

Creditable and Non-Creditable Grain/Bread Foods

Grain-based dessert foods will not be creditable on the Child Care Food Program beginning October 1, 2017. The following chart lists creditable and non-creditable grain items. Non-creditable grain items cannot contribute towards a reimbursable meal, but may be served as an “extra” food on occasion. Creditable grain items must be in the correct portion for the age group served (refer to Grains/Breads--Exhibit A) and must be whole grain, enriched, or made from whole grain or enriched meal or flour. Prepackaged products must have whole grain or enriched flour or meal as the first ingredient. At least one serving per day, across all eating occasions, must be 100% whole grain.

 Non-creditable Foods	 Creditable Foods ¹
Animal Crackers Brownies Cake (all varieties, frosted or unfrosted) Cereal Bar/Treat Cobbler/Fruit Crisp Cookies (all kinds) Doughnuts Fig Bar Fruit Turnover Graham Crackers (all kinds) Grain Fruit Bar Granola Bar (all kinds) Honey Bun Oatmeal (more than 6 grams of sugar per dry ounce) Pastry Popcorn Pop Tart Potato/Vegetable Chips (or puffs/straws/sticks) Ready-to-eat Cereal (more than 6 grams of sugar per dry ounce) Sweet Crackers Sweet Roll/Sticky Bun Tortilla chips— <i>flavored</i> ² Wafers (chocolate, vanilla)	Bagel/Bagel Chips Banana Bread (or other fruit/vegetable breads) Barley Batter or Bread Type Coating Biscuits Bread Bread Sticks (hard or soft) Bulgur or Cracked Wheat Buns Cornbread/Corn Muffin Croissants Crepes Crackers (savory snack crackers, plain, cheese, peanut butter) Croutons Egg Roll Skins, Won Ton Wrappers English Muffin French Toast (slices or sticks) Grits Muffins/Quick Bread Oatmeal (with 6 grams of sugar or less per dry ounce) Pancakes Pasta/Couscous/Macaroni/Noodles (all shapes) Pita Bread /Pita Chips Pizza Crust Pretzels (hard or soft) Quinoa Ravioli Ready-to-eat Cereal (6 grams of sugar or less per dry ounce) Rice Rolls Stuffing (dry) Tortillas /Arepa Tortilla Chips/Shells— <i>unflavored</i> ² Waffles



1. Toppings and extras including brown sugar, butter, chocolate chips, cream cheese, honey, jelly, and syrup are a concentrated source of empty calories. They should be served in small portions and used minimally.
2. Tortilla chips with a flavor coating are not creditable. Only plain tortilla chips may be served.