# Building a Joint Commission Ready Antimicrobial Stewardship Program

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### Disclosures

• I have no financial conflict of interest to report

### Outline

- Understand the 2020 goals, which are part of the national strategy for combating antimicrobial resistant organisms
- Understand and be able to describe the elements of performance for Joint Commission Standard MM 09.01.01
- Understand the importance of engaging stakeholders within the organization to improve antimicrobial prescribing
- Discuss the role of testing stewardship as an important component of antimicrobial stewardship

JAMA Internal Medicine | Original Investigation

## Estimating National Trends in Inpatient Antibiotic Use Among US Hospitals From 2006 to 2012

James Baggs, PhD; Scott K. Fridkin, MD, MPH; Lori A. Pollack, MD, MPH; Arjun Srinivasan, MD, MPH; John A. Jernigan, MD, MS

- 55.1% of patients discharged received at least 1 dose of an antibiotic during visit
- Non-teaching hospitals had higher use compared to teaching hospitals
- Increases in use
  - Vancomycin- 20%
  - Carbapenems- 37%
  - 3<sup>rd</sup>/4<sup>th</sup> Gen
     Cephalosporins- 12%
  - B-lactam/β-lactamase inhibitors- 26%
- Decreases in use
  - Quinolones- 20%
  - 1<sup>st</sup>/2<sup>nd</sup> Gen
     Cephalosporins- 7%

Table 3. Extrapolated Estimates of Antibiotic Usage in the Truven MarketScan Hospital Drug Database by Year and Various Characteristics, 2006-2012

	DOT/1000 PDs									
Characteristic	2006	2007	2008	2009	2010	2011	2012	All Years		
Antibiotic class										
All	732.5	736.9	755.6	766.8	755.4	770.0	767.5	754.8		
Aminoglycosides	30.7	29.2	27.6	25.4	23.3	20.9	19.8	25.3		
First- and second-generation cephalosporins	96.8	93.0	90.5	90.0	87.9	85.8	83.1	89.6		
Third- and fourth-generation Cephalosporins	90.2	88.1	89.2	93.1	96.7	103.7	105.6	95.2		
incosamide	23.1	22.9	22.3	21.6	20.4	20.2	19.8	21.5		
Fluoroquinolones	143.7	141.0	139.4	134.3	126.6	123.0	117.0	132.3		
Macrolides	35.2	34.2	36.9	38.7	37.6	42.0	42.1	38.1		
Glycopeptide	72.0	77.1	85.0	91.7	93.6	100.1	103.4	88.8		
Sulfa	15.4	16.0	16.5	16.0	15.4	14.5	13.8	15.4		
β-Lactam/β-lactamase inhibitor combinations	75.5	80.5	88.0	93.4	94.5	99.1	102.6	90.4		
Carbapenems	22.2	23.8	27.0	29.8	29.6	31.6	32.3	28.0		
Penicillins	35.8	34.6	33.0	32.0	30.8	29.1	29.0	32.1		
Tetracyclines	8.5	10.1	12.3	14.8	13.7	13.5	13.2	12.3		
Metronidazole	53.7	53.1	52.4	51.0	50.0	49.7	49.3	51.3		
Other	29.8	33.0	35.4	35.1	35.3	36.8	36.7	34.6		

Baggs et al. JAMA Intern Med 2016: Sept 19 [Epub ahead of print].

### Prevalence of Antimicrobial Use

Infection Site <sup>a</sup>	No. of Drugs, (%) [95% CI] (n = 7641)	No. of Patients, (%) [95% CI] (n = 4278)
Lower respiratory tract	2607 (34.1) [33.1-35.2]	1480 (34.6) [33.2-36.0]
Urinary tract	1302 (17.0) [16.2-17.9]	955 (22.3) [21.1-23.6]
Skin and soft tissue	1177 (15.4) [14.6-16.2]	688 (16.1) [15.0-17.2]
Gastrointestinal tract	829 (10.8) [10.2-11.6]	537 (12.6) [11.6-13.6]
Undetermined/empirical	661 (8.7) [8.0-9.3]	364 (8.5) [7.7-9.4]
Bloodstream	639 (8.4) [7.8-9.0]	401 (9.4) [8.5-10.3]
Intra-abdominal	317 (4.1) [3.7-4.6]	178 (4.2) [3.6-4.8]
Bone and joint	291 (3.8) [3.4-4.3]	185 (4.3) [3.7-5.0]
Ear, nose, and throat	237 (3.1) [2.7-3.5]	183 (4.3) [3.7-4.9]
Hepatobiliary system	183 (2.4) [2.1-2.8]	109 (2.5) [2.1-3.1]
Central nervous system	137 (1.8) [1.5-2.1]	76 (1.8) [1.4-2.2]
Cardiovascular system	82 (1.1) [0.9-1.3]	50 (1.2) [0.9-1.5]
Reproductive tract	80 (1.0) [0.8-1.3]	46 (1.1) [0.8-1.4]
Disseminated	47 (0.6) [0.5-0.8]	38 (0.9) [0.6-1.2]
Unknown	34 (0.4) [0.3-0.6]	27 (0.6) [0.4-0.9]
Other	5 (0.07) [0.02-0.15]	3 (0.07) [0.02-0.19]

### Prevalence of Antimicrobial Use

Table 3. Five Most Common Antimicrobial Drugs Given to Treat Community-Onset Infections and Health Care Facility-Onset Infections<sup>a</sup>

	No. of Drugs, (%) [95% CI]							
Rank	Community-Onset Infections <sup>b</sup> (n = 5274)	Health Care Facility-Onset Infections <sup>c</sup> (n = 2220)						
1	Vancomycin: 723 (13.7) [12.8-14.7] <sup>d</sup>	Vancomycin: 354 (15.9) [14.5-17.5] <sup>d</sup>						
2	Ceftriaxone: 671 (12.7) [11.8-13.6]	Piperacillin-tazobactam: 259 (11.7) [10.4-13.1]						
3	Levofloxacin: 518 (9.8) [9.0-10.7]	Levofloxacin: 170 (7.7) [6.6-8.8]						
4	Piperacillin-tazobactam: 516 (9.8) [9.0-10.6]	Ceftriaxone: 147 (6.6) [5.6-7.7]						
5	Azithromycin: 342 (6.5) [5.8-7.2]	Metronidazole: 101 (4.5) [3.7-5.5] <sup>d</sup>						

### Prevalence of S. aureus and Anti-MRSA Use

- Large multicenter study of 2259 adults admitted with CAP
- 1.6% had S. aureus identified
  - 0.7% with MRSA
- Anti-MRSA coverage in ~30% of patients

Table 5. Use of Anti-Methicillin-Resistant *Staphylococcus aureus* Antibiotics (Vancomycin or Linezolid) Within 3 Days of Hospital Presentation, by Etiology Group

Etiology Group	Patients, n	Anti-MRSA Antibiotics, n (row %)
All community-acquired pneumonia	2259	674 (29.8)
Staphylococcus aureus	37	34 (91.9)
MRSA	15	14 (93.3)
MSSA	22	20 (90.9)
All-cause non-Staphylococcus aureus	2222	640 (28.8)
Pneumococcal	115	54 (47.0)

Abbreviations: MRSA, methicillin-resistant *Staphylococcus aureus*; MSSA, methicillin-susceptible *Staphylococcus aureus*.

# National Strategy for Combating Antibiotic Resistant Bacteria: **2020 Goals**

- All states will implement stewardship activities in healthcare settings.
- All federal facilities will have robust stewardship programs
- 95% of hospitals will report antibiotic use data to NHSN
- Reduce inappropriate antibiotic use for monitored conditions/agents by:
  - 20% inpatient
  - 50% outpatient
- CDC and AHRQ will expand research

#### Nationwide Efforts to Curb Antimicrobial Resistance

- September 18, 2014 President's Council of Advisors on Science and Technology (PCAST) Report on Combating Antibiotic Resistance
- September 18, 2014 Executive Order 13676
  - Federal agencies to implement recommendations from PCAST Report
  - National Strategy for Combating Antibiotic Resistant Bacteria
  - Creation of interagency Task Force on Combating Antibiotic-Resistant Bacteria
- March 2015 National Action Plan (NAP) for Combating Antibiotic Resistant Bacteria
- September 2015 Secretary of HHS established a President's Advisory Council on Combating Antibiotic Resistant Bacteria
- November 2015 Task Force submitted to President through Secretary HHS the First 180 Days Progress Report on implementation NAP
- March 2016 Presidential Advisory Council submitted Initial Assessment of NAP to President through Secretary HHS

### Antimicrobial Stewardship: What's Coming

- Centers for Medicare and Medicaid Services
  - July 2015: Revised Conditions of Participation (CoP) that will require antibiotic stewardship aligned with CDC core elements in nursing homes, also exploring for inpatient settings
  - New infection control standards will require antibiotic stewardship programs (ASP) in longterm care facilities (LTCFs)
- CDC Core Elements ASP programs in hospitals and nursing homes
- CDC Development of Antimicrobial Use Measure
  - Risk-adjusted summary measure of antimicrobial use in hospitals
  - Benchmark for hospitals and health systems
  - Endorsed by National Quality Forum January 2016
- The Joint Commission
  - Development of an antibiotic stewardship standard requiring stewardship across all health care settings
  - Standard in effect as of January 2017

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#### Don't treat asymptomatic bacteruria with antibiotics.

Inappropriate use of antibiotics to treat asymptomatic bacteruria (ASB), or a significant number of bacteria in the urine that occurs without symptoms such as burning or frequent urination, is a major contributor to antibiotic overuse in patients. With the exception of pregnant patients, patients undergoing prostate surgery or other invasive urological surgery, and kidney or kidney pancreas organ transplant patients within the first year of receiving the transplant, use of antibiotics to treat ASB is not clinically beneficial and does not improve morbidity or mortality. The presence of a urinary catheter increases the risk of bacteruria, however, antibiotic use does not decrease the incidence of symptomatic catheter-associated urinary tract infection (CAUTI), and unless there are symptoms referable to the urinary tract or symptoms with no identifiable cause, catheter-associated asymptomatic bacteruria (CA-ASB) does not require screening and antibiotic therapy. The overtreatment of ASB with antibiotics is not only costly, but can lead to C. difficile infection and the emergence of resistant pathogens, raising issues of patient safety and quality.

#### Avoid prescribing antibiotics for upper respiratory infections.

The majority of acute upper respiratory infections (URIs) are viral in etiology and the use of antibiotic treatment is ineffective, inappropriate and potentially harmful. However, proven infection by Group A Streptococcal disease (Strep throat) and pertussis (whooping cough) should be treated with antibiotic therapy. Symptomatic treatment for URIs should be directed to maximize relief of the most prominent symptom(s). It is important that health care providers have a dialogue with their patients and provide education about the consequences of misusing antibiotics in viral infections, which may lead to increased costs, antimicrobial resistance and adverse effects.

#### Don't use antibiotic therapy for stasis dermatitis of lower extremities.

Stasis dermatitis is commonly treated with antibiotic therapy, which may be a result of misdiagnosis or lack of awareness of the pathophysiology of the disease. The standard of care for the treatment of stasis dermatitis affecting lower extremities is a combination of leg elevation and compression. Elevation of the affected area accelerates improvements by promoting gravity drainage of edema and inflammatory substances. The routine use of oral antibiotics does not improve healing rates and may result in unnecessary hospitalization, increased health care costs and potential for patient harm.

#### Avoid testing for a Clostridium difficile infection in the absence of diarrhea.

Testing for C. difficile or its toxins should be performed only on diarrheal (unformed) stool, unless ileus due to C. difficile is suspected. Because C. difficile carriage is increased in patients on antimicrobial therapy, and patients in the hospital, only diarrheal stools warrant testing. In the absence of diarrhea, the presence of C. difficile indicates carriage and should not be treated and therefore, not tested.



#### **New Antimicrobial Stewardship Standard**

APPLICABLE TO HOSPITALS AND CRITICAL ACCESS HOSPITALS

#### Effective January 1, 2017

#### Medication Management (MM)

#### Standard MM.09.01.01

The [critical access] hospital has an antimicrobial stewardship program based on current scientific literature.

#### Elements of Performance for MM.09.01.01

 Leaders establish antimicrobial stewardship as an organizational priority. (See also LD.01.03.01, EP 5)

Note: Examples of leadership commitment to an antimicrobial stewardship program are as follows:

- Accountability documents
- Budget plans
- Infection prevention plans
- Performance improvement plans
- Strategic plans
- Using the Sectronic health record to collect antimicrobial stewardship data
- The [critical access] hospital educates staff and licensed independent practitioners involved in antimicrobial ordering, dispensing, administration, and monitoring about antimicrobial resistance and antimicrobial stewardship practices. Education occurs upon hire or granting of initial privileges and periodically thereafter, based on organizational need.
- The [critical access] hospital educates patients, and their families as needed, regarding the appropriate use of antimicrobial medications, including antibiotics. (For more information on patient education, refer to Standard PC.02.03.01)

Note: An example of an educational tool that can be used for patients and families includes the Centers for Disease Control and Prevention's Get Smart document, "Viruses or Bacteria—What's got you sick? at <a href="http://www.cdc.gov/getsmart/community/downloads/getsmart-chart.pdf">http://www.cdc.gov/getsmart/community/downloads/getsmart-chart.pdf</a>.

- The [critical access] hospital has an antimicrobial stewardship multidisciplinary team that includes the following members, when available in the setting:
  - Infectious disease physician
  - Infection preventionist(s)
  - Pharmacist(s)
  - Practitioner

Note 1: Part-time or consultant staff are acceptable as members of the antimicrobial stewardship multidisciplinary team.

Note 2: Telehealth staff are acceptable as members of the antimicrobial stewardship multidisciplinary team.

- The [critical access] hospital's antimicrobial stewardship program includes the following core elements:
  - Leadership commitment: Dedicating necessary human, financial, and information technology resources.
  - Accountability: Appointing a single leader responsible for program outcomes. Experience with successful programs shows that a physician leader is effective.
  - Drug expertise: Appointing a single pharmacist leader responsible for working to improve antibiotic use.
  - Action: Implementing recommended actions, such as systemic evaluation of ongoing treatment need, after a set period of initial treatment (for example, "antibiotic time out" after 48 hours).
  - Tracking: Monitoring the antimicrobial stewardship program, which may include information on antibiotic prescribing and resistance patterns.

Key: A indicates scoring category A; C indicates scoring category C; (a) indicates that documentation is required; (b) indicates Measure of Success is needed; (b) indicates an Immediate Threat to Health or Safety; (b) indicates situational decision rules apply; (c) indicates direct impact requirements apply; (c) indicates and identified risk area

# Summary of Core Elements of Hospital Antibiotic Stewardship Programs

Meets MM 09.1.01 EP 5 requirements

- **Leadership Commitment:** Dedicating necessary human, financial and information technology resources.
- Accountability: Appointing a single leader responsible for program outcomes. Experience with successful programs show that a physician leader is effective.
- **Drug Expertise:** Appointing a single pharmacist leader responsible for working to improve antibiotic use.
- Action: Implementing at least one recommended action, such as systemic evaluation of ongoing treatment need after a set period of initial treatment (i.e. "antibiotic time out" after 48 hours).
- Tracking: Monitoring antibiotic prescribing and resistance patterns.
- Reporting: Regular reporting information on antibiotic use and resistance to doctors, nurses and relevant staff.
- Education: Educating clinicians about resistance and optimal prescribing.

### CDC Core Element 1: Leadership Commitment

- Facility provides visible, written statement of support for the ASP
  - Policy preferred
  - Newsletter
- Facility leadership should provide financial support and time for training and education on AS
  - Adequate staffing (FTEs), clear communication strategy
  - Specific salary support for physician and pharmacist
- Executive as "champion" of ASP
- ASP included in the strategic goals of the institution
- Outcomes data shared at performance improvement committees and hospital board
- Include AS as part of ongoing required provider education programs
- Create financial incentives for units or departments to improve antibiotic use
- Regulatory requirements, public reporting, CMS penalties

### Example Leadership Support Tool



#### Checklist for Core Elements of Hospital Antibiotic Stewardship Program

Leadership Commitment: Dedicating necessary human, financial and information technology resources

☑ Formal written statement of support (see below)

Accountability: Appointing a single leader responsible for program outcomes

☑ Infectious Diseases physician identified as leader responsible for program outcomes:

Diana Mercado, MD

Drug Expertise: Appointing a single pharmacist leader responsible for working to improve antibiotic use.

Pharmacist identified as leader responsible for working to improve antibiotic use Florian Daragiati, PharmD-Southside

Calvin Tucker, PharmD- Riverside

Amy Tedeschi, PharmD- Clay

Action: Implementing at least one recommended action, such as systemic evaluation of ongoing treatment need after a set period of initial treatment (i.e. "antibiotic time out" after 48 hours)

- ☑ Antimicrobial stewardship program policy and strategy
- ☑ Antimicrobial "time-out" or stop order built into the EMR
- ☑ Antimicrobial restriction policy and criteria for use
- ☑ Renal dosing policy
- ☑ Antimicrobial intravenous-to-oral conversion
- ☑ Antimicrobial pharmacokinetic dose optimization program
- ☑ Required documentation of indication for all systemic antibiotics
- ☑ Clinical decision support tools to make interventions

Tracking: Monitoring antibiotic prescribing and resistance patterns

- $\ensuremath{\square}$  Defined daily doses tracked and reported for all antimicrobials
- Prospective monitoring and identification of appropriate use criteria for patients on daptomycin, ceftaroline, meropenem, ertapenem, fidaxomicin, linezolid, and tigecycline

Reporting: Regular reporting information on antibiotic use and resistance to doctors, nurses and relevant staff

- ☑ Annual antibiogram developed and provided to physicians, nurses, and pharmacists
- ☑ Clostridium difficile rates reported to staff
- ☑ Annual MIC changes for Pseudomonas aeruginosa reported to physicians, nurses, and pharmacists

Education: Educating clinicians about resistance and optimal prescribing

Antimicrobial Stewardship presentation provided to pharmacists, physicians, and other healthcare professionals
 Annual antibiogram and empiric guide education to pharmacists, physicians, and other healthcare professionals

#### Leadership Support

Hospital administration and medical staff leadership at St. Vincent's Healthcare understand that their support and collaboration in the development and maintenance of antimicrobial stewardship programs is critical to the success of the program. They recognize that there is an abundance of evidence to support that ASPs increase patient safety, decrease healthcare-associated infections, and provide cost savings through higher quality care and more careful drug selection. This leadership commitment is necessary to help further advance the program's acceptance and likelihood of success.

This is a statement of the commitment from-6t. Vincent's Healthcare senior management to provide leadership support to the antimicrobial stewardship program. This support is personal, financial, administrative, and executive.

Ken Rothfield, MB Chief Medical Officer, St. Vincent's Healthcare Example document for MM 09.01.01 EP 1

#### **Leadership Support**

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Ken Rothfield, MR

Chief Medical officer, St. Vincent's Healthcare

### Leadership Support: Hospital Compare

Payment & value

of care

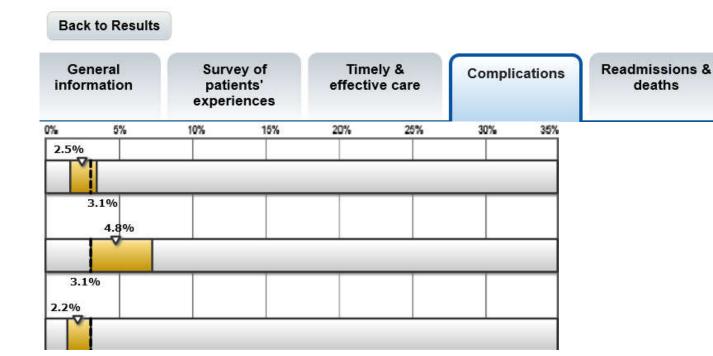
Use of medical

imaging

### Medicare.gov | Hospital Compare

The Official U.S. Government Site for Medicare

#### **Compare Hospitals**



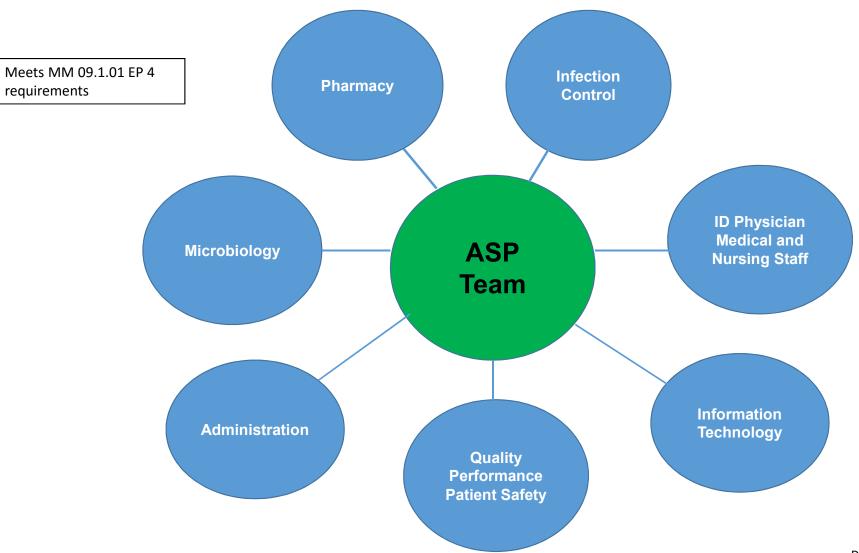
### CDC Core Element 2: Accountability

- Leader or co-leaders responsible for program outcomes
  - Usually physician and pharmacist with expertise in antibiotic use, training, respect from peers, leadership and mentoring skills
  - Clear, measureable goals established
    - Performance review and incentivized payment model
  - Policy that defines noncompliance with ASP efforts and corrective actions
- Ensure specific training in AS
  - Certification program or training course
- Include different disciplines to remove silos

#### **Certification Programs and Courses**

- MAD-ID. Antimicrobial stewardship training programs.
- Pediatric Infectious Diseases Society.
   Annual International Pediatric Antimicrobial Stewardship Conference website.
- The Society for Healthcare Epidemiology of America (SHEA). Training Course.
- · IDWeek Premeeting Workshops.
- Society of Infectious Disease Pharmacists
   (SIDP). Antimicrobial stewardship. A certificate
   program for pharmacists.
- Stanford Medicine Online Continuing Medical Education (CME) Online CME Course.
   Antimicrobial stewardship: optimization of antibiotic practices.

NQF: Antibiotic Stewardship in Acute Care: A Practical Playbook 2016.



Dellit TH. CID 2007;44:159-77. Barlam TF. Clin Infect Dis 2016;62(10):e51-77.

### Free Antimicrobial Stewardship Training

## Stanford ONLINE

COURSES ABOUT ACROSS CAMPUS VPTL

Home » Courses » Antimicrobial Stewardship: Optimization of Antibiotic Practices (CME)

# ANTIMICROBIAL STEWARDSHIP: OPTIMIZATION OF ANTIBIOTIC PRACTICES (CME) COURSE SYLLABUS

#### Course Outline:

- Introduction and Pre-course Assessment
- Unit 1: Mechanisms of Microbial Resistance
- · Unit 2: Appropriate Pharmacotherapy
- · Unit 3: ASP in Special Settings
- · Unit 4: Components of an Effective ASP
- · Unit 5: Implementing an Effective ASP
- Unit 6: Beyond Culture and Sensitivity: the future of ASP, Microbiology and Infection Control

### CDC Core Element 3: Drug Expertise

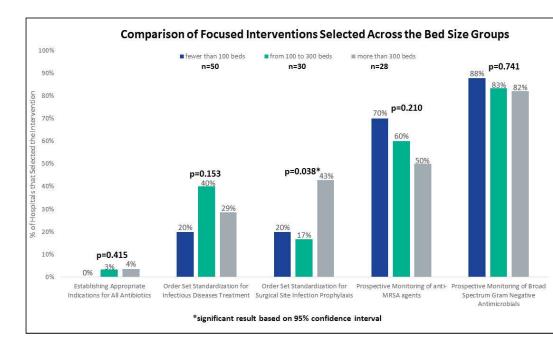
- Pharmacist leader with expertise in antibiotic use
  - Good leadership and team skills; respect from peers
  - Mentors and trains pharmacy staff in antibiotic use
- Consider offsite expert support if smaller institution

# CDC Core Element 4: Actions to Support Optimal Antibiotic Use

Meets MM 09.1.01 EP 6 requirements

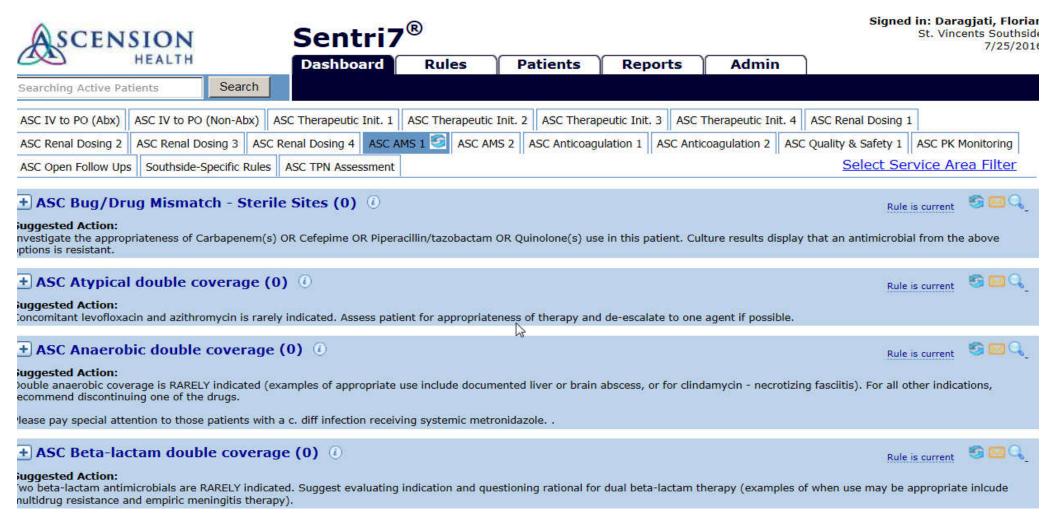
- Implement at least one intervention to improve antibiotic use
  - Align with local needs
  - Should be measurable
- Specific interventions
  - · Prior approval
  - Require documentation of indication and duration
  - Prospective monitoring of anti-MRSA or broad spectrum agents
  - Order set standardization/guideline development
    - CAP, HAP, UTI, Sepsis, Surgical Prophylaxis, cSSSI
  - Antibiotic "time-out" or stop order
  - Antibiotic allergy assessment
  - Criteria-for-use forms
  - IV to PO protocols
  - PKDS/Dose Optimization/Renal Dosing protocols
  - Rapid diagnostics and biomarkers (procalcitonin)

"We suggest **against** relying solely on didactic educational materials for stewardship."

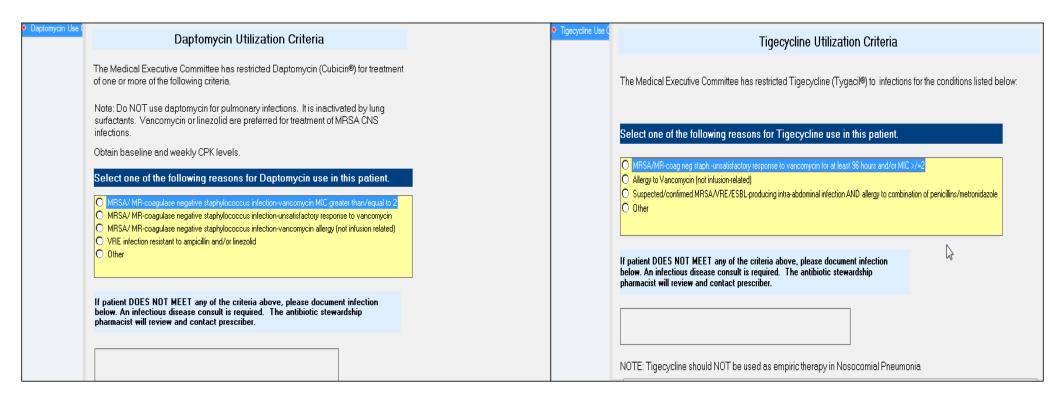


Barlam TF. Clin Infect Dis 2016;62(10):e51-77. NQF: Antibiotic Stewardship in Acute Care: A Practical Playbook 2016.

### Clinical Decision Support

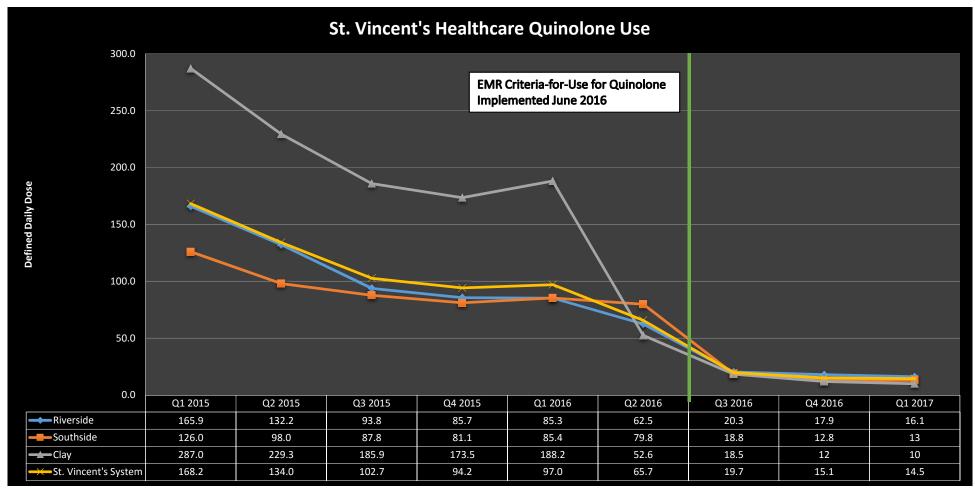


### Electronic Criteria-for-Use Forms



"We suggest incorporation of computerized clinical decision support at the time of prescribing into ASPs."

### Impact of Criteria-for-Use Forms



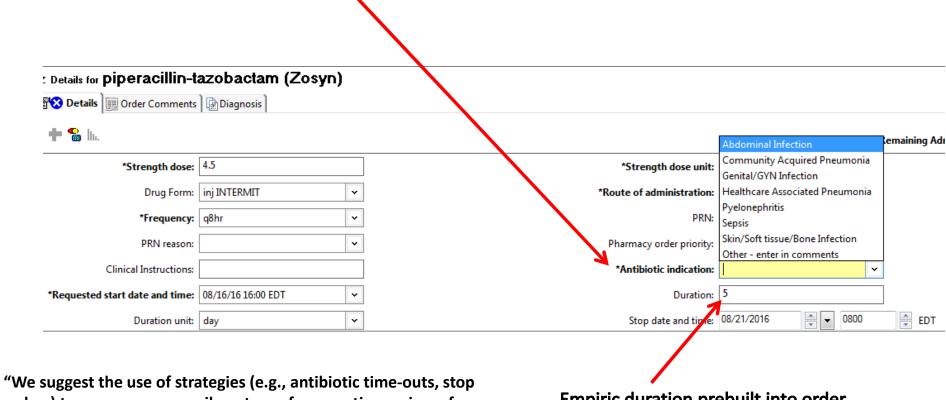
### **Order Sets**

"In hospitalized patients, we suggest ASPs advocate for the use of alternative dosing strategies vs. standard dosing for broad-spectrum  $\beta$ -lactams to decrease costs....and improve outcomes"

HCAP A	Intibiotics (Planned Pending)	
⊿ Me	dications	
	Healthcare Acquired Pneumonia	T;N, For suspected or confirmed HCAP
An	tibiotics: HCAP (ICU + Non-ICU)	
	Preferred Regimen	
	cefepime (Maxipime)	1 q, inj INTERMIT, IV piqqyback, q8hr, Indication: Healthcare Associated Pneumonia, Duration: 21 dose/times, Infuse over: 3
	🏈 *** Plus ***	
	🔓 💆 vancomycin	20 mg/kg, inj INTERMIT, IV piggyback, once, Indication: Healthcare Associated Pneumonia, and PKDS to dose/follow
	For aspiration/suspected anaerobes:	
	metroNIDAZOLE (Flagyl)	500 mg, inj PREMIX, IV piggyback, q8hr, Indication: Healthcare Associated Pneumonia, Duration: 21 dose/times
	For suspected atypical pathogens:	
	azithromycin (Zithromax)	500 mq, inj INTERMIT, IV piggyback, q24hr, Indication: Healthcare Associated Pneumonia, Duration: 7 dose/times
	<u> </u>	
CADAn	tibiotics (Planned Pending)	
	dications	
	ibiotics: CAP	
AIII	Preferred Regimen	
	ampicillin-sulbactam (Unasyn)	3 g, inj INTERMIT, IV piggyback, g6hr, Indication: Community Acquired Pneumonia, Duration: 28 dose/times
	*** Plus ***	5 q, in favi Envir, 14 piggyouts, goin, fraction, community Acquired Fredholm, buildion, 20 dose times
	azithromycin (Zithromax)	500 mg, inj INTERMIT, IV piggyback, q24hr, Indication: Community Acquired Pneumonia, Duration: 7 dose/times
	Alternative Regimen 1	soo maj, mij saa saasi, sa prajaja sari, ya mareensan communiny saajamee saasiamining o asariami saasa amees
П	cefTRIAXone (Rocephin)	2 g, inj INTERMIT, IV piggyback, q24hr, Indication: Community Acquired Pneumonia, Duration: 7 dose/times
_	*** Plus ***	
	azithromycin (Zithromax)	500 mg, inj INTERMIT, IV piggyback, g24hr, Indication: Community Acquired Pneumonia, Duration: 7 dose/times
	Alternative Regimen 2	
	levofloxacin (Levaguin)	750 mg, inj PREMIX, IV piggyback, g24hr, Indication: Community Acquired Pneumonia, Duration: 7 dose/times

"We suggest ASPs implement interventions to improve antibiotic use and clinical outcomes that target patients with specific infectious diseases syndromes."

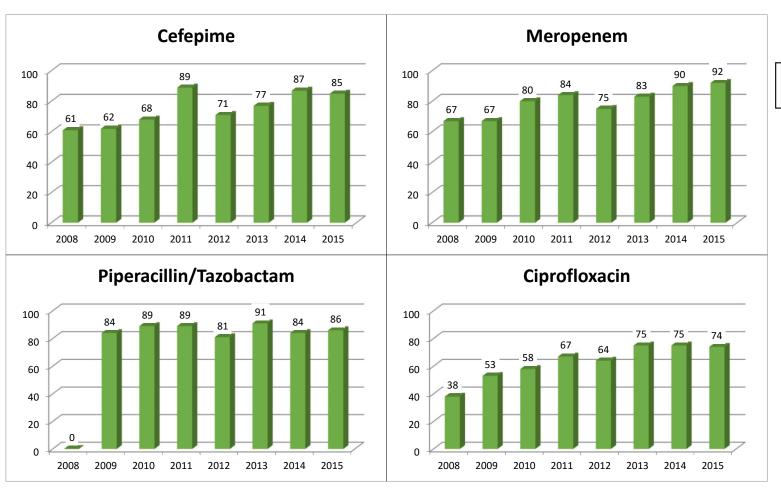
### Antibiotic Indication Requirement



orders) to encourage prescribers to perform routine review of antibiotic regimens to improve antibiotic prescribing"

**Empiric duration prebuilt into order** 

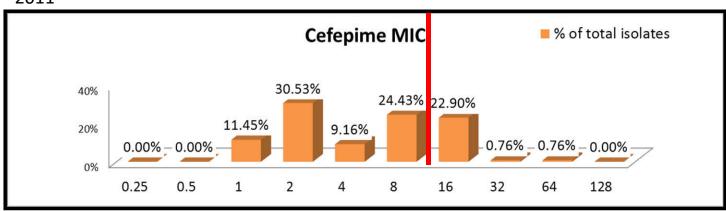
### Local Antibiogram (P. aeruginosa susceptibility)



Example presentation to meet MM 09.1.01 EP 2

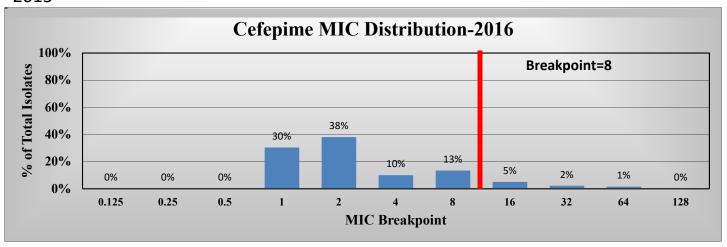
### MIC Distribution Data

#### 2011



Example presentation to meet MM 09.1.01 EP 2

#### 2015



## Example of a Clinical Pathway: Pneumonia

Empiric Antibiotic Therapy - General Medical Unit (including nursing home patients with suspected strep pneumonia)
IV antibiotics will automatically be switched on day 3 to oral therapy. On day 3 of IV antibiotic therapy, if patient does not
meet criteria for antibiotic switch, physician must re-write antibiotic orders.
☐ Ceftriaxone (Rocephin) Igm IVPB every 24 hours times 3 doses plus one of the following:
Azithromycin 500 mg orally every 24 hours times 3 doses OR Doxycycline 100 mg orally every 12 hours times 6 doses
if patient is allergic to macrolide.
Give both meds STAT if not started in ED.  Automatic IV to PO switch
Then convert to
Cefuroxime (Ceftin) 500 mg orally every 12 hours.
OR If patient has a documented cephalosporin allergy:
☐ Levofloxacin 500 mg IVPB every 24 hours times 3 doses, then 500 mg orally every 24 hours (ID consult
required if allergic reaction not documented). Give STAT if not started in ED.
Empiric Antibiotic Therapy - Admit Directly to ICU
☐ Ceftriaxone (Rocephin ) I gm IVPB every 24 hours plus one of the following:
Azithromycin 500 mg IVPB every 24 hours OR Doxycycline 100 mg IVPB every 12 hours if patient is allergic to macrolide.
Give both meds STAT if not started in ED
OR If patient has a documented cephalosporin allergy:
☐ Levofloxacin 500 mg IVPB every 24 hours (ID consult required if allergic reaction not documented) plus
Aztreonam I gm IVPB every 8 hours times 3 doses. For continuation of Aztreonam after 3 doses, Infection Disease consult is required.

# CDC Core Element 5: Tracking and Monitoring of Antibiotic Prescribing, Use, and Resistance

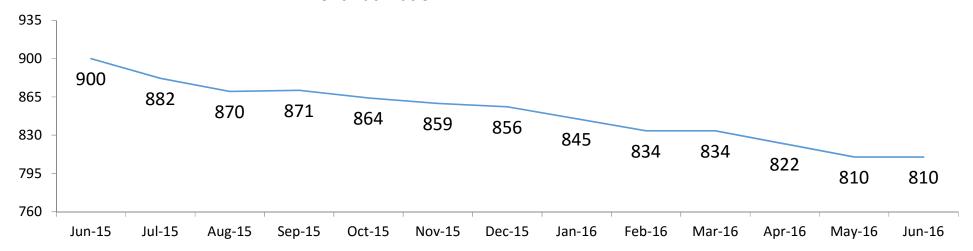
- Antibiotic utilization
  - Days of Therapy (DOT); Defined Daily Dose (DDD); antibiotic acquisition/purchase data
  - CDC AUR Initiative
    - Standardized Antibiotic Administration Ratio (SAAR)
  - Unintended consequences
    - C.difficile-associated disease (CDAD), adverse effects, resistance rate (antibiogram)
  - Patient outcomes
    - Clinical response, 30-day readmission rate, mortality
  - Process measures
    - Appropriateness of therapy, documentation of indication for use, adherence to guidelines or order sets

## Example Tracking Mechanisms

						Rolling A	Averages (Last Mo	onth of Data - Mar	rch 2017)	
	System FY16	Facility FY16	System FY17	Facility FY17	TAG Recommendation	3 month	6 month	9 month	12 month	
Systemic Antibiotics	831.4	1049.5	805.5	990.1	N/A	975.6	972.9	990.1	1001.6	
Rolling Averages (Last Month of Data - March 2017)									rch 2017)	
Specific Agents	System FY16	Facility FY16	System FY17	Facility FY17	TAG Recommendation	3 month	6 month	9 month	12 month	
Aztreonam	2.5	0.7	1.9	0.0	3.0	0.0	0.0	0.0	0.3	
Ceftaroline	1.0	0.3	0.9	0.7	1.0	0.4	0.6	0.7	0.6	
Daptomycin	7.7	1.9	7.4	1.4	7.0	2.0	1.8	1.4	2.3	
Ertapenem	4.7	3.5	2.7	4.6	5.0	4.7	4.8	4.6	3.9	
Fidaxomicin	0.4	0.4	0.3	0.0	N/A	0.0	0.0	0.0	0.2	
Linezolid	3.8	4.5	3.7	5.3	3.0	5.9	5.7	5.3	4.9	
Tigecycline	0.8	0.2	0.4	0.0	1.0	0.0	0.0	0.0	0.0	
Vancomycin	99.3	222.2	99.6	186.2	N/A	169.8	165.0	186.2	194.7	
						Rolling Averages (Last Month of Data - March 2017)				
Drug Classes	System FY16	Facility FY16	System FY17	Facility FY17	TAG Recommendation	3 month	6 month	9 month	12 month	
Carbapenems	23.5	11.8	23.9	10.6	21	10.6	11.4	10.6	9.3	
Cephalosporins	245.0	368.0	219.2	379.7	N/A	354.5	374.2	379.7	364.9	
3rd Generation Cephalosporins	67.2	81.2	75.7	114.2	N/A	75.5	93.8	114.2	110.0	
4th Generation Cephalosporins	64.4	151.8	27.9	95.4	N/A	118.2	135.1	95.4	99.8	
Penicillins	150.8	136.7	176.1	174.8	N/A	188.2	189.1	174.8	175.1	
Extended - Spectrum Penicillins	76.2	79.1	102.3	121.9	N/A	142.1	136.5	121.9	123.2	
Quinolones	84.7	65.3	69.3	6.1	N/A	6.6	3.3	6.1	15.6	

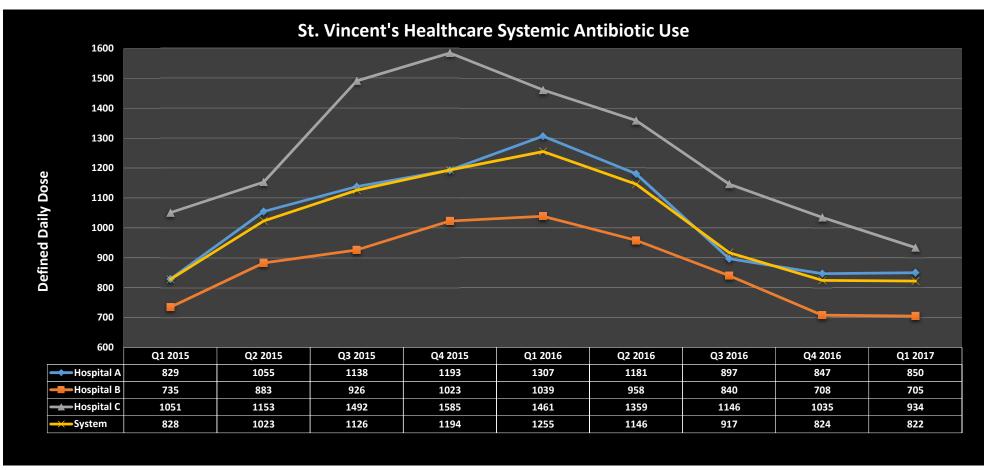
### Example Tracking Mechanisms

#### 12 month utilization



- 8.2% drop in 12 month period
- Decrease equates to \$8M\* savings to the system
  - \*Does not include inflation

### Example Tracking Mechanisms



# CDC Core Element 6: Reporting Information on Improving Antibiotic Use and Resistance

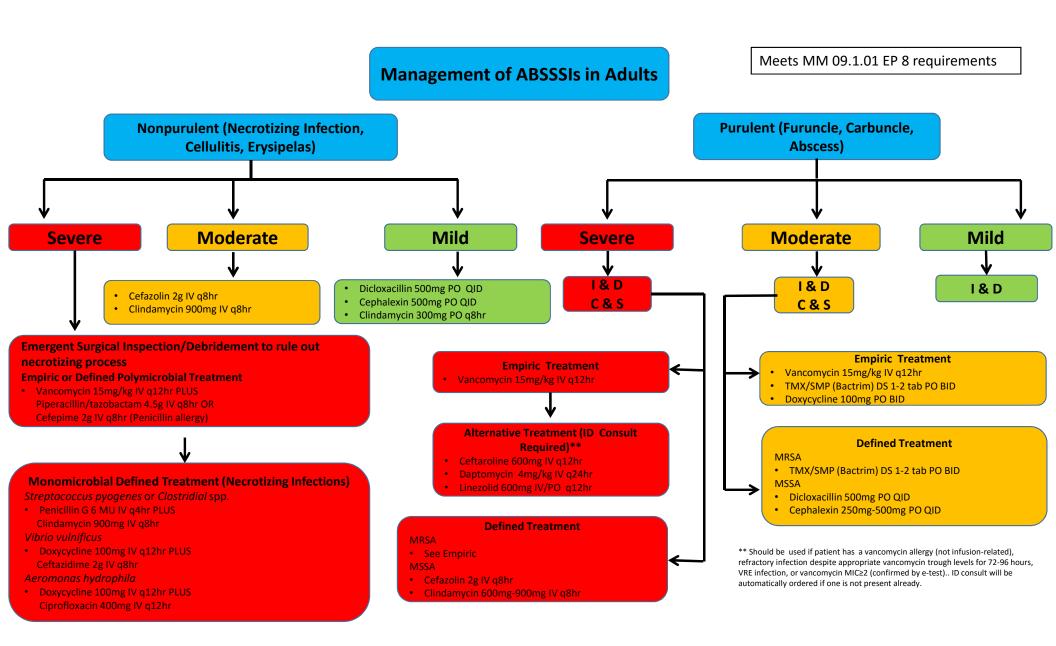
- Report information to all stakeholders
  - All healthcare providers, nursing, microbiology, hospital leadership
  - Trends, interventions made and % accepted by providers
- Report to medical staff committee meetings and health system board
- Post data on intranet and physician lounge
- Available for leadership, staff, and patients
- Unit-specific and provider-specific (if available) reports

### Antimicrobial Utilization Review

■ Provider A	318
■ Abdominal Infection	22
cefepime	1
ertapenem	1
levofloxacin	2
meropenem	2
metroNIDAZOLE	5
piperacillin-tazobactam	2
vancomycin	9
■ Bacteremia/Endocarditis	8
fluconazole	1
meropenem	1
sulfamethoxazole-trimethoprir	2
vancomycin	4
□ C. difficile Infection	2
vancomycin	2
□ Community Acquired Pneumonia	10
azithromycin	1
cefpodoxime	1
cefTRIAXone	1
meropenem	2
vancomycin	5
■ Febrile neutropenia	1
cefepime	1
☐ Fungal Infection	4
fluconazole	4
■ Healthcare Associated Pneumonia	45
cefepime	6
cefTRIAXone	1
cephalexin	1
clindamycin	1
levofloxacin	1

<b>■ vancomycin</b>	2553
Abdominal Infection	73
Bacteremia/Endocarditis	33
C. difficile Infection	21
Community Acquired Pneumonia	45
Febrile neutropenia	12
Genital/GYN Infection	5
Healthcare Associated Pneumoni	314
Meningitis	19
Other - enter in comments	42
Pyelonephritis	7
Sepsis	356
Skin/Soft tissue/Bone Infection	486
Surgical Prophylaxis	1115
UTI/Cystitis	25
∃ cefepime	635
Abdominal Infection	55
Bacteremia/Endocarditis	1
Community Acquired Pneumonia	19
Febrile neutropenia	9
Healthcare Associated Pneumoni	177
Meningitis	5
Other - enter in comments	24
Pyelonephritis	14
Sepsis	201
Skin/Soft tissue/Bone Infection	90
UTI/Cystitis	40

Meets MM 09.1.01 EP 7 requirements



## CDC Core Element 7: Education of Clinicians, Patients, and Families

- Education provided on regular basis
  - Staff
  - Providers
    - Pocket guides
    - Newsletter articles
    - Medical Grand Rounds
    - Presentations at department meetings
  - patients and families
- Consider use of multiple media sites
  - Intranet, employee newsletters, blogs, social media
- Highlight system goals
- Integrate patient stories
- Incorporate posters and memos
  - Avoid links to lengthy documents

#### Suggested Tools and Resources

#### General Education

 Centers for Disease Control and Prevention (CDC). Get smart about antibiotics week website.

#### Clinical Education

 Wake Forest School of Medicine, Get smart about antibiotics; an antibiotic stewardship curriculum for medical students.

#### Patient Education

- Choosing Wisely. Patient-friendly resources.
- · Consumer Reports Health. In depth: antibiotics.
- Choosing Wisely. Antibiotics: Will They Help or Hurt You? New York NY: Consumer Reports; 2015.
- Choosing Wisely. Antibiotics: When you need them - and when you don't. New York, NY: Consumer Reports Health; 2014.

### **Example Patient Education Tool**

# **5 Questions** to Consider Before Taking Antibiotics:

- 1 Do I really need antibiotics?
- What are the risks and side effects?
- 3 Are there simpler, safer options?
- 4 How much do they cost?
- How do I take antibiotics so they're safe and effective?

### The recommendations in this brochure were developed by the:

- American Academy of Dermatology
- American Academy of Family Physicians
- American Geriatrics Society

This report is for you to use when talking with your health care provider.

It is not a substitute for medical advice and treatment. Use of this report is at your own risk.

To learn more, please visit ConsumerHealthChoices.org/antibiotics

# Antibiotics: Will They Help You or Hurt You?



Consumer Reports suggests asking your health care provider questions before taking any antibiotics.

Meets MM 09.1.01 EP 3 requirements



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**ConsumerReports** 

### Example Patient Education Tool

# Antibiotics can help you. But they can also harm you.

Talk to your health care provider to make sure you only use antibiotics for the right reasons — and at the right time. If you do take antibiotics, make sure to take full amount that you were prescribed.

Meets MM 09.1.01 EP 3 requirements



### Do You Really Need Antibiotics?

Seniors often get antibiotics for:

- Bladder infections
- · Sinus infections
- Eczema (itchy, red rashes)
- · Wounds, or torn skin, from surgery
- · Colds and runny noses

Before you take antibiotics, ask if you really need them. Also ask about the risks and benefits. Remember, antibiotics don't work for viral infections, like the common cold.

#### **Antibiotics Have Risks**

Antibiotics can prevent and treat some infections. But they also have these risks:

- Diarrhea
- Nausea and vomiting
- Vaginal infections
- Allergic reactions, such as:
  - Blisters, rashes, and face or throat swelling
- Damage to nerves and tendons

If you use antibiotics too much or when you don't need them, they may not work for you someday. This is called "antibiotic resistance."

#### Ways to Use Fewer Antibiotics

Consumer Reports says that you might get fewer infections if you:

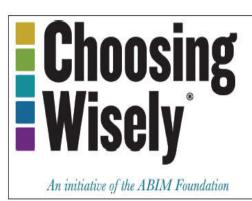
- Wash your hands frequently
- · Get your vaccines and flu shots
- Ask if you can wait a few days before starting antibiotics. Then, call or visit your health care provider again to see if you really do need them.

If you're in the hospital and have tubes or catheters, ask every day if they can be taken out. This can keep infections away. And make sure everyone washes their hands when they come to see you.



## Patient Accountability for Antibiotic Prescribing

Meets MM 09.1.01 EP 3 requirements







### Antibiotic treatment in the hospital:

Sometimes it can be stopped

This report is for you to use when talking with your health-care provider. It is not a substitute for medical advice and treatment. Use of this report is at your own risk.

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ConsumerHealthChoices.org/about-us/.

ntibiotics are strong drugs. They fight the infections caused by bacteria. But antibiotics can do more harm than good if you don't need them. So the U.S. Centers for Disease Control and Prevention (CDC) is now urging hospitals to cut back on these drugs when they are not needed. Here's what you should know.

#### You might get antibiotics when you check in to the hospital.

This can happen if you have an infection that may be serious, like pneumonia. Your doctor wants to treat you right away, even before you can get test results.

Your doctor may give you more than one antibiotic. Or you may get a "broad-spectrum" antibiotic that kills many types of bacteria.

#### Doctors should review your drugs after test results are in.

Your test results usually come on your third day in the hospital. At this point the doctor should review your drugs:

If test results don't show an infection, and you're doing well, usually the doctor can stop the antibiotics.

If the tests do show an infection, the doctor can often modify your treatment to a single antibiotic. Or

#### Advice from Consumer Reports

# How to protect against antibiotic overuse in the hospital

Up to half of antibiotic prescriptions in U.S. hospitals are unneeded or inappropriate, says the CDC. If you are prescribed antibiotics during a hospital stay, consider asking the questions below.

What is this drug for? If your doctor thinks you have a bacterial infection, ask if you can be tested for it before you start antibiotics.

Do I really need antibiotics, or can they be stopped? You can ask this question every day, but on day three might be best. By then, your test results should be back. Ask the doctor to check your prescription now that your test results are back. Tell your doctor that you only want antibiotics if you need them.

What type of antibiotic is it? If it's a broadspectrum drug, ask if it's necessary. A narrowspectrum antibiotic, such as penicillin, is usually a better choice.

**How long should I take It?** Ask your doctor to prescribe antibiotics for the shortest time possible.

### Patient Education

Meets MM 09.1.01 EP 3 requirements





- Internal Medicine
  - More accessible and open to interventions
  - Goals are aligned with improving outcomes
    - Decreased LOS and resource utilization
  - Use of evidence-based order sets, improve unnecessary testing
    - cSSSI, UTI, CAP/HAP/VAP, Sepsis
    - Urine culture, C. difficile testing
- Critical Care
  - Follow up on sepsis de-escalation within 48-72 hr
  - Minimizing device risk

- Surgery
  - Standardize surgical site infection prophylaxis order sets
  - Source control
- Emergency Medicine
  - Large role in correct initial diagnosis and antibiotic choice
  - Use broad spectrum agents often
- Midlevel providers
  - Adoption of standardized treatment pathways

- Quality/Performance Improvement
  - Goals aligned with safety
    - Focus on reducing healthcare-acquired infections
  - Support standardization
  - Partners for reducing readmissions
    - Pneumonia, sepsis
- Nursing
  - Coordinate care of patient
  - Assess antibiotic allergy status and monitor for side effects
  - Assessment of patient condition (signs/symptoms of improvement or deterioration)
  - Appropriate culture
    - Urinalysis/Urine Culture; C. difficile testing

- Microbiology/Laboratory
  - Promote optimal testing
    - C.difficile, UA/UC, Blood cultures
  - Culture/sensitivity reporting structure
- Informatics
  - Integration of interventions in the EMR
    - Order sets, criteria-for-use, clinical decision support, antibiotic time out, indication requirement

## Testing Stewardship

#### TABLE 1. Society for Healthcare Epidemiology of America Choosing Wisely Recommendations

#### Final Choosing Wisely recommendations

- 1. Don't continue antibiotics beyond 72 hours in hospitalized patients unless patient has clear evidence of infection.
- Avoid invasive devices (including central venous catheters, endotracheal tubes, and urinary catheters) and, if required, use no longer than necessary. They pose a major risk for infections.
- 3. Don't perform urinalysis, urine culture, blood culture, or *Clostridium difficile* testing unless patients have signs or symptoms of infection. Tests can be falsely positive leading to overdiagnosis and overtreatment.
- Do not use antibiotics in patients with recent C. difficile without convincing evidence of need. Antibiotics pose a high risk of C. difficile
  recurrence.
- 5. Don't continue surgical prophylactic antibiotics after the patient has left the operating room.

#### Choosing Wisely runner-up items

- Don't use antibiotics for apparent viral respiratory illnesses (sinusitis, pharyngitis, bronchitis, otitis media).
- 2. Don't reuse syringes, needles, medication vials, or intravenous solutions.
- 3. Don't come to work sick.
- 4. Don't treat Candida in the respiratory tract specimen.
- 5. Don't perform cultures of vascular catheter tips in the absence of suspected infection.

# Urinalysis, Cultures, and Inappropriate Antibiotics

- 250 patients had a urinalysis on admission to general medicine
- 198 (79.2%) had no UTI sx or acute kidney injury
- 60% of those who had inappropriate U/A done had also a urine culture
- 21% of asymptomatic patients with abnormal U/A received antibiotics

Table 1. Chief Presenting Complaint of Patients Who Underwent Urinalysis (UA) Without Clinical Indication<sup>a</sup>

Presenting Complaint	No. (%) [95% CI] 33 (16.7) [11.5-21.9]	
Fall, syncope		
Fever with documented nonurinary source <sup>b</sup>	28 <mark>(14.1)</mark> [9.2-19.0]	
Chest pain, dyspnea	27 <mark>(13.6)</mark> [8.8-13.8]	
Focal infectious nonurinary symptoms <sup>c</sup>	23 <mark>(11.6)</mark> [7.1-15.9]	
Delirium, confusion, altered level of consciousness	18 (9.1) [5.0-13.0]	
Fever without localizing symptoms	16 (8.1) [4.2-11.8]	
Acute neurologic problem	16 (8.1) [4.2-11.8]	
Weakness, functional decline	9 (4.5) [1.6-7.4]	
Gastrointestinal tract bleed	6 (3.0) [0.6-5.4]	
Abdominal pain	6 (3.0) [0.6-5.4]	
Jaundice, ascites	4 (2.0) [0.0-4.0]	
Change in urine color <sup>d</sup>	4 (2.0) [0.0-4.0]	
Toxins, alcohol withdrawal, overdose	3 (1.5) [0.2-3.2]	
Miscellaneous <sup>e</sup>	3 (1.5) [0.2-3.2]	
Musculoskeletal pain	2 (1.0) [0.4-2.4]	
Total	198 (100)	

<sup>&</sup>lt;sup>a</sup> Includes 198 patients lacking guideline criteria for urinary tract infection or acute kidney injury.

<sup>&</sup>lt;sup>b</sup>Obvious alternative source of fever (eg, pneumonia, cellulitis) is present.

<sup>&</sup>lt;sup>c</sup> Indicates infectious symptoms (eg, productive cough, diarrhea) without documented fever.

<sup>&</sup>lt;sup>d</sup> Urinalysis in these cases was appropriately ordered to rule out hematuria or myoglobinuria.

<sup>&</sup>lt;sup>e</sup> Includes device-related problem, anaphylactic reaction, and new cancer diagnosis.

### Reflex Urine Cultures

#### SUMMARY

#### Points of agreement

- Reflex urine cultures are frequently ordered for patients who do not have symptoms of urinary tract infections. This may result in inappropriate antimicrobial use.
- A negative pyuria/nitrate screen has a high negative predictive value for urine culture; a positive pyuria/nitrate screen does not have as high a positive predictive value for infection, particularly for catheterized patients. The value of reflex urine culture is primarily in detecting patients who do not need and should not have a urine culture done.
- Positive urinalysis is not useful in differentiating catheterized patients with asymptomatic bacteriuria from those with urinary tract infections. Additionally, a positive urinalysis result in this setting frequently results in inappropriate antimicrobial therapy.

#### Points requiring further consideration

- The clinical effectiveness of reflex urine culture has been documented primarily for women with cystitis in the outpatient setting.
   Its value in other patient populations is either less certain or has not been established.
- The most accurate urinalysis parameters, particularly white blood cell numbers, to determine the likelihood of a positive urine culture are not known.
- With CA UTI being used by the Centers for Medicare & Medicaid Services (CMS) and the National Healthcare Safety Network (NHSN) as important metrics of quality of care, are there laboratory approaches that can be used to differentiate patients with asymptomatic bacteriuria from those with urinary tract infections? In addition, what role should the laboratory play in assisting the antimicrobial stewardship committee to reduce the inappropriate use of antimicrobials in catheterized patients?

Peter H. Gilligan, Editor, Journal of Clinical Microbiology

### When Nurses Collect Urine Cultures on Catheterized Patients

- Nurses influence urine culture testing in hospital
- Minimize triggers for inappropriate urine culturing → reduce antibiotics for asymptomatic bacteriuria

I anticipate collecting a urine sample for culture if my patient with an indwelling urinary catheter has	Nurses (Answered Yes)	Assessment
Foul smelling urine	378 (96.7%)	Incorrect
Cloudy urine	376 (96.2%)	Incorrect
Sediments in urine	330 (84.8%)	Incorrect
Darker urine	207 (54.2%)	Incorrect

### **Florida**

**67 Counties** 

Population of 20,271,272 per 2015 census

223 Acute Care Hospitals

28 Long-term Acute Care Hospitals (LTACHs)

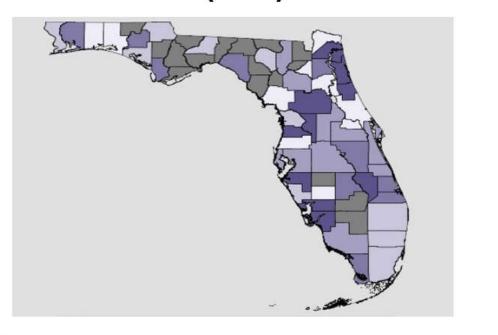
20 Rehab Hospitals

**Division of Disease Control and Health Protection** 

To protect, promote and improve the health of all people in Florida through integrated state, county, and community efforts.



# Florida's *Clostridium Difficile* Infection (CDI) Rates 2015



Standard Infection Ratio

0.00-0.69

0.70-0.90

0.91-1.06

1.07-1.18

1.18-1.85

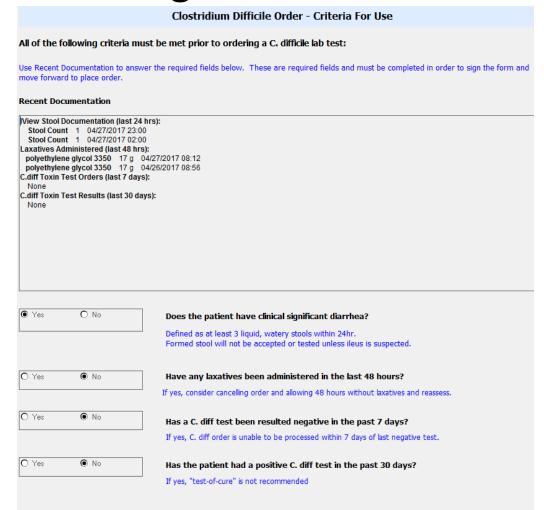
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**Division of Disease Control and Health Protection** 

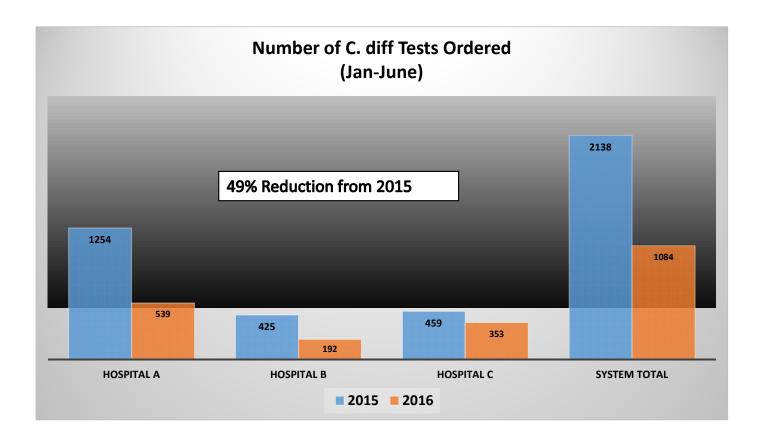
To protect, promote and improve the health of all people in Florida through integrated state, county, and community efforts



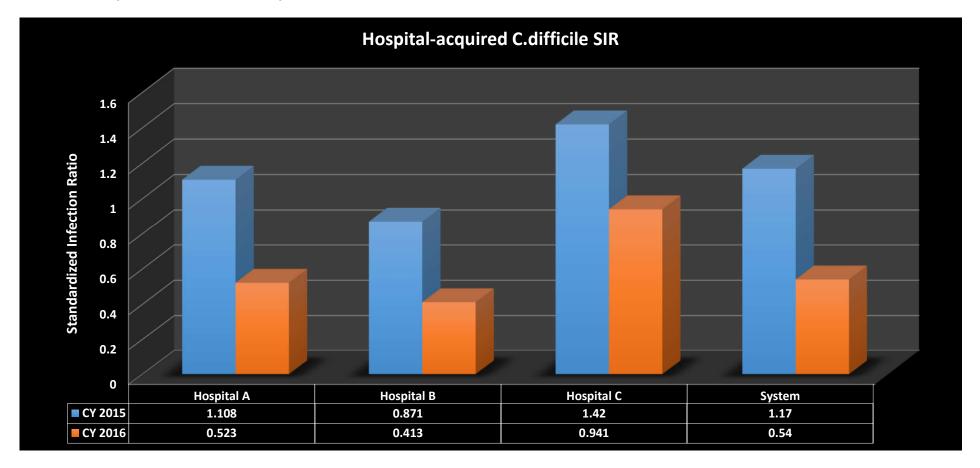
## C. difficile Testing and EMR Intervention



## C. difficile testing orders



# Hospital-Acquired C. difficile SIR



### Summary

- Medication Management Standard MM.09.01.01
  - Element of Performance
    - 1. Leaders establish ASP as an organization priority
      - ✓ Accountability documents, budget plans, IP plans, PI plans, EHR data
    - 2. The hospital educated staff and LIPs involved in ordering, dispensing, administration, and monitoring about ASP practices
    - 3. The hospital educates patients and families regarding appropriate use of antimicrobials
    - 4. The hospital has an ASP multidisciplinary team with the following
      - ✓ ID physician, IP, pharmacist, practitioner
    - 5. The ASP program meets CDC checklist of core elements
    - 6. The ASP program uses organization-approved multidisciplinary protocols
      - ✓ Formulary restrictions, appropriate antibiotics for CAP, SSTIs, UTIs, C.difficile
      - ✓ Guidelines for adults and pediatrics
      - ✓ IV to PO conversion protocol, preauthorization for specific antibiotics, surgical prophylaxis
    - 7. The hospital collects, analyzes, and reports ASP data
    - 8. The hospital takes action on opportunities identified in its ASP

