Oral Health Status of Florida’s Third Grade Children 2016-2017
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The Public Health Dental Program: www.flhealth.gov/dental or 850-245-4333
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Executive Summary
During the 2016-2017 school year, the Florida Department of Health’s Public Health Dental Program (PHDP) completed its second statewide oral health surveillance of Florida’s third grade children. The “Florida 2016-2017 Third Grade Oral Health Screening Project” was conducted in 42 selected public elementary schools across 19 Florida counties and had an overall participation rate of 28.4%. Dental screenings were provided by contracted Florida Dental Hygienists’ Association Registered Dental Hygienists (RDHs) following the Association of State and Territorial Dental Directors’ Basic Screening Survey (BSS) protocols.

Key Findings:
- Approximately one in four children (25.1%) had untreated decay.
  - The prevalence of untreated decay was highest for non-Hispanic Black children (34.6%) and for children without any dental insurance (32.8%).
- Nearly half of children (45.5%) had dental caries (treated or untreated decay).
  - More than half of children from schools with the highest percent of students enrolled in free/reduced lunch had caries experience (52.2%).
  - Children reporting toothaches had the highest rate of dental caries experience (68.1%).
- Over a third of children (40.1%) had at least one dental sealant.
  - The prevalence of dental sealants was highest for children from schools with less than 25% of students enrolled in free/reduced lunch (52.5%).
- Early dental treatment need among Florida’s third grade population was 20.6%.
- Urgent dental treatment need among Florida’s third grade population was 3.0%.
- Children covered with private dental insurance had the lowest rate of each oral indicator of need and the highest rate of dental sealants compared to children who had Medicaid or no dental insurance.

Florida’s overall third grade population estimates are in alignment with the Healthy People 2020 goals related to the prevalence of untreated decay, dental caries, and dental sealants among 6-9 year old children (Table 1).

<table>
<thead>
<tr>
<th>Oral Health Indicator</th>
<th>Florida’s Status 2016-2017</th>
<th>National Target for 6-9 Year Olds based on Healthy People 2020 Goals¹</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dental Caries Experience</td>
<td>45.5%</td>
<td>49.0%</td>
</tr>
<tr>
<td>Untreated Dental Decay</td>
<td>25.1%</td>
<td>25.9%</td>
</tr>
<tr>
<td>Dental Sealants</td>
<td>40.5%</td>
<td>28.1%</td>
</tr>
</tbody>
</table>

¹ U.S. Department of Health and Human Services, 2015
Introduction

Oral health is essential to general health and well-being. There is a strong correlation between poor oral health status and other systemic diseases, such as diabetes, heart disease, respiratory disease, stroke, and preterm and low-weight births. Tooth decay (dental caries) is a transmissible, infectious oral disease resulting from an imbalance of multiple risk factors and protective factors over time. Though the prevalence and severity of tooth decay has declined among school-aged children in recent years, it remains a significant problem in some populations, particularly among certain racial and ethnic groups and low-income children.

Dental caries (tooth decay) remain the most common preventable chronic infectious disease among young children and adolescents in the United States; dental caries are five times more common than asthma. Nationally in 2015-2016, approximately 43.1% of youth aged 2-19 years had dental caries (untreated and treated decay) in their primary or permanent teeth. Among children aged 6-11 years, 45.2% had dental caries and 15.3% had untreated decay, with rates for Black and Hispanic children being higher than for White and Asian children. If dental decay is left untreated, it can cause pain and infection leading to problems with chewing, swallowing, speaking, and learning. These problems jeopardize children’s physical growth, self-esteem, and capacity to socialize.

Poor oral health is also associated with missing school and poor school performance. It is estimated that U.S. children miss more than 51 million school hours annually due to dental problems. Children with poor oral health are three times more likely to miss school and four times more likely to perform poorly when compared to their healthy counterparts. Additionally, parents miss on average 2.5 days from work per year due to their children’s dental problems.

A cost-effective way of preventing tooth decay are dental sealants. Dental sealants are thin protective coatings that adhere to the chewing surfaces of the back teeth (molars) and prevent the acid of leftover food particles from creating holes, or cavities, in the teeth. Dental sealants can prevent up to 80% of cavities and protect teeth for several years. While children with dental sealants have increased over time, low income children are 20% less likely to have them and are twice more likely to have untreated decay than high-income children. Barriers from receiving dental sealants or other dental care include the lack of access to dental services, dental care costs, and inadequate oral health literacy.

Oral health data are needed for ongoing surveillance, establishing the burden of oral health disease, and informing statewide programmatic planning efforts. To address the need for state level oral health surveillance data, the Florida Department of Health’s Public Health Dental Program (PHDP) has established a surveillance system for monitoring oral health status, risk factors, and access to dental services among various populations. The PHDP has completed surveillance projects on third grade children (2013-2014), Early Head Start and Head Start children (2014-2015) and older adults in congregate meal sites (2015-2016). This is Florida’s second statewide oral health surveillance of Florida’s third grade children. The following

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3 Heymann, H.O., 2014
4 Benjamin, R.M., 2010
5 Fleming E., Afful J., 2018
6 U.S. Department of Health and Human Services, 2000
7 Jackson, S., 2011
8 Seirawan, H., 2012
9 Mark, A., 2016
10 Centers for Disease Control and Prevention,"Dental Sealants Prevent Cavities," 2016
sections of this report detail project specifics including the methodology, results, limitations, and recommendations.

**Methodology**

**Basic Screening Survey**

The Florida 2016-2017 Third Grade Oral Health Screening Project was based on the Basic Screening Survey (BSS) tool supported by the Association of State and Territorial Dental Directors (ASTDD). The primary purpose of the BSS tool is to provide state and local health jurisdictions with a consistent model for monitoring oral disease in a timely manner, at the lowest possible cost, with minimum burden on survey participants, and that will support comparisons within and between states.\(^\text{11}\) The goal of the BSS is to obtain regional and statewide estimates of the oral health status in children.

The BSS is designed to capture information on the following dental indicators that are directly related to oral health status in children.\(^\text{12}\)

1. **Untreated Decay**: screener can readily observe breakdown of the enamel surface
2. **Treated Decay**: screener can observe previous treatment of decay such as amalgam and/or composite restorations, temporary restorations, crowns, teeth missing due to decay
3. **Caries Experience**: prevalence of untreated or treated decay
4. **Dental Sealants on permanent molars**: presence of partially and fully retained dental sealants
5. **Urgency of Need for Dental Care**: early dental care (needs to see a dentist within the next several weeks because of untreated decay or broken restorations) or urgent care (needs dental care within 24 to 48 hours because of signs and symptoms that include pain, infection, or swelling)

**Sampling Procedure**

A representative statewide sample of Florida’s public elementary schools was used to identify third grade children. Enrollment data by school for the 2016-2017 academic year was provided by the Florida Department of Education (DOE). A Stratified Probability Proportional to Size (PPS) design was used to select the representative statewide sample of schools, with the enrollment data from DOE used to construct the sample frame. The list of schools was sorted by region and then by school free/reduced lunch percentage (the percentage of students in each school who receive free or reduced lunch) within each region to achieve geographic and socio-economic status (SES) stratification.

With a random start, a systematic sampling was used to select a school in each sampling interval by means of a calculated sampling interval used through the cumulative enrollment of the sorted list, for a total of 42 selections. Schools were contacted and consented to participate in the survey. Schools that refused to participate were replaced with a random PPS school selection from the same sampling interval as the refusing school.

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\(^{11}\) ASTDD, 2011  
\(^{12}\) ASTDD, 2008
The regional designations used for the Florida 2016-2017 Third Grade Oral Health Screening Project and the counties selected to participate are shown in Figure 1.

**Figure 1. Florida 2016-2017 Third Grade Oral Health Surveillance Region Map and Selected Counties**

The number of public elementary schools selected for each region are listed below:

- Northwest: 2
- Northeast: 5
- Central: 9
- West Coast: 12
- Atlantic Coast: 4
- South: 10

**Screening Methods**

After obtaining permission from the selected schools, parents of third grade children were given the opportunity for individual participation in the project. Consent forms (Appendix A), data collection forms (Appendix B), and screening results letters (Appendix C) were created based
Consent forms were sent to the participating schools and distributed to the children. Parents were encouraged to complete and return the consent form questionnaire even if they did not want their child to participate in the screening. Only those children returning a positive parental consent form with a parental or guardian signature were screened.

Florida licensed dental hygienists were trained in BSS guidelines and provided screenings to participating children following procedures to prevent the spread of disease as set by the Centers for Disease Control and Prevention (CDC) for this type of oral health screening. Dental gloves and masks were worn, and the dental hygienists used a disposable mirror for each child, which was thrown away after each screening. The screening was not intended to take the place of a regular dental checkup or an exam by a dentist. There were 17 hygienists who collected information on the presence of untreated decay, caries experience, dental sealants, and treatment urgency. The screenings and data were collected at the child level in accordance with BSS guidance, not the tooth level.

Maintaining screening and data collection consistency across calibrated screeners was the foundation of the project. The BSS provided a framework to collect data in a consistent manner. Data were collected in accordance with all the guidelines and policies defined in the BSS for the third grade population. This was a cross-sectional (looking at a population at a point in time) and descriptive (intended to determine estimates of oral health status for a defined population) survey. Data that were collected on screening day (via paper records) were entered into the CDC program “Epi-Info” which provides data exports into Microsoft Excel. The PHDP staff validated 100% of the screening data by comparing the paper records to the electronic data.

Data Analysis

Data analysis was completed utilizing Statistical Analysis Software (SAS) version 9.3, a high-level data analysis tool. Outcome data were weighted and adjusted for stratification and cluster sampling effects of the sample design, probability of selection, and non-response based upon the Stratified Probability Proportional to Size sample design with a 95% Confidence Interval (CI).

Demographic indicators including age, race/ethnicity, gender, and dental insurance status of the participating children were obtained from the survey questions on the parental consent form. Participation in the free or reduced school lunch program, as reported on the consent form, was used to determine the child’s family income status. Due to low participation of children among American Indian/Alaska Native, Native Hawaiian/Pacific Islander, and multi-racial groups, their responses were combined with those of unknown race/ethnicity into an “Other” category for analysis and reporting.
**Results**

A total of 4,427 children were enrolled in third grade at the 42 participating schools. Of the enrolled third grade children, 1,685 (38.1%) returned their consent forms. Of the returned consent forms, 1,331 (79.0%) children positively consented but ultimately 1,259 (74.7%) children participated and were screened. The project had an overall participation rate of 28.4% (1,259 of 4,427) and a positive consent rate of 79.0% (1,331 of 1,685).

**Demographic Characteristics of Participating Children**

The breakdown of demographic characteristics counts of the participating children is shown in Table 2. Note: these percentages are not weighted.

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>N (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Participants</strong></td>
<td>1,259</td>
</tr>
</tbody>
</table>
| **Age (Years)**
| 7                                             | 2 (0.2%)    |
| 8                                             | 395 (31.4%) |
| 9                                             | 762 (60.5%) |
| 10/11                                         | 99 (7.9%)   |
| Missing                                       | 1 (0.1%)    |
| **Gender**
| Male                                          | 587 (46.6%) |
| Female                                        | 667 (53.0%) |
| Missing                                       | 5 (0.4%)    |
| **Race/Ethnicity**
| Non-Hispanic White                            | 427 (33.9%) |
| Non-Hispanic Black                            | 276 (21.9%) |
| Hispanic                                      | 372 (29.5%) |
| Asian                                         | 51 (4.1%)   |
| Other                                         | 108 (8.6%)  |
| Missing                                       | 25 (2.0%)   |
| **Eligible for Free/Reduced Lunch**           |             |
| Yes                                           | 746 (59.3%) |
| No                                            | 347 (27.6%) |
| Don’t Know/Don’t Remember                     | 100 (7.9%)  |
| Missing                                       | 66 (5.2%)   |
| **Dental Insurance Coverage**                 |             |
| Private Insurance                             | 362 (28.8%) |
| Medicaid                                      | 489 (38.8%) |
| No Insurance                                  | 173 (13.7%) |
| Other                                         | 11 (0.9%)   |
| Don’t Know/Don’t Remember                     | 26 (2.1%)   |
| Missing                                       | 198 (15.7%) |
The majority of the participating children were 9 years old (60.5%), female (53.0%), non-Hispanic White (33.9%), eligible for free/reduced lunch (59.3%), and had Medicaid coverage (38.8%). The average age of participating children was 8.77 years (SD: ± 0.61).

**Oral Health Indicators**

The screening data were weighted to achieve regional and state-level estimates of the various indicators. The data shown in the rest of the report represent the entire third grade population attending public schools in Florida. Prevalence estimates are provided along with 95% Confidence Intervals (C.I.).

![Figure 2: Oral Health Status (Percent and 95% C.I.) of Florida's Third Grade Children 2016-2017](image)

In Florida, 25.1% of third graders had untreated decay, 45.5% had caries experience, 40.5% had at least one dental sealant, 20.6% had an early dental care need, and 3.0% had an urgent dental care need (Figure 2). These oral health indicators did not vary by gender in Florida.

Among age groups, children aged 10 and 11 had the highest prevalence of untreated decay (31.7%) and the lowest prevalence of dental sealants (32.6%), however, the opposite was seen with children aged 9, who had the highest prevalence of dental sealants and the lowest prevalence of untreated decay (Table 3).

Prevalence estimates and 95% Confidence Intervals are provided for all oral health indicators by age in Table 3.
Table 3. Prevalence (95% Confidence Interval) of the Oral Health Indicators, by Age

<table>
<thead>
<tr>
<th>Age</th>
<th>Caries Experience</th>
<th>Untreated Decay</th>
<th>Dental Sealants</th>
<th>Early Need for Dental Care</th>
<th>Urgent Need for Dental Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>7-8</td>
<td>45.2% (38.6, 51.8)</td>
<td>27.6% (20.6, 34.6)</td>
<td>37.9% (30.0, 45.8)</td>
<td>22.3% (15.2, 29.4)</td>
<td>3.6% (1.3, 5.9)</td>
</tr>
<tr>
<td>9</td>
<td>45.6% (40.6, 50.6)</td>
<td>22.8% (19.1, 26.5)</td>
<td>43.0% (36.0, 50.0)</td>
<td>18.9% (15.9, 21.8)</td>
<td>2.7% (1.2, 4.1)</td>
</tr>
<tr>
<td>10-11</td>
<td>45.7% (34.9, 56.6)</td>
<td>31.7% (22.5, 40.8)</td>
<td>32.6% (23.5, 41.7)</td>
<td>25.4% (17.1, 33.7)</td>
<td>2.9% (0.0, 6.4)</td>
</tr>
</tbody>
</table>

There were differences observed by race/ethnicity among Florida’s third grade population, most notably among untreated decay and dental sealant prevalence estimates.

Non-Hispanic Black children had the highest percentage of untreated decay, with 34.6%, when compared to children of other racial and ethnic groups. This group also had the lowest percentage of dental sealants (Figure 3).

Prevalence estimates and 95% Confidence Intervals are provided for all oral health indicators by race/ethnicity in Table 4.
poverty status. These variables are highly correlated with poor oral health outcomes. In Table 6, the percentage of students receiving free and/or reduced lunch (displayed as FRL percentage in Table 6) at the selected schools was used as a proxy for individual student income and poverty status. These variables are highly correlated with poor oral health outcomes.

### Table 4. Prevalence (95% Confidence Interval) of the Oral Health Indicators, by Race/Ethnicity

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Caries Experience</th>
<th>Untreated Decay</th>
<th>Dental Sealants</th>
<th>Early Need for Dental Care</th>
<th>Urgent Need for Dental Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Hispanic White</td>
<td>44.2% (36.5, 51.9)</td>
<td>23.0% (15.2, 30.8)</td>
<td>43.7% (36.4, 51.0)</td>
<td>18.5% (11.5, 25.6)</td>
<td>1.5% (0.0, 3.1)</td>
</tr>
<tr>
<td>Non-Hispanic Black</td>
<td>48.6% (40.0, 57.4)</td>
<td>34.6% (24.7, 44.5)</td>
<td>33.3% (25.2, 41.5)</td>
<td>28.3% (17.9, 38.7)</td>
<td>4.4% (2.1, 6.7)</td>
</tr>
<tr>
<td>Hispanic</td>
<td>44.6% (36.5, 52.7)</td>
<td>20.6% (14.3, 26.8)</td>
<td>42.6% (32.1, 53.1)</td>
<td>17.3% (12.2, 22.4)</td>
<td>3.3% (0.6, 6.0)</td>
</tr>
<tr>
<td>Non-Hispanic Asian</td>
<td>47.7% (30.1, 65.4)</td>
<td>30.5% (15.7, 45.4)</td>
<td>36.2% (21.8, 50.7)</td>
<td>22.5% (5.2, 39.9)</td>
<td>3.9% (0.0, 8.1)</td>
</tr>
<tr>
<td>Other</td>
<td>39.5% (28.6, 49.5)</td>
<td>15.8% (7.7, 23.9)</td>
<td>46.3% (34.0, 58.6)</td>
<td>12.7% (7.0, 18.4)</td>
<td>3.7% (0.0, 7.5)</td>
</tr>
</tbody>
</table>

In order to observe regional estimates and assess if geographic disparities exist, the survey sample was stratified by the Florida Department of Health into six regions (Table 5). The Northwest region had the highest rates of untreated decay (53.3%), caries experience (66.1%), and early need for dental care (38.6%) in the state, but also had the highest rate of dental sealants (57.4%). The Northeast region had the lowest rate of caries experience (32.8%) and the Atlantic Coast region had the lowest rate of untreated decay (19.0%).

Prevalence estimates and 95% Confidence Intervals are provided for all oral health indicators by region in Table 5.

### Table 5. Prevalence (95% Confidence Interval) of the Oral Health Indicators, by Region

<table>
<thead>
<tr>
<th>Region</th>
<th>Caries Experience</th>
<th>Untreated Decay</th>
<th>Dental Sealants</th>
<th>Early Need for Dental Care</th>
<th>Urgent Need for Dental Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Atlantic Coast</td>
<td>41.5% (30.0, 53.0)</td>
<td>19.0% (9.4, 28.5)</td>
<td>44.0% (27.6, 60.5)</td>
<td>16.0% (10.5, 20.9)</td>
<td>4.5% (0.0, 10.6)</td>
</tr>
<tr>
<td>Central</td>
<td>43.0% (34.3, 51.8)</td>
<td>25.2% (15.8, 34.6)</td>
<td>23.9% (12.1, 35.7)</td>
<td>16.2% (4.9, 27.4)</td>
<td>0.9% (0.0, 2.0)</td>
</tr>
<tr>
<td>Northeast</td>
<td>32.8% (23.6, 42.0)</td>
<td>19.9% (9.3, 30.5)</td>
<td>46.0% (24.6, 67.5)</td>
<td>16.1% (8.2, 24.1)</td>
<td>3.8% (0.0, 9.0)</td>
</tr>
<tr>
<td>Northwest</td>
<td>66.1% (49.3, 82.9)</td>
<td>53.3% (31.2, 75.5)</td>
<td>57.4% (33.2, 81.7)</td>
<td>38.6% (17.7, 69.5)</td>
<td>8.8% (7.5, 10.0)</td>
</tr>
<tr>
<td>South</td>
<td>36.3% (28.1, 44.5)</td>
<td>23.3% (17.3, 29.3)</td>
<td>44.5% (32.5, 56.5)</td>
<td>19.8% (16.3, 23.4)</td>
<td>3.8% (0.1, 7.5)</td>
</tr>
<tr>
<td>West Coast</td>
<td>58.3% (50.1, 66.5)</td>
<td>26.2% (19.4, 32.9)</td>
<td>43.2% (30.8, 55.6)</td>
<td>25.0% (20.3, 29.7)</td>
<td>2.0% (0.0, 4.1)</td>
</tr>
</tbody>
</table>
There was a direct relationship observed between untreated decay and FRL percentage (Figure 4); as the FRL percentage increased, so did the percentage of untreated decay and other oral health indicators of need. The opposite relationship was seen for dental sealants; the percentage of dental sealants was highest in the FRL <25% category (52.5%) and lowest in the FRL 50-75% category (37.2%).

Prevalence estimates and 95% Confidence Intervals for all of the oral health indicators by the percentage of students receiving free/reduced lunch are provided in Table 6.

<table>
<thead>
<tr>
<th>Free/Reduced Lunch (FRL) Percentage</th>
<th>Caries Experience</th>
<th>Untreated Decay</th>
<th>Dental Sealants</th>
<th>Early Need for Dental Care</th>
<th>Urgent Need for Dental Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>FRL &gt;75% Lowest income</td>
<td>52.2% (46.3, 58.0)</td>
<td>30.0% (24.5, 35.5)</td>
<td>40.5% (31.9, 49.0)</td>
<td>23.8% (20.2, 27.4)</td>
<td>4.4% (1.2, 7.6)</td>
</tr>
<tr>
<td>FRL 50-75%</td>
<td>45.6% (36.7, 54.5)</td>
<td>28.4% (19.5, 37.3)</td>
<td>37.2% (24.0, 50.5)</td>
<td>24.9% (16.0, 33.9)</td>
<td>2.8% (1.4, 4.2)</td>
</tr>
<tr>
<td>FRL 25-50%</td>
<td>39.3% (28.2, 50.5)</td>
<td>16.5% (13.3, 19.7)</td>
<td>41.7% (35.9, 47.4)</td>
<td>12.9% (9.8, 16.1)</td>
<td>1.3% (0.2, 2.4)</td>
</tr>
<tr>
<td>FRL &lt;25% Highest income</td>
<td>24.2% (15.6, 32.8)</td>
<td>5.3% (0.8, 9.9)</td>
<td>52.5% (18.9, 86.0)</td>
<td>2.4% (0.0, 6.5)</td>
<td>No data due to small sample</td>
</tr>
</tbody>
</table>

Dental insurance status can affect access to care and overall oral health (Figure 5). Children whose dental services were covered by private dental insurance had the lowest rate of untreated decay and dental caries experience, and the highest rate of dental sealants (Table 7). Children who had no insurance had the highest rate of untreated decay (32.8%) and the lowest rate of dental sealants (35.0%).
Prevalence estimates and 95% Confidence Intervals for all of the oral health indicators by health insurance status are provided in Table 7.

### Table 7. Prevalence (95% Confidence Interval) of the Oral Health Indicators, by Dental Insurance Status

<table>
<thead>
<tr>
<th>Dental Insurance Status</th>
<th>Caries Experience</th>
<th>Untreated Decay</th>
<th>Dental Sealants</th>
<th>Early Need for Dental Care</th>
<th>Urgent Need for Dental Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Private Insurance</td>
<td>34.8% (27.8, 41.7)</td>
<td>16.4% (12.0, 20.8)</td>
<td>46.5% (36.2, 56.8)</td>
<td>13.1% (8.6, 17.6)</td>
<td>2.4% (0.8, 4.0)</td>
</tr>
<tr>
<td>Medicaid</td>
<td>49.3% (43.5, 55.2)</td>
<td>25.9% (20.0, 31.8)</td>
<td>39.8% (32.6, 46.9)</td>
<td>22.3% (15.7, 28.9)</td>
<td>2.2% (0.6, 3.8)</td>
</tr>
<tr>
<td>No Insurance</td>
<td>47.0% (37.4, 56.7)</td>
<td>32.8% (22.0, 43.5)</td>
<td>35.0% (25.7, 44.4)</td>
<td>24.5% (15.0, 34.0)</td>
<td>5.6% (2.1, 9.0)</td>
</tr>
</tbody>
</table>

The presence of toothaches, another oral health condition collected on the consent form, was shown to exacerbate each oral health indicator (Figure 6). Children who experienced toothaches had a much higher prevalence of untreated decay (46.9%) and caries experience (68.1%) compared to children who did not experience toothaches. They also had a lower rate of dental sealants (32.8%) than their peers who did not experience toothaches (42.3%).

![Figure 5. Percent of Untreated Decay and Dental Sealants among Florida's Third Grade Children 2016-2017, by Dental Insurance Status](image)
Prevalence estimates and 95% Confidence Intervals for all of the oral health indicators by the toothaches are provided in Table 8.

<table>
<thead>
<tr>
<th>Toothache Status</th>
<th>Caries Experience</th>
<th>Untreated Decay</th>
<th>Dental Sealants</th>
<th>Early Need for Dental Care</th>
<th>Urgent Need for Dental Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Toothache</td>
<td>39.5% (34.8, 44.3)</td>
<td>19.8% (16.5, 23.2)</td>
<td>42.3% (36.0, 48.5)</td>
<td>17.1% (13.6, 20.6)</td>
<td>2.1% (0.7, 3.4)</td>
</tr>
<tr>
<td>Toothache</td>
<td>68.1% (55.8, 80.3)</td>
<td>46.9% (32.8, 60.9)</td>
<td>32.8% (21.7, 43.9)</td>
<td>34.6% (17.9, 51.4)</td>
<td>6.7% (3.2, 10.2)</td>
</tr>
</tbody>
</table>

**National Status**

Other states across the nation have utilized the BSS methodology to assess the oral health status of their third grade children. CDC collects this information via the State Oral Health Survey (OHS).\(^4\)

State-level estimates of various oral health status indicators are provided in Figures 7 through 9. It is important to note that not all states have completed a BSS of their third grade population and thus national estimates using the BSS methodology are not available. In order to enhance comparability between states, results from the individual state BSS were only included if they were conducted within the past six years (from 2012 forward). Florida’s 2013-2014 estimates were updated to reflect data from the most current 2016-2017 project.

---

\(^4\) CDC, "Oral Health Data," 2015
Overall, Florida ranked 6th for the lowest percent of third graders with caries experience among the 28 participating states (Figure 7). A lower percentage of caries experience translates to a better oral health status. The Healthy People 2020 goal is that only 49.0% of children aged 6-9 years old have caries experience; Florida is meeting this goal with 45.5% of Florida’s third graders having caries experience.

Overall, Florida ranked 8th lowest for the percent of third graders with at least one dental sealant among the 28 participating states (Figure 8). Dental sealants are a preventive service proven to reduce decay, thus the goal is to increase this percentage. Only 40.5% of Florida third graders...
had a dental sealant; however, Florida is still meeting the Healthy People 2020 goal of 28.1% of children aged 6-9 years old with at least one dental sealant.

Lastly, Florida is ranked the 6th highest state for the percentage of third graders with untreated decay (25.1%) among the 28 participating states (Figure 9). As untreated decay can cause pain, swelling, and infection, the goal is to reduce this oral health condition. Florida is just meeting the Healthy People 2020 Goal of 25.9% of children aged 6-9 years with untreated decay.

**Figure 9. Percent of Third Graders with Untreated Decay by State**

**Healthy People 2020 Goal: 25.9%**

<table>
<thead>
<tr>
<th>State</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nebraska</td>
<td>22.0%</td>
</tr>
<tr>
<td>North Dakota</td>
<td>28.2%</td>
</tr>
<tr>
<td>Arizona</td>
<td>28.0%</td>
</tr>
<tr>
<td>Texas</td>
<td>26.2%</td>
</tr>
<tr>
<td>Rhode Island</td>
<td>25.3%</td>
</tr>
<tr>
<td>Florida</td>
<td>25.0%</td>
</tr>
<tr>
<td>Michigan</td>
<td>24.9%</td>
</tr>
<tr>
<td>Hawaii</td>
<td>23.8%</td>
</tr>
<tr>
<td>Illinois</td>
<td>22.4%</td>
</tr>
<tr>
<td>Oklahoma</td>
<td>22.2%</td>
</tr>
<tr>
<td>South Dakota</td>
<td>21.5%</td>
</tr>
<tr>
<td>Utah</td>
<td>21.0%</td>
</tr>
<tr>
<td>West Virginia</td>
<td>20.8%</td>
</tr>
<tr>
<td>Idaho</td>
<td>21.0%</td>
</tr>
<tr>
<td>Wisconsin</td>
<td>17.8%</td>
</tr>
<tr>
<td>Indiana</td>
<td>16.7%</td>
</tr>
<tr>
<td>Minnesota</td>
<td>16.1%</td>
</tr>
<tr>
<td>Delaware</td>
<td>16.0%</td>
</tr>
<tr>
<td>Iowa</td>
<td>15.1%</td>
</tr>
<tr>
<td>Maine</td>
<td>14.3%</td>
</tr>
<tr>
<td>Virginia</td>
<td>13.6%</td>
</tr>
<tr>
<td>North Carolina</td>
<td>12.4%</td>
</tr>
<tr>
<td>Maryland</td>
<td>12.0%</td>
</tr>
<tr>
<td>South Carolina</td>
<td>10.8%</td>
</tr>
<tr>
<td>Washington</td>
<td>8.2%</td>
</tr>
</tbody>
</table>

**Limitations**

There are several limitations to the information presented from this survey. First, these screenings were conducted without the use of radiographs (x-rays), therefore, the findings may differ from those observed and diagnosed by clinicians. Second, this survey was conducted only on public school children and may not be representative of all third grade children in Florida. Lastly, the screeners are encouraged to be conservative, thus, the results represented here may be an underrepresentation of the true oral health status of Florida’s third grade children.

**Recommendations**

The state of Florida works to make continued progress to improve access to preventive dental care for children in Florida. Continued collaborative partnerships with school-based dental programs to share information on evidence-based prevention and early intervention practices facilitates the promotion of oral disease prevention efforts (dental sealants) starting in school-aged children.
Additional opportunities for improving the oral health status of Florida’s third grade children include:

- Evaluate, address, and overcome barriers that exist in promoting dental sealant services for school age children, specifically for children from minority race/ethnic groups and low-income families.
- Increase the dental workforce providing school-based dental services, including cost effective dental sealants.
- Encourage schoolteacher and parent involvement in developing a culturally and linguistically appropriate oral health literacy campaign for school age children.
- Increase the dissemination of proper oral care information and resources to children and parents.
- Promote the benefits of fluoride and the consumption of fluoridated tap water to reduce tooth decay and strengthen teeth.
- Continue oral health surveillance activities for school-age children and track progress in the reduction of oral health disparities.

References


Appendices
Appendix A: Consent and Questionnaire Form for Parents

2017 Third Grade Oral Health Screening Parent Consent Form and Questionnaire

Please complete this form and return it to your child’s teacher tomorrow. Thank you.

Child’s Name: ____________________________ Child’s Age: ________

Child’s Gender: Male _____ Female _____ Unspecified _____

____ Yes, I give permission for my child’s mouth to be screened.

____ No, I do not give permission for my child’s mouth to be screened.

___________________________________________________________

Signature of Parent or Guardian: ____________________________ Date:

The purpose of this screening is to collect data. You will receive a screening results form for use by a “dentist at a prompt subsequent examination.” Please note: “diagnosis of caries, soft tissue disease, oral cancer, temporomandibular joint disease (TMJ), and dentofacial malocclusions can only be completed by a dentist in the context of delivering a comprehensive dental examination,” in accordance with Section 466.0235, Florida Statutes.

Please answer the following 12 questions to help us learn more about your child’s dental care. Your answers will be reported in summary only; individual responses will not be shared. If you do not want to answer the questions, your child’s mouth can still be screened. Please disregard the numbers next to the answer choices as they are for the screener’s use only.

1. Which of the following best describes your child? Select all that apply.
   - White
   - Black/African American
   - Hispanic/Latino
   - Asian
   - American Indian/Alaska Native
   - Native Hawaiian/Pacific Islander
   - Other________

2. Does your child have a history of any chronic conditions and/or developmental delays? Select all that apply.
   - Asthma
   - ADHD
   - Cancer
   - Diabetes
   - Obesity
   - Other: __________
   - Special Health Care Needs
   - None
   - Don’t know/don’t remember

3. Is your child eligible for the free or reduced price lunch program? Check one.
   - No (1)
   - Yes (2)
   - Don’t know/don’t remember (3)

4. During the past 12 months, how would you describe your child’s grades in school? Check one.
   - Mostly A’s (1)
   - Mostly B’s (2)
   - Mostly C’s (3)
   - Mostly D’s (4)
   - Mostly F’s (5)
   - None of these grades (6)
   - Don’t know/don’t remember (7)

5. How long has it been since your child last visited a dentist? Please include dentists such as orthodontists, oral surgeons, and all other dental specialists, as well as dental hygienists. Check one.
   - 6 months or less (1)
   - More than 6 months, but less than 1 year ago (2)
   - More than 1 year ago (3)
   - Don’t know/don’t remember (5)
   - Never have been to the dentist (4)
6. During the past 6 months, did your child have a toothache more than once when biting or chewing? Check one.
   □ No (1)       □ Yes (2)       □ Don’t know/don’t remember (3)

7. What was the main reason that your child last visited a dentist? Check one.
   □ Went in for checkup, examination, or cleaning (1)
   □ Was called in by the dentist for checkup, examination, or cleaning (2)
   □ Something was wrong, bothering or hurting (3)
   □ Went for treatment of a condition that dentist discovered at earlier check-up or examination (4)
   □ Don’t know/don’t remember (5)

8. During the past 12 months, did your child visit the emergency department (or emergency room) because of any oral or dental related issues? Check one.
   □ No (1)       □ Yes (2)       □ Don’t know/don’t remember (3)

9. During the past 12 months, what was the main reason your child could not get dental care when he or she needed it? Check one.
   □ Could not afford it (1)       □ No insurance (2)
   □ Dentist did not take Medicaid/insurance (3)       □ Difficulty in getting appointment (4)
   □ Not a serious enough problem (5)       □ No way to get there (transportation) (6)
   □ Didn’t know where to go (7)       □ Speak a different language than dentist (8)
   □ Other (9)

10. During the past 12 months, how many days of school did your child miss for oral health related problems? Do not include days missed for routine oral health care (cleanings, checkups, etc.). Check one.
    □ 0 Days (1)       □ 1 Day (2)       □ 2 Days (3)       □ 3 Days (4)       □ 4 Days (5)       □ 5 or More Days (6)
    □ Don’t Know/Don’t Remember (7)

11. During the past 12 months, how many days of work did you or a family member miss for your child’s oral health related problems? Do not include days missed for your child’s routine oral health care (cleanings, checkups, etc.). Check one.
    □ 0 Days (1)       □ 1 Day (2)       □ 2 Days (3)       □ 3 Days (4)       □ 4 Days (5)       □ 5 or More Days (6)
    □ Not Applicable (does not work) (7)       □ Don’t Know/Don’t Remember (8)

12. Do you have any kind of insurance that pays for some or all of your child’s DENTAL CARE (not medical or surgical)? Include dental insurance obtained through employment or purchased directly, as well as government programs like Medicaid. Select all that apply.
    □ No       □ Private Insurance       □ Medicaid       □ Don’t know/don’t remember

THANK YOU FOR PARTICIPATING IN THE “2017 Third Grade Oral Health Screening Project!”
## 2017 Third Grade Oral Health Screening Form

<table>
<thead>
<tr>
<th>Screen Date:</th>
<th>School Code:</th>
<th>Screener's Initials:</th>
<th>Age:</th>
</tr>
</thead>
<tbody>
<tr>
<td>12/31/2017</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Primary Dentition

- **Upper:**
  - Central incisor: 7 1/2 yr.
  - Lateral incisor: 9 yr.
  - Canine: 11 yr.
- **Lower:**
  - Central incisor: 9 1/2 yr.
  - Lateral incisor: 11 yr.
  - Canine: 13 yr.

### Permanent Dentition

- **Upper:**
  - Central incisor: 7 1/2 yr.
  - Lateral incisor: 9 yr.
  - Canine: 11 yr.
- **Lower:**
  - Central incisor: 9 1/2 yr.
  - Lateral incisor: 11 yr.
  - Canine: 13 yr.

### Primary Untreated Decay:
- **Options:**
  - 0: No untreated decay
  - 1: Yes untreated decay

### Permanent Untreated Decay:
- **Options:**
  - 0: No untreated decay
  - 1: Yes untreated decay

### Primary Treated Decay:
- **Options:**
  - 0: No treated decay
  - 1: Yes treated decay

### Permanent Treated Decay:
- **Options:**
  - 0: No treated decay
  - 1: Yes treated decay

### Sealants on Permanent Molars:
- **Options:**
  - 0: No sealants
  - 1: Yes sealants (at least one)

### Treatment Urgency:
- **Options:**
  - 0: No obvious problem
  - 1: Early dental care
  - 2: Urgent dental care

### Comments (if needed, not required):

---

**Florida Department of Health**

**Public Health Dental Program**

4052 Bald Cypress Way, Bldg A-14 • Tallahassee, FL 32324-1701

PHONE: 850/488-4333 • FAX: 850/488-7452

[www.flhealth.gov/dental](http://www.flhealth.gov/dental)

[https://youtu.be/mbwTu5V3FQ](https://youtu.be/mbwTu5V3FQ)
Appendix C: Screening Results Letter Sent to Parents

Third Grade Oral Health Screening Results

FLORIDA DEPARTMENT OF HEALTH

Dear: __________________________________________

As part of the Third Grade Oral Health Screening Project, your child’s teeth and mouth were screened today. No x-rays were taken and the screening does not replace an in-office dental examination by your child’s dentist. The results of the screening indicate that:

_____ Your child appears to have no obvious dental problems but should continue to have routine examinations by their dentist.

_____ Your child has a tooth, or teeth, which should be evaluated by their dentist to determine if treatment is needed.

_____ Your child has a tooth, or teeth, which appear to need immediate care and you should contact their dentist as soon as possible for a complete evaluation.

If your child does not have a dentist or you need help with arranging dental care for your child, please visit http://www.floridahealth.gov/dental/resources to locate your county’s dental resource list.
Appendix D: Other Indicators from Parent Questionnaire

The following questions were asked on the parent questionnaire and consent form for the Florida Third Grade Oral Health Screening Project (Appendix A). While supplemental to the BSS, these questions provide additional information about the current oral health status and oral health history of the third grade population. These graphs include all submitted consent forms, regardless of a child's screening status. These data are weighted.

Chronic Conditions and/or Developmental Delays
Question: Does your child have a history of any chronic conditions and/or developmental delays?

<table>
<thead>
<tr>
<th>Condition</th>
<th>Percent (95% C.I.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asthma</td>
<td>11.6% (7.0, 16.2)</td>
</tr>
<tr>
<td>Attention Deficit Hyperactivity Disorder (ADHD)</td>
<td>10.2% (7.5, 12.9)</td>
</tr>
<tr>
<td>Cancer</td>
<td>0.4% (0.1, 0.8)</td>
</tr>
<tr>
<td>Diabetes</td>
<td>0.4% (0.0, 0.8)</td>
</tr>
<tr>
<td>Obesity</td>
<td>0.6% (0.2, 1.1)</td>
</tr>
<tr>
<td>Special Health Care Needs</td>
<td>0.8% (0.3, 1.3)</td>
</tr>
<tr>
<td>Other Condition</td>
<td>4.3% (2.8, 5.8)</td>
</tr>
<tr>
<td>No Condition</td>
<td>55.7% (51.9, 59.6)</td>
</tr>
<tr>
<td>Don't Know/ Don't Remember</td>
<td>1.4% (0.8, 2.1)</td>
</tr>
</tbody>
</table>
**Children’s Grades in School**

**Question:** During the past 12 months, how would you describe your child’s grades in school?

**School Grades of Florida’s Third Grade Children, 2016-2017**

- Mostly A’s 27.5% (23.2, 31.7)
- Mostly B’s 28.0% (24.6, 31.5)
- Mostly C’s 19.2% (16.1, 22.3)
- Mostly D’s 3.9% (1.7, 6.1)
- Mostly F’s 0.8% (0.4, 1.2)
- None of These Grades 2.4% (1.2, 3.6)
- Don’t Know/Don’t Remember 2.7% (1.8, 3.6)

**Last Dental Visit**

**Question:** How long has it been since your child last visited a dentist? Please include dentists such as orthodontists, oral surgeons, and all other dental specialists, as well as dental hygienists.

**Time Since Last Dental Visit among Florida’s Third Grade Children, 2016-2017**

- Never Been to a Dentist 4.7% (3.0, 6.3)
- 6 Months or Less 48.1% (43.6, 52.5)
- 6 Months-1 Year 16.1% (13.3, 18.9)
- More than 1 Year 15.2% (12.6, 17.8)
- Don’t Know/Don’t Remember 4.3% (3.0, 5.6)
**Toothache**

Question: During the past six months, did your child have a toothache more than once when biting or chewing?

![Percent of Toothache among Florida's Third Grade Children, 2016-2017](chart)

**Reason for Last Dental Visit**

Question: What was the main reason that your child last visited a dentist?

![Main Reason for Last Dental Visit among Florida's Third Grade Children, 2016-2017](chart)
Emergency Room Visit
Question: During the past 12 months, did your child visit the emergency department (or emergency room) because of any oral or dental related issues?

![Emergency Room Visit because of Oral Issues among Florida's Third Grade Children, 2016-2017](chart)

Reason for Not Seeking Care
Question: During the past 12 months, what was the main reason your child could not get dental care when he or she needed it?

<table>
<thead>
<tr>
<th>Main Reason</th>
<th>Percent (95% C.I.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Could not afford it</td>
<td>4.7% (3.2, 6.1)</td>
</tr>
<tr>
<td>No insurance</td>
<td>5.1% (3.7, 6.5)</td>
</tr>
<tr>
<td>Dentist did not accept Medicaid/health insurance</td>
<td>4.3% (3.1, 5.5)</td>
</tr>
<tr>
<td>Difficulty in getting appointment</td>
<td>2.5% (1.6, 3.4)</td>
</tr>
<tr>
<td>Not a serious enough problem</td>
<td>5.0% (3.9, 6.1)</td>
</tr>
<tr>
<td>No way to get there (transportation)</td>
<td>1.0% (0.5, 1.4)</td>
</tr>
<tr>
<td>Didn’t know where to go</td>
<td>2.1% (1.4, 2.9)</td>
</tr>
<tr>
<td>Speak a different language than dentist</td>
<td>0.1% (0.0, 0.2)</td>
</tr>
<tr>
<td>Other</td>
<td>15.8% (10.5, 21.0)</td>
</tr>
<tr>
<td>Don’t know/Don’t Remember</td>
<td>7.5% (6.0, 9.0)</td>
</tr>
</tbody>
</table>
Days of School Missed
Question: During the past 12 months, how many days of school did your child miss for oral health related problems, not including days missed for routine oral health care (cleaning, checkup, etc.)?

<table>
<thead>
<tr>
<th>Days of School</th>
<th>Percent (95% C.I.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 day</td>
<td>65.5% (62.1, 68.9)</td>
</tr>
<tr>
<td>1 or more days</td>
<td>7.9% (6.1, 9.7)</td>
</tr>
<tr>
<td>Don’t Know/Don’t Remember</td>
<td>5.5% (3.0, 8.0)</td>
</tr>
</tbody>
</table>

Days of Work Missed
Question: During the past 12 months, how many days of work did you or a family member miss for your child’s oral health related problems, not including days missed for your child’s routine oral health care (cleanings, checkup, etc.)?

<table>
<thead>
<tr>
<th>Days of Work</th>
<th>Percent (95% C.I.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 day</td>
<td>67.2% (63.7, 70.8)</td>
</tr>
<tr>
<td>1 or more days</td>
<td>5.7% (4.1, 7.3)</td>
</tr>
<tr>
<td>Don’t Know/Don’t Remember</td>
<td>3.2% (2.3, 4.1)</td>
</tr>
</tbody>
</table>