



Indwelling Urinary Catheter Insertion Checklist

Action	Compliant	Non-compliant
Perform hand hygiene.		
Properly position the patient in the supine position.		
Open the catheterization tray while taking care to maintain the sterility of the contents and create a sterile field.		
Place absorbent sheet under buttocks with the plastic side down (if placement is difficult, perform hand hygiene before continuing with the procedure).		
Don sterile gloves (wear while handling equipment and for the duration of the procedure).		
Place the fenestrated drape over the perineum.		
Arrange contents of catheterization kit for use on the sterile field: <ul style="list-style-type: none"> - Pour iodine solution over cotton balls; and - Expel some lubricant into the tray or onto the sterile field. 		
Cleanse the urethral meatus: <ul style="list-style-type: none"> -With less dominant hand, handle the penis/labia (hand now considered non- sterile). -With dominant hand, use the forceps to grasp iodine saturated cotton balls and cleanse the meatus. 		
With dominant hand, lubricate tip of catheter using lubricant in the tray or sterile field.		
With dominant hand place the tip of the catheter into the meatus and advance it slowly and gently (NEVER force the catheter). <ul style="list-style-type: none"> -For males, advance the catheter to the level of the side channel. -For females, advance the catheter until you see urine flow into the collecting tube, then advance 1/2 inch to 1 inch more. 		
Confirm proper placement by observing the flow of urine into the collecting tube.		
Inflate retention balloon with 10mL of sterile water.		
Gently pull back the catheter to seat the retention balloon against the bladder wall.		
Secure the collection tubing to the medial thigh using tape or a securement device.		
Place collection bag below the level of the bladder.		