

Mission:
To protect, promote & improve the health
of all people in Florida through integrated
state, county & community efforts.



Rick Scott
Governor

John H. Armstrong, MD, FACS
State Surgeon General & Secretary

Vision: To be the Healthiest State in the Nation

FOR IMMEDIATE RELEASE
December 8, 2014

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FLORIDA DEPARTMENT OF HEALTH HIGHLIGHTS SENIOR GAMES

TALLAHASSEE — The Florida Department of Health recognizes the Senior Games which are held in Lee County and feature multi-sport events with over 2,000 competitors. Through 24 events, the Senior Games encourages a physically active lifestyle in combination with healthy food and beverage choices. State Surgeon General and Secretary of Health Dr. John Armstrong was on hand to support the Senior Games this year, which marks the 23rd year for the games.

“The Senior Games offer a great reminder that there is no age limit to active living,” said Dr. Armstrong. “By competing in these activities, senior athletes are highlighting the importance of staying healthy and setting an example for future generations.”

The games are supported by the Department through its Healthiest Weight Florida initiative. Healthiest Weight Florida is a public private collaboration bringing together state agencies, not for profit organizations, businesses and entire communities to help Florida’s children and adults make consistent, informed choices about healthy eating and active living.

Registration for several events remains open and men and women 50-years-old and up interested in participating can visit www.flasports.com for more information.

The Department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts. During 2014, the Department is recognizing 125 years of public health in Florida with educational opportunities and events. Please visit www.FLHealth125.gov for more information.

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