Hepatitis A (HAV)

You are at risk if:
- You have had food or water contaminated with human waste (fecal matter)
- You have had close personal contact with an infected person
- You have had chronic liver disease

Protect yourself:
- Get vaccinated for hepatitis A
- Always cook fish and seafood completely
- Wash your hands!
  - After using the bathroom or changing a diaper
  - Before preparing or eating food

Hepatitis A is a liver disease.
Be good to your liver.

For more information, contact your local health department.