



Eliminate CAUTI: **One infection at a Time**

Appropriate Indications: Does this patient need the catheter?

- Ensure patient meets appropriate indications for catheter use and document reason.
- Consider alternatives to indwelling urethral catheterization.

Hand hygiene: It starts with the hands.

- Sanitize hands thoroughly with an alcohol-based hand rub or soap and water before and after catheter insertion or manipulation.

Insertion Technique: Pay attention to detail.

- Use sterile equipment including, sterile gloves, drape, sponges, and appropriate antiseptic solution.
- Use aseptic technique to insert catheter. If aseptic technique is broken, replace catheter and collecting system aseptically with sterile equipment.
- Use a single-use packet of lubricant jelly for insertion for each patient.
- Secure catheter to prevent movement and urethral traction.

Catheter maintenance: Keep it neat.

- Keep collection bag below level of the bladder at all times.
- Check tubing frequently for kinking.
- Keep drainage bag off the floor.
- Empty the collecting bag regularly.
- Maintain a closed-drainage system.

Catheter care: Keep it clean.

- Perform perineal care daily and after each bowel movement.

Catheter removal: Get it out!

- Assess patient daily for catheter need.
- Take steps to remove catheter when patient no longer meets indications.