		7.2	5.4 - 8.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	7.4	2.0 - 12.9	3.7	2.9 - 4.5
	Non-Hisp. White Women	1.5 *	0.0 - 3.1	4.3	3.7 - 4.8
	Non-Hisp. Black Men	NA		7.5	4.9 - 10.1
	Non-Hisp. Black Women	NA		7.5	4.9 - 10.1
	Hispanic Men	NA		6.1	3.8 - 8.3
	Hispanic Women	NA		8.3	5.6 - 10.9
AGE GROUP	18-44	0.0		3.4	2.7 - 4.2
	45-64	8.6	2.9 - 14.2	7.4	6.2 - 8.5
	65 & Older	4.1	0.2 - 7.9	5.6	4.8 - 6.3
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>11.2</th><th>8.8 - 13.6</th></high>	NA		11.2	8.8 - 13.6
	High School / GED	5.6	1.1 - 10.0	5.6	4.6 - 6.7
	>High School	1.7	0.1 - 3.3	3.4	3.0 - 3.9
ANNUAL INCOME	<\$25,000	13.4	4.4 - 22.3	10.1	8.6 - 11.5
	\$25,000-\$49,999	7.4	0.0 - 15.3	3.9	3.1 - 4.7
	\$50,000 or More	0.8	0.0 - 2.1	1.9	1.4 - 2.3
MARITAL STATUS	Married/Couple	4.5	1.2 - 7.8	3.9	3.3 - 4.5
	Not Married/Couple	3.7	0.7 - 6.7	6.9	5.9 - 7.8

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

## **Alcohol Consumption**

## Percentage of adults who engage in heavy or binge drinking

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	21.3	15.1 - 27.5	17.6	16.6 - 18.6
SEX	Men	30.8	20.5 - 41.2	23.4	21.7 - 25.1
	Women	11.9	5.9 - 18.0	12.2	11.2 - 13.3
RACE/ETHNICITY	Non-Hisp. White	23.0	16.1 - 29.9	17.6	16.6 - 18.5
	Non-Hisp. Black	NA		14.0	11.1 - 17.0
	Hispanic	NA		19.6	16.4 - 22.8
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	35.3 *	23.9 - 46.8	21.4	19.8 - 23.0
	Non-Hisp. White Women	12.0	5.4 - 18.5	14.0	12.9 - 15.1
	Non-Hisp. Black Men	NA		19.8	14.5 - 25.2
	Non-Hisp. Black Women	NA		8.8	6.4 - 11.3
	Hispanic Men	NA		30.1	24.8 - 35.3
	Hispanic Women	NA		9.7	6.2 - 13.1
AGE GROUP	18-44	34.3	19.9 - 48.7	24.2	22.3 - 26.1
	45-64	16.8	9.7 - 23.9	16.9	15.3 - 18.5
	65 & Older	8.5	4.4 - 12.6	7.2	6.4 - 8.0
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>18.6</th><th>14.7 - 22.4</th></high>	NA		18.6	14.7 - 22.4
	High School / GED	17.3	7.7 - 26.9	16.3	14.6 - 18.1
	>High School	24.6	15.7 - 33.4	18.0	16.8 - 19.2
ANNUAL INCOME	<\$25,000	16.1	1.2 - 30.9	16.3	14.5 - 18.1
	\$25,000-\$49,999	12.6	1.6 - 23.5	17.9	15.7 - 20.1
	\$50,000 or More	30.6	20.5 - 40.7	20.3	18.6 - 22.0
MARITAL STATUS	Married/Couple	23.5	15.6 - 31.3	14.9	13.8 - 16.0
	Not Married/Couple	17.1	7.1 - 27.2	20.9	19.1 - 22.6

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

## Tobacco Use & Exposure

#### Percentage of adults who are current smokers

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	17.9	11.7 - 24.1	16.8	15.9 - 17.7
SEX	Men	17.2	7.1 - 27.3	19.5	18.0 - 21.0
	Women	18.6	11.3 - 25.9	14.4	13.3 - 15.4
RACE/ETHNICITY	Non-Hisp. White	16.7	10.9 - 22.4	18.6	17.6 - 19.5
	Non-Hisp. Black	NA		14.4	11.7 - 17.1
	Hispanic	NA		13.9	11.4 - 16.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	14.7	6.5 - 22.8	19.7	18.2 - 21.3
	Non-Hisp. White Women	18.5	10.5 - 26.4	17.4	16.2 - 18.6
	Non-Hisp. Black Men	NA		19.3	14.6 - 24.1
	Non-Hisp. Black Women	NA		9.9	7.3 - 12.4
	Hispanic Men	NA		18.8	14.6 - 23.0
	Hispanic Women	NA		9.3	6.4 - 12.1
AGE GROUP	18-44	20.6	6.7 - 34.5	19.2	17.5 - 20.8
	45-64	23.4	15.6 - 31.2	19.8	18.4 - 21.3
	65 & Older	5.2	1.2 - 9.2	8.7	7.4 - 9.9
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>24.8</th><th>21.4 - 28.3</th></high>	NA		24.8	21.4 - 28.3
	High School / GED	14.9	7.1 - 22.8	19.8	18.1 - 21.5
	>High School	18.8	8.8 - 28.8	13.1	12.2 - 14.1
ANNUAL INCOME	<\$25,000	27.0	12.0 - 41.9	22.3	20.4 - 24.2
	\$25,000-\$49,999	18.6	7.2 - 30.0	17.7	15.9 - 19.5
	\$50,000 or More	11.7	5.2 - 18.2	11.8	10.5 - 13.1
MARITAL STATUS	Married/Couple	15.2	9.1 - 21.2	13.6	12.5 - 14.6
	Not Married/Couple	23.1	9.9 - 36.4	20.8	19.2 - 22.3

#### Percentage of adults who are former smokers (currently quit smoking)

			County		State
		Measure	95% CI	Measure	95% CI
ALL	Overall	28.6	22.6 - 34.6	28.1	27.1 - 29.2
SEX	Men	32.6	23.3 - 41.9	31.6	30.0 - 33.2
	Women	24.8	17.0 - 32.5	24.9	23.7 - 26.2
RACE/ETHNICITY	Non-Hisp. White	27.4 *	21.6 - 33.3	35.6	34.5 - 36.7
	Non-Hisp. Black	NA		14.0	11.7 - 16.3
	Hispanic	NA		19.3	16.5 - 22.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	30.7	21.7 - 39.6	39.3	37.5 - 41.1
	Non-Hisp. White Women	24.5	16.7 - 32.3	32.2	30.7 - 33.6
	Non-Hisp. Black Men	NA		17.0	13.4 - 20.7
	Non-Hisp. Black Women	NA		11.2	8.4 - 14.0
	Hispanic Men	NA		22.5	18.2 - 26.7
	Hispanic Women	NA		16.2	12.5 - 19.8
AGE GROUP	18-44	19.2	7.6 - 30.8	15.6	14.1 - 17.1
	45-64	25.4	17.2 - 33.5	30.3	28.5 - 32.2
	65 & Older	49.9	41.5 - 58.2	47.4	45.6 - 49.2
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>25.7</th><th>22.1 - 29.2</th></high>	NA		25.7	22.1 - 29.2
	High School / GED	26.3	16.7 - 35.8	27.7	25.9 - 29.5
	>High School	30.5	22.3 - 38.7	29.1	27.9 - 30.3
ANNUAL INCOME	<\$25,000	24.5	13.4 - 35.6	23.9	22.1 - 25.7
	\$25,000-\$49,999	25.7	14.8 - 36.6	31.9	29.6 - 34.3
	\$50,000 or More	35.6	25.5 - 45.8	30.0	28.4 - 31.7
MARITAL STATUS	Married/Couple	34.6	26.7 - 42.5	32.0	30.6 - 33.3
	Not Married/Couple	17.6	10.7 - 24.6	23.7	22.3 - 25.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

#### **Tobacco Use & Exposure**

## Percentage of adults who have never smoked

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	53.5	46.3 - 60.6	55.0	53.8 - 56.2
SEX	Men	50.2	39.3 - 61.0	48.9	47.1 - 50.8
	Women	56.6	47.2 - 66.0	60.7	59.2 - 62.2
RACE/ETHNICITY	Non-Hisp. White	55.9 *	48.6 - 63.3	45.8	44.6 - 47.1
	Non-Hisp. Black	NA		71.6	68.3 - 74.9
	Hispanic	NA		66.8	63.4 - 70.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	54.7 *	43.8 - 65.5	40.9	39.1 - 42.8
	Non-Hisp. White Women	57.0	47.0 - 67.1	50.4	48.8 - 52.0
	Non-Hisp. Black Men	NA		63.6	58.0 - 69.2
	Non-Hisp. Black Women	NA		78.9	75.2 - 82.6
	Hispanic Men	NA		58.7	53.5 - 63.9
	Hispanic Women	NA		74.6	70.2 - 78.9
AGE GROUP	18-44	60.2	44.5 - 75.8	65.2	63.2 - 67.2
	45-64	51.2	41.9 - 60.5	49.8	47.8 - 51.9
	65 & Older	44.9	36.7 - 53.1	43.9	42.1 - 45.8
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>49.5</th><th>45.3 - 53.7</th></high>	NA		49.5	45.3 - 53.7
	High School / GED	58.8	47.5 - 70.1	52.5	50.2 - 54.8
	>High School	50.7	41.1 - 60.4	57.8	56.4 - 59.2
ANNUAL INCOME	<\$25,000	48.5	34.0 - 63.1	53.8	51.4 - 56.1
	\$25,000-\$49,999	55.7	41.8 - 69.6	50.4	47.9 - 52.9
	\$50,000 or More	52.7	42.0 - 63.4	58.1	56.2 - 60.0
MARITAL STATUS	Married/Couple	50.3	41.8 - 58.7	54.5	52.9 - 56.0
	Not Married/Couple	59.2	45.9 - 72.6	55.5	53.6 - 57.4

#### Percentage of adult current smokers who tried to quit smoking at least once in the past year

		2013 County		2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	73.4	57.7 - 89.2	61.1	58.3 - 63.9
SEX	Men	NA		60.3	56.0 - 64.5
	Women	70.4	49.1 - 91.8	62.1	58.5 - 65.8
RACE/ETHNICITY	Non-Hisp. White	69.4	51.9 - 86.8	57.9	55.0 - 60.8
	Non-Hisp. Black	NA		71.1	61.8 - 80.3
	Hispanic	NA		62.6	53.1 - 72.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		57.9	53.4 - 62.4
	Non-Hisp. White Women	71.7	48.5 - 94.9	57.9	54.1 - 61.7
	Non-Hisp. Black Men	NA		64.6	51.4 - 77.8
	Non-Hisp. Black Women	NA		82.8	75.3 - 90.3
	Hispanic Men	NA		61.3	48.9 - 73.7
	Hispanic Women	NA		65.2	50.4 - 80.1
AGE GROUP	18-44	NA		65.8	61.4 - 70.3
	45-64	67.4	48.7 - 86.2	58.2	54.3 - 62.2
	65 & Older	NA		52.7	44.7 - 60.8
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>58.6</th><th>50.8 - 66.4</th></high>	NA		58.6	50.8 - 66.4
	High School / GED	NA		61.9	57.5 - 66.3
	>High School	86.1 *	71.2 -100.0	61.8	57.9 - 65.6
ANNUAL INCOME	<\$25,000	NA		63.9	59.3 - 68.5
	\$25,000-\$49,999	NA		61.8	56.6 - 66.9
	\$50,000 or More	NA		57.1	51.4 - 62.8
MARITAL STATUS	Married/Couple	NA		60.9	56.9 - 64.9
	Not Married/Couple	87.0 *	71.7 -100.0	61.2	57.3 - 65.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

## **Physical Activity & Nutrition**

## Percentage of adults who are sedentary

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	21.4 *	16.2 - 26.6	27.7	26.6 - 28.9
SEX	Men	19.8	11.9 - 27.7	25.3	23.6 - 27.0
	Women	23.0	16.2 - 29.7	30.0	28.5 - 31.6
RACE/ETHNICITY	Non-Hisp. White	22.7	16.9 - 28.4	25.1	24.0 - 26.2
	Non-Hisp. Black	NA		30.2	26.6 - 33.9
	Hispanic	NA		31.6	28.1 - 35.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	22.6	13.4 - 31.8	22.9	21.3 - 24.4
	Non-Hisp. White Women	22.7	15.6 - 29.9	27.2	25.7 - 28.6
	Non-Hisp. Black Men	NA		26.0	20.8 - 31.3
	Non-Hisp. Black Women	NA		34.0	29.1 - 39.0
	Hispanic Men	NA		29.0	23.9 - 34.2
	Hispanic Women	NA		34.1	29.2 - 38.9
AGE GROUP	18-44	11.8 *	3.0 - 20.7	24.1	22.1 - 26.0
	45-64	24.5	16.6 - 32.5	29.5	27.5 - 31.4
	65 & Older	31.8	23.5 - 40.0	32.2	30.3 - 34.0
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>40.5</th><th>36.2 - 44.9</th></high>	NA		40.5	36.2 - 44.9
	High School / GED	21.6	13.3 - 30.0	31.2	29.0 - 33.4
	>High School	19.3	12.5 - 26.1	22.4	21.2 - 23.7
ANNUAL INCOME	<\$25,000	28.5	16.9 - 40.1	37.1	34.7 - 39.5
	\$25,000-\$49,999	25.2	14.0 - 36.5	28.8	26.5 - 31.2
	\$50,000 or More	17.7	9.8 - 25.7	18.1	16.5 - 19.6
MARITAL STATUS	Married/Couple	23.2	16.3 - 30.1	26.4	24.9 - 27.9
	Not Married/Couple	18.4 *	11.1 - 25.6	29.1	27.3 - 30.9

#### Percentage of adults who consumed five or more servings of fruits or vegetables per day

		2013 County		2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	15.9	11.1 - 20.7	18.3	17.3 - 19.4
SEX	Men	12.8	6.0 - 19.7	16.1	14.5 - 17.6
	Women	18.9	12.2 - 25.6	20.4	19.0 - 21.8
RACE/ETHNICITY	Non-Hisp. White	14.3	9.4 - 19.1	16.3	15.4 - 17.3
	Non-Hisp. Black	NA		22.4	18.9 - 26.0
	Hispanic	NA		19.8	16.8 - 22.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	10.2	3.7 - 16.7	14.0	12.6 - 15.5
	Non-Hisp. White Women	17.9	10.8 - 25.1	18.5	17.2 - 19.7
	Non-Hisp. Black Men	NA		18.2	13.0 - 23.4
	Non-Hisp. Black Women	NA		26.3	21.5 - 31.0
	Hispanic Men	NA		19.0	14.5 - 23.5
	Hispanic Women	NA		20.6	16.5 - 24.7
AGE GROUP	18-44	12.8	3.7 - 21.9	19.9	18.0 - 21.7
	45-64	18.8	10.9 - 26.7	17.9	16.3 - 19.5
	65 & Older	15.9	9.9 - 21.9	16.2	14.6 - 17.9
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>18.7</th><th>15.1 - 22.3</th></high>	NA		18.7	15.1 - 22.3
	High School / GED	9.7	2.3 - 17.2	14.5	12.6 - 16.3
	>High School	19.6	13.0 - 26.1	20.4	19.1 - 21.6
ANNUAL INCOME	<\$25,000	4.2 *	0.3 - 8.2	17.7	15.6 - 19.8
	\$25,000-\$49,999	28.0	15.1 - 40.9	19.0	16.8 - 21.2
	\$50,000 or More	14.5	8.0 - 21.1	19.7	18.1 - 21.3
MARITAL STATUS	Married/Couple	19.8	13.2 - 26.4	19.4	18.0 - 20.8
	Not Married/Couple	8.9 *	3.5 - 14.2	17.0	15.6 - 18.5

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

## **Physical Activity & Nutrition**

#### Percentage of adults who are inactive or insufficiently active

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	45.1	38.0 - 52.2	52.9	51.6 - 54.3
SEX	Men	41.0	29.8 - 52.2	51.1	49.0 - 53.1
	Women	49.1	40.3 - 57.9	54.5	52.8 - 56.3
RACE/ETHNICITY	Non-Hisp. White	47.6	40.0 - 55.1	48.8	47.5 - 50.1
	Non-Hisp. Black	NA		56.9	52.6 - 61.3
	Hispanic	NA		59.3	55.2 - 63.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	43.0	30.8 - 55.3	46.3	44.2 - 48.3
	Non-Hisp. White Women	52.0	43.0 - 61.0	51.0	49.3 - 52.7
	Non-Hisp. Black Men	NA		54.2	47.1 - 61.2
	Non-Hisp. Black Women	NA		59.4	54.0 - 64.7
	Hispanic Men	NA		59.3	53.3 - 65.4
	Hispanic Women	NA		59.3	53.7 - 64.9
AGE GROUP	18-44	45.3	28.1 - 62.4	54.3	51.7 - 56.8
	45-64	45.0	35.5 - 54.6	55.2	53.0 - 57.3
	65 & Older	45.0	36.2 - 53.9	47.5	45.5 - 49.4
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>NA</td><td></td><td>64.2</td><td>59.9 - 68.6</td></high>	NA		64.2	59.9 - 68.6
	High School / GED	47.9	35.6 - 60.3	55.6	53.0 - 58.1
	>High School	43.2	34.3 - 52.0	48.4	46.8 - 50.0
ANNUAL INCOME	<\$25,000	49.6	34.6 - 64.5	61.0	58.4 - 63.6
	\$25,000-\$49,999	40.1 *	26.8 - 53.4	56.2	53.5 - 58.9
	\$50,000 or More	47.2	36.0 - 58.3	43.5	41.3 - 45.7
MARITAL STATUS	Married/Couple	45.1	36.6 - 53.7	50.5	48.7 - 52.2
	Not Married/Couple	45.3	32.6 - 57.9	55.8	53.7 - 57.9
rcentage of adults who	meet aerobic recommen	dations			
		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	55.1	48.0 - 62.2	50.2	48.9 - 51.5
SEX	Men	59.1	47.9 - 70.3	52.0	50.0 - 54.0
	Women	51.2	42.5 - 60.0	48.6	46.9 - 50.4
	Non-Hisp. White				

		2013 County			State
		Measure	95% CI	Measure	95% CI
ALL	Overall	55.1	48.0 - 62.2	50.2	48.9 - 51.5
SEX	Men	59.1	47.9 - 70.3	52.0	50.0 - 54.0
	Women	51.2	42.5 - 60.0	48.6	46.9 - 50.4
RACE/ETHNICITY	Non-Hisp. White	52.7	45.1 - 60.2	53.8	52.5 - 55.1
	Non-Hisp. Black	NA		46.8	42.5 - 51.1
	Hispanic	NA		45.0	41.0 - 49.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	57.1	44.9 - 69.3	56.3	54.3 - 58.2
	Non-Hisp. White Women	48.4	39.4 - 57.3	51.7	50.0 - 53.3
	Non-Hisp. Black Men	NA		48.8	41.9 - 55.6
	Non-Hisp. Black Women	NA		45.0	39.7 - 50.4
	Hispanic Men	NA		45.3	39.4 - 51.2
	Hispanic Women	NA		44.8	39.4 - 50.2
AGE GROUP	18-44	54.7	37.6 - 71.9	50.7	48.2 - 53.1
	45-64	55.0	45.4 - 64.5	47.6	45.4 - 49.7
	65 & Older	55.7	47.0 - 64.4	53.6	51.7 - 55.5
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>38.8</th><th>34.4 - 43.2</th></high>	NA		38.8	34.4 - 43.2
	High School / GED	52.4	40.1 - 64.7	47.7	45.2 - 50.2
	>High School	56.9	48.1 - 65.7	54.7	53.1 - 56.2
ANNUAL INCOME	<\$25,000	50.8	35.9 - 65.6	42.3	39.7 - 44.9
	\$25,000-\$49,999	59.9	46.6 - 73.2	47.8	45.1 - 50.4
	\$50,000 or More	53.1	42.0 - 64.2	59.2	57.1 - 61.3
MARITAL STATUS	Married/Couple	55.0	46.4 - 63.5	52.5	50.7 - 54.2
	Not Married/Couple	55.1	42.5 - 67.6	47.6	45.5 - 49.6

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

## Physical Activity & Nutrition

## Percentage of adults who meet muscle strengthening recommendations

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	26.8	20.1 - 33.4	29.6	28.4 - 30.7
SEX	Men	39.0	27.7 - 50.2	36.0	34.1 - 37.8
	Women	14.6 *	9.5 - 19.6	23.6	22.2 - 25.0
RACE/ETHNICITY	Non-Hisp. White	27.8	20.5 - 35.2	29.3	28.1 - 30.4
	Non-Hisp. Black	NA		35.0	31.0 - 38.9
	Hispanic	NA		28.0	24.6 - 31.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	40.9	28.8 - 53.1	34.1	32.2 - 36.0
	Non-Hisp. White Women	15.4 *	10.0 - 20.9	24.8	23.4 - 26.2
	Non-Hisp. Black Men	NA		45.0	38.7 - 51.4
	Non-Hisp. Black Women	NA		25.9	21.5 - 30.3
	Hispanic Men	NA		37.0	31.7 - 42.3
	Hispanic Women	NA		19.4	15.4 - 23.5
AGE GROUP	18-44	34.9	19.6 - 50.2	37.4	35.2 - 39.5
	45-64	22.1	14.4 - 29.9	25.4	23.6 - 27.2
	65 & Older	22.2	15.3 - 29.1	21.8	20.2 - 23.3
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>20.7</th><th>16.8 - 24.6</th></high>	NA		20.7	16.8 - 24.6
	High School / GED	24.2	12.9 - 35.4	26.2	24.0 - 28.5
	>High School	31.2	22.5 - 40.0	33.8	32.3 - 35.2
ANNUAL INCOME	<\$25,000	7.8 *	2.0 - 13.7	23.6	21.5 - 25.7
	\$25,000-\$49,999	23.0	11.2 - 34.9	27.1	24.9 - 29.4
	\$50,000 or More	36.1	25.3 - 46.9	37.3	35.2 - 39.3
MARITAL STATUS	Married/Couple	27.5	19.8 - 35.3	28.1	26.6 - 29.6
	Not Married/Couple	25.7	13.2 - 38.2	31.3	29.5 - 33.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### **Cancer Screening/Breast**

## Percentage of women aged 40 to 74 years who received a mammogram in the past year

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	57.9	48.0 - 67.8	57.5	55.3 - 59.6
SEX	Women	57.9	48.0 - 67.8	57.5	55.3 - 59.6
RACE/ETHNICITY	Non-Hisp. White	55.9	45.6 - 66.1	56.2	54.2 - 58.2
	Non-Hisp. Black	NA		61.0	54.4 - 67.6
	Hispanic	NA		61.0	54.2 - 67.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Women	55.9	45.6 - 66.1	56.2	54.2 - 58.2
	Non-Hisp. Black Women	NA		61.0	54.4 - 67.6
	Hispanic Women	NA		61.0	54.2 - 67.7
AGE GROUP	18-44	NA		44.0	37.6 - 50.3
	45-64	49.1	36.9 - 61.2	57.0	54.2 - 59.8
	65 & Older	74.4	61.5 - 87.3	67.5	64.3 - 70.7
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>49.3</th><th>40.5 - 58.1</th></high>	NA		49.3	40.5 - 58.1
	High School / GED	47.9	31.7 - 64.2	58.0	54.1 - 61.8
	>High School	64.9	52.9 - 76.8	59.0	56.6 - 61.5
ANNUAL INCOME	<\$25,000	38.4	17.1 - 59.6	52.4	47.8 - 57.0
	\$25,000-\$49,999	53.8	33.0 - 74.5	50.9	46.5 - 55.2
	\$50,000 or More	75.5	63.8 - 87.2	64.8	61.7 - 67.9
MARITAL STATUS	Married/Couple	64.7	52.9 - 76.6	59.9	57.3 - 62.6
	Not Married/Couple	47.0	31.0 - 62.9	53.6	50.1 - 57.2

#### Percentage of women 18 years of age and older who had a clinical breast exam in the past year

		2013 County		2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	64.0	53.9 - 74.1	56.0	54.2 - 57.7
SEX	Women	64.0	53.9 - 74.1	56.0	54.2 - 57.7
RACE/ETHNICITY	Non-Hisp. White	59.4	48.2 - 70.5	57.8	56.2 - 59.4
	Non-Hisp. Black	NA		59.3	54.2 - 64.5
	Hispanic	NA		50.2	44.7 - 55.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Women	59.4	48.2 - 70.5	57.8	56.2 - 59.4
	Non-Hisp. Black Women	NA		59.3	54.2 - 64.5
	Hispanic Women	NA		50.2	44.7 - 55.6
AGE GROUP	18-44	NA		50.7	47.5 - 54.0
	45-64	70.3	59.7 - 80.9	60.1	57.3 - 62.9
	65 & Older	62.9	51.7 - 74.1	58.1	55.7 - 60.4
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>45.6</th><th>39.2 - 52.0</th></high>	NA		45.6	39.2 - 52.0
	High School / GED	51.9	34.3 - 69.4	51.2	47.9 - 54.5
	>High School	76.2 *	68.0 - 84.3	60.9	58.9 - 62.9
ANNUAL INCOME	<\$25,000	47.7	29.6 - 65.9	48.4	45.1 - 51.7
	\$25,000-\$49,999	51.8	32.8 - 70.7	52.6	49.1 - 56.1
	\$50,000 or More	79.2	69.7 - 88.7	67.8	65.0 - 70.5
MARITAL STATUS	Married/Couple	70.0	59.4 - 80.6	60.6	58.3 - 62.8
	Not Married/Couple	55.6	37.8 - 73.5	51.4	48.8 - 54.0

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### **Cancer Screening/Cervical**

## Percentage of women 18 years of age and older who received a Pap test in the past year

ALL Overall   51.1   38.2 - 63.9	51.4 51.4 49.3 56.3 53.5	49.3 - 53.5 49.3 - 53.5 47.3 - 51.4 50.2 - 62.4 47.5 - 59.4
RACE/ETHNICITY  Non-Hisp. White  50.3  36.8 - 63.9  Non-Hisp. Black  NA  Hispanic  NA	49.3 56.3 53.5	47.3 - 51.4 50.2 - 62.4
Non-Hisp. Black NA Hispanic NA	56.3 53.5	50.2 - 62.4
Hispanic NA	53.5	
-1		47.5 - 59.4
	40.0	
SEX BY RACE/ETHNICITY Non-Hisp. White Women 50.3 36.8 - 63.9	49.3	47.3 - 51.4
Non-Hisp. Black Women NA	56.3	50.2 - 62.4
Hispanic Women NA	53.5	47.5 - 59.4
AGE GROUP 18-44 NA	56.6	53.3 - 59.8
45-64 55.8 40.9 - 70.6	52.3	49.0 - 55.6
65 & Older 37.9 23.2 - 52.7	34.3	30.9 - 37.7
EDUCATION LEVEL <high na<="" school="" th=""><th>48.0</th><th>40.6 - 55.5</th></high>	48.0	40.6 - 55.5
High School / GED 38.5 16.2 - 60.8	46.3	42.1 - 50.4
>High School 60.6 47.1 - 74.0	54.6	52.2 - 57.0
ANNUAL INCOME <\$25,000 NA	48.3	44.5 - 52.1
\$25,000-\$49,999 35.1 15.1 - 55.1	43.7	39.4 - 47.9
\$50,000 or More 66.2 49.4 - 83.0	61.2	57.8 - 64.5
MARITAL STATUS Married/Couple 60.9 46.2 - 75.6	55.3	52.5 - 58.0
Not Married/Couple 36.7 17.2 - 56.2	47.4	44.3 - 50.5

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### **Cancer Screening/Colorectal**

Percentage of adults 50 years of age and older who received a stool blood test in the past year

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	7.9 *	3.5 - 12.3	13.9	12.8 - 15.0
SEX	Men	12.0	3.5 - 20.6	13.0	11.5 - 14.5
	Women	4.3 *	1.2 - 7.4	14.7	13.2 - 16.1
RACE/ETHNICITY	Non-Hisp. White	7.6 *	3.3 - 11.9	13.6	12.7 - 14.6
	Non-Hisp. Black	NA		14.4	10.3 - 18.5
	Hispanic	NA		13.9	9.7 - 18.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	10.4	2.3 - 18.6	13.4	12.0 - 14.8
	Non-Hisp. White Women	5.2 *	1.5 - 8.9	13.9	12.7 - 15.1
	Non-Hisp. Black Men	NA		13.9	6.8 - 21.0
	Non-Hisp. Black Women	NA		14.9	10.6 - 19.2
	Hispanic Men	NA		10.9	5.2 - 16.5
	Hispanic Women	NA		16.2	10.2 - 22.2
AGE GROUP	45-64	9.7	2.5 - 16.9	9.3	7.9 - 10.6
	65 & Older	5.6 *	1.7 - 9.5	19.2	17.6 - 20.9
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>14.0</th><th>9.6 - 18.4</th></high>	NA		14.0	9.6 - 18.4
	High School / GED	3.3 *	0.2 - 6.3	14.4	12.6 - 16.2
	>High School	9.2	2.5 - 15.9	13.7	12.5 - 14.9
ANNUAL INCOME	<\$25,000	7.1	0.1 - 14.1	15.9	13.3 - 18.4
	\$25,000-\$49,999	10.8	0.7 - 20.8	13.4	11.6 - 15.3
	\$50,000 or More	5.3 *	0.9 - 9.6	12.9	11.3 - 14.6
MARITAL STATUS	Married/Couple	8.7	2.5 - 14.9	14.3	12.9 - 15.8
	Not Married/Couple	6.3 *	1.8 - 10.8	13.2	11.7 - 14.8

Percentage of adults 50 years of age and older who received a sigmoidoscopy or colonoscopy in the past five years

	-	2013 County			State
		Measure	95% CI	Measure	95% CI
ALL	Overall	59.1	52.0 - 66.2	55.3	53.7 - 56.9
SEX	Men	60.3	49.3 - 71.3	57.1	54.7 - 59.6
	Women	58.0	48.7 - 67.4	53.7	51.6 - 55.8
RACE/ETHNICITY	Non-Hisp. White	56.0	48.5 - 63.6	56.6	55.2 - 58.1
	Non-Hisp. Black	NA		57.1	51.4 - 62.8
	Hispanic	NA		50.7	44.4 - 57.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	57.4	45.4 - 69.4	58.6	56.3 - 61.0
	Non-Hisp. White Women	54.9	45.2 - 64.6	54.9	53.1 - 56.8
	Non-Hisp. Black Men	NA		61.0	52.1 - 69.9
	Non-Hisp. Black Women	NA		53.5	46.5 - 60.5
	Hispanic Men	NA		48.5	38.5 - 58.6
	Hispanic Women	NA		52.3	44.2 - 60.5
AGE GROUP	45-64	52.2	41.4 - 63.0	46.8	44.4 - 49.3
	65 & Older	67.9	59.9 - 75.9	65.1	63.3 - 66.9
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>47.5</th><th>41.4 - 53.7</th></high>	NA		47.5	41.4 - 53.7
	High School / GED	47.7	35.5 - 59.8	53.7	51.0 - 56.5
	>High School	70.7 *	63.0 - 78.5	58.4	56.6 - 60.2
ANNUAL INCOME	<\$25,000	54.0	38.2 - 69.9	49.0	45.7 - 52.4
	\$25,000-\$49,999	55.6	40.8 - 70.4	53.2	49.9 - 56.5
	\$50,000 or More	70.1	60.5 - 79.7	61.2	58.7 - 63.6
MARITAL STATUS	Married/Couple	62.5	53.7 - 71.3	58.6	56.7 - 60.6
	Not Married/Couple	51.8	39.8 - 63.8	50.0	47.4 - 52.7

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

## **HIV/AIDS Screening**

Percentage of adults who have ever been tested for HIV

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	37.1	29.5 - 44.7	42.6	41.4 - 43.9
SEX	Men	41.3	29.4 - 53.1	41.2	39.3 - 43.1
	Women	33.0	23.7 - 42.3	43.9	42.2 - 45.6
RACE/ETHNICITY	Non-Hisp. White	37.2	29.3 - 45.1	34.4	33.2 - 35.6
	Non-Hisp. Black	NA		65.8	62.1 - 69.5
	Hispanic	NA		48.7	44.9 - 52.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	40.3	28.2 - 52.4	35.3	33.4 - 37.2
	Non-Hisp. White Women	34.3	24.1 - 44.6	33.5	32.0 - 35.1
	Non-Hisp. Black Men	NA		62.0	55.9 - 68.0
	Non-Hisp. Black Women	NA		69.3	64.7 - 73.8
	Hispanic Men	NA		44.9	39.5 - 50.4
	Hispanic Women	NA		52.3	47.0 - 57.6
AGE GROUP	18-44	54.7	37.6 - 71.8	56.9	54.7 - 59.2
	45-64	33.0	24.0 - 42.0	42.7	40.6 - 44.8
	65 & Older	15.3	8.8 - 21.7	15.9	14.3 - 17.6
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>39.4</th><th>35.0 - 43.7</th></high>	NA		39.4	35.0 - 43.7
	High School / GED	34.8	22.7 - 46.8	39.8	37.4 - 42.3
	>High School	39.8	29.3 - 50.2	45.0	43.5 - 46.5
ANNUAL INCOME	<\$25,000	27.7 *	14.3 - 41.0	48.8	46.3 - 51.3
	\$25,000-\$49,999	33.4	19.1 - 47.6	40.8	38.2 - 43.4
	\$50,000 or More	37.1	26.3 - 47.9	41.7	39.6 - 43.8
MARITAL STATUS	Married/Couple	34.6	26.1 - 43.1	39.9	38.2 - 41.6
	Not Married/Couple	41.3	26.8 - 55.9	46.1	44.1 - 48.1

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### **Immunization**

## Percentage of adults who received a flu shot in the past year

			County		State
		Measure	95% CI	Measure	95% CI
ALL	Overall	38.2	31.4 - 45.0	30.7	29.6 - 31.8
SEX	Men	31.6	22.2 - 41.0	29.5	27.9 - 31.2
	Women	44.8 *	35.4 - 54.3	31.8	30.3 - 33.3
RACE/ETHNICITY	Non-Hisp. White	37.1	30.0 - 44.1	36.6	35.5 - 37.8
	Non-Hisp. Black	NA		17.9	15.2 - 20.6
	Hispanic	NA		26.1	22.6 - 29.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	31.3	21.4 - 41.2	35.3	33.6 - 37.0
	Non-Hisp. White Women	42.5	32.7 - 52.4	37.8	36.3 - 39.3
	Non-Hisp. Black Men	NA		16.6	12.7 - 20.5
	Non-Hisp. Black Women	NA		19.1	15.4 - 22.7
	Hispanic Men	NA		25.5	20.6 - 30.4
	Hispanic Women	NA		26.6	21.8 - 31.4
AGE GROUP	18-44	22.5	10.1 - 34.9	18.6	17.0 - 20.3
	45-64	39.4	30.0 - 48.8	29.5	27.6 - 31.4
	65 & Older	61.6	53.1 - 70.0	54.6	52.7 - 56.5
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>26.5</th><th>22.5 - 30.5</th></high>	NA		26.5	22.5 - 30.5
	High School / GED	26.7	17.5 - 35.8	28.8	26.7 - 30.8
	>High School	46.3 *	36.6 - 56.0	32.8	31.6 - 34.1
ANNUAL INCOME	<\$25,000	41.3	26.6 - 55.9	25.4	23.3 - 27.5
	\$25,000-\$49,999	32.1	20.3 - 43.8	31.3	29.0 - 33.5
	\$50,000 or More	42.8	32.3 - 53.4	34.0	32.2 - 35.8
MARITAL STATUS	Married/Couple	42.8	34.5 - 51.2	34.2	32.7 - 35.7
	Not Married/Couple	30.4	19.9 - 41.0	26.7	25.1 - 28.4

#### Percentage of adults 65 years of age and older who received a flu shot in the past year

			County		State
		Measure	95% CI	Measure	95% CI
ALL	Overall	61.6	53.1 - 70.0	54.6	52.7 - 56.5
SEX	Men	57.9	44.3 - 71.5	54.4	51.2 - 57.5
	Women	64.8	54.4 - 75.2	54.7	52.4 - 57.1
RACE/ETHNICITY	Non-Hisp. White	63.6	55.1 - 72.1	58.5	56.9 - 60.2
	Non-Hisp. Black	NA		34.3	26.6 - 41.9
	Hispanic	NA		46.6	37.1 - 56.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	61.5	48.0 - 74.9	57.7	55.0 - 60.4
	Non-Hisp. White Women	65.3	54.5 - 76.1	59.2	57.1 - 61.4
	Non-Hisp. Black Men	NA		27.5	16.3 - 38.7
	Non-Hisp. Black Women	NA		39.4	29.8 - 49.0
	Hispanic Men	NA		53.4	37.0 - 69.8
	Hispanic Women	NA		41.0	30.9 - 51.2
AGE GROUP	65 & Older	61.6	53.1 - 70.0	54.6	52.7 - 56.5
<b>EDUCATION LEVEL</b>	<high school<="" th=""><th>NA</th><th></th><th>49.0</th><th>41.6 - 56.4</th></high>	NA		49.0	41.6 - 56.4
	High School / GED	65.6	50.8 - 80.4	53.3	50.3 - 56.3
	>High School	54.6	43.7 - 65.6	57.0	54.9 - 59.2
ANNUAL INCOME	<\$25,000	72.4 *	56.9 - 88.0	48.2	43.7 - 52.7
	\$25,000-\$49,999	57.5	40.5 - 74.4	56.4	53.2 - 59.7
	\$50,000 or More	53.1	39.1 - 67.2	59.1	56.1 - 62.1
MARITAL STATUS	Married/Couple	60.5	49.1 - 72.0	55.6	53.0 - 58.2
	Not Married/Couple	64.1	52.7 - 75.6	53.2	50.4 - 56.0

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

#### **Immunization**

## Percentage of adults who have ever received a pneumococcal vaccination

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	32.0	25.7 - 38.3	33.1	32.0 - 34.3
SEX	Men	29.7	20.0 - 39.4	32.9	31.1 - 34.7
	Women	34.1	25.9 - 42.3	33.3	31.8 - 34.8
RACE/ETHNICITY	Non-Hisp. White	32.4	25.7 - 39.1	38.2	37.0 - 39.4
	Non-Hisp. Black	NA		28.9	25.0 - 32.8
	Hispanic	NA		24.6	21.3 - 28.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	33.1	22.3 - 43.9	38.0	36.1 - 39.9
	Non-Hisp. White Women	31.9	23.6 - 40.1	38.3	36.8 - 39.9
	Non-Hisp. Black Men	NA		29.7	23.0 - 36.4
	Non-Hisp. Black Women	NA		28.2	23.7 - 32.7
	Hispanic Men	NA		24.6	19.8 - 29.5
	Hispanic Women	NA		24.6	20.0 - 29.2
AGE GROUP	18-44	8.8	0.0 - 18.2	19.7	17.7 - 21.7
	45-64	27.3	18.7 - 36.0	24.4	22.6 - 26.2
	65 & Older	71.2	63.0 - 79.4	66.2	64.2 - 68.1
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>29.6</th><th>25.7 - 33.4</th></high>	NA		29.6	25.7 - 33.4
	High School / GED	27.3	17.3 - 37.2	34.0	31.8 - 36.3
	>High School	31.9	23.8 - 39.9	33.6	32.2 - 35.0
ANNUAL INCOME	<\$25,000	40.0	25.5 - 54.5	32.7	30.4 - 34.9
	\$25,000-\$49,999	39.6	26.6 - 52.6	34.5	32.1 - 36.8
	\$50,000 or More	28.8	20.4 - 37.1	30.0	28.1 - 31.9
MARITAL STATUS	Married/Couple	30.1	23.1 - 37.1	33.4	31.8 - 34.9
	Not Married/Couple	35.5	22.9 - 48.1	32.8	31.0 - 34.5

#### Percentage of adults 65 years of age and older who have ever received a pneumococcal vaccination

		2013 County		2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	71.2	63.0 - 79.4	66.2	64.2 - 68.1
SEX	Men	64.1	50.6 - 77.7	62.7	59.4 - 66.1
	Women	77.5	68.2 - 86.8	69.0	66.6 - 71.3
RACE/ETHNICITY	Non-Hisp. White	71.0	62.7 - 79.4	71.0	69.4 - 72.6
	Non-Hisp. Black	NA		49.1	40.3 - 57.9
	Hispanic	NA		47.4	37.6 - 57.3
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	64.7	51.1 - 78.3	67.5	64.9 - 70.1
	Non-Hisp. White Women	76.3	66.4 - 86.3	73.9	72.0 - 75.8
	Non-Hisp. Black Men	NA		42.6	27.9 - 57.4
	Non-Hisp. Black Women	NA		53.8	43.8 - 63.8
	Hispanic Men	NA		45.1	27.9 - 62.2
	Hispanic Women	NA		49.4	38.3 - 60.5
AGE GROUP	65 & Older	71.2	63.0 - 79.4	66.2	64.2 - 68.1
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>55.3</th><th>47.5 - 63.1</th></high>	NA		55.3	47.5 - 63.1
	High School / GED	66.6	51.6 - 81.5	68.6	65.8 - 71.5
	>High School	72.6	62.1 - 83.0	68.2	66.0 - 70.4
ANNUAL INCOME	<\$25,000	79.5	65.0 - 94.1	60.6	55.8 - 65.3
	\$25,000-\$49,999	71.1	54.5 - 87.8	67.3	64.1 - 70.5
	\$50,000 or More	68.1	54.7 - 81.5	69.4	66.4 - 72.3
MARITAL STATUS	Married/Couple	66.7	55.4 - 78.0	67.0	64.4 - 69.6
	Not Married/Couple	79.3 *	69.6 - 89.0	64.9	61.8 - 68.0

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### **Immunization**

Percentage of adults who have received a tetanus shot since 2005

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	58.7	51.2 - 66.2	51.2	49.9 - 52.5
SEX	Men	58.6	47.4 - 69.9	54.9	52.9 - 56.9
	Women	58.8	49.0 - 68.6	47.7	45.9 - 49.4
RACE/ETHNICITY	Non-Hisp. White	57.0	49.0 - 64.9	52.0	50.7 - 53.3
	Non-Hisp. Black	NA		47.5	43.3 - 51.6
	Hispanic	NA		42.8	38.9 - 46.8
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	52.1	40.2 - 64.0	57.0	55.1 - 59.0
	Non-Hisp. White Women	61.6 *	51.5 - 71.6	47.3	45.6 - 49.0
	Non-Hisp. Black Men	NA		54.8	48.5 - 61.2
	Non-Hisp. Black Women	NA		41.0	35.8 - 46.2
	Hispanic Men	NA		42.1	36.5 - 47.8
	Hispanic Women	NA		43.6	38.0 - 49.1
AGE GROUP	18-44	63.2	47.2 - 79.2	57.0	54.7 - 59.3
	45-64	57.3	47.7 - 66.9	49.1	47.0 - 51.3
	65 & Older	53.4	44.2 - 62.6	43.5	41.5 - 45.5
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>45.9</th><th>41.3 - 50.6</th></high>	NA		45.9	41.3 - 50.6
	High School / GED	60.3	48.3 - 72.2	49.7	47.2 - 52.2
	>High School	56.8	46.6 - 67.0	53.5	52.0 - 55.1
ANNUAL INCOME	<\$25,000	56.4	40.1 - 72.7	48.3	45.7 - 50.8
	\$25,000-\$49,999	48.6	34.5 - 62.6	49.6	47.0 - 52.2
	\$50,000 or More	54.4	43.3 - 65.5	55.4	53.3 - 57.5
MARITAL STATUS	Married/Couple	54.4	45.5 - 63.2	51.1	49.4 - 52.8
	Not Married/Couple	66.2 *	53.4 - 79.1	51.1	49.0 - 53.1

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

## **Injury Prevention**

Percentage of adults who always or nearly always use a seatbelt when riding in a car

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	98.0 *	96.2 - 99.7	94.2	93.5 - 94.9
SEX	Men	97.6 *	95.0 -100.0	91.9	90.7 - 93.1
	Women	98.3	96.1 -100.0	96.3	95.6 - 97.0
RACE/ETHNICITY	Non-Hisp. White	97.5	95.4 - 99.6	94.7	94.0 - 95.4
	Non-Hisp. Black	NA		91.8	89.2 - 94.4
	Hispanic	NA		94.1	92.2 - 95.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	97.0 *	93.7 -100.0	92.2	90.9 - 93.4
	Non-Hisp. White Women	97.9	95.3 -100.0	97.1	96.5 - 97.7
	Non-Hisp. Black Men	NA		89.2	84.9 - 93.5
	Non-Hisp. Black Women	NA		94.1	91.1 - 97.1
	Hispanic Men	NA		92.3	89.2 - 95.4
	Hispanic Women	NA		95.7	93.8 - 97.7
AGE GROUP	18-44	97.2 *	93.8 -100.0	91.8	90.5 - 93.1
	45-64	98.0	95.0 -100.0	95.6	94.6 - 96.6
	65 & Older	99.1 *	98.1 -100.0	96.4	95.7 - 97.2
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>89.5</th><th>86.7 - 92.2</th></high>	NA		89.5	86.7 - 92.2
	High School / GED	98.9 *	96.6 -100.0	94.1	92.9 - 95.2
	>High School	96.9	94.1 - 99.7	95.4	94.7 - 96.2
ANNUAL INCOME	<\$25,000	96.5	89.8 -100.0	91.7	90.1 - 93.3
	\$25,000-\$49,999	96.2	91.2 -100.0	94.6	93.4 - 95.8
	\$50,000 or More	99.3 *	98.4 -100.0	96.2	95.3 - 97.1
MARITAL STATUS	Married/Couple	97.4	94.9 - 99.9	95.8	95.1 - 96.5
	Not Married/Couple	98.9 *	97.1 -100.0	92.3	91.1 - 93.6

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

### **Health-Related Quality of Life**

### Percentage of adults who said their overall health was "good" to "excellent"

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	80.1	74.1 - 86.0	80.5	79.5 - 81.4
SEX	Men	75.7	65.4 - 86.1	81.6	80.2 - 83.0
	Women	84.2	78.5 - 89.9	79.4	78.1 - 80.8
RACE/ETHNICITY	Non-Hisp. White	82.8	77.6 - 88.0	82.3	81.4 - 83.2
	Non-Hisp. Black	NA		80.3	77.3 - 83.2
	Hispanic	NA		76.0	73.1 - 78.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	76.7	67.5 - 86.0	82.4	80.9 - 83.8
	Non-Hisp. White Women	88.3	83.3 - 93.2	82.2	81.0 - 83.4
	Non-Hisp. Black Men	NA		81.8	77.3 - 86.3
	Non-Hisp. Black Women	NA		78.8	75.1 - 82.6
	Hispanic Men	NA		80.5	76.7 - 84.2
	Hispanic Women	NA		71.7	67.4 - 76.1
AGE GROUP	18-44	88.2	75.9 -100.0	86.9	85.5 - 88.4
	45-64	71.6	62.9 - 80.2	76.3	74.5 - 78.2
	65 & Older	80.0	73.2 - 86.9	74.6	72.9 - 76.2
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>63.3</th><th>59.5 - 67.2</th></high>	NA		63.3	59.5 - 67.2
	High School / GED	80.1	72.4 - 87.8	79.3	77.5 - 81.1
	>High School	83.6	73.9 - 93.3	85.8	84.8 - 86.8
ANNUAL INCOME	<\$25,000	53.5	38.6 - 68.3	66.3	64.0 - 68.5
	\$25,000-\$49,999	72.8	60.8 - 84.8	82.2	80.3 - 84.2
	\$50,000 or More	94.9	91.2 - 98.5	91.9	90.9 - 92.9
MARITAL STATUS	Married/Couple	84.6	79.2 - 90.0	82.5	81.2 - 83.7
	Not Married/Couple	71.6	58.4 - 84.7	78.0	76.4 - 79.5

### Percentage of adults who had poor physical health on 14 or more of the past 30 days

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	12.2	8.1 - 16.3	14.1	13.3 - 15.0
SEX	Men	16.0	8.7 - 23.3	13.0	11.8 - 14.3
	Women	8.5 *	4.8 - 12.2	15.2	14.0 - 16.4
RACE/ETHNICITY	Non-Hisp. White	12.3	7.8 - 16.8	13.9	13.0 - 14.7
	Non-Hisp. Black	NA		12.4	9.8 - 15.0
	Hispanic	NA		15.9	13.3 - 18.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	17.8	9.3 - 26.3	12.6	11.4 - 13.8
	Non-Hisp. White Women	7.4 *	4.1 - 10.8	15.0	13.9 - 16.2
	Non-Hisp. Black Men	NA		13.5	8.9 - 18.1
	Non-Hisp. Black Women	NA		11.4	8.6 - 14.2
	Hispanic Men	NA		12.9	9.7 - 16.1
	Hispanic Women	NA		18.9	14.9 - 22.9
AGE GROUP	18-44	4.7	0.0 - 11.1	9.7	8.5 - 11.0
	45-64	19.3	11.8 - 26.8	18.3	16.6 - 20.0
	65 & Older	13.4	8.0 - 18.9	16.6	15.2 - 18.0
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>24.7</th><th>21.0 - 28.3</th></high>	NA		24.7	21.0 - 28.3
	High School / GED	11.5	5.8 - 17.2	14.6	13.1 - 16.1
	>High School	10.6	4.7 - 16.5	11.2	10.3 - 12.0
ANNUAL INCOME	<\$25,000	38.5	23.7 - 53.3	24.2	22.2 - 26.2
	\$25,000-\$49,999	10.5	1.8 - 19.3	13.2	11.5 - 15.0
	\$50,000 or More	5.3	2.0 - 8.6	6.8	5.9 - 7.7
MARITAL STATUS	Married/Couple	9.8	5.5 - 14.1	12.9	11.9 - 14.0
	Not Married/Couple	16.8	8.1 - 25.5	15.5	14.2 - 16.8

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

### **Health-Related Quality of Life**

### Percentage of adults who had poor mental health on 14 or more of the past 30 days

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	9.1	5.2 - 13.1	12.7	11.9 - 13.6
SEX	Men	8.9	2.4 - 15.4	10.9	9.7 - 12.2
	Women	9.4	4.7 - 14.0	14.4	13.2 - 15.6
RACE/ETHNICITY	Non-Hisp. White	9.6	5.1 - 14.1	11.9	11.1 - 12.8
	Non-Hisp. Black	NA		14.7	11.7 - 17.6
	Hispanic	NA		13.1	10.6 - 15.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	10.0	2.2 - 17.8	9.7	8.6 - 10.9
	Non-Hisp. White Women	9.2	4.4 - 14.1	14.0	12.8 - 15.2
	Non-Hisp. Black Men	NA		14.8	9.8 - 19.7
	Non-Hisp. Black Women	NA		14.6	11.0 - 18.1
	Hispanic Men	NA		10.7	7.2 - 14.3
	Hispanic Women	NA		15.5	11.7 - 19.2
AGE GROUP	18-44	10.2	1.8 - 18.5	12.6	11.2 - 14.0
	45-64	12.2	6.4 - 18.0	16.0	14.2 - 17.7
	65 & Older	2.9 *	0.4 - 5.5	8.4	7.2 - 9.5
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>19.7</th><th>16.1 - 23.3</th></high>	NA		19.7	16.1 - 23.3
	High School / GED	10.2	4.1 - 16.3	13.5	12.0 - 15.1
	>High School	8.9	3.0 - 14.8	10.4	9.5 - 11.3
ANNUAL INCOME	<\$25,000	31.2	15.8 - 46.6	20.1	18.2 - 22.0
	\$25,000-\$49,999	9.8	1.7 - 17.8	13.0	11.0 - 14.9
	\$50,000 or More	2.1 *	0.0 - 4.4	6.7	5.7 - 7.6
MARITAL STATUS	Married/Couple	6.4	2.5 - 10.3	10.5	9.4 - 11.5
	Not Married/Couple	14.1	5.5 - 22.7	15.4	13.9 - 16.8

### Average number of unhealthy physical days in the past 30 days

		2013 C Measure	ounty 95% CI	2013 Measure	State 95% CI
ALL	Overall	3.6	2.7 - 4.6	4.5	4.3 - 4.7
SEX	Men	4.3	2.7 - 6.0	4.2	3.8 - 4.5
	Women	3.0 *	2.0 - 3.9	4.8	4.5 - 5.1
RACE/ETHNICITY	Non-Hisp. White	3.7	2.6 - 4.8	4.5	4.2 - 4.7
	Non-Hisp. Black	NA		4.2	3.5 - 4.9
	Hispanic	NA		4.8	4.2 - 5.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	4.8	2.8 - 6.8	4.1	3.8 - 4.4
	Non-Hisp. White Women	2.7 *	1.8 - 3.6	4.8	4.5 - 5.1
	Non-Hisp. Black Men	NA		4.4	3.2 - 5.6
	Non-Hisp. Black Women	NA		4.1	3.4 - 4.8
	Hispanic Men	NA		3.9	3.1 - 4.7
	Hispanic Women	NA		5.7	4.7 - 6.8
AGE GROUP	18-44	1.6 *	0.2 - 3.0	3.4	3.0 - 3.7
	45-64	5.3	3.5 - 7.1	5.6	5.2 - 6.0
	65 & Older	4.3	3.0 - 5.6	5.1	4.8 - 5.4
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>7.4</th><th>6.4 - 8.3</th></high>	NA		7.4	6.4 - 8.3
	High School / GED	3.7	2.2 - 5.3	4.7	4.3 - 5.1
	>High School	3.1	1.9 - 4.3	3.7	3.5 - 3.9
ANNUAL INCOME	<\$25,000	9.7	6.6 - 12.8	7.2	6.7 - 7.7
	\$25,000-\$49,999	3.6	1.2 - 5.9	4.2	3.8 - 4.7
	\$50,000 or More	1.8	1.0 - 2.6	2.5	2.3 - 2.7
MARITAL STATUS	Married/Couple	2.9	1.9 - 4.0	4.2	3.9 - 4.4
	Not Married/Couple	5.0	3.1 - 6.9	4.9	4.6 - 5.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

## **Health-Related Quality of Life**

Average number of unhealthy mental days in the past 30 days

		2013 ( Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	3.4	2.4 - 4.5	4.1	3.8 - 4.3
SEX	Men	3.1	1.4 - 4.9	3.5	3.2 - 3.9
	Women	3.7	2.5 - 5.0	4.6	4.3 - 4.9
RACE/ETHNICITY	Non-Hisp. White	3.5	2.3 - 4.6	3.8	3.6 - 4.0
	Non-Hisp. Black	NA		4.5	3.8 - 5.2
	Hispanic	NA		4.4	3.7 - 5.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	3.0	1.0 - 5.1	3.2	2.9 - 3.5
	Non-Hisp. White Women	3.8	2.5 - 5.1	4.3	4.0 - 4.6
	Non-Hisp. Black Men	NA		4.5	3.2 - 5.8
	Non-Hisp. Black Women	NA		4.5	3.8 - 5.3
	Hispanic Men	NA		3.5	2.5 - 4.5
	Hispanic Women	NA		5.2	4.2 - 6.2
AGE GROUP	18-44	4.0	1.8 - 6.3	4.2	3.9 - 4.6
	45-64	4.1	2.5 - 5.7	4.9	4.4 - 5.4
	65 & Older	1.5	0.7 - 2.3	2.6	2.3 - 2.9
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>6.1</th><th>5.1 - 7.1</th></high>	NA		6.1	5.1 - 7.1
	High School / GED	3.8	2.2 - 5.4	4.2	3.8 - 4.6
	>High School	3.4	1.8 - 4.9	3.5	3.2 - 3.7
ANNUAL INCOME	<\$25,000	9.0	5.0 - 13.0	6.0	5.5 - 6.5
	\$25,000-\$49,999	3.7	1.3 - 6.1	4.3	3.7 - 4.8
	\$50,000 or More	1.3 *	0.7 - 2.0	2.4	2.1 - 2.6
MARITAL STATUS	Married/Couple	2.6	1.4 - 3.7	3.3	3.0 - 3.6
	Not Married/Couple	5.1	3.0 - 7.2	5.0	4.6 - 5.4

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

2013 Florida BRFSS Data Nassau

### **Health-Related Quality of Life**

Average number of days where poor mental or physical health interferred with activities of daily living in the past 30 days (Among adults who have had at least one day of poor mental or physical health)

		2013 ( Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	4.5	3.2 - 5.7	5.1	4.8 - 5.4
SEX	Men	5.8	3.7 - 8.0	5.2	4.7 - 5.7
	Women	3.4 *	2.1 - 4.7	5.1	4.7 - 5.5
RACE/ETHNICITY	Non-Hisp. White	4.2	2.9 - 5.5	5.5	5.1 - 5.8
	Non-Hisp. Black	NA		3.8	3.2 - 4.4
	Hispanic	NA		5.1	4.2 - 6.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	5.9	3.4 - 8.5	5.5	4.9 - 6.0
	Non-Hisp. White Women	3.0 *	1.9 - 4.1	5.4	5.0 - 5.8
	Non-Hisp. Black Men	NA		3.6	2.8 - 4.4
	Non-Hisp. Black Women	NA		3.9	3.1 - 4.8
	Hispanic Men	NA		5.1	3.8 - 6.4
	Hispanic Women	NA		5.2	3.9 - 6.4
AGE GROUP	18-44	2.8	0.5 - 5.1	3.7	3.3 - 4.1
	45-64	4.9	3.1 - 6.8	6.8	6.1 - 7.4
	65 & Older	6.5	4.0 - 8.9	5.7	5.2 - 6.2
<b>EDUCATION LEVEL</b>	<high school<="" th=""><th>NA</th><th></th><th>7.4</th><th>6.1 - 8.6</th></high>	NA		7.4	6.1 - 8.6
	High School / GED	2.8 *	1.4 - 4.3	5.3	4.8 - 5.8
	>High School	5.9	4.0 - 7.8	4.3	4.0 - 4.6
ANNUAL INCOME	<\$25,000	10.1	7.5 - 12.7	7.7	7.1 - 8.4
	\$25,000-\$49,999	3.2	1.1 - 5.2	3.8	3.4 - 4.2
	\$50,000 or More	1.9	0.6 - 3.3	3.0	2.6 - 3.3
MARITAL STATUS	Married/Couple	3.4	2.0 - 4.7	4.8	4.4 - 5.2
	Not Married/Couple	6.0	3.7 - 8.3	5.5	5.0 - 5.9

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

2013 Florida BRFSS Data Nassau

## **Health Care Access & Coverage**

## Percentage of adults with any type of health care insurance coverage

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	84.8	77.9 - 91.6	77.1	76.0 - 78.2
SEX	Men	82.8	72.5 - 93.2	74.5	72.8 - 76.2
	Women	86.6	77.6 - 95.5	79.6	78.2 - 81.1
RACE/ETHNICITY	Non-Hisp. White	85.1	78.3 - 91.9	85.5	84.6 - 86.3
	Non-Hisp. Black	NA		69.2	65.4 - 73.0
	Hispanic	NA		64.0	60.6 - 67.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	85.2	76.5 - 93.9	83.2	81.8 - 84.6
	Non-Hisp. White Women	85.0	74.8 - 95.3	87.6	86.5 - 88.6
	Non-Hisp. Black Men	NA		67.8	61.9 - 73.7
	Non-Hisp. Black Women	NA		70.4	65.5 - 75.4
	Hispanic Men	NA		59.7	54.6 - 64.7
	Hispanic Women	NA		68.1	63.6 - 72.6
AGE GROUP	18-44	73.7	58.0 - 89.4	66.5	64.4 - 68.5
	45-64	86.7 *	80.4 - 92.9	76.4	74.6 - 78.3
	65 & Older	99.2	98.0 -100.0	97.5	96.7 - 98.2
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>NA</td><td></td><td>60.1</td><td>56.0 - 64.2</td></high>	NA		60.1	56.0 - 64.2
	High School / GED	81.4	70.1 - 92.8	72.1	69.9 - 74.2
	>High School	87.0	77.3 - 96.6	84.7	83.5 - 85.8
ANNUAL INCOME	<\$25,000	67.1	51.7 - 82.5	61.2	58.9 - 63.6
	\$25,000-\$49,999	91.0 *	83.0 - 99.0	76.0	73.5 - 78.4
	\$50,000 or More	96.7	93.6 - 99.8	92.6	91.5 - 93.8
MARITAL STATUS	Married/Couple	93.8 *	90.2 - 97.4	82.1	80.8 - 83.5
	Not Married/Couple	67.1	51.5 - 82.6	71.1	69.2 - 72.9
rcentage of adults who	have a personal doctor				
		2013	County	2013	State

			County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	80.7	73.1 - 88.3	73.2	72.1 - 74.4
SEX	Men	74.5	63.1 - 85.9	67.8	66.0 - 69.5
	Women	86.6	76.6 - 96.6	78.4	76.9 - 79.8
RACE/ETHNICITY	Non-Hisp. White	80.6	72.7 - 88.6	79.8	78.7 - 80.8
	Non-Hisp. Black	NA		71.8	68.2 - 75.4
	Hispanic	NA		59.7	56.2 - 63.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	76.6	65.4 - 87.8	75.1	73.3 - 76.8
	Non-Hisp. White Women	84.3	72.8 - 95.7	84.2	83.0 - 85.5
	Non-Hisp. Black Men	NA		67.4	61.7 - 73.0
	Non-Hisp. Black Women	NA		75.7	71.1 - 80.4
	Hispanic Men	NA		52.1	46.9 - 57.4
	Hispanic Women	NA		67.0	62.3 - 71.6
AGE GROUP	18-44	60.9	44.6 - 77.1	57.0	54.9 - 59.1
	45-64	89.7 *	84.1 - 95.4	78.0	76.2 - 79.9
	65 & Older	98.1 *	96.4 - 99.8	95.5	94.7 - 96.4
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>59.9</th><th>55.8 - 64.0</th></high>	NA		59.9	55.8 - 64.0
	High School / GED	76.8	64.7 - 89.0	71.2	69.0 - 73.4
	>High School	87.4	77.3 - 97.4	78.0	76.8 - 79.3
ANNUAL INCOME	<\$25,000	74.5	58.8 - 90.2	61.7	59.3 - 64.0
	\$25,000-\$49,999	80.5	66.0 - 95.0	73.2	70.7 - 75.7
	\$50,000 or More	89.4	81.0 - 97.9	85.1	83.7 - 86.5
MARITAL STATUS	Married/Couple	86.9	80.0 - 93.7	79.1	77.7 - 80.5
	Not Married/Couple	68.9	53.1 - 84.8	66.5	64.6 - 68.3

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

2013 Florida BRFSS Data Nassau

# **Health Care Access & Coverage**

Percentage of adults who could not see a doctor in the past year due to cost

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	16.5	10.5 - 22.4	20.8	19.7 - 21.8
SEX	Men	14.9	4.9 - 24.9	18.3	16.9 - 19.8
	Women	18.0	11.2 - 24.9	23.1	21.5 - 24.6
RACE/ETHNICITY	Non-Hisp. White	15.5	10.0 - 20.9	14.7	13.8 - 15.5
	Non-Hisp. Black	NA		25.1	21.6 - 28.6
	Hispanic	NA		30.9	27.6 - 34.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	11.9	4.0 - 19.9	13.5	12.2 - 14.9
	Non-Hisp. White Women	18.6	11.1 - 26.1	15.7	14.5 - 16.9
	Non-Hisp. Black Men	NA		21.2	16.0 - 26.4
	Non-Hisp. Black Women	NA		28.5	23.9 - 33.2
	Hispanic Men	NA		26.4	22.2 - 30.6
	Hispanic Women	NA		35.2	30.4 - 40.1
AGE GROUP	18-44	21.0	7.8 - 34.3	27.6	25.6 - 29.6
	45-64	19.6	12.0 - 27.1	23.4	21.7 - 25.1
	65 & Older	4.5	1.3 - 7.6	4.9	4.0 - 5.8
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>30.0</th><th>26.3 - 33.7</th></high>	NA		30.0	26.3 - 33.7
	High School / GED	17.3	9.2 - 25.3	22.4	20.3 - 24.5
	>High School	15.4	5.8 - 25.1	17.3	16.1 - 18.5
ANNUAL INCOME	<\$25,000	33.8	18.7 - 49.0	35.2	32.9 - 37.4
	\$25,000-\$49,999	18.7	6.9 - 30.5	21.3	19.1 - 23.5
	\$50,000 or More	5.1	1.7 - 8.4	8.9	7.5 - 10.3
MARITAL STATUS	Married/Couple	12.5	7.0 - 18.0	17.8	16.4 - 19.1
	Not Married/Couple	24.1	10.9 - 37.2	24.6	22.9 - 26.3

Measure   95% C  Measure   95% CI Meas	2013	County			
SEX         Men         77.9 *         69.1 - 86.8         65.6         63.8 - 67.3           Women         78.7         71.6 - 85.8         74.7         73.2 - 76.1           RACE/ETHNICITY         Non-Hisp. White         77.3         70.9 - 83.6         73.0         71.9 - 74.1           Non-Hisp. Black         NA         72.4         68.8 - 75.9           Hispanic         NA         64.7         61.2 - 68.1           SEX BY RACE/ETHNICITY         Non-Hisp. White Men         75.4         65.2 - 85.7         69.9         68.1 - 71.6           Non-Hisp. White Women         78.9         71.2 - 86.6         76.0         74.6 - 77.3           Non-Hisp. Black Men         NA         67.4         61.8 - 73.1           Non-Hisp. Black Women         NA         76.8         72.3 - 81.3	Measure	95% CI	Measure		
Women       78.7       71.6 - 85.8       74.7       73.2 - 76.1         RACE/ETHNICITY         Non-Hisp. White       77.3       70.9 - 83.6       73.0       71.9 - 74.1         Non-Hisp. Black       NA       72.4       68.8 - 75.9         Hispanic       NA       64.7       61.2 - 68.1         SEX BY RACE/ETHNICITY       Non-Hisp. White Men       75.4       65.2 - 85.7       69.9       68.1 - 71.6         Non-Hisp. White Women       78.9       71.2 - 86.6       76.0       74.6 - 77.3         Non-Hisp. Black Men       NA       67.4       61.8 - 73.1         Non-Hisp. Black Women       NA       76.8       72.3 - 81.3	70.3	72.7 - 84.0	78.3 *	Overall	ALL
RACE/ETHNICITY         Non-Hisp. White         77.3         70.9 - 83.6         73.0         71.9 - 74.1           Non-Hisp. Black         NA         72.4         68.8 - 75.9           Hispanic         NA         64.7         61.2 - 68.1           SEX BY RACE/ETHNICITY         Non-Hisp. White Men         75.4         65.2 - 85.7         69.9         68.1 - 71.6           Non-Hisp. White Women         78.9         71.2 - 86.6         76.0         74.6 - 77.3           Non-Hisp. Black Men         NA         67.4         61.8 - 73.1           Non-Hisp. Black Women         NA         76.8         72.3 - 81.3	65.6	69.1 - 86.8	77.9 *	Men	SEX
Non-Hisp. Black       NA       72.4       68.8       - 75.9         Hispanic       NA       64.7       61.2       - 68.1         SEX BY RACE/ETHNICITY       Non-Hisp. White Men       75.4       65.2       - 85.7       69.9       68.1       - 71.6         Non-Hisp. White Women       78.9       71.2       - 86.6       76.0       74.6       - 77.3         Non-Hisp. Black Men       NA       67.4       61.8       - 73.1         Non-Hisp. Black Women       NA       76.8       72.3       - 81.3	74.7	71.6 - 85.8	78.7	Women	
Hispanic NA 64.7 61.2 - 68.1  SEX BY RACE/ETHNICITY Non-Hisp. White Men 75.4 65.2 - 85.7 69.9 68.1 - 71.6  Non-Hisp. White Women 78.9 71.2 - 86.6 76.0 74.6 - 77.3  Non-Hisp. Black Men NA 67.4 61.8 - 73.1  Non-Hisp. Black Women NA 76.8 72.3 - 81.3	73.0	70.9 - 83.6	77.3	Non-Hisp. White	RACE/ETHNICITY
SEX BY RACE/ETHNICITY         Non-Hisp. White Men         75.4         65.2 - 85.7         69.9         68.1 - 71.6           Non-Hisp. White Women         78.9         71.2 - 86.6         76.0         74.6 - 77.3           Non-Hisp. Black Men         NA         67.4         61.8 - 73.1           Non-Hisp. Black Women         NA         76.8         72.3 - 81.3	72.4		NA	Non-Hisp. Black	
Non-Hisp. White Women       78.9       71.2 - 86.6       76.0       74.6 - 77.3         Non-Hisp. Black Men       NA       67.4       61.8 - 73.1         Non-Hisp. Black Women       NA       76.8       72.3 - 81.3	64.7		NA	Hispanic	
Non-Hisp. Black Men         NA         67.4         61.8         - 73.1           Non-Hisp. Black Women         NA         76.8         72.3         - 81.3	69.9	65.2 - 85.7	75.4	Non-Hisp. White Men	SEX BY RACE/ETHNICITY
Non-Hisp. Black Women NA 76.8 72.3 - 81.3	76.0	71.2 - 86.6	78.9	Non-Hisp. White Women	
	67.4		NA	Non-Hisp. Black Men	
Hispanic Men NA 56.9 51.8 - 62.0	76.8		NA	Non-Hisp. Black Women	
	56.9		NA	Hispanic Men	
Hispanic Women NA 72.0 67.4 - 76.5	72.0		NA	Hispanic Women	
<b>AGE GROUP</b> 18-44 75.9 * 64.2 - 87.6 57.7 55.6 - 59.7	57.7	64.2 - 87.6	75.9 *	18-44	AGE GROUP
45-64 71.6 63.0 - 80.2 71.6 69.7 - 73.5	71.6	63.0 - 80.2	71.6	45-64	
65 & Older 92.6 88.5 - 96.8 91.1 90.1 - 92.1	91.1	88.5 - 96.8	92.6	65 & Older	
EDUCATION LEVEL < High School NA 65.1 61.1 - 69.2	65.1		NA	<high school<="" th=""><th>EDUCATION LEVEL</th></high>	EDUCATION LEVEL
High School / GED 71.7 61.4 - 82.0 69.9 67.8 - 72.1	69.9	61.4 - 82.0	71.7	High School / GED	
>High School 82.1 * 75.3 - 88.8 72.0 70.6 - 73.3	72.0	75.3 - 88.8	82.1 *	>High School	
<b>ANNUAL INCOME</b> <\$25,000 73.3 60.1 - 86.5 64.6 62.3 - 66.9	64.6	60.1 - 86.5	73.3	<\$25,000	ANNUAL INCOME
\$25,000-\$49,999 72.7 60.7 - 84.8 67.7 65.2 - 70.1	67.7	60.7 - 84.8	72.7	\$25,000-\$49,999	
\$50,000 or More 80.3 71.4 - 89.2 76.4 74.7 - 78.1	76.4	71.4 - 89.2	80.3	\$50,000 or More	
MARITAL STATUS Married/Couple 76.9 69.7 - 84.2 74.6 73.2 - 76.0	74.6	69.7 - 84.2	76.9	Married/Couple	MARITAL STATUS
Not Married/Couple 81.1 * 72.3 - 90.0 65.0 63.2 - 66.9	65.0	72.3 - 90.0	81.1 *	Not Married/Couple	

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

#### **GLOSSARY**

A1C Medical test that sums up how much glucose has been sticking to the

hemoglobin molucule in the bloostream during the past three to four

months.

Activities of Daily Living

Usual activities, such as self-care, work, or recreation.

Adult Individual aged 18 years or older.

Aerobic Recommendations\* Performance of at least 150 minutes of moderate aerobic activity or 75

minutes of vigorous aerobic activity per week in the past 30 days.

Angina Most common symptom of coronary artery disease (CAD); chest pain or

discomfort that occurs if an area of the heart muscle does not get

enough oxygen-rich blood.

Arthritis Joint inflammation; term used in the public health field to describe more

than 100 rheumatic diseases and conditions that affect joints, the tissues which surround the joint, and other connective tissue; pattern, severity,

and location of symptoms can vary.

Asthma Disease that affects the lungs; causes repeated episodes of wheezing,

breathlessness, chest tightness, and nighttime or early morning

coughing.

**Binge Drinking\*** For women, consumption of 4 or more drinks during a single occasion in

the past 30 days; for men, consumption of 5 or more drinks during a

single occasion in the past 30 days.

Blood Glucose Also called blood sugar; refers to the level of glucose, the main sugar

the body makes from the food we eat, that is found in the bloodstream.

Blood Pressure The force of the blood against the artery walls; two levels of blood

pressure measured, the highest, or systolic, occurs when the heart pumps blood into the blood vessels, and the lowest, or diastolic, occurs

when the heart rests.

Blood Sugar See Blood Glucose

Body Mass Index (BMI) Body Mass Index (BMI) is a number calculated from a person's height

and weight; provides a reliable indicator of body fatness for most people; used to screen for weight categories that may lead to health problems.

Cancer General name for a group of diseases; when cells in a part of the body

begin to grow out of control, forming new, abnormal cells and sometimes

invading (growing into) other tissues.

Cholesterol A substance the body uses to produce hormones, vitamin D, and food-

digesting acids. Too much cholesterol in the blood over an extended period can increase the risk of coronary heart disease, heart attack, or

angina.

Chronic Bronchitis A long-term condition in which the airways that carry air to the lungs

become inflammed and produce too much mucus, making it difficult to

get air into and out of the lungs.

Chronic Diseases Diseases of long duration and generally slow progression (e.g., heart

disease; stroke; cancer; diabetes); represent the leading causes of

mortality worldwide.

Chronic Obstructive Pulmonary Disease (COPD) Term that refers to a group of diseases that cause airflow blockage and

breathing-related problems, including emphysema and chronic bronchitis.

Coronary Heart Disease (CHD) See Coronary Artery Disease (CAD)

Current Smoker\* Combination of everyday smoker and some day smoker.

#### **GLOSSARY**

**Depressive Disorders**Mental illnesses characterized by a profound and persistent feeling of

sadness or despair and/or a loss of interest in things that once were pleasurable; disturbance in sleep, appetite, and mental processes are a

common accompaniment.

Diabetes General term for diabetes mellitus; disease in which the blood glucose

levels are above normal.

Emphysema Long-term, progressive disease of the lungs that primarily causes

shortness of breath; tissues necessary to support the physical shape and function of the lungs are destroyed. See also Chronic Obstructive

Pulmonary Disease (COPD)

Everday Smoker\* Adults who reported smoking at least 100 cigarettes in their lifetime and

reported smoking everyday now.

**Exercise** See Physical Activity

Fibromyalgia A musculoskeletal condition causing widespread muscle and joint pain

and fatigue.

Flu Contagious respiratory illness caused by influenza viruses; can cause

mild to severe illness, and at times can lead to death.

Flu Shot Influenza vaccine; an inactivated vaccine (containing killed virus) that is

given with a needle, usually in the arm. The flu vaccine can also be administered as an attenuated vaccine (containing weakened, live virus)

by a spray, mist, or drop in the nose called FluMist™.

Former Smoker Adults who reported smoking at least 100 cigarettes in their lifetime but

reported not smoking now.

**Gout** A form of arthritis caused by too much uric acid in the blood that causes

pain, stiffness, and swelling of a joint.

**Health Behavior** An action taken by a person to maintain, attain, or regain good health

and to prevent illness.

Health Care Coverage Example: health insurance, pre-paid plans such as HMO's, government

plans such as Medicare.

Health Care Provider A person who by education, training, certification, or licensure is qualified

to and is engaged in providing health care to patients (e.g., medical doctor; nurse practitioner; physician assistant; registered nurse).

Health Risk Behavior

An action taken by a person that is associated with higher than average

rates of morbidity or mortality (e.g., lack of physical activity; poor

nutrition; tobacco use; excessive alcohol consumption).

Healthy Weight Having a body mass index (BMI) ranging from 18.5 to 24.9; BMI is

calculated using self-reported height and weight.

**Heart Attack** Most commonly caused by coronary artery disease (CAD); occurs when

a section of the heart muscle dies or gets damaged because of reduced

blood supply.

**Heavy Drinking\*** For women, consumption of more than 1 drink per day on average in the

past 30 days; for men, consumption of more than 2 drinks per day on

average in the past 30 days.

**High Blood Cholesterol**Condition where there is too much cholesterol in the blood for an

extended period of time; increases the risk of coronary heart disease,

heart attack, or angina.

High Blood Pressure Condition where the blood circulates through the arteries with too much

force; tires the heart, harms the arteries, and increases the risk of heart

attack, stroke, and kidney problems.

#### **GLOSSARY**

Hispanic Adults of Cuban, Mexican, Puerto Rican, South or Central American, or

other Spanish culture or origin, regardless of race; self-reported

demographic variable.

HIV Human immunodeficiency virus (HIV) damages a person's body by

destroying immune system cells, which are crucial to helping the body fight diseases; can lead to acquired immune deficiency syndrome (AIDS).

**Hypertension** See High Blood Pressure

**Hysterectomy** An operation to remove the uterus (womb) in women.

Inactive\* No leisure-time physical activity, performance of aerobic activity for less

than 10 minutes at a time, or performance of only non-aerobic activities

in the past 30 days.

Influenza See Flu

Insufficiently Active\* Performance of less than 150 minutes of moderate aerobic activity or 75

minutes of vigorous aerobic activity per week in the past 30 days.

Kidney Disease Also called renal disease; general term for any damage that reduces the

functioning of the kidney.

**Lupus** A chronic inflammatory disease resulting from an attack by the body's

own immune system.

Mammography is the process of using low-energy X-rays to examine the

human breast; this test is ordered to detect tumors and differentiate

between benign and malignant disease.

Mental Health A state of well-being in which the individual realizes his or her own

abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community.

Muscle Strengthening Recommendations\* Performance of muscle-strengthening activities, such as activities using

body weight, weight machines, free weights, or elastic bands, at least

two times per week in the past 30 days.

**Never Smoked\*** Adults who reported smoking less than 100 cigarettes in their lifetime.

Non-Hispanic Black Adults not of Hispanic culture or origins reporting membership in only the

Black race category; self-reported demographic variable.

Non-Hispanic White Adults not of Hispanic culture or origins reporting membership in only the

White race category; self-reported demographic variable.

Non-smoker\* Combination of former smoker and never smoked.

Obese Having a body mass index (BMI) that is greater than or equal to 30.0;

BMI is calculated using self-reported height and weight.

**Obesity** A condition characterized by being obese.

Overweight Having a body mass index (BMI) ranging from 25.0 to 29.9; BMI is

calculated using self-reported height and weight.

Pap Test A cervical cancer screening test in which surface cells from the cervix

are examined for cancer or pre-cancer characteristics.

Personal Doctor A health care provider that an adult identifies as their personal health

care provider.

Pneumococcal Vaccination Vaccine given with a needle, usually in the arm, to prevent

pneumoccocal pneumonia.

Pneumonia Infection of the lungs, usually caused by bacteria or viruses, that can

cause mild to severe illness.

#### **GLOSSARY**

**Poor Mental Health** Adults who report that their mental health, which includes stress. depression, and problems with emotions, was not good on 14 or more of the previous 30 days. **Poor Physical Health** Adults who report that their physical health, which includes physical illness and injury, was not good on 14 or more of the previous 30 days. Race/Ethnicity A measure that combines an adult's ethnicity status (Hispanic/non-Hispanic) and race status (e.g., white; black; other); self-reported demographic variable. A general physical exam; does not include exams conducted for a **Routine Checkup** specific injury, illness, or condition. Sedentary\* Participating in no leisure-time physical activity in the past 30 days. The condition or character of being male or female; self-reported Sex demographic variable. Sigmoidoscopy/Colonoscopy Exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. **Smoking** Inhalation of the smoke (gases and hydrocarbon vapors) generated by slowly burning tobacco. Adults who reported smoking at least 100 cigarettes in their lifetime and Some Day Smoking\* reported smoking some days now. A test that may use a special kit at home to determine whether the stool **Stool Blood Test** contains blood.

Sometimes called a brain attack; occurs when a clot blocks the blood

supply to the brain or when a blood vessel in the brain bursts.

A bacterial infection that affects the central nervous system and can

result in painful muscle spasms, stiff jaw, and potentially death.

Tetanus vaccine; vaccine given with a needle, usually in the shoulder

muscle; a booster tetanus vaccine should be received every ten years.

Stroke

**Tetanus** 

**Tetanus Shot** 

### **Healthy People 2020 Objectives**

### **Alcohol Consumption**

- SA-14. Reduce the proportion of persons engaging in binge drinking of alcoholic beverages
- SA-15. Reduce the proportion of adults who drank excessively in the previous 30 days

#### **Arthritis**

AOCBC-2. Reduce the proportion of adults with doctor-diagnosed arthritis who experience a limitation in activity due to arthritis or joint symptoms

#### **Asthma**

- RD-6. Increase the proportion of persons with current asthma who receive formal patient education
- RD-7. Increase the proportion of persons with current asthma who receive appropriate asthma care according to National Asthma Education and Prevention Program (NAEPP) guidelines

### **Cancer Screening**

- C-15. Increase the proportion of women who receive a cervical cancer screening based on the most recent guidelines
- C-16. Increase the proportion of adults who receive a colorectal cancer screening based on the most recent guidelines
- C-17. Increase the proportion of women who receive a breast cancer screening based on the most recent guidelines

#### Cardiovascular Disease

- HDS-1. (Developmental) Increase overall cardiovascular health in the U.S. population
- HDS-2. Reduce coronary heart disease deaths
- HDS-3. Reduce stroke deaths

#### **Cholesterol Awareness**

HDS-7. Reduce the proportion of adults with high total blood cholesterol levels

### **Diabetes**

- D-1. Reduce the annual number of new cases of diagnosed diabetes in the population
- D-5. Improve glycemic control among the population with diagnosed diabetes
- D-9. Increase the proportion of adults with diabetes who have at least an annual foot examination
- D-10. Increase the proportion of adults with diabetes who have an annual dilated eye examination
- D-11. Increase the proportion of adults with diabetes who have a glycosylated hemoglobin (A1C) measurement at least twice a year
- D-13. Increase the proportion of adults with diabetes who perform self-blood glucose-monitoring at least once daily
- D-14. Increase the proportion of persons with diagnosed diabetes who receive formal diabetes education

#### Disability

DH-13. (Developmental) Increase the proportion of people with disabilities who participate in social, spiritual, recreational, community, and civic activities to the degree that they wish

### **Healthy People 2020 Objectives**

### **Health Care Access & Coverage**

- AHS-1. Increase the proportion of persons with medical insurance
- AHS-3. Increase the proportion of persons with a usual primary care provider
- AHS-6. Reduce the proportion of individuals who are unable to obtain or delay in obtaining necessary medical care, dental care, or prescription medicines

### **Health-Related Quality of Life**

- HRQOL/WB-1.1. Increase the proportion of adults who self-report good or better physical health
- HRQOL/WB-1.2. Increase the proportion of adults who self-report good or better mental health

### **HIV/AIDS Screening**

- HIV-14. Increase the proportion of adolescents and adults who have been tested for HIV in the past 12 months
- HIV-14.1. Increase the proportion of adolescents and adults who have ever been tested for HIV

### **Hypertension Awareness**

HDS-5. Reduce the proportion of persons in the population with hypertension

#### **Immunization**

- IID-12.12. Increase the percentage of children and adults who are vaccinated annually against seasonal influenza
- IID-13. Increase the percentage of adults who are vaccinated against pneumococcal disease
- IID-13.1. Increase the percentage of noninstitutionalized adults aged 65 years and older who are vaccinated against pneumococcal disease

#### **Injury Prevention**

IVP-15. Increase use of safety belts in motor vehicles

### **Overweight & Obesity**

- NWS-8. Increase the proportion of adults who are at a healthy weight
- NWS-9. Reduce the proportion of adults who are obese

#### **Physical Activity & Nutrition**

- PA-1. Reduce the proportion of adults who engage in no leisure-time physical activity
- PA-2. Increase the proportion of adults who meet current federal physical activity guidelines for aerobic physical activity and for muscle-strengthening activity

## **Tobacco Use & Exposure**

- TU-1. Reduce tobacco smoking by adults
- TU-4. Increase smoking cessation attempts by adult smokers

### **Vision Impairment**

V-5. Reduce visual impairment

The Healthy People 2020 objectives listed in this appendix are directly or indirectly related to the data presented.



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