

John H. Armstrong, MD, FACS State Surgeon General & Secretary

Vision: To be the Healthiest State in the Nation

FOR IMMEDIATE RELEASE

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THE FLORIDA DEPARTMENT OF HEALTH'S OFFICE OF MINORITY HEALTH CELEBRATES TAKE A LOVED ONE TO THE DOCTOR MONTH

Tallahassee—The Florida Department of Health's Office of Minority Health invites you to join us in protecting, promoting and improving the health of all residents and visitors by supporting the statewide campaign Take a Loved One to the Doctor Month. The campaign is inspired by the Take a Loved One to the Doctor Day national initiative which is celebrated annually on the third Tuesday in September. The 2014 campaign theme is "Only You can Keep Yourself Healthy; Healthy Weight; Healthy Food Choices and regular Check-up & Preventative Screenings = A HEALTHY YOU!"

"Take a Loved One to the Doctor Month serves as a great opportunity for Floridians to help others and continue our efforts of becoming the healthiest state in the nation," said Deputy Secretary for Health and Deputy State Health Officer for Children's Medical Services Dr. Celeste Philip. "Going to a licensed doctor, being active, eating right and maintaining a healthy weight are necessary tools for a longer, happier and healthier life."

This year, the Office of Minority Health solicits your participation in establishing a statewide network of health care providers, health centers, clinics, physicians and health departments who offer health services and screenings to underserved individuals in our communities. Through a coordinated statewide campaign, more people will have the opportunity to get involved, take advantage of the available services offered by the health care system or help someone else do the same during the month of September.

For more information about Take a Loved One to the Doctor Month visit: <u>www.FloridaHealth.gov/ToTheDoctorMonth</u>. Whether you are taking yourself or a loved one to the doctor, it is important to remember to use a licensed health care provider. For more information on how to verify your doctor's license please visit: <u>www.flhealthsource.gov</u>

The Department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts. During 2014, the Department is recognizing 125 years of public health in Florida with educational opportunities and events. Please visit <u>www.FLHealth125.gov</u> for more information.

Follow us on Twitter at <u>@HealthyFla</u> and on <u>Facebook</u>. For more information about the Florida Department of Health please visit <u>www.floridahealth.gov</u>.

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