

Free Webinar: May 22, 2018, 1pm – 2pm EST
The Role of Telepsychiatry in Primary Care

Speaker: Justyna Wojas, MD
University of South Florida



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One in five children experience mental illness and only about 20% of those children receive treatment. Average delay between onset and intervention for children is about eight to ten years. For families that seek treatment, up to 50% terminate prematurely secondary to lack of access, financial/transportation difficulties and stigma associated with mental health providers. 70% of children and adolescents with psychiatric disorders are seen in pediatrician's office with ADHD as the most prevalent parent reported diagnosis, followed by behavioral problems, anxiety and depression. Due to the disparity in the availability of the mental health providers and the rising rates of mental health conditions in the American youth, the importance of primary care physicians in treating and coordinating care will become vital. The use of telepsychiatry for children with behavioral health conditions, may be a vital tool for primary care physicians to use, especially in rural areas. This presentation will focus on delivery of mental health/behavioral health services through telepsychiatry, office and technical set up, selecting an appropriate patient for this type of delivery of care, expectations, current models/available resources, benefits and limitations of this delivery of care.

Speaker: Justyna Wojas, M.D.

Dr. Wojas is an Assistant Professor in the Department of Pediatrics, Neuropsychiatry Division at the Rothman Center. Her primary research and clinical interests are in the topics of: Integrating psychiatric care into primary care settings, Tourette's Disorder, OCD, PANDAS/PANS, Anxiety Disorders and Autism. She completed her general psychiatry residency and child psychiatry fellowship at Jackson Memorial Hospital / University of Miami program. Dr. Wojas is board certified in general psychiatry and board eligible in child psychiatry. She completed her internship at Hennepin – Regions Psychiatry Program in Minneapolis/St. Paul, MN. Dr. Wojas completed her medical degree at Saba University School of Medicine and her undergraduate studies at University of Pennsylvania where she majored in biology. Dr. Wojas sees patients at Rothman Center in the outpatient clinic as well as assisting with clinical trials. Dr. Wojas also provides services to local pediatricians through the Florida Pediatric Psychiatry Hotline (1-866-487-9507).

Register here: <https://tinyurl.com/y8aep47v>

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