The Child Care Food Program provides reimbursement for nutritious meals and snacks served to children in child care settings. This program is funded by the U.S. Department of Agriculture and is administered in Florida by the Department of Health, Bureau of Child Care Food Programs.

Eligibility Requirements
- Family day care homes participating must be licensed by the appropriate child care licensing authority.
- Family day care homes must operate under the auspices of a sponsoring organization that contracts with the Department.

Funding
The Child Care Food Program will reimburse up to two meals and one snack or two snacks and one meal per child, per day.

- Reimbursable meals and snacks may be served to eligible children 12 years of age and younger; migrant children may be served through age 15 and children with disabilities may be served regardless of their age if the majority of the persons being served are 18 or under.

- Reimbursement is determined by the number of eligible enrolled participants who are served creditable meals, and the current reimbursement rates set by the U.S. Department of Agriculture.

- Meals served to children are reimbursed at two different rates:
  - Tier I (Breakfast $1.33, Lunch or Supper $2.49, Snack $.74);
  - Tier II (Breakfast $.48, Lunch or Supper $1.50, Snack $.20).
- Sponsors also receive an administrative payment based on the number of homes they sponsor (ranges from $63 - $120).

Record Keeping Requirements
Programs must keep enrollment records, daily meal counts, and menus to qualify for reimbursement.

Nutrition Requirements
Meals and snacks served to children must meet specific U.S. Department of Agriculture meal pattern requirements.

To qualify for reimbursement, meals and snacks must include, at a minimum, food components in amounts specified by age.

Meals must contain:
- Fluid milk
- Fruit
- Vegetable
- Grain
- Meat and meat alternates

A sample menu is provided on the reverse side.

For further information, telephone or write to:
Florida Department of Health
Division of Community Health Promotion
Bureau of Child Care Food Programs
4052 Bald Cypress Way, Bin #A-17
Tallahassee, FL 32399-1727
Phone: 850.245.4323  Fax: 850.414.1622
Email: ccfp@flhealth.gov
www.FloridaHealth.gov/CCFP

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# Child Care Food Program

## Sample Day Care Home Menu

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for the different age groups.

Children age 1 must be served unflavored whole milk. Children ages 2-5 must be served unflavored lowfat (1%) or fat-free (skim) milk. Children 6 years old and older must be served unflavored or flavored lowfat milk (1%) or fat-free (skim) milk.

<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Breakfast</strong></td>
<td>Cinnamon Raisin Bagel</td>
<td>Whole grain waffle</td>
<td>Cheerios (100% whole grain)</td>
<td>Egg and Cheese Biscuit</td>
<td>Whole Grain English Muffin</td>
</tr>
<tr>
<td></td>
<td>Cream Cheese</td>
<td>Applesauce</td>
<td>cereal</td>
<td>Strawberry Slices</td>
<td>Peanut butter and jelly Muffin</td>
</tr>
<tr>
<td></td>
<td>Peaches</td>
<td>Turkey sausage</td>
<td>Banana</td>
<td>Milk</td>
<td>Orange Slices</td>
</tr>
<tr>
<td></td>
<td>Milk</td>
<td></td>
<td>Milk</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Lunch or Supper</strong></td>
<td>Baked Chicken</td>
<td>*Vegetable Lasagna</td>
<td>Pork Tenderloin</td>
<td>Bean and Cheese Quesadilla on Whole Grain Tortilla</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Mashed Potatoes</td>
<td>Garlic Bread</td>
<td>Egg Noodles</td>
<td>Sweet Potato</td>
<td>Baked Beans</td>
</tr>
<tr>
<td></td>
<td>Whole Wheat Roll</td>
<td>Green Peas</td>
<td>Fiesta Corn</td>
<td>Mixed Vegetables</td>
<td>Mixed Greens Salad (Spinach, Romaine, Tomato, Cucumber)</td>
</tr>
<tr>
<td></td>
<td>Broccoli</td>
<td>Pears</td>
<td>Apple Slices</td>
<td>Lowfat Italian dressing</td>
<td>Lowfat Italian dressing</td>
</tr>
<tr>
<td></td>
<td>Seasonal Fresh Fruit</td>
<td>Milk</td>
<td>Milk</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Snack</strong></td>
<td>Mandarin Oranges</td>
<td>Grape juice</td>
<td>Bell Pepper Strips</td>
<td>Yogurt</td>
<td>Muffin</td>
</tr>
<tr>
<td></td>
<td>String Cheese</td>
<td>Animal crackers</td>
<td>Lowfat ranch dressing</td>
<td>Pineapple tidbits</td>
<td>Milk</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Cheese crackers</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Requires a Child Nutrition Label, Product Form Statement, or standardized recipe

When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: Water is NOT a creditable food item)

At least one serving of grains per day, across all eating occasions, must be 100% whole grain or whole grain-rich.

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1. mail: U.S. Department of Agriculture
   Office of the Assistant Secretary for Civil Rights
   1400 Independence Avenue, SW
   Washington, D.C. 20250-9410;
2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov

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Revised 8/2019