

Healthy Schools Resources

Physical Activity

- National Walk and Bike to School Day
<http://www.walkbiketoschool.org/>
- HI – 5 Interventions
<https://www.cdc.gov/policy/hst/hi5/interventions/index.html>
- The whole School, Whole Community, Whole Child Model
 - https://www.cdc.gov/healthyyouth/wsc/pdf/wsc_fact_sheet_508c.pdf
 - <https://www.cdc.gov/healthyschools/wsc/index.htm>
- Comprehensive School Physical Activity Program (CSPAP)
https://www.cdc.gov/healthyschools/professional_development/e-learning/cspap.html
- Universal Design for Learning in Physical Education
 - <https://www.nchpad.org/1702/6814/Universal~Design~for~Learning~in~Physical~Education>
 - <https://www.nchpad.org/Educators>
- Department of Education Physical Activity
<http://www.fldoe.org/academics/standards/subject-areas/physical-edu/>
- How to Coach Kids
www.howtocoachkids.org
A free 30-minute general course on coaching kids in any sport, focused on supporting the volunteer coaches of kids age 12 and under.

Healthy Schools Resources

Nutrition

- Tools for Schools: Smart Snacks
<https://www.fns.usda.gov/school-meals/tools-schools-focusing-smart-snacks>
- Local School Wellness Policy
<https://www.freshfromflorida.com/Food-Nutrition/Nutrition-Programs/National-School-Lunch-Program/Wellness-Policies>
- Healthy Schools Team
<https://www.freshfromflorida.com/Food-Nutrition/Nutrition-Programs/National-School-Lunch-Program/Wellness-Policies/Healthy-School-Teams>
- Association of State Public Health Nutritionists
<https://asphn.org/>

Healthy Schools Resources

Social and Emotional Learning

- Kindness Matters
<http://samaritans365.org/>
- One Love Foundation
<https://www.joinonelove.org/>
- Resilience
<https://kpjrfilms.co/resilience/>
- Prevent child Abuse
<http://preventchildabusefl.org/>
- Florida Kids Count
<http://floridakidscount.org/>
- The Multiagency Network for Students with Emotional/Behavior Disabilities (SEDNET)
<http://www.sednetfl.info/Index.aspx>
- Bullying Prevention
<http://www.fldoe.org/safe-schools/bullying-prevention.stml>
- Cyberbullying
<https://cyberbullying.org/>
- Human trafficking
 - <https://www.surviveandthriveadvocacy.org/>
 - <http://www.floridahealth.gov/programs-and-services/prevention/human-trafficking/index.html>
- Trauma & Toxic Stress
<http://floridatrauma.org/index.php>
- Social and Emotional Learning
<https://casel.org/>
- Opioid Prevention
<https://www.cdc.gov/drugoverdose/index.html>

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Others

- CDC Healthy Schools
 - <https://www.cdc.gov/healthyschools/index.htm>
 - <https://www.chronicdisease.org/page/SchoolHealthPubs>
 - <https://www.cdc.gov/healthyschools/npao/wellness.htm>
- Alliance for Healthier Generation:
<https://www.healthiergeneration.org/>
- Action for healthy Kids
<http://www.actionforhealthykids.org/>
- Healthy Schools Toolkit
<https://healthyschoolstoolkit.wustl.edu/>