

Prevalence of Major Behavioral Risk Factors in Jefferson County

A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Jefferson County, 498 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Jefferson County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State						
			%	CI		%	CI	
All	12,902	15,982,378	20.5	16.2	24.8	63.8	57.1	70.4
Sex								
Men	51.0%	48.8%	14.9	9.6	20.3	54.7	44.6	64.7
Women	49.0%	51.2%	24.3	18.0	30.6	71.6	63.1	80.0
Race/ethnicity								
NH White	58.3%	65.4%	15.6	11.4	19.8	64.3	56.6	71.9
NH Black	38.0%	14.2%	27.2	18.1	36.4	63.8	50.7	76.8
Hispanic	2.2%	16.8%
Race/ethnicity-Sex								
NH White men	29.6%	31.9%	15.5	9.4	21.7	59.1	48.2	70.0
NH White women	28.7%	33.6%	15.6	9.8	21.4	72.2	62.6	81.8
NH Black men	19.1%	6.8%
NH Black women	18.9%	7.4%	32.4	21.2	43.7	70.8	56.7	84.9
Hispanic men	1.5%	8.4%
Hispanic women	0.7%	8.4%
Age								
18-44	37.1%	36.9%	8.3	3.9	12.7	60.4	51.0	69.8
45-64	25.7%	22.7%	25.2	18.0	32.4	70.3	60.8	79.8
65 and older	14.5%	17.6%	41.1	29.5	52.8	.	.	.
Marital Status								
Never married	23.8%	22.5%	18.1	7.9	28.3	74.3	59.2	89.4
Married/ living together as a couple	51.8%	53.7%	16.0	11.0	21.0	62.6	54.4	70.8
Divorced/ widowed/separated	24.4%	23.8%	36.3	25.7	46.9	53.9	36.6	71.1
Education								
0-11 years	26.8%	20.1%	44.8	30.7	58.8	.	.	.
HS Grad/GED	32.2%	28.7%	16.2	10.4	22.0	56.4	44.9	67.8
1 or more years of college	40.9%	51.1%	14.5	9.1	19.9	75.5	68.0	83.0
Employment								
Employed for wages	53.4%	54.9%	10.2	6.0	14.3	63.8	57.1	70.4
Household Income								
\$24,999 or less	37.9%	30.8%	38.7	28.9	48.4	55.9	39.1	72.7
\$25,000 – 49,999	31.7%	31.6%	13.8	7.6	19.9	61.5	49.9	73.0
\$50,000 or more	30.4%	37.6%	5.3	1.2	9.3	78.2	69.1	87.3

*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity ⁽¹⁾			No regular vigorous physical activity ⁽²⁾		
	%	CI		%	CI		%	CI	
All	32.8	27.4	38.1	61.1	55.5	66.6	79.6	75.3	83.9
Sex									
Men	27.7	20.6	34.8	55.6	47.7	63.6	73.4	66.1	80.7
Women	36.1	28.5	43.7	64.7	57.4	72.0	83.7	78.7	88.7
Race/ethnicity									
NH White	25.9	20.1	31.6	62.5	55.8	69.1	78.6	73.5	83.8
NH Black	42.8	32.5	53.1	56.6	46.0	67.2	79.4	70.7	88.0
Hispanic
Race/ethnicity-Sex									
NH White men	27.7	19.9	35.4	60.1	51.6	68.5	77.4	70.0	84.8
NH White women	24.1	15.7	32.5	64.9	55.0	74.8	79.8	72.7	86.9
NH Black men
NH Black women	47.8	35.8	59.7	61.4	49.3	73.5	85.3	76.6	94.1
Hispanic men
Hispanic women
Age									
18-44	24.9	17.1	32.7	56.6	46.8	66.5	76.1	68.6	83.5
45-64	35.3	27.1	43.6	59.2	51.1	67.3	79.1	72.3	85.8
65 and older	48.0	36.3	59.7	76.5	67.7	85.2	90.3	84.4	96.1
Marital Status									
Never married	29.2	16.4	42.0	52.0	37.6	66.4	78.6	67.9	89.3
Married/ living together as a couple	30.9	24.1	37.8	60.9	53.6	68.3	77.7	71.8	83.5
Divorced/ widowed/separated	41.8	30.7	52.9	67.9	58.3	77.6	85.9	78.4	93.4
Education									
0-11 years	61.1	48.2	74.1	77.5	65.6	89.4	93.3	86.7	99.8
HS Grad/GED	36.8	28.7	45.0	54.0	45.5	62.5	75.0	67.6	82.4
1 or more years of college	17.4	11.5	23.2	61.0	52.3	69.6	78.2	71.5	85.0
Employment									
Employed for wages	26.9	20.5	33.4	58.1	51.2	65.0	76.3	70.3	82.2
Household Income									
\$24,999 or less	46.0	36.2	55.9	59.1	49.2	69.0	83.8	76.5	91.2
\$25,000 – 49,999	29.3	20.4	38.3	53.6	44.2	63.1	75.7	67.7	83.8
\$50,000 or more	16.9	7.9	25.9	61.1	50.7	71.4	76.2	66.7	85.7

Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight ⁽³⁾			Obese ⁽⁴⁾			Less than 5-A-Day ⁽⁵⁾		
	%	CI		%	CI		%	CI	
All	31.6	26.6	36.5	33.9	28.7	39.2	76.7	72.2	81.1
Sex									
Men	40.0	32.3	47.6	28.2	21.0	35.4	78.3	71.9	84.7
Women	26.0	19.7	32.4	37.7	30.2	45.2	75.6	69.5	81.7
Race/ethnicity									
NH White	37.3	30.7	44.0	24.9	19.5	30.3	73.8	68.2	79.5
NH Black	19.5	11.9	27.1	50.0	39.6	60.3	80.5	72.6	88.3
Hispanic
Race/ethnicity-Sex									
NH White men	44.8	36.2	53.4	24.4	17.1	31.7	78.4	71.7	85.1
NH White women	29.7	20.4	39.0	25.4	17.3	33.5	69.2	59.6	78.7
NH Black men
NH Black women	18.8	10.1	27.6	53.2	41.3	65.1	82.5	74.0	90.9
Hispanic men
Hispanic women
Age									
18-44	25.2	17.8	32.6	30.8	22.4	39.2	80.2	73.7	86.7
45-64	35.6	28.0	43.3	40.6	32.4	48.8	76.6	70.0	83.3
65 and older	38.6	27.0	50.3	28.6	18.1	39.1	68.0	56.3	79.6
Marital Status									
Never married	23.4	12.1	34.7	28.9	16.1	41.7	82.7	72.9	92.4
Married/ living together as a couple	32.5	26.0	39.0	34.7	27.6	41.8	75.7	69.9	81.5
Divorced/ widowed/separated	34.5	23.4	45.5	36.2	26.0	46.3	74.6	64.4	84.8
Education									
0-11 years	27.2	14.3	40.2	40.4	26.9	53.9	70.8	57.2	84.4
HS Grad/GED	29.8	22.3	37.2	36.4	28.1	44.7	79.8	73.5	86.2
1 or more years of college	34.9	26.8	43.0	29.1	21.4	36.7	76.4	70.0	82.7
Employment									
Employed for wages	29.8	23.8	35.9	37.5	30.7	44.2	79.0	73.8	84.2
Household Income									
\$24,999 or less	28.3	19.7	37.0	43.4	33.6	53.3	76.6	68.2	84.9
\$25,000 – 49,999	30.5	22.1	38.8	33.5	24.7	42.3	80.2	73.4	86.9
\$50,000 or more	45.8	35.4	56.1	28.8	18.8	38.8	77.9	69.8	86.1

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker ⁽⁶⁾			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking ⁽⁷⁾		
	%	CI		%	CI		%	CI	
All	18.6	14.5	22.7	62.8	51.2	74.5	17.7	11.5	23.9
Sex									
Men	23.5	16.4	30.6	61.7	43.7	79.6	22.8	16.0	29.7
Women	15.4	10.6	20.1	64.0	48.3	79.8	14.4	4.9	23.9
Race/ethnicity									
NH White	19.5	14.6	24.5	58.4	45.2	71.6	22.2	13.1	31.3
NH Black	19.3	11.0	27.5	.	.	.	12.5	5.4	19.6
Hispanic
Race/ethnicity-Sex									
NH White men	20.0	12.8	27.2	.	.	.	23.0	15.5	30.6
NH White women	19.1	12.3	25.8	58.8	42.4	75.1	21.3	4.4	38.2
NH Black men
NH Black women	12.7	4.6	20.7	.	.	.	9.1	1.7	16.5
Hispanic men
Hispanic women
Age									
18-44	22.9	15.4	30.3	64.4	46.9	81.8	25.3	13.5	37.1
45-64	18.8	12.8	24.7	67.0	50.8	83.2	15.0	8.7	21.3
65 and older	7.7	1.8	13.7	.	.	.	4.2	0.4	8.0
Marital Status									
Never married	21.3	10.3	32.4	.	.	.	18.9	8.6	29.2
Married/ living together as a couple	16.8	11.5	22.0	62.0	45.2	78.9	19.5	10.2	28.7
Divorced/ widowed/separated	22.1	13.9	30.4	62.5	43.1	81.9	12.0	4.8	19.3
Education									
0-11 years	19.7	9.4	30.0	.	.	.	18.5	7.2	29.8
HS Grad/GED	23.5	16.1	31.0	63.5	44.4	82.5	15.2	9.3	21.0
1 or more years of college	13.9	9.0	18.8	58.8	41.4	76.3	19.6	7.4	31.8
Employment									
Employed for wages	20.5	15.0	26.1	63.8	48.5	79.0	16.8	11.7	21.8
Household Income									
\$24,999 or less	23.3	15.1	31.5	71.3	51.9	90.6	18.6	10.7	26.5
\$25,000 – 49,999	20.1	12.4	27.8	58.3	35.7	80.8	15.8	8.4	23.3
\$50,000 or more	16.9	9.5	24.2	.	.	.	16.9	9.5	24.2
Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
All	16.5	12.4	20.6	15.1	11.1	19.1	6.9	4.1	9.7
Sex									
Men	16.5	10.5	22.5	18.1	11.9	24.4	3.1	0.6	5.6
Women	16.5	11.0	22.0	13.1	7.9	18.3	9.5	5.1	13.8
Race/ethnicity									
NH White	12.3	8.3	16.3	13.7	9.4	18.1	3.4	1.5	5.2
NH Black	24.8	15.7	33.8	18.7	10.1	27.3	9.5	3.6	15.5
Hispanic
Race/ethnicity-Sex									
NH White men	14.8	8.6	20.9	18.0	11.1	25.0	2.3	0.1	4.4
NH White women	9.8	4.9	14.7	9.4	4.8	13.9	4.4	1.3	7.6
NH Black men
NH Black women	24.4	13.9	34.8	17.8	7.7	27.9	10.4	3.3	17.6
Hispanic men
Hispanic women
Age									
18-44	20.4	13.1	27.7	21.2	14.0	28.5	5.1	1.9	8.3
45-64	18.4	12.1	24.8	12.2	6.2	18.2	6.8	2.1	11.4
65 and older	2.7	0.0	6.0	5.8	0.1	11.4	11.8	2.6	21.0
Marital Status									
Never married	33.4	19.4	47.3	30.5	16.8	44.3	5.9	0.3	11.6
Married/ living together as a couple	11.1	7.0	15.2	12.9	8.3	17.5	5.1	1.9	8.3
Divorced/ widowed/separated	18.2	9.6	26.8	8.9	2.8	14.9	13.1	4.9	21.3
Education									
0-11 years	15.0	5.1	25.0	17.8	6.6	29.0	17.6	6.1	29.2
HS Grad/GED	23.1	15.6	30.6	20.9	13.6	28.2	7.3	3.2	11.5
1 or more years of college	11.4	6.5	16.3	9.0	4.7	13.2	2.1	0.5	3.8
Employment									
Employed for wages	17.4	11.8	22.9	18.2	12.5	23.9	3.7	1.4	6.0
Household Income									
\$24,999 or less	33.2	23.6	42.7	23.5	14.3	32.8	11.1	4.6	17.6
\$25,000 – 49,999	15.7	8.1	23.2	12.1	6.0	18.2	3.9	0.7	7.0
\$50,000 or more	6.1	1.6	10.6	10.9	4.6	17.1	1.6	0.0	3.7

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
All	62.0	56.5	67.6	39.4	33.9	44.9	62.7	56.8	68.5
Sex									
Men	63.6	55.9	71.3	49.1	41.1	57.1	63.8	55.7	72.0
Women	61.0	53.3	68.7	32.9	25.9	39.9	61.9	53.6	70.1
Race/ethnicity									
NH White	69.4	63.1	75.6	45.3	38.0	52.6	72.4	66.2	78.5
NH Black	50.8	40.3	61.2	30.6	20.8	40.4	48.2	36.9	59.5
Hispanic
Race/ethnicity-Sex									
NH White men	65.4	57.1	73.8	52.2	43.6	60.9	70.0	61.6	78.4
NH White women	73.5	64.5	82.4	38.1	27.5	48.7	74.8	66.1	83.4
NH Black men
NH Black women	48.4	36.3	60.5	28.0	17.0	38.9	48.4	35.0	61.7
Hispanic men
Hispanic women
Age									
18-44	66.6	57.8	75.4	55.3	44.5	66.0	63.6	54.2	73.0
45-64	60.1	51.9	68.3	31.6	24.1	39.0	59.2	50.6	67.9
65 and older	54.7	42.8	66.7	13.4	6.4	20.4	69.4	57.8	81.1
Marital Status									
Never married	54.8	40.3	69.2	61.0	47.3	74.7	54.8	40.1	69.5
Married/ living together as a couple	67.3	60.4	74.2	40.8	33.4	48.1	66.3	58.8	73.8
Divorced/ widowed/separated	52.6	41.6	63.6	18.3	11.1	25.4	58.3	47.2	69.5
Education									
0-11 years	33.5	20.4	46.6	17.5	6.6	28.3	30.7	15.7	45.6
HS Grad/GED	62.9	54.5	71.3	36.8	28.4	45.3	59.5	50.4	68.5
1 or more years of college	73.0	65.9	80.1	50.5	40.7	60.3	73.9	66.7	81.1
Employment									
Employed for wages	65.9	59.3	72.5	48.9	42.0	55.8	64.2	57.2	71.3
Household Income									
\$24,999 or less	44.5	34.7	54.3	23.2	14.5	31.8	41.5	30.5	52.4
\$25,000 – 49,999	68.7	60.0	77.4	45.9	36.5	55.2	65.5	56.1	75.0
\$50,000 or more	78.0	69.3	86.7	56.6	46.1	67.0	79.7	71.1	88.3
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
All	31.2	26.3	36.2	77.6	70.0	85.2	21.4	17.0	25.8
Sex									
Men	28.0	21.1	34.9	69.2	55.4	83.0	16.7	10.9	22.6
Women	33.4	26.4	40.4	82.2	73.2	91.2	24.5	18.1	30.9
Race/ethnicity									
NH White	25.6	20.3	31.0	78.8	69.9	87.7	19.6	14.8	24.5
NH Black	38.8	28.9	48.6	76.8	63.1	90.4	23.8	14.8	32.8
Hispanic
Race/ethnicity-Sex									
NH White men	25.8	18.4	33.1	71.7	56.4	86.9	19.3	12.4	26.3
NH White women	25.4	17.6	33.3	86.1	77.0	95.2	19.9	13.0	26.9
NH Black men
NH Black women	41.9	30.4	53.4	82.9	69.2	96.7	28.9	17.8	40.0
Hispanic men
Hispanic women
Age									
18-44	15.0	8.8	21.1	.	.	.	14.1	8.8	19.3
45-64	36.4	28.5	44.2	80.7	70.4	91.0	30.5	22.6	38.4
65 and older	61.8	50.3	73.3	89.5	81.1	98.0	21.4	10.3	32.4
Marital Status									
Never married	21.7	10.3	33.1	.	.	.	15.9	6.8	25.0
Married/ living together as a couple	26.9	20.8	33.0	79.9	70.3	89.4	21.0	15.3	26.7
Divorced/ widowed/separated	52.2	41.3	63.1	86.8	77.0	96.5	27.4	17.2	37.7
Education									
0-11 years	45.1	31.3	58.9	82.4	67.5	97.3	29.7	16.4	43.1
HS Grad/GED	31.8	24.1	39.5	71.8	58.3	85.2	19.5	13.0	26.0
1 or more years of college	24.9	18.2	31.7	80.4	68.6	92.2	19.7	13.3	26.0
Employment									
Employed for wages	22.4	16.7	28.1	62.8	48.3	77.3	20.9	15.4	26.3
Household Income									
\$24,999 or less	44.5	34.7	54.3	74.7	61.2	88.1	29.2	20.0	38.4
\$25,000 – 49,999	26.6	18.7	34.5	81.0	66.8	95.2	21.1	13.9	28.2
\$50,000 or more	16.6	9.3	23.9	.	.	.	23.9	14.3	33.5

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
	All	85.5	81.7	89.3	86.7	79.6	93.8	29.8	24.5
Sex									
Men	84.9	79.1	90.6	89.4	83.9	94.9	29.4	21.5	37.3
Women	85.9	80.9	91.0	85.0	73.9	96.0	30.1	22.9	37.3
Race/ethnicity									
NH White	88.6	84.6	92.5	82.3	71.8	92.8	30.7	24.2	37.3
NH Black	80.0	71.8	88.2	94.1	88.9	99.4	24.3	15.0	33.6
Hispanic
Race/ethnicity-Sex									
NH White men	84.8	78.4	91.2	86.0	79.0	93.1	31.1	22.3	40.0
NH White women	92.4	88.2	96.7	78.8	60.2	97.3	30.4	20.8	40.0
NH Black men
NH Black women	77.9	67.9	87.8	92.1	85.0	99.1	26.6	15.4	37.8
Hispanic men
Hispanic women
Age									
18-44	76.8	69.5	84.2	79.9	64.1	95.6	16.2	9.3	23.2
45-64	90.5	85.3	95.7	90.3	85.0	95.6	34.0	26.0	42.0
65 and older	97.6	92.9	100.0	93.0	87.3	98.7	48.4	36.6	60.2
Marital Status									
Never married	66.7	53.4	79.9	91.0	81.8	100.0	8.8	0.1	17.6
Married/ living together as a couple	87.5	82.8	92.2	84.5	74.1	94.8	27.8	21.1	34.4
Divorced/ widowed/separated	93.8	89.5	98.0	90.8	83.1	98.4	47.4	35.9	58.9
Education									
0-11 years	80.1	68.4	91.8	89.2	80.4	98.0	43.9	28.4	59.4
HS Grad/GED	81.1	74.4	87.8	91.6	86.4	96.8	27.8	19.7	35.9
1 or more years of college	91.5	87.6	95.4	82.2	68.7	95.7	26.2	18.9	33.5
Employment									
Employed for wages	83.4	78.2	88.6	89.6	85.4	93.9	22.6	16.7	28.5
Household Income									
\$24,999 or less	77.6	69.1	86.1	91.8	84.9	98.8	42.1	31.2	53.1
\$25,000 – 49,999	89.6	84.2	95.0	89.9	84.6	95.3	20.8	13.3	28.3
\$50,000 or more	91.7	86.1	97.3	87.1	79.7	94.5	24.3	15.0	33.7

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
	All	14.4	8.3	20.5	53.8	27.0	80.6	12.4	8.7
Sex									
Men	10.2	5.2	15.1	.	.	.	8.5	4.3	12.6
Women	17.2	7.8	26.5	52.3	18.0	86.5	15.0	9.4	20.6
Race/ethnicity									
NH White	16.7	7.5	25.9	41.1	11.2	71.0	8.5	4.9	12.2
NH Black	9.5	3.3	15.7	.	.	.	16.0	8.3	23.7
Hispanic
Race/ethnicity-Sex									
NH White men	10.4	4.9	16.0	.	.	.	7.1	2.9	11.3
NH White women	23.1	6.5	39.7	37.1	0.2	74.0	10.0	3.9	16.1
NH Black men
NH Black women	9.1	1.9	16.3	.	.	.	18.8	9.3	28.4
Hispanic men
Hispanic women
Age									
18-44	17.5	5.4	29.7	.	.	.	2.4	0.2	4.7
45-64	13.6	7.8	19.5	.	.	.	13.7	7.6	19.7
65 and older	8.2	2.1	14.2	.	.	.	34.9	22.4	47.3
Marital Status									
Never married	11.2	3.0	19.4	.	.	.	3.1	0.0	7.6
Married/ living together as a couple	15.0	5.7	24.3	49.3	11.0	87.5	9.2	5.0	13.4
Divorced/ widowed/separated	14.9	7.7	22.0	.	.	.	29.5	18.6	40.4
Education									
0-11 years	11.3	3.5	19.0	.	.	.	31.5	17.4	45.6
HS Grad/GED	7.7	3.4	12.1	.	.	.	9.1	4.5	13.7
1 or more years of college	21.5	9.3	33.6	.	.	.	7.3	3.8	10.7
Employment									
Employed for wages	10.7	6.5	15.0	.	.	.	5.6	2.8	8.5
Household Income									
\$24,999 or less	15.9	9.1	22.7	.	.	.	19.4	11.2	27.6
\$25,000 – 49,999	9.8	4.6	15.0	.	.	.	6.2	2.3	10.2
\$50,000 or more	12.1	4.1	20.2	.	.	.	5.0	1.0	9.0

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
All	20.1	15.7	24.5	33.0	27.7	38.4	31.6	26.3	36.9
Sex									
Men	17.0	10.9	23.1	22.5	15.8	29.2	25.3	18.5	32.2
Women	22.2	16.0	28.3	39.9	32.1	47.7	35.6	28.1	43.2
Race/ethnicity									
NH White	18.6	13.8	23.4	23.7	18.4	29.0	24.3	19.0	29.6
NH Black	19.3	10.8	27.9	47.1	36.4	57.8	42.5	31.8	53.3
Hispanic
Race/ethnicity-Sex									
NH White men	17.8	10.9	24.8	19.8	12.9	26.8	22.8	15.8	29.8
NH White women	19.4	12.5	26.2	27.6	19.2	36.1	25.7	17.5	33.9
NH Black men
NH Black women	22.1	11.8	32.4	51.7	39.4	64.0	45.2	32.7	57.7
Hispanic men
Hispanic women
Age									
18-44	12.4	7.3	17.5	28.4	20.1	36.7	25.6	17.7	33.4
45-64	26.6	18.9	34.4	37.4	29.2	45.6	37.6	29.2	45.9
65 and older	26.5	15.2	37.8	35.3	23.7	46.9	35.0	23.2	46.8
Marital Status									
Never married	8.0	1.6	14.4	32.0	18.1	45.8	26.1	12.9	39.4
Married/ living together as a couple	21.1	15.2	27.0	28.5	22.0	35.1	30.1	23.4	36.7
Divorced/ widowed/separated	25.7	15.8	35.6	47.9	36.9	59.0	40.6	29.3	51.9
Education									
0-11 years	33.7	19.7	47.8	51.4	36.8	66.0	41.2	26.5	56.0
HS Grad/GED	16.9	10.9	22.8	34.5	26.4	42.6	32.2	24.1	40.3
1 or more years of college	17.5	11.4	23.5	24.5	17.5	31.5	27.3	19.8	34.7
Employment									
Employed for wages	17.8	12.6	23.0	29.2	22.8	35.7	30.4	23.9	36.9
Household Income									
\$24,999 or less	22.9	14.0	31.8	46.6	36.5	56.7	43.7	33.4	54.0
\$25,000 – 49,999	19.3	12.1	26.6	34.6	25.4	43.8	29.0	20.2	37.7
\$50,000 or more	21.7	12.2	31.2	22.9	13.7	32.2	29.7	19.8	39.6

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
All	27.4	21.2	33.5	3.0	1.0	5.0	21.2	17.0	25.4
Sex									
Men	26.3	19.4	33.2	1.6	0.0	3.8	26.9	19.6	34.2
Women	28.0	18.9	37.2	3.9	0.9	6.9	17.5	12.6	22.4
Race/ethnicity									
NH White	31.4	22.9	40.0	2.4	0.6	4.1	25.3	19.8	30.8
NH Black	18.1	10.3	25.9	1.3	0.0	3.1	13.0	5.8	20.1
Hispanic
Race/ethnicity-Sex									
NH White men	24.2	17.1	31.3	2.1	0.0	5.0	25.7	18.0	33.3
NH White women	38.8	24.5	53.1	2.7	0.5	4.8	24.8	16.9	32.8
NH Black men
NH Black women	15.0	7.0	23.1	1.6	0.0	4.0	8.1	1.7	14.4
Hispanic men
Hispanic women
Age									
18-44	21.3	9.1	33.6	1.0	0.0	3.1	14.8	8.4	21.2
45-64	20.6	14.4	26.8	3.2	0.2	6.1	12.8	7.8	17.7
65 and older	57.0	45.5	68.5	7.6	0.0	15.4	55.8	44.4	67.2
Marital Status									
Never married	11.1	1.8	20.4	2.8	0.0	8.4	17.9	6.8	29.1
Married/ living together as a couple	27.8	19.0	36.6	1.5	0.2	2.8	20.6	15.1	26.0
Divorced/ widowed/separated	39.0	28.1	49.9	7.5	0.1	14.9	26.0	17.4	34.7
Education									
0-11 years	25.6	13.0	38.3	10.2	0.6	19.9	29.7	17.2	42.2
HS Grad/GED	26.9	19.6	34.3	1.2	0.0	2.5	20.1	13.5	26.8
1 or more years of college	28.5	17.1	39.8	1.5	0.0	3.0	18.7	13.0	24.3
Employment									
Employed for wages	16.2	11.1	21.3	0.6	0.0	1.6	12.6	8.0	17.1
Household Income									
\$24,999 or less	25.4	17.1	33.6	2.7	0.0	5.9	25.6	17.1	34.1
\$25,000 – 49,999	25.1	17.0	33.2	3.3	0.0	7.0	20.8	13.2	28.3
\$50,000 or more	15.7	8.6	22.9	.	.	.	10.3	4.2	16.3

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
All	73.2	64.9	81.4	99.0	97.8	100.0	88.4	82.5	94.3
Sex									
Men
Women	73.2	64.9	81.4	99.0	97.8	100.0	88.4	82.5	94.3
Race/ethnicity									
NH White	75.3	64.8	85.9	99.6	98.9	100.0	91.0	85.6	96.5
NH Black	69.4	55.2	83.6	98.1	95.4	100.0	84.4	72.7	96.0
Hispanic
Race/ethnicity-Sex									
NH White men
NH White women	75.3	64.8	85.9	99.6	98.9	100.0	91.0	85.6	96.5
NH Black men
NH Black women	69.4	55.2	83.6	98.1	95.4	100.0	84.4	72.7	96.0
Hispanic men
Hispanic women
Age									
18-44	64.6	35.9	93.3	99.2	97.7	100.0	93.5	86.7	100.0
45-64	76.8	67.5	86.1	98.7	96.0	100.0	81.3	69.9	92.7
65 and older	73.4	57.8	89.0	98.7	96.0	100.0	.	.	.
Marital Status									
Never married	.	.	.	98.3	94.7	100.0	85.9	70.2	100.0
Married/ living together as a couple	81.3	72.3	90.2	100.0	100.0	100.0	94.9	91.0	98.9
Divorced/ widowed/separated	65.6	51.5	79.7	97.2	92.8	100.0	72.4	54.7	90.0
Education									
0-11 years	61.0	42.2	79.7
HS Grad/GED	67.6	54.4	80.9	98.4	95.9	100.0	88.3	79.2	97.4
1 or more years of college	85.4	77.1	93.8	100.0	100.0	100.0	92.4	86.9	97.8
Employment									
Employed for wages	70.3	58.3	82.3	99.3	97.8	100.0	87.8	79.7	95.9
Household Income									
\$24,999 or less	70.1	56.5	83.6	100.0	100.0	100.0	87.3	76.1	98.5
\$25,000 – 49,999	73.0	57.6	88.5	100.0	100.0	100.0	86.1	73.7	98.5
\$50,000 or more	79.2	64.3	94.1	100.0	100.0	100.0	88.4	77.7	99.2

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
All	45.6	38.2	52.9	34.7	27.8	41.6	50.6	43.1	58.1
Sex									
Men	43.6	31.8	55.3	33.1	22.1	44.2	58.2	46.2	70.2
Women	46.6	37.2	56.1	35.5	26.6	44.5	46.6	37.3	56.0
Race/ethnicity									
NH White	50.4	42.3	58.6	37.6	29.9	45.2	55.4	47.2	63.6
NH Black	31.1	16.1	46.2	22.2	8.6	35.8	45.2	28.5	61.9
Hispanic
Race/ethnicity-Sex									
NH White men	46.0	33.6	58.5	34.4	22.6	46.2	59.8	47.3	72.3
NH White women	54.4	43.4	65.4	40.5	30.3	50.7	51.6	40.8	62.3
NH Black men
NH Black women	33.6	16.9	50.4	23.5	8.4	38.6	46.2	28.0	64.5
Hispanic men
Hispanic women
Age									
18-44
45-64	36.9	28.0	45.8	25.1	17.3	32.9	50.2	40.4	59.9
65 and older	58.2	46.3	70.0	48.6	36.8	60.3	51.2	39.3	63.1
Marital Status									
Never married
Married/ living together as a couple	51.0	41.7	60.3	40.9	31.9	49.9	53.0	43.6	62.3
Divorced/ widowed/separated	38.2	25.3	51.2	25.6	14.0	37.2	46.2	32.9	59.5
Education									
0-11 years	35.1	17.9	52.4	28.4	11.9	44.9	38.4	21.7	55.2
HS Grad/GED	43.6	31.4	55.9	34.6	23.2	45.9	51.1	38.4	63.8
1 or more years of college	53.9	43.9	63.9	38.9	29.1	48.7	58.2	48.3	68.1
Employment									
Employed for wages	36.7	25.7	47.7	28.2	17.9	38.4	44.6	33.0	56.2
Household Income									
\$24,999 or less	35.2	23.2	47.2	26.9	15.8	38.0	41.1	28.6	53.5
\$25,000 – 49,999	45.1	30.6	59.5	38.8	24.6	52.9	55.1	40.3	69.9
\$50,000 or more	57.3	40.8	73.8	38.0	21.8	54.1	55.8	39.5	72.2

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
All		44.8	37.7	51.8	48.1	33.9	62.4	17.7	12.6	22.8
Sex	Men	37.5	28.9	46.2	53.0	35.6	70.4	13.1	6.4	19.8
	Women	49.7	39.8	59.6	45.6	26.2	65.0	20.9	13.6	28.2
Race/ethnicity	NH White	42.6	32.9	52.3	28.0	13.3	42.8	6.0	2.5	9.5
	NH Black	50.3	38.8	61.8	78.4	62.8	93.9	37.9	26.7	49.1
	Hispanic
Race/ethnicity-Sex	NH White men	33.3	24.1	42.6	42.5	22.9	62.0	7.1	1.2	12.9
	NH White women	52.7	37.5	67.9	18.0	2.7	33.2	4.8	1.3	8.4
	NH Black men
	NH Black women	48.5	35.0	61.9	.	.	.	38.3	25.1	51.5
	Hispanic men
	Hispanic women
Age	18-44	57.2	47.2	67.1	48.4	29.9	66.9	24.2	16.1	32.3
	45-64	30.1	22.3	37.9	47.4	28.2	66.6	9.9	4.1	15.7
	65 and older
Marital Status	Never married	48.9	34.0	63.8	.	.	.	45.7	31.0	60.3
	Married/ living together as a couple	41.5	31.9	51.2	36.1	18.2	54.0	7.4	3.0	11.8
	Divorced/ widowed/A80separated	53.6	39.9	67.4	58.1	35.2	80.9	25.6	12.0	39.2
Education	0-11 years	45.2	27.1	63.3	.	.	.	26.4	8.9	44.0
	HS Grad/GED	42.6	33.1	52.1	64.3	47.6	81.1	29.3	20.1	38.4
	1 or more years of college	46.5	34.9	58.1	34.0	15.3	52.7	5.0	1.6	8.5
Employment	Employed for wages	41.5	34.5	48.5	51.9	39.3	64.5	17.3	11.3	23.3
Household Income	\$24,999 or less	54.0	42.1	65.8	60.7	41.0	80.4	34.5	22.5	46.4
	\$25,000 – 49,999	38.4	28.3	48.6	55.4	36.1	74.7	18.7	9.6	27.7
	\$50,000 or more	37.9	27.7	48.1	44.1	25.0	63.2	1.9	0.0	4.6

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:
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