

VITAL NEWS IN THE SUNSHINE STATE

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DEVELOPING PROFESSIONAL PARTNERSHIPS IN PUBLIC HEALTH

2018 Most Popular Baby Names in Florida

MALE		
RANK	NAME	FREQUENCY
1	LIAM	1439
2	NOAH	1300
3	LUCAS	1100
4	ELIJAH	940
5	LOGAN	836
6	ETHAN	831
7	MICHAEL	820
8	ALEXANDER	814
9	JACOB	803
10	BENJAMIN	801
11	DANIEL	782
12	MATTHEW	753
13	SEBASTIAN	734
14	MASON	730
15	DYLAN	714
16	OLIVER	701
17	JAYDEN	699
18	DAVID	659
19	GABRIEL	657
20	JAMES	650

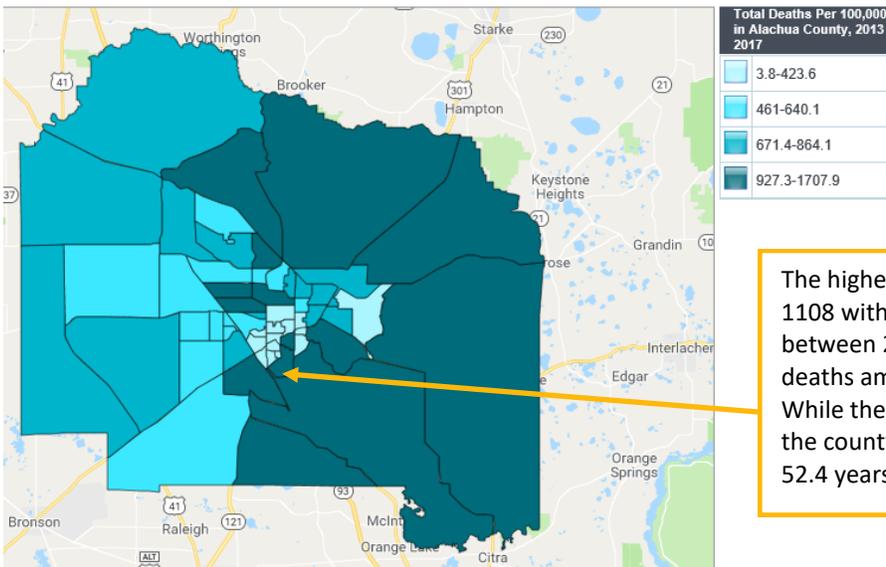
FEMALE		
RANK	NAME	FREQUENCY
1	ISABELLA	1267
2	EMMA	1224
3	OLIVIA	1120
4	SOPHIA	1027
5	MIA	950
6	AVA	930
7	AMELIA	810
8	CHARLOTTE	635
9	MILA	616
10	ABIGAIL	611
11	VICTORIA	610
12	SOFIA	588
13	EMILY	579
14	LUNA	515
15	ELIZABETH	511
16	CAMILA	505
17	HARPER	488
18	MADISON	484
19	ARIA	470
20	VALENTINA	459

Trending Now on FLHealthCHARTS

Using Community Maps in FLHealthCHARTS.com

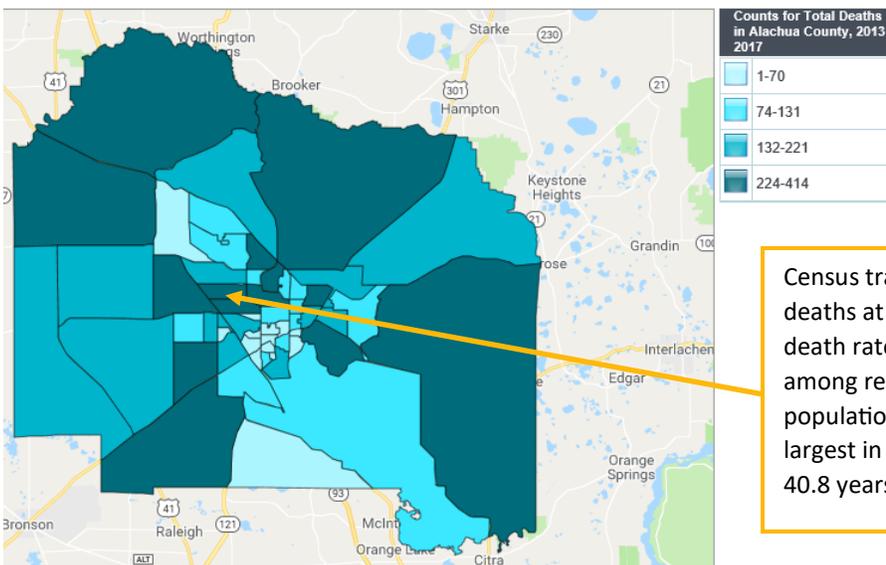
The [Community Map](#) feature in FLHealthCHARTS.com allows you to view 78 indicators by census tract (i.e., an area defined by the U.S. Census Bureau) or ZIP code, including chronic disease, injury and violence, maternal and child health, reportable and infectious disease and social determinants of health indicators. When a census tract with high rates or counts is identified from the map or associated data table, then demographic, social and economic information about this area can be accessed from the FLHealthCHARTS' [Social and Economic Factors](#) report.

The Community Map shows 5-year counts and rates. As shown by comparing the two maps below, rates tend to be highest in areas with smaller population, while counts are higher in areas with larger population. The decision to focus on counts versus rates depends on a project's emphasis. This difference is shown in the following example of an examination of 2013-2017 death counts and rates in Alachua County.



This map shows 5-year death **rates** in Alachua County for 2013-2017. Census tracts with the darkest shading have the highest death rates.

The highest death rate is found in census tract 1108 with 1707.85 deaths per 100,000 persons between 2013 and 2017. There were 188 deaths among residents of this census tract. While the population is among the smallest in the county, the median age is the oldest at 52.4 years.



This map shows 5-year death **counts** in Alachua County for 2013-2017. Census tracts with the darkest shading have the highest number of deaths.

Census tract 17.01 has the highest count of deaths at 414 between 2013 and 2017. The death rate was 1239.23 per 100,000 persons among residents of this census tract. The population of this census tract is the 10th largest in the county, and the median age is 40.8 years.

Living Your Best

Evidence of Healthy Living in Florida

Are you among the millions of people who made a New Year's resolution to diet, learn something new, save money, or commit to some lofty goal? Did you struggle to maintain that goal? You're not alone. It's not because we are not dedicated to change nor lack motivation. Life is busy. We have hectic work schedules and if you're a parent, the constant adjusting of daily routines to meet demanding schedules or working two, even three jobs to put food on the table for your family can hamper your commitment to resolutions. Resolutions are often too big and can be overwhelming. Why not resolve, not just at the beginning of the new year, but every day to live the best version of yourself that you can be? Changing something small every day is something that may be more achievable.

Living your best life means maximizing the possibilities for happiness and success. So, how do we get there?

One way is through collaboration; working with others to do more than you could have done alone. Look at the DOH-Escambia employees who initiated the "Maintain, Don't Gain Holiday Challenge." And though the 30 participants' goal was to maintain their weight over the holidays, they collectively lost over 100 lbs.! That's teamwork!



Another way is through making connections. Social and emotional support make it possible to achieve happiness and success. Look at what Oslo Middle School SWAT Member Jasmine Romano achieved by sharing the dangers of nicotine smoke with the Indian River County Commissioners. All the county parks and recreational facilities will now have signs posted establishing tobacco-free zones. What an achievement!

Through learning and seeing yourself as a student in life enhances using your experiences as opportunities to grow and develop as a person. DOH-Manatee employees embraced just that. They were recently offered an opportunity to learn some interesting skills at an accelerated pace. The speed courses helped staff brush up on their professional presentation skills, write more efficiently, get more exercise into their daily routines and find calm in stressful situations. Something we all could use a little more in our lives. Keep on learning!

Another opportunity is from regular participation which bestows a sense of belonging and interdependence with others. DOH-Putnam promoted the "New Year New You" initiative to encourage team members and their families to make healthy changes that will last year-round. Twelve employees signed up for the weight loss challenge that helped them set goals, provided educational materials and tools to track food intake and exercise activities, along with continued guidance and support from the Wellness Team. Go Team!

And finally, generously sharing your time with others, such as DOH-Orange Health Officer Dr. Kevin Sherin. He volunteers at the annual Caribbean Health Summit, with the Salvation Army Bell Ringing campaign during the holidays and monthly at Shepard's Hope Clinic, demonstrating the importance of sharing time for the well-being of others.



What is the common factor of these featured Floridians? They took the first step and kept on moving in the direction of living their best selves. These are only a few of the ways people are seeking to improve themselves, which in turn enhances the world around them. Be the change. Live your best you!

Apostille or Exemplified Certificates

The 1961 Hague Convention established the Apostille as a form of authentication for its member states. Foreign embassies or consulates often require vital record certifications to be apostilled or exemplified by the Secretary of State for use abroad. The Apostille or Exemplified certificate issued by the Secretary of State will attest that the state registrar is the custodian of the vital records of this state as shown in the official records of the Florida Department of State.

Applicants should consult with the nearest consulate or embassy for the country in which they will be using the Apostille or Exemplified certificate to obtain the country's requirements for the vital record certification.

Obtaining an Apostille or Exemplified Certificate is a two-step process:

Submit an application to obtain a vital record certification from the Florida Department of Health, Bureau of Vital Statistics. Applications and ordering information is available at www.floridahealth.gov/certificates or you may contact us at 904-359-6900, ext. 9006.

Once the vital record certification is obtained, the applicant must forward it to the Florida Department of State (DOS) for the Apostille/ Exemplified Certification. Information regarding this process may be obtained at www.dos.myflorida.com or 850-245-6945.

Mailing: Department of State, Division of Corporations, Apostille Certification, P.O. Box 6800, Tallahassee, FL 32314-6800

Walk in/Courier Delivery: Department of State, Division of Corporations, Apostille Certification, Clifton Building, 2661 Executive Center Circle, Tallahassee, FL 32301.

Social Security Number Redaction

Social Security numbers (SSN) held by the Department of Health on Florida death records are confidential and exempt from the public records law set forth in section 119.071, Florida Statutes, and can be released or disclosed only under specific circumstances. Therefore, in accordance with recommendations from the Department's General Counsel, the Bureau of Vital Statistics will redact the first five digits of the decedent's SSN when issuing a certification of death as a public record. Consequently, eligible applicants requesting the confidential cause of death portion of the death record will receive the entire SSN along with the cause of death information. Applicants not entitled or not requesting the confidential cause of death portion of the death record will only receive the last four digits of the SSN.



If you suspect unlicensed medical or healthcare activity, take action!

Contact the Unlicensed Activity Hotline at

1-877-HALT-ULA

1-877-425-8852

or visit www.FLHealthSource.gov/ula



TO ADD YOUR NAME TO THE BUREAU OF VITAL STATISTICS

MAILING LIST, PLEASE CLICK [HERE](#).

QUESTIONS OR COMMENTS?

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