Florida HEALTH

Vision: To be the **Healthiest State** in the Nation

Rick Scott
Governor

John H. Armstrong, MD, FACS
State Surgeon General & Secretary

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PHOTO RELEASE

STATE SURGEON GENERAL RECEIVES FLU SHOT AND REMINDS FLORIDIANS TO "VACCINE BEFORE HALLOWEEN"

Tallahassee – State Surgeon General and Secretary of Health, Dr. John Armstrong, received his annual flu shot today, demonstrating the importance of getting vaccinated against the flu. The Department recommends all Floridians 6 months of age and older receive a flu shot each year.

"Getting vaccinated is the single best way to protect yourself and your family against influenza," said State Surgeon General and Secretary of Health Dr. John Armstrong. "I encourage all Floridians to get your flu vaccination before Halloween, wash your hands often and stay home when you are sick."

Flu vaccines are offered in many locations, including doctor's offices, clinics, health departments, retail stores, pharmacies, health centers and through many employers and schools. Check with your physician, your local county health department or www.floridahealth.gov to search for a location to receive a flu vaccine. Ann Waltz, Senior Community Health Nurse Supervisor for the Florida Department of Health in Leon County is pictured above with State Surgeon General and Secretary of Health, Dr. John Armstrong.

The Department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts. During 2014, the Department is recognizing 125 years of public health in Florida with educational opportunities and events. Please visit www.FLHealth125.gov for more information.

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