



Who, What and Where!

The Duval County Medical Reserve Corps are local Medical Health Care Professionals committed to supporting the community during a disaster locally or nationally.

We are housed in and supported by the Duval County Health Department under the Division of Emergency Preparedness.

Any comments, question or concerns with this newsletter can be taken up directly with the Director of Emergency Preparedness or the Medical Reserve Corps Coordinator .

The Duval County Medical Reserve Corps is located at 515 W. 6th Street, Jacksonville, Fl. 32206

The Medical Reserve Corps Coordinator is Mr. Juan A. Rodriguez, He can be contacted directly at 904-253-1795 or E-mailed Juan_Rodriguez2@doh.state.fl.us.

PUBLICATION

It is the intention of the MRC Coordinator to make this news letter a vehicle of information for the Duval County Medical Reserve Corps. This newsletter will be produced as close to quarterly as possible.

Quote of the Quarter

It's easy to make a buck.
It's a lot tougher to make a difference.
-- Tom Brokaw

THE DUVAL COUNTY MEDICAL RESERVE CORPS

1 ISSUE 4th QUARTER 07

SEASON'S GREETINGS

The Duval Medical Reserve Corps and the Duval County Health Department would like to take this time to wish all of our MRC members and loved ones a very Happy Holiday and thank you for your continued support and commitment.

Fortunately for us, we have had a relatively calm year. However, we must continue to stay vigilant in our efforts to protect ourselves, our families and our communities.

The holiday season is typically a time when we relax with friends and family and let our guard down. However, this is when the enemy strikes. Whether it's a few too many drinks at a holiday party, not protecting yourself properly from the elements or overloading electrical outlets. The hazards seem to get greater during the holiday season.

We are counting on you to be at our side during times of need, but that effort would be diminished if you didn't take care of yourself first.

Below are some websites that can help:

Tips for Driving on Snow and Ice: http://www.weather.com/activities/driving/drivingsafety/drivingsafetytips/snow.html?from=safety_index

Holiday Fire Safety, from the U.S. Fire Administration: http://www.usfa.dhs.gov/citizens/all_citizens/home_fire_prev/holiday-seasonal/holiday.shtm (available in PDF)

Holiday Safety Tips, from the National Safety Council: <http://www.nsc.org/library/facts/holseasn.htm>

CDC's Impaired Driving Fact Sheet (December is National Drunk and Drugged Driving Prevention Month): <http://www.cdc.gov/ncipc/factsheets/driving.htm>

CDC's Carbon Monoxide Exposure Prevention information: <http://www.cdc.gov/co/guidelines.htm>

MAY YOUR NEW YEAR BE HAPPY, HEALTHY AND SAFE

Volunteers Building Strong, Healthy, and Prepared Communities



COMING EVENTS

Orientation is January 19 if you are new to the MRC this is a must. We will go over our mission, roles and responsibilities as well as other pertinent information. Also answer any question you may have. This is when you'll receive your ID badge.

MRC Rally is schedule for March highlighting and promoting the MRC here in Jacksonville. With speaker and various trainings relative to the MRC.

Psychological First Aid is February 26 from 8:30 to 4:30. Psychological First Aid is an evidence-informed modular approach to help children, adolescents, adults, and families in the immediate aftermath of disaster and terrorism.

TRAINING

Date	CLASS	LOCATION	FLOOR/RM	TIME
Jan				
10	ICS	Smith Auditorium	1st Floor	1:00 - 5:00pm
19	Orientation	Smith Auditorium	1st Floor	9:00 - 11:00am
23	ICS	900 Building	2nd Fl Conf. Rm	1:00 - 5:00pm
26	CPR	TBA		
Feb				
14	ICS	Smith Auditorium	1st Floor	1:00 - 5:00pm
20	ICS	900 Building	2nd Fl Conf. Rm	1:00 - 5:00pm
26	Psych First Aid	Smith Auditorium		8:30am - 5:00pm
Mar				
8	POD	TBA		
12	ICS	900 Building	2nd Fl Conf. Rm	1:00 - 5:00pm
15	ALS	Smith Auditorium	1st Floor	10:00 -12:00am
26	ICS	Smith Auditorium	1st Floor	1:00 - 5:00pm
26	SpNS	TBA		

Please Note!

All member are welcome to attend any of our classes. Simply give me a call at 253-17954 and I'll save you a seat.

The Smith auditorium is located at 515 W. 6th street, the easiest way is to take 95 north, exit 8th street going east past Shands, making a right on Boulevard. The Smith auditorium is in the Health Department administration building.

The 900 building is located at 900 N. University. Taking the Arlington Expressway is the easiest way to get there. Exiting at University North , it's a tall building on the left across University from McDonalds.

Many of these classes fulfill the MRC core competency requirement.