Lifeguard and Swimming Instructor Equivalency Advisory
Approved by Florida Department of Health
As of January 31, 2020

American Lifeguard & Safety Training (ALAST)
Approved Lifeguard Training, Lifeguard Instructor Course
Website: https://lifeguardandsafetytraining.com
https://www.lifeguardtraininghq.com/lifeguard-requirements-in-florida/

American Red Cross Lifeguard Training
Approved Lifeguard Instructor Course
Instructor Training & Certification
Website: www.redcross.org/take-a-class/lifeguarding
www.redcross.org/take-a-class/swimming

Baby Otter Swim School, Swimming Instruction Program
Approved Swimming Instructor Course
Attn: Ms. Mindy York, President
Baby Otter Swim School Inc.
6511 Nova Drive #159
Davie, FL 33317
Phone: 954-704-0080
Website: www.babyotterandredawson.com

FAST Swim Program
Approved Swimming Instructor Course
Attn: Linda Bolger
4509 E. Seneca Drive
St. Johns, FL 32259
Phone: 609-680-9700
Fax: 904-395-9049
Website: www.fastswimprogram.com

Gus and Goldie Learn To Swim, Jacksonville’s Learn to Swim Program
Approved Swimming Instructor Course
Attn: Ronald R Watson
Dept. of Parks, Recreation, and Entertainment
851 N Market St.
Jacksonville, FL 32202-2742

Infant Swimming Resource
Approved Swimming Instructor Course
Website: www.infantswim.com
International Lifeguard Training Program (ILTP®) Learning Program (ILTP®)
Approved Lifeguard Instructor Course
Attn: Ms. Bethany Gilley, JES Program Manager
Jeff Ellis and Associates, Inc.
508 Goldenmoss Loop
Ocoee, FL 34761
Phone: 407-401-7136
Fax: 800-903-0097
Website: www.jellis.com

Jeff Ellis Swim Program
Approved Swimming Instructor Course
Attn: Ms. Bethany Gilley, JES Program Manager
Jeff Ellis and Associates, Inc.
508 Goldenmoss Loop
Ocoee, FL 34761
Phone: 407-401-7136
Fax: 800-903-0097
Website: www.jellis.com

Lifeguard-Pro, Lifeguard Training Program
Approved Lifeguard Instructor Course
Attn: Lifeguard-Pro
2840 Northeast 14th Street A101
Pompano Beach, FL 33062
Phone: 954-607-2282
Website: www.lifeguard-pro.org

Miracle Swimming, Swimming Instruction Program
Approved Swimming Instructor Course
Attn: Ms. M. Ellen Dash
Miracle Swimming School for Adults, LLC
2404 Hibiscus St.
Sarasota, FL 34239
Phone: 941-921-6420
Website: www.miracleswimming.com
Email: steph@miracleswimming.com

National Aquatic Safety Company, Lifeguard Training
Approved Lifeguard Instructor Course
Attn: NASCO- National Aquatic Safety Company
1002 Avenue L
Dickinson, Texas 77539
Phone: 281-337-5628
Fax: 281-337-0043
Website: www.nascoaquatics.com
Email: info@nascoaquatics.com
PediaSwim
Approved Swimming Instructor Course
Attn: Joy McGinty
205 Windermere Road
Winter Garden, FL 34787
Phone: 407-905-0999
Fax: 407-905-5268
Website: www.pediaswim.com
Email: info@pediaswim.com

Serenity Swim Network
Approved Swimming Instructor Course
Attn: Rob and Kathy McKay
1298 Southwest 15th Street
Boca Raton, Florida 33486
Phone: 561-362-5490
Websites: https://serenityswimnetwork.com/
https://lifestyleswimschool.com/
Email: mckayswim@aol.com

StarGuard, Lifeguard Course
Starfish Swim School, Learn to Swim Program
Approved Swimming Instructor Course
Attn: Leslie Donovan, President
Starfish Aquatics Institute
1 Diamond Causeway Suite 21-226
Savannah, GA 31406
Phone: 877-465-4545
Website: www.starfishaquatics.org
Email: Info@sai-intl.org

Swim America
Approved Swimming Instructor Course
Attn: Swim America
5101 NW 21st Ave, Suite 530
Ft. Lauderdale, FL 33309
Phone: 1-800-356-2722
Website: www.swimamerica.org

Swim Babies Swim
Approved Swimming Instructor Course
Attn: Ms. Tracey Smith
Swim Babies Swim Florida
16403 Ruby Lake
Weston, FL 33331
Phone: 954-292-3845
Website: www.swimbabiesswimflorida.com
Email: swimbabiesswim@aol.com
Swim Lesson University, Swimming Instruction Program
Approved Swimming Instructor Course
Attn: Mr. Jim Reiser, Executive Director
Swim Lesson University
P.O. Box 290760
Columbia, SC 29229
Phone: 803-865-2629
Fax: 803-699-9736
Website: www.swimlessonsuniversity.com
Email: ireiser@swimprofessor.com

Swim Life, Swimming Instruction Program
Approved Swimming Instructor Course
Attn: Ms. Kelly Whittemore, President
Swim Life, Inc.
251 Gordon Street
Sanford, FL 32771
Phone: 407-878-4352
Website: www.myswimlife.com
Email: info@myswimlife.com

U Can Swim, Inc.
Approved Lifeguard Training and Swimming Instructor Course
Attn: Mr. Benjamin Sparks, Chief Executive Officer
U Can Swim, Inc.
28450 SW 212th Avenue
Homestead, FL 33030
Phone: 786-512-4827

YMCA
Approved Lifeguard Training and Swimming Instructor Course
Attn: YMCA
801 Corporate Center Dr. Suite 200
Raleigh, NC 27607
Phone: 919-719-9622
Website: www.ymcatriangle.org/programs-services/swimming/lifeguard-training