## CCFP “Boxed Lunch” Menus

Below are five “box lunch” menus when requested by the Institution or Facility for field trips; the menus shall be rotated.

| Menu One | Peanut butter and jelly sandwich  
(ages 1-5: 1Tbsp, ages 6-18: 2 Tbsp)  
on 100% whole grain bread  
Yogurt  
(ages 1-5: 4 oz, ages 6-18: 6 oz)  
Carrot sticks  
Apple wedges  
Milk |
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| Menu Two | Chicken pita  
(1 oz. chopped boneless chicken, ½ oz. cheddar cheese and ¼ cup lettuce in pita pocket – increase cheese to 1 oz for 6-18 year olds)  
Seasonal fresh fruit  
(cantaloupe, honeydew, mango, pineapple, strawberries, watermelon – no bananas/apples)  
Celery sticks  
*Ranch Dressing*  
100% whole grain tortilla chips  
Milk |
| Menu Three | Turkey and cheese sandwich  
on 100% whole grain bread  
*Mayo/mustard*  
Sliced cucumber and tomato  
Mixed fruit cup  
Milk |
| Menu Four | Ham and cheese sandwich  
on 100% whole grain bread  
*Mayo/mustard*  
Carrot and celery sticks  
*Ranch Dressing*  
Orange wedges  
Milk |
| Menu Five | Tuna salad on bun  
Broccoli florets  
*Ranch dressing*  
Sliced peaches  
100% whole grain crackers  
Milk |