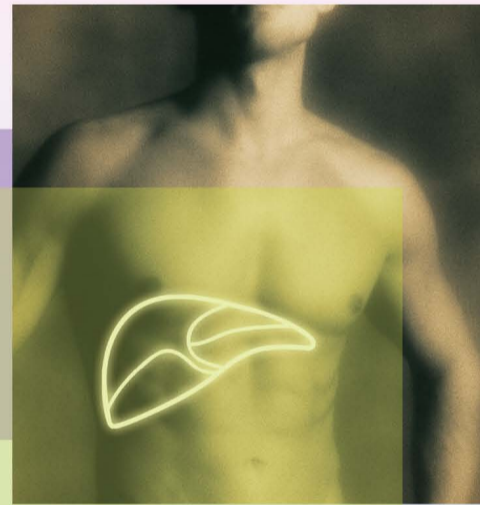


Hepatitis (HAV) A

you are at risk if:

- You have had food or water contaminated with human waste (fecal matter)
- You have had close personal contact with an infected person
- You have had chronic liver disease



protect yourself:

- Get vaccinated for hepatitis A
- Always cook fish and seafood completely
- Wash your hands!
 - ✓ After using the bathroom or changing a diaper
 - ✓ Before preparing or eating food



Hepatitis A is a liver disease.
Be good to your liver.

For more information, contact your local health department.

