Healthy Schools Resources

Physical Activity

- National Walk and Bike to School Day
  http://www.walkbiketoschool.org/

- HI – 5 Interventions
  https://www.cdc.gov/policy/hst/hi5/interventions/index.html

- The whole School, Whole Community, Whole Child Model
  - https://www.cdc.gov/healthyyouth/wscc/pdf/wscc_fact_sheet_508c.pdf
  - https://www.chronicdisease.org/page/SchoolHealthPubs

- Comprehensive School Physical Activity Program (CSPAP)
  https://www.cdc.gov/healthyschools/physicalactivity/cspap.htm

- Universal Design for Learning in Physical Education
  - https://www.nchpad.org/1702/6814/Universal~Design~for~Learning~in~Physical~Education
  - https://www.nchpad.org/Educators

- Department of Education Physical Activity
  http://www.fldoe.org/academics/standards/subject-areas/physical-edu/

- Action for healthy Kids
  http://www.actionforhealthykids.org/

Healthy Schools Resources

Nutrition

- Florida Department of Agriculture and Consumer Services:
  www.freshfromflorida.com

- Alliance for Healthier Generation:
  https://www.healthiergeneration.org/

- Tools for Schools: Smart Snacks
  https://www.fns.usda.gov/school-meals/tools-schools-focusing-smart-snacks

- Local School Wellness Policy
  https://www.freshfromflorida.com/Food-Nutrition/Nutrition-Programs/National-School-Lunch-Program/Wellness-Policies

- Healthy Schools Team
  https://www.freshfromflorida.com/Food-Nutrition/Nutrition-Programs/National-School-Lunch-Program/Wellness-Policies/Healthy-School-Teams

Healthy Schools Resources

Social and Emotional Learning

- Kindness Matters
  http://kindnessmatters365.org/

- One Love Foundation
  https://www.joinonelove.org/

- Resilience
  https://kpjrfilms.co/resilience/

- Prevent child Abuse
  http://preventchildabusefl.org/

- Florida Kids Count
  http://floridakidscount.org/

- The Multiagency Network for Students with Emotional/Behavior Disabilities (SEDNET)
  http://www.sednetfl.info/Index.aspx

- Bullying Prevention
  http://www.fldoe.org/safe-schools/bullying-prevention.stml

- Cyberbullying
  https://cyberbullying.org/

- Human trafficking
  - https://www.surviveandthriveadvocacy.org/
  - http://www.floridahealth.gov/programs-and-services/prevention/human-trafficking/index.html

- Trauma & Toxic Stress
  http://floridatrauma.org/index.php

- Social and Emotional Learning
  https://casel.org/

- Opioid Prevention
  https://www.cdc.gov/drugoverdose/index.html

Healthy Schools Resources

Others

- CDC Healthy Schools
  https://www.cdc.gov/healthyschools/index.htm

- Workplace Health Promotion
  https://www.cdc.gov/workplacehealthpromotion/index.html

- Every Kid Healthy Week
  http://everykidhealthyweek.org/