# FLORIDA BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS) 2013 DATA





Florida Department of Health
Division of Disease Control and Health Protection
Bureau of Epidemiology
Chronic Disease Epidemiology Section

# Introduction

The Florida Department of Health is pleased to release the 2013 Florida Behavioral Risk Factor Surveillance System (BRFSS) State and County Data. This historic surveillance effort would not have been possible without the support of Florida's 67 County Health Departments (CHDs).

The Florida BRFSS has been collecting and reporting health behavior data since 1986. This statewide telephone survey is the only source of state-specific, population-based estimates of the prevalence of various health conditions and related risk behaviors among Florida residents aged 18 and older. The purpose of this survey is to gather information regarding personal health and risk behaviors, selected medical conditions, and preventive health care practices among Florida adults.

The 2013 BRFSS was the fourth county-level survey conducted. It was previously conducted in 2002, 2007, and 2010. The 2013 county-level survey was developed in collaboration with state and local representatives and better designed to meet the needs of CHD programs by offering options to add county developed questions and increase sample sizes.

Over 34,000 interviews were completed statewide in the 2013 calendar year, with a target sample size of 500 completed surveys in each county.

Okaloosa County had approximately 148,220 adult residents in 2013, based on Florida CHARTS, and 644 adults responded to the 2013 county-level BRFSS survey.

The 2013 BRFSS provides counties and the state with a rich data source to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. The following data tables present the survey data on a variety of issues related to health status, health care access, lifestyle, chronic illnesses, and disease prevention practice.

Because BRFSS respondents are randomly selected, measures of prevalence and mean are subject to random sample errors. Each measure listed in the data tables includes the 95% confidence interval (CI). If the confidence intervals overlap, there is no statistically significant difference in the prevalence rates. However, if the confidence intervals do not overlap, there is a statistically significant difference. The significance of measures with very wide confidence intervals should be interpreted with caution. Measures of prevalence and mean are excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

The prevalence rates are adjusted, or "weighted," by the Centers for Disease Control and Prevention (CDC) to represent all Florida adults. Weighting is a procedure that adjusts for the chance of an adult being selected to complete the survey and for discrepancies between the adults who completed the survey and the overall population of Florida adults. The data were weighted to the respondent's probability of selection by county, as well as age, sex, marital status, race/ethnicity, education level, and housing type.

Due to a change in weighting methodology and the inclusion of cellular telephone responses starting in 2011, data from 2013 may not be comparable to data collected before 2011.

If any assistance is needed with interpretation or survey methods, please contact the Bureau of Epidemiology at (850) 245-4401.

# **County Highlights**

# Strengths\*

- High percentage of adults 65 years of age and older who have ever received a pneumococcal vaccination
- High percentage of adults 65 years of age and older who received a flu shot in the past
   year
- High percentage of adults with any type of health care insurance coverage

# Challenges\*

High percentage of adults who are current smokers

Selected Indicators**	Percentage (%)	Estimated affected adult population
Adults who are current smokers	22.4	33,147
Adults who are obese	25.0	37,091
Adults who are physically inactive or insufficiently active	51.4	76,116
Adults who have ever been told they had diabetes	9.2	13,647

<sup>\*</sup> These selected strengths and challenges are significantly different compared with overall state data.

<sup>\*\*</sup> These four selected indicators were used in the America's Health Rankings Report (2013 Edition).

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### Arthritis

Percentage of adults who have ever been told they had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	29.4	25.0 - 33.7	26.0	25.1 - 26.9
SEX	Men	26.5	20.0 - 32.9	22.0	20.7 - 23.3
	Women	32.2	26.3 - 38.1	29.8	28.5 - 31.1
RACE/ETHNICITY	Non-Hisp. White	29.7	24.9 - 34.5	32.1	31.1 - 33.2
	Non-Hisp. Black	42.8 *	23.7 - 61.8	18.6	16.2 - 21.1
	Hispanic	13.1	1.4 - 24.9	16.9	14.5 - 19.3
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	23.8	17.2 - 30.4	28.3	26.7 - 29.9
	Non-Hisp. White Women	35.1	28.3 - 41.9	35.8	34.4 - 37.2
	Non-Hisp. Black Men	NA		15.9	12.3 - 19.6
	Non-Hisp. Black Women	NA		21.1	17.8 - 24.3
	Hispanic Men	NA		11.1	8.4 - 13.8
	Hispanic Women	NA		22.4	18.5 - 26.3
AGE GROUP	18-44	17.4 *	10.6 - 24.2	8.6	7.5 - 9.7
	45-64	33.2	25.9 - 40.4	30.8	29.1 - 32.6
	65 & Older	51.4	42.9 - 59.8	51.1	49.3 - 52.9
EDUCATION LEVEL	<high school<="" th=""><th>43.7</th><th>25.9 - 61.5</th><th>30.4</th><th>27.1 - 33.7</th></high>	43.7	25.9 - 61.5	30.4	27.1 - 33.7
	High School / GED	33.4	24.8 - 42.0	27.2	25.4 - 29.0
	>High School	25.1	20.2 - 30.0	24.2	23.1 - 25.3
ANNUAL INCOME	<\$25,000	34.5	25.1 - 43.8	29.9	28.0 - 31.9
	\$25,000-\$49,999	31.4	21.6 - 41.2	26.8	24.9 - 28.7
	\$50,000 or More	23.4	17.4 - 29.3	21.8	20.3 - 23.2
MARITAL STATUS	Married/Couple	28.1	22.6 - 33.5	27.2	25.9 - 28.4
	Not Married/Couple	31.5	24.2 - 38.7	24.7	23.3 - 26.0

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

# Arthritis

Percentage of adults who are limited in any way in any usual activities because of arthritis

		2013 Measure	County 95% CI	2013 Measure	State 95% CI	
ALL	Overall	15.5	12.1 - 19.0	12.8	12.1 - 13.5	
SEX	Men	15.7	10.4 - 21.1	10.2	9.2 - 11.1	
	Women	15.3	10.8 - 19.8	15.3	14.2 - 16.3	
RACE/ETHNICITY	Non-Hisp. White	15.0	11.2 - 18.8	15.2	14.4 - 15.9	
	Non-Hisp. Black	26.1	9.5 - 42.7	9.6	7.7 - 11.5	
	Hispanic	3.1	0.0 - 8.7	9.5	7.5 - 11.6	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	13.6	8.2 - 19.1	12.7	11.5 - 13.8	
	Non-Hisp. White Women	16.3	10.9 - 21.7	17.5	16.4 - 18.6	
	Non-Hisp. Black Men	NA		7.6	4.9 - 10.3	
	Non-Hisp. Black Women	NA		11.4	8.8 - 13.9	
	Hispanic Men	NA		5.6	3.5 - 7.7	
	Hispanic Women	NA		13.3	10.0 - 16.7	
AGE GROUP	18-44	9.1	4.1 - 14.2	4.3	3.5 - 5.1	
	45-64	20.6	14.2 - 26.9	17.2	15.7 - 18.7	
	65 & Older	22.5	15.2 - 29.8	22.7	21.2 - 24.2	
EDUCATION LEVEL	<high school<="" th=""><th>36.6 *</th><th>19.3 - 54.0</th><th>16.0</th><th>13.4 - 18.5</th><th></th></high>	36.6 *	19.3 - 54.0	16.0	13.4 - 18.5	
	High School / GED	16.6	9.9 - 23.4	13.4	12.0 - 14.9	
	>High School	11.4	8.0 - 14.8	11.6	10.8 - 12.5	
ANNUAL INCOME	<\$25,000	25.0	16.4 - 33.6	18.4	16.8 - 20.1	
	\$25,000-\$49,999	20.1	11.5 - 28.7	12.2	10.8 - 13.6	
	\$50,000 or More	7.1	3.9 - 10.3	9.0	8.0 - 10.0	
MARITAL STATUS	Married/Couple	12.6	8.4 - 16.7	12.7	11.7 - 13.6	
	Not Married/Couple	19.8	13.7 - 25.9	13.1	12.0 - 14.1	

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

# Asthma

### Percentage of adults who currently have asthma

		2013 ( Measure	County 95% CI	2013 Measure	3 State 95% CI	
ALL	Overall	8.5	5.7 - 11.4	8.3	7.6 - 8.9	
SEX	Men	9.5	5.0 - 14.0	5.7	4.8 - 6.5	
	Women	7.6	4.0 - 11.1	10.7	9.7 - 11.7	
RACE/ETHNICITY	Non-Hisp. White	8.8	5.4 - 12.1	8.3	7.6 - 9.0	
	Non-Hisp. Black	10.5	0.0 - 22.3	8.9	6.9 - 10.8	
	Hispanic	10.0	0.2 - 19.8	8.3	6.3 - 10.3	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	10.6	5.1 - 16.0	6.1	5.0 - 7.2	
	Non-Hisp. White Women	7.1	3.0 - 11.1	10.4	9.5 - 11.3	
	Non-Hisp. Black Men	NA		5.7	3.3 - 8.0	
	Non-Hisp. Black Women	NA		11.7	8.7 - 14.7	
	Hispanic Men	NA		5.2	2.9 - 7.4	
	Hispanic Women	NA		11.4	8.1 - 14.6	
AGE GROUP	18-44	7.2	2.9 - 11.4	8.0	7.0 - 8.9	
	45-64	9.1	4.0 - 14.2	9.1	7.8 - 10.5	
	65 & Older	9.6	3.8 - 15.4	7.8	6.8 - 8.8	
EDUCATION LEVEL	<high school<="" th=""><th>19.3</th><th>5.6 - 33.1</th><th>12.5</th><th>9.7 - 15.3</th><th></th></high>	19.3	5.6 - 33.1	12.5	9.7 - 15.3	
	High School / GED	10.1	4.2 - 15.9	7.3	6.3 - 8.3	
	>High School	5.0	2.6 - 7.4	7.7	7.0 - 8.4	
ANNUAL INCOME	<\$25,000	14.1	7.1 - 21.1	12.4	10.8 - 14.0	
	\$25,000-\$49,999	7.1	1.3 - 13.0	6.9	5.7 - 8.0	
	\$50,000 or More	5.2	2.1 - 8.3	6.0	5.1 - 6.9	
MARITAL STATUS	Married/Couple	5.4	2.8 - 8.0	6.7	6.0 - 7.5	
	Not Married/Couple	12.3	6.7 - 18.0	10.2	9.0 - 11.3	

### Percentage of adults who have ever been told they had asthma

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	14.8	11.1 - 18.6	13.5	12.7 - 14.4
SEX	Men	13.8	8.7 - 19.0	11.5	10.3 - 12.6
	Women	15.8	10.4 - 21.3	15.5	14.3 - 16.7
RACE/ETHNICITY	Non-Hisp. White	14.4	10.3 - 18.5	13.2	12.4 - 14.0
	Non-Hisp. Black	22.0	3.8 - 40.2	14.2	11.7 - 16.8
	Hispanic	13.9	2.7 - 25.2	14.6	12.0 - 17.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	14.5	8.5 - 20.6	11.5	10.3 - 12.8
	Non-Hisp. White Women	14.3	8.7 - 19.8	14.8	13.7 - 15.9
	Non-Hisp. Black Men	NA		13.3	9.2 - 17.4
	Non-Hisp. Black Women	NA		15.1	11.9 - 18.3
	Hispanic Men	NA		10.8	7.8 - 13.8
	Hispanic Women	NA		18.1	14.1 - 22.2
AGE GROUP	18-44	18.2	11.5 - 24.8	14.8	13.3 - 16.2
	45-64	12.6	7.0 - 18.1	13.9	12.4 - 15.4
	65 & Older	10.3	4.5 - 16.2	11.0	9.9 - 12.2
EDUCATION LEVEL	<high school<="" th=""><th>24.8</th><th>9.8 - 39.8</th><th>16.9</th><th>13.9 - 20.0</th></high>	24.8	9.8 - 39.8	16.9	13.9 - 20.0
	High School / GED	16.1	9.2 - 23.0	13.3	11.7 - 14.9
	>High School	11.8	7.4 - 16.2	12.8	11.9 - 13.7
ANNUAL INCOME	<\$25,000	18.7	11.0 - 26.5	18.5	16.6 - 20.4
	\$25,000-\$49,999	17.0	7.7 - 26.3	12.1	10.5 - 13.8
	\$50,000 or More	10.9	6.2 - 15.5	10.5	9.3 - 11.6
MARITAL STATUS	Married/Couple	9.2	5.8 - 12.6	11.7	10.7 - 12.8
	Not Married/Couple	22.2	14.9 - 29.5	15.8	14.4 - 17.1

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

### **Cancer Prevalence**

### Percentage of adults who have ever been told they had skin cancer

		2013 Measure	County 95% CI	2013 State Measure 95%	CI
ALL	Overall	10.2	7.7 - 12.7	9.2 8.7	- 9.7
SEX	Men	11.3	7.4 - 15.2	9.5 8.8	- 10.3
	Women	9.1	5.8 - 12.4	8.9 8.3	- 9.5
RACE/ETHNICITY	Non-Hisp. White	12.9	9.6 - 16.1	14.8 14.1	- 15.5
	Non-Hisp. Black	1.1	0.0 - 3.3	0.4 0.0	- 0.8
	Hispanic	0.0		2.2 1.4	- 3.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	15.0	9.8 - 20.3	15.1 13.9	- 16.2
	Non-Hisp. White Women	10.9	6.8 - 14.9	14.6 13.6	- 15.5
	Non-Hisp. Black Men	NA		0.7 0.0	- 1.5
	Non-Hisp. Black Women	NA		0.1 0.0	- 0.2
	Hispanic Men	NA		2.8 1.5	- 4.1
	Hispanic Women	NA		1.6 0.8	- 2.5
AGE GROUP	18-44	2.6	0.0 - 5.3	1.5 1.1 -	- 1.9
	45-64	9.1	5.1 - 13.1	8.5 7.6	- 9.4
	65 & Older	29.4	21.8 - 37.1	24.1 22.7	- 25.4
EDUCATION LEVEL	<high school<="" th=""><th>10.8</th><th>0.1 - 21.6</th><th>6.4 5.1</th><th>- 7.7</th></high>	10.8	0.1 - 21.6	6.4 5.1	- 7.7
	High School / GED	11.8	6.8 - 16.8	8.7 7.9	- 9.6
	>High School	9.4	6.6 - 12.3	10.3 9.6	- 10.9
ANNUAL INCOME	<\$25,000	11.1	5.8 - 16.4	6.7 5.9	- 7.5
	\$25,000-\$49,999	8.0	2.9 - 13.1	9.8 8.9	- 10.8
	\$50,000 or More	9.9	6.2 - 13.7	10.4 9.5	- 11.3
MARITAL STATUS	Married/Couple	10.7	7.3 - 14.1	10.7 10.0	- 11.5
	Not Married/Couple	9.6	5.8 - 13.4	7.5 6.9	- 8.0

### Percentage of adults who have ever been told they had any other type of cancer except skin cancer

		2013 County			3 State	
		Measure	95% CI	Measure	95% CI	
ALL	Overall	7.8	5.4 - 10.3	7.6	7.1 - 8.1	
SEX	Men	5.6	3.0 - 8.2	6.7	6.0 - 7.3	
	Women	10.0	5.9 - 14.1	8.4	7.6 - 9.1	
RACE/ETHNICITY	Non-Hisp. White	9.4	6.3 - 12.4	10.0	9.4 - 10.6	
	Non-Hisp. Black	0.0		4.3	3.2 - 5.5	
	Hispanic	8.1	0.0 - 18.1	4.2	2.7 - 5.6	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	7.2	3.8 - 10.6	8.9	8.1 - 9.8	
	Non-Hisp. White Women	11.4	6.5 - 16.3	10.9	10.1 - 11.8	
	Non-Hisp. Black Men	NA		3.7	2.2 - 5.1	
	Non-Hisp. Black Women	NA		4.9	3.1 - 6.7	
	Hispanic Men	NA		3.6	2.1 - 5.1	
	Hispanic Women	NA		4.8	2.4 - 7.2	
AGE GROUP	18-44	3.2	0.2 - 6.2	2.6	1.9 - 3.3	
	45-64	7.3	3.1 - 11.4	5.9	5.1 - 6.6	
	65 & Older	19.7	12.8 - 26.6	18.8	17.5 - 20.1	
EDUCATION LEVEL	<high school<="" th=""><th>17.1</th><th>4.0 - 30.3</th><th>6.7</th><th>5.1 - 8.3</th><th></th></high>	17.1	4.0 - 30.3	6.7	5.1 - 8.3	
	High School / GED	9.5	4.4 - 14.6	7.3	6.3 - 8.3	
	>High School	5.3	3.3 - 7.4	7.9	7.3 - 8.5	
ANNUAL INCOME	<\$25,000	6.6	2.3 - 11.0	7.0	6.0 - 7.9	
	\$25,000-\$49,999	6.0	1.6 - 10.4	8.2	7.0 - 9.4	
	\$50,000 or More	8.0	4.2 - 11.8	7.4	6.6 - 8.2	
MARITAL STATUS	Married/Couple	8.1	4.7 - 11.6	8.6	7.8 - 9.4	
	Not Married/Couple	7.4	4.0 - 10.8	6.3	5.7 - 6.9	

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

### **Cardiovascular Disease**

### Percentage of adults who have ever been told they had angina or coronary heart disease

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	6.0	3.9 - 8.1	5.0	4.6 - 5.4
SEX	Men	8.4	4.8 - 11.9	6.3	5.6 - 7.0
	Women	3.6	1.4 - 5.9	3.8	3.3 - 4.2
RACE/ETHNICITY	Non-Hisp. White	7.3	4.6 - 10.0	6.5	5.9 - 7.0
	Non-Hisp. Black	0.4 *	0.0 - 1.1	4.2	2.8 - 5.7
	Hispanic	2.8	0.0 - 8.3	2.5	1.6 - 3.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	11.1	6.4 - 15.8	8.4	7.4 - 9.3
	Non-Hisp. White Women	3.8	1.2 - 6.5	4.7	4.2 - 5.3
	Non-Hisp. Black Men	NA		4.3	2.0 - 6.7
	Non-Hisp. Black Women	NA		4.2	2.3 - 6.1
	Hispanic Men	NA		3.2	1.6 - 4.8
	Hispanic Women	NA		1.9	1.0 - 2.7
AGE GROUP	18-44	0.9	0.0 - 2.6	0.9	0.5 - 1.3
	45-64	5.4	2.2 - 8.6	5.1	4.3 - 6.0
	65 & Older	18.4	10.9 - 25.9	12.3	11.3 - 13.4
EDUCATION LEVEL	<high school<="" th=""><th>8.0</th><th>0.0 - 17.3</th><th>6.8</th><th>5.0 - 8.6</th></high>	8.0	0.0 - 17.3	6.8	5.0 - 8.6
	High School / GED	7.1	2.8 - 11.5	4.6	4.0 - 5.3
	>High School	5.1	2.8 - 7.3	4.8	4.3 - 5.3
ANNUAL INCOME	<\$25,000	7.7	2.8 - 12.5	6.8	5.8 - 7.8
	\$25,000-\$49,999	4.6	0.9 - 8.3	4.9	4.1 - 5.8
	\$50,000 or More	6.2	2.8 - 9.6	3.8	3.2 - 4.4
MARITAL STATUS	Married/Couple	6.0	3.4 - 8.6	5.1	4.5 - 5.7
	Not Married/Couple	5.8	2.3 - 9.3	5.0	4.3 - 5.6

### Percentage of adults who have ever been told they had a heart attack

		2013 County		2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	5.3	2.8 - 7.9	5.6	5.1 - 6.1
SEX	Men	7.6	3.1 - 12.2	7.3	6.4 - 8.2
	Women	3.0	1.0 - 5.0	4.1	3.5 - 4.6
RACE/ETHNICITY	Non-Hisp. White	4.6	2.5 - 6.8	6.6	6.1 - 7.2
	Non-Hisp. Black	11.0	0.0 - 23.8	4.2	2.8 - 5.5
	Hispanic	0.0		4.6	3.1 - 6.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	6.0	2.4 - 9.6	9.1	8.1 - 10.2
	Non-Hisp. White Women	3.4	0.9 - 5.9	4.3	3.7 - 4.9
	Non-Hisp. Black Men	NA		5.6	3.1 - 8.0
	Non-Hisp. Black Women	NA		2.9	1.7 - 4.1
	Hispanic Men	NA		4.7	2.4 - 7.1
	Hispanic Women	NA		4.5	2.5 - 6.5
AGE GROUP	18-44	3.9	0.0 - 8.2	1.0	0.6 - 1.4
	45-64	5.3	1.9 - 8.7	6.5	5.4 - 7.6
	65 & Older	9.3	3.7 - 14.8	12.9	11.6 - 14.2
EDUCATION LEVEL	<high school<="" th=""><th>14.2</th><th>0.0 - 29.2</th><th>9.5</th><th>7.2 - 11.9</th></high>	14.2	0.0 - 29.2	9.5	7.2 - 11.9
	High School / GED	5.0	0.6 - 9.4	5.4	4.6 - 6.2
	>High School	3.9	1.8 - 6.1	4.7	4.2 - 5.2
ANNUAL INCOME	<\$25,000	8.4	1.5 - 15.2	8.0	6.7 - 9.3
	\$25,000-\$49,999	6.6	0.7 - 12.5	6.5	5.4 - 7.5
	\$50,000 or More	3.5	1.1 - 5.8	3.3	2.7 - 3.8
MARITAL STATUS	Married/Couple	4.4	1.6 - 7.1	5.6	4.9 - 6.2
	Not Married/Couple	6.8	2.2 - 11.4	5.8	4.9 - 6.6

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

### **Cardiovascular Disease**

### Percentage of adults who have ever been told they had a stroke

			County		State
		Measure	95% CI	Measure	95% CI
ALL	Overall	4.4	2.1 - 6.7	3.7	3.3 - 4.1
SEX	Men	5.2	1.3 - 9.0	3.7	3.1 - 4.2
	Women	3.6	1.1 - 6.1	3.7	3.2 - 4.2
RACE/ETHNICITY	Non-Hisp. White	4.3	2.0 - 6.5	4.3	3.8 - 4.7
	Non-Hisp. Black	1.4	0.0 - 4.3	4.6	3.1 - 6.1
	Hispanic	4.4	0.0 - 12.8	2.0	1.2 - 2.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	5.2	1.5 - 8.9	4.3	3.6 - 4.9
	Non-Hisp. White Women	3.4	0.7 - 6.2	4.2	3.7 - 4.8
	Non-Hisp. Black Men	NA		4.8	2.6 - 7.0
	Non-Hisp. Black Women	NA		4.4	2.4 - 6.4
	Hispanic Men	NA		2.0	0.9 - 3.1
	Hispanic Women	NA		2.0	1.0 - 3.0
AGE GROUP	18-44	1.6	0.0 - 4.8	1.1	0.7 - 1.6
	45-64	6.6	2.2 - 11.1	4.1	3.4 - 4.8
	65 & Older	7.2	2.3 - 12.1	7.8	6.9 - 8.7
EDUCATION LEVEL	<high school<="" th=""><th>21.5</th><th>5.4 - 37.6</th><th>5.2</th><th>3.9 - 6.5</th></high>	21.5	5.4 - 37.6	5.2	3.9 - 6.5
	High School / GED	1.5 *	0.1 - 2.8	3.7	3.0 - 4.3
	>High School	2.6	0.9 - 4.3	3.3	2.9 - 3.8
ANNUAL INCOME	<\$25,000	9.0	1.9 - 16.2	5.7	4.8 - 6.5
	\$25,000-\$49,999	3.7	0.0 - 7.8	4.1	3.3 - 4.9
	\$50,000 or More	2.3	0.4 - 4.1	1.9	1.4 - 2.3
MARITAL STATUS	Married/Couple	3.0	0.7 - 5.3	3.3	2.8 - 3.8
	Not Married/Couple	6.4	1.9 - 10.9	4.2	3.6 - 4.7

### Percentage of adults who have ever been told they had coronary heart disease, heart attack, or stroke

		2013 County		2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	11.0	7.8 - 14.1	10.3	9.7 - 10.9
SEX	Men	14.0	8.7 - 19.3	11.9	10.8 - 12.9
	Women	7.9	4.5 - 11.3	8.8	8.0 - 9.6
RACE/ETHNICITY	Non-Hisp. White	11.2	7.9 - 14.5	12.2	11.5 - 12.9
	Non-Hisp. Black	11.1	0.0 - 24.1	10.0	7.8 - 12.2
	Hispanic	7.2	0.0 - 17.1	6.8	5.0 - 8.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	14.5	9.1 - 19.8	14.6	13.4 - 15.8
	Non-Hisp. White Women	8.2	4.3 - 12.1	9.9	9.1 - 10.8
	Non-Hisp. Black Men	NA		10.9	7.4 - 14.3
	Non-Hisp. Black Women	NA		9.3	6.5 - 12.1
	Hispanic Men	NA		7.0	4.4 - 9.6
	Hispanic Women	NA		6.5	4.3 - 8.7
AGE GROUP	18-44	4.7	0.1 - 9.2	2.3	1.7 - 2.9
	45-64	11.9	6.6 - 17.2	11.4	10.2 - 12.7
	65 & Older	24.3	16.6 - 32.1	23.4	21.8 - 25.0
EDUCATION LEVEL	<high school<="" th=""><th>26.3</th><th>9.4 - 43.2</th><th>15.2</th><th>12.6 - 17.9</th></high>	26.3	9.4 - 43.2	15.2	12.6 - 17.9
	High School / GED	11.6	5.6 - 17.5	10.0	8.9 - 11.1
	>High School	7.9	5.0 - 10.8	9.2	8.5 - 10.0
ANNUAL INCOME	<\$25,000	15.4	7.6 - 23.3	14.3	12.7 - 15.8
	\$25,000-\$49,999	12.6	5.0 - 20.2	11.4	10.0 - 12.7
	\$50,000 or More	8.2	4.5 - 11.9	6.6	5.7 - 7.4
MARITAL STATUS	Married/Couple	10.1	6.2 - 14.0	10.1	9.3 - 11.0
	Not Married/Couple	12.1	6.7 - 17.5	10.6	9.6 - 11.6

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

### **Cholesterol Awareness**

Percentage of adults who have ever been told they had high blood cholesterol

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	30.0	25.8 - 34.2	33.4	32.3 - 34.4
SEX	Men	32.7	26.4 - 38.9	33.6	32.0 - 35.2
	Women	27.4	21.9 - 32.9	33.2	31.7 - 34.6
RACE/ETHNICITY	Non-Hisp. White	34.9	29.9 - 39.8	39.0	37.8 - 40.1
	Non-Hisp. Black	19.5	6.1 - 33.0	24.5	21.6 - 27.4
	Hispanic	12.7 *	1.5 - 23.9	27.5	24.4 - 30.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	38.4	31.0 - 45.8	39.0	37.2 - 40.8
	Non-Hisp. White Women	31.6	25.0 - 38.1	39.0	37.5 - 40.5
	Non-Hisp. Black Men	NA		27.4	22.4 - 32.3
	Non-Hisp. Black Women	NA		21.8	18.6 - 25.1
	Hispanic Men	NA		25.6	21.3 - 29.9
	Hispanic Women	NA		29.3	24.8 - 33.7
AGE GROUP	18-44	12.2	6.9 - 17.4	13.6	12.2 - 15.0
	45-64	37.9	30.6 - 45.2	42.4	40.4 - 44.4
	65 & Older	56.7	48.4 - 65.0	55.7	53.8 - 57.5
EDUCATION LEVEL	<high school<="" th=""><th>13.7 *</th><th>2.2 - 25.3</th><th>33.9</th><th>30.0 - 37.8</th></high>	13.7 *	2.2 - 25.3	33.9	30.0 - 37.8
	High School / GED	32.6	24.4 - 40.9	32.8	30.8 - 34.7
	>High School	32.1	26.9 - 37.4	33.6	32.4 - 34.9
ANNUAL INCOME	<\$25,000	24.1	16.5 - 31.6	32.1	30.0 - 34.2
	\$25,000-\$49,999	29.4	20.5 - 38.3	34.5	32.2 - 36.7
	\$50,000 or More	33.5	26.8 - 40.2	34.0	32.2 - 35.7
MARITAL STATUS	Married/Couple	34.0	28.4 - 39.6	36.7	35.2 - 38.1
	Not Married/Couple	24.3	18.2 - 30.5	29.6	28.0 - 31.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

### **Chronic Obstructive Pulmonary Disease**

Percentage of adults who have ever been told they had chronic obstructive pulmonary disease, emphysema, or chronic bronchitis

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	10.8	7.6 - 13.9	7.4	6.9 - 7.9
SEX	Men	10.5	5.8 - 15.1	6.4	5.7 - 7.2
	Women	11.0	6.8 - 15.3	8.3	7.5 - 9.0
RACE/ETHNICITY	Non-Hisp. White	12.6	8.8 - 16.4	9.2	8.6 - 9.9
	Non-Hisp. Black	7.8	0.0 - 20.0	5.1	3.5 - 6.7
	Hispanic	4.0	0.0 - 9.7	4.6	3.3 - 5.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	12.6	7.2 - 18.0	8.2	7.3 - 9.2
	Non-Hisp. White Women	12.5	7.2 - 17.8	10.2	9.3 - 11.1
	Non-Hisp. Black Men	NA		4.6	2.1 - 7.2
	Non-Hisp. Black Women	NA		5.5	3.6 - 7.4
	Hispanic Men	NA		3.5	1.8 - 5.2
	Hispanic Women	NA		5.6	3.6 - 7.7
AGE GROUP	18-44	8.2	3.2 - 13.2	3.0	2.3 - 3.7
	45-64	9.7	5.0 - 14.3	8.5	7.5 - 9.4
	65 & Older	18.5	10.9 - 26.1	14.0	12.8 - 15.3
EDUCATION LEVEL	<high school<="" th=""><th>28.6</th><th>12.2 - 44.9</th><th>12.3</th><th>10.1 - 14.5</th></high>	28.6	12.2 - 44.9	12.3	10.1 - 14.5
	High School / GED	12.8	7.5 - 18.1	7.5	6.6 - 8.4
	>High School	6.3	3.2 - 9.5	6.0	5.4 - 6.6
ANNUAL INCOME	<\$25,000	19.4	10.9 - 27.8	11.1	10.0 - 12.3
	\$25,000-\$49,999	8.7	3.5 - 13.9	7.4	6.3 - 8.5
	\$50,000 or More	5.7	2.5 - 8.9	3.9	3.2 - 4.6
MARITAL STATUS	Married/Couple	6.9	3.9 - 10.0	6.5	5.8 - 7.2
	Not Married/Couple	16.4 *	10.2 - 22.6	8.5	7.7 - 9.3

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

### Depression

Percentage of adults who have ever been told they had a depressive disorder

		2013 Measure	County 95% CI	2013 Measure	S State 95% CI
ALL	Overall	19.8	15.8 - 23.9	16.8	15.9 - 17.6
SEX	Men	18.8	12.6 - 25.0	12.1	11.0 - 13.1
	Women	20.8	15.5 - 26.1	21.2	19.9 - 22.4
RACE/ETHNICITY	Non-Hisp. White	20.6	15.9 - 25.3	18.6	17.6 - 19.5
	Non-Hisp. Black	7.2	0.1 - 14.3	14.0	11.4 - 16.5
	Hispanic	16.5	2.5 - 30.5	13.8	11.6 - 16.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	20.2	13.0 - 27.4	13.1	11.9 - 14.4
	Non-Hisp. White Women	20.9	14.9 - 27.0	23.6	22.2 - 25.0
	Non-Hisp. Black Men	NA		12.3	8.3 - 16.3
	Non-Hisp. Black Women	NA		15.5	12.2 - 18.7
	Hispanic Men	NA		8.5	6.2 - 10.9
	Hispanic Women	NA		18.8	15.2 - 22.4
AGE GROUP	18-44	23.2	15.9 - 30.5	15.8	14.4 - 17.2
	45-64	19.4	13.7 - 25.1	19.6	18.1 - 21.1
	65 & Older	13.3	7.2 - 19.5	14.6	13.4 - 15.9
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>33.5</td><td>15.7 - 51.3</td><td>20.9</td><td>17.9 - 24.0</td></high>	33.5	15.7 - 51.3	20.9	17.9 - 24.0
	High School / GED	24.8	16.5 - 33.2	15.8	14.3 - 17.3
	>High School	14.8	11.0 - 18.7	16.3	15.3 - 17.3
ANNUAL INCOME	<\$25,000	35.4 *	25.8 - 45.0	23.8	21.9 - 25.6
	\$25,000-\$49,999	17.2	9.6 - 24.9	16.5	14.8 - 18.2
	\$50,000 or More	12.9	7.2 - 18.6	11.3	10.2 - 12.4
MARITAL STATUS	Married/Couple	15.9	11.3 - 20.5	14.0	13.0 - 15.0
	Not Married/Couple	25.3	18.1 - 32.6	20.1	18.7 - 21.5

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

### **Diabetes**

### Percentage of adults who have ever been told they had diabetes

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	9.2	6.7 - 11.7	11.2	10.5 - 11.9
SEX	Men	10.2	6.5 - 13.9	12.3	11.2 - 13.4
	Women	8.2	4.8 - 11.6	10.1	9.2 - 11.0
RACE/ETHNICITY	Non-Hisp. White	10.1	7.0 - 13.1	11.4	10.7 - 12.2
	Non-Hisp. Black	6.8	0.0 - 13.8	12.3	10.0 - 14.6
	Hispanic	3.1 *	0.0 - 8.6	10.8	8.7 - 12.8
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	11.7	7.2 - 16.3	12.9	11.7 - 14.1
	Non-Hisp. White Women	8.6	4.5 - 12.7	10.0	9.1 - 10.9
	Non-Hisp. Black Men	NA		12.8	9.0 - 16.6
	Non-Hisp. Black Women	NA		11.9	9.2 - 14.5
	Hispanic Men	NA		11.2	8.1 - 14.2
	Hispanic Women	NA		10.4	7.7 - 13.2
AGE GROUP	18-44	1.9	0.0 - 4.4	2.6	1.9 - 3.2
	45-64	10.6	6.0 - 15.2	13.5	12.1 - 14.9
	65 & Older	24.1	16.8 - 31.5	23.5	21.8 - 25.3
EDUCATION LEVEL	<high school<="" th=""><th>22.1</th><th>7.8 - 36.4</th><th>18.0</th><th>14.9 - 21.1</th></high>	22.1	7.8 - 36.4	18.0	14.9 - 21.1
	High School / GED	9.5	5.2 - 13.8	11.5	10.3 - 12.6
	>High School	6.7	4.4 - 8.9	9.2	8.4 - 9.9
ANNUAL INCOME	<\$25,000	12.0	5.7 - 18.2	14.8	13.1 - 16.4
	\$25,000-\$49,999	6.5	2.5 - 10.4	11.9	10.4 - 13.4
	\$50,000 or More	7.1	4.1 - 10.1	7.5	6.6 - 8.4
MARITAL STATUS	Married/Couple	9.3	6.1 - 12.5	11.8	10.8 - 12.8
	Not Married/Couple	9.0	4.9 - 13.1	10.6	9.5 - 11.6

### Percentage of adults with diabetes who self-monitor blood glucose at least once a day on average

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	54.1	40.5 - 67.6	61.8	58.5 - 65.0
SEX	Men	39.2	22.1 - 56.3	56.5	51.9 - 61.2
	Women	72.5	55.9 - 89.0	67.4	63.0 - 71.9
RACE/ETHNICITY	Non-Hisp. White	49.8	34.1 - 65.4	58.9	55.3 - 62.5
	Non-Hisp. Black	NA		72.1	64.0 - 80.1
	Hispanic	NA		64.4	55.0 - 73.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	30.8 *	13.6 - 48.0	54.3	49.1 - 59.5
	Non-Hisp. White Women	73.9	55.8 - 92.0	64.3	59.4 - 69.2
	Non-Hisp. Black Men	NA		66.0	51.8 - 80.2
	Non-Hisp. Black Women	NA		77.7	68.8 - 86.7
	Hispanic Men	NA		56.0	42.1 - 70.0
	Hispanic Women	NA		71.5	60.0 - 83.0
AGE GROUP	18-44	NA		57.2	43.3 - 71.0
	45-64	NA		61.8	56.6 - 67.1
	65 & Older	57.7	39.7 - 75.8	62.6	58.4 - 66.8
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>64.3</th><th>55.4 - 73.2</th></high>	NA		64.3	55.4 - 73.2
	High School / GED	NA		65.2	60.2 - 70.2
	>High School	39.8	23.1 - 56.5	58.1	53.9 - 62.3
ANNUAL INCOME	<\$25,000	NA		65.7	60.1 - 71.3
	\$25,000-\$49,999	NA		60.7	54.2 - 67.2
	\$50,000 or More	NA		55.5	49.3 - 61.7
MARITAL STATUS	Married/Couple	49.2	31.5 - 66.8	59.5	55.1 - 63.9
	Not Married/Couple	62.4	39.9 - 84.8	65.0	60.1 - 69.8

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

### **Diabetes**

Percentage of adults with diabetes who had two A1C tests in the past year

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	82.7	70.4 - 95.1	69.3	65.8 - 72.9
SEX	Men	NA		70.5	66.0 - 75.1
	Women	83.3	63.9 -100.0	68.0	62.6 - 73.5
RACE/ETHNICITY	Non-Hisp. White	87.6	74.7 -100.0	75.6	72.2 - 78.9
	Non-Hisp. Black	NA		68.6	58.9 - 78.3
	Hispanic	NA		52.6	41.4 - 63.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		73.9	68.8 - 79.1
	Non-Hisp. White Women	NA		77.7	73.7 - 81.6
	Non-Hisp. Black Men	NA		65.5	49.7 - 81.3
	Non-Hisp. Black Women	NA		71.6	59.8 - 83.4
	Hispanic Men	NA		64.5	50.5 - 78.4
	Hispanic Women	NA		41.2	26.9 - 55.5
AGE GROUP	18-44	NA		52.3	38.6 - 65.9
	45-64	NA		66.2	60.4 - 72.1
	65 & Older	84.3	69.9 - 98.7	75.7	71.3 - 80.2
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>55.7</th><th>44.3 - 67.1</th></high>	NA		55.7	44.3 - 67.1
	High School / GED	NA		71.2	66.2 - 76.1
	>High School	77.8	59.6 - 96.0	74.8	71.1 - 78.6
ANNUAL INCOME	<\$25,000	NA		64.0	57.5 - 70.4
	\$25,000-\$49,999	NA		69.1	61.5 - 76.7
	\$50,000 or More	NA		78.3	73.3 - 83.2
MARITAL STATUS	Married/Couple	90.3 *	78.2 -100.0	70.3	65.4 - 75.3
	Not Married/Couple	NA		68.0	62.9 - 73.0

### Percentage of adults with diabetes who had an annual foot exam

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	59.5	44.9 - 74.2	67.6	64.6 - 70.7
SEX	Men	63.1	44.2 - 82.1	70.3	66.0 - 74.5
	Women	54.8	32.3 - 77.4	64.8	60.4 - 69.2
RACE/ETHNICITY	Non-Hisp. White	64.9	48.7 - 81.1	68.6	65.2 - 71.9
	Non-Hisp. Black	NA		81.5	74.4 - 88.6
	Hispanic	NA		57.9	48.2 - 67.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	68.9	49.1 - 88.7	70.4	65.4 - 75.4
	Non-Hisp. White Women	59.6	33.9 - 85.3	66.4	61.9 - 70.9
	Non-Hisp. Black Men	NA		85.4	76.4 - 94.4
	Non-Hisp. Black Women	NA		77.9	67.8 - 88.1
	Hispanic Men	NA		66.7	54.3 - 79.1
	Hispanic Women	NA		49.8	35.5 - 64.2
AGE GROUP	18-44	NA		47.6	34.4 - 60.8
	45-64	NA		65.3	60.3 - 70.2
	65 & Older	52.2	33.5 - 70.8	73.2	69.5 - 76.9
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>66.3</th><th>57.8 - 74.7</th></high>	NA		66.3	57.8 - 74.7
	High School / GED	NA		66.7	61.6 - 71.8
	>High School	64.9	47.4 - 82.4	69.1	65.2 - 73.0
ANNUAL INCOME	<\$25,000	NA		66.2	60.8 - 71.6
	\$25,000-\$49,999	NA		69.5	63.5 - 75.5
	\$50,000 or More	NA		71.3	65.8 - 76.7
MARITAL STATUS	Married/Couple	71.7	56.2 - 87.2	68.8	64.8 - 72.8
	Not Married/Couple	39.7	16.2 - 63.2	66.1	61.3 - 70.9

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

### **Diabetes**

### Percentage of adults with diabetes who had an annual eye exam

			County		State
	0 "	Measure	95% CI	Measure	95% CI
	Overall	70.7	56.9 - 84.4	69.7	66.5 - 72.9
SEX	Men	73.9	57.2 - 90.6	71.6	67.3 - 75.9
	Women	66.6	44.9 - 88.4	67.7	63.0 - 72.4
RACE/ETHNICITY	Non-Hisp. White	67.7	52.1 - 83.4	71.4	68.0 - 74.7
	Non-Hisp. Black	NA		77.6	70.1 - 85.0
	Hispanic	NA		60.7	50.6 - 70.8
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	72.5	53.7 - 91.2	71.9	67.0 - 76.7
	Non-Hisp. White Women	61.7	36.3 - 87.2	70.8	66.3 - 75.4
	Non-Hisp. Black Men	NA		82.6	73.3 - 91.9
	Non-Hisp. Black Women	NA		72.9	62.2 - 83.6
	Hispanic Men	NA		68.4	55.6 - 81.2
	Hispanic Women	NA		52.9	38.4 - 67.5
AGE GROUP	18-44	NA		43.7	31.1 - 56.3
	45-64	NA		61.7	56.3 - 67.2
	65 & Older	77.2	62.3 - 92.2	80.9	77.5 - 84.3
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>63.3</th><th>54.1 - 72.6</th></high>	NA		63.3	54.1 - 72.6
	High School / GED	NA		70.7	65.9 - 75.5
	>High School	84.4	73.3 - 95.4	72.7	68.8 - 76.6
ANNUAL INCOME	<\$25,000	NA		68.5	63.3 - 73.7
	\$25,000-\$49,999	NA		65.7	58.5 - 73.0
	\$50,000 or More	NA		75.9	70.1 - 81.6
MARITAL STATUS	Married/Couple	85.6	72.1 - 99.0	69.2	64.8 - 73.7
	Not Married/Couple	49.8	25.4 - 74.2	70.4	65.9 - 74.9

### Percentage of adults with diabetes who ever had diabetes self-management education

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	52.0	37.6 - 66.5	49.6	46.2 - 53.0
SEX	Men	45.4	27.0 - 63.8	47.1	42.3 - 51.9
	Women	60.3	38.4 - 82.2	52.4	47.6 - 57.1
RACE/ETHNICITY	Non-Hisp. White	52.7	36.6 - 68.9	53.1	49.5 - 56.6
	Non-Hisp. Black	NA		53.6	43.4 - 63.9
	Hispanic	NA		39.4	29.8 - 49.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	47.6	27.8 - 67.4	51.1	45.9 - 56.3
	Non-Hisp. White Women	59.3	34.0 - 84.6	55.4	50.6 - 60.1
	Non-Hisp. Black Men	NA		40.2	25.4 - 55.0
	Non-Hisp. Black Women	NA		66.2	56.1 - 76.3
	Hispanic Men	NA		39.7	26.1 - 53.3
	Hispanic Women	NA		39.2	25.3 - 53.1
AGE GROUP	18-44	NA		55.0	42.2 - 67.9
	45-64	NA		52.1	46.5 - 57.7
	65 & Older	46.5	28.9 - 64.2	46.7	42.3 - 51.1
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>34.3</th><th>25.3 - 43.2</th></high>	NA		34.3	25.3 - 43.2
	High School / GED	NA		48.9	43.6 - 54.2
	>High School	67.9	52.3 - 83.5	58.5	54.3 - 62.6
ANNUAL INCOME	<\$25,000	NA		42.3	36.5 - 48.2
	\$25,000-\$49,999	NA		52.1	45.3 - 59.0
	\$50,000 or More	NA		59.9	54.1 - 65.6
MARITAL STATUS	Married/Couple	63.0	46.4 - 79.5	50.7	46.2 - 55.2
	Not Married/Couple	36.9	16.0 - 57.7	48.1	42.9 - 53.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

### Diabetes

Percentage of adults who have ever been told they had pre-diabetes

			County	2013	
		Measure	95% CI	Measure	95% CI
ALL	Overall	8.3	5.7 - 10.8	7.1	6.6 - 7.7
SEX	Men	7.7	3.9 - 11.4	7.4	6.5 - 8.3
	Women	8.9	5.4 - 12.3	7.0	6.3 - 7.6
RACE/ETHNICITY	Non-Hisp. White	9.1	6.1 - 12.1	7.9	7.3 - 8.5
	Non-Hisp. Black	7.3	0.0 - 15.8	8.3	6.2 - 10.5
	Hispanic	10.0	0.0 - 21.3	4.8	3.5 - 6.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	9.7	4.8 - 14.5	8.4	7.4 - 9.4
	Non-Hisp. White Women	8.6	4.9 - 12.2	7.4	6.7 - 8.1
	Non-Hisp. Black Men	NA		8.6	4.8 - 12.5
	Non-Hisp. Black Women	NA		8.0	5.9 - 10.2
	Hispanic Men	NA		4.8	2.7 - 6.8
	Hispanic Women	NA		4.9	3.3 - 6.6
AGE GROUP	18-44	4.9	1.5 - 8.4	4.9	3.9 - 5.8
	45-64	10.8	5.8 - 15.8	7.9	7.0 - 8.8
	65 & Older	12.0	6.8 - 17.3	9.6	8.7 - 10.6
EDUCATION LEVEL	<high school<="" td=""><td>8.0</td><td>0.0 - 17.0</td><td>5.8</td><td>4.2 - 7.5</td></high>	8.0	0.0 - 17.0	5.8	4.2 - 7.5
	High School / GED	11.7	6.1 - 17.2	7.2	6.1 - 8.3
	>High School	6.6	3.8 - 9.4	7.6	6.9 - 8.2
ANNUAL INCOME	<\$25,000	9.4	4.2 - 14.6	7.6	6.4 - 8.9
	\$25,000-\$49,999	10.3	4.3 - 16.4	7.5	6.4 - 8.5
	\$50,000 or More	6.3	3.0 - 9.6	6.7	5.8 - 7.5
MARITAL STATUS	Married/Couple	7.5	4.3 - 10.8	7.3	6.6 - 8.1
	Not Married/Couple	9.4	5.3 - 13.5	7.0	6.1 - 7.8

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval NA=Not available due to respondent counts of less than 30.

### Disability

ercentage of adults who	are limited in any way in	any activiti	es because of phys	sical, mental, or e	motional problems
		2013 Measure	3 County 95% CI	2013 Measure	State 95% CI
ALL	Overall	24.8	20.4 - 29.2	21.2	20.2 - 22.1
SEX	Men	28.0	21.1 - 34.9	20.2	18.9 - 21.6
	Women	21.6	16.1 - 27.0	22.1	20.7 - 23.4
RACE/ETHNICITY	Non-Hisp. White	24.9	20.2 - 29.7	23.2	22.2 - 24.2
	Non-Hisp. Black	28.4	10.3 - 46.6	17.8	15.1 - 20.5
	Hispanic	17.6	3.7 - 31.4	18.6	15.8 - 21.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	25.4	18.4 - 32.5	22.6	21.1 - 24.1
	Non-Hisp. White Women	24.5	18.0 - 31.0	23.8	22.5 - 25.1
	Non-Hisp. Black Men	NA		19.1	14.7 - 23.4
	Non-Hisp. Black Women	NA		16.6	13.3 - 19.8
	Hispanic Men	NA		15.7	12.2 - 19.3
	Hispanic Women	NA		21.3	17.1 - 25.6
AGE GROUP	18-44	21.2	13.6 - 28.9	13.5	12.1 - 14.9
	45-64	29.0	21.8 - 36.1	26.0	24.2 - 27.8
	65 & Older	27.0	19.9 - 34.2	28.6	26.9 - 30.2
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>44.0</td><td>25.1 - 62.9</td><td>28.7</td><td>25.0 - 32.3</td></high>	44.0	25.1 - 62.9	28.7	25.0 - 32.3
	High School / GED	29.0	20.4 - 37.5	21.8	20.1 - 23.6
	>High School	19.0	14.4 - 23.6	18.9	17.8 - 19.9
ANNUAL INCOME	<\$25,000	38.9	28.6 - 49.2	30.7	28.5 - 32.8
	\$25,000-\$49,999	23.8	14.7 - 33.0	20.4	18.5 - 22.3
	\$50,000 or More	16.7	11.0 - 22.4	12.8	11.7 - 14.0
MARITAL STATUS	Married/Couple	20.9	15.6 - 26.1	18.7	17.5 - 19.9
	Not Married/Couple	30.4	22.7 - 38.0	24.1	22.6 - 25.7
ercentage of adults who	use special equipment b	ecause of a	health problem		
		2013 Measure	3 County 95% CI	2013 Measure	S State 95% CI
ALL	Overall	8.6	5.9 - 11.4	8.8	8.2 - 9.3
SEX	Men	10.5	5.8 - 15.2	8.3	7.5 - 9.1
	Women	6.8	4.1 - 9.4	9.2	8.4 - 10.0
RACE/ETHNICITY	Non-Hisp. White	8.6	5.8 - 11.5	9.8	9.2 - 10.4
	Non-Hisp. Black	5.2	0.0 - 11.6	8.6	6.9 - 10.2
	Hispanic	3.7	0.0 - 10.3	6.5	5.0 - 8.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	9.7	5.0 - 14.4	9.2	8.3 - 10.1
	Non-Hisp. White Women	7.6	4.4 - 10.9	10.3	9.5 - 11.2
	Non-Hisp. Black Men	NA		7.9	5.5 - 10.3
	Non-Hisp. Black Women	NA		9.2	7.0 - 11.5

	Non-Hisp. White Women	7.6	4.4 - 10.9	10.3	9.5 - 11.2				
	Non-Hisp. Black Men	NA		7.9	5.5 - 10.3				
	Non-Hisp. Black Women	NA		9.2	7.0 - 11.5				
	Hispanic Men	NA		6.2	4.1 - 8.4				
	Hispanic Women	NA		6.8	4.7 - 8.9				
AGE GROUP	18-44	3.1	0.0 - 6.8	3.1	2.4 - 3.8				
	45-64	9.5	4.9 - 14.2	9.5	8.4 - 10.5				
	65 & Older	19.7	12.7 - 26.7	18.1	16.8 - 19.4				
EDUCATION LEVEL	<high school<="" th=""><th>22.7</th><th>6.3 - 39.1</th><th>13.2</th><th>11.0 - 15.4</th><th></th></high>	22.7	6.3 - 39.1	13.2	11.0 - 15.4				
	High School / GED	8.2	4.4 - 12.1	8.4	7.4 - 9.4				
	>High School	6.2	3.6 - 8.8	7.8	7.2 - 8.5				
ANNUAL INCOME	<\$25,000	17.4	9.3 - 25.4	13.5	12.2 - 14.9				
	\$25,000-\$49,999	8.7	3.4 - 14.0	7.9	6.9 - 8.8				
	\$50,000 or More	3.1	0.9 - 5.2	4.8	4.1 - 5.5				
MARITAL STATUS	Married/Couple	6.2	3.5 - 9.0	7.7	7.0 - 8.5				
	Not Married/Couple	12.2	6.8 - 17.5	10.1	9.2 - 11.0				
* Indicates that the difference observed between the 2013 county and state measures is statistically significant.									

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

# **Hypertension Awareness**

Percentage of adults who have ever been told they had hypertension

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	36.9	32.3 - 41.6	34.6	33.5 - 35.7
SEX	Men	40.4	33.4 - 47.3	37.2	35.6 - 38.9
	Women	33.5	27.3 - 39.7	32.1	30.7 - 33.5
RACE/ETHNICITY	Non-Hisp. White	39.0	33.8 - 44.2	38.4	37.3 - 39.5
	Non-Hisp. Black	44.3	24.9 - 63.7	33.7	30.4 - 37.0
	Hispanic	21.4	7.6 - 35.2	28.3	25.0 - 31.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	46.2	38.3 - 54.1	42.1	40.3 - 43.9
	Non-Hisp. White Women	32.2	25.5 - 38.9	35.0	33.6 - 36.4
	Non-Hisp. Black Men	NA		35.1	29.6 - 40.6
	Non-Hisp. Black Women	NA		32.4	28.6 - 36.3
	Hispanic Men	NA		28.9	24.1 - 33.7
	Hispanic Women	NA		27.6	23.1 - 32.1
AGE GROUP	18-44	20.6	13.4 - 27.7	13.8	12.4 - 15.2
	45-64	39.6	32.3 - 47.0	41.1	39.1 - 43.2
	65 & Older	69.1	61.8 - 76.4	62.8	61.1 - 64.6
<b>EDUCATION LEVEL</b>	<high school<="" th=""><th>25.2</th><th>10.3 - 40.1</th><th>42.3</th><th>38.2 - 46.3</th></high>	25.2	10.3 - 40.1	42.3	38.2 - 46.3
	High School / GED	46.3	37.1 - 55.5	35.8	33.8 - 37.9
	>High School	34.3	28.7 - 39.9	31.9	30.7 - 33.1
ANNUAL INCOME	<\$25,000	32.5	23.9 - 41.2	37.5	35.3 - 39.7
	\$25,000-\$49,999	39.0	28.3 - 49.8	36.9	34.6 - 39.2
	\$50,000 or More	35.8	28.8 - 42.7	30.7	29.0 - 32.5
MARITAL STATUS	Married/Couple	38.8	32.9 - 44.6	35.8	34.4 - 37.3
	Not Married/Couple	34.6	27.0 - 42.2	33.5	31.8 - 35.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

### **Kidney Disease**

Percentage of adults who have ever been told they had kidney disease

		2013	County	2013 State		
		Measure	95% CI	Measure	95% CI	
ALL	Overall	3.7	1.9 - 5.4	3.5	3.0 - 3.9	
SEX	Men	3.7	1.1 - 6.2	3.3	2.7 - 3.8	
	Women	3.6	1.3 - 6.0	3.6	3.0 - 4.3	
RACE/ETHNICITY	Non-Hisp. White	4.6	2.4 - 6.9	3.5	3.0 - 4.0	
	Non-Hisp. Black	0.0		2.4	1.5 - 3.2	
	Hispanic	2.9	0.0 - 6.9	4.2	2.7 - 5.7	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	5.2	1.6 - 8.7	3.7	2.9 - 4.5	
	Non-Hisp. White Women	4.2	1.2 - 7.2	3.3	2.9 - 3.8	
	Non-Hisp. Black Men	NA		2.0	0.8 - 3.1	
	Non-Hisp. Black Women	NA		2.7	1.5 - 3.9	
	Hispanic Men	NA		3.1	1.8 - 4.4	
	Hispanic Women	NA		5.2	2.7 - 7.8	
AGE GROUP	18-44	1.4	0.0 - 3.4	1.9	1.2 - 2.6	
	45-64	2.8	0.4 - 5.3	3.6	2.7 - 4.4	
	65 & Older	10.6	4.7 - 16.5	5.9	5.2 - 6.7	
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>7.4</td><td>0.0 - 17.2</td><td>4.6</td><td>3.1 - 6.2</td></high>	7.4	0.0 - 17.2	4.6	3.1 - 6.2	
	High School / GED	3.3	0.9 - 5.7	4.0	2.9 - 5.0	
	>High School	3.2	1.3 - 5.1	2.9	2.5 - 3.3	
ANNUAL INCOME	<\$25,000	3.2	0.0 - 6.8	5.0	4.0 - 6.0	
	\$25,000-\$49,999	4.0	0.0 - 8.0	3.5	2.4 - 4.6	
	\$50,000 or More	3.0	1.2 - 4.9	2.1	1.6 - 2.5	
MARITAL STATUS	Married/Couple	4.0	1.5 - 6.4	3.4	2.8 - 4.0	
	Not Married/Couple	3.3	0.8 - 5.7	3.6	2.9 - 4.2	

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

### **Overweight & Obesity**

#### Percentage of adults who are overweight

Percentage of adults who	are overweight				
		2013 Measure	County 95% CI	2013 Measure	S State 95% CI
ALL	Overall	38.7	33.8 - 43.7	36.4	35.2 - 37.6
SEX	Men	46.3	39.0 - 53.6	42.9	41.1 - 44.7
	Women	30.8	24.2 - 37.3	30.0	28.5 - 31.5
RACE/ETHNICITY	Non-Hisp. White	37.0	31.7 - 42.4	35.8	34.6 - 36.9
	Non-Hisp. Black	41.5	22.1 - 61.0	36.9	33.0 - 40.8
	Hispanic	44.2	24.7 - 63.7	38.6	34.9 - 42.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	42.8	34.9 - 50.8	43.5	41.6 - 45.3
	Non-Hisp. White Women	31.4	24.4 - 38.3	28.1	26.7 - 29.5
	Non-Hisp. Black Men	NA		39.7	33.6 - 45.8
	Non-Hisp. Black Women	NA		34.3	29.4 - 39.1
	Hispanic Men	NA		44.4	39.0 - 49.7
	Hispanic Women	NA		32.9	28.1 - 37.7
AGE GROUP	18-44	38.3	29.8 - 46.7	31.5	29.5 - 33.6
	45-64	35.4	27.9 - 43.0	39.4	37.3 - 41.5
	65 & Older	46.6	37.9 - 55.2	40.6	38.7 - 42.4
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>37.7</td><td>19.6 - 55.9</td><td>38.4</td><td>34.1 - 42.8</td></high>	37.7	19.6 - 55.9	38.4	34.1 - 42.8
	High School / GED	31.1	22.6 - 39.6	35.4	33.2 - 37.6
	>High School	43.0	36.9 - 49.2	36.5	35.1 - 37.9
ANNUAL INCOME	<\$25,000	41.0	30.7 - 51.2	34.8	32.4 - 37.2
	\$25,000-\$49,999	41.4	30.3 - 52.6	37.1	34.7 - 39.6
	\$50,000 or More	36.0	28.8 - 43.1	37.8	35.9 - 39.8
MARITAL STATUS	Married/Couple	38.4	32.5 - 44.4	39.5	37.9 - 41.1
	Not Married/Couple	39.2	30.7 - 47.7	32.9	31.0 - 34.7
ercentage of adults who	are obese				
		2013 Measure	County 95% CI	2013 Measure	S State 95% CI
ALL	Overall	25.0	20.6 - 29.5	26.4	25.3 - 27.4
SEX	Men	26.2	19.5 - 32.9	27.5	25.9 - 29.0
	Women	23.8	18.0 - 29.6	25.3	23.9 - 26.7
RACE/ETHNICITY	Non-Hisp. White	21.8	17.3 - 26.3	25.1	24.1 - 26.2
	Non-Hisp. Black	47.0	27.6 - 66.4	34.2	30.6 - 37.8
	Hispanic	25.6	6.2 - 45.0	26.4	23.4 - 29.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	24.0	17.2 - 30.7	27.5	25.8 - 29.2
	Non-Hisp. White Women	19.7	13.6 - 25.8	22.8	21.5 - 24.1
	Non-Hisp. Black Men	NA		29.6	24.3 - 34.9
	Non-Hisp. Black Women	NA		38.6	33.7 - 43.4
	Hispanic Men	NA		27.9	23.5 - 32.4
	Hispanic Women	NA		24.9	20.8 - 29.0
AGE GROUP		23.7	16.1 - 31.4	24.2	22.4 - 26.0
	45-64	30.6	23.3 - 37.8	30.3	28.5 - 32.2
	65 & Older	19.5	13.3 - 25.8	24.8	23.3 - 26.4
EDUCATION LEVEL		30.7	13.5 - 47.9	29.4	25.7 - 33.0
	High School / GED	27.8	18.7 - 36.8	28.4	26.4 - 30.5
	<u> </u>				

22.6

21.6

35.2

21.1

26.2

23.3

17.6 - 27.5

13.4 - 29.9

24.0 - 46.4

15.2 - 26.9

20.4 - 32.0

16.5 - 30.2

24.5

29.9

27.7

24.6

27.9

23.3 - 25.7

27.7 - 32.1

25.5 - 29.8

22.9 - 26.3

26.4 - 29.3

23.1 - 26.2

MARITAL STATUS Married/Couple

ANNUAL INCOME <\$25,000

>High School

\$25,000-\$49,999

\$50,000 or More

Not Married/Couple

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

### **Overweight & Obesity**

#### Percentage of adults who are overweight or obese

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	63.7	59.0 - 68.5	62.8	61.6 - 64.0
SEX	Men	72.5	66.2 - 78.8	70.4	68.7 - 72.0
	Women	54.6	47.7 - 61.4	55.3	53.6 - 56.9
RACE/ETHNICITY	Non-Hisp. White	58.9	53.4 - 64.3	60.9	59.7 - 62.1
	Non-Hisp. Black	88.5 *	78.9 - 98.2	71.1	67.5 - 74.7
	Hispanic	69.8	52.3 - 87.2	64.9	61.4 - 68.5
X BY RACE/ETHNICITY	Non-Hisp. White Men	66.8	59.2 - 74.4	71.0	69.3 - 72.6
	Non-Hisp. White Women	51.1	43.4 - 58.7	50.9	49.3 - 52.5
	Non-Hisp. Black Men	NA		69.3	63.5 - 75.2
	Non-Hisp. Black Women	NA		72.8	68.6 - 77.
	Hispanic Men	NA		72.3	67.5 - 77.
	Hispanic Women	NA		57.8	52.6 - 62.9
AGE GROUP	18-44	62.0	53.8 - 70.2	55.7	53.5 - 57.9
	45-64	66.0	58.9 - 73.0	69.7	68.0 - 71.5
	65 & Older	66.1	58.2 - 74.0	65.4	63.7 - 67.
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>68.4</td><td>52.4 - 84.4</td><td>67.8</td><td>63.8 - 71.7</td></high>	68.4	52.4 - 84.4	67.8	63.8 - 71.7
	High School / GED	58.9	49.7 - 68.1	63.8	61.5 - 66.
	>High School	65.6	59.9 - 71.3	61.0	59.6 - 62.4
ANNUAL INCOME	<\$25,000	62.6	53.1 - 72.1	64.7	62.4 - 66.9
	\$25,000-\$49,999	76.6 *	68.3 - 84.9	64.8	62.4 - 67.2
	\$50,000 or More	57.0	49.4 - 64.6	62.4	60.5 - 64.4
MARITAL STATUS	Married/Couple	64.7	58.9 - 70.4	67.4	65.9 - 68.8
	Not Married/Couple	62.5	54.4 - 70.6	57.5	55.6 - 59.5
tage of adults who	have a healthy weight				
		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	34.7	30.0 - 39.4	35.0	33.8 - 36.1
SEX	Men	27.5	21.2 - 33.8	28.4	26.7 - 30.
	Women	42.2	35.5 - 49.0	41.4	39.8 - 43.1
RACE/ETHNICITY					JJ.U +J.
RACE/ETHNICITY	Non-Hisp. White	39.2	33.7 - 44.6	36.3	
	Non-Hisp. White Non-Hisp. Black	39.2 11.5 *	33.7 - 44.6 1.8 - 21.1	36.3 27.6	35.1 - 37.9
	· · · · · · · · · · · · · · · · · · ·				35.1 - 37.5 24.1 - 31.2 30.2 - 37.3
BY RACE/ETHNICITY	Non-Hisp. Black Hispanic	11.5 *	1.8 - 21.1	27.6	35.1 - 37.5 24.1 - 31.5 30.2 - 37.5
BY RACE/ETHNICITY	Non-Hisp. Black Hispanic	11.5 * 28.9	1.8 - 21.1 11.5 - 46.2	27.6 33.8	35.1 - 37.5 24.1 - 31.5 30.2 - 37.5 26.0 - 29.5
BY RACE/ETHNICITY	Non-Hisp. Black Hispanic Non-Hisp. White Men	11.5 * 28.9 33.2	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8	27.6 33.8 27.7	35.1 - 37.3 24.1 - 31.3 30.2 - 37.3 26.0 - 29.3 43.3 - 46.3
BY RACE/ETHNICITY	Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women	11.5 * 28.9 33.2 45.0	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8	27.6 33.8 27.7 44.9	35.1 - 37.4 24.1 - 31.3 30.2 - 37.4 26.0 - 29.4 43.3 - 46.4 23.7 - 35.4
BY RACE/ETHNICITY	Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men	11.5 * 28.9 33.2 45.0 NA	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8	27.6 33.8 27.7 44.9 29.5	35.1 - 37.4 24.1 - 31.3 30.2 - 37.4 26.0 - 29.4 43.3 - 46.4 23.7 - 35.3 21.6 - 30.4
BY RACE/ETHNICITY	Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women	11.5 * 28.9 33.2 45.0 NA	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8	27.6 33.8 27.7 44.9 29.5 25.8	35.1 - 37.4 24.1 - 31.3 30.2 - 37.4 26.0 - 29.3 43.3 - 46.4 23.7 - 35.3 21.6 - 30.4 22.3 - 31.4
BY RACE/ETHNICITY  AGE GROUP	Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women	11.5 * 28.9 33.2 45.0 NA NA	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8	27.6 33.8 27.7 44.9 29.5 25.8 27.1	35.1 - 37.4 24.1 - 31.3 30.2 - 37.4 26.0 - 29.4 43.3 - 46.6 23.7 - 35.5 21.6 - 30.6 22.3 - 31.9 35.1 - 45.6
	Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women	11.5 * 28.9 33.2 45.0 NA NA NA NA	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8 37.4 - 52.6	27.6 33.8 27.7 44.9 29.5 25.8 27.1 40.3	35.1 - 37.4 24.1 - 31.3 30.2 - 37.3 26.0 - 29.4 43.3 - 46.4 23.7 - 35.6 21.6 - 30.0 22.3 - 31.4 35.1 - 45.6 39.3 - 43.6
	Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44	11.5 * 28.9 33.2 45.0 NA NA NA NA NA SA NA NA NA NA NA NA NA NA	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8 37.4 - 52.6	27.6 33.8 27.7 44.9 29.5 25.8 27.1 40.3 41.5	35.1 - 37.3 24.1 - 31.3 30.2 - 37.3 26.0 - 29.3 43.3 - 46.3 23.7 - 35.3 21.6 - 30.6 22.3 - 31.9 35.1 - 45.4 39.3 - 43.3 26.8 - 30.3
	Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older	11.5 * 28.9 33.2 45.0 NA NA NA SA NA SA	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8 37.4 - 52.6 27.8 - 44.1 26.6 - 40.7	27.6 33.8 27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5	35.1 - 37.4 24.1 - 31.2 30.2 - 37.3 26.0 - 29.3 43.3 - 46.4 23.7 - 35.3 21.6 - 30.4 22.3 - 31.6 35.1 - 45.4 39.3 - 43.3 26.8 - 30.2 30.8 - 34.4
AGE GROUP	Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older	11.5 * 28.9 33.2 45.0 NA NA NA 35.9 33.6 31.9	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8 37.4 - 52.6 27.8 - 44.1 26.6 - 40.7 24.1 - 39.7	27.6 33.8 27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5	35.1 - 37.5 24.1 - 31.2
AGE GROUP	Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older <high school<="" td=""><td>11.5 * 28.9 33.2 45.0 NA NA NA 35.9 33.6 31.9 31.6</td><td>1.8 - 21.1 11.5 - 46.2 25.6 - 40.8 37.4 - 52.6 27.8 - 44.1 26.6 - 40.7 24.1 - 39.7 15.6 - 47.6</td><td>27.6 33.8 27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5</td><td>35.1 - 37.5 24.1 - 31.2 30.2 - 37.5 26.0 - 29.5 43.3 - 46.5 23.7 - 35.5 21.6 - 30.6 22.3 - 31.5 35.1 - 45.6 39.3 - 43.7 26.8 - 30.2 30.8 - 34.7 26.1 - 33.8</td></high>	11.5 * 28.9 33.2 45.0 NA NA NA 35.9 33.6 31.9 31.6	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8 37.4 - 52.6 27.8 - 44.1 26.6 - 40.7 24.1 - 39.7 15.6 - 47.6	27.6 33.8 27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5	35.1 - 37.5 24.1 - 31.2 30.2 - 37.5 26.0 - 29.5 43.3 - 46.5 23.7 - 35.5 21.6 - 30.6 22.3 - 31.5 35.1 - 45.6 39.3 - 43.7 26.8 - 30.2 30.8 - 34.7 26.1 - 33.8
	Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older <high high="" school="" school<="" td=""><td>11.5 * 28.9 33.2 45.0 NA NA NA SS.9 33.6 31.9 31.6 37.3</td><td>1.8 - 21.1 11.5 - 46.2 25.6 - 40.8 37.4 - 52.6 27.8 - 44.1 26.6 - 40.7 24.1 - 39.7 15.6 - 47.6 28.3 - 46.4</td><td>27.6 33.8 27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5 30.0 34.4</td><td>35.1 - 37.5 24.1 - 31.2 30.2 - 37.5 26.0 - 29.5 43.3 - 46.5 23.7 - 35.5 21.6 - 30.6 22.3 - 31.5 35.1 - 45.6 39.3 - 43.7 26.8 - 30.2 30.8 - 34.7 26.1 - 33.6 32.1 - 36.7</td></high>	11.5 * 28.9 33.2 45.0 NA NA NA SS.9 33.6 31.9 31.6 37.3	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8 37.4 - 52.6 27.8 - 44.1 26.6 - 40.7 24.1 - 39.7 15.6 - 47.6 28.3 - 46.4	27.6 33.8 27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5 30.0 34.4	35.1 - 37.5 24.1 - 31.2 30.2 - 37.5 26.0 - 29.5 43.3 - 46.5 23.7 - 35.5 21.6 - 30.6 22.3 - 31.5 35.1 - 45.6 39.3 - 43.7 26.8 - 30.2 30.8 - 34.7 26.1 - 33.6 32.1 - 36.7
AGE GROUP	Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older <high high="" school="" school<="" td=""><td>11.5 * 28.9 33.2 45.0 NA NA NA 35.9 33.6 31.9 31.6 37.3 33.7</td><td>1.8 - 21.1 11.5 - 46.2 25.6 - 40.8 37.4 - 52.6 27.8 - 44.1 26.6 - 40.7 24.1 - 39.7 15.6 - 47.6 28.3 - 46.4 28.0 - 39.3 25.6 - 44.2</td><td>27.6 33.8 27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5 30.0 34.4 36.5</td><td>35.1 - 37.4 24.1 - 31.2 30.2 - 37.3 26.0 - 29.3 43.3 - 46.4 23.7 - 35.3 21.6 - 30.6 22.3 - 31.6 35.1 - 45.4 39.3 - 43.3 26.8 - 30.2 30.8 - 34.3 26.1 - 36.3 32.1 - 36.3 31.2 - 35.6</td></high>	11.5 * 28.9 33.2 45.0 NA NA NA 35.9 33.6 31.9 31.6 37.3 33.7	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8 37.4 - 52.6 27.8 - 44.1 26.6 - 40.7 24.1 - 39.7 15.6 - 47.6 28.3 - 46.4 28.0 - 39.3 25.6 - 44.2	27.6 33.8 27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5 30.0 34.4 36.5	35.1 - 37.4 24.1 - 31.2 30.2 - 37.3 26.0 - 29.3 43.3 - 46.4 23.7 - 35.3 21.6 - 30.6 22.3 - 31.6 35.1 - 45.4 39.3 - 43.3 26.8 - 30.2 30.8 - 34.3 26.1 - 36.3 32.1 - 36.3 31.2 - 35.6
AGE GROUP	Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older <high ged="" high="" school="">High School &lt;\$25,000</high>	11.5 * 28.9 33.2 45.0 NA NA NA 35.9 33.6 31.9 31.6 37.3 33.7 34.9	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8 37.4 - 52.6 27.8 - 44.1 26.6 - 40.7 24.1 - 39.7 15.6 - 47.6 28.3 - 46.4 28.0 - 39.3 25.6 - 44.2 14.6 - 31.1	27.6 33.8 27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5 30.0 34.4 36.5 33.4	35.1 - 37.6 24.1 - 31.2 30.2 - 37.6 26.0 - 29.6 43.3 - 46.6 23.7 - 35.6 21.6 - 30.6 22.3 - 31.6 35.1 - 45.6 39.3 - 43.7 26.8 - 30.2 30.8 - 34.7 26.1 - 33.8 32.1 - 36.7 31.2 - 35.6 30.6 - 35.6
AGE GROUP	Non-Hisp. Black Hispanic Non-Hisp. White Men Non-Hisp. White Women Non-Hisp. Black Men Non-Hisp. Black Women Hispanic Men Hispanic Women 18-44 45-64 65 & Older <high ged="" high="" school="">High School &lt;\$25,000 \$25,000 or More</high>	11.5 * 28.9 33.2 45.0 NA NA NA 35.9 33.6 31.9 31.6 37.3 33.7 34.9 22.9	1.8 - 21.1 11.5 - 46.2 25.6 - 40.8 37.4 - 52.6 27.8 - 44.1 26.6 - 40.7 24.1 - 39.7 15.6 - 47.6 28.3 - 46.4 28.0 - 39.3 25.6 - 44.2	27.6 33.8 27.7 44.9 29.5 25.8 27.1 40.3 41.5 28.5 32.5 30.0 34.4 36.5 33.4 33.0	35.1 - 37.5 24.1 - 31.2 30.2 - 37.5 26.0 - 29.5 43.3 - 46.5 23.7 - 35.5 21.6 - 30.6 22.3 - 31.5 35.1 - 45.4 39.3 - 43.7 26.8 - 30.2 30.8 - 34.7 26.1 - 36.7 35.1 - 37.5 31.2 - 35.6

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

34.3

26.4 - 42.2

37.7 - 41.5

Not Married/Couple

### **Vision Impairment**

Percentage of adults who are blind or have serious difficulty seeing, even when wearing glasses

		2013 ( Measure	County 95% CI	2013 S Measure	State 95% CI
ALL	Overall	5.4	2.7 - 8.1	5.2	4.7 - 5.8
SEX	Men	4.4	1.2 - 7.5	4.9	4.2 - 5.7
	Women	6.4	2.1 - 10.7	5.5	4.8 - 6.3
RACE/ETHNICITY	Non-Hisp. White	4.6	1.5 - 7.8	4.0	3.5 - 4.5
	Non-Hisp. Black	2.6	0.0 - 6.3	7.5	5.7 - 9.3
	Hispanic	12.4	0.0 - 24.7	7.2	5.4 - 8.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	3.7	0.2 - 7.3	3.7	2.9 - 4.5
	Non-Hisp. White Women	5.5	0.4 - 10.5	4.3	3.7 - 4.8
	Non-Hisp. Black Men	NA		7.5	4.9 - 10.1
	Non-Hisp. Black Women	NA		7.5	4.9 - 10.1
	Hispanic Men	NA		6.1	3.8 - 8.3
	Hispanic Women	NA		8.3	5.6 - 10.9
AGE GROUP	18-44	4.8	0.2 - 9.5	3.4	2.7 - 4.2
	45-64	5.2	1.3 - 9.0	7.4	6.2 - 8.5
	65 & Older	7.1	1.7 - 12.6	5.6	4.8 - 6.3
EDUCATION LEVEL	<high school<="" th=""><th>18.2</th><th>4.3 - 32.2</th><th>11.2</th><th>8.8 - 13.6</th></high>	18.2	4.3 - 32.2	11.2	8.8 - 13.6
	High School / GED	3.2	0.7 - 5.7	5.6	4.6 - 6.7
	>High School	4.1	0.6 - 7.6	3.4	3.0 - 3.9
ANNUAL INCOME	<\$25,000	13.8	6.5 - 21.1	10.1	8.6 - 11.5
	\$25,000-\$49,999	1.3	0.0 - 3.5	3.9	3.1 - 4.7
	\$50,000 or More	3.0	0.0 - 7.5	1.9	1.4 - 2.3
MARITAL STATUS	Married/Couple	2.2	0.3 - 4.1	3.9	3.3 - 4.5
	Not Married/Couple	9.9	4.1 - 15.7	6.9	5.9 - 7.8

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

# **Alcohol Consumption**

Percentage of adults who engage in heavy or binge drinking

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	18.9	14.8 - 23.0	17.6	16.6 - 18.6
SEX	Men	24.6	18.0 - 31.1	23.4	21.7 - 25.1
	Women	13.5	8.6 - 18.5	12.2	11.2 - 13.3
RACE/ETHNICITY	Non-Hisp. White	17.5	13.1 - 21.8	17.6	16.6 - 18.5
	Non-Hisp. Black	30.1	11.1 - 49.1	14.0	11.1 - 17.0
	Hispanic	32.5	13.3 - 51.7	19.6	16.4 - 22.8
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	21.5	14.7 - 28.4	21.4	19.8 - 23.0
	Non-Hisp. White Women	13.7	8.2 - 19.3	14.0	12.9 - 15.1
	Non-Hisp. Black Men	NA		19.8	14.5 - 25.2
	Non-Hisp. Black Women	NA		8.8	6.4 - 11.3
	Hispanic Men	NA		30.1	24.8 - 35.3
	Hispanic Women	NA		9.7	6.2 - 13.1
AGE GROUP	18-44	28.2	20.3 - 36.1	24.2	22.3 - 26.1
	45-64	12.9	7.7 - 18.1	16.9	15.3 - 18.5
	65 & Older	9.4	4.7 - 14.1	7.2	6.4 - 8.0
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>18.6</th><th>14.7 - 22.4</th></high>	NA		18.6	14.7 - 22.4
	High School / GED	16.0	8.7 - 23.3	16.3	14.6 - 18.1
	>High School	21.2	15.8 - 26.6	18.0	16.8 - 19.2
ANNUAL INCOME	<\$25,000	23.6	14.1 - 33.1	16.3	14.5 - 18.1
	\$25,000-\$49,999	16.1	8.4 - 23.8	17.9	15.7 - 20.1
	\$50,000 or More	18.7	12.8 - 24.7	20.3	18.6 - 22.0
MARITAL STATUS	Married/Couple	16.0	11.4 - 20.6	14.9	13.8 - 16.0
	Not Married/Couple	23.3	15.8 - 30.8	20.9	19.1 - 22.6

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

### **Tobacco Use & Exposure**

# Percentage of adults who are current smokers

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	22.4 *	18.1 - 26.6	16.8	15.9 - 17.7
SEX	Men	21.1	14.9 - 27.2	19.5	18.0 - 21.0
	Women	23.6 *	17.7 - 29.6	14.4	13.3 - 15.4
RACE/ETHNICITY	Non-Hisp. White	23.4	18.6 - 28.3	18.6	17.6 - 19.5
	Non-Hisp. Black	18.3	4.8 - 31.7	14.4	11.7 - 17.1
	Hispanic	11.1	0.0 - 22.2	13.9	11.4 - 16.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	22.4	15.6 - 29.3	19.7	18.2 - 21.3
	Non-Hisp. White Women	24.4	17.4 - 31.3	17.4	16.2 - 18.6
	Non-Hisp. Black Men	NA		19.3	14.6 - 24.1
	Non-Hisp. Black Women	NA		9.9	7.3 - 12.4
	Hispanic Men	NA		18.8	14.6 - 23.0
	Hispanic Women	NA		9.3	6.4 - 12.1
AGE GROUP	18-44	25.4	17.9 - 33.0	19.2	17.5 - 20.8
	45-64	26.3	19.5 - 33.1	19.8	18.4 - 21.3
	65 & Older	10.5	4.1 - 16.8	8.7	7.4 - 9.9
EDUCATION LEVEL	<high school<="" th=""><th>48.8 *</th><th>29.8 - 67.9</th><th>24.8</th><th>21.4 - 28.3</th></high>	48.8 *	29.8 - 67.9	24.8	21.4 - 28.3
	High School / GED	25.7	17.8 - 33.7	19.8	18.1 - 21.5
	>High School	15.5	11.2 - 19.8	13.1	12.2 - 14.1
ANNUAL INCOME	<\$25,000	39.9 *	29.7 - 50.1	22.3	20.4 - 24.2
	\$25,000-\$49,999	19.6	11.6 - 27.7	17.7	15.9 - 19.5
	\$50,000 or More	12.8	7.4 - 18.1	11.8	10.5 - 13.1
MARITAL STATUS	Married/Couple	15.8	11.1 - 20.4	13.6	12.5 - 14.6
	Not Married/Couple	31.8 *	24.0 - 39.5	20.8	19.2 - 22.3

### Percentage of adults who are former smokers (currently quit smoking)

Measure   95% C  Measure   95% C    Measure   95% C			2013	County	2013	State
SEX         Men         30.5         23.7         37.4         31.6         30.0         - 33.2           Women         23.8         18.4         - 29.2         24.9         23.7         - 26.2           RACE/ETHNICITY         Non-Hisp. White         29.7         24.8         - 34.6         35.6         34.5         - 36.7           Non-Hisp. Black         15.7         0.5         - 30.8         14.0         11.7         - 16.3           Hispanic         27.1         7.4         - 46.8         19.3         16.5         - 22.0           SEX BY RACE/ETHNICITY         Non-Hisp. White Men         33.2         25.7         - 40.8         39.3         37.5         - 41.1           Non-Hisp. White Women         26.4         20.1         - 32.7         32.2         30.7         - 33.6           Non-Hisp. Black Men         NA         17.0         13.4         - 20.7           Non-Hisp. Black Women         NA         11.2         8.4         - 14.0           Hispanic Men         NA         22.5         18.2         - 26.7           Hispanic Women         NA         16.2         12.5         - 19.8           AGE GROUP         18-44         20.1         1			Measure	95% CI	Measure	95% CI
Women   23.8   18.4   29.2   24.9   23.7   26.2	ALL	Overall	27.1	22.7 - 31.5	28.1	27.1 - 29.2
RACE/ETHNICITY         Non-Hisp. White         29.7         24.8 - 34.6         35.6         34.5 - 36.7           Non-Hisp. Black         15.7         0.5 - 30.8         14.0         11.7 - 16.3           Hispanic         27.1         7.4 - 46.8         19.3         16.5 - 22.0           SEX BY RACE/ETHNICITY         Non-Hisp. White Men         33.2         25.7 - 40.8         39.3         37.5 - 41.1           Non-Hisp. White Women         26.4         20.1 - 32.7         32.2         30.7 - 33.6           Non-Hisp. Black Men         NA         17.0         13.4 - 20.7           Non-Hisp. Black Women         NA         11.2         8.4 - 14.0           Hispanic Men         NA         22.5         18.2 - 26.7           Hispanic Women         NA         16.2         12.5 - 19.8           AGE GROUP         18-44         20.1         13.0 - 27.1         15.6         14.1 - 17.1           45-64         24.7         17.8 - 31.7         30.3         28.5 - 32.2	SEX	Men	30.5	23.7 - 37.4	31.6	30.0 - 33.2
Non-Hisp. Black   15.7   0.5 - 30.8   14.0   11.7 - 16.3     Hispanic   27.1   7.4 - 46.8   19.3   16.5 - 22.0     SEX BY RACE/ETHNICITY   Non-Hisp. White Men   33.2   25.7 - 40.8   39.3   37.5 - 41.1     Non-Hisp. White Women   26.4   20.1 - 32.7   32.2   30.7 - 33.6     Non-Hisp. Black Men   NA   17.0   13.4 - 20.7     Non-Hisp. Black Women   NA   11.2   8.4 - 14.0     Hispanic Men   NA   22.5   18.2 - 26.7     Hispanic Women   NA   16.2   12.5 - 19.8     AGE GROUP   18-44   20.1   13.0 - 27.1   15.6   14.1 - 17.1     45-64   24.7   17.8 - 31.7   30.3   28.5 - 32.2		Women	23.8	18.4 - 29.2	24.9	23.7 - 26.2
Hispanic   27.1   7.4 - 46.8   19.3   16.5 - 22.0	RACE/ETHNICITY	Non-Hisp. White	29.7	24.8 - 34.6	35.6	34.5 - 36.7
SEX BY RACE/ETHNICITY       Non-Hisp. White Men       33.2       25.7 - 40.8       39.3       37.5 - 41.1         Non-Hisp. White Women       26.4       20.1 - 32.7       32.2       30.7 - 33.6         Non-Hisp. Black Men       NA       17.0       13.4 - 20.7         Non-Hisp. Black Women       NA       11.2       8.4 - 14.0         Hispanic Men       NA       22.5       18.2 - 26.7         Hispanic Women       NA       16.2       12.5 - 19.8         AGE GROUP       18-44       20.1       13.0 - 27.1       15.6       14.1 - 17.1         45-64       24.7       17.8 - 31.7       30.3       28.5 - 32.2		Non-Hisp. Black	15.7	0.5 - 30.8	14.0	11.7 - 16.3
Non-Hisp. White Women       26.4       20.1 - 32.7       32.2       30.7 - 33.6         Non-Hisp. Black Men       NA       17.0       13.4 - 20.7         Non-Hisp. Black Women       NA       11.2       8.4 - 14.0         Hispanic Men       NA       22.5       18.2 - 26.7         Hispanic Women       NA       16.2       12.5 - 19.8         AGE GROUP       18-44       20.1       13.0 - 27.1       15.6       14.1 - 17.1         45-64       24.7       17.8 - 31.7       30.3       28.5 - 32.2		Hispanic	27.1	7.4 - 46.8	19.3	16.5 - 22.0
Non-Hisp. Black Men       NA       17.0       13.4       - 20.7         Non-Hisp. Black Women       NA       11.2       8.4       - 14.0         Hispanic Men       NA       22.5       18.2       - 26.7         Hispanic Women       NA       16.2       12.5       - 19.8         AGE GROUP       18-44       20.1       13.0       - 27.1       15.6       14.1       - 17.1         45-64       24.7       17.8       - 31.7       30.3       28.5       - 32.2	SEX BY RACE/ETHNICITY	Non-Hisp. White Men	33.2	25.7 - 40.8	39.3	37.5 - 41.1
Non-Hisp. Black Women       NA       11.2       8.4       - 14.0         Hispanic Men       NA       22.5       18.2       - 26.7         Hispanic Women       NA       16.2       12.5       - 19.8         AGE GROUP       18-44       20.1       13.0       - 27.1       15.6       14.1       - 17.1         45-64       24.7       17.8       - 31.7       30.3       28.5       - 32.2		Non-Hisp. White Women	26.4	20.1 - 32.7	32.2	30.7 - 33.6
Hispanic Men         NA         22.5         18.2         - 26.7           Hispanic Women         NA         16.2         12.5         - 19.8           AGE GROUP         18-44         20.1         13.0         - 27.1         15.6         14.1         - 17.1           45-64         24.7         17.8         - 31.7         30.3         28.5         - 32.2		Non-Hisp. Black Men	NA		17.0	13.4 - 20.7
Hispanic Women NA 16.2 12.5 - 19.8  AGE GROUP 18-44 20.1 13.0 - 27.1 15.6 14.1 - 17.1  45-64 24.7 17.8 - 31.7 30.3 28.5 - 32.2		Non-Hisp. Black Women	NA		11.2	8.4 - 14.0
AGE GROUP     18-44     20.1     13.0 - 27.1     15.6     14.1 - 17.1       45-64     24.7     17.8 - 31.7     30.3     28.5 - 32.2		Hispanic Men	NA		22.5	18.2 - 26.7
45-64 24.7 17.8 - 31.7 30.3 28.5 - 32.2		Hispanic Women	NA		16.2	12.5 - 19.8
	AGE GROUP	18-44	20.1	13.0 - 27.1	15.6	14.1 - 17.1
65 & Older 45.6 37.2 - 54.1 47.4 45.6 - 49.2		45-64	24.7	17.8 - 31.7	30.3	28.5 - 32.2
		65 & Older	45.6	37.2 - 54.1	47.4	45.6 - 49.2
<b>EDUCATION LEVEL</b> <high -="" 21.9="" 22.1="" 25.7="" 29.2<="" 38.3="" 5.5="" school="" th=""><th>EDUCATION LEVEL</th><th><high school<="" th=""><th>21.9</th><th>5.5 - 38.3</th><th>25.7</th><th>22.1 - 29.2</th></high></th></high>	EDUCATION LEVEL	<high school<="" th=""><th>21.9</th><th>5.5 - 38.3</th><th>25.7</th><th>22.1 - 29.2</th></high>	21.9	5.5 - 38.3	25.7	22.1 - 29.2
High School / GED 30.1 21.6 - 38.6 27.7 25.9 - 29.5		High School / GED	30.1	21.6 - 38.6	27.7	25.9 - 29.5
>High School 26.6 21.4 - 31.8 29.1 27.9 - 30.3		>High School	26.6	21.4 - 31.8	29.1	27.9 - 30.3
ANNUAL INCOME <\$25,000 20.3 13.1 - 27.6 23.9 22.1 - 25.7	ANNUAL INCOME	<\$25,000	20.3	13.1 - 27.6	23.9	22.1 - 25.7
\$25,000-\$49,999 33.3 22.5 - 44.2 31.9 29.6 - 34.3		\$25,000-\$49,999	33.3	22.5 - 44.2	31.9	29.6 - 34.3
\$50,000 or More 27.2 20.8 - 33.6 30.0 28.4 - 31.7		\$50,000 or More	27.2	20.8 - 33.6	30.0	28.4 - 31.7
MARITAL STATUS Married/Couple 33.4 27.4 - 39.5 32.0 30.6 - 33.3	MARITAL STATUS	Married/Couple	33.4	27.4 - 39.5	32.0	30.6 - 33.3
Not Married/Couple 18.0 12.5 - 23.6 23.7 22.3 - 25.2		Not Married/Couple	18.0	12.5 - 23.6	23.7	22.3 - 25.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

### **Tobacco Use & Exposure**

### Percentage of adults who have never smoked

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	50.5	45.5 - 55.5	55.0	53.8 - 56.2
SEX	Men	48.4	40.9 - 55.9	48.9	47.1 - 50.8
	Women	52.6	45.8 - 59.3	60.7	59.2 - 62.2
RACE/ETHNICITY	Non-Hisp. White	46.9	41.4 - 52.4	45.8	44.6 - 47.1
	Non-Hisp. Black	66.1	47.8 - 84.3	71.6	68.3 - 74.9
	Hispanic	61.8	41.8 - 81.9	66.8	63.4 - 70.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	44.3	36.1 - 52.5	40.9	39.1 - 42.8
	Non-Hisp. White Women	49.2	41.8 - 56.7	50.4	48.8 - 52.0
	Non-Hisp. Black Men	NA		63.6	58.0 - 69.2
	Non-Hisp. Black Women	NA		78.9	75.2 - 82.6
	Hispanic Men	NA		58.7	53.5 - 63.9
	Hispanic Women	NA		74.6	70.2 - 78.9
AGE GROUP	18-44	54.5	45.8 - 63.2	65.2	63.2 - 67.2
	45-64	49.0	41.1 - 56.8	49.8	47.8 - 51.9
	65 & Older	43.9	35.7 - 52.1	43.9	42.1 - 45.8
EDUCATION LEVEL	<high school<="" th=""><th>29.3</th><th>12.6 - 46.1</th><th>49.5</th><th>45.3 - 53.7</th></high>	29.3	12.6 - 46.1	49.5	45.3 - 53.7
	High School / GED	44.1	34.9 - 53.4	52.5	50.2 - 54.8
	>High School	57.9	51.9 - 63.9	57.8	56.4 - 59.2
ANNUAL INCOME	<\$25,000	39.8 *	29.8 - 49.8	53.8	51.4 - 56.1
	\$25,000-\$49,999	47.0	35.7 - 58.3	50.4	47.9 - 52.9
	\$50,000 or More	60.0	52.7 - 67.3	58.1	56.2 - 60.0
MARITAL STATUS	Married/Couple	50.8	44.5 - 57.1	54.5	52.9 - 56.0
	Not Married/Couple	50.2	41.8 - 58.6	55.5	53.6 - 57.4

### Percentage of adult current smokers who tried to quit smoking at least once in the past year

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	59.1	48.5 - 69.8	61.1	58.3 - 63.9
SEX	Men	62.3	47.0 - 77.6	60.3	56.0 - 64.5
	Women	56.4	41.8 - 71.0	62.1	58.5 - 65.8
RACE/ETHNICITY	Non-Hisp. White	55.0	42.9 - 67.1	57.9	55.0 - 60.8
	Non-Hisp. Black	NA		71.1	61.8 - 80.3
	Hispanic	NA		62.6	53.1 - 72.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	53.8	36.7 - 70.9	57.9	53.4 - 62.4
	Non-Hisp. White Women	56.0	39.1 - 73.0	57.9	54.1 - 61.7
	Non-Hisp. Black Men	NA		64.6	51.4 - 77.8
	Non-Hisp. Black Women	NA		82.8	75.3 - 90.3
	Hispanic Men	NA		61.3	48.9 - 73.7
	Hispanic Women	NA		65.2	50.4 - 80.1
AGE GROUP	18-44	59.2	42.6 - 75.7	65.8	61.4 - 70.3
	45-64	64.1	50.2 - 78.0	58.2	54.3 - 62.2
	65 & Older	NA		52.7	44.7 - 60.8
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>58.6</th><th>50.8 - 66.4</th></high>	NA		58.6	50.8 - 66.4
	High School / GED	58.6	41.3 - 75.9	61.9	57.5 - 66.3
	>High School	56.2	41.4 - 71.1	61.8	57.9 - 65.6
ANNUAL INCOME	<\$25,000	63.8	47.8 - 79.9	63.9	59.3 - 68.5
	\$25,000-\$49,999	NA		61.8	56.6 - 66.9
	\$50,000 or More	NA		57.1	51.4 - 62.8
MARITAL STATUS	Married/Couple	56.4	40.6 - 72.3	60.9	56.9 - 64.9
	Not Married/Couple	60.9	46.7 - 75.0	61.2	57.3 - 65.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

# **Physical Activity & Nutrition**

### Percentage of adults who are sedentary

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	25.1	20.6 - 29.6	27.7	26.6 - 28.9
SEX	Men	26.9	19.7 - 34.1	25.3	23.6 - 27.0
	Women	23.3	17.9 - 28.6	30.0	28.5 - 31.6
RACE/ETHNICITY	Non-Hisp. White	22.9	18.2 - 27.6	25.1	24.0 - 26.2
	Non-Hisp. Black	33.0	13.1 - 52.9	30.2	26.6 - 33.9
	Hispanic	40.6	19.4 - 61.8	31.6	28.1 - 35.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	26.4	18.8 - 34.0	22.9	21.3 - 24.4
	Non-Hisp. White Women	19.5 *	14.1 - 24.9	27.2	25.7 - 28.6
	Non-Hisp. Black Men	NA		26.0	20.8 - 31.3
	Non-Hisp. Black Women	NA		34.0	29.1 - 39.0
	Hispanic Men	NA		29.0	23.9 - 34.2
	Hispanic Women	NA		34.1	29.2 - 38.9
AGE GROUP	18-44	20.4	12.6 - 28.1	24.1	22.1 - 26.0
	45-64	27.6	20.5 - 34.7	29.5	27.5 - 31.4
	65 & Older	32.6	24.3 - 40.9	32.2	30.3 - 34.0
EDUCATION LEVEL	<high school<="" th=""><th>39.7</th><th>20.3 - 59.1</th><th>40.5</th><th>36.2 - 44.9</th></high>	39.7	20.3 - 59.1	40.5	36.2 - 44.9
	High School / GED	31.1	22.3 - 40.0	31.2	29.0 - 33.4
	>High School	19.1	14.4 - 23.9	22.4	21.2 - 23.7
ANNUAL INCOME	<\$25,000	37.7	27.7 - 47.8	37.1	34.7 - 39.5
	\$25,000-\$49,999	26.3	15.6 - 36.9	28.8	26.5 - 31.2
	\$50,000 or More	17.6	11.7 - 23.5	18.1	16.5 - 19.6
MARITAL STATUS	Married/Couple	24.5	18.7 - 30.2	26.4	24.9 - 27.9
	Not Married/Couple	26.0	18.6 - 33.4	29.1	27.3 - 30.9

### Percentage of adults who consumed five or more servings of fruits or vegetables per day

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	18.4	14.7 - 22.1	18.3	17.3 - 19.4
SEX	Men	16.3	11.3 - 21.3	16.1	14.5 - 17.6
	Women	20.6	15.1 - 26.0	20.4	19.0 - 21.8
RACE/ETHNICITY	Non-Hisp. White	16.9	13.1 - 20.7	16.3	15.4 - 17.3
	Non-Hisp. Black	17.7	3.7 - 31.7	22.4	18.9 - 26.0
	Hispanic	NA		19.8	16.8 - 22.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	17.9	11.9 - 23.9	14.0	12.6 - 15.5
	Non-Hisp. White Women	15.9	11.2 - 20.5	18.5	17.2 - 19.7
	Non-Hisp. Black Men	NA		18.2	13.0 - 23.4
	Non-Hisp. Black Women	NA		26.3	21.5 - 31.0
	Hispanic Men	NA		19.0	14.5 - 23.5
	Hispanic Women	NA		20.6	16.5 - 24.7
AGE GROUP	18-44	16.1	10.2 - 22.1	19.9	18.0 - 21.7
	45-64	21.7	15.3 - 28.1	17.9	16.3 - 19.5
	65 & Older	15.2	9.6 - 20.7	16.2	14.6 - 17.9
EDUCATION LEVEL	<high school<="" th=""><th>8.3</th><th>0.0 - 18.3</th><th>18.7</th><th>15.1 - 22.3</th></high>	8.3	0.0 - 18.3	18.7	15.1 - 22.3
	High School / GED	17.5	10.7 - 24.3	14.5	12.6 - 16.3
	>High School	20.6	15.7 - 25.4	20.4	19.1 - 21.6
ANNUAL INCOME	<\$25,000	17.7	9.8 - 25.7	17.7	15.6 - 19.8
	\$25,000-\$49,999	16.3	8.3 - 24.2	19.0	16.8 - 21.2
	\$50,000 or More	19.9	14.5 - 25.3	19.7	18.1 - 21.3
MARITAL STATUS	Married/Couple	18.0	13.5 - 22.4	19.4	18.0 - 20.8
	Not Married/Couple	19.1	12.7 - 25.5	17.0	15.6 - 18.5

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

# **Physical Activity & Nutrition**

### Percentage of adults who are inactive or insufficiently active

		2013 Measure	3 County 95% CI	2013 Measure	S State 95% CI
ALL	Overall	51.4	45.7 - 57.0	52.9	51.6 - 54.3
SEX	Men	47.9	39.7 - 56.2	51.1	49.0 - 53.1
	Women	54.9	47.3 - 62.5	54.5	52.8 - 56.3
RACE/ETHNICITY	Non-Hisp. White	46.8	40.7 - 53.0	48.8	47.5 - 50.1
	Non-Hisp. Black	71.5	53.0 - 89.9	56.9	52.6 - 61.3
	Hispanic	NA		59.3	55.2 - 63.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	44.2	35.2 - 53.2	46.3	44.2 - 48.3
	Non-Hisp. White Women	49.5	41.2 - 57.9	51.0	49.3 - 52.7
	Non-Hisp. Black Men	NA		54.2	47.1 - 61.2
	Non-Hisp. Black Women	NA		59.4	54.0 - 64.7
	Hispanic Men	NA		59.3	53.3 - 65.4
	Hispanic Women	NA		59.3	53.7 - 64.9
AGE GROUP	18-44	54.1	43.7 - 64.6	54.3	51.7 - 56.8
	45-64	51.5	43.2 - 59.9	55.2	53.0 - 57.3
	65 & Older	45.7	36.8 - 54.7	47.5	45.5 - 49.4
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>NA</td><td></td><td>64.2</td><td>59.9 - 68.6</td></high>	NA		64.2	59.9 - 68.6
	High School / GED	54.3	44.2 - 64.5	55.6	53.0 - 58.1
	>High School	46.1	39.2 - 53.0	48.4	46.8 - 50.0
ANNUAL INCOME	<\$25,000	59.4	48.6 - 70.3	61.0	58.4 - 63.6
	\$25,000-\$49,999	54.7	42.6 - 66.7	56.2	53.5 - 58.9
	\$50,000 or More	45.8	37.3 - 54.2	43.5	41.3 - 45.7
MARITAL STATUS	Married/Couple	50.9	44.0 - 57.8	50.5	48.7 - 52.2
	Not Married/Couple	52.0	42.5 - 61.4	55.8	53.7 - 57.9
centage of adults who	meet aerobic recommen	dations			
		2013 Measure	3 County 95% CI	2013 Measure	State 95% CI
ALL	Overall	51.6	46.1 - 57.0	50.2	48.9 - 51.5
SEX	Men	54.8	46.6 - 62.9	52.0	50.0 - 54.0
	Momon	40.2	40.9 EE.6	10.6	46.0 FO.4

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	51.6	46.1 - 57.0	50.2	48.9 - 51.5
SEX	Men	54.8	46.6 - 62.9	52.0	50.0 - 54.0
	Women	48.2	40.8 - 55.6	48.6	46.9 - 50.4
RACE/ETHNICITY	Non-Hisp. White	55.5	49.6 - 61.5	53.8	52.5 - 55.1
	Non-Hisp. Black	34.3	13.8 - 54.7	46.8	42.5 - 51.1
	Hispanic	NA		45.0	41.0 - 49.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	57.3	48.5 - 66.1	56.3	54.3 - 58.2
	Non-Hisp. White Women	53.8	45.8 - 61.8	51.7	50.0 - 53.3
	Non-Hisp. Black Men	NA		48.8	41.9 - 55.6
	Non-Hisp. Black Women	NA		45.0	39.7 - 50.4
	Hispanic Men	NA		45.3	39.4 - 51.2
	Hispanic Women	NA		44.8	39.4 - 50.2
AGE GROUP	18-44	49.8	39.7 - 59.9	50.7	48.2 - 53.1
	45-64	50.4	42.3 - 58.6	47.6	45.4 - 49.7
	65 & Older	56.9	48.1 - 65.6	53.6	51.7 - 55.5
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>38.8</th><th>34.4 - 43.2</th></high>	NA		38.8	34.4 - 43.2
	High School / GED	50.1	40.1 - 60.2	47.7	45.2 - 50.2
	>High School	56.3	49.7 - 63.0	54.7	53.1 - 56.2
ANNUAL INCOME	<\$25,000	43.2	32.6 - 53.7	42.3	39.7 - 44.9
	\$25,000-\$49,999	49.2	37.1 - 61.3	47.8	45.1 - 50.4
	\$50,000 or More	56.5	48.4 - 64.7	59.2	57.1 - 61.3
MARITAL STATUS	Married/Couple	52.1	45.3 - 58.9	52.5	50.7 - 54.2
	Not Married/Couple	50.9	41.7 - 60.0	47.6	45.5 - 49.6

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

# **Physical Activity & Nutrition**

### Percentage of adults who meet muscle strengthening recommendations

		2013 Measure	County 95% CI	2013 Measure	S State 95% CI
ALL	Overall	35.7	30.6 - 40.8	29.6	28.4 - 30.7
SEX	Men	41.8	34.1 - 49.4	36.0	34.1 - 37.8
	Women	29.4	22.8 - 35.9	23.6	22.2 - 25.0
RACE/ETHNICITY	Non-Hisp. White	35.4	29.9 - 41.0	29.3	28.1 - 30.4
	Non-Hisp. Black	35.4	14.9 - 56.0	35.0	31.0 - 38.9
	Hispanic	22.3	6.0 - 38.6	28.0	24.6 - 31.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	40.1	31.8 - 48.3	34.1	32.2 - 36.0
	Non-Hisp. White Women	30.9	23.5 - 38.3	24.8	23.4 - 26.2
	Non-Hisp. Black Men	NA		45.0	38.7 - 51.4
	Non-Hisp. Black Women	NA		25.9	21.5 - 30.3
	Hispanic Men	NA		37.0	31.7 - 42.3
	Hispanic Women	NA		19.4	15.4 - 23.5
AGE GROUP	18-44	42.2	33.2 - 51.2	37.4	35.2 - 39.5
	45-64	35.3 *	27.5 - 43.2	25.4	23.6 - 27.2
	65 & Older	20.8	13.4 - 28.1	21.8	20.2 - 23.3
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>20.7</th><th>16.8 - 24.6</th></high>	NA		20.7	16.8 - 24.6
	High School / GED	32.9	23.3 - 42.5	26.2	24.0 - 28.5
	>High School	40.8	34.5 - 47.0	33.8	32.3 - 35.2
ANNUAL INCOME	<\$25,000	24.3	14.7 - 34.0	23.6	21.5 - 25.7
	\$25,000-\$49,999	43.3 *	31.9 - 54.8	27.1	24.9 - 29.4
	\$50,000 or More	40.8	33.1 - 48.5	37.3	35.2 - 39.3
MARITAL STATUS	Married/Couple	37.1 *	30.8 - 43.4	28.1	26.6 - 29.6
	Not Married/Couple	33.7	25.1 - 42.3	31.3	29.5 - 33.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

### **Cancer Screening/Breast**

# Percentage of women aged 40 to 74 years who received a mammogram in the past year

		2013 Measure	County 95% CI	2013 Measure	3 State 95% CI
ALL	Overall	54.3	45.2 - 63.4	57.5	55.3 - 59.6
SEX	Women	54.3	45.2 - 63.4	57.5	55.3 - 59.6
RACE/ETHNICITY	Non-Hisp. White	58.6	48.8 - 68.4	56.2	54.2 - 58.2
	Non-Hisp. Black	NA		61.0	54.4 - 67.6
	Hispanic	NA		61.0	54.2 - 67.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Women	58.6	48.8 - 68.4	56.2	54.2 - 58.2
	Non-Hisp. Black Women	NA		61.0	54.4 - 67.6
	Hispanic Women	NA		61.0	54.2 - 67.7
AGE GROUP	18-44	NA		44.0	37.6 - 50.3
	45-64	50.0	38.5 - 61.5	57.0	54.2 - 59.8
	65 & Older	69.3	53.6 - 84.9	67.5	64.3 - 70.7
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>49.3</th><th>40.5 - 58.1</th></high>	NA		49.3	40.5 - 58.1
	High School / GED	57.0	42.3 - 71.6	58.0	54.1 - 61.8
	>High School	56.5	44.7 - 68.3	59.0	56.6 - 61.5
ANNUAL INCOME	<\$25,000	30.1 *	13.6 - 46.7	52.4	47.8 - 57.0
	\$25,000-\$49,999	46.7	25.2 - 68.2	50.9	46.5 - 55.2
	\$50,000 or More	64.8	52.6 - 76.9	64.8	61.7 - 67.9
MARITAL STATUS	Married/Couple	61.1	50.3 - 72.0	59.9	57.3 - 62.6
	Not Married/Couple	40.6	25.7 - 55.5	53.6	50.1 - 57.2

### Percentage of women 18 years of age and older who had a clinical breast exam in the past year

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	58.0	50.9 - 65.1	56.0	54.2 - 57.7
SEX	Women	58.0	50.9 - 65.1	56.0	54.2 - 57.7
RACE/ETHNICITY	Non-Hisp. White	59.9	52.2 - 67.7	57.8	56.2 - 59.4
	Non-Hisp. Black	NA		59.3	54.2 - 64.5
	Hispanic	NA		50.2	44.7 - 55.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Women	59.9	52.2 - 67.7	57.8	56.2 - 59.4
	Non-Hisp. Black Women	NA		59.3	54.2 - 64.5
	Hispanic Women	NA		50.2	44.7 - 55.6
AGE GROUP	18-44	58.4	46.2 - 70.6	50.7	47.5 - 54.0
	45-64	58.6	46.9 - 70.2	60.1	57.3 - 62.9
	65 & Older	60.2	48.7 - 71.7	58.1	55.7 - 60.4
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>45.6</th><th>39.2 - 52.0</th></high>	NA		45.6	39.2 - 52.0
	High School / GED	57.0	45.0 - 69.1	51.2	47.9 - 54.5
	>High School	61.2	52.2 - 70.2	60.9	58.9 - 62.9
ANNUAL INCOME	<\$25,000	46.2	32.0 - 60.4	48.4	45.1 - 51.7
	\$25,000-\$49,999	60.9	45.2 - 76.6	52.6	49.1 - 56.1
	\$50,000 or More	60.2	49.4 - 71.0	67.8	65.0 - 70.5
MARITAL STATUS	Married/Couple	64.3	56.0 - 72.7	60.6	58.3 - 62.8
	Not Married/Couple	50.1	38.0 - 62.1	51.4	48.8 - 54.0

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

### **Cancer Screening/Cervical**

### Percentage of women 18 years of age and older who received a Pap test in the past year

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	54.0	44.6 - 63.4	51.4	49.3 - 53.5
SEX	Women	54.0	44.6 - 63.4	51.4	49.3 - 53.5
RACE/ETHNICITY	Non-Hisp. White	55.3	45.1 - 65.5	49.3	47.3 - 51.4
	Non-Hisp. Black	NA		56.3	50.2 - 62.4
	Hispanic	NA		53.5	47.5 - 59.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Women	55.3	45.1 - 65.5	49.3	47.3 - 51.4
	Non-Hisp. Black Women	NA		56.3	50.2 - 62.4
	Hispanic Women	NA		53.5	47.5 - 59.4
AGE GROUP	18-44	61.3	48.3 - 74.3	56.6	53.3 - 59.8
	45-64	48.1	32.8 - 63.4	52.3	49.0 - 55.6
	65 & Older	38.7	18.2 - 59.2	34.3	30.9 - 37.7
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>48.0</th><th>40.6 - 55.5</th></high>	NA		48.0	40.6 - 55.5
	High School / GED	51.1	34.4 - 67.7	46.3	42.1 - 50.4
	>High School	56.7	45.1 - 68.2	54.6	52.2 - 57.0
ANNUAL INCOME	<\$25,000	56.0	37.7 - 74.2	48.3	44.5 - 52.1
	\$25,000-\$49,999	50.8	27.6 - 74.0	43.7	39.4 - 47.9
	\$50,000 or More	58.5	45.4 - 71.6	61.2	57.8 - 64.5
MARITAL STATUS	Married/Couple	59.9	48.7 - 71.0	55.3	52.5 - 58.0
	Not Married/Couple	48.3	33.1 - 63.6	47.4	44.3 - 50.5

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

### **Cancer Screening/Colorectal**

Percentage of adults 50 years of age and older who received a stool blood test in the past year

		2013 C Measure	ounty 95% CI	2013 Measure	State 95% CI
ALL	Overall	12.2	8.0 - 16.4	13.9	12.8 - 15.0
SEX	Men	13.7	7.2 - 20.1	13.0	11.5 - 14.5
	Women	10.6	5.4 - 15.8	14.7	13.2 - 16.1
RACE/ETHNICITY	Non-Hisp. White	11.4	6.9 - 16.0	13.6	12.7 - 14.6
	Non-Hisp. Black	NA		14.4	10.3 - 18.5
	Hispanic	NA		13.9	9.7 - 18.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	14.0	7.0 - 21.0	13.4	12.0 - 14.8
	Non-Hisp. White Women	8.6	3.1 - 14.1	13.9	12.7 - 15.1
	Non-Hisp. Black Men	NA		13.9	6.8 - 21.0
	Non-Hisp. Black Women	NA		14.9	10.6 - 19.2
	Hispanic Men	NA		10.9	5.2 - 16.5
	Hispanic Women	NA		16.2	10.2 - 22.2
AGE GROUP	45-64	9.8	4.4 - 15.2	9.3	7.9 - 10.6
	65 & Older	15.4	8.8 - 22.0	19.2	17.6 - 20.9
<b>EDUCATION LEVEL</b>	<high school<="" th=""><th>NA</th><th></th><th>14.0</th><th>9.6 - 18.4</th></high>	NA		14.0	9.6 - 18.4
	High School / GED	13.8	5.8 - 21.9	14.4	12.6 - 16.2
	>High School	12.9	7.5 - 18.2	13.7	12.5 - 14.9
ANNUAL INCOME	<\$25,000	8.6	1.5 - 15.6	15.9	13.3 - 18.4
	\$25,000-\$49,999	19.3	8.6 - 30.1	13.4	11.6 - 15.3
	\$50,000 or More	9.7	4.4 - 15.0	12.9	11.3 - 14.6
MARITAL STATUS	Married/Couple	12.3	6.9 - 17.7	14.3	12.9 - 15.8
	Not Married/Couple	11.9	5.3 - 18.5	13.2	11.7 - 14.8

Percentage of adults 50 years of age and older who received a sigmoidoscopy or colonoscopy in the past five years

		2013 County		2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	54.6	48.1 - 61.2	55.3	53.7 - 56.9
SEX	Men	51.4	41.9 - 60.9	57.1	54.7 - 59.6
	Women	58.0	49.0 - 66.9	53.7	51.6 - 55.8
RACE/ETHNICITY	Non-Hisp. White	54.6	47.7 - 61.5	56.6	55.2 - 58.1
	Non-Hisp. Black	NA		57.1	51.4 - 62.8
	Hispanic	NA		50.7	44.4 - 57.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	50.4	40.5 - 60.4	58.6	56.3 - 61.0
	Non-Hisp. White Women	59.2	49.8 - 68.5	54.9	53.1 - 56.8
	Non-Hisp. Black Men	NA		61.0	52.1 - 69.9
	Non-Hisp. Black Women	NA		53.5	46.5 - 60.5
	Hispanic Men	NA		48.5	38.5 - 58.6
	Hispanic Women	NA		52.3	44.2 - 60.5
AGE GROUP	45-64	44.2	35.2 - 53.2	46.8	44.4 - 49.3
	65 & Older	68.6	60.1 - 77.0	65.1	63.3 - 66.9
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>NA</td><td></td><td>47.5</td><td>41.4 - 53.7</td></high>	NA		47.5	41.4 - 53.7
	High School / GED	48.0	36.5 - 59.5	53.7	51.0 - 56.5
	>High School	57.2	49.1 - 65.4	58.4	56.6 - 60.2
ANNUAL INCOME	<\$25,000	51.9	38.3 - 65.5	49.0	45.7 - 52.4
	\$25,000-\$49,999	38.3	25.0 - 51.7	53.2	49.9 - 56.5
	\$50,000 or More	64.5	55.5 - 73.6	61.2	58.7 - 63.6
MARITAL STATUS	Married/Couple	57.0	49.0 - 65.0	58.6	56.7 - 60.6
	Not Married/Couple	50.7	39.6 - 61.7	50.0	47.4 - 52.7

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

# **HIV/AIDS Screening**

Percentage of adults who have ever been tested for HIV

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	47.3	42.0 - 52.6	42.6	41.4 - 43.9
SEX	Men	51.8 *	44.1 - 59.6	41.2	39.3 - 43.1
	Women	42.5	35.3 - 49.6	43.9	42.2 - 45.6
RACE/ETHNICITY	Non-Hisp. White	43.8 *	38.1 - 49.5	34.4	33.2 - 35.6
	Non-Hisp. Black	75.9	58.5 - 93.2	65.8	62.1 - 69.5
	Hispanic	47.1	26.5 - 67.8	48.7	44.9 - 52.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	50.5 *	42.0 - 59.0	35.3	33.4 - 37.2
	Non-Hisp. White Women	37.2	29.7 - 44.7	33.5	32.0 - 35.1
	Non-Hisp. Black Men	NA		62.0	55.9 - 68.0
	Non-Hisp. Black Women	NA		69.3	64.7 - 73.8
	Hispanic Men	NA		44.9	39.5 - 50.4
	Hispanic Women	NA		52.3	47.0 - 57.6
AGE GROUP	18-44	57.3	48.2 - 66.5	56.9	54.7 - 59.2
	45-64	51.2	43.0 - 59.3	42.7	40.6 - 44.8
	65 & Older	19.5	12.7 - 26.4	15.9	14.3 - 17.6
EDUCATION LEVEL	<high school<="" th=""><th>32.8</th><th>15.2 - 50.5</th><th>39.4</th><th>35.0 - 43.7</th></high>	32.8	15.2 - 50.5	39.4	35.0 - 43.7
	High School / GED	44.0	34.2 - 53.8	39.8	37.4 - 42.3
	>High School	52.2	45.8 - 58.6	45.0	43.5 - 46.5
ANNUAL INCOME	<\$25,000	54.8	44.2 - 65.4	48.8	46.3 - 51.3
	\$25,000-\$49,999	49.0	37.4 - 60.7	40.8	38.2 - 43.4
	\$50,000 or More	47.1	39.3 - 54.9	41.7	39.6 - 43.8
MARITAL STATUS	Married/Couple	46.8	40.3 - 53.3	39.9	38.2 - 41.6
	Not Married/Couple	47.9	39.0 - 56.8	46.1	44.1 - 48.1

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

### **Immunization**

Percentage of adults who received a flu shot in the past year

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	35.7	31.0 - 40.3	30.7	29.6 - 31.8
SEX	Men	37.7	30.7 - 44.7	29.5	27.9 - 31.2
	Women	33.6	27.4 - 39.8	31.8	30.3 - 33.3
RACE/ETHNICITY	Non-Hisp. White	40.1	34.8 - 45.4	36.6	35.5 - 37.8
	Non-Hisp. Black	20.2	5.7 - 34.6	17.9	15.2 - 20.6
	Hispanic	24.1	8.6 - 39.6	26.1	22.6 - 29.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	43.0	34.9 - 51.1	35.3	33.6 - 37.0
	Non-Hisp. White Women	37.3	30.2 - 44.3	37.8	36.3 - 39.3
	Non-Hisp. Black Men	NA		16.6	12.7 - 20.5
	Non-Hisp. Black Women	NA		19.1	15.4 - 22.7
	Hispanic Men	NA		25.5	20.6 - 30.4
	Hispanic Women	NA		26.6	21.8 - 31.4
AGE GROUP	18-44	23.4	16.5 - 30.2	18.6	17.0 - 20.3
	45-64	32.3	25.0 - 39.7	29.5	27.6 - 31.4
	65 & Older	67.2 *	59.2 - 75.3	54.6	52.7 - 56.5
EDUCATION LEVEL	<high school<="" th=""><th>18.3</th><th>5.3 - 31.3</th><th>26.5</th><th>22.5 - 30.5</th></high>	18.3	5.3 - 31.3	26.5	22.5 - 30.5
	High School / GED	35.1	26.5 - 43.8	28.8	26.7 - 30.8
	>High School	39.3	33.4 - 45.3	32.8	31.6 - 34.1
ANNUAL INCOME	<\$25,000	25.6	17.1 - 34.0	25.4	23.3 - 27.5
	\$25,000-\$49,999	28.7	19.5 - 38.0	31.3	29.0 - 33.5
	\$50,000 or More	44.2 *	36.7 - 51.8	34.0	32.2 - 35.8
MARITAL STATUS	Married/Couple	40.7	34.6 - 46.9	34.2	32.7 - 35.7
	Not Married/Couple	28.2	21.4 - 35.1	26.7	25.1 - 28.4

Percentage of adults 65 years of age and older who received a flu shot in the past year	Percentage o	of adults 65 years o	f age and older w	ho received a f	ilu shot in the p	oast year
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		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	67.2 *	59.2 - 75.3	54.6	52.7 - 56.5
SEX	Men	71.0 *	59.2 - 82.8	54.4	51.2 - 57.5
	Women	63.9	52.8 - 74.9	54.7	52.4 - 57.1
RACE/ETHNICITY	Non-Hisp. White	68.9 *	60.6 - 77.2	58.5	56.9 - 60.2
	Non-Hisp. Black	NA		34.3	26.6 - 41.9
	Hispanic	NA		46.6	37.1 - 56.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	73.9 *	62.1 - 85.7	57.7	55.0 - 60.4
	Non-Hisp. White Women	64.2	52.8 - 75.6	59.2	57.1 - 61.4
	Non-Hisp. Black Men	NA		27.5	16.3 - 38.7
	Non-Hisp. Black Women	NA		39.4	29.8 - 49.0
	Hispanic Men	NA		53.4	37.0 - 69.8
	Hispanic Women	NA		41.0	30.9 - 51.2
AGE GROUP	65 & Older	67.2 *	59.2 - 75.3	54.6	52.7 - 56.5
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>49.0</th><th>41.6 - 56.4</th></high>	NA		49.0	41.6 - 56.4
	High School / GED	64.7	50.4 - 79.0	53.3	50.3 - 56.3
	>High School	67.5	57.4 - 77.5	57.0	54.9 - 59.2
ANNUAL INCOME	<\$25,000	60.6	42.5 - 78.7	48.2	43.7 - 52.7
	\$25,000-\$49,999	69.1	53.0 - 85.2	56.4	53.2 - 59.7
	\$50,000 or More	66.3	52.3 - 80.3	59.1	56.1 - 62.1
MARITAL STATUS	Married/Couple	70.3 *	59.8 - 80.8	55.6	53.0 - 58.2
	Not Married/Couple	62.6	49.9 - 75.3	53.2	50.4 - 56.0

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

### **Immunization**

### Percentage of adults who have ever received a pneumococcal vaccination

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	38.2	33.1 - 43.4	33.1	32.0 - 34.3
SEX	Men	36.8	29.2 - 44.4	32.9	31.1 - 34.7
	Women	39.6	32.5 - 46.7	33.3	31.8 - 34.8
RACE/ETHNICITY	Non-Hisp. White	39.5	33.8 - 45.2	38.2	37.0 - 39.4
	Non-Hisp. Black	NA		28.9	25.0 - 32.8
	Hispanic	NA		24.6	21.3 - 28.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	35.6	27.3 - 44.0	38.0	36.1 - 39.9
	Non-Hisp. White Women	43.0	35.1 - 50.9	38.3	36.8 - 39.9
	Non-Hisp. Black Men	NA		29.7	23.0 - 36.4
	Non-Hisp. Black Women	NA		28.2	23.7 - 32.7
	Hispanic Men	NA		24.6	19.8 - 29.5
	Hispanic Women	NA		24.6	20.0 - 29.2
AGE GROUP	18-44	25.4	16.3 - 34.5	19.7	17.7 - 21.7
	45-64	24.5	17.6 - 31.5	24.4	22.6 - 26.2
	65 & Older	83.4 *	77.2 - 89.6	66.2	64.2 - 68.1
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>29.6</th><th>25.7 - 33.4</th></high>	NA		29.6	25.7 - 33.4
	High School / GED	40.8	31.1 - 50.4	34.0	31.8 - 36.3
	>High School	39.1	32.6 - 45.6	33.6	32.2 - 35.0
ANNUAL INCOME	<\$25,000	33.7	24.1 - 43.2	32.7	30.4 - 34.9
	\$25,000-\$49,999	31.6	21.6 - 41.6	34.5	32.1 - 36.8
	\$50,000 or More	40.9 *	32.5 - 49.2	30.0	28.1 - 31.9
MARITAL STATUS	Married/Couple	36.0	29.8 - 42.2	33.4	31.8 - 34.9
	Not Married/Couple	41.2	32.4 - 50.0	32.8	31.0 - 34.5

### Percentage of adults 65 years of age and older who have ever received a pneumococcal vaccination

		2013 County		2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	83.4 *	77.2 - 89.6	66.2	64.2 - 68.1
SEX	Men	79.9 *	69.6 - 90.2	62.7	59.4 - 66.1
	Women	86.5 *	79.3 - 93.8	69.0	66.6 - 71.3
RACE/ETHNICITY	Non-Hisp. White	83.5 *	77.0 - 90.0	71.0	69.4 - 72.6
	Non-Hisp. Black	NA		49.1	40.3 - 57.9
	Hispanic	NA		47.4	37.6 - 57.3
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	78.1	66.9 - 89.2	67.5	64.9 - 70.1
	Non-Hisp. White Women	88.5 *	81.6 - 95.3	73.9	72.0 - 75.8
	Non-Hisp. Black Men	NA		42.6	27.9 - 57.4
	Non-Hisp. Black Women	NA		53.8	43.8 - 63.8
	Hispanic Men	NA		45.1	27.9 - 62.2
	Hispanic Women	NA		49.4	38.3 - 60.5
AGE GROUP	65 & Older	83.4 *	77.2 - 89.6	66.2	64.2 - 68.1
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>55.3</th><th>47.5 - 63.1</th></high>	NA		55.3	47.5 - 63.1
	High School / GED	84.2 *	74.4 - 94.0	68.6	65.8 - 71.5
	>High School	81.8 *	73.1 - 90.6	68.2	66.0 - 70.4
ANNUAL INCOME	<\$25,000	80.9 *	67.9 - 93.9	60.6	55.8 - 65.3
	\$25,000-\$49,999	83.6 *	71.1 - 96.1	67.3	64.1 - 70.5
	\$50,000 or More	80.2	68.1 - 92.4	69.4	66.4 - 72.3
MARITAL STATUS	Married/Couple	80.9 *	71.9 - 89.9	67.0	64.4 - 69.6
	Not Married/Couple	87.2 *	79.7 - 94.6	64.9	61.8 - 68.0

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

### **Immunization**

Percentage of adults who have received a tetanus shot since 2005

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	54.9	49.5 - 60.4	51.2	49.9 - 52.5
SEX	Men	61.6	53.8 - 69.4	54.9	52.9 - 56.9
	Women	48.2	40.8 - 55.6	47.7	45.9 - 49.4
RACE/ETHNICITY	Non-Hisp. White	53.9	48.0 - 59.8	52.0	50.7 - 53.3
	Non-Hisp. Black	NA		47.5	43.3 - 51.6
	Hispanic	NA		42.8	38.9 - 46.8
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	58.6	49.9 - 67.3	57.0	55.1 - 59.0
	Non-Hisp. White Women	49.3	41.1 - 57.4	47.3	45.6 - 49.0
	Non-Hisp. Black Men	NA		54.8	48.5 - 61.2
	Non-Hisp. Black Women	NA		41.0	35.8 - 46.2
	Hispanic Men	NA		42.1	36.5 - 47.8
	Hispanic Women	NA		43.6	38.0 - 49.1
AGE GROUP	18-44	59.5	50.0 - 69.0	57.0	54.7 - 59.3
	45-64	49.2	40.8 - 57.6	49.1	47.0 - 51.3
	65 & Older	52.8	43.6 - 62.0	43.5	41.5 - 45.5
EDUCATION LEVEL	<high school<="" th=""><th>47.0</th><th>27.3 - 66.6</th><th>45.9</th><th>41.3 - 50.6</th></high>	47.0	27.3 - 66.6	45.9	41.3 - 50.6
	High School / GED	49.1	39.0 - 59.2	49.7	47.2 - 52.2
	>High School	60.0	53.3 - 66.6	53.5	52.0 - 55.1
ANNUAL INCOME	<\$25,000	55.5	44.5 - 66.4	48.3	45.7 - 50.8
	\$25,000-\$49,999	52.5	40.8 - 64.3	49.6	47.0 - 52.2
	\$50,000 or More	60.8	53.0 - 68.5	55.4	53.3 - 57.5
MARITAL STATUS	Married/Couple	54.7	48.0 - 61.4	51.1	49.4 - 52.8
	Not Married/Couple	55.3	46.2 - 64.4	51.1	49.0 - 53.1

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

## **Injury Prevention**

Percentage of adults who always or nearly always use a seatbelt when riding in a car

		2013 Measure	3 County 95% CI	2013 Measure	State 95% CI
ALL	Overall	96.5	94.7 - 98.4	94.2	93.5 - 94.9
SEX	Men	95.3	92.3 - 98.4	91.9	90.7 - 93.1
	Women	97.8	95.6 -100.0	96.3	95.6 - 97.0
RACE/ETHNICITY	Non-Hisp. White	95.8	93.3 - 98.2	94.7	94.0 - 95.4
	Non-Hisp. Black	97.9	93.7 -100.0	91.8	89.2 - 94.4
	Hispanic	100.0 *	100.0 -100.0	94.1	92.2 - 95.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	94.4	90.3 - 98.5	92.2	90.9 - 93.4
	Non-Hisp. White Women	97.1	94.3 - 99.9	97.1	96.5 - 97.7
	Non-Hisp. Black Men	NA		89.2	84.9 - 93.5
	Non-Hisp. Black Women	NA		94.1	91.1 - 97.1
	Hispanic Men	NA		92.3	89.2 - 95.4
	Hispanic Women	NA		95.7	93.8 - 97.7
AGE GROUP	18-44	94.9	91.2 - 98.7	91.8	90.5 - 93.1
	45-64	97.2	94.7 - 99.7	95.6	94.6 - 96.6
	65 & Older	98.7 *	97.5 - 99.9	96.4	95.7 - 97.2
EDUCATION LEVEL	<high school<="" th=""><th>100.0 *</th><th>100.0 -100.0</th><th>89.5</th><th>86.7 - 92.2</th></high>	100.0 *	100.0 -100.0	89.5	86.7 - 92.2
	High School / GED	95.0	90.9 - 99.2	94.1	92.9 - 95.2
	>High School	96.6	94.2 - 99.1	95.4	94.7 - 96.2
ANNUAL INCOME	<\$25,000	96.5	93.2 - 99.7	91.7	90.1 - 93.3
	\$25,000-\$49,999	98.1	95.5 -100.0	94.6	93.4 - 95.8
	\$50,000 or More	96.1	92.8 - 99.4	96.2	95.3 - 97.1
MARITAL STATUS	Married/Couple	96.5	93.8 - 99.1	95.8	95.1 - 96.5
	Not Married/Couple	96.7 *	94.0 - 99.4	92.3	91.1 - 93.6

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

## **Health-Related Quality of Life**

Percentage of adults who said their overall health was "good" to "excellent"

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	81.7	77.8 - 85.6	80.5	79.5 - 81.4
SEX	Men	82.6	77.0 - 88.2	81.6	80.2 - 83.0
	Women	80.8	75.5 - 86.2	79.4	78.1 - 80.8
RACE/ETHNICITY	Non-Hisp. White	82.8	78.5 - 87.0	82.3	81.4 - 83.2
	Non-Hisp. Black	88.8	79.0 - 98.5	80.3	77.3 - 83.2
	Hispanic	71.7	54.0 - 89.3	76.0	73.1 - 78.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	84.2	78.3 - 90.0	82.4	80.9 - 83.8
	Non-Hisp. White Women	81.5	75.4 - 87.6	82.2	81.0 - 83.4
	Non-Hisp. Black Men	NA		81.8	77.3 - 86.3
	Non-Hisp. Black Women	NA		78.8	75.1 - 82.6
	Hispanic Men	NA		80.5	76.7 - 84.2
	Hispanic Women	NA		71.7	67.4 - 76.1
AGE GROUP	18-44	82.6	75.9 - 89.3	86.9	85.5 - 88.4
	45-64	82.2	76.3 - 88.1	76.3	74.5 - 78.2
	65 & Older	77.6	70.6 - 84.6	74.6	72.9 - 76.2
EDUCATION LEVEL	<high school<="" th=""><th>46.1</th><th>27.6 - 64.5</th><th>63.3</th><th>59.5 - 67.2</th></high>	46.1	27.6 - 64.5	63.3	59.5 - 67.2
	High School / GED	76.9	69.7 - 84.2	79.3	77.5 - 81.1
	>High School	91.1 *	88.1 - 94.1	85.8	84.8 - 86.8
ANNUAL INCOME	<\$25,000	66.4	56.7 - 76.1	66.3	64.0 - 68.5
	\$25,000-\$49,999	82.6	75.0 - 90.3	82.2	80.3 - 84.2
	\$50,000 or More	92.2	87.9 - 96.5	91.9	90.9 - 92.9
MARITAL STATUS	Married/Couple	85.5	81.0 - 89.9	82.5	81.2 - 83.7
	Not Married/Couple	76.4	69.5 - 83.3	78.0	76.4 - 79.5

## Percentage of adults who had poor physical health on 14 or more of the past 30 days

		2013 County		2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	15.3	11.6 - 18.9	14.1	13.3 - 15.0
SEX	Men	14.6	9.3 - 20.0	13.0	11.8 - 14.3
	Women	15.9	10.9 - 20.9	15.2	14.0 - 16.4
RACE/ETHNICITY	Non-Hisp. White	15.4	11.4 - 19.5	13.9	13.0 - 14.7
	Non-Hisp. Black	4.9	0.0 - 12.1	12.4	9.8 - 15.0
	Hispanic	15.1	1.3 - 29.0	15.9	13.3 - 18.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	15.2	9.3 - 21.0	12.6	11.4 - 13.8
	Non-Hisp. White Women	15.7	10.0 - 21.3	15.0	13.9 - 16.2
	Non-Hisp. Black Men	NA		13.5	8.9 - 18.1
	Non-Hisp. Black Women	NA		11.4	8.6 - 14.2
	Hispanic Men	NA		12.9	9.7 - 16.1
	Hispanic Women	NA		18.9	14.9 - 22.9
AGE GROUP	18-44	14.8	8.6 - 21.0	9.7	8.5 - 11.0
	45-64	17.8	11.8 - 23.9	18.3	16.6 - 20.0
	65 & Older	12.9	7.4 - 18.4	16.6	15.2 - 18.0
EDUCATION LEVEL	<high school<="" th=""><th>35.0</th><th>16.6 - 53.4</th><th>24.7</th><th>21.0 - 28.3</th></high>	35.0	16.6 - 53.4	24.7	21.0 - 28.3
	High School / GED	16.4	9.8 - 23.0	14.6	13.1 - 16.1
	>High School	10.7	7.2 - 14.1	11.2	10.3 - 12.0
ANNUAL INCOME	<\$25,000	25.2	16.0 - 34.5	24.2	22.2 - 26.2
	\$25,000-\$49,999	14.7	7.5 - 21.9	13.2	11.5 - 15.0
	\$50,000 or More	8.5	4.1 - 13.0	6.8	5.9 - 7.7
MARITAL STATUS	Married/Couple	12.4	8.3 - 16.4	12.9	11.9 - 14.0
	Not Married/Couple	19.6	12.8 - 26.3	15.5	14.2 - 16.8

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

## **Health-Related Quality of Life**

## Percentage of adults who had poor mental health on 14 or more of the past 30 days

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	11.0	7.9 - 14.1	12.7	11.9 - 13.6
SEX	Men	8.4	4.4 - 12.3	10.9	9.7 - 12.2
	Women	13.6	9.0 - 18.2	14.4	13.2 - 15.6
RACE/ETHNICITY	Non-Hisp. White	11.2	7.6 - 14.8	11.9	11.1 - 12.8
	Non-Hisp. Black	12.1	1.4 - 22.8	14.7	11.7 - 17.6
	Hispanic	6.1	0.0 - 13.3	13.1	10.6 - 15.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	8.3	3.6 - 13.1	9.7	8.6 - 10.9
	Non-Hisp. White Women	13.8	8.5 - 19.2	14.0	12.8 - 15.2
	Non-Hisp. Black Men	NA		14.8	9.8 - 19.7
	Non-Hisp. Black Women	NA		14.6	11.0 - 18.1
	Hispanic Men	NA		10.7	7.2 - 14.3
	Hispanic Women	NA		15.5	11.7 - 19.2
AGE GROUP	18-44	10.6	5.7 - 15.4	12.6	11.2 - 14.0
	45-64	15.5	9.8 - 21.3	16.0	14.2 - 17.7
	65 & Older	4.7	0.7 - 8.8	8.4	7.2 - 9.5
EDUCATION LEVEL	<high school<="" th=""><th>30.0</th><th>12.7 - 47.2</th><th>19.7</th><th>16.1 - 23.3</th></high>	30.0	12.7 - 47.2	19.7	16.1 - 23.3
	High School / GED	9.5	5.2 - 13.8	13.5	12.0 - 15.1
	>High School	8.1	4.9 - 11.4	10.4	9.5 - 11.3
ANNUAL INCOME	<\$25,000	20.5	12.5 - 28.5	20.1	18.2 - 22.0
	\$25,000-\$49,999	11.0	4.2 - 17.9	13.0	11.0 - 14.9
	\$50,000 or More	6.0	2.6 - 9.4	6.7	5.7 - 7.6
MARITAL STATUS	Married/Couple	7.9	4.7 - 11.2	10.5	9.4 - 11.5
	Not Married/Couple	15.5	9.7 - 21.3	15.4	13.9 - 16.8

## Average number of unhealthy physical days in the past 30 days

		2013 ( Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	4.9	4.0 - 5.9	4.5	4.3 - 4.7
SEX	Men	4.7	3.2 - 6.3	4.2	3.8 - 4.5
	Women	5.1	3.9 - 6.3	4.8	4.5 - 5.1
RACE/ETHNICITY	Non-Hisp. White	4.9	3.8 - 5.9	4.5	4.2 - 4.7
	Non-Hisp. Black	3.2	0.7 - 5.6	4.2	3.5 - 4.9
	Hispanic	5.1	1.6 - 8.5	4.8	4.2 - 5.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	4.9	3.2 - 6.5	4.1	3.8 - 4.4
	Non-Hisp. White Women	4.9	3.5 - 6.2	4.8	4.5 - 5.1
	Non-Hisp. Black Men	NA		4.4	3.2 - 5.6
	Non-Hisp. Black Women	NA		4.1	3.4 - 4.8
	Hispanic Men	NA		3.9	3.1 - 4.7
	Hispanic Women	NA		5.7	4.7 - 6.8
AGE GROUP	18-44	4.8	3.2 - 6.4	3.4	3.0 - 3.7
	45-64	5.4	3.7 - 7.1	5.6	5.2 - 6.0
	65 & Older	4.7	3.2 - 6.3	5.1	4.8 - 5.4
EDUCATION LEVEL	<high school<="" th=""><th>10.2</th><th>5.4 - 14.9</th><th>7.4</th><th>6.4 - 8.3</th></high>	10.2	5.4 - 14.9	7.4	6.4 - 8.3
	High School / GED	5.4	3.7 - 7.2	4.7	4.3 - 5.1
	>High School	3.6	2.7 - 4.6	3.7	3.5 - 3.9
ANNUAL INCOME	<\$25,000	7.5	5.2 - 9.8	7.2	6.7 - 7.7
	\$25,000-\$49,999	5.3	3.3 - 7.2	4.2	3.8 - 4.7
	\$50,000 or More	2.9	1.7 - 4.2	2.5	2.3 - 2.7
MARITAL STATUS	Married/Couple	4.0	3.0 - 5.1	4.2	3.9 - 4.4
	Not Married/Couple	6.3	4.5 - 8.0	4.9	4.6 - 5.2

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

# **Health-Related Quality of Life**

Average number of unhealthy mental days in the past 30 days

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	3.8	2.9 - 4.6	4.1	3.8 - 4.3
SEX	Men	3.1	2.0 - 4.2	3.5	3.2 - 3.9
	Women	4.4	3.2 - 5.7	4.6	4.3 - 4.9
RACE/ETHNICITY	Non-Hisp. White	3.8	2.8 - 4.8	3.8	3.6 - 4.0
	Non-Hisp. Black	3.2	0.5 - 6.0	4.5	3.8 - 5.2
	Hispanic	3.9	1.7 - 6.1	4.4	3.7 - 5.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	2.9	1.7 - 4.2	3.2	2.9 - 3.5
	Non-Hisp. White Women	4.6	3.1 - 6.0	4.3	4.0 - 4.6
	Non-Hisp. Black Men	NA		4.5	3.2 - 5.8
	Non-Hisp. Black Women	NA		4.5	3.8 - 5.3
	Hispanic Men	NA		3.5	2.5 - 4.5
	Hispanic Women	NA		5.2	4.2 - 6.2
AGE GROUP	18-44	4.1	2.7 - 5.5	4.2	3.9 - 4.6
	45-64	4.4	3.0 - 5.8	4.9	4.4 - 5.4
	65 & Older	2.0	0.7 - 3.2	2.6	2.3 - 2.9
EDUCATION LEVEL	<high school<="" th=""><th>9.9</th><th>5.3 - 14.5</th><th>6.1</th><th>5.1 - 7.1</th></high>	9.9	5.3 - 14.5	6.1	5.1 - 7.1
	High School / GED	3.6	2.4 - 4.8	4.2	3.8 - 4.6
	>High School	2.7	1.8 - 3.6	3.5	3.2 - 3.7
ANNUAL INCOME	<\$25,000	6.9	4.7 - 9.1	6.0	5.5 - 6.5
	\$25,000-\$49,999	3.9	2.1 - 5.7	4.3	3.7 - 4.8
	\$50,000 or More	2.1	1.3 - 3.0	2.4	2.1 - 2.6
MARITAL STATUS	Married/Couple	2.8	1.9 - 3.6	3.3	3.0 - 3.6
	Not Married/Couple	5.2	3.6 - 6.8	5.0	4.6 - 5.4

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval NA=Not available due to respondent counts of less than 30.

## **Health-Related Quality of Life**

Average number of days where poor mental or physical health interferred with activities of daily living in the past 30 days (Among adults who have had at least one day of poor mental or physical health)

		2013 ( Measure	County 95% (	CI	2013 Measure	State 95% CI
ALL	Overall	5.7	4.4 -	6.9	5.1	4.8 - 5.4
SEX	Men	6.8	4.7 -	8.9	5.2	4.7 - 5.7
	Women	4.8	3.3 -	6.4	5.1	4.7 - 5.5
RACE/ETHNICITY	Non-Hisp. White	6.4	4.8 -	7.9	5.5	5.1 - 5.8
	Non-Hisp. Black	NA			3.8	3.2 - 4.4
	Hispanic	NA			5.1	4.2 - 6.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	7.2	4.7 -	9.7	5.5	4.9 - 6.0
	Non-Hisp. White Women	5.8	3.9 -	7.8	5.4	5.0 - 5.8
	Non-Hisp. Black Men	NA			3.6	2.8 - 4.4
	Non-Hisp. Black Women	NA			3.9	3.1 - 4.8
	Hispanic Men	NA			5.1	3.8 - 6.4
	Hispanic Women	NA			5.2	3.9 - 6.4
AGE GROUP	18-44	4.3	2.6 -	6.1	3.7	3.3 - 4.1
	45-64	7.4	5.1 -	9.7	6.8	6.1 - 7.4
	65 & Older	6.4	3.7 -	9.0	5.7	5.2 - 6.2
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th></th><th>7.4</th><th>6.1 - 8.6</th></high>	NA			7.4	6.1 - 8.6
	High School / GED	7.3	4.7 -	9.9	5.3	4.8 - 5.8
	>High School	3.4	2.3 -	4.4	4.3	4.0 - 4.6
ANNUAL INCOME	<\$25,000	6.5	4.5 -	8.6	7.7	7.1 - 8.4
	\$25,000-\$49,999	5.9	3.2 -	8.7	3.8	3.4 - 4.2
	\$50,000 or More	4.1	1.9 -	6.3	3.0	2.6 - 3.3
MARITAL STATUS	Married/Couple	5.7	3.9 -	7.5	4.8	4.4 - 5.2
	Not Married/Couple	5.7	3.9 -	7.4	5.5	5.0 - 5.9

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

# **Health Care Access & Coverage**

## Percentage of adults with any type of health care insurance coverage

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	83.0 *	79.0 - 87.0	77.1	76.0 - 78.2
SEX	Men	81.1	74.7 - 87.5	74.5	72.8 - 76.2
	Women	84.9	80.0 - 89.8	79.6	78.2 - 81.1
RACE/ETHNICITY	Non-Hisp. White	86.1	82.3 - 89.9	85.5	84.6 - 86.3
	Non-Hisp. Black	77.1	60.9 - 93.3	69.2	65.4 - 73.0
	Hispanic	58.4	37.4 - 79.4	64.0	60.6 - 67.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	86.4	80.8 - 92.0	83.2	81.8 - 84.6
	Non-Hisp. White Women	85.8	80.5 - 91.0	87.6	86.5 - 88.6
	Non-Hisp. Black Men	NA		67.8	61.9 - 73.7
	Non-Hisp. Black Women	NA		70.4	65.5 - 75.4
	Hispanic Men	NA		59.7	54.6 - 64.7
	Hispanic Women	NA		68.1	63.6 - 72.6
AGE GROUP	18-44	73.3	65.6 - 81.1	66.5	64.4 - 68.5
	45-64	86.8 *	82.0 - 91.7	76.4	74.6 - 78.3
	65 & Older	98.9	97.3 -100.0	97.5	96.7 - 98.2
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>54.6</td><td>36.2 - 73.0</td><td>60.1</td><td>56.0 - 64.2</td></high>	54.6	36.2 - 73.0	60.1	56.0 - 64.2
	High School / GED	80.6	73.5 - 87.6	72.1	69.9 - 74.2
	>High School	89.6	85.7 - 93.6	84.7	83.5 - 85.8
ANNUAL INCOME	<\$25,000	58.6	48.7 - 68.5	61.2	58.9 - 63.6
	\$25,000-\$49,999	87.3 *	79.2 - 95.4	76.0	73.5 - 78.4
	\$50,000 or More	95.3	92.0 - 98.6	92.6	91.5 - 93.8
MARITAL STATUS	Married/Couple	88.3 *	83.8 - 92.7	82.1	80.8 - 83.5
	Not Married/Couple	75.3	67.9 - 82.6	71.1	69.2 - 72.9
ercentage of adults who l	have a personal doctor				
		2013 County Measure 95% CI		2013 Measure	State 95% CI

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	71.0	66.4 - 75.7	73.2	72.1 - 74.4
SEX	Men	67.7	60.7 - 74.8	67.8	66.0 - 69.5
	Women	74.4	68.3 - 80.4	78.4	76.9 - 79.8
RACE/ETHNICITY	Non-Hisp. White	74.9	70.1 - 79.7	79.8	78.7 - 80.8
	Non-Hisp. Black	74.4	59.3 - 89.6	71.8	68.2 - 75.4
	Hispanic	38.5	20.6 - 56.5	59.7	56.2 - 63.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	73.4	66.1 - 80.8	75.1	73.3 - 76.8
	Non-Hisp. White Women	76.3 *	69.8 - 82.7	84.2	83.0 - 85.5
	Non-Hisp. Black Men	NA		67.4	61.7 - 73.0
	Non-Hisp. Black Women	NA		75.7	71.1 - 80.4
	Hispanic Men	NA		52.1	46.9 - 57.4
	Hispanic Women	NA		67.0	62.3 - 71.6
AGE GROUP	18-44	55.6	47.2 - 63.9	57.0	54.9 - 59.1
	45-64	76.6	69.7 - 83.5	78.0	76.2 - 79.9
	65 & Older	97.1	94.9 - 99.2	95.5	94.7 - 96.4
EDUCATION LEVEL	<high school<="" th=""><th>39.9</th><th>22.6 - 57.3</th><th>59.9</th><th>55.8 - 64.0</th></high>	39.9	22.6 - 57.3	59.9	55.8 - 64.0
	High School / GED	73.5	65.5 - 81.6	71.2	69.0 - 73.4
	>High School	76.6	71.3 - 81.8	78.0	76.8 - 79.3
ANNUAL INCOME	<\$25,000	55.1	45.2 - 64.9	61.7	59.3 - 64.0
	\$25,000-\$49,999	68.9	58.2 - 79.6	73.2	70.7 - 75.7
	\$50,000 or More	82.6	77.1 - 88.2	85.1	83.7 - 86.5
MARITAL STATUS	Married/Couple	77.3	72.0 - 82.7	79.1	77.7 - 80.5
	Not Married/Couple	62.7	54.6 - 70.7	66.5	64.6 - 68.3

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

## **Health Care Access & Coverage**

Percentage of adults who could not see a doctor in the past year due to cost

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	17.9	13.9 - 22.0	20.8	19.7 - 21.8
SEX	Men	17.0	10.7 - 23.3	18.3	16.9 - 19.8
	Women	18.9	13.7 - 24.1	23.1	21.5 - 24.6
RACE/ETHNICITY	Non-Hisp. White	15.6	11.5 - 19.8	14.7	13.8 - 15.5
	Non-Hisp. Black	24.6	7.2 - 41.9	25.1	21.6 - 28.6
	Hispanic	20.0	3.4 - 36.5	30.9	27.6 - 34.2
EX BY RACE/ETHNICITY	Non-Hisp. White Men	13.4	7.4 - 19.4	13.5	12.2 - 14.9
	Non-Hisp. White Women	17.7	12.0 - 23.4	15.7	14.5 - 16.9
	Non-Hisp. Black Men	NA		21.2	16.0 - 26.4
	Non-Hisp. Black Women	NA		28.5	23.9 - 33.2
	Hispanic Men	NA		26.4	22.2 - 30.6
	Hispanic Women	NA		35.2	30.4 - 40.1
AGE GROUP	18-44	24.0	16.6 - 31.4	27.6	25.6 - 29.6
	45-64	18.9	12.8 - 25.1	23.4	21.7 - 25.1
	65 & Older	3.5	0.5 - 6.5	4.9	4.0 - 5.8
<b>EDUCATION LEVEL</b>	<high school<="" td=""><td>44.5</td><td>26.2 - 62.7</td><td>30.0</td><td>26.3 - 33.7</td></high>	44.5	26.2 - 62.7	30.0	26.3 - 33.7
	High School / GED	24.7	16.3 - 33.1	22.4	20.3 - 24.5
	>High School	9.3 *	6.0 - 12.6	17.3	16.1 - 18.5
ANNUAL INCOME	<\$25,000	34.3	24.7 - 43.9	35.2	32.9 - 37.4
	\$25,000-\$49,999	22.5	13.0 - 31.9	21.3	19.1 - 23.5
	\$50,000 or More	3.8 *	0.5 - 7.1	8.9	7.5 - 10.3
MARITAL STATUS	Married/Couple	15.4	10.4 - 20.4	17.8	16.4 - 19.1
	Not Married/Couple	21.8	14.9 - 28.6	24.6	22.9 - 26.3
ntage of adults who	had a medical checkup i	in the past y	ear		
		2013	County	2013	State

		2013 County		2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	67.3	62.5 - 72.2	70.3	69.1 - 71.4
SEX	Men	65.0	57.7 - 72.3	65.6	63.8 - 67.3
	Women	69.6	63.1 - 76.1	74.7	73.2 - 76.1
RACE/ETHNICITY	Non-Hisp. White	67.8	62.4 - 73.1	73.0	71.9 - 74.1
	Non-Hisp. Black	78.0	62.1 - 93.9	72.4	68.8 - 75.9
	Hispanic	52.4	32.3 - 72.6	64.7	61.2 - 68.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	65.1	57.1 - 73.2	69.9	68.1 - 71.6
	Non-Hisp. White Women	70.1	62.9 - 77.3	76.0	74.6 - 77.3
	Non-Hisp. Black Men	NA		67.4	61.8 - 73.1
	Non-Hisp. Black Women	NA		76.8	72.3 - 81.3
	Hispanic Men	NA		56.9	51.8 - 62.0
	Hispanic Women	NA		72.0	67.4 - 76.5
AGE GROUP	18-44	55.5	47.0 - 64.1	57.7	55.6 - 59.7
	45-64	70.3	63.1 - 77.5	71.6	69.7 - 73.5
	65 & Older	88.3	82.7 - 93.9	91.1	90.1 - 92.1
EDUCATION LEVEL	<high school<="" th=""><th>41.4 *</th><th>23.1 - 59.7</th><th>65.1</th><th>61.1 - 69.2</th></high>	41.4 *	23.1 - 59.7	65.1	61.1 - 69.2
	High School / GED	72.1	63.2 - 80.9	69.9	67.8 - 72.1
	>High School	69.7	63.9 - 75.5	72.0	70.6 - 73.3
ANNUAL INCOME	<\$25,000	57.4	47.5 - 67.3	64.6	62.3 - 66.9
	\$25,000-\$49,999	64.3	53.3 - 75.4	67.7	65.2 - 70.1
	\$50,000 or More	72.7	65.3 - 80.0	76.4	74.7 - 78.1
MARITAL STATUS	Married/Couple	71.4	65.6 - 77.2	74.6	73.2 - 76.0
	Not Married/Couple	62.0	53.6 - 70.3	65.0	63.2 - 66.9

<sup>\*</sup> Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

#### **GLOSSARY**

A1C Medical test that sums up how much glucose has been sticking to the

hemoglobin molucule in the bloostream during the past three to four

months.

Activities of Daily Living

Usual activities, such as self-care, work, or recreation.

Adult Individual aged 18 years or older.

Aerobic Recommendations\* Performance of at least 150 minutes of moderate aerobic activity or 75

minutes of vigorous aerobic activity per week in the past 30 days.

Angina Most common symptom of coronary artery disease (CAD); chest pain or

discomfort that occurs if an area of the heart muscle does not get

enough oxygen-rich blood.

Arthritis Joint inflammation; term used in the public health field to describe more

than 100 rheumatic diseases and conditions that affect joints, the tissues which surround the joint, and other connective tissue; pattern, severity,

and location of symptoms can vary.

Asthma Disease that affects the lungs; causes repeated episodes of wheezing,

breathlessness, chest tightness, and nighttime or early morning

coughing.

**Binge Drinking\*** For women, consumption of 4 or more drinks during a single occasion in

the past 30 days; for men, consumption of 5 or more drinks during a

single occasion in the past 30 days.

Blood Glucose Also called blood sugar; refers to the level of glucose, the main sugar

the body makes from the food we eat, that is found in the bloodstream.

Blood Pressure The force of the blood against the artery walls; two levels of blood

pressure measured, the highest, or systolic, occurs when the heart pumps blood into the blood vessels, and the lowest, or diastolic, occurs

when the heart rests.

Blood Sugar See Blood Glucose

Body Mass Index (BMI) Body Mass Index (BMI) is a number calculated from a person's height

and weight; provides a reliable indicator of body fatness for most people; used to screen for weight categories that may lead to health problems.

Cancer General name for a group of diseases; when cells in a part of the body

begin to grow out of control, forming new, abnormal cells and sometimes

invading (growing into) other tissues.

Cholesterol A substance the body uses to produce hormones, vitamin D, and food-

digesting acids. Too much cholesterol in the blood over an extended period can increase the risk of coronary heart disease, heart attack, or

angina.

Chronic Bronchitis A long-term condition in which the airways that carry air to the lungs

become inflammed and produce too much mucus, making it difficult to

get air into and out of the lungs.

Chronic Diseases Diseases of long duration and generally slow progression (e.g., heart

disease; stroke; cancer; diabetes); represent the leading causes of

mortality worldwide.

Chronic Obstructive Pulmonary Disease (COPD) Term that refers to a group of diseases that cause airflow blockage and

breathing-related problems, including emphysema and chronic bronchitis.

Coronary Heart Disease (CHD) See Coronary Artery Disease (CAD)

Current Smoker\* Combination of everyday smoker and some day smoker.

#### **GLOSSARY**

**Depressive Disorders**Mental illnesses characterized by a profound and persistent feeling of

sadness or despair and/or a loss of interest in things that once were pleasurable; disturbance in sleep, appetite, and mental processes are a

common accompaniment.

Diabetes General term for diabetes mellitus; disease in which the blood glucose

levels are above normal.

Emphysema Long-term, progressive disease of the lungs that primarily causes

shortness of breath; tissues necessary to support the physical shape and function of the lungs are destroyed. See also Chronic Obstructive

Pulmonary Disease (COPD)

Everday Smoker\* Adults who reported smoking at least 100 cigarettes in their lifetime and

reported smoking everyday now.

**Exercise** See Physical Activity

Fibromyalgia A musculoskeletal condition causing widespread muscle and joint pain

and fatigue.

Flu Contagious respiratory illness caused by influenza viruses; can cause

mild to severe illness, and at times can lead to death.

Flu Shot Influenza vaccine; an inactivated vaccine (containing killed virus) that is

given with a needle, usually in the arm. The flu vaccine can also be administered as an attenuated vaccine (containing weakened, live virus)

by a spray, mist, or drop in the nose called FluMist™.

Former Smoker Adults who reported smoking at least 100 cigarettes in their lifetime but

reported not smoking now.

**Gout** A form of arthritis caused by too much uric acid in the blood that causes

pain, stiffness, and swelling of a joint.

**Health Behavior** An action taken by a person to maintain, attain, or regain good health

and to prevent illness.

Health Care Coverage Example: health insurance, pre-paid plans such as HMO's, government

plans such as Medicare.

Health Care Provider A person who by education, training, certification, or licensure is qualified

to and is engaged in providing health care to patients (e.g., medical doctor; nurse practitioner; physician assistant; registered nurse).

Health Risk Behavior

An action taken by a person that is associated with higher than average

rates of morbidity or mortality (e.g., lack of physical activity; poor

nutrition; tobacco use; excessive alcohol consumption).

Healthy Weight Having a body mass index (BMI) ranging from 18.5 to 24.9; BMI is

calculated using self-reported height and weight.

**Heart Attack** Most commonly caused by coronary artery disease (CAD); occurs when

a section of the heart muscle dies or gets damaged because of reduced

blood supply.

**Heavy Drinking\*** For women, consumption of more than 1 drink per day on average in the

past 30 days; for men, consumption of more than 2 drinks per day on

average in the past 30 days.

**High Blood Cholesterol**Condition where there is too much cholesterol in the blood for an

extended period of time; increases the risk of coronary heart disease,

heart attack, or angina.

High Blood Pressure Condition where the blood circulates through the arteries with too much

force; tires the heart, harms the arteries, and increases the risk of heart

attack, stroke, and kidney problems.

#### **GLOSSARY**

Hispanic Adults of Cuban, Mexican, Puerto Rican, South or Central American, or

other Spanish culture or origin, regardless of race; self-reported

demographic variable.

HIV Human immunodeficiency virus (HIV) damages a person's body by

destroying immune system cells, which are crucial to helping the body fight diseases; can lead to acquired immune deficiency syndrome (AIDS).

**Hypertension** See High Blood Pressure

**Hysterectomy** An operation to remove the uterus (womb) in women.

Inactive\* No leisure-time physical activity, performance of aerobic activity for less

than 10 minutes at a time, or performance of only non-aerobic activities

in the past 30 days.

Influenza See Flu

Insufficiently Active\* Performance of less than 150 minutes of moderate aerobic activity or 75

minutes of vigorous aerobic activity per week in the past 30 days.

Kidney Disease Also called renal disease; general term for any damage that reduces the

functioning of the kidney.

**Lupus** A chronic inflammatory disease resulting from an attack by the body's

own immune system.

Mammography is the process of using low-energy X-rays to examine the

human breast; this test is ordered to detect tumors and differentiate

between benign and malignant disease.

Mental Health A state of well-being in which the individual realizes his or her own

abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community.

Muscle Strengthening Recommendations\* Performance of muscle-strengthening activities, such as activities using

body weight, weight machines, free weights, or elastic bands, at least

two times per week in the past 30 days.

**Never Smoked\*** Adults who reported smoking less than 100 cigarettes in their lifetime.

Non-Hispanic Black Adults not of Hispanic culture or origins reporting membership in only the

Black race category; self-reported demographic variable.

Non-Hispanic White Adults not of Hispanic culture or origins reporting membership in only the

White race category; self-reported demographic variable.

Non-smoker\* Combination of former smoker and never smoked.

Obese Having a body mass index (BMI) that is greater than or equal to 30.0;

BMI is calculated using self-reported height and weight.

**Obesity** A condition characterized by being obese.

Overweight Having a body mass index (BMI) ranging from 25.0 to 29.9; BMI is

calculated using self-reported height and weight.

Pap Test A cervical cancer screening test in which surface cells from the cervix

are examined for cancer or pre-cancer characteristics.

Personal Doctor A health care provider that an adult identifies as their personal health

care provider.

Pneumococcal Vaccination Vaccine given with a needle, usually in the arm, to prevent

pneumoccocal pneumonia.

Pneumonia Infection of the lungs, usually caused by bacteria or viruses, that can

cause mild to severe illness.

### **GLOSSARY**

**Poor Mental Health** Adults who report that their mental health, which includes stress. depression, and problems with emotions, was not good on 14 or more of the previous 30 days. **Poor Physical Health** Adults who report that their physical health, which includes physical illness and injury, was not good on 14 or more of the previous 30 days. Race/Ethnicity A measure that combines an adult's ethnicity status (Hispanic/non-Hispanic) and race status (e.g., white; black; other); self-reported demographic variable. A general physical exam; does not include exams conducted for a **Routine Checkup** specific injury, illness, or condition. Sedentary\* Participating in no leisure-time physical activity in the past 30 days. The condition or character of being male or female; self-reported Sex demographic variable. Sigmoidoscopy/Colonoscopy Exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. **Smoking** Inhalation of the smoke (gases and hydrocarbon vapors) generated by slowly burning tobacco. Adults who reported smoking at least 100 cigarettes in their lifetime and Some Day Smoking\* reported smoking some days now. A test that may use a special kit at home to determine whether the stool **Stool Blood Test** contains blood.

Sometimes called a brain attack; occurs when a clot blocks the blood

supply to the brain or when a blood vessel in the brain bursts.

A bacterial infection that affects the central nervous system and can

result in painful muscle spasms, stiff jaw, and potentially death.

Tetanus vaccine; vaccine given with a needle, usually in the shoulder

muscle; a booster tetanus vaccine should be received every ten years.

Stroke

**Tetanus** 

**Tetanus Shot** 

### **Healthy People 2020 Objectives**

### **Alcohol Consumption**

- SA-14. Reduce the proportion of persons engaging in binge drinking of alcoholic beverages
- SA-15. Reduce the proportion of adults who drank excessively in the previous 30 days

#### **Arthritis**

AOCBC-2. Reduce the proportion of adults with doctor-diagnosed arthritis who experience a limitation in activity due to arthritis or joint symptoms

#### **Asthma**

- RD-6. Increase the proportion of persons with current asthma who receive formal patient education
- RD-7. Increase the proportion of persons with current asthma who receive appropriate asthma care according to National Asthma Education and Prevention Program (NAEPP) guidelines

### **Cancer Screening**

- C-15. Increase the proportion of women who receive a cervical cancer screening based on the most recent guidelines
- C-16. Increase the proportion of adults who receive a colorectal cancer screening based on the most recent guidelines
- C-17. Increase the proportion of women who receive a breast cancer screening based on the most recent guidelines

#### Cardiovascular Disease

- HDS-1. (Developmental) Increase overall cardiovascular health in the U.S. population
- HDS-2. Reduce coronary heart disease deaths
- HDS-3. Reduce stroke deaths

#### **Cholesterol Awareness**

HDS-7. Reduce the proportion of adults with high total blood cholesterol levels

### **Diabetes**

- D-1. Reduce the annual number of new cases of diagnosed diabetes in the population
- D-5. Improve glycemic control among the population with diagnosed diabetes
- D-9. Increase the proportion of adults with diabetes who have at least an annual foot examination
- D-10. Increase the proportion of adults with diabetes who have an annual dilated eye examination
- D-11. Increase the proportion of adults with diabetes who have a glycosylated hemoglobin (A1C) measurement at least twice a year
- D-13. Increase the proportion of adults with diabetes who perform self-blood glucose-monitoring at least once daily
- D-14. Increase the proportion of persons with diagnosed diabetes who receive formal diabetes education

### Disability

DH-13. (Developmental) Increase the proportion of people with disabilities who participate in social, spiritual, recreational, community, and civic activities to the degree that they wish

### **Healthy People 2020 Objectives**

### **Health Care Access & Coverage**

- AHS-1. Increase the proportion of persons with medical insurance
- AHS-3. Increase the proportion of persons with a usual primary care provider
- AHS-6. Reduce the proportion of individuals who are unable to obtain or delay in obtaining necessary medical care, dental care, or prescription medicines

### **Health-Related Quality of Life**

- HRQOL/WB-1.1. Increase the proportion of adults who self-report good or better physical health
- HRQOL/WB-1.2. Increase the proportion of adults who self-report good or better mental health

### **HIV/AIDS Screening**

- HIV-14. Increase the proportion of adolescents and adults who have been tested for HIV in the past 12 months
- HIV-14.1. Increase the proportion of adolescents and adults who have ever been tested for HIV

### **Hypertension Awareness**

HDS-5. Reduce the proportion of persons in the population with hypertension

### **Immunization**

- IID-12.12. Increase the percentage of children and adults who are vaccinated annually against seasonal influenza
- IID-13. Increase the percentage of adults who are vaccinated against pneumococcal disease
- IID-13.1. Increase the percentage of noninstitutionalized adults aged 65 years and older who are vaccinated against pneumococcal disease

### **Injury Prevention**

IVP-15. Increase use of safety belts in motor vehicles

### **Overweight & Obesity**

- NWS-8. Increase the proportion of adults who are at a healthy weight
- NWS-9. Reduce the proportion of adults who are obese

#### **Physical Activity & Nutrition**

- PA-1. Reduce the proportion of adults who engage in no leisure-time physical activity
- PA-2. Increase the proportion of adults who meet current federal physical activity guidelines for aerobic physical activity and for muscle-strengthening activity

## **Tobacco Use & Exposure**

- TU-1. Reduce tobacco smoking by adults
- TU-4. Increase smoking cessation attempts by adult smokers

### **Vision Impairment**

V-5. Reduce visual impairment

The Healthy People 2020 objectives listed in this appendix are directly or indirectly related to the data presented.



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