

Attachment 2 Cycle Menu B No Pork

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for age groups specified in this contract.

Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Between a child's first and second birthday, whole milk is strongly recommended. After age 2, it is required that lowfat (1%) or fat free milk be served.

Please Note: Obvious pork sources have been omitted such as ham, sausage, and pork patties. Food product labels or manufacturer information may be requested regarding pork content of foods.

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Pineapple Tidbits Whole Wheat Toast <i>Butter</i> Scrambled Egg/*Egg Patty Milk	Pears Honey Nut Scooters Cereal Milk	Apple Slices Cinnamon Raisin Bagel <i>Cream Cheese</i> Milk	Orange Juice Bran Flakes Cereal Banana Muffin Milk	Banana Whole Wheat French Toast <i>Syrup</i> Milk
Lunch/ Supper	Turkey Whole Wheat Roll <i>Butter</i> Green Beans Sweet Potatoes Applesauce Milk	*Lasagna (with Ground Turkey or Beef) Italian Bread Tossed Salad (Lettuce, Tomato, Cucumber) <i>Lowfat Ranch Dressing</i> Fruit Salad Milk	Oven Fried Chicken Whole Wheat Roll <i>Butter</i> Peas & Carrots Peaches Milk	*Breaded Fish <i>Ketchup</i> Cornbread Broccoli Fresh Orange Slices Milk	Tacos (with Soft Whole Grain Tortilla, Turkey, Chicken or Beef) Shredded Cheese Shredded Lettuce and Diced Tomato <i>Mild Salsa</i> Mexican Corn Seasonal Fresh Fruit (cantaloupe, honeydew, strawberries, or watermelon) Milk
Snack	Oatmeal Cookie Milk	Assorted Whole Grain Crackers Tuna Salad	Celery Sticks Peanut Butter Plain Graham Crackers	Pretzels (soft or thin) Milk	Fruit Cocktail Yogurt <i>Flavored 4 oz cup</i>

*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe (e.g.: 1 svg. beefaroni = 1.5 oz meat/meat alternate for 1-5 year olds and 2 oz for 6-12 year olds). *Caterer must supply this documentation to institution/facility.*

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Effective FFY 2015-2016

Cycle Menu B No Pork (Continued)

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Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Apples Whole Grain Raisin Bread (1 slice; plain, no icing) Butter Milk	Mandarin Oranges Cheerios Cereal Milk	Blended 100% Juice Biscuit Butter & Jelly Milk	Fresh Orange Wedges Whole Grain English Muffin Butter & Jelly Milk	Seasonal Fresh Fruit (cantaloupe, honeydew, strawberries, or watermelon) Kix Cereal Milk
Lunch/ Supper	*Macaroni & Cheese Broccoli Black Eyed Peas Tropical Mixed Fruit Milk	*Chicken Nuggets Barbecue Sauce Whole Grain Roll Mashed Potatoes Peas & Carrots Milk	*Ravioli Garlic Bread (1 slice) Spinach Fruit Cocktail Milk	Cheeseburger on Whole Wheat Bun Mustard, Mayo, Ketchup Lettuce, Tomato, Pickle Baked Sweet Potato Fries Banana Milk	Sliced Turkey & Cheese Sandwich (whole grain bread) Mayo & Mustard Lettuce, Tomato & Pickle Mixed Vegetables Pears Milk
Snack	Plain Graham Crackers Milk	Whole Grain Muffin Applesauce	Peanut Butter & Jelly Sandwich (Whole Wheat Bread) Milk	Animal Crackers Milk	Cheese Slice Carrots

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Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Mandarin Oranges Crispy Rice Cereal Whole Grain Muffin Milk	Fruit Cocktail Whole Grain English Muffin <i>Peanut Butter & Jelly</i> Milk	Cantaloupe Cubes Life Cereal Milk	Banana Whole Grain Waffle <i>Syrup</i> Milk	Seasonal Fresh Fruit (cantaloupe, honeydew, strawberries, or watermelon) Cheese Toast (Whole Wheat Bread, 1 slice) Milk
Lunch/Supper	*Sloppy Joe Whole Grain Bun Mixed Vegetables Peaches Milk	Barbecue Chicken Rice Italian Green Beans Tomato Slices Pears Milk	Turkey and Cheese Sandwich on Whole Wheat Bread <i>Mayo & Mustard</i> Bell Pepper Strips Pineapple Milk	*Spaghetti & Meat Sauce (with Ground Turkey or Beef) Italian Bread Spinach Salad with Chickpeas <i>Lowfat French Dressing</i> Applesauce Milk	*Fish Sticks Whole Grain Roll Coleslaw Tropical Mixed Fruit Milk
Snack	Granola Bar Milk	Assorted Whole Grain Crackers Orange Juice	Apple Slices Yogurt <i>Flavored 4 oz cup</i>	Cheese Slice Soft Whole Wheat Tortilla	Fresh Broccoli and Cauliflower Florets <i>Cheese Sauce</i> Cheese Crackers

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Week Four	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Orange Juice Wheat Chex Cereal Whole Grain Raisin Bread (plain, no icing) Butter Milk	Pears Blueberry Muffin Milk	Orange Wedges Whole Wheat French Toast Syrup Milk	Apple Slices Whole Grain Bagel Peanut Butter & Jelly Milk	Hash Brown Potatoes *Egg & Cheese Biscuit Milk
Lunch/ Supper	*Breaded Chicken Patty Gravy Biscuit Steamed Carrots Lima Beans Tropical Mixed Fruit Milk	*Turkey Tetrizzini Whole Wheat Roll Butter Broccoli Pineapple Tidbits Milk	*Beef and Bean Burrito Spinach Salad (Spinach, Tomato, Cucumber) Low-fat Dressing Seasonal Fresh Fruit (cantaloupe, honeydew, strawberries, or watermelon) Milk	*Chicken and Vegetable Stir Fry Brown Rice Banana Milk	Hamburger Patty with Cheese Bun Lettuce, Tomato, Pickle Mustard & Ketchup Baked Beans Fruit Salad Milk
Snack	Whole Grain Fish Shaped Crackers (1 serv. = 20 grams for all ages) Applesauce	Soft Whole Wheat Tortilla Cheese Slice	Hard Boiled Egg (1/2 Egg) Saltine Crackers	Green/Red Pepper Strips Bean Dip	Turkey (sliced) Assorted Whole Grain Crackers Milk

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Week Five	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Grape Juice Shredded Wheat Cereal Banana Bread Milk	Applesauce Cinnamon Toast (1 slice; whole wheat bread) Milk	Peaches English Muffin <i>Peanut Butter & Jelly</i> Milk	Cantaloupe Cubes Whole Wheat Toast <i>Butter & Jelly</i> Boiled Egg Milk	Banana Whole Grain Waffles <i>Syrup</i> Milk
Lunch/ Supper	Turkey Roast <i>Gravy</i> Whole Wheat Roll <i>Butter</i> Mashed Potatoes Mixed Vegetables Pears Milk	Black Eyed Peas (at least 3/8 c ages 1-5 and ½ c ages 6-12) Macaroni & Cheese Roll Broccoli Pineapple Tidbits Milk	* Chicken and Broccoli Alfredo Green Beans Fruit Cocktail Milk	*Salisbury Steak <i>Gravy</i> Cornbread <i>Butter</i> Winter Squash (acorn or butternut) Green Peas Apple Slices Milk	*Cheese Pizza (whole grain crust) Corn Spinach Salad (Spinach, Tomato, Cucumber) <i>Lowfat French Dressing</i> Peaches Milk
Snack	Vanilla Wafers Milk	Whole Grain Pita Bread Cheese Slice	Assorted Whole Grain Crackers Carrot Sticks <i>Lowfat Ranch Dressing</i>	Plain Graham Crackers Yogurt <i>Flavored 4 oz.</i>	Orange Slices Raisin Bread (1 slice; plain, no icing) <i>Butter</i>

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