



# Child Care Food Program Day Care Home Fact Sheet

*Vision: To be the **Healthiest State** in the Nation!*



The Child Care Food Program provides reimbursement for nutritious meals and snacks served to children in child care settings. This program is funded by the U.S. Department of Agriculture and is administered in Florida by the Department of Health, Bureau of Child Care Food Programs.

## Eligibility Requirements

- Family day care homes participating must be licensed by the appropriate child care licensing authority.
- Family day care homes must operate under the auspices of a sponsoring organization that contracts with the Department.

## Funding

The Child Care Food Program will reimburse up to two meals and one snack or two snacks and one meal per child, per day.

- Reimbursable meals and snacks may be served to eligible children 12 years of age and younger; migrant children may be served through age 15 and children with disabilities may be served regardless of their age if the majority of the persons being served are 18 or under.
- Reimbursement is determined by the number of eligible enrolled participants who are served creditable meals, and the current reimbursement rates set by the U.S. Department of Agriculture.
- Meals served to children are reimbursed at two different rates:
  - Tier I (Breakfast \$1.65, Lunch or Supper 3.12, Snack \$.93);
  - Tier II (Breakfast \$0.59, Lunch or Supper \$1.88, Snack \$.25).
- Sponsors also receive an administrative payment based on the number of homes they sponsor (ranges from \$75 - \$142 per home).

## Record Keeping Requirements

Programs must keep enrollment records, daily meal counts, and menus to qualify for reimbursement.

## Nutrition Requirements

Meals and snacks served to children must meet specific U.S. Department of Agriculture meal pattern requirements.

To qualify for reimbursement, meals and snacks must include, at a minimum, food components in amounts specified by age.

Meals must contain:

- Fluid milk
- Fruit
- Vegetable
- Grain
- Meat and meat alternates

A sample menu is provided on the reverse side.

## For further information, telephone or write to:

Florida Department of Health  
Division of Community Health Promotion  
Bureau of Child Care Food Programs  
4052 Bald Cypress Way, Bin #A-17  
Tallahassee, FL 32399-1727  
Phone: 850.245.4323 Fax: 850.414.1622  
Email: [ccfp@flhealth.gov](mailto:ccfp@flhealth.gov)  
[www.FloridaHealth.gov/CCFP](http://www.FloridaHealth.gov/CCFP)

## Child Care Food Program Sample Day Care Home Menu

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for the different age groups.  
Children age 1 must be served unflavored whole milk. Children ages 2-5 must be served unflavored lowfat (1%) or fat-free (skim) milk.  
Children 6 years old and older must be served unflavored or flavored lowfat milk (1%) or fat-free (skim) milk.

|                        | <b>Monday</b>   | <b>Tuesday</b>  | <b>Wednesday</b>   | <b>Thursday</b>   | <b>Friday</b>   |
|------------------------|---|---|--|---|---|
| <b>Breakfast</b>       | Cinnamon raisin bagel<br><i>Cream cheese</i><br>Peaches<br>Milk                         | WG waffle<br>Applesauce<br>Turkey sausage<br>Milk                 | WG Cheerios<br>Banana<br>Milk  | Egg and cheese biscuit<br>Strawberry slices<br>Milk                           | WG English Muffin<br><i>Butter</i><br>Orange wedges<br>Milk   |
| <b>Lunch or Supper</b> | Baked chicken<br>Mashed potatoes<br>WG roll<br>Broccoli<br>Seasonal fresh fruit<br>Milk | *Vegetable lasagna<br>Garlic bread<br>Green peas<br>Pears<br>Milk | Pork tenderloin<br>Egg noodles<br>Sweet potato<br>Mixed vegetables<br>Milk | *Bean and Cheese<br>quesadilla<br>WG tortilla<br>Corn<br>Apple slices<br>Milk | *Breaded Fish<br>WG bun<br>Mixed greens salad<br>(Spinach, Romaine, Tomato, Cucumber)<br><i>Italian dressing</i><br>Roasted potato wedges<br>Milk |
| <b>Snack</b>           | Mandarin oranges<br>String cheese   | Grape juice<br>Pretzels   | Bell pepper strips<br><i>Ranch dressing</i><br>Cheese crackers             | Yogurt<br>Pineapple tidbits   | Corn muffin<br>Milk   |

\*Requires a Child Nutrition Label, Product Formulation Statement, or standardized recipe

When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: Water is NOT a creditable food item)

At least one serving of grains per day, across all eating occasions, must be 100% whole grain or whole grain-rich. Menus must clearly identify the whole grain or whole grain-rich item (e.g. "WG bread" or "WGR crackers").

Note: Additional sample menus can be found on our website: [www.FloridaHealth.gov/ccfp](http://www.FloridaHealth.gov/ccfp)

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: [USDA Program Discrimination Complaint Form](https://www.usda.gov/program-discrimination-complaint-form), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
- (2) fax: (833) 256-1665 or (202)690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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