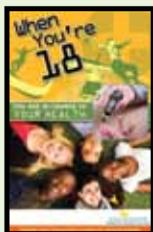


Can Help You!

Health Care Transition Guides

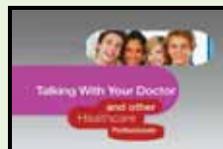
Three age-specific versions of this 30-page guide contain information and activities to help young people take a more active role in managing their health care. Also available in Spanish at <http://hctransitions.ichp.edu>.



Planning Workbooks

These age-specific planning guides (ages 12-14, 15-17 and 18+) are designed to help parents and youth look at future goals and develop a health care transition plan. Can be completed online or downloaded at <http://hctransitions.ichp.edu>.

Talking With Your Doctor And Other Healthcare Professionals



This 18-minute video teaches teens how to communicate effectively with health care providers. Available on DVD or streaming video at <http://hctransitions.ichp.edu>.

This is Health Care Transition

This 29-minute video is designed to help youth and families be better prepared for adulthood, especially for the move to adult-oriented health care. Available on DVD or streaming video at <http://hctransitions.ichp.edu>.



Health Care Transition: College and Beyond

This 24-minute video showcases the health care transition experiences of college student Jeff Walden, who was born with a severe physical disability. Available on DVD or streaming video at <http://hctransitions.ichp.edu>.



What's Health Got to Do with Transition?

This 40-hour classroom curriculum for high school students in special education is designed to support health literacy, self-determination, and health care self-management. It includes a teacher's guide, and is available at http://health.usf.edu/medicine/pediatrics/ad_med/resources.htm.



Become a fan on **FACEBOOK** and share your health care transition experiences.

See **Your Stories!**

For more information about FloridaHATS or the materials listed in this brochure, please contact Janet Hess, MPH, Project Director, University of South Florida, (813) 259-8604, jhess@health.usf.edu. You may also contact David Wood, MD, CMS Medical Consultant, (904) 244-9233, david.wood@jax.ufl.edu, or Phyllis Sloyer, PhD, Division Director, CMS Network, (850) 245-4200, phyllis_sloyer@doh.state.fl.us

www.FloridaHATS.org



Florida Developmental Disabilities Council, Inc.

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Visit www.FloridaHATS.org

to view in large print

Para español, visite nuestro sitio web. Pou kreyòl, souple vizite sit Entènèt nou.

How FloridaHATS ...

These resources and many more are available through FloridaHATS. Visit our Tool Box at www.FloridaHATS.org or the web links listed below.

Just the Facts: The 411 on Health Insurance for Young Adults Ages 18-30 in Florida

This 64-page guide is designed to help all young adults in Florida identify, access, and maintain health insurance coverage that meets their needs. Also available in Spanish and Creole at www.FloridaHATS.org.



Health Care Transition Training Program for Professionals



FREE CME/CE Credits!

This 4-hour online training curriculum includes information about how professionals can help prepare youth for their eventual transition to adult health care. Learn more at www.FloridaHATS.org.

Health Care Transition Training Program for Families and Youth

This web-based training program is designed to help young people and their families better understand and complete transition to adult health care. Available at <http://hctransitions.ichp.edu/ddcouncil>.

Regional Service Directory

Our online directory lists health-related services and programs for young adults living in Florida, searchable by county and type of service. Available at www.FloridaHATS.org.

Learning About Your Health

A 10-minute web-based educational module for transitioning students, including those with developmental disabilities, that addresses self-management skills and fitness. Available at www.fyitransition.net.

Who We Are

Florida Health and Transition Services (FloridaHATS) is a collaborative program of the Florida Department of Health, Children’s Medical Services, the Florida Developmental Disabilities Council, Inc., and other partners throughout the state. Our goal is to ensure all youth and young adults, including those with disabilities or chronic conditions, successfully transition from pediatric to adult-oriented systems of health care.

We’re committed to empowering and supporting young people with special health care needs as they enter every aspect of adult life, including health care, work and independent living.



We value youth and family involvement in decision making at all levels.

Our Background

Advocates in Florida have worked hard to increase awareness of the difficulties young people with disabilities or chronic health conditions encounter as they age out of pediatric health care. Problems include finding adult physicians who are qualified and willing to provide care, difficulty accessing affordable health insurance, and not adequately preparing youth to manage their own health care.

Young people who don’t receive age-appropriate and preventive care are more likely to experience disease complications, increased emergency room visits and hospitalizations, as well as development of secondary disabling conditions – all factors that impact quality of life and ability to work.

In 2008, the Florida Legislature established a statewide Task Force to assess these issues. The resulting Task Force report outlined several strategies to build a system of care for transitioning youth and young adults that is comprehensive, coordinated, and continuous. A key recommendation was to establish a program within Children’s Medical Services (CMS), Florida’s Title V program for children with special health care needs, to oversee implementation of Florida’s strategic plan for health care transition. We subsequently adopted the program name Florida Health and Transition Services, or FloridaHATS.

Today, a cross-disability advisory panel of youth, families, and representatives from health care, education, vocational rehabilitation and social services helps guide FloridaHATS activities. To read the legislative report and review our strategic plan, go to www.FloridaHATS.org

What We Do

FloridaHATS provides leadership in bringing together consumers and service providers to address the complex issues associated with health care transition. Our activities are focused in 4 areas: health care financing, education and training, service delivery systems and advocacy.

Health Care Financing

Obtaining and maintaining health insurance is a major problem for many youth with disabilities or chronic health conditions as they leave high school. One of our first activities was to develop a resource guide that outlines the array of health insurance options available to young adults up to age 30 living in Florida. We regularly update the web-based guide to reflect policy changes, including those introduced with new federal legislation, the Affordable Care Act of 2010.

In addition to educating consumers and providers about current financing options, we engage insurers and other funders in developing policies that support patient-centered medical homes for youth and young adults, such as care coordination and co-management activities. An overarching goal is to allow young people in Florida to work and contribute to their communities without loss of health care benefits.



Education and Training

FloridaHATS collaborates with partners throughout the state to develop and disseminate educational materials that can help youth and young adults, families, caregivers, health care providers, teachers and other professionals.

We strive to empower young people to better manage their medical conditions, and to increase the capacity of providers to deliver high quality care. Our web site is a portal for a wide selection of health care transition education and training resources.

Service Delivery Systems

Our network of health care experts provides guidance in identifying best practices, establishing quality of care guidelines, and developing model programs - such as the nationally recognized JaxHATS, a medical home program for transitioning youth and young adults in Jacksonville. We work with communities to develop service networks that span pediatric and adult systems. To date, we’ve organized regional public-private coalitions in 3 pilot sites:



Tampa-Hillsborough County (HillsboroughHATS), the Panhandle area (PanhandleHATS), and Jacksonville-Duval County. These coalitions are paving the way for all Florida regions in building coordinated community-based systems of care.

Advocacy

FloridaHATS works on behalf of all youth and young adults with special health care needs in partnership with advocacy groups and organizations throughout the state and nation. From financing to education to service delivery issues, we collaborate with partners like the Department of Education and the Florida Pediatric Society to adopt policies that empower and support young people in their transition to adult life.

Visit our web site to find out how you can help!