FOR IMMEDIATE RELEASE   **Contact**: DOH Communications
January 14, 2014   (850) 245-4111

FLORIDA DEPARTMENT OF HEALTH ANNOUNCES NEW, COUNTY-LEVEL HEALTHIEST WEIGHT SNAPSHOTS

TALLAHASSEE – The Florida Department of Health today announced the rollout of a new resource providing the first comprehensive profile regarding healthiest weight for each Florida county. The County-Level Healthiest Weight Snapshots tool is a part of the Community Health Assessment Resource Tool Set (CHARTS) and features information designed to assist families, health care professionals, policy makers and whole communities to help Floridians achieve a healthy weight.

"This new tool provides an important view of the progress in each of our counties as we work to become the healthiest state in the nation," said State Surgeon General and Secretary of Health Dr. John Armstrong.

The tool includes demographic, behavioral and built environment measures relating to the community's healthy weight status, and may be used to support community health assessments, provide data for health and weight related research, and encourage communities to continue their efforts to improve nutrition and increase physical activity.

Healthiest Weight Florida is a public-private collaboration bringing together state agencies, not for profit organizations, businesses, and entire communities to help Florida's children and adults make consistent, informed choices about healthy eating and active living.

To learn more about the CHARTS County-Level Healthiest Weight Snapshots, please visit the Healthiest Weight Florida County Profile page. The Department also encourages you to learn more about our Healthiest Weight Florida initiative at www.HealthiestWeightFL.com.

The Department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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