

**Attachment 2**  
**Cycle Menu B No Pork No Peanut**

Refer to the Child Care Food Program Meal Pattern for Children (Attachment 1) when planning portion sizes for age groups specified in this contract. Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Children one year of age must be served unflavored whole milk. Children two through five years old must be served either unflavored lowfat (1 percent) or unflavored fat free (skim) milk. Children six years old and older must be served unflavored lowfat (1 percent), unflavored fat free (skim), or may be served flavored fat free (skim) milk.

Week One		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>Milk</b> Ages 1-5: six oz; Ages 6-18: eight oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b>	Hard Boiled Egg (1)	Egg Patty (1 oz)			
	<b>Vegetable/Fruit/Juice</b> Ages 1-18: ½ c	Pineapple Tidbits	Applesauce	Fresh Orange Slices	Cranberry Juice Blend	Banana
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ⅓ c Ages 6-18: 1 slice/serving, ¾ c	Whole Grain Sandwich Round <b>Butter or Marg. &amp; Jelly</b>	Biscuit; Kix Cereal	Cinnamon Raisin Bagel <b>Cream Cheese</b>	Bran Flakes Cereal; Banana Muffin	Whole Wheat French Toast <b>Syrup</b>
<b>LUNCH</b>	<b>Milk</b> Ages 1-5: six oz; Ages 6-18: eight oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b> Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	Sliced Baked Turkey (2 oz all ages)	*Lasagna (with Ground Turkey or Beef)	Oven Fried Chicken	*Breaded Fish <b>Ketchup</b>	*Tacos (Turkey, Chicken, or Beef) <b>Shredded Cheese, Shredded Lettuce, Diced Tomato, and Mild Salsa</b>
	<b>Vegetable</b> Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	Green Beans	Tossed Salad (Lettuce, Tomato, Cucumber) <b>Lowfat Ranch Dressing</b>	Peas & Carrots	Broccoli	Mexican Corn
	<b>Fruit or Vegetable</b> Ages: 1-18: ¼ c	Sweet Potatoes	Fruit Salad	Peaches	Fresh Apple Slices	Seasonal Fresh Fruit (cantaloupe, honeydew, strawberries, or watermelon)
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ¼ c Ages 6-18: 1 slice/serving, ½ c	Whole Wheat Roll <b>Butter or Marg.</b>	Italian Bread	Whole Wheat Roll <b>Butter or Marg.</b>	Cornbread	Soft Whole Grain Tortilla
<b>SNACK</b>	<b>Milk</b> Ages 1-5: four oz; Ages 6-18: eight oz	Milk			Milk	
	<b>Meat/Meat Alternate</b> Ages 1-5: ½ oz Ages: 6-18: 1 oz	String Cheese	Tuna Salad	Soynut Butter Ages 1-5: 1 Tbsp Ages 6 and up: 2 Tbsp	Cottage Cheese	Yogurt <b>4 oz cup</b>
	<b>Vegetable</b> Ages 1-5: ½ c Ages 6-18: ¾ c			Celery Sticks (½ cup ages 1-5, ¾ cup ages 6-18)		
	<b>Fruit/Juice</b> Ages 1-5: ½ c Ages 6-18: ¾ c			Raisins (2 Tbsp all ages)	Pears	Fruit Cocktail
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ⅓ c Ages 6-18: 1 slice/serving, ¾ c	Cracker Rounds	Whole Grain Pita Bread			

**IMPORTANT: Ages 1-5 based on meal pattern portion sizes for ages 3-5.** \*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe (e.g.: 1 svg. Beefaroni = 1.5 oz meat/meat alternate for 1-5 year olds and 2 oz for 6-18 year olds). Caterer must supply this documentation to institution/facility. When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: water is NOT a creditable food item).

**Attachment 2**  
**Cycle Menu B No Pork No Peanut**

Refer to the Child Care Food Program Meal Pattern for Children (Attachment 1) when planning portion sizes for age groups specified in this contract. Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Children one year of age must be served unflavored whole milk. Children two through five years old must be served either unflavored lowfat (1 percent) or unflavored fat free (skim) milk. Children six years old and older must be served unflavored lowfat (1 percent), unflavored fat free (skim), or may be served flavored fat free (skim) milk.

<b>Week Two</b>		<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>BREAKFAST</b>	<b>Milk</b> Ages 1-5: six oz; Ages 6-18: eight oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b>			Cheese Slice (½ oz)		
	<b>Vegetable/Fruit/Juice</b> Ages 1-18: ½ c	Cinnamon Apples	Mandarin Oranges	Blended 100% Juice	Fresh Orange Wedges	Seasonal Fresh Fruit (cantaloupe, honeydew, strawberries, or watermelon)
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ⅓ c Ages 6-18: 1 slice/serving, ¾ c	Whole Grain Raisin Bread (1 slice all ages; plain, no icing) <b>Butter or Marg.</b>	Cheerios Cereal (½ cup ages 1-5)	Biscuit	Whole Grain English Muffin <b>Butter or Marg. &amp; Jelly</b>	Berry Berry Kix Cereal (½ cup ages 1-5)
<b>LUNCH</b>	<b>Milk</b> Ages 1-5: six oz; Ages 6-18: eight oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b> Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	Black Eyed Peas (at least ¾ c ages 1-5 and ½ c ages 6-12)	*Chicken Nuggets <b>Barbecue Sauce</b>	*Ravioli	Cheeseburger <b>Mustard, Mayo, Ketchup</b>	Sliced Turkey & Cheese <b>Mayo, Mustard, Lettuce, Tomato, &amp; Pickle</b>
	<b>Vegetable</b> Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	Broccoli	Mashed Potatoes	Spinach	Baked Sweet Potato Fries	Mixed Vegetables
	<b>Fruit or Vegetable</b> Ages: 1-18: ¼ c	Tropical Mixed Fruit	Peas & Carrots	Fruit Cocktail	Green Beans	Pears
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ¼ c Ages 6-18: 1 slice/serving, ½ c	*Macaroni & Cheese	Whole Grain Roll	Garlic Bread (1 slice all ages)	Whole Wheat Bun	Whole Grain Sandwich Bread
<b>SNACK</b>	<b>Milk</b> Ages 1-5: four oz; Ages 6-18: eight oz	Milk		Milk	Milk	
	<b>Meat/Meat Alternate</b> Ages 1-5: ½ oz Ages: 6-18: 1 oz			Soynut Butter Ages 1-5: 1 Tbsp Ages 6 and up: 2 Tbsp		Cottage Cheese
	<b>Vegetable</b> Ages 1-5: ½ c Ages 6-18: ¾ c					
	<b>Fruit/Juice</b> Ages 1-5: ½ c Ages 6-18: ¾ c		Applesauce		Banana	Pineapple
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ⅓ c Ages 6-18: 1 slice/serving, ¾ c	Cornbread Square	Whole Grain Muffin	Whole Wheat Bread <b>Jelly</b>		

**IMPORTANT: Ages 1-5 based on meal pattern portion sizes for ages 3-5.** \*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe (e.g.: 1 svg. Beefaroni = 1.5 oz meat/meat alternate for 1-5 year olds and 2 oz for 6-18 year olds). Caterer must supply this documentation to institution/facility. When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: water is NOT a creditable food item).

**Attachment 2**  
**Cycle Menu B No Pork No Peanut**

Refer to the Child Care Food Program Meal Pattern for Children (Attachment 1) when planning portion sizes for age groups specified in this contract. Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Children one year of age must be served unflavored whole milk. Children two through five years old must be served either unflavored lowfat (1 percent) or unflavored fat free (skim) milk. Children six years old and older must be served unflavored lowfat (1 percent), unflavored fat free (skim), or may be served flavored fat free (skim) milk.

Week Three		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>Milk</b> Ages 1-5: six oz; Ages 6-18: eight oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b>					Cheese Slice (1 oz)
	<b>Vegetable/Fruit/Juice</b> Ages 1-18: ½ c	Mandarin Oranges	Fruit Cocktail	Cantaloupe Cubes	Banana	Seasonal Fresh Fruit (cantaloupe, honeydew, strawberries, or watermelon)
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ⅓ c Ages 6-18: 1 slice/serving, ¾ c	Whole Grain Muffin; Crispy Rice Cereal	Whole Grain English Muffin <b>Soynut Butter &amp; Jelly</b>	Life Cereal (½ cup ages 1-5)	Whole Grain Waffle <b>Syrup</b>	Whole Wheat Bread (1 slice all ages)
<b>LUNCH</b>	<b>Milk</b> Ages 1-5: six oz; Ages 6-18: eight oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b> Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	*Sloppy Joe	Barbecue Chicken	Turkey (2 oz) and Cheese Sandwich <b>Mayo &amp; Mustard</b>	*Spaghetti & Meat Sauce (with Ground Turkey or Beef)	*Fish Sticks
	<b>Vegetable</b> Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	Mixed Vegetables	Italian Green Beans	Bell Pepper Strips	Spinach Salad with Chickpeas <b>Lowfat French Dressing</b>	Coleslaw
	<b>Fruit or Vegetable</b> Ages: 1-18: ¼ c	Peaches	Pears	Pineapple	Applesauce	Tropical Mixed Fruit
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ¼ c Ages 6-18: 1 slice/serving, ½ c	Whole Grain Bun	Rice	Whole Wheat Bread	Italian Bread; (Spaghetti Noodles)	Whole Grain Roll
<b>SNACK</b>	<b>Milk</b> Ages 1-5: four oz; Ages 6-18: eight oz		Milk			
	<b>Meat/Meat Alternate</b> Ages 1-5: ½ oz Ages: 6-18: 1 oz			Yogurt <b>4 oz cup</b>	Bean Dip	
	<b>Vegetable</b> Ages 1-5: ½ c Ages 6-18: ¾ c					Fresh Broccoli and Cauliflower Florets <b>Cheese Sauce</b>
	<b>Fruit/Juice</b> Ages 1-5: ½ c Ages 6-18: ¾ c	Orange Juice		Fresh Apple Slices		
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ⅓ c Ages 6-18: 1 slice/serving, ¾ c	Whole Grain Triangle Crackers	Frosted Mini-Wheats Cereal		Soft Whole Wheat Tortilla	Cheese Crackers

**IMPORTANT: Ages 1-5 based on meal pattern portion sizes for ages 3-5.** \*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe (e.g.: 1 svg. Beefaroni = 1.5 oz meat/meat alternate for 1-5 year olds and 2 oz for 6-18 year olds). Caterer must supply this documentation to institution/facility. When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: water is NOT a creditable food item).

**Attachment 2**  
**Cycle Menu B No Pork No Peanut**

Refer to the Child Care Food Program Meal Pattern for Children (Attachment 1) when planning portion sizes for age groups specified in this contract. Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Children one year of age must be served unflavored whole milk. Children two through five years old must be served either unflavored lowfat (1 percent) or unflavored fat free (skim) milk. Children six years old and older must be served unflavored lowfat (1 percent), unflavored fat free (skim), or may be served flavored fat free (skim) milk.

<b>Week Four</b>		<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>BREAKFAST</b>	<b>Milk</b> Ages 1-5: six oz; Ages 6-18: eight oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b>					Cheese (1 oz)
	<b>Vegetable/Fruit/Juice</b> Ages 1-18: ½ c	Grape Juice	Pears	Fresh Orange Wedges	Apple Slices	Mandarin Oranges
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ⅓ c Ages 6-18: 1 slice/serving, ¾ c	Wheat Chex Cereal: Whole Grain Raisin Bread (plain, no icing) <b>Butter or Marg.</b>	Blueberry Muffin	Whole Wheat French Toast <b>Syrup</b>	Whole Grain Bagel <b>Soynut Butter &amp; Jelly</b>	Biscuit
<b>LUNCH</b>	<b>Milk</b> Ages 1-5: six oz; Ages 6-18: eight oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b> Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	*Breaded Chicken Patty <b>Gravy</b>	*Turkey Tetrazzini	*Beef and Bean (Burrito)	*Chicken and (Vegetable Stir Fry)	Hamburger Patty with Cheese, Lettuce, Tomato, Pickle <b>Mustard &amp; Ketchup</b>
	<b>Vegetable</b> Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	Steamed Carrots	Broccoli	Spinach Salad (Spinach, Tomato, Cucumber) <b>Lowfat Ranch Dressing</b>	Vegetables (Stir Fry)	Baked Beans
	<b>Fruit or Vegetable</b> Ages: 1-18: ¼ c	Lima Beans	Pineapple Tidbits	Seasonal Fresh Fruit (cantaloupe, honeydew, strawberries, or watermelon)	Banana	Fruit Salad
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ¼ c Ages 6-18: 1 slice/serving, ½ c	Biscuit	Whole Wheat Roll <b>Butter or Marg.</b>	Burrito (Soft Tortilla)	Brown Rice	Whole Grain Bun
<b>SNACK</b>	<b>Milk</b> Ages 1-5: four oz; Ages 6-18: eight oz				Milk	Milk
	<b>Meat/Meat Alternate</b> Ages 1-5: ½ oz Ages: 6-18: 1 oz		Cheese Slice	Hard Boiled Egg	Bean Dip	Turkey (sliced)
	<b>Vegetable</b> Ages 1-5: ½ c Ages 6-18: ¾ c				Green/Red Pepper Strips	
	<b>Fruit/Juice</b> Ages 1-5: ½ c Ages 6-18: ¾ c	Applesauce		Apricots		Fruit Cocktail
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ⅓ c Ages 6-18: 1 slice/serving, ¾ c	Whole Grain Fish Shaped Crackers	Soft Whole Wheat Tortilla			

**IMPORTANT: Ages 1-5 based on meal pattern portion sizes for ages 3-5.** \*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe (e.g.: 1 svg. Beefaroni = 1.5 oz meat/meat alternate for 1-5 year olds and 2 oz for 6-18 year olds). Caterer must supply this documentation to institution/facility. When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: water is NOT a creditable food item).

**Attachment 2**  
**Cycle Menu B No Pork No Peanut**

Refer to the Child Care Food Program Meal Pattern for Children (Attachment 1) when planning portion sizes for age groups specified in this contract. Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Children one year of age must be served unflavored whole milk. Children two through five years old must be served either unflavored lowfat (1 percent) or unflavored fat free (skim) milk. Children six years old and older must be served unflavored lowfat (1 percent), unflavored fat free (skim), or may be served flavored fat free (skim) milk.

	<b>Week Five</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>BREAKFAST</b>	<b>Milk</b> Ages 1-5: six oz; Ages 6-18: eight oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b>					
	<b>Vegetable/Fruit/Juice</b> Ages 1-18: ½ c	Grape Juice	Applesauce	Peaches	Cantaloupe Cubes	Banana
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ⅓ c Ages 6-18: 1 slice/serving, ¾ c	Life Original Cereal; Banana Bread	Cinnamon Toast (1 slice; whole wheat bread)	English Muffin <b>Soynut Butter &amp; Jelly</b>	Whole Wheat Bread <b>Butter or Marg. &amp; Jelly</b>	Whole Grain Waffles <b>Syrup</b>
<b>LUNCH</b>	<b>Milk</b> Ages 1-5: six oz; Ages 6-18: eight oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b> Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	Turkey Roast <b>Gravy</b>	Black Eyed Peas (at least ⅔ c ages 1-5 and ½ c ages 6-12)	*Chicken and Broccoli Alfredo	Tuna Salad Sandwich <b>Mayo &amp; Pickles</b>	*Pizza
	<b>Vegetable</b> Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	Mixed Vegetables	Broccoli	Green Beans	Winter Squash (Acorn or Butternut)	Corn
	<b>Fruit or Vegetable</b> Ages: 1-18: ¼ c	Mashed Potatoes	Pineapple Tidbits	Fruit Cocktail	Green Peas	Spinach Salad (Spinach, Tomato, Cucumber) <b>Lowfat French Dressing</b>
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ¼ c Ages 6-18: 1 slice/serving, ½ c	Whole Wheat Roll <b>Butter or Marg.</b>	Macaroni & Cheese; Roll	Linguine or Spaghetti	Sandwich Bread	Whole Grain Pizza Crust
<b>SNACK</b>	<b>Milk</b> Ages 1-5: four oz; Ages 6-18: eight oz	Milk				
	<b>Meat/Meat Alternate</b> Ages 1-5: ½ oz Ages: 6-18: 1 oz	Soynut Butter Ages 1-5: 1 Tbsp Ages 6 and up: 2 Tbsp	Cheese Slice		Yogurt <b>4 oz cup</b>	
	<b>Vegetable</b> Ages 1-5: ½ c Ages 6-18: ¾ c			Carrot, Pineapple, and Raisin Salad		
	<b>Fruit/Juice</b> Ages 1-5: ½ c Ages 6-18: ¾ c		Peaches		Pears	Fresh Orange Slices
	<b>Grains/Breads</b> Ages 1-5: ½ slice/serving, ⅓ c Ages 6-18: 1 slice/serving, ¾ c	Whole Wheat Bagel	Whole Grain Pita Bread	Whole Grain Square Crackers		Raisin Bread (1 slice; plain, no icing) <b>Butter or Marg.</b>

**IMPORTANT: Ages 1-5 based on meal pattern portion sizes for ages 3-5.** \*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe (e.g.: 1 svg. Beefaroni = 1.5 oz meat/meat alternate for 1-5 year olds and 2 oz for 6-18 year olds). Caterer must supply this documentation to institution/facility. When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: water is NOT a creditable food item).