

## The “Tell Us about Yourself” Screening Form

The “Tell Us about Yourself” (TUAY) is a broad screening tool for identifying psychosocial factors affecting health. The first page of the form is a Healthy Behavior Survey that can be used separately or in conjunction with the TUAY. The TUAY questionnaire asks about psychosocial risk factors such as depression, domestic violence, and use of substances including, drugs, alcohol and tobacco. It can help you to gain a more complete understanding of your client's situation and how that person is coping with their life circumstances. The completed form can also assist you in documenting service needs and developing plans of care.