

Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



Rick Scott
Governor

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Vision: To be the Healthiest State in the Nation

FOR IMMEDIATE RELEASE

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MOSQUITO-BORNE DISEASE ALERT ISSUED FOR MIAMI-DADE COUNTY

Miami - The Florida Department of Health in Miami-Dade County is urging residents to take precautions against mosquito-borne illness following the investigation of three additional locally-acquired cases of dengue fever. The three cases include a 49-year-old and two 64-year-old individuals. This brings the total of locally-acquired dengue cases for 2014 in Miami-Dade County to four.

Symptoms of Dengue Fever may include headache, fever, fatigue, dizziness, weakness, pain behind the eyes, joint pain, and confusion. Health care providers should contact their county health department if they suspect an individual may meet the case definition for a mosquito-borne illness.

Miami-Dade County Mosquito Control and the Florida Department of Health in Miami-Dade County continue surveillance and prevention efforts and encourage everyone to take basic precautions to help limit exposure by following the recommendations below: Remember to “**Drain and Cover**”.

DRAIN standing water to stop mosquitoes from multiplying

- Drain water from garbage cans, house gutters, buckets, pool covers, coolers, toys, flower pots or any other containers where sprinkler or rain water has collected.
- Discard old tires, drums, bottles, cans, pots and pans, broken appliances and other items that aren't being used.
- Empty and clean birdbaths and pets' water bowls at least once or twice a week.
- Protect boats and vehicles from rain with tarps that don't accumulate water.
- Maintain swimming pools in good condition and appropriately chlorinated. Empty plastic swimming pools when not in use.

COVER skin with clothing or repellent

- CLOTHING - Wear shoes, socks, and long pants and long-sleeves. This type of protection may be necessary for people who must work in areas where mosquitoes are present.
- REPELLENT - Apply mosquito repellent to bare skin and clothing.
 - Always use repellents according to the label. Repellents with DEET, picaridin, oil of lemon eucalyptus, and IR3535 are effective.
 - Use mosquito netting to protect children younger than 2 months old.

COVER doors and windows with screens to keep mosquitoes out of your house

- Repair broken screening on windows, doors, porches, and patios.

Tips on Repellent Use

- Always read label directions carefully for the approved usage before you apply a repellent. Some repellents are not suitable for children.
- Products with concentrations of up to 30 percent DEET (N,N-diethyl-m-toluamide) are generally recommended. Other US Environmental Protection Agency-approved repellents contain Picaridin, oil of lemon eucalyptus, or IR3535. These products are generally available at local pharmacies. Look for active ingredients to be listed on the product label.
- Apply insect repellent to exposed skin, or onto clothing, but not under clothing.
- In protecting children, read label instructions to be sure the repellent is age-appropriate. According to the CDC, mosquito repellents containing oil of lemon eucalyptus should not be used on children under the age of three years. DEET is not recommended on children younger than two months old.
- Avoid applying repellents to the hands of children. Adults should apply repellent first to their own hands and then transfer it to the child's skin and clothing.
- If additional protection is necessary, apply a permethrin repellent directly to your clothing. Again, always follow the manufacturer's directions.

For more information please visit our website at www.dadehealth.org or contact the Florida Department of Health in Miami-Dade County at 305-324-2400.

The Department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts. During 2014, the Department is recognizing 125 years of public health in Florida with educational opportunities and events. Please visit www.FLHealth125.gov for more information.

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