



## From the Early Steps State Office

January 2008

Dear Friends,

HAPPY 2008! To be completely honest (and isn't that what friends are with each other?), I'm ready to write off 2007. Though 2007 did offer some special opportunities for me, it had many challenges. A new year provides time for reflection of things we want to improve in our lives or completely take on as new adventures! For me, this includes knowing when to ask for help!

There are many people available to you in the Early Steps system who are available to you when you need help. In addition to the wonderful service coordinators and providers in the Early Steps system, each Local Early Steps employs a Family Resource Specialist (FRS). Family Resource Specialists are unique in that they have a child who was either in Early Steps or would have been eligible for Early Steps. They are available to you to provide information and support. Trust me, there is no better person to understand exactly what you are experiencing like someone who's been there too. I encourage you to contact your FRS, introduce yourself, and allow them to talk with you about the unique opportunities available to you in your community. You'll be so glad you did!

I hope you share the excitement of a new year with me. I hope 2008 brings much joy, growth, and happiness to you and your family! Happy New Year!

Sincerest Regards,

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