



Child Care Food Program Afterschool Meals Program Fact Sheet

*Vision: To be the **Healthiest State** in the Nation!*



The Afterschool Meals Program provides reimbursement for nutritious meals and snacks served at eligible after school program sites. This program is funded by the U.S. Department of Agriculture and is administered in Florida by the Department of Health, Bureau of Child Care Food Programs.

Eligibility Requirements

- Programs must be operated by a public or private nonprofit organization or certain for-profit organizations.
- Program sites must be located in an area served by a school in which at least 50% of the enrolled children are eligible for free or reduced-price meals.
- The program must provide after school care with regularly scheduled educational or enrichment activities that are structured and supervised.
- A license or proof of licensure exemption is required.
- Sites where programs are offered must meet state and local health and safety standards.

Funding

The Afterschool Meals Program will reimburse for up to one snack and one meal per child, per day.

- Reimbursement is available for snacks and meals served to children through age 18 and certain children over age 18.
- Meals and snacks may be reimbursed if they are served after school on school days, and on weekends and holidays during the school year.
- Current reimbursement is \$1.66 for breakfast, \$3.31 for lunch and supper, and \$.84 for snack.

Record Keeping Requirements

Programs must keep attendance records, daily meal counts, menus and expenditure records to qualify for reimbursement.

Nutrition Requirements

Meals and snacks served to children must meet specific U.S. Department of Agriculture meal pattern requirements.

To qualify for reimbursement, meals and snacks must include, at a minimum, food components in amounts specified by age. A breakfast must include at least three food components (meat/meat alternate is optional), a lunch/supper must include all four components with an additional fruit and/or vegetable, and a snack must include at least two different food components.

The meal pattern food components are:

- Fluid milk
- Fruits and vegetables
- Grains and breads
- Meat and meat alternates

A sample menu is provided on the reverse side.

For further information, telephone or write to:

Florida Department of Health
Division of Community Health Promotion
Bureau of Child Care Food Programs
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Tallahassee, FL 32399-1727
Phone: 850.245.4323 Fax: 850.414.1622
Email: ccfp@flhealth.gov
www.floridahealth.gov/ccfp

Child Care Food Program Sample Afterschool Meals Program Menu

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for the different age groups.

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Oatmeal Cookie Milk	Banana Milk	Fresh Apple Wedges Peanut Butter	Assorted Whole Wheat Crackers Cucumber/Carrot/ Celery Sticks <i>Lowfat Ranch Dressing</i>	Yogurt <i>Lowfat, any Flavor</i> Animal Crackers
Lunch or Supper	Sliced Ham & Cheese Sandwich (2 oz. mt/mt alt. and 2 brd) <i>Mustard, Lowfat Mayo</i> Lettuce, Tomato & Pickle Potato Salad Pineapple Tidbits Milk	*Ravioli 1 slice of Garlic Bread Green Peas Pears Milk	Baked Chicken Rice Whole Wheat Roll <i>Margarine</i> Peas & Carrots Peaches Milk	*Breaded Fish <i>Ketchup</i> Whole Wheat Bun Baked Beans Fruit Salad (orange, pineapple, and grapefruit sections) Milk	Tacos (with soft, flour tortilla, ground turkey or beef) (1 oz. mt/mt alt. and 1 brd) Shredded Cheese (1 oz.) Shredded lettuce and diced tomato <i>Mild Salsa</i> Corn Milk
Snack	Graham Crackers Orange Wedges	Tortilla Chips Mild Salsa Apple Wedges	Oatmeal Cookies Milk	Coleslaw Saltine Crackers	Granola or Cereal Bar Milk
Lunch or Supper	Sloppy Joe Whole Wheat Bun Mixed Vegetables Peaches Milk	*Chicken Strips Biscuit Sliced Tomatoes Baked Potato Wedges <i>Ketchup</i> Fruit Cocktail Milk	Ham Macaroni & Cheese Roll Broccoli Applesauce Milk	Cheeseburger on Bun <i>Mustard, Lowfat Mayo, & Ketchup</i> Lettuce, Tomato, Pickle Green Beans Banana Milk	Turkey and Cheese Sandwich on Whole Wheat bread (2 oz. mt/mt alt. and 2 brd) <i>Lowfat Mayo & Mustard</i> Bell pepper strips (red and green) Grapes Milk

*Requires a Child Nutrition Label or standardized recipe

When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: Water is NOT a creditable food item)

Note: Additional sample menus can be found on our website: www.floridahealth.gov/ccfp