Get your hands wet. Put on soap. Rub soapy hands for as long as it takes to sing “Happy Birthday” two times or about 20 seconds. Scrub fingertips and between fingers. Make lots of bubbles! Scrub just below your wrists. Rinse off. Wash all those bubbles away! Dry your hands with a paper towel. Turn off water with the towel. Throw the towel away.

Stay healthy. Wash your hands!