



# Visiting Another Country? Protect Your Family.



## Think Measles

Measles is a serious viral disease that is easily spread through the air by breathing, coughing, or sneezing.

### Before You Travel

Talk with your health care provider if you are planning an international trip. Measles is common in many countries worldwide, with outbreaks reported in Europe, Africa, and Asia. Infants 6 months through 11 months of age should have at least one dose of measles-containing vaccine prior to travel. Children 12 months of age or older should have two doses, separated by at least 28 days. Adults should review their vaccination records to ensure they are up-to-date.

### After You Travel

Call your health care provider if anyone gets a fever and rash within 3 weeks of returning from your trip. Describe your symptoms and where you traveled.

FOR MORE INFORMATION, CALL 850-245-4342 OR VISIT [WWW.IMMUNIZEFLORIDA.ORG](http://WWW.IMMUNIZEFLORIDA.ORG).

FOR INFORMATION REGARDING INTERNATIONAL TRAVEL, VISIT [WWW.CDC.GOV/TRAVEL](http://WWW.CDC.GOV/TRAVEL).



Immunizing Florida. Protecting Health.