Hepatitis A Virus (HAV) Alert for Food Workers

<table>
<thead>
<tr>
<th>HAV is contagious.</th>
<th>At-risk people</th>
<th>Symptoms</th>
</tr>
</thead>
<tbody>
<tr>
<td>HAV usually spreads person-to-person through objects, food or drink that are contaminated by small amounts of stool from a person with HAV.</td>
<td>- Are in close contact, care for or live with someone who has HAV. - Use injection or non-injection drugs. - Are homeless or in temporary housing. - Have recently been incarcerated.</td>
<td>- Stomach pain - Nausea and vomiting - Yellow skin or eyes (jaundice) - Diarrhea - Loss of appetite - Joint pain - Pale or clay colored stool - Fever - Tired - Dark-colored urine</td>
</tr>
</tbody>
</table>

Staying home from work. Don’t spread HAV at work. Don’t spread HAV outside of work.

If you have some symptoms and a close friend, relative or roommate who has been diagnosed with HAV in the past 30 days, see a health care provider immediately.

LET YOUR BOSS KNOW IF:
- You’re seeing a health care provider because you have HAV symptoms.
- You’ve seen a health care provider and you have HAV.

Wash your hands with soap and warm water for 20 seconds:

**BEFORE YOU**
- Put on disposable gloves.
- Prepare food.
- Switch between working with raw food and working with ready-to-eat food.
- Work with food that isn’t packaged.
- Change kitchen tasks.
- Handle or serve food.
- Handle clean tableware and utensils.
- Handle take-out containers or utensils.
- Clean equipment.

**AFTER YOU**
- Touch bare human body parts other than clean hands and arms.
- Use the restroom.
- Handle dirty equipment or utensils.
- Cough, sneeze or use a handkerchief or tissue.
- Use tobacco, eat or drink.

DON’T SHARE:
- Towels, toothbrushes or eating utensils.

DON’T TOUCH:
- Food, drinks, drugs or cigarettes that have been handled by a person with HAV.

HAV spreads person-to-person from ingesting small amounts of fecal matter from a person with HAV. Sexual activity can spread HAV. People who are sick with HAV should avoid sexual contact.

The vaccination is safe & effective.

- If you’re at risk, you should get vaccinated.
- The vaccine is given as 2 shots, 6 months apart. You need both shots for the vaccine to work long-term.

Contact the Florida Department of Health

Learn more:
FloridaHealth.gov/hepa
CDC.gov/Hepatitis
Immunize.org/Hepatitis-A