



Bring Home Memories—Not Diseases



Immunizations Can Protect You From Many Diseases Common in Other Countries

Preparation for foreign travel should include a visit to your health care provider to talk about health safety at your travel destination for you and your family.

Ask about:

- Setting up an appointment for immunization 4-6 weeks in advance of departure.
- Routine vaccinations recommended or required for entry into specific countries.
- Personal health issues, which may increase your risks for disease or complications.
- A personal immunization record card of immunization dates.

Immunizing before your trip will help prevent introduction of vaccine-preventable diseases into your community upon return home.

**FOR MORE INFORMATION, CALL 850-245-4342 OR VISIT WWW.IMMUNIZEFLORIDA.ORG.
FOR INFORMATION REGARDING INTERNATIONAL TRAVEL, VISIT WWW.CDC.GOV/TRAVEL.**



Immunizing Florida. Protecting Health.