



# Child Care Food Program Child Care Centers Fact Sheet

*Vision: To be the **Healthiest State** in the Nation!*



The Child Care Food Program provides reimbursement for nutritious meals and snacks served to children in child care settings. This program is funded by the U.S. Department of Agriculture and is administered in Florida by the Department of Health, Bureau of Child Care Food Programs.

## Eligibility Requirements

- All programs must be licensed by the appropriate child care licensing authority or be legally exempt from such licensure.
- Programs must be public or private nonprofit organizations, or for-profit organizations whose enrollment or licensed capacity consists of at least 25% low-income children meeting specific criteria.
- Child care centers and outside-school-hours centers may participate in the program either with a sponsor or as independent centers. Family day care home providers who participate in the Child Care Food Program must be licensed and affiliated with a sponsoring organization.

## Funding

The Child Care Food Program will reimburse up to two meals and one snack or two snacks and one meal per child, per day.

- Reimbursable meals and snacks may be served to eligible children 12 years of age and younger; migrant children may be served through age 15 and children with disabilities may be served regardless of their age.
- Reimbursement is determined by the number of eligible enrolled participants who are served creditable meals, and the current reimbursement rates set by the U.S. Department of Agriculture.
- Reimbursement levels vary dependent on the income eligibility level of each child. Maximum reimbursement for FY 19-20 is \$1.84 for breakfast, \$3.64 for lunch and/or supper (includes cash-in lieu rate), and \$.94 for snack.

## Record Keeping Requirements

Programs must keep attendance records, daily meal counts, menus and cost documentation to qualify for reimbursement.

## Nutrition Requirements

Meals and snacks served to children must meet specific U.S. Department of Agriculture meal pattern requirements.

To qualify for reimbursement, meals and snacks must include, at a minimum, food components in amounts specified by age.

Meals must contain:

- Fluid milk
- Fruit
- Vegetable
- Grain
- Meat and meat alternates

A sample menu is provided on the reverse side.

## For further information, telephone or write to:

Florida Department of Health  
Division of Community Health Promotion  
Bureau of Child Care Food Programs  
4052 Bald Cypress Way, Bin #A-17  
Tallahassee, FL 32399-1727  
Phone: 850.245.4323 Fax: 850.414.1622  
Email: [ccfp@flhealth.gov](mailto:ccfp@flhealth.gov)  
[www.FloridaHealth.gov/CCFP](http://www.FloridaHealth.gov/CCFP)

## Child Care Food Program Sample Child Care Center Menu

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for the different age groups.  
Children age 1 must be served unflavored whole milk. Children ages 2-5 must be served unflavored lowfat (1%) or fat-free (skim) milk.  
Children 6 years old and older must be served unflavored or flavored lowfat milk (1%) or fat-free (skim) milk.

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Cinnamon Raisin Bagel <i>Cream Cheese</i> Peaches Milk	Whole grain waffle Applesauce Turkey sausage Milk	Cheerios (100% whole grain) cereal Banana Milk	Egg and Cheese Biscuit Strawberry Slices Milk	Whole Grain English Muffin <i>Peanut butter and jelly</i> Orange Slices Milk
<b>Lunch or Supper</b>	Baked Chicken Whole Wheat Roll Broccoli Seasonal Fresh Fruit Milk	*Vegetable Lasagna Garlic Bread Green Peas Pears Milk	Pork Tenderloin Egg Noodles Sweet Potato Mixed Vegetables Milk	Bean and Cheese Quesadilla on Whole Grain Tortilla Fiesta Corn Apple Slices Milk	*Breaded Fish <i>Ketchup</i> Whole Wheat Bun Baked Beans Mixed Greens Salad (Spinach, Romaine, Tomato, Cucumber) <i>Lowfat Italian dressing</i> Milk
<b>Snack</b>	Mandarin Oranges String Cheese	Grape juice Pretzels	Bell Pepper Strips <i>Lowfat ranch dressing</i> Cheese crackers	Yogurt Pineapple tidbits	Muffin Milk

\*Requires a Child Nutrition Label, Product Form Statement, or standardized recipe  
When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: Water is NOT a creditable food item)  
At least one serving of grains per day, across all eating occasions, must be 100% whole grain or whole grain-rich.

Note: Additional sample menus can be found on our website: [www.floridahealth.gov/ccfp](http://www.floridahealth.gov/ccfp)

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- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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