

Prevalence of Major Behavioral Risk Factors in Glades County

A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Glades County, 610 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Glades County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State						
			%	CI		%	CI	
All	10,576	15,982,378	21.5	10.9	32.0	42.3	21.8	62.8
Sex								
Men	54.9%	48.8%	13.8	3.5	24.2	33.7	6.8	60.5
Women	45.1%	51.2%	32.5	19.3	45.6	55.8	42.2	69.5
Race/ethnicity								
NH White	68.6%	65.4%	25.6	14.7	36.6	42.1	18.6	65.7
NH Black	10.5%	14.2%	30.1	17.0	43.2	64.9	45.8	84.1
Hispanic	15.1%	16.8%	27.8	9.3	46.3	.	.	.
Race/ethnicity-Sex								
NH White men	35.6%	31.9%	18.9	6.5	31.3	31.9	3.1	60.7
NH White women	33.0%	33.6%	32.7	17.7	47.8	59.6	44.2	75.0
NH Black men	6.9%	6.8%
NH Black women	3.5%	7.4%	23.6	8.5	38.7	.	.	.
Hispanic men	9.4%	8.4%
Hispanic women	5.6%	8.4%
Age								
18-44	34.6%	36.9%	7.5	0.0	15.3	33.0	6.0	60.0
45-64	24.5%	22.7%	26.2	16.5	35.9	55.2	39.6	70.8
65 and older	18.8%	17.6%	41.8	23.3	60.4	.	.	.
Marital Status								
Never married	18.7%	22.5%	2.3	0.0	6.1	13.1	0.0	34.6
Married/ living together as a couple	57.3%	53.7%	20.8	9.3	32.2	59.5	47.5	71.5
Divorced/ widowed/separated	24.0%	23.8%	39.5	14.0	65.0	33.1	15.9	50.2
Education								
0-11 years	30.2%	20.1%	14.1	0.0	30.7	59.0	29.8	88.1
HS Grad/GED	36.8%	28.7%	31.9	16.5	47.3	56.3	41.3	71.3
1 or more years of college	33.0%	51.1%	17.3	5.5	29.1	29.6	3.2	56.0
Employment								
Employed for wages	43.3%	54.9%	9.1	1.6	16.7	42.3	21.8	62.8
Household Income								
\$24,999 or less	39.2%	30.8%	29.7	2.8	56.7	41.7	24.4	58.9
\$25,000 – 49,999	33.6%	31.6%	16.6	6.7	26.5	45.4	28.6	62.2
\$50,000 or more	27.2%	37.6%	11.5	0.0	24.0	34.9	0.0	71.4

*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity ⁽¹⁾			No regular vigorous physical activity ⁽²⁾		
	%	CI		%	CI		%	CI	
All	24.5	13.3	35.8	43.9	26.0	61.7	61.3	37.4	85.2
Sex									
Men	18.9	5.6	32.1	32.1	10.2	54.0	45.4	15.1	75.7
Women	32.7	20.0	45.4	60.5	50.4	70.7	83.8	76.4	91.3
Race/ethnicity									
NH White	26.8	15.9	37.7	51.5	36.3	66.7	73.3	53.8	92.8
NH Black	55.3	39.3	71.2	77.2	65.3	89.0	95.9	91.0	100.0
Hispanic	46.5	27.1	65.8	59.2	37.8	80.6	73.2	50.0	96.3
Race/ethnicity-Sex									
NH White men	24.1	9.7	38.5	44.6	20.3	68.8	63.0	30.4	95.7
NH White women	29.8	14.7	44.8	58.6	46.8	70.4	83.9	75.7	92.1
NH Black men
NH Black women	61.4	39.3	83.5	83.2	69.7	96.8	95.2	87.9	100.0
Hispanic men
Hispanic women
Age									
18-44	12.7	1.5	24.0	25.4	3.6	47.3	36.1	5.6	66.6
45-64	31.5	21.2	41.8	62.2	52.0	72.4	78.5	68.7	88.3
65 and older	38.0	19.1	56.9	57.1	41.5	72.6	88.6	81.5	95.6
Marital Status									
Never married	13.4	0.0	33.8	19.6	0.0	48.7	23.5	0.0	58.3
Married/ living together as a couple	21.9	10.2	33.5	43.6	21.6	65.6	61.3	31.1	91.5
Divorced/ widowed/separated	44.6	21.0	68.2	64.2	47.4	81.0	90.8	85.1	96.4
Education									
0-11 years	25.0	0.0	53.8	31.3	0.0	67.0	39.9	0.0	84.8
HS Grad/GED	35.4	21.0	49.7	60.1	48.1	72.1	83.8	75.5	92.1
1 or more years of college	13.2	4.0	22.3	38.1	15.6	60.5	56.6	24.6	88.6
Employment									
Employed for wages	16.2	4.5	27.9	36.2	11.9	60.5	44.9	15.1	74.6
Household Income									
\$24,999 or less	28.0	2.5	53.6	40.9	6.5	75.3	50.8	9.2	92.5
\$25,000 – 49,999	30.2	19.7	40.7	52.9	41.4	64.3	89.2	83.4	95.0
\$50,000 or more	11.0	0.0	22.7	31.6	3.0	60.3	38.9	4.5	73.3
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight ⁽³⁾			Obese ⁽⁴⁾			Less than 5-A-Day ⁽⁵⁾		
	%	CI		%	CI		%	CI	
All	28.7	16.7	40.7	35.3	12.6	57.9	75.1	58.8	91.4
Sex									
Men	27.4	8.7	46.2	42.0	6.8	77.2	76.6	49.5	100.0
Women	30.5	21.7	39.3	25.5	17.6	33.5	72.8	64.6	81.1
Race/ethnicity									
NH White	34.1	23.0	45.2	21.2	13.6	28.8	68.2	50.2	86.1
NH Black	43.2	27.1	59.3	40.2	25.4	55.0	75.4	59.6	91.1
Hispanic	28.3	12.2	44.5	23.6	9.5	37.7	85.8	74.4	97.3
Race/ethnicity-Sex									
NH White men	38.6	17.5	59.6	18.2	7.0	29.4	64.5	32.4	96.6
NH White women	29.3	19.4	39.1	24.4	15.5	33.4	72.1	62.6	81.5
NH Black men
NH Black women	45.7	24.0	67.4	34.6	16.2	53.0	72.4	50.0	94.8
Hispanic men
Hispanic women
Age									
18-44	15.3	1.7	28.9	46.6	3.7	89.4	72.0	37.0	100.0
45-64	43.8	32.2	55.4	27.5	19.1	35.9	78.6	69.7	87.4
65 and older	36.2	22.3	50.1	23.4	12.0	34.9	76.5	66.5	86.6
Marital Status									
Never married	11.7	0.0	30.4	4.0	0.0	10.3	27.7	0.0	68.3
Married/ living together as a couple	30.6	14.7	46.4	45.5	19.1	71.8	83.0	73.7	92.4
Divorced/ widowed/separated	34.2	17.8	50.5	17.4	8.4	26.3	78.5	67.1	90.0
Education									
0-11 years	13.4	0.0	29.4	70.2	36.3	100.0	93.7	86.1	100.0
HS Grad/GED	36.5	25.2	47.8	24.0	15.2	32.7	81.2	72.9	89.4
1 or more years of college	33.7	13.7	53.6	16.7	6.0	27.3	53.1	24.3	82.0
Employment									
Employed for wages	20.1	6.0	34.3	44.2	9.4	79.0	73.4	45.8	100.0
Household Income									
\$24,999 or less	20.8	2.7	38.9	53.1	14.5	91.7	87.5	76.2	98.7
\$25,000 – 49,999	33.5	23.1	44.0	38.8	27.2	50.3	80.5	72.1	88.8
\$50,000 or more	29.1	2.3	55.9	9.8	0.1	19.5	42.2	5.3	79.0

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker ⁽⁶⁾			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking ⁽⁷⁾		
	%	CI		%	CI		%	CI	
All	35.5	12.8	58.2	72.5	45.5	99.5	10.2	5.1	15.2
Sex									
Men	38.6	2.0	75.2	84.2	59.1	100.0	12.9	3.3	22.4
Women	30.9	21.4	40.4	51.2	34.1	68.3	6.3	2.7	9.9
Race/ethnicity									
NH White	23.8	15.1	32.5	47.1	31.9	62.2	11.4	6.1	16.6
NH Black	20.3	8.0	32.6	.	.	.	19.1	3.4	34.9
Hispanic	9.4	2.0	16.9	.	.	.	15.9	3.6	28.1
Race/ethnicity-Sex									
NH White men	14.0	4.2	23.9	37.9	10.9	65.0	16.6	5.6	27.6
NH White women	34.2	23.1	45.4	51.1	33.1	69.0	5.8	2.1	9.5
NH Black men
NH Black women	12.8	0.0	27.2	.	.	.	12.6	0.0	35.7
Hispanic men
Hispanic women
Age									
18-44	51.1	10.3	92.0	86.9	66.1	100.0	4.6	0.0	9.2
45-64	33.8	22.9	44.6	43.4	23.4	63.4	16.8	8.5	25.1
65 and older	8.0	3.7	12.4	49.7	25.4	74.0	12.8	4.8	20.7
Marital Status									
Never married	12.8	0.0	33.0	.	.	.	3.3	0.0	8.5
Married/ living together as a couple	42.5	14.8	70.2	78.9	53.3	100.0	10.3	3.8	16.7
Divorced/ widowed/separated	24.3	11.8	36.7	34.0	17.9	50.1	14.4	5.2	23.5
Education									
0-11 years	72.4	40.9	100.0	88.3	67.4	100.0	8.5	0.0	19.3
HS Grad/GED	24.1	14.5	33.7	59.4	39.3	79.5	11.7	4.7	18.6
1 or more years of college	15.2	5.0	25.5	28.4	8.2	48.5	10.1	3.1	17.2
Employment									
Employed for wages	46.2	12.1	80.2	74.5	41.0	100.0	10.3	2.2	18.3
Household Income									
\$24,999 or less	55.8	19.0	92.5	92.8	81.6	100.0	8.1	0.2	16.0
\$25,000 – 49,999	19.7	12.2	27.1	23.5	8.2	38.8	17.3	8.5	26.1
\$50,000 or more	24.2	1.1	47.3	.	.	.	7.7	0.0	16.6

Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
All	31.7	8.1	55.3	18.7	10.5	26.9	22.4	0.0	48.4
Sex									
Men	38.2	1.5	75.0	15.7	4.6	26.8	29.7	0.0	70.1
Women	22.1	14.3	30.0	23.1	15.1	31.1	11.9	6.0	17.7
Race/ethnicity									
NH White	14.7	8.4	21.1	19.6	12.2	27.0	5.6	2.3	8.9
NH Black	25.1	12.2	38.0	18.1	6.4	29.8	15.1	3.5	26.7
Hispanic	56.3	36.5	76.2	61.4	42.1	80.8	17.3	0.0	35.5
Race/ethnicity-Sex									
NH White men	11.9	3.1	20.6	17.4	6.4	28.3	1.6	0.2	3.0
NH White women	17.8	9.5	26.1	22.0	12.9	31.0	9.8	3.9	15.8
NH Black men
NH Black women	28.3	10.5	46.1	14.2	0.8	27.5	17.3	1.0	33.6
Hispanic men
Hispanic women
Age									
18-44	51.2	10.5	92.0	19.1	2.4	35.9	43.3	0.0	87.7
45-64	24.9	15.5	34.3	24.7	15.1	34.3	7.7	3.4	12.1
65 and older	3.6	0.0	7.4	10.5	4.6	16.5	1.1	0.0	2.4
Marital Status									
Never married	9.4	0.0	25.1	17.7	0.0	44.6	3.3	0.0	9.1
Married/ living together as a couple	39.7	10.7	68.6	19.1	8.6	29.5	29.7	0.0	63.0
Divorced/ widowed/separated	16.0	5.9	26.2	17.5	6.9	28.1	7.2	0.4	14.1
Education									
0-11 years	67.3	30.2	100.0	12.9	0.0	27.9	60.2	15.3	100.0
HS Grad/GED	21.1	12.4	29.7	23.9	14.7	33.1	5.3	0.9	9.8
1 or more years of college	11.7	2.9	20.5	18.1	5.9	30.3	7.3	1.4	13.2
Employment									
Employed for wages	43.3	8.2	78.5	17.4	5.1	29.6	32.6	0.0	72.2
Household Income									
\$24,999 or less	59.1	24.7	93.4	18.3	2.2	34.4	46.9	3.8	90.1
\$25,000 – 49,999	14.5	5.5	23.5	26.1	16.1	36.0	7.6	2.0	13.1
\$50,000 or more	4.3	0.0	11.0	10.3	0.0	21.5	2.5	0.0	7.1

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
All	55.0	34.3	75.7	45.7	24.3	67.2	54.9	31.7	78.1
Sex									
Men	43.2	12.6	73.8	61.2	35.2	87.2	43.8	9.5	78.1
Women	72.0	63.8	80.2	23.5	16.0	31.0	71.2	61.8	80.5
Race/ethnicity									
NH White	68.5	58.0	79.0	34.9	17.0	52.9	71.1	60.2	82.1
NH Black	61.3	46.1	76.5	21.1	5.4	36.9	45.2	27.5	63.0
Hispanic	36.5	16.7	56.3	44.1	24.9	63.3	36.8	14.6	59.0
Race/ethnicity-Sex									
NH White men	62.4	41.6	83.2	47.7	19.9	75.5	68.9	48.6	89.2
NH White women	75.0	66.2	83.7	21.6	13.5	29.7	73.4	63.2	83.6
NH Black men
NH Black women	74.4	57.7	91.1	23.7	0.9	46.4	.	.	.
Hispanic men
Hispanic women
Age									
18-44	47.3	7.2	87.5	77.6	58.2	97.0	47.4	6.2	88.6
45-64	64.6	53.9	75.4	23.9	13.2	34.7	64.7	53.5	76.0
65 and older	57.7	42.1	73.3	9.4	2.7	16.1	60.1	42.0	78.2
Marital Status									
Never married	82.9	56.7	100.0	81.8	54.7	100.0	85.1	60.3	100.0
Married/ living together as a couple	48.0	24.4	71.5	46.3	20.0	72.7	47.3	21.0	73.5
Divorced/ widowed/separated	62.3	44.2	80.4	13.5	4.8	22.2	61.5	40.7	82.2
Education									
0-11 years	15.8	0.0	34.4	65.4	26.3	100.0	11.1	0.0	26.3
HS Grad/GED	63.7	52.6	74.9	18.5	11.0	26.0	62.6	49.9	75.3
1 or more years of college	79.8	67.0	92.6	55.2	29.9	80.4	82.7	70.9	94.4
Employment									
Employed for wages	49.2	16.8	81.7	63.4	38.9	87.9	50.2	14.7	85.6
Household Income									
\$24,999 or less	30.3	3.2	57.4	53.0	12.9	93.2	27.9	0.0	57.4
\$25,000 – 49,999	58.2	46.5	70.0	22.1	14.1	30.2	60.7	48.3	73.1
\$50,000 or more	92.8	85.5	100.0	66.4	36.4	96.5	86.8	73.0	100.0
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
All	45.3	24.7	65.8	86.2	74.1	98.2	17.4	9.5	25.4
Sex									
Men	46.9	13.4	80.3	91.0	78.9	100.0	11.1	2.8	19.4
Women	42.9	30.9	54.9	78.6	63.2	93.9	26.5	17.5	35.5
Race/ethnicity									
NH White	33.8	22.0	45.6	80.0	68.6	91.5	21.6	13.5	29.7
NH Black	45.2	29.4	61.1	.	.	.	29.0	12.8	45.2
Hispanic	34.6	12.7	56.6	.	.	.	10.2	2.3	18.2
Race/ethnicity-Sex									
NH White men	24.0	10.4	37.6	80.0	66.1	94.0	16.3	5.8	26.7
NH White women	44.3	30.7	57.8	80.1	63.7	96.4	27.2	16.9	37.5
NH Black men
NH Black women	45.7	24.2	67.2	.	.	.	34.7	11.9	57.6
Hispanic men
Hispanic women
Age									
18-44	43.9	0.0	88.0	.	.	.	11.7	0.4	23.1
45-64	35.1	25.4	44.8	75.2	61.0	89.5	24.0	15.5	32.6
65 and older	59.9	45.1	74.7	91.8	82.4	100.0	20.9	10.5	31.3
Marital Status									
Never married	6.8	0.0	18.4	.	.	.	1.2	0.0	3.4
Married/ living together as a couple	50.7	26.7	74.8	87.1	72.9	100.0	20.8	9.2	32.3
Divorced/ widowed/separated	52.9	32.1	73.8	90.2	80.5	99.9	16.7	7.0	26.3
Education									
0-11 years	68.9	33.4	100.0	97.4	92.4	100.0	9.5	0.0	20.9
HS Grad/GED	45.6	32.0	59.2	81.1	66.4	95.8	22.2	12.7	31.6
1 or more years of college	24.4	9.6	39.2	68.0	48.6	87.5	19.8	6.7	32.9
Employment									
Employed for wages	41.4	5.4	77.3	88.7	71.4	100.0	13.0	3.2	22.9
Household Income									
\$24,999 or less	69.0	42.9	95.1	93.5	84.1	100.0	13.8	1.5	26.0
\$25,000 – 49,999	35.0	24.2	45.8	84.2	68.0	100.0	23.2	13.0	33.4
\$50,000 or more	17.6	0.7	34.6	.	.	.	14.2	0.0	29.0

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
All	90.1	84.9	95.3	96.1	93.7	98.4	31.9	17.1	46.6
Sex									
Men	93.8	88.4	99.2	97.0	94.3	99.7	25.9	6.4	45.3
Women	84.8	77.6	91.9	94.6	91.2	98.1	41.3	29.8	52.8
Race/ethnicity									
NH White	89.8	84.5	95.1	95.0	92.4	97.7	40.3	26.4	54.2
NH Black	82.1	71.4	92.7	97.4	93.6	100.0	37.5	18.5	56.5
Hispanic	70.0	50.3	89.7	94.0	86.6	100.0	20.2	6.3	34.2
Race/ethnicity-Sex									
NH White men	93.2	86.9	99.4	95.7	92.3	99.1	38.0	15.5	60.5
NH White women	86.2	78.4	94.0	94.2	90.3	98.2	42.9	29.6	56.1
NH Black men
NH Black women	81.9	68.2	95.6
Hispanic men
Hispanic women
Age									
18-44	84.8	70.8	98.8	95.4	90.0	100.0	5.8	0.0	12.6
45-64	91.0	84.3	97.7	95.3	92.6	97.9	52.9	41.0	64.8
65 and older	98.9	97.7	100.0	97.9	95.7	100.0	51.4	33.7	69.1
Marital Status									
Never married	90.1	73.5	100.0
Married/ living together as a couple	88.4	81.1	95.7	97.6	95.8	99.3	35.7	15.1	56.2
Divorced/ widowed/separated	97.2	94.8	99.7	90.7	82.9	98.6	34.3	16.9	51.7
Education									
0-11 years	88.2	73.7	100.0	98.4	95.6	100.0	17.4	0.0	40.7
HS Grad/GED	85.4	77.2	93.6	94.1	90.8	97.4	35.5	23.4	47.7
1 or more years of college	96.6	92.9	100.0	96.0	92.0	99.9	40.4	15.9	65.0
Employment									
Employed for wages	90.5	83.0	97.9	94.9	90.5	99.4	17.9	3.6	32.3
Household Income									
\$24,999 or less	90.1	80.3	99.9	97.7	94.9	100.0	20.8	0.9	40.8
\$25,000 – 49,999	92.3	87.5	97.1	92.0	86.2	97.8	54.6	42.7	66.4
\$50,000 or more	91.1	80.0	100.0	97.0	93.4	100.0	27.1	0.0	55.1

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
All	6.8	3.1	10.6	68.6	49.2	88.0	9.8	4.8	14.7
Sex									
Men	2.9	0.0	6.1	.	.	.	8.9	1.8	15.9
Women	12.5	6.6	18.4	61.7	37.6	85.7	11.1	5.5	16.6
Race/ethnicity									
NH White	8.6	4.2	12.9	72.4	51.4	93.4	11.0	5.9	16.1
NH Black	10.0	1.3	18.8	.	.	.	20.1	7.9	32.3
Hispanic	3.1	0.0	7.1	.	.	.	15.0	0.0	32.8
Race/ethnicity-Sex									
NH White men	4.4	0.0	8.9	.	.	.	12.6	3.6	21.5
NH White women	13.0	6.1	19.8	66.6	39.8	93.4	9.4	3.8	15.0
NH Black men
NH Black women	12.6	0.2	25.0	.	.	.	18.9	2.8	35.0
Hispanic men
Hispanic women
Age									
18-44	5.1	0.0	11.1	.	.	.	3.3	0.0	7.9
45-64	10.0	4.5	15.4	.	.	.	10.9	6.3	15.6
65 and older	6.4	0.9	11.8	.	.	.	20.8	9.8	31.8
Marital Status									
Never married	2.2	0.0	5.8	.	.	.	2.8	0.0	8.2
Married/ living together as a couple	7.4	2.3	12.5	73.3	49.2	97.4	10.4	3.8	17.1
Divorced/ widowed/separated	8.3	2.3	14.2	.	.	.	12.4	5.2	19.6
Education									
0-11 years	4.8	0.0	10.9	.	.	.	8.1	0.0	18.7
HS Grad/GED	7.4	1.9	12.9	.	.	.	12.6	5.7	19.6
1 or more years of college	8.0	1.3	14.7	.	.	.	8.4	2.0	14.8
Employment									
Employed for wages	5.2	0.2	10.3	.	.	.	5.0	0.2	9.8
Household Income									
\$24,999 or less	5.8	0.3	11.4	.	.	.	10.4	0.8	20.1
\$25,000 – 49,999	11.7	3.1	20.3	.	.	.	16.3	6.0	26.6
\$50,000 or more	1.6	0.0	3.5	.	.	.	3.6	0.0	8.5

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
All	14.3	7.8	20.9	19.5	11.0	28.0	19.1	10.6	27.6
Sex									
Men	9.4	2.2	16.7	12.6	3.3	21.8	12.3	3.1	21.5
Women	21.4	14.2	28.5	29.3	20.7	37.9	28.8	19.9	37.6
Race/ethnicity									
NH White	17.0	10.5	23.4	20.5	13.1	28.0	21.8	13.8	29.9
NH Black	26.2	9.3	43.2	57.0	41.7	72.3	36.3	19.8	52.8
Hispanic	17.6	5.7	29.5	39.2	19.3	59.1	31.1	14.3	48.0
Race/ethnicity-Sex									
NH White men	13.8	4.7	22.9	14.8	5.3	24.3	16.8	6.0	27.6
NH White women	20.3	12.4	28.2	26.5	17.1	35.9	27.0	17.2	36.9
NH Black men
NH Black women	30.3	5.9	54.7	59.5	39.5	79.6	41.4	18.6	64.1
Hispanic men
Hispanic women
Age									
18-44	7.7	0.1	15.4	9.9	0.7	19.1	12.1	0.7	23.6
45-64	21.0	13.6	28.4	27.5	18.8	36.2	27.3	18.3	36.4
65 and older	19.3	9.9	28.8	28.5	16.5	40.6	23.1	12.4	33.7
Marital Status									
Never married	7.8	0.0	20.9	6.9	0.0	18.2	5.2	0.0	13.8
Married/ living together as a couple	14.3	6.1	22.5	21.2	9.7	32.7	21.3	9.6	33.1
Divorced/ widowed/separated	19.7	9.0	30.4	22.3	10.9	33.8	21.0	9.9	32.0
Education									
0-11 years	8.6	0.0	19.2	14.2	0.0	30.9	15.0	0.0	32.9
HS Grad/GED	15.7	9.0	22.3	27.2	17.5	36.8	24.6	15.2	33.9
1 or more years of college	18.2	6.1	30.4	16.3	5.5	27.0	17.1	5.6	28.5
Employment									
Employed for wages	9.9	2.1	17.8	11.9	2.9	20.8	12.3	2.9	21.6
Household Income									
\$24,999 or less	11.4	1.4	21.5	18.3	2.6	34.1	14.8	1.8	27.9
\$25,000 – 49,999	23.1	12.8	33.5	28.0	17.9	38.2	27.4	16.5	38.2
\$50,000 or more	14.2	0.0	28.8	17.1	0.0	34.3	15.6	0.0	31.5

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
All	41.5	20.1	63.0	3.0	1.4	4.7	42.3	20.5	64.1
Sex									
Men	47.8	14.7	81.0	2.8	0.3	5.2	49.3	16.0	82.6
Women	32.4	19.6	45.2	3.4	1.8	4.9	32.0	18.8	45.3
Race/ethnicity									
NH White	30.4	19.0	41.9	3.2	1.5	4.9	32.3	20.3	44.4
NH Black	40.2	24.2	56.2	9.0	2.8	15.2	26.5	9.7	43.2
Hispanic	15.0	3.1	26.8	4.7	0.0	10.3	8.4	0.7	16.1
Race/ethnicity-Sex									
NH White men	27.6	11.6	43.6	3.7	0.5	6.9	30.7	12.7	48.6
NH White women	33.4	18.8	48.1	2.7	1.1	4.2	34.1	19.2	49.0
NH Black men
NH Black women	34.7	12.7	56.6	11.0	2.1	19.9	29.8	6.0	53.6
Hispanic men
Hispanic women
Age									
18-44	42.0	0.0	87.2	1.6	0.0	3.9	40.5	0.0	87.8
45-64	23.1	14.6	31.6	2.7	0.9	4.4	25.3	14.7	35.9
65 and older	62.1	48.2	76.1	6.1	2.9	9.2	64.9	51.5	78.3
Marital Status									
Never married	2.9	0.0	7.9	0.3	0.0	1.2	2.7	0.0	7.6
Married/ living together as a couple	46.9	21.2	72.7	3.1	0.9	5.2	46.8	20.2	73.4
Divorced/ widowed/separated	49.2	27.0	71.3	4.7	1.5	7.9	55.2	34.9	75.5
Education									
0-11 years	68.7	32.9	100.0	2.6	0.0	5.8	73.1	41.9	100.0
HS Grad/GED	37.0	22.4	51.6	3.5	0.8	6.2	38.2	23.2	53.2
1 or more years of college	22.8	9.0	36.7	2.9	0.7	5.2	19.9	7.2	32.6
Employment									
Employed for wages	36.6	0.0	74.5	2.0	0.0	4.0	38.1	0.0	76.4
Household Income									
\$24,999 or less	68.9	43.0	94.8	2.8	0.1	5.5	70.3	44.8	95.8
\$25,000 – 49,999	35.8	24.5	47.2	3.6	0.0	7.6	33.4	22.2	44.5
\$50,000 or more	8.4	0.0	17.0	0.9	0.0	2.3	5.9	0.0	13.1

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
All	80.9	73.4	88.5	97.2	94.9	99.5	85.9	79.1	92.7
Sex									
Men
Women	80.9	73.4	88.5	97.2	94.9	99.5	85.9	79.1	92.7
Race/ethnicity									
NH White	83.4	75.7	91.2	96.9	94.1	99.8	86.2	78.9	93.4
NH Black	.	.	.	98.2	94.4	100.0	.	.	.
Hispanic
Race/ethnicity-Sex									
NH White men
NH White women	83.4	75.7	91.2	96.9	94.1	99.8	86.2	78.9	93.4
NH Black men
NH Black women	.	.	.	98.2	94.4	100.0	.	.	.
Hispanic men
Hispanic women
Age									
18-44	.	.	.	98.6	96.9	100.0	90.5	81.2	99.9
45-64	78.8	68.8	88.9	96.7	92.7	100.0	81.3	67.3	95.3
65 and older	89.2	80.9	97.4	94.3	84.9	100.0	81.9	69.6	94.2
Marital Status									
Never married
Married/ living together as a couple	79.6	71.0	88.1	98.4	96.4	100.0	84.8	75.6	94.0
Divorced/ widowed/separated	85.2	72.5	97.8	95.6	88.3	100.0	89.4	80.8	97.9
Education									
0-11 years	61.7	44.8	78.6	93.1	84.4	100.0	78.2	64.2	92.2
HS Grad/GED	83.0	70.9	95.2	99.7	99.0	100.0	90.6	81.1	100.0
1 or more years of college	88.9	82.3	95.5	96.0	90.7	100.0	82.9	70.1	95.8
Employment									
Employed for wages	62.2	44.8	79.5	97.3	94.4	100.0	82.8	70.6	95.0
Household Income									
\$24,999 or less	84.8	73.7	95.9	94.9	88.8	100.0	89.3	81.9	96.8
\$25,000 – 49,999	82.4	72.5	92.2	98.7	96.2	100.0	89.1	79.9	98.3
\$50,000 or more	79.5	54.7	100.0	99.8	99.3	100.0	86.7	67.9	100.0

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
All	40.3	30.9	49.8	24.8	17.3	32.3	46.8	36.6	57.0
Sex									
Men	46.4	33.9	58.8	30.6	19.3	41.8	54.5	42.1	66.9
Women	34.5	21.5	47.5	19.1	10.2	27.9	39.3	25.0	53.6
Race/ethnicity									
NH White	40.1	29.9	50.2	23.1	15.5	30.6	45.2	34.3	56.1
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	45.8	32.4	59.2	28.3	16.8	39.7	53.0	39.5	66.5
NH White women	34.6	20.6	48.6	18.1	9.1	27.2	37.8	22.8	52.9
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44
45-64	36.7	25.4	48.0	20.6	11.5	29.7	44.6	32.3	57.0
65 and older	43.8	28.2	59.3	28.7	16.5	40.9	48.8	32.2	65.4
Marital Status									
Never married
Married/ living together as a couple	42.4	32.2	52.6	25.9	17.1	34.8	51.9	41.4	62.4
Divorced/ widowed/separated	35.1	15.4	54.8	21.0	7.8	34.2	35.9	16.3	55.5
Education									
0-11 years	27.9	12.1	43.6	16.1	3.6	28.5	65.6	49.8	81.4
HS Grad/GED	39.8	24.0	55.7	26.6	13.9	39.4	33.4	19.6	47.1
1 or more years of college	49.3	35.6	63.0	27.6	16.0	39.2	56.0	42.6	69.5
Employment									
Employed for wages	39.4	21.8	57.0	24.3	8.6	40.1	37.9	20.2	55.7
Household Income									
\$24,999 or less	31.2	16.3	46.0	19.9	8.8	31.0	41.0	22.1	60.0
\$25,000 – 49,999	44.3	29.5	59.2	24.2	11.9	36.5	44.5	29.7	59.4
\$50,000 or more	54.2	30.2	78.3	34.5	12.0	57.0	44.3	20.8	67.9

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
All		40.5	16.2	64.8	39.2	7.6	70.9	7.3	2.5	12.1
Sex	Men	37.4	0.0	75.9	24.5	0.0	59.0	3.1	0.0	6.4
	Women	45.3	35.2	55.4	61.1	42.9	79.2	13.9	7.1	20.7
Race/ethnicity	NH White	52.6	32.9	72.4	34.9	1.6	68.3	5.7	1.4	10.0
	NH Black	61.9	46.1	77.7	.	.	.	26.6	13.0	40.1
	Hispanic	47.1	25.6	68.5	.	.	.	39.0	18.2	59.8
Race/ethnicity-Sex	NH White men	63.9	34.4	93.4	21.2	0.0	54.5	2.6	0.0	5.5
	NH White women	41.0	29.5	52.4	60.4	38.7	82.1	8.9	1.7	16.0
	NH Black men
	NH Black women	57.7	37.2	78.3	.	.	.	36.0	16.8	55.1
	Hispanic men
	Hispanic women
Age	18-44	45.4	5.5	85.3	32.4	0.0	66.1	8.1	0.2	16.1
	45-64	32.2	22.0	42.5	64.9	47.6	82.3	6.0	2.8	9.2
	65 and older
Marital Status	Never married	85.4	62.2	100.0	.	.	.	4.8	0.0	13.1
	Married/ living together as a couple	28.9	9.6	48.1	66.5	49.8	83.2	6.0	1.1	10.9
	Divorced/ widowed/A80separated	49.9	34.4	65.5	68.2	48.0	88.4	23.5	8.0	39.1
Education	0-11 years	18.5	0.0	44.4	.	.	.	5.4	0.0	13.1
	HS Grad/GED	41.2	28.9	53.4	61.4	38.7	84.1	12.5	4.6	20.4
	1 or more years of college	61.6	33.2	90.0	21.0	0.0	50.9	5.2	0.0	10.9
Employment	Employed for wages	42.4	10.1	74.7	30.8	0.1	61.5	5.1	0.7	9.4
Household Income	\$24,999 or less	19.9	0.0	43.2	80.5	59.2	100.0	11.3	0.0	25.2
	\$25,000 – 49,999	38.9	26.1	51.7	31.0	14.0	48.0	12.4	3.5	21.4
	\$50,000 or more	71.2	42.5	99.8

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:
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