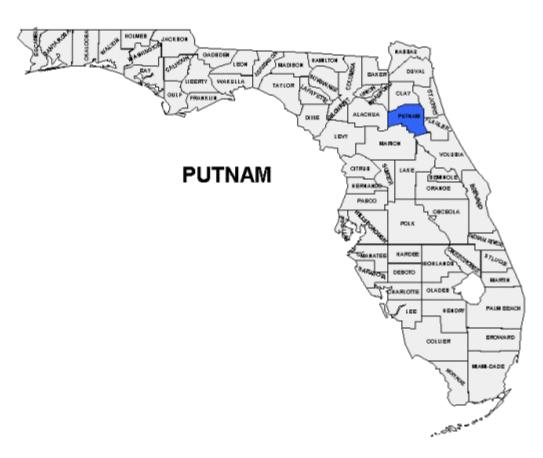
# FLORIDA BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS) 2013 DATA





Florida Department of Health Division of Disease Control and Health Protection Bureau of Epidemiology Chronic Disease Epidemiology Section

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## Introduction

The Florida Department of Health is pleased to release the 2013 Florida Behavioral Risk Factor Surveillance System (BRFSS) State and County Data. This historic surveillance effort would not have been possible without the support of Florida's 67 County Health Departments (CHDs).

The Florida BRFSS has been collecting and reporting health behavior data since 1986. This statewide telephone survey is the only source of state-specific, population-based estimates of the prevalence of various health conditions and related risk behaviors among Florida residents aged 18 and older. The purpose of this survey is to gather information regarding personal health and risk behaviors, selected medical conditions, and preventive health care practices among Florida adults.

The 2013 BRFSS was the fourth county-level survey conducted. It was previously conducted in 2002, 2007, and 2010. The 2013 county-level survey was developed in collaboration with state and local representatives and better designed to meet the needs of CHD programs by offering options to add county developed questions and increase sample sizes.

Over 34,000 interviews were completed statewide in the 2013 calendar year, with a target sample size of 500 completed surveys in each county.

Putnam County had approximately 56,663 adult residents in 2013, based on Florida CHARTS, and 404 adults responded to the 2013 county-level BRFSS survey.

The 2013 BRFSS provides counties and the state with a rich data source to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. The following data tables present the survey data on a variety of issues related to health status, health care access, lifestyle, chronic illnesses, and disease prevention practice.

Because BRFSS respondents are randomly selected, measures of prevalence and mean are subject to random sample errors. Each measure listed in the data tables includes the 95% confidence interval (CI). If the confidence intervals overlap, there is no statistically significant difference in the prevalence rates. However, if the confidence intervals do not overlap, there is a statistically significant difference. The significance of measures with very wide confidence intervals should be interpreted with caution. Measures of prevalence and mean are excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

The prevalence rates are adjusted, or "weighted," by the Centers for Disease Control and Prevention (CDC) to represent all Florida adults. Weighting is a procedure that adjusts for the chance of an adult being selected to complete the survey and for discrepancies between the adults who completed the survey and the overall population of Florida adults. The data were weighted to the respondent's probability of selection by county, as well as age, sex, marital status, race/ethnicity, education level, and housing type.

Due to a change in weighting methodology and the inclusion of cellular telephone responses starting in 2011, data from 2013 may not be comparable to data collected before 2011.

If any assistance is needed with interpretation or survey methods, please contact the Bureau of Epidemiology at (850) 245-4401.

## **County Highlights**

### Strengths\*

Data is not significant compared to state.

## Challenges\*

- High percentage of adults who have ever been told they had coronary heart disease, heart attack, or stroke
- High percentage of adults who have ever been told they had hypertension
- High percentage of adults who are obese
- Low percentage of adults who said their overall health was "good" to "excellent"
- High percentage of adults who use special equipment because of a health problem

Selected Indicators**	Percentage (%)	Estimated affected adult population
Adults who are current smokers	22.1	12,510
Adults who are obese	40.4	22,896
Adults who are physically inactive or insufficiently active	56.4	31,959
Adults who have ever been told they had diabetes	12.6	7,158

\* These selected strengths and challenges are significantly different compared with overall state data.

\*\* These four selected indicators were used in the America's Health Rankings Report (2013 Edition).

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#### Arthritis

Percentage of adults who have ever been told they had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	40.1 *	31.8 - 48.5	26.0	25.1 - 26.9
SEX	Men	42.8 *	28.3 - 57.2	22.0	20.7 - 23.3
	Women	37.6	29.5 - 45.7	29.8	28.5 - 31.1
RACE/ETHNICITY	Non-Hisp. White	42.6 *	35.1 - 50.1	32.1	31.1 - 33.2
	Non-Hisp. Black	24.0	8.4 - 39.6	18.6	16.2 - 21.1
	Hispanic	NA		16.9	14.5 - 19.3
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	46.8 *	34.9 - 58.7	28.3	26.7 - 29.9
	Non-Hisp. White Women	39.3	30.1 - 48.6	35.8	34.4 - 37.2
	Non-Hisp. Black Men	NA		15.9	12.3 - 19.6
	Non-Hisp. Black Women	NA		21.1	17.8 - 24.3
	Hispanic Men	NA		11.1	8.4 - 13.8
	Hispanic Women	NA		22.4	18.5 - 26.3
AGE GROUP	18-44	19.3	0.0 - 40.2	8.6	7.5 - 9.7
	45-64	41.5	31.5 - 51.5	30.8	29.1 - 32.6
	65 & Older	67.7 *	60.0 - 75.3	51.1	49.3 - 52.9
EDUCATION LEVEL	<high school<="" th=""><th>46.0</th><th>22.2 - 69.9</th><th>30.4</th><th>27.1 - 33.7</th></high>	46.0	22.2 - 69.9	30.4	27.1 - 33.7
	High School / GED	36.6	26.8 - 46.3	27.2	25.4 - 29.0
	>High School	39.3 *	29.6 - 49.0	24.2	23.1 - 25.3
ANNUAL INCOME	<\$25,000	36.2	26.2 - 46.1	29.9	28.0 - 31.9
	\$25,000-\$49,999	37.0	24.1 - 50.0	26.8	24.9 - 28.7
	\$50,000 or More	47.5	23.0 - 72.0	21.8	20.3 - 23.2
MARITAL STATUS	Married/Couple	42.4 *	30.1 - 54.7	27.2	25.9 - 28.4
	Not Married/Couple	36.4 *	26.9 - 46.0	24.7	23.3 - 26.0

Arthritis

#### Putnam

Percentage of adults who a	are limited in any way in	any usual a	ctivities becaus	e of arthritis	
		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	21.8 *	16.1 - 27.5	12.8	12.1 - 13.5
SEX	Men	20.0	10.8 - 29.2	10.2	9.2 - 11.1
	Women	23.6 *	16.9 - 30.2	15.3	14.2 - 16.3
RACE/ETHNICITY	Non-Hisp. White	27.3 *	20.5 - 34.0	15.2	14.4 - 15.9
	Non-Hisp. Black	NA		9.6	7.7 - 11.5
	Hispanic	NA		9.5	7.5 - 11.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	29.8 *	18.2 - 41.4	12.7	11.5 - 13.8
	Non-Hisp. White Women	25.2	17.5 - 32.9	17.5	16.4 - 18.6
	Non-Hisp. Black Men	NA		7.6	4.9 - 10.3
	Non-Hisp. Black Women	NA		11.4	8.8 - 13.9
	Hispanic Men	NA		5.6	3.5 - 7.7
	Hispanic Women	NA		13.3	10.0 - 16.7
AGE GROUP	18-44	6.4	0.0 - 13.7	4.3	3.5 - 5.1
	45-64	28.8 *	19.4 - 38.1	17.2	15.7 - 18.7
	65 & Older	34.4 *	25.4 - 43.4	22.7	21.2 - 24.2
EDUCATION LEVEL	<high school<="" td=""><td>23.0</td><td>8.0 - 37.9</td><td>16.0</td><td>13.4 - 18.5</td></high>	23.0	8.0 - 37.9	16.0	13.4 - 18.5
	High School / GED	21.7	14.1 - 29.3	13.4	12.0 - 14.9
	>High School	20.5	12.1 - 28.9	11.6	10.8 - 12.5
ANNUAL INCOME	<\$25,000	25.5	16.6 - 34.3	18.4	16.8 - 20.1
	\$25,000-\$49,999	20.7	10.0 - 31.4	12.2	10.8 - 13.6
	\$50,000 or More	10.1	2.3 - 18.0	9.0	8.0 - 10.0
MARITAL STATUS	Married/Couple	19.2	11.9 - 26.6	12.7	11.7 - 13.6
	Not Married/Couple	24.9 *	16.3 - 33.5	13.1	12.0 - 14.1

Asthma

#### Percentage of adults who currently have asthma

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	7.1	3.2 - 11.0	8.3	7.6 - 8.9
SEX	Men	2.7 *	0.5 - 4.8	5.7	4.8 - 6.5
	Women	11.4	4.4 - 18.4	10.7	9.7 - 11.7
RACE/ETHNICITY	Non-Hisp. White	8.9	3.7 - 14.0	8.3	7.6 - 9.0
	Non-Hisp. Black	2.4 *	0.0 - 6.0	8.9	6.9 - 10.8
	Hispanic	NA		8.3	6.3 - 10.3
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	4.1	0.9 - 7.2	6.1	5.0 - 7.2
	Non-Hisp. White Women	12.7	4.1 - 21.3	10.4	9.5 - 11.3
	Non-Hisp. Black Men	NA		5.7	3.3 - 8.0
	Non-Hisp. Black Women	NA		11.7	8.7 - 14.7
	Hispanic Men	NA		5.2	2.9 - 7.4
	Hispanic Women	NA		11.4	8.1 - 14.6
AGE GROUP	18-44	5.8	0.0 - 14.8	8.0	7.0 - 8.9
	45-64	8.0	3.8 - 12.1	9.1	7.8 - 10.5
	65 & Older	7.9	3.5 - 12.3	7.8	6.8 - 8.8
EDUCATION LEVEL	<high school<="" td=""><td>4.5 *</td><td>0.5 - 8.5</td><td>12.5</td><td>9.7 - 15.3</td></high>	4.5 *	0.5 - 8.5	12.5	9.7 - 15.3
	High School / GED	9.8	0.9 - 18.7	7.3	6.3 - 8.3
	>High School	6.2	2.8 - 9.5	7.7	7.0 - 8.4
ANNUAL INCOME	<\$25,000	11.6	2.9 - 20.3	12.4	10.8 - 14.0
	\$25,000-\$49,999	2.8	0.0 - 6.0	6.9	5.7 - 8.0
	\$50,000 or More	3.3	0.1 - 6.6	6.0	5.1 - 6.9
MARITAL STATUS	Married/Couple	8.2	2.0 - 14.4	6.7	6.0 - 7.5
	Not Married/Couple	5.5 *	2.4 - 8.5	10.2	9.0 - 11.3

#### Percentage of adults who have ever been told they had asthma

		2013 ( Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	13.3	7.7 - 18.9	13.5	12.7 - 14.4
SEX	Men	10.1	4.3 - 15.9	11.5	10.3 - 12.6
	Women	16.3	7.2 - 25.3	15.5	14.3 - 16.7
RACE/ETHNICITY	Non-Hisp. White	16.7	9.6 - 23.9	13.2	12.4 - 14.0
	Non-Hisp. Black	3.6 *	0.0 - 8.0	14.2	11.7 - 16.8
	Hispanic	NA		14.6	12.0 - 17.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	14.0	6.1 - 21.8	11.5	10.3 - 12.8
	Non-Hisp. White Women	18.9	7.9 - 29.9	14.8	13.7 - 15.9
	Non-Hisp. Black Men	NA		13.3	9.2 - 17.4
	Non-Hisp. Black Women	NA		15.1	11.9 - 18.3
	Hispanic Men	NA		10.8	7.8 - 13.8
	Hispanic Women	NA		18.1	14.1 - 22.2
AGE GROUP	18-44	14.9	1.5 - 28.2	14.8	13.3 - 16.2
	45-64	13.0	7.3 - 18.6	13.9	12.4 - 15.4
	65 & Older	11.7	6.6 - 16.8	11.0	9.9 - 12.2
EDUCATION LEVEL	<high school<="" th=""><th>12.4</th><th>0.0 - 25.8</th><th>16.9</th><th>13.9 - 20.0</th></high>	12.4	0.0 - 25.8	16.9	13.9 - 20.0
	High School / GED	11.5	2.5 - 20.5	13.3	11.7 - 14.9
	>High School	16.1	8.5 - 23.6	12.8	11.9 - 13.7
ANNUAL INCOME	<\$25,000	17.8	6.5 - 29.1	18.5	16.6 - 20.4
	\$25,000-\$49,999	10.7	2.0 - 19.4	12.1	10.5 - 13.8
	\$50,000 or More	8.5	2.0 - 14.9	10.5	9.3 - 11.6
MARITAL STATUS	Married/Couple	15.6	7.2 - 24.1	11.7	10.7 - 12.8
	Not Married/Couple	9.9	3.9 - 16.0	15.8	14.4 - 17.1

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### Percentage of adults who have ever been told they had skin cancer

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI	
ALL	Overall	15.3	7.1 - 23.6	9.2	8.7 - 9.7	
SEX	Men	20.3	4.8 - 35.7	9.5	8.8 - 10.3	
	Women	10.5	6.3 - 14.7	8.9	8.3 - 9.5	
RACE/ETHNICITY	Non-Hisp. White	14.4	10.2 - 18.6	14.8	14.1 - 15.5	
	Non-Hisp. Black	0.0		0.4	0.0 - 0.8	
	Hispanic	NA		2.2	1.4 - 3.0	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	15.8	9.1 - 22.5	15.1	13.9 - 16.2	
	Non-Hisp. White Women	13.3	8.0 - 18.6	14.6	13.6 - 15.5	
	Non-Hisp. Black Men	NA		0.7	0.0 - 1.5	
	Non-Hisp. Black Women	NA		0.1	0.0 - 0.2	
	Hispanic Men	NA		2.8	1.5 - 4.1	
	Hispanic Women	NA		1.6	0.8 - 2.5	
AGE GROUP	18-44	12.1	0.0 - 33.2	1.5	1.1 - 1.9	
	45-64	10.6	5.1 - 16.2	8.5	7.6 - 9.4	
	65 & Older	26.5	19.1 - 34.0	24.1	22.7 - 25.4	
EDUCATION LEVEL	<high school<="" td=""><td>20.3</td><td>0.0 - 48.4</td><td>6.4</td><td>5.1 - 7.7</td><td></td></high>	20.3	0.0 - 48.4	6.4	5.1 - 7.7	
	High School / GED	14.9	8.7 - 21.1	8.7	7.9 - 9.6	
	>High School	12.2	7.2 - 17.2	10.3	9.6 - 10.9	
ANNUAL INCOME	<\$25,000	9.5	4.9 - 14.1	6.7	5.9 - 7.5	
	\$25,000-\$49,999	11.9	5.4 - 18.5	9.8	8.9 - 10.8	
	\$50,000 or More	31.6	2.1 - 61.1	10.4	9.5 - 11.3	
MARITAL STATUS	Married/Couple	17.5	4.3 - 30.7	10.7	10.0 - 11.5	
	Not Married/Couple	12.2	7.1 - 17.3	7.5	6.9 - 8.0	

#### Percentage of adults who have ever been told they had any other type of cancer except skin cancer

		2013 Measure	3 County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	8.6	5.7 - 11.5	7.6	7.1 - 8.1
SEX	Men	6.3	2.7 - 9.8	6.7	6.0 - 7.3
	Women	10.9	6.5 - 15.3	8.4	7.6 - 9.1
RACE/ETHNICITY	Non-Hisp. White	10.4	6.8 - 14.1	10.0	9.4 - 10.6
	Non-Hisp. Black	2.2	0.0 - 5.8	4.3	3.2 - 5.5
	Hispanic	NA		4.2	2.7 - 5.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	9.2	4.2 - 14.2	8.9	8.1 - 9.8
	Non-Hisp. White Women	11.4	6.3 - 16.6	10.9	10.1 - 11.8
	Non-Hisp. Black Men	NA		3.7	2.2 - 5.1
	Non-Hisp. Black Women	NA		4.9	3.1 - 6.7
	Hispanic Men	NA		3.6	2.1 - 5.1
	Hispanic Women	NA		4.8	2.4 - 7.2
AGE GROUP	18-44	1.6	0.0 - 3.7	2.6	1.9 - 3.3
	45-64	10.1	4.5 - 15.8	5.9	5.1 - 6.6
	65 & Older	16.7	10.7 - 22.7	18.8	17.5 - 20.1
EDUCATION LEVEL	<high school<="" th=""><th>6.9</th><th>0.9 - 12.9</th><th>6.7</th><th>5.1 - 8.3</th></high>	6.9	0.9 - 12.9	6.7	5.1 - 8.3
	High School / GED	10.3	5.2 - 15.5	7.3	6.3 - 8.3
	>High School	8.1	4.2 - 11.9	7.9	7.3 - 8.5
ANNUAL INCOME	<\$25,000	8.7	4.0 - 13.4	7.0	6.0 - 7.9
	\$25,000-\$49,999	8.2	2.8 - 13.5	8.2	7.0 - 9.4
	\$50,000 or More	5.8	0.0 - 11.6	7.4	6.6 - 8.2
MARITAL STATUS	Married/Couple	6.2	3.2 - 9.2	8.6	7.8 - 9.4
	Not Married/Couple	12.3	6.8 - 17.8	6.3	5.7 - 6.9

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

**Cardiovascular Disease** 

#### Percentage of adults who have ever been told they had angina or coronary heart disease

		2013 Measure	S County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	7.2	4.6 - 9.8	5.0	4.6 - 5.4
SEX	Men	9.4	4.7 - 14.1	6.3	5.6 - 7.0
	Women	5.3	2.7 - 8.0	3.8	3.3 - 4.2
RACE/ETHNICITY	Non-Hisp. White	8.3	5.1 - 11.4	6.5	5.9 - 7.0
	Non-Hisp. Black	2.9	0.0 - 7.7	4.2	2.8 - 5.7
	Hispanic	NA		2.5	1.6 - 3.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	11.6	5.6 - 17.6	8.4	7.4 - 9.3
	Non-Hisp. White Women	5.6	2.6 - 8.6	4.7	4.2 - 5.3
	Non-Hisp. Black Men	NA		4.3	2.0 - 6.7
	Non-Hisp. Black Women	NA		4.2	2.3 - 6.1
	Hispanic Men	NA		3.2	1.6 - 4.8
	Hispanic Women	NA		1.9	1.0 - 2.7
AGE GROUP	18-44	0.0		0.9	0.5 - 1.3
	45-64	6.2	1.7 - 10.8	5.1	4.3 - 6.0
	65 & Older	18.0	11.6 - 24.3	12.3	11.3 - 13.4
EDUCATION LEVEL	<high school<="" th=""><th>5.0</th><th>0.5 - 9.5</th><th>6.8</th><th>5.0 - 8.6</th></high>	5.0	0.5 - 9.5	6.8	5.0 - 8.6
	High School / GED	6.5	2.9 - 10.1	4.6	4.0 - 5.3
	>High School	9.4	4.4 - 14.5	4.8	4.3 - 5.3
ANNUAL INCOME	<\$25,000	7.6	3.8 - 11.4	6.8	5.8 - 7.8
	\$25,000-\$49,999	5.7	1.7 - 9.7	4.9	4.1 - 5.8
	\$50,000 or More	5.6	0.5 - 10.6	3.8	3.2 - 4.4
MARITAL STATUS	Married/Couple	6.5	3.4 - 9.6	5.1	4.5 - 5.7
	Not Married/Couple	8.2	3.8 - 12.6	5.0	4.3 - 5.6

#### Percentage of adults who have ever been told they had a heart attack

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	7.9	4.8 - 11.0	5.6	5.1 - 6.1
SEX	Men	12.1	6.1 - 18.0	7.3	6.4 - 8.2
	Women	4.3	1.7 - 6.9	4.1	3.5 - 4.6
RACE/ETHNICITY	Non-Hisp. White	9.7	5.8 - 13.6	6.6	6.1 - 7.2
	Non-Hisp. Black	0.5 *	0.0 - 1.6	4.2	2.8 - 5.5
	Hispanic	NA		4.6	3.1 - 6.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	15.3	7.7 - 22.9	9.1	8.1 - 10.2
	Non-Hisp. White Women	5.2	1.9 - 8.5	4.3	3.7 - 4.9
	Non-Hisp. Black Men	NA		5.6	3.1 - 8.0
	Non-Hisp. Black Women	NA		2.9	1.7 - 4.1
	Hispanic Men	NA		4.7	2.4 - 7.1
	Hispanic Women	NA		4.5	2.5 - 6.5
AGE GROUP	18-44	0.0		1.0	0.6 - 1.4
	45-64	5.6	0.9 - 10.2	6.5	5.4 - 7.6
	65 & Older	20.9	12.9 - 28.9	12.9	11.6 - 14.2
EDUCATION LEVEL	<high school<="" th=""><th>10.1</th><th>1.7 - 18.5</th><th>9.5</th><th>7.2 - 11.9</th></high>	10.1	1.7 - 18.5	9.5	7.2 - 11.9
	High School / GED	4.3	1.0 - 7.6	5.4	4.6 - 6.2
	>High School	9.9	4.4 - 15.3	4.7	4.2 - 5.2
ANNUAL INCOME	<\$25,000	6.5	3.0 - 10.1	8.0	6.7 - 9.3
	\$25,000-\$49,999	9.9	2.4 - 17.5	6.5	5.4 - 7.5
	\$50,000 or More	5.3	0.6 - 10.1	3.3	2.7 - 3.8
MARITAL STATUS	Married/Couple	6.5	2.5 - 10.4	5.6	4.9 - 6.2
	Not Married/Couple	9.3	4.4 - 14.2	5.8	4.9 - 6.6

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### Percentage of adults who have ever been told they had a stroke

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	11.1	2.3 - 19.9	3.7	3.3 - 4.1
SEX	Men	16.1	0.0 - 32.8	3.7	3.1 - 4.2
	Women	6.3	2.6 - 10.1	3.7	3.2 - 4.2
RACE/ETHNICITY	Non-Hisp. White	6.2	2.9 - 9.4	4.3	3.8 - 4.7
	Non-Hisp. Black	15.2	0.0 - 37.9	4.6	3.1 - 6.1
	Hispanic	NA		2.0	1.2 - 2.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	4.3	0.0 - 8.7	4.3	3.6 - 4.9
	Non-Hisp. White Women	7.7	3.0 - 12.4	4.2	3.7 - 4.8
	Non-Hisp. Black Men	NA		4.8	2.6 - 7.0
	Non-Hisp. Black Women	NA		4.4	2.4 - 6.4
	Hispanic Men	NA		2.0	0.9 - 3.1
	Hispanic Women	NA		2.0	1.0 - 3.0
AGE GROUP	18-44	16.5	0.0 - 38.0	1.1	0.7 - 1.6
	45-64	9.2	3.1 - 15.3	4.1	3.4 - 4.8
	65 & Older	6.3	2.9 - 9.8	7.8	6.9 - 8.7
EDUCATION LEVEL	<high school<="" td=""><td>28.4</td><td>0.8 - 56.1</td><td>5.2</td><td>3.9 - 6.5</td></high>	28.4	0.8 - 56.1	5.2	3.9 - 6.5
	High School / GED	3.8	0.6 - 7.0	3.7	3.0 - 4.3
	>High School	6.5	1.7 - 11.3	3.3	2.9 - 3.8
ANNUAL INCOME	<\$25,000	6.9	2.6 - 11.2	5.7	4.8 - 6.5
	\$25,000-\$49,999	10.7	0.0 - 22.3	4.1	3.3 - 4.9
	\$50,000 or More	21.3	0.0 - 54.4	1.9	1.4 - 2.3
MARITAL STATUS	Married/Couple	13.3	0.0 - 27.4	3.3	2.8 - 3.8
	Not Married/Couple	8.0	3.0 - 13.1	4.2	3.6 - 4.7

#### Percentage of adults who have ever been told they had coronary heart disease, heart attack, or stroke

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl	
ALL	Overall	20.0 *	11.4 - 28.6	10.3	9.7 - 10.9	
SEX	Men	27.9	12.4 - 43.4	11.9	10.8 - 12.9	
	Women	12.4	7.7 - 17.1	8.8	8.0 - 9.6	
RACE/ETHNICITY	Non-Hisp. White	17.1	12.2 - 22.0	12.2	11.5 - 12.9	
	Non-Hisp. Black	18.6	0.0 - 41.2	10.0	7.8 - 12.2	
	Hispanic	NA		6.8	5.0 - 8.5	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	20.8	12.5 - 29.2	14.6	13.4 - 15.8	
	Non-Hisp. White Women	14.1	8.5 - 19.8	9.9	9.1 - 10.8	
	Non-Hisp. Black Men	NA		10.9	7.4 - 14.3	
	Non-Hisp. Black Women	NA		9.3	6.5 - 12.1	
	Hispanic Men	NA		7.0	4.4 - 9.6	
	Hispanic Women	NA		6.5	4.3 - 8.7	
AGE GROUP	18-44	16.5	0.0 - 38.0	2.3	1.7 - 2.9	
	45-64	14.0	7.4 - 20.6	11.4	10.2 - 12.7	
	65 & Older	33.4	24.9 - 41.9	23.4	21.8 - 25.0	
EDUCATION LEVEL	<high school<="" td=""><td>38.2</td><td>12.7 - 63.7</td><td>15.2</td><td>12.6 - 17.9</td><td></td></high>	38.2	12.7 - 63.7	15.2	12.6 - 17.9	
	High School / GED	10.0	5.3 - 14.7	10.0	8.9 - 11.1	
	>High School	17.0 *	10.4 - 23.7	9.2	8.5 - 10.0	
ANNUAL INCOME	<\$25,000	16.2	10.0 - 22.4	14.3	12.7 - 15.8	
	\$25,000-\$49,999	20.6	7.9 - 33.3	11.4	10.0 - 12.7	
	\$50,000 or More	28.0	0.0 - 58.8	6.6	5.7 - 7.4	
MARITAL STATUS	Married/Couple	22.1	8.6 - 35.7	10.1	9.3 - 11.0	
	Not Married/Couple	16.4	10.2 - 22.6	10.6	9.6 - 11.6	

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval Putnam

#### Percentage of adults who have ever been told they had high blood cholesterol

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	34.6	27.7 - 41.5	33.4	32.3 - 34.4
SEX	Men	34.9	23.5 - 46.3	33.6	32.0 - 35.2
	Women	34.4	26.5 - 42.3	33.2	31.7 - 34.6
RACE/ETHNICITY	Non-Hisp. White	38.9	31.7 - 46.1	39.0	37.8 - 40.1
	Non-Hisp. Black	39.7	16.3 - 63.2	24.5	21.6 - 27.4
	Hispanic	NA		27.5	24.4 - 30.6
EX BY RACE/ETHNICITY	Non-Hisp. White Men	43.0	31.5 - 54.4	39.0	37.2 - 40.8
	Non-Hisp. White Women	35.5	26.8 - 44.3	39.0	37.5 - 40.5
	Non-Hisp. Black Men	NA		27.4	22.4 - 32.3
	Non-Hisp. Black Women	NA		21.8	18.6 - 25.1
	Hispanic Men	NA		25.6	21.3 - 29.9
	Hispanic Women	NA		29.3	24.8 - 33.7
AGE GROUP	18-44	5.5 *	0.0 - 11.6	13.6	12.2 - 15.0
	45-64	49.2	38.9 - 59.6	42.4	40.4 - 44.4
	65 & Older	56.3	47.9 - 64.7	55.7	53.8 - 57.5
EDUCATION LEVEL	<high school<="" td=""><td>21.0</td><td>7.1 - 35.0</td><td>33.9</td><td>30.0 - 37.8</td></high>	21.0	7.1 - 35.0	33.9	30.0 - 37.8
	High School / GED	42.8	31.9 - 53.6	32.8	30.8 - 34.7
	>High School	35.3	25.9 - 44.7	33.6	32.4 - 34.9
ANNUAL INCOME	<\$25,000	28.7	19.9 - 37.5	32.1	30.0 - 34.2
	\$25,000-\$49,999	46.6	31.9 - 61.3	34.5	32.2 - 36.7
	\$50,000 or More	28.1	12.7 - 43.5	34.0	32.2 - 35.7
MARITAL STATUS	Married/Couple	35.6	25.7 - 45.5	36.7	35.2 - 38.1
	Not Married/Couple	32.6	23.5 - 41.7	29.6	28.0 - 31.2

#### Chronic Obstructive Pulmonary Disease

Percentage of adults who have ever been told they had chronic obstructive pulmonary disease, emphysema, or chronic bronchitis

		2013 County Measure 95% CI		2013 Measure	State 95% CI
ALL	Overall	10.9	7.2 - 14.5	7.4	6.9 - 7.9
SEX	Men	10.5	4.0 - 16.9	6.4	5.7 - 7.2
	Women	11.2	7.2 - 15.2	8.3	7.5 - 9.0
RACE/ETHNICITY	Non-Hisp. White	13.3	8.6 - 17.9	9.2	8.6 - 9.9
	Non-Hisp. Black	2.4	0.0 - 6.0	5.1	3.5 - 6.7
	Hispanic	NA		4.6	3.3 - 5.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	13.8	5.3 - 22.3	8.2	7.3 - 9.2
	Non-Hisp. White Women	12.8	8.0 - 17.7	10.2	9.3 - 11.1
	Non-Hisp. Black Men	NA		4.6	2.1 - 7.2
	Non-Hisp. Black Women	NA		5.5	3.6 - 7.4
	Hispanic Men	NA		3.5	1.8 - 5.2
	Hispanic Women	NA		5.6	3.6 - 7.7
AGE GROUP	18-44	4.5	0.0 - 11.0	3.0	2.3 - 3.7
	45-64	7.2	3.5 - 11.0	8.5	7.5 - 9.4
	65 & Older	23.8 *	16.0 - 31.6	14.0	12.8 - 15.3
EDUCATION LEVEL	<high school<="" td=""><td>16.2</td><td>6.1 - 26.2</td><td>12.3</td><td>10.1 - 14.5</td></high>	16.2	6.1 - 26.2	12.3	10.1 - 14.5
	High School / GED	8.0	4.3 - 11.8	7.5	6.6 - 8.4
	>High School	10.8	4.1 - 17.4	6.0	5.4 - 6.6
ANNUAL INCOME	<\$25,000	11.7	6.9 - 16.6	11.1	10.0 - 12.3
	\$25,000-\$49,999	8.4	2.0 - 14.9	7.4	6.3 - 8.5
	\$50,000 or More	2.8	0.0 - 5.8	3.9	3.2 - 4.6
MARITAL STATUS	Married/Couple	8.0	3.9 - 12.1	6.5	5.8 - 7.2
	Not Married/Couple	14.8	8.2 - 21.4	8.5	7.7 - 9.3

entage of adults who	-		O second sec	2042	State
		2013 Measure	County 95% Cl	2013 Measure	95% Cl
ALL	Overall	26.1	17.2 - 34.9	16.8	15.9 - 17.6
SEX	Men	21.8	5.8 - 37.8	12.1	11.0 - 13.1
	Women	30.2	21.2 - 39.2	21.2	19.9 - 22.4
RACE/ETHNICITY	Non-Hisp. White	27.7 *	20.2 - 35.3	18.6	17.6 - 19.5
	Non-Hisp. Black	5.2	0.0 - 11.6	14.0	11.4 - 16.5
	Hispanic	NA		13.8	11.6 - 16.0
Y RACE/ETHNICITY	Non-Hisp. White Men	18.1	7.8 - 28.4	13.1	11.9 - 14.4
	Non-Hisp. White Women	35.4	25.0 - 45.9	23.6	22.2 - 25.0
	Non-Hisp. Black Men	NA		12.3	8.3 - 16.3
	Non-Hisp. Black Women	NA		15.5	12.2 - 18.7
	Hispanic Men	NA		8.5	6.2 - 10.9
	Hispanic Women	NA		18.8	15.2 - 22.4
AGE GROUP	18-44	35.9	15.7 - 56.1	15.8	14.4 - 17.2
	45-64	23.0	14.8 - 31.2	19.6	18.1 - 21.1
	65 & Older	15.3	9.5 - 21.1	14.6	13.4 - 15.9
EDUCATION LEVEL	<high school<="" td=""><td>30.3</td><td>4.1 - 56.6</td><td>20.9</td><td>17.9 - 24.0</td></high>	30.3	4.1 - 56.6	20.9	17.9 - 24.0
	High School / GED	26.5	15.3 - 37.6	15.8	14.3 - 17.3
	>High School	22.7	13.7 - 31.7	16.3	15.3 - 17.3
ANNUAL INCOME	<\$25,000	27.5	16.4 - 38.6	23.8	21.9 - 25.6
	\$25,000-\$49,999	14.4	5.1 - 23.7	16.5	14.8 - 18.2
	\$50,000 or More	34.4	5.7 - 63.0	11.3	10.2 - 12.4
MARITAL STATUS	Married/Couple	25.1	11.4 - 38.7	14.0	13.0 - 15.0
	Not Married/Couple	27.6	18.1 - 37.1	20.1	18.7 - 21.5

Diabetes

#### Percentage of adults who have ever been told they had diabetes

		2013 Measure	3 County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	12.6	7.8 - 17.5	11.2	10.5 - 11.9
SEX	Men	14.0	5.6 - 22.4	12.3	11.2 - 13.4
	Women	11.3	6.2 - 16.4	10.1	9.2 - 11.0
RACE/ETHNICITY	Non-Hisp. White	10.9	6.9 - 15.0	11.4	10.7 - 12.2
	Non-Hisp. Black	33.1	8.4 - 57.9	12.3	10.0 - 14.6
	Hispanic	NA		10.8	8.7 - 12.8
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	10.7	5.5 - 16.0	12.9	11.7 - 14.1
	Non-Hisp. White Women	11.1	5.1 - 17.1	10.0	9.1 - 10.9
	Non-Hisp. Black Men	NA		12.8	9.0 - 16.6
	Non-Hisp. Black Women	NA		11.9	9.2 - 14.5
	Hispanic Men	NA		11.2	8.1 - 14.2
	Hispanic Women	NA		10.4	7.7 - 13.2
AGE GROUP	18-44	7.3	0.0 - 16.8	2.6	1.9 - 3.2
	45-64	14.8	7.1 - 22.6	13.5	12.1 - 14.9
	65 & Older	17.0	11.1 - 23.0	23.5	21.8 - 25.3
EDUCATION LEVEL	<high school<="" td=""><td>15.3</td><td>1.7 - 28.9</td><td>18.0</td><td>14.9 - 21.1</td></high>	15.3	1.7 - 28.9	18.0	14.9 - 21.1
	High School / GED	13.7	6.0 - 21.4	11.5	10.3 - 12.6
	>High School	9.6	5.1 - 14.1	9.2	8.4 - 9.9
ANNUAL INCOME	<\$25,000	15.6	8.0 - 23.3	14.8	13.1 - 16.4
	\$25,000-\$49,999	17.8	5.4 - 30.1	11.9	10.4 - 13.4
	\$50,000 or More	4.6	0.0 - 9.4	7.5	6.6 - 8.4
MARITAL STATUS	Married/Couple	14.1	6.5 - 21.6	11.8	10.8 - 12.8
	Not Married/Couple	10.6	6.0 - 15.2	10.6	9.5 - 11.6

#### Percentage of adults with diabetes who self-monitor blood glucose at least once a day on average

		2013 Measure	County 95% Cl	2013 Measure	3 State 95% Cl
ALL	Overall	76.5	62.9 - 90.2	61.8	58.5 - 65.0
SEX	Men	NA		56.5	51.9 - 61.2
	Women	65.9	45.1 - 86.6	67.4	63.0 - 71.9
RACE/ETHNICITY	Non-Hisp. White	70.7	53.8 - 87.5	58.9	55.3 - 62.5
	Non-Hisp. Black	NA		72.1	64.0 - 80.1
	Hispanic	NA		64.4	55.0 - 73.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		54.3	49.1 - 59.5
	Non-Hisp. White Women	NA		64.3	59.4 - 69.2
	Non-Hisp. Black Men	NA		66.0	51.8 - 80.2
	Non-Hisp. Black Women	NA		77.7	68.8 - 86.7
	Hispanic Men	NA		56.0	42.1 - 70.0
	Hispanic Women	NA		71.5	60.0 - 83.0
AGE GROUP	18-44	NA		57.2	43.3 - 71.0
	45-64	NA		61.8	56.6 - 67.1
	65 & Older	71.9	55.1 - 88.7	62.6	58.4 - 66.8
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>64.3</th><th>55.4 - 73.2</th></high>	NA		64.3	55.4 - 73.2
	High School / GED	NA		65.2	60.2 - 70.2
	>High School	NA		58.1	53.9 - 62.3
ANNUAL INCOME	<\$25,000	84.4 *	71.3 - 97.5	65.7	60.1 - 71.3
	\$25,000-\$49,999	NA		60.7	54.2 - 67.2
	\$50,000 or More	NA		55.5	49.3 - 61.7
MARITAL STATUS	Married/Couple	NA		59.5	55.1 - 63.9
	Not Married/Couple	67.5	45.9 - 89.2	65.0	60.1 - 69.8

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

petes					
centage of adults with	diabetes who had two A	1C tests in t	the past year		
		2013 County 2013 Sta Measure 95% CI Measure 9			State 95% CI
ALL	Overall	56.4	31.6 - 81.2	69.3	65.8 - 72.9
SEX	Men	NA		70.5	66.0 - 75.1
	Women	51.5	25.0 - 78.1	68.0	62.6 - 73.5
RACE/ETHNICITY	Non-Hisp. White	69.4	46.1 - 92.6	75.6	72.2 - 78.9
	Non-Hisp. Black	NA		68.6	58.9 - 78.3
	Hispanic	NA		52.6	41.4 - 63.9
EX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		73.9	68.8 - 79.1
	Non-Hisp. White Women	NA		77.7	73.7 - 81.6
	Non-Hisp. Black Men	NA		65.5	49.7 - 81.3
	Non-Hisp. Black Women	NA		71.6	59.8 - 83.4
	Hispanic Men	NA		64.5	50.5 - 78.4
	Hispanic Women	NA		41.2	26.9 - 55.5
AGE GROUP	18-44	NA		52.3	38.6 - 65.9
	45-64	NA		66.2	60.4 - 72.1
	65 & Older	NA		75.7	71.3 - 80.2
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>55.7</td><td>44.3 - 67.1</td></high>	NA		55.7	44.3 - 67.1
	High School / GED	NA		71.2	66.2 - 76.1
	>High School	NA		74.8	71.1 - 78.6
ANNUAL INCOME	<\$25,000	NA		64.0	57.5 - 70.4
	\$25,000-\$49,999	NA		69.1	61.5 - 76.7
	\$50,000 or More	NA		78.3	73.3 - 83.2
MARITAL STATUS	Married/Couple	NA		70.3	65.4 - 75.3
	Not Married/Couple	NA		68.0	62.9 - 73.0

#### Percentage of adults with diabetes who had an annual foot exam

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	70.3	52.8 - 87.8	67.6	64.6 - 70.7
SEX	Men	NA		70.3	66.0 - 74.5
	Women	57.6	32.8 - 82.5	64.8	60.4 - 69.2
RACE/ETHNICITY	Non-Hisp. White	59.3	38.9 - 79.7	68.6	65.2 - 71.9
	Non-Hisp. Black	NA		81.5	74.4 - 88.6
	Hispanic	NA		57.9	48.2 - 67.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		70.4	65.4 - 75.4
	Non-Hisp. White Women	NA		66.4	61.9 - 70.9
	Non-Hisp. Black Men	NA		85.4	76.4 - 94.4
	Non-Hisp. Black Women	NA		77.9	67.8 - 88.1
	Hispanic Men	NA		66.7	54.3 - 79.1
	Hispanic Women	NA		49.8	35.5 - 64.2
AGE GROUP	18-44	NA		47.6	34.4 - 60.8
	45-64	NA		65.3	60.3 - 70.2
	65 & Older	72.2	54.2 - 90.2	73.2	69.5 - 76.9
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>66.3</td><td>57.8 - 74.7</td></high>	NA		66.3	57.8 - 74.7
	High School / GED	NA		66.7	61.6 - 71.8
	>High School	NA		69.1	65.2 - 73.0
ANNUAL INCOME	<\$25,000	67.3	41.1 - 93.6	66.2	60.8 - 71.6
	\$25,000-\$49,999	NA		69.5	63.5 - 75.5
	\$50,000 or More	NA		71.3	65.8 - 76.7
MARITAL STATUS	Married/Couple	NA		68.8	64.8 - 72.8
	Not Married/Couple	75.1	56.7 - 93.5	66.1	61.3 - 70.9

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

Diabetes

#### Percentage of adults with diabetes who had an annual eye exam

		2013 Measure	3 County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	57.2	35.9 - 78.5	69.7	66.5 - 72.9
SEX	Men	NA		71.6	67.3 - 75.9
	Women	59.8	34.5 - 85.1	67.7	63.0 - 72.4
RACE/ETHNICITY	Non-Hisp. White	64.8	44.1 - 85.5	71.4	68.0 - 74.7
	Non-Hisp. Black	NA		77.6	70.1 - 85.0
	Hispanic	NA		60.7	50.6 - 70.8
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		71.9	67.0 - 76.7
	Non-Hisp. White Women	NA		70.8	66.3 - 75.4
	Non-Hisp. Black Men	NA		82.6	73.3 - 91.9
	Non-Hisp. Black Women	NA		72.9	62.2 - 83.6
	Hispanic Men	NA		68.4	55.6 - 81.2
	Hispanic Women	NA		52.9	38.4 - 67.5
AGE GROUP	18-44	NA		43.7	31.1 - 56.3
	45-64	NA		61.7	56.3 - 67.2
	65 & Older	83.8	70.0 - 97.5	80.9	77.5 - 84.3
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>63.3</td><td>54.1 - 72.6</td></high>	NA		63.3	54.1 - 72.6
	High School / GED	NA		70.7	65.9 - 75.5
	>High School	NA		72.7	68.8 - 76.6
ANNUAL INCOME	<\$25,000	66.9	41.2 - 92.7	68.5	63.3 - 73.7
	\$25,000-\$49,999	NA		65.7	58.5 - 73.0
	\$50,000 or More	NA		75.9	70.1 - 81.6
MARITAL STATUS	Married/Couple	NA		69.2	64.8 - 73.7
	Not Married/Couple	63.9	41.9 - 85.9	70.4	65.9 - 74.9

#### Percentage of adults with diabetes who ever had diabetes self-management education

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	45.0	25.4 - 64.6	49.6	46.2 - 53.0
SEX	Men	NA		47.1	42.3 - 51.9
	Women	59.9	39.0 - 80.7	52.4	47.6 - 57.1
RACE/ETHNICITY	Non-Hisp. White	55.3	36.9 - 73.7	53.1	49.5 - 56.6
	Non-Hisp. Black	NA		53.6	43.4 - 63.9
	Hispanic	NA		39.4	29.8 - 49.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		51.1	45.9 - 56.3
	Non-Hisp. White Women	NA		55.4	50.6 - 60.1
	Non-Hisp. Black Men	NA		40.2	25.4 - 55.0
	Non-Hisp. Black Women	NA		66.2	56.1 - 76.3
	Hispanic Men	NA		39.7	26.1 - 53.3
	Hispanic Women	NA		39.2	25.3 - 53.1
AGE GROUP	18-44	NA		55.0	42.2 - 67.9
	45-64	NA		52.1	46.5 - 57.7
	65 & Older	33.5	15.4 - 51.6	46.7	42.3 - 51.1
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>34.3</th><th>25.3 - 43.2</th></high>	NA		34.3	25.3 - 43.2
	High School / GED	NA		48.9	43.6 - 54.2
	>High School	NA		58.5	54.3 - 62.6
ANNUAL INCOME	<\$25,000	44.2	18.5 - 69.9	42.3	36.5 - 48.2
	\$25,000-\$49,999	NA		52.1	45.3 - 59.0
	\$50,000 or More	NA		59.9	54.1 - 65.6
MARITAL STATUS	Married/Couple	NA		50.7	46.2 - 55.2
	Not Married/Couple	47.0	25.5 - 68.5	48.1	42.9 - 53.2

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

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entage of adults who	have ever been told they	had pre-dia	betes		
		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	11.6	3.1 - 20.0	7.1	6.6 - 7.7
SEX	Men	14.4	0.0 - 30.6	7.4	6.5 - 8.3
	Women	8.8	4.9 - 12.7	7.0	6.3 - 7.6
RACE/ETHNICITY	Non-Hisp. White	8.7	5.0 - 12.3	7.9	7.3 - 8.5
	Non-Hisp. Black	5.5	0.0 - 12.6	8.3	6.2 - 10.5
	Hispanic	NA		4.8	3.5 - 6.2
BY RACE/ETHNICITY	Non-Hisp. White Men	6.6	0.9 - 12.2	8.4	7.4 - 9.4
	Non-Hisp. White Women	10.4	5.6 - 15.2	7.4	6.7 - 8.1
	Non-Hisp. Black Men	NA		8.6	4.8 - 12.5
	Non-Hisp. Black Women	NA		8.0	5.9 - 10.2
	Hispanic Men	NA		4.8	2.7 - 6.8
	Hispanic Women	NA		4.9	3.3 - 6.6
AGE GROUP	18-44	13.8	0.0 - 34.8	4.9	3.9 - 5.8
	45-64	10.8	4.6 - 17.1	7.9	7.0 - 8.8
	65 & Older	9.3	4.3 - 14.4	9.6	8.7 - 10.6
EDUCATION LEVEL	<high school<="" td=""><td>23.6</td><td>0.0 - 51.3</td><td>5.8</td><td>4.2 - 7.5</td></high>	23.6	0.0 - 51.3	5.8	4.2 - 7.5
	High School / GED	7.9	3.5 - 12.3	7.2	6.1 - 8.3
	>High School	6.8	2.8 - 10.8	7.6	6.9 - 8.2
ANNUAL INCOME	<\$25,000	8.5	3.1 - 13.9	7.6	6.4 - 8.9
	\$25,000-\$49,999	4.4	0.8 - 8.0	7.5	6.4 - 8.5
	\$50,000 or More	28.5	0.0 - 59.2	6.7	5.8 - 7.5
MARITAL STATUS	Married/Couple	14.7	1.2 - 28.2	7.3	6.6 - 8.1
	Not Married/Couple	6.9	2.7 - 11.2	7.0	6.1 - 7.8

Disability					
Percentage of adults who	are limited in any way in	n any activitie	s because of phys	ical, mental, or er	notional problems
		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	36.3 *	27.5 - 45.0	21.2	20.2 - 22.1
SEX	Men	38.5 *	23.5 - 53.5	20.2	18.9 - 21.6
	Women	34.1 *	25.3 - 42.9	22.1	20.7 - 23.4
RACE/ETHNICITY	Non-Hisp. White	37.2 *	29.6 - 44.9	23.2	22.2 - 24.2
	Non-Hisp. Black	29.2	6.0 - 52.3	17.8	15.1 - 20.5
	Hispanic	NA		18.6	15.8 - 21.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	37.3 *	25.7 - 48.8	22.6	21.1 - 24.1
	Non-Hisp. White Women	37.2 *	27.0 - 47.4	23.8	22.5 - 25.1
	Non-Hisp. Black Men	NA		19.1	14.7 - 23.4
	Non-Hisp. Black Women	NA		16.6	13.3 - 19.8
	Hispanic Men	NA		15.7	12.2 - 19.3
	Hispanic Women	NA		21.3	17.1 - 25.6
AGE GROUP	18-44	36.2 *	15.7 - 56.6	13.5	12.1 - 14.9
	45-64	34.4	25.0 - 43.8	26.0	24.2 - 27.8
	65 & Older	37.8	29.6 - 46.0	28.6	26.9 - 30.2
EDUCATION LEVEL	<high school<="" td=""><td>49.1</td><td>25.7 - 72.5</td><td>28.7</td><td>25.0 - 32.3</td></high>	49.1	25.7 - 72.5	28.7	25.0 - 32.3
	High School / GED	29.5	20.6 - 38.4	21.8	20.1 - 23.6
	>High School	33.7 *	23.7 - 43.6	18.9	17.8 - 19.9
ANNUAL INCOME	<\$25,000	36.2	25.4 - 47.0	30.7	28.5 - 32.8
	\$25,000-\$49,999	37.1 *	22.6 - 51.6	20.4	18.5 - 22.3
	\$50,000 or More	37.2	9.3 - 65.1	12.8	11.7 - 14.0
MARITAL STATUS	Married/Couple	38.4 *	25.4 - 51.4	18.7	17.5 - 19.9
	Not Married/Couple	32.7	23.3 - 42.1	24.1	22.6 - 25.7

#### Percentage of adults who use special equipment because of a health problem

		2013 County Measure 95% CI		201 Measure	3 State 95% Cl	
ALL	Overall	18.2 *	9.7 - 26.6	8.8	8.2 - 9.3	
	Men	20.0	4.1 - 35.8	8.3	7.5 - 9.1	
	Women	16.4 *	11.0 - 21.8	9.2	8.4 - 10.0	
RACE/ETHNICITY	Non-Hisp. White	15.5 *	10.7 - 20.4	9.8	9.2 - 10.4	
	Non-Hisp. Black	15.7	2.0 - 29.4	8.6	6.9 - 10.2	
	Hispanic	NA		6.5	5.0 - 8.0	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	13.0	5.3 - 20.6	9.2	8.3 - 10.1	
	Non-Hisp. White Women	17.6 *	11.3 - 23.8	10.3	9.5 - 11.2	
	Non-Hisp. Black Men	NA		7.9	5.5 - 10.3	
	Non-Hisp. Black Women	NA		9.2	7.0 - 11.5	
	Hispanic Men	NA		6.2	4.1 - 8.4	
	Hispanic Women	NA		6.8	4.7 - 8.9	
AGE GROUP	18-44	14.9	0.0 - 36.1	3.1	2.4 - 3.8	
	45-64	14.7	8.0 - 21.5	9.5	8.4 - 10.5	
	65 & Older	27.3 *	19.7 - 34.9	18.1	16.8 - 19.4	
EDUCATION LEVEL	<high school<="" td=""><td>30.2</td><td>4.0 - 56.4</td><td>13.2</td><td>11.0 - 15.4</td><td></td></high>	30.2	4.0 - 56.4	13.2	11.0 - 15.4	
	High School / GED	14.8	8.8 - 20.9	8.4	7.4 - 9.4	
	>High School	12.2	5.4 - 19.0	7.8	7.2 - 8.5	
ANNUAL INCOME	<\$25,000	15.9	9.7 - 22.0	13.5	12.2 - 14.9	
	\$25,000-\$49,999	15.0	6.9 - 23.2	7.9	6.9 - 8.8	
	\$50,000 or More	25.2	0.0 - 56.9	4.8	4.1 - 5.5	
MARITAL STATUS	Married/Couple	19.2	6.0 - 32.4	7.7	7.0 - 8.5	
	Not Married/Couple	16.2	9.0 - 23.4	10.1	9.2 - 11.0	

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### Percentage of adults who have ever been told they had hypertension

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	51.9 *	43.6 - 60.2	34.6	33.5 - 35.7
SEX	Men	56.1 *	42.7 - 69.5	37.2	35.6 - 38.9
	Women	47.8 *	38.4 - 57.2	32.1	30.7 - 33.5
RACE/ETHNICITY	Non-Hisp. White	49.3 *	41.4 - 57.1	38.4	37.3 - 39.5
	Non-Hisp. Black	65.1 *	41.7 - 88.4	33.7	30.4 - 37.0
	Hispanic	NA		28.3	25.0 - 31.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	54.1	42.1 - 66.1	42.1	40.3 - 43.9
	Non-Hisp. White Women	45.4	35.0 - 55.7	35.0	33.6 - 36.4
	Non-Hisp. Black Men	NA		35.1	29.6 - 40.6
	Non-Hisp. Black Women	NA		32.4	28.6 - 36.3
	Hispanic Men	NA		28.9	24.1 - 33.7
	Hispanic Women	NA		27.6	23.1 - 32.1
AGE GROUP	18-44	39.9 *	19.8 - 59.9	13.8	12.4 - 15.2
	45-64	55.2 *	44.9 - 65.4	41.1	39.1 - 43.2
	65 & Older	64.5	56.0 - 73.1	62.8	61.1 - 64.6
EDUCATION LEVEL	<high school<="" td=""><td>58.0</td><td>36.1 - 79.8</td><td>42.3</td><td>38.2 - 46.3</td></high>	58.0	36.1 - 79.8	42.3	38.2 - 46.3
	High School / GED	52.1 *	40.6 - 63.7	35.8	33.8 - 37.9
	>High School	46.9 *	36.7 - 57.0	31.9	30.7 - 33.1
ANNUAL INCOME	<\$25,000	47.5	35.9 - 59.1	37.5	35.3 - 39.7
	\$25,000-\$49,999	51.0	36.0 - 66.0	36.9	34.6 - 39.2
	\$50,000 or More	59.6 *	39.6 - 79.6	30.7	29.0 - 32.5
MARITAL STATUS	Married/Couple	57.0 *	45.8 - 68.3	35.8	34.4 - 37.3
	Not Married/Couple	44.0	33.6 - 54.5	33.5	31.8 - 35.2

**Kidney Disease** 

		2013	County	2013 State		
		Measure	95% CI	Measure	95% CI	
ALL	Overall	7.4	0.0 - 15.9	3.5	3.0 - 3.9	
SEX	Men	11.3	0.0 - 27.6	3.3	2.7 - 3.8	
	Women	3.7	1.2 - 6.2	3.6	3.0 - 4.3	
RACE/ETHNICITY	Non-Hisp. White	3.4	1.6 - 5.3	3.5	3.0 - 4.0	
	Non-Hisp. Black	3.1	0.0 - 8.2	2.4	1.5 - 3.2	
	Hispanic	NA		4.2	2.7 - 5.7	
BY RACE/ETHNICITY	Non-Hisp. White Men	3.1	0.7 - 5.5	3.7	2.9 - 4.5	
	Non-Hisp. White Women	3.7	1.0 - 6.4	3.3	2.9 - 3.8	
	Non-Hisp. Black Men	NA		2.0	0.8 - 3.1	
	Non-Hisp. Black Women	NA		2.7	1.5 - 3.9	
	Hispanic Men	NA		3.1	1.8 - 4.4	
	Hispanic Women	NA		5.2	2.7 - 7.8	
AGE GROUP	18-44	12.1	0.0 - 33.2	1.9	1.2 - 2.6	
	45-64	1.2	0.0 - 3.0	3.6	2.7 - 4.4	
	65 & Older	8.1	3.7 - 12.4	5.9	5.2 - 6.7	
EDUCATION LEVEL	<high school<="" td=""><td>18.3</td><td>0.0 - 47.4</td><td>4.6</td><td>3.1 - 6.2</td></high>	18.3	0.0 - 47.4	4.6	3.1 - 6.2	
	High School / GED	2.8	0.4 - 5.1	4.0	2.9 - 5.0	
	>High School	4.8	1.6 - 8.0	2.9	2.5 - 3.3	
ANNUAL INCOME	<\$25,000	3.1	0.7 - 5.6	5.0	4.0 - 6.0	
	\$25,000-\$49,999	2.8	0.0 - 5.9	3.5	2.4 - 4.6	
	\$50,000 or More	22.0	0.0 - 54.8	2.1	1.6 - 2.5	
MARITAL STATUS	Married/Couple	11.4	0.0 - 25.0	3.4	2.8 - 4.0	
	Not Married/Couple	1.7	0.1 - 3.3	3.6	2.9 - 4.2	

#### Percentage of adults who are ove

ge of adults who a	are overweight				
		2013 County Measure 95% CI		2013 Measure	State 95% CI
ALL	Overall	33.2	25.5 - 40.8	36.4	35.2 - 37.6
SEX	Men	32.1	20.6 - 43.5	42.9	41.1 - 44.7
	Women	34.3	24.4 - 44.2	30.0	28.5 - 31.5
RACE/ETHNICITY	Non-Hisp. White	33.5	25.7 - 41.2	35.8	34.6 - 36.9
	Non-Hisp. Black	NA		36.9	33.0 - 40.8
	Hispanic	NA		38.6	34.9 - 42.2
Y RACE/ETHNICITY	Non-Hisp. White Men	31.3 *	21.0 - 41.5	43.5	41.6 - 45.3
	Nam Llinn M/hite M/aman	25.2	04.4 40.5	00.4	00 7 00 F

SEX BY RACE/ETHNICITY	Non-Hisp. White Men	31.3 *	21.0 - 4	41.5	43.5	41.6 - 45.3
	Non-Hisp. White Women	35.3	24.1 - 4	46.5	28.1	26.7 - 29.5
	Non-Hisp. Black Men	NA			39.7	33.6 - 45.8
	Non-Hisp. Black Women	NA			34.3	29.4 - 39.1
	Hispanic Men	NA			44.4	39.0 - 49.7
	Hispanic Women	NA			32.9	28.1 - 37.7
AGE GROUP	18-44	30.8	14.2 - 4	47.3	31.5	29.5 - 33.6
	45-64	35.2	24.8 - 4	45.6	39.4	37.3 - 41.5
	65 & Older	34.0	25.4 - 4	42.6	40.6	38.7 - 42.4
EDUCATION LEVEL	<high school<="" th=""><th>34.3</th><th>14.2 - 5</th><th>54.3</th><th>38.4</th><th>34.1 - 42.8</th></high>	34.3	14.2 - 5	54.3	38.4	34.1 - 42.8
	High School / GED	37.6	25.9 - 4	49.2	35.4	33.2 - 37.6
	>High School	27.9	18.1 - 3	37.6	36.5	35.1 - 37.9
ANNUAL INCOME	<\$25,000	37.3	25.3 - 4	49.3	34.8	32.4 - 37.2
	\$25,000-\$49,999	35.1	20.3 - 4	49.9	37.1	34.7 - 39.6
	\$50,000 or More	23.7	9.8 - 3	37.5	37.8	35.9 - 39.8
MARITAL STATUS	Married/Couple	33.8	23.0 - 4	14.6	39.5	37.9 - 41.1
	Not Married/Couple	32.5	22.0 - 4	42.9	32.9	31.0 - 34.7

#### Percentage of adults who are obese

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	40.4 *	31.7 - 49.1	26.4	25.3 - 27.4
SEX	Men	46.3 *	32.2 - 60.5	27.5	25.9 - 29.0
	Women	34.3	25.8 - 42.8	25.3	23.9 - 26.7
RACE/ETHNICITY	Non-Hisp. White	36.9 *	29.3 - 44.4	25.1	24.1 - 26.2
	Non-Hisp. Black	NA		34.2	30.6 - 37.8
	Hispanic	NA		26.4	23.4 - 29.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	45.1 *	33.2 - 57.0	27.5	25.8 - 29.2
	Non-Hisp. White Women	30.0	21.4 - 38.7	22.8	21.5 - 24.1
	Non-Hisp. Black Men	NA		29.6	24.3 - 34.9
	Non-Hisp. Black Women	NA		38.6	33.7 - 43.4
	Hispanic Men	NA		27.9	23.5 - 32.4
	Hispanic Women	NA		24.9	20.8 - 29.0
AGE GROUP	18-44	44.8	25.0 - 64.5	24.2	22.4 - 26.0
	45-64	44.2 *	33.8 - 54.6	30.3	28.5 - 32.2
	65 & Older	28.6	21.1 - 36.2	24.8	23.3 - 26.4
EDUCATION LEVEL	<high school<="" th=""><th>38.8</th><th>12.6 - 65.0</th><th>29.4</th><th>25.7 - 33.0</th></high>	38.8	12.6 - 65.0	29.4	25.7 - 33.0
	High School / GED	40.0	28.8 - 51.2	28.4	26.4 - 30.5
	>High School	42.3 *	32.0 - 52.6	24.5	23.3 - 25.7
ANNUAL INCOME	<\$25,000	30.3	20.6 - 40.0	29.9	27.7 - 32.1
	\$25,000-\$49,999	41.6	26.9 - 56.3	27.7	25.5 - 29.8
	\$50,000 or More	60.8 *	41.2 - 80.3	24.6	22.9 - 26.3
MARITAL STATUS	Married/Couple	43.5 *	31.0 - 56.0	27.9	26.4 - 29.3
	Not Married/Couple	36.0	25.4 - 46.6	24.7	23.1 - 26.2

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval

#### Percentage of adults who are overweight or obese

	_		County		State
		Measure	95% CI	Measure	95% CI
ALL	Overall	73.6 *	66.7 - 80.5	62.8	61.6 - 64.0
SEX	Men	78.4	68.3 - 88.5	70.4	68.7 - 72.0
	Women	68.6 *	59.7 - 77.5	55.3	53.6 - 56.9
RACE/ETHNICITY	Non-Hisp. White	70.3 *	63.2 - 77.5	60.9	59.7 - 62.1
	Non-Hisp. Black	NA		71.1	67.5 - 74.7
	Hispanic	NA		64.9	61.4 - 68.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	76.3	66.4 - 86.3	71.0	69.3 - 72.6
	Non-Hisp. White Women	65.3 *	55.1 - 75.5	50.9	49.3 - 52.5
	Non-Hisp. Black Men	NA		69.3	63.5 - 75.2
	Non-Hisp. Black Women	NA		72.8	68.6 - 77.1
	Hispanic Men	NA		72.3	67.5 - 77.1
	Hispanic Women	NA		57.8	52.6 - 62.9
AGE GROUP	18-44	75.5 *	60.3 - 90.8	55.7	53.5 - 57.9
	45-64	79.4	71.2 - 87.6	69.7	68.0 - 71.5
	65 & Older	62.6	54.4 - 70.9	65.4	63.7 - 67.1
EDUCATION LEVEL	<high school<="" th=""><th>73.1</th><th>54.9 - 91.3</th><th>67.8</th><th>63.8 - 71.7</th></high>	73.1	54.9 - 91.3	67.8	63.8 - 71.7
	High School / GED	77.6 *	67.6 - 87.6	63.8	61.5 - 66.1
	>High School	70.2	61.0 - 79.3	61.0	59.6 - 62.4
ANNUAL INCOME	<\$25,000	67.6	56.3 - 78.9	64.7	62.4 - 66.9
	\$25,000-\$49,999	76.7	65.8 - 87.5	64.8	62.4 - 67.2
	\$50,000 or More	84.4 *	73.8 - 95.0	62.4	60.5 - 64.4
MARITAL STATUS	Married/Couple	77.3	68.4 - 86.3	67.4	65.9 - 68.8
	Not Married/Couple	68.5	58.1 - 78.8	57.5	55.6 - 59.5

#### Percentage of adults who have a healthy weight

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	25.3 *	18.4 - 32.1	35.0	33.8 - 36.1
SEX	Men	20.8	10.8 - 30.8	28.4	26.7 - 30.1
	Women	29.9 *	21.0 - 38.8	41.4	39.8 - 43.1
RACE/ETHNICITY	Non-Hisp. White	28.1	21.0 - 35.2	36.3	35.1 - 37.5
	Non-Hisp. Black	NA		27.6	24.1 - 31.2
	Hispanic	NA		33.8	30.2 - 37.3
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	22.4	12.6 - 32.3	27.7	26.0 - 29.3
	Non-Hisp. White Women	32.8 *	22.7 - 43.0	44.9	43.3 - 46.5
	Non-Hisp. Black Men	NA		29.5	23.7 - 35.3
	Non-Hisp. Black Women	NA		25.8	21.6 - 30.0
	Hispanic Men	NA		27.1	22.3 - 31.9
	Hispanic Women	NA		40.3	35.1 - 45.4
AGE GROUP	18-44	24.5	9.2 - 39.7	41.5	39.3 - 43.7
	45-64	20.6	12.4 - 28.8	28.5	26.8 - 30.2
	65 & Older	33.0	25.0 - 41.0	32.5	30.8 - 34.1
EDUCATION LEVEL	<high school<="" th=""><th>26.9</th><th>8.7 - 45.1</th><th>30.0</th><th>26.1 - 33.8</th></high>	26.9	8.7 - 45.1	30.0	26.1 - 33.8
	High School / GED	21.0 *	11.1 - 31.0	34.4	32.1 - 36.7
	>High School	28.8	19.7 - 38.0	36.5	35.1 - 37.9
ANNUAL INCOME	<\$25,000	31.2	19.9 - 42.5	33.4	31.2 - 35.6
	\$25,000-\$49,999	21.0	10.4 - 31.5	33.0	30.6 - 35.3
	\$50,000 or More	15.6 *	5.0 - 26.2	35.6	33.6 - 37.6
MARITAL STATUS	Married/Couple	21.7	12.8 - 30.5	30.9	29.5 - 32.4
	Not Married/Couple	30.8	20.5 - 41.2	39.6	37.7 - 41.5

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	12.3	3.5 - 21.1	5.2	4.7 - 5.8
SEX	Men	16.9	0.6 - 33.3	4.9	4.2 - 5.7
	Women	7.8	3.1 - 12.5	5.5	4.8 - 6.3
RACE/ETHNICITY	Non-Hisp. White	6.1	2.8 - 9.5	4.0	3.5 - 4.5
	Non-Hisp. Black	24.0	3.3 - 44.7	7.5	5.7 - 9.3
	Hispanic	NA		7.2	5.4 - 8.9
BY RACE/ETHNICITY	Non-Hisp. White Men	6.0	0.6 - 11.4	3.7	2.9 - 4.5
	Non-Hisp. White Women	6.3	2.1 - 10.4	4.3	3.7 - 4.8
	Non-Hisp. Black Men	NA		7.5	4.9 - 10.1
	Non-Hisp. Black Women	NA		7.5	4.9 - 10.7
	Hispanic Men	NA		6.1	3.8 - 8.3
	Hispanic Women	NA		8.3	5.6 - 10.9
AGE GROUP	18-44	14.8	0.0 - 35.8	3.4	2.7 - 4.2
	45-64	14.0	5.5 - 22.5	7.4	6.2 - 8.5
	65 & Older	6.4	2.4 - 10.3	5.6	4.8 - 6.3
EDUCATION LEVEL	<high school<="" td=""><td>26.9</td><td>0.0 - 53.9</td><td>11.2</td><td>8.8 - 13.6</td></high>	26.9	0.0 - 53.9	11.2	8.8 - 13.6
	High School / GED	10.1	2.9 - 17.4	5.6	4.6 - 6.7
	>High School	3.8	0.6 - 7.0	3.4	3.0 - 3.9
ANNUAL INCOME	<\$25,000	14.5	6.2 - 22.7	10.1	8.6 - 11.
	\$25,000-\$49,999	4.9	0.0 - 10.1	3.9	3.1 - 4.
	\$50,000 or More	23.4	0.0 - 55.8	1.9	1.4 - 2.
MARITAL STATUS	Married/Couple	15.8	1.9 - 29.7	3.9	3.3 - 4.5
	Not Married/Couple	7.1	1.8 - 12.4	6.9	5.9 - 7.8

#### Percentage of adults who engage in heavy or binge drinking

		2013 Measure	County 95% CI	2013 Measure	State 95% CI
ALL	Overall	16.7	10.8 - 22.6	17.6	16.6 - 18.6
SEX	Men	21.9	12.1 - 31.8	23.4	21.7 - 25.1
	Women	12.2	5.3 - 19.1	12.2	11.2 - 13.3
RACE/ETHNICITY	Non-Hisp. White	17.2	10.8 - 23.7	17.6	16.6 - 18.5
	Non-Hisp. Black	NA		14.0	11.1 - 17.0
	Hispanic	NA		19.6	16.4 - 22.8
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	22.9	12.2 - 33.7	21.4	19.8 - 23.0
	Non-Hisp. White Women	12.8	5.1 - 20.6	14.0	12.9 - 15.1
	Non-Hisp. Black Men	NA		19.8	14.5 - 25.2
	Non-Hisp. Black Women	NA		8.8	6.4 - 11.3
	Hispanic Men	NA		30.1	24.8 - 35.3
	Hispanic Women	NA		9.7	6.2 - 13.1
AGE GROUP	18-44	20.6	7.1 - 34.2	24.2	22.3 - 26.1
	45-64	21.6	12.8 - 30.4	16.9	15.3 - 18.5
	65 & Older	5.0	2.1 - 8.0	7.2	6.4 - 8.0
EDUCATION LEVEL	<high school<="" td=""><td>9.6</td><td>0.0 - 19.6</td><td>18.6</td><td>14.7 - 22.4</td></high>	9.6	0.0 - 19.6	18.6	14.7 - 22.4
	High School / GED	20.5	10.0 - 31.1	16.3	14.6 - 18.1
	>High School	17.2	8.4 - 26.0	18.0	16.8 - 19.2
ANNUAL INCOME	<\$25,000	17.8	7.9 - 27.8	16.3	14.5 - 18.1
	\$25,000-\$49,999	18.5	6.2 - 30.8	17.9	15.7 - 20.1
	\$50,000 or More	16.7	7.1 - 26.4	20.3	18.6 - 22.0
MARITAL STATUS	Married/Couple	15.7	8.4 - 23.1	14.9	13.8 - 16.0
	Not Married/Couple	18.3	8.6 - 28.1	20.9	19.1 - 22.6

#### Tobacco Use & Exposure

#### Percentage of adults who are current smokers

reicentage of addits who a					
		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
	Overall	22.1	15.3 - 28.9	16.8	15.9 - 17.7
SEX		20.6	10.5 - 30.7	19.5	18.0 - 21.0
ULX ULX	Women	23.5	14.5 - 32.5	13.5	13.3 - 15.4
RACE/ETHNICITY		27.9 *	19.9 - 36.0	14.4	17.6 - 19.5
RACE/ETHNICITY	· · · · · · · · · · · · · · · · · · ·	27.9 " NA	19.9 - 30.0	18.6	11.7 - 17.1
	Non-Hisp. Black				
	Hispanic	NA		13.9	11.4 - 16.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	28.0	15.8 - 40.2	19.7	18.2 - 21.3
	Non-Hisp. White Women	27.9	17.3 - 38.6	17.4	16.2 - 18.6
	Non-Hisp. Black Men	NA		19.3	14.6 - 24.1
	Non-Hisp. Black Women	NA		9.9	7.3 - 12.4
	Hispanic Men	NA		18.8	14.6 - 23.0
	Hispanic Women	NA		9.3	6.4 - 12.1
AGE GROUP	18-44	27.8	12.4 - 43.1	19.2	17.5 - 20.8
	45-64	22.7	14.2 - 31.1	19.8	18.4 - 21.3
	65 & Older	12.8	5.5 - 20.1	8.7	7.4 - 9.9
EDUCATION LEVEL	<high school<="" th=""><th>20.8</th><th>4.5 - 37.2</th><th>24.8</th><th>21.4 - 28.3</th></high>	20.8	4.5 - 37.2	24.8	21.4 - 28.3
	High School / GED	24.2	14.1 - 34.4	19.8	18.1 - 21.5
	>High School	20.9	10.9 - 30.9	13.1	12.2 - 14.1
ANNUAL INCOME	<\$25,000	33.7	21.9 - 45.5	22.3	20.4 - 24.2
	\$25,000-\$49,999	22.6	10.0 - 35.2	17.7	15.9 - 19.5
	\$50,000 or More	4.0	0.0 - 10.7	11.8	10.5 - 13.1
MARITAL STATUS	Married/Couple	18.1	9.1 - 27.1	13.6	12.5 - 14.6
	Not Married/Couple	27.8	17.8 - 37.9	20.8	19.2 - 22.3

#### Percentage of adults who are former smokers (currently quit smoking)

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	26.5	20.0 - 32.9	28.1	27.1 - 29.2
SEX	Men	25.3	15.9 - 34.7	31.6	30.0 - 33.2
	Women	27.5	18.8 - 36.2	24.9	23.7 - 26.2
RACE/ETHNICITY	Non-Hisp. White	29.7	22.8 - 36.5	35.6	34.5 - 36.7
	Non-Hisp. Black	NA		14.0	11.7 - 16.3
	Hispanic	NA		19.3	16.5 - 22.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	30.1	20.8 - 39.5	39.3	37.5 - 41.1
	Non-Hisp. White Women	29.3	19.5 - 39.0	32.2	30.7 - 33.6
	Non-Hisp. Black Men	NA		17.0	13.4 - 20.7
	Non-Hisp. Black Women	NA		11.2	8.4 - 14.0
	Hispanic Men	NA		22.5	18.2 - 26.7
	Hispanic Women	NA		16.2	12.5 - 19.8
AGE GROUP	18-44	10.7	0.0 - 21.6	15.6	14.1 - 17.1
	45-64	33.4	23.4 - 43.3	30.3	28.5 - 32.2
	65 & Older	40.7	32.3 - 49.1	47.4	45.6 - 49.2
EDUCATION LEVEL	<high school<="" th=""><th>20.8</th><th>6.1 - 35.6</th><th>25.7</th><th>22.1 - 29.2</th></high>	20.8	6.1 - 35.6	25.7	22.1 - 29.2
	High School / GED	30.4	19.9 - 40.8	27.7	25.9 - 29.5
	>High School	26.7	18.6 - 34.9	29.1	27.9 - 30.3
ANNUAL INCOME	<\$25,000	25.4	15.3 - 35.4	23.9	22.1 - 25.7
	\$25,000-\$49,999	25.7	13.8 - 37.6	31.9	29.6 - 34.3
	\$50,000 or More	23.0	9.4 - 36.7	30.0	28.4 - 31.7
MARITAL STATUS	Married/Couple	30.3	20.6 - 40.0	32.0	30.6 - 33.3
	Not Married/Couple	21.2	13.5 - 28.8	23.7	22.3 - 25.2

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

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#### Tobacco Use & Exposure

#### Percentage of adults who have never smoked

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	51.5	43.0 - 59.9	55.0	53.8 - 56.2
SEX	Men	54.1	40.4 - 67.7	48.9	47.1 - 50.8
	Women	49.0 *	39.5 - 58.5	60.7	59.2 - 62.2
RACE/ETHNICITY	Non-Hisp. White	42.4	34.7 - 50.1	45.8	44.6 - 47.1
	Non-Hisp. Black	NA		71.6	68.3 - 74.9
	Hispanic	NA		66.8	63.4 - 70.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	41.9	30.1 - 53.7	40.9	39.1 - 42.8
	Non-Hisp. White Women	42.8	32.8 - 52.9	50.4	48.8 - 52.0
	Non-Hisp. Black Men	NA		63.6	58.0 - 69.2
	Non-Hisp. Black Women	NA		78.9	75.2 - 82.6
	Hispanic Men	NA		58.7	53.5 - 63.9
	Hispanic Women	NA		74.6	70.2 - 78.9
AGE GROUP	18-44	61.5	44.0 - 79.0	65.2	63.2 - 67.2
	45-64	43.9	33.7 - 54.2	49.8	47.8 - 51.9
	65 & Older	46.5	37.9 - 55.1	43.9	42.1 - 45.8
EDUCATION LEVEL	<high school<="" th=""><th>58.3</th><th>36.6 - 80.0</th><th>49.5</th><th>45.3 - 53.7</th></high>	58.3	36.6 - 80.0	49.5	45.3 - 53.7
	High School / GED	45.4	33.9 - 56.9	52.5	50.2 - 54.8
	>High School	52.3	41.9 - 62.8	57.8	56.4 - 59.2
ANNUAL INCOME	<\$25,000	40.9	29.5 - 52.4	53.8	51.4 - 56.1
	\$25,000-\$49,999	51.7	36.7 - 66.7	50.4	47.9 - 52.9
	\$50,000 or More	73.0	57.4 - 88.5	58.1	56.2 - 60.0
MARITAL STATUS	Married/Couple	51.6	39.6 - 63.6	54.5	52.9 - 56.0
	Not Married/Couple	51.0	40.0 - 62.0	55.5	53.6 - 57.4

#### Percentage of adult current smokers who tried to quit smoking at least once in the past year

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	61.8	45.6 - 78.0	61.1	58.3 - 63.9
SEX	Men	NA		60.3	56.0 - 64.5
	Women	68.0	48.2 - 87.7	62.1	58.5 - 65.8
RACE/ETHNICITY	Non-Hisp. White	65.1	48.5 - 81.6	57.9	55.0 - 60.8
	Non-Hisp. Black	NA		71.1	61.8 - 80.3
	Hispanic	NA		62.6	53.1 - 72.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	NA		57.9	53.4 - 62.4
	Non-Hisp. White Women	69.7	49.1 - 90.3	57.9	54.1 - 61.7
	Non-Hisp. Black Men	NA		64.6	51.4 - 77.8
	Non-Hisp. Black Women	NA		82.8	75.3 - 90.3
	Hispanic Men	NA		61.3	48.9 - 73.7
	Hispanic Women	NA		65.2	50.4 - 80.1
AGE GROUP	18-44	NA		65.8	61.4 - 70.3
	45-64	42.2	22.5 - 61.8	58.2	54.3 - 62.2
	65 & Older	NA		52.7	44.7 - 60.8
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>58.6</th><th>50.8 - 66.4</th></high>	NA		58.6	50.8 - 66.4
	High School / GED	61.0	36.5 - 85.5	61.9	57.5 - 66.3
	>High School	NA		61.8	57.9 - 65.6
ANNUAL INCOME	<\$25,000	58.9	37.3 - 80.6	63.9	59.3 - 68.5
	\$25,000-\$49,999	NA		61.8	56.6 - 66.9
	\$50,000 or More	NA		57.1	51.4 - 62.8
MARITAL STATUS	Married/Couple	NA		60.9	56.9 - 64.9
	Not Married/Couple	55.1	34.0 - 76.3	61.2	57.3 - 65.2

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### **Physical Activity & Nutrition**

#### Percentage of adults who are sedentary

-	-	2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	31.2	23.9 - 38.6	27.7	26.6 - 28.9
SEX	Men	31.1	18.8 - 43.4	25.3	23.6 - 27.0
	Women	31.3	23.1 - 39.6	30.0	28.5 - 31.6
RACE/ETHNICITY	Non-Hisp. White	29.2	22.5 - 35.8	25.1	24.0 - 26.2
	Non-Hisp. Black	NA		30.2	26.6 - 33.9
	Hispanic	NA		31.6	28.1 - 35.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	25.3	15.5 - 35.1	22.9	21.3 - 24.4
	Non-Hisp. White Women	32.1	23.1 - 41.2	27.2	25.7 - 28.6
	Non-Hisp. Black Men	NA		26.0	20.8 - 31.3
	Non-Hisp. Black Women	NA		34.0	29.1 - 39.0
	Hispanic Men	NA		29.0	23.9 - 34.2
	Hispanic Women	NA		34.1	29.2 - 38.9
AGE GROUP	18-44	20.0	6.2 - 33.8	24.1	22.1 - 26.0
	45-64	38.8	28.0 - 49.6	29.5	27.5 - 31.4
	65 & Older	37.8	29.3 - 46.3	32.2	30.3 - 34.0
EDUCATION LEVEL	<high school<="" th=""><th>34.3</th><th>13.3 - 55.3</th><th>40.5</th><th>36.2 - 44.9</th></high>	34.3	13.3 - 55.3	40.5	36.2 - 44.9
	High School / GED	37.5	26.1 - 49.0	31.2	29.0 - 33.4
	>High School	22.6	15.2 - 30.1	22.4	21.2 - 23.7
ANNUAL INCOME	<\$25,000	36.1	24.7 - 47.5	37.1	34.7 - 39.5
	\$25,000-\$49,999	38.0	22.8 - 53.3	28.8	26.5 - 31.2
	\$50,000 or More	16.3	5.8 - 26.9	18.1	16.5 - 19.6
MARITAL STATUS	Married/Couple	30.1	19.8 - 40.4	26.4	24.9 - 27.9
	Not Married/Couple	33.1	23.0 - 43.2	29.1	27.3 - 30.9

#### Percentage of adults who consumed five or more servings of fruits or vegetables per day

		2013 County			State
		Measure	95% CI	Measure	95% CI
ALL	Overall	14.0	8.6 - 19.4	18.3	17.3 - 19.4
SEX	Men	10.7	3.6 - 17.8	16.1	14.5 - 17.6
	Women	17.3	9.3 - 25.2	20.4	19.0 - 21.8
RACE/ETHNICITY	Non-Hisp. White	15.5	8.9 - 22.0	16.3	15.4 - 17.3
	Non-Hisp. Black	NA		22.4	18.9 - 26.0
	Hispanic	NA		19.8	16.8 - 22.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	13.0	3.8 - 22.2	14.0	12.6 - 15.5
	Non-Hisp. White Women	17.4	8.3 - 26.5	18.5	17.2 - 19.7
	Non-Hisp. Black Men	NA		18.2	13.0 - 23.4
	Non-Hisp. Black Women	NA		26.3	21.5 - 31.0
	Hispanic Men	NA		19.0	14.5 - 23.5
	Hispanic Women	NA		20.6	16.5 - 24.7
AGE GROUP	18-44	17.1	4.5 - 29.8	19.9	18.0 - 21.7
	45-64	13.5	7.8 - 19.3	17.9	16.3 - 19.5
	65 & Older	10.2	5.6 - 14.8	16.2	14.6 - 17.9
EDUCATION LEVEL	<high school<="" td=""><td>6.7 *</td><td>0.0 - 14.2</td><td>18.7</td><td>15.1 - 22.3</td></high>	6.7 *	0.0 - 14.2	18.7	15.1 - 22.3
	High School / GED	11.9	2.5 - 21.3	14.5	12.6 - 16.3
	>High School	21.4	12.3 - 30.5	20.4	19.1 - 21.6
ANNUAL INCOME	<\$25,000	15.9	5.9 - 25.9	17.7	15.6 - 19.8
	\$25,000-\$49,999	12.1	3.7 - 20.4	19.0	16.8 - 21.2
	\$50,000 or More	12.4	3.8 - 20.9	19.7	18.1 - 21.3
MARITAL STATUS	Married/Couple	16.2	8.3 - 24.0	19.4	18.0 - 20.8
	Not Married/Couple	10.9	4.1 - 17.6	17.0	15.6 - 18.5

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### **Physical Activity & Nutrition**

#### Percentage of adults who are inactive or insufficiently active

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	56.4	47.0 - 65.8	52.9	51.6 - 54.3
SEX	Men	54.8	39.1 - 70.4	51.1	49.0 - 53.1
	Women	58.1	48.2 - 68.0	54.5	52.8 - 56.3
RACE/ETHNICITY	Non-Hisp. White	55.3	47.1 - 63.4	48.8	47.5 - 50.1
	Non-Hisp. Black	NA		56.9	52.6 - 61.3
	Hispanic	NA		59.3	55.2 - 63.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	53.1	40.5 - 65.6	46.3	44.2 - 48.3
	Non-Hisp. White Women	57.1	46.2 - 68.0	51.0	49.3 - 52.7
	Non-Hisp. Black Men	NA		54.2	47.1 - 61.2
	Non-Hisp. Black Women	NA		59.4	54.0 - 64.7
	Hispanic Men	NA		59.3	53.3 - 65.4
	Hispanic Women	NA		59.3	53.7 - 64.9
AGE GROUP	18-44	55.8	32.5 - 79.1	54.3	51.7 - 56.8
	45-64	60.8	50.7 - 70.9	55.2	53.0 - 57.3
	65 & Older	51.1	41.9 - 60.4	47.5	45.5 - 49.4
EDUCATION LEVEL	<high school<="" td=""><td>59.5</td><td>29.4 - 89.6</td><td>64.2</td><td>59.9 - 68.6</td></high>	59.5	29.4 - 89.6	64.2	59.9 - 68.6
	High School / GED	64.2	52.7 - 75.8	55.6	53.0 - 58.1
	>High School	44.8	34.1 - 55.5	48.4	46.8 - 50.0
ANNUAL INCOME	<\$25,000	59.8	47.2 - 72.5	61.0	58.4 - 63.6
	\$25,000-\$49,999	63.8	49.6 - 77.9	56.2	53.5 - 58.9
	\$50,000 or More	36.1	16.2 - 56.1	43.5	41.3 - 45.7
MARITAL STATUS	Married/Couple	54.4	40.8 - 67.9	50.5	48.7 - 52.2
	Not Married/Couple	59.1	47.7 - 70.4	55.8	53.7 - 57.9

#### Percentage of adults who meet aerobic recommendations

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	44.6	35.3 - 53.9	50.2	48.9 - 51.5
SEX	Men	46.6	31.2 - 61.9	52.0	50.0 - 54.0
	Women	42.4	32.6 - 52.2	48.6	46.9 - 50.4
RACE/ETHNICITY	Non-Hisp. White	46.0	37.8 - 54.2	53.8	52.5 - 55.1
	Non-Hisp. Black	NA		46.8	42.5 - 51.1
	Hispanic	NA		45.0	41.0 - 49.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	49.0	36.2 - 61.7	56.3	54.3 - 58.2
	Non-Hisp. White Women	43.6	32.8 - 54.3	51.7	50.0 - 53.3
	Non-Hisp. Black Men	NA		48.8	41.9 - 55.6
	Non-Hisp. Black Women	NA		45.0	39.7 - 50.4
	Hispanic Men	NA		45.3	39.4 - 51.2
	Hispanic Women	NA		44.8	39.4 - 50.2
AGE GROUP	18-44	46.6	24.3 - 68.9	50.7	48.2 - 53.1
	45-64	39.5	29.4 - 49.5	47.6	45.4 - 49.7
	65 & Older	48.9	39.6 - 58.1	53.6	51.7 - 55.5
EDUCATION LEVEL	<high school<="" th=""><th>40.5</th><th>10.4 - 70.6</th><th>38.8</th><th>34.4 - 43.2</th></high>	40.5	10.4 - 70.6	38.8	34.4 - 43.2
	High School / GED	35.8	24.2 - 47.3	47.7	45.2 - 50.2
	>High School	57.3	46.7 - 67.9	54.7	53.1 - 56.2
ANNUAL INCOME	<\$25,000	40.4	27.9 - 53.0	42.3	39.7 - 44.9
	\$25,000-\$49,999	36.8	22.7 - 50.9	47.8	45.1 - 50.4
	\$50,000 or More	63.9	43.9 - 83.8	59.2	57.1 - 61.3
MARITAL STATUS	Married/Couple	45.9	32.4 - 59.3	52.5	50.7 - 54.2
	Not Married/Couple	43.0	31.4 - 54.6	47.6	45.5 - 49.6

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

#### **Physical Activity & Nutrition**

#### Percentage of adults who meet muscle strengthening recommendations

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	28.0	18.4 - 37.7	29.6	28.4 - 30.7
SEX	Men	33.9	17.4 - 50.3	36.0	34.1 - 37.8
	Women	22.5	13.3 - 31.7	23.6	22.2 - 25.0
RACE/ETHNICITY	Non-Hisp. White	25.7	17.7 - 33.8	29.3	28.1 - 30.4
	Non-Hisp. Black	NA		35.0	31.0 - 38.9
	Hispanic	NA		28.0	24.6 - 31.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	27.1	14.8 - 39.4	34.1	32.2 - 36.0
	Non-Hisp. White Women	24.7	13.9 - 35.4	24.8	23.4 - 26.2
	Non-Hisp. Black Men	NA		45.0	38.7 - 51.4
	Non-Hisp. Black Women	NA		25.9	21.5 - 30.3
	Hispanic Men	NA		37.0	31.7 - 42.3
	Hispanic Women	NA		19.4	15.4 - 23.5
AGE GROUP	18-44	44.4	24.0 - 64.8	37.4	35.2 - 39.5
	45-64	18.4	10.9 - 25.9	25.4	23.6 - 27.2
	65 & Older	17.7	11.4 - 24.0	21.8	20.2 - 23.3
EDUCATION LEVEL	<high school<="" td=""><td>31.7</td><td>2.8 - 60.6</td><td>20.7</td><td>16.8 - 24.6</td></high>	31.7	2.8 - 60.6	20.7	16.8 - 24.6
	High School / GED	21.9	9.6 - 34.1	26.2	24.0 - 28.5
	>High School	32.3	21.5 - 43.0	33.8	32.3 - 35.2
ANNUAL INCOME	<\$25,000	18.9	7.2 - 30.6	23.6	21.5 - 25.7
	\$25,000-\$49,999	22.6	9.4 - 35.7	27.1	24.9 - 29.4
	\$50,000 or More	44.2	18.6 - 69.9	37.3	35.2 - 39.3
MARITAL STATUS	Married/Couple	26.0	12.0 - 40.0	28.1	26.6 - 29.6
	Not Married/Couple	31.3	18.9 - 43.8	31.3	29.5 - 33.2

Putnam

#### Percentage of women aged 40 to 74 years who received a mammogram in the past year

	-	2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	52.3	41.6 - 63.1	57.5	55.3 - 59.6
SEX	Women	52.3	41.6 - 63.1	57.5	55.3 - 59.6
RACE/ETHNICITY	Non-Hisp. White	51.2	39.8 - 62.6	56.2	54.2 - 58.2
	Non-Hisp. Black	NA		61.0	54.4 - 67.6
	Hispanic	NA		61.0	54.2 - 67.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Women	51.2	39.8 - 62.6	56.2	54.2 - 58.2
	Non-Hisp. Black Women	NA		61.0	54.4 - 67.6
	Hispanic Women	NA		61.0	54.2 - 67.7
AGE GROUP	18-44	NA		44.0	37.6 - 50.3
	45-64	51.7	38.3 - 65.1	57.0	54.2 - 59.8
	65 & Older	62.5	48.1 - 76.9	67.5	64.3 - 70.7
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>49.3</th><th>40.5 - 58.1</th></high>	NA		49.3	40.5 - 58.1
	High School / GED	50.5	32.6 - 68.4	58.0	54.1 - 61.8
	>High School	58.4	43.6 - 73.2	59.0	56.6 - 61.5
ANNUAL INCOME	<\$25,000	41.6	24.3 - 58.9	52.4	47.8 - 57.0
	\$25,000-\$49,999	58.9	39.2 - 78.5	50.9	46.5 - 55.2
	\$50,000 or More	NA		64.8	61.7 - 67.9
MARITAL STATUS	Married/Couple	63.5	50.4 - 76.6	59.9	57.3 - 62.6
	Not Married/Couple	37.5	22.2 - 52.8	53.6	50.1 - 57.2

#### Percentage of women 18 years of age and older who had a clinical breast exam in the past year

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	48.7	38.6 - 58.8	56.0	54.2 - 57.7
SEX	Women	48.7	38.6 - 58.8	56.0	54.2 - 57.7
RACE/ETHNICITY	Non-Hisp. White	50.6	39.5 - 61.7	57.8	56.2 - 59.4
	Non-Hisp. Black	NA		59.3	54.2 - 64.5
	Hispanic	NA		50.2	44.7 - 55.6
SEX BY RACE/ETHNICITY	Non-Hisp. White Women	50.6	39.5 - 61.7	57.8	56.2 - 59.4
	Non-Hisp. Black Women	NA		59.3	54.2 - 64.5
	Hispanic Women	NA		50.2	44.7 - 55.6
AGE GROUP	18-44	50.2	28.0 - 72.3	50.7	47.5 - 54.0
	45-64	45.2	31.9 - 58.4	60.1	57.3 - 62.9
	65 & Older	49.6	38.4 - 60.8	58.1	55.7 - 60.4
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>45.6</th><th>39.2 - 52.0</th></high>	NA		45.6	39.2 - 52.0
	High School / GED	46.3	30.2 - 62.5	51.2	47.9 - 54.5
	>High School	63.3	50.5 - 76.2	60.9	58.9 - 62.9
ANNUAL INCOME	<\$25,000	47.7	31.2 - 64.3	48.4	45.1 - 51.7
	\$25,000-\$49,999	37.6	22.1 - 53.2	52.6	49.1 - 56.1
	\$50,000 or More	71.7	54.3 - 89.2	67.8	65.0 - 70.5
MARITAL STATUS	Married/Couple	58.5	43.9 - 73.2	60.6	58.3 - 62.8
	Not Married/Couple	37.8	24.1 - 51.5	51.4	48.8 - 54.0

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval NA=Not available due to respondent counts of less than 30.

#### **Cancer Screening/Cervical**

#### Percentage of women 18 years of age and older who received a Pap test in the past year

		2013 Measure	County 95% Cl	2013 Measure	3 State 95% Cl
ALL	Overall	47.1	34.0 - 60.3	51.4	49.3 - 53.5
SEX	Women	47.1	34.0 - 60.3	51.4	49.3 - 53.5
RACE/ETHNICITY	Non-Hisp. White	45.8	30.8 - 60.9	49.3	47.3 - 51.4
	Non-Hisp. Black	NA		56.3	50.2 - 62.4
	Hispanic	NA		53.5	47.5 - 59.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Women	45.8	30.8 - 60.9	49.3	47.3 - 51.4
	Non-Hisp. Black Women	NA		56.3	50.2 - 62.4
	Hispanic Women	NA		53.5	47.5 - 59.4
AGE GROUP	18-44	61.9	39.6 - 84.2	56.6	53.3 - 59.8
	45-64	28.2 *	13.8 - 42.6	52.3	49.0 - 55.6
	65 & Older	37.1	20.1 - 54.0	34.3	30.9 - 37.7
EDUCATION LEVEL	<high school<="" td=""><td>NA</td><td></td><td>48.0</td><td>40.6 - 55.5</td></high>	NA		48.0	40.6 - 55.5
	High School / GED	48.2	26.0 - 70.4	46.3	42.1 - 50.4
	>High School	57.3	40.6 - 73.9	54.6	52.2 - 57.0
ANNUAL INCOME	<\$25,000	48.4	28.7 - 68.1	48.3	44.5 - 52.1
	\$25,000-\$49,999	NA		43.7	39.4 - 47.9
	\$50,000 or More	NA		61.2	57.8 - 64.5
MARITAL STATUS	Married/Couple	54.2	34.2 - 74.1	55.3	52.5 - 58.0
	Not Married/Couple	40.4	23.0 - 57.7	47.4	44.3 - 50.5

#### **Cancer Screening/Colorectal**

#### Percentage of adults 50 years of age and older who received a stool blood test in the past year

		2013 Measure	S County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	13.5	9.1 - 17.9	13.9	12.8 - 15.0
SEX	Men	9.5	3.9 - 15.1	13.0	11.5 - 14.5
	Women	17.7	11.1 - 24.3	14.7	13.2 - 16.1
RACE/ETHNICITY	Non-Hisp. White	14.4	9.5 - 19.3	13.6	12.7 - 14.6
	Non-Hisp. Black	NA		14.4	10.3 - 18.5
	Hispanic	NA		13.9	9.7 - 18.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	11.0	4.4 - 17.7	13.4	12.0 - 14.8
	Non-Hisp. White Women	17.7	10.7 - 24.7	13.9	12.7 - 15.1
	Non-Hisp. Black Men	NA		13.9	6.8 - 21.0
	Non-Hisp. Black Women	NA		14.9	10.6 - 19.2
	Hispanic Men	NA		10.9	5.2 - 16.5
	Hispanic Women	NA		16.2	10.2 - 22.2
AGE GROUP	45-64	6.2	1.6 - 10.9	9.3	7.9 - 10.6
	65 & Older	22.6	15.1 - 30.1	19.2	17.6 - 20.9
EDUCATION LEVEL	<high school<="" td=""><td>12.1</td><td>0.8 - 23.4</td><td>14.0</td><td>9.6 - 18.4</td></high>	12.1	0.8 - 23.4	14.0	9.6 - 18.4
	High School / GED	14.5	7.6 - 21.3	14.4	12.6 - 16.2
	>High School	13.2	6.6 - 19.9	13.7	12.5 - 14.9
ANNUAL INCOME	<\$25,000	16.5	8.5 - 24.4	15.9	13.3 - 18.4
	\$25,000-\$49,999	10.8	3.5 - 18.1	13.4	11.6 - 15.3
	\$50,000 or More	13.6	3.4 - 23.9	12.9	11.3 - 14.6
MARITAL STATUS	Married/Couple	14.8	8.4 - 21.2	14.3	12.9 - 15.8
	Not Married/Couple	11.8	6.1 - 17.5	13.2	11.7 - 14.8

Percentage of adults 50 years of age and older who received a sigmoidoscopy or colonoscopy in the past five years

		2013 Measure	3 County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	59.7	52.4 - 67.1	55.3	53.7 - 56.9
SEX	Men	58.5	46.7 - 70.2	57.1	54.7 - 59.6
	Women	61.0	52.3 - 69.7	53.7	51.6 - 55.8
RACE/ETHNICITY	Non-Hisp. White	56.8	49.2 - 64.5	56.6	55.2 - 58.1
	Non-Hisp. Black	NA		57.1	51.4 - 62.8
	Hispanic	NA		50.7	44.4 - 57.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	52.4	40.1 - 64.7	58.6	56.3 - 61.0
	Non-Hisp. White Women	61.0	51.9 - 70.2	54.9	53.1 - 56.8
	Non-Hisp. Black Men	NA		61.0	52.1 - 69.9
	Non-Hisp. Black Women	NA		53.5	46.5 - 60.5
	Hispanic Men	NA		48.5	38.5 - 58.6
	Hispanic Women	NA		52.3	44.2 - 60.5
AGE GROUP	45-64	57.3	46.0 - 68.6	46.8	44.4 - 49.3
	65 & Older	62.7	54.1 - 71.4	65.1	63.3 - 66.9
EDUCATION LEVEL	<high school<="" td=""><td>69.4</td><td>50.1 - 88.6</td><td>47.5</td><td>41.4 - 53.7</td></high>	69.4	50.1 - 88.6	47.5	41.4 - 53.7
	High School / GED	57.0	45.7 - 68.4	53.7	51.0 - 56.5
	>High School	59.1	48.8 - 69.4	58.4	56.6 - 60.2
ANNUAL INCOME	<\$25,000	50.5	37.6 - 63.4	49.0	45.7 - 52.4
	\$25,000-\$49,999	68.2	54.7 - 81.7	53.2	49.9 - 56.5
	\$50,000 or More	63.2	48.9 - 77.6	61.2	58.7 - 63.6
MARITAL STATUS	Married/Couple	63.4	53.7 - 73.1	58.6	56.7 - 60.6
	Not Married/Couple	55.3	44.5 - 66.0	50.0	47.4 - 52.7

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval NA=Not available due to respondent counts of less than 30.

#### Percentage of adults who have ever been tested for HIV

Putnam

		2013 Measure	3 County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	38.8	30.2 - 47.4	42.6	41.4 - 43.9
SEX	Men	27.4	15.2 - 39.6	41.2	39.3 - 43.1
	Women	49.7	39.8 - 59.7	43.9	42.2 - 45.6
RACE/ETHNICITY	Non-Hisp. White	36.3	27.6 - 45.0	34.4	33.2 - 35.6
	Non-Hisp. Black	NA		65.8	62.1 - 69.5
	Hispanic	NA		48.7	44.9 - 52.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	27.7	16.0 - 39.4	35.3	33.4 - 37.2
	Non-Hisp. White Women	43.2	31.5 - 54.8	33.5	32.0 - 35.1
	Non-Hisp. Black Men	NA		62.0	55.9 - 68.0
	Non-Hisp. Black Women	NA		69.3	64.7 - 73.8
	Hispanic Men	NA		44.9	39.5 - 50.4
	Hispanic Women	NA		52.3	47.0 - 57.6
AGE GROUP	18-44	56.1	35.6 - 76.5	56.9	54.7 - 59.2
	45-64	37.1	26.2 - 47.9	42.7	40.6 - 44.8
	65 & Older	14.6	8.4 - 20.8	15.9	14.3 - 17.6
EDUCATION LEVEL	<high school<="" td=""><td>38.1</td><td>14.3 - 61.8</td><td>39.4</td><td>35.0 - 43.7</td></high>	38.1	14.3 - 61.8	39.4	35.0 - 43.7
	High School / GED	32.6	20.7 - 44.5	39.8	37.4 - 42.3
	>High School	46.5	35.5 - 57.6	45.0	43.5 - 46.5
ANNUAL INCOME	<\$25,000	48.1	35.5 - 60.7	48.8	46.3 - 51.3
	\$25,000-\$49,999	39.4	23.3 - 55.4	40.8	38.2 - 43.4
	\$50,000 or More	24.6	9.4 - 39.8	41.7	39.6 - 43.8
MARITAL STATUS	Married/Couple	35.2	23.2 - 47.2	39.9	38.2 - 41.6
	Not Married/Couple	44.5	32.6 - 56.3	46.1	44.1 - 48.1

Immunization

#### Percentage of adults who received a flu shot in the past year

		2013 Measure	3 County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	31.2	24.1 - 38.3	30.7	29.6 - 31.8
SEX	Men	29.0	17.9 - 40.2	29.5	27.9 - 31.2
	Women	33.4	24.7 - 42.1	31.8	30.3 - 33.3
RACE/ETHNICITY	Non-Hisp. White	35.2	28.0 - 42.5	36.6	35.5 - 37.8
	Non-Hisp. Black	NA		17.9	15.2 - 20.6
	Hispanic	NA		26.1	22.6 - 29.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	32.8	22.2 - 43.3	35.3	33.6 - 37.0
	Non-Hisp. White Women	37.2	27.2 - 47.2	37.8	36.3 - 39.3
	Non-Hisp. Black Men	NA		16.6	12.7 - 20.5
	Non-Hisp. Black Women	NA		19.1	15.4 - 22.7
	Hispanic Men	NA		25.5	20.6 - 30.4
	Hispanic Women	NA		26.6	21.8 - 31.4
AGE GROUP	18-44	19.9	6.0 - 33.8	18.6	17.0 - 20.3
	45-64	28.9	19.9 - 37.9	29.5	27.6 - 31.4
	65 & Older	50.4	41.3 - 59.4	54.6	52.7 - 56.5
EDUCATION LEVEL	<high school<="" td=""><td>18.6</td><td>2.3 - 34.9</td><td>26.5</td><td>22.5 - 30.5</td></high>	18.6	2.3 - 34.9	26.5	22.5 - 30.5
	High School / GED	33.1	22.9 - 43.4	28.8	26.7 - 30.8
	>High School	37.6	27.6 - 47.7	32.8	31.6 - 34.1
ANNUAL INCOME	<\$25,000	29.8	19.0 - 40.7	25.4	23.3 - 27.5
	\$25,000-\$49,999	39.8	25.2 - 54.4	31.3	29.0 - 33.5
	\$50,000 or More	26.7	12.2 - 41.2	34.0	32.2 - 35.8
MARITAL STATUS	Married/Couple	34.7	24.2 - 45.2	34.2	32.7 - 35.7
	Not Married/Couple	26.3	17.4 - 35.3	26.7	25.1 - 28.4

#### Percentage of adults 65 years of age and older who received a flu shot in the past year

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	50.4	41.3 - 59.4	54.6	52.7 - 56.5
SEX	Men	54.8	39.8 - 69.7	54.4	51.2 - 57.5
	Women	46.7	35.8 - 57.5	54.7	52.4 - 57.1
RACE/ETHNICITY	Non-Hisp. White	52.6	43.1 - 62.1	58.5	56.9 - 60.2
	Non-Hisp. Black	NA		34.3	26.6 - 41.9
	Hispanic	NA		46.6	37.1 - 56.0
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	62.7	47.5 - 78.0	57.7	55.0 - 60.4
	Non-Hisp. White Women	44.8 *	33.7 - 56.0	59.2	57.1 - 61.4
	Non-Hisp. Black Men	NA		27.5	16.3 - 38.7
	Non-Hisp. Black Women	NA		39.4	29.8 - 49.0
	Hispanic Men	NA		53.4	37.0 - 69.8
	Hispanic Women	NA		41.0	30.9 - 51.2
AGE GROUP	65 & Older	50.4	41.3 - 59.4	54.6	52.7 - 56.5
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>49.0</th><th>41.6 - 56.4</th></high>	NA		49.0	41.6 - 56.4
	High School / GED	59.8	46.3 - 73.3	53.3	50.3 - 56.3
	>High School	45.4	32.3 - 58.6	57.0	54.9 - 59.2
ANNUAL INCOME	<\$25,000	51.1	37.5 - 64.7	48.2	43.7 - 52.7
	\$25,000-\$49,999	54.5	36.2 - 72.9	56.4	53.2 - 59.7
	\$50,000 or More	NA		59.1	56.1 - 62.1
MARITAL STATUS	Married/Couple	56.8	43.8 - 69.8	55.6	53.0 - 58.2
	Not Married/Couple	43.1	31.3 - 54.9	53.2	50.4 - 56.0

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval NA=Not available due to respondent counts of less than 30.

Immunization

		2013 Measure	3 County 95% Cl	2013 State Measure 95% Cl		
ALL	Overall	35.3	27.7 - 42.8	33.1	32.0 - 34.3	
SEX	Men	31.0	19.2 - 42.9	32.9	31.1 - 34.7	
	Women	39.2	30.1 - 48.4	33.3	31.8 - 34.8	
RACE/ETHNICITY	Non-Hisp. White	36.7	29.4 - 43.9	38.2	37.0 - 39.4	
	Non-Hisp. Black	NA		28.9	25.0 - 32.8	
	Hispanic	NA		24.6	21.3 - 28.0	
BY RACE/ETHNICITY	Non-Hisp. White Men	34.9	23.7 - 46.2	38.0	36.1 - 39.9	
	Non-Hisp. White Women	38.0	28.3 - 47.6	38.3	36.8 - 39.9	
	Non-Hisp. Black Men	NA		29.7	23.0 - 36.4	
	Non-Hisp. Black Women	NA		28.2	23.7 - 32.7	
	Hispanic Men	NA		24.6	19.8 - 29.5	
	Hispanic Women	NA		24.6	20.0 - 29.2	
AGE GROUP	18-44	12.3	1.7 - 23.0	19.7	17.7 - 21.7	
	45-64	30.5	20.4 - 40.7	24.4	22.6 - 26.2	
	65 & Older	70.3	62.2 - 78.5	66.2	64.2 - 68.1	
EDUCATION LEVEL	<high school<="" td=""><td>29.5</td><td>10.0 - 49.0</td><td>29.6</td><td>25.7 - 33.4</td></high>	29.5	10.0 - 49.0	29.6	25.7 - 33.4	
	High School / GED	38.4	27.8 - 49.0	34.0	31.8 - 36.3	
	>High School	36.3	26.1 - 46.6	33.6	32.2 - 35.0	
ANNUAL INCOME	<\$25,000	35.8	24.7 - 46.8	32.7	30.4 - 34.9	
	\$25,000-\$49,999	41.8	26.9 - 56.7	34.5	32.1 - 36.8	
	\$50,000 or More	19.0	6.7 - 31.3	30.0	28.1 - 31.9	
MARITAL STATUS	Married/Couple	32.0	22.0 - 42.0	33.4	31.8 - 34.9	
	Not Married/Couple	40.6	29.9 - 51.3	32.8	31.0 - 34.5	

#### Percentage of adults 65 years of age and older who have ever received a pneumococcal vaccination

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	70.3	62.1 - 78.6	66.2	64.2 - 68.1
SEX	Men	70.6	57.0 - 84.3	62.7	59.4 - 66.1
	Women	70.1	60.2 - 80.0	69.0	66.6 - 71.3
RACE/ETHNICITY	Non-Hisp. White	71.5	63.0 - 80.0	71.0	69.4 - 72.6
	Non-Hisp. Black	NA		49.1	40.3 - 57.9
	Hispanic	NA		47.4	37.6 - 57.3
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	71.9	57.2 - 86.6	67.5	64.9 - 70.1
	Non-Hisp. White Women	71.2	61.1 - 81.2	73.9	72.0 - 75.8
	Non-Hisp. Black Men	NA		42.6	27.9 - 57.4
	Non-Hisp. Black Women	NA		53.8	43.8 - 63.8
	Hispanic Men	NA		45.1	27.9 - 62.2
	Hispanic Women	NA		49.4	38.3 - 60.5
AGE GROUP	65 & Older	70.3	62.1 - 78.6	66.2	64.2 - 68.1
EDUCATION LEVEL	<high school<="" th=""><th>NA</th><th></th><th>55.3</th><th>47.5 - 63.1</th></high>	NA		55.3	47.5 - 63.1
	High School / GED	86.5 *	78.4 - 94.6	68.6	65.8 - 71.5
	>High School	59.8	46.5 - 73.1	68.2	66.0 - 70.4
ANNUAL INCOME	<\$25,000	64.7	51.7 - 77.6	60.6	55.8 - 65.3
	\$25,000-\$49,999	68.2	51.6 - 84.8	67.3	64.1 - 70.5
	\$50,000 or More	NA		69.4	66.4 - 72.3
MARITAL STATUS	Married/Couple	78.0	67.3 - 88.7	67.0	64.4 - 69.6
	Not Married/Couple	62.8	51.0 - 74.5	64.9	61.8 - 68.0

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. Cl=Confidence Interval NA=Not available due to respondent counts of less than 30.

Immunization

		2013	County	2013	8 State
		Measure	95% CI	Measure	95% CI
ALL	Overall	58.0	50.4 - 65.7	51.2	49.9 - 52.5
SEX	Men	63.7	52.5 - 74.8	54.9	52.9 - 56.9
	Women	53.1	43.1 - 63.2	47.7	45.9 - 49.4
RACE/ETHNICITY	Non-Hisp. White	57.7	49.5 - 65.9	52.0	50.7 - 53.3
	Non-Hisp. Black	NA		47.5	43.3 - 51.6
	Hispanic	NA		42.8	38.9 - 46.8
BY RACE/ETHNICITY	Non-Hisp. White Men	62.0	50.2 - 73.8	57.0	55.1 - 59.0
	Non-Hisp. White Women	54.2	43.1 - 65.3	47.3	45.6 - 49.0
	Non-Hisp. Black Men	NA		54.8	48.5 - 61.2
	Non-Hisp. Black Women	NA		41.0	35.8 - 46.2
	Hispanic Men	NA		42.1	36.5 - 47.8
	Hispanic Women	NA		43.6	38.0 - 49.1
AGE GROUP	18-44	68.1	51.6 - 84.7	57.0	54.7 - 59.3
	45-64	54.0	43.0 - 64.9	49.1	47.0 - 51.3
	65 & Older	51.7	42.2 - 61.3	43.5	41.5 - 45.5
EDUCATION LEVEL	<high school<="" td=""><td>72.9 *</td><td>58.2 - 87.6</td><td>45.9</td><td>41.3 - 50.6</td></high>	72.9 *	58.2 - 87.6	45.9	41.3 - 50.6
	High School / GED	47.6	35.1 - 60.1	49.7	47.2 - 52.2
	>High School	59.6	49.5 - 69.7	53.5	52.0 - 55.1
ANNUAL INCOME	<\$25,000	51.4	38.7 - 64.0	48.3	45.7 - 50.8
	\$25,000-\$49,999	66.4 *	52.7 - 80.0	49.6	47.0 - 52.2
	\$50,000 or More	60.0	46.2 - 73.8	55.4	53.3 - 57.5
MARITAL STATUS	Married/Couple	57.7	47.1 - 68.2	51.1	49.4 - 52.8
	Not Married/Couple	58.3	47.2 - 69.4	51.1	49.0 - 53.1

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	90.4	81.0 - 99.7	94.2	93.5 - 94.9
SEX	Men	83.8	66.3 -100.0	91.9	90.7 - 93.1
	Women	96.8	94.4 - 99.3	96.3	95.6 - 97.0
RACE/ETHNICITY	Non-Hisp. White	96.7	94.5 - 98.9	94.7	94.0 - 95.4
	Non-Hisp. Black	NA		91.8	89.2 - 94.4
	Hispanic	NA		94.1	92.2 - 95.9
<b>3Y RACE/ETHNICITY</b>	Non-Hisp. White Men	96.5	93.0 -100.0	92.2	90.9 - 93.4
	Non-Hisp. White Women	96.9	94.1 - 99.6	97.1	96.5 - 97.7
	Non-Hisp. Black Men	NA		89.2	84.9 - 93.5
	Non-Hisp. Black Women	NA		94.1	91.1 - 97.1
	Hispanic Men	NA		92.3	89.2 - 95.4
	Hispanic Women	NA		95.7	93.8 - 97.7
AGE GROUP	18-44	81.2	59.0 -100.0	91.8	90.5 - 93.1
	45-64	95.5	91.7 - 99.4	95.6	94.6 - 96.6
	65 & Older	96.7	93.2 -100.0	96.4	95.7 - 97.2
EDUCATION LEVEL	<high school<="" td=""><td>71.8</td><td>41.4 -100.0</td><td>89.5</td><td>86.7 - 92.2</td></high>	71.8	41.4 -100.0	89.5	86.7 - 92.2
	High School / GED	95.5	91.8 - 99.2	94.1	92.9 - 95.2
	>High School	97.5	95.0 -100.0	95.4	94.7 - 96.2
ANNUAL INCOME	<\$25,000	96.9 *	94.4 - 99.4	91.7	90.1 - 93.3
	\$25,000-\$49,999	90.4	78.5 -100.0	94.6	93.4 - 95.8
	\$50,000 or More	75.8	43.3 -100.0	96.2	95.3 - 97.1
MARITAL STATUS	Married/Couple	85.9	71.1 -100.0	95.8	95.1 - 96.5
	Not Married/Couple	97.0 *	94.3 - 99.7	92.3	91.1 - 93.6

# Health-Related Quality of Life

# Percentage of adults who said their overall health was "good" to "excellent"

-					• •
		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	68.0 *	60.4 - 75.5	80.5	79.5 - 81.4
SEX	Men	72.4	61.3 - 83.4	81.6	80.2 - 83.0
	Women	63.8 *	54.1 - 73.5	79.4	78.1 - 80.8
RACE/ETHNICITY	Non-Hisp. White	67.9 *	60.0 - 75.7	82.3	81.4 - 83.2
	Non-Hisp. Black	53.9	29.3 - 78.4	80.3	77.3 - 83.2
	Hispanic	NA		76.0	73.1 - 78.9
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	70.4	59.4 - 81.3	82.4	80.9 - 83.8
	Non-Hisp. White Women	65.9 *	54.9 - 76.8	82.2	81.0 - 83.4
	Non-Hisp. Black Men	NA		81.8	77.3 - 86.3
	Non-Hisp. Black Women	NA		78.8	75.1 - 82.6
	Hispanic Men	NA		80.5	76.7 - 84.2
	Hispanic Women	NA		71.7	67.4 - 76.1
AGE GROUP	18-44	72.2	55.7 - 88.7	86.9	85.5 - 88.4
	45-64	66.2	56.0 - 76.4	76.3	74.5 - 78.2
	65 & Older	65.2	57.2 - 73.2	74.6	72.9 - 76.2
EDUCATION LEVEL	<high school<="" td=""><td>54.0</td><td>31.6 - 76.4</td><td>63.3</td><td>59.5 - 67.2</td></high>	54.0	31.6 - 76.4	63.3	59.5 - 67.2
	High School / GED	66.1 *	54.8 - 77.3	79.3	77.5 - 81.1
	>High School	80.6	72.6 - 88.6	85.8	84.8 - 86.8
ANNUAL INCOME	<\$25,000	56.3	44.4 - 68.2	66.3	64.0 - 68.5
	\$25,000-\$49,999	72.7	58.9 - 86.5	82.2	80.3 - 84.2
	\$50,000 or More	93.0	86.7 - 99.3	91.9	90.9 - 92.9
MARITAL STATUS	Married/Couple	69.8 *	59.0 - 80.6	82.5	81.2 - 83.7
	Not Married/Couple	65.3 *	55.4 - 75.2	78.0	76.4 - 79.5

# Percentage of adults who had poor physical health on 14 or more of the past 30 days

		2013 Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	18.8	13.2 - 24.5	14.1	13.3 - 15.0
SEX	Men	18.7	9.4 - 28.1	13.0	11.8 - 14.3
	Women	18.9	12.3 - 25.6	15.2	14.0 - 16.4
RACE/ETHNICITY	Non-Hisp. White	21.8 *	15.2 - 28.4	13.9	13.0 - 14.7
	Non-Hisp. Black	NA		12.4	9.8 - 15.0
	Hispanic	NA		15.9	13.3 - 18.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	27.4 *	15.4 - 39.3	12.6	11.4 - 13.8
	Non-Hisp. White Women	17.4	11.0 - 23.8	15.0	13.9 - 16.2
	Non-Hisp. Black Men	NA		13.5	8.9 - 18.1
	Non-Hisp. Black Women	NA		11.4	8.6 - 14.2
	Hispanic Men	NA		12.9	9.7 - 16.1
	Hispanic Women	NA		18.9	14.9 - 22.9
AGE GROUP	18-44	14.5	3.3 - 25.6	9.7	8.5 - 11.0
	45-64	21.5	13.2 - 29.9	18.3	16.6 - 20.0
	65 & Older	20.8	14.0 - 27.5	16.6	15.2 - 18.0
EDUCATION LEVEL	<high school<="" th=""><th>21.2</th><th>6.3 - 36.1</th><th>24.7</th><th>21.0 - 28.3</th></high>	21.2	6.3 - 36.1	24.7	21.0 - 28.3
	High School / GED	17.5	10.2 - 24.8	14.6	13.1 - 16.1
	>High School	18.8	9.6 - 28.0	11.2	10.3 - 12.0
ANNUAL INCOME	<\$25,000	20.6	12.6 - 28.7	24.2	22.2 - 26.2
	\$25,000-\$49,999	16.3	5.6 - 27.1	13.2	11.5 - 15.0
	\$50,000 or More	6.3	0.2 - 12.4	6.8	5.9 - 7.7
MARITAL STATUS	Married/Couple	13.3	7.4 - 19.3	12.9	11.9 - 14.0
	Not Married/Couple	27.1 *	16.9 - 37.2	15.5	14.2 - 16.8

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

# Health-Related Quality of Life

# Percentage of adults who had poor mental health on 14 or more of the past 30 days

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	17.9	12.1 - 23.7	12.7	11.9 - 13.6
SEX	Men	14.7	5.7 - 23.6	10.9	9.7 - 12.2
	Women	20.7	13.1 - 28.3	14.4	13.2 - 15.6
RACE/ETHNICITY	Non-Hisp. White	17.2	11.2 - 23.2	11.9	11.1 - 12.8
	Non-Hisp. Black	NA		14.7	11.7 - 17.6
	Hispanic	NA		13.1	10.6 - 15.7
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	15.8	5.6 - 26.0	9.7	8.6 - 10.9
	Non-Hisp. White Women	18.3	10.9 - 25.6	14.0	12.8 - 15.2
	Non-Hisp. Black Men	NA		14.8	9.8 - 19.7
	Non-Hisp. Black Women	NA		14.6	11.0 - 18.1
	Hispanic Men	NA		10.7	7.2 - 14.3
	Hispanic Women	NA		15.5	11.7 - 19.2
AGE GROUP	18-44	22.9	9.3 - 36.6	12.6	11.2 - 14.0
	45-64	18.7	10.7 - 26.7	16.0	14.2 - 17.7
	65 & Older	9.1	4.8 - 13.4	8.4	7.2 - 9.5
EDUCATION LEVEL	<high school<="" td=""><td>14.3</td><td>1.4 - 27.3</td><td>19.7</td><td>16.1 - 23.3</td></high>	14.3	1.4 - 27.3	19.7	16.1 - 23.3
	High School / GED	22.8	12.8 - 32.8	13.5	12.0 - 15.1
	>High School	14.7	6.8 - 22.6	10.4	9.5 - 11.3
ANNUAL INCOME	<\$25,000	19.4	10.4 - 28.3	20.1	18.2 - 22.0
	\$25,000-\$49,999	15.0	4.6 - 25.5	13.0	11.0 - 14.9
	\$50,000 or More	8.9	1.6 - 16.2	6.7	5.7 - 7.6
MARITAL STATUS	Married/Couple	13.3	6.4 - 20.3	10.5	9.4 - 11.5
	Not Married/Couple	24.4	14.5 - 34.2	15.4	13.9 - 16.8

# Average number of unhealthy physical days in the past 30 days

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	5.9	4.6 - 7.3	4.5	4.3 - 4.7
SEX	Men	5.7	3.4 - 8.0	4.2	3.8 - 4.5
	Women	6.2	4.7 - 7.7	4.8	4.5 - 5.1
RACE/ETHNICITY	Non-Hisp. White	6.8 *	5.2 - 8.4	4.5	4.2 - 4.7
	Non-Hisp. Black	NA		4.2	3.5 - 4.9
	Hispanic	NA		4.8	4.2 - 5.5
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	7.6 *	4.6 - 10.5	4.1	3.8 - 4.4
	Non-Hisp. White Women	6.2	4.5 - 7.9	4.8	4.5 - 5.1
	Non-Hisp. Black Men	NA		4.4	3.2 - 5.6
	Non-Hisp. Black Women	NA		4.1	3.4 - 4.8
	Hispanic Men	NA		3.9	3.1 - 4.7
	Hispanic Women	NA		5.7	4.7 - 6.8
AGE GROUP	18-44	4.3	1.7 - 6.8	3.4	3.0 - 3.7
	45-64	7.1	4.9 - 9.3	5.6	5.2 - 6.0
	65 & Older	6.6	4.8 - 8.4	5.1	4.8 - 5.4
EDUCATION LEVEL	<high school<="" th=""><th>6.6</th><th>2.8 - 10.5</th><th>7.4</th><th>6.4 - 8.3</th></high>	6.6	2.8 - 10.5	7.4	6.4 - 8.3
	High School / GED	6.0	4.2 - 7.7	4.7	4.3 - 5.1
	>High School	5.5	3.2 - 7.7	3.7	3.5 - 3.9
ANNUAL INCOME	<\$25,000	7.2	5.2 - 9.3	7.2	6.7 - 7.7
	\$25,000-\$49,999	5.0	2.5 - 7.6	4.2	3.8 - 4.7
	\$50,000 or More	2.2	0.9 - 3.4	2.5	2.3 - 2.7
MARITAL STATUS	Married/Couple	4.9	3.3 - 6.4	4.2	3.9 - 4.4
	Not Married/Couple	7.5	5.1 - 9.9	4.9	4.6 - 5.2

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

# Health-Related Quality of Life

#### Average number of unhealthy mental days in the past 30 days

			County	2013 State		
		Measure	95% CI	Measure	95% CI	
ALL	Overall	5.6	4.0 - 7.1	4.1	3.8 - 4.3	
SEX	Men	5.0	2.4 - 7.6	3.5	3.2 - 3.9	
	Women	6.1	4.0 - 8.1	4.6	4.3 - 4.9	
RACE/ETHNICITY	Non-Hisp. White	5.4	3.7 - 7.1	3.8	3.6 - 4.0	
	Non-Hisp. Black	NA		4.5	3.8 - 5.2	
	Hispanic	NA		4.4	3.7 - 5.1	
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	5.3	2.3 - 8.2	3.2	2.9 - 3.5	
	Non-Hisp. White Women	5.5	3.5 - 7.6	4.3	4.0 - 4.6	
	Non-Hisp. Black Men	NA		4.5	3.2 - 5.8	
	Non-Hisp. Black Women	NA		4.5	3.8 - 5.3	
	Hispanic Men	NA		3.5	2.5 - 4.5	
	Hispanic Women	NA		5.2	4.2 - 6.2	
AGE GROUP	18-44	7.6	3.7 - 11.5	4.2	3.9 - 4.6	
	45-64	5.7	3.5 - 7.9	4.9	4.4 - 5.4	
	65 & Older	2.5	1.4 - 3.6	2.6	2.3 - 2.9	
EDUCATION LEVEL	<high school<="" td=""><td>4.7</td><td>0.8 - 8.5</td><td>6.1</td><td>5.1 - 7.1</td></high>	4.7	0.8 - 8.5	6.1	5.1 - 7.1	
	High School / GED	6.7	4.0 - 9.5	4.2	3.8 - 4.6	
	>High School	4.9	2.6 - 7.1	3.5	3.2 - 3.7	
ANNUAL INCOME	<\$25,000	5.7	3.2 - 8.2	6.0	5.5 - 6.5	
	\$25,000-\$49,999	4.8	1.9 - 7.6	4.3	3.7 - 4.8	
	\$50,000 or More	3.3	1.1 - 5.4	2.4	2.1 - 2.6	
MARITAL STATUS	Married/Couple	4.3	2.3 - 6.3	3.3	3.0 - 3.6	
	Not Married/Couple	7.4	4.7 - 10.1	5.0	4.6 - 5.4	

# Health-Related Quality of Life

# Average number of days where poor mental or physical health interferred with activities of daily living in the past 30 days (Among adults who have had at least one day of poor mental or physical health)

		2013 ( Measure	County 95% Cl	2013 Measure	State 95% CI
ALL	Overall	6.5	4.8 - 8.3	5.1	4.8 - 5.4
SEX	Men	6.4	2.9 - 9.9	5.2	4.7 - 5.7
	Women	6.7	4.6 - 8.8	5.1	4.7 - 5.5
RACE/ETHNICITY	Non-Hisp. White	8.2 *	5.9 - 10.4	5.5	5.1 - 5.8
	Non-Hisp. Black	NA		3.8	3.2 - 4.4
	Hispanic	NA		5.1	4.2 - 6.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	9.3	5.3 - 13.3	5.5	4.9 - 6.0
	Non-Hisp. White Women	7.3	4.9 - 9.7	5.4	5.0 - 5.8
	Non-Hisp. Black Men	NA		3.6	2.8 - 4.4
	Non-Hisp. Black Women	NA		3.9	3.1 - 4.8
	Hispanic Men	NA		5.1	3.8 - 6.4
	Hispanic Women	NA		5.2	3.9 - 6.4
AGE GROUP	18-44	4.7	1.1 - 8.3	3.7	3.3 - 4.1
	45-64	8.7	5.6 - 11.8	6.8	6.1 - 7.4
	65 & Older	5.5	3.3 - 7.6	5.7	5.2 - 6.2
EDUCATION LEVEL	<high school<="" td=""><td>6.3</td><td>1.0 - 11.7</td><td>7.4</td><td>6.1 - 8.6</td></high>	6.3	1.0 - 11.7	7.4	6.1 - 8.6
	High School / GED	6.6	4.1 - 9.0	5.3	4.8 - 5.8
	>High School	6.7	3.7 - 9.6	4.3	4.0 - 4.6
ANNUAL INCOME	<\$25,000	8.0	5.2 - 10.8	7.7	7.1 - 8.4
	\$25,000-\$49,999	5.6	1.9 - 9.4	3.8	3.4 - 4.2
	\$50,000 or More	3.1	0.0 - 6.6	3.0	2.6 - 3.3
MARITAL STATUS	Married/Couple	4.8	2.4 - 7.3	4.8	4.4 - 5.2
	Not Married/Couple	9.1 *	6.0 - 12.1	5.5	5.0 - 5.9

# Health Care Access & Coverage

# Percentage of adults with any type of health care insurance coverage

			County		State
		Measure	95% CI	Measure	95% CI
ALL	Overall	73.5	66.1 - 80.8	77.1	76.0 - 78.2
SEX	Men	76.0	65.0 - 86.9	74.5	72.8 - 76.2
	Women	71.1	61.4 - 80.8	79.6	78.2 - 81.1
RACE/ETHNICITY	Non-Hisp. White	75.9 *	68.2 - 83.5	85.5	84.6 - 86.3
	Non-Hisp. Black	73.7	54.4 - 92.9	69.2	65.4 - 73.0
	Hispanic	NA		64.0	60.6 - 67.4
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	76.2	65.5 - 86.9	83.2	81.8 - 84.6
	Non-Hisp. White Women	75.6 *	64.8 - 86.4	87.6	86.5 - 88.6
	Non-Hisp. Black Men	NA		67.8	61.9 - 73.7
	Non-Hisp. Black Women	NA		70.4	65.5 - 75.4
	Hispanic Men	NA		59.7	54.6 - 64.7
	Hispanic Women	NA		68.1	63.6 - 72.6
AGE GROUP	18-44	63.0	45.8 - 80.1	66.5	64.4 - 68.5
	45-64	69.0	59.2 - 78.8	76.4	74.6 - 78.3
	65 & Older	95.4	89.4 -100.0	97.5	96.7 - 98.2
EDUCATION LEVEL	<high school<="" td=""><td>72.9</td><td>55.6 - 90.3</td><td>60.1</td><td>56.0 - 64.2</td></high>	72.9	55.6 - 90.3	60.1	56.0 - 64.2
	High School / GED	64.4	52.2 - 76.7	72.1	69.9 - 74.2
	>High School	84.3	75.9 - 92.7	84.7	83.5 - 85.8
ANNUAL INCOME	<\$25,000	58.0	46.0 - 70.0	61.2	58.9 - 63.6
	\$25,000-\$49,999	80.2	68.1 - 92.3	76.0	73.5 - 78.4
	\$50,000 or More	96.7	92.2 -100.0	92.6	91.5 - 93.8
MARITAL STATUS	Married/Couple	77.2	67.6 - 86.8	82.1	80.8 - 83.5
	Not Married/Couple	68.5	57.3 - 79.6	71.1	69.2 - 72.9

# Percentage of adults who have a personal doctor

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	78.5	71.7 - 85.4	73.2	72.1 - 74.4
SEX	Men	78.7	68.5 - 88.9	67.8	66.0 - 69.5
	Women	78.4	69.1 - 87.7	78.4	76.9 - 79.8
RACE/ETHNICITY	Non-Hisp. White	80.1	73.0 - 87.2	79.8	78.7 - 80.8
	Non-Hisp. Black	91.8 *	80.5 -100.0	71.8	68.2 - 75.4
	Hispanic	NA		59.7	56.2 - 63.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	80.2	70.7 - 89.7	75.1	73.3 - 76.8
	Non-Hisp. White Women	80.1	69.8 - 90.4	84.2	83.0 - 85.5
	Non-Hisp. Black Men	NA		67.4	61.7 - 73.0
	Non-Hisp. Black Women	NA		75.7	71.1 - 80.4
	Hispanic Men	NA		52.1	46.9 - 57.4
	Hispanic Women	NA		67.0	62.3 - 71.6
AGE GROUP	18-44	63.7	46.7 - 80.6	57.0	54.9 - 59.1
	45-64	80.8	72.8 - 88.7	78.0	76.2 - 79.9
	65 & Older	96.5	93.9 - 99.2	95.5	94.7 - 96.4
EDUCATION LEVEL	<high school<="" th=""><th>80.8 *</th><th>66.3 - 95.3</th><th>59.9</th><th>55.8 - 64.0</th></high>	80.8 *	66.3 - 95.3	59.9	55.8 - 64.0
	High School / GED	72.8	60.7 - 84.9	71.2	69.0 - 73.4
	>High School	83.0	74.4 - 91.6	78.0	76.8 - 79.3
ANNUAL INCOME	<\$25,000	71.2	59.8 - 82.6	61.7	59.3 - 64.0
	\$25,000-\$49,999	88.3 *	78.3 - 98.4	73.2	70.7 - 75.7
	\$50,000 or More	84.3	72.4 - 96.2	85.1	83.7 - 86.5
MARITAL STATUS	Married/Couple	82.0	73.3 - 90.7	79.1	77.7 - 80.5
	Not Married/Couple	73.3	62.4 - 84.2	66.5	64.6 - 68.3

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

# Health Care Access & Coverage

# Percentage of adults who could not see a doctor in the past year due to cost

		2013	County	2013	State
		Measure	95% CI	Measure	95% CI
ALL	Overall	25.3	18.4 - 32.2	20.8	19.7 - 21.8
SEX	Men	20.4	10.7 - 30.1	18.3	16.9 - 19.8
	Women	30.0	20.6 - 39.4	23.1	21.5 - 24.6
RACE/ETHNICITY	Non-Hisp. White	24.2 *	16.9 - 31.6	14.7	13.8 - 15.5
	Non-Hisp. Black	NA		25.1	21.6 - 28.6
	Hispanic	NA		30.9	27.6 - 34.2
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	23.5	12.6 - 34.4	13.5	12.2 - 14.9
	Non-Hisp. White Women	24.8	14.8 - 34.8	15.7	14.5 - 16.9
	Non-Hisp. Black Men	NA		21.2	16.0 - 26.4
	Non-Hisp. Black Women	NA		28.5	23.9 - 33.2
	Hispanic Men	NA		26.4	22.2 - 30.6
	Hispanic Women	NA		35.2	30.4 - 40.1
AGE GROUP	18-44	32.1	16.3 - 47.9	27.6	25.6 - 29.6
	45-64	31.6	21.6 - 41.5	23.4	21.7 - 25.1
	65 & Older	6.4	2.4 - 10.4	4.9	4.0 - 5.8
EDUCATION LEVEL	<high school<="" td=""><td>22.5</td><td>7.3 - 37.6</td><td>30.0</td><td>26.3 - 33.7</td></high>	22.5	7.3 - 37.6	30.0	26.3 - 33.7
	High School / GED	29.7	18.1 - 41.3	22.4	20.3 - 24.5
	>High School	22.7	13.5 - 31.8	17.3	16.1 - 18.5
ANNUAL INCOME	<\$25,000	33.4	22.0 - 44.9	35.2	32.9 - 37.4
	\$25,000-\$49,999	29.4	15.6 - 43.3	21.3	19.1 - 23.5
	\$50,000 or More	8.4	1.5 - 15.3	8.9	7.5 - 10.3
MARITAL STATUS	Married/Couple	25.8	16.0 - 35.7	17.8	16.4 - 19.1
	Not Married/Couple	24.7	15.4 - 33.9	24.6	22.9 - 26.3

# Percentage of adults who had a medical checkup in the past year

		2013 Measure	County 95% Cl	2013 Measure	State 95% Cl
ALL	Overall	69.6	62.2 - 77.1	70.3	69.1 - 71.4
SEX	Men	70.0	58.3 - 81.7	65.6	63.8 - 67.3
	Women	69.3	60.1 - 78.5	74.7	73.2 - 76.1
RACE/ETHNICITY	Non-Hisp. White	67.6	59.7 - 75.5	73.0	71.9 - 74.1
	Non-Hisp. Black	83.4	65.0 -100.0	72.4	68.8 - 75.9
	Hispanic	NA		64.7	61.2 - 68.1
SEX BY RACE/ETHNICITY	Non-Hisp. White Men	67.3	55.3 - 79.3	69.9	68.1 - 71.6
	Non-Hisp. White Women	67.9	57.4 - 78.4	76.0	74.6 - 77.3
	Non-Hisp. Black Men	NA		67.4	61.8 - 73.1
	Non-Hisp. Black Women	NA		76.8	72.3 - 81.3
	Hispanic Men	NA		56.9	51.8 - 62.0
	Hispanic Women	NA		72.0	67.4 - 76.5
AGE GROUP	18-44	59.4	41.9 - 77.0	57.7	55.6 - 59.7
	45-64	65.3	55.4 - 75.1	71.6	69.7 - 73.5
	65 & Older	89.6	85.0 - 94.2	91.1	90.1 - 92.1
EDUCATION LEVEL	<high school<="" th=""><th>69.4</th><th>49.8 - 88.9</th><th>65.1</th><th>61.1 - 69.2</th></high>	69.4	49.8 - 88.9	65.1	61.1 - 69.2
	High School / GED	65.8	54.7 - 76.9	69.9	67.8 - 72.1
	>High School	74.1	64.5 - 83.7	72.0	70.6 - 73.3
ANNUAL INCOME	<\$25,000	59.7	47.8 - 71.6	64.6	62.3 - 66.9
	\$25,000-\$49,999	66.7	51.7 - 81.7	67.7	65.2 - 70.1
	\$50,000 or More	82.2	70.4 - 94.0	76.4	74.7 - 78.1
MARITAL STATUS	Married/Couple	70.3	60.1 - 80.6	74.6	73.2 - 76.0
	Not Married/Couple	68.4	57.8 - 79.0	65.0	63.2 - 66.9

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant. CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

	GLOSSARY
A1C	Medical test that sums up how much glucose has been sticking to the hemoglobin molucule in the bloostream during the past three to four months.
Activities of Daily Living	Usual activities, such as self-care, work, or recreation.
Adult	Individual aged 18 years or older.
Aerobic Recommendations*	Performance of at least 150 minutes of moderate aerobic activity or 75 minutes of vigorous aerobic activity per week in the past 30 days.
Angina	Most common symptom of coronary artery disease (CAD); chest pain of discomfort that occurs if an area of the heart muscle does not get enough oxygen-rich blood.
Arthritis	Joint inflammation; term used in the public health field to describe more than 100 rheumatic diseases and conditions that affect joints, the tissue which surround the joint, and other connective tissue; pattern, severity, and location of symptoms can vary.
Asthma	Disease that affects the lungs; causes repeated episodes of wheezing, breathlessness, chest tightness, and nighttime or early morning coughing.
Binge Drinking*	For women, consumption of 4 or more drinks during a single occasion i the past 30 days; for men, consumption of 5 or more drinks during a single occasion in the past 30 days.
Blood Glucose	Also called blood sugar; refers to the level of glucose, the main sugar the body makes from the food we eat, that is found in the bloodstream.
Blood Pressure	The force of the blood against the artery walls; two levels of blood pressure measured, the highest, or systolic, occurs when the heart pumps blood into the blood vessels, and the lowest, or diastolic, occurs when the heart rests.
Blood Sugar	See Blood Glucose
Body Mass Index (BMI)	Body Mass Index (BMI) is a number calculated from a person's height and weight; provides a reliable indicator of body fatness for most people used to screen for weight categories that may lead to health problems.
Cancer	General name for a group of diseases; when cells in a part of the body begin to grow out of control, forming new, abnormal cells and sometime invading (growing into) other tissues.
Cholesterol	A substance the body uses to produce hormones, vitamin D, and food- digesting acids. Too much cholesterol in the blood over an extended period can increase the risk of coronary heart disease, heart attack, or angina.
Chronic Bronchitis	A long-term condition in which the airways that carry air to the lungs become inflammed and produce too much mucus, making it difficult to get air into and out of the lungs.
Chronic Diseases	Diseases of long duration and generally slow progression (e.g., heart disease; stroke; cancer; diabetes); represent the leading causes of mortality worldwide.
Chronic Obstructive Pulmonary Disease (COPD)	Term that refers to a group of diseases that cause airflow blockage and breathing-related problems, including emphysema and chronic bronchit
Coronary Heart Disease (CHD)	See Coronary Artery Disease (CAD)
Current Smoker*	Combination of everyday smoker and some day smoker.

GLOSSARY	
Depressive Disorders	Mental illnesses characterized by a profound and persistent feeling of sadness or despair and/or a loss of interest in things that once were pleasurable; disturbance in sleep, appetite, and mental processes are a common accompaniment.
Diabetes	General term for diabetes mellitus; disease in which the blood glucose levels are above normal.
Emphysema	Long-term, progressive disease of the lungs that primarily causes shortness of breath; tissues necessary to support the physical shape and function of the lungs are destroyed. See also Chronic Obstructive Pulmonary Disease (COPD)
Everday Smoker*	Adults who reported smoking at least 100 cigarettes in their lifetime and reported smoking everyday now.
Exercise	See Physical Activity
Fibromyalgia	A musculoskeletal condition causing widespread muscle and joint pain and fatigue.
Flu	Contagious respiratory illness caused by influenza viruses; can cause mild to severe illness, and at times can lead to death.
Flu Shot	Influenza vaccine; an inactivated vaccine (containing killed virus) that is given with a needle, usually in the arm. The flu vaccine can also be administered as an attenuated vaccine (containing weakened, live virus by a spray, mist, or drop in the nose called FluMist <sup>™</sup> .
Former Smoker	Adults who reported smoking at least 100 cigarettes in their lifetime but reported not smoking now.
Gout	A form of arthritis caused by too much uric acid in the blood that causes pain, stiffness, and swelling of a joint.
Health Behavior	An action taken by a person to maintain, attain, or regain good health and to prevent illness.
Health Care Coverage	Example: health insurance, pre-paid plans such as HMO's, government plans such as Medicare.
Health Care Provider	A person who by education, training, certification, or licensure is qualifient to and is engaged in providing health care to patients (e.g., medical doctor; nurse practitioner; physician assistant; registered nurse).
Health Risk Behavior	An action taken by a person that is associated with higher than average rates of morbidity or mortality (e.g., lack of physical activity; poor nutrition; tobacco use; excessive alcohol consumption).
Healthy Weight	Having a body mass index (BMI) ranging from 18.5 to 24.9; BMI is calculated using self-reported height and weight.
Heart Attack	Most commonly caused by coronary artery disease (CAD); occurs when a section of the heart muscle dies or gets damaged because of reduced blood supply.
Heavy Drinking*	For women, consumption of more than 1 drink per day on average in th past 30 days; for men, consumption of more than 2 drinks per day on average in the past 30 days.
High Blood Cholesterol	Condition where there is too much cholesterol in the blood for an extended period of time; increases the risk of coronary heart disease, heart attack, or angina.
High Blood Pressure	Condition where the blood circulates through the arteries with too much force; tires the heart, harms the arteries, and increases the risk of heart attack, stroke, and kidney problems.

GLOSSARY		
Hispanic	Adults of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race; self-reported demographic variable.	
HIV	Human immunodeficiency virus (HIV) damages a person's body by destroying immune system cells, which are crucial to helping the body fight diseases; can lead to acquired immune deficiency syndrome (AIDS).	
Hypertension	See High Blood Pressure	
Hysterectomy	An operation to remove the uterus (womb) in women.	
Inactive*	No leisure-time physical activity, performance of aerobic activity for less than 10 minutes at a time, or performance of only non-aerobic activities in the past 30 days.	
Influenza	See Flu	
Insufficiently Active*	Performance of less than 150 minutes of moderate aerobic activity or 75 minutes of vigorous aerobic activity per week in the past 30 days.	
Kidney Disease	Also called renal disease; general term for any damage that reduces the functioning of the kidney.	
Lupus	A chronic inflammatory disease resulting from an attack by the body's own immune system.	
Mammogram	Mammography is the process of using low-energy X-rays to examine the human breast; this test is ordered to detect tumors and differentiate between benign and malignant disease.	
Mental Health	A state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community.	
Muscle Strengthening Recommendations*	Performance of muscle-strengthening activities, such as activities using body weight, weight machines, free weights, or elastic bands, at least two times per week in the past 30 days.	
Never Smoked*	Adults who reported smoking less than 100 cigarettes in their lifetime.	
Non-Hispanic Black	Adults not of Hispanic culture or origins reporting membership in only the Black race category; self-reported demographic variable.	
Non-Hispanic White	Adults not of Hispanic culture or origins reporting membership in only the White race category; self-reported demographic variable.	
Non-smoker*	Combination of former smoker and never smoked.	
Obese	Having a body mass index (BMI) that is greater than or equal to 30.0; BMI is calculated using self-reported height and weight.	
Obesity	A condition characterized by being obese.	
Overweight	Having a body mass index (BMI) ranging from 25.0 to 29.9; BMI is calculated using self-reported height and weight.	
Pap Test	A cervical cancer screening test in which surface cells from the cervix are examined for cancer or pre-cancer characteristics.	
Personal Doctor	A health care provider that an adult identifies as their personal health care provider.	
Pneumococcal Vaccination	Vaccine given with a needle, usually in the arm, to prevent pneumoccocal pneumonia.	
Pneumonia	Infection of the lungs, usually caused by bacteria or viruses, that can cause mild to severe illness.	

# 2013 Florida Behavioral Risk Factor Surveillance System Data

GLOSSARY	
Poor Mental Health	Adults who report that their mental health, which includes stress, depression, and problems with emotions, was not good on 14 or more of the previous 30 days.
Poor Physical Health	Adults who report that their physical health, which includes physical illness and injury, was not good on 14 or more of the previous 30 days.
Race/Ethnicity	A measure that combines an adult's ethnicity status (Hispanic/non- Hispanic) and race status (e.g., white; black; other); self-reported demographic variable.
Routine Checkup	A general physical exam; does not include exams conducted for a specific injury, illness, or condition.
Sedentary*	Participating in no leisure-time physical activity in the past 30 days.
Sex	The condition or character of being male or female; self-reported demographic variable.
Sigmoidoscopy/Colonoscopy	Exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems.
Smoking	Inhalation of the smoke (gases and hydrocarbon vapors) generated by slowly burning tobacco.
Some Day Smoking*	Adults who reported smoking at least 100 cigarettes in their lifetime and reported smoking some days now.
Stool Blood Test	A test that may use a special kit at home to determine whether the stool contains blood.
Stroke	Sometimes called a brain attack; occurs when a clot blocks the blood supply to the brain or when a blood vessel in the brain bursts.
Tetanus	A bacterial infection that affects the central nervous system and can result in painful muscle spasms, stiff jaw, and potentially death.
Tetanus Shot	Tetanus vaccine; vaccine given with a needle, usually in the shoulder muscle; a booster tetanus vaccine should be received every ten years.

# 2013 Florida Behavioral Risk Factor Surveillance System Data

# **Healthy People 2020 Objectives**

# **Alcohol Consumption**

SA-14. Reduce the proportion of persons engaging in binge drinking of alcoholic beverages

SA-15. Reduce the proportion of adults who drank excessively in the previous 30 days

# Arthritis

AOCBC-2. Reduce the proportion of adults with doctor-diagnosed arthritis who experience a limitation in activity due to arthritis or joint symptoms

# Asthma

RD-6. Increase the proportion of persons with current asthma who receive formal patient education

RD-7. Increase the proportion of persons with current asthma who receive appropriate asthma care according to National Asthma Education and Prevention Program (NAEPP) guidelines

# Cancer Screening

C-15. Increase the proportion of women who receive a cervical cancer screening based on the most recent guidelines

C-16. Increase the proportion of adults who receive a colorectal cancer screening based on the most recent guidelines

C-17. Increase the proportion of women who receive a breast cancer screening based on the most recent guidelines

# **Cardiovascular Disease**

HDS-1. (Developmental) Increase overall cardiovascular health in the U.S. population

HDS-2. Reduce coronary heart disease deaths

HDS-3. Reduce stroke deaths

# **Cholesterol Awareness**

HDS-7. Reduce the proportion of adults with high total blood cholesterol levels

# Diabetes

D-1. Reduce the annual number of new cases of diagnosed diabetes in the population

D-5. Improve glycemic control among the population with diagnosed diabetes

- D-9. Increase the proportion of adults with diabetes who have at least an annual foot examination
- D-10. Increase the proportion of adults with diabetes who have an annual dilated eye examination

D-11. Increase the proportion of adults with diabetes who have a glycosylated hemoglobin (A1C) measurement at least twice a year

D-13. Increase the proportion of adults with diabetes who perform self-blood glucose-monitoring at least once daily

D-14. Increase the proportion of persons with diagnosed diabetes who receive formal diabetes education

# Disability

DH-13. (Developmental) Increase the proportion of people with disabilities who participate in social, spiritual, recreational, community, and civic activities to the degree that they wish

# Healthy People 2020 Objectives

# Health Care Access & Coverage

AHS-1. Increase the proportion of persons with medical insurance

AHS-3. Increase the proportion of persons with a usual primary care provider

AHS-6. Reduce the proportion of individuals who are unable to obtain or delay in obtaining necessary medical care, dental care, or prescription medicines

# Health-Related Quality of Life

HRQOL/WB-1.1. Increase the proportion of adults who self-report good or better physical health

HRQOL/WB-1.2. Increase the proportion of adults who self-report good or better mental health

# **HIV/AIDS Screening**

HIV-14. Increase the proportion of adolescents and adults who have been tested for HIV in the past 12 months

HIV-14.1. Increase the proportion of adolescents and adults who have ever been tested for HIV

# Hypertension Awareness

HDS-5. Reduce the proportion of persons in the population with hypertension

# Immunization

IID-12.12. Increase the percentage of children and adults who are vaccinated annually against seasonal influenza

IID-13. Increase the percentage of adults who are vaccinated against pneumococcal disease

IID-13.1. Increase the percentage of noninstitutionalized adults aged 65 years and older who are vaccinated against pneumococcal disease

# Injury Prevention

IVP-15. Increase use of safety belts in motor vehicles

# **Overweight & Obesity**

NWS-8. Increase the proportion of adults who are at a healthy weight

NWS-9. Reduce the proportion of adults who are obese

# **Physical Activity & Nutrition**

PA-1. Reduce the proportion of adults who engage in no leisure-time physical activity

PA-2. Increase the proportion of adults who meet current federal physical activity guidelines for aerobic physical activity and for muscle-strengthening activity

# **Tobacco Use & Exposure**

TU-1. Reduce tobacco smoking by adults

TU-4. Increase smoking cessation attempts by adult smokers

# **Vision Impairment**

V-5. Reduce visual impairment

The Healthy People 2020 objectives listed in this appendix are directly or indirectly related to the data presented.



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