Body Piercing Procedural Guidelines

Piercing Site Prep:

- 1. Wash hands.
- 2. On disinfected work surface, assemble supplies for cleaning the piercing site:
 - a. Skin piercing assemble single-use gauze, antiseptic skin prep agent, marking implement (i.e., gentian violate, dermal marker, etc.)
 - b. Oral piercing assemble single-use gauze, antiseptic mouthwash, marking implement (i.e., gentian violate, dermal marker, etc.)
- 3. Put on non-sterile gloves to prep skin. (Optional.)
- 4. For skin piercing:
 - a. Shave area with disposable razor as needed
 - b. Mark piercing location on skin with marking implement.
 - c. Apply antiseptic skin prep agent according to manufacturer's instructions. If needed, utilize sterile gauze pad or other sterile product for application of the skin prep agent. Product should be applied initially to the piercing location using a concentric circular motion working outward from this area.
- 5. For oral piercing: Have customer rinse mouth with the antiseptic mouth wash according to manufacturer's instructions.

Sterile Field Setup:

Sterile Field Towel Drape

- 1. Wash hands.
- 2. Assemble instruments and supplies needed for body piercing, such as, jewelry, instruments, needle, sterile single-use blood flow product (i.e., gauze), antiseptic solution, sterile gloves, and sterile cloth (optional).
- 3. Put on mask.
- 4. If using a disposable sterile towel drape as the base of your sterile field:
 - a. Carefully peel open sterile packet, grab edges of cloth, staying within a ½-inch perimeter from the edge. Open the cloth and place onto the work surface.
 - b. Carefully peel open sterile jewelry, instrument, needle, and blood flow product packets (i.e. sterile gauze), one at a time. Gently drop the contents of each packet onto the sterile surface, being careful of placement and not to touch the peel packet onto the sterile surface.
 - c. If using a single-use package of antiseptic ointment (i.e. triple antibiotic), dispense the product onto the interior, sterile, plastic surface of an open sterile packet without letting the packet touch the sterile field.

Sterile Glove Package

- 1. Wash hands.
- 2. Assemble instruments and supplies needed for body piercing, such as jewelry, instruments, needle, sterile single-use blood flow product (i.e. gauze), antiseptic solution, sterile gloves.
- 3. Put on mask.
- 4. Carefully peel open the sterile gloves packet and remove the paper wrapped sterile gloves without touching the interior of the outer packet. Place the empty packet, sterile side up, onto the work surface.
- 5. Carefully peel open sterile jewelry, instrument, needle, and blood flow product packets (i.e. sterile gauze), one at a time. Gently drop the contents of each packet onto the sterile surface, being careful of placement and not to touch the peel packet onto the sterile surface.

6. If using a single-use package of antiseptic ointment (i.e. triple antibiotic), dispense the product onto the interior, sterile, plastic surface of an open sterile packet without letting the packet touch the sterile field.

Disposable Clean Cloth

- 1. Wash hands
- 2. Open cloth and place onto work surface.
- 3. Put on mask.
- 4. Carefully peel open sterile jewelry, instrument, needle, and blood flow product packets (i.e. sterile gauze), place packets onto nonsterile cloth. Be careful not to touch the interior of the packet.
- 5. If using a single-use package of antiseptic ointment (i.e. triple antibiotic), dispense the product onto the interior, sterile, plastic surface of an open sterile packet without letting the packet touch the sterile field.

Putting on Sterile Gloves:

- 1. Wash hands.
- 2. Put on sterile gloves using appropriate aseptic technique.

Piercing Procedure:

- 1. Proceed with piercing procedure.
- 2. If blood flow occurs, use a sterile, single-use product, i.e. sterile gauze, to check the flow of blood.
- 3. Apply an antiseptic solution to the pierced area with a sterile, single-use cotton swab or gauze pad.
- 4. Dispose of needle in sharps container, if it has not already been disposed. Dispose of blood or body fluid contaminated gloves into red bag. If no contamination occurred they can be disposed of into the solid waste trash can.
- 5. Remove mask.
- 6. Wash hands.
- 7. Disinfect work surfaces and customer chair.