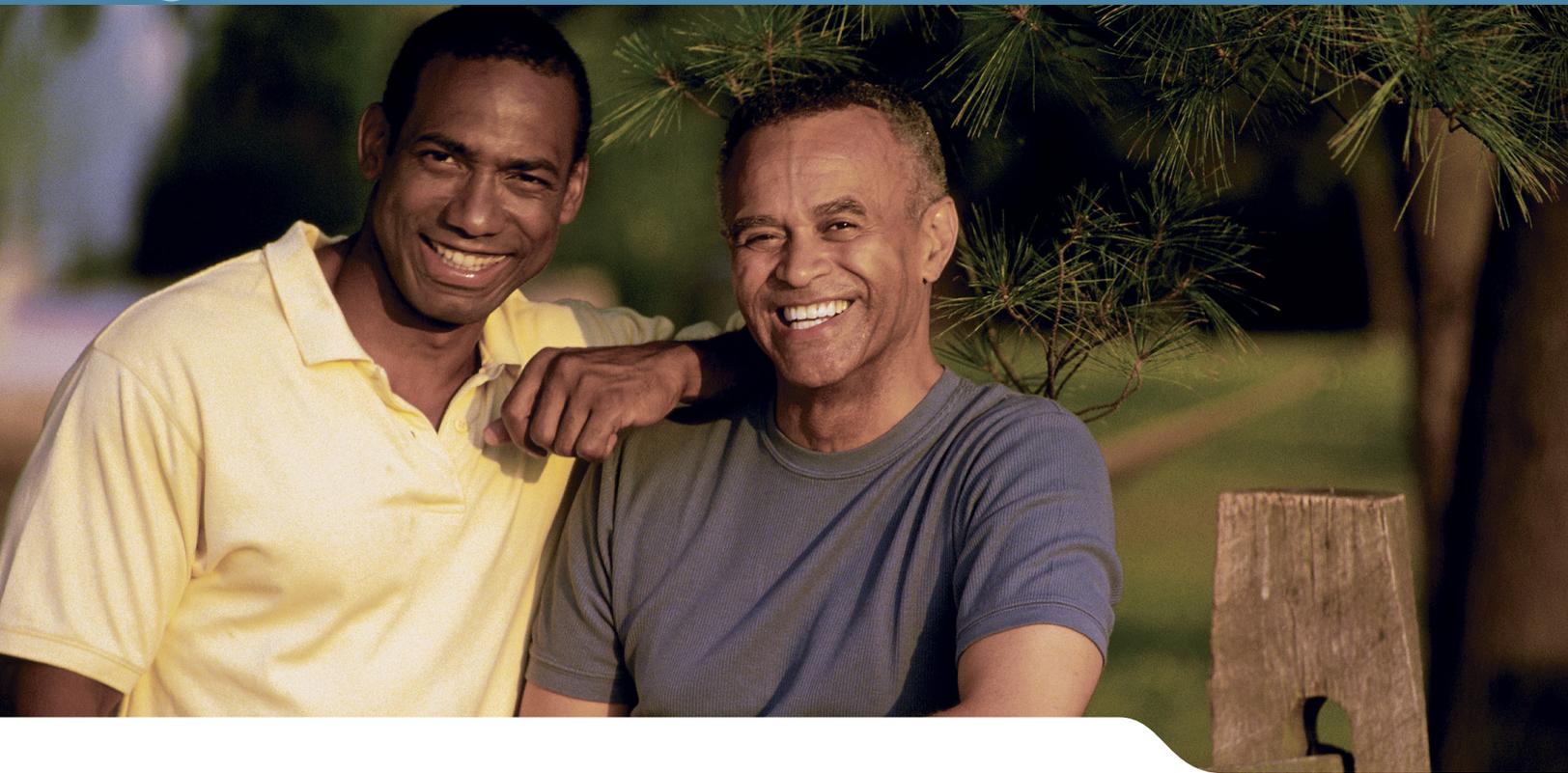


# Vaccines Are Not Just for Kids.



## Adults Need Protection Through Vaccination Too!

Complications from typical childhood diseases can be more severe in adults. Check with your health care provider and make sure you are up-to-date.

### The following vaccines are recommended for adults over 19 years of age:

- Tetanus-Diphtheria-Pertussis: One dose of tetanus-diphtheria-pertussis (Tdap) vaccine and tetanus-diphtheria (Td) booster every 10 years.
- Human Papillomavirus: The 3 dose human papillomavirus (HPV) vaccine series at 11 through 26 years of age.
- Measles-Mumps-Rubella: One dose of measles-mumps-rubella (MMR) vaccine for all adults born after 1956 if not receive when younger or not had the diseases.
- Varicella: Two doses of varicella (chickenpox) vaccine for all adults if not received when younger or not had chickenpox.

- Influenza: Annual vaccination against seasonal influenza.
- Pneumococcal: One dose of pneumococcal polysaccharide (PPSV23) vaccine for all adults 65 years of age or older or with certain chronic healthy conditions.
- Herpes Zoster: A single dose of zoster (shingles) vaccine for adults 60 years of age or older, regardless of whether they report a prior episode of herpes zoster (VZV).

### The following immunizations are also recommended for some adults:

Adults should get the following vaccinations if they did not receive all recommended doses when younger:

- Hepatitis A
- Hepatitis B
- Meningococcal (MCV4)

FOR MORE INFORMATION, CALL 850-245-4342 OR VISIT [WWW.IMMUNIZEFLORIDA.ORG](http://WWW.IMMUNIZEFLORIDA.ORG).



Immunizing Florida. Protecting Health.