

Attachment 2 Cycle Menu C No Pork

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for age groups specified in this contract.

Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Between a child's first and second birthday, whole milk is strongly recommended. After age 2, it is required that lowfat (1%) or fat free milk be served.

Please Note: Obvious pork sources have been omitted such as ham, sausage, and pork patties. Food product labels or manufacturer information may be requested regarding pork content of foods.

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Pears Bran Flakes Cereal Cinnamon Toast (whole wheat bread) Milk	Grape Juice *Egg & Cheese Biscuit Milk	Fresh Orange Wedges Cheerios Cereal Milk	Seasonal Fresh Fruit (cantaloupe, honeydew, strawberries, or watermelon) Whole Grain English Muffin Butter & Jelly Milk	Cinnamon Apples French Toast Milk
Lunch/Supper	Turkey Whole Wheat Roll Butter Mixed Vegetables Black Eyed Peas Applesauce Milk	*Sloppy Joe on Whole Grain Bun Baked Sweet Potato Fries Tropical Mixed Fruit Milk	Oven Fried Chicken Bread Slice Mashed Potatoes Steamed Zucchini Pears Milk	*Breaded Fish Ketchup Whole Wheat Roll Peas & Carrots Fruit Cocktail Milk	*Salisbury Steak Gravy Brown Rice Spinach Salad (Spinach, Tomato, Cucumber) Lowfat French Dressing Green Beans Fruit Salad Milk
Snack	Animal Crackers Pineapple	Peaches Yogurt Flavored 4 oz cup	Assorted Whole Grain Crackers Cucumber/Carrot/ Celery Sticks Lowfat Ranch Dressing	Whole Grain Peanut Butter Crackers Banana Milk	Oatmeal Cookie Milk

*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe (e.g.: 1 svg. beefaroni = 1.5 oz meat/meat alternate for 1-5 year olds and 2 oz for 6-12 year olds). *Caterer must supply this documentation to institution/facility.*

When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: Water is NOT a creditable food item)

Effective FFY 2015-2016

Cycle Menu C No Pork (Continued)

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for age groups specified in this contract.

Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Between a child's first and second birthday, whole milk is strongly recommended. After age 2, it is required that lowfat (1%) or fat free milk be served.

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Pineapple Tidbits Kix Cereal Whole Grain English Muffin <i>Butter & Jelly</i> Milk	Mandarin Oranges Pancakes <i>Syrup</i> Milk	Orange Juice Whole Wheat Toast <i>Butter & Jelly</i> Scrambled Egg/*Egg Patty Milk	Banana Honey Nut Scooters Cereal Milk	Cantaloupe Cubes Whole Wheat Bagel <i>Peanut Butter & Jelly</i> Milk
Lunch/ Supper	*Macaroni & Cheese Broccoli Black Eyed Peas Pears Milk	*Chicken Nuggets <i>Barbecue Sauce</i> Whole Grain Roll Mashed Sweet Potatoes Lima Beans Applesauce Milk	*Beef Ravioli Italian Bread Spinach Seasonal Fresh Fruit (cantaloupe, honeydew, strawberries, or watermelon) Milk	*Chicken & Rice Whole Grain Roll <i>Butter</i> Carrots Peaches Milk	Turkey & Cheese Sandwich (Whole Wheat Bread) <i>Mustard, Mayo, Ketchup</i> Lettuce, Tomato, Pickle Mixed Vegetables Tropical Mixed Fruit Milk
Snack	Granola Bar Milk	Celery Sticks Peanut Butter Plain Graham Crackers	Assorted Whole Grain Crackers Cheese Slice	Whole Grain Blueberry Muffin Milk	Cheese Crackers Apple Wedges

*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe (e.g.: 1 svg. beefaroni = 1.5 oz meat/meat alternate for 1-5 year olds and 2 oz for 6-12 year olds). *Caterer must supply this documentation to institution/facility.*

When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: Water is NOT a creditable food item)

Effective FFY 2015-2016

Cycle Menu C No Pork (Continued)

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for age groups specified in this contract.

Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Between a child's first and second birthday, whole milk is strongly recommended. After age 2, it is required that lowfat (1%) or fat free milk be served.

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Peaches Blueberry Muffin Milk	Pineapple Tidbits Biscuit Butter & Jelly Milk	Applesauce French Toast (whole wheat bread) Milk	Apple Juice Whole Grain English Muffin Peanut Butter & Jelly Milk	Seasonal Fresh Fruit (cantaloupe, honeydew, strawberries, or watermelon) Life Cereal Milk
Lunch/ Supper	*Breaded Chicken Patty Gravy Whole Grain Roll Butter Mashed Sweet Potatoes Broccoli Mandarin Oranges Milk	*Veggie Burger Whole Wheat Bun Mustard, Mayo, Ketchup Lettuce, Tomato, Pickle Tater Tots Fruit Cocktail Milk	Turkey & Cheese Sandwich (Whole grain bread) Mayo & Mustard Green Beans Banana Milk	*Spaghetti & Meat Sauce (with Ground Turkey or Beef and whole grain noodles) Garlic Bread Tossed Salad with Chickpeas (Lettuce, Tomato, Cucumber) Lowfat French Dressing Pears Milk	*Fish Sticks Ketchup Cornbread Peas and Carrots Apple slices Milk
Snack	Whole Grain Pita Bread Cheese Slice	Animal Crackers Yogurt Flavored 4 oz cup	Fresh Broccoli and Cauliflower Florets Lowfat Ranch Dressing Whole Grain Cheese Crackers	Orange Slices Raisin Bread (1 slice; plain, no icing) Butter	Assorted Whole Grain Crackers Milk

*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe (e.g.: 1 svg. beefaroni = 1.5 oz meat/meat alternate for 1-5 year olds and 2 oz for 6-12 year olds). *Caterer must supply this documentation to institution/facility.*

When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: Water is NOT a creditable food item)

Effective FFY 2015-2016

Cycle Menu C No Pork (Continued)

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for age groups specified in this contract.

Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Between a child's first and second birthday, whole milk is strongly recommended. After age 2, it is required that lowfat (1%) or fat free milk be served.

Week Four	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Blended 100% Juice Multigrain Cheerios Cereal Whole Grain Muffin Milk	Fruit Salad Cinnamon Raisin Bagel Cream Cheese Milk	Cinnamon Apples Whole Grain Waffle Milk	Banana Shredded Wheat Cereal Milk	Mandarin Oranges Whole Grain English Muffin Butter & Jelly Boiled Egg Milk
Lunch/ Supper	Barbecue Beef Whole Wheat Roll Butter Green Peas Sweet Potato Tropical Mixed Fruit Milk	*Chicken Strips Whole Wheat Bread Mashed Potatoes Green Beans Pineapple Tidbits Milk	*Beef and Bean Burrito Spinach Salad (Spinach, Tomato, Cucumber) Lowfat Ranch Dressing Orange Wedges Milk	*Tuna Salad Sandwich on Whole Wheat Bread Steamed Carrots Apple Wedges Milk	Hamburger Patty with Cheese Whole Wheat Bun Lettuce & Tomato Mustard, Mayo, Ketchup Baked Beans Fruit Salad Milk
Snack	Plain Graham Crackers Pears	Celery Sticks Lowfat Ranch Dressing Whole Grain Cheese Crackers	Peaches Yogurt Flavored 4 oz cup	Assorted Whole Grain Crackers Cheese Slice	Peanut Butter & Jelly Sandwich (whole wheat bread) Milk

*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe (e.g.: 1 svg. beefaroni = 1.5 oz meat/meat alternate for 1-5 year olds and 2 oz for 6-12 year olds). *Caterer must supply this documentation to institution/facility.*

When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: Water is NOT a creditable food item)

Effective FFY 2015-2016

Cycle Menu C No Pork (Continued)

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for age groups specified in this contract.

Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Between a child's first and second birthday, whole milk is strongly recommended. After age 2, it is required that lowfat (1%) or fat free milk be served.

Week Five	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Mandarin Oranges English Muffin <i>Butter & Jelly</i> Milk	Pears Cheese Toast (Whole Wheat Bread, 1 slice) Milk	Tropical Mixed Fruit Wheat Chex Cereal Banana Muffin Milk	Cinnamon Apples Whole Grain Pancakes Milk	Orange Juice Whole Wheat Bagel <i>Cream Cheese</i> Milk
Lunch/ Supper	Turkey Roast <i>Gravy</i> Whole Grain Roll <i>Butter</i> Mashed Potatoes Mixed Vegetables Applesauce Milk	Black Eyed Peas (at least 3/8 c ages 1-5 and 1/2 c ages 6-12) Brown Rice Collard Greens Cornbread Pineapple Tidbits Milk	*Beefaroni Peas & Carrots Seasonal Fresh Fruit (cantaloupe, honeydew, strawberries, or watermelon) Milk	*Chicken and Dumplings Green Beans Winter Squash (acorn or butternut) Fruit Cocktail Milk	*Cheese Pizza (Whole grain crust) Corn Tossed Salad (Lettuce, Tomato, Cucumber) <i>Lowfat Ranch Dressing</i> Cantaloupe Milk
Snack	Peaches Milk	Turkey Slices Whole Grain Bread (1 slice) <i>Mayo & Mustard</i>	Cheese Slice Orange Wedges	Hard Boiled Egg (1/2 egg) Saltine Crackers	Bean Dip Soft Whole Grain Tortilla

*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe (e.g.: 1 svg. beefaroni = 1.5 oz meat/meat alternate for 1-5 year olds and 2 oz for 6-12 year olds). *Caterer must supply this documentation to institution/facility.*

When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: Water is NOT a creditable food item)

Effective FFY 2015-2016