



CARE COORDINATION TRANSITION PLANNING TIPS FOR ANNUAL RE-DETERMINATION AND TRANSITION PLANNING

FOR 12-14 YEAR OLDS:

- Provide a copy of *Envisioning My Future* and discuss planning ahead for transition
- Ask if the CMS enrollee or family have questions about *Envisioning My Future*
- Provide a copy of the CMS Transition Workbook for 12-14 year olds and discuss how CMS enrollee and family can fill it out together
- Ask if the CMS enrollee or family have completed their Transition Workbook and how it's been helpful in transition planning
- Ask if the CMS enrollee has responsibility for household chores
- Ask if the CMS enrollee has begun learning more about their health care needs—including what medications they take, why they take them and what happens if they don't take them
- Ask if the CMS enrollee takes part in after school and social events and activities with their peers
- Ask if the CMS enrollee or family have looked at the CMS website on Youth Transition
- Ask what transition information the CMS enrollee and/or family don't have that they would like to have
- Ask if the CMS enrollee has an Individual Education Plan (IEP) or Transition IEP at school and if, at age 14 years, they are attending the IEP meetings and helping to write it; request a copy of the IEP
- Ask if the CMS enrollee or parents have looked at youth transition websites (including CMS)
- Ask about the CMS enrollee's plan to learn about healthy behaviors and risky behaviors
- Encourage CMS enrollee to keep a medical summary (ex.: American Academy of Pediatrics Emergency Information Form for Children with Special Needs at <http://aap.org/advocacy/blankform.pdf>)

FOR 15-17 YEAR OLDS:

- Ask if the CMS enrollee or family had received, and still have, a copy of *Envisioning My Future* (provide one if they never received a copy) and if they are using the information
- Provide a copy of the CMS transition Workbook for 15-17 year olds and discuss how CMS enrollee and family can fill it out together
- Ask if the CMS enrollee or family have completed their Transition Workbook and how it's been helpful in transition planning
- Ask if the CMS enrollee has a Transition Individual Education Plan (IEP) at school and if they are attending the IEP meetings and helping to write it; request a copy of the Transition IEP
- Ask if the CMS enrollee takes part in after school and social events and activities and spends time with their peers
- Ask if the CMS enrollee has done any volunteer work or would like to do volunteer work. Resources for volunteer work might be available through a Family Health Partner, a social organization (like scouts), or a school guidance counselor
- Ask if the CMS enrollee has a part-time job or has thought about applying for a part-time job
- Ask if the CMS enrollee has responsibility for household chores
- Ask if the CMS enrollee has been referred to Vocational Rehabilitation for assistance with employment and training (generally for 16 years and older)
- Ask if the CMS enrollee will need accommodations in post-secondary school and discuss need for up to date educational testing prior to high school graduation
- Encourage CMS enrollee to keep a medical summary (ex.: American Academy of Pediatrics Emergency Information Form for Children with Special Needs at <http://aap.org/advocacy/blankform.pdf>)

FOR 15-17 YEAR OLDS (cont.):

- Ask if the CMS enrollee is planning to go to a post-secondary school (community college, 4 year university or college) or vocational training
- Ask if the CMS enrollee is taking more responsibility for their health care needs—including what medications they take, why they take them and what happens if they don't take them
- Ask about the CMS enrollee's plan to learn about healthy behaviors and risky behaviors
- Ask if the CMS enrollee or family have looked at youth transition websites (including CMS)
- Ask what transition information the CMS enrollee and/or family don't have that they would like to have
- What healthcare activities has the CMS enrollee accomplished on their own since you last talked
- Encourage CMS enrollee to keep a medical summary (ex.: American Academy of Pediatrics Emergency Information Form for Children with Special Needs at <http://aap.org/advocacy/blankform.pdf>)

FOR 18 YEARS AND OLDER:

- Ask if the CMS enrollee has started looking for, or has, adult health care providers, both for primary care and specialists
- Ask if the CMS enrollee is taking more responsibility for their health care needs—including what medications they take, why they take them and what happens if they don't take them
- Ask about the CMS enrollee's plan to learn about healthy behaviors and risky behaviors
- Ask if the CMS enrollee or family had received, and still have, a copy of *Envisioning My Future* (provide one if they never received a copy) and if they are using the information
- Ask if the CMS enrollee will need accommodations in post-secondary school and discuss need for up to date educational testing prior to high school graduation
- Provide a copy of the CMS transition Workbook for 18 years and older and discuss how CMS enrollee and family can fill it out together
- Ask if the CMS enrollee or family have completed their Transition Workbook and how it's been helpful in transition planning
- Ask if the CMS enrollee has an Individual Education Plan (IEP) at school and if they are attending the IEP meetings and helping to write it; request a copy of the IEP
- Ask if the CMS enrollee takes part in after school and social events and activities and spends time with their peers
- Ask if the CMS enrollee has done any volunteer work or would like to do volunteer work. Resources for volunteer work might be available through a Family Health Partner, a social organization (like scouts), or a school guidance counselor
- Ask if the CMS enrollee has a part-time job or has thought about applying for a part-time job
- Ask if the CMS enrollee has responsibility for household chores
- Ask if the CMS enrollee has been referred to Vocational Rehabilitation for assistance with employment and training (generally for 16 year olds and older)
- Ask if the CMS enrollee is planning to go to a post-secondary school (community college, 4 year university or college) or vocational training
- Ask if the CMS enrollee or family have looked at a youth transition website (including CMS)
- Ask what transition information the CMS enrollee and/or family don't have that they would like to have
- What healthcare activities has the CMS enrollee accomplished on their own since you last talked
- Ask where the CMS enrollee would like to live as an adult
- Ask if the CMS enrollee has applied for SSI, SSDI, Medicaid Waivers, or other options, as appropriate to the criteria of those programs
- Provide list of Adult Health Providers who accept CMS enrollee's insurance or refer to a facility that accepts clients on a "sliding fee" scale
- Provide information about patient assistance programs to help with medication co-pays and out of pocket expenses for equipment and therapies
- Ask the enrollee about transportation needs, driving accommodations, and plans for transportation in the future
- Encourage CMS enrollee to keep a medical summary (ex.: American Academy of Pediatrics Emergency Information Form for Children with Special Needs at <http://aap.org/advocacy/blankform.pdf>)