



Adult Shots



Vaccine Type (circle specific type given)	Date Given	Doctor or Clinic	Date Next Due
1	Tdap		
1	Td every 10 years		
2	Td		
3	Td		
4	Td		
5	Td		
1	*Flu (TIV/LAIV)		
2	*Flu (TIV/LAIV)		
3	*Flu (TIV/LAIV)		
4	*Flu (TIV/LAIV)		
5	*Flu (TIV/LAIV)		
6	*Flu (TIV/LAIV)		
7	*Flu (TIV/LAIV)		
8	*Flu (TIV/LAIV)		
9	*Flu (TIV/LAIV)		
10	*Flu (TIV/LAIV)		
11	*Flu (TIV/LAIV)		
12	*Flu (TIV/LAIV)		
13	*Flu (TIV/LAIV)		
14	*Flu (TIV/LAIV)		
15	*Flu (TIV/LAIV)		
Other			



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Immunizing Florida. Protecting Health.

Vaccines aren't just for kids.



Adults need protection through vaccination too! Complications from typical childhood diseases can be more severe in adults. Check with your health care provider and make sure you are up-to-date.

The following vaccines are recommended for adults over 18 years of age:

Tetanus-Diphtheria-Pertussis

Adults through age 64 should receive one dose of tetanus-diphtheria-pertussis (Tdap) vaccine. Pregnant women should receive Tdap with every pregnancy. A tetanus-diphtheria (Td) booster should be received every 10 years after that.

Human Papillomavirus

The human papillomavirus (HPV) vaccine is routinely recommended for girls and women 11 through 26 years of age who did not receive it when they were younger. Vaccine is given in a series of three injections over a six-month period.

Measles-Mumps-Rubella

One dose of measles-mumps-rubella (MMR) vaccine is recommended for all adults born after 1956 who did not receive it when they were younger or have not had the diseases.

Varicella

Two doses of varicella (chickenpox) vaccine should be given to all adults who did not receive it when they were younger or did not have chickenpox.

Influenza

Annual vaccination against seasonal influenza is recommended for all adults who want to reduce the likelihood of becoming ill with influenza or spreading influenza to others.

Pneumococcal

One dose of pneumococcal conjugate vaccine (PCV13) and one dose of pneumococcal polysaccharide (PPSV23) vaccine is recommended for all adults 65 years of age or older. Adults less than 65 should receive the vaccine if they have a chronic health condition.

Herpes Zoster

A single dose of zoster (shingles) vaccine is recommended for adults 60 years of age or older, regardless of whether they report a prior episode of herpes zoster.

The following immunizations are also recommended for some adults:

Adults should get the following vaccinations if they did not receive all recommended doses when younger:

- Hepatitis A
- Hepatitis B
- Meningococcal
- Meningococcal B

Keeping a Shot Record

Use this personal immunization record to track the types and dates of shots you have received. The medical record in your health care provider's office should also be kept up to date.

	Vaccine Type (circle specific type given)	Date Given	Doctor or Clinic	Date Next Due
1	*Hep B			
2	*Hep B			
3	*Hep B			
1	*Hep A			
2	*Hep A			
3	*Hep A			
1	*Meningococcal			
1	*Meningococcal B			
Other				
.....				
1	Varicella			
2	Varicella			
1	Zoster			
1	HPV			
2	HPV			
3	HPV			
1	MMR			
2	MMR			
1	Pneumococcal			
2	Pneumococcal			
Other				

* If medically indicated. Please fold on dotted line

Immunization Record



Name _____
(Last, First, MI)

Telephone _____

Address _____

Medical Notes _____
