Mission:

Eliminate substance abuse in Florida by coordinating statewide efforts to protect individuals, families, and communities from substance abuse and to treat those with addiction.

Vision: A future without substance abuse in Florida



Rick Scott Governor

Celeste Philip, MD, MPH Surgeon General and Secretary

Statewide Drug Policy Advisory Council

Betty Easley Conference Center
4075 Esplanade Way
Room 182
Tallahassee, FL 32399
8:30AM to 4:00PM
January 11, 2018
Draft Meeting Minutes

Welcome, Introductions and Roll Call- Dr. Jennifer Bencie, Manatee DOH, Chair

Meeting called to order at 8:30AM by Dr. Jennifer Bencie. The following Members attended:

- 1. Dr. Jennifer Bencie (Chair, State Surgeon General Designee)
- 2. Mary Beth Vickers (Office of Planning and Budget Designee) Absent
- 3. Andy Benard (Attorney General Bondi Designee)
- 4. Karen Weaver (FDLE Designee)
- 5. Amanda Muller for Jeff Cece (Department of Children and Families Secretary Designee)
- 6. Maggie Aggerton for Patrick Mahoney (Department of Corrections Secretary Designee)
- 7. Dr. Gayla Sumner (Department of Juvenile Justice Secretary Designee)
- 8. Angela Rivers (Commissioner of Education Designee) Absent
- 9. Jason Britt for Colonel Gene Spaulding (Department of Highway Safety and Motor Vehicles Executive Director Designee)
- 10. Colonel John Pelleriti (Adjutant General Designee)
- 11. Honorable Representative Cary Pigman Absent
- 12. Honorable Senator Darryl Rouson Absent
- 13. Aaron Gerson for Judge Melanie May (Judiciary Member Representative) and Aaron Gerson
- 14. Mark Fontaine (Governor Appointee with expertise in substance abuse treatment)
- 15. Vence Monlyn for Kimberly Spence (Governor Appointee with expertise in law enforcement)
- 16. Dr. John VanDelinder (Governor Appointee with expertise in faith based services) Absent
- 17. Peggy Sapp (Governor Appointee with expertise in substance abuse prevention)
- 18. Doug Leonardo (Governor Appointee with expertise in drug enforcement and substance abuse)
 Absent
- 19. Bruce Grant for Dottie Groover-Skipper (Governor Appointee with expertise in faith-based substance abuse treatment)
- 20. Roaya Tyson (Governor Appointee with expertise in substance abuse services) Absent

Staff:

Lynne Drawdy Rebecca Poston

Guests:

Allison Rochefort, Florida Association of Managing Entities Beth Rabasky, Informed Families Brad Dalton, Department of Health Nathan Dunn, Department of Health Mara Gambineri, Department of Health Walesca Marrero, Department of Children & Families Lawrence Mower, Tampa Bay Times Greg Yevtich, FDLE

Business

- 1. Welcome / Introductions: Opening remarks
- **2. Review and Approve December 1, 2017 meeting minutes -** Motion by Gerson second by Benard to approve the December 1, 2017minutes.
- **3. Review Action Plan- Lynne Drawdy.** The Council reviewed the action plan and discussed specific strategies for each recommendation. Please see attached Action Plan.

Ms. Drawdy stressed the importance of data to quantify successes. The Council discussed creating a customized Florida infographic. Amanda Muller and Andy Benard volunteered to work on the infographic.

Recommendation:

- Mr. Benard and Amanda Muller volunteered to serve on a workgroup to create an infographic.
- Ms. Drawdy will create a survey and send to all Council Members. She will identify
 the top three actions that are needed to prioritize the Council's efforts and
 recommend workgroups to address priorities.
- 4. Presentation #1: Florida National Guard Counterdrug Capabilities- Col. John Pelleriti, Director of Military Support and Captain Nathan Dinger provided an update on Florida's capabilities. The program is completely federally funded to assist in countering the drug problem. Captain Dinger reviewed goals and objectives, counterdrug missions and counterdrug seizure data. There are 142 personnel in the Florida National Guard Counterdrug Task Force (CTF).

CTF's mission is to assist combatant commands, federal, state and local law enforcement agencies and community-based organizations in defeating illegal drug smuggling, denying, dislodging and defeating domestic illegal drug production and distribution and countering transnational organized crime.

The Council did not have any recommendations.

- 5. Presentation #2: Oxford House- Postponed.
- 6. Presentation #3: Interdisciplinary Pain Management- Michael Kriegel, PhD, Kriegel Consulting. Dr. Kriegel provided an overview of the interdisciplinary rehabilitative approach to low back pain management. Letter sent by Bondi to insurance companies and core of issues with opioid crisis. Highlights of his discussion included:
 - The opioid crisis in our country is currently out of control. There is no chance to control this crisis unless there is a dramatic reduction in the number of opioid prescriptions written. Simply restricting the prescribing physicians will not work.
 - The field of interdisciplinary pain management was created in the late 1970's to help patients with chronic pain manage their pain effectively with little or no opioid medicines. Opioid drugs had long been proven to be ineffective in managing chronic pain because the human body builds a tolerance over time, requiring higher and higher doses to get the same relief.
 - Interdisciplinary pain management proved to be tremendously effective with the
 majority of patients experiencing partial or even complete relief from their pain.
 Consequently, their need for opioid medicine was eliminated or severely reduced.
 - Because of these results the field of interdisciplinary pain management grew dramatically in the 1980's and 1990's. Then in 1998 the insurance companies throughout the country refused to pay for any chronic pain treatment except for pain

- medicine, Medicare following suit. This created the beginning of the current opioid crisis. Deaths from opioid overdoses were low and stable until 1999 when it increased dramatically and it has increased every year since, directly reflecting the increasing number of opioid prescriptions.
- There are many aspects of the current opioid crisis but the foundation of the solution is to require the insurance companies and Medicare to reverse their payment policy and to only pay for opioid drugs when they are provided as a component of interdisciplinary pain management. The goal is to help chronic pain patients control or eliminate their pain and therefore require little or no opioid drugs. Reducing the need will dramatically reduce the number of opioid prescriptions written in the country.
- Once the enormous flow of opioid prescriptions is dramatically reduced the current social and legal efforts to control the opioid crisis will have a chance of being successful.

Recommendation:

- The Council recommended the following based on Dr. Kreigle's presentation and discussion.
- Reimburse all forms of pain management instead of just medications.
- Increase educational requirements for pain management physicians. Physicians should be trained as clinicians.
- Identify hospitals to become a treatment model to provide appropriate pain management treatment and minimize the use of narcotics.
- Mandate health plans cover pain management and alternative treatment options.
- Create warning sticker to be applied on opioid prescription bottles. Aalerting patients to the danger of abuse/misuse.
- 7. Neonatal Abstinence Syndrome Workgroup Update- Kelli T. Wells, MD, Deputy Secretary for Health and Andy Barnard, Office of the Attorney General, Assistant Deputy General and Special Counsel provided an update on Neonatal Abstinence Syndrome (NAS). Mr. Benard provided a historical perspective and recapped the accomplishment of the NAS Task Force led by Attorney General Pam Bondi in 2012. Dr. Wells provided an update on the Department of Health's activities and progress made to date.

Recommendation:

Mr. Benard will review the NAS Task Force's recommendations and provide an update.

8. Partnership for Success Grant Activity Update- Amanda Muller, Overdose Prevention Coordinator, Department of Children and Families provided an update on the partnership for success grant activities. Ms. Muller reported school-based programs have been expanded, as well as outreach and prevention training to law enforcement, health care practitioners and hospitals who request training. PFS grant has revitalized the State Epidemiologic Outcomes Workgroup. Ms. Poston will invite Stephanie Moody-Geissler, Lead Epidemiologist, Overdose Prevention, Office of Substance Abuse and Mental Health, Department of Children and Families to attend the next meeting to provide an update on the workgroup's activities. Ms. Muller reviewed upcoming grant opportunities which are dependent on Congress approving the appropriation.

There are over 50 organizations enrolled in the Narcan program and more are coming on board. Treatment providers have reported to Ms. Muller there has been over 400 overdose reversals through the Narcan program. In addition, the Florida Sheriff's Association has launched a Narcan online training course.

9. EMSTARS Grant Activity Update (HB 249) FI-ESOS- Joshua Sturms, Section Administrator, Bureau of Emergency Medical Oversight Division of Emergency Preparedness and Karen Card provided an update on the implementation of HB249. The data collected by the department is required to be made available within 120 hours to law enforcement, public health, fire rescue and emergency medical service agencies in each county. February is the target for the first published report.

General information in the report includes:

- Number of overdoses
- Antagonist dosages given
- Antagonist dosages given, by each route of administration
- Antagonist dosages given, prior to EMS arrival
- Other agencies responding to the scene
- Times

Demographic information in the report includes total overdoses and antagonists by:

- Gender
- Overdoses
- · Antagonist dosages given
- Race/Ethnicity
- Age Category

Geographic Information includes total overdoses and antagonists by:

- State
- Region
- County
- **10.** Legislative Update- Paul Runk, Legislative Director, Florida Department of Health. Mr. Runk provided an update on 2018 legislative session. Please see the attached.
- 11. Medical Quality Assurance Multidisciplinary Board Fact Finding Work Group Update-Joe Baker, Executive Director, Florida Board of Nursing and C. Erica White, Executive Director for the Board of Pharmacy provided an update on the Multidisciplinary Board Workgroup. The workgroup on wrong site surgery, telehealth and controlled substances, met June 2, 2017 and November 2017 in Orlando. In addition to the Boards of Medicine, Osteopathic Medicine, Nursing, Pharmacy, Podiatry, allied health boards were also in attendance.

Objectives of the November meeting included increasing awareness; addressing alternative therapies to patients; increasing knowledge about the crisis; identifying strategies boards can use for collaboration; spring boarding to future discussions. The primary outcome of the workgroup is to see a reduction in opioid deaths because of strategies implemented by multidisciplinary health care boards.

The workgroup identified six future strategies:

- 1. Explore marketing campaign- "Opioid Free Florida"
- Mandate use of PDMP.
- 3. Limit opioids to 3-day supply and encourage alternative treatments.
- 4. Educate licensees on the proper prescribing of opioids by developing a standard curriculum.
- 5. Increase patient education.
- 6. Expand alternative opioid free treatment.

Recommendation:

- Require pharmacists to place a sticker on the prescription bottle "Warning: you could get addicted if you take this medication."
- Mandate "Lock your Meds" campaign.

- 12. Office of Medical Marijuana Update- postponed.
- 13. Public Comments- None.

14. Next steps:

- Prepare letter for formal invitation to the Office of Insurance Regulation and AHCA.
- Schedule agency reports in the morning to bring data related to opioid crisis.
- Send out the survey to find out top 3 recommendation strategies.
- Send the following reports to DPAC:
 - NAS report
 - o Copy of pamphlet
 - Addendum
 - o Educational multidisciplinary board conference dial in number.
 - Insurance presentation
- Need a speaker for Drug Court, problem-solving courts and use of MAT. Follow-up on Amanda's recommendation.
- ESOS report EMSTARS
- Next meeting date- April 19
- 15. Motion to Adjourn- 3:30PM