Vaccines Are Not Just for Kids.

Complications from typical childhood diseases can be more severe in adults. Check with your health care provider and make sure you are up-to-date.

The following vaccines are recommended for adults over 19 years of age:

- **Tetanus-Diphtheria-Pertussis**: One dose of tetanus-diphtheria-pertussis (Tdap) vaccine and tetanus-diphtheria (Td) booster every 10 years.
- **Human Papillomavirus**: The 3 dose human papillomavirus (HPV) vaccine series at 11 through 26 years of age.
- **Measles-Mumps-Rubella**: One dose of measles-mumps-rubella (MMR) vaccine for all adults born after 1956 if not receive when younger or not had the diseases.
- **Varicella**: Two doses of varicella (chickenpox) vaccine for all adults if not received when younger or not had chickenpox.
- **Influenza**: Annual vaccination against seasonal influenza.
- **Pneumococcal**: One dose of pneumococcal polysaccharide (PPSV23) vaccine for all adults 65 years of age or older or with certain chronic healthy conditions.
- **Herpes Zoster**: A single dose of zoster (shingles) vaccine for adults 60 years of age or older, regardless of whether they report a prior episode of herpes zoster (VZV).

The following immunizations are also recommended for some adults:

- Adults should get the following vaccinations if they did not receive all recommended doses when younger:
  - Hepatitis A
  - Hepatitis B
  - Meningococcal (MCV4)

For more information, call 1-877-888-7468 or visit [www.immunizeflorida.org](http://www.immunizeflorida.org).