

*Mission:* To protect, promote & improve the health of all people in Florida through integrated state, county, and community efforts.

# 2018 – 2020 School Health Services Plan

for

\_\_\_\_County

Due by September 15, 2018

E-mail Plan as an Attachment to:

HSF.SH\_Feedback@flhealth.gov

## 2018 - 2020 School Health Services Plan Signature Page

My signature below indicates that I have reviewed and approved the 2018 - 2020 School Health Services Plan and its local implementation strategies, activities, and designations of local agency responsibility as herein described:

Position	Name and Signature	Date
Local Department of Health Administrator / Director	Printed Name	
	Signature	Date
Local Department of Health Nursing Director	Printed Name Signature	Date
	Signature	Duite
Local Department of Health School Health Coordinator	Printed Name	
	Signature	Date
School Board Chair Person	Printed Name Signature	Date
	Signature	Duit
School District Superintendent	Printed Name	
	Signature	Date
School District School Health Coordinator	Printed Name	
	Signature	Date
School Health Advisory Committee Chairperson	Printed Name Signature	Date
	Syntaic	
School Health Services Public / Private Partner	Printed Name	
	Signature	Date

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### SUMMARY – SCHOOL HEALTH SERVICES PLAN 2018–2020

Statutory Authority: Section 381.0056, Florida Statute (F.S.) requires each local Department of Health to develop, jointly with the school district and school health advisory committee, a School Health Services Plan (referred herein as the "Plan") that outlines the provisions and responsibilities to provide mandated health services in all public schools. Chapter 64F-6.002, Florida Administrative Code (F.A.C.) requires the plan to be completed biennially.

#### The Plan format is arranged in 3 parts relating to the services provided and funding streams, as follows:

- Part I: Basic School Health Services General school health services which are available to all students in Florida's public and participating non-public schools in all 67 school districts.
- Part II: Comprehensive School Health Services include increased services in section 381.0057, Florida Statutes, for student health management, interventions and classes. These services promote student health; reduce high-risk behaviors and their consequences (substance abuse, unintentional/ intentional injuries, and sexually transmitted diseases); provide pregnancy prevention classes and interventions; and provide support services to promote return to school after giving birth.
- Part III: Health Services for Full Service Schools (FSS) Includes basic school health services and additional specialized services that integrate education, medical, social and/or human services such as nutrition services, basic medical services, aid to dependent children (temporary assistance for needy families (TANF)), parenting skills, counseling for abused children, counseling for children at high risk for delinquent behavior and their parents or guardian, and adult education to meet the needs of the high-risk student population and their families. These services are required of schools as defined in section 402.3026, Florida Statutes.

#### The Plan contains 4 columns, as follows:

- Column 1 Requirements and References. This column includes Florida Statutes, Administrative Codes and references demonstrating best practices related to school health.
- Column 2 Program Standards. This column provides specific requirements related to the statutes, administrative code and references listed in Column

   1.
- Column 3 Local Agency(s) Responsible. The local agencies (Department of Health, Educational Agency (LEA), and School Health Advisory Committee (SHAC)) determine the responsibilities for providing the services described columns 1 and 2.
- Column 4 Local Implementation Strategy & Activities. This column describes the implementation strategies and activities to fulfill requirements in columns 1 and 2.

#### PART I: BASIC SCHOOL HEALTH SERVICES Local Agency(s) Local Implementation **Requirements/References Program Standards** Responsible **Strategy & Activities** 1. School Health Services 1a. Each local school health services Plan; District Wellness Policy; plan shall be completed biennially and **Comprehensive School** approved and signed by, at a minimum, Health Services; Full Service the superintendent of schools, the school board chairperson, and the local School Health Services Act: s. CHD medical director/administrator. 381.0056, F.S.; 1b. The local school health services Chapter 64F-6.002, F.A.C.; plan shall be reviewed each year for the Florida Nurse Practice Act: purpose of updating the plan. Chapter 464 Nursing Amendments shall be signed by the **Technical Assistance** school district superintendent and the Guidelines - The Role of the local Department of Health medical Professional School Nurse in director/administrator. the Delegation of Care in 1c. The local school health services Florida Schools (Rev. 2010); plan shall describe employing or ss. 1003.453, F.S., contracting for all health-related staff 381.0057, F.S., and the supervision of all school health 402.3026, F.S. services personnel regardless of the funding source. 1d. Each local CHD uses annual Schedule C funding allocation to provide school health services pursuant to the School Health Services Act and the requirements of the Schedule C Scope of Work. 1e. The local CHD and local LEA shall each designate one person, RN recommended, to be responsible for the

coordination of planning, development, implementation and evaluation of the program. These individuals should

Schools:

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collaborate throughout the school year	
to assure program compliance and to	
plan and assess the delivery of program	
services.	
1f. Protocols for supervision of school	
health services personnel shall be	
described in the local school health	
services plan to assure that such	
services are provided in accordance	
with statutory and regulatory	
requirements and professional	
standards, and are consistent with the	
Nurse Practice Act.	
1g. Decisions regarding medical	
protocols or standing orders in the	
delivery of school health services are	
the responsibility of the local CHD	
medical director in conjunction with	
district school boards, local school	
health advisory committees, the school	
district medical consultant if employed,	
and the student's private physician	
when applicable.	
1h. Establish procedures for health	
services reporting in Health	
Management System (HMS) and the	
annual report, to include services	
provided by all partners.	
1i. Each School Health Advisory	
Committee (SHAC) should include	
members representing the eight	
components of the Centers for Disease	
Control and Prevention's Coordinated	
School Health (CSH) model. The SHAC	
is encouraged to address the eight CSH	

	components in the school district's	
	wellness policy.	
2. Health Appraisal	2a. Determine the health status of	
s. 381.0056(4)(a)(1), F.S.	students.	
3. Records Review	3a. Perform initial school entry review of	
s. 381.0056(4)(a)(2), F.S.	student health records, to include school	
s.1003.22(1)(4) F.S.;	entry physical, immunization status (DH	
Chapters:	680), cumulative health record,	
64F-6.005(1), F.A.C.,	emergency information, etc.	
64F-6.004(1)(a),F.A.C.	3b. Emergency information card for	
	each student should be updated each	
	year.	
4. Nurse Assessment	4a. Perform school entry and periodic	
s. 381.0056(4)(a)(3), F.S.;	assessment of student's health needs.	
Chapters:	4b. For day-to-day and emergency care	
64F-6.001(6), F.A.C.,	of students with chronic or acute health	
6A-6.0253, F.A.C,	conditions at school, the RN develops	
6A-6.0252, F.A.C.,	an individualized healthcare plan (IHP)	
6A-6.0251, F.A.C.	and Emergency Care Plan (ECP).	
5. Nutrition Assessment	5a. Identify students with nutrition	
s. 381.0056(4)(a)(4), F.S.;	related problems and refer to an	
Florida School Health	appropriate healthcare provider.	
Administrative Resource		
Manual, 2017		
6. Preventive Dental Program	6a. Recommended services include:	
s. 381.0056(4)(a)(5), F.S.	Minimally - age appropriate oral health	
	education to all grades and referral	
	system.	
7. Health Counseling	7a. Provide health counseling as	
s. 381.0056(4)(a)(10), F.S.	appropriate.	
8. Referral and Follow-up of	8a. Provide referral and a minimum of 3	
Suspected and Confirmed	documented attempts of follow-up for	
Health Problems	abnormal health screenings, emergency	
s. 381.0056(4)(a)(11), F.S.	health issues, and acute or chronic	
	health problems. Coordinate and link to community health resources.	

9. Provisions for Screenings	9a. Provide screenings and a list of all	
s. 381.0056(4)(a)(6-9), F.S.;	providers. Screenings:	
Chapter 64F-6.003(1-4), F.A.C.	(i) Vision screening shall be provided, at	
	a minimum, to students in grades	
	kindergarten, 1, 3 and 6 and students	
	entering Florida schools for the first time	
	in grades kindergarten – 5.	
	(ii) Hearing screening shall be provided,	
	at a minimum, to students in grades	
	kindergarten, 1 and 6; to students	
	entering Florida schools for the first time	
	in grades kindergarten – 5; and	
	optionally to students in grade 3.	
	(iii) Growth and development screening	
	shall be provided, at a minimum, to	
	students in grades 1, 3 and 6 and	
	optionally to students in grade 9.	
	(iv) Scoliosis screening shall be	
	provided, at a minimum, to students in	
	grade 6.	
	9b. Obtain parent permission in writing	
	prior to invasive screening, (e.g. comprehensive eye exam).	
	9c. Assist in locating referral sources for	
	additional evaluation and/or treatment	
	for students with abnormal screening	
	results. Referral sources may include,	
	but are not limited to, state contracted	
	vision service providers (provided the	
	student meets eligibility requirements),	
	other service providers and local	
	resources.	
10. Meeting Emergency	10a. Ensure written health emergency	
Health Needs	policies and protocols are maintained	
ss. 381.0056(4)(a)(10), F.S.,	and include minimum provisions.	
1006.165, F.S.;	· ·	

Chapter 64F-6.004(1), F.A.C.; Emergency Guidelines for Schools, 2016 Florida Edition	10b. Ensure health room staff and two additional staff in each school are currently certified in cardiopulmonary resuscitation (CPR) and first aid and a list is posted in key locations.	
	10c. Assist in the planning and training of staff responsible for emergency situations.	
	10d. The school nurse shall monitor adequacy and expiration of first aid supplies, emergency equipment and facilities.	
	10e. The school principal (or designee) shall assure first aid supplies, emergency equipment, and facilities are maintained.	
	10f. All injuries and episodes of sudden illness referred for emergency health treatment shall be documented and reported immediately to the principal or	
	the person designated by the principal or the acting principal.	
	<ul> <li>10g. It is the responsibility of each school that is a member of the Florida High School Athletic Association to:</li> <li>1) have an operational automatic external defibrillator (AED),</li> </ul>	
	<ul> <li>2) ensure employees expected to use the AED obtain appropriate training, and</li> <li>3) register the AEDs with the county emergency medical services director.</li> </ul>	
<b>11. Assist in Health Education</b> <b>Curriculum</b> s. 381.0056(4)(a)(13), F.S.	11a. Collaborate with schools, health staff and others in health education curriculum development.	

<b>12. Refer Student to</b> <b>Appropriate Health Treatment</b> s. 381.0056(4)(a)(14), F.S.	12a. Use community or other available referral resources. Assist in locating referral sources for Medicaid eligible, uninsured and underinsured students.	
13. Consult with parents or guardian regarding student's health issues s. 381.0056(4)(a)(15), F.S.; Chapter 64F-6.001(1), F.A.C.	13a. Provide consultation with parents, students, staff and physicians regarding student health issues.	
<b>14. Maintain Health-Related</b> <b>Student Records</b> ss. 381.0056(4)(a)(16), F.S., 1002.22, F.S.; Chapter 64F-6.005(1)(2), F.A.C.	14a. Maintain a cumulative health record for each student that includes required information.	
<b>15. Nonpublic School</b> <b>Participation</b> ss. 381.0056(5)(a)(18), F.S., 381.0056(5)(a)-(g), F.S.	15a. Notification to the local nonpublic schools of the school health services program, allowing the nonpublic school to request participation in the school health services program provided they meet requirements.	
16. Provision of Health Information for Exceptional Student Education (ESE) Program Placement s. 381.0056(4)(a)(17), F.S.; Chapters 6A-6.0331, F.A.C., 64F-6.006, F.A.C.	16a. Provide relevant health information for ESE staffing and planning.	
17. The district school board shall provide in-service health training for school personnel s. 381.0056(6)(b), F.S.; Chapter 64F–6.002, F.A.C.	17a. Please list providers of in service health training for school personnel.	

18. The district school board shall include health services and health education as part of the comprehensive plan for the school district s. 381.0056(6)(a), F.S.; Chapter 64F-6.002, F.A.C.	18a. School-based health services are provided to public school children in grades pre-kindergarten through 12.	
19. The district school board shall make available adequate physical facilities for health services s. 381.0056(6)(c), F.S.; State Requirements for Educational facilities, 2014 and/or State Requirements for Existing Educational Facilities 2014	19a. Health room facilities in each school will meet DOE requirements.	
20. The district school board shall, at the beginning of each school year, provide parents with information concerning ways that they can help their children to be physically active and eat healthy foods s. 381.0056(6)(d), F.S.	20a. List programs and/or resources to be used.	
21. The district school board shall inform parents or guardians in writing at the beginning of each school year of the health services provided s. 381.0056(6)(e), F.S.	21a. Provide the opportunity for parents or guardians to request an exemption in writing.	

22. The presence of any of the communicable diseases for which immunization is required by the Department of Health in a Florida public or private school shall permit the county health department director or administrator or the State Health Officer to declare a communicable disease emergency s. 1003.22(9), F.S.; Chapter 64F-6.002(2)(d), F.A.C.	22a. The school health plan shall include communicable disease policies. Note: Policies need to provide for interagency coordination during suspected or confirmed disease outbreaks in schools.	
23. Each district school board shall include in its approved school health services plan a procedure to provide training, by a registered nurse, a licensed practical nurse, a physician or a physician assistant (pursuant to chapter 458 or 459), to the school personnel designated by the school principal to assist students in the administration of prescribed medication s. 1006.062(1)(a), F.S.	23a. Include provisions in the procedure for general and student-specific administration of medication training.	
24. Each district school board shall adopt policies and procedures governing the administration of prescription medication by district school board personnel s. 1006.062(1)(b), F.S.; Chapter 64B9-14, F.A.C.	24a. The school district medication policy will address the use of designated school staff for medication administration and be consistent with delegation practices.	

25. Students with asthma whose parent and physician provide approval may carry a metered dose inhaler on their person while in school s. 1002.20(3)(h), F.S.; National Association of School Nurses (NASN) Position Statement, The Use of Asthma Recue Inhalers in the School Setting	25a. Develop and implement an Individualized Healthcare Plan (IHP) and Emergency Action Plan (EAP) to ensure safe use of inhaler by student.	
26. A student who is at risk for life-threatening allergic reactions may carry an epinephrine auto-injector and self-administer while in school, school-sponsored activities, or in transit if written parental and physician authorization has been provided s. 1002.20(3)(i), F.S.; Chapters 6A-6.0251, F.A.C., 64F-6.004(4), F.A.C.; Saving Lives at School Anaphylaxis and Epinephrine School Nurse and Handbook for Connection Cards, NASN; NASN Position Statement on Rescue Medications in School; Students with Life-Threatening Allergies, 2017 Updated Guidance	26a. For students with life threatening allergies, the RN shall develop an annual IHP that includes an EAP, in cooperation with the student, parent/guardians, physician, and school staff. The IHP shall include child-specific training to protect the safety of all students from the misuse or abuse of auto-injectors. The EAP shall direct that 911 will be called immediately for an anaphylaxis event and have a plan of action for when the student is unable to perform self-administration of the epinephrine auto-injector.	
27. A public school may purchase a supply of epinephrine auto-injectors from a wholesale distributor	27a. If the school district has chosen to maintain supplies of epinephrine auto- injectors, a standing order and written protocol has been developed by a	

or manufacturer as defined in	licensed physician and is available at all		
s. 499.003, F.S. for the	schools where the epinephrine auto-		
epinephrine auto-injectors at	injectors are stocked.		
fair-market, free, or reduced			
prices for use in the event a			
student has an anaphylactic			
reaction. The epinephrine			
auto-injectors must be			
maintained in a secure			
location on the public			
school's premises. The			
participating school district			
shall adopt a protocol			
developed by a licensed			
physician for the			
administration by school			
personnel who are trained to			
recognize an anaphylactic			
reaction and to administer an			
epinephrine auto-injection			
s. 1002.20(3)(i)(2), F.S.			
28. Educational training	28a. Ensure that school staff that are		
programs required by this	designated by the principal (in addition		
section must be conducted by	to school health staff in the school clinic)		
a nationally recognized	to administer stock epinephrine auto-		
organization experienced in	injectors (not prescribed to an individual		
training laypersons in	student) are trained by a nationally		
emergency health treatment	recognized organization experienced in		
or an entity or individual	training laypersons in emergency health		
approved by the department.	treatment or an entity approved by the		
The curriculum must include	Department of Health.		
at a minimum: (a) Recognition			
of the symptoms of systemic			
reactions to food, insect			
stings, and other allergens;			
and (b) The proper			

administration of an epinephrine auto-injector s. 381.88, F.S.		
29. Students with diabetes	29a. Maintain a copy of the current	
that have physician and	physician's diabetes medical	
parental approval may carry	management plan, and develop and	
their diabetic supplies and	implement an IHP and ECP to ensure	
equipment and self-manage	safe self-management of diabetes.	
their diabetes while en-route	sale self-management of diabetes.	
to and from school (bus), in		
school or at school		
sponsored activities. The		
written authorization shall		
identify the diabetic supplies,		
equipment and activities the		
student is capable of		
performing without		
assistance for diabetic self-		
management, including		
hypoglycemia and		
hyperglycemia		
s. 1002.20(3)(j), F.S.;		
Chapter 6A-6.0253, F.A.C.;		
NASN position statement,		
Diabetes Management in the		
School Setting		
30. A student who has	30a. Develop and implement an IHP	
experienced or is at risk for	and ECP for management of the	
pancreatic insufficiency or	conditions requiring pancreatic enzyme	
who has been diagnosed as	supplements and to ensure that the	
having cystic fibrosis may	student carries and self-administers	
carry and self-administer a	such supplements as prescribed by the	
prescribed pancreatic enzyme	physician.	
supplement while en-route to		
and from school (bus), in		
school or at school		
sponsored activities if the		

school has been provided		
with authorization from the		
student's parent and		
prescribing practitioner		
s. 1002.20(3)(j), F.S.;		
Chapter 6A-6.0252, F.A.C.		
31. Nonmedical assistive	31a. Document health related child-	
personnel shall be allowed to	specific training by an RN for delegated	
perform health-related	staff. The delegation process shall	
services upon successful	include communication to the UAP	
completion of child specific	which identifies the task or activity, the	
training by a registered nurse	expected or desired outcome, the limits	
or advanced registered nurse	of authority, the time frame for the	
practitioner, physician or	delegation, the nature of the supervision	
physician assistant	required, verification of delegate's	
s. 1006.062(4), F.S.;	understanding of assignment,	
Chapters:	verification of monitoring and	
64B9-14.002(3), F.A.C.,	supervision. The documentation of	
64B9-14, F.A.C.;	training and competencies should be	
Technical Assistance	signed and dated by the RN and the	
Guidelines - The Role of the	trainee.	
Professional School Nurse in	31b. Use of nonmedical assistive	
the Delegation of Care in	personnel shall be consistent with	
Florida Schools (Rev. 2010).	delegation practices per requirements.	
32. Pursuant to the provisions	32a. Collaborate with school district to	
of Chapter 435, any person	ensure district background screening	
who provides services under	policies do not result in duplicate or	
a school health services plan	conflicting background screening	
pursuant to s. 381.0056, F.S.	requirements for staff providing school	
must meet level 2 screening	health services.	
requirements as described in		
s. 435.04, F.S. A person may		
satisfy the requirements of		
this subsection by submitting		
proof of compliance with the		
requirements of level 2		

screening conducted within 11 months before the date that person initially provides services under a school health services plan. ss. 381.0059, F.S., 1011.465, F.S.		
33. Immediate notification to a student's parent, guardian, or caregiver if the student is removed from school, school transportation, or a school- sponsored activity and taken to a receiving facility for an involuntary examination pursuant to s. 394.463, F.S. including the requirements established under ss. 1002.20(3)(j), F.S., 1002.33(9), F.S., 381.0056(4)(a)(19), F.S.	33a. The school health services plan shall include policies and procedures for implementation.	

PART II: COMPREHENSIVE SCHOOL HEALTH SERVICES (CSHSP)			
References/Resources	Program Standards	Local Agency(s) Responsible	Local Implementation Strategy & Activities
34. The services provided by	34a. Provide in-depth health		
a comprehensive school	management, interventions and follow-		
health program must focus	up through the increased use of		
attention on promoting the	professional school nurse staff.		
health of students, reducing	34b. Provide health activities that		
risk-taking behavior, and	promote healthy living in each school.		
reducing teen pregnancy.	34c. Provide health education classes.		

Services provided under this	34d. Provide or coordinate counseling	
section are additional and	and referrals to decrease substance	
are intended to supplement,	abuse.	
rather than supplant, basic	34e. Provide or coordinate counseling	
school health services	and referrals to decrease the incidence	
ss. 381.0057(6), F.S.,	of suicide attempts.	
743.065, F.S.	34f. Provide or coordinate health	
	education classes to reduce the	
	incidence of substance abuse, suicide	
	attempts and other high-risk behaviors.	
	34g. Identify and provide interventions	
	for students at risk for early parenthood.	
	34h. Provide counseling and education	
	of teens to prevent and reduce	
	involvement in sexual activity.	
	34i. Collaborate with interagency	
	initiatives to prevent and reduce teen	
	pregnancy.	
	34j. Facilitate the return to school after	
	delivery and provide interventions to	
	decrease repeat pregnancy.	
	34k. Refer all pregnant students who	
	become known to staff for prenatal care	
	and Healthy Start services.	

PART III: HEALTH SERVICES FOR FULL SERVICE SCHOOLS (FSS)	)
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References/Resources	Program Standards	Local Agency(s) Responsible	Local Implementation Strategy & Activities
35. The State Board of	35a. Designate full-service schools		
Education and the	based on demographic evaluations.		
Department of Health shall	35b. Provide nutritional services.		
jointly establish full-service	35c. Provide basic medical services.		

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schools (FSS) to serve students from schools that have a student population at high risk of needing medical and social services s. 402.3026(1), F.S.	<ul> <li>35d. Provide referral to dependent children (Temporary Assistance to Needy Families (TANF)).</li> <li>35e. Provide referrals for abused children.</li> <li>35f. Provide specialized services as an extension of the educational environment that may include: nutritional services, basic medical services, aid to dependent children, parenting skills,</li> </ul>	
	counseling for abused children, counseling for children at high risk for delinquent behavior and their parents, and adult education. 35g. Develop local agreements with	
	providers and/or partners for in-kind health and social services on school grounds.	