### Ebola Awareness Information for Travelers

**FLORIDA HEALTH**

**FloridaHealth.gov • Florida Department of Health**

### WHAT IS EBOLA?
- Ebola is the cause of viral hemorrhagic fever disease.
- It spreads through bodily fluids from a person who is sick with or has died from Ebola, or from exposure to contaminated objects, such as needles.

### SYMPTOMS:
- Fever, headache, joint and muscle aches, weakness, diarrhea, vomiting, stomach pain, lack of appetite and abnormal bleeding.
- May appear anywhere from 2 to 21 days after exposure to Ebola virus, though 8–10 days is most common.

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### Have you been to Sierra Leone, Guinea or Liberia in the past month?

- Are you from that area or have you traveled there in the past month?
- There is a possibility that you may have been exposed to Ebola.

<table>
<thead>
<tr>
<th>Yes, I had contact with someone sick with Ebola.</th>
<th>Yes, but I did not have contact with someone sick with Ebola.</th>
<th>No.</th>
<th>No, but I know someone that has been to an affected area.</th>
</tr>
</thead>
<tbody>
<tr>
<td>“CONTACT” MEANS YOU TOUCHED THESE BODY FLUIDS: Blood Vomit Sweat Diarrhea</td>
<td>YOUR COUNTY HEALTH DEPARTMENT WILL WORK WITH YOU TO monitor for fever for 21 days.</td>
<td>YOU CAN’T GET EBOLA THROUGH: Air Water Food</td>
<td>EBOLA IS NOT SPREAD LIKE A COLD OR FLU. You can live with a roommate or attend class with a student who has been to an affected area without putting yourself at risk.</td>
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<tr>
<td>If this defines you, immediately call your county health department.</td>
<td>If you have a fever, immediately call your health care professional or local emergency room.</td>
<td>You can only get Ebola from contact with bodily fluids from: A person who is sick with or has died from Ebola. Exposure to contaminated objects such as needles.</td>
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Local county contact information can be found at [FloridaHealth.gov](http://FloridaHealth.gov).