**CCFP “Boxed Lunch” Menus**

Below are five “box lunch” menus when requested by the Institution or Facility for field trips; the menus shall be rotated.

| Menu One | Peanut butter and jelly sandwich (ages 1-5: 1Tbsp, ages 6-18: 2 Tbsp) on 100% whole grain bread  
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|          | Yogurt (ages 1-5: 4 oz, ages 6-18: 6 oz)  
|          | Carrot sticks  
|          | Apple wedges  
|          | Milk |
| Menu Two | Chicken pita (1 oz. chopped boneless chicken, ½ oz. cheddar cheese and ¼ cup lettuce in pita pocket – increase cheese to 1 oz for 6-18 year olds)  
|          | Seasonal fresh fruit (cantaloupe, honeydew, mango, pineapple, strawberries, watermelon – no bananas/apples)  
|          | Celery sticks  
|          | Ranch Dressing  
|          | 100% whole grain tortilla chips  
|          | Milk |
| Menu Three | Turkey and cheese sandwich on 100% whole grain bread Mayo/mustard  
|          | Sliced cucumber and tomato  
|          | Mixed fruit cup  
|          | Milk |
| Menu Four | Ham and cheese sandwich on 100% whole grain bread Mayo/mustard  
|          | Carrot and celery sticks Ranch Dressing  
|          | Orange wedges  
|          | Milk |
| Menu Five | Tuna salad on bun  
|          | Broccoli florets Ranch dressing  
|          | Sliced peaches  
|          | 100% whole grain crackers  
|          | Milk |